



The Absentee Shawnee News

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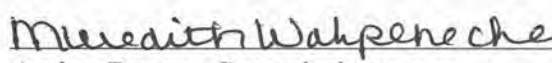

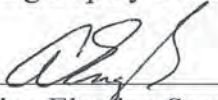
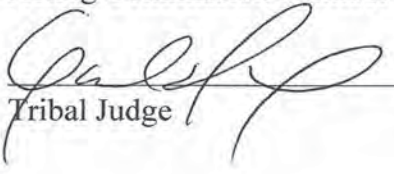
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Absentee Shawnee Election Commission

Unofficial Election Results

Primary Election March 19, 2016

This is to announce the **UNOFFICIAL** results for the March 19, 2016 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE	
<p><u>Lt. Governor (2 Year Term)</u></p> <p>Kenneth Blanchard <u>206</u> Votes</p> <p>Isaac Gibson, Jr. <u>233</u> Votes</p> <p><u>Treasurer (2 Year Term)</u></p> <p>Leah Bates <u>130</u> Votes</p> <p>Scott Miller <u>96</u> Votes</p> <p>Twila Parker <u>141</u> Votes</p> <p>Kathy Deere <u>75</u> Votes</p>	<p><u>Representative (2 Year Term)</u></p> <p>Rick Little Axe, Sr. <u>61</u> Votes</p> <p>Anthony "Tadpole" Johnson <u>207</u> Votes</p> <p>Sherman Tiger <u>172</u> Votes</p>
ELECTION COMMISSION	
<p><u>Election Commissioner (3 Year Term)</u></p> <p><u>Election Secretary (3 Year Term)</u></p> <p><u>Commission Member #1 (3 Year Term)</u></p> <p>Mary Birdtail _____ Votes</p>	<p>No One Filed</p> <p>No One Filed</p>
REFERENDUM QUESTION	
YES <u>275</u> Votes	NO <u>80</u> Votes
<p>We the Officials are responsible for declaring the above election results, do here by claim the above statements are true and correct to the best of our knowledge.</p>	
<p> _____ Election Commissioner</p>	<p> _____ Acting Commission Member #1</p>
<p> _____ Acting Deputy Commissioner</p>	<p> _____ Acting Commission Member #2</p>
<p> _____ Acting Election Secretary</p>	<p> _____ Tribal Judge</p>
<p>Date: <u>March 19, 2016</u></p>	

Executive Committee



Edwina Butler-Wolfe
Governor



Issac Gibson
Lt. Governor



John Johnson
Secretary



Leah Bates
Treasurer



Kenneth Blanchard
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

Absentee Shawnee Tribe sponsored the awards for the North Rock Creek Archery State Meet. March 4, 2016

Marley Smith, 9th Place score 265, 7th grader from Zion School, Cherokee Tribe

Lana Gass, 1st Place score 276, 8th grader, Zion School, Cherokee tribe (girl holding trophy)



National Forum on Dropout Prevention:



Serving Native Students and Tribal Communities, OKC



(L-R) Mr. Albert M. Pooley, Founder and President of American Fatherhood and Families Association, Governor Butler-Wolfe, Mr. Bill Mendoza, Executive Director of White House Initiatives on American Indian and Alaska Native Education.

HELLO MY FRIENDS, NEIGHBORS, RELATIVES, AND TRIBAL MEMBERS AT LARGE!

I think Spring has arrived. Here in Oklahoma we have a saying that if March 'comes in like a lion it will go out like a lamb'. I believe we may be in for some surprises over the next few months due to continued global warming and these may challenge some of these old clichés. I am thankful those who enjoy being outside are beginning to work on their flower beds, go jogging, ride their bikes, or just take long walks on these days that are full of sunshine but cool enough to enjoy. This type of weather gives me the chance to get out and start walking or riding my bike around the Shawnee Municipal Airport track which is close to my home and a path I enjoy traipsing around. As I have shared with you before the City of Shawnee placed lighting around part of the airport track so it gives those of us who spend long days at the office more opportunities to get some needed exercise in the evening.

Our Election Commission is similar to worker bees and has been steadfast in getting prepared for the March 19th primaries. Thanks to those efforts we will soon know who will be in the runoffs next month. I appreciate the work of the Election Commission as they face many challenges to ensure the Election Ordinance is followed and our laws are carried out in a fair and impartial manner. Our Election Commission represents one aspect of what we as a sovereign nation have available to us – the right to vote. This gives us the ability to consider each candidate running for Office and decides whether that person is up for the challenge of serving our people to the best of their ability, all day, every day, and to help ensure issues and concerns are addressed in a timely and consistent manner. The election process gives opportunity within our tribal government for those who are 18 or older to illustrate through their vote which



Sherry Marsh, ERSEA, QA, Manager, Melanie Williams, Health/Mental/Disabilities Manager, Stacy Osborn CTSA talks with Dr. Marc Moore, Superintendent of Shawnee Public School of how to calibrate CTSA Programs with the Shawnee School System Programs.

direction they want the Tribe to go. Each vote is important as it ensures your right and privilege as a voter and a Tribal citizen is expressed. I hope those of you who are able to vote - do so in the March primaries and at the June runoffs.

A year ago I asked the Media department to publish the Testimony I gave the White House via a listening session held in Oklahoma. Those concerns, in large part, remain unmet. Our educational system in Oklahoma and nationwide should be deemed in a 'State of Emergency' based on the issues that continue, the unmet funding needs and the way school systems have had to prioritize those needs to survive. I have learned here in the Shawnee public school system we have approximately 285 certified teachers and administrators with only 17 of those being Native American. That is about .05% if I am doing my math correctly. That, in my opinion, is unacceptable. We have a larger than average concentration of Native Americans in the Shawnee area which is around 17% and we should have more Native American educators and administrators. Yet, if you look at the pay level, why should they come to Oklahoma when we are ranked 49th in pay to teachers? Our Shawnee

For the month of February and March I participated in the following meetings:

FEBRUARY 2016				MARCH 2016			
17th	10:00 a.m.	Regular Executive Committee Meeting	2nd				Awards Luncheon for Excellence Business in Diabetes Program
	12:00 p.m.	Casino Meeting					Presented Awards at the North Rock Creek Archery State Meet with State Representative Justin Wood. The Tribe co-sponsored this event.
	2:00 p.m.	Thunderbird Entertainment Center (TEC) Monthly Board Meeting	4th				White Turkey Bingo
18th	9:00 a.m.	Central Tribes of the Shawnee Area (CTSA) Board Meeting					White Turkey Band Monthly Meeting
	1:00 p.m.	All Nations Bank Meeting	5th				Attended the National Forum on Dropout Prevention: Serving Native Students and Tribal Communities, OKC – Gave Welcome and was asked to give speech as a Tribal leader.
	2:30 p.m.	Arrow Tire (Business Opportunity) Meeting	6th-9th				Central Tribes of Shawnee Area (CTSA) Meeting
21st		Wake Services for Larry Buckley, Enrollment Director					Casino Audit Meeting
22nd	11:30 p.m.	AVEDIS Foundation Luncheon – speaker Bill Millett	10th	9:00 a.m.			Elders Meeting
	1:00 p.m.	Funeral Services for Larry Buckley, Enrollment Director, in Seminole, OK	11th				Meet with Thunderbird Entertainment Center (TEC) Board
24th	10:30 a.m.	Education Meeting in Oklahoma City, OK	12th	10:00 a.m.			LiSiWiNwi and ASTHA Health Corporation Board Meetings in Little Axe
25th	10:00 a.m.	HUD Meeting/AST Housing	14th				
			15th	8:30 a.m.			

public school system is getting ready to have renovations done due to a bond. Yet, we need a more sustaining strategic approach to retaining educators, ensuring renovations and upgrades are done on existing facilities, and that construction is made a viable option to support and/or provide for a growing community. North Rock Creek School is exploring options for their 8th grade through high school population and I look forward to seeing those plans as they progress.

Other Topics/Expressions

Happy Birthday & Anniversary

To those who have had a birthday or anniversary I extend my warmest regards.

Condolences

To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

Maintenance

For the past couple of years I have been speaking to you on my concerns about the shape of our Tribal facilities and grounds in relation to our budgets. Maintenance falls under the purview of the Lt. Governor or his staff. Since I began my term of Office I have seen limited work done on the buildings and/or grounds of the Shawnee tribal complex till February of this year. Each year Maintenance gets over a million dollars allocated to them for repairs and staffing through our indirect cost pool. The Tribe's two health corporations have budgets that also include Maintenance costs. Our Building Blocks program has to hire their own staff to mow and do upkeep even though they are located on the tribal complex.

At this time there appears to be no current, tribally authorized programs for tribal members to get their homes repaired and/or fixed. I hope this can be rectified as we need to assist you, our tribal members on an equal basis taking into consideration extenuating factors of the repair; type of repair needed; cost of repair; age of home; income of individual requesting the repair. This type of program should be authorized through a tribal resolution in case of an accident or incident that would place the Tribe in a position of liability. And, as I have stated before a tribal facility master plan needs to be strategically developed to look at the larger scale needs of existing tribal buildings to ensure they are maintained and projects are funded based on the need and the availability of funds.

I would also like to take a moment to thank certain Maintenance staff and contractors who assist in tidying and removing trash from the buildings, those who have trimmed the bushes, removed weeds, and mowed the grounds. Further, it has been noticed that Building 1 and the Cultural Preservation building has received their roofs this past month. These roof replacements were in the 2015 budget and it is good to see those projects getting completed.

In Conclusion

I have 14 months left in Office and I find each day eventful and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

Tax Collections

FY-2016
YTD TAX COLLECTIONS
(thru 02/29/2016)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$6,629.54	\$5,925.93	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$12,555.47	2.90%
Gaming % of free cash	\$100,000.00	\$250,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$350,000.00	80.95%
Employee (1%)	\$20,005.91	\$10,776.88	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$30,782.79	7.12%
Severance (8%)	\$2,266.67	\$1,609.65	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$3,876.32	0.90%
Motor Vehicle	\$10,173.81	\$16,449.81	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$26,623.62	6.16%
Tobacco Refund	\$7,107.73	\$1,052.86	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$8,160.59	1.89%
TOTAL TAXES	\$146,183.66	\$285,815.13	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$431,998.79	
Miscellaneous	\$223.45	\$145.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$368.45	0.09%
TOTAL COLLECTIONS	\$146,407.11	\$285,960.13	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$432,367.24	100%

TALKING LEAVES JOB CORPS

A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!



- 16-24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters



Tours Every Thursday at 9:45 a.m. (Except for Major Holidays)

Talking Leaves Job Corps Center
5700 Bald Hill Rd
Tahlequah, OK
74465

... Job Corps could be for you!
(Bus travels to OKC each weekend)

For more information
Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant
- Culinary Arts
- Electrical
- Facilities Maintenance
- Office Administration
- Nurse Assistant/Home Health Aide

Placement assistance for
Military, Advance Training, College, or Employment in Your Career



LET'S WELCOME BRAD GAYLORD AS CHIEF OF POLICE/DIRECTOR OF PUBLIC SAFETY



After weeks of advertising, screening and interviewing by two sets of panel interviewers Brad Gaylord has been selected to serve as the new Chief of Police/Director of Public Safety.

Chief Gaylord will oversee and direct all activities of the Police Department for the Absentee Shawnee tribe's jurisdictional service area and in certain mutual aid circumstances. His responsibilities include strategic planning for use of resources, coordinating the activities of the Department with those of other local departments and ensuring that services provided and development plans are of the highest quality. Chief Gaylord is tasked with accomplishing Departmental planning and operational goals and objectives and for furthering tribal goals and objectives within general policy guidelines.

Chief Gaylord has worked as an Investigator for the Cushing Police Department and as Task Force Commander for the District Attorney's office. He most recently served as a Terminal Manager in Chandler. Chief Gaylord has over 19 years of law enforcement work experience with 13 years of that being Command experience. He holds a degree in Criminal Justice.

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free



National Suicide Prevention

1-800-273-8255 (TALK)



Absentee Shawnee
Health Systems
Shawnee & Little Axe



Office of Environmental Health

Brownfield Response Program

What is a Brownfield?



The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”



Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- ◆ Abandoned Factories/Buildings/Homes
- ◆ Burned Homes
- ◆ Buried Dump Sites
- ◆ Open Dump Sites
- ◆ A Large Amount of Tires
- ◆ Former Cattle Dip Pit Sites
- ◆ Barrels of Unknown Substances
- ◆ Old Service Stations
- ◆ Oil Storage Facilities
- ◆ Oil/Gas Well Sites
- ◆ Old Dry Cleaning Businesses

If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

*Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235*

AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects



[www.facebook.com/
ast.environmental.programs](http://www.facebook.com/ast.environmental.programs)

OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060

TIGER FAMILY REUNION

**MAY 28TH 2016
LITTLE AXE SHELTER
10:00 A.M. TO 10:00
P.M.**

All family and friends of the late Jim and Annie Mann Tiger are welcome, Please bring an covered dish, drinks, chairs and games. Nellie Tiger Maxwell is the last remaining child of Jim And Annie, So come out an eat and/or visit with her. Any questions call Jan at (405) 514-5520

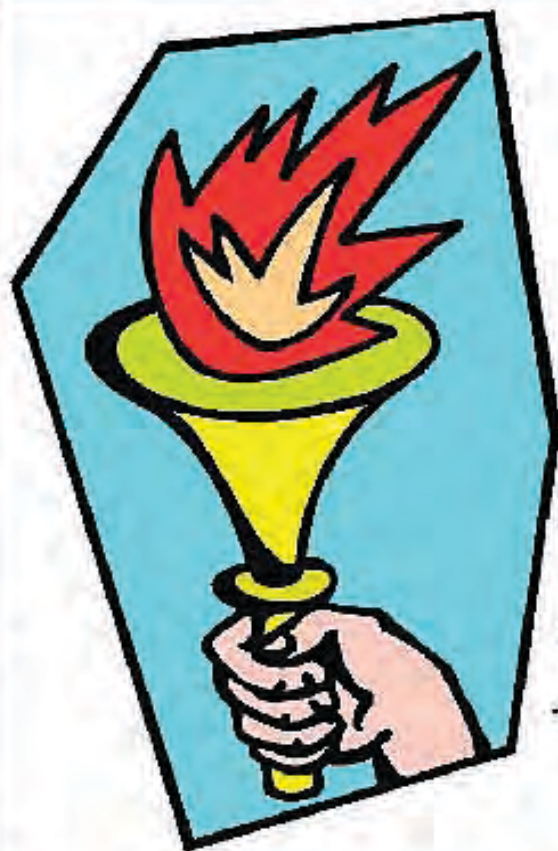
STUDY ON PUBLIC HEALTH, WELLNESS AND PUBLIC SAFETY IN TRIBAL COMMUNITIES

The Absentee Shawnee Tribe is supporting a grassroots initiated research study on public safety, health and wellness affecting Indian women. This research was requested by Indian women and tribal leaders during consultations held with the U.S. Department of Justice and through separate visits to various congressional delegates. These advocacy efforts caused Congress to mandate the National Institute of Justice (NIJ) to conduct a national baseline study focusing on public safety, public health and wellness needs of Indian women living on tribal lands.

The Absentee Shawnee Tribe seeks to better understand and more fully address the public safety, health and wellness needs of our Absentee Shawnee women. A participatory agreement was passed by the Executive Committee on February 17, 2016, E-AS-2016-09 ensuring Absentee Shawnee women may participate in the study. The research activities will begin this summer and conclude by fall/winter. The activities include interviews with a simple random sample of Absentee Shawnee women. Information obtained through the randomly selected participant sample will remain confidential and be used exclusively for this aggregate study. Trained Indian women interviewers will conduct the interviews.

The Tribe looks forward to the American Indian Development Associates conducting this Study as the Tribe hopes to learn about effective ways we can improve responses to the public safety, public health and wellness needs of our Indian women. By participating in this nation wide research study the Absentee Shawnee Tribe will be helping to advance the best ways to conduct culturally effective and respectful research in tribal communities that may be used for policy development, program improvements, and the enhancement of Indian women's public safety, public health and wellness needs.

If you should have any questions please contact the Governor's Office at 405-275-4030, Ext. 6307 or Lesa Shaw, Senior Policy Analyst, who will be the point of contact at 405-275-4030, Ext. 6269.



ABSENTEE SHAWNEE JUNIOR OLYMPICS

SPONSORED BY THE AST DIABETES AND WELLNESS PROGRAM



YOUTH EVENTS

- SOFTBALL THROW
- LONG JUMP
- BROAD JUMP
- 50 YARD DASH
- FREE THROW CONTEST

*For 1st through 5th
Grade*

SATURDAY, MAY 21ST, 2010 BEGINS AT 9:00 A.M.

Guardian Name: _____ Youth Athlete (name): _____

City, State: _____ Zip: _____ Phone: _____

DOB (Athlete): _____ Age: _____ Male: _____ Female: _____

Waiver: In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the AST newsletter without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

Signature Date

For more information, please contact the
Absentee Shawnee Diabetes and Wellness
Fitness Program at 405-364-7298

**Registration
ends on
April 28th!**

STAY SUPER

BE ACTIVE

BEAT DIABETES



WORLD HEALTH DAY 2016

#diabetes | www.who.int/whd/diabetes





ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

PUBLIC SERVICE ANNOUNCEMENT

AST HEALTH RECEIVES EXCELLENCE AWARD

Norman, Oklahoma – On March 2, 2016, the Absentee Shawnee Tribal Health System was awarded a Certified Healthy Business Excellence Award 2015, for the medium to large work place category, at the Embassy Suites Hotel and Conference Center, in Norman, Oklahoma. The luncheon and ceremony was hosted by the Oklahoma State Department of Health, Center for the Advancement of Wellness. Oklahoma State Governor Mary Fallin along with Dr. Terry Cline, Secretary of Health and Human Services and Commissioner of Health, Oklahoma State Department of Health were present to provide encouraging messages regarding Oklahoma's health.

This state program was created in 2003 to recognize Oklahoma businesses that promote health and wellness for their employees. Promotion of health and wellness can be done in a variety of ways, including passing policies that encourage healthy lifestyles and making facilities available for physical activities. There are 3 levels in which businesses are certified: Basic, Merit and Excellence.

Currently, the major causes of death and disability in Oklahoma are due to chronic conditions such as heart disease, cancer, stroke, and Type 2 diabetes, and a significant proportion of these conditions are preventable. By becoming a Certified Healthy Business, the Absentee Shawnee Tribal Health System is providing a healthy environment for employees, thereby supporting better choices and an overall healthier Oklahoma.

Representing the tribe and the tribal health system were the Absentee Shawnee Tribal Governor Edwina Butler Wolfe, Absentee Shawnee Tribal Health Board ASTHA Chairman Melpherd Switch, and Absentee Shawnee Tribal Health System staff: Executive Director Mark Rogers, Clinic Administrator/Deputy Director Marla Throckmorton, Project Manager Aly Miller, and Emily Key, Diabetes Coordinator/Occupational Therapist.



Prevention. Progress. Pride.

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

WWW.ASTHEALTH.ORG

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FYI: Contract Health Service News

Absentee Shawnee Tribal Health

*The AST Contract Health Services Team are here to assist you
... follow the CHS Guidelines!*

Get a copy of the CHS Guidelines and update your information

Emergency and Urgent Care Services

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members *with* insurance, evidence must exist that a third party resource has made determination such services were "emergency care" or "urgent care" (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

Contract Health Services for AST members *with* Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider
3. Inform Provider/Health Facility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*

Contract Health Services for AST members *without* Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for all resources available to you such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, Auto Insurance and other personal injury or liability coverage. PRC staff and/or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. Complete CHS Patient Update form and update all information every 6 months
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. *You may leave bills at the Little Axe Health Center or Shawnee Clinic.*



Contract Health Services is conveniently located at Shawnee Clinic-Building 16 and Little Axe Health Center



Flo Mann



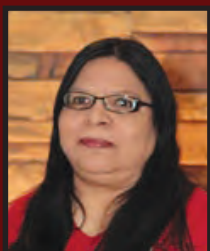
Laurie Webber

**Shawnee Clinic
(405) 878-4702**

**Little Axe Health Center
(405) 447-0300**



Debi Sloat



Glendine Blanchard



Sharon Ponkilla



Darla Gatzman



Jayne Werst

AST HEALTH SYSTEM - APRIL 2016

Prevention, progress, and pride is what the health system strives to achieve for all of our patients in our health and wellness journey. The AST Health System was awarded the "Excellent" level by the Oklahoma State Department of Health for being a certified healthy business. We are extremely honored to have secured the highest category of this state-wide honor, and I personally thank the Tribe and the employees for all they do in making themselves and our patients as healthy as possible. Health and wellness takes time and effort, and the employees who take care of themselves ensure they are healthy to care for themselves, their families, and ultimately, our patients.

The Behavioral Health Clinic continues to expand their services and access to care, but we need your help! The no-show rate has steadily crept upward and we need to close this gap. Please ensure if you are unable to keep an appointment, please cancel to allow someone else to make the appointment slot and allow the staff's time to be appropriately utilized. No-shows are costly to the health system and to our productivity and to your care, so please help us with this challenge. We provide reminders, calls, texts, and emails to patients so there is ample opportunity to reschedule to meet your needs. Although overall, we've made tremendous strides in the no-show rate, we have an opportunity for improvement that only you can help us with.

We were excited to support and assist with the Tribal Complex's Annual Easter Egg Hunt, sponsoring Easter eggs, toys, and other items for the youngsters again this year. The health system also sponsored blood drives in March that were successful and help our fellow citizens in need. Planning for the Health Fair in July is ongoing, and we are excited about a great event this year again, even topping last year's health fair with lots of vendors and activities.

We are also very excited the accreditation of our health system is pending, with the final stage being set for April 14th and 15th with the on-site survey by the AAAHC team. Accreditation is the standard of excellence for clinics that illustrate we adhere to industry standards of practice, high patient quality and satisfaction, and compliance with clinical excellence in patient care. We are ready for this challenge and have worked diligently for quite a period of time to get to this point.

The Zika Virus continues to see a lot of attention in the media. We are posting all up to date pieces of important information in this month's edition of the tribal newspaper as well as keeping the website for health continuously updated. Please read and familiarize yourself with this information to protect you and your family. The normal Flu season is still upon us and we are encouraging everyone again to continue to follow your good hygiene measures as well as encouraging the same for your family.

Once again, our team of excellent employees stands up, and stands out, for our health system! I'm very proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the Tribe! Employee of the month for Health was Dr. John Johnson, Primary Care, Little Axe; Team of the Month: Dental Team; Special Leadership Award: Dr. LaTonya Miller and Michelle Drayer-Esquibel of the Dental department. The Health employees continue to do great things for our patients and for each other, taking care of our internal and external customers/patients. They all make a difference for our health system and for the health and wellness of all of our patients!

ADDITIONAL HEALTH RELATED INFORMATION:

- **PlusCare Clinic** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to existing AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification, and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas).

• **Emergency Dental Clinic** is available every Monday from 8

AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.

• **AST/Service Health System Native American Veterans:**

If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.

• **If you need CPR training**, please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.

• **Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

• **Customer Service line is (405) 701-7623.** Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

• **The AST Anti-Bullying Prevention "HOTLINE" is (405) 701-7987** during work hours 8 AM-5 PM, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481- 0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

• **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the Act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> (Please visit our site today to find out what you need to do to protect yourself and your family)!

- **Emergency After hour Pharmacy Access:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal healthcare.

EMERGENCY MANAGEMENT

EMERGENCY NUMBERS

EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-794-1591	Cleveland County
OG&E	405-272-9595	Report Power Outage
	1-800-522-6870	
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

AST PHARMACY

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system.

Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number.

Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

Little Axe: Monday-Friday 8am-5pm

(7:30am-5:30pm Drive-Thru)

Phone-(405)292-9530

Shawnee: Monday-Friday 7am-5pm

Phone-(405)878-5859

We are open through the lunch hour!!

****BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES. ****

Thank You,
AST Pharmacy Staff

HEALTH AUTHORITY, INC./LI-SI-NWI HEALTH INC.

Tribal Members please submit your resume and a letter of interest to be considered being placed on Health Board.

QUALIFICATIONS FOR HEALTH BOARD MEMBERS:

- There must be 2 tribal members with health care experience.
- All other directors must have sufficient professional experience in various fields (business, accounting, public service, law administration to contribute productively to the Board.
- Appointees shall have a background check and may not be a staff member or employee of the health care system.

THUNDERBIRD ENTERTAINMENT CENTER, INC. (TEC BOARD)

*Interested Tribal Members to be consider for board position.
Please send letter of interest and a resume.*

QUALIFICATIONS:

- Must be eligible to obtain a gaming license from the Absentee Shawnee Tribe Gaming Commission and possess experience in gaming operations, business, finance, or law and of the following:
 - ☒ Degree in Business Administration, Accounting, Marketing, Law or an equivalent field (Bachelor's degree or higher);
 - ☒ Minimum three (3) years' experience in business management;
 - ☒ Minimum two (2) years' experience in casino operations; or
 - ☒ Knowledge of federal Indian law, the Indian Gaming Regulatory Act, and related statutes and regulations

Please send letters and resume to Secretary John Johnson Office:
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
Email: johnraymond.johnson@astribe.com

2016 Employee BLS HCP CPR



Date	Time	Location
January 19, 2016	09:00am to 12:00pm	Conference Room B
February 2, 2016	09:00am to 12:00pm	Conference Room B
March 8, 2016	09:00am to 12:00pm	Conference Room B
April 12, 2016	09:00am to 12:00pm	Conference Room B
May 10, 2016	09:00am to 12:00pm	Conference Room B
June 14, 2016	09:00am to 12:00pm	Conference Room B
July 12, 2016	09:00am to 12:00pm	Conference Room B
August 9, 2016	09:00am to 12:00pm	Conference Room B
September 13, 2016	09:00am to 12:00pm	Conference Room B
October 11, 2016	09:00am to 12:00pm	Conference Room B
November 8, 2016	09:00am to 12:00pm	Conference Room B
December 6, 2016	09:00am to 12:00pm	Conference Room B

Please call Kathy at 7997 or email me at kheldenbrand@astribe.com or
Call Gloria at 7600 or email her at gseeley@astribe.com or
Call Deidre at 7190 or email her at dyarbrough@astribe.com



Our next generation
is depending on you.

MAKE TIME. SAVE THE DATE.

“Health Awareness for All Generations: Focus On The Next Generation”

1 p.m.-4 p.m. • Friday, July 15, 2016
Little Axe Health Center
15951 Little Axe Drive • Norman, Oklahoma

Our legacy depends not only on those who have come before us. But on those who will follow in our footsteps, too. Which is why this year's third annual Absentee Shawnee Tribal Health System Health Fair will celebrate the good that comes from taking care of our youth. With health screenings and information, a cultural dance demo, kids' entertainment and exhibits, raffle drawings and more. **Join us on July 15!**

For more information, contact Public Health at 405.447.0300.



SHAWNEE CLINIC
LITTLE AXE HEALTH CENTER
PLUS CARE

WWW.ASTHEALTH.ORG



PROTECT YOURSELF from MOSQUITO BITES

Mosquitoes spread chikungunya, dengue, and Zika viruses.



Mosquitoes that spread chikungunya, dengue, and Zika are aggressive daytime biters. They can also bite at night.



Use insect repellent.

Look for the following active ingredients:

- DEET • PICARIDIN • IR3535
- OIL of LEMON EUCALYPTUS
- PARA-MENTHANE-DIOL



Wear long-sleeved shirts and long pants or use insect repellent. For extra protection, treat clothing with permethrin.



For more information:
www.cdc.gov/chikungunya • www.cdc.gov/dengue • www.cdc.gov/zika

CS26203

FREE MONEY!



(NON-SMOKERS NEED NOT APPLY)

JOIN US FOR A NEW AND IMPROVED

SMOKING CESSATION CLASS

APRIL 5th, 2016 @ 2:00 P.M.

IN THE LITTLE AXE HEALTH CENTER

CONFERENCE ROOM B

CLASSES WILL MEET WEEKLY FOR 4 WEEKS

LEARN ABOUT:

- WAYS TO STOP SMOKING
- THE NEGATIVE EFFECTS SMOKING HAS ON YOU
- THE AMOUNT OF MONEY SMOKING COSTS YOU AND HOW MUCH YOU WILL FREE UP BY QUITTING

For more information or to register contact
Marvin in Behavioral Health at 701-7180
or Deidre in Public Health at 701-7190



Infant Immunizations FAQs

Are vaccines **safe**?

Yes. Vaccines are very safe. The United States' long-standing vaccine safety system ensures that vaccines are as safe as possible. Currently, the United States has the safest, most effective vaccine supply in its history. Millions of children are safely vaccinated each year. The most common side effects are typically very mild, such as pain or swelling at the injection site.

What are the **side effects** of the vaccines? How do I treat them?

Vaccines, like any medication, may cause some side effects. **Most of these side effects are very minor, like soreness where the shot was given, fussiness, or a low-grade fever.** These side effects typically only last a couple of days and are treatable. For example, you can apply a clean, cool, wet washcloth on the sore area to ease discomfort.

Serious reactions are very rare. However, if your child experiences any reactions that concern you, call the doctor's office.

What are the **risks and benefits** of vaccines?

Vaccines can prevent infectious diseases that once killed or harmed many infants, children, and adults. Without vaccines, your child is at risk for getting seriously ill and suffering pain, disability, and even death from diseases like measles and whooping cough. The main risks associated with getting vaccines are side effects, which are almost always mild (redness and swelling at the injection site) and go away within a few days. Serious side effects following vaccination, such as severe allergic reaction, are very rare and doctors and clinic staff are trained to deal with them. **The disease-prevention benefits of getting vaccines are much greater than the possible side effects for almost all children.**

Is there a link between **vaccines and autism**?

No. Scientific studies and reviews continue to show no relationship between vaccines and autism.

Some people have suggested that thimerosal (a compound that contains mercury) in vaccines given to infants and young children might be a cause of autism, and others have suggested that the MMR (measles-mumps-rubella) vaccine may be linked to autism. However, numerous scientists and researchers have studied and continue to study the MMR vaccine and thimerosal, and reach the same conclusion: that there is no link between them and autism.

Can vaccines **overload** my baby's immune system?

Vaccines do not overload the immune system. Every day, a healthy baby's immune system successfully fights off millions of germs. Antigens are parts of germs that cause the body's immune system to go to work.

The antigens in vaccines come from the germs themselves, but the germs are weakened or killed so they cannot cause serious illness. **Even if they receive several vaccinations in one day, vaccines contain only a tiny fraction of the antigens that babies encounter every day in their environment.** Vaccines provide your child with the antibodies they need to fight off the serious illnesses for which they have been vaccinated.

Why are so many **doses** needed for each vaccine?

Getting every recommended dose of each vaccine provides your child with the best protection possible. Depending on the vaccine, more than one dose is needed to build high enough immunity to prevent disease, boost immunity that fades over time, make sure people who did not get immunity from a first dose are protected, or protect against germs that change over time, like flu. Every dose of a vaccine is important because they all protect against infectious diseases that are threats today and can be especially serious for infants and very young children.

Why do vaccines start **so early**?

The recommended schedule is designed to protect infants and children by providing immunity early in life, before they are exposed to life-threatening diseases. Children are immunized early because they are susceptible to diseases at a young age, and the consequences of these diseases can be very serious, and even life-threatening, for infants and young children.

What do you think of **delaying** some vaccines or following an **alternative schedule**?

Children do not receive any known benefits from following schedules that delay vaccines. Infants and young children who follow immunization schedules that spread out shots-or leave out shots-are at risk of developing diseases during the time that shots are delayed. Some vaccine-preventable diseases remain common in the United States, and children may be exposed to these diseases during the time they are not protected by vaccines, placing them at risk for a serious case of the disease that might cause hospitalization or death.



Five Important Reasons to Vaccinate Your Child

You want to do what is best for your children. You know about the importance of car seats, baby gates and other ways to keep them safe. But, did you know that one of the best ways to protect your

children is to make sure they have all of their vaccinations?

Vaccines are among the most successful and cost-effective public health tools available for preventing disease and death. They not only help protect vaccinated individuals, but also help protect entire communities by preventing and reducing the spread of infectious diseases.

Among children born during 1994-2013, vaccination will prevent an estimated 322 million illnesses, 21 million hospitalizations, and 732,000 deaths over the course of their lifetimes

Immunizations can save your child's life. Because of advances in medical science, your child can be protected against more diseases than ever before. Some diseases that once injured or killed thousands of children are no longer common in the U.S. – primarily due to safe and effective vaccines. Polio is one example of the great impact that vaccines have had in the United States. Polio was once America's most feared disease, causing death and paralysis across the country, but thanks to vaccination the United States has been polio-free since 1979. Due to continual worldwide vaccination efforts, Afghanistan and Pakistan are the only two countries in the world that have never interrupted the spread of wild poliovirus, and only small pockets of polio still exist in these countries

Vaccination is very safe and effective. Vaccines are only given to children after careful review by scientists, doctors, and healthcare professionals. Vaccine side effects are almost always mild such as redness or swelling at the site of the shot, but this is minimal compared to the pain, discomfort, and risk of injury and death from the diseases these vaccines prevent. Serious side

effects following vaccination, such as severe allergic reaction, are very rare. The disease- prevention benefits of getting vaccinated are much greater than the possible side effects for almost all children.

Immunization protects others you care about. Children in the U.S. still get vaccine-preventable diseases. In fact, we have seen resurgences of measles and whooping cough

(pertussis) over the past few years. For example, in 2014, there were 667 cases of measles in 27 states, the greatest number of cases since measles was eliminated in 2000. The following year saw measles cases as well. During 2015, 147 people were part of a large, multi-state measles outbreak linked to an amusement park in California. Almost one in 10 people who became sick with measles in this outbreak were babies too young to be vaccinated. While some babies are too young to be protected by vaccination, others may not be able to receive certain vaccinations due to severe allergies, weakened immune systems from conditions like leukemia, or other reasons. To help keep them safe, it is important that you and your children who are able to get vaccinated are fully immunized. This not only protects your family, but also helps prevent the spread of these diseases to your friends and loved ones.

Immunizations can save your family time and money. A child with a vaccine-preventable disease can be denied attendance at schools or daycare facilities. Some vaccine-preventable diseases can result in prolonged disabilities and can take a financial toll because of lost time at work, medical bills or long-term disability care. In contrast, getting vaccinated against these diseases is a good investment and usually covered by insurance. The Vaccines for Children program is a federally funded program that provides vaccines at no cost to children from low- income families. Visit <http://www.cdc.gov/vaccines/programs/vfc/index.html> to find out more about the VFC program, or ask your child's health care professional.

Immunization protects future generations. Vaccines have reduced and, in some cases, eliminated many diseases that killed or severely disabled people just a few generations ago. For example, smallpox vaccination eradicated that disease worldwide. Your children don't have to get smallpox shots anymore because the disease no longer exists anywhere in the world. By vaccinating children against rubella (German measles), we have dramatically reduced the risk that pregnant women will pass this virus on to their fetus or newborn, and birth defects associated with that virus are seen in only rare cases in the United States when a pregnant woman who was never vaccinated against rubella is exposed to someone who contracted rubella in another country. If we continue vaccinating now, and vaccinating completely, parents in the future may be able to trust that some diseases of today will no longer be around to harm their children in the future.

For more information about the importance of infant immunization, visit <http://www.cdc.gov/vaccines>.

This document can be found on the CDC website at: <http://www.cdc.gov/vaccines/events/niiw/>

AFTER HOUR PHARMACY NOTIFICATION

The Walgreens located at 100 12th Avenue NE in Norman, OK is **no longer contracted** with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status. Tribal members may now take prescriptions to:

Walgreens
615 W. Main St
Norman, OK
(405) 573-5019

Women's Health



Little Axe Health Center

Women's Health Services
Located in the Primary Health Care

Providing & Promoting Preventative Health
for All Women

Services include:

- ▶ Adult immunizations
- ▶ Breast & Pelvic Exams
- ▶ Mammogram Referral
- ▶ Bone Density Studies

Information about:

- Health Promotion
- Quitting Smoking
- Misuse of Alcohol and Drugs
- Nutrition
- Physical Fitness and Exercise
- Controlling Stress and Violence
- Prevention of Pregnancy
- AIDS and other Sexually Transmitted Diseases

Women's Health Services
Little Axe Health Center
15951 Little Axe Drive • Norman, OK 73026
405.447.0300 • Fax 405.701.7605
www.asthealth.org



Absentee Shawnee Tribal Health System Behavioral Health Services



OFFICE HOURS
Monday-thru-Friday
8:00 AM - 5:00 PM

Little Axe Clinic
15951 Little Axe Drive
Norman, OK 73025
Ph. 405-701-7987

Shawnee Clinic
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
Ph. 405-878-4716

Services are offered through:
Little Axe Clinic & Shawnee Clinic
for all Federally Recognized Tribes.

AST BEHAVIORAL HEALTH SERVICES

For counseling information, contact:

Shawnee BH: Roberta Cooper (405) 878-4716
Little Axe BH: Rolanda Smith (405) 701-7987



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES**

Office of Environmental Health & Engineering

•Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

•Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website:
www.astribe.com.

Submit completed application to:

**Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801**

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at
(405) 214-4235



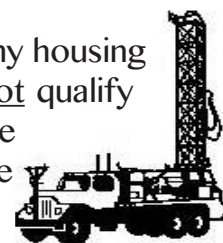
THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Realty Department. Proof of income is not required.

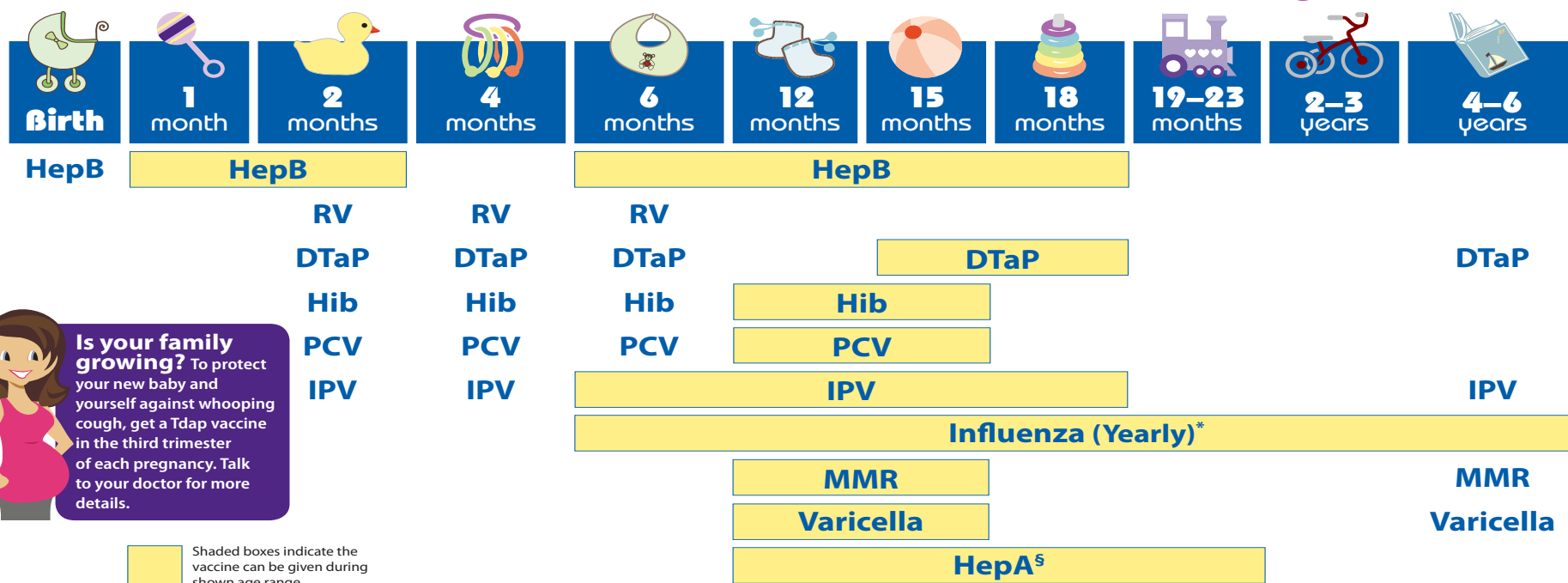
The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.



2016 Recommended Immunizations for Children from Birth Through 6 Years Old



Is your family growing? To protect your new baby and yourself against whooping cough, get a Tdap vaccine in the third trimester of each pregnancy. Talk to your doctor for more details.

NOTE: If your child misses a shot, you don't need to start over, just go back to your child's doctor for the next shot. Talk with your child's doctor if you have questions about vaccines.

FOOTNOTES: * Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting an influenza (flu) vaccine for the first time and for some other children in this age group.
^s Two doses of HepA vaccine are needed for lasting protection. The first dose of HepA vaccine should be given between 12 months and 23 months of age. The second dose should be given 6 to 18 months later. HepA vaccination may be given to any child 12 months and older to protect against HepA. Children and adolescents who did not receive the HepA vaccine and are at high-risk, should be vaccinated against HepA.

If your child has any medical conditions that put him at risk for infection or is traveling outside the United States, talk to your child's doctor about additional vaccines that he may need.

SEE BACK PAGE FOR MORE INFORMATION ON VACCINE-PREVENTABLE DISEASES AND THE VACCINES THAT PREVENT THEM.



For more information, call toll free **1-800-CDC-INFO** (1-800-232-4636) or visit <http://www.cdc.gov/vaccines>



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention



American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN[®]

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Disease	Vaccine	Disease spread by	Disease symptoms	Disease complications
Chickenpox	Varicella vaccine protects against chickenpox.	Air, direct contact	Rash, tiredness, headache, fever	Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)
Diphtheria	DTaP* vaccine protects against diphtheria.	Air, direct contact	Sore throat, mild fever, weakness, swollen glands in neck	Swelling of the heart muscle, heart failure, coma, paralysis, death
Hib	Hib vaccine protects against <i>Haemophilus influenzae</i> type b.	Air, direct contact	May be no symptoms unless bacteria enter the blood	Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death
Hepatitis A	HepA vaccine protects against hepatitis A.	Direct contact, contaminated food or water	May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine	Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders
Hepatitis B	HepB vaccine protects against hepatitis B.	Contact with blood or body fluids	May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain	Chronic liver infection, liver failure, liver cancer
Influenza (Flu)	Flu vaccine protects against influenza.	Air, direct contact	Fever, muscle pain, sore throat, cough, extreme fatigue	Pneumonia (infection in the lungs)
Measles	MMR** vaccine protects against measles.	Air, direct contact	Rash, fever, cough, runny nose, pinkeye	Encephalitis (brain swelling), pneumonia (infection in the lungs), death
Mumps	MMR** vaccine protects against mumps.	Air, direct contact	Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain	Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness
Pertussis	DTaP* vaccine protects against pertussis (whooping cough).	Air, direct contact	Severe cough, runny nose, apnea (a pause in breathing in infants)	Pneumonia (infection in the lungs), death
Polio	IPV vaccine protects against polio.	Air, direct contact, through the mouth	May be no symptoms, sore throat, fever, nausea, headache	Paralysis, death
Pneumococcal	PCV vaccine protects against pneumococcus.	Air, direct contact	May be no symptoms, pneumonia (infection in the lungs)	Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death
Rotavirus	RV vaccine protects against rotavirus.	Through the mouth	Diarrhea, fever, vomiting	Severe diarrhea, dehydration
Rubella	MMR** vaccine protects against rubella.	Air, direct contact	Children infected with rubella virus sometimes have a rash, fever, swollen lymph nodes	Very serious in pregnant women—can lead to miscarriage, stillbirth, premature delivery, birth defects
Tetanus	DTaP* vaccine protects against tetanus.	Exposure through cuts in skin	Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever	Broken bones, breathing difficulty, death

* DTaP combines protection against diphtheria, tetanus, and pertussis.

** MMR combines protection against measles, mumps, and rubella.

Last updated January 2016 • CS261834-D -

2016 Recommended Immunizations for Children from 7 Through 18 Years Old



7-10 YEARS

Tdap¹

MCV4



11-12 YEARS

Tetanus, Diphtheria, Pertussis (Tdap) Vaccine

Human Papillomavirus (HPV) Vaccine (3 Doses)²

Meningococcal Conjugate Vaccine (MCV4) Dose 1³



13-18 YEARS

Tdap

HPV

MCV4 Dose 1³

Booster at age 16 years

Influenza (Yearly)⁴

Pneumococcal Vaccine⁵

Hepatitis A (HepA) Vaccine Series⁶

Hepatitis B (HepB) Vaccine Series

Inactivated Polio Vaccine (IPV) Series

Measles, Mumps, Rubella (MMR) Vaccine Series

Varicella Vaccine Series

These shaded boxes indicate when the vaccine is recommended for all children unless your doctor tells you that your child cannot safely receive the vaccine.

These shaded boxes indicate the vaccine should be given if a child is catching-up on missed vaccines.

These shaded boxes indicate the vaccine is recommended for children with certain health conditions that put them at high risk for serious diseases. Note that healthy children **can** get the HepA series⁶. See vaccine-specific recommendations at www.cdc.gov/vaccines/pubs/ACIP-list.htm.

FOOTNOTES

¹ Tdap vaccine is recommended at age 11 or 12 to protect against tetanus, diphtheria and pertussis. If your child has not received any or all of the DTaP vaccine series, or if you don't know if your child has received these shots, your child needs a single dose of Tdap when they are 7-10 years old. Talk to your child's health care provider to find out if they need additional catch-up vaccines.

² All 11 or 12 year olds – both girls *and* boys – should receive 3 doses of HPV vaccine to protect against HPV-related disease. The full HPV vaccine series should be given as recommended for best protection.

³ Meningococcal conjugate vaccine (MCV) is recommended at age 11 or 12. A booster shot is recommended at age 16. Teens who received MCV for the first time at age 13 through 15 years will need a one-time booster dose between the ages of 16 and 18 years. If your teenager missed getting the vaccine altogether, ask their health care provider about getting it now, especially if your teenager is about to move into a college dorm or military barracks.

⁴ Everyone 6 months of age and older—including preteens and teens—should get a flu vaccine every year. Children under the age of 9 years may require more than one dose. Talk to your child's health care provider to find out if they need more than one dose.

⁵ Pneumococcal Conjugate Vaccine (PCV13) and Pneumococcal Polysaccharide Vaccine (PPSV23) are recommended for some children 6 through 18 years old with certain medical conditions that place them at high risk. Talk to your healthcare provider about pneumococcal vaccines and what factors may place your child at high risk for pneumococcal disease.

⁶ Hepatitis A vaccination is recommended for older children with certain medical conditions that place them at high risk. HepA vaccine is licensed, safe, and effective for all children of all ages. Even if your child is not at high risk, you may decide you want your child protected against HepA. Talk to your healthcare provider about HepA vaccine and what factors may place your child at high risk for HepA.

For more information, call toll free 1-800-CDC-INFO (1-800-232-4636) or visit <http://www.cdc.gov/vaccines/teens>

Vaccine-Preventable Diseases and the Vaccines that Prevent Them

Diphtheria (Can be prevented by Tdap vaccine)

Diphtheria is a very contagious bacterial disease that affects the respiratory system, including the lungs. Diphtheria bacteria can be passed from person to person by direct contact with droplets from an infected person's cough or sneeze. When people are infected, the diphtheria bacteria produce a toxin (poison) in the body that can cause weakness, sore throat, low-grade fever, and swollen glands in the neck. Effects from this toxin can also lead to swelling of the heart muscle and, in some cases, heart failure. In severe cases, the illness can cause coma, paralysis, and even death.

Hepatitis A (Can be prevented by HepA vaccine)

Hepatitis A is an infection in the liver caused by hepatitis A virus. The virus is spread primarily person-to-person through the fecal-oral route. In other words, the virus is taken in by mouth from contact with objects, food, or drinks contaminated by the feces (stool) of an infected person. Symptoms include fever, tiredness, loss of appetite, nausea, abdominal discomfort, dark urine, and jaundice (yellowing of the skin and eyes). An infected person may have no symptoms, may have mild illness for a week or two, or may have severe illness for several months that requires hospitalization. In the U.S., about 100 people a year die from hepatitis A.

Hepatitis B (Can be prevented by HepB vaccine)

Hepatitis B is an infection of the liver caused by hepatitis B virus. The virus spreads through exchange of blood or other body fluids, for example, from sharing personal items, such as razors or during sex. Hepatitis B causes a flu-like illness with loss of appetite, nausea, vomiting, rashes, joint pain, and jaundice. The virus stays in the liver of some people for the rest of their lives and can result in severe liver diseases, including fatal cancer.

Human Papillomavirus (Can be prevented by HPV vaccine)

Human papillomavirus is a common virus. HPV is most common in people in their teens and early 20s. It is the major cause of cervical cancer in women and genital warts in women and men. The strains of HPV that cause cervical cancer and genital warts are spread during sex.

Influenza (Can be prevented by annual flu vaccine)

Influenza is a highly contagious viral infection of the nose, throat, and lungs. The virus spreads easily through droplets when an infected person coughs or sneezes and can cause mild to severe illness. Typical symptoms include a sudden high fever, chills, a dry cough, headache, runny nose, sore throat, and muscle and joint pain. Extreme fatigue can last from several days to weeks. Influenza may lead to hospitalization or even death, even among previously healthy children.

Measles (Can be prevented by MMR vaccine)

Measles is one of the most contagious viral diseases. Measles virus is spread by direct contact with the airborne respiratory

droplets of an infected person. Measles is so contagious that just being in the same room after a person who has measles has already left can result in infection. Symptoms usually include a rash, fever, cough, and red, watery eyes. Fever can persist, rash can last for up to a week, and coughing can last about 10 days. Measles can also cause pneumonia, seizures, brain damage, or death.

Meningococcal Disease (Can be prevented by MCV vaccine)

Meningococcal disease is caused by bacteria and is a leading cause of bacterial meningitis (infection around the brain and spinal cord) in children. The bacteria are spread through the exchange of nose and throat droplets, such as when coughing, sneezing or kissing. Symptoms include nausea, vomiting, sensitivity to light, confusion and sleepiness. Meningococcal disease also causes blood infections. About one of every ten people who get the disease dies from it. Survivors of meningococcal disease may lose their arms or legs, become deaf, have problems with their nervous systems, become developmentally disabled, or suffer seizures or strokes.

Mumps (Can be prevented by MMR vaccine)

Mumps is an infectious disease caused by the mumps virus, which is spread in the air by a cough or sneeze from an infected person. A child can also get infected with mumps by coming in contact with a contaminated object, like a toy. The mumps virus causes fever, headaches, painful swelling of the salivary glands under the jaw, fever, muscle aches, tiredness, and loss of appetite. Severe complications for children who get mumps are uncommon, but can include meningitis (infection of the covering of the brain and spinal cord), encephalitis (inflammation of the brain), permanent hearing loss, or swelling of the testes, which rarely can lead to sterility in men.

Pertussis (Whooping Cough) (Can be prevented by Tdap vaccine)

Pertussis is caused by bacteria spread through direct contact with respiratory droplets when an infected person coughs or sneezes. In the beginning, symptoms of pertussis are similar to the common cold, including runny nose, sneezing, and cough. After 1-2 weeks, pertussis can cause spells of violent coughing and choking, making it hard to breathe, drink, or eat. This cough can last for weeks. Pertussis is most serious for babies, who can get pneumonia, have seizures, become brain damaged, or even die. About two-thirds of children under 1 year of age who get pertussis must be hospitalized.

Pneumococcal Disease (Can be prevented by Pneumococcal vaccine)

Pneumonia is an infection of the lungs that can be caused by the bacteria called pneumococcus. This bacteria can cause other types of infections too, such as ear infections, sinus infections, meningitis (infection of the covering around the brain and spinal

cord), bacteremia and sepsis (blood stream infection). Sinus and ear infections are usually mild and are much more common than the more severe forms of pneumococcal disease. However, in some cases pneumococcal disease can be fatal or result in long-term problems, like brain damage, hearing loss and limb loss. Pneumococcal disease spreads when people cough or sneeze. Many people have the bacteria in their nose or throat at one time or another without being ill—this is known as being a carrier.

Polio (Can be prevented by IPV vaccine)

Polio is caused by a virus that lives in an infected person's throat and intestines. It spreads through contact with the feces (stool) of an infected person and through droplets from a sneeze or cough. Symptoms typically include sudden fever, sore throat, headache, muscle weakness, and pain. In about 1% of cases, polio can cause paralysis. Among those who are paralyzed, up to 5% of children may die because they become unable to breathe.

Rubella (German Measles) (Can be prevented by MMR vaccine)

Rubella is caused by a virus that is spread through coughing and sneezing. In children rubella usually causes a mild illness with fever, swollen glands, and a rash that lasts about 3 days. Rubella rarely causes serious illness or complications in children, but can be very serious to a baby in the womb. If a pregnant woman is infected, the result to the baby can be devastating, including miscarriage, serious heart defects, mental retardation and loss of hearing and eye sight.

Tetanus (Lockjaw) (Can be prevented by Tdap vaccine)

Tetanus is caused by bacteria found in soil. The bacteria enters the body through a wound, such as a deep cut. When people are infected, the bacteria produce a toxin (poison) in the body that causes serious, painful spasms and stiffness of all muscles in the body. This can lead to "locking" of the jaw so a person cannot open his or her mouth, swallow, or breathe. Complete recovery from tetanus can take months. Three of ten people who get tetanus die from the disease.

Varicella (Chickenpox) (Can be prevented by varicella vaccine)

Chickenpox is caused by the varicella zoster virus. Chickenpox is very contagious and spreads very easily from infected people. The virus can spread from either a cough, sneeze. It can also spread from the blisters on the skin, either by touching them or by breathing in these viral particles. Typical symptoms of chickenpox include an itchy rash with blisters, tiredness, headache and fever. Chickenpox is usually mild, but it can lead to severe skin infections, pneumonia, encephalitis (brain swelling), or even death.



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

American Academy of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



AMERICAN ACADEMY OF FAMILY PHYSICIANS
STRONG MEDICINE FOR AMERICA

If you have any questions about your child's vaccines, talk to your healthcare provider.

Last updated on 02/02/2015 - CS254242-A



Fitness Bit

Did you know there are 1,440 minutes in a day and that you only need 30 minutes of exercise per day to improve your over all health? Many of us find it hard to create time to hit the gym with work, kids, or other priorities. However, exercise doesn't always have to involve a gym, any type of physical activity will work as long as you are moving. Now that spring is here and the weather is nice, there are plenty of things that you can do to get the exercise you need, such as push mowing, raking, gardening, and activities with your kids or grandkids. So be creative, have fun, and remember that exercise also helps to release endorphins into your system to make you feel better too.

Many of us that live here in the small area of Little Axe have trouble finding a place to be physically active. Below we have provided some resources available to assist you in finding a variety of activities that will fit with your schedule, interest, or activity needs. Whether you are wanting to just change it up with different activities, or sceneries, these resources are available to you for physical activity!



- **Thunderbird Lake** has on-site activities such as biking, walking Trails, canoeing , kayaking, rafting, fishing, swimming, archery, and more. They have many events scheduled for 2016!! Visit their website at www.lakethunderbirdpark/travelOK.com or contact Susie Snider at (405) 360– 3526.
- **The Little Axe Community Center** offers disc golf, softball fields, and occasionally, Zumba Classes. If you would like more information on the LA Community Center, please call Pam Sharp at (405) 292-9770.
- **Norman Oklahoma Paintball & ATV Field** is located 3 miles east of Thunderbird Casino, just south of Hwy-9. For more information go to www.atvgames4x4@yahoo.com or call (405)409-0554 or (405) 360-5934.
- **Little Axe High School** has an outdoor running track and tennis court available for use when not occupied by school games or practices.



Brought to you by The AST Diabetes and Wellness Program

(405) 701-7977 (LAHC)/(405) 364-7298 (Fitness)





April



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Circuit Training</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
<u>Chair Exercise for Elders</u> 12:00 p.m.-12:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Tabata (Beginner/Intermediate)</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Circuit Training</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Circuit Training</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Friday at the Little Axe Health Center

“Aerobic Circuit”- A time-efficient training system aimed at maintaining and improving cardiovascular fitness using a variety of body movements.



**Absentee
Shawnee Fitness**

“Zumba Fitness”- Fitness, fun, and dance. Learn Zumba dance moves to get your heart rate pumping!

“Chair Exercise for Elders”- Low-impact strength training utilizing a chair for elders and beginner fitness levels.

“Cardio Kickboxing”- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



“Tabata Training”- An intense and time-efficient training system aimed at developing cardiovascular and muscular strength/endorance.

**Diabetes and
Wellness**

**Absentee Shawnee Tribe of Oklahoma
Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030**



**Absentee Shawnee
Tribe of Oklahoma**
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
P: (405)878-0633 F: (405)8478-0156



Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard.

The Absentee Shawnee Tribe Maintenance Department will ONLY mow and weeds eat applicant's lawn Maintenance will mow every two (2) weeks. Also the maintenance workers will not trim trees, shrubs, etc. NO RENTAL PROPERTY will be mowed.

Any Questions contact Rita Harjo at (405) 275-4030 ext 6249

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ MESS PHONE: _____

FINDING DIRECTIONS TO HOME:

April 2016 News...

Our center has recently experienced some upgrades! We've had new tile installed throughout the center and it's beautiful! Also, we finally have our new storm door and window covering that meets FEMA standards. Thanks to Ken Jones, OEH&E Director, for his assistance with these projects.

Our Easter festivities are always fun. The kiddos colored eggs and had Easter parties. Each age group also participated in their own Easter egg hunt. Thank you to all of the parents & family members that donated items and/or joined us for our Easter activities.

We are currently hiring at our Shawnee location. We have openings for Teacher and Floater. If you are interested in employment with Building Blocks, you can contact the center at (405) 878-0633 or visit the AST website at www.astribe.com and look under the 'Employment' tab. You can also pick up an application at the center anytime.

Dates to remember:

May 6th: "Muffins for Moms" @ 8:00 a.m. We invite the mothers of our children to join us for breakfast in celebration of Mother's Day!!

May 30th: Closed to observe Memorial Day.

Thank you,
Heather Presley Director (Shawnee)



Personal Banking:

AllNations Bank offers a wide range of products and services to meet today's consumer demand including our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; Now Accounts & Consumer Loans including Auto, Boat and more. AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

Contact Us for Details As Follows:

**Calumet Office - Gene Davis or Dixie Smith 405-893-2240;
114 E Main, Calumet, OK
Shawnee Office - Gene Davis or Amber Alexander 405-273-0202;
2023 S. Gordon Cooper Drive, Shawnee, OK**

Business Banking:

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today's business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

Contact Us for Details As Follows:

**Calumet Office - Gene Davis or Dixie Smith 405-893-2240;
114 E Main, Calumet, OK
Shawnee Office - Gene Davis or Amber Alexander 405-273-0202;
2023 S. Gordon Cooper Drive, Shawnee, OK**

Banking Hours:

2023 S. Gordon Cooper Drive, Shawnee, OK 74801
Lobby Hours 9:00 AM - 5:00 PM Monday - Friday
Drive In Hours 8:00 AM - 6:00 PM Monday - Friday
Saturday: 9:00 AM-12:00 Noon

Election Commission

APPROPRIATE POLL BEHAVIOR

According to the Election Ordinance Article VIII Section 1 – The official polling sites and adjoining Tribal Grounds are neutral grounds, therefore, there shall be no campaigning or loitering on Election Day by any person. It shall be the duty of the Election Commission to request that Tribal police, be present at each polling place and be responsible for maintaining order, prevent campaigning, and loitering during the election process.

In order to comply we suggest that you do not campaign in any fashion.

For Examples:

- No: “vote for...” sticker on cars**
- campaign clothing**
- disbursement of campaign material;**
- counseling as to who to vote for**

Do not loiter at poll site:

1. **Arrive**
2. **Register**
3. **Vote**
4. **Exit**

Unless there is a line each voter should be at the poll no more than 10 minutes, outside of voter booth. Each voter may take all the time they need to read the ballot to vote in the private booth but should not “visit” with Commissioners or other voters at the poll site.

Any visiting of voters must occur outside of the Poll Site and adjoining Tribal grounds. Voting Polls close at 6:00 p.m. Voter has to be in line in order to vote.

POLICIES AND PROCEDURES STATES:

There shall be no campaigning on property of polling site. This includes signs, person to person, clothing, etc. or within 200 ft. of the polling site. (On Election Day all signs must be over 200 ft. away from the edge of tribal property that contain poll sites.)

PLEASE fill out **EACH BLANK** completely and return by the Deadline.

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible
(Print Name)
Voter of the Absentee Shawnee Tribe on or before June 18, 2016. I cannot physically be present to cast my Vote at the **June 18, 2016 Run Off Election**, therefore, I am requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____
(first) (middle) (maiden) (last)

Address: _____ City: _____ St: _____ Zip: _____

CDIB#: _____ Date of Birth: _____

Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline of **May 29, 2016**

Mail to:

Absentee Shawnee Election Commission
P.O. Box 741
Tecumseh, OK 74873

Fax to:

Fax # (405) 273-1337 (Do not fax to any other fax #)
Phone: (405) 275-4030, Ext. 6271
Toll free number: 1-800-256-3341, Ext. 6271

Deliver in Person to:

Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.
This form may be duplicated for your convenience.

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____

If Disapproved (reason): _____

Denial Letter Mailed: _____ Ballot Mailed: _____

Election Commission/Representative

Vote for Twila Parker for Progress

First and foremost 'thank you, my friends, neighbors, relatives and tribal members' who took the time out of your busy schedules to get out and vote during the primary election. Many of you I have visited and/or have sent fliers to. I will be visiting more and sending more fliers out as I want to hear your ideas and share mine with you. Your words are important to me and rest assured I will act on them if placed into Office.

The role of the Treasurer is based on our Constitution. That very important function is clearly defined in our Constitution and I want to discuss the first few sentences of it in this article. In **Article XIII – Duties of Officers, Section 4. The Treasurer** – the Constitution states **'shall be custodian of all monies, and related bookkeeping functions, which come under the jurisdiction or control of the tribe.'** Did I misread this? I didn't see where it states that it would come under the exclusive rule of one person, the Treasurer. The next line states **'The Treasurer shall conserve, invest and pay out money pursuant to the provisions of this Constitution. ALL expenditures shall be reviewed and approved or disapproved by the EXECUTIVE COMMITTEE before payment.'** This is not happening. I have gone to the meetings and the minutes are public information (unless under Executive Session) and these expenditures are NOT being approved or disapproved by the Executive Committee. No, the current Treasurer, approves and disapproves all payments – even those to her own attorney, to the Lt. Governor's attorney and to the former Secretary's attorney. Where are the Financial Reports to the Executive Committee or to us, the tribal people, which would show us the tribe's revenue streams, our expenditures, our tribal investments and our assets/liabilities? Do you see, our current Treasurer, placing any information into the General Council books? According to her Facebook page people are 'mean' when they ask her to account for the processes under her and 'manipulate systems selfishly' if items of concern are brought out into the light of day. If I am elected there will be monthly financial reports given to the Executive Committee. These will be in a format that you can read and understand readily. I will be 'TRANSPARENT'. The next line reads, **'The authority to approve or disapprove such expenditures shall be based on constitutional authority and/or a duly adopted General Council resolution or ordinance pursuant to the provisions of this Constitution.'** The Executive Committee places resolutions into place to allow for the Treasurer, Lt. Governor, Secretary and Representative to sign of on checks **NOT** to approve or disapprove expenditures as the Finance department is to provide guidance on that. The next line is important. **'The Treasurer shall, upon receipt of written approval, be authorized to sign checks or otherwise make payment behalf of the tribe.'** Our current Treasurer was signing checks prior to being authorized by the Executive Committee. This next line is a consistent problem with the current Treasurer and her Office. **'The Treasurer shall keep and maintain an accurate account of all receipts and disbursements and shall report the accurate amounts of each account to the Executive Committee at each Regular Meeting.'** This item seems crystal clear but apparently neither the current Treasurer nor her staff understands the need for these reports to be given to the Executive Committee at each Regular EC meeting. As-to-date these reports have been provided twice (and not during and/or for a Regular EC meeting). This task apparently is NOT something Treasurer Bates or is it Bender (name cited on Facebook) understands. If elected I can assure you that my name will remain Twila O. Longhorn Parker (regardless of being on Facebook) and that I will look at ensuring each EC member gets a report of accurate amounts of each account during and/or before Regular EC meetings and that I will assist with creating a Communication Policy that gives guidance on what aspects of the business of the tribe is placed on a public, social media site as the Lt. Governor and Treasurer certainly like to air their causes, not as individuals acting on their own capacity, but as the elected leaders of the tribe.

Fact Table

Name	Work History	Financial Stability	Education	Boards & Committees	Changes Assisted with	Veteran
Twila Parker	30+ years - Indian Health Service; US Postal Service	High credit score	Master's Degree from University of Ok	Numerous – Elders, ASEDA, CDFI, White Turkey Band, Veterans.	Deed to Tribal land; CCDF grant; historical archiving of records and deeds;	Yes – top secret clearance during military service.
Leah Bates - Bender	AST only – shifted to numerous positions in a short time.	Bankruptcy - 2012	No degrees.	Only during her term of office.	NO positive changes. Negative – 1) Allowed Controller to be paid over \$125,000 to sit at home. 2) Violated Constitution by holding illegal meetings; 3) Paid for personal attorneys to represent her against tribe; 4) Allows for certain tribal officials to use tribal funds as personal funds; 5) Refused to allow forensic audit to occur.	None.

THANK YOU FOR YOUR VOTE

Ho! Hi gi key a fi ho wa se li si mi mo:

On March 19th the Primary Election(s) were held. You have voted me into the Runoffs for June 18th 2016, I sincerely thank you and look forward to the possibility of representing you. If you have voted other candidates in then look at their work history and see if they have worked for the tribe in some capacity and are truly invested in the future of our people. As Governor Edwina Butler-Wolfe stated to the City of Shawnee 'I am here to stay and so are my people'. As Media Director I have been rewarded by being present at many events that have happened within our tribe that are noteworthy from both historic and news making perspectives and I look forward to being present at many more.

I firmly believe that 'Now is the time for you, our Tribal members, to make a difference'. How can you do that? Vote for someone committed to moving your concerns forward, to getting answers and to making a difference through their vote as an Executive Committee member. I will continue to be at Executive Committee and General Council meetings in my respective capacity as the Media Director and will see what next steps are taken by those in Office. I want our tribe to make progress and want it done ethically and honestly. I know my track record and my brother Henry's. Henry Tiger ran for the Office of Representative in 2000 and was elected into it. That was 16 years ago. His concerns at that time were:

- Not all of the Executive Committee members agree to what is in the best interest of the Tribe.
- There are certain Executive Committee members who say they are looking out for our people, but all they seem to be interested in is taking up tribal time and money for their own pursuits under the guise of saving money for the tribe.
- Certain elected leaders say their way of saving money is to cut salaries of others, decrease other tribal member's hours and withhold authorized checks from others.
- Look around...the Citizen Potawatomi tribe is building all around us...they are going forward instead of standing still... we are at the crossroads...we can either grow and prosper or we can stay where we are...or we can just slip back and have nothing.
- As for me...going forward and being aggressive means we can also prosper and build for our future.

These are strong words from my family to yours. Let's ask our candidates to make a difference in a good way, the right way, the Absentee Shawnee way.

Nee yaw way Kela for your vote!

Sherman Tiger



You're Invited to help us Celebrate



Hand Game

Honoring

Ruby Nell Gibson-Logan

2016 Ioway Elder Woman of the Year

Saturday, May 14, 2016

Ioway Chena Building

(Hwy #177, South of Perkins OK)

**1:00 p.m.— Hand games, Round Dance, Honor
Songs, Games, & Fun**

Followed by Evening Meal

Hosted by the Honoree Family & Friends

Held in conjunction with the

American Indian Chamber of Commerce, Northcentral Chapter

Native Spirit Art Show & Taco Sale

Begins at 10:00 a.m. with fine arts & crafts, Indian Dice demonstration/participation

Concessions featuring Indian Taco Sale

Event continues through the Hand Game & Festivities





APRIL 2016 TITLE VI MENU



APRIL
National Child Abuse
Prevention Month



2% milk served daily

Menu subject to change

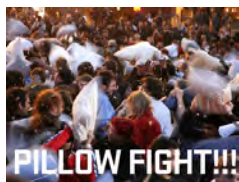
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Scrambled Egg Sausage Gravy Biscuit	2
3	4 Chicken Salad Sandwich LTOP/Chips Apple	5 Spaghetti w/ Meat Sauce Tossed Salad* Garlic Toast Mixed Fruit	6 Pork and Potatoes Green Beans Bread Salad Bar*	7 Frito Chili Pie Onions, Chez Mandarin Oranges	8 Grits Toast Sausage Patty	9 AST General Council Thunderbird Event Center 10 am
10 National Siblings Day	11 Chef Salad Ham, Eggs, Chez Crackers Mixed Fruit	12 Title VI - Closed Attending Food Show	13 Baked Chicken Tossed Salad* Veggies Bread Peach Cobbler	14 Meatloaf Mashed Pot/Gravy Green Beans Pears	15 French Toast Bacon Fruit	16
17	18 Hamburger LTOP French Fries Plums	19 Chicken Fry Steak Mashed Pot/Gravy Green Beans Roll Applesauce	20 Cold Cut Sandwich LTOP Pasta Salad Orange	21 Baked Potato Ham, Chez, Onions Broc and Chez Pudding	22 Earth Day Scrambled Eggs Sausage Gravy Biscuit	23
24	25 Hot Dog Pork-n-Beans Chips Pears	26 Salmon Patty Coleslaw Peas & Carrots Peaches	27 Baked Fried Chicken Mashed Pot/Gravy Tossed Salad* Jell-O	28 Soft Taco LTOC Spanish Rice Salsa/Pineapples	29 Cereal Sausage Patty Toast Tropical Fruit	30

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER



LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

TITLE VI NEWS



April 2nd - National Pillow Fight Day
Have fun with your grandbabies or great grandbabies and have a pillow fight!!!

April 9th - AST General Council 10 am at the Thunderbird Event Center in Little Axe, OK.

April 10th - National Siblings Day- tell your brothers and sisters that you love them and take a picture with them!!!

April 11th - National 8-track Day



Homebound will receive a sack lunch for April 12
We are attending a Food Show on this day.



April 22nd Earth Day

This Earth Day and beyond, let's make big stuff happen. Let's plant 7.8 billion trees for the Earth.

See more at: <http://www.earthday.org/earth-day>

Did you know that over 100 million trees are cut down each year to produce junk mail? The resulting loss of trees takes a huge toll on water conservation and climate change mitigation efforts around the world. Help limit this unsustainable and wasteful practice by pledging to take action and reduce the amount of junk mail you receive in your home. Currently about 300 million tons of plastic are produced each year to make bags, bottles, packages, and other commodities for people all over the world. Unfortunately, only about ten percent of this plastic is properly recycled and reused. The rest ends up as waste in landfills or as litter in our natural environment, where it leaches dangerous chemicals into the nearby soil and water, endangering humans and wildlife alike.

As we are getting warmer days, the homebound will need to put ice packs in there ice-chest if they are not going to be home. Please call or notify your driver if you will not be home.

*** IF YOU HAVE ANY CONCERNS OR COMMENTS PLEASE GIVE US A CALL AT 405-275-4030 EXT 6227**

STUDY ON PUBLIC HEALTH, WELLNESS AND PUBLIC SAFETY IN TRIBAL COMMUNITIES

The Absentee Shawnee Tribe is supporting a grassroots initiated research study on public safety, health and wellness affecting Indian women. This research was requested by Indian women and tribal leaders during consultations held with the U.S. Department of Justice and through separate visits to various congressional delegates. These advocacy efforts caused Congress to mandate the National Institute of Justice (NIJ) to conduct a national baseline study focusing on public safety, public health and wellness needs of Indian women living on tribal lands.

The Absentee Shawnee Tribe seeks to better understand and more fully address the public safety, health and wellness needs of our Absentee Shawnee women. A participatory agreement was passed by the Executive Committee on February 17, 2016, E-AS-2016-09 ensuring Absentee Shawnee women may participate in the study. The research activities will begin this summer and conclude by fall/winter. The activities include interviews with a simple random sample of Absentee Shawnee women. Information obtained through the randomly selected participant sample will remain confidential and be used exclusively for this aggregate study. Trained Indian women interviewers will conduct the interviews.

The Tribe looks forward to the American Indian Development Associates conducting this Study as the Tribe hopes to learn about effective ways we can improve responses to the public safety, public health and wellness needs of our Indian women. By participating in this nation wide research study the Absentee Shawnee Tribe will be helping to advance the best ways to conduct culturally effective and respectful research in tribal communities that may be used for policy development, program improvements, and the enhancement of Indian women's public safety, public health and wellness needs.

If you should have any questions please contact the Governor's Office at 405-275-4030, Ext. 6307 or Lesa Shaw, Senior Policy Analyst, who will be the point of contact at 405-275-4030, Ext. 6269.

HASKELL INDIAN NATIONS UNIVERSITY



NOW Accepting Applications
For
Fall 2016

Deadline for applications is June 1, 2016

For more information, visit Haskell Indian
Nations University website at www.haskell.edu.

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558
or send us an e-mail to
stiger@astribe.com

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY
THE 15th OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,
NOT PER BIRTHDAY WISH.***



Vocational Rehabilitation Transitional Services

Iowa Tribe of Oklahoma

▶ History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

▶ Services we can provide:

We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

▶ Qualifications:

You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.



COUNTIES served by ITOVR

- KAY
- NOBLE
- PAWNEE
- PAYNE
- POTTAWATOMIE
- LINCOLN
- LOGAN



Iowa Tribe of Oklahoma Vocational Rehabilitation

P.O. Box 728
Perkins, OK 74059


Phone: 405-547-2402 ext 168
Toll free: 1-888-336-4692
Fax: 405-547-1090

E-mail: Christa Tsotaddle, Transitional Counselor
ctsotaddle@iowanation.org



"See the Person, Not the Disability"

**WALK A DIFFERENT PATH END CHILD ABUSE EVENT
APRIL 30TH 10:00 A.M.**



SANACPT will be holding a event for Child Abuse Awareness Month. We will walk from Hardesty Rd. to the Absentee Shawnee Complex. Cost of Registration is \$12. This price includes a t-shirt. Participants are encouraged to design a Child Abuse Awareness poster to carry during the event. A prize for the adult with the best design and a prize for best child design will be given. Children who pre-registered with a paid adult are free of charge. Please contact Julie Wilson- Child Welfare at 405-878-4030 ext. 6376, or jwilson@astribe.com to register.

April 2016 Birthdays

Alberty, Shannon Venifa
Alexander, Rachel Paulette
Alford Jr., Eugene Ray
Alford, Jaci Lanae
Alford, Laquana Jean
Alford, Ray Wildcat
Arms, Steven Anthony
Armstrong, Daniel Griffin
Armstrong, Tina Marie
Ayers, Zachariah Matthew
Bacon, Misty Twilight
Barnes, Hollin Kade Eugene
Bates, Johnna Suzanne
Batson-Vasquez, Amber Danielle
Beartusk, Pamela
Bentley, Sherri Ann
Berry, Collin Michael
Bethell, Shelby Ann
Beffelyoun, Cameron Jake
Bierd, Baley Andrea
Bigpond, Ollie Welch
Blalock, Sallie Alene
Blanchard II, Clifford Ray
Blanchard II, Norman Neal
Blanchard, Brisa Nayeli
Blanchard, Harry James
Blanchard, Jahkahri HayLeroy
Blanchard, John Christopher
Blanchard, Norah Gisele
Blanchard-Johnson, Scott A.
Boston, Shawn Daniel
Boyd, Xavier Tyrik
Bradley, Francis M
Bradshaw, Jana Marie
Brady, Scott Edgar
Breeding, Aidyn Cooper
Brinson, Christopher Allen
Brokeshoulder Jr., Clifton
Brokeshoulder, Brent Todd
Brokeshoulder, Eddie K.
Brown, Jennifer Leah
Brown, Lexi Michelle
Bryce, Shayla Maelyn
Buckley, Dawna Michele
Butler, Matthew Aaron
Byers, Reanna Nicole
Byers, Zachary Elias
Byrd, Lyndell D Armond
Caires, Vanessa Little Axe
Carpenter, Elsie Lewis
Chaney, Brittini Lynn
Charley Whatley, Jorden Eugene
Charley, Mary Serene
Clark, Dallas Joseph
Clark, Dave George
Clutter, Ramona Lynn
Coddington, Aubriana Marie
Coddington, Kyle Clarence
Coddington, Michael Richard
Coffee, Sahaunie Nicole
Cole, Mary Rachel
Coon Jr., Stacy William
Cox, Jennifer Lynn
Crane, Stephanie Renee
Creek, Stevie Eli
Cryder, Michael Lawrence
Cuff, Thomas Artel
Davis, Juquale Lee De'shon
Davis, Maddox Joe
Davis, Tyrein Gene
Deere, Malachi Kamron
Deere, Micah Keagan

Deere, Neva Lee (Larney)
Dees, Abigail Susan Olivia
DeLodde, Ava Quinn
Doussett, Delisha Ann
Draper Sr., Russell Lee
Draper, Reuben James
Dunlap, Brady Lee
Dyer, Carly Nicole
Eason, Braxton Noah
Eckiwardy, Marisela Isabelle Mariah
Edwards, Stacy Lee
Ellis, Ariel Raquel
Ellis, Russell Bruce
Elmore, Bailey Grace
Evans, Kayla Marie
Fife, Andrew Jacob
Finch, Oliver Phillip
Frank, Janice Arlene
Garcia, Josiah Elias
Garfield, Alicia Raeihaun
Garretson, Riley Dean
Gibson, Darianne Alexander
Gibson, Jaysan Baylee
Gibson, Mary Ann
Gibson, Melonie Dian
Gibson, Norma Jean
Gibson, Randall Glen
Gilman III, Thomas Eugene
Gilman, Robert Evereff
Goodwin, Dawn Marie
Goodwin, Larry Tiger
Gouge Jr., Marg
Gouge, Beau Allen
Graham, Charles Robert
Grass, Solomon Wayne
Griffin, Ladawn Abraham
Hamon-Breeden, Katie Marie
Hario, Kadence Jade
Hario, Timothy A.
Harless, Cynthia Iris
Harris, Monte Lee
Harvey II, Johnny Troy
Haumpy, Ariann Renee
Haumpy, Gage Allen
Haumpy, O-Day Tah'lee Eugene
Healy, Spencer James
Hernandez, Curtis David
Herrod, Kiera Leighann
Hill, Trent David
Hoepfer, Emily Danielle
Holderness, Jordan Dekota
Holderness, Matthew James
Holderness, Samantha Grace
Hollenbeck, May Angela
Holznagel, Chad Thomas
Hood, Albert
Hood, Randolph Paul
Hudson, Celeste Jade
Hudson, Eden Rose
Hunt, Leeona Lucile
Hurst, Maegan Nicole
Jackson, Fallon Kay
Jacobs, Maria Elena
Jacobs, Stormie Raelein
James, Lindsey Nicholle
James, Na'chelle Ardena Mae
Jim, Mary June
Jimboy, Courtney Waynell
Johnson Jr, David Lee
Johnson, Adison Graci Mae
Johnson, Ashley Nicole
Johnson, Avery Elizabeth Mackenzie

Johnson, Justice Lonewolf
Johnson, Richard Michael
Johnson, Shoshanna Louise
Johnson, Silvanus Mack
Johnson, Victoria Maria
Johnson, Zachary Howard
Jones, Anita Louise
Judd Jr., Thomas Ray
Kaniatobe, Marjorie Ann
Kaseca, Christopher Lee
Kaseca, Henry Augustus
Kelsey, Leigha Marie
Key, Christian Trey
Kickapoo-Johnson, Lux Olivia
Kilmer, Lelia Lashell
Kinnamon Jr, Larry Leon
Kinnamon, April Lynn
Kinsey, Margie
Kovalchuk, Amber Nichole
Larney, CaiSyn William
Lee, Audrey Catherine Sung-hee
Leffler, Claudia Jo 4/22/1952
Little Axe Jr., Troy Lee
Little Axe, Diane Gail
Little Axe, Jordan Kane
Little Axe, Joshua Taylor
Little Axe, Kaylee Jean
Little Axe, Shiloh Blue
Little Charley, Evelyn Lavon
Little Charley, Scott
Little Charley, Vernon Ray
Little Creek, Alex
Little Creek, Lawrence Keith
Little Jr., Gilbert Boyd
Littlebear, Tonya Lynn
Littlecreek, Samantha Jolene
Littlecreek, Thomas Eugene
Locke, Adrienne Lorine
Long, Hailey Elizabeth
Longhorn, Darrell Wayne
Longhorn, Leonard Wayne
Longhorn, Vincent Wade
Longman, Cherokee Dakota
Longman, Leighton Anthony
Michael
Longman, Trina Ann
Louvier, Alexandra Renee
Lowe, Justin James
Mack Sr., Thomas James
Mack, Cylas Ledarix
Mack, Rachel
Mack, Trenten Hunter
Maddux, Bishop Webster Tiger
Malone, Riley
Mann, Raymond Freeland
Mann, Richard Freeman
Mann, Savanah Nicole
Mann, Taylor Lawrence
Markwardt, Franklin Thomas
Martin, April Denise
Martin, Kinley Rae
Martinez, Amaya Rynae
Martinez, Danielle Lynn
Mason, Suzanna Rachel Powell
Masquas, Phillip Jon
Masquat, Iola Renee
Masse, Karen Sue
Matingly, Alana Irene
Mayo, Melba Mary
McAnally, Jace Ryan
McBride, Alice Jean Dirt
McDaniel, Karen Diane

McGirt, Dana Dale
McGuire, Kyla Marie
McPherson, Emily Paige
Meek, Phillip Edward
Megyesi, Charles Steven
Meshquekenock, Lisa Ann
Milburn, Heather Renee
Miller, Lillian Grace
Mills, Brian Richard
Mohawk, Curtis Roy
Monroe, Pamela Sue
Morgan, Summer Dawn
Morton, Joshua David
Morton, Makayla Lynn
Nakamoto, Gina Jessica
Nelson Jr., Daniel Lee
Ness, Mary Ellen
Newton, Donnie James
Newton, Elaine Davis
Nowlin, Pak Louise
Ochoa, Alejandro Juan
Odell, Russell Lee
Olvera, Latasha Kay
Ortega, Mr. Kristin Lace
Off, Ashley Mignon Elaine
Pack, Christie Lorraine
Panther, Grayson Shawn
Panther, Nickolas Wayne
Parker, Elizabeth Isabelle
Parker, Sarah Lynn
Parker, Twila Olene
Phillips, Mason Jaxon
Polecat, Vernon Leroy
Ponkilla, Yvonne Diane
Porter, Lindsey Bowe
Powell, Tammy Marie
Primeaux, Eunice Marie
Proctor, Adam Lee
Rigg, Savanna Rose
Rios, Belicia Shannon
Robb, James Edward
Robertson, Winifred L.
Robison, Skyler Madison
Rolette, Gregory Shawn
Rolette, Hanna Grace
Roller, Geraldine M Bradley
Runsabove, Bryce Leigh
Ryder, Vanessa Louise
Sanchez, Bailey Marie
Sanchez, Citlali
Sanchez, James Andrew Skylar
Sanchez, Victoria Nicolette
Scarberry, Joel Thomas
Seaton-Blanchard, Stephen Anthony
Sellers, Levi Dalton
Sexton, Jacob David
Shawnee, Jaxon Avery
Shawnee, Sharon Dale
Sherrill, Penelope
Sloan, Jenifer
Sloaf, Morgan Elaine
Smith, Joshua Dean
Smith, Noah Ryan
Snake, Archie Ellis
Snakeman, Linda Natoma
Soap, Alpha Christine
Soap, Terayana Maxine
Spoon, Ashley Donelle
Spoon, Marques Dwyane
Spoon, Samuel Lee
Spriggs, Brian Lee
Spriggs, Everett R

Spybuck, Adrienne Eileen
Spybuck, Larry Eldon
Spybuck, Thomas Mark
Squire, Billie Gene
Squire, Samson Robert
Squire, Wilbur James
Starr-Fuentez, Olivia Angelina
Stephens, William Lee
Steves, Madelyn Louise
Stewart, Sandra Leigh
Stone Sr., James Lee
Stone, Dawn Michelle
Stuckey, Ware Declan
Sullivan, Tiffany Chantele
Sumka, Lena Darcille
Switch, Traci Lynn
Switch, Charles William
Taryole, Trevor Seth
Tascier, Timothy Andrew
Tanner, Taylor Denise
Thompson, Rhonda Gail
Thornhill, Westly Lynn
Thorpe, Brady Wayne
Thorpe, Mary Catherine
Tieyah, Lavern Wilson
Tiger, Amber Lee
Tiger, Madelynn Rose
Tiger, Patricia Ann
Tiger, Stephon Michael
Tiller, Piper Laine
Uchida, Andy Micheal
Wabaunasee, Thelma Jean
Wakley, Jade McKenzie
Wakolee, Josilyn Talia
Walker, Leroy
Wallace, Kay Laverne
Walley, Johnny Ray
Wallis, Baryn Clinton
Walters, Shirley Ann
Warrior, Marcellus James
Warrior, Samuel Manuel
Washington, David Axe
Washington, Kevin Bryan
Washington, Samantha Lynn
Watkins, Aufum Paige
Watson, Jayden Tyler Scott
Wenholm, Casey Andrew
Whinery, Pamela Jean
White, Brenda Kaye
White, Wesley Charles
White, Wesley Shane
Whited, Kimberly Diane
Whittington, Charlene Edwards
Williams, Ezrea Quasha
Williams, Lisa Renee
Williams, Seth Andreas
Wilson, Aaron Wade
Wilson, Alize Jade
Wilson, Damon Allen
Wilson, Drake Kenneth Rylee
Wilson, Ethan Hawke
Wilson, Gabriel Ahboah
Wilson, Howard Gene
Wilson, James Wayne
Winrow, Destiney Dawn
Wise, Keeley Ava Lynn
Witt, Joseph Andrew
Wunderlin, Travis Rece
Yellow Eagle, Angela Marie

Niece

Happy Birthday

(April 9)

TWILA PARKER

LEIGHA KELSEY

Granddaughter



(April 19)

From, Don and Esteline

Marty & Jenifer
(April 10) & (April 28)

Sisters



Happy Birthday!!!

April 1

Pam Whinery

HAPPY birthday



HAPPY 10TH BIRTHDAY TO MY LIL MAN.

Love, Mom, Allen, & Grandma

Congratulations

TO AALIYAH B. SHIELDS, SENIOR AT SHAWNEE PUBLIC SCHOOLS AND TY X. SHIELDS, FRESHMAN AT TECUMSEH PUBLIC SCHOOLS



Both participated in the "4 The Love of the Game" tournament (A Native American High School event) in Okmulgee, OK. Each has been picked to participate in an East vs West All-Star game.

Aaliyah B. Shields is to represent Oklahoma Tribes and Ty X. Shields is to represent Native Boyz.

The proud parents of these two outstanding tribal members are: Mother, Susan Larney; Father, Darren Shields; and grandparents, Rocky Larney, Leora Dave Alford, Jenifer Sloan Shields and Jerry Shields.

Tribal Easter Egg Hunt



A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, **BEFORE** any new registrations or renewals can be processed.

ABSENTEE SHAWNEE TRIBAL
POLICE DEPARTMENT



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT
EMAIL: SORNA@ASTRIBE.COM
TIPLINE 405-273-1249

How to Get a Tag

NEW MOTOR VEHICLE REGISTRATION*

Any new motor vehicle registrations must be done in person by the Tribal Member. The following is a list of required documents you must have for new motor vehicle registration(s).

- TITLE
- BILL OF SALE OR SALES CONTRACT LIEN ENTRY FORM (if applicable)
- ABSENTEE SHAWNEE TRIBAL ENROLLMENT CARD
- OKLAHOMA INSURANCE VERIFICATION
- VALID OKLAHOMA DRIVER LICENSE

REGISTRATION RENEWAL

There are two (2) options available. The following is a list of required documents for renewals.

RENEWING IN PERSON:

- Current Registration Certificate
- Oklahoma Insurance Verification
- Valid Oklahoma Driver License
- Absentee Shawnee Tribal Enrollment card

RENEWING BY MAIL:

To renew by mail, send check or money order along with the above listed items. Make check or money order payable to: Absentee Shawnee Tribe Tax Commission. A \$35.00 fee for all returned checks will be charged.

TAG PRICE GUIDE Excise tax = Actual Purchase Price x 1.25%

NEW MOTOR VEHICLE REGISTRATIONS

Excise Tax + Years Tagged + Title Fee + Admin. Fee = TAG PRICE

RENEWALS

Years Tagged + Admin. Fee = TAG PRICE

VEHICLE REGISTRATION TAX SCHEDULE

Years Tagged	Tax Imposed	Administration Fee	Total Fees
1 st through 4 th year	\$80.00	\$5.00	\$85.00
5 th through 8 th year	\$70.00	\$5.00	\$75.00
9 th through 12 th year	\$50.00	\$5.00	\$55.00
13 th through 16 th year	\$30.00	\$5.00	\$35.00
17 th year and over	\$10.00	\$5.00	\$15.00

Do you have any questions? Please feel free to contact the AST Tax Commission office at (405)275-4030, option 6.

*No tags will issue unless at least one (1) person on the title is an Absentee Shawnee Tribal member.

SCRABBLE CLUB

Wordy people, unite! Challenge fellow wordsmiths to a lively game of Scrabble and keep your vocabulary honed.

Every 4th Tuesday of the month from 6:30pm-7:30pm

Games supplies provided

For Adults



DEL CITY LIBRARY | 4509 SE 15th | 672-1377 | WWW.METROLIBRARY.ORG

SCIENCE SUNDAYS



Join us as we build and learn about science with hands-on experiments and takeaways! Parents encouraged to participate!

- | | |
|-------------------------------------|------------------------------|
| January 3 - Electricity & Magnetism | July 3 - Rocketry |
| February 7 - Machines | August 7 - Science of Magic |
| March 6 - The Sound of Science | September 11 - Engineering |
| April 3 - Air Pressure | October 2 - Spooky Science |
| May 1 - Bubble Science | November 6 - Polymer Science |
| June 5 - Fossils | December 4 - Temperature |



DEL CITY LIBRARY • 4509 SE 15th • 672-1377 • www.metrolibrary.org

Children Reading to Dogs

EVERY 2nd & 4th THURSDAY 6:30PM

Join us on the 2nd and 4th Thursday of each month at 6:30PM for Children Reading to Dogs! Children will develop their reading skills and make a lifelong friend by reading to trained therapy dogs. All dogs and owners have completed therapy dog certification.



DEL CITY LIBRARY • 4509 SE 15th • 672-1377 • www.metrolibrary.org



Absentee Shawnee Tribe Of Oklahoma
After School Program - Shawnee
2025 S. Gordon Cooper
Shawnee, OK 74801
P: (405) 878-0633 F: (405) 878-0156



The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is \$25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at Briana.ponkilla@astribe.com or (405) 878-0633.



Little Axe

After School Program 2015-2016

Come join us at the AST Resource Center!!!



- ✚ Free Tutoring in all subjects!
- ✚ Games and activities!
- ✚ Delinquency Prevention!
- ✚ Healthy Lifestyles!



Open to **All Middle School and High School Students**

Open to **Absentee Shawnee Tribal Students K-5 with a C.D.I.B.**



Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up by 6:00pm.

Duration: Starts August 31st and will run through the school year. Monday-Thursday, 2:45pm-6:00pm



For more information and sign up please contact Blake Goodman at (405) 364-7569



Free Music Lessons for Kids



Contact Phil Bradley
405-585-8801

METROPOLITAN LIBRARY SYSTEM PRESENTS:

Family Craft Night

Get Your Craft On!

Create memories together with an evening of crafts designed for ages 5-12. All ages welcome.



Every 3rd Thursday @ 6:30p of the month

Del City Library
4509 SE 15th | 672-1377
www.metrolibrary.org



Get the Party Started!

You can earn 10, 15, 20 percent or more in **FREE[†]** Mary Kay[®] products.

[†]Based on the actual sales total and the number of bookings from your event to use toward your choice of Mary Kay[®] products.

Party with a company women trust.

Creating products women love for over 45 years.

Get a **\$40** gift of beauty.

A good buy gets every woman's attention, especially when she can get \$75* in the Mary Kay[®] products she loves for just \$35 when she hosts a party.

*Suggested retail

Give the gift of girl time.

Pamper your friends with the feel-good fun of a Mary Kay[®] party.

It's all about you!

- Enjoy the personal attention.
- Receive a one-on-one consultation.
- Get skin care recommendations.

Party With a Cause

Host a party that benefits your favorite charity.

Contact me to find out more!

Delana Ayers
405-432-7405
<http://www.marykay.com/dayers4>

April 16: Rainy Day Crafts

May 21: Percussion Instruments

June 18: Summer Fun in the Car

July 16: Crafts that Blast Off

August 20: Back to School Crafts

September 17: Pirate Crafts

October 15: Spooky Crafts

November 19: Squawking Turkey Crafts

December 17: Winter Wonderland Crafts

ATTENTION PARENTS!!!

CTSA **EARLY HEAD START & HEAD START** IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR **EHS** PROGRAMS AND AGES 3 UP TO 5 FOR OUR **HEAD START** PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our **qualified and dedicated** staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child's learning years with you!

In our **Shawnee** location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both **Norman** and **Cushing** are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Main Office: Enrollment Manager- Shawnee Center: Center Supervisor-
Sherry Marsh (405) 275-4870 Stacey Osborne (405)
878-5820
1535 N McKinley, Shawnee 74801 1533 N
McKinley, Shawnee 74801
sherrym@ctsaheadstart.org

Cushing Center: Center Supervisor- **Norman Center: Center Supervisor-**
Wava Anderson (918) 225-1029 Amy Porter
(405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St.,
Norman 73069

Health/Mental Health/Disabilities Manager
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES:
POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND
NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education: Education Incentive Award Program:** funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- **Big Jim Youth Award Program:** annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to tresham@astribe.com.

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

Absentee Shawnee Housing Authority



Programs Available

- Low Rent Housing
- Lease to Own Housing
- Down Payment & Closing Assistance
- Storm Shelter Assistance
- College Housing Assistance
- Emergency Home Repair
- Over Income AST Member Down Payment Assistance

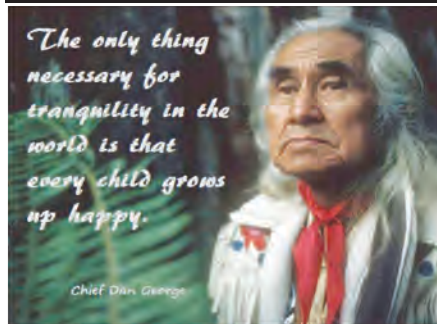
FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

FOSTER CARE



Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT JULIANN WILSON ICW/CPS/FOSTER CARE AT 275-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

GOT LOVE?

FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)

"I don't want a family. I need one."
- Current Waiting Child

<<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age \$14.73 day \$441.97 month
- 6-12 age \$17.12 day \$513.57 month
- 12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED IN TO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.



