



"Among The Shawnee"

The Absentee Shawnee News

APRIL 2017

Volume 28 No. 3

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ABSENTEE SHAWNEE ELECTION COMMISSION UNOFFICIAL ELECTION RESULTS PRIMARY ELECTION MARCH 18, 2017

This is to announce the **UNOFFICIAL** results of the March 18, 2017 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

GOVERNOR (2 Year Term)

Edwina Butler-Wolfe	<u>112</u>	Votes
John Soap, Jr.	<u>54</u>	Votes
Andrew Warrior	<u>90</u>	Votes
Phillip S. Ellis	<u>85</u>	Votes
Joseph H. Blanchard	<u>67</u>	Votes

SECRETARY (2 Year Term)

Atheda W. Edwards Fletcher	<u>153</u>	Votes
John Raymond Johnson	<u>252</u>	Votes

ELECTION COMMISSION

ELECTION COMMISSIONER

John Al Little Axe	<u>1</u>	Votes
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ELECTION SECRETARY

Sherman Tiger	<u>1</u>	Votes
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COMMISSION MEMBER #2

Alicia Miller	<u>1</u>	Votes
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We the Officials are responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.

Mary Birdtail

Acting Election Commissioner

Hy Mella

Acting Deputy Commissioner

Meredith Wohpencke

Acting Election Secretary

March 18, 2017
Date:

[Signature]

Acting Commission Member #1

[Signature]

Acting Commission Member #2

[Signature]

Tribal Judge

**General Council Meeting - 10:00 a.m.
Saturday, April 29, 2017 - Thunderbird
Entertainment Center - Norman, OK**

Executive Committee



Edwina Butler-Wolfe
Governor



Isaac Gibson
Lt. Governor



John Johnson
Secretary



Leah Bates
Treasurer



Anthony Johnson
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

Hello my friends, neighbors, relatives and Tribal members at large!

Spring has sprung here in the Shawnee area. We have had some extremely hot days already and haven't had enough rain to balance it. We have had temperatures here in the 90's! For those of you who are out of state this is unusual weather even for Oklahoma. For many years now I have enjoyed walking around our local airport which has a nice walking path yet with this type of weather I prefer staying indoors. Yesterday, as I was sweeping our porch, I noticed both craneflies and mosquitos – neither of which I like as I have a hard time distinguishing between the two without my glasses on. So the warm weather has arrived.

Rights as a Sovereign Nation

As in previous years our Election Commission has had an active month. This Commission is representative of one aspect of what being a sovereign nation empowers us to have available – the right to vote on tribal officials and issues. These elections gives you, our tribal citizens, who are 18 or older, the opportunity to make decisions on leadership and decide which direction you would like to see the tribe go. Your vote is important both as a democratic process and as an expression of your interest. I thank each of you for voting and am especially appreciative of those of you who voted for me. I hope that for those of you who are able to vote - do so in the upcoming June runoffs.

Challenges at the Tribe

This has been a challenging month for many of us here at the tribe. Several of those programs under my oversight and my own staff completed three Coordinated Tribal Assistance Solicitation grants that, if awarded, will help to offset the recent revenue failure here at the tribe. Our Police Department applied for Purpose Area (PA) #1 – Public Safety & Community Policing; my Office assisted with PA #4 - Corrections & Correctional Alternatives which if awarded would result in building Phase I of a new justice department that could place police, AG, court, DV and ICW potentially in one building and would create a probation/parole program and office and PA#9 – Tribal Youth Program.

Another challenge has been facing questions of why the Tribe's

convenience store and smoke shops have been closed and what revenue does the tribe have to offset its costs. So, let me say this:

Fact: The Secretary closed the Convenience Store and the Smoke Shops based on revenue failure. Questions on these actions should be posed to Secretary Johnson.

Fiction: The Governor closed the Convenience Store and Smoke Shops. I have no authority over these businesses, yet, I agree these businesses were not providing revenue and do need to be analyzed and new actions taken that are closely monitored by the tribe.

Fact: In the 2.5 years Treasurer Bates has been in office the tribe has not received any clear reports from Finance on our current available revenue and does not provide monthly financial reports at the Regular monthly Executive Committee meetings. The latter is part of her Constitutional duty as cited in Article XIII – Duties of Officers, Section 4 and is not being met. Providing program budget reports is not the same as reporting the 'accurate amounts of each account' for 'all receipts and disbursements'. We, the EC, need a clear financial picture of our assets, revenue streams, expenses and transactions – the word 'all' is self-explanatory. The Constitution does not allow the Treasurer to hold any other duties than those as custodian of all monies, related bookkeeping under the jurisdiction or control of the tribe. Yet, she does.

Fiction: The Governor does not ask the Treasurer to provide monthly financial reports for the regular Executive Committee Meeting. I have asked and asked – this is a Constitutional duty just like my monthly report to the people.

Education in Oklahoma

Last year in Oklahoma Governor Fallin admitted to Oklahomans that the state was in a 'decline of their revenues' and later it was boldly stated that Oklahoma was facing revenue failure and many of our state programs were hit hard. This year Oklahoma again faces revenue failure and Education is being hit hard as are the state's health initiatives and programs. I have gone to many state meetings and have seen the impact this is having statewide. It is not a pretty picture. Recently I learned that one of the state's larger school

systems in Tulsa had to cut paying teachers during the spring break period as a budget reduction measure. The state of Oklahoma remains 50th and would be 51st, if Puerto Rico was a state, in what we pay our teachers. And now we are cutting their limited benefits. When will it stop? We need our state legislators to look at implementing solutions and making this a priority as our teachers, in large part, provide the educational framework for our children. I decided to do some research and looked at the National Center for Education Statistics and according to their most recent information (2013) for American Indian/Alaska Natives the estimated enrollment in public elementary and secondary schools population is 1% nationwide and 15% in Oklahoma. This is a 14% difference. So, our national presence in public school systems is relatively small but in our state it is relatively high. Two years ago I asked the Media department to publish the Testimony I gave the White House via a listening session held in Oklahoma. Those concerns, in large part, remain unmet. Our educational system in Oklahoma and nationwide should be considered to be in a continued 'State of Emergency' based on numerous issues such as the unmet funding needs of our school systems and our Indian educators. The way school systems have had to prioritize needs to survive is regrettable and not sustainable. In the City of Shawnee public school system we have approximately 285 certified teachers and administrators with 17 of those being Native American. This is about .06% if I am doing my math correctly. That, in my opinion, is unacceptable as the total population in Shawnee is estimated at 29,857 with the AI/AN population being at 14%. Based on these demographics we should have more Native American educators and administrators. Yet, looking at the pay level and reduced benefits, why should certified teachers come to and/or stay in Oklahoma when we are ranked 50th? The Shawnee public school system is remodeling and renovating due to a bond. Yet, this bond is a one-time fix for a long term problem and doesn't help our teachers or administrators. And now we are going to have another school system in the Shawnee area, for taxes to be split among, as North Rock Creek School has been approved to build a 9 through 12th. As for the educational curriculum for Native American's the state Department of Education has a component on the state's website yet these are not in Oklahoma text books nor do teachers have to incorporate them into their curriculum. These are still areas of weakness that we as tribal people need to work through with the state as are certain mascot names and special holidays recognized by the state.

Meeting Schedule:

FEBRUARY 2017

- 22nd Executive Committee Meeting 10:00 am
- 23rd 5:30 pm Shawnee Historic Alliance Meeting
- 24th CTSA Meeting Training/Meeting
AST Court 1:30 pm
- 28th Finley & Cook Linda O'Neal Retirement 4:00pm/6:00pm

MARCH 2017

- 3rd Muskogee Meeting with Congressman Markwayne Mullin
- 6th Reality Meeting 2:15 pm
- 8th Informal Meeting Executive Committee over AG Application for selection. In attendance: Secretary Johnson and Representative Johnson
2:30 pm Meeting with Seminole State College James Wilson, Professor Kay Wallace NASNTI Engagement Specialist, Tresha Spoon, Education Director AST
- 9th
- 20th Director Meeting 9:00 am. Executive Committee Present: Secretary Johnson and Governor Butler-Wolfe

MARCH 2017

15 Directors present: Police Dept., Health, Education, Social Services, Media, Courts, Building Blocks II and III Directors, CCDF Coordinator/ After School Program, Enrollment, Title VI, Gaming Commission, MIS, Absentee Shawnee Housing, Domestic Violence Department. Not Present: Finance, Human Resource, Maintenance, OEH, Procurement, Tax Commission Office, Reality, BIA, ICW, Cultural Preservation, Grants Department.

20th

CTSA Meeting 11:00 am
Thunderbird Entertainment Center, Inc., (TEC) Board Meeting 5:30 pm

Other Topics/Expressions

Happy Birthday & Anniversary

To those who have had a birthday or anniversary I extend my warmest regards.

Condolences

To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

Conclusion

I have 2 months to go. My door is always open (unless I happen to be in or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

THUNDERBIRD CASINO NORMAN
15700 East Highway 9, Just East of Thunderbird Lake Dam



Chrome & Country

CLASSIC CAR SHOW

04 22 17

\$1,500 in Grand Prize Drawings!

PLUS A
FREE SHOW

Kentucky Headhunters

FRIDAY, APRIL 21

DOORS 7PM
SHOW 8PM

Registration 8AM - 12PM | *Judging* 12PM - 3PM

TROPHIES AWARDED FOR **1ST & 2ND PLACE** IN ALL CATEGORIES

ENTRY FEE **\$20.00** PAID CASH ON DAY OF CAR SHOW

29 CAR CLASSES | 50/50 DRAWING | T-SHIRTS FOR FIRST 100 REGISTERED CONTESTANTS
\$1500 IN CASH & FREE PLAY DRAWINGS THROUGHOUT THE DAY | MUST BE PRESENT TO WIN

ARTS & CRAFT BOOTH SPACE AVAILABLE! CONTACT MICHAEL RIDGEWAY AT 405.818.4135



There will be 29 Car Classes offered. Registrants may enter two Best of Show awards & a Thunderbird Casino pick. Choose one car class:

- A. 1949 & Older Car
- B. 1950 to 1959 Car
- C. 1960 to 1969 Car
- D. 1970 to 1985 Car
- E. 1986 to Present Car
- F. '55,'56,'57 Original
- G. '55,'56,'57 Modified
- H. Mustang 1979 & Older
- I. Mustang 1980 & Newer
- J. Corvette 1979 & Older
- K. Corvette 1980 & Newer
- L. Muscle Car
- M. Import
- N. Street Rod
- O. T Bucket & Roadster
- P. Special Interest
- Q. Unfinished
- R. Truck 1959 & Older
- S. Truck 1960 to 1972
- T. Truck 1973 to 1988
- U. Truck 1989 to Present
- V. Convertible
- W. Original
- X. Motorcycle
- Y. Camero 1979 & Older
- Z. Camero 1980 & Newer
- AA. Mopar 1979 & Older
- BB. Mopar 1980 & Newer
- CC. Thunderbird

Best of Show 1980's to Present | 1 Prize of \$100 & Trophy
Best of Show 1979 & Older | 1 Prize of \$100 & Trophy
Thunderbird Casino Pick | 1 Prize of \$100 & Trophy

TROPHIES AWARDED FOR 1ST & 2ND PLACE IN EACH CAR CLASS

DOOR PRIZES

\$1200 in Hourly Cash Drawings | \$200 Each Hour Beginning at 9am
 \$300.00 in Slot Play Drawings | Fifteen \$20 Slot Play Drawings

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Club _____ Show Class Entered _____

For Questions Call Floyd Yates 405.596.0692



15700 E State Hwy 9 | Norman, OK 73026 | 405-360-9270 | playthunderbird.com

Little Axe Chamber of Commerce

VENDORS REGISTRATION

ARTS & CRAFTS FAIR APRIL 22, 2017

NAME ADDRESS PHONE NR.

WHAT TYPE OF ARTS & CRAFTS ITEMS

SECONDARY CONTACT INFORMATION/ NAME ADDRESS PHONE NR:

10 FT. X 10 FT. VENDORS SPACE MUST PROVIDE OWN TABLE & CHAIRS

Must provide own power NO ELECTRICAL OUTLETS PROVIDED!

MEMBER OF CHAMBER: YES REG. FEES \$10.00 NOT MEMBER: FEES \$25.00

VENDOR PAID BY CHECK OR CASH:

VENDOR GIVEN APPLICATION LITTLE AXE CHAMBER OF COMMERCE-

Enrollment Department

Enrollment would like to announce that we have been working on amending the Enrollment Ordinance. As Enrollment Director I have seen many needs that need to be met and the current Ordinance is hindering enrollment from accommodating some of those needs. We need to be up to date in what works best for our tribal people, enhance our Department and will make the most sense for the Tribe. We will be handing out our revised rough draft at General Council for tribal citizens to review. We are also going to have 3 community meetings in the next few months. These meetings are to be informative and will give tribal citizens a chance to ask questions. Below is something that was amended in the constitution but was never amended in the membership ordinance.

Example of New Amendment

- c. All children born since April 17, 1954, who are of at least one eighth (1/8) degree Absentee Shawnee blood.

Section 2. From and after the effective date of this Constitution, no person shall be enrolled as a member of the Absentee Shawnee Tribe unless he possesses at least one eighth (1/8) degree Absentee Shawnee Indian blood.

Section 3. Any person entitled to membership who has been enrolled as a member of another tribe may be enrolled in the Absentee Shawnee Tribe: provided that person has not shared in land or money as a member of another tribe: and provided further, that person relinquishes in writing and officially terminates membership in the other tribe.

Example of Current Ordinance

- (c) All children born since April 17, 1954, who are of at least one-fourth (1/4) degree Absentee Shawnee blood.

Section 2. From and after the effective date of this Constitution, no person shall be enrolled as a member of the Absentee Shawnee Tribe unless he possesses at least one fourth (1/4) degree Absentee Shawnee Indian blood.

Section 3. Any person entitled to membership who has been enrolled as a member of another tribe may be enrolled in the Absentee Shawnee Tribe: provided that person has not shared in land or money as a member of another tribe: and provided further, that person relinquishes in writing and officially terminates membership in the other tribe.



Who are the children in need?

- Native American children in custody of tribe or state.
 - Native American children ages 0-17.
 - Native American children in sibling groups.
- Native American children with special, physical, or emotional needs.
 - Native American children mixed with another ethnicity.

TRIBAL FOSTER CARE HOMES ARE NEEDED FOR OUR TRIBAL CHILDREN

WILL YOU OPEN YOUR HOME TO A CHILD IN NEED?

**IF YOU ARE INTERESTED IN BECOMING A FOSTER CARE HOME PLEASE CONTACT:
JULIE WILSON 275-4030 EXT. 6376**



FULL TIME: RN CASE MANAGER

If you love working with the elderly and would like to make a difference in their lives, CompleteCare Home Health is the place for you. CompleteCare is looking for a RN Case Manager and a PRN LPN to work in the Little Axe area with the Absentee Shawnee Tribe. Qualified candidates must have an active Oklahoma license in Good standing and reliable transportation. This position travels 100% of the time. Candidates may Fax resume to **405-928-2720** or Email a resume to

afontaine@icmhealth.com or stop by the Corporate Office located at 2401 Tee Circle, Suite 207 Norman, OK. For further information Contact **Angelina Fontaine** at **405-928-2727 ext. 2009**

***NOW INTERVIEWING*
EOE**

Election Commission

PLEASE fill out EACH BLANK completely and return by the Deadline.

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible
(Print Name)
Voter of the Absentee Shawnee Tribe on or before June 17, 2017. I cannot physically
be present to cast my Vote at the **June 17, 2017 Run Off Election**, therefore, I am
requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____
(first) (middle) (maiden) (last)

Address: _____ City: _____ St: _____ Zip: _____

CDIB#: _____ Date of Birth: _____

Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline of
MAY 28, 2017

Mail to:

Absentee Shawnee Election Commission
P.O. Box 741
Tecumseh, OK 74873

Fax to:

Fax # (405) 273-1337 (Do not fax to any other fax #)

Phone: (405) 275-4030 ext. 6271

Toll free number 1-800-256-3341 ext. 6271

Deliver in Person to:

Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.
This form may be duplicated for your convenience.

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____

If Disapproved (reason): _____

Denial Letter Mailed: _____ Ballot Mailed: _____

Election Commission/Representative



April 2017 - Scheduled Closings

DATE:	TIME(S) CLOSED:	LOCATIONS:
Wed., Apr. 5th (1 st Wed of month)	Noon to 5 PM	All AST Health facilities CLOSED - PlusCare Clinic re-OPENS 5 PM till 9 PM (last patient at 8:30 PM). - Shawnee Clinic <u>will remain closed</u> until the following day's normal operating hours
Fri., Apr. 14th (Good Friday)	All Day	All AST Health facilities CLOSED <u>except</u> PlusCare Clinic OPEN 9 AM to 5 PM (last patient at 4:30 PM)

May 2017 - Scheduled Closings

DATE:	TIME(S) CLOSED:	LOCATIONS:
Wed., May 3rd (1 st Wed of month)	Noon to 5 PM	All AST Health facilities CLOSED - Shawnee Clinic Extended Hours re-OPENS 5 PM till 9 PM (last patient at 8:30 PM) - PlusCare Clinic re-OPENS 5 PM till 9 PM (last patient at 8:30 PM)
Mon., May 29th (Memorial Day)	All Day	All AST Health facilities CLOSED <u>except</u> PlusCare Clinic OPEN 9 AM to 5 PM (last patient at 4:30 PM)

*In the event of a weather cancellation or delay affecting health services or if you are unsure if health is closed, **please call ahead.**
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Also, weather closures/delays will be posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health", Twitter @ASTHealth and on ASTHS website at www.asthealth.org.

Tax Collections

FY-2017 YTD TAX COLLECTIONS (Thru 2/28/17)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$1,050.71	\$10,504.68	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$11,555.39	2.20%
Gaming % of free cash	\$250,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$450,000.00	85.53%
Employee (1%)	\$7,658.64	\$21,213.62	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$28,872.26	5.49%
Severance (8%)	\$3,310.81	\$831.89	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$4,142.70	0.79%
Motor Vehicle	\$11,861.13	\$16,062.81	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$27,923.94	5.31%
Tobacco Refund	\$2,216.22	\$690.73	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$2,906.95	0.55%
TOTAL TAXES	\$276,097.51	\$249,303.73	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$525,401.24	
Miscellaneous	\$516.46	\$212.50	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$728.96	0.14%
TOTAL COLLECTIONS	\$276,613.97	\$249,516.23	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$526,130.20	100%

AST HEALTH SYSTEM - APRIL 2017

The AST Health System hosted the Indian Health Service's OKC Area Office and the AST Negotiation Team's final pre-negotiation meeting in March at the Little Axe Clinic regarding the modernizing and up to date language of the Tribe's Compact. Significant progress was made in delineation of coverage by Federal Tort Claims Limit Act to new services as well as currently delivered health and wellness services.

The health system's specialty clinic continues to grow as patient appointment bookings continue to swell with the new services and providers. Additional times and availability are being worked to add more clinical time into the schedule for our patients. Please ensure you continue to keep your contact information update upon your next visit to the clinics. Several patients often change their phone numbers and addresses without updating our systems, and it makes it extremely difficult to contact patients when this information becomes outdated during weather emergencies and other patient notifications. Both the Little Axe and Shawnee same-day clinics continue to grow as the word spreads about our services!

The new multi-purpose health facility and storm shelter should be completed by April as well as the drive through pharmacy, making it more convenient for our patients to access their medications from the comfort and convenience of their vehicles.

Please continue to use good hygiene and if you become sick, limit your exposure to your family and co-workers during the onset of symptoms.

Once again, our team of excellent employees rise up and shine for our health system! I'm extremely proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe! We are extremely happy to announce the Employee of the Month in March for health was PA Victoria Salamy-Sullins, PlusCare; the Team of the Month for March was the AST Health System's PlusCare Staff! The Special Leadership Award for March was presented to Mr. Charles Lewis, Housekeeping, for his outstanding service to the staff. Our AST Health System strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

Additional health related information:

- **PlusCare Clinic/Little Axe area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM with last walk-in accepted at 8:30 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas) with last walk-in patient accepted at 4:30 PM.

- **Shawnee Clinic Same Day Extended Hours/Shawnee area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members, Native American Veteran's, IHS eligible Native Americans, Medicaid/SoonerCare pediatric patients, and BCBS covered AST non-Native employees who are the ages of 2 years and up. If you are a new patient to our health system and are in need of our extended hours services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 2029 South Gordon Cooper Drive, Shawnee, OK. The phone number is (405)878-5850. Hours of operation are M-F 5 PM to 9 PM with last walk-in accepted at 8:30 PM, Saturday 9 AM to 5 PM with last walk-in accepted at 4:30 PM and closed Sundays and holidays.

- **Emergency Dental Clinic** is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.

- **AST/Service Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.

- **If you need CPR training**, please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.

- **Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe

Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- **Customer Service** line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- **The AST Anti-Bullying Prevention "HOTLINE"** is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> (Please visit our site today to find out what you need to do to protect yourself and your family)!

- **Emergency After Hours Pharmacy:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.

Realty Department

Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

If anyone has any questions, please contact the Realty Department @ (405) 275-4030.

PROBATE MISSION STATEMENT

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent's family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

**Give us a call at (405) 598-1279 or (405) 481-0558
or send us an e-mail to
stiger@astribe.com**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY
THE 15th OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,
NOT PER BIRTHDAY WISH.***

EMERGENCY MANAGEMENT

WILDFIRE SAFETY

Oklahoma is experiencing critical drought conditions; tribal members should be aware how to protect themselves when arsonists and natural hazards cause wildfires that endanger everyone.

Being FireWise could save you and your family's lives and from losing your home. The Firewise* Principles promote awareness that during a wildfire, firefighting resources are limited and firefighters must make quick decisions on which homes they can work on defending. Implementing FireWise actions at your home will increase the chances that firefighters will be able to try and protect your property.

HOMEOWNER CHECKLIST

Wildfires don't have to destroy everything in their path. Science and research have proven that using Firewise principles in your landscaping can minimize damage and prevent losses. The work you do today can make a difference. Follow these simple action steps now and throughout the year to prepare and help reduce the risk of your home and property becoming fuel for a wildfire:

1. Clear needles, leaves and other debris from the roof, gutters, eaves, porches and decks. This reduces the chances of embers igniting your home.
2. To reduce ember penetration, replace or repair loose or missing roof shingles or tiles, and caulk any gaps or openings on roof edges.
3. Cover exterior attic vents, and enclose under-eave and soffit vents with metal wire mesh no larger than 1/8 inch to prevent embers from entering the home.
4. Remove items stored under decks or porches; replace vegetation in these areas with rock or gravel. » Replace mulch with hardscaping, including rock, gravel or stone. If it can catch fire, don't let it touch your house, deck or porch.
5. Remove flammable items within 30 feet of all structures including firewood piles, portable propane tanks and dry and dead vegetation.
6. Dry grass and shrubs are fuel for wildfire so keep your lawn hydrated and maintained. If it is brown, trim it to reduce fire intensity, and don't let debris and lawn cuttings linger. Dispose of these items quickly to reduce fuel for fire.
7. Fire can spread to tree tops. If you have tall trees on your property, prune low hanging branches 6 to 10 feet from the ground and for smaller trees, prune low hanging branches no more than a third of the tree's height. Remove tall grasses, vines and shrubs from under trees.
8. Talk to your neighbors and create a plan for how to keep your family safe and reduce your home's risk for wildfire damage at firewise.org. Learn more about how to address your wildfire safety challenges together.

If you see a wildfire, you should walk or drive away from it, immediately call 911
Don't approach it. Wildfires spread quickly and can change directions
Remove yourself from danger first and then seek help.

*More Firewise around the web - Facebook, Twitter, www.firewise.org

###

Contact information:

Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com

EMERGENCY NUMBERS

EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595 1-800-522-6870	Report Power Outage
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

**Absentee Shawnee Tribe of Oklahoma
Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, Oklahoma 74801
(405) 275-4030**

Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 55 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weeds eat applicant's lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.

If you have any questions, please contact Reta Harjo at (405) 275-4030 ext. 6249

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

CDIB #: _____ DOB: _____

HOME PHONE: _____ MESS. PHONE: _____

Finding directions to home:

There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)



PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

Accredited by
AAAHC

WWW.ASTHEALTH.ORG

LITTLE AXE HEALTH CENTER
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5:30 p.m. to 9 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Holidays 9 a.m. to 5 p.m.
(excluding Thanksgiving & Christmas)

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

SHAWNEE CLINIC
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Regular Hours:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:
Mon – Fri 5 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays
*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) **approved Walgreens locations in Shawnee and Norman**. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



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ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

BEHAVIORAL HEALTH SERVICES

A guiding hand on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, **8 a.m. to 5 p.m. Monday through Friday.**

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

BEHAVIORAL HEALTH
Rolanda Smith 405.701.7987

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)

BEHAVIORAL HEALTH
Roberta Cooper 405.878.4716

Services available for all Federally Recognized Tribes.

Accredited by
AAAHC

WWW.ASTHEALTH.ORG



*BirthDay & Graduation Dance
In Honor Of
Shelsie Mae White Thunder
“HiKiWiNiKis” “Nakomenoh”*



April 15, 2017

Thunderbird Casino Event Center
(Norman, OK)

Gourd Dance @ 3pm

Supper Break @ 5pm

Dance to Follow

HEAD STAFF

MC: Billy Youngbird

HS: Charles “Neka” Logan

HMD: Deion Henry

HLD: Courtney Cozad Plumley

Honored Grandparent’s: Kenneth and Serena Daugherty

Honored College Graduate: Devin Leitka (HINU)

Honored High School Graduate: Macklyn Leitka (LAHS)

Co-Host: Comanche Little Ponies

AD’s: John Soap

Special Contest

Woman’s 18 & UP Buckskin and Cloth Combined

1st \$300 2nd \$200 3rd \$100

2 Consolation Places of \$50 each

In Honor of Shelsie Mae White Thunder

Men’s 18 & UP Grass and Chicken Combined

WINNER TAKE ALL

In Honor of Devin and Macklyn Leitka

**For More Information Please Contact Sandra Blanchard @ 405-432-9595 or
Shelby White Thunder @ 405-317-2496**


*****Family is NOT responsible for ANY thefts or accidents. NO drugs or alcohol allowed*****



2017

2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Chef Salad Chicken Crackers Pineapples	4 Beef Tips & Noodles Veggies Mixed Fruit	5 Title VI Staff Will be attending Food Show	6 Chicken Fry Steak Mashed Pot/Gravy Green beans Pears	7 Scrambled Eggs Sausage Gravy Biscuit	8 Tribal Members Only AST Easter Egg Hunt April 8, 2017 12 pm to 2 pm AST Children Must have CDIB Card
9	10 BBQ Pork Sandwich Chips Pickles n Onions Pears	11 Beef Tamale Spanish Rice Salsa Peaches	12 Title VI Staff will be attending the Title VI Cluster Training	13 Title VI Staff will Be attending the Title VI Cluster Training	14  GOOD FRIDAY	15
16 	17 Chicken Patty Sandwich LTOP Chips/Apple	18 Riblets Baked Beans Tossed Salad* Bread	19 Baked Pot Chez, Onions, ham Brussel Sprouts Pudding	20 Spaghetti w/meat sauce Breadstick Tossed Salad*	21 Cereal Ham Blueberry Muffin	22 
23	24 Chicken Pot Pie Veggies Biscuit Plums	25 Goulash Greenbeans Bread Mandarin Oranges	26 Hot Ham & Chez Sandwich Mac Salad Chips/Peaches	27 Hamburger LTOP French Fries Crisp	28 Waffles Bacon Orange	29 AST General Council 10 am Thunderbird Casino, Norman
30						

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

April is a very busy month for everyone!!!

April 5, Title VI Staff will be attending Tankersley Food Show in Tulsa- No meals will be delivered or served. Homebound will receive a sack lunch on April 4th

April 8, AST Tribal Easter egg Hunt

April 12 & 13, Title VI Staff will be attending the Title VI Cluster Training in Tulsa- no meals will be delivered or served. Homebound will get sack lunches on April 11.

April 14th Good Friday AST Complex will be closed, no meals delivered or served.

April 16 EASTER!!!!

April 29, AST General Council 10am at Thunderbird Casino, Norman

Arbor Day, April 28
Plant a tree



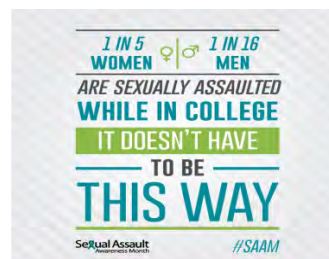
April 10



15



April 26



Congratulations Kendell

Hello, tribal members, family and friends!

On Friday March 17th, the Miss, Junior Miss, and Little Miss Indian Oklahoma City pageant-competition was hosted by the Changing Winds Culture Society at Destiny Christian Church in Oklahoma City. With joyous excitement, an Absentee-Shawnee tribal member has been honored with the Miss Indian Oklahoma City 2017 title—Miss Kendell Frazier!

Kendell Frazier, affectionately nicknamed Woo, is a junior at Little Axe High School and resides in Norman, OK with her parents Lisa and Rick Frazier. She has two older sisters, Andee Frazier and Devon Frazier. Her Shawnee name is 'Ge Ke Wa Pom' which means 'Horse Woman, Mind and Spirit' and is of the horse clan. She is a member of the Big Jim band in the Little Axe area, with family at both the North and South dance-grounds. Her paternal grandparents are Mary Ann Gibson and Cecil Harry; and her paternal great-grandparents are the late Marie Spoon-Gibson and the late Richard Gibson. Her maternal grandparents are Teri Reed (Teresa White) and David Johnson Sr.; and her paternal great-grandparents are Delores White and the late Leroy White, and Pauline Brady-Johnson and the late Henry Caddo Johnson Sr.

In the pageant-competition, Kendell participated in various categories including: judges' interview, tribal introduction, tribal dress description, and traditional talent.

For her tribal introduction portion, she recited a greeting and spoke of her family members in the Shawnee language, and then translated it to English. Kendell learned her Shawnee words from her grandmother Mary Ann Gibson. In her tribal introduction, she also spoke of her happiness in living 'Li Si Wi Nwi' by dancing bread-dance every fall and spring, shaking cans at stomp-dances, and playing Indian football in the summer. She mentioned her involvement at her high school; having participated in Business Professionals of America, Student Council, Show Choir, and athletics (softball and basketball). Kendell also took time to recognize her parent's travel-ball competitive fast-pitch team, on which she is a pitcher, Little Axe Pride 18u. For her talent portion, Kendell chose to honor her family members whom served/are serving in the military with a reel of photographs alongside performing Native American Sign Language to the song "God Bless the USA."

As the competition winner, Kendell was honored with two banners, a shawl, and a cedar box with a silver crown and barrettes, and a beaded crown. Kendell's reign as Miss Indian Oklahoma City will last one year, and will conclude at the next pageant in spring 2018. She plans to represent the Changing Winds Cultural Society, her tribe and surrounding tribes, and her family with the upmost pride, dignity and respect as a young Native leader and role model.



Pictured from L to R: Kendell Frazier, Miss Indian Oklahoma City (Absentee Shawnee); Aleiyah Gaddis, Little Miss Indian Oklahoma City (Osage); and Isabella Fridia, Junior Miss Indian Oklahoma City (Wichita & Affiliated Tribes)



Congratulations

Governor Butler-Wolfe and Leonard Wolfe, husband would like to congratulate Nicholas Shaffer, Grandson, and Absentee Shawnee Tribal Member, for all his accomplishments throughout the year on his swimming ability and for his first year making the State Swim Meet. Nicholas represented well at the State Swim Meet on February 25, 2017 in Edmond, Oklahoma. The meet was a three day event and Nicholas swim all three days.

JOB WELL DONE!!!! GRANDSON!!!!





Richard J. Birdtail

May 3, 1941 - March 9, 2017

The Cowboy Rides Away

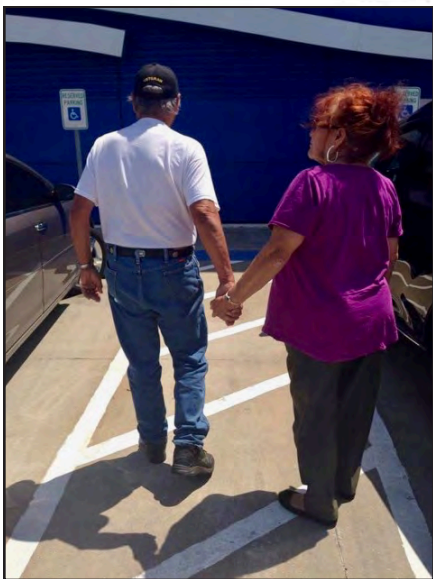
From Ponca City to Lawton - from Bethany to Seminole, people came from across the state to say "goodbye" to Richard Birdtail on Monday March 13. Lloyd Deere opened the service with a prayer as well as blessing the food. The service was due to be conducted by Rev. Scott but at the last minute he became ill and John Raymond Johnson stepped up and took over reading the eulogy. The special speaker was Michael Callahan from Apache telling about Richard from the early days and even making everyone laugh with his anecdote from Richard's past. I don't think many people knew Richard was a bull rider in rodeos in Eastern Oklahoma and Western Arkansas but had to stop when he became injured. Richard's greatest gift was playing the guitar in his band called the "Cherokee 4" of which he performed with for fifteen years. After those early days, he settled down and became a construction foreman for many, many companies, working a total of 44 years.

Richard's military service consisted of him being an Army Personnel Carrier in Korea and an expert marksman, of which he earned a medal in Vietnam. He was also in the Honor Guard at Ft. Sill in the 60s.

Richard loved the Shawnee people and often talked about his great friends in this area that treated him better than those of his own tribe - the Cherokee. He WANTED to be laid to rest here with us (the Absentee Shawnee).

We would especially like to thank Meredith Wahpekeche for overseeing the lunch. People helping in the kitchen were: Tina Ciulla, Martie Kaniatobe, Trudi Pickering, Sadie Low, Pam Callahan, Alana Callahan and Wanda Tiger. Also thanks to all that brought food and drinks. A special thanks goes to Isaac Gibson for getting his group together as pallbearers as well as digging the grave. The AST Color Guard did an outstanding performance of presenting colors and conducting the '21' gun salute. The U.S. Flag given to the widow will be proudly displayed. Of greatest importance, a special thank you to Georgia Little Axe and Kathy Deere for singing "Amazing Grace" in Cherokee. We would also like to thank the AST Police Department for escorting us to the cemetery.

Thank You,
The Birdtail Family



Oklahoma Drug Take-Back

Do you have leftover medications hanging around in your medicine cabinet? Did you know that unwanted over-the-counter medications and prescription drugs [contaminate waterways and potentially local drinking water](#) when flushed, put down the drain, or placed in the trash? Drugs left in the home are equally dangerous, as they can find their way into the hands of children or potential addicts. Prescription drug abuse is the [fastest growing drug problem](#) in the U.S., and drug overdose has become the [leading cause of injury death](#) in 37 states. Let's be part of the solution!

Safely dispose of your unwanted and expired medications **the right way** by visiting one of Oklahoma's four new drug take-back locations: Family Health Pharmacy, Pawnee Indian Health Center, Razooks Drug, and Moore Rx. All four stores will collect your leftover prescription and over-the-counter medications (including controlled substances) **for free** – no questions asked. Collections will run through the week of June 5, 2017.

Family Health Pharmacy
10021 S. Western Ave
Oklahoma City, OK
(405) 692-3370

Razooks Drug
1518 West 9th Ave
Stillwater, OK
(405) 377-4445

Pawnee Indian Health Center
1201 Heritage Circle
Pawnee, OK
(918) 762-2517

Moore Rx
2018 S. I-35 Service Rd
Moore, OK
(405) 735-5101

In Pottawatomie County, you can also dispose of your unwanted and expired medications at the Shawnee Police Department, Pottawatomie County Sheriff's Office, or at the Tecumseh Police Department. All of these locations will collect your leftover prescriptions with no questions asked. You can drop off at any time!

Shawnee Police Depart.
16 West 9th Street
Shawnee, OK 74804

Pottawatomie County Sheriff Office
325 N Broadway Ave
Shawnee, OK 74801

Tecumseh Police Dept.
109 West Washington
Tecumseh, OK 74873

LITTLE AXE HEALTH CENTER OPTOMETRY ANNUAL BENEFITS & DISCOUNTS

Absentee Shawnee Tribal Members with Vision Insurance:

All enrolled Absentee Shawnee Tribal members who have vision insurance will have their insurance billed for the exam and any prescribed optical products. The Tribal benefit will be used for the remainder of the cost for prescription eye glasses or contact lens, not to exceed the \$350.00 vision benefit through the ASTHS Contract Health Services. If the amount exceeds the \$350.00 benefit, the Tribal member will be responsible for the out of pocket expense.

***If an enrolled Absentee Tribal Member with insurance chooses to see an outside provider they will be responsible for notifying ASTHS Contract Health Services (405.701.7951 or 405.878.5850). Their benefit within the Absentee Shawnee Optometry Department will only allow for the amount within the \$350.00 that was left unused for the vision benefit year. (i.e. If you were seen December 31, 2016 your vision benefit year lasts until December 30, 2017.)**

Absentee Shawnee Tribal Members without Vision Insurance:

All enrolled Absentee Shawnee Tribal members who do not have vision insurance must use the Absentee Shawnee Optometry Department to receive their eye exam at no charge and their \$350.00 tribal benefit for the cost of prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket expense.

Absentee Shawnee Tribal Members who live outside of the catchment area:

All enrolled Absentee Shawnee Tribal members who reside outside of the catchment area (Cleveland, Pottawatomie, Logan, Lincoln, and Oklahoma counties) may still utilize their tribal benefit only if they use the Absentee Shawnee Optometry department for their exam and/or prescription optical products. The allotted \$350.00 will be used towards prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket costs.

*These patient will need to ensure they have updated their chart. This is to include updated HIPAA and consent forms.

Additional products/charges outside of the allowed benefit schedule:

Any additional products/charges outside of the allowed benefit schedule must be paid for by the patient. For example, patients who do not require corrective lens but chose to get colored contacts or non-prescription sunglasses these will be at their own expense. All charges will need to be paid for in advance following the payment guidelines posted in the office. **NO CASH WILL BE ACCEPTED.**

*No combining of discounts allowed

*Insurance benefits must be exhausted first before discounts can be applied.
Patient's co-pay portion cannot be discounted.



LITTLE AXE HEALTH CENTER

LI-SI-WI-NWI HEALTH, INC.

OPTOMETRY

15702 East State Hwy 9
Norman, OK 73026

NEW LOCATION: In the PlusCare Building by Thunderbird Casino

PHONE: 405.447.0300 FAX: 405.701.7080

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

Absentee Shawnee Housing Authority



Programs Available

- Lease to Own Homes
- Low Rent Housing
- Over Income AST member Down Payment & Closing Assistance
- College Housing Assistance
- Home Rehab Program
- Storm Shelter Assistance
- Transitional Housing
- Over-Income Rental Housing

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

***Honoring Our Past
With Promise for
Our Future***

**LIFE is Beautiful
Living Meth Free**



**National Suicide
Prevention**

**1-800-273-8255
(TALK)**



**Absentee Shawnee
Health Systems
Shawnee & Little Axe**

APRIL 2017 BIRTHDAYS

Alberty, Shannon Venita
 Alexander, Dawn Michelle
 Alford Jr., Eugene Ray
 Alford, Jaci Lanae
 Alford, Ray Wildcat
 Anderson, Stephanie Renee
 Arms, Steven Anthony
 Armstrong, Tina Marie
 Ayers, Zachariah Matthew
 Bacon, Misty Twilight
 Barnes, Hollin Kade Eugene
 Batson-Vasquez, Amber Danielle
 Baffise, Ravis Taylor
 Berry, Collin Michael
 Bethell, Shelby Ann
 Bettelyoun, Cameron Jake
 Bierd, Baley Andrea
 Blanchard II, Clifford Ray
 Blanchard II, Norman Neal
 Blanchard, Brisa Nayeli
 Blanchard, Harry James
 Blanchard, Jahkahri HayLZroy
 Blanchard, John Christopher
 Blanchard, Norah Cisele
 Boston, Shawn Daniel
 Boyd, Xavier Tyrrik
 Bradshaw, Jana Marie
 Brady, Scott Edgar
 Breeding, Aidyn Cooper
 Brinson, Christopher Allen
 Brokeshoulder Jr., Clifton
 Brokeshoulder, Eddie K.
 Brown, Jennifer Leah
 Brown, Lexi Michelle
 Bryce, Shayla Maelyn
 Buckley, Dawna Michele
 Byers, Reanna Nicole
 Byers, Zachary Elias
 Byrd, Lyndell D Armond
 Caires, Vanessa Little Axe
 Chaney, Brittni Lynn
 Charley Wharley, Jorden Eugene
 Charley, Mary Serene
 Charley, Thelma Jean
 Clark, Dallas Joseph
 Clark, Dave George
 Clark, Stacy Lee
 Clutter, Ramona Lynn
 Coddington, Aubriana Marie
 Coddington, Kyle Clarence
 Coddington, Michael Richard
 Coffee, Sahaunie Nicole
 Coon Jr., Stacy William
 Cox, Jennifer Lynn
 Creek, Stevie Eli
 Cryder, Michael Lawrence
 Cuff, Thomas Artel
 Davis, Jyquale Lee De'shon
 Davis, Maddox Joe
 Davis, Tyrein Gene
 Deere, Malachi Kamron
 Deere, Micah Keagan
 Deere, Neva Lee (Larney)
 Dees, Abigail Susan Olivia
 DeLodge, Ava Quinn
 Dousseff, Delisha Ann
 Draper Sr., Russell Lee
 Draper, Reuben James
 Dunlap, Brady Lee
 Dyer, Carly Nicole
 Eason, Braxton Noah
 Eckiwady, Marisela Isabelle Mariah
 Ellis, Ariel Raquel
 Ellis, Russell Bruce
 Evans, Kayla Marie
 Fife, Andrew Jacob

Finch, Oliver Phillip
 Frank, Janice Arlene
 Garcia, Josiah Elias
 Garfield, Alicia RaeJhaun
 Garretson, Riley Dean
 Gibson, Darianne Alexander
 Gibson, Jaysan Baylee
 Gibson, Mary Ann
 Gibson, Melonie Dian
 Gibson, Norma Jean
 Gilman III, Thomas Eugene
 Gilman, Robert Everett
 Goodwin, Dawn Marie
 Gouge Jr., Marg
 Gouge, Beau Allen
 Graham, Charles Robert
 Griffin, Ladawn Abraham
 Hamon-Breeden, Katie Marie
 Harjo, Kadence Jade
 Harjo, Timothy A.
 Harless, Cynthia Iris
 Harris, Monte Lee
 Harvey II, Johnny Troy
 Haumpy, Ariann Renee
 Haumpy, Gage Allen
 Haumpy, O-Day Tah'lee Eugene
 Healy, Spencer James
 Hernandez, Curtis David
 Herrod, Kiera Leighann
 Hill, Trent David
 Hoepfer, Emily Danielle
 Holderness, Jordan Dekota
 Holderness, Matthew James
 Holderness, Samantha Grace
 Hollenbeck, May Angela
 Holznaegel, Chad Thomas
 Hood, Randolph Paul
 Hudson, Celeste Jade
 Hudson, Eden Rose
 Hunt, Leeona Lucile
 Hurst, Maegan Nicole
 Jackson, Fallon Kay
 Jacobs, Stormie Raelein
 James, Lindsey Nicholle
 James, Na'chelle Ardena Mae
 Jim, Mary June
 Jimboy, Courtney Waynell
 Johnson Jr, David Lee
 Johnson, Adison Graci Mae
 Johnson, Ashley Nicole
 Johnson, Avery Elizabeth Mackenzie
 Johnson, Justice Lonewolf
 Johnson, Kaleo Tahlee
 Johnson, Richard Michael
 Johnson, Shoshanna Louise
 Johnson, Silvanus Mack
 Johnson, Victoria Maria
 Johnson, Zachary Howard
 Jones, Anifa Louise
 Judd Jr., Thomas Ray
 Kaniafobe, Marjorie Ann
 Kelsey, Leigha Marie
 Key, Christian Trey
 Kickapoo-Johnson, Lux Olyvia
 Kiltmer, Lelia Lashell
 King, Savannah Nicole
 Kinnamon Jr, Larry Leon
 Kinnamon, April Lynn
 Kinsey, Margie
 Kovalchuk, Amber Nichole
 Larney, CaiSyn William
 Lee, Audrey Catherine Sung-hee
 Leffler, Claudia Jo
 Little Axe Jr., Troy Lee
 Little Axe, Diane Gail
 Little Axe, Jordan Kane

Little Axe, Joshua Taylor
 Little Axe, Kaylee Jean
 Little Axe, Shiloh Blue
 Little Charley, Evelyn Lavon
 Little Creek, Alex
 Little Creek, Lawrence Keith
 Little Jr., Gilbert Boyd
 Littlecreek, Samantha Jolene
 Littlecreek, Thomas Eugene
 Locke, Adrienne Lorine
 Long, Hailey Elizabeth
 Longhorn, Darrell Wayne
 Longhorn, Leonard Wayne
 Longhorn, Vincent Wade
 Longman, Cherokee Dakota
 Longman, Leighton Anthony Michael
 Longman, Trina Ann
 Louvier, Alexandra Renee
 Lowe, Justin James
 Mack Sr., Thomas James
 Mack, Cylas Ledarix
 Maddux, Bishop Webster Tiger
 Malone, Riley
 Mann, Raymond Freeland
 Mann, Richard Freeman
 Mann, Taylor Lawrence
 Markwardt, Franklin Thomas
 Martin, April Denise
 Martin, Kinley Rae
 Martinez, Amaya Rynae
 Martinez, Danielle Lynn
 Mason, Suzanna Rachel Powell
 Masquas, Jeremiah Michael
 Masquas, Phillip Jon
 Masquat, Lola Renee
 Massey, Karen Sue
 Matfinsly, Alana Irene
 Mayo, Melba Mary
 McAnally, Jace Ryan
 McBride, Alice Jean Dirt
 McDaniel, Karen Diane
 McGirt, Dana Dale
 McGuire, Kyla Marie
 McPherson, Emily Paige
 Meek, Phillip Edward
 Meyesi, Charles Steven
 Milburn, Heather Renee
 Miller, Lillian Grace
 Mills, Brian Richard
 Mohawk, Curtis Roy
 Morgan, Summer Dawn
 Morton, Joshua David
 Morton, Makayla Lynn
 Nakamoto, Gina Jessica
 Navarro, Terri Lynn
 Nelson Jr., Daniel Lee
 Ness, Mary Ellen
 Newton, Donnie James
 Nowlin, Pak Louise
 Ochoa, Alejandro Juan
 Olvera, Lafasha Kay
 Ortega, Mr. Krisfin Lace
 Pack, Christie Lorraine
 Panther, Grayson Shawn
 Panther, Nickolas Wayne
 Parker, Elizabeth Isabelle
 Parker, Sarah Lynn
 Parker, Twila Olene
 Pendergraft, Johnna Suzanne
 Petit, Sherri Ann
 Phillips, Mason Jaxon
 Ponkilla, Yvonne Diane
 Porter, Lindsey Bowe
 Powell, Tammy Marie
 Primeaux, Eunice Marie
 Ramirez, Maria Elena

Rigg, Savanna Rose
 Rios, Belicia Shannon
 Robb, James Edward
 Robertson, Winifred L.
 Robison, Skyler Madison
 Roleffe, Gregory Shawn
 Roleffe, Hanna Grace
 Roller, Geraldine M Bradley
 Runsabove, Bryce Leigh
 Ryder, Vanessa Louise
 Samuels, Tonya Lynn
 Sanchez, Bailey Marie
 Sanchez, Ciflali
 Sanchez, James Andrew Skylar
 Sanchez, Victoria Nicolette
 Saunders, Kirstee Michelle
 Scarberry, Joel Thomas
 Seaton-Blanchard, Stephen Anthony
 Sellers, Levi Dalton
 Sexton, Jacob David
 Shawnee, Jaxon Avery
 Shawnee, Sharon Dale
 Sherrill, Penelope
 Sloan, Jenifer
 Sloaf, Morgan Elaine
 Smith, Jackson Cole
 Smith, Joshua Dean
 Smith, Noah Ryan
 Snake, Archie Ellis
 Soap, Alpha Christine
 Soap, Terayana Maxine
 Spoon, Ashley Donelle
 Spoon, Marques Dwyane
 Spoon, Samuel Lee
 Spriggs, Brian Lee
 Spybuck, Adrienne Eileen
 Spybuck, Larry Eldon
 Spybuck, Thomas Mark
 Squire, Billie Gene
 Squire, Samson Robert
 Squire, Wilbur James
 Starr-Fuentez, Olivia Angelina
 Stephens, William Lee
 Steves, Madelyn Louise
 Stewart, Sandra Leigh
 Stone Sr., James Lee
 Stuckey, Ware Declan
 Sullivan, Tiffany Chantele
 Sumka, Lena Darcille
 Switch #466260, Traci Lynn
 Taryole, Trevor Seth
 Tascier, Timothy Andrew
 Tenner, Taylor Denise
 Thompson, Rhonda Gail
 Thornhill, Westly Lynn
 Thorpe, Brady Wayne
 Thorpe, Mary Catherine
 Tieyah, Lavern Wilson
 Tiger-Gonzalez, Patricia Ann
 Tiger, Amber Lee
 Tiger, Madelynn Rose
 Tiger, Stephon Michael
 Tiller, Piper Laine
 Trevino, Donovan Kingston Cash
 Uchida, Andy Micheal
 Wakley, Jade McKenzie
 Wakolee, Josilyn Talia
 Wallace, Kay Laverne
 Walley, Johnny Ray
 Wallis, Baryn Clinton
 Walters, Shirley Ann
 Warrior, Marcellus James
 Washington, David Axe
 Washington, Kevin Bryan
 Washington, Samantha Lynn
 Watkins, Autum Paige

Watson, Jayden Tyler Scott
 Wenholm, Casey Andrew
 Whinery, Pamela Jean
 White -Valdez, Brenda Kaye
 White, Wesley Shane
 Whited, Kimberly Diane
 Whittington, Charlene Edwards
 Williams, Alex J
 Williams, Ezrea Quasha
 Williams, Lisa Renee
 Williams, Natalie Peggy
 Williams, Seth Andreas
 Wilson, Aaron Wade
 Wilson, Damon Allen
 Wilson, Drake Kenneth Rylee
 Wilson, Ethan Hawke
 Wilson, Gabriel Ahboah
 Wilson, Howard Gene
 Wilson, James Wayne
 Winrow, Destiney Dawn
 Wise, Keeley Ava Lynn
 Witt, Joseph Andrew
 Wunderlin, Travis Rece
 Yellow Eagle, Angela Marie

P.I.N.S.  NO.3

SUMMER FUN PROGRAM



ACTIVATE YOUR SUMMER WITH P.I.N.S.!

Tuesdays and Thursdays from 9 a.m. to 1 p.m., June 6 - June 29. Join the fun!

We are gearing up for a Summer full of fun with our 3rd Annual P.I.N.S. Summer Program! P.I.N.S. is a camp for American Indian/Alaska Native youth ages 10-14.

Space is limited and on a 1st come, 1st serve basis.

Enrollment for AST Members: March 1 - April 17

Enrollment for other Tribes: April 17 - May 5

Events/Activities are for registered participants only

Must complete enrollment paperwork to be considered enrolled for camp

For inquiries or to request registration forms, please contact **Chelsea Cope** at ccope@astribe.com or by phone at **405.878.5850**. (If unavailable please leave a voicemail.)



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.





Oklahoma's Social Host Law A.K.A. Cody's Law

The Absentee Shawnee Tribe's MyDNA program is working to educate parents and adults about Oklahoma's Social Host law to help prevent drug and alcohol abuse among those under 21. This is an important topic during the spring/summer season as proms, parties, graduations and other celebrations are frequent among students, and parents often mistakenly think that hosting the party is safer than letting their kids go out.

Social Host Law/ Cody's Law creates a shared responsibility for underage drinking on the person providing the location for the gathering. Adults and or minors can be cited and fined under the social host law - even if they are not home at the time when drinking occurs.

Oklahoma's social host law was enacted after Cody Greenhaw died in 2004 at the age of 16 during a gathering in a friend's home. At the time of his death, there was no law in effect that specifically forbade hosting parties where underage drinking occurred. This law holds both adults and minors who host or provide a location for a gathering with drugs and alcohol liable.

Facebook: Social Host Oklahoma

www.oklahomasocialhost.com

Who is a social host?

Any person, adult or minor, providing a location for underage drinking.

FACT:

If a minor who has been drinking alcohol at your house is injured or killed, you can be charged with a felony. That's up to 5 years in prison and \$2500 in fines.

TOTALLY #ADDICTED
JOIN US AND #UNFOLLOWTHECROWD

It's pretty simple: when you're into cool stuff, you're not into drinking.

WWW.MYDNA.ROCKS

MyDNA Rocks
@MyDNA Rocks
mydnarocks

SAMHSA HEALTH SYSTEM spihb

MYDNA DRUG-FREE NATIVE AMERICA

MyDNA is an Absentee Shawnee Tribal Project and is funded by SAMHSA (Substance Abuse and Mental Health Services Administration) in cooperation with the Southern Plains Tribal Health Board.

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Mary Jane Maxwell

REALTOR EQUAL HOUSING OPPORTUNITY



Let us help...



With your cooling bill this summer
If you live in Pottawatomie or Cleveland counties
and have a C.D.I.B. card you may qualify for the
L.I.H.E.A.P Program

Come and apply
Starting in May thru September
2016

The L.I.H.E.P Program will pay for



All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

Department of Social Services
(405) 275-4030, Ext. 6225

Annette Wilson, Social Services



Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education: Education Incentive Award Program:** funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- **Big Jim Youth Award Program:** annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

Attention:
Applications for fall 2016 must be received or postmarked by June 15, 2016.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to tresham@astribe.com.

ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

Note: You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

PENALTY

\$0.25 A DAY

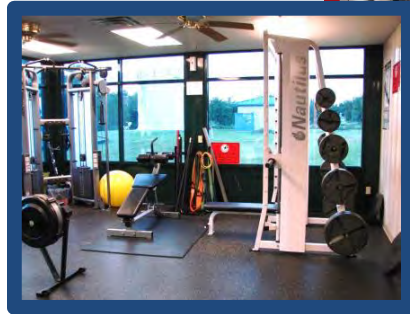
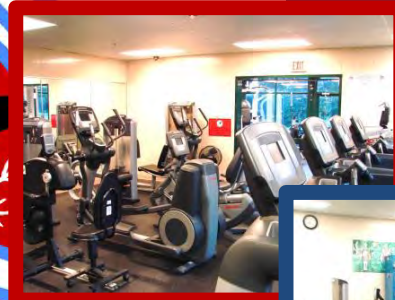
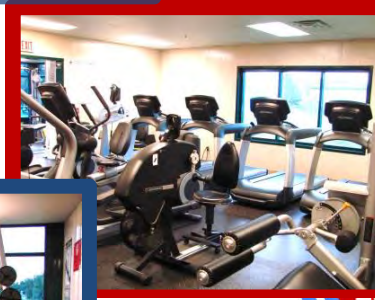
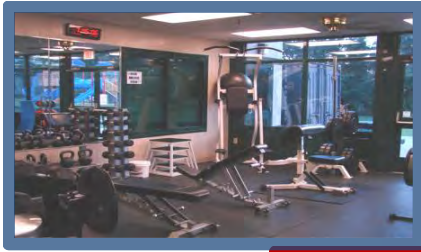


Buster Bread
Fitness Manager



Chrissy Wiens
Physical Activities Specialist

The Absentee Shawnee Diabetes and Wellness



Fitness Center

Fitness Facility Hours of Operation

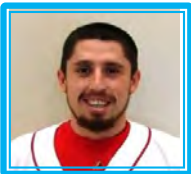
Monday – Friday

6:00 a.m. – 9:00 p.m.

Fitness Facility Weekend Hours of Operation

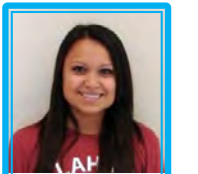
Saturday

9:00 a.m. – 3:00 p.m.



Brandon Goodman
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson
Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday 6:00am - 9:00pm
Saturday 9:00am - 3:00pm
Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)



April



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Mini Bootcamp</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Couch to 5K</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Mini Bootcamp"- A full-body strength training program aimed to improve your muscular fitness and endurance.



**Absentee
Shawnee Fitness**

"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.



"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

"Couch to 5k"- A program to help develop your aerobic strength and endurance over 12-weeks. The program goal is to help participants complete a 5K distance by walking, jogging, or running.

**Diabetes and
Wellness**



RE-ELECT EDWINA BUTLER-WOLFE FOR GOVERNOR

Re-elect me for Governor and Let's Build For the Future (BFF)!

The 'annihilation of our race is at hand unless we unite in one common cause against the common foe. Tecumseh was quoted as having said this. I saw the quote and it reminded me of why I originally ran for Office which was to unite the tribe to make a difference. My vision is to work through the storms we now face, challenge those who don't adhere to tribal law, meet the needs of our people and plan for our future generations. I continue to do my part to the best of my ability.

What part is that you may ask?

- Arrive at work each morning and stay into the evening;
- Attend all EC meetings; Special EC meetings and GC meetings;
- Attend local, state and national meetings to intercede for our people;
- Contribute and/or take part in functions and activities for our tribal people;
- Abide by our Constitution and honor my Oath of Office;
- Resolve issue(s) brought before me based on available funds and tribal law;
- Work with my programs to meet budgetary and programmatic needs.

If we are going to run our Tribe like a business then we need leaders in Office willing to conduct the business of the Tribe and do it with ethics and honesty and to be held accountable for their actions. It is my hope that in the near future we will create a survey tool that will give in-state and out-of-state voters input as to what we need to do to strategically approach business, programming, investments and budgets so that we can make steps forward.

We need reform in our tribal system. That requires ethical leaders being elected that will follow the law and not try to find loopholes in our Constitution, Administrative Manual and Code of Laws. That is why I hope that you will vote for me so that together we can make a difference!

Stand beside me and Let's Build for the Future (BFF) - united and together!

Thank you for your support.

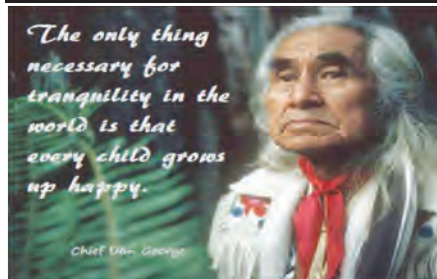


CONGRATULATIONS JIMMY & RHONDA SQUIRE

Congratulations to Jimmy & Rhonda Squire on their recent marriage.

Pictured: Jimmy & Rhonda Squire with Warrior Princess, Hood & Gunner Bender.

FOSTER CARE



GOT LOVE?

FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)

"I don't want a family. I need one."
- Current Waiting Child

<<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age \$14.73 day \$441.97 month
- 6-12 age \$17.12 day \$513.57 month
- 12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED IN TO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT JULIANN WILSON ICW/CPS/FOSTER CARE AT 275-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents



The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

SPRING CLEANING TIPS FROM DIABETES AND WELLNESS

April is a month of renewal, as we are feeling the seasonal changes that come with the spring rains. Use your spring cleaning energy to improve your overall health and well-being by taking stock of the foods you allow into your home. Consider cleaning out your home food storage areas.

The best diet is the “**Don’t Buy it**”. *Purge* your pantry; *frisk* your fridge and freezer! Imagine patting your home food storage areas down for weapons of diet destruction.

- Look for “Food Insurgents” like those with added sugars. Examples include: sodas, candy, cookies, fruit flavored yogurt, canned fruit in syrup, and dry sugar sweetened cereals. If sugar is listed as one of the first ingredients on the food label, than that item is packing potential for diet damage.
- Switch out highly processed grains, such as white rice or white breads for less processed grains like brown rice, quinoa, barley and oats.
- Check out the food labels on the items you have in your home. Remove foods that contain any trans-fats and discard items that have more than 140 mg of sodium.

Once you remove these key ingredients of diet sabotage, remember to re-stock your kitchen with as many whole foods as possible. Now get in there and start cleaning your way to a happier, healthier you!

By: Lisa Harrington, MS, RDN, LD
Diabetes & Wellness Program
Absentee Shawnee Tribal Health System

LAND BUY BACK PROGRAM

The Department of Interior recently advised they are expanding their schedule for implementing the Land Buy Back Program and adding 63 additional locations for the period of 2018 through 2021. This program began making offers in 2013. It has paid over \$740 million to individual landowners and restored the equivalent of nearly 1.5 million acres to tribal governments. This expansion brings the number of locations being planned for the program to 105. This total includes 96 percent of all landowners with fractionated interests and more than 98 percent of both purchasable fractional interests and equivalent acres in Program eligible areas. There are currently about 245,000 landowners holding approximately 3 million fractional interests across Indian Country.

The intent of the Buy Back program is to partner with tribal governments to stimulate new opportunities so that tribes can operate more efficiently, enter into community discussions and create plans that ensure lands stay in trust. The Program implements the land consolidation component of the Cobell settlement which provided \$1.9 billion to purchase fractional interests in trust or restricted land from willing sellers at fair market value within a ten year window. If a fractional land interest owner decides to sell their fraction you will receive a payment directly into your individual Indian Money (IM) account. The lands purchased through this process are immediately restored to tribal trust ownership to benefit the community and tribal members. In the upcoming months a Program representative will be communicating with our tribe on the process and its implementation.

Our tribe is on the new expanded Program list and members with eligible fractional interests are encouraged to call the Trust Beneficiary Call Center (Call Center) at 888-678-6836 and indicate whether you are a willing seller and/or to update contact information. By registering as a willing seller it does NOT commit you to selling your land, nor will it guarantee an offer will be extended; it merely identifies your interest and assist in advancing planning. *Individual landowners can contact the Call Center, Office of the Special Trustee or BIA office to learn more about your land and options available to you. You can also visit the Program site at: <https://www.doi.gov/buybackprogram/programimplementation-schedule>.*

Lake Thunderbird Friends Association

On April 1, 2017

Applied for from "Keep Oklahoma Beautiful" received a \$200 Grant that will serve as the start-up seed

Money to fund the initial Lake Clean up. April 1, 2017 will be first event in conjunction with OU's Big Clean-Up, and Sunny Day (an individual clean-up day, and the Lake Thunderbird's Park's clean-up day. Clean up will begin at 10:00 a.m., volunteers will need to sign in at the Park Office located on 13101 Alameda Dr., Park Office 405-360-3572 for Lake Thunderbird State Park.

Little Axe Community Activities - Little Axe Chamber of Commerce will be sponsoring a Community "Trash Off Day" scheduled for April 22, 2017 at VFW Hall located at 2020 S. Peebley Road, Little Axe, OK.

Upcoming Events

VFW- First Saturday of Each Month Fish Fry for Fund-Raising

"Big Car Show" Thunderbird Casino April 22, 2017-Contact Thunderbird Casino at 405-360-9270 for Info

Cruzing Clear Bay Cove Car show and Arts and Crafts Fair on May 6, 2017 at 9 a.m.

Submitted by Twila Parker, Little Axe Chamber of Commerce

Dear Absentee Shawnee Tribal Members:

A sincere THANK YOU to the Absentee Shawnee Tribal members who voted for me in the election for Tribal Secretary. Unfortunately I was not successful. The fact that so many tribal members did support my first election effort was very encouraging and uplifting. I value each and everyone's comments and suggestions for the betterment of our tribe and will continue to be a voice within our tribe.

This election was a good experience and I want to share voting information for future elections. In accordance with election guidelines, I was permitted to witness the Absentee Ballot count at 6:00 a.m., March 18. Unfortunately, I witnessed spoiled votes resulting in tribal members' votes not being counted. Several of the votes were spoiled simply due to the fact that ballots and affidavits were enclosed in the same envelop, not separated. I even saw that one vote was sent via Fed-X, spending extra money to ensure that their vote made it to the Election Commission on time only to be spoiled and not counted. Voters, please follow the voting directions to the letter so that your vote is counted. Do not deviate from the directions in your Absentee Ballot package--It is imperative that you get your vote counted in the upcoming June election.

I continue to be optimistic that we can exercise sound judgment and elect leaders who have stronger credentials, are morally fit and have professional backgrounds who will work to protect our tribe, its assets and be a good tribal representative in the public. They are the face of our tribe!

We will face serious challenges over the coming years. I encourage you to get involved. Voice your opinions. Without leaders who want and can bring strong management experience and professionalism to the forefront and are not self-interest motivated, our tribe as a whole will suffer, our benefits and services will suffer and at some point there will be nothing. We need leaders who will put the best interest of the WHOLE tribe first. Demand that our leaders be productive and diligent in the representation of the tribe.

Once again, thank you for your support. I look forward to seeing you at the General Council meeting on April 29.

Best regards,
Atheda W. Edwards-Fletcher



Office of Environmental Health **Brownfield Response Program**

What is a Brownfield?



The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”



Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- ◆ Abandoned Factories/Buildings/Homes
- ◆ Burned Homes
- ◆ Buried Dump Sites
- ◆ Open Dump Sites
- ◆ A Large Amount of Tires
- ◆ Former Cattle Dip Pit Sites
- ◆ Barrels of Unknown Substances
- ◆ Old Service Stations
- ◆ Oil Storage Facilities
- ◆ Oil/Gas Well Sites
- ◆ Old Dry Cleaning Businesses

If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

*Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235*

AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects

[www.facebook.com/
ast.environmental.programs](http://www.facebook.com/ast.environmental.programs)



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES**

OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060



THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.



ATTENTION PARENTS!!!

CTSA **EARLY HEAD START & HEAD START** IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR **EHS** PROGRAMS AND AGES 3 UP TO 5 FOR OUR **HEAD START** PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our **qualified and dedicated** staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child's learning years with you!

In our **Shawnee** location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both **Norman** and **Cushing** are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Main Office: Enrollment Manager- Shawnee Center: Center Supervisor-
Sherry Marsh (405) 275-4870 Stacey Osborne (405)
878-5820
1535 N McKinley, Shawnee 74801 1533 N
McKinley, Shawnee 74801
sherrym@ctsahheadstart.org

Cushing Center: Center Supervisor- **Norman Center: Center Supervisor-**
Wava Anderson (918) 225-1029 Amy Porter
(405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St.,
Norman 73069

Health/Mental Health/Disabilities Manager
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES:
POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND
NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

TALKING LEAVES JOB CORPS

A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!



Tours Every Thurs-
day at 9:45 a.m.
(Except for Major Holi-
days)

Talking Leaves Job
Corps Center
5700 Bald Hill Rd
Tahlequah, OK
74465

- 16-24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters



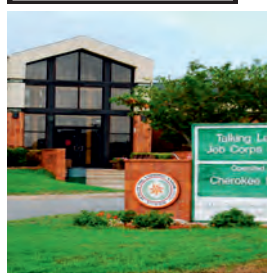
... Job Corps could be for you!
(Bus travels to OKC each weekend)

For more information
Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant
- Culinary Arts
- Electrical
- Facilities Maintenance
- Office Administration
- Nurse Assistant/Home Health Aide

Placement assistance for
Military, Advance Training, College, or Employment in Your Career



ABSENTEE SHAWNEE TRIBAL
POLICE DEPARTMENT



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT
EMAIL: SORNA@ASTRIBE.COM
TIPLINE 405-273-1249



ARROWHEAD

AUTOMOTIVE CENTER

10% OFF ALL SERVICES
FOR TRIBAL EMPLOYEES & MEMBERS
Must present CDIB card or tribal employee ID. Not valid with any other offers.

Isn't it time you got more from your repair shop?
Experience the Arrowhead way of doing things.

TIRES | MAINTENANCE | REPAIR

Arrowhead Automotive Center
1100 North Broadway Street
Tecumseh, OK 74873
(405) 598-6920

www.arrowheadautomotivecenter.com



Arrowhead Automotive Center is owned by the Eastern Shawnee Tribe of Oklahoma

Tornado Safety

A tornado is a violently rotating column of air extending from the base of a thunderstorm down to the ground. Tornadoes are capable of completely destroying well-made structures, uprooting trees, and hurling objects through the air like deadly missiles. Tornadoes can occur at any time of day or night and at any time of the year. Although tornadoes are most common in the Central Plains and the southeastern United States, they have been reported in all 50 states.

Understand Tornado Alerts

What is the difference between a Tornado Watch and a Tornado Warning issued by the National Weather Service?

Tornado Watch: Be Prepared! Tornadoes are possible in and near the watch area. Review and discuss your emergency plans and check supplies and your safe room. Be ready to act quickly if a warning is issued or you suspect a tornado is approaching. Acting early helps to save lives! Watches are issued by the Storm Prediction Center for counties where tornadoes may occur. The watch area is typically large, covering numerous counties or even states.

Tornado Warning: Take Action! A tornado has been sighted or indicated by weather radar. There is imminent danger to life and property. Move to an interior room on the lowest floor of a sturdy building. Avoid windows. If in a mobile home, a vehicle, or outdoors, move to the closest substantial shelter and protect yourself from flying debris. Warnings are issued by your local forecast office. Warnings typically encompass a much smaller area (around the size of a city or small county) that may be impacted by a tornado identified by a forecaster on Radar or by a trained spotter/law enforcement who is watching the storm.

Prepare! Don't let Tornadoes Take You by Surprise

Preparation is key to staying safe and minimizing impacts.

- **Be Weather-Ready:** Check the forecast regularly to see if you're at risk for tornadoes. Listen to local news or a NOAA Weather Radio to stay informed about tornado watches and warnings. Check the Weather-Ready Nation for tips.
- **Sign Up for Notifications:** Know how your community sends warnings. Some communities have outdoor sirens. Others depend on media and smart phones to alert residents of severe storms capable of producing tornadoes.
- **Create a Communications Plan:** Have a family plan that includes an emergency meeting place and related information. Pick a safe room in your home, such as a basement, storm cellar, or an interior room on the lowest floor with no windows. Check more ideas for your family plan at: <https://www.ready.gov/make-a-plan>
- **Practice Your Plan:** Conduct a family severe thunderstorm drill regularly so everyone knows what to do if a tornado is approaching. Make sure all members of your family know to go there when tornado warnings are issued. Don't forget pets if time allows.
- **Prepare Your Home:** Consider having your safe room reinforced. You can find plans for reinforcing an interior room to provide better protection on the Federal Emergency Management Agency website.
- **Help Your Neighbor:** Encourage your loved ones to prepare for the possibility of tornadoes. Take CPR training so you can help if someone is hurt.

What to do During a Tornado

Find out what you can do when a tornado strikes. Acting quickly is key to staying safe and minimizing impacts.

- **Stay Weather-Ready:** Continue to listen to local news or a NOAA Weather Radio to stay updated about tornado watches and warnings.
- **At Your House:** If you are in a tornado warning, go to your basement, safe room, or an interior room away from windows. Don't forget pets if time allows.
- **At Your Workplace or School:** Follow your tornado drill and proceed to your tornado shelter location quickly and calmly. Stay away from windows and do not go to large open rooms such as cafeterias, gymnasiums, or auditoriums.
- **Outside:** Seek shelter inside a sturdy building immediately if a tornado is approaching. Sheds and storage facilities are not safe.
- **In a vehicle:** Being in a vehicle during a tornado is not safe. The best course of action is to drive to the closest shelter. If you are unable to make it to a safe shelter, either get down in your car and cover your head, or abandon your car and seek shelter in a low lying area such as a ditch or ravine.

What to do After a Tornado

- **Stay Informed:** Continue to listen to local news or a NOAA Weather Radio to stay updated about tornado watches and warnings. Multiple rounds of thunderstorms capable of producing tornadoes are possible during severe weather outbreaks.
- **Contact Your Family and Loved Ones:** Let your family and close friends know that you're okay so they can help spread the word. Text messages or social media are more reliable forms of communication than phone calls.
- **Assess the Damage:** After the threat for tornadoes has ended, check to see if your property has been damaged. When walking through storm damage, wear long pants, a long-sleeved shirt, and sturdy shoes. Contact local authorities if you see power lines down. Stay out of damaged buildings. Be aware of insurance scammers if your property has been damaged.
- **Help Your Neighbor:** If you come across people that are injured and you are properly trained, provide first aid to victims if needed until emergency responders arrive.

COMMUNITY MARKET OPENED

The Community Market of Pottawatomie County is a food Bank in Pottawatomie County. It is a Food Resource Center that operates in cooperation with the Regional Food Bank of Oklahoma to serve the people of Pottawatomie County. They also partner with other food pantries, community, civic, and faith-based organizations. This food pantry allows clients to choose the foods they want so that they take only what they need – making more efficient use of food resources. The center also stocks a variety of food, including fresh fruits and vegetables, and will connect clients with other social services in the community, such as healthy cooking classes.

THE COMMUNITY MARKET HAS EXPANDED HOURS OF OPERATION TO BETTER SERVE HUNGRY RESIDENTS IN GROCERY-STORE LIKE SETTING. HOURS OF OPERATION ARE MONDAY 12:30 TO 5:30 P.M.; TUESDAY FROM 10:00 A.M.; WEDNESDAY FROM 10:00 A.M. TO 3:00 P.M. AND FRIDAY FROM 10:00 A.M. TO 3:00 P.M.

According to AARP'S Oklahoma Hunger Survey, nearly half (47%) of adults in Pottawatomie County have someone in their household who has struggled with hunger, and two thirds (66%) say someone close to them had inconsistent access to food.

LOCATION: 120 S. CENTER (SHAWNEE)

405-788-4957



Food will be provided

Mark your calendars

The Absentee Shawnee's Tribal Easter Egg Hunt

will be held on

April 8, 2017

from

12:00pm to 2:00 pm

at the

Shawnee Tribal Complex



All children must have CDIB card present

Tribal Members Only



The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines.
Keep a copy on hand
and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES

Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator/RN
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT

Little Axe Health Center

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT

Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER CHS

405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS

405.878.5850 (Primary)
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.



A Local History Digital Lab:
Documenting the Creation of Lake Thunderbird

HELP PRESERVE THE HISTORY OF LAKE THUNDERBIRD!



View of the Little River marina adjacent to old State Highway 9 on Lake Thunderbird, 1967. Courtesy of the Carl Albert Center.

Bring your stories, photographs and documents related to Lake Thunderbird's creation. Volunteers will digitize any of these materials and record oral histories about the lake, all free-of-charge!

LOCATION:

Lake Thunderbird boathouse, 1312 Indian Point Rd,
Norman, OK 73026

TIME & DATE:

3pm-7pm April 12, 2017

For more information, visit the project site: water.cacexplore.org

Sponsored by:



For accommodations on the basis of disability, please contact the Carl Albert Center at (405) 325-6372. The University of Oklahoma is an equal opportunity institution. www.ou.edu/eoo

Iowa Tribe of Oklahoma Vocational Rehabilitation Program

"See the Person Not the Disability"

Juniors



Seniors

History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

Services Than Can Be Provided:

Depending on an individual's needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

Qualifications:

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor's statement or the IEP or 504 plan from your school.

Counties We Serve:

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

Iowa Tribe of Oklahoma
Vocational Rehabilitation Program
P.O. Box 728
Perkins, OK 74059



Contact: Christa McClellan
Phone: 405-547-5721
Toll Free: 1-888-336-4692
E-mail: cmcclellan@iowanation.org

WE ARE ON THE INTERNET: www.bahkhoje.com

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

WWW.ASTHEALTH.ORG

Sign up, stay connected.

ONLINE PATIENT PORTAL → for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results?
Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to www.asthealth.org/patient-portal to register. For more help, call your clinic, and we'll walk you through it.



Install the app on iPhone or Android for real-time access to your health information





Here for you,
now more than ever.

EXTENDED HOURS:
9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



SHAWNEE CLINIC
ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m. M-F.
Closed the first Wednesday of every month from noon-5 p.m.
Closed Sundays & holidays.



Care on your schedule,
that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

HOURS OF OPERATION:

9 a.m.-9 p.m. Monday - Friday
9 a.m.-5 p.m. Saturday - Sunday
9 a.m. -5 p.m. Holidays
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment - 9 a.m.
Last appointment - 8:30 p.m. Monday - Friday
Last appointment - 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries - an earache, a sprain, the flu - can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On weekends. This is all for you.**



PLUSCARE
LI-SI-WI-NWI HEALTH, INC.

Prevention. Progress. Pride.

15702 East State Highway 9 • Norman, OK 73026
Phone: 405.447.0477 Fax: 405.366.8996



Gov.	Governor Edwina Butler-Wolfe.....	6308
	Twila Parker.....	6307
	Lesa Shaw.....	6269
Lt. Gov.	Lt. Governor Isaac Gibson.....	6253
	Andy Warrior.....	6309
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	Courtney Green.....	6300
	Misty Griffith.....	6290
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	Sandra Burnett.....	6338
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HUMAN RESOURCES	6252
	Elizabeth Clark.....	6296
	Rachael Lankford.....	6222
	Casey Adams.....	6337
ICW	Ronelle Baker.....	6375
	Julie Wilson.....	6376
	Jackie Denny.....	6377
LITTLE AXE RESOURCE CENTER	585-3669
	Duke Blanchard.....
MAINTENANCE	6316
	Kevin Kaseca.....
	Reta Harjo.....	6249
	Stephen Fife.....	6234
	Isaac Bettelyoun, John Mann,
	Tom White, Robert Komahcheet,
	Leonard Foreman, Sheri Yetter,
	Sheila Orphan.....	6331
MIS	Tom Trimble.....	6327
	Michael Berry.....	6303
	Josh Gibson.....	6329
	Rico Coon.....	6328
OEH	Ken Jones.....	8845
	Jarrod Lloyd.....	8844
	Dakota Blanchard.....	8843
	Evelyn Pablito.....	8847
	Rebecca Diven.....	8848
POLICE DEPT.	275-3200 / 275-3432
	Brad Gaylord (Chief).....	6302
	Linda Day.....	6261
	Ric Mantooth.....	6278
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	Jason Brinker.....	6259
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	Steven Crisp.....	6278
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ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

PRESORTED STANDARD
US POSTAGE
PAID
SPRINGFIELD, MO
PERMIT 96

RETURN SERVICE
REQUESTED

Volume 28 No. 4 April 2017

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ATTORNEY	Ray Campbell.....	6313
COURT	Kathy Brock (Court Clerk).....	6241
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OTHER ENTITIES & TOLL FREE	All Nations Bank.....	273-0202
	ASEDA.....	878-6782
	Toll Free.....	1-800-256-3341
	Brendle Corner.....	447-3372
	Building Blocks.....	878-0633
	(Elizabeth Crawford, Briana Ponkilla)
	Building Blocks III.....	360-2710
	(Billie Thompson)
	Housing.....	273-1050
	Human Resources.....	275-1468
	Indian Child Welfare.....	878-4702
	Country Kitchen Restaurant.....	366-7220
	Media.....	598-1279
	(Sherman Tiger, Derek Hilderbrand)
	OEH/OEP.....	214-4235
	Police Dept.....	275-3200 / 275-3432
	Thunderbird Casino NRM.....	360-9270
	Shawnee Casino.....	273-2679
	Tribal Store (Little Axe).....	364-0668
LITTLE AXE CLINIC	Clinic - Medical.....	447-0300
	After hours.....	447-0498
	Clinic - Dental.....	307-9704
	Diabetics.....	360-0698
	Pharmacy.....	292-9530
	Resource Center.....	364-7298
	(Chrissy Wiens, Buster Bread, Blake Goodman)
SHAWNEE CLINIC	Clinic (Bldg. 17).....	878-5850
	Pharmacy.....	878-5859
	Toll free.....	1-866-742-4977