



"Among The Shawnee"

The Absentee Shawnee News

AUGUST 2017

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Newly Elected Officers Swearing In Ceremony

Friday, June 30th, 2017

AST Health System's New Multipurpose Building
Shawnee, OK

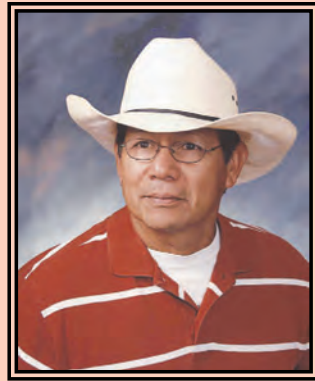


Newly Elected AST Shawnee Tribal Officers (L-R): Election Commission Secretary - Sherman Tiger; AST Secretary - John Johnson; Election Commission Member #2 - Alicia Miller; AST Governor - Edwina Butler-Wolfe; Election Commissioner - John AL Little Axe.

Executive Committee



Edwina Butler-Wolfe
Governor



Isaac Gibson
Lt. Governor



John Johnson
Secretary



Leah Bates
Treasurer



Anthony Johnson
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

Hello my Absentee Shawnee people!

I hope you are all doing well with this hot weather settling in our Great State of Oklahoma. It is an honor to represent the citizens of the Absentee Shawnee Tribe. First, I would like to say I did travel to Washington, D.C. to attend the National Indian Gaming Association (NIGA) Legislative Summit and will have a more complete update in next month newsletter. Second, I would like to make a correction that I printed in last month newsletter article pertaining to the Shawnee Public Schools. I had indicated that there was not a Title VI Director employed and I do want to take this opportunity to correct that statement to say that there is a Title VI Director employed with Shawnee Public Schools. This is very good news. Further, as we approach the 2017- 2018 school term I just want to inform our tribal members to call our Education Director, Tresha Spoon, 275-4030 Ext. 6242, with any questions or concerns about our own education services.

DOI/BIA Listening Session- Tulsa, Oklahoma

The purpose of this listening session was for tribal leaders to express their concerns on the reorganization of the Department of the Interior (DOI). It was noted that DOI had not been reorganized in some years. By reorganizing, it could possibly help streamline services to tribes and better fulfill the Federal Government's trust and treaty obligations. As we know, when new Presidential administration's come into office it takes time to see a potential benefit. At the meeting, I did express my concerns on the reorganization during this session and followed up with a meeting with our Self Governance/Roads Specialist, Mr. Scott Miller. Mr. Miller and I reviewed the material that I received during my attendance at the listening session. As a result, Mr. Miller did draft comments on behalf of the Tribe regarding the listening session and materials reviewed. As the Governor, I think that it is very important that our tribe take an active role in these sessions/consultations so that the Absentee Shawnee Tribe will be heard on important issues that affect Indian Country.

Listed below are the meetings I attended:

JUNE 2017

- 26th CTSA Regular Monthly Meeting 9:00 am
Thunderbird Entertainment Center, Inc. (TEC) Meeting 5:30 pm
- 27th BIA Tribal Listening Session, Tulsa, Oklahoma 8:30 am – 12:30 am
- 29th Met with Scott Miller, Self –Governance/Roads Specialist
- 30th Swearing in Ceremony and Oath of Office 6:00 pm

MAY 2017

- 1st White Turkey Meeting
- 3rd Absentee Shawnee Tribal Complex Closed
10:00 am Meeting with tribal member
- 4th Complex Closed
- 6th Absentee Shawnee Housing Renewal Project Photo 9:30 am

JULY 2017

- 10th** Directors Meeting: Executive Committee present: Governor Butler-Wolfe
Directors present: Media Department, ICW Department, Absentee Shawnee Housing Authority, Building Blocks II, Self-Governance/Roads Specialist, Enrollment, Courts, Education, Social Services, Police Department, Health Department, CCDF Programs, Gaming Commission.
- 14th** AST Health Fair, Little Axe Clinic
- 17-19th** National Indian Gaming Association (NIGA) 2017 Summer Legislative Summit - Washington DC

Conclusion

As always my door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you,
Edwina Butler-Wolfe
Governor

Secretary’s Report

Dear Tribal Members,

I just want to give a brief update on the projects I have started. At April's General Council I introduced a new program called LaserFiche to my department and several other departments on the complex. As of today, the Secretary's department is about half way of being complete. Once all the scanning is done and stored into LaserFiche, a portal will be set up for Tribal members to have access. This portal will give all Tribal Members access to any past and/or present Agenda's, Resolution's, Executive Committee Minutes, General Council minutes, boards and committees, etc. The goal to LaserFiche is for all departments to go paperless and give every tribal member access to everything stored within LaserFiche. My staff is working very hard to have everything scanned and entered in LaserFiche by the end of October 2017.

The next project I have been working diligently on is the opening of the Little Axe Convenience Store. I have made it my personal goal to re-open it as soon as possible, but in order to do so I had many hurdles to jump. The store was recently re-opened on May 26, 2017 and I can honestly say it is doing very good compared to where it came from. I hope the future of the store continues to thrive and do great. I am very pleased of the outcome. I appreciate everyone's support and hard work.

My final project is to have an ice dispensary called Kooler Ice put in place by the convenient store. This should be available for use very soon. So be on the lookout for the new changes that are coming.

If you have any questions, please feel free to contact my office.

Neyiwa,
Secretary Johnson

WE WANT YOUR DRUGS.

You can drop off your expired or unused prescription medications anytime at these locations:



Shawnee Police Department

16 W. 9th Street
Shawnee, OK 74804

Cleveland County Sheriff's Office

128 S. Peters
Norman, OK 73069

Norman Police Department

201 B West Gray
Norman, OK 73069

Tecumseh Police Department

109 W. Washington
Tecumseh, OK 74873

Pottawatomie County Sheriff's Department

325 N. Broadway Ave.
Shawnee, OK 74801

Oklahoma University Police Department

2775 Monitor Ave.
Norman, OK 73072

MyDNA is an Absentee Shawnee Tribal Project and is funded by SAMHSA (Substance Abuse and Mental Health Services Administration) in cooperation with the Southern Plains Tribal Health Board.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

TRIBAL FINANCE DEPARTMENT

Over the last quarter the Tribal Finance department has worked diligently on multiple tasks. The primary focus over the last three months was the completion of the annual overall tribal audit. The last 7 years, Bledsoe and Associates were hired to conduct the audit. Good business practice changes auditors every three years, so the Executive Committee passed a resolution in 2016 hiring Baker Tilly to conduct our audit. Baker Tilly Virchow Krause, LLP is a full-service accounting and advisory firm that offers industry specialized services in audit, tax, and management consulting. Because they are a new auditor for AST, there was a greater learning curve between our entities and the Baker Tilly Auditors. However, on June 30th, our final audit was submitted with no findings. The audit team will meet with the Executive Committee and finance departments later in July to review the final audit. In addition to the audit, the finance team worked on the following projects and initiatives which have either been completed or will be completed:

Financial Projects

- Reviewed current and new financial policies and procedures. Goal is to develop a new finance Policy & Procedure manual by Dec. 2017
- Worked with Baker Tilley and REDW on 2016 Financial Audit. Completed June 2017.
- Process Improvement – Electronic Accounts Payable & Electronic Purchase Order research.
- Streamlined Grant budgets and proposal process

Training & Education

- Financial leadership went to Self- Governance training.
- Training in fraud prevention.
- Sovereign Finance education on Project Financial Analysis.
- Accounting Software education - Abila MIP security and cloud upgrade.
- Accounting Rule changes for 2018.
- Finance cross-training and MIP Super-User plan to decrease training costs and improve continuity of financial service.
- Dept. of Justice Grant Education Training.

Financial Initiatives

- Financial Transparency Initiative
 - Met with AllNations Bank to collect financial data – Ongoing
 - Purchased NetForum software to create a secure way to share financials online
- Mid-Year Budget Review for Tribal Departments, Health System and Casino
- Introduced and implemented a department budget scorecard in certain departments
- Created an employee training in-service guide on finance do's & don'ts for grants
- Led a Fraud Prevention action team to create a Fraud Prevention policy & procedure, plan for AST. Proposed rollout in Aug. 2017.
- AST C-Store
 - Conducted preliminary internal audit
 - Implemented financial controls & processes for c-store
 - Supported leadership on the restart of c-store
 - Reported Taxes and Cleared tribal store from potential legal burdens
- Absentee Shawnee Economic Development Association
 - Led the ASEDADA action team to restart ASEDADA focus and action
 - Created a project scorecard
- Developed an Indirect Cost Proposal training plan to bring process into the tribe - ongoing

The next quarter will become a time to review and update our process to help enhance and make the finance team more effective in providing services to tribal departments and tribal members. While we are finishing up our tribal budget mid-year review; August marks the start of our new budget planning cycle. We have implemented a few new processes and will continue to educate our directors on financial budgets. The action items listed above will spring board the finance department in addressing items into the next quarter.

TRIBAL FINANCE DEPARTMENT

Below shows the 2nd Quarter of how the tribe is tracking with their primary budget buckets (including Indirect Cost, BIA and General Funds).

| | Q1 Actual | Q2 Actual | Q3 Actual | Q4 Actual | Quarterly Budget | 2017 Annual Budget |
|---------------------|-----------------|-----------------|------------|-------------|------------------|--------------------|
| TRIBE | 25% | 50% | 75% | 100% | 25% | 100% |
| IDC | \$ 1,472,282.52 | \$ 2,821,016.90 | | | \$ 1,456,699.50 | \$ 5,826,798.00 |
| IDC % | 25% | 48% | | | | |
| Gen. Funds | \$ 953,095.82 | \$ 1,749,334.02 | | | \$ 1,067,857.48 | \$ 4,271,429.92 |
| Gen. Funds % | 22% | 41% | | | | |
| BIA | \$ 358,057.99 | \$ 752,502.51 | | | \$ 717,746.61 | \$ 2,870,986.44 |
| BIA % | 12% | 26% | | | | |

| IDC PROGRAMS | GEN. FUNDS PROGRAMS | BIA PROGRAMS |
|------------------|----------------------------------|-----------------------------|
| Finance | ASEDA | BIA Transportation (IRR) |
| Operations | Afterschool Program (Carry-over) | BIA Operations |
| Governor | Cultural Preservation | BIA Transportation Planning |
| Human Resources | Education | Courts |
| Legal Department | Elders Council | Education |
| Lt. Governor | Election Commission | Enrollment |
| Maintenance | Emergency Management | ICW |
| Media | Employee Committee (Carry-over) | Police |
| MIS (IT) | Gaming Commission | Probate |
| Procurement | Governor | Realty |
| Representative | Indian Child Welfare | Social Services |
| Secretary | Language | |
| Treasurer | Legal Department | |
| Finance | Lt. Governor | |
| Operations | Maintenance | |
| Governor | Media | |
| Human Resources | Music Education | |
| Legal Department | Music Education (Carry-over) | |
| Lt. Governor | OEH Program Support | |
| Maintenance | OEH General Fund | |

| IDC PROGRAMS | GEN. FUNDS PROGRAMS |
|------------------|---------------------------------------|
| Media | OEH Support (Carry-over) |
| MIS (IT) | PSSF State Match |
| Procurement | Representative |
| Representative | Secretary |
| Secretary | Social Services |
| Treasurer | Sponsored Programs |
| Finance | Tax Commission |
| Operations | TERO |
| Governor | Title IV B Part 1 Match (Foster Care) |
| Human Resources | Title IV B Part 2 Match (PSSF 2) |
| Legal Department | Title VI |
| Lt. Governor | THP Review Fee |
| Maintenance | Treasurer |
| Media | Veterans |
| MIS (IT) | Water Pollution Match |

The AST Net Position is \$65,524,113.18. The net position shows what the tribe is worth (assets and liabilities). The net position amount encompasses dollars that are spoken for and are in the budgets allocated to our tribal entities and departments.

AST Housing Authority

The Absentee Shawnee Housing Authority is partnering with Community Renewal of Pottawatomie County to build a “Friendship House” on Absentee land as part of what they call the “Good Neighbor Project.” The Friendship House will sit on southeast corner of Bryan and Main, directly across the street from, Rolling Hills Addition the newest housing addition for Absentee Elders. When Absentee Shawnee Housing Authority Director, Sherry Drywater heard about Community Renewal’s Friendship House Initiative, she saw an opportunity.

The Absentee Shawnee Housing Authority provides vital services to the community like low rent housing, transitional housing, college housing assistance, home rehabilitation, and much more. It is their goal to provide excellence in service by being committed to improving the housing conditions and related social, educational and economic aspects which affect the overall living conditions of the Native American community. “I see a lot of families struggling and needing support” Drywater said, “and once I learned about Community Renewal and their focus on family and caring for your neighbors, I knew that was exactly the type of partnership the Absentee Shawnee Housing program needed.”

Friendship House is one initiative of Community Renewal where a home is built in an underserved neighborhood containing a large community room, where a Community Renewal staff member and his or her family live. Friendship House helps neighbors rebuild the caring infrastructure of that neighborhood and fosters beneficial relationships by working with local children, youth, and adults to help meet their needs while bringing valuable social services to the neighborhood. The Friendship House’s community room will provide after-school activities and a safe place for kids in the Horace Mann and Pleasant Grove neighborhoods, GED (Hi-SET) programs, adult literacy classes, and other service that meet the needs of the neighborhood. “The Friendship House will benefit not only the tribal families we work with in the neighborhood, but all the families who live within this community,” Drywater said.

Executive Director of Community Renewal, Brandon Dyer was thrilled to hear about The Absentee Shawnee Housing Authority’s vision for the Horace Mann and Pleasant Grove neighborhoods. “The Absentee Shawnee Housing Authority, through Mrs. Drywater’s leadership, wants to see these good, hard-working folks have what all of us want; a chance to live in a safe, caring community. No matter where we live, we do this by investing in meaningful relationships with our neighbors,” Dyer says. “The Friendship House will be a presence of support to neighbors already working hard to achieve this goal. Community Renewal is proud to partner with ASHA through the ‘Good Neighbor Project.’”

Fundraising is currently underway, with hopes to break ground in 2018.



Pictured (L-R): Mike Affentranger, Paula Waters, Maddi Roach, Sherri Thompson, Travis Flood, Maile Hopkins, Brandon Dyer, Sherry Drywater, David Henry, Jan Tipton, AST Governor Edwina Butler-Wolfe, Michelle Briggs, Leroy Ellis, AST Secretary John Johnson and Roy Larney.

FREE MUSIC LESSONS

Guitar • Bass • Piano • Drums

Available to all Native Americans w/CDIB#

For details, call Absentee Shawnee Behavioral Health

405-878-4716



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

August 2017 - Scheduled Closings

| | | |
|---|--------------|---|
| Wed., Aug 2 nd (1 st Wed of month) | Noon to 5 PM | All AST Health facilities CLOSED -Shawnee Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). -PlusCare Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). |
| AST Day (To Be Determined) | All Day | All AST Health facilities CLOSED <u>except</u> PlusCare Clinic OPEN 9 AM to 5 PM (last patient at 4:30 PM) |

September 2017 - Scheduled Closings

| DATE: | TIME(S) CLOSED: | LOCATIONS: |
|---|-----------------|---|
| Mon., Sept. 4 th (Labor Day) | All Day | All AST Health facilities CLOSED <u>except</u> PlusCare Clinic OPEN 9 AM to 5 PM (last patient at 4:30 PM) |
| Wed., Sept. 6 th (1 st Wed of month) | Noon to 5 PM | All AST Health facilities CLOSED -Shawnee Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). -PlusCare Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). |
| Fri., Sept. 22 nd (Professional Staff Training) | All Day | All AST Health facilities CLOSED -Shawnee Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). -PlusCare Clinic re-OPENS at 5 PM till 9 PM (last patient at 8:30 PM). |

*In the event of a weather cancellation or delay affecting health services or if you are unsure if health is closed, **please call ahead.**
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Also, weather closures/delays will be posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health", Twitter @ASTHealth and on ASTHS website at www.asthealth.org.

Tax Collections

FY-2017 YTD TAX COLLECTIONS (Thru 6/30/17)

| TAX CATEGORY | JANUARY | FEBRUARY | MARCH | APRIL | MAY | JUNE | JULY | AUGUST | SEPTEMBER | OCTOBER | NOVEMBER | DECEMBER | YEAR-TO-DATE TOTAL | % OF TAXES COLLECTED |
|--------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------|---------------|---------------|---------------|---------------|---------------|-----------------------|----------------------|
| Sales (6%) | \$1,050.71 | \$10,504.68 | \$6,327.41 | \$1,249.55 | \$11,726.12 | \$5,626.42 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$36,484.89 | 2.48% |
| Gaming % of free cash | \$250,000.00 | \$200,000.00 | \$150,000.00 | \$100,000.00 | \$250,000.00 | \$300,000.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$1,250,000.00 | 84.86% |
| Employee (1%) | \$7,658.64 | \$21,213.62 | \$11,265.34 | \$7,924.08 | \$15,147.53 | \$15,133.49 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$78,342.70 | 5.32% |
| Severance (8%) | \$3,310.81 | \$831.89 | \$867.28 | \$658.59 | \$4,176.63 | \$1,052.37 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$10,897.57 | 0.74% |
| Motor Vehicle | \$11,861.13 | \$16,062.81 | \$19,746.67 | \$11,107.82 | \$14,387.88 | \$13,723.64 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$86,889.95 | 5.90% |
| Tobacco Refund | \$2,216.22 | \$690.73 | \$649.57 | \$974.45 | \$773.32 | \$3,795.17 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$9,099.46 | 0.62% |
| TOTAL TAXES | \$276,097.51 | \$249,303.73 | \$188,856.27 | \$121,914.49 | \$296,211.48 | \$339,331.09 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$1,471,714.57 | |
| Miscellaneous | \$516.46 | \$212.50 | \$138.10 | \$140.30 | \$85.15 | \$125.15 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$1,217.66 | 0.08% |
| TOTAL COLLECTIONS | \$276,613.97 | \$249,516.23 | \$188,994.37 | \$122,054.79 | \$296,296.63 | \$339,456.24 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$0.00 | \$1,472,932.23 | 100% |

AST HEALTH SYSTEM - AUGUST 2017

The 4th Annual Health Fair was a huge success and well attended this year. We especially thank all of our vendors, employees, staff, and tribal members as well as our patients who came out and made this a great event this year! Special thank you to: the AST Executive Committee, the AST Veterans, tribal dancers and drummers, Mrs. Pauline Wahpepah for her tribal prayer and the OKC Indian Princesses. We especially thank the tribal elders for a huge turn out and for their unwavering support!

Fall is right around the corner and summer will be coming to an end soon. We'll be getting ready for back to school, the Zombie Walk/Run 5K in October, and continue to expand our service and access to health programs - all to serve you better every day!

We continue to monitor elder care and high risk fall patients as well as homebound tribal members are always a concern to the Tribe and Health System. The health system remains a full partner with the Tribe in caring for and coordinating care for any tribal member that is homebound and has needs that we can help with or service within our scope and authority to do so as a health and wellness system. If you know of any tribal member who is homebound and needs assistance medically, please contact administration at (405) 701-7621 so we can assist as best as possible with resources or coordinate assistance for these members in need.

We continue to add new specialists to the staff to make it both more convenient to access specialty care on-site as well as save contract health funds. This avenue allows patient tests to be accomplished on-site and aid in the integration of the patient's health record for primary care providers to better manage for the care of the patients. We are especially excited to welcome our new Physiatrist, Dr. Danielle Zelnik, who will be running our new pain management clinic. Physical Medicine and Rehabilitation (PM&R) physicians, also known as physiatrists, treat a wide variety of medical conditions affecting the brain, spinal cord, nerves, bones, joints, ligaments, muscles, and tendons. She is a great addition to our practice and the health system. Thank you all for making our new staff feel welcomed and for using our services!

The health system's most valuable resource - our people - continues to display excellence for our tribal health system! I'm extremely proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month in July for health was Deidre Yarbrough, RN, Public Health Nurse and Health Fair Committee Chairwoman, for her incredible performance on the 4th Annual Health Fair event and other community event support to date; Team of the Month: Health Fair Planning Committee; and the Special Leadership Award: Michelle Wollenzin, RN, Public Health Director, for her leadership and engagement in servicing patients, community outreach, and grant support. The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system's patients!

Additional health related information:

- **PlusCare Clinic/Little Axe area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM with last walk-in accepted at 8:30 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas) with last walk-in patient accepted at 4:30 PM.
- **Shawnee Clinic Extended Hours/Shawnee area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members, Native American Veteran's, IHS eligible Native Americans, Medicaid/SoonerCare pediatric patients, and BCBS covered AST non-Native employees who are the ages of 2 years and up. If you are a new patient to our health system and are in need of our extended hours services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 2029 South Gordon Cooper Drive, Shawnee, OK. The phone number is (405)878-5850. Hours of operation are M-F 5 PM to 9 PM with last walk-in accepted at 8:30 PM, Saturday 9 AM to 5 PM with last walk-in accepted at 4:30 PM and closed Sundays and holidays.
- **Emergency Dental Clinic** is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.
- **AST/Service Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.
- **If you need CPR training**, please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.
- **Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe Health Center. This feature will speed up access to the patients seeking services and

follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- **Customer Service** line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- **The AST Anti-Bullying Prevention "HOTLINE"** is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: <http://www.asthealth.org/aca> (Please visit our site today to find out what you need to do to protect yourself and your family)!

- **Emergency After Hours Pharmacy:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.

Elders Council

Since my last report, the Elders Council (EC) officers have concluded two surveys. The results are as follows. The trips that the members selected as their most desired destinations were; Albuquerque Balloon Festival, a Cruise, Santa Fe Indian Market, Tecumseh Outdoor Drama, Heartland Flyer, and Washington D.C. We will now evaluate the costs associated with each trip so that we can assess whether it is economically feasible, i.e. affordable, to consider the trip. I hope to have some of the assessments done by the next meeting. The above trips are lengthy and will require substantial funding and planning. Fundraising by the elders is the major component that supports these trips and the members will be called upon to participate in our planned fundraising events to help support our trips. This does not omit the possibility of day trips and we hope to host a couple before years end. The second survey provided great ideas for speaker topics and the officers will move forward with the scheduling. As usual, we will continue to promote the AST tribe within and around our communities at various venues. Following are some of the activities and some general information that the EC members have been involved in during the past few weeks.

At the AST Health Fair on July 14, the EC hosted a registration and information booth. Our meeting attendance has generally been 20-25 members with 4-6 guests. The EC is striving to grow our membership and promote the EC. The Health Fair was well attended and our booth was visited by many attendees. We had many of our younger tribal members who are just short of 50 years old visit our booth and we encouraged them to join the EC when they attain the age criteria. We register 10 new elders at this event. In keeping with and promoting good health, the EC gave a healthy piece of fruit to elders who registered as well as a few who just visited our booth. We held a raffle for an outdoor grill and that was won by Diane Little Axe. We thank everyone who visited our booth. For those who registered, we hope to see you at our monthly meetings.

Last month, the members voted to have theme lunches for the remainder of the year—except for Thanksgiving and Christmas. A list of unique ideas to add some festive flair to our monthly meetings was provided to the group. The July 15 meeting luncheon theme was “Italian”. We had some really good Italian dishes prepared by our members. The August meeting theme will be “All-American Picnic”. As we move through the months, we look forward to having some very interesting luncheons! Thanks to all who participated in the “Italian” luncheon.

On July 6, several Elders attended the Stroud Powwow’s Traditional Night. Although the weather was hot and humid, the powwow was well

attended. There were many campers, dancers and spectators from around the nation in attendance to enjoy the Shawnee songs that were sung as well as all other tribal songs. The discussion about this event brought up some very good ideas for gaining more insight and understanding of the Shawnee songs that were sung, i.e. the stories that the songs tell and the history behind the songs. We hope to soon host an activity that will encompass this topic.

Camp Nikoti 2017--Elder Council President, Meredith Wahpekeche, has dedicated much of her time over the last few weeks helping with the many children activities. Meredith and Rick Little Axe (EC Vice President), were planning to conduct two special activities 1) how to make fire with flint and 2) outdoor cooking utilizing Dutch ovens with the children, but due to tribal funerals, these activities were postponed—hopefully they can work them in before the end of the camp. I think Rick plans on having the local fire department on call during this flint and fire starting instruction! Good luck Rick!! Many events and programs rely on volunteers to help make its events successful. The EC encourages everyone to make a commitment and volunteer whenever and wherever possible. Come out and support our tribal events.

We were fortunate to have the opportunity to have Ms. Carly Dyer from AST Enrollment attend our July 15 meeting to go over the proposed changes and answer questions regarding the Membership Ordinance. We highly recommend that all tribal members attend the next two upcoming sessions that Carly has scheduled 1) Horseshoe Bend, August 12, 10am-12pm and 2) Resource Center, September 9, 10am-12pm. Be an informed tribal member! Please continue to check dates for these meetings as the dates have previously changed due to unforeseen circumstances, but as of this writing, this is the latest scheduled dates.

Thanks to all of the Elders who have participated and provided their ideas and suggestions. The officers are now in a position to start evaluating potential trips and events to present for consideration by the members. The feasibility of these activities will be determined by costs and the commitment by the members of the Elders Council.

I will leave you with a quote from the Great Chief Tecumseh, “When you rise in the morning, give thanks for the light, for the light, for your life, for your strength. Give thanks for your food and for the joy of living. If you see no reason to give thanks, the fault lies in yourself.” We, indeed, were lead by a wise and great man many years ago! Let us build on his legacy.

Until next time,

Atheda Edwards-Fletcher, Secretary

ASEDA Board Members Needed

The Absentee Shawnee Tribe is looking for tribal members to fill all the positions of the board.

If interested contact the Secretary’s Office of the Absentee Shawnee Tribe at (405) 275-4030

EMERGENCY MANAGEMENT

This article explains (1) what actions you can take when the weather is extremely hot and (2) how to understand heat alerts from the National Weather Service that you could receive in your local area.

Heat kills by pushing the human body beyond its limits. In extreme heat and high humidity, evaporation is slowed and the body must work extra hard to maintain a normal temperature.

Key Safety Tips:

- Drink plenty of water; even if you do not feel thirsty. Avoid drinks with caffeine. Persons who have epilepsy or heart, kidney, or liver disease; are on fluid-restricted diets; or have a problem with fluid retention should consult a doctor before increasing liquid intake.
- Never leave children or pets alone in closed vehicles.
- Check on family, friends, and neighbors who do not have air conditioning and who spend much of their time alone.
- Check on your animals frequently to ensure that they are not suffering from the heat.
- Go to a designated public shelter if your home loses power during periods of extreme heat. Stay on the lowest floor out of the sunshine if air conditioning is not available.
- Check the weather/listen to your NOAA Weather Radio for critical updates from the National Weather Service (NWS).

Safety Tips If You Have to Go Outside:

- Avoid strenuous work during the warmest part of the day. Use a buddy system when working in extreme heat, and take frequent breaks.
- Dress in loose-fitting, lightweight, and light-colored clothes that cover as much skin as possible. Avoid dark colors because they absorb the sun's rays.
- Protect face and head by wearing sunblock and a wide-brimmed hat.
- Postpone outdoor games and activities.
- Stay indoors as much as possible and limit exposure to the sun.

Additional Safety Tips:

- Eat well-balanced, light, and regular meals. Avoid using salt tablets unless directed to do so by a physician.
- Limit intake of alcoholic beverages.
- Avoid extreme temperature changes.
- Consider spending the warmest part of the day in public buildings such as libraries, schools, movie theaters, shopping malls, and other community facilities. Circulating air can cool the body by increasing the perspiration rate of evaporation.
- Download the FEMA App for heat advisories and safety tips.
- Text SHELTER + your ZIP code to 43362 (4FEMA) to find the nearest shelter in your area (example: shelter 12345).

Tips To Prepare Your Home:

- Install window air conditioners snugly; insulate if necessary.

- Check air-conditioning ducts for proper insulation.
- Install temporary window reflectors (for use between windows and drapes), such as aluminum foil-covered cardboard, to reflect heat back outside.
- Weather-strip doors and sills to keep cool air in.
- Cover windows that receive morning or afternoon sun with drapes, shades, awnings, or louvers. (Outdoor awnings or louvers can reduce the heat that enters a home by up to 80 percent.)
- Keep storm windows up all year.

Heat Related Terms:

Familiarize yourself with these terms to help identify an extreme heat hazard:

- Heat Wave - Prolonged period of excessive heat, often combined with excessive humidity.
- Heat Index - A number in degrees Fahrenheit (F) that tells how hot it feels when relative humidity is added to the air temperature. Exposure to full sunshine can increase the heat index by 15 degrees.
- Heat Cramps - Muscular pains and spasms due to heavy exertion. Although heat cramps are the least severe, they are often the first signal that the body is having trouble with the heat.
- Heat Exhaustion - Typically occurs when people exercise heavily or work in a hot, humid place where body fluids are lost through heavy sweating. Blood flow to the skin increases, causing blood flow to decrease to the vital organs. This results in a form of mild shock. If not treated, the victim's condition will worsen. Body temperature will keep rising and the victim may suffer heat stroke.
- Heat Stroke - A life-threatening condition. The victim's temperature control system, which produces sweating to cool the body, stops working. The body temperature can rise so high that brain damage and death may result if the body is not cooled quickly.
- Sun Stroke - Another term for heat stroke.
- Excessive Heat Watch - Conditions are favorable for an excessive heat event to meet or exceed local Excessive Heat Warning criteria in the next 24 to 72 hours.
- Excessive Heat Warning - Heat Index values are forecast to meet or exceed locally defined warning criteria for at least 2 days (daytime highs=105-110° Fahrenheit).
- Heat Advisory - Heat Index values are forecast to meet locally defined advisory criteria for 1 to 2 days (daytime highs=100-105° Fahrenheit)

###

Contact information:

Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com

Realty Department

Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

If anyone has any questions, please contact the Realty Department @ (405) 275-4030.

PROBATE MISSION STATEMENT

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent's family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

Should you have any questions, please contact Lea Tsoaddle at 405-275-4030 ext. 6248.

Notice of Farming and Grazing Lease Sale To be held on August 28, 2017

Sealed bids for Farming and Grazing Leases Sale will be received in the office of the Realty Department until 10:00 AM, 28 August 2017. All bids received up to the hour of the sale will be opened at the time of the sale and leases awarded to qualified bidders offering the highest annual consideration, if such bids are deemed adequate and are acceptable. For a complete list of available tracts, please visit, www.astribe.com.

All bids must be enclosed in separate envelopes and plainly marked, "SEALED BID ON FARMING AND GRAZING LEASE SALE, TO BE OPENED AT 10:00 AM, August 28, 2017". Mail all sealed bids to:

Absentee Shawnee Tribe of Oklahoma
Attention: Realty Department
2025 South Gordon Cooper Drive
Shawnee, OK 74801

Further information concerning this advertisement may be obtained by calling (405) 275-4030 or writing to the above listed address.

The Cobell Settlement Deadline

The US District Court for the District of Columbia (the “Court”) has set November 27, 2017 as the final deadline for any Class Member or the heir of a Class Member to provide documentation so that payment can be made. The Court approved one exception in its Order, Class Member estates pending probate proceedings at the U.S. Department of Interior’s Office of Hearing and Appeals (“OHA”) as of November 27, 2017, will have their payments held until the OHA proceedings are finalized. Those payments will then be distributed to the heirs. All other documentation must be received by the Claims Administrator or postmarked by November 27, 2017. Should you have any questions about the types of documentation acceptable for payment or if you are a Class Member or heir to a Class Member and you have not received your check, please do not hesitate to call (800) 961-6109. Information can be found on the Indian Trust Settlement website: www.indiantrust.com

Please update your personal information or to find your IIM Account with the Office of the Special Trustee for American Indians 1-888-678-6836.

AARON D CORIZ
ADAM J STEVES
AIMEE R ELLIS
ALBERT E MATNEY
ALBERTA D SPOON
ALEXANDER G HERNANDEZ
ALFORD ELLIS
ALICE CHISHOLM SWITCH
ALLIE ELLA SNAKE SNAKEMAN WEST
ALYCE K CORPUS
ANDREA K LONGMAN
ANGELA K WILSON
ANGELA M CHUPP
ANGELA P PRUNER
ANGELIA J STEWART
ANNA G SNAKE
ANNETTE R TIGER AS01648
ANTHONY E WILSON
ANTHONY E WOODWARD
ANTHONY J TIGER
APRIL D WYATT
ARTHUR WILLIAMS
AVIS J WHITE
B LASENBERRY
B WATSON
BARRY G SNAKE
BENJAMIN A SCRAPER
BENJAMIN F SNAKE
BESSIE L CREEK
BILL JOHNSON JR
BILLY J TIGER
BOBBY J LASENBERRY ESTATE
BOBBY JOHNSON JR ESTATE
BRADLEY B LONGHORN
BRANDI F ROUTLEDGE
BRANDON C BOND
BRENDA E SLOAT
BRIAN A RIEDEL
BRIAN K BEAVER
BRIAN L SPRIGGS
BRIAN W WAKOLEE
BRUCE J LONGHORN
BURTON T HARJO
CALVIN L WILSON
CAROLYN BURNETT
CARRIELYNN M SINKS
CASS ADAM MERRELL

CATHERINE E JOHNSON
CHARLES D SHAWN ESTATE
CHARLES K DONAHO ESTATE
CHARLES R MILLER
CHARLEY ELLIS
CHARLEY LITTLE JIM
CHARLIE SQUIRE ESTATE
CHRISTA A BULLARD
CHRISTIAN S ALFORD
CHRISTIE E WOLFE
CHRISTOPHER B WILSON
CHRISTOPHER G RAISBECK
CHRISTOPHER J WILLIAMS
CHRISTOPHER L HANKINS
CHRISTOPHER P GARRETSON
CHRISTY D WILLIS
CLINT J LITTLE JIM
CLINTON J DEERE
COLLINS K KICKAPOO
COLVIA DOOLEY ESTATE
CONRAD C BLANCHARD
CORA M CREAMER
CRYSTAL DAWN ATWOOD
CURTIS A GIBSON
CURTIS L BENTLEY
CYNTHIA D DAUGHERTY
D LITTLE AXE
DANIEL A STOLIBY
DANIEL D JOSYTEWA
DANIEL R SINKS
DARRELL L ARMSTRONG
DARREN SHIELDS
DAVID BURNETT
DAVID L WILSON
DAVID M GIBSON
DAWN M STONE
DEANA M WILLIAMS
DEANN M TURNER
DEBRA F WARRIOR
DELISHA A DOUSSETT
DELORIS A KASECA
DENNIS P HOOD ESTATE
DINA A LITTLE JIM
DION A TIGER
DONALD D SCHULENBURG
DONALD R SPRIGGS
DONNA N WHITE

DOROTHY J NEMECEK ESTATE
DOROTHY S RUPE ESTATE
DORTHEA C WHITE
DOUGLAS BISHOP ESTATE
EASTMAN K SWITCH
EDMOND L PONKILLA
EDYTHEA M POWELL ESTATE
ELAINA R HOOD
ELIZABETH Y JOHNSON
EMANUEL STAPP NO PROPERTY
ERIC L BLANCHARD
ERIC PENA
ERIC S WASHINGTON
ERMA E JONES CAMP
EUGENE B FREEMAN
EUGENE S STRICKLIN
EUGENE T HOOD ESTATE
EVA SHAWNEE ESTATE
EVELYN L LITTLE CHARLEY
FAWN L POWELL
FLORA J KENT
FLORA M SIMPSON
FRANCES I YAGER ESTATE
FRANCES M WILLIAMS
FREDDIE L WATKINS
GABRIELLA D DOUSSETT
GENEVA HAYNES ESTATE
GEORGE DAVIS
GEORGE L JOHNSON
GERALD F CLARK
GILBERT B LITTLE
GILBERT L HOOD ESTATE
GINA J NAKAMOTO
GRACE M SMITH
HAROLD P ABRAHAM
HEATHER R MILBURN
HELEN BUMPUS THORPE ESTATE
HENRIETTA V SPADLING
HENRY C JOHNSON
HENRY TIGER
HERBERT P SMITH ESTATE
HERMAN P LITTLECREEK
HOLLY D ELLIS
HOWARD F GILMAN
IRVIN L WATKINS
ISAIAH R PONCHO J JOHNSON
JACKIE LITTLE CHARLEY AS00881

JACQUELINE CARPENTER
JACQUELINE R HARJO
JAMES C SPYBUCK SR
JAMES C SPYBUCK SR ESTATE
JAMES E MATNEY ESTATE
JAMES E SEBER
JAMES P BOND
JAMES W WILSON
JAMIE A JOHNSON
JASON A MERREL
JEANETTE M HARJO
JEANETTE M HARJO
JEFFERY C BAYLISS
JEFFREY A MINESINGER
JEFFREY W GIBSON
JENNIFER N DAVIS
JEREMY R DAVIS
JERRI A RIEDEL
JESSICA R ALFORD
JIMMY M CRIPPS
JOAN D HOUCK ESTATE
JODY D BAKER
JOHN A LITTLE AXE
JOHN DOE21
JOHN P JOHNSON
JOHN SPYBUCK ESTATE
JOHN W LONGMAN
JOHN W SPOON
JOSEPH L FRENCH
JOSEPH L SQUIRE
JOSEPH SANCHEY ESTATE
JOSEPH SHINCIS
JOSHUA A MCPHERSON
JUANITA L LONGHORN
K HARJO
KAREN F KANIATOBE AS00745
KAREN S THORNHILL
KATHERINE M NICHOLAS
KATHERN S SWITCH
KATHY L NEWTON
KATIE J JOHNSON
KELLY J ODELL
KEVIN B WASHINGTON
KEVIN M ELLIS
KIMBER L WATSON
KIMBERLY K CROW
KIMBERLY K TURTLE

KRISTY A MORRELL
LADONNA R FOREMAN
LARONDA A DAVIS
LARRY B COFFEE
LARRY D BRUNO
LARRY D LITTLE CREEK
LARRY T GOODWIN
LAURA J LITTLEBEAR
LAURIE D SCHULENBERG
LAVONNA J SQUIRE
LAWRENCE G LASENBERRY ESTATE
LAWRENCE K LITTLE CREEK
LAWRENCE SNAKE
LEAH HOOD
LEE PENA
LEILA K GIBSON
LELAND S ROBERTSON
LENA L PONKILLA
LEONARD D FOREMAN
LESTER C HYDE
LESTER LOGAN
LINDA K RESSLER
LISA A CALL
LISA A LITTLE AXE
LISA A MESHQUEKENNOCK
LISA D JOHNSON
LISA HOOD
LISA L SERENA
LISA R SIMPSON
LORETTA M GIBSON
LOURIE A GIBSON
LUCILLE M SNAKEMAN ESTATE
LYDIA R WARRIOR
LYNDELL D BYRD
MAGDELENA S ALFORD
MANUEL G HERRERA
MANUEL S JOHNSON
MARCIE D TIGER
MARGARET A SCRAPER
MARIE STAPP
MARION J ROBERTSON
MARLENE J JOHNSON
MARVIN E WILSON
MARY E CLARK
MARY F PONKILLA
MARY R PHELPS ESTATE
MAY TYNER ESTATE
MELANIE M BARNHILL
MELISSA C BULLARD
MELISSA R LITTLE CREEK
MELLONEY A CHARLEY
MERANDA L STARR
MERLE L HURST
MICHAEL R SLOAN
MICHAEL S HOOPER
MICHAEL S MCGONIGAL
MICHEAL R LONGMAN
MICHELE R LITTLE CHARLEY
MICHELE R WILSON

MICHELLE GROVER
MICHELLE L LITTLE CREEK
MICHELLE M WILSON
MICHELLE S MILBURN
MIKEAL D SWITCH
MILDRED SWITCH ESTATE
MILTON SWITCH
MONTIE L SHULAR
NANCY R TIGER
NANCY TUANEAM
NATHAN S BRITT
NATHANIEL R LARNEY JR
NORMA D BURNS
OLLIE SHAWNEE ESTATE
ONEONTA M ALFORD
OPENIA S JOHNSON
P BLANCHARD
PAMELA G TIGER
PAMELA K SULLIUVAN
PATRICIA A SLOAT ESTATE
PATRICK M MILLER
PATRICK S WATSON
PAUL K WEBB
PAULINE PETERS
PILARR A WINTER
QUANAH G INNIS
RANDALL D BOOTH
RANDALL D WALKER
RAYMOND F MANN
RAYMOND R MORRIS
REBECCA F BITTLE
REIGN P HOWE
RETHA A SQUIRE
RHONDA G MCBRIDE
RHONDA J ELLIOTT
RICHARD F HOOD
RICHARD F MANN
RICHARD J HERRERA
RICHARD R WOLFE
RICHARD T JOHNSON
RICKIE D FRAZIER
RILEY G TIGER ESTATE
RITA A SINKS ESTATE
ROBBIN L ROLETTE
ROBERT E SINKS
ROBERT J WIMBISH ESTATE
ROLAND TIGER
RONALD K WASHINGTON
RONALD L GIBSON JR
RONNIE C GIBSON
ROSE WARRIOR ESTATE
ROSIE MANN
RUBEN P HERRERA
RUBY M MOORE ESTATE
RUTH H WILLIAMS
S FARRIS
SABRINA L SWITCH
SABRINA LITTLE AXE
SALLY A MANN

SAM L MARTINEZ
SAMSON R SQUIRE
SAMUEL L WOODWARD
SAMUEL W RAISBECK
SANDRA K BAYLISS JOHNSON
SANDRA K LOVINS
SANDRA L BLANCHARD
SANDRI J KIME ESTATE
SEAN A MERRELL
SEAN R LONGHORN
SHAD M SMITH
SHANNON D ELLIS
SHANNON R JOHNSON
SHARON O GIBSON
SHAWN D BYERS
SHAWN S SCHWARZ
SHAWN W RUIMVELD
SHAWNEE A TAPIA
SHEILA A FRENCH
SHEILA M HARJO
SHELLY B LONGMAN
SHERRY A DOHRWARDT
STELLA L MALONE
STEPHANIE L LONGHORN
STEVEN BURNETT
STEVEN J HOOPER
STEVEN R SNAKE
STEWART L SNAKE
SUSAN E WILKERSON
SUSAN L SWITCH
SUSAN R BARNETT
SUSAN R ELLIOTT
SUSAN R HERRIN
SUSANNE C MATHANY
T LITTLE CHARLEY
T PANTHER
TAMMY L TIGER
TAMMY R SINKS
TANYA E DETWILER
TANYA E WILSON
TAREE R WILLIAMS
TERESA L WHITTAKER
TERRY E KIRK
TERRY M TURNER
TERRY W WILSON
THERESA M HARJO
THOMAS A LONGACRE
THOMAS D GUTHRIE ESTATE
THOMAS L MESHQUEKENNOCK
THOMAS M SPYBUCK
THOMAS W ALFORD
THURMAN HOUSTAN
TIMOTHY A HARJO
TIMOTHY A MARTINEZ
TIMOTHY D TIGER
TIMOTHY L IRVIN
TIMOTHY S WALLACE
TINA R NED
TINA Y SCHULENBERG

TONY W LITTLE
TRAVIS E JOHNSON
TRAVIS E MCBRIDE
TRAVIS W MCGIRT
TRINA A LONGMAN
TROY L LITTLE AXE AS00854
TWILA M LONGMAN
V WYATT
VANESSA K BISHOP ESTATE
VIKKI A GRAVES
WALTER SHAWNEE ESTATE
WALTER WASHINGTON
WANDA L ROBERTSON
WANNETTA JEAN LITTLEHEAD
BATTISE ESTATE
WEDA L LONGHORN
WESLEY LITTLE CHARLEY JR
WESLEY S WILSON AS01889
WILBUR J SQUIRE
WILEY LITTLECREEK ESTATE
WILLIAM A LONGMAN
WILLIAM J SQUIRE
WILLIE JOHNSON ESTATE
WILLIE SNAKE
WILMA A TIGER
WYNEMA JESSEPE
YVETTE C ROLETTE
ZORETTA D LITTLE

AST Day



TBA

2% milk served daily

Menu subject to change



2017

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|---|--|----------|
| | | 1 Chef Salad Eggs, Chez Crackers Mandarin Oranges | 2 Baked Chicken Stuffing Green Beans Applesauce | 3 Beef Tips & Noodles Tossed Salad* | 4 Boiled Egg Sausage Patty Toast | 5 |
| 6 | 7 Hamburger LTOP Tator Tots Orange | 8 Hot Ham N Chez Sandwich Mac Salad Chips/Mixed Fruit | 9 Smoked Sausage Cabbage Black eyed Peas Pudding | 10 Taco Casserole Ranch Beans Tossed Salad* Crisp | 11 Scrambled Eggs Sausage Gravy Biscuit | 12 |
| 13 | 14 Cold Cut Sandwich Cucumber & Onion Salad Yogurt | 15 Burrito w/ Chili & Chez Spanish Rice Pears | 16 Oven Fried Chicken Mashed Pot/Gravy Peas & Carrots Fluff | 17 Tamale Spanish Rice Salsa Peaches | 18 Grits Banana Sausage Patty | 19 |
| 20 | 21 Chicken Salad On Croissant LTOP Chips/Apple | 22 Meatloaf Mashed Pot/Gravy Greenbeans Bread/Fruit | 23 BBQ Pork Sandwich Pickles, Onions Chips Pineapples | 24 Hot Dog Pork n Beans Cookie | 25 Scrambled Eggs Sausage Gravy Biscuit | 26 |
| 27 | 28 Salisbury Steak Mashed Pot/Gravy Brussel Sprouts Apricots | 29 Hominy & Pork Zucc. & Tomatos Cake | 30 Grilled Chicken Sandwich Veggie Soup Plums | 31 Beans Cornbread Steakfries Onions | | |

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

SHAWNEE CLINIC PHARMACY HOURS NOTICE



Shawnee Clinic Lobby and Drive-thru
hours for regular prescription fills &
refills are 7a.m.-5 p.m. The Extended

Hours Pharmacy is **limited** to Shawnee Clinic Extended
Hours patients and AST member Emergency Room
discharge (limited) fills only. *Thank you.*



Who are the children in need?

- Native American children in custody of tribe or state.
 - Native American children ages 0-17.
 - Native American children in sibling groups.
- Native American children with special, physical, or emotional needs.
 - Native American children mixed with another ethnicity.

**TRIBAL FOSTER CARE HOMES ARE NEEDED FOR
OUR TRIBAL CHILDREN**

WILL YOU OPEN YOUR HOME TO A CHILD IN NEED?

**IF YOU ARE INTERESTED IN BECOMING A FOSTER
CARE HOME PLEASE CONTACT:
JULIE WILSON 275-4030 EXT. 6376**

Absentee Shawnee Tribe

Social Service Department

School Clothing Allowance Program

WHO IS ELIGIBLE?

KINDERGARTEN THRU 12TH GRADE CHILDREN: Enrolled tribal members who are attending a Certified School are eligible to make an application for assistance.

SPECIAL NEED CHILDREN: Tribal Members who are twenty-three (23) years old and under, and who are attending a Certified Special Needs School, such as but not limited to, school for the deaf, blind, or disabled are eligible to make an application for clothing assistance.

Applications are accepted
January-December

For more information please
contact the Social Service Department

405-275-4030 ext. 6255 or 6225



BUILDING BLOCKS III NEWS

I apologize for not having our newsletter in last month, but here are the highlights for June:

We had our 'Donuts for Dads' breakfast on June 16th. We had 12 parents join us to celebrate Father's Day with their children.

Our Threes and Fours/Fives classes attended a couple of fieldtrips in June. The Threes class visited the Jasmine Moran Children's Museum and the Tecumseh splash pad. The Fours/Fives class visited the Oklahoma City Zoo, The Orr Family Farm, and the Myriad Botanical Garden, which included The Very Hungry Caterpillar playground and a splash pad.

Highlights for July

It's been a busy month at Building Blocks III. We've been enrolling children and adding some to our waiting list for future start dates. We currently have 28 children actively attending daily. Our classrooms are very large so we do have immediate openings, for those needing care now, in all ages except our 4's & 5's classroom. We welcome anyone who is interested in our services to come take a tour and ask questions. Even if you just want to see the facility, please come by and take a look around.

The 3's class enjoyed fieldtrips to the Okc Zoo and the Science Museum in July. While the 4's & 5's watched the movie "Home" at the Hornbeck in Shawnee, then stopped off for a Mazzio's pizza lunch. August will bring more fieldtrips in the first 2 weeks, before school starts.

On July 13th, Magician Steve Crawford performed a magic show for us. This kiddos and teachers loved it! It was family friendly and full of laughs! There were plenty of "Oooh... Aaahh" moments. And some of them got to be "assistants" for certain tricks. We will definitely be doing another magic show in the future.

Dates to Remember:

We will be closed on AST Day, which is Friday, August 4.

Parents can keep up with Building Blocks III (Little Axe) by liking us on facebook. We will post information regarding holidays, closings, classroom activities, as well as family events. We will also post pictures of fieldtrips and other fun things the kiddos do. (Parents must sign a permission form to allow their child's image to be shared on facebook.)

Thank you,
Billie Thompson
BBIII Director



BUILDING BLOCKS III NEWS

Water play has been a regular occurrence at BBIII. With the temperature being so warm so early in the morning, the teachers have been taking advantage of the opportunity to do water activities on the playgrounds, before the extreme heat arrives. The children love it! Ms. Diana and Ms. Lisa in our 4's & 5's class set up an entire classroom outside for the morning water play. It included a water table, sandbox, art center, water sprinkler, and two bowls of Oobleck (a mixture of 2 parts corn starch and 1 part water). Everyone had a great time!



FOURTH ANNUAL HEALTH FAIR



FOURTH ANNUAL HEALTH FAIR



AUGUST 2017 BIRTHDAYS

Aguinaga, Joanna Stevens
 Alae, Deena Shabnam
 Alford, Brandon Wayne
 Alford, Donald John
 Alford, Dylan James
 Alford, Janene Flora
 Allen, Zachary Jerald
 Almanza, Favian Dae
 Almanza, Lucy Jeslene
 Alfman, Colson Charles
 Anderson, Dakiah Ali
 Anderson, Jared Russell
 Atwara, Hawana Rain
 Atwara, Rae Lynn
 Balch, Tasha Jamie Renee
 Ballard, James Wesley
 Barbosa Jr., Francisco Lazaro
 Barbosa, Nafalie Cadence
 Barnes, Alvina Lynn (Wilson)
 Barnes, Jonna Kay
 Barriaga, Calib Jay
 Barriaga, Dana Michelle
 Barriaga, Joshua Deen
 Beachem, Lois Marie
 Bella-Heim, Katherine Ann
 Berry, Michael Wayne
 Bettelyoun, Sonia Elaine
 Billie, Gabriel Lamont
 Blackbear, Kyler Jesse
 Blackcett, Tina Marie
 Blanchard, Caileah Ann
 Blanchard, Christopher Ray
 Blanchard, Henry Benjamin
 Blanchard, Jessica Marie
 Blanchard, Kaylee Dawn
 Blanchard, Kenneth Leland
 Blanchard, Leadra Danae
 Blanchard, Luann Delores
 Blanchard, Ruth Evelyn
 Blanchard, Sandra Lynn
 Blanchard, Stacie Faye
 Blocker, Steven DeWayne
 Blood, Jeffery Lee
 Bond, James Phillip
 Boston, Sheila Marie
 Boston, Sheldon Shannon
 Bosworth, Donna Sue White
 Box-Kessler, James Steven
 Bradshaw, Karsyn Marie
 Brady, Crystal Sue
 Bread, Eli Emery Michael
 Bread, Kiley Madison Michael
 Breeding, Taylor Mae
 Britt, Nathan Scott
 Brokeshoulder-Drags Wolf, Whirlwind
 Brokeshoulder, Riley Ann
 Brooks, Rosalind Janelle
 Brophy, Conri Kaleido
 Brown, Teresa
 Brown, Tracy Lynn
 Buckheart, Phillip Paul
 Burgraf, Kyra Joanee Joann
 Byers, Dallas Landry
 Camp, Sarney
 Cargo, Elijah Lee
 Cargo, Jada Cleo Mae
 Carlson, Adrianno McBride
 Carter, Rosa Lee
 Casteel, Serenity James
 Chambers, Diana Lynn
 Chisholm, Anita Sue
 Citty, Daniel Keith
 Citty, Rachel Danece
 Ciulla, Kayla Rena
 Clark, Aufumn Marie
 Clinesmith, Jamie Lenea
 Cody, Kristen Renee

Conley, Nicole Lynn
 Cope, Vincent Michael
 Copeland, Matthew Kyle
 Cottrell, Lindsay Russell
 Crowley, Aleycia Nicole
 Crowley, Isabel Deanne
 Crowley, Jessica Ann
 Crowley, Parris Rae
 Cruz-Larney, Famela Guadalupe
 Cruz, Briel Lashelle
 Curtis, Kenda Janae
 Davis, Barbara Ann
 Davis, Darrol Everett
 Dawsey, Vera Mae
 De La Campa, Ginger Leanne
 Deere, Montana Christian Alex
 Dees, Travis William David
 Delodge, Cheyenne MacHelle
 Dodds, Clayton Robert
 Dominguez, Valerie Rose
 Downey, Sheila Ann
 Draper, Daria Dawn
 Durmon, Patrick Duane
 Edgmon, Kimberly Ann
 Elizondo, Erron Blaine
 Elkins, David Preston
 Elmore, Braden Lee
 Embery, Lisa Marie
 England, Randall Blake
 Felson, Kai Neal Blaze
 Felson, Wyatt Cooper
 Finch, Courtney Shea
 Fixico, Angela Rochelle
 Foreman Sr., Leonard Dewayne
 Fowler, Sofia Evelyn
 Frazier, Kendell Terese
 French, Joseph Lee
 Frye, Michele Renia
 Fuentez, Adriana Esperanza
 Galvon (Cochrane), Joyce Ann
 Garretson, Shawnelle V.
 Garretson, Zachary
 Gibson Jr, Roy Gene
 Gibson-Hicks, Leila Kay
 Gibson, Ethan Leroy
 Gibson, Morgan Lee
 Gilmore, Tammy Kay
 Gilmore, Cynthia Jayden
 Gonzalez-Freed, Alexia Faith
 Goodman, Brandon Thomas
 Gouge, Marissa Janell
 Granstrom, Brandon Thomas
 Gray, Dora Estelle
 Greenfield, David Glenn
 Griffin, Armani De jour
 Griffin, Corrine Sue
 Haney, Carolyn Ann
 Hanson, Melody Leann
 Harjo Jr., Victor Ray
 Harjo, Jason Michael
 Harjo, Kolbie Lee
 Harjo, Theresa Michelle
 Hart, Ashley Nicole
 Harvey, Jaron Scott
 Hastings, Michael Dakota
 Hearley Jr., Abraham Lee
 Hendricks, Rachel Anne Powell
 Hernandez, Alicia Marie
 Herrera Sr., Ruben Pilar
 Herrera, Jennifer Marie
 Herrera, Renee Christine
 Herrod, Lucas Andrew
 Hill, Scotty Lee
 Holderness, John Lennon
 Hood, Iyon Joseph Weston
 Hood, Steven Mark
 Houston III, Gary Dean

Houston, Jacob Lee
 Huckaby, Richard Allen
 Irvin III, William Jetson
 Jackson, Amanda Christine
 Jackson, Josiah Nicholas
 Jimerson, Dante Romain
 Johnson Jr., Robert Anthony
 Johnson-Banks, Airen Nicole
 Johnson-Stephenson, Bryon Darius
 Johnson-Stephenson, Marissa Kaitlynn
 Johnson, Carrielynn Melissa
 Johnson, Christina Michelle
 Johnson, Crystal Faith
 Johnson, Darrell Ray
 Johnson, Desiree Cathonel
 Johnson, Diana Kay
 Johnson, Nicholas Ray
 Johnson, Robin
 Johnson, Ronnie Gene
 Jordan, Betty Jean
 Josyewea, Daniel Dakota
 Kaseca, Lynlei Renee
 Kastl, Richard Dean
 Keith, Jaime Lee
 Kennedy, Rebecca Lea
 Kennedy, Willie James
 Kernell, Noah Lee
 Kilmer, Gregory Keith
 Kinnamon, Alisha Dawn
 Kinnamon, Dustin James
 Kirby, William Anthony
 Koster, Keeleigh Jenifer
 Lamb, Weston Bobby Clayton Charley
 Langston, Nicole Leeann
 Larney Jr., Nathaniel Roy
 Larney, Santana LaRay
 Larney, Tava Dionne
 Latham Sloan, Stone Tecumseh
 Lee, Christopher Ashton
 Leedom, Daniel Clayton
 Liles, Tammy Gayle
 Little Axe, Angela Renae
 Little Axe, Barbara J White
 Little Axe, Chastity Lynn
 Little Axe, Jamison Sloan
 Little Axe, Kimberly Jolene
 Little Axe, Mikah Dean
 Little Axe, Panther Sky
 Little Charley, Eldon
 Little Charley, Tyera Nicole
 Little Jim, James Allen
 Little Jim, Lorene Little Axe
 Little, Earl Lynn
 Little, Mark Anthony
 Littlebear, David Allen
 Littlebear, Patrick Dale
 Littlecreek, Cameron Joseph
 Littlecreek, Richard Lloyd
 Littlehead, Montana Dane
 Locke, Ericalee Dawn
 Logan, Kathleen June
 Longden, Marilyn Sue
 Longhorn, Gabriel Allen
 Longhorn, Keith Warren
 Longhorn, Patience Bruce
 Longman, Kirstain Page
 Lossie, Amy Laverne
 Lovins, Jo Ann
 Lowe, Trenton James
 Mack, Devin Lee
 Mack, Kylan Cole
 Mack, Trenden Derrick Lee
 Mann, Cecil Ray
 Mann, McCann Allen
 Mann, Michael Ray
 Mann, Stacy Diane
 Marquez II, Felipe Herrera

Marquez III, Felipe Herrera
 Marshall, Briana Michelle
 Marshall, Laura Lee
 Martinez Jr., Jose Martin
 Martinez, Goodchief Justice
 Martinez, Tecumseh Joaquin
 Masquas, Zariyah Jade
 Masquat, Cheryl Ann
 Masquat, Lindsay Marie
 Maxwell, Darrell Wayne
 McBride, Caroline Sue
 McBride, Michael Andrew
 McPherson, Elana Rose
 McPherson, Joshua Alan
 Megehee, Hunter Buck
 Mezzyesi, Kevin Charles
 Miller, Stacy Elaine
 Miller, Tommy Dean
 Minesinger, Kenneth Scott
 Moody, Megan Marie
 Moore, Amanda Renee
 Moore, Brian Keith
 Moore, Christian Glenn
 Morris, Nikolai William
 Mossbacher, Myles Anthony
 Myers, Jerri Annette
 Neese, Krystal Ann
 Nelson, Korey James
 Neugent, Victoria Ann Louise
 Neugent, Zaleah Vee
 Novick, Roman Christopher Alan
 Olivas, Lily Martha Ruth
 Ortiz, Sylva Loumae
 Owens, Alisha Janae
 Panther, Jessalynn Rae Ann
 Parsons, Trysten Nathaniel Lee
 Pearl, Roger Allen
 Peetoom, Stephanie Dawn
 Perkins, Troy Dylan
 Presson, Elizabeth Ann
 Puckitt, Ryan Paul
 Ramirez, Angel Renee
 Ramirez, Librado Bryan
 Ramirez, Sirene Angel
 Ramsey, Tycilla Renee
 Rapp, Michelle Lauren
 Rickard, Keely Danielle
 Ridenour, Lesley Paige
 Robison, Noah Alan
 Rodas, Owen Benjamin
 Rojas Jr., Antonio
 Rolette, David Wayne
 Roller, David Lee
 Roller, Susan Margaret
 Ross, James Edward
 Ross, Randall Lee
 Rudloff, Derek Chase
 Runabove, Brock Allen
 Ryan, Cullen Patrick
 Salazar, Catherine Lynn
 Sallee, Melanie Rachele
 Sampson, Ayden Lee
 Sanchez, Janna Lee Anne
 Sanchez, Luisa Raquel
 Sanchez, Steven Mercedes
 Sanchez, Trevor
 Schwarz, Shawn Sigmund
 Scraper, Margaret Alice
 Serena, Shawn Lee
 Sevier, Jackson Kyle
 Shawnee, Jaylee Anne
 Shawnee, Lyndell Grant
 Shawnee, Lynessa Gail
 Sinks, Daniel Ray
 Sloan, Taya Adalysa Marie
 Sloan, Virginia Michelle
 Sloat, Brett Marshall

Sloat, Christopher Douglas
 Sloat, Lorraine Gail
 Smith, Saydi Leigh
 Snake, Amber Larae
 Spoon Jr., Steven Paul
 Spoon, Alexis Cheyenne
 Spoon, Alyssia Shylarae
 Spybuck, Thomas Matthew
 Squire Sr., Kenneth Dale
 Squire, Suzetta Ann
 Starr, Ashley Ann
 Starr, Esella Mia
 Starr, Jamie Dawn
 Stoliby, Allen Monroe
 Strain, Susan Elaine
 Stricklin, Olivia Sayson
 Sullivan Jr., Thomas Lee
 Susko, Kelly Anne
 Swenson, Londyn Alayne
 Swenson, Owyn Cruz
 Switch, Cara Cameron
 Switch, Melpherd Dewayne
 Tallchief, Sierra Marie
 Thompson, DeKaylie Talara
 Thorpe, Keaston James Guthrie
 Thorpe, Kyra Nicole
 Tiger Jr., Leonard Gene
 Tiger, Cierra Alayne
 Tiger, Linda Kay
 Tiger, Mary Louise
 Tolbert, Jayvaughn Charles
 Tolbert, Jocelyn Renee
 Tucker, Wessie Carmen
 Tucker, Xavier Mega
 Tullius, Ashley Nicole
 Turner, Aryana Janaye
 Vaughn, Sandra Kay
 Velez, Carol Ann
 Villalobos, Enrique Ivan
 Wahpekeche, Joaquin Noah
 Wakley, Brianna Morgan
 Warrior Jr., Manuel Anthony
 Warrior, Isaac Necon
 Warrior, Lydia Annelise
 Warrior, Samuel Adrian
 Watson, Gregory Doyle
 Wenholm, Tyson Riley
 West, Randall Aaron
 White, Darrel Lee
 White, Michael Brooks
 Whiffen, Mikayla R. A. C.
 Whiffen, Tina Louise
 Williams Jr, Robert
 Williams, Charlotte Virginia
 Williams, Deana Michelle
 Williams, Derrick Heath
 Williams, Jennifer Lee
 Williams, Kaysa Lyn
 Williams, Linda Lee
 Williamson, Jeanie Oldham
 Wilson, Anthony Eugene
 Wilson, Asa Lynch
 Wilson, Cheyenne Michelle
 Wilson, Debra Ann
 Wilson, Deja Lea
 Wilson, Espernsi
 Wilson, Mya Rose
 Wilson, Sarah Madisen Jane
 Wilson, Terry Blaine
 Wilson, Tiffany Michele
 Winrow, Myia Lashea
 Wolfe Jr., Zachary Paul
 Woods, Kaitlin Marie
 Woodward, Anthony Emmett
 Woodward, Blake Anthony
 Yates, Trevor Todd Thomas

Happy 1st Birthday
Keeleigh J. Koster

We love you sweet girl.
From,
Your Mom, Dad, Mimi &
Great Grandma Jenifer

Happy
Birthday

**HAPPY 2ND
 BIRTHDAY
 ALEXIA FAITH
 FREED
 WE LOVE YOU!!
 THE LONGMAN FAMILY**

Happy
Birthday

Happy 3rd Birthday
LynnLei
We love you very much.
Love,
Mom, Dad,
Bubba and Sissy

To my sugarbaby, LynnLei Kaseca
HAPPY 3rd BIRTHDAY!!!

We love you bunches,
Granny & Grandpa, Aunt Nikki and Uncle Pat

WISHING YOU
 the Most **Amazing**
BIRTHDAY

Happy 18th Birthday!!
Kirstain "Page" Longman

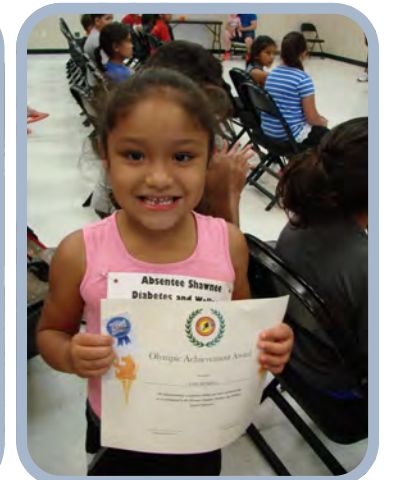
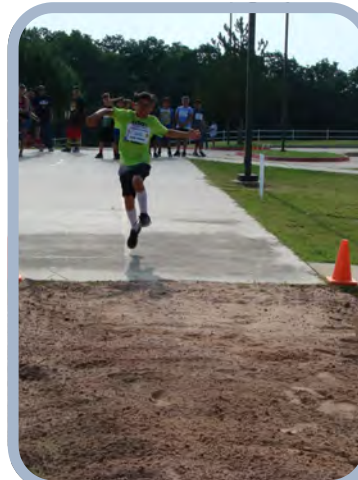
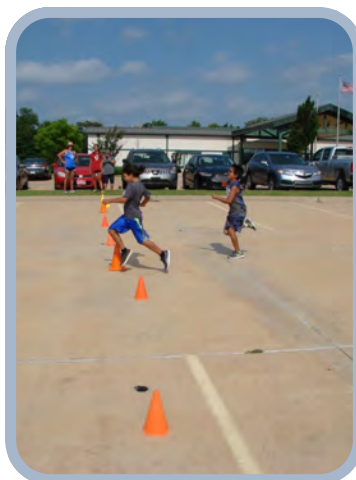
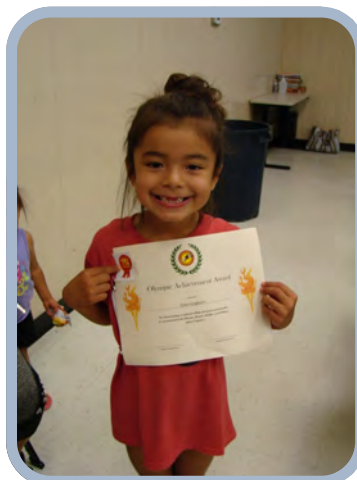
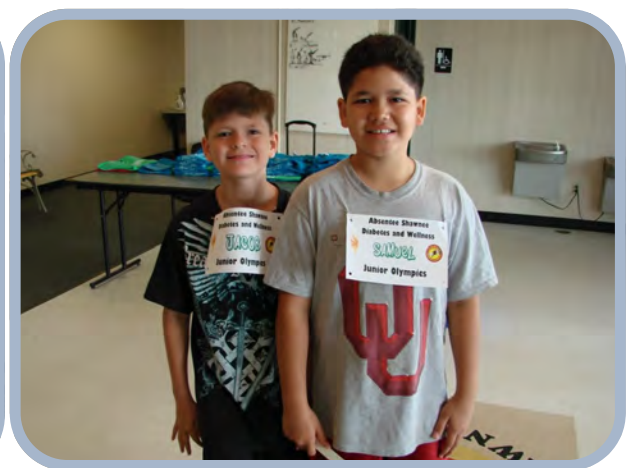
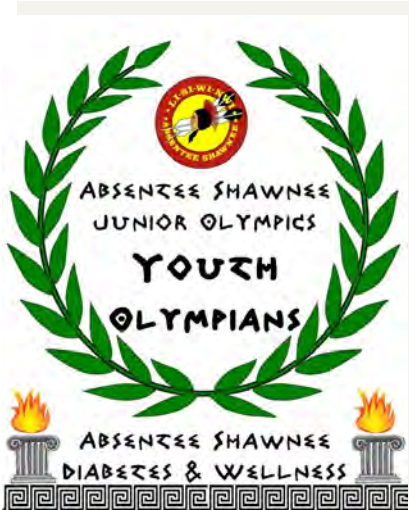
We Love You!!!
Grams and Dad

• HAPPY BIRTHDAY •
Henry Blanchard
 Love Mom and Dad

**HAPPY
 BiRtH
 DaY!**

Happy Belated 3rd Birthday!!!
**Annabelle
 Marie Longman**

We Love You!!!
The Longman Family



IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

**Give us a call at (405) 598-1279 or (405) 481-0558
or send us an e-mail to
stiger@astribe.com**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY
THE 15th OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,
NOT PER BIRTHDAY WISH.***

Absentee Shawnee Housing Authority



Programs Available

- Lease to Own Homes
- Low Rent Housing
- Over Income AST member Down Payment & Closing Assistance
- College Housing Assistance
- Home Rehab Program
- Storm Shelter Assistance
- Transitional Housing
- Over-Income Rental Housing

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

***Honoring Our Past
With Promise for
Our Future***

**LIFE is Beautiful
Living Meth Free**



**National Suicide
Prevention**

**1-800-273-8255
(TALK)**



**Absentee Shawnee
Health Systems
Shawnee & Little Axe**

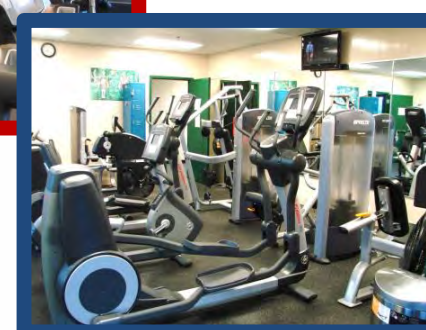
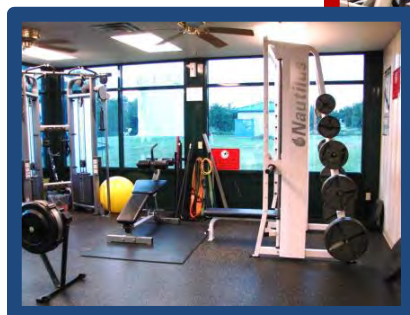
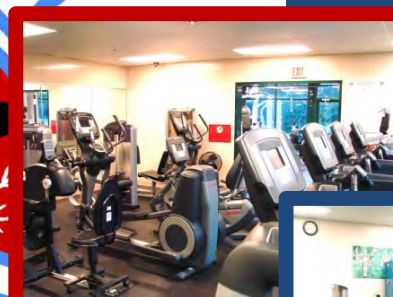
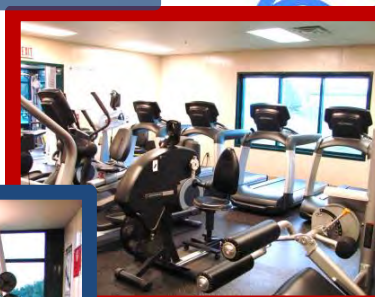
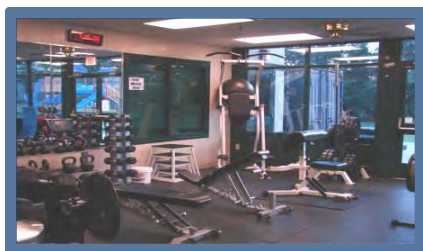


Buster Bread
Fitness Manager



Chrissy Wiens
Physical Activities Specialist

The Absentee Shawnee Diabetes and Wellness



Fitness Center

Fitness Facility Hours of Operation

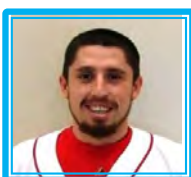
Monday - Friday

6:00 a.m. - 9:00 p.m.

Fitness Facility Weekend Hours of Operation

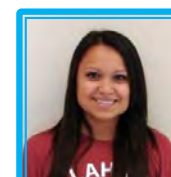
Saturday

9:00 a.m. - 3:00 p.m.



Brandon Goodman
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson
Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

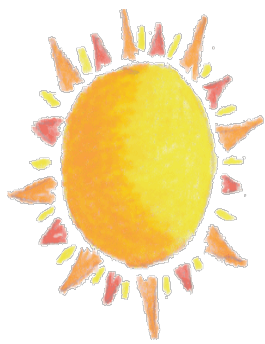
The AST Resource Center fitness room hours are:

Monday-Friday 6:00am - 9:00pm

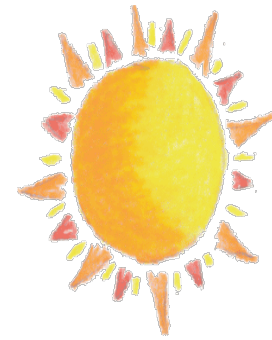
Saturday 9:00am - 3:00pm

Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)



August



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| CLASSES | CLASSES | CLASSES | CLASSES | CLASSES |
| <u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center | <u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center | <u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center | <u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center | <u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center |
| | | | | |
| | | <u>Body Blast Dance Fitness</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY | | |
| | | | | <u>Calisthenics Camp</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY |
| <u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center | | <u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center | | |

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Mini Bootcamp"- A full-body strength training program aimed to improve your muscular fitness and endurance.



**Absentee
Shawnee Fitness**

"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.



"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

"Couch to 5k"- A program to help develop your aerobic strength and endurance over 12-weeks. The program goal is to help participants complete a 5K distance by walking, jogging, or running.

**Diabetes and
Wellness**



White Turkey Band Of Absentee Shawnee 's Veterans Pow-wow



Saturday, November 4, 2017
Thunderbird Casino @ Event Center



M.C.: Kelly Switch

Head Singer: Mike Kihega

Head Gourd: Micheal Tsotaddle

Head Lady: Alexis Tanyan

Head Man: Troy Tilley

Arena Director: Jeremy Johnson

Co-Host: Absentee Shawnee Tribe Color Guard Association

Invited Color Guards: Sac & Fox Color Guard

Seminole Nation Honor Guard

All Veterans and Veteran Organizations Invited

All Club, Tribal and Organization Princesses invited

Special Straight Dance Contest in memorial of Herbert Switch United States Marine Corp. (open to all ages) by Kelly Switch

Special Women's Southern Cloth Contest in Honor of Alexis Tanyan by Alexis Tanyan Family

Information Contact:
Gwen Switch 405-204-9612
Vendor Information:
Lana Butler 405-481-0155
(Leave Message)

Schedule:
2 P.M. Gourd Dance
5 P.M. Supper
6 P.M. Gourd Dance
7 P.M. Grand Entry
11 P.M. Closing

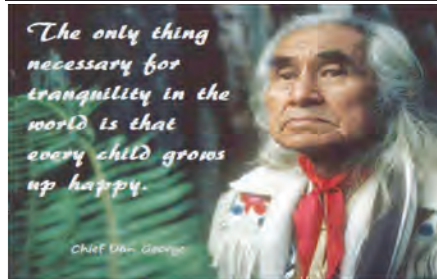
**Raffles and
Cake Walks**



Sponsors not responsible for accidents or theft (security will be provided). Thunderbird Entertainment is an Absentee Shawnee Enterprise and is not responsible for Accidents or Theft



FOSTER CARE



GOT LOVE?

FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)

"I don't want a family. I need one."
- Current Waiting Child

<<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age \$14.73 day \$441.97 month
- 6-12 age \$17.12 day \$513.57 month
- 12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED IN TO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT JULIANN WILSON ICW/CPS/FOSTER CARE AT 275-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents



The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

ABSENTEE SHAWNEE TRIBE SOCIAL SERVICE DEPARTMENT



ADULT WIA PROGRAM NOW ACCEPTING APPLICATIONS!!

REQUIREMENTS INCLUDE:

- ◆ **MUST BE A MEMBER OF A FEDERALLY RECOGNIZED TRIBE.**
- ◆ **MUST BE 18 YEARS OF AGE.**
- ◆ **MUST LIVE WITHIN THE ABSENTEE SHAWNEE TRIBE SERVICE AREA.**
- ◆ **CAN NOT BE CURRENTLY EMPLOYED**
- ◆ **MUST MEET INCOME GUIDELINES**

Several positions are available!

Applications can be found online at www.atribe.com or at the AST Social Service Department

For further questions please contact Linda Gouge 405-275-4030 ext. 6255

There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)



PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



WWW.ASTHEALTH.ORG

LITTLE AXE HEALTH CENTER
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5:30 p.m. to 9 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Holidays 9 a.m. to 5 p.m.

(excluding Thanksgiving & Christmas)

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

SHAWNEE CLINIC
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Lobby:
Mon – Fri 7 a.m. to 5 p.m.

Drive-thru:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:
Mon – Fri 5 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays

*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) **approved Walgreens locations in Shawnee and Norman**. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



WWW.ASTHEALTH.ORG



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

BEHAVIORAL HEALTH SERVICES

A guiding hand on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, **8 a.m. to 5 p.m. Monday through Friday.**

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

BEHAVIORAL HEALTH
Rolanda Smith 405.701.7987

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)

BEHAVIORAL HEALTH
Roberta Cooper 405.878.4716

Services available for all Federally Recognized Tribes.



WWW.ASTHEALTH.ORG

LITTLE AXE HEALTH CENTER OPTOMETRY ANNUAL BENEFITS & DISCOUNTS

Absentee Shawnee Tribal Members with Vision Insurance:

All enrolled Absentee Shawnee Tribal members who have vision insurance will have their insurance billed for the exam and any prescribed optical products. The Tribal benefit will be used for the remainder of the cost for prescription eye glasses or contact lens, not to exceed the \$350.00 vision benefit through the ASTHS Contract Health Services. If the amount exceeds the \$350.00 benefit, the Tribal member will be responsible for the out of pocket expense.

***If an enrolled Absentee Tribal Member with insurance chooses to see an outside provider they will be responsible for notifying ASTHS Contract Health Services (405.701.7951 or 405.878.5850). Their benefit within the Absentee Shawnee Optometry Department will only allow for the amount within the \$350.00 that was left unused for the vision benefit year. (i.e. If you were seen December 31, 2016 your vision benefit year lasts until December 30, 2017.)**

Absentee Shawnee Tribal Members without Vision Insurance:

All enrolled Absentee Shawnee Tribal members who do not have vision insurance must use the Absentee Shawnee Optometry Department to receive their eye exam at no charge and their \$350.00 tribal benefit for the cost of prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket expense.

Absentee Shawnee Tribal Members who live outside of the catchment area:

All enrolled Absentee Shawnee Tribal members who reside outside of the catchment area (Cleveland, Pottawatomie, Logan, Lincoln, and Oklahoma counties) may still utilize their tribal benefit only if they use the Absentee Shawnee Optometry department for their exam and/or prescription optical products. The allotted \$350.00 will be used towards prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket costs.

*These patient will need to ensure they have updated their chart. This is to include updated HIPAA and consent forms.

Additional products/charges outside of the allowed benefit schedule:

Any additional products/charges outside of the allowed benefit schedule must be paid for by the patient. For example, patients who do not require corrective lens but chose to get colored contacts or non-prescription sunglasses these will be at their own expense. All charges will need to be paid for in advance following the payment guidelines posted in the office. **NO CASH WILL BE ACCEPTED.**

*No combining of discounts allowed

*Insurance benefits must be exhausted first before discounts can be applied.
Patient's co-pay portion cannot be discounted.



LITTLE AXE HEALTH CENTER

LI-SI-WI-NWI HEALTH, INC.

OPTOMETRY

15702 East State Hwy 9
Norman, OK 73026

NEW LOCATION: In the PlusCare Building by Thunderbird Casino

PHONE: 405.447.0300 FAX: 405.701.7080

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

A Little Note from The Tag Office

Did You Know.....

*Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated
through enrollment, BEFORE any new
registrations or renewals can be processed.*



Office of Environmental Health **Brownfield Response Program**

What is a Brownfield?



The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”



Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- ◆ Abandoned Factories/Buildings/Homes
- ◆ Burned Homes
- ◆ Buried Dump Sites
- ◆ Open Dump Sites
- ◆ A Large Amount of Tires
- ◆ Former Cattle Dip Pit Sites
- ◆ Barrels of Unknown Substances
- ◆ Old Service Stations
- ◆ Oil Storage Facilities
- ◆ Oil/Gas Well Sites
- ◆ Old Dry Cleaning Businesses

If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

*Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235*

AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects

[www.facebook.com/
ast.environmental.programs](http://www.facebook.com/ast.environmental.programs)



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES**

OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060



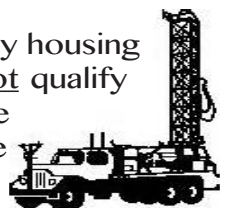
THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEHE&E)

The principal role of OEHE&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEHE&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEHE&E building.



ATTENTION PARENTS!!!

CTSA **EARLY HEAD START & HEAD START** IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR **EHS** PROGRAMS AND AGES 3 UP TO 5 FOR OUR **HEAD START** PROGRAMS!!!

Our goal is to meet the individual needs of all children, **especially those with disabilities**. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our **qualified and dedicated** staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child's learning years with you!

In our **Shawnee** location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both **Norman** and **Cushing** are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Main Office: Enrollment Manager- Shawnee Center: Center Supervisor-
Sherry Marsh (405) 275-4870 Stacey Osborne (405)
878-5820
1535 N McKinley, Shawnee 74801 1533 N
McKinley, Shawnee 74801
sherrym@ctsahheadstart.org

Cushing Center: Center Supervisor- **Norman Center: Center Supervisor-**
Wava Anderson (918) 225-1029 Amy Porter
(405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St.,
Norman 73069

Health/Mental Health/Disabilities Manager
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES:
POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND
NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

TALKING LEAVES JOB CORPS A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!



Tours Every Thurs-
day at 9:45 a.m.
(Except for Major Holi-
days)

Talking Leaves Job
Corps Center
5700 Bald Hill Rd
Tahlequah, OK
74465

- 16-24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters



... Job Corps could be for you!
(Bus travels to OKC each weekend)

For more information
Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant
- Culinary Arts
- Electrical
- Facilities Maintenance
- Office Administration
- Nurse Assistant/Home Health Aide

Placement assistance for

Military, Advance Training, College, or Employment in Your Career



ABSENTEE SHAWNEE TRIBAL
POLICE DEPARTMENT



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT
EMAIL: SORNA@ASTRIBE.COM
TIPLINE 405-273-1249



ARROWHEAD

AUTOMOTIVE CENTER

10% OFF ALL SERVICES FOR TRIBAL EMPLOYEES & MEMBERS

Must present CDIB card or tribal employee ID. Not valid with any other offers.

Isn't it time you got more from your repair shop?
Experience the Arrowhead way of doing things.

TIRES | MAINTENANCE | REPAIR

Arrowhead Automotive Center
1100 North Broadway Street
Tecumseh, OK 74873
(405) 598-6920

www.arrowheadautomotivecenter.com



Arrowhead Automotive Center is owned by the Eastern Shawnee Tribe of Oklahoma

**Absentee Shawnee Tribe of Oklahoma
Maintenance Department
2025 S. Gordon Cooper Drive
Shawnee, Oklahoma 74801
(405) 275-4030**

Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 55 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weeds eat applicant's lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.

If you have any questions, please contact Reta Harjo at (405) 275-4030 ext. 6249

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

CDIB #: _____ DOB: _____

HOME PHONE: _____ MESS. PHONE: _____

Finding directions to home:

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines.
Keep a copy on hand
and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES

Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator/RN
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT

Little Axe Health Center

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT

Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER CHS

405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS

405.878.5850 (Primary)
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.



Let us help...



With your cooling bill this
Summer

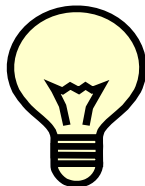
If you live in Pottawatomie or Cleveland counties
and have a C.D.I.B. card you may qualify for the
L.I.H.E.A.P Program

Come and apply
Starting in May thru September
2017

The L.I.H.E.P Program will pay for



your
Electric Bill



All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

Department of Social Services
(405) 275-4030
Ext. #6225 or #6255

COME SEE US AT OUR NEW LOCATION



OPTOMETRY

15702 East State Hwy 9
Norman, OK 73026

Next to Thunderbird Casino in the PlusCare Clinic Building

P: 405.447.0300 F: 405.701.7080 W: WWW.ASTHEALTH.ORG



LITTLE AXE
HEALTH CENTER

L.I.SI-WI-NWI HEALTH, INC.

Little patients, big care.

AST HEALTH SYSTEM PEDIATRICS

It's so hard for a parent, grandparent or friend to see a child feeling puny. Sore throat, fever, stomach bug, croup. That's why Little Axe Health Center and Shawnee Clinic have specialized pediatric physicians on staff to help you and your little ones.

With Dr. Anita Blick-Nolan and Dr. Ellen Squire at Little Axe. Dr. Pachneerat Chainakul at Shawnee Clinic. Both offices accept SoonerCare Native and non-Native patients (ages 0-19). If your child gets sick after hours, PlusCare Clinic and Shawnee Clinic's same-day extended hours care is available for children beginning at the age of two.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 E. State Highway 9
Norman, OK 73026
405.447.0477

Call for hours of operation. All facilities are closed the first Wednesday of the month from noon-5 p.m.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



WWW.ASTHEALTH.ORG

TOTALLY #ADDICTED

JOIN US AND #UNFOLLOWTHECROWD



It's pretty simple:
when you're into
cool stuff, you're not
into drinking.

WWW.MYDNA.ROCKS

f MyDNA Rocks

@MyDNA Rocks

mydnarocks



SAMHSA

HEALTH SYSTEM

spihb

MyDNA is an Absentee Shawnee Tribal Project and is funded by SAMHSA (Substance Abuse and Mental Health Services Administration) in cooperation with the Southern Plains Tribal Health Board.

Who is a social host?

Any person, adult or minor, providing a location for underage drinking.

FACT:

If a minor who has been drinking alcohol at your house is injured or killed, you can be charged with a felony. That's up to 5 years in prison and \$2500 in fines.

ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

Note: You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

| | |
|----------------|------|
| 1-4 YEARS | \$85 |
| 5-8 YEARS | \$75 |
| 9-12 YEARS | \$55 |
| 13-16 YEARS | \$35 |
| 17- OVER YEARS | \$15 |

PENALTY

\$0.25 A DAY

Iowa Tribe of Oklahoma Vocational Rehabilitation Program

"See the Person Not the Disability"

Juniors



Seniors

History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

Services Than Can Be Provided:

Depending on an individual's needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

Qualifications:

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor's statement or the IEP or 504 plan from your school.

Counties We Serve:

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

Iowa Tribe of Oklahoma
Vocational Rehabilitation Program
P.O. Box 728
Perkins, OK 74059



Contact: Christa McClellan
Phone: 405-547-5721
Toll Free: 1-888-336-4692
E-mail: cmcclellan@iowanation.org

WE ARE ON THE INTERNET: www.bahkhoje.com

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

WWW.ASTHEALTH.ORG

Sign up, stay connected.

ONLINE PATIENT PORTAL → for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results?
Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to www.asthealth.org/patient-portal to register. For more help, call your clinic, and we'll walk you through it.



Install the app on iPhone or Android for real-time access to your health information



SHAWNEE CLINIC 405.878.5850 or 877.878.4702 (TOLL-FREE) | LITTLE AXE HEALTH CENTER 405.447.0300



Here for you,
now more than ever.

EXTENDED HOURS:
9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



SHAWNEE CLINIC
ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m. M-F.
Closed the first Wednesday of every month from noon-5 p.m.
Closed Sundays & holidays.



Care on your schedule,
that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

HOURS OF OPERATION:

9 a.m.-9 p.m. Monday - Friday
9 a.m.-5 p.m. Saturday - Sunday
9 a.m. -5 p.m. Holidays
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment - 9 a.m.
Last appointment - 8:30 p.m. Monday - Friday
Last appointment - 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries—an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On weekends. This is all for you.**



PLUSCARE
LI-SI-WI-NWI HEALTH, INC.

Prevention. Progress. Pride.

15702 East State Highway 9 • Norman, OK 73026
Phone: 405.447.0477 Fax: 405.366.8996



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| OTHER ENTITIES & TOLL FREE | | |
| | All Nations Bank..... | 273-0202 |
| | ASEDA | 878-6782 |
| | Toll Free..... | 1-800-256-3341 |
| | Brendle Corner | 447-3372 |
| | Building Blocks | 878-0633 |
| | (Elizabeth Crawford, Briana Ponkilla) | |
| | Building Blocks II LA | 360-2710 |
| | (Billie Thompson) | |
| | Housing..... | 273-1050 |
| | Human Resources..... | 275-1468 |
| | Indian Child Welfare | 878-4702 |
| | Country Kitchen Restaurant..... | 366-7220 |
| | Media | 598-1279 |
| | (Sherman Tiger, Derek Hilderbrand) | |
| | OEH/OEP | 214-4235 |
| | Police Dept. | 275-3200 / 275-3432 |
| | Thunderbird Casino NRM..... | 360-9270 |
| | Shawnee Casino | 273-2679 |
| | Tribal Store (Little Axe)..... | 364-0668 |
| LITTLE AXE CLINIC | | |
| | Clinic - Medical..... | 447-0300 |
| | After hours..... | 447-0498 |
| | Clinic - Dental | 307-9704 |
| | Diabetes | 360-0698 |
| | Pharmacy..... | 292-9530 |
| | Resource Center | 364-7298 |
| | (Chrissy Wiens, Basker Bread, Blake Goodman) | |
| SHAWNEE CLINIC | | |
| | Clinic (Bldg. 17)..... | 878-5850 |
| | Pharmacy..... | 878-5859 |
| | Toll free..... | 1-866-742-4977 |



ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

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Volume 28 No. 8 August 2017