



"Among The Shawnee"

DECEMBER 2017

# The Absentee Shawnee News

Volume 28 No. 11

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## White Turkey Band of Absentee Shawnee's Veterans Pow-Wow November 4th, 2017 TEC-Event Center - Norman, OK





# Executive Committee



**Edwina Butler-Wolfe**  
**Governor**



**John Johnson**  
**Lt. Governor**



**Leah Bates**  
**Treasurer**



**Anthony Johnson**  
**Representative**

**Monthly Executive Committee meetings can be watched online at [astribe.com](http://astribe.com)**

## Governor's Report

Hello my Absentee Shawnee people!

I hope everyone is doing well and that you have taken your flu shot for this year. It was nice to see everyone at the General Council Meeting on October 28th at the new Absentee Shawnee Healthcare Multi-Purpose Center. There were a few calls about the floor space that was needed. Most of the concerns were that the partition should have been opened to use the additional space. Also, it was mentioned that our Council meeting is for tribal business and what the tribal officials are doing to progress. We have listened to your concerns and will be making some adjustments for the 2018 April General Council Meeting.

As you know Indian Education is one of my concerns, especially, our Native youth in the public schools. Most recently, I was asked to read my testimony to the Oklahoma Senate Interim Study at the Oklahoma State Capitol. As we all know the public school systems is lacking in the area of Indian Studies. The History of American Indians needs to be placed in a more in-depth curriculum to support a broad understanding our history and way of life. A bill is being developed to be introduced in the next Legislative session to implement the teaching of Tribal Sovereignty and Tribal Histories in the Public Schools.

Additionally, the Oklahoma Indian Chamber of Commerce invited me to sit on a panel for "Women in Leadership". There were two other Women Tribal Leaders that sat on the panel: Mrs. Terri Parton, President, Wichita & Affiliated Tribes of Oklahoma and Mrs. Debra Dotson, President, Delaware Nation of Oklahoma. It was an honor to share with the audience of what struggles and hurdles that women leaders face in modern day politics. One of the questions that were asked was "Who inspired you to be in leadership?" my answer was "my mother". Beverly Jean Longhorn- Butler was a very proud Absentee Shawnee Tribal Member. She was viewed by the public for having a strong voice and in my eyes a much respected woman in the community. She was a mother that stood up for all of her eight daughters and if there was one thing she did it was to make sure we were taken care of and no one was going to treat us unfairly. Like her, I am passionate about making sure that the tribe is treating everyone equal.

Recently, during our Executive Committee Meeting on November 15th, a tribal member asked about an audit that is being conducted at the C-Store. I want to let everyone know that it is true we are having an audit completed at the C-Store. When the results come back from the audit, the Executive Committee will sit down, review the findings and develop a plan of action to remedy any findings the C-Store may have. As most of you know in the past years the store was not

managed very well but today I am happy to report the C-Store is being managed with qualified people. However, at some point and time we are going to have to look at rebuilding or building a new store since the current store has deteriorated through the years.

Further, we would like to share with our Tribal people that recently the tribe did buy land located on the SW corner of Highway 177 and Hardesty Road. We will be sharing with you soon on the usage of the land.

The United Indian Nations of Oklahoma, Kansas and Texas, Inc.(UINOKT) regular Committee Meeting was held at the Absentee Shawnee Health Multi-Purpose Building with the Tribe hosting. I would like to think the Lt. Governor John Johnson, Treasurer Leah Bender and Representative Anthony Johnson for attending the meeting. Our topics at the meeting were the Water Rights Case, the Office of United States Government Accountability Office of Dallas, Texas, update on Indian Gaming.

The UINOKT Committee had decided that we invite our area State Representatives, Senators, and couple of Governor Candidates for Oklahoma. List of speakers:

Hollie Wells, Water Rights Case  
Jay Spaan, US Government Accountability  
Sheila Morago, Indian Gaming  
State Representative Del Krebs, District 26  
Senator Ron Sharp, District 17  
Gary Richardson, Governor of Oklahoma Candidate  
Drew Edmondson, Governor of Oklahoma Candidate  
Deb Haaland, Candidate for U.S. Congress (NM)

Lunch was provided by the United Indian Nations of Oklahoma, Kansas and Texas. I would like to thank the Absentee Shawnee Health Department for the coffee, tea, cups. Also thank AST Indian Child Welfare, Absentee Shawnee Housing Authority, AST Human Resource Department for their donation of items that was handed out to the membership and guest at the meeting. The AST Governor Office donated the soda, water, muffins and cookies and door prizes.

Thank you Wynona Coon and Glenna Jones for doing the sign in registration.

*(Report continued on next page)*



Listed below are the meetings that I have attended:

### Governor's Monthly Meetings

#### October 2017

- 19th 1:30 pm -Norman Public Schools Instructional Service Center (draft of proposed bill)  
Task Force Meeting and Interim Study Book
- 20th Halloween Safety Meeting- AST Police Department
- 23rd Tulsa – Women in Leadership Panel  
5:30 pm- TEC Board Meeting
- 26th Gordon Cooper Vo-Tech- Stem Program for area Schools
- 28th General Council Meeting
- 29th 9:00 am- CTSA Monthly Meeting  
3:00 pm Conference Call- with GAO on tribal consultations how it is working with ESSA
- 31st Attend David Little Funeral Services

#### November 2017

- 2nd 10:00 am ribbon Cutting George Fischer Central Plastics Network  
Caleb Cochran, SE Field Representative from US Senator James Lankford, Craig J. Smith, District Director, from Steve Russell Office (came by the office)  
1:30 pm Meeting with Executive Committee on MIS
- 4th Absentee Shawnee White Turkey Veterans Pow-Wow (all day)
- 6th 10:00 am conference call update on the forensic audit on C-Store
- 8th Key Note Speaker -Tinker Inter-Tribal Council Native American Heritage Month
- 9th Lunch with area school teachers
- 10th Veterans Day (offices closed)- worked 4 hours
- 13th General Fund Budget Meeting with Victor Flores (5 departments attended)
- 20th Monthly Directors Meeting; Executive Committee Present: Lt. Governor Johnson and Governor Butler-Wolfe. Directors Present: Indian Child Welfare Department, Domestic Violence, Media, Human Resource, Enrollment, Finance, Absentee Shawnee Housing, MIS, Health, Police, Courts, CCDF Coordinator, Education and Gaming Commission.  
I would like to thank the Departments for their reports and seeing the need of attending the monthly Director's meeting held the third Monday of each month.

#### Conclusion

I want to express my condolences to the David Little Family of their loss. David will be missed deeply here at the tribe. David was always the guy that would help anyone and was one of the Veterans that would proudly carry our Absentee Shawnee Flag. He was a proud Absentee Shawnee tribal member and Veteran.

I would like also give my condolences to the Richard Little Family. Richard will also be missed at the tribe as he was an elected official for the tribe and served as a judge in our courts here at the Absentee Shawnee Tribe some years ago. Richard was a proud Absentee Shawnee tribal member and Veteran.

We have lost so many of our Tribal People this year and I want to give my sincere condolences to you and your family on your loss.

Lastly, the month of December is a very special one to me and my family. It is one that is full of saving grace, love, and hope. My prayer for each of you during the upcoming holiday season is that you find peace, love and joy with your families.

**Have a Happy Thanksgiving and a very Merry Christmas!!!**

**Help me to make a difference – stand beside me and Let us Build for the Future (BFF).**

Thank you,  
*Governor Edwina Butler-Wolfe*



Pictured L to R: Jenifer Little Sun, Executive Director, Southern Plains Tribal Health Board, Debra Dotson President Delaware Nation, Edwina Butler-Wolfe Governor Absentee Shawnee Tribe Terri Parton President Wichita & Affiliated Tribes of Oklahoma. Taken at Tribal leader panel, Native America Women Tribal Leader



Tinker Inter-Tribal Council leaders, from left, Leslie Jones, 566 AMXS, secretary; Walter Chrysler, president; Eastman Switch, 76 MXSG, director at large; Absentee Shawnee Tribe Governor Edwina Butler-Wolfe, guest speaker at the Native American Heritage Month Luncheon; Audrey Tilley, AFSC, treasurer; and Andrea Kissinger, 418th SCMS, vice president.



Pictured L to R: Craig Smith, District Director, Of The Honorable Steve Russell, Congressman, 5th District, Oklahoma, AST Governor Edwina Butler-Wolfe and Caleb Cochran, Southeast Field Representative of the office of The Honorable James Lankford, U. S. Senator Oklahoma. The Absentee Shawnee Tribe was honored to have these two individuals to stop in to see the Absentee Shawnee Tribe.

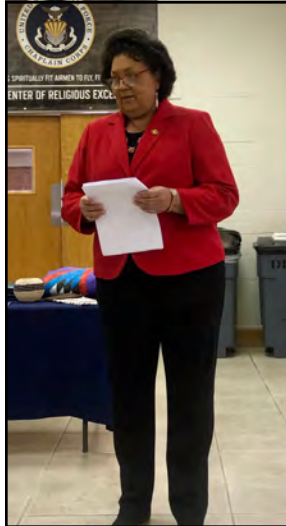




Pictured L to R: Drew Edmondson, Governor of Oklahoma Candidate, AST Representative Anthony Johnson, AST Lt. Governor John Johnson, AST Governor Edwina Butler-Wolfe, State Representative Del Krebs, Senator Ron Sharp, AST Treasurer Leah Bender. Photo taken at the UINOKT Regular Committee Meeting.



Pictured L to R: Bruce Pratt, President Pawnee Nation, Treasurer UINOKT, Margo Gray, Secretary UINOKT, Deb Haaland, Candidate for U.S. Congress (NM), George Tiger, President UINOKT, Edwina Butler-Wolfe, Governor Absentee Shawnee Tribe, Vice-President UINOKT.



Absentee Shawnee Tribe Governor Edwina Butler-Wolfe was recently the guest speaker at the Native American Heritage Month Luncheon

# ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
(405) 275-4030 • Fax: (405) 214-4225

## NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

**\*TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS\***

*Note: You may be asked to provide supporting documentation for verification purposes.*

## RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

**\*ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER\***

## TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

## PENALTY

\$0.25 A DAY



# Elders Council

## Elders Corner

Happy Holidays!! November was National Native American Heritage month and Elders Council members have been busy preparing for Thanksgiving and Christmas.

National Native American Heritage month had its origins in 1986! Long time ago!! I took some time and scanned through various articles and proudly paraphrase some of this valued information. We, Native Americans, by law and proclamation are recognized as the first inhabitants of the lands that now constitute the United States. We can proudly say that our rich ancestry and traditions have contributed to American society of today. The Library of Congress states,

“Many of the foods we eat and the medicines and remedies we use were introduced by Indians and more than one highway follows an Indian trail. Indians make contributions in every area of endeavor and American life, and our literature and all our arts draw upon Indian themes and wisdom. Countless American Indians have served in our Armed Forces and have fought valiantly for our country.”

I never tire of hearing this recognition of all American Indians!

I take pride in the fact that many tribes recognize our Veterans who have fought for America. The AST White Turkey Band Veterans Powwow was held on November 4 to honor many of our Veterans. The Elders Council contributed two grocery baskets for its raffle. There were many vendors and attendees to help make this powwow a success and we thank all who came and helped to honor our Veterans. Its fundamental values are common to all American Indians...Honor, Respect, Tradition and Generosity!

Red Earth Treefest! It showcases 25 Christmas trees decorated by Oklahoma's Tribal Nations. Elders Council members decorated the Absentee Shawnee Tribe of Oklahoma's Christmas tree at the Red Earth Art Center, Downtown OKC. Those who attended and helped decorate were: Meredith Wahpekeche, Kathy Deere, Renea Williams, Dara Thorpe, Jennifer Sloan and Atheda Fletcher. If you have not visited the Red Earth Art Center, the holidays would be a great time to make a visit. Tribal groups throughout Oklahoma have their own Christmas tree with their own ornaments that tell their story. This is a unique Holiday Exhibit.

The Elders Council held its first group trip for 2017. It has been more than two years since the group has taken a trip and 22 members participated. The primary focus of the trip was to visit the Gilcrease Museum in Tulsa. If you have not visited the Gilcrease Museum, I highly recommend it as it has a vast selection of wonderful American Indian artifacts on exhibit as well as a wonderful collection of art. Lunch was enjoyed at the River Spirit Resort where it proclaims to be the largest casino buffet in Oklahoma. We can attest that this is the case! The lunch was very good and cost effective! Also, Veterans were provided with a free meal! Four of our very own Veterans made this trip, Don Schulenberg, Esteline Schulenberg, Bill Bayliss and Mark Rogers. A special “thank you” to these Veterans and many others for their service!! Another special “thank you” goes out to Mark Rogers and Wynona Coon for volunteering to drive the vans for this trip.

The Elders Council officers are working diligently on getting ready for Christmas events and getting ready for 2018! Our goal is to build the Elders Council and grow its involvement with our tribe and community.

In closing, I provide this quote, “We must become the change we want to see.”

Until next time,  
Atheda Edwards-Fletcher



**RED  
EARTH  
TREEFEST**



# BUILDING BLOCKS III



Absentee Shawnee Tribe of Oklahoma  
Building Blocks CDC  
16051 Little Axe Drive  
Norman, OK 73026  
P: (405) 360-2710 F: (405) 360-2726



It's hard to believe that 2017 is coming to an end. For us, it's been a long, winding road with lots of peaks and valleys. But we managed to persevere and keep our eyes on the prize!! And it's been well worth all of the hard work. On November 17, 2017, we had our third and final DHS visit during our 6-month permit period. Once again, we passed with zero non-compliance issues!! We are officially on permanent licensure status as of December 1, 2017. I can't express in words how wonderful and talented our Building Blocks III staff is in all they do. As the Director, I feel very blessed to have such a great group of employees.

On November 9th, we hosted a flu shot clinic for children enrolled in BBIII, with the help of Christa Stanley in Public Health at the Little Axe Health Center.

On November 17th, we hosted a Thanksgiving dinner for all BBIII families, including employee families. We had approximately 150 people attend. Our chef, Suzy Harris, and Food Prep Assistant, Cindy Carpenter, prepared an array of delicious dishes. We had corn soup, green beans, sweet potatoes, macaroni & cheese, fry bread, yeast rolls, pumpkin pie, pecan pie, apple cobbler, cherry cobbler, and so much more! Thank you to all of those who attended. And a special thank you to all of the BBIII employees who worked as a team to create such a wonderful event.

We are currently hiring for part-time teachers and floaters. Experience in child care or child development is not required for all positions, but it is preferred. If you're interested in employment with us, please visit [www.astribe.com](http://www.astribe.com) and go to the 'Employment' tab. Job descriptions are listed there for review. You may submit an application online, at the HR office on the AST Complex in Shawnee, or in person at the center in Little Axe.

Enrollment continues to increase, but we still have openings in all age-groups. Anyone interested in enrolling their child or taking a tour, please feel free to call us or stop by the center. We currently have 37 children enrolled:

- Infants 6
- Toddlers 6
- Two's 10
- Three's 10
- Four's/Five's 10

### Dates to Remember:

- December 25-26, 2017: Closed for the Christmas holiday.  
HAVE A MERRY CHRISTMAS!!

Thank you,  
Billie Thompson,  
Building Blocks III Director  
[bthompson@astribe.com](mailto:bthompson@astribe.com)

## Building Blocks Thanksgiving Dinner





# Election Commission

## FROM THE ELECTION COMMISSION:

### The Filing Period for Elective Office in 2018.

A tribal member may file for office, January 1 to January 10 (excluding Weekends and Holidays.) **Hours to file are 8:00 a.m. to 12:00 p.m. (noon) and 1:00 p.m. to 5:00 p.m.** Potential candidates please consult the Election Ordinance for the procedures and qualifications when running for elective office.

**The following positions will be open for the Elections to be held in 2018.**

### EXECUTIVE COMMITTEE

<u>Position</u>	<u>Filing Fees</u>	<u>Term</u>
Lt. Governor	\$590.00	Two (2) Years
Treasurer	\$590.00	Two (2) Years
Representative	\$590.00	Two (2) Years

### ELECTION COMMISSION

<u>Position</u>	<u>Filing Fees</u>	<u>Term</u>
Deputy Commissioner	\$215.00	Three (3) Years
Commission Member #1	\$215.00	Three (3) Years

**Fee amount:** Basic Fee (Executive Committee \$500.00 and Election Commission \$125.00) plus cost of \$40.00 for Alcohol test, \$25.00 for Drug test and \$25.00 for Driver's License Verification (MVR.)





## ASTHS December 2017 Monthly Update

The health system is closing the year with several accomplishments, with another exciting one on the horizon! In 2017, we opened the new Health System Multi-Purpose Building at the Shawnee Campus, added a new drive-through Pharmacy, and expanded patient care and services as well as access to specialty services. The health system, with essential leadership from the Health Boards, Executive Committee (EC), our highly-specialized legal team, and Mr. Scott Miller, Self-Governance expert, all together updated the nearly quarter century old Tribal Compact with the United States Government. We also formally submitted the Trust Application through the tribal governance office and EC for transferring the Little Axe Clinical Complex and Building Blocks into trust land, and completed several upgrades in technology throughout the health system to better service our patients. We have led several Tribal Health Consultations and Listening Sessions regarding I.H.S., Tribal Health, and Urban Indian Clinics (I/T/Us) throughout the state as part of the yearlong budget battle, fighting for state funding of both Medicaid and other services necessary to the tribal populations for which we serve. We hosted the first ever Native American Panel: Healing Historical Trauma attended by several tribal members, tribal elders, and tribal leaders as well as the new “Wellbriety” program – all part of an impressive expansion of focused Behavioral Health community service needs. The health system hosted the first-ever, state-wide Continuing Medical Education (CME) event on the Shawnee Complex, co-sponsored by the Oklahoma State Medical Association (OSMA), with focused professional discussion of issues in population health in Indian Country. We continue to experience record growth in third party revenue, completed the first ever AST College Internship Program for AST Youths working towards a health career’s profession, and stood up the new Pain Management and Chronic Care Management Programs. We were awarded the new Caregiver’s Grant for Public Health, had the largest ASTHS Health Fair in the tribal health system’s history, kicked off the exciting “Smiles Per Mile” Program, and we were awarded a SAMHSA grant for \$1M dollars! As we close out this year, on behalf of the health boards, professional staff, employees, and our other community partners, we all personally thank all of our patients and their families for a wonderful year, and wish you and your family a very Merry Christmas and a very prosperous, “and healthy” New Year!!!

Elder care and advanced aging concerns such as fall risk, monitoring loved ones who live alone, and homebound health care, remain critical priorities to the tribe and the health system. The health system has and shall continue full partnership with the tribe in serving and coordinating medical care for any tribal member with a homebound medical need that falls within the scope and authority of our health and wellness system. If you know any tribal member who is homebound and needs medical assistance, please contact our health administration office at (405) 701-7621 and we will be happy to assist with the best possible resources and coordinated care.

The health system’s most valuable resource—our people—displayed outstanding service to our tribal health system! We are always extremely proud of our outstanding mega star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe!

### Health Employee Awards of the Month

Employee of the Month  
Team of the Month  
Special Leadership Award

Wynona Coon, ASTHS Transportation Program  
MyDNA and Diabetes & Wellness, Zombie Run/Truck or Treat  
All of ASTHS Dental Department

Mark E. Rogers, MAL, FACHE, CMPE, CHC  
Executive Director





ABSENTEE SHAWNEE TRIBAL

# HEALTH SYSTEM

Prevention. Progress. Pride.

## December 2017 - Scheduled Closings

Date:	Time(s) Closed:	Locations:
Wed., Dec. 6th (1st Wed of month)	Noon to 5 PM	All AST Health facilities CLOSED - PlusCare Clinic & Shawnee Clinic Ext Hours re-OPEN at 5p until 9p (last patient accepted at 8:30p)
Sun., Dec. 24th (Christmas Eve)	All Day	All AST Health facilities CLOSED
Mon., Dec. 25th (Christmas)	All Day	All AST Health facilities CLOSED
Tues., Dec. 26 <sup>th</sup> (Holiday Observed)	All Day	All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)

## January 2018 - Scheduled Closings

(Disclaimer: At the time of submission, the 2018 AST holiday schedule/resolution had not been approved. Holidays below are tentative dates. Thank you.)

Date:	Time(s) Closed:	Locations:
Mon., Jan. 1 <sup>st</sup> (New Year's Day)	All Day	All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)
Wed., Jan 3 <sup>rd</sup> (1 <sup>st</sup> Wed of Month)	Noon to 5 PM	All AST Health facilities CLOSED
Mon., Jan 15 <sup>th</sup> (MLK Jr. Day)	All Day	All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)

\* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:  
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

\*\*Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health",  
Twitter @ASTHealth & on ASTHS website at [www.asthealth.org](http://www.asthealth.org)

# Tax Collections

## FY-2017 YTD TAX COLLECTIONS (Thru 10/31/17)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$1,050.71	\$10,504.68	\$6,327.41	\$1,249.55	\$11,726.12	\$5,626.42	\$5,788.21	\$6,196.86	\$6,000.02	\$1,077.12	\$0.00	\$0.00	\$55,547.10	2.25%
Gaming % of free cash	\$250,000.00	\$200,000.00	\$150,000.00	\$100,000.00	\$250,000.00	\$300,000.00	\$200,000.00	\$250,000.00	\$150,000.00	\$250,000.00	\$0.00	\$0.00	\$2,100,000.00	85.04%
Employee (1%)	\$7,658.64	\$21,213.62	\$11,265.34	\$7,924.08	\$15,147.53	\$15,133.49	\$13,042.41	\$11,803.29	\$11,235.03	\$11,201.14	\$0.00	\$0.00	\$125,624.57	5.09%
Severance (8%)	\$3,310.81	\$831.89	\$867.28	\$658.59	\$4,176.63	\$1,052.37	\$2,297.27	\$873.02	\$2,985.08	\$1,990.05	\$0.00	\$0.00	\$19,042.99	0.77%
Motor Vehicle	\$11,861.13	\$16,062.81	\$19,746.67	\$11,107.82	\$14,387.88	\$13,723.64	\$12,730.96	\$13,259.04	\$16,556.62	\$11,238.02	\$0.00	\$0.00	\$140,674.59	5.70%
Tobacco Refund	\$2,216.22	\$690.73	\$649.57	\$974.45	\$773.32	\$3,795.17	\$3,787.48	\$4,455.66	\$5,274.12	\$4,002.32	\$0.00	\$0.00	\$26,619.04	1.08%
<b>TOTAL TAXES</b>	<b>\$276,097.51</b>	<b>\$249,303.73</b>	<b>\$188,856.27</b>	<b>\$121,914.49</b>	<b>\$296,211.48</b>	<b>\$339,331.09</b>	<b>\$237,646.33</b>	<b>\$286,587.87</b>	<b>\$192,050.87</b>	<b>\$279,508.65</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$2,467,508.29</b>	
Miscellaneous	\$516.46	\$212.50	\$138.10	\$140.30	\$85.15	\$125.15	\$220.15	\$207.65	\$145.21	\$190.75	\$0.00	\$0.00	\$1,981.42	0.08%
<b>TOTAL COLLECTIONS</b>	<b>\$276,613.97</b>	<b>\$249,516.23</b>	<b>\$188,994.37</b>	<b>\$122,054.79</b>	<b>\$296,296.63</b>	<b>\$339,456.24</b>	<b>\$237,866.48</b>	<b>\$286,795.52</b>	<b>\$192,196.08</b>	<b>\$279,699.40</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$2,469,489.71</b>	<b>100%</b>

# Realty Department

## Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit [www.indiantrust.com](http://www.indiantrust.com) whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

*If anyone has any questions, please contact the Realty Department @ (405) 275-4030.*

## PROBATE MISSION STATEMENT

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent's family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

*Should you have any questions, please contact Lea Tsoaddle at 405-275-4030 ext. 6248.*

## **IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:**

**Give us a call at (405) 598-1279 or (405) 481-0558  
or send us an e-mail to  
[stiger@astribe.com](mailto:stiger@astribe.com)**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY  
THE 15<sup>th</sup> OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,  
NOT PER BIRTHDAY WISH.***



# FROM THE DIVISION OF REAL ESTATE SERVICES (REALTY/PROBATE)

If you are a family member to anyone one on this list of deceased tribal members, please contact the Realty/Probate for information on how to get the probate process started.

## NAME

- |                                  |                                     |                                |
|----------------------------------|-------------------------------------|--------------------------------|
| 1. HOOD, Eugene Tyner            | 19. SQUIRE, Thomas                  | 37. CUELLAR, Ronald Lee        |
| 2. POWELL, Michael Edward, Sr.   | 20. GUTHERIE, Thomas David          | 38. SUMMERS, Dorothy Jean Dirt |
| 3. PHELPS, Mary Raylee           | 21. BISHOP, Vanessa Kay             | 39. SWITCH, Charles William    |
| 4. DOOLEY, Charles               | 22. BEAR, Bonnie Jean Bigpond       | 40. RAMIREZ, Helen Gibson      |
| 5. JOHNSON, Robert "Bobby", Jr.  | 23. ENGLAND, Connie Sue Lasenberry  | 41. WOOD, Judith Ann Masquat   |
| 6. SPYBUCK, James Cody           | 24. LONGHORN, Cynthia A.            | 42. LARNEY, Darrell Wayne      |
| 7. RUPE, Dorothy Spoon           | 25. KASKUSKE, Clara Louise Rolette  | 43. WILSON, Harold Wayne       |
| 8. LASENBERRY, Lawrence G.       | 26. JAMES, Barbara Cheryl Wilson    | 44. LITTLE, Edwin Thomas       |
| 9. LASENBERRY, Bobby Joe         | 27. WAPSKINEH, Shirley              | 45. TIGER, Luvenia (Starr)     |
| 10. MADDOX, Pamela Gaye Tiger    | 28. BYERS, Shannon Leon             | 46. FRAZIER, Mary Ann Gibson   |
| 11. SWITCH, Randall Carroll, Jr. | 29. GIBSON, Isaac, Sr.              | 47. PONKILLA, Martin Ned       |
| 12. COUCH, Rickie Charles        | 30. ABRAMS, Geraldine Spoon Clifton | 48. BARNETT, Charles Wayne     |
| 13. SINKS, Raymond Leonard       | 31. NEASH, Lonnie Allen             | 49. MCGOWAN, Charles Lee       |
| 14. HERRERA, Aileen L. Mann      | 32. WEBSTER, Michael Brice          | 50. WASHINGTON, Algene Sr.     |
| 15. JOHNSON, Troy                | 33. ELEPHANT, Edward E., Jr         |                                |
| 16. KASTL, Richard D.            | 34. McCOY, Ramona Cadue (Sloat)     |                                |
| 17. WILSON, James "Jim" Leon     | 35. WILLIAMS, Billy John            |                                |
| 18. EDWARDS, John Laddis         | 36. TIGER, Roland                   |                                |

**Here are the guideline that the Probate Office follows:**

## **25 C.F.R Part 15**

### **§ 15.104 - Does the agency need a death certificate to prepare a probate file?**

- (a) Yes. You must provide us with a certified copy of the death certificate if a death certificate exists. If necessary, we will make a copy from your certified copy for our use and return your copy.
- (b) If a death certificate does not exist, you must provide an affidavit containing as much information as you have concerning the deceased, such as:
- (1) The State, city, reservation, location, date, and cause of death;
  - (2) The last known address of the deceased;
  - (3) Names and addresses of others who may have information about the deceased; and
  - (4) Any other information available concerning the deceased, such as newspaper articles, an obituary, death notices, or a church or court record.

### **§ 15.105 - What other documents does the agency need to prepare a probate file?**

In addition to the certified copy of a death certificate or other reliable evidence of death listed in § 15.104, we need the following information and documents:

- (a) Originals or copies of all wills, codicils, and revocations, or other evidence that a will may exist;
- (b) The Social Security number of the decedent;
- (c) The place of enrollment and the tribal enrollment or census number of the decedent and potential heirs or devisees;
- (d) Current names and addresses of the decedent's potential heirs and devisees;
- (e) Any sworn statements regarding the decedent's family, including any statements of paternity or maternity;
- (f) Any statements renouncing an interest in the estate including identification of the person or entity in whose favor the interest is renounced, if any;
- (g) A list of claims by known creditors of the decedent and their addresses, including copies of any court judgments; and
- (h) Documents from the appropriate authorities, certified if possible, concerning the public record of the decedent, including but not limited to, any:
  - (1) Marriage licenses and certificates of the decedent;
  - (2) Divorce decrees of the decedent;
  - (3) Adoption and guardianship records concerning the decedent or the decedent's potential heirs or devisees;
  - (4) Use of other names by the decedent, including copies of name changes by court order; and
  - (5) Orders requiring payment of child support or spousal support.

### **§ 15.201 - What will the agency do with the documents that I provide?**

After we receive notice of the death of a person owning trust or restricted land or trust personalty, we will examine the documents provided under §§ 15.104 and 15.105, and other documents and information provided to us to prepare a complete probate file. We may consult with you and other individuals or entities to obtain additional information to complete the probate file. Then we will transfer the probate file to OHA.

**Since the retirement of Judge Reeh and the departure of ALL the OKC support staff a temporary alignment was made until effective 01/01/2016, further notice. Our office submits the probate case file to Shawnee Field Office when all documents are received.**

# FOSTER CARE

## THE INDIAN CHILD WELFARE ACT OF 1978

The Indian Child Welfare Act is a 1978 federal law. It offers protections to Indian children, parents, guardians and tribes in cases in which a child has been removed from its home. The ICWA forces state courts to recognize the political, cultural, and social standards of Indian tribes and peoples. The Court must consider those standards during any proceeding or placement of the child. The ICWA protects the best interests of Indian children and seeks to promote a stable, secure Indian family.

## PARTIES PROTECTED BY THE ACT

Indian children are those enrolled in a tribe or eligible to be enrolled, with at least one parent who is a member of an Indian tribe. The ICWA also protects three other parties. First, it protects the custodial parents of an Indian child should they be accused of wrongdoing. The ICWA makes the state courts provide full notice of all hearings, use expert witnesses, and follow a higher standard of proof than in non-Indian cases. The Act also makes the state court appoint an attorney to represent the parents if they are unable to afford one. Second, the ICWA protects Indian custodians. Indian people who have raised a relative child as if they were their own, or people to whom the natural parents have given temporary custody, are entitled to the same type of notice and protections as the natural parents. Finally, the Act protects tribal rights as well. The state court must give notice to the tribe and generally follow its recommendations about placement. If these parties' rights are not protected, the Act allows any of them to overturn the result of the state court. The ICWA does not apply in three types of cases. It does not apply in divorces or divorce modifications, unless a termination of parental rights is involved or custody is given to someone other than the natural parents. It does not apply if the child in custody is accused of a crime. Finally, Oklahoma courts have created a third exception to the law: the ICWA does not apply to noncustodial Indian parents who do not support or visit their children.

## STATE AUTHORITY OVER INDIAN CHILDREN

In some cases, Oklahoma lacks any kind of authority over an Indian child. If the child lives on trust or restricted land, or in an MHO Housing cluster, or in a dependent Indian community, the state may not have authority to proceed. Under the ICWA, the case must be heard in the tribal court. For other Indian children, the state shares jurisdiction with tribal courts. However, the Supreme Court has said that tribal courts are the preferred court for Indian children. An Indian parent or tribe may request that a case be transferred to tribal court for proceedings.

If a child is placed in foster care, the Act requires the state to follow placement guidelines. The State must follow the Tribe's Tribal State Agreement and Placement Preferences

**"RESPECT THE INDIAN CHILD WELFARE ACT BECAUSE OUR CHILDREN ARE NOT YOURS TO TAKE"**

*Before placing a child in a non-familial or non-tribal final home, states are required to make what are called "active efforts" to place the child in an ICWA-compliant situation. These efforts include mandatory attempts at parental and familial reunification before terminating rights permanently, and consultation with the tribe in a timely manner.*



ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT  
Ronelle Baker ICW Director 395-4491  
Julie Wilson Child Protective Services/Foster Care 395-4492  
Jackie Denny PSSF Program 395-4493

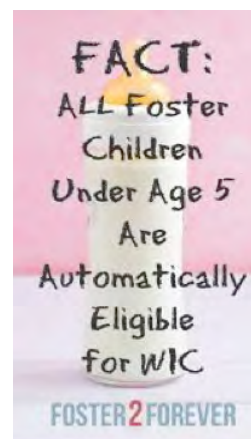
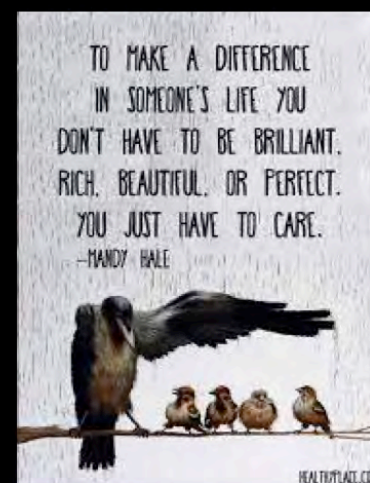
**ICW HAS MOVED TO 105 N. KIMBERLY AVENUE**

*Midnight calls, long drives across state and emotional encounters all make it difficult for social workers in child protection services to really ever "clock out." Their job doesn't end when the typical 40-hour work week is over. The true nature of the profession requires them to be available at a moment's notice, 24/7, 365 days a year.*

**Please Report Child Abuse**

**You could be saving a child's life.**

IF YOU ARE A GRANDPARENT THAT IS RAISING YOUR GRANDCHILD YOU MAY QUALIFY FOR TANF. GRANDPARENTS THAT HAVE LEGAL GUARDIANSHIP OF THEIR GRANDCHILDREN CAN RECEIVE TANF BY APPLYING FOR "CHILD ONLY" TANF GRANT WHICH WILL ONLY TAKE IN ACCOUNT THE GRANDCHILD'S INCOME/ASSETS. THE DEPARTMENT OF HUMAN SERVICES WILL ASK YOU FOR YOUR INFORMATION, BUT IT WILL NOT BE USED IN THE APPROVAL PROCESS. IF YOU HAVE ANY QUESTIONS IN REGARDS TO GRANDPARENTS APPLYING FOR TANF. PLEASE CALL JULIE WILSON 395-4492.



The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federal assistance program of the Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five. GRANDPARENTS RAISING THEIR GRANDCHILDREN MAY RECEIVE WIC FOR THEIR GRANDCHILDREN



If you are interested in becoming an AST foster care home and would like more information please contact

**Julie Wilson**  
**405-395-4492**

COMMUNITY MARKET OF POTTAWATOMIE COUNTY  
120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957  
HOURS OF OPERATION  
MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M.  
WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M.  
(COMMUNITY FOOD BANK)





# GOVERNOR BUTLER-WOLFE TRIBAL ADDRESS TO THE ABSENTEE SHAWNEE PEOPLE

JANUARY 13, 2018

11:00 a.m.

ABSENTEE SHAWNEE TRIBAL HEALTHCARE  
MULTIPURPOSE CENTER  
2025 GORDON COOPER DRIVE  
SHAWNEE, OKLAHOMA 74801

The Absentee Shawnee Tribe is seeking  
qualified applicants for the position of  
**TRIBAL SECRETARY.**



For more information or to apply please visit  
[WWW.ASTRIBE.COM/EMPLOYMENT](http://WWW.ASTRIBE.COM/EMPLOYMENT)

or

PLEASE SUBMIT LETTER OF INTENT AND RESUME TO THE HUMAN RESOURCE DEPARTMENT  
[HR@ASTRIBE.COM](mailto:HR@ASTRIBE.COM)



2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Scrambled Eggs Sausage Gravy Biscuit	2
3	4 Egg Roll Stir Fry Veggies Rice Pineapples	5 Beef Tips & Noodles Veggies Mixed Fruit	6 Chili Dogs Chez n Onions Chips Pudding	7 Ham Scalloped Pot. Veggies Cake	8 Boiled Egg Cereal Sausage Patties	9
10	11 Cold Cut Sandwich LTOP Veggie Soup Cookie	12 Meatloaf Mashed Pot/Gravy Green Beans Apricots	13 Beans Steakfries Peaches	14 Manwich Tator Tots Jell-O w/Fruit	15 Scrambled Eggs Bacon Toast	16
17	18 Salisbury Steak Mashed Pot/Gravy Brussel Sprouts Mixed Fruit	19 Pork Chop Mac & Tom Bread	20 Chicken Broc Rice Casserole Tossed Salad* Mandarin Oranges	21 Stew Cornbread Pears	22 Scrambled Eggs Sausage Gravy Biscuit	23
24	25 	26 Closed for Christmas	27	28	29	30
<p>NOT GOING TO BE HOME!!! CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER</p>					<p>LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM BREAKFAST SERVED FRIDAYS 9AM TO 11AM</p>	

Closed for Cleaning

We are Thankful for the Executive Committee for providing our Title VI Members with Turkeys this Thanksgiving.

December 7



December 25



December 25 & 26 the AST Complex will be closed. NO meals will be served or delivered

December 27-29 Title VI will be closed for cleaning and the homebound will be provided a meal and they will get their meals on December 22.

The Title VI Staff wishes everyone a Happy & Merry Christmas and be careful, be safe and be smart when out traveling.

**Just in case we have bad weather this is our Policy:**

Absentee Shawnee Tribe – Severe Weather Policy effective December 2013 states:

**2. PROVISIONS**

a. Prior to normal starting time it will be announced on one of the local television or radio channels that the Absentee Shawnee Tribe is open and/or closed based on weather severity. The Governor, and/or designee, will report to these channels: Channel 4, 5, 9, Fox 25; Radio- KTOK 1000; KOCK 1520 AM. Formerly the policy has been that when schools in Little Axe and Shawnee are closed then employees would be allowed administrative leave. This policy seeks to clarify on procedures and gives the decision making process back to the Tribe.

b. On days when weather conditions worsen as the day progresses, the Governor or another Member of the Executive Committee may decide to close early. In such cases, a decision and an announcement will be made through email to all employees.



# TITLE VI HANDING OUT TURKEYS FOR THANKSGIVING



Happy Thanksgiving





# Brunch Social & Prettiest Shawl Contest



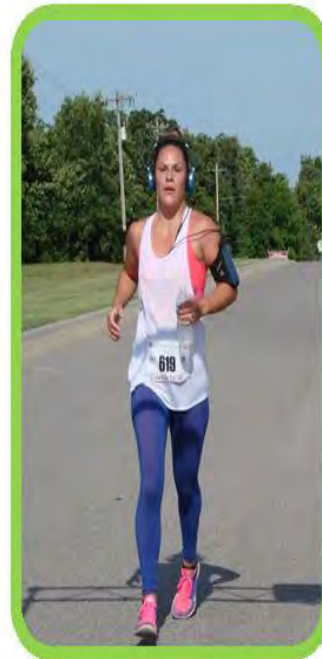
## Rock-Your-Mocs Day Photos







Absentee Shawnee  
2017 Couch to 5k

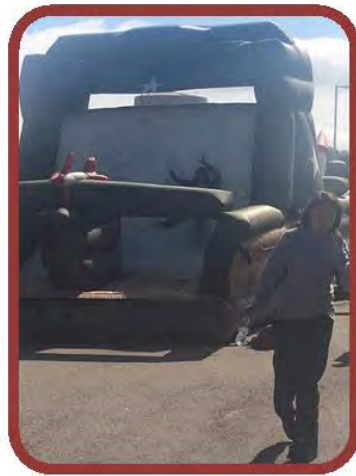






# 2017 AST Extreme Team Inflatable Relay

AST Diabetes & Wellness and MyDNA Program



**FREE MUSIC LESSONS**  
 Guitar • Bass • Piano • Drums  
*Available to all Native Americans w/CDIB#*  
 For details, call Absentee Shawnee Behavioral Health  
**405-878-4716**





## David Little Jr. 1941-2017

The family of David Little Jr. would like to thank the Absentee Shawnee Tribe for the care shown to David during his illness and the sympathy shown to our family during our loss of David.

To the Tribe for flying flags at half staff.

To the Absentee Shawnee Veterans Association for the service.

To the Absentee Shawnee Tribe Health System for his care.

To the maintenance workers who prepared the grounds at Johnson Cemetery.

To the Absentee Shawnee Tribal Police Department, thanks for the escort.

To Absentee Shawnee Tribal members who called, sent a card, brought food or said a prayer for us, we thank you and appreciate all that was done.

Stella Little and children - Keith, Troy and Becky



## Jennie "Boots" Lucy (Mohawk) Snake (July 14, 1922 – October 28, 2017)

Jennie "Boots" Snake, 95, of Cushing, Oklahoma passed away on Saturday, October 28, 2017 in Tulsa at the Hillcrest Hospital following a brief illness.

She was born July 14, 1922 to Thomas and Lizzie (Ellis) Mohawk in Tecumseh, Oklahoma. In her childhood years, she became known as "Boots," a nickname given to her by her siblings.

Jennie "Boots" grew up in the Pink/Tecumseh area, attending Tecumseh High School. She married Amos Snake on July 23, 1942, residing in the Little Axe-Tecumseh area and later moving to Cushing. Together they raised 10 children: Frances, Alvin, Kenneth, Anita, Carolyn, Alta, Norma, Janet, Steven, and Jana.

Jennie "Boots" was a proud member of the Absentee Shawnee Tribe. First and foremost she had an enduring faith and trust in the Lord. She was a very devoted mother and homemaker, enjoyed gardening, sewing, and most of all cooking. Her greatest enjoyment was spending time with family, her children, grandchildren and great grandchildren. She had worked briefly as a nurse's aide, caring for others, which was her greatest gift from God.

She was the youngest of the Mohawk family and lived to be the oldest. She is preceded in death by her parents, 5 sisters, 2 brothers, husband Amos, and one daughter Frances Ressler. Those left to cherish her memory are her three sons: Alvin Snake, Kenneth Snake and wife Barbara, and Steven Snake; and her six daughters: Anita Burton, Carolyn Duncan and husband Gene, Alta Helvy and husband Tony, Norma Snake, Janet Snake, and Jana Snake and husband Stephen Whitebird, numerous grandchildren, great grandchildren, and many loving nieces, nephews, and other relatives and friends.

She was laid to rest with graveside services held on Wednesday, November 1st under the direction of Palmer-Marler Funeral Home of Cushing at the Butler Family Cemetery, in Cushing, with Sam Shane of Stroud officiating. She will be greatly missed.



# DECEMBER 2017 BIRTHDAYS

Adams, Alexis Pearl  
 Adams, Misty Dawn  
 Aguirre, Carlos Eriberto  
 Alae, Beverly Jo  
 Alford, Blake Tyler  
 Alford, Larry Dean  
 Allen, Annabelle Marie  
 Anderson Reading, Alecia Dawn  
 Armstrong, Hobart  
 Ash, Roger Wayne  
 Atabaigi, Roberfa Lynn  
 Atkinson, Joshua Dean  
 Atwood, Crystal Dawn  
 Ayers-Deere, Delana Sue  
 Ballard, Debra Ann  
 Bates, Aria Belyn  
 Bates, Howard Eugene  
 Bender, Maecie Raelene  
 Berry, Dakota Trah  
 Bierd, Jamie Chereese  
 Bigpond, Bobby Gene  
 Blackburn, Leland Paul Neasbitt  
 Blanchard, Ashley Gabrielle  
 Blanchard, Camenah Joe  
 Blanchard, Crystal Raylene  
 Blanchard, Erika MacAle  
 Blanchard, Johnathan Cole  
 Blanchard, Mya Aileen  
 Blanchard, Sustina Marie  
 Bond, Delsin Wyatt  
 Bradley, Micah Joel  
 Bradley, Phillip Monroe  
 Bradshaw, Mitchell Bryan  
 Breeding, Matthew Thad  
 Brokeshoulder, Elk Eli  
 Brokeshoulder, Glenda Mae  
 Brokeshoulder, Katrina Sue  
 Brokeshoulder, Vickie Robin  
 Brophy, Callie-Kaye Ellice  
 Brown, Braxton Gilbert  
 Brown, Charlotte Elaine  
 Brown, Cochanna Christine  
 Bruner, Mason Harjo  
 Bryant Jr., Robert Wesley  
 Buffington, Alecia Lucinda  
 Bui, Noreen Fay  
 Bui, Wiley The  
 Bullen, Shelly Lisa  
 Bump, Tonya Lynn  
 Bufler, Wosey Jane  
 Byers, Sherry Levon  
 Byington, David Adam  
 Calladitto, Annika Mone'L  
 Carpenter, Whitney Rochelle  
 Chafin, Sierra Nicole  
 Charley Whatley, Marrassa Ashley  
 Chisholm, Keegan Conner  
 Coddington, Emily Elizabeth  
 Coddington, Krystal Renee  
 Cody, Dakota Hunter  
 Coffee, Larry Ben  
 Colbert, Braylon Dean  
 Colungo, Wilma Wildena  
 Conner, Robert Neal  
 Coon, Vanessa Rae  
 Cooper, Beverly Rose  
 Cortez, La Donna Marie  
 Cravens, Christopher Dale  
 Creek, Christopher Samuel  
 Creek, Jaxon Lee  
 Creeping Bear, Bobby  
 Crosswhite, Donna Elaine  
 Crow, Kimberly Kay  
 Csoma, Amber Blanchard  
 Cuellar Jr., Clifford Eugene  
 Darrington, Taliyah De'Vine  
 Daugherty, Samuel Edwin  
 Davis, Guenevere Tess

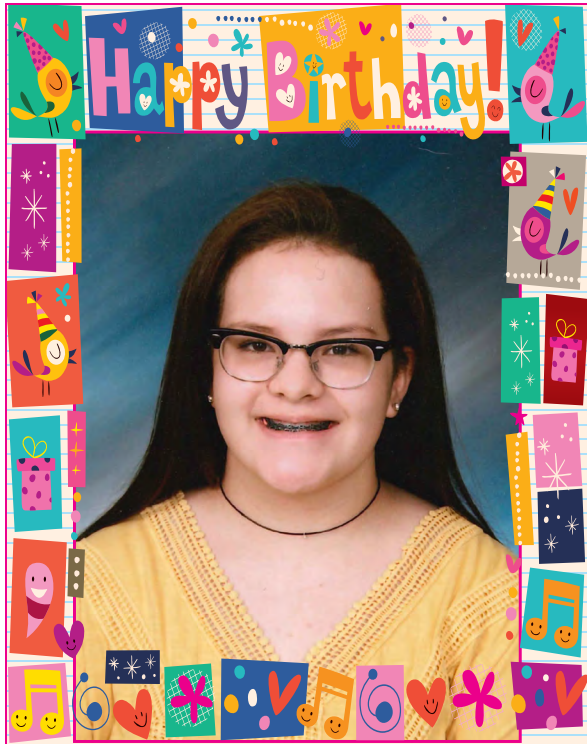
Davis, Holly Ann  
 Davis, Julius Alexander  
 Davis, Rex Keith  
 Davis, Scarlett Marie  
 Davis, Serenity Jean  
 Day, Anthony Lee  
 Day, George Michael  
 Deer, Alena Rose  
 Deere, Alyssia Lynn  
 Deere, Gabriel Xavier  
 Deere, Kathleen Ann  
 Delodge, Dexter Lee  
 DeLodge, Genesis Octavia  
 Delodge, Wayne Lee  
 Douglass, Christian Jayce  
 Downs, Che' Kyle  
 Duran, Anthony George  
 Ellis Jr., Michael Frank  
 Ellis, Ciara Renee  
 Ellis, Jessica Marie  
 Ellis, Justin Lee  
 Ellis, Matthew Drew  
 Eisloo, Lyla Lee  
 Embery, Isaiah Dwayne  
 Engledowl, Alexia Michelle  
 Engler, Alicia Diane  
 Evans, James Steven  
 Evans, Steven E  
 Farris, Stacey Lynn  
 Felton, Aiden Michael  
 Florick, Krista Leann  
 Foreman, Carole Jean  
 Foreman, Elyzabeth Lesleigh  
 Foreman, Zelda Mae  
 Fowler, Joanna Marie  
 Frye, Zoe Ann  
 Galloway, Daisy Jade  
 Galloway, Kory Damien  
 Galloway, Skylar Matthew  
 Garretson, Christopher Ronald  
 Garretson, Janis Marie  
 Gibson Jr., Jeremy Lee  
 Gibson, Davanee Mina Paralee  
 Gibson, Garret Henry  
 Gibson, Lita Danielle  
 Gibson, Lousetta B.  
 Gibson, Willie Ray  
 Gonzalez-Freed, Anthony Wayne  
 Goodwin, Alissa Mae  
 Gouge, Jace Joaquin  
 Graham, Jordan Michael  
 Grant, Jayden Dewayne  
 Grass, Billie Jean  
 Grass, Gage Owen  
 Griego, Aiyanna Che'la  
 Gurrola, Arturo Jr  
 Guzman, Ginger Gaile  
 Hackbarth, Riley Rain  
 Hadjiconstantinou, Ty Lucas  
 Hall, Sarah Jean  
 Harrison, Andrea Layne (Ellis)  
 Hartley, Carolyn Curtis  
 Harvey, Lisa Michelle  
 Harvey, Nevaeh Nicole  
 Hatcher, Wade Jeffrey  
 Haumpy Sr., William Allen  
 Hawk, Jordyn Marie  
 Hayes, Jackson Elias  
 Haymond, J-Lynn Lanea  
 Hernandez, Landon Jayse  
 Herrera, Precious Lara  
 Hill, Dominick Allen  
 Hill, Keevan Jones  
 Hixon, Eli James  
 Holt-Belvin, Brittani Maelynne  
 Hood, John Michael  
 Huckaby, Mary Louise Tyner  
 Innis, Quanah Guy

Isaac, Frances Jane  
 Jackson, Cheyenne Marie  
 James, Constance Logan  
 James, Gregory Dale  
 Jantz, Evan Blake  
 Jimerson, Magan Christina  
 Johnson III, Fauster Calvin  
 Johnson Jr., Anthony David  
 Johnson, Brodie Wade  
 Johnson, Byron Mack  
 Johnson, Camille Marie  
 Johnson, Fawntayne Catara  
 Johnson, George Benjamin  
 Johnson, James Christopher  
 Johnson, Kayla Ryan  
 Johnson, Marlene Jane  
 Johnson, Steve Allen  
 Kaniatobe, Guy Willis  
 Kastl, Scott Christopher  
 Keith, Blake Garrett  
 Kennedy, Deborah Leigh  
 Kent-Larney, Flora Jean  
 Kilmer, Sandra Lynn  
 Kishketon, Malaki Allen  
 Kisor II, Jesse Devon  
 Klein, Madelynn Grace  
 Kringsen, Faibian Eugene  
 Lalehparvaran, Lilah Parvin  
 Lamb, Caden James Charley  
 Landrum, Rachel Erin  
 Larney, Darnell Maxine  
 Lasarge, Susan Gail  
 Lemke-Rochon, Andrea Kay  
 Lester, Mackenzie Danielle  
 Limon, Jennifer Nell  
 Little Axe Sr., Ricky Lee  
 Little Axe, Jaydell Chance  
 Little Axe, Kamyrah Lemarea Illiana  
 Little Axe, Maxine  
 Little Axe, Slayer Dane  
 Little Axe, William Dennis  
 Little Charley, Newman  
 Little, Richard Wayne  
 Littlebear, Calvin  
 Littlebear, Jonathan  
 Littlebear, Patrick  
 Littlebear, Paul Jacob  
 Littlebear, Waleen Tenae  
 Littlecreek, Ronnie Joe  
 Littlecreek, Sarah Denae  
 Locke, Tristan Daniel  
 Logan, Glenda Sue  
 Longhorn Jr., Keith Warren  
 Longhorn, Kaselyn Diane  
 Longhorn, Stuart Kyle  
 Longman Sr., Clyde Bennie  
 Longman, Collin Jay  
 Longman, John Wayne  
 Lopez, Ruby Ann  
 Lowe, Preston Gavin  
 Mack, Makenna Dawn  
 Mammen, Deann Marie  
 Martinez Jr., Timothy Andrew  
 Martinez, Efren Adam-Dean  
 Martinez, Shawnee H.  
 Martinez, Tewa Marie  
 Masquaf, Dana Lanelle  
 Maxfield, Joseph Thad  
 McBride, Anthony Daniel  
 McBride, Damien Nicholas  
 McBroom, Garrett Allen Trece  
 McCulloch III, Grant Howard  
 McGuffin, Vickie Ann  
 McGuire, Mary Ann Masquaf  
 McKee, William Kirby Zakkariah  
 Medina, Sophia Katherine Lily  
 Meghehe, Dakota Micheal  
 Merrell, Cass Adam

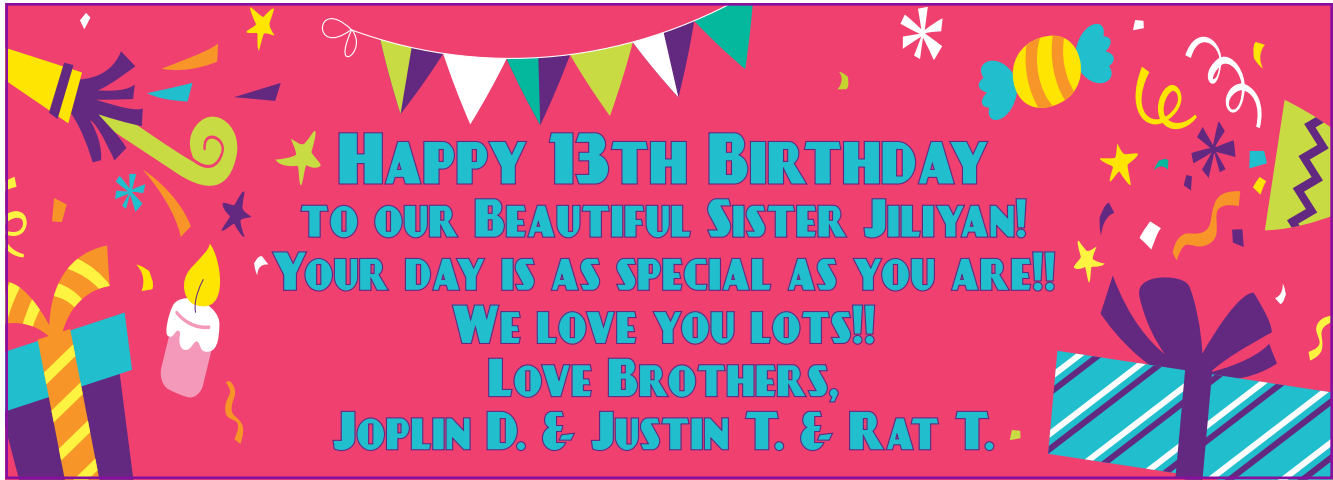
Merrell, Cruz David  
 Miller, Alicia Le Wayne Edwards  
 Miller, Hollis Cade  
 Miller, Madilyn Neveah  
 Mills, Hanna Frances  
 Mitchell, Qiana Skye  
 Mizell, Janice Maria  
 Molina, Deanne Jo  
 Mooneyham, Andrea Gail  
 Moore, Alexander Lee  
 Morgan, John David  
 Morlan, Debra Jean  
 Morris III, John Gilbert  
 Morris, Cecilia Renee  
 Murdock, Brian Lee  
 Neash, Bobby Joe  
 Neash, Nekkia Christine  
 Nelson, Debra Ann  
 Neske, Kyle Logan  
 New Moon, Melissa Elaine  
 Nicholson, Lee Anna  
 Odell, Travis Dewayne  
 Oles, Robin Jewel  
 On-The-Hill, Tonya Lynn  
 Ontiveros-Adame, Tina Marie  
 Onzawah, Brian Neil  
 Onzawah, Chloe Sarai  
 Onzawah, Hailia Brielle  
 Parker, Hunter Caleb Chase  
 Parker, Teresa Erin  
 Patton, Erionna Marie  
 Pawpa, Jacey Tafum  
 Perry, Savannah Jade  
 Pewenofkit, Jay Patrick  
 Pickens, Irma Juanita  
 Pine, Jacob Lawrence  
 Pitchford, Chayton Baeze  
 Pitchford, Saforia Chayne  
 Pitner, Shane Thomas  
 Ponkilla, Orrin Heath  
 Price, Ciara Davon Delodge  
 Price, Ethan Daniel  
 Puckitt, Cody Michael  
 Purcell, Desmond Lee  
 Ramirez, Alejandro Andres  
 Ramirez, Alve Tafum  
 Reid, Parker Gabriel  
 Robertson, Drew Hayden  
 Robertson, Kyle Scott  
 Robinson, Star Dionna  
 Rodas, Klay Arnoldo  
 Rolette Sr., Larry James  
 Rolette, Lawrence R.  
 Rolette, Ryan Adam  
 Rolette, Tiffany Renee  
 Rufledge, James Aiyden  
 Ryan, Crystal Gay  
 Sanchez, Tommy Shawneego  
 Schmidt, Sammie Anne  
 Self, Katelyn Lynel  
 Shawnee, Arla Nicole  
 Shawnee, Carrah Dawnell  
 Shawnee, Corey Wayne  
 Shelton, Jonell Lynne  
 Sherrill, Cody Michael  
 Shields, Ty Xavier  
 Simpson, Caden Marshall  
 Simpson, Thurman Ray  
 Sinks, Tammy Relin  
 Sloat, Arthur Wayne  
 Sloat, Jennifer Lauren  
 Smith, Cheryl Renae  
 Smith, Keana Tempestt  
 Smith, Kyle Lee  
 Smith, Skylard Marcus  
 Snow, Brianna Margaret-Faye  
 Solis, Adriana Clavel  
 Solis, Jose Maria

Spears, Catherine Renae  
 Spoon Jr, Carl David  
 Spoon, Desirae Roxanne  
 Spoon, Jilivan Jade  
 Spoon, Michael Brody  
 Spybuck, Barbara Ann  
 Spybuck, Deborah Ann  
 Spybuck, Nicholas Lawrence  
 Squire, Christopher Lane  
 Squire, Johnnie Larue  
 Squire, Marvin Lee  
 Stanley, Denelle Mae  
 Starr, Jack Eugene  
 Stevens Jr., Houston  
 Stinger Jr., Jack Theophilus  
 Stone, Sherry Darlene  
 Sultuska Jr., Jerome Ray  
 Swenson, Sofia Magdalena  
 Switch, Ezequiel  
 Tebe, Jabril Rylan  
 Teehee, Penny Lynn  
 Tello-Faz, Jennie Rebecca  
 Tenner, Kirsten Elizabeth  
 Thompson Jr., John Michael  
 Thorpe, Dara Beth  
 Thorpe, Jamie Lee  
 Thorpe, Matilda C. Masquaf  
 Thorpe, Preston Barrett  
 Tiger, Ashlee Jean  
 Tiger, Joseph Aaron  
 Tiger, Kane Matthew  
 Tiger, Lyric Danyl  
 Tolbert, Justin Wade  
 Torres-Salazar, Mary Ellen  
 Turtle, Kendall Jose Thomas Reece  
 Valdivia, Shirley Ann  
 Villalobos, Constantina K.  
 Wabaunasee, Mary Ellen  
 Wagner, Kaya-Mae Cristine  
 Wakley, Kylie Ann  
 Walker, Braylen Sincere  
 Walley, Dallas Jeffery  
 Warrior-Benson, Josiah Clark  
 Warrior, Whitney Michelle  
 Watson, Zachary Miles  
 Webb, Charles Kenneth  
 Webster, Ryan Bennett  
 Whims, Lawanna Jo  
 White Sr., Robert  
 White, Beckie Lynette  
 White, Edward Leon  
 Whittaker, Dominique Marie  
 Wiles, Mitzie Arlene Little Creek  
 Williams Jr., Joseph Edward  
 Williams, Adrian Thomas  
 Williams, Benjamin Michael  
 Williams, Brexon Apakus  
 Williams, Chance Michael  
 Williams, Daniell Anissa  
 Williams, Michelle Lee  
 Williams, Okah Melina  
 Wilson, Alvin Blaine  
 Wilson, Dwayne Alan  
 Wilson, Jessie Lee  
 Wilson, Kaiflyn Nicole  
 Wilson, Kamren Patrick  
 Wilson, Raylin Amelia  
 (Wilson) Pearman, Refha Ann  
 Winrow, Alexandra Nicole  
 Winrow, Ashley Dionne  
 Wolf Jr, Eric Wayne  
 Womack, Cody Lee  
 Worthington, Laketa Kaye  
 Wyatt, Vance Allen  
 Yeahpau, Trevian Alexander  
 Youngbear, Curtis Joshua

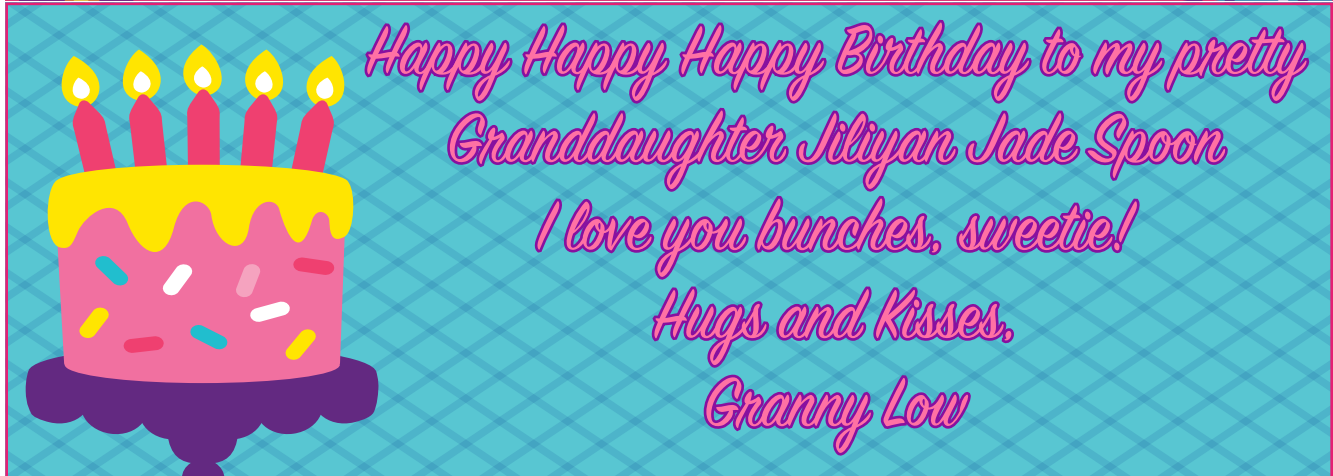




Happy 13th Birthday to my beautiful, sweet Jili Beans!!  
 So proud to call you my Best Friend and my Daughter!!  
 Hope your day is a great one!!  
 Love your Mom,  
 "String Cheese"



**HAPPY 13TH BIRTHDAY**  
**TO OUR BEAUTIFUL SISTER JILIYAN!**  
**YOUR DAY IS AS SPECIAL AS YOU ARE!!**  
**WE LOVE YOU LOTS!!**  
**LOVE BROTHERS,**  
**JOPLIN D. & JUSTIN T. & RAT T.**



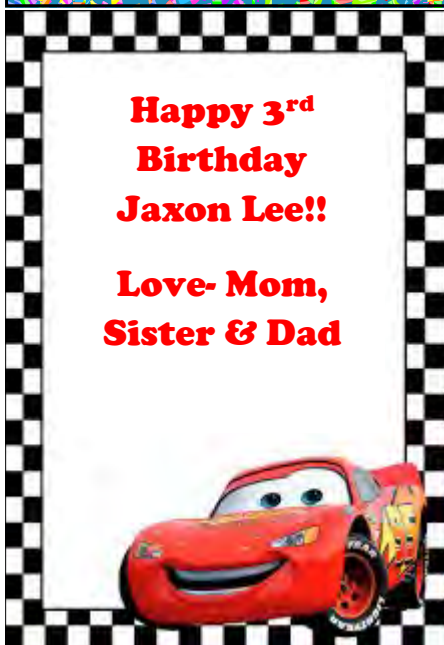
*Happy Happy Happy Birthday to my pretty  
 Granddaughter Jiliyan Jade Spoon  
 I love you bunches, sweetie!  
 Hugs and Kisses,  
 Granny Low*



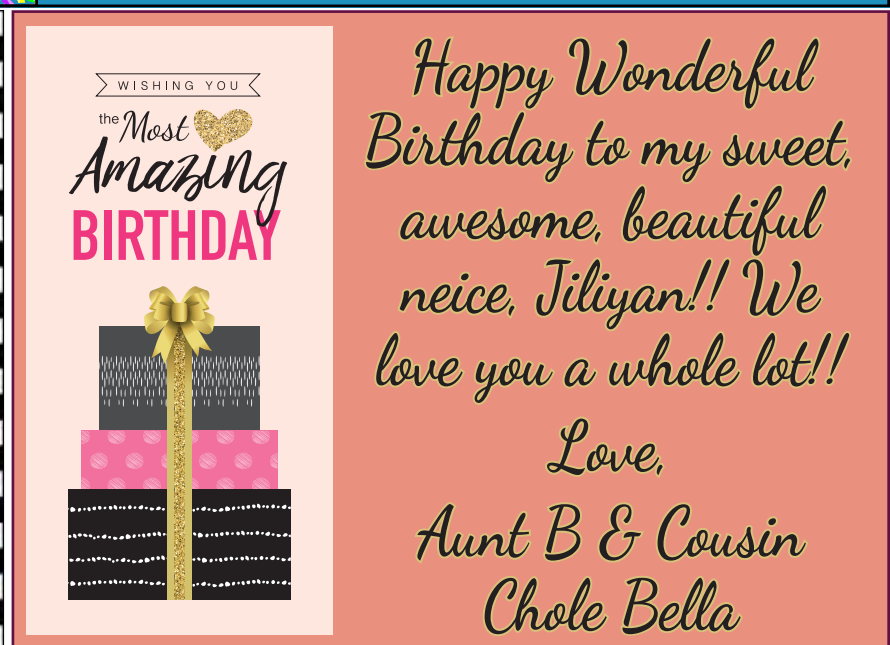
Happy Belated 9<sup>th</sup>  
 Birthday Kaydence  
 Rae!!  
 Love-Mom, Bubba &  
 Dad



**WANT TO WISH OUR DECEMBER TWINKIES A  
 HAPPY BIRTHDAY**  
**DESIRAE SPOON & TYBO SHIELDS**  
**LUV YO MY LIL MUNCHICKENS!!!**  
**LUV,**  
**MOMMA, DARIAN, AALIYAH, DEWEY, DERIG,  
 BAMAL AND GPA DAVE**



**Happy 3<sup>rd</sup>  
 Birthday  
 Jaxon Lee!!**  
**Love- Mom,  
 Sister & Dad**



WISHING YOU  
 the Most   
 Amazing  
 BIRTHDAY

*Happy Wonderful  
 Birthday to my sweet,  
 awesome, beautiful  
 neice, Jiliyan!! We  
 love you a whole lot!!  
 Love,  
 Aunt B & Cousin  
 Chole Bella*



WISHING YOU  
the Most  
**Amazing**  
BIRTHDAY



# Happy Birthday Crystal

from,  
Bo Bo and family

CELEBRATE  
Your  
**BIG DAY**  
with  
**CAKE**



# Birthday Wishes to Uncle Dennis, Thurman and Ashley

from,  
Bo Bo and family



## UPCOMING 2018 HEALTHCARE OPEN ENROLLMENTS

### Save The Dates!



1-800-MEDICARE (1-800-633-4227)

OCTOBER 15 – DECEMBER 7, 2017

2018 Medical & RX Plan Enrollment | Plan Changes



Health Insurance Marketplace

NOVEMBER 1 – DECEMBER 31, 2017

2018 Marketplace Enrollment | Renewals | Plan Changes

~ SEE A PATIENT BENEFIT ADVOCATE FOR OPEN ENROLLMENT ASSISTANCE ~  
CONNIE BOTTARO-LITTLE AXE: 405.447-0300 | LELA CULLEY-SHAWNEE CLINIC: 405.878.5850

For more information, contact AST Health System at 405.447.0300.



ASANTE SHAWNEE TRIBAL

## HEALTH SYSTEM

Prevention. Progress. Pride.





# ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

PUBLIC SERVICE ANNOUNCEMENT

## IMPORTANT INCLEMENT WEATHER INFORMATION

**Norman, Oklahoma** – The safety of our patients and employees is paramount in any emergency or inclement weather situation, and the Absentee Shawnee Tribal Health System (ASTHS) recognizes the fact that inclement weather and other emergencies can affect ASTHS' ability to open (or remain open) for seeing patients and the employees' ability to get to work (or to get home). For our patients, we strive to keep the health system closed for the briefest period of time possible. However for impending inclement weather - we are offering the following suggestions for our patients:

1. Please be sure to call ahead with your prescription re-fill needs within the allotted timeframe (24 hour fill time).
2. Please be sure to pick-up your medications (during non-weather event days) from pharmacy so that you will not go without during inclement weather.
3. Please make sure your patient contact information is up-to-date (such as phone number and email addresses) for notifications.
4. **Please call ahead before** venturing out into bad weather to see if we are open or closed.
  - Little Axe Health Center (405) 447-0300
  - Shawnee Clinic & SC Extended Hours (405) 878-5850
  - PlusCare Clinic (405) 447-0477
5. Watch for AST closure announcements on OKC's local news channels.
6. Follow AST Health on Facebook at [Absentee Shawnee Tribal Health](#) for the latest announcements.
7. Follow us on Twitter @ASTHealth; or
8. ASTHS website [www.asthealth.org](http://www.asthealth.org)

With the anticipation of electricity outages, the ASTHS recommends to fully charge your cell phones beforehand. The ASTHS encourages all patients to please stay safe and weather aware.

Prevention. Progress. Pride.

SHAWNEE CLINIC  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

LITTLE AXE HEALTH CENTER  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

[WWW.ASTHEALTH.ORG](http://WWW.ASTHEALTH.ORG)

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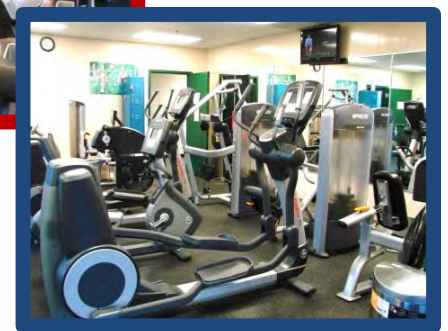
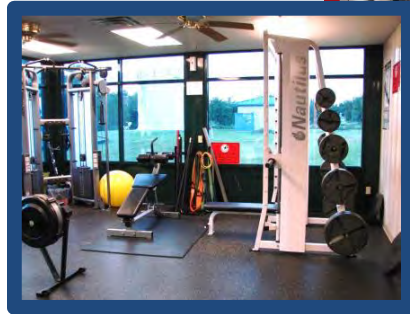
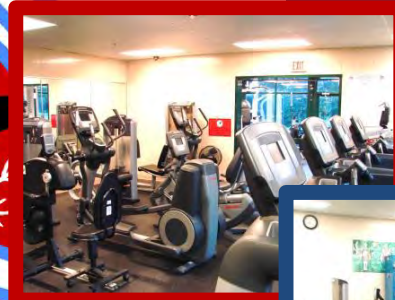
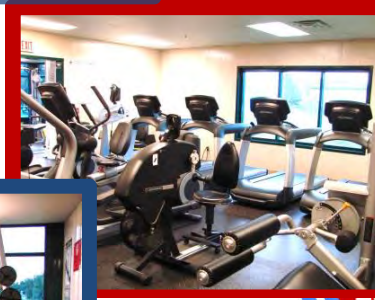
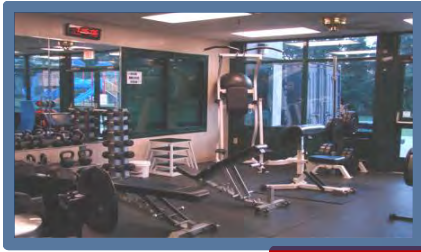


Buster Bread  
Fitness Manager



Chrissy Wiens  
Physical Activities Specialist

# The Absentee Shawnee Diabetes and Wellness



## Fitness Center

### Fitness Facility Hours of Operation

Monday - Friday

6:00 a.m. - 9:00 p.m.

### Fitness Facility Weekend Hours of Operation

Saturday

9:00 a.m. - 3:00 p.m.



Brandon Goodman  
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson  
Fitness Technician

## AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday	6:00am - 9:00pm
Saturday	9:00am - 3:00pm
Sunday	CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at [www.asthealth.org](http://www.asthealth.org) (Then navigate to our Diabetes and Wellness section under the services section.)





# December



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>	<b>CLASSES</b>
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Kickboxing Camp</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens <b>LITTLE AXE HEALTH FACILITY</b>		
				<u>Work</u> 2:30 p.m.-3:15 p.m. Buster Bread <b>LITTLE AXE HEALTH FACILITY</b>
<u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

"Kickboxing Camp"- Intense aerobic training that incorporates kickboxing self-defense to engage and strengthen the cardiovascular system.



**Absentee  
Shawnee Fitness**

"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"Work!"- Strength training exercise that uses tubing, weights, and kettlebells to help increase muscular strength, anaerobic power, and tone muscles .

**Diabetes and  
Wellness**



## Staying Healthy & Feeling Strong Through The Winter Holiday's

December is usually a time of the year where most people feel it's justifiable for the abundance of over-eating and a lack of exercise. We want to encourage you to start this New Year on the right foot. Based on studies, the majority of people tend to gain extra additional weight during the holiday season. Excessive eating is claimed to be the main cause for weight gain, but it is also due to lack of physical activity and exercise. It is very important to have fun and enjoy the holiday season, but you also want to stay healthy the same time. Try not to wait until next year to put your health and happiness first but make goals and a game plan now, here are some useful tips that may help you stay focused for a better healthier you:

- 1. Eat before eating out-** It is best to eat before going out due to overindulging.
- 2. Select Treats-** Try to make a plan to select treats that you eat in a wise manner.
- 3. Avoid Skipping Meals-** Don't skip meals especially breakfast. Not eating will only make it where you eat more and choose poor choices later in the day. Skipping meals may lead to counterproductive results.
- 4. Drink A Lot of Water-** This can curb your appetite as well as keep you hydrated at all times.
- 5. Shop Well for Yourself-** It is very important to stock up your kitchen with healthy food and snacks. The more convenient they are the most likely you will eat them. Instead of thinking what you shouldn't eat, promise to eat at least 3 to 5 servings of veggies per day.
- 6. Eat Less More Often-** Instead of having 2 enormous meals, have 5 small ones. Eat dinner early and have a nice walk afterwards.
- 7. Set realistic goals-** Aim for at least 30 minutes per day. If you plan for more and not achieve it then it may lead to disappointment.
- 8. Prioritize Your Workout-** Try to do them early in the morning while everyone else is still asleep so there are no distractions.

These tips above will hopefully help with avoiding weight gain during the winter holiday's, but will also allow you to enjoy yourself and have a great time with family and friends.

**Happy Holiday !**



# Run For Your Life Zombie 5K 2017

Sponsored by: AST Diabetes & Wellness  
& MyDNA programs





# EMERGENCY MANAGEMENT

## **Be Prepared to Stay Safe and Healthy In Winter**

Winter storms and cold temperatures can be hazardous. Stay safe and healthy by planning ahead. Prepare your home and cars. Prepare for power outages and outdoor activity. Check on older adults. Take These Steps for Your Home. Many people prefer to remain indoors in the winter, but staying inside is no guarantee of safety. Take these steps to keep your home safe and warm during the winter months.

## **Don't Forget to Prepare Your Car**

Get your car ready for cold weather use before winter arrives.

Service the radiator and maintain antifreeze level; check tire tread or, if necessary, replace tires with all-weather or snow tires.

Keep gas tank full to avoid ice in the tank and fuel lines.

Use a wintertime formula in your windshield washer.

Prepare a winter emergency kit to keep in your car in case you become stranded. The kit should include:

cell phone, portable charger, and extra batteries; blankets; food and water; booster cables, flares, tire pump, and a bag of sand or cat litter (for traction); compass and maps; flashlight, battery-powered radio, and extra batteries; first-aid kit; and plastic bags (for sanitation).

## **Equip in Advance for Emergencies**

Be prepared for weather-related emergencies, including power outages.

Stock food that needs no cooking or refrigeration and water stored in clean containers.

Ensure that your cell phone is fully charged.

When planning travel, be aware of current and forecast weather conditions.

Keep an up-to-date emergency kit, including: Battery-operated devices, such as a flashlight, a National Oceanic and Atmospheric Administration (NOAA) Weather Radio, and lamps; Extra batteries; first-aid kit and extra medicine; baby items; cat litter or sand for icy walkways. Protect your family from carbon monoxide. Keep grills, camp stoves, and generators out of the house, basement and garage. Locate generators at least 20 feet from the house.

Leave your home immediately if the CO detector sounds, and call 911.

## **Take These Precautions Outdoors**

Many people spend time outdoors in the winter working, traveling, or enjoying winter sports. Outdoor activities can expose you to several safety hazards, but you can take these steps to prepare for them:

Wear appropriate outdoor clothing: wear a tightly woven, preferably wind-resistant coat or jacket; inner layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.

Sprinkle cat litter or sand on icy patches.

Learn safety precautions to follow when outdoors.

Work slowly when doing outside chores.

Take a buddy and an emergency kit when you are participating in outdoor recreation.

Carry a cell phone.

## **Do This When You Plan to Travel**

When planning travel, be aware of current and forecast weather conditions.

Avoid traveling when the weather service has issued advisories.

If you must travel, inform a friend or relative of your proposed route and expected time of arrival.

Follow these safety rules if you become stranded in your car.

Stay with your car unless safety is no more than 100 yards away, but continue to move arms and legs.

Stay visible by putting bright cloth on the antenna, turning on the inside overhead light (when engine is running), and raising the hood when snow stops falling.

Run the engine and heater only 10 minutes every hour.

Keep a downwind window open.

Make sure the tailpipe is not blocked.

Above all, be ready to check on family and neighbors who are especially at risk from cold weather hazards: young children, older adults, and the chronically ill. If you have pets, bring them inside. If you cannot bring them inside, provide adequate, warm shelter and unfrozen water to drink.

Source: <https://www.cdc.gov/features/winterweather/>

###

## **Contact information:**

Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com



## PHILLIP S. ELLIS

TRIBAL FINANCE | FINANCIAL ACCOUNTING

### OBJECTIVE

I am running for Treasurer for the Absentee Shawnee Tribe in 2018 so that I can utilize my financial expertise and experience to benefit our tribe.

### WHAT I STAND FOR

- Positive Change
- Integrity
- Business Development
- Financial Transparency
- Strengthen Tribal Government

### EXPERIENCE

FINANCIAL ANALYST &  
TAX COMMISSIONER • ABSENTEE SHAWNEE TRIBE

CHIEF FINANCIAL OFFICER • SAC AND FOX NATION

FINANCE DIRECTOR • PAWNEE NATION

CORPORATE ACCOUNTANT • EXPRESS PERSONNEL

SENIOR TAX ACCOUNTANT • GILL, KOHR & JOHNSON, CPA'S

STAFF ACCOUNTANT • CLIFTON LARSON ALLEN, LLP

### EDUCATION

MASTER'S DEGREE • 2002 • UNIVERSITY OF TULSA  
Specialty in Taxation and Corporate Finance

BACHELOR'S DEGREE • 1998 • ARIZONA STATE UNIVERSITY  
Specialty in Finance and Accounting

CPA ELIGIBLE

### VOLUNTEER EXPERIENCE OR LEADERSHIP

Absentee Shawnee Economic Development Authority – Board President

Absentee Shawnee Veteran's Association - Member

Native American Finance Officer's Association - Member

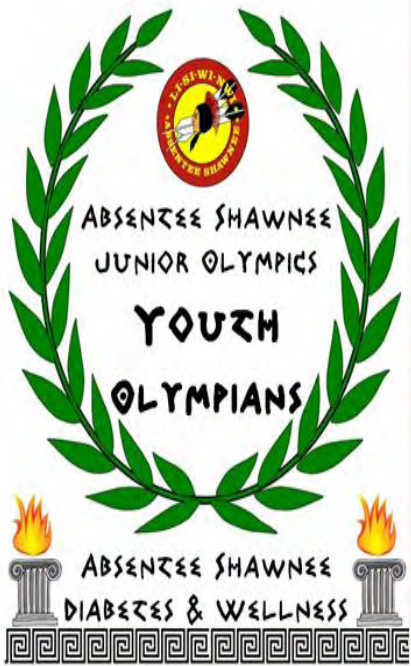
OK Tribal Finance Consortium – Member

CONTACT INFO: 918-703-7538 OR PHILLIE2829@GMAIL.COM

# Absentee Shawnee Tribe Veterans Pow-wow Nov. 4, 2017









TAKE 3 ACTIONS  
TO FIGHT THE FLU

# FIGHT FLU



## INFLUENZA

Influenza (flu) is a contagious disease that can be serious. Every year, millions of people get sick, hundreds of thousands are hospitalized, and thousands to tens of thousands of people die from flu. CDC urges you to take the following actions to protect yourself and others from flu.

## GET YOURSELF AND YOUR FAMILY VACCINATED!

A yearly flu vaccine is the first and most important step in protecting against flu viruses. Everyone 6 months or older should get an annual flu vaccine by the end of October, if possible, or as soon as possible after October.

Flu vaccines are offered in many locations, including doctor's offices, clinics, health departments, pharmacies and college health centers, as well as by many employers, and even in some schools.

Protect Yourself. Protect Your Family. Get Vaccinated. #FightFlu

Learn more: <https://www.cdc.gov/flu/consumer/vaccinations.htm>



TAKE EVERYDAY PREVENTIVE ACTIONS TO  
HELP STOP THE SPREAD OF FLU VIRUSES!



## AVOID

Avoid close contact with sick people, avoid touching your eyes, nose, and mouth, cover your coughs and sneezes, wash your hands often (with soap and water), and clean and disinfect surfaces and objects that may be contaminated with flu viruses.

If you become sick, limit contact with others as much as possible. Remember to cover your nose and mouth with a tissue when you cough or sneeze, and throw tissues in the trash after you use them. Stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine before resuming normal activities.)

Learn more: <https://www.cdc.gov/flu/consumer/prevention.htm>

TAKE ANTIVIRAL DRUGS IF YOUR  
DOCTOR PRESCRIBES THEM!



## FLU ANTIVIRALS



If you get the flu, antiviral drugs can be used to treat flu illness.

Antiviral drugs can make illness milder and shorten the time you are sick. They also can prevent serious flu complications, like pneumonia.

CDC recommends that antiviral drugs be used early to treat people who are very sick with the flu (for example, people who are in the hospital) and people who are sick with the flu and are at high risk of serious flu complications, either because of their age or because they have a high risk medical condition.

Learn more: <https://www.cdc.gov/flu/consumer/treatment.htm>

#FIGHT FLU





## American Indians and Alaska Natives (AI/ANs) are at high risk for flu complications



A yearly flu vaccine protects yourself and others around you

Flu is a leading cause of pneumonia

Flu and pneumonia rank among the top 10 causes of death for AI/ANs.<sup>1</sup>

AI/ANs are more likely to die from pneumonia and flu than other races.<sup>1</sup>

Across the U.S., the flu causes more than

# 200,000

HOSPITALIZATIONS EACH YEAR.

AI/ANs are at **higher** risk than others for:

- Pneumonia and bronchitis
- Hospitalization
- Death

The flu poses a greater risk to:

Young children and elders

Pregnant women

People with diabetes, extreme obesity, heart disease, or asthma and other lung problems

Flu symptoms can include:

**FATIGUE**  
(FEELING VERY TIRED)

**BODY ACHES OR HEADACHES**

Runny or stuffy nose

**CHILLS**

**COUGH** SORE THROAT

**FEVER\***

\*You can still have the flu and be contagious without a fever

## Benefits of Flu Vaccination

During the 2014-15 season, flu vaccination prevented<sup>2</sup> an estimated:

# 1.9 MILLION

influenza-associated **illnesses**—greater than the population of the city of Philadelphia



# 966,000

flu-associated **medical visits**—as many people as can fit in Manhattan's Times Square



# 67,000

flu **hospitalizations**—as many people as Seattle's Seahawks stadium can seat



## Take 3 Steps to Fight the Flu:

1



Get a flu vaccine each year for everyone 6 months of age and older

2

Take everyday preventive actions to stop the spread of germs



Wash your hands often



Cover your coughs and sneezes

3

Take antiviral medicine if prescribed



Get a Flu vaccine at:

Indian Health Service, tribal, or urban health clinics and doctor's offices

Pharmacies or grocery stores

Community health fairs

Ask your Community Health Representative or Community Health Aide for more information!

Protect yourself. Protect your community.

Get vaccinated. Protect the circle of life.



<sup>1</sup>Groom, A., et al. Pneumonia and influenza Mortality among American Indian and Alaska Native People, 1990-2009. Am J Public Health. 2014 June; 104. Supplement 3: S460-S469. Published online April 2014. Accessed 1/27/15: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC4035860/>.

<sup>2</sup> Accessed 12/10/2015: [www.cdc.gov/flu/about/disease/2014-15.htm](http://www.cdc.gov/flu/about/disease/2014-15.htm)



# Absentee Shawnee Housing Authority



## Programs Available

- Lease to Own Homes
- Low Rent Housing
- Over Income AST member Down Payment & Closing Assistance
- College Housing Assistance
- Home Rehab Program
- Storm Shelter Assistance
- Transitional Housing
- Over-Income Rental Housing

**FOR INFORMATION ABOUT OUR SERVICES**

**PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE**

**LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK**

**WEBSITE: [WWW.ASHOUSINGAUTHORITY.COM](http://WWW.ASHOUSINGAUTHORITY.COM)**

***Honoring Our Past  
With Promise for  
Our Future***

**LIFE is Beautiful  
Living Meth Free**



**National Suicide  
Prevention**

**1-800-273-8255  
(TALK)**



**Absentee Shawnee  
Health Systems  
Shawnee & Little Axe**



# Care on your schedule, that's the Plus.



A WALK-IN, AFTER-HOURS, ACUTE CARE FACILITY

## HOURS OF OPERATION:

9 a.m.-9 p.m. Monday – Friday  
9 a.m.-5 p.m. Saturday – Sunday  
9 a.m. -5 p.m. Holidays  
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment – 9 a.m.  
Last appointment – 8:30 p.m. Monday – Friday  
Last appointment – 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On weekends. This is all for you.**



# PLUSCARE

LI-SI-WI-NWI HEALTH, INC.

Prevention. Progress. Pride.



15702 East State Highway 9 • Norman, OK 73026  
Phone: 405.447.0477 Fax: 405.366.8996

WWW.ASTHEALTH.ORG



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**

Prevention. Progress. Pride.

## BEHAVIORAL HEALTH SERVICES

### A guiding hand on your shoulder.

Services available for all Federally Recognized Tribes.



Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, **8 a.m. to 5 p.m. Monday through Friday.**

#### LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

#### BEHAVIORAL HEALTH

Rolanda Smith 405.701.7987

#### SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)

#### BEHAVIORAL HEALTH

Roberta Cooper 405.878.4716

WWW.ASTHEALTH.ORG

# Sign up, stay connected.

## ONLINE PATIENT PORTAL →

for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results? Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to [www.asthealth.org/patient-portal](http://www.asthealth.org/patient-portal) to register.

For more help, call your clinic, and we'll walk you through it.



Install the app on iPhone or Android for real-time access  
to your health information

SHAWNEE CLINIC 405.878.5850 | LITTLE AXE HEALTH CENTER 405.447.0300



The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines.  
Keep a copy on hand  
and update your information.

## EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

## CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.  
  
For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

## EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday  
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

## CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.  
  
For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

## IMPORTANT CONTACTS

### BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator  
Darla Gatzman, CH Technician  
Chelle Foreman, Medical Claims Examiner  
Lena Carol, CH Technician  
Kareena Deere, CH Technician/Medical Records

### REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN  
Jayne Werst, CH Specialist, Medicaid Patients  
Jennifer Wells, CH Technician  
Melinda Ferrell, PBA, Dental Referrals

### REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN  
Laurie Webber, CH Specialist, IHS Patients/LPN  
Carrie Stanley, CH Specialist, Medicaid patients/  
Medical Assistant

LITTLE AXE HEALTH CENTER CHS  
405.701.7951 (Please follow voice prompts)  
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS  
405.878.5850 (Primary)  
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.





Here for you,  
now more than ever.

**EXTENDED HOURS:**  
**9 a.m. - 9 p.m. Monday - Friday**  
**9 a.m. - 5 p.m. Saturday**  
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



**SHAWNEE CLINIC**

ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801  
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

**Regular hours of operation: 7 a.m. to 5 p.m. M-F.**  
Closed the first Wednesday of every month from noon-5 p.m.  
Closed Sundays & holidays.



There is a welcoming place  
for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

**LITTLE AXE HEALTH CENTER**

15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**SHAWNEE CLINIC**

2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)



ABSENTEE SHAWNEE TRIBAL

**HEALTH SYSTEM**

Prevention. Progress. Pride.



Let your  
voice  
be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

*Together, we will fulfill our mission.*



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.





## PHARMACY SERVICES

### Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Drive  
Norman, OK 73026  
**405.292.9530**

**Lobby:**  
Mon - Fri 8 a.m. to 5 p.m.

**Regular Drive-thru:**  
Mon - Fri 7:30 a.m. to 5:30 p.m.

**Extended Hours Drive-thru\*:**  
Mon - Fri 5:30 p.m. to 9 p.m.  
Sat - Sun 9 a.m. to 5 p.m.  
Holidays 9 a.m. to 5 p.m.

*(excluding Thanksgiving & Christmas)*

\*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

**SHAWNEE CLINIC**  
2029 South Gordon Cooper Drive  
Shawnee, OK 74801  
**405.878.5859**

**Regular Hours:**  
Mon - Fri 7 a.m. to 5 p.m.

**Extended Hours\*:**  
Mon - Fri 5 p.m. to 9 p.m.  
Sat 9 a.m. to 5 p.m.  
Closed Sundays & Holidays  
\*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

*Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.*

### 24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved **Walgreens locations in Shawnee and Norman**. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK

ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.

Accredited by  
**AAAHC**

WWW.ASTHEALTH.ORG

COME SEE US AT OUR NEW LOCATION



OPTOMETRY

15702 East State Hwy 9  
Norman, OK 73026

*Next to Thunderbird Casino in the PlusCare Clinic Building*

P: 405.447.0300 F: 405.701.7080 W: WWW.ASTHEALTH.ORG



**LITTLE AXE HEALTH CENTER**  
LITTLE AXE HEALTH, INC.

## Iowa Tribe of Oklahoma Vocational Rehabilitation Program

**"See the Person Not the Disability"**

Juniors



Seniors

### History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

### Services Than Can Be Provided:

Depending on an individual's needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

### Qualifications:

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor's statement or the IEP or 504 plan from your school.

### Counties We Serve:

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

Iowa Tribe of Oklahoma  
Vocational Rehabilitation Program  
P.O. Box 728  
Perkins, OK 74059



Contact: Christa McClellan  
Phone: 405-547-5721  
Toll Free: 1-888-330-4692  
E-mail: cmcclellan@iowanation.org

WE ARE ON THE INTERNET: [www.iobbkaje.com](http://www.iobbkaje.com)



# ABSENTEE SHAWNEE TRIBAL MEMBERS

## APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

### ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

### REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: [www.astribe.com](http://www.astribe.com)

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE  
SUBMITTING TO SOCIAL SERVICES**

## *A Little Note from The Tag Office*

*Did You Know.....*

*Any name changes that may occur  
(i.e. marriage, divorce, etc.) need to be updated  
through enrollment, BEFORE any new  
registrations or renewals can be processed.*



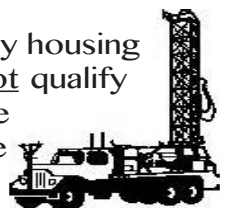
## THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at [www.astribe.com](http://www.astribe.com) and at the OEH&E building.





Absentee Shawnee Tribe  
Behavioral Health Services



WHITE BISON, Inc.  
A Cultural Approach to Personal Recovery  
Substance Abuse

## Wellbriety Group Meetings

**Facilitator: John Soap, LPC**

**Beginning September 14, 2017 5:30pm-6:30pm**

**Every Thursday at the Shawnee Multipurpose Building  
(east of the Shawnee Clinic, Bldg. 16)**

**For further information, contact:**

**Shawnee Behavioral Health Services: John 405-878-4716  
Little Axe Behavioral Health Services: Dara 405-701-7987**

## Medicine Wheel and 12 Steps



The medicine wheel and 12 Step program was developed to provide a culturally appropriate 12 Step program for Native American people. This program was developed by White Bison, based upon teachings of the Medicine Wheel, the Cycle of Life and the Four Laws of Change.

### How the Process Works

The Medicine Wheel and 12 Step program is designed in a series of modules that enable people to meet their individual needs. Participants watch a video that explains Medicine Wheel teachings and apply them to their lives. In addition, participants share their insights and experiences in a talking circle. They also learn how to mind map their own innate knowledge around these teachings and then apply that knowledge to their daily lives and decision making processes. For those working through the program in a group setting (i.e. Circles of Recovery) very strong social and emotional bonds are created that help the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them to grow emotionally, mentally, physically, and spiritually.

### Focus

The focus of the program is on character and values. Thus each of the 12 Steps is presented from the perspective of the value that it reflects.

Step 1: Honesty	Step 6: Willingness	Step 10: Perseverance
Step 2: Hope	Step 7: Humility	Step 11: Spiritual Awakening
Step 3: Faith	Step 8: Forgiveness	Step 12: Service
Step 4: Courage	Step 9: Justice	
Step 5: Integrity		

### Teachings of the Medicine Wheel

The Medicine Wheel is an ancient method for teaching important concepts about truth and life. Many Native American communities use a Medicine Wheel, although the colors and the symbols are different depending upon the culture. The purpose is the same in each culture. These teachings, when applied to one's life, have the power to influence significant change in attitudes, behaviors, values and intent. The Elders have shared a series of Teachings based upon the Natural Order of the way things should be. These are sometimes referred to as the "original instructions." These important Teachings are included in the Medicine Wheel and 12 Steps:

Four Seasons of Change  
Four Laws of Change  
Four Directions of Growth  
Twelve Principles for Healthy Living  
Reclaiming our Power  
The 12 Steps of Recovery  
Nature's Way: Principles, Laws and Values  
Cycle of Life  
Eight Feelings for Healthy Development  
Comfort Zones  
The Two Thought System: Love and Fear  
The Medicine Wheel  
The Laws of the Unseen World



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<b>OTHER ENTITIES &amp; TOLL FREE</b>	All Nations Bank.....	273-0202
	ASEDA.....	878-6782
	Toll Free .....	1-800-256-3341
	Brendle Corner .....	447-3372
	Building Blocks .....	878-0633
	(Elizabeth Crawford, Brianna Pankalla)	
	Building Blocks II L.A.....	360-2710
	(Billie Thompson)	
	Housing.....	273-1050
	Human Resources .....	275-1468
	Indian Child Welfare.....	878-4702
	Country Kitchen Restaurant .....	366-7220
	Media .....	598-1279
	(Sherman Tiger, Derek Hilderbrand)	
	OEH/OEP .....	214-4235
	Police Dept.....	275-3200 / 275-3432
	Thunderbird Casino NRM.....	360-9270
	Shawnee Casino .....	273-2679
	Tribal Store (Little Axe).....	364-0668

<b>LITTLE AXE RESOURCE CENTER</b>	Robert Komahcheet .....	585-8310
	Duke Blanchard .....	585-3669
<b>MAINTENANCE</b>	Kevin Kasaca.....	6316
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<b>LITTLE AXE CLINIC</b>	Clinic - Medical.....	447-0300
	After hours.....	447-0498
	Clinic - Dental.....	307-9704
	Diabetes.....	360-0698
	Pharmacy .....	292-9530
	Resource Center.....	364-7298
	(Chesly Wiens, Buster Bread, Blake Goodman)	
<b>SHAWNEE CLINIC</b>	Clinic (Bldg. 17).....	878-5850
	Pharmacy .....	878-5859
	Toll free.....	1-866-742-4977



ABSENTEE SHAWNEE TRIBE  
OF INDIANS OF OKLAHOMA  
2025 S. GORDON COOPER DR.  
SHAWNEE, OK 74801

PRESORTED STANDARD  
US POSTAGE  
**PAID**  
SPRINGFIELD, MO  
PERMIT 96

RETURN SERVICE  
REQUESTED

## Volume 28 No. 12 December 2017