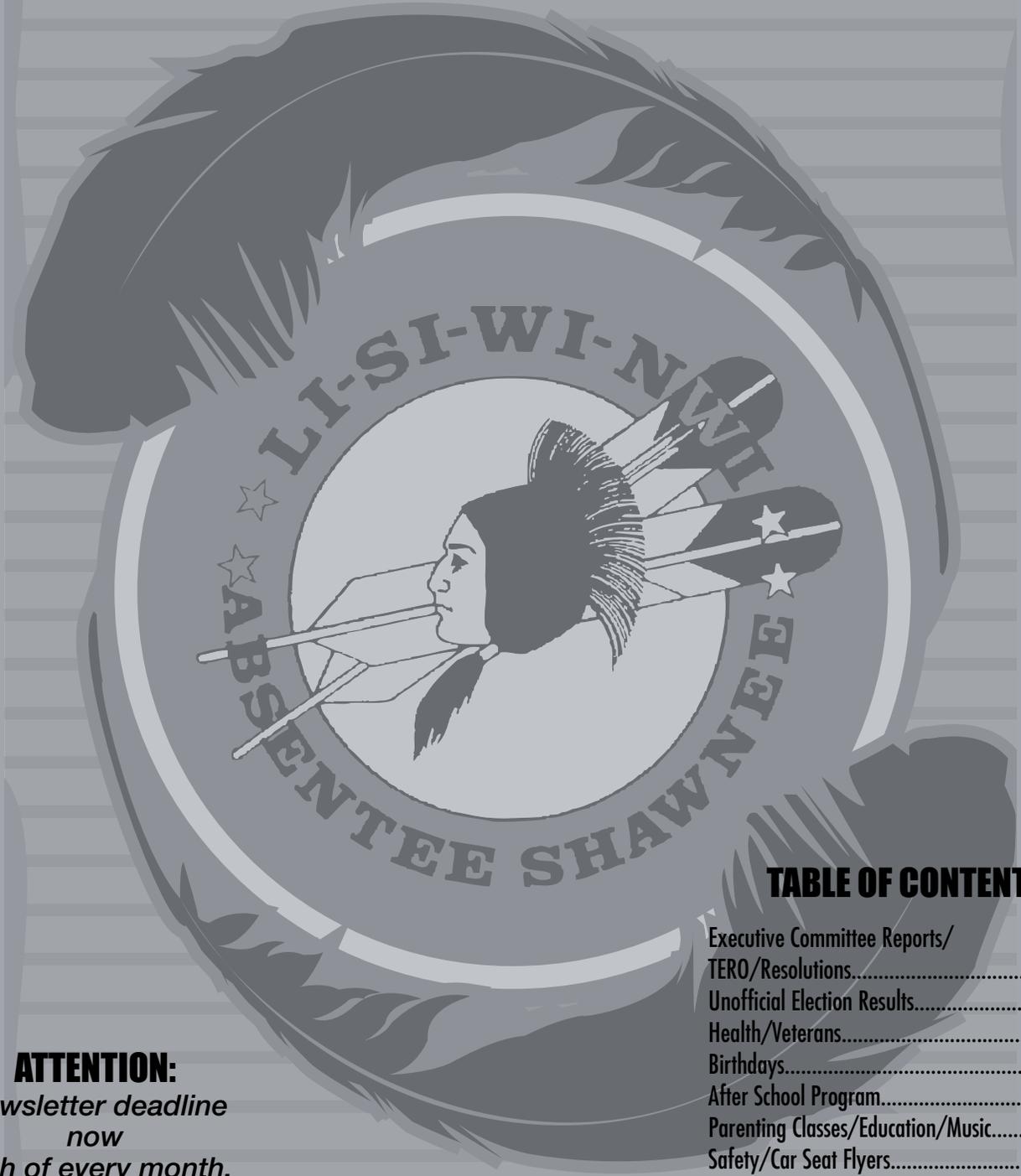


The ABSENTEE SHAWNEE *News*

LI-SI-WI-NWI "AMONG THE SHAWNEE"

www.astribe.com

July 2011



ATTENTION:

*Newsletter deadline
now
25th of every month.*

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Executive Committee



GEORGE BLANCHARD
GOVERNOR



ISAAC GIBSON
LT. GOVERNOR



MICHELLE LOPEZ
SECRETARY



KATHY DEERE
TREASURER



JEFFREY GIBSON
REPRESENTATIVE

LT. GOVERNOR'S REPORT

In last month's report, we reported that we had won the case between the CPN and AST regarding the probate issue. Judge Reeh did find in favor of the Tribe however; CPN filed a Petition for rehearing on June 6, 2011. We are still waiting to hear if Judge Reeh is going to rehear the case or not. We expected no less, we expected them to file an appeal. As Judge Reeh said in the first hearing he expected that an appeal would be filed regardless of what his decision was. I'm still very confident that the Tribe will prevail in this hearing.

One of my main concerns is the funding that it is costing both Tribes. Court battles are costly and Chairman Barrett does not seem to take into consideration the funds that are being spent to fight this battle. Funding that could be utilized to provide services to each tribe's membership. His attempt to gain control over Absentee Shawnee trust lands seems to over ride every important issues. Regardless, we can not sit back and allow this to happen.

On the upside we are moving right along on productive projects. The new casino; Rick Short is preparing a grant to build a child care facility in the Little Axe area, this project will probably take a couple of years; the remodeling of Brendle Corner; resurfacing of six (6) miles of Pebbly Road; after almost eleven (11) years, the construction of the Bull Frog Creek bridge. We are still working with Pottawatomie County on trying to get Kings Road surfaced. We have also been waiting on Federal Highway to let us know exactly what we can do with the remaining ARRA funds. Our intentions were to enter into a Cooperative Agreement with Cleveland County to resurface Franklin Road from 156th to Rock Creek to Tecumseh Road. We finally received word from the Bureau of Indian Affairs that we can proceed with that project. We are making progress, slowly but surely the Tribe is getting back on its feet.

On June 14th, we delivered the last of the trailers that the tribe received from FEMA. Through the assistance

of several departments, we were able to assist several tribal elders in the application process, setting up payment plans and the delivery to site location. At this time we have no more trailers on hand. We are hoping for notification from FEMA in the near future to receive more to assist more of our tribal members.

During the morning hours of July 19th, 20th and 21st, the tribe will be hosting a Youth Golf Clinic at the Horse Shoe Bend Community Center. This will serve as an introduction to the game of golf to our tribal youth as well as other youth who are interested. The camp will be for both boys and girls in the ages of 6 thru 14. The camp will be taught by a local instructor with a support crew of AST members. If interested or have any questions, you can contact Edwina Butler-Wolfe or Andy Warrior at the complex.



SECRETARY'S REPORT

Hello Tribal Members, I just wanted to clear up some confusion on Governor's June Article. He mentioned "TEC Inc. did not keep the Executive Committee informed in any way as to the progress of the financing process, and although members of the Executive Committee repeatedly asked for updates and details of the project, absolutely NO INFORMATION was forthcoming from TEC Inc. or the Managers of Gaming operations. And, that the Executive Committee was not advised that a loan agreement was finalized by TEC Inc. and the financier until work was already underway on the project."

On September 14, 2010 there was an email that went out to all EC Members and TEC board members requesting a meeting be set for Thursday September 16th, and all members of the Executive Committee attended. There was another email that went out on September 13th, asking Member's of the Executive Committee and TEC Board of Directors: "We are in the final and most critical stages of actually being able to develop the new casino on the Tribal Complex. It is important that everyone has a complete understanding of this transaction. I know from all of your points of view that it must seem as though this transaction is moving slowly, however there are several documents that must be finalized and the detailed language agreed upon, and that the process has been moving forward consistently for the last several weeks. I would like to arrange a meeting with both the EC and the TEC Board to review the total structure of the deal and make sure everyone has the opportunity to ask questions so that we all have a

full understating of this transaction. During this meeting we will review all the documents and their purpose, financial forecast, and to discuss any other items that may be of interest. Respectfully, Kurt Williams." On September 14, 2010 there was an email that went out to all EC Members and TEC board members requesting a meeting be set for Thursday September 16th, 2010. There was a meeting held on September 16th, 2010 and all members of the Executive Committee attended.

On September 30, 2010, another email went out to all EC and TEC board members saying "The day has finally come!!! We had a meeting this morning and closed on the financing for the new casino. It took a lot of time and effort by a lot of people to get this project completed. Thank you everyone for your support. We are looking forward to a quick and smooth design build and will be working closely with both boards to keep everyone involved in the project. Respectfully, Kurt Williams"

On August 2, 2010, the EC went to meet with Mass Development, LLC, and the architect of the new Casino and Belinda Collins, Controller, took notes for all of us and scanned them and sent them to the Governor, who was not in attendance. The rest of the Executive Committee was there.

So you can see the entire Executive Committee was involved throughout the process and remained involved and informed. Executive Committee members did attend several different joint meetings out at Thunderbird and at the Governor's conference room and received the information and presentations on the new casino

project from the General Managers and Alyssa Campbell prior to any documents being signed.

So maybe you should ask yourself if we have the right person in office to convey the information or facts to tribal members. Secretary Lopez



TREASURER'S REPORT

Greetings AST members, Summer is here! Hopefully you all are keeping cool! I remember the summers being a great time to get together with your friends, swimming, climbing trees, playing and going to the Men's' and Women's' Fast pitch Tournament during July in OKC at Wheeler Park, Pow Wow every weekend. Such fun times!

Congratulations to the newly elected Governor and Secretary! We all look forward to working together as a team to bring our Tribe to future prosperity. Office of Treasurer continues to be busy with regular executive committee and informal meetings, emails, numerous calls, and visits see below list: Attended monthly Program Directors/Managers meeting here at Tribal Complex

Attended meeting with Nancy Keith, Greater Area Shawnee Chamber of Commerce here at Tribal Complex Attended the Monthly AST Health Board of Directors Meeting as Ad Hoc non-voting member

Attended ASEDA Board Monthly meetings and ASEDA Fleet Special meeting as Ad Hoc non-voting member

Attended all day Training at Gordon Cooper Voc-Tech, Shawnee, OK presented by Finley and Cook, "Casino 101 and Understanding Financial Statements"

Attended Absentee Shawnee Health Board and LiSiWiNwi Board meetings as Ad Hoc non-voting member

Attended the AllNations Grand Opening/Ribbon Cutting Ceremony. Several Tribal Dignitaries, Greater Area Shawnee Chamber of Commerce members, Community Business Leaders, etc., were in attendance.

Congratulations to Executive Committee's Employee of Month May Winner, Mary Ponkill

Monthly meeting with Redstone Investments over current month's performance summary and investments continue to grow.

2010 Audit should be completed in June 2011

My appreciation goes out to the Finance Department and the Controller, Belinda Collins, as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless dedication and commitment we could not keep the financial transactions processes flowing! Ni ya wi!

Also, would like to extend my appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, attend meetings where I cannot attend, and consulting decisions in the office of Treasurer!

Lastly, I cannot forget Arlene Herrera, our office assistant, who is always willing to assist anyone in the Governor's Bldg. She has been a real asset to us all; we share her services, TERO, Finance, Enrollment, and Treasurer's offices!

NI YA WI TO YOU ALL!!!

We appreciate all your phone calls, emails, and visits. Hope your July 4th weekend was an enjoyable time with

your family and friends. May God continue to bless you and yours! See below articles from AllNations Bank; ASEDA (ASEDA FLEET), Financial Consultant, Eddie Brokeshoulder; and Finance Department.

Respectively,
Kathy Deere, Treasurer

FINANCE DEPARTMENT JULY 2011

The Finance office continues our efforts in keeping the day to day activities flowing efficiently and effectively through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

We will be reviewing the 2010 Audit draft next week and making comments to the audit. It began February 28, 2011 and will include the MD&A (Management Discussion and Analysis). The MD&A report is an informative report within the 2010 Audit; which is a brief review and explanation of the Audit. The Audit should be an "unqualified" audit; which when compared to an educational grading scale would be an A; but this we will not be known until the audit is complete.

The Indirect Cost Proposal for 2012 will be prepared as soon as the 2010 audit is complete. Our rate is up from 17.74% for 2010 to 21.98% for 2011.

The finance department continues to complete accounting by the seventh day of the month and have been since August 2010; so that financial reports can be created for the Health Authority

and Li Si Wi Nwi, Health Inc. boards for health programs both Shawnee and Little Axe. The Finance staff has completed May reconciliations for financial reporting. It is imperative the accounting / bookkeeping continue to stay ahead of all of the accounting so that audits go smoothly so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audits are used to calculate the proposal.

We continue to explore avenues that will make accounting for the tribe's finances a smooth process including billing package for health programs.

There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board).

The Tribe currently has compact funds of BIA and I H S, 51 Grants, and the new Clinic business.

The AST Finance department recently took on the ASEDA accounting for the ASEDA board of directors and will be handling the accounting going forward including the ASEDA Fleet, the newest business endeavor for the ASEDA board; it is an honor and pleasure to handle this duty for you (the Tribal Membership), AST Tribal Executive Committee, and the ASEDA board.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe.

This department, as always, would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our group effort toward accomplishing our goal. Now that we are caught up, we are dedicated to continue our efforts in this direction.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you in any way I can.

Respectfully, Belinda Collins, Controller

FINANCIAL CONSULTANT'S CORNER
"In My Corner"

Hello Tribal Members,

As I began to write July's monthly report, I realized we only have six more months of 2011. The primary goal of my position is to assist Treasurer in financial management analysis support of planning, developing, organizing, directing and evaluating the Tribe's fiscal performance and fiduciary responsibilities.

The following July activities I have been involved and participated:

AllNations Bank: Assisted Gene Davis, Chairman / CEO with getting word out through media print to Tribal organizations such as Indian Times, Indian Country Today and the Oklahoman in

announcing grand opening and ribbon cutting event of AllNations Bank

Redstone Investments: Attended and participated in informative monthly investment meeting

General Fund: Reviewed and monitored monthly encumbrance financial report

Indirect Cost: Reviewed and monitored monthly encumbrance financial report

ASEDA, Inc. : Attended monthly board and strategy development meeting of current and future business ventures

Greater Shawnee Chamber of Commerce: Attended meeting at Tribal complex with Nancy Keith, President & CEO to discuss the possibility of joining chamber and promoting and marketing the Tribe

Century 21 Golden Key Realty, Inc.: Attended meeting with Margaret Davis, Realtor, to discuss her knowledge of real estate opportunities state wide with focus on land and business.

In closing, I would like to convey that sound financial management in all aspects of our tribally owned business and future planned ventures is vital to our tribal economy. The finance department and I will assist office of Treasurer in communicating the financial process and providing financial transparency as possible to the Tribe and tribal members.

Respectfully,

Eddie Brokeshoulder
 Financial Consultant

ALLNATIONS BANK



Hello To All of OUR Absent Shawnee Friends,

Our Grand opening was a big success. There was plenty of cheer for all who attended.

The following prizes were given away by the AllNations Bank:

Georgia Little Axe won the 43" Samsung Television.

Olivia Haumpy won a \$100 savings account.

Larry Buckley won a \$100 savings account.

Taylor Tenner won \$100 savings account.

Isaac Bettelyoun won \$100 saving account.

Kathy Hawkins won \$100 savings account

The prizes furnished and given away by radio station KIRC 105.9 FM were won by:

Suzanne Smith won a car wash from Show Case Details.

Gloria Watson won a hair style from A-1 Curly.

Arlene Herrera won a Sports Illustrated autographed by Kevin Durant.

Jordan Shaver won a hair style from the Beauty College.

Radio Station KIRC 105.9 FM was on hand broadcasting live before and during the Grand Opening.

The radio station also furnished pizza and cookies for the event.

It was a great turn out for the event with Governor Blanchard doing the opening ceremonies. The Tecumseh Chamber of Commerce and the Greater Shawnee Area Chamber of Commerce was on hand to do the Grand Opening ribbon cutting ceremony.

We have opened a lot of accounts for people who attended the Grand Opening. If you have not been by the bank please make every effort to support your bank by opening an account in the near future. As I have stated before, open an account and over time you can make the switch-over to your 100% tribally owned bank.

I had a interesting question from one of the tribal members who attended the Grand Opening. He asked if the information about his account would be available to any of the tribe's management or any of the tribe's general membership. The answer to that question is "NO". I explained that the bank is a Oklahoma State chartered bank and we have joint supervision by the State of Oklahoma and the Federal Reserve System. The laws governing "privacy" are very strict and AllNations Bank is in, and will always be in, compliance with established "privacy rules". Be sure that your banking business will be held in the strictest level of confidence at AllNations Bank..

Once again, do not disclose your personal and banking information to anyone unless you are dealing directly with a bank employee. For example, we would not just call you and start a conversation by asking for your personal or banking information. You might call us, but we will not call you out of the "blue". Be careful and wise!
Summer time is here, so give us a

call about a boat or car loan. The economy in Oklahoma remains good so, now is the time to "shop around" if you are looking for additional working capital for your business.

Give Gene or Eugene a call at 273-0202 if you have any questions about banking. We have the best rates on deposits and loans.

Have a safe and fun summer. The coffee or cold pop is always ready when you visit your bank located at the entrance to your tribal headquarters.

Bob, Gene, Eugene, and Staff.

ASEDA FLEET

The ASEDA Board has monthly meetings and each board member is continually looking at business proposals for new businesses to further advance the Tribe's economic development.

ASEDA Fleet is actively marketing (to generate prospects and interest), generating leads nationwide and tracking the progress of these leads, getting any additional specifics from our leads on what they need and payment info, pricing and client proposals, contract development and execution, financing, procurement and delivery of vehicles and providing monthly updates to the Board members. As of this month, they have Eleven (11) prospects in the works that are waiting on Tribal decision makers. The ASEDA Fleet website is www.ASEDAfleet.com

and the phone number for quotes and information is 405/878-6782.

Future Events Attending:

June 14, Alliance Texas; Arlington, TX

August 22 (tentative), Norman, OK
AICCO – matchmaking Tribal event.

October 30-Nov 2, National Diversity for Fortune 1000 firms event, Atlanta, Georgia

Respectively,
Dan Little Axe, President

WHAT ONE DIVERSITY SUPPLIER IS DOING FOR FORTUNE 1000 FIRMS

Why are more U.S. corporations failing to purchase goods and services from suppliers that will enable them to meet diversity goals?

The answer is obvious: too many of these companies believe that the transaction is about their designation (woman-owned, disabled veteran owned, Native American owned) rather than their value.

Fortune 1000 firms must meet performance goals not just diversity goals so it is imperative that minority-designated companies demonstrate the value of doing business with their firm above and beyond their diversity designation. Specifically, will working with their firm one, reduce operational headaches for a procurement officer; two, provide superior service; three, ensure highly competitive pricing; and four, guarantee consistent, quality customer service? Does the diversity firm offer something distinctive? Is the unique offering of measurable value to Fortune 1000 clientele?

A group of Native American firms located in Oklahoma are providing larger corporations real value-based benefits while also ensuring they serve as a quality diversity supplier. One of the best companies in this group is ASEDA Fleet, founded by the Absentee Shawnee to deliver these substantive outcomes:

- **A turnkey solution:** to source, buy, finance and lease fleet vehicles
- **Options:** to purchase/lease virtually any make or model
- **Flexibility:** to lease vehicles to companies or Tribal Governments who can then purchase the vehicles after the lease to sell to employees or Tribal members
- **Experience:** to work with procurement pros with 15-plus years experience (each)
- **Competitive Pricing:** to leverage their economies of scale and national financing networks to ensure better prices
- **Professional Support:** to understand the nuances, needs, and paperwork processes of unique markets: corporations, governments, and Native American Nations
- **Specialties:** to lease atypical vehicles including fire trucks, ambulances, cargo vans, waste trucks, police cars, to name a few.

ASEDA Fleet also makes it easy for Fortune 1000 firms and government entities to meet annual diversity business transaction goals. The company is a 100% Native-American owned firm located in an Underutilized Business Zone (HUB). The firm, founded by the Absentee Shawnee Economic Development Authority (ASEDA), is a federally chartered corporation of the Absentee Shawnee Tribe of Oklahoma. Dan Little Axe, president of ASEDA, reinforces the need for performance excellence by minority owned enterprises pursuing business with larger corporations.

“We wanted to ensure competitive pricing and virtually unlimited purchase/lease options without compromising customer support,” noted Little Axe. “In order to achieve all three objectives, our Tribal company leaders teamed up with proven fleet industry leaders who share our entrepreneurial vision for the Absentee Shawnee. Our collaborative model delivers the capital muscle and fleet expertise aligned with sustainable service excellence – from a diversity supplier. We are proud to be one of the Native American companies demonstrating this kind of business acumen for Fortune 1000 firms.”

Supplier diversity encourages Fortune 1000 firms to purchase products and services from privately held firms owned by leaders of historically underutilized businesses (HUB). However, the actions of Native American owned firms like ASEDA Fleet are a good reminder that diversity suppliers must first earn the confidence of Fortune 1000 leaders to earn their business.

For additional information on ASEDA Fleet, go to www.asedafleet.com or call their Diversity Corporate Division at: 405-878-6782 from 9:00 am to 5:00 pm Monday – Friday. For an ASEDA Fleet company information sheet, call Jet at 214-677-6727.

About the author

Jet Parker is the author of ABCs for CEOs, a business columnist for the examiner and the former publisher and senior editor for CEO IQ – the nation's first, four-color teaching newspaper for corporate America. Jet operates a boutique, corporate relationship rainmaking firm in Dallas, Texas.

REPRESENTATIVE'S REPORT

TERO

TRIBAL EMPLOYMENT
RIGHTS OFFICE

TERO is accepting applications for the interests listed.

We do ask you have 2 forms of id such as driver license, state issued ID card, CDIB, social security card.

These positions include Shawnee, Little Axe, and Oklahoma City. You must be able to pass a background check and Drug Test.

Please send individuals to the TERO Offices located in building one and on the second floor. Applications are posted in Shawnee and Little Axe Resource Center. Feel free to come by or call if you have any questions.

Cage Cashiers

Vault Cashiers

Security Officers (Cleet Certified Preferred)

Gaming Machine Slot Technicians

Grill Cashiers

Cooks

Custodial Staff

General labor for storm damage clean up

Banquet Servers

Manual Machinist

CNC Machinists

Class A CDL Drivers

Heavy Equipment Operators

Warehouse workers

Assemblers

Restoration workers

Drywall Installers (experience not preferred)

Laborers

Resolutions

The following are Resolutions passed during the month of June 2011

EXECUTIVE RESOLUTIONS:

E-AS-11-47 06/15/11

Authorizes and adopts the 2011 Hazard Mitigation Plan, effective immediately. *(Copy of the entire Plan is available on the "G" drive under each individual EC member as "Hazard Mitigation Plan")*

E-AS-11-48 06/15/11

Supports the Employee Committee by waiving all taxes, permits and any other provisions requiring a return to the Tribe under the Tax Code and associated with this agreement with Firecracker Joe's by the Employee Committee.

E-AS-11-49 06/15/11

Authorizes an Interlocal Agreement between the Absentee Shawnee Tribe of Oklahoma and Cleveland County, Oklahoma. *(Peebly Road)*

E-AS-11-50 06/15/11

Makes certain assurances in connection with the application for the Indian Community Development Block Grant Program (24 CFR 1003) and to make a twenty-five percent (25%) matching share of the grant as the Tribes leveraged finding for one annual term, AND

FURTHER, that the Executive Committee of the Absentee Shawnee Tribe of Oklahoma hereby makes certain assurances in connection with the application for the Indian Community Development Block Grant Program to make a forty thousand

(\$40,000) commitment for operations and maintenance to address periodic maintenance activities and repairs.

E-AS-11-51 06/15/11

Authorizes the corrected blood degree change for **Scott Edgar Brady**, and hereby makes it known that this individual is an enrolled Tribal Member and is now and forever the degree of Absentee Shawnee Indian blood as corrected and shown above. *(1/2)*

E-AS-11-52 06/15/11

Approves and accepts **Hanna Grace Rolette, Alex Ryan Maxwell, Kimber Leigh Maxwell, Carlie Noelle Brady, Stephen Anthony Seaton-Blanchard, Hollis Joshua Breeding, Cody Dewayne O'Dell, Joley Marie Fritsch, Jaxon James Fritsch, Jadyne Mark Fritsch, Jerod Wayne Fritsch, Mariah Love Smith, Meagan Renee Maxwell, Kamryn Nicole Pitner, Shane Thomas Pitner, Elizabeth La Rayne Panther-Pitner, Jeffery Mark Crossley, Leah Jane Donnahoe, Tamara Sue Gillespie, Abryana Elizabeth-Marie Dixon, Kyree SaVaughn Williams, Anfernee Isiah Williams, Kasiana Marie Jacobs** as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-11-53 06/15/11

Grants voluntary relinquishment of membership of the Absentee Shawnee Tribe of Indians of Oklahoma to **Randall Glen Gibson**, effective Immediately.

UNOFFICIAL ELECTION RESULTS

FROM THE ELECTION COMMISSION:

**ABSENTEE SHAWNEE ELECTION COMMISSION
UNOFFICIAL ELECTION RESULTS
RUN OFF ELECTION JUNE 18, 2011**

This is to announce the **Unofficial** results of the June 18, 2011 Run Off Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant to the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

Governor: (2 Year Term)

George Blanchard ___ 205 ___ Votes

Ewell Longhorn ___ 134 ___ Votes

Tribal Secretary: (2 Year Term)

Leonard Longhorn ___ 110 ___ Votes

Teri Reed (Teresa White) ___ 233 ___ Votes



WELCOME



We would like to introduce Mr. Gary Wabaunsee our new Executive Director of Health. He is a member of the Seneca-Cayuga Tribe of Oklahoma. Subsequent to his arrival at AST he was the CEO for the Red Lake Indian Health Service Hospital and Ambulatory Health Center in Red Lake, Minnesota. Prior to that he served as the CEO at the Fort Yuma Indian Health Service Health Center and formerly he was the Health Director for the Kickapoo Tribe of Oklahoma for eight years. Gary is a retired USPHS Commissioned Officer and worked for the Indian Health Service for approximately 20 year until retirement from the Corps in 1995. He and his wife, Deardi live in Choctaw, Oklahoma and have two children and five grandchildren.



REACH US and

Tobacco Prevention

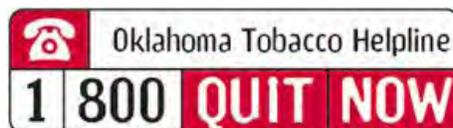
About one in four Oklahoman's smoke cigarettes. Among certain populations it is much higher than that. For example, in the Medicaid population about 58% smoke!

The good news is that most people who smoke want to quit and try to quit every year.

Tobacco users need to know there are more effective treatments than "cold turkey" and they need to be encouraged to make more quit attempts.

The Absentee Shawnee REACH US program provides smoking cessation classes to help American Indian adult smokers to stop smoking. By providing basic information about smoking, practical counseling, and problem solving skills. Class one includes an understanding of why you smoke and the factors for beginning. Class two provides practice relaxation techniques & coping skills for dealing with withdrawal symptoms. Other classes focus on identifying situations/events that increase risk of relapse. Information for empowering Traditional tobacco use and eliminating commercial tobacco abuse is also introduced.

If you are interested in Smoking Cessation classes please contact Patricia Yarholar, MPH, CHES at 878-4702 ext 173.



Supported by the Cooperative Agreement Number 5U58/DP001094-04 from CDC.

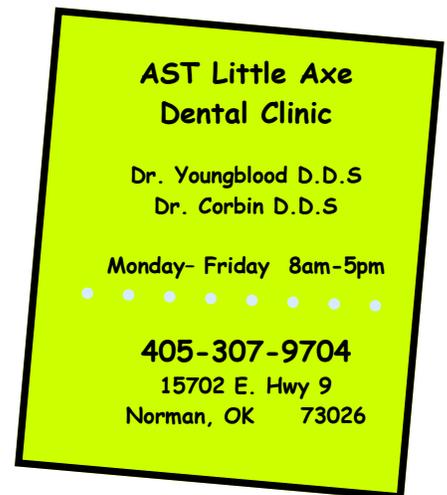


August 3rd & 4th

Appointments must be made in advance
Limited number available
Call today to schedule an appointment

Appointments provide:

- X-rays
- Cleaning
- Full Exam and treatment plan





Sac N Fox Conference

“Staying Fit For Tomorrow”



BASKETBALL AT THE AST RESOURCE CENTER



Basketball at the AST Resource Center

AST FITNESS WOULD LIKE TO INVITE ALL COMMUNITY MEMBERS TO COME OUT AND ENJOY A GAME OF EVENING BASKETBALL AT THE AST RESOURCE CENTER. IN FACT, WE WOULD LIKE TO ENCOURAGE ALL TRIBAL MEMBERS TO PARTICIPATE IN SOME FORM OF PHYSICAL ACTIVITY. WHETHER YOU'RE DOING HOUSEWORK, YARDWORK, OR GARDENING, ANY FORM OF PHYSICAL ACTIVITY IS GREAT PRACTICING PHYSICAL ACTIVITY IS VERY BENEFICIAL TO YOUR HEALTH WHEN YOU ARE ABLE TO ELEVATE AND MAINTAIN YOUR HEART RATE ABOVE RESTING LEVELS FOR AT LEAST 30 MINUTES. BEGIN WITH A SMALL WARM-UP TO HELP PREVENT INJURIES AND END WITH A COOLDOWN TO BRING YOUR HEART RATE BACK TO RESTING LEVELS. END YOUR EXERCISE/PHYSICAL ACTIVITY WITH SOME LIGHT STRETCHING AND DRINK PLENTY OF WATER TO AVOID EXHAUSTION AND DEHYDRATION. A LITTLE BIT OF SWEATING AND BREATHING CAN GO A LONG WAY IN MAINTAINING A HEALTHY HEART AND STRONG MUSCLES. SO STAY ACTIVE!

AST RESOURCE CENTER
 1970 156TH AVENUE
 NORMAN, OK 73026
 (405) 364-7298



VETERAN'S PARADE



Happy '11 July Birthdays

**MARILYN BYERS
GARY GIBSON
SHAWN BYERS
LEILA KASECA
KEVIN KASECA
AMBER FOREMAN
KATIE YATES
COLTIN SHAWNEE
SHANNON BYERS
NIKKI JOHNSON**
We wish you a very Special Day!

From Marvin & Sherry

HAPPY BIRTHDAY
Lisa Botone and Judy
Bender
From The Werst &
Gouge Family

Robyn Alexa Martin
July 22

Happy 13th Birthday
"toots"!!
We love you,
Mom and Dad

Happy birthday Robyn!!
Love your sisters and
brothers,
Skyla, LLiyah, Mikaylah,
Shawn, Joaquin, and
Silas.

HAVE A GREAT DAY ON
YOUR BIRTHDAY, JULY
17TH

Jalyn Williams
Love, G-ma & G-pa

HAPPY BIRTHDAY, SIS!
Esteline Schulenberg
July 31st

Love, your brother & sisters

HAPPY BIRTHDAY
GRANDMA!!!
love, Lil and Rae-Ray

Granny,
Happy B-lated Birthday!!
We love you so very much,
you just don't know!!
We love you!!
Jiliyan, Joplin, and Justin

Happy 8th birthday
Kantynn James Kaseca
(my sugerbabie)
May 30,2011

We all love you bunches
Granny ,grandpa kaseca
Mom,dad &sister

July 10,2011
Happy 5th birthday
Kanyann LeiAnn kaseca
To my sugarbabie we love you
Granny ,grandpa mom,dad &
brother

July birthdays
Nikki Johnson, Kevin & Leila
Kaseca
Thank you for being so loving and
Caring ya'll are the best
Love Mom & Dad

Happy birthday
MOM & DAD
We love you bunches
Kantynn & Kanyann

July 09,2011 happy birthday Joc-
elyn Davis we love you bunches
Aunt Rhonda and family

Enjoy your birthdays and stay
healthy and safe
Nora Deer, Stephanie fixico, Amber
Foreman, Russell Kaseca
We love all the kasecas &
Foremans

HAPPY BIRTHDAY
BABY SUSAN!

Happy Birthday
Eugene Siriklin (Jun 26)

Happy Birthday
J bub (Jul 15)

Mom, Happy 68th
Birthday!! Sorry I forgot!
But just wanted to say,
I love you very much!
Love,
BJ

Sadie Low, Happy B-lated
68th Birthday Mom!! I wish
you the happiest one yet!!
I love you very much!
Love,
Sherrie

Alberty, Langston Deshun
Alexander, Ann Marjory
Alford, Bruce Douglas
Alford, Louella Ann
Allen, Cheryl Renee
Almanza, Marcel Andres
Bailey, Brooke Lynn
Barber, Kristin Lynn
Bateman, Willow Shoshana
Rain
Bayliss, Angel Ann
Bayliss, Billy Ray
Bayliss, Katherine Anne
Bear, Bonnie Jean
Beaver, Rodney Gene
Bender, Judith Ann
Berry, Ryan Jennings
Bigpond, Wiley Lee
Birdtail, Mary Evelyn
Bittle, Lillian Kay
Blackbear, Tegan Quinn
Blanchard, Brian Keith
Blanchard, Clayton Lee
Blanchard, Eric Leon
Blanchard, Henry R.
Blanchard, Jamin Dalton
Blanchard, Nicholas Adam
Blanchard, Virginia Adele
Bonham, Virginia Doreen
Booth, Randall David
Botone, Lisa Lucille
Bradley, Edward H.
Brady, Sharon Kay
Brinson, Nicholas Henry
Brown, Tristan John
Bryce, Anita Jean
Buckley, Brandon Michael
Buckley, Christopher Maurice
Burkhart Sr, Arthur Elliott
Butler, Donna Ellen
Byers, Marilyn
Byers, Shannon Leon
Byers, Shawn Deeon
Byington, Michelle Hope
Carlson, Tyellissa Lynn
Chapline, Isabella Roseanne
Citty, Keith Leon
Citty, Steven Keith
Ciulla, Tina Faye
Cochrane Jr., Guy Stanley
Collett, Savanna Len
Colungo, Darrell Dean
Combs, Robert Paul Dwight
Coody, Erin Melody

Cottrell, Mckinzey Faye
Cox, Jennifer Renee
Davis Jr., Anthony Louis
Davis Jr., Edward Leroy
Davis, Bryar Nicholas
Davis, Jocelyn Paige
Day, Jennifer Ann
Day, Virginia Rae
Deer, Derrick Wesley
Deer, Elnora Laverne Kaseca
Deer, Ethan Mack
Deer, Jaden Brandon
Deer, Kensington Jaide
Deer, Marissa Caitlin
Deere, Angelina Renee
Deitz, Aimee Rochelle
Delodge, Ezra Manuel
Dennison, Daniele
Doussett, Calvin Cecil
Dry, Shavonne Lynn
Ellingsen, Shirley Mae
Ellis, Andee Nicole
Ellis, Charlotte Lynn
Ellis, Chet Herbert
Ellis, Christian Nathaniel
Engler, Emily Laiken
Erickson, Tiffany Ranae
Farmer, Christine Bobbie
Felton, Zachary Douglas
Foley, Clayton Shane
Foreman, Amber Lynn
Foreman, Amper Len
Fowler, Cheyenne Deneau
Freeman, Eugene Bryce
French-Hawk, Tracie Lynn
Frye, Williams Scott Thomas
Garretson, Donna Kay
Gatzman, Darla Juyne
Gibson, Alan Gerard
Gibson, Donald James
Gibson, Elvis Glenn
Gibson, Gary Lloyd
Gibson, Ryan Edmond
Gibson, Tyler Glen
Gilcrease, Maedia Jean
Granstrom, Karsen Renee
Grass, Cree Breeann
Gurrola, Daniel Alberto
Harjo, Jeanette Marie
Harjo, Michael Ray
Harjo, Sharon Melody
Harjoe, Sonja Denise
Haskins Rich, Donna Paule
Haymond, Trisha Lynn

Helvy, Alta Jean
Henshaw, Allen Shawn
Hernandez Thorpe, Genesis
Kay
Hernandez, Daezi Viay
Herndon, Martin Clyde
Herrera, John Anthony
Herrera, Michael Lee
Hibdon, Konner Brian
Hood, Dallas James
Hood, Elaina Rae
Hood, Matthew Dean
Hood, Piri Reis
Howe, Reign Phil
Hutchinson, Velma Jo
Hyde, Lester Clark
Irvin, Benjamin Raymond
Johnson, Amanda Shaye
Johnson, Amber Dawn
Johnson, Ashley Briann
Johnson, Austin Lee
Johnson, Debra Jean
Johnson, George Lewis
Johnson, Grant Scott
Johnson, Jessie Colt
Johnson, Kyle Dylan
Johnson, Nikki Renee
Johnson, Noreen Dottie
Johnson, Rita Jo
Johnson, Stacey Lynn
Johnson, Steven Boyd
Johnson, Tillman Earl
Jones, Donna Kay (Ellis)
Jones, Teresa Ann Wilson
Judkins, Dyllon Garrett
Kaniatobe, Karen Faith
Kaseca, April Eve
Kaseca, Kanyynn Leiann
Kaseca, Kevin Lynn
Kaseca, Russell Franklin
Kickapoo, Christopher Kerry
Kihega, Michaela Ellen
Kirby, Steven Wayne
Kirby, William Michael
Krauss, Chant'l Emily
Kupczynski, Cora Ashley
Larney, Nathaniel Roy
Larney, Noah Cruz
Lewis, Cierra Dawn
Little Axe Jr., Danny
Little Axe, Charlie Pratt
Little Axe, Graci Raquel
Little Axe, Jerry James
Little Charley, Jackie

Little Jim, Lindsey Marie
Little, Edwin Thomas
Little, Tony Wayne
Littlebear, Nelson Wayne
Littlecreek, Josephine Taylor
Littlecreek, Mychal Shawn
Lockner, Kaylyn Krin
Long, Jordan Lee
Longhorn, Ewell Gary
Longhorn, Lee Allen
Longman, Ashley Nicole
Longman, Clayton Dean
Longman, Kristopher Morgan
Longman, William Ashton
Lovins, Wesley Jacob
Ludlow, Zoretta Denise
Mack, Felix Wayne
Marquez, Quentin Miles
Martin, Robyn Alexa
Martinez, Jalon Maverick
Martinez, Jasmine Nicole
Martinez, Stephanie Diane
Masquat, Ricky Lee
Maxfield, Lisa Clorean
McBride, Wyatt Dean
McCoy, Violet Christine Harry
McCulloch, Erin Corrine
McGee, Michael Shannon
McMahan, Jayden Thomas
Merrell, Sean Allen
Michaelson, John Edward
Mohawk, Travis Gene
Morton, Colette Ellen
Morton, Darrell Jackson
Morton, David Arthur
Morton, Sara Brianne
Nanaeto, Debra Jaclyn
Neugent, Louise L. C.
Onzawah, Alecia Joann
Orosco, Diana Lee
Pack, Camryn Lorraine
Pack, Kristyn Bailey
Patton, Qwentis Adarryl
Patty, Twana Marie Spybuck
Pederson, Rena Kaye Little
Axe
Pena, Eric
Pickens, Teddy Ray
Pine, Jaime` Ann
Pine, James Francis
Pitner, Sylvia Sue
Ponce, Autumn Dawn
Ponkilla, Martin Ned
Ramirez, Antonio Omar

Reid, Rebecca Claire
Roach, Drew Wilson
Robertson, Leland Scott
Robison, Christopher Charles
Rodas Lopez, Monica Leree
Rolette, Makaila Lynn
Rolette, Sharon Sue
Rolland, Vannessa Kay
Ross, Gary Willis
Rudloff, Dylan Cole
Runsabove, Wade Mitchell
Schulenberg, Esteline Sloan
Schwarz, Loretta Jean
Serena, Lisa Lynn
Shane, Vivian Louella
Shawnee, Coltin Dale
Shawnee, Derrick Joel
Shirk, Deborah Ann
Simpson, Shirley Florence
Sims, Vikki Ann
Sloat, John Levi
Smith, Curtis Alan
Smith, Katherine Danene
Smith, Kenneth Lee
Smith, Lauren Ashlee
Smith, Leslie Anne
Smith, Lori Beth
Smith, Luke Alan
Smith, Tina Mae
Snake, Brandon Matthew
Snake, Gerald Kendall
Snake, Jennie Lucy Mohawk
Soap, Crystal Diane Moonlight
Soap, Devin Elijah
Solis, Allan Jesus
Spoon, Jordan Leann
Spoon, Ramona Gaye
Spybuck Jr, James Cody
Spybuck, Morganne Faith
Squire, Thomas
Stanley Jr., Denny Atine
Starr, David Martin
Starr, Sheila Renee
Stephens, AnnaMarie Gene
Stewart, Robert Sterling
Switch Sr., Douglas Vaughn
Switch, Kathern Suzzete
Switch, Voguel Carroll
Talton, Daveon Lee
Tapia, Shawnee Antonio
Taylor, Lena Elaine
Taylor, Nina Gail
Tharp, Deborah Lynne
Thomasee, Lawrence Cy

Thompson, Cheyenne Jada
Thornhill, Taryn MacKenzie
Thorpe, Cyrus James
Thorpe, Jarrett Scott
Thorpe, Sandra Lorene
Tiger Sr., Leonard Gene
Tiger, Ann
Tiger, Annette Renee
Tiger, Francis Allen
Tiger, Sarah Fawn
Tiger, Sherman Lee
Tiger, Sonya Marie
Tiger, Susan Rochelle
Tiger, Toni Dion
Torres, Carol Ann
Tsoodle, Arminda Lee
Uchida, Micheal Gene
Vasquez, Rebecca Faye
Wakolee, Bernard Wilson
Wallace, Timothy Scott
Ware, Jenny Ann
Warrior, Daniel Adam
Warrior, Donna Carol (Gibson)
Warrior, Samuel Norbbie
Washington, Walter
Watson, Brian Keith
Watson, Jamie Ann
White Jr., Charles Daniel
White, Amber Mary
White, Logan Riley
White, Thomas Wayne
Whitebird, Shelby Gail
Williams, David Arlen
Williams, Jalyn Anissa
Williams, Melanie Marie
Williams, Orin Ray
Williams, Samuel Lee
Willingham, Deidra Marie
Wilson, Justin Dean
Wilson, Marcus Allen
Wilson, Penny Arlene
Winter, Pilarr Ann
Wolf, Nevaeh Annalise
Wolfe, Beverly Edwina (Butler)
Worley, Tehia Jane
Yates, Katie Ann
Yones, Arthur Ralph

Horse Shoe Bend After School Program Summer Activities

Starting June 13, 2011 Monday through Thursday tutoring sessions for Native American Students will be offered to Kindergarten through eighth grade. From 9:00 a.m. until 12:00 p.m. Fridays will be activity day with the students that attend the tutoring session. Math and Reading will be two of the main subjects that will be emphasize. Tutoring program will run for 7 weeks. A mid morning snack will be served and parents and guardians must transport students to and from Horse Shoe Bend Community Center. I will have two individuals Dakota Blanchard and Randall Watson that will be tutoring the students for summer.

Dakota Blanchard, graduated from Shawnee High School 2010. He was a member to the National Honor Society, Student Council. He played football and baseball 4 years.

Dakota is attending the University of Science and Arts of Oklahoma located in Chickasha. Plays baseball and majoring in Business and Education. Future plan is to become a teacher and coach.

Dakota enjoys fishing and being active. He is also a tribal citizen of the Absentee Shawnee Tribe. He is the son of Joseph and Twyla Blanchard.

Randall Watson will be a Junior at Shawnee High School Fall of 2011. He is active in the Indian Club, and a student representative for the Title VII Indian Education also a member of the Shawnee High School Native American Academic Challenge Team. Randall plays football and is active in the community.

Randall's favorite subject is science and reading. He is a tribal citizen of the Absentee Shawnee Tribe. He is the son of Brent and Lisa Watson.

I' am looking forward to working with Dakota and Randall both show enthusiasm and ready to tutor.

We are planning a Golf Clinic for kids July 19, 20, 21, 2011, at Horse Shoe Bend, from 8:00 a.m. until 11:30 a.m.

If you any questions and want to enroll you child in the summer tutoring program please call or come by my office in Building 1 at the Absentee Shawnee Complex. After June 13, 2011 I will be at the Horse Shoe Bend Community Building 9:00 a.m. until 12:00 p.m.

Edwina Butler-Wolfe, Director
Horse Shoe Bend After School Program
Absentee Shawnee Tribe of Indians of Oklahoma
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
edwinab@astribe.com
405 275-4030, Ext: 133
405 481-0397 Cell Number
405 273-9629 Fax Number



ABSENTEE SHAWNEE TRIBE Promoting Safe and Stable Families Parenting Classes

PSSF Program provides parenting classes to promote positive parenting, help with the understanding of child development and communication skills to strengthen the entire family.

The classes will meet for ten weeks, one night a week beginning July 13, 2011 at 6:00pm in Building #3. The class will meet every Wednesday evening until September 14, 2011. You must attend every class to receive a Certificate of Completion.

A dinner will be provided at every class as well as a babysitter on site if needed. Classes are available for non tribal members at a small fee.

For more information or to sign up, call 405-275-4030 ext 114.

Sena Yesslith, PSSF Worker

Fourth of July is coming up and here are some Safety Tips to be aware of:

- Make sure to always read the directions on the packaging or label.
- Have an adult present at all times.
- Fireworks are to be used only in the outdoors.
- Keep away from dry grass and other flammable materials.
- Always light one at a time.
- Light fireworks at a safe distance from people and other hazards.
- Never point or throw fireworks at any other person.
- Never experiment with any of the fireworks.
- Keep your water hose or a bucket of water close by.
- Never attempt to re-light or "fix" fireworks.
- Do not wear loose fitting clothing or clothing made of flammable material.
- Never carry fireworks in your pockets.
- Fireworks are not toys or to be used in any manner other than as stated on the directions.

The improper use of fireworks can lead to severe burns, amputations, blindness, and, in some cases, deaths are often the result of 4th of July celebrations.

So remember parents you are held liable for any damage or injuries caused by your children using fireworks.

Have fun and be Safe!
Sena Yesslith, PSSF Worker

EDUCATION DEPARTMENT

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education: Education Incentive Award Program:** funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

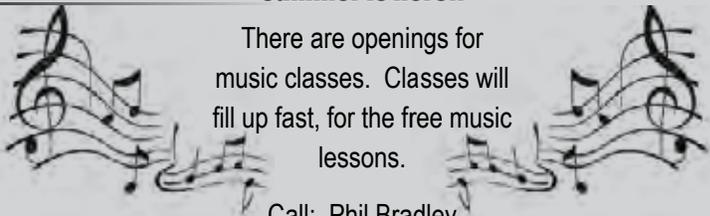
All funding is based upon the availability of funds at the time of application.

Attention:

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

Summer is here!!



There are openings for music classes. Classes will fill up fast, for the free music lessons.

Call: Phil Bradley
405.370.5576

FREE Music Lessons

All Native Americans Children from the age of 5 to 19 can be enrolled in FREE music classes.

Children this summer will be looking for something to do with their time and energy And just being a kid!

So why not get them into music classes this summer and open up a new world to a young mind!

All lessons are FREE and We have so many more activities to offer too. Through the MSPI program

For Native American children and their families, Come in or call Phil Bradley at 405-270-4030 EXT:117 Or his cell at 405-370-5576 and check the program out and all it has to offer for the summer of 2011.

You and your child can enjoy the gift of music and the many other things that are yours for the summer.

Please call asap classes will fill up soon and there are sign up dead lines on some of the other event that will be going on for all to enjoy. Like the river rafting trip and other outdoors treats. Thanks so much, We had a great year in 2010 and this year promises to only be better. Get on board and come join in and have some fun while learning the wonderful enjoyment of music.

Phil Bradley
Creative Arts of MSPI/BH
405-275-4030 EXT 117

Car Seat Recommendations for Children



- Select a car seat based on your child's age and size, and choose a seat that fits in your vehicle and use it every time.
- Always refer to your specific car seat manufacturer's instructions; read the vehicle owner's manual on how to install the car seat using the seat belt or LATCH system; and check height and weight limits.
- To maximize safety, keep your child in the car seat for as long as possible, as long as the child fits within the manufacturer's height and weight requirements.
- Keep your child in the back seat at least through age 12.

Birth – 12 months



Your child under age 1 should always ride in a rear-facing car seat.

There are different types of rear-facing car seats: Infant-only seats can only be used rear-facing. Convertible and 3-in-1 car seats typically have higher height and weight limits for the rear-facing position, allowing you to keep your child rear-facing for a longer period of time.



1 – 3 years



Keep your child rear-facing as long as possible. It's the best way to keep him or her safe. Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the rear-facing car seat, your child is ready to travel in a forward-facing car seat with a harness.



AGE

4 – 7 years



Keep your child in a forward-facing car seat with a harness until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the forward-facing car seat with a harness, it's time to travel in a booster seat, but still in the back seat.



8 – 12 years



Keep your child in a booster seat until he or she is big enough to fit in a seat belt properly. For a seat belt to fit properly, the lap belt must lie snugly across the upper thighs, not the stomach. The shoulder belt should lie snug across the shoulder and chest and not cross the neck or face. Remember, your child should still ride in the back seat because it's safer there.



DESCRIPTION (RESTRAINT TYPE)



A **REAR-FACING CAR SEAT** is the best seat for your young child to use. It has a harness and in a crash, cradles and moves with your child to reduce the stress to the child's fragile neck and spinal cord.



A **FORWARD-FACING CAR SEAT** has a harness and tether that limits your child's forward movement during a crash.



A **BOOSTER SEAT** positions the seat belt so that it fits properly over the stronger parts of your child's body.



A **SEAT BELT** should lie across the upper thighs and be snug across the shoulder and chest to restrain the child safely in a crash. It should not rest on the stomach area or across the neck.



www.facebook.com/childpassengersafety



<http://twitter.com/childseatsafety>

March 21, 2011

DID YOU KNOW?

According to the 2000 U.S. Census, Oklahoma accounted for the second highest population for Native Americans in the United States, following the state of California. Unintentional Injuries and deaths are an epidemic nationwide, but what most persons fail to recognize is that they are preventable. According to the Oklahoma State Department of Health Vital Records, Oklahoma and Cleveland Counties rank second and third highest in the state of Oklahoma for number of deaths as a result of unintentional injury. Between the years 2002 and 2006 the death rates for those highly populated counties were: Oklahoma County; 42%, and Cleveland County; 31.2%. The years of potential lives lost for all 5 of the AST service counties totaled 42,920 years. Motor Vehicle crashes are also considered factors that result in unintentional injury. In the two highest populated cities in Oklahoma, Norman (Cleveland County) and Oklahoma City (Oklahoma County) crashes involving infants are most likely to occur. According to the Oklahoma Department of Public Safety between 2007 and 2009 55.4% or 659 crashes involving infants occurred on city streets. Additionally, during the mentioned years 6 were fatal, 11 incapacitating, and 69 non-incapacitating injuries to children under the age of 13 months. More central to the AST IP service area, crashes involving infants between the ages of 0 to 12 months are as follows: (Rate per 100,000 Population) Cleveland County; 8.99, Lincoln County; 3.11, Logan County; 10.18, Oklahoma County; 16.05, and Pottawatomie County; 8.54. Statewide the number of deaths as a result of a motor vehicle crash for ages 15 to 19 total 69 percent of MVC deaths for persons between the ages of 1 to 19.

Absentee Shawnee Injury Prevention Program

The Absentee Shawnee Tribal Health Program is offered at the Absentee Shawnee Tribal complex and at the AST Clinic in Little Axe. The program provides safety services and education to Absentee Shawnee Tribal members and Native Americans in the surrounding counties.

AST IP serves five counties in Oklahoma; Cleveland, Pottawatomie, Lincoln, Logan, and Oklahoma County. The program has three main focuses; Motor Vehicle Safety, Child Passenger Safety, as well as Elderly Fall Prevention. According to National Highway Safety Administration, proper use of child restraints nationwide during the past 30 years has saved the lives of 8,325 children under age 5. An estimated 425 lives were saved by child restraint use in 2006. Research shows that child restraints provide the best protection for all children up to age 8; after age 8, seat belts provide the best protection. Summer is upon us and families may be taking extra trips to attend family friendly events or enjoy family vacations. AST IP would like to discourage families to not use "hand me down" car seats if you aren't familiar with the seat's history; has

it been in a collision, is it five years or older, or has it been recalled? Child safety is not something a parent should compromise so AST IP has partnered with SAFE Kids Oklahoma to bring safer options to your community. The AST IP can offer free car seats to children enrolled in a federally recognized tribe, whose family is receiving state assistance; DHS Benefits or WIC. We require proof of enrollment, proof of address, as well as proof of assistance. We will not be able to provide "spare" car seats or to anyone other than the child's parent or guardian. AST IP can provide education on best child passenger safety practices from a state certified technician as well as perform proper installation according to federal guidelines on car seat safety.

The CDC reports the death rates for Native American's in the US have increased from 69.87% in 2000 to 76.48% in 2005. Unintentional falls accounted for 81% of deaths of persons ages 65 and older. For those who are fortunate enough not to suffer a fatal injury during a fall, are likely to become less mobile, unable to live independently, and may suffer an early death. Elders are central to the well-being and cultural strength of our Native communities. They define our identity and continue to give us cultural wisdom. It is the duty of the Native American community to protect these vital individuals. All year long, the Injury Prevention Program would like to focus unintentional falls for elders because there are dangers inside the home not related to travel. So please be sure to take injury preventing steps to keep your elders safe. Here are some of the following precautions you can take: Make sure cords are out of the walk ways, rugs are properly tacked down, any hand-rails are secure or installed if need be, bath tubs have "no slip" mats or stickers, and make sure items elders use on a regular basis are within a safe reaching distance.

AST Injury Prevention Program offers healthy alternatives to growing older. A healthy diet and good exercise is an option we offer here at the AST health Programs. If you live in our 5 county service area, we have an on staff dietician as well as fitness specialists through AST Diabetes Department to help you manage weight and improve muscle strength. Tai Chi is great for elders to maintain and gain mobility for healthy living. For more information on the diabetes department services follow the link at www.absenteeshawneetriben-sns.gov/ titled "Fitness and Wellness." For any other inquiries please contact AST IP Program Coordinator.

CONTACT AST Injury Prevention:
Sacha Almanza, CPS, AST IP Program Coordinator
405.878.4702 Ext. 175
salmanza@astribe.com
IP is located:
2029 South Gordon Cooper
Shawnee, Ok. 74801
South end of the AST health clinic



The Price of An Accident is Always High.

- *Proper use of child restraints nationwide during the past 30 years has saved the lives of 8,325 children under the age of 5.*
- *Make elder homes safer by reducing tripping hazards, adding grab bars and railings, and improving the lighting in their homes.*
- *Offer elders an alternative to being prisoners in their own home; Tai Chi offers muscle strength, improved balance, and increased mobility.*
- *Buckle up not only because it's the law, but it's your life.*

AST IP Offers:

- *Car Seat Safety*
Assessments/ Replacements
- *Home Safety Assessments for*
Elders
- *Tai Chi Classes for Elders to*
improve muscle strength,
balance, and mobility
- *Free Defensive Driving Course*
with the AST Police Department



Safety matters

Contact AST Injury Prevention Program for available services to Native Americans in our community!





2% milk served daily

July 2011

menu subject to change

Sun

Mon

Tue

Wed

Thu

Fri

Sat



						1 Biscuit Sausage Gravy Banana		2
3	4  AST Closed	5 Brisket Brocc. Pot. Salad Roll/Pears	6 Goulash Corn Niblets Bread Mand. Oranges	7 Hot Link Sandwich Mac Salad Cookie	8 Bagels Cream chex Cereal Fruit			9
10	11 Hamburger Lett, Tom & Onions Curly Fries Apricots	12 Baked Pot. Ham Chez Mixed Veggies Cake	13 PintoBeans w/ Ham Steakfries Cornbread Pineapples	14 Salmon patties Coleslaw Bread Cobbler	15 Scrambled Eggs Hashbrowns Ham English Muffin			16
17	18 Ham Dressing w/gravy Blacked Peas Fruit Cocktail	19 Taco Casserole Ranch Beans Salsa Pineapples	20 Chicken Strips M P & Gravy Greenbeans Pudding	21 Chef Salad Ham Crackers Mixed Fruit	22 Blueberry Pancakes Sausage Links			23
24	25 Cold Cut Sandwich Lett, Tom & Pickles Chips Fresh Fruit	26 Polish Sausage Cabbage Bread Peaches	27 Egg Roll Stir Fry Veggies Forturn Cookie Salad Bar'	28 BBQ Pulled Pork Sandwich Pickles & Onions Pot. Salad Pudding	29 Scrambled Eggs Sausage Pattie Cinnamon Raisin Biscuit			30
31	<p>NOT GOING TO BE HOME CALL AND LET US KNOW AT 405-275-4030 EXT. 169 OR NOTIFY YOUR DRIVER</p> <p>LUNCH SERVED MON-THUR. 11AM TO 1PM BREAKFAST ON FRIDAY'S 9AM TO 11AM Salad Bar served at Congregate Meal Sites ONLY</p>							

Foster Parents Needed!!!

Can you open your home and heart for a foster child.? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Melissa Lopez 405-275-4030 ext. 166.



AST COUNTRY KITCHEN

Sunday - 7am to 7pm
Monday - 7am to 3pm
Tuesday - 7am to 3pm
Wednesday - 7am to 8pm
Thursday - 7am to 8pm
Friday - 7am to 9pm
Saturday - 7am to 9pm

Early Bird Breakfast

\$4.99

2 Eggs/Bacon or Sausage/Hash Browns
Biscuits & Gravy or Toast & Coffee
(Not valid on Saturday or Sunday. 1 coupon per customer. With coupon. No substitutions)



Check out our daily homemade lunch specials!

Something different every day!

Open 7 Days A Week!

366-7220



(In Front of Thunderbird Entertainment Center Next to AST Smoke Shop)

TERO
TRIBAL EMPLOYMENT
RIGHTS OFFICE

RANDY EDGE
TERO DIRECTOR

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
redge@astribe.com

Phone 405.275.4030 ext.135
Cell 405.432.9859

Are you out of work? Do you need a job? Come see AST TERO Randy Edge TERO Director for potential jobs in connection with the new AST casino being built in front of the tribal headquarters. Need folks for housekeeping, maintenance, security, player's club, gaming techs, and servers. Come by TERO and Hull out a TERO application, please bring picture photo ID, social security card, CDIB, and resume. We can help you prepare for that next job.

Thunderbird CASINO

ABSENTEE SHAWNEE TRIBAL MEMBERS

WE HAVE A PROMOTION JUST FOR YOU

EVERY WEEK RECEIVE \$10 FREE SLOT PLAY

Just show your Absentee Shawnee Tribal CDIB Card, to take advantage of the offer.

See Player's Club Desk for complete details

Management reserves the right to change or alter any promotion.

PHARMACY NEWS

ABSENTEE SHAWNEE TRIBAL PHARMACY SHAWNEE, OKLAHOMA

The Absentee Shawnee Tribal Pharmacy (Shawnee Location) can fill prescriptions for enrolled tribal citizens only.

The Absentee Shawnee Tribal Clinic Pharmacy in Little Axe can fill prescriptions for tribal citizens written by Physicians not located a Tribal Clinic under the following circumstances:

1. The prescription is for an Absentee Shawnee Tribal citizen who has an established chart at the Little Axe Clinic.
2. The prescription is on the formulary of approved medications and stocked in the pharmacy.

The following are a few tips to help us deliver pharmacy services to you more efficiently;

- ✓ Present insurance cards each time you pick up or drop off a prescription.
- ✓ Keep us informed of all changes in address, phone number and other contact information.
- ✓ Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
- ✓ If you have any questions concerning your prescription please feel free to call and talk to our Pharmacist. They are here to assist you with your pharmaceutical needs.
- ✓ Please provide the prescription number that is listed above your name on the prescription bottle.

Office of Environmental Health & Engineering

• Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

• Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.
Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, Ok 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235

**If you'd like to submit an ad or
article give us a call at
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Absentee Shawnee Tribe of Oklahoma

Little Axe Clinic • Little Axe Dental Clinic
15702 E. Hwy 9
Norman, Oklahoma 73026

Phone: (405) 447-0300 Fax: (405) 447-2250

Clinic Operating Hours
Monday thru Friday 8:00 a.m. - 5:00 p.m.
Weekends/Federal Holidays Closed

* Clinic and Pharmacy will be closed
the 3rd Wednesday of each month
from 1:00 p.m. to 5:00 p.m.



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Health Programs	(405) 878-4702
or	1-877-878-4702
Little Axe Clinic	(405) 447-0300
Little Axe Dental	(405) 307-9704
Shawnee Clinic	(405) 878-5850
Shawnee Pharmacy	(405) 878-5859
Behavioral Health	(405) 878-4716
LA Resource Center	(405) 364-7298
or	(405) 364-7569
LA Cultural Center	(405) 447-3372
AST Police	(405) 275-3200
or	(405) 275-3432
OEH/OEP	(405) 214-4235
AS Housing Authority	(405) 273-1050
Thunderbird Casino	(405) 360-9270
Or	1-800-259-LUCK
AST Tribal Grocery & SmokeShop Little Axe	(405) 364-0668
AST Country Kitchen	(405) 366-7220
AST Smokeshop in Harrah	(405) 454-0055