

# The Absentee Shawnee News

March 2013

Vol. 27 No. 15

## Inside This Issue...

Pages 2-5  
Executive Committee  
Reports

Page 7  
Financial Consultant

Page 8  
HorseShoe Bend

Page 10  
Fitness Challenge

Page 13  
"Save the Date"

Page 15  
Little League  
Basketball

Page 16-17  
March Birthdays

Page 19  
Title VI Menu

Page 21  
Foster Care

Page 23  
Big Jim Youth  
Award Application

Page 25  
Kick Butts Day

Page 29  
Absentee Ballot  
Form

Page 30-31  
Candidacy Letters



## Easter Egg Hunt!

Saturday, March 23rd, 9 am  
Behind Thunderbird Casino  
15700 East St. Hwy 9  
Pow-Wow Grounds  
Norman, OK

CDIB required for all participants.  
Prizes and refreshments for attendees, early registration required.  
contact Point: L.Longhorn 405.275.4030



## Dedication Ceremony

Lt. Governor Isaac Gibson and White Turkey Band  
Of the Absentee Shawnee Tribe

Cordially invites you to attend the Dedication of the  
Community Tornado Warning System  
At the Horseshoe Bend Community Center  
46309 Garrett's Lake Road

Hosted by  
White Turkey Band

SATURDAY  
MARCH 2, 2013  
1:00 p.m.

Refreshments  
provided

**ELECTION DAY IS MARCH 16**  
**BE SURE TO VOTE!!!**

# Executive Committee



GEORGE BLANCHARD  
GOVERNOR



ISSAC GIBSON  
LT. GOVERNOR



TERI REED  
SECRETARY



KATHY DEERE  
TREASURER



JEFFREY GIBSON  
REPRESENTATIVE

## Governor's Report

No Governor's report this month.

## Lt. Governor's Report

March 2013 February was a short month. We are continuously busy. Some things may seem very small but they still take time and they still get done. There is really nothing major to report this month. The BIA Office of Self Governance is working on the priorities for 2015. We are asked to place requested increases in the prioritized categories but then they asked us to reduce other line items. It is a must that the tribe increases the general fund. Federal funding is going to get smaller each year. It isn't so drastic that it keeps the Tribe from providing services but over a number of years, it will become a hardship for the Tribe. That's what makes me so interested in the cattle operation. It would still be considered a small operation but the rate of return is unbelievable! With no more money than the tribe has had to spend and the money that we made when we went to auction was great. That was a good day. Hopefully next year will be just as good. The herd doubled in 2012. If our luck holds out, hopefully it will double in 2013. However, we still need to focus on other avenues for generating revenue for the tribe. Gaming is wide spread in Indian Country and becoming more and more competitive. I don't think it is the answer for everything. It sure help this tribe for many years, now the neighboring tribes are all in the gaming business too. We did to find something like the cattle industry, or maybe the cattle industry is it for us. Maybe it will boom and be out main source of income. If we did what we did with such little effort during the worst drought since the dust bowl who knows what might happen in perfect conditions. Hope all of you are well, please call or come by, I always enjoy our visits. Isaac Gibson  
Lieutenant Governor

## Secretary's Report

Greeting Tribal Members:

The first part of the year is a busy time for us as we prepare and plan for the year. The departments under my oversight are reviewing their performance for the past year, and developing new goals. I am excited about what can be accomplished and look forward to sharing information about their accomplishments with you.

A big part of my job has to do with the safe keeping of assets, information, and data for the tribe. I have oversight of the Management In-

formation System (MIS), Procurement, Enrollment, tribally owned businesses (Smoke Shops and Restaurant), and I function as the backup to the Treasurer. Some of our goals for the year will be geared towards improved inventory controls, safeguarding enrollment records and data through better records retention, increasing security of assets, improving service, and increasing revenue.

### INVESTMENTS OPPORTUNITIES

Some of you have asked if we seek out investment opportunities for the tribe. The Executive Committee has investigated many investment opportunities in the past year and we will continue to do so in 2013. Some of these are ones that we seek out, others are brought to us by outside businesses or our own economic development group (ASEDA Inc.). Viable investment opportunities seem to be few and far between. We expend a good deal of effort and energy investigating offers and deals that are presented to us on a monthly basis (1-2 a month), but few of them actually pan out in the end. As a tribe, we tend to be cautious with investments/money. We need to continue in this mode until our financial resources are more fluid. This will happen as we repay our long term debt. In the meantime, we will continue to explore investment opportunities and will take advantage of any that make sense for our tribe.

### BUSINESS ENTERPRISE UPDATE

Silvercliff Construction is completing the final touches to the Harrah Smoke Shop building. The new building will include a 1200 square foot Smoke Shop with a drive through window and a 1200 square foot lease space. We are working with the Harrah Chamber of Commerce and other city officials to find a tenant for the lease space. The Smoke Shop has been operating out of a portable building for the past year. Sales are projected to increase by 30% once we are in full operation in the new building. The grand opening is tentatively scheduled for mid-March.

Country Kitchen Restaurant recently partnered with Sysco's Business Consulting group to analyze sales performance of current menu options. The review included a review of food quality and a profitability analysis of all items on the menu. Pricing adjustments were made to move closer, and in some cases lower, than similar competitors in our region. The analysis also resulted in us dropping some menu items that were not selling as expected. A visit was made to Sysco's Culinary Test Kitchen where some new products were tested for inclusion to the menu. We plan to feature these items as daily specials until their market appeal is determined.

### BIG JIM YOUTH AWARDS

This award is for AST High School Seniors nationwide and will be presented in May of this year by the Education Department. The awards include Academic and Athlete of the Year for both male and female (4 awards total with each award a \$1,000 scholarship). The purpose of the award is to recognize outstanding performance and to encourage higher education for our tribal youth. The application form can be found in this newsletter or the website [www.astribe.com](http://www.astribe.com). Applications need to be received by the March 31, 2013 to qualify. I want to encourage all high school seniors to apply. The judges for the award will be an unbiased and independent group of non-AST members who are knowledgeable in the fields of education and athletics. It was a great honor and very reward-

ing to be a part of the support team last year, and I'm looking forward to working with this group again.

### PHONE SYSTEM IMPROVEMENT

In 2011 we were getting a lot of complaints that if the receptionist was on another call or on break, callers had no options for getting through to other departments within the tribe. Callers had to call back numerous times to complete their business. We installed a voice prompt system to help with this and the complaints subsided some. The issue of getting through our telephone system was recently brought up again by a few tribal members and we are going to take another look at the current system to see if we can make other improvements. The complaints were in regards to the employee directory, callers not knowing the extension number for our service departments, and not enough calls being answered by employees. We have several employees who handle calls for us and they all work to handle calls efficiently and effectively. They are interested in doing a good

job for you. We have gathered a small group of employees to work on this and hope to make more improvements soon.

If you are experiencing problems reaching employees/departments, it would be most helpful if you could report the problem to us so we can investigate. It is always more helpful to receive information about a problem as soon as possible instead of reporting it weeks/months after the fact. Problems can be reported to the receptionist on our main number 405-275-4030. Or, you may report them to any AST employee, or directly to Becky Prewett on 405-317-5668 or by email on [beckyp@astribe.com](mailto:beckyp@astribe.com). Your help is appreciated.

### CASINO UPDATE

The promotion for March will include another vehicle giveaway. This has been well received by the public in the past and we expect this promotion to generate a lot of excitement for our patrons. Tribal members automatically qualify for Platinum Match Play and receive \$10 in free play each week.

Thunderbird Entertainment Center started 2013 off very strong. For January and February TEC is projecting transfers to the Tribe to increase over 40% which translates to over \$150,000 more to the Tribe than in 2012. TEC has been able to accomplish this by increasing revenue over 10%, and at the same time reducing total expenses by over 12%.

### HEALTH CARE

In 2010, President Obama signed into law The Affordable Care Act (ACA) which increases health care opportunities for Native Americans. Many parts of the Act will come into play for us in 2014 with Medicaid expansion (more people will qualify for Medicaid) and Health Care Exchanges (More insurance choices at lower cost). It will be important that we determine how the upcoming changes will affect us so that we can plan for the best way to serve our tribal members. If we are able to get more tribal members insured through the provisions of ACA, we will be able to bill for more visits to our health clinics, which will allow us to allocate more money for other health related services including Contract Health. Another option for stretching our health care dollars is to keep our tribal members healthy. Activities and events, such as health fairs and fitness challenges, are held to promote improved health. Our health clinics did a fine job in presenting these types of programs to you in the past and they plan to continue them in 2014.

### TOBACCO COMPACT

As previously reported, most of the tribes in Oklahoma have Tobacco Compacts that are expiring in June of this year. Because of this, many tribes feel the need to join forces and to resurrect a regional coalition of tribes to tackle issues that are important to all of us. The United Indians of Oklahoma, Kansas, and Texas (UNIOKT) is being formed to fill this need. This group has had several organizational meetings and I have been able to attend most of them. The last meeting focused more on getting the group organized and adopting a constitution. The next meeting on March 18th will focus more on a joint or united approach to Tobacco Compact negotiations with the State of Oklahoma.

### GENERAL ELECTION

The next general election will be on Saturday, March 16, 2013. I encourage you to get out and exercise your right to vote.

If you have any issues or concerns that you would like addressed in the newsletter, please let me know.

Teri Reed  
Tribal Secretary  
[teri@astribe.com](mailto:teri@astribe.com)  
405-275-4030 Ext 104

## Treasurer's

## Report

Greetings TRIBAL MEMBERS,

March is here and the winds will be blowing so hang on to your hat, hair, and whatever else! It is that time of year for Elections and this time you will be going to the polls for Governor and Secretary. Remember to vote on March 16, for the candidate of your choice!

• Annual Easter Egg Hunt will be Saturday, March 23rd, 10 am, behind Thunderbird Casino, Pow-Wow Grounds, Norman, OK.

• 2012 Annual Audit has begun for the Absentee Shawnee Tribe. Finance department has begun gathering requested sampling data to conduct the audit. • AST Health Board Authority and LSWN Board Meeting, held every third Tuesday, Little Axe Health Facility, Little Axe, OK. Serves as Ad Hoc non-voting member. Monthly reports of Executive Director, Department/Program Directors, financial, and activities of health facility are presented. We would like to extend to the Health Board members appreciation and thank you for serving on the Health Board. The Board consists of Troy Little Axe, Chairman, Greg Terrell, Secretary, Lisa Johnson-Billy, member, Nathan Boren, member, and have vacancies for two more board members. Two names have been recommended by the board for the next RECM meeting and I will update with the names in next month's newsletter.

• Monthly Program/Departmental Directors meeting. Each director comes every third Monday and gives a monthly update on their program/department. We, as the Executive Committee, appreciate these departments who take the time to come and give us an update every month and prepare monthly written reports. We understand they may have circumstances occur that prevent them from coming to the monthly meetings. THANK YOU!

• Elders' Monthly meeting are held every third Saturday, either at AST Resource Center or Title VI Bldg, 10 am. If you are 55 years and older, please come join us for fellowship, food, and fun times together. Fund raisers, outings, and cultural activities are planned monthly. The Elders invited the candidates to come and talk about their platform (policies and promises if elected).

• Thunderbird Casino Monthly financial meeting with General Manager, Dillon Byrd, Controller, myself, and/or other Executive Committee Member, who were available, to go over the monthly financials.

• Constitutional Revision committee. If you are interested in joining the constitution revision committee, call Eddie Brokeshoulder, 275-4030 X148, for the date and time of next meeting.

• Attended the United Indian Nations in Oklahoma, Kansas, and Texas (UINOKT), meeting at the Comanche Tribal Complex, Lawton, OK. This group has been around since late 1996 and their purpose is to promote unity among the tribes in Oklahoma, Kansas, and Texas. Former Governors of the Absentee Shawnee Tribe have been involved with this group and now UINOKT are trying to reorganize and reunite again. UINOKT Constitution and By-laws Preamble states, "to better community relations and stronger, productive communication with each other and to safeguard and protect the Sovereign rights, privileges and interests of all Indian nations; to improve the educational, economic and political status of the tribal governments; to promote the common welfare through united efforts; and to bring the tribal governments into a more cooperative relationship and unity of position on issues that affect all Indian governments." UINOKT has amended and passed their constitution and By-laws. Annual Convention will be held September 20, 2013, time and place TBD. Goals are to have a website, press release, and lobbying efforts of all tribes in Oklahoma, Kansas, and Texas. Next meeting March 18, 2013, 1pm, OKC.

• Dedication of the Community Tornado Warning System, Horseshoe Bend Community Center, 26309 Garrett's Lake Road, Shawnee, Saturday, March 2, 2013, 1pm., hosted by the White Turkey Band.

• Community Development Financial Institutions Fund (CDFI) 2013 Native American CDFI Assistance (NACA) Grant submission of application to U.S. Department of Treasury for the purpose of receiving grant funding for three (3) years in the amount of \$150,000 per year. If funded, AST will have program that will enhance our tribal community, assist tribal members in starting own business, improving credit scores and provide a deterrent to payday lending through financial literacy for all age groups. Hope to receive this exciting program for the Absentee

Shawnee Tribe.

• Congratulations to Ashley Brokeshoulder, so proud of her accomplishments as a pitcher on the Texas Tech University Softball team.

The Finance Department employees and Controller, Belinda Collins, are deserving recognition as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless dedication and commitment we could not keep the financial transactions processes flowing!

My appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, attend meetings where I cannot attend, and consulting decisions in the office of Treasurer! Also, sincere appreciation and thanks to Arlene Herrera who serves as Administrative Assistant to me and Enrollment. We appreciate all your phone calls, emails, and visits. May God continue to bless you and yours! See below articles from Finance Department, and Financial Consultant, Eddie Brokeshoulder.

Respectfully yours, Kathy Deere, Tribal Treasurer

"The idea of an election is much more interesting to me than the election itself... The act of voting is in itself the defining moment."

-Jeff Melvoin

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## *Representative's*

## Report—

Greetings Tribal Members,

I hope this month brings each of you happiness and good health. Seems like we are just flying into this year and things in the office have been busy and eventful as usual. I hope everyone is enjoying this warm and chilly Oklahoma weather, I'm looking forward to more warm days. Be sure to encourage your children to follow their dreams and to stay in school. Education is great to have and continue to stay active and healthy. Go outside and play basketball, baseball or any sport for that matter and enjoy the little things with your loved ones.

I have enjoyed the visits I have received from the Tribal Members this past month, I appreciate the concerns. I am always happy to hear from ya'll so if you have any issues or concerns that you would like to visit with me about please feel free to call, email or stop by my office and I will be more than happy to visit with you. I would like to take a moment to say Happy Birthday and Happy Anniversary to all the tribal members celebrating this month. My condolences go out to the tribal members that may have lost loved ones these past months. Remember to always tell your family and close friends how much they mean to you as you never know when we might lose them.

The Building Blocks day care in Shawnee recently expanded their storage capacity for the children's seasonal items which is located in the Building Blocks playground area. The kids are learning so much from their teachers and we appreciate everything the director and the staff of Building Blocks are doing to educate our young tribal members and Native American children. We are looking forward to the new Building Blocks Day Care which will be located in Little Axe.

The Cattle Operation is going quite well and our cattle herd is growing rapidly. The total number of cows we have now is 61 which include 19 new calves.

Just an update on the Building Blocks project; we have received our dirt work permit and have begun the process of removing dirt and trees in that area. We are hoping to receive our building permit from the City of Norman anytime now and once received we can continue on with the construction part of the project.

Building Blocks III - Little Axe Site (Located in front of the Little Axe Health Clinic)

Rick Short, Secretary-Teri Reed, Representative-Jeff Gibson,  
Treasurer-Kathy Deere, Assistant to Representative-Bridgette Wilson

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## *Finance Department*

March 2013

The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

Tribal Members and Native Employees allowing clinic and pharmacy visits to be claimed on their medical insurance coverage from private insurance or other coverage is very beneficial to the Tribe's health systems. Any cost not paid by your insurance company will be paid by Tribal health system funds. You will not be asked to pay a deductible or any charges not covered by your insurance. Using your coverage allows the health systems to charge your insurance for the service rather than it being paid in full from the health system funds. This in turns enhances the entire program and allows more services to Tribal members. In addition, any funds paid by the Tribe on claims filed with your insurance helps to meet your deductibles.

The Tribe's 2010 and 2011 Audits are "unqualified"; which when compared to an educational grading scale is an A. We are gearing up for the 2012 audit coordinating business entities that will roll up into the tribe's audit. Auditors are on sight today, February 22, 2013 and will be here again April 2013. The 2013 Indirect Cost Proposal was submitted to the National Business Center (NBC) on September 4, 2012. NBC is six months behind due to budget cuts thus staff cuts. Our rate is up from 17.74% for 2010 to 21.98% for 2011 and our rate for 2012 is 22.35% and is expected to increase for 2013. We are still in the queue for assignment to a negotiator as of the date this article and as of this date, we have not been assigned a negotiator. I checked with NBC and they are working on June submissions currently.

The finance department continues to complete accounting by the seventh day of the month and have been since August 2010; for financial reporting for the Health Authority and Li Si Wi Nwi, Health Inc. boards for Absentee Health Systems, Shawnee and Little Axe (LSWN) which is possible since the accounting is completed on schedule every month. The Finance staff has completed the December reconciliations for financial reporting for December. It is imperative the accounting staff continue to stay ahead of all of the accounting so that audits go smoothly, so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board) and these rules are updated sometimes annually.

The Tribe currently has compact funds of BIA and I H S, 51 Grants. In addition, the Tribe operates on a General Fund and an Indirect Cost Fund. The new clinic building payments are current and have been and projections are that they will continue to be current going forward.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 14: with 7 (50%) being AST Tribal Members, 2 non-AST tribal members, and 5 (36%) being non-natives. This department as always would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources, and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our continued group effort toward accomplishing our goal.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you.

Respectfully,  
Belinda Collins, Controller

# RESOLUTIONS

The following are Resolutions passed through January 16, 2013

## EXECUTIVE RESOLUTIONS:

### **E-AS-13-01 01/16/13**

Re-appoints Cynthia Carpenter to the Absentee Shawnee Housing Authority Board of Commissioners for a term of (2) two years effective January 16, 2013 and expiring January 15, 2015.

### **E-AS-13-02 01/16/13**

Re-appoints Roy Larney to the Absentee Shawnee Housing Authority Board of Commissioners for a term of (2) two years effective January 16, 2013 and expiring January 15, 2015.

### **E-AS-13-03 01/16/13**

Re-appoints Edwina Butler-Wolfe for a two (2) year term to the Absentee Shawnee Education Committee, effective January 16, 2013 and expiring January 15, 2015.

### **E-AS-13-04 01/16/13**

Re-appoints Lewis Allen Johnson for a two (2) year term to the Absentee Shawnee Education Committee, effective January 16, 2013 and expiring January 15, 2015.

### **E-AS-13-05 01/16/13**

Authorizes and approves the certification of the Membership Roll of the Absentee Shawnee Tribe of Indians of Oklahoma as being accurate and correct. (3831 Members)

FURTHER, that the membership roll contains only the names of those persons who were determined to meet the requirements of enrollment and therefore, enrolled pursuant to the provisions of the Absentee Shawnee Constitution and By-laws.

### **E-AS-13-06 01/16/13**

Approves and accepts Steven Duane Wallace, Cierra Shawnae Wallace, James Steven Box- Kessler, Michael Frank Ellis, Jr., Madelynn Rose Tiger, Hayven Irene Huntington, Shelly Kristin McMillan, Keaston James Guthrie Thorpe, Grace Janette Thorpe, Colby Richard Mills, Hanna Frances Mills, Lindsey Gayle Mills, Cheveyo Lachaim Kavi Johnson, Nizhoni Naim River Johnson, Jenifer Lyn Zinn, Justin Ray Coleman, Karli Jessica Bump, Haley Kalyn Bump, Ashley Nicole Johnson and Alexis Lynn Johnson as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

### **E-AS-13-07 01/16/13**

Grants membership relinquishment of the Absentee Shawnee Tribe of Indians of Oklahoma to Jose Maria Solis, a minor, provided he is accepted into the Iowa Tribe of Oklahoma.

### **E-AS-13-08 01/16/13**

Grants membership relinquishment of the Absentee Shawnee Tribe of Indians of Oklahoma to Allan Jesus Solis, a minor, provided he is accepted into the Iowa Tribe of Oklahoma.

### **E-AS-13-09 01/16/13**

Grants membership relinquishment of the Absentee Shawnee Tribe of Indians of Oklahoma to Adrianna Clavel Solis, a minor, provided she is accepted into the Iowa Tribe of Oklahoma.

### **E-AS-13-10 01/16/13**

Authorizes the negotiation and approval of all geophysical exploration permits for the Absentee Shawnee Tribe's undivided or all 1/1 interests held in trust status by the United States of America on behalf of the Absentee Shawnee Tribe of Oklahoma.

### **E-AS-13-11 01/16/13**

Authorizes, adopts, and approves the submission of an application to the Administration of Native Americans Social and Economic Strategies - SEDS PROGRAM and in connection with such application does resolve and make assurances that all efforts and documents are in compliance with any and all program requirements.

# **ATTENTION TRIBAL MEMBERS**

## **ELECTION DAY IS MARCH 16**

You may vote for the candidate of your choice at either the LITTLE AXE RESOURCE CENTER or THE ABSENTEE SHAWNEE POLICE DEPARTMENT on March 16, 2013 between the hours of 8 am and 6 pm. Please be prepared to show your CDIB card or driver's license.

If you are unable to vote in person you may request an Emergency Ballot up to March 15, 2013. Consult your Election Ordinance for the procedures on voting by Emergency Ballot.

### **BALLOT**

#### **ABSENTEE SHAWNEE TRIBE OF OKLAHOMA PRIMARY ELECTION SATURDAY MARCH 16, 2013**

**VOTING INSTRUCTIONS:** Cast your vote by placing a [X] or [✓] mark in the box next to the candidate of your choice.

#### **EXECUTIVE COMMITTEE**

**SECRETARY:**

Sharon Ponkilla .....[ ]

Vera Gibson Dawsey.....[ ]

Teri Reed.....[ ]

# **DON'T FORGET TO VOTE!!!**

# Financial Consultant

Greetings Tribal Members,

Hope you survived the March winds, kept you're bonnets on and hair in place! As the third quarter of 2013 comes to an end, office of Treasurer continues to be a good steward to the tribe's financial resources, ensuring stringent internal controls, sound financial management, and providing accountability and transparency.

The following activities I have been involved and participated:

**2012 ASED, INC. Audit:** Participated in 2012 ASED, INC., audit review with staff members of C.P.A. firm Finley & Cook.

**Absentee Shawnee Economic Development Authority, Inc. (ASEDA):** Attended March board meeting with the following business topics and discussions:

**Brothers Bottling Company, LLC:** Met with representatives of Brothers Bottling Company, a Native American owned water bottling company, out of El Reno, OK.

**Hi Tech Air Solutions:** Met with representative of Hi Tech Air Solutions who are on the cutting edge of technology in eliminating Kennel Cough, upper respiratory infections, Viruses, Bacteria and Odors in facilities.

**The Automated Barista:** Met with representatives of Perk Dynamics, located in Shawnee, OK. Automated Barista provides bean to cup service in fresh beans, fresh milk and gourmet powders.

## COMMUNITY DEVELOPMENT

**Native CDFI NACA Grant:** Its official, Absentee Shawnee Tribe submitted an application to U.S. department of Treasury for the purpose of receiving funding for three years in the amount of \$150,000 per year. If funded, Absentee Shawnee Tribe will have program that will enhance our tribal community, assist tribal members in starting own business, improving credit scores and provide a deterrent to payday lending through financial literacy for both middle class and young. So cross your fingers that AST will be funded and bring this exciting program to our tribe.



## Absentee Shawnee Tribe Constitution Revision Committee:

Since my last article, our committee has been picking up steam with encouragement of getting an opportunity to meet with Suzanne Chaney and Sherry Lovin of the B.I.A. Anadarko Regional Office and Executive Committee (E.C.). The constitution revision committee provided a question and answer session for both groups on January 31st. Our committee meeting with B.I.A. representatives provided an insight on Secretarial Elections as a handout and assistance will be provided for review and legal interpretation by B.I.A on our revised constitution.

On February 20th, our constitution revision committee meeting with the Executive Committee (E.C.) was postponed due to inclement weather. The purpose of this meeting was to bring the E.C. up-to-date on the progress of our committee. Our committee continues to seek out volunteer tribal members who are interested in participating and being a part of a better tomorrow. Are you an elder or youth willing to better our tribe, please contact Eddie Brokesoulder at 405-275-4030 x 148 or eddieb@astribe.com?

**Please exercise your right to VOTE on ELECTION DAY, March 16, 2013.**



In closing, please come by our office, our doors are always open for your questions, and concerns. Please contact me Eddie Brokesoulder, 405-275-4030 x 148 or eddieb@astribe.com.

Respectfully Submitted,  
Eddie Brokesoulder Financial Consultant

## AST CONSTITUTION REVISION COMMITTEE SEEKING VOLUNTEER TRIBAL MEMBERS

*Are you interested in participating and being a part of a better tomorrow?*

*Are you an Elder or Youth willing to better the Absentee Shawnee Tribe, if so please contact:  
Eddie Brokesoulder at 405-275-4030 x 148  
or eddieb@astribe.com*

# HORSE SHOE BEND AFTER SCHOOL PROGRAM:

## March 2013 News

The students are settling down for second semester, it seems to take them a couple of weeks to have them focus back into school. Some students are in different classes from the first to the final semester. Tutors have been working diligently teaching students to add, subtract, multiply, divide fractions. Our younger students are learning to put words into a complete sentence and also are working very hard in learning the correct sounds of letters of the alphabet. Tutors strongly focus on student needs where is needed. We have a total of eight Oklahoma Baptist University Students and one college student from Oklahoma City Community College that travel out to Horse Shoe Bend.

I am working with the MSPI Program which is directed by Jenifer Sloan from the Behavioral Health Programs of the Absentee Shawnee Tribe. Jenifer has hired a Part-Time Music Instructor, Steve Williams who will be teaching students at Horse Shoe Bend After School to play a variety of music instruments. Steve is at Horse Shoe Bend every Wednesday, 4:00 p.m. until 5:30 p.m. Students are enjoying the music lessons that is provided for them.



**KATIE WILSON**

Katie was selected in her First Grade Class at North Rock Creek School as the Achiever of the Month of January. This is her second year attending the after school program and is progressing each day. Katie always has a smile when entering the center and her favorite tutor is Johanna Kleinsasser from O.B.U. Katie is the daughter of Calvin and Annie Wilson. Her tribal affiliation is Navajo.



**ALIJAH MASQUAS**

Alijah was named Scholar for the Month of January. She is in the Second Grade at North Rock Creek School and this is her second year attending Horse Shoe Bend. Alijah is always ready to work on her homework when coming to the center and she is a smart young student. Alijah is the daughter of Phillip Masquas. She is a Tribal Member of the Sac and Fox Tribe of Oklahoma.



We have some of our students that participate in other activities in the city of Shawnee.

**DANIEL CASTANEDA** who attends Karate lessons twice a week.



**CHRISTIAN COODY** and **JORDAN COODY** play in a basketball league in Shawnee every Saturday came in Third in their age group. Boys were coached by their dad Kyle Coody.

I am in the process of planning activities for Spring Break, will be teaming up with the MSPI Program for an eventful week.

•••Easter is March 31, 2013 and we will be planning an Easter Egg Hunt for our students.•••

The new building is coming along cement was poured on February 11, 2013, hoping to move in by the middle of March 2013. I would like to thank the maintenance department for their work on this project with the cement.

If you have any questions please call, 405 481-0397.

Edwina Butler-Wolfe, Director  
Horse Shoe Bend After School Program



# Congrats Devin!



Dale mid-high student, Devin Voyles was recently notified that he is now a member of the Oklahoma JR Honor Society. To be a member a student must be in the top 10% of their class.

Devin is the son of David and Danielle Voyles and great grandson of Stan and Clara Kaskaske.

**Way to go Devin!**

# VANITY CAR TAGS FOR SALE



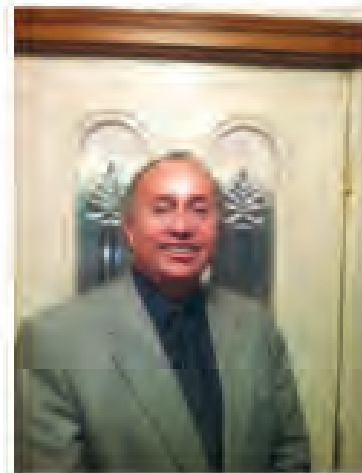
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Next auto purchase  
(405) 410-6603



# Tribal Youth Council



**Location:** AST Complex Building 1

**Date/Time:** First Meeting will be March 2nd at 10:00am and March 23rd, we are going to do a community project. Meetings vary in length, but usually last at least an hour.

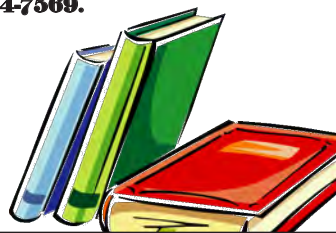
**Participants /Ages:** 6<sup>th</sup> grade to 12<sup>th</sup> grade. The Youth Council is open to all students in this grade range.

**Transportation:** Parents will be responsible for bringing and picking up their child.

**What is it? :** The Youth Council is a way for students from the surrounding AST communities to work together and bring to light things they need help with in their school. It is also a way for students to work and learn how they can create a difference for the tribe and their own community. We explore different prevention topics, volunteer in the community, and also explore further educational options.



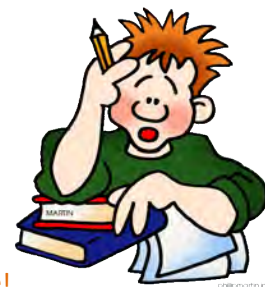
**Questions:** For Further questions please contact Tresha Spoon at 275-4030 ext. 121, or Blake Goodman at 364-7569.



# After School Program

Come join us at the AST Resource Center!!!

- Free Tutoring in all subjects!
- Snacks!
- Games and activities!
- Field Trips!
- Delinquency Prevention!
- Healthy Lifestyles!



And Much More!

**OPEN TO ALL MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS**

Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up at 6:00pm.

Duration: Starts September 4<sup>th</sup> and will run through the school year.

Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569



# Absentee Shawnee Fitness Challenge 2013

**Rules:**

1. Participants of the Absentee Shawnee Fitness Challenge are required to have 1 measurement recorded per month (3 per quarter) in order to be ranked.
2. Participants of the Absentee Shawnee Fitness Challenge are required to have 1 measurement recorded per month (3 per quarter) to qualify to win.
3. Participants are required to call and schedule 1 wellness evaluation with the Absentee Shawnee Wellness Program (Jimmi Norris/Margaret Starkey at 405-701-7979) immediately.
- \*In order to win a prize all participants must complete these requirements.
4. Participants will not be ranked and eligible to win if they lack the required number of measurements needed for reporting purposes and a wellness evaluation.
5. Female participants (no categories) will compete against each other in the Absentee Shawnee Fitness Challenge.
6. Male participants (no categories) will compete against each other in the Absentee Shawnee Fitness Challenge.
7. All participants with any health condition (ex. high blood pressure, diabetes, etc.) must provide a doctor's clearance for exercise before participating in the 2013 Fitness Challenge.
8. Any new participants interested in participating in the 2013 AST Fitness Challenge after the beginning of the first quarter must obtain the necessary requirements to participate in the fitness challenge. All new participants must wait to begin the 2nd quarter of the fitness challenge for a chance to win.
9. Non-employees/non-AST tribal members are not eligible for the 2013 AST Fitness Challenge.
10. The Absentee Shawnee Fitness Challenge will run for the duration of two quarterly periods for 2013. (1st quarter - February 25th-May 24th/ 2nd quarter May 27th - August 3rd)
11. The Resource Center in Little Axe and The Main Building fitness area (basement) in Shawnee will be the designated measurement areas for the Absentee Shawnee Fitness Challenge.
12. Each participant is responsible for getting their measurements recorded at the designated areas by the AST Fitness staff.
13. All Fitness Challenge participants will be responsible for finding a convenient time and day out of the 1 week designated each month (week and time will be announce through email) to come to the designated area for measurements.
14. Each participant will require a NEW baseline measurement for registration into the 2013 AST Fitness Challenge. (All measurements from 2012 will be void).
15. The AST Fitness Challenge is open to all Absentee Shawnee employees and Absentee Shawnee Tribal members, ages 18+.
16. Body composition (Body fat %) shall be the measured and (based off the Bioelectrical Impedance Analysis device) used to report results (Weight, BMI, and waist measurement shall be available upon request, but will NOT be included in the data needed to find a winner).
17. The male/female participant showing the greatest amount of body fat% after each quarter loss shall be deemed winner(s) of the AST Fitness Challenge.

Eat CLEAN  
Train MEAN  
Get LEAN

TAKE CARE OF YOUR BODY. IT'S THE ONLY PLACE YOU HAVE TO LIVE IN.

STOP SAYING "I WISH" START SAYING "I WILL"

THE GREATEST PLEASURE IN LIFE IS DOING WHAT PEOPLE SAY YOU CANNOT DO.

Whether it's ten miles or one, you will NEVER regret lacing up those running shoes and going outside.

ATTENTION ALL 2013 AST FITNESS CHALLENGE PARTICIPANTS!!!  
YOUR FIRST SET OF FITNESS MEASUREMENTS WILL BE DUE THE WEEK OF MARCH 25th-29th  
PLEASE VISIT THE RESOURCE CENTER OR THE AST COMPLEX TO HAVE YOUR MEASUREMENTS RECORDED FOR THE 2013 AST FITNESS CHALLENGE!  
WE ENCOURAGE YOU TO GET OUT AND GET ACTIVE.  
IF YOU HAVE ANY QUESTIONS OR CONCERNS, PLEASE CONTACT THE AST FITNESS STAFF AT 364-7298.

RUN HAPPY  
RUN GRUMPY  
RUN SPEEDY  
RUN SLOW  
RUN A LITTLE  
RUN A LOT

BEAST MODE

MARCH 25th-29th

LITTLE AXE  
Resource Center  
8:00 a.m.-12:00 p.m. and 1:00 p.m.-5:00 p.m.

SHAWNEE  
Absentee Shawnee Courthouse  
8:00 a.m.-12:00 p.m.  
Absentee Shawnee Building 1  
1:00 p.m.-4:45 p.m.

JUST RUN



CASINO



MARCH 25th-29th

Resource Center (In Little Axe)  
8:00 a.m.-12:00 p.m. and 1:00 p.m.-5:00 p.m.

Absentee Shawnee Courthouse  
8:00 a.m.-12:00 p.m.  
Absentee Shawnee Building 1  
1:00 p.m.-4:45

CASH PRIZES!!!

1st Place: \$1000  
2nd Place: \$500  
3rd Place: \$250

AST FITNESS - 364-7298  
AST WELLNESS PROGRAM - 701-7979



## Absentee Shawnee Tribe



## Fitness Competition



1st PLACE  
Team "Glow Girls"  
(Glendine Blanchard and Flo Mann)



2nd PLACE  
Team "Mission Slim-Possibles"  
(Jayne Werst and Phyllis Tiger)

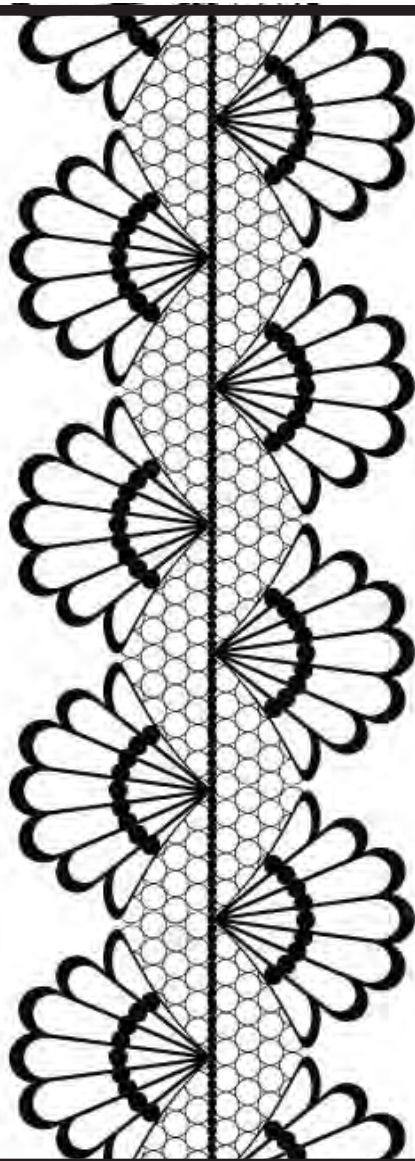


3rd PLACE  
Team "Shape Shifters"  
(Toni Donahoe and Sena Yesslith)

The AST Fitness Program would like to recognize the efforts of all the AST employees that participated in the 2012 Fitness Competition. Your habits of exercise and physical activity will go a long way in promoting a healthy body. Remember to be active and make exercise a part of your daily routine. Whether it's at a gym, at home, or at work, get out and get moving every day!



**GREAT JOB EMPLOYEES!**



# The family of Pam (Pumkin) Tiger

We would like to say "Thank You" to everyone who thought of our "beloved baby sister" during her hospital stay. Thanks for all the kind words, the food and prayer's that were sent our way. Her smile and laughter will be missed by us all but her suffering is over.

Special thanks to Lula Bettelyoun, Kat and Suzie Williams, Paula Lime, as well as Lt. Governor Isaac Gibson and his crew, Governor George Blanchard for always being there for her and Rep. Jeff Gibson, thank you.

We hope you will all remember something funny she told you or did to make you smile but most of all .....remember we are not promised tomorrow so enjoy your family and friends **TODAY!**

## ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

### RECYCLING MA- TERIAL THAT WE ACCEPT.

ALL WHITE PAPER, ENVELOPES, COLORED PAPER, JUNK MAIL, FAX PAPER, MAGAZINES, NEWSPAPER, CARDBOARD, AND ALUMINUM CANS.

### MATERIAL WE DO NOT AC- CEPT.

TONER, CARBON PAPER, FOOD WASTE, AND PLASTIC.

**REMEMBER,  
WHEN IN DOUBT  
THROW IT OUT.**

### CONTACT INFORMATION

ABSENTEE SHAWNEE  
TRIBE OF  
OKLAHOMA

OFFICE OF  
ENVIRONMENTAL  
HEALTH &  
ENVIRONMENTAL  
PROGRAMS.

2025 S. GORDON  
COOPER DR.  
SHAWNEE, OK  
74801

PHONE: (405) 214-  
4235

FAX: (405) 878-  
4701

## Absentee Shawnee Tribe

### Recycling Program

**"To Establish a recycling program for municipal waste planning, reduction, and Recycling"**

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Program declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowl-

edge and information about recycling markets and market demand as well as information obtained from various publications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be recycled.

## Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought.

There is a cost associated with recycling. However, economic, social, and environmental benefits exceed these cost.

## Office of Environmental Health & Engineering

### • Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

**THIP list all applicants by a priority list:**

- Handicapped/Disabled and Elderly
- Income
- Family Size/Overcrowded Living Conditions
- Condition of Home

**Other Programs available:**

### • Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: [www.astribe.com](http://www.astribe.com).

Submit completed application to:

Office of Environmental Health & Engineering  
Absentee Shawnee Tribe of Oklahoma  
2025 S. Gordon Cooper Dr.  
Shawnee, OK 74801

Absentee Shawnee Tribe Complex  
Office of Environmental Health & Engineering, Building 13  
If you have any questions, you can reach us by phone at (405) 214-4235

# Wills Clinic

May 16th, 2013

9:00 am - 4:00 pm

Little Axe Resource Center

Call OILS at:

(405) 943-6457 or 1-800-658-1497

To make an appointment, if anyone needs assistance with will before, then call same number to make arrangements for an appointment to meet with an OILS attorney.

If you'd like to submit an ad or article give us a call at

(405) 598-1279

(405) 481-0558

or send us an e-mail at

stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH  
Unfortunately, we can only accept one picture per birthday person, not per birthday wish.



Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as "superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- potassium
- fiber
- magnesium
- vitamins A, C, and E.

Beans, dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org



## AST PHARMACY NEWS



- Visit our new, convenient drive-thru at the Little Axe location for refill drop off or pick up!!
- As of January 1, 2012, Oklahoma State Law mandates that a current, state issued photo ID be on file for both the patient and the representative picking up for EVERY fill of ANY controlled medication.
- Deliveries of controlled medications will no longer be allowed.
- Both Shawnee and Little Axe pharmacy locations fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.
- If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.
- The following are a few tips to help us be more efficient in our delivery of pharmacy services to you:
  - ✓ Present insurance cards each time you pick up or drop off a prescription
  - ✓ Keep us informed of changes in address, phone number and other contact information.
  - ✓ Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
  - ✓ When requesting refills, please provide 24 hours' notice and either the refill number, which is located above your name on the prescription label, or the names of your medication.

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

### Hours of Operation:

**Little Axe:** 7am-5:30pm Monday-Friday

**Shawnee:** 7am-6pm Monday-Friday

We are open through the lunch hour!!

**\*\*BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES\*\***



## AST COUNTRY KITCHEN

Sunday - 7am to 7pm  
 Monday - 7am to 3pm  
 Tuesday - 7am to 3pm  
 Wednesday - 7am to 8pm  
 Thursday - 7am to 8pm  
 Friday - 7am to 9pm  
 Saturday - 7am to 9pm

### Early Bird Breakfast

**\$4.99**

2 Eggs/Bacon or Sausage/Hash Browns

Biscuits & Gravy or Toast & Coffee

(Not valid on Saturday or Sunday. 1 coupon per customer. With coupon.

No substitutions



**Check out our daily homemade lunch specials!**

**Something different every day!**

Open 7 Days A Week!

**366-7220**



(In Front of Thunderbird Entertainment Center Next to AST Smoke Shop)



Oklahoma Inter-tribal Diabetes Coalition  
**4th Annual Benefit Golf Scramble**  
 Friday, April 19th @ 8:30 a.m. Firelake Golf Course, Shawnee, OK

- Team entry \$240/team
- Single entry \$60/person

**In case of rain cancellation, event will be held Friday, May 3rd.**

**Entry Fee Includes:** Green Fee, Golf Cart, Door Prize Drawing, Raffle Ticket and Awards Luncheon

**8 a.m. Check-In / 8:30 a.m. Shotgun Start – 4 man Scramble Format**

Contact Name/Company: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Please provide a contact number for at least one team member in case of cancellation.**

**TEAM PLAYERS** Please Print Names

Name \_\_\_\_\_ Name \_\_\_\_\_

Name \_\_\_\_\_ Name \_\_\_\_\_

**SPONSORSHIP OPPORTUNITIES**

I would like **PLATINUM LEVEL Sponsorship - \$1,500 or Greater**  
**Includes:** Acknowledgement in any press releases/Company signage displayed on 4 holes/Twelve player entry fees/4 extra raffle tickets per player/Recognition at awards luncheon

I would like **GOLD LEVEL Sponsorship - \$1,000**  
**Includes:** Company signage displayed on 3 holes/Eight player entry fees/3 extra raffle tickets per player/Recognition at awards luncheon

I would like **SILVER LEVEL Sponsorship - \$700**  
**Includes:** Company signage displayed on 2 holes/Four player entry fees/2 extra raffle tickets per player/Recognition at awards luncheon

I would like **BRONZE LEVEL Sponsorship - \$350**  
**Includes:** Company signage displayed on 1 hole/Four player entry fees/1 extra raffle ticket per player/Recognition at awards luncheon

I would like a **HOLE Sponsorship - \$100**  
**Includes:** Company signage displayed on 1 hole – Businesses may sponsor more than one hole

I would like to **DONATE** items for the Door Prize Drawing - Door prize drawings occur at the awards luncheon. Donated items have included: gift certificates, electronics, concert/event/game tickets, athletic items, t-shirts and more.

**PAYMENT (Credit Card payments not accepted)**

**Check enclosed, payable to Oklahoma Inter-tribal Diabetes Coalition for \$** \_\_\_\_\_

**Deadline to register is Monday, April 15, 2013 by 5:00 p.m.**

**Please mail payment and completed form to:**

Lea Caulfield  
 Diabetes Care Center  
 Chickasaw Nation Medical Center  
 1921 Stonecipher Blvd.  
 Ada, OK 74820

You may also fax completed form to:  
 Lea Caulfield  
 580.421.4572

[Lea.caulfield@chickasaw.net](mailto:Lea.caulfield@chickasaw.net) 580.421.4532 x82266

Oklahoma Inter-tribal Diabetes Coalition



**SAVE THE DATE**

**4th Annual Benefit Golf Scramble**

**Friday, April 19, 2013**

8:30 a.m. Shotgun Start

(Rain cancellation date – Friday, May 3, 2013)

**Firelake Golf Course**

1901 S. Gordon Cooper Drive  
 Shawnee, OK 74801 (405) 275-4471

- **4 Man Scramble (\$240/team or \$60/person)**
- **1st, 2nd, 3rd Flight Prizes Awarded**
- **Proximity Contests:** Longest Drive, Straightest Drive, Closest to the Pin
- **\$300 Prize to 1st player to make a hole in one:** 2 holes designated
- **Door Prizes:** T-shirts, gift certificates, and maybe even a kitchen sink!

Come and support the Coalition's efforts in raising awareness and advocating for diabetes prevention in Oklahoma.

**Deadline to register: Monday, April 15, 2013 by 5:00 p.m.**  
**No on-site registration**

**SEE REGISTRATION FORM FOR SPONSORSHIP OPTIONS**



For more information, contact Lea Caulfield:  
[Lea.caulfield@chickasaw.net](mailto:Lea.caulfield@chickasaw.net)  
 580-421-4532 x82266



See registration form for payment details

# Jacobson Foundation Seeks Executive Director

The Jacobson Foundation (JF), the Governing Body of the Jacobson House, Board of Trustees is seeking applications for the position of Executive Director. The person selected for this position is expected to carry out the policies and directives of the Jacobson Foundation Board of Trustees, manage the day-to-day affairs of the Jacobson House and provide leadership and direction to volunteers at the Jacobson House in Norman, OK.

The following timetable has been established to search for and appoint a new Executive Director.

March 29, 2013 Advertise and Accept Applications

The Jacobson Foundation will not discriminate on the basis of race, creed, religion, national origin, gender or sexual preference to comply with the state and federal grants.

Please see attached PDF file for Jacobson Foundation Executive Director Job Description.

Interested candidates must submit a resume and a cover letter detailing their job experience, accomplishments, references and the reasons they would be a successful candidate, hand delivered or postmarked, by Friday, March 29, 2013 to:

Dan Brackett, Chair, Board of Trustees

Jacobson House  
609 Chautauqua Avenue  
Norman, OK 73069  
405.366.1667  
jacobsonhouse@gmail.com

## About Jacobson Foundation

The purpose of the Jacobson Foundation, through the operation of the Jacobson House Native Art Center, shall be to preserve the property and legacy of Oscar B. Jacobson and his wife, Jean d'Ucel Jacobson to honor the achievement of the "Kiowa Five" and those Native American art students who have followed them, to showcase Native American fine art and culture, in order to perpetuate understanding and respect among people, creating a setting for cross-cultural experiences, and to serve as a resource for the University of Oklahoma and for the community.

To accomplish its purpose, the Jacobson Foundation will:

- Acquire and manage funding for the continued restoration and maintenance of the historic Oscar B. Jacobson House and grounds.
- Develop an Annual program of events and exhibits that showcase Native artists and that educate the community on Native arts and artifacts.
- Acquire and maintain a collection of Native arts and artifacts.
- Work cooperatively with the University of Oklahoma in educational programming, research, and community service.

## TITLE: Executive Director

Within the guidelines and oversight of the Board of Trustees (Board), the Executive Director (ED) is responsible to formulate procedures and provide overall direction to plan, direct, and coordinate operational activities and cultural events of the Jacobson House (JH).

## Tasks:

1. Direct, coordinate, and track the budget activities for JH to fund operations, maximize investments, and increase efficiency
2. Prepare budgets for approval; coordinate the preparation of financial records with the Treasurer of the Board in a timely manner.
3. Provides a formal report at each Regular Board Meeting and authors an Annual Report.
4. Confer with Board members and staff members to discuss issues, coordinate activities, and resolve problems.
5. Direct and coordinate daily activities and cultural programs at JH to maximize potential of all of JH resources.
6. Negotiate or approve contracts or agreements with suppliers, distributors, federal or state agencies, or other organizational entities.
7. Organize, coordinate, and manage resources for the fundraising activities as directed by the Board, lead and participate in obtaining grants and other funding for implementation of JH programs.
8. Represent the JH and Jacobson Foundation in a professional manner that promotes respect for the organization.
9. Diligently advocate and promote the legacy, art, programs, and activities of the JH and Oscar B Jacobson.
10. Assure the maintenance and preservation of the property owned and leased by the Jacobson Foundation.
11. Establish and maintain relationships with businesses, other art related organizations, and media for purposes of establishing the value of the Jacobson Foundation to the community, marketing art products, and generating awareness of JH cultural programs.

## Knowledge:

1. **Native American** — Knowledge of Native American art, culture, heritage, traditions, and the knowledge to organize Native American programs.
2. **Artists and Art Gallery** — Knowledge of the many facets of an art gallery, including but not limited to artists, collectors, personnel. Ability to connect and interact with artists in a business situation as well as mentor artists regarding gallery relationships.
3. **Administration and Management** — Knowledge of business and management principles involved in strategic planning, resource allocation, human resources, leadership technique, and coordination of people and resources.
4. **Economics and Accounting** — Knowledge of economic and accounting principles and practices, and reporting of financial data.
5. **Customer and Personal Service** — Knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and evaluation of customer satisfaction.
6. **Sales and Marketing** — Knowledge of principles and methods for showing, promoting, and selling products or services. This includes marketing strategy and tactics, product demonstration, and sales techniques.
7. **Personnel and Human Resources** — Knowledge of principles and procedures for personnel recruitment, selection, training, compensation and benefits, labor relations and negotiation, and personnel information systems.

## Skills:

1. **Active Listening** — Giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
2. **Critical Thinking** — Using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.
3. **Speaking** — Talking to others to convey information effectively.
4. **Coordination** — Adjusting own actions in relation to others' actions.
5. **Management of Personnel Resources** — Motivating, developing, and directing people as they work, identifying the best people for the job.
6. **Time Management** — Managing one's own time and the time of others.
7. **Management of Financial Resources** — Determining how money will be spent to get the work done, and accounting for these expenditures
8. **Complex Problem Solving** — Identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.
9. **Judgment and Decision Making** — Considering the relative costs and benefits of potential actions to choose the most appropriate one.

## Work Styles:

1. **Integrity** — Job requires being honest and ethical.
2. **Leadership** — Job requires a willingness to lead, take charge, and offer opinions and take direction.
3. **Initiative** — Job requires a willingness to take on responsibilities and challenges.
4. **Stress Tolerance** — Job requires accepting criticism and dealing calmly and effectively with high stress situations.
5. **Dependability** — Job requires being reliable, responsible, and dependable, and fulfilling obligations.
6. **Independence** — Job requires developing one's own ways of doing things, guiding oneself with little or no supervision, and depending on oneself to get things done.
7. **Adaptability/Flexibility** — Job requires being open to change (positive or negative) and to considerable variety in the workplace.
8. **Cooperation** — Job requires being pleasant with others on the job and displaying a good-natured, cooperative attitude to Board, Staff, constituents, visitors and artists.

## Education:

Bachelor's degree preferred; Minimum required, successful completion of some college courses.

## Salary Range:

\$24,000 / year – \$50,000 / year, dependent on Education and Experience

## Time Commitment:

Forty hours per week, which is flexible to accommodate Jacobson House business and activities. This time requirement is subject to special arrangements as approved by the Jacobson Foundation Board of Trustees.

## Approval Date:

November 13, 2012  
T.S Mikkanen  
Jacobson Foundation Secretary

# LITTLE LEAGUE BASKETBALL



# MAHON

2013

## BIRTHDAYS

Alexander, Jason Thomas  
Alford, Michael Jason  
Alford, Terry Wayne  
Allen, Vanessa Olivia  
Anania, Salvatore Westbrook  
Anderson, Steven Brian  
Annis, Loraine Pearl  
Applegate, Richard Allen  
Araujo, Bearen Demetrio  
Arms, Bruce Edwin  
Arms, Drake Jagger  
Armstrong, Taylor Cheyenne  
Barnes, Bralynn Kierra  
Barnhill, Rachel Renee  
Bayliss, Robin Renee  
Beaver Jr., Rodney Gene  
Bender, Liyahna Kyne  
Bernard, Carol Jean (Mohawk)  
Bettelyoun, Isaac Phillip  
Bittle, Mona Jene  
Blanchard II, Larry Dean  
Blanchard, Brayden Nicole  
Blanchard, Izabel Marie  
Blanchard, Joe Henry  
Blanchard, Russell Duane  
Blanchard, Solomon Grant  
Bowden, Rosada Lynn  
Bradley, David John  
Brady, Dallas Dustin  
Brannon, Tkeyah Monique  
Brinson, Alexander Armando  
Brokesoulder, Ashley M.  
Brown, Charley  
Brown, Monica Francesca  
Bryce, Jerry Dale  
Buckheart, Elysa Victoria  
Buckheart, Phillip Cruz  
Burk, Harley Lynn  
Cahwee, Yvonne Katherine  
Carter, Taylor Wade  
Casteel, Rhaeanna Corinne  
Caudillo, James Adam  
Charley, Amy Louise  
Cheatwood, Vikki Dawn  
Coddington, Koryne Shazity  
Coddington, Michele Cholena  
Cole, Carolyn Mary  
Coon, Justin Bo  
Coon, Waylon Henry-Goliath  
Coriz, Clinton Eric  
Cravens III, John Monroe  
Creek, Felix Albert  
Cruz, Gregorie Thomas  
Cuellar Jr., Leno  
Davis, Shawn E.  
Day, Linda G.  
Day, Rosanna Jolena  
Deer, Alicia Kaye  
Deer, Christopher Jerome  
Deer, Makiyah Kaylind Anora  
Denson, Hilda Mae  
Drake Jagger  
Edgin, Laura Marie

Ellis, Andrew  
Ellis, Leann Dee  
Ellis, Mark Russell  
Ellis, Renee June  
Elsloo, Kasia Lee  
England, Adam Joe  
Fenner, Alannah Benae  
Ferre, Sierra N  
Fife, Zachariah Everett  
Fontenot, Teddy Lynn  
Foreman, Henry Jake  
Foreman, La Donna Rochelle  
Foreman, Merrilee  
Foster, Gabriel Lee  
Frazier, Andee Danielle  
Freeman, Retha Ann  
French, Jeffrey Martin  
Fuller, Rhealee Grace  
Garretson, Stephanie Rae  
Garretson, Tanisha Marie  
Gibson, Charles Arthur  
Gibson, Dylan Scott  
Gibson, Jaylan Chaunce  
Gibson, Johnathan Caine  
Gibson, Joshua Lee  
Gibson, Phillip Craig  
Gibson, Toney Ellise  
Grass, Ayson Grass,  
Gavin John  
Graves, Casey James  
Grover, Michelle Renee  
Hall, Elizabeth Lynn  
Hall, Kayla Collette  
Harjo, Jacob Lee  
Harjo, Jimmie Dean  
Harjo, Sammy  
Harjo, Shirley Ann  
Harp, Emily Jue  
Haskins, Michael Truett  
Herrera Jr., Rudy  
Herrera, Aileen Louise  
Herrera, Richard John  
Holderness, Carol Dawn  
Hood, Richard Foster  
Hood, Ross Damon  
Hooper, Michael Shayne  
Hubble-Kirschner, Skylur Nacole  
Hunt, Lyndon Brandon  
Ibarra, Roralee Brianna Lizzet  
Irvin, Catherine Ann  
Isaac-Robbins, Shirley Jean  
Isaacs, Leann Vachon  
Johnson Jr., Hubert Dana  
Johnson Jr., Walter Mack  
Johnson Sr., Walter Mack  
Johnson, Alexis Lynn  
Johnson, John Daniel  
Johnson, John Pershing  
Johnson, Leam Edwin  
Johnson, Pamela  
Johnson, Shirley Renee  
Jones, Dennis Roy  
Judkins, Charles Gary

Kaniatobe, Tiffany Paige  
Kennedy, Ethan James  
Ketakea, Georgia Kay  
Ketakea, Kayla Marie  
Khalil Qureshi, Maryam Anisah  
Khalil-Quraishi, Sumiyah  
Kickapoo, Collins Kristopher  
Kirschner, Tony William  
Leach, Melissa Louise  
Ledezma II, Roberto Bernal  
Lee, Catherine Stacey  
Lemon, Toni Marie  
Leroy, Mary Denise  
Lewis, Katlyn Hope Cooksey  
Lewis, Quinton DeWayne  
Lindsay, Lila  
Little Axe, Dennis Robert  
Little Axe, Skye  
Little Charley, Estelena  
Little Charley, Gary Dean  
Little Creek, Levi Kelly  
Little Jim Jr, Webster  
Little, Benjamin Ray  
Little, Keith David  
Little, Marysa Fay  
Little, Micco David  
Littlebear, Trinidad Adam  
Littlecreek, Jade Marie  
Littlecreek, Jeremiah James  
Littlecreek, Sadie Rachelle  
Logan, Priscilla Ann  
Longhorn, Choske Leylon  
Longhorn, Tommy Dale  
Longhorn, Vaun Marie  
Longhorn, Wayne Allen  
Longman Jr., Clyde Bennie  
Longman, Michael Ray  
Lowe, Victor Shane  
Mack Jr., Thomas James  
Mack, Ryan Dale  
Mahtapene, Charlie Renee  
Martinez, Alexee June  
Masquat, Cameron Isaiah  
Masquat, Nathaniel Gage  
Maxwell, Kimber Leigh  
Mayo, Leslie Carol Garretson  
Mayo, Michelle Marie  
McBride, Taylor Iralee  
McBroom, Ashley Denise  
McBroom, Michelle Leigh  
McDoulett, Karen Suran  
McGonigal, Peter Roygan  
Hodge McGuire, Kasi Lynn  
McKinney, Mahnee Zuri  
McMillen, Destenie DeAnne  
Merrell, Jason Andre  
Miller, Patrick Michael  
Miller, Redena Kay (Blanchard)  
Miner, Matthew Carl  
Mohawk, Billye-Jo Ryleigh  
Molina, Terry Randall  
Montgomery Jr., Wendall Len  
Moore, Patricia Naomi

Morgan, Katie Lynne  
Morton, Hannah Raine  
Nakamoto, Lisa Marie  
Nelson, Ashley Nicole  
Nelson, Linda June  
Nuckolls, Larry Wayne  
Oney, Mattison Marie  
Ongaco, Ariana D. Wilson  
Onzahwah, Leroy Galin  
Ozeretny, Gary Lee  
Panther IV, William  
Panther, Cyerra Lynn  
Patten, Sherri Louise  
Pickering, Gertrude B Spybuck  
Powell, Terry Shane  
Price, Judith Ann  
Puckitt, Steven Ray  
Queen, Shannon Ilene  
Rainey, Katherine Lydia War-  
rior  
Respicio, Lucas Antonio  
Richey, Gunner Wayne  
Rigney, Sean Librado  
Roach, Dylan Lane  
Robbins, Joshua Dale  
Robison, Jack Alan  
Rolette Jr., Larry James  
Rolette, Seth Allan James  
Ruimveld, Vickey Lynn  
Runsabove, Bryant Kent  
Ryan, Ryder Lazaro  
Sanchez, James Andrew  
Schaal, Winnie Virginia  
Scott, Denise Renee  
Self, April Jennell  
Self, Sheila Ann  
Sevier, Jennifer Michelle  
Sinks, Raymond Leonard  
Sloan, James B.  
Sloat, Athenia Kayra  
Sloat, Christina Sue  
Sloat, Jeremy Clay  
Smith, Daleana Lee  
Snake, Anna Grace  
Snake, Steven Ray  
Soap Jr., Roger Eugene  
Spoon, Alexander Jacob  
Spoon, Courtni Renee  
Spoon, Elijah Gage  
Spoon, Gracelynn Faith  
Spoon, Isabella Lorraine  
Spoon, John Allen  
Spoon, Robby Wayne  
Spoon, Sherrie Dawn  
Spriggs, Dakota Paul  
Squire, Jerry Wayne  
Starr, Jesse Lloyd  
Starr, Lawrence Mitchell  
Stephens, Aubriana Nichole  
Stever, Adam James  
Stewart, Stanley Allen  
Stinger, Heather Ann  
Straight, Lela Gale

Stuckey, Zoe Ellori  
Sutton, Alano Ezekiel  
Sutton, Mason Riley  
Sutton, Virginia Lee  
Switch, Faye Ramona  
Switch, Redonna Lynn  
Tahah, Everett Wade  
Tapia, Dakotah Cruz  
Taryole, Newman Ryan  
Taryole, Sydney Alixandra  
Tascier, Matthew Isaiah  
Taylor, Lafonda Raye  
Taylor, Scott Alan  
Thapa, Sonya Shree  
Thompson, Billie Gean  
Thompson, Brandee Ian  
Thornhill, Nathaniel Weston  
Thorpe, Kimberly Clarice  
Thorpe, Mary Elizabeth  
Tiger, Anthony Michael Gene  
Tiger, Donna Jean  
Tiger, James Scott  
Tiger, Kelly Amanda  
Tiger, Raymond Gary  
Tucker, Brian O'Neal  
Turner, Terry Michael  
Villalobos, Lena Lou  
Walker, Vera N  
Walley, Brian Jeffery  
Warrior, Shawna Kogee  
Watkins, Melysha Raven  
Watson Jr., Theodore Randall  
Watson, Bryeanna Renee  
Louise Watson, Martha Ruth (Tiger)  
Wenholm, Jody Dawn  
Wesley Jr., Daniel Kenneth  
Westberry, Casey LyDale  
Westberry, Hayley Morgan  
White Thunder, Shelsie Mae  
White, Calvin Lee  
White, Raelynn  
Williams, Brycne Cameron  
Williams, Cody Grant  
Williams, Johni Kaleen  
Williams, Kayce Brylin  
Williams, Mark Henry  
Williams, Matthew James  
Williams, Taree Renea  
Willis, Suzy Jean  
Wilson, Annette Ponkilla  
Winter, Warren Patrick  
Witt, Adam Wayne  
Wolf, Bryne Andrew  
Wolfe, Leonard Wayne  
Woods, Kathy Lynn  
Wright, Tasha Laquinta Suzanna  
Wyatt, William David  
Yandell, Steven Joseph  
Yates, Kylie Ann  
Yeahpau, Roman MauraNap  
Zinn, Jenifer Coleman



Congratulations to my  
nieces, Lydia and Rheanna  
on the birth of their new  
babies. Give them lots of  
love and hugs!

Love ya girls, aunt Rhonda

**James B. the Elder  
and  
Thomas D.**

**HAPPY BIRTHDAY**

Love, Sister Jennifer

Happy Birthday  
Soloman Blanchard!



I wish you a  
wonderful day.  
Stay safe.  
Love, Aunt Rhonda

**HAPPY  
BIRTHDAY**



**JAMES (BAYS)  
TIGER!**  
From Bigchief &  
Family



**Happy  
Birthday!!**

**Chelle Foreman  
Rhonda Kaseca  
Manuel Herrera  
Everett Tahah  
Kylie Ann Yates**

Wishing you all a  
very special day  
and year!  
**Marvin & Sherry**

HAVE A WONDERFUL BIRTHDAY!

MARTHA WATSON

You have been through a lot  
these past few months  
I pray for you strength, courage  
and peace in your heart.  
Love, Rhonda

**HAPPY BIRTHDAY!**

**TO MY BROTHER  
RAYMOND (JAKE)  
TIGER**

**FROM BIGCHIEF & FAMILY**

**A  
HAPPY  
BIRTHDAY**

GRANDMA CHELLE  
WE LOVE YOU!  
RYAN AND JELLYBEAN

MOM

Happy 42nd  
Birthday

Happy Birthday!  
We Wish you the  
very best and congrats  
on going back to  
school!! We're  
so very proud of  
you!!  
Love your kids,  
Filiyan, Joplin,  
Justin, & "Harvey"

**HAPPY  
BIRTHDAY**

RHEANNA  
CASTEEL  
LOVE,  
THE  
KASECAS &  
FOREMANS

**HAPPY BIRTHDAY!**

Love, Dad

**HAPPY  
birthday**

Wishing a Happy Birthday to  
Estelena Little Charley!!  
Love you MAMA  
From grand babies & daughter

**HAPPY BIRTHDAY!**

**CHELLE FOREMAN**  
March 6th  
(WIFE, MOM AND NIECE)

LOVE, GREG, HOLLY,  
DARROL, ELL, JESS  
AND AUNT RHONDA

**HAPPY BIRTHDAY!**

I would like to wish my brother, Tommy Longhorn a  
very Happy Birthday and most of all to our wonderful  
father, Wayne Longhorn, a happy 86th!  
With love from all your family

Wishing you a Happy Birthday MOM!  
From your son, Frankie  
& grandson, Adrien

**happy birthday**

To my sister  
Trudy Pickering  
**Happy Birthday**  
I love you bunches, sis.  
Have a great day!

Love, Sadie

**Vicki Dawn**  
**Happy Birthday to you  
cousin!!! Wish you well on  
your BIG 4!!**  
Love you to bits!!  
**Sherrie Dawn**

I hope you have  
a great birthday!  
You are a  
very good  
mother  
and a fun  
daughter.  
Wishing  
you well  
on your  
birthday  
and always.  
I love you  
bunches..Hugs  
& kisses,  
Love  
MOM

Sherrie, so happy  
to say that  
you're  
my baby  
sister  
and I  
enjoy  
the  
crazy  
times  
when  
we're  
together. I  
wish you  
the best  
birthday yet.  
I love you.  
Love, Barb

**Sherrie Dawn**



# A Perfect Game



Tribal member Eli Davis has been bowling since he was a kid, starting in the Youth Bowling Association league at Windsor Bowl (now Shawnee Bowl). He continues to bowl to this day and is quite an accomplished bowler. On January 21, 2013, Eli achieved one of his longtime bowling goals. He rolled a perfect 300 game at Firelake Bowl, while bowling in the weekly Firelake Masters League. He will receive a ring from the United States Bowling

Congress to signify this great achievement. His picture will be displayed at Firelake Bowl with others that have rolled a perfect game. Eli is the son of tribal member Chelle Foreman, the grandson of Zelda Kaseca Foreman and the late Eli (Bud) Foreman. His family is extremely proud of him and encourages his continued efforts.

**GREAT JOB ELI!**



**AST Maintenance Department  
pouring concrete**

**RANDY EDGE**  
TERO DIRECTOR

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
redge@astribe.com



Phone 405.275.4030 ext. 135 Fax 405.395.9888 Cell 405.432.9859

T.E.R.O. Department March Newsletter

The Tribal Employment Rights Office also known as TERO is a department that protects tribal employees' rights and supports tribal career development. Over the past month, the TERO department has experienced a steady flow of activity. We have added 12 new applicants to our database which now brings our total number of applicants to 543. Of those 12 applicants, 1 is an Absentee Shawnee Tribal member. Further, we have also helped 53 applicants who have walked in, called/received 190 phone calls, and referred 5 applications to various departments within the tribe, 5 applicants to Thunderbird Entertainment Center, 3 applicants to an outside business, and 1 applicant to contract work at Thunderbird Entertainment Center.

In addition to the above activity, the TERO department has also participated/attended numerous meetings. On January 23, TERO attended the Invitational Planning Session at the University of Oklahoma. As mentioned last month, this meeting was held to discuss the possibility of holding a Native Education Summit in the future. The following day on January 22 and then again on February 13, meetings were held between Rance Miller of Sagemill Construction and the TERO department. During these meetings, the TERO compliance plan was obtained by Sagemill Construction, and discussions took place about the need to set up meetings between TERO and all construction contractors before work is to begin in order to review the compliance plan and discuss the opportunity to create employment. Then, on January 30 and February 12, TERO attended meetings on campus that concerned the Absentee Shawnee Tribe Annual Youth Award. Finally, on February 7, TERO had two meetings. The first meeting was between Dillon Byrd of Thunderbird Entertainment Center and TERO. During this meeting, discussions concerning present and future projects were discussed. The second meeting was between Bob Shepard of the Absentee Shawnee Tribe Housing Authority and TERO. Bob Shepard displayed his excitement about TERO and the opportunity we offer. He said he will support the list of TERO contractors and applicants when job hiring is needed.

In the near future, TERO will be attending several meetings. Soon, TERO will be attending the Southern Plains TERO Conference in Devol, Oklahoma. Then, on March 5, TERO will attend another meeting on campus concerning the Absentee Shawnee Tribe Annual Youth Award.

Within the next month of March, TERO will also be continuing to take applications for the construction project of the new Building Blocks Daycare that will be located in Little Axe. Please contact our TERO offices to update your application or to put in an application if you are interested. Also, there will be an opportunity to sign up for the 10 hour Occupational Safety Health Administration training held at Francis Tuttle Technology Center, and it will be paid for by TERO. This certification does not expire and will benefit your employment opportunity as safety is a concern. Further, on March 1, AGC will be taken sign-ups for CPR training.

The TERO department helps Native Americans with job placement and employment referrals, and we strongly encourage any tribal member or Native American who may need employment to come to the Absentee Shawnee TERO department and apply. To become an applicant, the process is simple. First, you will need to come to the department to pick-up and fill out an application. We are located in building #1 on the second floor. Second, you will need to provide the TERO department your CDIB or a document to prove your tribal Affiliation (YOU MUST BE A MEMBER OF A FEDERALLY RECOGNIZED TRIBE TO BECOME AN APPLICANT), your social security card, and your Driver's License or state ID. Third, you will need to provide the department with any licenses, credentials, or any other certifications/degrees you have acquired.

In addition to keeping your application on file, we also provide some other services. TERO holds the responsibility of insuring our applicants have equal opportunity for employment and receive call backs or letters on all positions that are applied for. The TERO department also provides/helps our applicants with job search, referrals, resume assistance, interview tips, and application status. Further for your convenience, the TERO department also posts all tribal positions, some local positions, and some positions for the Oklahoma City, Norman, and Moore areas outside of our offices on bulletin boards and in binders. Currently, we have close to 100 job openings posted outside of our offices. However, keep in mind, these job postings are constantly changing and being updated weekly as positions are filled. So, a job that may be listed below may already have been filled. However, still stop by and fill out an application, if you haven't already done so, and look at the current job openings. If you have any further questions about the TERO program or just have a request, you can contact our office anytime Monday through Friday from 8 am to 5 pm (closed 12 pm to 1 pm for lunch), and we will be happy to assist you.

Randy Edge (Director) 405-275-4030 ext. 135  
Carol Butler (Office Assistant) 405-275-4030 ext. 163

The following is a list of job openings for some off campus positions posted at the TERO department:

- |                                   |                               |
|-----------------------------------|-------------------------------|
| CDL Driver                        | Sales Associate               |
| Mechanic Helper                   | Customer Service Associate    |
| Laborer                           | Bank Tellers                  |
| Concrete Materials Tester         | Cashier                       |
| Material Handler                  | Administrative Technician III |
| HVAC Staff                        | RN and LPNS                   |
| Surveillance Operator             | CNA and CMA                   |
| Security Officer Dishwasher       | Production Supervisor         |
| Host/Hostess                      | House Keeper                  |
| Assistant Teacher                 | Housing Maintenance Tech      |
| Automotive Retail Sales Associate |                               |

Menu subject to change

# March 2013

2% milk served daily



| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY |
|---|--|--|--|--|---|----------|
|   |  |  |  |  | 1<br>Waffles<br>Sausage patty<br>Tropical Fruit           | 2        |
| 3   | 4<br>Grilled Chez<br>Chicken Noodle<br>Soup<br>Fruit                             | 5<br>Smoked Sausage<br>Cabbage<br>Cornbread<br>Peaches                   | 6<br>Title VI attending<br>Tulsa Food Show<br>Homebound will<br>receive a sack lunch<br>on the 5 <sup>th</sup> . | 7<br>Salmon Patty<br>Coleslaw<br>Mac n Chez<br>Bread<br>Mixed Fruit        | 8<br>Biscuits<br>Sausage Gravy<br>Scrambled Eggs<br>Fruit | 9        |
| 10<br>Spring Forward<br>One hour                  | 11<br>Baked Ziti<br>Tossed Salad*<br>Greenbeans<br>Pudding                       | 12<br>Tamales<br>Spanish Rice<br>Mexi-corn<br>Salad Bar*                 | 13<br>Chicken Patty<br>Sandwich<br>Pot. Salad<br>Chips<br>Pears  | 14<br>Taco Soup<br>Tortilla Chips<br>Fruit                                 | 15<br>Scrambled Eggs<br>Tator Rounds<br>Ham<br>Muffin     | 16       |
| 17<br><b>Happy<br/>St. Patrick's<br/>Day!</b><br> | 18<br>Hamburger<br>Lett, Tom, Onion<br>Tater Tots<br>Pork n Beans<br>Mixed Fruit | 19<br>Beef Fingers<br>Veggies<br>Mashed Pot/Gravy<br>Bread<br>Applesauce | 20<br>Baked Pork Chop<br>w/ gravy<br>Veggies<br>Crisp  | 21<br>Chicken Breast<br>Wild Rice Blend<br>Greenbeans<br>Bread<br>Apricots | 22<br>Biscuits<br>Sausage Gravy<br>Scrambled Eggs         | 23       |
| 24  | 25<br>Egg Roll<br>Veggies<br>Rice<br>Fortune Cookie                              | 26<br>Beans w/ ham<br>Onion<br>Cornbread<br>Cake                         | 27<br>Spaghetti<br>w/meat sauce<br>Broccoli<br>Tossed Salad*<br>Breadsticks                                      | 28<br>Cereal<br>Toast<br>Sausage Patty<br>Banana                           | 29<br>Good Friday<br>AST Complex<br>Closed                | 30       |
| 31<br>Easter<br>                                  |  |  |  |  |   |          |

Title VI will be attending the Tulsa Food Show on March 6th  
Homebound will be getting a sack lunch on the 5th.

We hope the Elders liked the trip to the Tulsa Indian Art Festival. Hopefully we can plan another trip in the near future.

Spring Forward on March 10!!!!

March 29, the AST Complex will be closed for Good Friday  
No breakfast will be delivered or served.

We will serve breakfast on the 28th.

March 31, Happy Easter!!!

Any questions or concerns please feel free to call us at  
405-275-4030 Ext. 169 (Office), 149 (Dining Room), 180 (packing room).



Title VI Elders Staff pose for a picture at the Tulsa Indian Arts Festival

**ABSENTEE SHAWNEE TRIBAL  
POLICE DEPARTMENT**



# **SORNA**

**SEX OFFENDER REGISTRATION AND NOTIFICATION ACT**

**EMAIL: [SORNA@ASTRIBE.COM](mailto:SORNA@ASTRIBE.COM)**

**TIPLINE 405-273-1249**

# Foster Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact J.R. Wind - 405-275-4030 ext. 195.

## **ASTribe Indian Child Welfare Department FOSTER CARE**

This article appears in the Daily Times in Farmington, New Mexico. And even though this talks about the foster care program and tribal children in foster care, this article can speak on behalf of what the Absentee Shawnee Tribe Foster Care and other tribes are going thru. Finding foster homes is a necessary to not only protect AST children but to also maintain their cultural identity, heritage and traditions. The Absentee is a small tribe and we should be able to work as ONE TRIBE to care for the AST children. If you have any questions, contact the ICW department at (405)275-4030.

*“Only two foster homes in San Juan County belong to American Indian families, but more than half of the 85 children in foster care now are American Indian. That means about 40 American Indian youths in the local foster system are living with non-native families. The Children, Youth and Families Department, charged with placing children in alternate homes if their own families are deemed unsafe for reasons of abuse or neglect, is having a hard time finding enough native families for the number of native children in the system.*

*The department does everything it can to match a child with a family of a similar background. That doesn't work when fewer homes than children are in the system, which means native children more often than not end up in non-native families. This is contrary to federal policy, which directs the department to make every effort to place children of American Indian descent in homes that nourish their cultural identity. But without more native families stepping up to offer a home for children, there is little the department can do to remedy this situation.*

*The Indian Child Welfare Act provides four placement options, which the department must pursue in descending order every time it places a native child. The first option is to place American Indian children with a relative who can provide a safe environment and who eventually attains a foster care license. The second option is for a child to be placed in a family from the same American Indian tribe. The third is for the child to be placed with a American Indian family not of the same tribe. The final option, and the one the CYFD most often uses, is matching native children with non-native families that simply have a foster care license.*

*This is a loss for children and for potential foster families. It's also a loss when it comes to efforts to revitalize native traditions and teach them to the children. We encourage all native families with the resources that can allow children a home to contact the Children, Youth and Families Department. Fostering a child is one of the most rewarding things a family can do.”*

In the state of Oklahoma alone, there are almost 3000 Native American children in the foster care program with a majority of these children placed in non-native placements. Now imagine if your son, daughter, grand children were placed in another home that didn't teach or understand the Absentee Shawnee traditions. What would happen to their identity, their sense of being a AST, their sense of belonging and being proud of being a Absentee Shawnee?

The AST ICW dept are in need to foster homes. Emergency homes, temporary homes, it doesn't matter. We have made it a goal to get certify at least 5 homes to be foster homes for the AST. With obtaining more every year from this point on. It takes ONE TRIBE to care for ONE CHILD. As the great Tecumseh said, “A SINGLE TWIG BREAKS BUT A BUNDLE OF TWIGS IS STRONG.”

For more information about being a foster home, please contact: Indian Child Welfare Department (405)275-4030.

# AST EDUCATION DEPARTMENT BIG JIM YOUTH AWARD APPLICATIONS



The Absentee Shawnee Tribe's Education Department will begin accepting applications for the following awards:

- Big Jim Academic Achievement Award (Male and Female)
- Big Jim Athlete of the Year (Male and Female)

High school Seniors of both genders within the 50 United States are eligible to apply for these awards for the 2012/2013 school year. Applications will be accepted from January 1 to March 31, 2013 by US mail or email, official transcripts must be mailed. The official application form will be available at [www.astribe.com](http://www.astribe.com) under the Education Department. The \$1000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2013 semester.

Individuals are encouraged to nominate deserving high school Seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. Awards will be announced in May 2013.

Award recipients will be recognized as the 2012/2013 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a \$1000.00 scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe / Education Department  
c/o Tresha Spoon  
2025 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.275.4030 Ext 121  
[youthaward@astribe.com](mailto:youthaward@astribe.com)

## **The AST Cultural Preservation Department Would Like To Pass Along The Following Information Concerning Updates To Our Programs...**

The most important of these are the announcement of extended hours. In an effort to help our Tribal members and employees, the Gift Shop and Library are now open until 7 PM Daily, and on Saturday, from 10 AM to 4 PM. updates to each of our programs. The most important of these are the announcement of extended hours. In an effort to help our Tribal members and employees, the Gift Shop and Library are now open until 7 PM Daily, and on Saturday, from 10 AM to 4 PM.

### **Gift Shop**

The Gift Shop continues to make progress in sales and new inventory. Though this is a slow time of the year for most retailers due to Holiday spending, we didn't do too badly. If you haven't stopped by lately, come in and browse around. I think you'll be surprised at the new supplies and inventory we have been receiving. If we don't have what you need, let us know and we may be able to 'special order' your request. If you have any questions, please call Esther at ext. 122, or contact her by email at [elowden@astribe.com](mailto:elowden@astribe.com)

### **Library**

We have a wide variety of resources available for checkout or your reading leisure. Besides the available book "Checkout", we also have many magazines, newspapers and journals for your perusal. If you have any concerns about your informational needs or need a membership application, please call Josh at ext. 122, or by email at [jshawnee@astribe.com](mailto:jshawnee@astribe.com)

### **Cultural Preservation**

CP held a "Shawl Fringing" class this past month, led by Esther Lowden. I hope those of you who participated were able to take away a new skill at the completion of this cultural skills class. This month's activity, Mr. Juaquin Hamilton, (Sac and Fox, Pawnee) will be here on March 23rd, leading a "Moccasin" demonstration. As part of his class, he will be showing how to make the standard Powwow moc. Class space is limited due to costs and time constraints, so please sign up early. If you have any questions about the skills class or would like to sign up, call Joseph at Ext. 203, or send me an email at [joseph.blanchard@astribe.com](mailto:joseph.blanchard@astribe.com)

I do want to mention that our offices will be closed on Wednesday, March 13th, as our whole department will be out for training. As this year is advancing, our department is trying to keep up with the changes.

Your concerns are important to us as we continue to provide the best Native products, prices and service available we can to our customers.

Thank you for your time.

Joseph H. Blanchard Cultural Preservation Director/Tribal Historic Preservation Officer

Absentee Shawnee Tribe of Oklahoma

2025 S. Gordon Cooper Drive

Shawnee, Oklahoma 74801

(405) 275-4030 ext. 203

# ATTENTION HIGH SCHOOL SENIORS!!

## Absentee Shawnee Tribe of Oklahoma

### Education Department

2025 South Gordon Cooper Drive

(405) 275-4030 Toll free (800) 256-3341 Fax (405) 273-1192

[youthaward@astribe.com](mailto:youthaward@astribe.com)

#### **STUDENT INFORMATION**

Name: \_\_\_\_\_  
(LAST) (FIRST) (MI)

Enrollment #: \_\_\_\_\_

Address: \_\_\_\_\_  
(STREET) (CITY) (STATE) (ZIP)

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

#### **HIGH SCHOOL INFORMATION**

High School Name: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Class Year: \_\_\_\_\_

Guidance Counselor: \_\_\_\_\_ Phone #: \_\_\_\_\_

Sport: \_\_\_\_\_ Position: \_\_\_\_\_

Coach: \_\_\_\_\_ Phone #: \_\_\_\_\_  
(FIRST) (LAST)

May include with application:

- Official High School Transcript
- Letter of Recommendation (Educator/Coach)
- Tribal Enrollment Card (copy)
- Resume of Accomplishments and Activities
- Video (optional): no more than 10 minutes in length
- 500-word Essay: How do you feel your accomplishments (knowledge/training) will influence your future?

## Elder Fall Prevention from the Injury Prevention Program

During the winter months, there could be several things that can cause an elder to fall; icy ground, tripping on things such as blankets or couch throws, or simply failing to wear shoes with rubber soles. Other causes include medication mismanagement, dizzy spells, vision, diabetes mismanagement, poor circulation, or tripping on uneven/ unsteady surfaces. Something as simple as carrying too many things in hand can be a hazard to an elder. Some of the more severe falls can result in serious traumatic brain injuries. According to the Centers for Disease Control, falls are the leading cause for traumatic brain injuries over car accidents. Furthermore, the CDC states that hospitalizations and death related to a traumatic brain injuries rank highest for elders 75 and older. There are some things you can do for yourself as well as any one taking care of an elder; encouraging exercise, making the home safer, having your medications reviewed, and an annual vision test.

Ways to make the home safer:

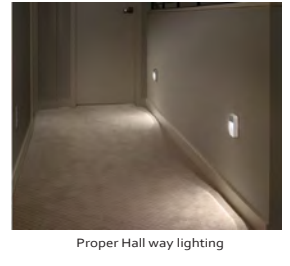
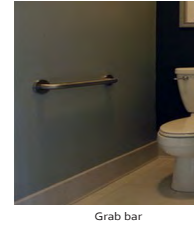
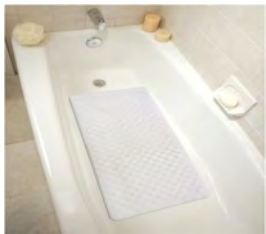
- Remove clutter from the floor; walk ways & stairs which may cause a trip
- Ensure you have proper lighting in hallways, near steps, ect.
- Remove rugs that don't have a non-slip bottom, or use double sided duct tape to hold the rug down
- Place items you use more often within reaching distance and avoiding using a step stool
- Install grab bars next to the toilet and shower for ease to get up or out
- Place non-slip rubber mats in the bath tub and a mat with a rubber bottom on the floor at the base of the tub
- Always wear proper shoes with rubber soles. Avoid wearing slippers and house socks alone
- Train your family pets not to jump on people when they are excited
- Home exercises; chair exercises and Tai Chi DVDs' which are available through AST Injury Prevention

If in the event that an elder does have a fall, protecting their head should be one of the most important things. Furthermore, if you fall it's best to keep the a telephone close to the ground so you can reach it and something to keep yourself comfortable if you aren't able to get up. If you are able to get up, ease yourself up on your elbows and then your hands and knees. Make sure you have a firm hold on something steady and face it (ex: chair or couch), then gently turn yourself and sit down.

A senior modified version of Tai Chi has been proven effective in preventing falls among elders 65 and older. It helps maintain muscle strength, improve mobility, and circulation among other benefits for elders with a variety of health issues. If you would like hands on instruction for Tai Chi, please contact Rosie TallBear at the AST Resource Center in Little Axe at 405.364.7298. Tai Chi classes are available Mondays and Wednesdays at 9:30am.



Listed below are examples of ways to prevent falls:



## March-National Nutrition Month



March is National Nutrition Month celebrated by the Academy of Nutrition and Dietetics. This month will be directed towards "Get Your Plate in Shape" by making healthy food choices, developing healthy eating habits and increasing physical activity. The Diabetes and Wellness Program (REACH) will be sponsoring & hosting weekly Diabetes and Wellness education classes with a goal of choosing healthy food choices along with email blasts. Please join us in our journey to healthier lifestyles by calling us today to reserve your seat. RSVP to the Diabetes and Wellness program at the Little Axe Clinic- 405 447-0300.

## Diabetes and Wellness Program

### Recipe

#### Irish Beef Roast with Vegetables

##### Ingredients:

- 1 boneless beef roast (3-3 1/4 pounds). Any fat removed.
- 2-24 ounce packages of pot roast vegetables (potatoes onions, carrots, celery)
- 2 packages of brown gravy mixes
- 1/2 tsp salt
- 1/2 tsp black pepper
- 1 cup beef broth

##### Directions:

1. Prepare pot roast vegetables: cutting to desired sized pieces; set aside.
2. Combine gravy mix, flour, salt and pepper in a large baggie. Add vegetables to baggie and shake to coat well. Remove vegetables from flour mixture and place in crock pot. Add roast to baggie and shake to coat also. Remove roast and place in crock pot in the center of vegetables.
3. Whisk broth and remaining flour mixture until smooth; add to crock pot. Cover and cook on LOW for 10 hours or on HIGH for 6 hours; or until beef and vegetables are fork-tender.
4. Remove roast and vegetables. Skim fat from gravy. Carve roast into thin slices. Serve with vegetables and gravy. Enjoy!

##### Nutritional Information:

-about 8 servings  
For each serving:  
Calories 318  
Fat 9g  
Carbohydrates 17g  
Fiber 3g  
Sodium 516 mg  
Protein 39g



Diabetes and Wellness Program  
Absentee Shawnee Tribe Health Clinic  
Phone: (405)701-7977 (405)447-0300  
Fax: (405)701-7984  
15951 Little Axe Drive  
Norman, OK 73026

### Mark Your Calendar

#### Upcoming Events...

##### Education Opportunities

Join us for a 6 week program that teaches you the basics of Diabetes, giving you the tools you need to help manage this disease.

Locations:  
Little Axe Health Center  
Shawnee Health Clinic

Space is limited ...call now and enroll!!

##### NEW-Fitness Dance Classes

Shawnee Health Clinic -  
Monday and Wednesday at 12:00  
Little Axe Health Center -  
Tuesday and Friday at 12:00  
Please call to sign up

##### Weight Watchers

Reduced rate for eligible participants -  
call us for details

##### OIDC Golf Tournament

April 19, 2013  
Deadline to register is April 15, 2013  
Please call for details and registration form

##### NYPD Camp for Kids

June 10-14, 2013  
DEADLINE to register is May 10, 2013  
Spots limited, contact now





# KICK BUTTS DAY

STAND OUT · SPEAK UP · SEIZE CONTROL

CAMPAIGN For TOBACCO-FREE Kids

## March 20, 2013

Time: 9am-3pm

Booths will be set up at :

Little Axe Health Center & Shawnee Health Center



Kick Butts Day is a national day of activism that empowers youth to stand out, speak up and seize control against Big Tobacco. This day is a day to raise awareness and to learn the tobacco industry deceptive marketing techniques toward our children and youth from tobacco.

- Information/Resources on how to Quit
- Tips for Physical Activity
- Healthy Snacks
- Pledge Campaign
- Fun Run/Walk (1:30pm-2:30pm) @ both Health Centers

For Information please Contact:  
Patricia Yarholar 447-0300 or Elise Grein 878-5850



# KICK BUTTS DAY

STAND OUT · SPEAK UP · SEIZE CONTROL

CAMPAIGN For TOBACCO-FREE Kids

## March 11-14, 2013

Time: 3:30pm-4:30pm/AST After School Program



- Banner on Fence
- They Put WHAT in a Cigarette?!
- Pledge Campaign
- Numbers Campaign

Kick Butts Day is a national day of activism that empowers youth to stand out, speak up and seize control against Big Tobacco.

- Raise awareness of the problem of tobacco use in their state or community
- Encourage youth to reject the tobacco industry's deceptive marketing and stay tobacco-free
- Urge elected officials to take a action to protect kids from tobacco.

For Information please Contact:  
Rosie at the Resource Center @364-7298



### AST Public Health Nursing Department Programs; Caregiver Program & Injury Prevention Program Host Elders in Two Educational Events

AST Public Health grant programs hosted an elder outreach event Friday, November 30 at the AST Little Axe Resource Center. The "Brown Bag Special" elder event focused on medication safety and management, as well as the risk of elder fall injuries that can contribute to taking medications. A "brown bag" lunch was provided to participants during the speaker presentations. AST Health's Director of Pharmacy, Nancy Phelps spoke on medication management and safety. Elders had the opportunity for an extended question and answer session regarding medications, use of AST pharmacy services and obtaining refills. The Caregiver program provided each participant with a personal wallet record to log their medication, allergies, doctor and pharmacy information to have available when they seek medical care. Each participant was given weekly medication planner boxes that Public Health Nursing provided instructions on and demonstrated use. Additional presentations on available program services and contact information were given by Behavioral Health Director, Dara Thorpe and Injury Prevention Program Coordinator, Sacha Almanza. Elder games and physical fitness activities, such as Tai Chi which promotes balance and mobility, were provided by the Resource Centers physical fitness staff.

The last AST Public Health grant programs elder event was held Thursday, December 20<sup>th</sup> at the Little Axe Resource Center. This "Winter Wellness Land" event included door prizes, fitness games and highlighted fire safety as weather conditions turn cold. AST physical fitness staff provided games and chair and strength band exercise demonstration to participating elders. Special guests included recently retired Shawnee Fire Department Captain of 24 years, Billy Mitchell, AST OEH Director Kenny Jones, and OEH Project Coordinator Dennis Burks. Mr. Mitchell's presentation included a fire extinguishing safety education video and a offered a question and answer session concluding the presentation. AST tribal members are eligible for free Carbon Monoxide and Smoke Detectors, including installation, through a program offered by the AST OEH staff. Many participants signed up for these OEH Services.

For more information on  
AST OEH Services contact 405.214.4235  
or  
AST Public Health Nursing Programs



## DISABILITY BENEFITS FOR WOUNDED WARRIORS

Military service members can get their disability claims processed quickly by Social Security.

Benefits available through **Social Security** are different than those from the **Department of Veterans Affairs** and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after **October 1, 2001**, regardless of where the disability occurs.



[www.socialsecurity.gov](http://www.socialsecurity.gov)

or call toll-free, **1-800-772-1213**

(for the deaf or hard of hearing, call our TTY number, **1-800-325-0778**)



## AST Youth Fitness

The Absentee Shawnee Fitness Program has been working with the AST Tribal Youth Program in promoting physical activity to help prevent diabetes among tribal youth. AST Tribal Youth Program participants have really enjoyed the games that the Fitness program has provided. The goal of the Absentee Shawnee Fitness Program is to provide an outlet for exercise and physical activity through fun games and activities. The youth are learning about healthy ways to prevent diabetes through healthy physical activity. The Absentee Shawnee Fitness Program would like to thank the AST Tribal Youth Program for allowing the Fitness staff to educate and provide activities for the youth to prevent diabetes.



## Absentee Shawnee Fitness Program

### Stronger Seniors Chair Exercise

Chair Exercise are exercises or workouts done while seated in a chair, or sometimes standing next to the chair for stability. Chair exercises are suitable for older adults due to the solid base of support preventing falls, and less strain on the joints.

They are also suitable for beginning exercisers who need to start with easier exercises to gain functional strength for the tasks of daily living. Other groups that would benefit include those with chronic conditions such as Cardiovascular Disease, Diabetes, Obesity, Arthritis and Osteoporosis. Other people who could improve their quality of life are the partially mobile, people in wheelchairs, the frail and the elderly.



### Tai-Chi

Tai chi is a self-healing system of slow, graceful exercises that combine movement, meditation and rhythmic breathing to improve the flow of chi which is thought to prevent illness and improve well-being. Preliminary research suggests that tai chi may reduce stress, lower blood pressure and help older adults by improving posture, balance, muscle tone, flexibility and strength.



Strength

Flexibility



EVERY TUESDAY, THURSDAY, AND FRIDAY!

AST RESOURCE CENTER

TUESDAY (Chair Exercise/or Tai-Chi)  
10:00 a.m. - 10:45 a.m.

THURSDAY (Chair Exercise/or Tai Chi)  
10:00 a.m. - 10:45 a.m.

FRIDAY (Chair Exercise/or Tai Chi)  
11:00 a.m. - 11:45 a.m.

Stress relief

Balance



The AST Fitness Program would like to extend an invite to all tribal members looking to increase their levels of physical activity and learn more about fitness and exercise. The AST Fitness Facility at the Resource Center is fully equipped with state of the art treadmills, elliptical machines, stationary cycles, dumbbells, isolation strength machines, and a cable machine. Our facility is also equipped with freestanding striking bags, medicine balls, exercise balls, fitness mats, resistance bands, BOSU balls, and other various exercise apparatus for your preferred workout. The AST Fitness Program currently provides free fitness classes to all tribal members. Classes include: Kickboxing, Circuit Training, Chair Exercise, Tai Chi, Boot camp, and Aerobic Fitness. The AST Fitness Program is here to help you get started on increasing your levels of physical activity and exercise. We invite you to come visit our fitness facility and see what our fitness program can provide for you.



### AST Fitness Facility Hours

Monday through Thursday

6:00 a.m. – 9:00 p.m.

Friday

6:00 a.m. – 9:00 p.m.

Saturday/Sunday

CLOSED

405-364-7298





## ~ *In Loving Memory* ~

Jeanette "Jean" Bayliss, 83, passed away Tuesday, January 22, 2013, in Little Axe.

Services were held at the Absentee Shawnee Community Center in Little Axe, with burial in the Absentee Shawnee Tribal Cemetery.

She was born October 23, 1929, in Little Axe to Billy and Eunice (Longman) Williams. Jean was a proud member of the Absentee Shawnee Tribe. In an effort to preserve her native language, she helped develop the first Absentee Shawnee dictionary that can be found in the University of Ohio collections. She also taught the language for a time at the University of Chicago and worked throughout the years with linguists from all over the world.

Jean was a truly kind and selfless person, who was always there for anyone who needed a helping hand. She liked meeting people and made friends wherever she went. She enjoyed her time working as a tutor at Little Axe School, touching the lives of the students in a positive and encouraging way. Jean also enjoyed the outdoors, going fishing, and spending time with family and friends at the lake. She spent many a Saturday hunting for new treasures at yard sales.

Her family brought her pride and joy, seeing two of her children and two grandchildren obtain college degrees. She was a member of the Pentecostal Church of God Indian Mission in Little Axe.

She was preceded in death by her son, James Bayliss; daughter, Patricia Bayliss; her parents, Billy and Eunice Williams; sister, Mary Williams; and three brothers, Fred, Robert and Arthur Williams.

Jean is survived by one son, Bill Bayliss; one daughter, Sandra Johnson; one sister, Pauline Shoemaker; seven grandchildren, Jeremy, Angela, Sherry, Christy, Suzy, Katie and Robin; and four great-grandchildren, Dustin, James, Joseph and Stormy.

The family would like to give special thanks to Glenn Mann and George Blanchard for their leadership and assistance with the funeral services and to the Absentee Shawnee Tribe for its assistance.

## SAFETY TIPS FROM...



- ✓ Never leave children alone in or around cars; not even for a minute.
- ✓ Put something you'll need like your cell phone, handbag, employee ID or brief case, etc., on the floor board in the back seat.
- ✓ Get in the habit of always opening the back door of your vehicle every time you reach your destination to make sure no child has been left behind. This will soon become a habit. We call this the "Look Before You Lock" campaign.
- ✓ Keep a large stuffed animal in the child's car seat when it's not occupied. When the child is placed in the seat, put the stuffed animal in the front passenger seat. It's a visual reminder that anytime the stuffed animal is up front you know the child is in the back seat in a child safety seat.
- ✓ Make arrangements with your child's day care center or babysitter that you will always call if your child will not be there on a particular day as scheduled.
- ✓ Keep vehicles locked at all times; even in the garage or driveway and always set your parking brake.
- ✓ Keys and/or remote openers should never be left within reach of children.
- ✓ Make sure all child passengers have left the vehicle after it is parked.
- ✓ When a child is missing, check vehicles and car trunks immediately.
- ✓ If you see a child alone in a vehicle, get involved. If they are hot or seem sick, get them out as quickly as possible. Call 911 or your local emergency number immediately.
- ✓ Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- ✓ Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
- ✓ Use your debit or credit card to pay for gas at the pump.

For additional information about ways to keep children safe in and around vehicles, visit our website at [www.KidsAndCars.org](http://www.KidsAndCars.org).

## Wanted!

Descendants of

- **U.S. Military/Militia**
- **Native Americans**
- **Civilians**

Who fought and/or died at

**Wabash Battle 1791; St. Clair's Defeat**  
or  
**Battle of Fort Recovery, 1794**

To Be

Welcomed - Recognized - Honored

at the

**Re-dedication of the  
Fort Recovery Monument**  
(the largest tomb of unknown soldiers in the United States)

Sunday, May 5, 2013

Fort Recovery, Ohio 45846

If your ancestor fought and/or died in the great Indian/Army battles of 1791 or 1794, **contact** the Fort Recovery State Museum at: [fortrecoverystatemuseum@yahoo.com](mailto:fortrecoverystatemuseum@yahoo.com)  
419-375-4384!



## Absentee Shawnee Housing Authority

107 N. Kimberly, Shawnee, Oklahoma 74804

Phone: (405) 273-1050

Come in and visit with us about:

- ❖ Lease with Option to Purchase
- ❖ Rental for Over Income
- ❖ Rental
- ❖ Budget Counseling



# ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

## Notice of Interest: Committee, Board, or Commission

To be considered to serve on a committee, board, or commission, tribal members (18 years of age or older) should complete the following contact information, attach a cover letter and resume, and submit to: AST Secretary, 2025 S. Gordon Cooper Drive, Shawnee, Oklahoma 74801. Or, you may submit all documents by email to [secretary@astribe.com](mailto:secretary@astribe.com).

Name: \_\_\_\_\_ CDIB #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Alt Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Date: \_\_\_\_\_

I wish to be considered to serve on the following (check one):

- |   |  |
|---|--|
| <input type="checkbox"/> ASEDA (Economic Development) | <input type="checkbox"/> Health Commission               |
| <input type="checkbox"/> Cultural Advisory Board      | <input type="checkbox"/> Housing Board                   |
| <input type="checkbox"/> Education Commission         | <input type="checkbox"/> Tax Commission                  |
| <input type="checkbox"/> Foster Care Commission       | <input type="checkbox"/> TEC (Thunderbird Entertainment) |
| <input type="checkbox"/> Gaming Commission            | <input type="checkbox"/> Other: _____                    |

Notice of Interest form should be updated annually. Number and frequency of vacancies vary by board/commission due to term limits, number of positions, resignations, etc.

PLEASE fill out EACH BLANK completely and return by the Deadline.

### ABSENTEE BALLOT REQUEST

I, \_\_\_\_\_, hereby certify that I am or will be an Eligible Voter of the Absentee Shawnee Tribe on or before March 16, 2013. I cannot physically be present to cast my Vote at the March 16, 2013 Primary Election, therefore, I am requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): \_\_\_\_\_  
(first) (middle) (maiden) (last)

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

CDIB#: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

All **REQUESTS** must be returned to the Election Commission by the deadline of **February 24, 2013**

**Mail to:**  
 Absentee Shawnee Election Commission  
 P.O. Box 741  
 Tecumseh, OK 74873

**Fax to:**  
**Fax # (405) 273-1337 (Do not fax to any other fax #)**  
 Phone: (405) 275-4030 ext. 150  
 Toll free number 1-800-256-3341 ext.150

**Deliver in Person to:**  
 Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.  
 For your convenience-This form may be duplicated

### ELECTION COMMISSION USE ONLY

Received: \_\_\_\_\_ Approved: \_\_\_\_\_ Disapproved: \_\_\_\_\_

If Disapproved (reason): \_\_\_\_\_

Denial Letter Mailed: \_\_\_\_\_ Ballot Mailed: \_\_\_\_\_

\_\_\_\_\_  
 Election Commission/Representative

# Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy for at the Education Department office or for download at [www.astribe.com](http://www.astribe.com).

- **Academic (K-12) Program:** assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program:** established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program:** funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: **Education Incentive Award Program:** funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program:** funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

## Attention :

If you are considering taking courses for the spring 2012 semester, please contact the Education Department as soon as possible.

All applications and guidelines are available at [www.astribe.com](http://www.astribe.com). Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to [tresham@astribe.com](mailto:tresham@astribe.com).

## AST Education Department: Big Jim Youth Award applications

The Absentee Shawnee Tribe's Education Department will begin accepting applications for the following awards:

- Big Jim Academic Achievement Award (Male and Female)
- Big Jim Athlete of the Year (Male and Female)

High school **Seniors** of both genders within the 50 United States are eligible to apply for these awards for the 2012/2013 school year. Applications will be accepted from January 1 to March 1, 2013 by US mail or email, official transcripts must be mailed. The official application form will be available at [www.astribe.com](http://www.astribe.com) under the Education Department. The \$1000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2013 semester.

Individuals are encouraged to nominate deserving high school Seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. **Awards will be announced in May 2013.**

Award recipients will be recognized as the 2012/2013 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a **\$1000.00** scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe  
Education Department  
c/o Tresha Spoon  
2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
405.275.4030 Ext 121  
[youthaward@astribe.com](mailto:youthaward@astribe.com)

Hello everyone,

My name is Vera (Gibson) Dawsey, and I am running for Tribal Secretary. Here are a few of my qualifications and honors that I have achieved and received in my life. I was born (literally) born in Little Axe, I can speak my language a little, but I understand fluently. I attended Little Axe Elementary School and for high school, I attended Chilocco Indian School, Chilocco, Oklahoma, from 1966 to 1968, after which I returned home and attended Noble High School, Noble, Oklahoma, where I graduated in May, 1970. I attended Rose State College, MWC, Oklahoma, Where I received an Associate's Degree, in Liberal Studies, I also attended the University of Oklahoma, no degree, I have 175 college hours in various areas of learning. I liked going to school and liked taking a variety of classes, however, most of my classes are in Criminal Justice. I have worked as a cross-country truck driver, a security officer, deputy sheriff, after 9-11, I was sent to NASA in Florida, to work with Gateway Support which is the Police Department at NASA. I also worked at a printing company, and as a secretary. Now that I am of the age that I am unable to physically execute the kinds of jobs that I am used to doing, I have elected to return to school, I am currently attending school online with Stevens-Henager College out of Ogden, Utah, my majors are Business Administration with an emphasis in Human Resources. I am also currently on the Constitution Revision Committee.

September, 1989, Letter of Appreciation, Veterans Administration for being a volunteer at the VA Hospital.

November, 1993, Letter of Commendation, Absentee Shawnee Tribe for assisting with Self-Governance, Indian Health Service negotiations.

July, 1995, Letter of Appreciation, American Red Cross, for volunteering at the OKC, Bombing.

Fall Semester, 1996, Vice's Presidents Honor Roll, Rose State College, MWC, Okla.

May, 1997, 2 Outstanding Accomplishment Awards, Criminal Justice Club, Rose State College, MWC, Okla.

March, 2000, Certificate of Training Achievement Award, Center for Professional Studies, Tulsa, Okla.

March, 2001, Service Award, Wackenhut Security.

November, 2001, Certificate of Achievement Award, SGS, USAF, NASA, Cape Canaveral, Florida.

November, 2001, Certificate of Achievement Award, Wackenhut Security, Tulsa, Okla.

1st Quarter, 2012, Deans Honor Roll

3rd Quarter, 2012, Honor Roll

I could be mistaken, but, I have always been under the impression that the reason the tribe has businesses and various programs was to help our tribal members, with housing, health, education, employment and others matters that pertain to our tribal people. From my point of view All of the tribal entities are predominately staffed by non-Indian employees, not non-tribal but non-Indian. If our tribal members are qualified to do the job, they should be employed by our entities.

The State of Oklahoma and the United States are trying to enact a law for bullying, what has the tribe done, they have allowed bullying in employment, it doesn't matter what family you come from or if you are White turkey or Big Jim, we are all Absentee Shawnee, and we should all learn to work together, to make our tribe prosperous and thriving people. I have problems with the "not" following of the guidelines and policy and procedures in our various departments. There is too much nepotism in the work place, the "word is that if you are a non-Indian and you know or are," friends with department heads and various members you can get a job easily. Where did that come from? Did you also know that when a tribal member or anyone else gets terminated from any other tribal enterprise and they file for unemployment, that the State Employment Service considers tribal entities a Hostile work, "what's wrong with this picture"? I am not oblivious to the fact, that there are many tribal members who take advantage of their jobs, by taking too much time off, and just do not want to perform their jobs, but I feel that it is up to the Human Resources, Education and the Executive Committee to come up with training or seminars to educate our tribal members, and department heads on the SOP's, because it seems that tribal employees are leaving their employment with the tribe because of these various reasons.

It was also my understanding that ASEDA's purpose was to bring new businesses and business ventures for the tribe, why has their budget get cut from \$30,000 to \$12,000, because the current Secretary does not agree with what avenues ASEDA is taking. It is not her place to operate as a department for ASEDA. I myself have gotten phone calls at my home concerning the fraternizing between the manager of the restaurant and a waitress, and the allowing of favoritism at the restaurant. I was also informed of tribal members being banned from the restaurant because they complained that their food was not completely cooked. I feel that the restaurant and both smoke shops should be ran by ASEDA, because, after all they are in the business of operating our business entities, and they have more contacts for grants for various projects.

These are just a few of the questions that I have, my concerns are not of a personal nature, I look at a couple of other tribes and see how well they are doing, and I know that we have the same ability, if we would stop with the jealousy, nepotism, rumors, and greed, because if we all work together we can all win. There, I would appreciate your votes in June.

Thank you, Be Blessed  
Vera Dawsey



Fellow Tribal Members:

My name is Teri Reed (Teresa White). I am your current Tribal Secretary and I have been honored to serve you over the past 18 months. Most of the information below was presented in my candidacy letter last month, but I have revised it to include some new information that I feel is important for you to know.

During my term in office, I have tried to represent all groups within our tribe. I supported initiatives that provide services and information to you and I will continue to work to improve/increase services to all tribal members if I am elected for another term. I appreciate those of you who have taken the time to visit with me in person or by

telephone to share your opinions and ideas. It helps me to understand the issues that are important to you.

For those of you who do not know much about me, my father was Leroy White who passed in 2002. The matriarch of our family is my mother, Dee White. My parents instilled a good sense of core values in our family. We were taught to work hard, to be fair to others, and to respect our traditions. I moved away from the Little Axe area and raised four children who have blessed me with ten wonderful grandchildren. I have a strong extended family that is supportive and active in their communities and in our tribe's culture. After a long and successful career (30+ years) in business as an executive for a large communication company and owning my own Real Estate Brokerage and Investment Branch, I ran for office as your Secretary in 2011. In the past, I enjoyed playing a little golf, watching sporting events, traveling, and getting involved with any group that had a good cause. A lot of these activities came to a halt after I became Secretary, but I still enjoy these activities whenever time permits.

As a business consultant, I traveled all over the country in the 1990's helping with multimillion dollar process improvement projects. I was usually in charge of leading the teams in addition to serving as the lead statistician for data analysis. I have had extensive training in management development, team building, leadership skills, and problem solving. After early retirement, I opened my own Independent Real Estate business in the early 2000's. After the housing market took a downturn, I decided that the time was right for me to pursue a new direction and a good time to get more involved in our tribal government.

I am a member of the National Congress of American Indians (NCAI) and the Oklahoma Federation of Indian Women (OFIW). I have been recognized by the Outstanding Professional Women's Organization for my work in business. I am the past President of the Noble Chamber of Commerce, and the current Vice President of Little Axe Chamber of Commerce. I have completed and passed the Indian Country Financial Oversight Certification Program.

As your Tribal Secretary, I have worked hard to improve the services we provide to tribal members while instituting and supporting new services. I have served with integrity and have done my best to serve honorably and with passion on issues that are important to you and our tribe. I have the courage to stand up for my beliefs even when it might be easier to just go along with the majority. When I see unjustness, I work to make it right. I look for ways to save the tribe money and stop unnecessary spending and waste. If I see weaknesses in our work processes, I work to eliminate them.

Some of my recent accomplishments include:

- As one of the founding members of the Big Jim Youth Award program, I developed the program prototype and led a team in the implementation of this new program that is open to High School Seniors nationwide.
- Saved the tribe thousands of dollars in unnecessary fees and charges in telephone usage charges and unauthorized fees.
- Led a team to make improvements to the website (ongoing).
- I took the lead in remodeling and opening the exercise facility at the complex and organized a remodeling project for the main building in the complex.
- Planned, organized, and coordinated the rebuilding of the Harrah Smoke Shop which is scheduled for a grand opening next month.
- Coordinated the implementation of new gas pumps at our convenience store and increased gas sales by 33%.
- Reviewed and provided input on saving time/money on countless practices and work processes for the Tribe, Stores, and Health Clinics.
- Streamlined the corporation documents, tax IDs, and licenses that we use to run tribal businesses so that there is a clean line of business ownership, authority, and accountability.
- Supported economic development activities and grants.

In some cases, making some of these changes felt like pushing an elephant uphill. It was not easy. For a myriad of reasons, making changes in a government setting is more laborious than in a regular business setting.

If I am afforded the opportunity to serve another term, I want to focus on continuing to improve and add services to tribal members, supporting assisted living and housing initiatives, increasing the tribe's land base, strategic planning, and more economic development opportunities for increasing our revenue base. I would also like to work on creating some buyer discounts that will benefit tribal members in purchasing goods and services nationwide.

After the last newsletter, I received several calls and emails from others regarding the candidate's letters printed in the newsletter and other gossip. Evidently, some people feel that my campaign would be helped in some way by responding to inaccuracies presented by others. I decided early-on in my political career that I would not create or respond to falsehoods, or present damaging information about others. I still feel the same way today. I know both of the candidates who are running against me and I know that they possess some fine qualities. I have nothing bad to say about them and I wish them well.

I feel a great sense of accomplishment in what I've been able to do and I feel that I have much more to offer. If you will stick with me and vote for me on March 16th, I promise to serve you with integrity and passion. Thank you for your continued support.

Teri Reed – Candidate for Tribal Secretary  
405-275-4030 Ext 104



Edwina Butler-Wolfe

Elect me for Governor and here is Why!

For almost 4 years now issues that impact the Tribe have not been addressed: Economic Development funding and the ASEDA Boards; Health and the Third Party Billing Revenue; Educational funding needs. I am basing my campaign on 'Building for the Future' -- BFF—NOW! If we don't involve you the Tribal People in and on these issues we cannot move FORWARD.

What are these issues? Well, let's start with the Economic Development concern – Why do we have two Boards? Why do we have the Secretary over one and she is making the sole decisions for this Board?

What is going on with the Health Department? The intent was for the Third Party Billing done by the Tribe to pay for the new clinic's monthly payment of \$260,000. Other Tribes smaller or the same size as our Tribe are generating this type of monthly revenue. Instead it appears that not only are we not making enough money to pay our monthly clinic loan payment we are taking salaries of our health staffing. This means we must reduce our much needed staff. Another issue is that we are paying our Providers on the average more than other Tribes in the area as it appears there are problems getting health staff to work with the current Health Administrator. Why haven't we been advised of this? Where is the Transparency that is needed? There are issues with the Health Administrator that need addressed. Why is the Governor's daughter working as the Health Administrator? Considering her limited management and business experience? Why does she put her issues on FACEBOOK about the Tribe and her staff? I suggest we seek a copy of the expenditure report from the Finance Department and look at how much we are making through our third party billing system; how much our monthly loan payments are and see exactly where we are with this. We need a solid accounting of the Health system. Also, let's get Personnel to release the salaries amount of all staff and for the Executive Committee.

Education – it's underfunded, needs a systemic method of fund distribution given out, needs more staff and timely electronic method of getting funds out to those who are eligible for these educational funds. Let's also look at adding language that will have these AST beneficiaries come back and work for us here at the Tribe. We have some top notch resources available to us and NOW is the time to get moving on these projects and make the most of what we have and add to it. We can look at foundation funds and fundraisers to increase these educational benefits for our people. I want to make progress and if elected I will make Progress!

Any questions and concerns please, call 405 488-4569  
or email ebutler405@yahoo.com.



Hello Relatives, Friends and Fellow Tribal Members...

I apologize to our elders for missing their council meeting on Saturday February 16. My son had a serious medical emergency and I was with him on the morning of the council meeting. I sincerely appreciate your invitation. I look forward to meeting with tribal members in a one-on-one aspect. I want to hear your questions and concerns, something I can't get from a committee meeting. I greatly value our elders and their opinions; however, I also want to

hear from the other generations as well. It's time that we, the next generation, become active in our future.

I am excited about the potential progress we, the Absentee Shawnee people, will make. And, I am eager to be a part of that process. My intentions as Secretary are those of positive progress and growth. One of my goals is to be a member of an Executive Committee that works together making decisions that will be beneficial to our tribe now and for our future generations. What I can say with certainty is my decisions will always be for the benefit of Our Tribe.

Once again, thank you for your time. Get out there and vote on March 16!!!

Respectfully,  
Sharon Ponkilla

It's said that 'The man who moves a mountain begins by carrying away small stones.'



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|           |  |     |             |   |     |                  |   |                     |
|-----------|--|-----|-------------|---|-----|------------------|---|---------------------|
| Gov       | Governor George Blanchard.....         | 188 | FINANCE     | Belinda Collins (Controller).....                                     | 162 | TERO             | Randy Edge (Dir.).....                                      | 135                 |
|           | Leonard Longhorn.....                  | 187 |             | Jennifer Hernandez (Budget Analyst).....                              | 213 |                  | Bridgette Wilson.....                                       | 163                 |
| Lt. Gov.  | Lt. Governor Isaac Gibson.....         | 132 |             | Genevieve Foster (Asst. Cont.).....                                   | 161 | TITLE VI         | Thomasine (Doss) Owings (DIR).....                          | 169                 |
|           | Andy Warrior.....                      | 189 |             | Amy Hilderbrand (Pay. Spec.).....                                     | 159 |                  | Johannie Mae Bettelyoun.....                                | 180                 |
|           | Mary Billy.....                        | 146 |             | Jessica Gonzales.....   | 115 |                  | Donna Butler.....   | 149                 |
|           | Clarice Murdock (Self Gov. Spec.)..... | 205 |             | Courtney Green.....   | 129 |                  | Robert Schoolfield.....                                     | 149                 |
|           | Retha Wilson-Pearman.....              | 142 |             | Jenny Ware (Act. Pay.).....   | 143 |                  | Ted Watson.....   | 149                 |
| Lt. Gov.  | Secretary Teri Reed.....               | 104 |             | Holly Davis (Act. Pay. Spec.).....                                    | 144 |                  | Frank Young.....  | 149                 |
|           | Jerry Ann Knox.....                    | 186 |             | Dee Wood (Staff Act. ID).....   | 110 | OTHER EXTENSIONS | Bldg. 1 Conf. Rm.....                                       | 109                 |
|           | Paul McIntire.....                     | 154 |             | Twyla Blanchard (Staff Act. ID).....                                  | 175 |                  | Bldg. 1 Break Rm.....                                       | 185                 |
| Secretary | Treasurer Kathy Deere.....             | 118 | MAINTENANCE | Cecil Walker.....   | 196 |                  | Gov. Bldg. 2 Conf. Rm.....                                  | 211                 |
|           | Eddie Brokeshoulder (Fin. Const).....  | 148 |             | Reta Harjo.....   | 128 |                  | Fam. Svcs. Conf. Rm.....                                    | 191                 |
|           | Arlene Herrera.....                    | 119 |             | Steve Colungo.....  | 176 |                  | Finance Conference Rm.....                                  | 171                 |
|           | Representative Jeff Gibson.....        | 202 |             | Stephen Fife, Isaac Bettelyoun, Donna Simon, Sherri Yetter, John Mann |     |                  | OTHER ENTITIES & TOLL FREE                                  |                     |
|           | Rick Short.....                        | 158 |             | Tom White, Donnie Marshall, Lance Nanaeto, Levi Littlecreek.....      | 176 |                  | All Nations Bank.....                                       | 273-0202            |
|           | ASEDA                                  |     |             | Adam Proctor.....   | 181 |                  | ASEDA.....  | 878-6782            |
|           | ATTORNEY                               |     |             | Alyssa Campbell.....  | 134 |                  | AST Campus.....   | 275-4030            |
|           | Whitney Weingartner.....               | 134 |             | Whitney Weingartner.....  | 134 |                  | Toll Free.....  | 1-800-256-3341      |
|           | Troy Littleaxe.....                    | 134 |             | Michalah Anderson.....  | 134 |                  | Brendle Corner.....   | 447-3372            |
|           | Michelle Anderson.....                 | 134 |             | ASEDA   |     |                  | Building Blocks.....  | 878-0633            |
|           | Michelle Anderson.....                 | 134 |             | ATTORNEY  |     |                  | (Lauren May, Rick Short)                                    |                     |
|           | Kathy Brock (Court Clerk).....         | 120 |             | ASEDA   |     |                  | Housing.....  | 273-1050            |
|           | Vanessa Ryder.....                     | 139 |             | ATTORNEY  |     |                  | Indian Child Welfare.....                                   | 878-4702            |
|           | Joseph Blanchard (Director).....       | 203 |             | ATTORNEY  |     |                  | Media.....  | 598-1279            |
|           | Stacy Hessler (THPO Specialist).....   | 199 |             | ATTORNEY  |     |                  | (Sherman Tiger)   |                     |
|           | Esther Lowden (Gift Shop Manager)..... | 122 |             | ATTORNEY  |     |                  | OEH/OEP.....  | 214-4235            |
|           | Margaret Ellis Admin Asst./Rec.....    | 193 |             | ATTORNEY  |     |                  | (Kenny Jones, Roger Anderson, Cecilia Flores, Dennis Burks) |                     |
|           | Tresha Spoon.....                      | 121 |             | ATTORNEY  |     |                  | Police Dept.....  | 275-3200 / 275-3432 |
|           | Emily Longman.....                     | 150 |             | ATTORNEY  |     |                  | Thunderbird Casino NRM.....                                 | 360-9270            |
|           | Kimberly Stephens.....                 | 156 |             | ATTORNEY  |     |                  | Shawnee Casino.....   | 273-2679            |
|           | Deborah Davis (Domestic Violence)..... | 235 |             | ATTORNEY  |     |                  | Tribal Store (Little Axe).....                              | 364-0668            |
|           | Jackie Denny.....                      | 108 |             | ATTORNEY  |     |                  | Harrah Smokeshop.....                                       | 454-0055            |
|           | Linda Gouge (Sexual Assault Adv).....  | 206 |             | ATTORNEY  |     |                  | Little Axe Clinic   |                     |
|           | Melissa Lopez.....                     | 195 |             | ATTORNEY  |     |                  | Clinic - Medical.....                                       | 447-0300            |
|           | Casey Wilson.....                      | 113 |             | ATTORNEY  |     |                  | After hours.....  | 447-0498            |
|           | Sujata Sturm.....                      | 168 |             | ATTORNEY  |     |                  | Clinic - Dental.....  | 307-9704            |
|           | Larry Buckley.....                     | 107 |             | ATTORNEY  |     |                  | Diabetes.....   | 360-0698            |
|           | Darrell Larney.....                    | 103 |             | ATTORNEY  |     |                  | Pharmacy.....   | 292-9530            |
|           | Edwina Butler-Wolfe.....               | 133 |             | ATTORNEY  |     |                  | Resource Center.....  | 364-7298            |
|           | Lisa Brownell (HR Director).....       | 131 |             | ATTORNEY  |     |                  | (Christy Wins, Bradie Broad, Rosie Tallbear, Blake Goodman) |                     |
|           | Elizabeth Clark.....                   | 170 |             | ATTORNEY  |     |                  | Shawnee Clinic  |                     |
|           | HR.....                                | 111 |             | ATTORNEY  |     |                  | Clinic (Bldg. 17).....                                      | 878-5850            |
|           | Kimberly Stephens.....                 | 156 |             | ATTORNEY  |     |                  | Pharmacy.....   | 878-5859            |
|           | Deborah Davis (Domestic Violence)..... | 235 |             | ATTORNEY  |     |                  | Toll free.....  | 1-866-742-4977      |
|           | Jackie Denny.....                      | 108 |             | ATTORNEY  |     |                  | PAGING ZONES  |                     |
|           | Linda Gouge (Sexual Assault Adv).....  | 206 |             | ATTORNEY  |     |                  | ALL PAGE.....   | 70                  |
|           | Melissa Lopez.....                     | 195 |             | ATTORNEY  |     |                  | Finance page.....   | 71                  |
|           | Casey Wilson.....                      | 113 |             | ATTORNEY  |     |                  |   |                     |
|           | Sujata Sturm.....                      | 168 |             | ATTORNEY  |     |                  |   |                     |
|           | Larry Buckley.....                     | 107 |             | ATTORNEY  |     |                  |   |                     |
|           | Darrell Larney.....                    | 103 |             | ATTORNEY  |     |                  |   |                     |
|           | Edwina Butler-Wolfe.....               | 133 |             | ATTORNEY  |     |                  |   |                     |
|           | Lisa Brownell (HR Director).....       | 131 |             | ATTORNEY  |     |                  |   |                     |
|           | Elizabeth Clark.....                   | 170 |             | ATTORNEY  |     |                  |   |                     |
|           | HR.....                                | 111 |             | ATTORNEY  |     |                  |   |                     |

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**LANGUAGE CORNER**

- Where you been?  
**ti ne wa ke pi ho ma**
- Are we there yet?  
**ho wa ne ti se ke pe yi pa**
- Where are you going?  
**ti ne wa ke si hi**
- Can I go with you?  
**hi ta pe ke we ta ma la**
- Can [he or she] go with me?  
**hi ta pe na we ta ma ko ke**
- Can I spend a night with \_\_\_\_\_?  
**hi ta pe na pi ke ya se lo ti wi \_\_\_\_\_**
- Are you hungry [do you want to eat]?  
**hi ke mi ta we fa ne**
- What are you hungry for?  
**na he wa ke ma ta la mo?**

**PHRASE FOR THE WEEK:**  
**Ta ke li qi ka si qa la mo**  
**“DON’T EVER GIVE UP”**

Cover art is a selection of Earnest Spybuck painting,  
“Shawnee Home Life About 1890” ca. 1910