## Unofficial Election Results

### Primary Election March 19, 2016

This is to announce the **UNOFFICIAL** results for the March 19, 2016 Primary Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

### ELECTRIC COMMITTEE

<table>
<thead>
<tr>
<th>Executive Committee (2 Year Term)</th>
<th>Representative (2 Year Term)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lt. Governor (2 Year Term)</td>
<td></td>
</tr>
<tr>
<td>Kenneth Blanchard</td>
<td>Rick Little Axe, Sr.</td>
</tr>
<tr>
<td>Isaac Gibson, Jr.</td>
<td>Anthony &quot;Tadpole&quot; Johnson</td>
</tr>
<tr>
<td></td>
<td>Sherman Tiger</td>
</tr>
<tr>
<td>Treasurer (2 Year Term)</td>
<td></td>
</tr>
<tr>
<td>Leah Bates</td>
<td></td>
</tr>
<tr>
<td>Scott Miller</td>
<td></td>
</tr>
<tr>
<td>Twila Parker</td>
<td></td>
</tr>
<tr>
<td>Kathy Deere</td>
<td></td>
</tr>
</tbody>
</table>

### ELECTION COMMISSION

- **Election Commissioner (3 Year Term)**
- No One Filed
- **Election Secretary (3 Year Term)**
- No One Filed
- **Commission Member #1 (3 Year Term)**
- Mary Birdtail
- **Votes**

### REFERENDUM QUESTION

| YES | 275 Votes | NO | 80 Votes |

We the Officials are responsible for declaring the above election results, do here by claim the above statements are true and correct to the best of our knowledge.

**Signature:**

- Election Commissioner
- Acting Deputy Commissioner
- Acting Election Secretary

**Date:** March 19, 2016
Hello my friends, neighbors, relatives, and tribal members at large!

I think Spring has arrived. Here in Oklahoma we have a saying that if March ‘comes in like a lion it will go out like a lamb’. I believe we may be in for some surprises over the next few months due to continued global warming and these may challenge some of these old clichés. I am thankful those who enjoy being outside are beginning to work on their flower beds, go jogging, ride their bikes, or just take long walks on these days that are full of sunshine but cool enough to enjoy. This type of weather gives me the chance to get out and start walking or riding my bike around the Shawnee Municipal Airport track which is close to my home and a path I enjoy traipsing around. As I have shared with you before the City of Shawnee placed lighting around part of the airport track so it gives those of us who spend long days at the office more opportunities to get some needed exercise in the evening.

Our Election Commission is similar to worker bees and has been steadfast in getting prepared for the March 19th primaries. Thanks to those efforts we will soon know who will be in the runoffs next month. I appreciate the work of the Election Commission as they face many challenges to ensure the Election Ordinance is followed and our laws are carried out in a fair and impartial manner. Our Election Commission represents one aspect of what we as a sovereign nation have available to us – the right to vote. This gives us the ability to consider each candidate running for Office and decides whether that person is up for the challenge of serving our people to the best of their ability, all day, every day, and to help ensure issues and concerns are addressed in a timely and consistent manner. The election process gives opportunity within our tribal government for those who are 18 or older to illustrate through their vote which direction they want the Tribe to go. Each vote is important as it ensures your right and privilege as a voter and a Tribal citizen is expressed. I hope those of you who are able to vote - do so in the March primaries and at the June runoffs.

A year ago I asked the Media department to publish the Testimony I gave the White House via a listening session held in Oklahoma. Those concerns, in large part, remain unmet. Our educational system in Oklahoma and nationwide should be deemed in a ‘State of Emergency’ based on the issues that continue, the unmet funding needs and the way school systems have had to prioritize those needs to survive. I have learned here in the Shawnee public school system we have approximately 285 certified teachers and administrators with only 17 of those being Native American. That is about .05% if I am doing my math correctly. That, in my opinion, is unacceptable. We have a larger than average concentration of Native Americans in the Shawnee area which is around 17% and we should have more Native American educators and administrators. Yet, if you look at the pay level, why should they come to Oklahoma when we are ranked 49th in pay to teachers? Our Shawnee
public school system is getting ready to have renovations done due to a bond. Yet, we need a more sustaining strategic approach to retaining educators, ensuring renovations and upgrades are done on existing facilities, and that construction is made a viable option to support and/or provide for a growing community. North Rock Creek School is exploring options for their 8th grade through high school population and I look forward to seeing those plans as they progress.

**Other Topics/Expressions**

**Happy Birthday & Anniversary**

To those who have had a birthday or anniversary I extend my warmest regards.

**Condolences**

To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

**Maintenance**

For the past couple of years I have been speaking to you on my concerns about the shape of our Tribal facilities and grounds in relation to our budgets. Maintenance falls under the purview of the Lt. Governor or his staff. Since I began my term of Office I have seen limited work done on the buildings and/or grounds of the Shawnee tribal complex till February of this year. Each year Maintenance gets over a million dollars allocated to them for repairs and staffing through our indirect cost pool. The Tribe’s two health corporations have budgets that also include Maintenance costs. Our Building Blocks program has to hire their own staff to mow and do upkeep even though they are located on the tribal complex.

At this time there appears to be no current, tribally authorized programs for tribal members to get their homes repaired and/or fixed. I hope this can be rectified as we need to assist you, our tribal members on an equal basis taking into consideration extenuating factors of the repair; type of repair needed; cost of repair; age of home; income of individual requesting the repair. This type of program should be authorized through a tribal resolution in case of an accident or incident that would place the Tribe in a position of liability. And, as I have stated before a tribal facility master plan needs to be strategically developed to look at the larger scale needs of existing tribal buildings to ensure they are maintained and projects are funded based on the need and the availability of funds.

I would also like to take a moment to thank certain Maintenance staff and contractors who assist in tidying and removing trash from the buildings, those who have trimmed the bushes, removed weeds, and mowed the grounds. Further, it has been noticed that Building 1 and the Cultural Preservation building has received their roofs this past month. These roof replacements were in the 2015 budget and it is good to see those projects getting completed.

**In Conclusion**

I have 14 months left in Office and I find each day eventful and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

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**Tax Collections**

**FY-2016**

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>TOTAL</th>
<th>% OF TAXES COLLECTED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sales (8%)</td>
<td>$6,629.54</td>
<td>$5,925.93</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
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<td>Gaming % of free cash</td>
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<td>Motor Vehicle</td>
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<td>$26,623.62</td>
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<td>Tobacco Refund</td>
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<td><strong>TOTAL TAXES</strong></td>
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<td>$0.00</td>
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<td>$431,998.79</td>
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<td>Miscellaneous</td>
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<td>$0.00</td>
<td>$432,367.24</td>
<td>100%</td>
<td></td>
</tr>
</tbody>
</table>
TALKING LEAVES JOB CORPS
A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!

- 16-24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters

... Job Corps could be for you!
(Bus travels to OKC each weekend)

For more information
Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant
- Culinary Arts
- Electrical
- Facilities Maintenance
- Office Administration
- Nurse Assistant/Home Health Aide

Placement assistance for
Military, Advance Training, College, or Employment in Your Career

Tours Every Thursday at 9:45 a.m.
(Except for Major Holidays)

Talking Leaves Job Corps Center
5700 Bald Hill Rd
Tahlequah, OK
74465

LET’S WELCOME
BRAD GAYLORD
AS CHIEF OF POLICE/DIRECTOR OF
PUBLIC SAFETY

After weeks of advertising, screening and interviewing by two sets of panel interviewers Brad Gaylord has been selected to serve as the new Chief of Police/Director of Public Safety.

Chief Gaylord will oversee and direct all activities of the Police Department for the Absentee Shawnee tribe’s jurisdictional service area and in certain mutual aid circumstances. His responsibilities include strategic planning for use of resources, coordinating the activities of the Department with those of other local departments and ensuring that services provided and development plans are of the highest quality. Chief Gaylord is tasked with accomplishing Departmental planning and operational goals and objectives and for furthering tribal goals and objectives within general policy guidelines.

Chief Gaylord has worked as an Investigator for the Cushing Police Department and as Task Force Commander for the District Attorney’s office. He most recently served as a Terminal Manager in Chandler. Chief Gaylord has over 19 years of law enforcement work experience with 13 years of that being Command experience. He holds a degree in Criminal Justice.

Honoring Our Past
With Promise for Our Future

LIFE is Beautiful
Living Meth Free

National Suicide Prevention
1-800-273-8255 (TALK)
Office of Environmental Health
Brownfield Response Program

What is a Brownfield?
The EPA defines a brownfield site as “…real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”

Do you possibly have a Brownfield site on your land?
Typical Brownfield Sites Include:

♦ Abandoned Factories/Buildings/Homes
♦ Burned Homes
♦ Buried Dump Sites
♦ Open Dump Sites
♦ A Large Amount of Tires
♦ Former Cattle Dip Pit Sites
♦ Barrels of Unknown Substances
♦ Old Service Stations
♦ Oil Storage Facilities
♦ Oil/Gas Well Sites
♦ Old Dry Cleaning Businesses

If it’s possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects
www.facebook.com/ast.environmental.programs
OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060

TIGER FAMILY REUNION

MAY 28TH 2016
LITTLE AXE SHELTER
10:00 A.M. TO 10:00 P.M.

All family and friends of the late Jim and Annie Mann Tiger are welcome, Please bring an covered dish, drinks, chairs and games. Nellie Tiger Maxwell is the last remaining child of Jim And Annie, So come out an eat and/or visit with her. Any questions call Jan at (405) 514-5520

STUDY ON PUBLIC HEALTH, WELLNESS AND PUBLIC SAFETY IN TRIBAL COMMUNITIES

The Absentee Shawnee Tribe is supporting a grassroots initiated research study on public safety, health and wellness affecting Indian women. This research was requested by Indian women and tribal leaders during consultations held with the U.S. Department of Justice and through separate visits to various congressional delegates. These advocacy efforts caused Congress to mandate the National Institute of Justice (NIJ) to conduct a national baseline study focusing on public safety, public health and wellness needs of Indian women living on tribal lands.

The Absentee Shawnee Tribe seeks to better understand and more fully address the public safety, health and wellness needs of our Absentee Shawnee women. A participatory agreement was passed by the Executive Committee on February 17, 2016, E-AS-2016-09 ensuring Absentee Shawnee women may participate in the study. The research activities will begin this summer and conclude by fall/winter. The activities include interviews with a simple random sample of Absentee Shawnee women. Information obtained through the randomly selected participant sample will remain confidential and be used exclusively for this aggregate study. Trained Indian women interviewers will conduct the interviews.

The Tribe looks forward to the American Indian Development Associates conducting this Study as the Tribe hopes to learn about effective ways we can improve responses to the public safety, public health and wellness needs of our Indian women. By participating in this nation wide research study the Absentee Shawnee Tribe will be helping to advance the best ways to conduct culturally effective and respectful research in tribal communities that may be used for policy development, program improvements, and the enhancement of Indian women’s public safety, public health and wellness needs.

If you should have any questions please contact the Governor’s Office at 405-275-4030, Ext. 6307 or Lesa Shaw, Senior Policy Analyst, who will be the point of contact at 405-275-4030, Ext. 6269.
ABSENTEE SHAWNEE
JUNIOR OLYMPICS
SPONSORED BY THE AST DIABETES AND WELLNESS PROGRAM

YOUTH EVENTS
- SOFTBALL THROW
- LONG JUMP
- BROAD JUMP
- 50 YARD DASH
- FREE THROW CONTEST

For 1st through 5th Grade

SATURDAY, MAY 21ST, 2016
BEGINNS AT 9:00 A.M.

Guardian Name:_________________________________________ Youth Athlete (name):____________________________________

City, State:_____________________________________________ Zip:__________ Phone:________________________

DOB (Athlete):_______ Age_______ Male:___ Female:___

Waiver: In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the AST newsletter without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

__________________________________________  ______________________________
Signature Date

Registration ends on April 28th!

For more information, please contact the Absentee Shawnee Diabetes and Wellness Fitness Program at 405-364-7298
BE ACTIVE

BEAT DIABETES

STAY SUPER

WORLD HEALTH DAY 2016

#diabetes | www.who.int/whd/diabetes

World Health Organization
AST HEALTH RECEIVES EXCELLENCE AWARD

Norman, Oklahoma – On March 2, 2016, the Absentee Shawnee Tribal Health System was awarded a Certified Healthy Business Excellence Award 2015, for the medium to large workplace category, at the Embassy Suites Hotel and Conference Center, in Norman, Oklahoma. The luncheon and ceremony was hosted by the Oklahoma State Department of Health, Center for the Advancement of Wellness. Oklahoma State Governor Mary Fallin along with Dr. Terry Cline, Secretary of Health and Human Services and Commissioner of Health, Oklahoma State Department of Health were present to provide encouraging messages regarding Oklahoma's health.

This state program was created in 2003 to recognize Oklahoma businesses that promote health and wellness for their employees. Promotion of health and wellness can be done in a variety of ways, including passing policies that encourage healthy lifestyles and making facilities available for physical activities. There are 3 levels in which businesses are certified: Basic, Merit and Excellence.

Currently, the major causes of death and disability in Oklahoma are due to chronic conditions such as heart disease, cancer, stroke, and Type 2 diabetes, and a significant proportion of these conditions are preventable. By becoming a Certified Healthy Business, the Absentee Shawnee Tribal Health System is providing a healthy environment for employees, thereby supporting better choices and an overall healthier Oklahoma.

Representing the tribe and the tribal health system were the Absentee Shawnee Tribal Governor Edwina Butler Wolfe, Absentee Shawnee Tribal Health Board ASTHA Chairman Melpherd Switch, and Absentee Shawnee Tribal Health System staff: Executive Director Mark Rogers, Clinic Administrator/Deputy Director Marla Throckmorton, Project Manager Aly Miller, and Emily Key, Diabetes Coordinator/Occupational Therapist.

### Emergency and Urgent Care Services

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for “triage”.
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third party resource has made determination such services were “emergency care” or “urgent care” (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### Contract Health Services for AST members with Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider.
3. Inform Provider/HealthFacility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### Contract Health Services for AST members without Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for all resources available to you such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, Auto Insurance and other personal injury or liability coverage. PRC staff and/or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. Complete CHS Patient Update form and update all information every 6 months.
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### Contract Health Services

is conveniently located at Shawnee Clinic-Building 16 and Little Axe Health Center

- Flo Mann
- Laurie Webber

---

**Debi Sloat**  **Glendine Blanchard**  **Sharon Ponkilla**  **Darla Gatzman**  **Jayne Werst**

**Shawnee Clinic**  **Little Axe Health Center**

(405) 878-4702  (405) 447-0300
Prevention, progress, and pride is what the health system strives to achieve for all of our patients in our health and wellness journey. The AST Health System was awarded the “Excellent” level by the Oklahoma State Department of Health for being a certified healthy business. We are extremely honored to have secured the highest category of this state-wide honor, and I personally thank the Tribe and the employees for all they do in making themselves and our patients as healthy as possible. Health and wellness takes time and effort, and the employees who take care of themselves ensure they are healthy to care for themselves, their families, and ultimately, our patients.

The Behavioral Health Clinic continues to expand their services and access to care, but we need your help! The no-show rate has steadily crept upward and we need to close this gap. Please ensure if you are unable to keep an appointment, please cancel to allow someone else to make the appointment slot and allow the staff’s time to be appropriately utilized. No-shows are costly to the health system and to our productivity and to your care, so please help us with this challenge. We provide reminders, calls, texts, and emails to patients so there is ample opportunity to reschedule to meet your needs. Although overall, we’ve made tremendous strides in the no-show rate, we have an opportunity for improvement that only you can help us with.

We were excited to support and assist with the Tribal Complex’s Annual Easter Egg Hunt, sponsoring Easter eggs, toys, and other items for the youngsters again this year. The health system also sponsored blood drives in March that were successful and help our fellow citizens in need. Planning for the Health Fair in July is ongoing, and we are excited about a great event this year again, even topping last year’s health fair with lots of vendors and activities.

We are also very excited the accreditation of our health system is pending, with the final stage being set for April 14th and 15th with the on-site survey by the AAHC team. Accreditation is the standard of excellence for clinics that illustrate we adhere to industry standards of practice, high patient quality and satisfaction, and compliance with clinical excellence in patient care. We are ready for this challenge and have worked diligently for quite a period of time to get to this point.

The Zika Virus continues to see a lot of attention in the media. We are posting all up to date pieces of important information in this month’s edition of the tribal newspaper as well as keeping the website for health continuously updated. Please read and familiarize yourself with this information to protect you and your family. The normal Flu season is still upon us and we are encouraging everyone again to continue to follow your good hygiene measures as well as encouraging the same for your family.

Once again, our team of excellent employees stands up, and stands out, for our health system! I’m very proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the Tribe! Employee of the month for Health was Dr. John Johnson, Primary Care, Little Axe; Team of the Month: Dental Team; Special Leadership Award: Dr. LaTonya Miller and Michelle Drayer-Equilbel of the Dental department. The Health employees continue to do great things for our patients and for each other, taking care of our internal and external customers/patients. They all make a difference for our health system and for the health and wellness of all of our patients!

**ADDITIONAL HEALTH RELATED INFORMATION:**

**PlusCare Clinic** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to existing AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification, and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas).

**Emergency Dental Clinic** is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.

**AST/Serviced Health System Native American Veterans:**

If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.

**If you need CPR training**, please contact the AST Health System’s Public Health Office at (405) 447-0300 for scheduling and training opportunities.

**Contract Health Services (CHS)** interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

**Customer Service line is (405) 701-7623.** Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

**The AST Anti-Bullying Prevention “HOTLINE” is (405) 701-7987 during work hours 8 AM-5 PM, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.**

**The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the Act. Please see the ACA tab at the ASTHA Health Program’s Website: [http://www.asthealth.org/aca](http://www.asthealth.org/aca) (Please visit our site today to find out what you need to do to protect yourself and your family!)

**Emergency After hour Pharmacy Access:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

**- Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal healthcare.
EMERGENCY MANAGEMENT

EMERGENCY NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMERGENCY ASSISTANCE</td>
<td>911</td>
<td>Police, Fire, Ambulance</td>
</tr>
<tr>
<td>HEARTLINE EMERGENCY</td>
<td>211</td>
<td>State of Oklahoma</td>
</tr>
<tr>
<td>TRIBAL POLICE</td>
<td>405-275-3200</td>
<td>Absentee Shawnee</td>
</tr>
<tr>
<td>TRIBAL EMERGENCY MANAGER</td>
<td>405-740-1562 (cell)</td>
<td>Absentee Shawnee</td>
</tr>
<tr>
<td>SHERIFF</td>
<td>405-273-1727</td>
<td>Pottawatomie County</td>
</tr>
<tr>
<td>CITY POLICE</td>
<td>405-273-2121</td>
<td>Shawnee</td>
</tr>
<tr>
<td>CITY EMERGENCY MANAGEMENT</td>
<td>405-273-5272</td>
<td>Shawnee</td>
</tr>
<tr>
<td>COUNTY HEALTH DEPT.</td>
<td>405-273-2157</td>
<td>Pottawatomie County</td>
</tr>
<tr>
<td>SHERIFF</td>
<td>405-701-8888</td>
<td>Cleveland County</td>
</tr>
<tr>
<td>CITY POLICE</td>
<td>405-321-1600</td>
<td>Norman</td>
</tr>
<tr>
<td>HEALTH DEPT.</td>
<td>405-794-1591</td>
<td>Cleveland County</td>
</tr>
<tr>
<td>OG&amp;E</td>
<td>405-272-9595</td>
<td>Report Power Outage</td>
</tr>
<tr>
<td>1-800-522-6870</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CANADIAN VALLEY</td>
<td>405-382-3680</td>
<td>Power Outage</td>
</tr>
<tr>
<td>DEPT OF ENVIRONMENTAL QUALITY</td>
<td>1-800-522-0206</td>
<td>State of Oklahoma</td>
</tr>
<tr>
<td>HIGHWAY PATROL</td>
<td>405-425-4385</td>
<td>Road Conditions</td>
</tr>
</tbody>
</table>

AST PHARMACY

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system.

Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number.

Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:
Little Axe: Monday-Friday 8am-5pm
(7:30am-5:30pm Drive-Thru)
Phone-(405)292-9530

Shawnee: Monday-Friday 7am-5pm
Phone-(405)878-5859

We are open through the lunch hour!!

**BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES.**

Thank You,
AST Pharmacy Staff
Tribal Members please submit your resume and a letter of interest to be considered being placed on Health Board.

QUALIFICATIONS FOR HEALTH BOARD MEMBERS:

- There must be 2 tribal members with health care experience.
- All other directors must have sufficient professional experience in various fields (business, accounting, public service, law administration to contribute productively to the Board.
- Appointees shall have a background check and may not be a staff member or employee of the health care system.

THUNDERBIRD ENTERTAINMENT CENTER, INC. (TEC BOARD)

Interested Tribal Members to be consider for board position. Please send letter of interest and a resume.

QUALIFICATIONS:

- Must be eligible to obtain a gaming license from the Absentee Shawnee Tribe Gaming Commission and possess experience in gaming operations, business, finance, or law and of the following:
  - Degree in Business Administration, Accounting, Marketing, Law or an equivalent field (Bachelor’s degree or higher);
  - Minimum three (3) years’ experience in business management;
  - Minimum two (2) years’ experience in casino operations; or
  - Knowledge of federal Indian law, the Indian Gaming Regulatory Act, and related statutes and regulations

Please send letters and resume to Secretary John Johnson Office:

2025 South Gordon Cooper Drive
Shawnee, Oklahoma  74801
Email: johnraymond.johnson@astribe.com
2016 Employee BLS HCP CPR

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 19, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
</tr>
<tr>
<td>February 2, 2016</td>
<td>09:00am to 12:00pm</td>
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</tr>
<tr>
<td>March 8, 2016</td>
<td>09:00am to 12:00pm</td>
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</tr>
<tr>
<td>April 12, 2016</td>
<td>09:00am to 12:00pm</td>
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<tr>
<td>May 10, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
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<tr>
<td>June 14, 2016</td>
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<tr>
<td>July 12, 2016</td>
<td>09:00am to 12:00pm</td>
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<tr>
<td>August 9, 2016</td>
<td>09:00am to 12:00pm</td>
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<tr>
<td>September 13, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
</tr>
<tr>
<td>October 11, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
</tr>
<tr>
<td>November 8, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
</tr>
<tr>
<td>December 6, 2016</td>
<td>09:00am to 12:00pm</td>
<td>Conference Room B</td>
</tr>
</tbody>
</table>

Please call Kathy at 7997 or email me at kheldenbrand@astribe.com or Call Gloria at 7600 or email her at gseeley@astribe.com or Call Deidre at 7190 or email her at dyarbrough@astribe.com

Our next generation is depending on you.

MAKE TIME. SAVE THE DATE.

“Health Awareness for All Generations: Focus On The Next Generation”

1 p.m.-4 p.m. - Friday, July 15, 2016
Little Axe Health Center
1595 Little Axe Drive - Norman, Oklahoma

Our legacy depends not only on those who have come before us. But on those who will follow in our footsteps, too. What is why this year’s third annual Absentee Shawnee Tribal Health System Health Fair will celebrate the good that comes from taking care of our youth. With health screenings and information, a cultural dance demo, kids’ entertainment and vehicles, raffle drawings and more. Join us on July 15!

For more information, contact Public Health at 405-447-0300.

FREE MONEY!

(NON-SMOKERS NEED NOT APPLY)
JOIN US FOR A NEW AND IMPROVED
SMOKING CESSATION CLASS
APRIL 5th, 2016 @ 2:00 P.M.
IN THE LITTLE AXE HEALTH CENTER
CONFERENCE ROOM B

CLASSES WILL MEET WEEKLY FOR 4 WEEKS
LEARN ABOUT:
• WAYS TO STOP SMOKING
• THE NEGATIVE EFFECTS SMOKING HAS ON YOU
• THE AMOUNT OF MONEY SMOKING COSTS YOU AND HOW MUCH YOU WILL FREE UP BY QUITTING

For more information or to register contact
Marvin in Behavioral Health at 701-7180
or Deidre in Public Health at 701-7190

PROTECT YOURSELF from MOSQUITO BITES
Mosquitoes spread chikungunya, dengue, and Zika viruses.

Mosquitoes that spread chikungunya, dengue, and Zika are aggressive daytime biters. They can also bite at night.

Use insect repellent:
Look for the following active ingredients:
• DEET • PICARIDIN • R-3535
• OIL of LEMON EUCALYPTUS • PARA-MENTHANE-DIOL

Wear long-sleeved shirts and long pants or use insect repellent. For extra protection, treat clothing with permethrin.

For more information:

For more information:
www.astribe.org
**Are vaccines safe?**

Yes. Vaccines are very safe. The United States’ long-standing vaccine safety system ensures that vaccines are as safe as possible. Currently, the United States has the safest, most effective vaccine supply in its history. Millions of children are safely vaccinated each year. The most common side effects are typically very mild, such as pain or swelling at the injection site.

**What are the side effects of the vaccines? How do I treat them?**

Vaccines, like any medication, may cause some side effects. Most of these side effects are very minor, like soreness where the shot was given, fussiness, or a low-grade fever. These side effects typically only last a couple of days and are treatable. For example, you can apply a clean, cool, wet washcloth on the sore area to ease discomfort. Serious reactions are very rare. However, if your child experiences any reactions that concern you, call the doctor’s office.

**What are the risks and benefits of vaccines?**

Vaccines can prevent infectious diseases that once killed or harmed many infants, children, and adults. Without vaccines, your child is at risk for getting seriously ill and suffering pain, disability, and even death from diseases like measles and whooping cough. The main risks associated with getting vaccines are side effects, which are almost always mild (redness and swelling at the injection site) and go away within a few days. Serious side effects following vaccination, such as severe allergic reaction, are very rare and doctors and clinic staff are trained to deal with them. The disease-prevention benefits of getting vaccines are much greater than the possible side effects for almost all children.

**Is there a link between vaccines and autism?**

No. Scientific studies and reviews continue to show no relationship between vaccines and autism. Some people have suggested that thimerosal (a compound that contains mercury) in vaccines given to infants and young children might be a cause of autism, and others have suggested that the MMR (measles-mumps-rubella) vaccine may be linked to autism. However, numerous scientists and researchers have studied and continue to study the MMR vaccine and thimerosal, and reach the same conclusion: that there is no link between them and autism.

**Can vaccines overload my baby’s immune system?**

Vaccines do not overload the immune system. Every day, a healthy baby’s immune system successfully fights off millions of germs. Antigens are parts of germs that cause the body’s immune system to go to work. The antigens in vaccines come from the germs themselves, but the germs are weakened or killed so they cannot cause serious illness. Even if they receive several vaccinations in one day, vaccines contain only a tiny fraction of the antigens that babies encounter every day in their environment. Vaccines provide your child with the antibodies they need to fight off the serious illnesses for which they have been vaccinated.

**Why are so many doses needed for each vaccine?**

Getting every recommended dose of each vaccine provides your child with the best protection possible. Depending on the vaccine, more than one dose is needed to build high enough immunity to prevent disease, boost immunity that fades over time, make sure people who did not get immunity from a first dose are protected, or protect against germs that change over time, like flu. Every dose of a vaccine is important because they all protect against infectious diseases that are threats today and can be especially serious for infants and very young children.

**Why do vaccines start so early?**

The recommended schedule is designed to protect infants and children by providing immunity early in life, before they are exposed to life-threatening diseases. Children are immunized early because they are susceptible to diseases at a young age, and the consequences of these diseases can be very serious, and even life-threatening, for infants and young children.

**What do you think of delaying some vaccines or following an alternative schedule?**

Children do not receive any known benefits from following schedules that delay vaccines. Infants and young children who follow immunization schedules that spread out shots or leave out shots are at risk of developing diseases during the time that shots are delayed. Some vaccine-preventable diseases remain common in the United States, and children may be exposed to these diseases during the time they are not protected by vaccines, placing them at risk for a serious case of the disease that might cause hospitalization or death.
Five Important Reasons to Vaccinate Your Child

You want to do what is best for your children. You know about the importance of car seats, baby gates and other ways to keep them safe. But, did you know that one of the best ways to protect your children is to make sure they have all of their vaccinations?

Vaccines are among the most successful and cost-effective public health tools available for preventing disease and death. They not only help protect vaccinated individuals, but also help protect entire communities by preventing and reducing the spread of infectious diseases.

Among children born during 1994-2013, vaccination will prevent an estimated 322 million illnesses, 21 million hospitalizations, and 732,000 deaths over the course of their lifetimes.

Immunizations can save your child’s life. Because of advances in medical science, your child can be protected against more diseases than ever before. Some diseases that once injured or killed thousands of children are no longer common in the U.S. – primarily due to safe and effective vaccines. Polio is one example of the great impact that vaccines have had in the United States. Polio was once America’s most feared disease, causing death and paralysis across the country, but thanks to vaccination the United States has been polio-free since 1979. Due to continual worldwide vaccination efforts, Afghanistan and Pakistan are the only two countries in the world that have never interrupted the spread of wild poliovirus, and only small pockets of polio still exist in these countries.

Vaccination is very safe and effective. Vaccines are only given to children after careful review by scientists, doctors, and healthcare professionals. Vaccine side effects are almost always mild such as redness or swelling at the site of the shot, but this is minimal compared to the pain, discomfort, and risk of injury and death from the diseases these vaccines prevent. Serious side effects following vaccination, such as severe allergic reaction, are very rare. The disease-prevention benefits of getting vaccinated are much greater than the possible side effects for almost all children.

Immunization protects others you care about. Children in the U.S. still get vaccine-preventable diseases. In fact, we have seen resurgences of measles and whooping cough (pertussis) over the past few years. For example, in 2014, there were 667 cases of measles in 27 states, the greatest number of cases since measles was eliminated in 2000. The following year saw measles cases as well. During 2015, 147 people were part of a large, multi-state measles outbreak linked to an amusement park in California. Almost one in 10 people who became sick with measles in this outbreak were babies too young to be vaccinated. While some babies are too young to be protected by vaccination, others may not be able to receive certain vaccinations due to severe allergies, weakened immune systems from conditions like leukemia, or other reasons. To help keep them safe, it is important that you and your children who are able to get vaccinated are fully immunized. This not only protects your family, but also helps prevent the spread of these diseases to your friends and loved ones.

Immunizations can save your family time and money. A child with a vaccine-preventable disease can be denied attendance at schools or daycare facilities. Some vaccine-preventable diseases can result in prolonged disabilities and can take a financial toll because of lost time at work, medical bills or long-term disability care.

In contrast, getting vaccinated against these diseases is a good investment and usually covered by insurance. The Vaccines for Children program is a federally funded program that provides vaccines at no cost to children from low-income families. Visit http://www.cdc.gov/vaccines/programs/vfc/index.html to find out more about the VFC program, or ask your child’s health care professional.

Immunization protects future generations. Vaccines have reduced and, in some cases, eliminated many diseases that killed or severely disabled people just a few generations ago. For example, smallpox vaccination eradicated that disease worldwide. Your children don’t have to get smallpox shots anymore because the disease no longer exists anywhere in the world. By vaccinating children against rubella (German measles), we have dramatically reduced the risk that pregnant women will pass this virus on to their fetus or newborn, and birth defects associated with that virus are seen in only rare cases in the United States when a pregnant woman who was never vaccinated against rubella is exposed to someone who contracted rubella in another country. If we continue vaccinating now, and vaccinating completely, parents in the future may be able to trust that some diseases of today will no longer be around to harm their children in the future.

For more information about the importance of infant immunization, visit http://www.cdc.gov/vaccines.

This document can be found on the CDC website at: http://www.cdc.gov/vaccines/events/niiw/
The Walgreens located at 100 12th Avenue NE in Norman, OK is **no longer contracted** with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status. Tribal members may now take prescriptions to:

**Walgreens**
615 W. Main St
Norman, OK
(405) 573-5019

### Office Hours
Monday-thru-Friday
8:00 AM - 5:00 PM

**Little Axe Clinic**
15951 Little Axe Drive
Norman, OK 73025
Ph. 405-701-7987

**Shawnee Clinic**
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
Ph. 405-878-4716

Services are offered through:
Little Axe Clinic & Shawnee Clinic for all Federally Recognized Tribes.

### AST Behavioral Health Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shawnee BH</td>
<td>Roberta Cooper</td>
<td>(405) 878-4716</td>
</tr>
<tr>
<td>Little Axe BH</td>
<td>Rolanda Smith</td>
<td>(405)701-7987</td>
</tr>
</tbody>
</table>

**After Hour Pharmacy Notification**

The Walgreens located at 100 12th Avenue NE in Norman, OK is **no longer contracted** with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status. Tribal members may now take prescriptions to:

**Walgreens**
615 W. Main St
Norman, OK
(405) 573-5019

Women’s Health Services
Located in the Primary Health Care

Providing & Promoting Preventative Health for All Women

- Adult immunizations
- Breast & Pelvic Exams
- Mammogram Referral
- Bone Density Studies

Information about:
- Health Promotion
- Quitting Smoking
- Misuse of Alcohol and Drugs
- Nutrition
- Physical Fitness and Exercise
- Controlling Stress and Violence
- Prevention of Pregnancy
- AIDS and other Sexually Transmitted Diseases

Women’s Health Services
Little Axe Health Center
15951 Little Axe Drive • Norman, OK 73026
405.447.0300 • Fax 405.701.7605
www.asthealth.org
APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)  
(A ONE TIME YEARLY PAYMENT OF $150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF $2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES
### Vaccine-Preventable Diseases and the Vaccines that Prevent Them

<table>
<thead>
<tr>
<th>Disease</th>
<th>Vaccine</th>
<th>Disease spread by</th>
<th>Disease symptoms</th>
<th>Disease complications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chickenpox</td>
<td>Varicella</td>
<td>Air, direct contact</td>
<td>Rash, tiredness, headache, fever</td>
<td>Infected blisters, bleeding disorders, encephalitis (brain swelling), pneumonia (infection in the lungs)</td>
</tr>
<tr>
<td>Diphtheria</td>
<td>DTaP*</td>
<td>Air, direct contact</td>
<td>Sore throat, mild fever, weakness, swollen glands in neck</td>
<td>Swelling of the heart muscle, heart failure, coma, paralysis, death</td>
</tr>
<tr>
<td>Hib</td>
<td>Hib</td>
<td>Air, direct contact</td>
<td>May be no symptoms unless bacteria enter the blood</td>
<td>Meningitis (infection of the covering around the brain and spinal cord), intellectual disability, epiglottitis (life-threatening infection that can block the windpipe and lead to serious breathing problems), pneumonia (infection in the lungs), death</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>HepA</td>
<td>Direct contact, contaminated food or water</td>
<td>May be no symptoms, fever, stomach pain, loss of appetite, fatigue, vomiting, jaundice (yellowing of skin and eyes), dark urine</td>
<td>Liver failure, arthralgia (joint pain), kidney, pancreatic, and blood disorders</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>HepB</td>
<td>Contact with blood or body fluids</td>
<td>May be no symptoms, fever, headache, weakness, vomiting, jaundice (yellowing of skin and eyes), joint pain</td>
<td>Chronic liver infection, liver failure, liver cancer</td>
</tr>
<tr>
<td>Influenza (Flu)</td>
<td>Flu</td>
<td>Air, direct contact</td>
<td>Fever, muscle pain, sore throat, cough, extreme fatigue</td>
<td>Pneumonia (infection in the lungs)</td>
</tr>
<tr>
<td>Measles</td>
<td>MMR**</td>
<td>Air, direct contact</td>
<td>Rash, fever, cough, runny nose, pinkeye</td>
<td>Encephalitis (brain swelling), pneumonia (infection in the lungs), death</td>
</tr>
<tr>
<td>Mumps</td>
<td>MMR**</td>
<td>Air, direct contact</td>
<td>Swollen salivary glands (under the jaw), fever, headache, tiredness, muscle pain</td>
<td>Meningitis (infection of the covering around the brain and spinal cord), encephalitis (brain swelling), inflammation of testicles or ovaries, deafness</td>
</tr>
<tr>
<td>Pertussis</td>
<td>DTaP*</td>
<td>Air, direct contact</td>
<td>Severe cough, runny nose, apnea (a pause in breathing in infants)</td>
<td>Pneumonia (infection in the lungs), death</td>
</tr>
<tr>
<td>Polio</td>
<td>IPV</td>
<td>Air, direct contact, through the mouth</td>
<td>May be no symptoms, sore throat, fever, nausea, headache</td>
<td>Paralysis, death</td>
</tr>
<tr>
<td>Pneumococcal</td>
<td>PCV</td>
<td>Air, direct contact</td>
<td>May be no symptoms, sore throat, fever, pneumonia (infection in the lungs)</td>
<td>Bacteremia (blood infection), meningitis (infection of the covering around the brain and spinal cord), death</td>
</tr>
<tr>
<td>Rotavirus</td>
<td>RV</td>
<td>Through the mouth</td>
<td>Diarrhea, fever, vomiting</td>
<td>Severe diarrhea, dehydration</td>
</tr>
<tr>
<td>Rubella</td>
<td>MMR**</td>
<td>Air, direct contact</td>
<td>Children infected with rubella virus sometimes have a rash, fever, swollen lymph nodes</td>
<td>Very serious in pregnant women — can lead to miscarriage, stillbirth, premature delivery, birth defects</td>
</tr>
<tr>
<td>Tetanus</td>
<td>DTaP*</td>
<td>Exposure through cuts in skin</td>
<td>Stiffness in neck and abdominal muscles, difficulty swallowing, muscle spasms, fever</td>
<td>Broken bones, breathing difficulty, death</td>
</tr>
</tbody>
</table>

* DTaP combines protection against diphtheria, tetanus, and pertussis.
** MMR combines protection against measles, mumps, and rubella.
### 2016 Recommended Immunizations for Children from 7 Through 18 Years Old

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Vaccines Recommended</th>
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</thead>
<tbody>
<tr>
<td>7-10 years</td>
<td>Tdap^1, Hepatitis A (HepA) Series^1, Hepatitis B (HepB) Series^1, Pneumococcal Conjugate Vaccine (PCV13)</td>
</tr>
<tr>
<td>11-12 years</td>
<td>Tetanus, Diphtheria, Pertussis (Tdap) Vaccine, Human Papillomavirus (HPV) Vaccine (3 Doses)^2, Meningococcal Conjugate Vaccine (MCV4) Dose 1^3, Inactivated Polio Vaccine (IPV) Series^4, Varicella Vaccine Series</td>
</tr>
<tr>
<td>13-18 years</td>
<td>Diphtheria, Tetanus, and Pertussis (Tdap) Vaccine, Human Papillomavirus (HPV) Vaccine (3 Doses)^2, Meningococcal Conjugate Vaccine (MCV4) Dose 1^3, Booster at age 16 years</td>
</tr>
</tbody>
</table>

**FOOTNOTES**

^1 Tdap vaccine is recommended at age 11 or 12 to protect against tetanus, diphtheria and pertussis. If your child has not received any or all of the Tdap vaccine series, or if you don’t know if your child has received these shots, your child needs a single dose of Tdap when they are 7-10 years old. Talk to your child’s health care provider to find out if they need additional catch-up vaccines.

^2 All 11 or 12 year olds – both girls and boys – should receive 3 doses of HPV vaccine to protect against HPV-related disease. The full HPV vaccine series should be given as recommended first at age 11 or 12.

^3 Meningococcal conjugate vaccine (MCV) is recommended at age 11 or 12. A booster shot is recommended at age 16. Teens who received MCV for the first time at age 13 through 15 years will need a one-time booster dose between the ages of 16 and 18 years. If your teenager missed getting the vaccine altogether, ask their healthcare provider about getting it now, especially if your teenager is about to move into a college dorm or military barracks.

^4 Depending on the child’s age the child should get the varicella vaccine every year. Children under the age of 9 years may require more than one dose. Talk to your child’s health care provider to find out if they need more than one dose.

^5 Pneumococcal Conjugate Vaccine (PCV13) and Pneumococcal Polysaccharide Vaccine (PPSV23) are recommended for some children 6 through 18 years old with certain medical conditions that place them at high risk. Talk to your healthcare provider about pneumococcal vaccines and what factors may place your child at high risk for pneumococcal disease.

^6 Hepatitis A vaccination is recommended for older children with certain medical conditions that place them at high risk. HepA vaccine is licensed, safe, and effective for all children of all ages. Even if your child is not at high risk, you may decide you want your child protected against HepA. Talk to your healthcare provider about HepA vaccine and what factors may place your child at high risk for HepA.

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**Vaccine-Preventable Diseases and the Vaccines that Prevent Them**

**Diphtheria** (Can be prevented by Tdap vaccine)

Diphtheria is a very contagious bacterial disease that affects the respiratory system, including the lungs. Diphtheria bacteria can be passed from person to person by direct contact with droplets from an infected person’s cough or sneeze. When people are infected, the diphtheria bacteria produce a toxin (poison) in the body that can cause death if not treated. Symptoms include fever, rash, and swelling of the neck. In severe cases, the illness can cause coma, paralysis, and even death.

**Hepatitis A** (Can be prevented by HepA vaccine)

Hepatitis A is an infection in the liver caused by hepatitis A virus. The virus is spread primarily from person-to-person through the fecal-oral route. In other words, the virus is taken in by mouth from contact with objects, foods, or other contaminated materials. The virus travels through a droplet of an infected person. Symptoms include fever, tiredness, loss of appetite, nausea, abdominal discomfort, dark urine, and jaundice (yellowing of the skin and eyes). An infected person may have no symptoms, may have mild illness for a week or two, or may have severe illness for several months that requires hospitalization. In the U.S., about 100 people a year die from hepatitis A.

**Hepatitis B** (Can be prevented by HepB vaccine)

Hepatitis B is an infection of the liver caused by hepatitis B virus. The virus spreads through exchange of blood or other body fluids, for example, from sharing personal items, such as razors or during sex. Hepatitis B causes a flu-like illness with loss of appetite, nausea, vomiting, rashes, joint pain, and jaundice. The virus stays in the liver of some people for the rest of their lives and can result in severe liver disease, including fatal cancer.

**Human Papillomavirus** (Can be prevented by HPV vaccine)

Human papillomavirus is a common virus. HPV is most common in people in their teens and early 20s. It is the major cause of cervical cancer in women and genital warts in women and men. The strains of HPV that cause cervical cancer and genital warts are spread during sex.

**Influenza** (Can be prevented by annual flu vaccine)

Influenza is a highly contagious viral infection of the nose, throat, and lungs. The most common spread is through direct contact with respiratory droplets when an infected person coughs or sneezes. These droplets can remain airborne and can cause mild to severe illness. Typical symptoms include a sudden high fever, chills, a dry cough, headache, runny nose, sore throat, and muscle and joint pain. Extreme fatigue can last from several days to weeks. Influenza may lead to hospitalization or even death, even among previously healthy children.

**Measles** (Can be prevented by MMR vaccine)

Measles is one of the most contagious viral diseases. Measles virus is spread by direct contact with the airborne respiratory droplets of an infected person. Measles is so contagious that just being in the same room after a person has measles already left can result in infection. Symptoms usually include a rash, fever, cough, and red, watery eyes. Fever can persist, rash can last for up to a week, and coughing can last about 10 days. Measles can also cause pneumonia, seizures, brain damage, or death.

**Meningococcal Disease** (Can be prevented by MCV vaccine)

Meningococcal disease is caused by meningococci, which is a leading cause of bacterial meningitis (infection around the brain and spinal cord) in children. The bacteria are spread through the exchange of nose and throat droplets, such as when coughing, sneezing or kissing. Symptoms include nausea, vomiting, sensitivity to light, confusion and sleepiness. Meningococcal disease also causes blood infections. About one of every ten people who get meningococcal disease from an infected person develop meningitis, which is a serious medical condition that can lead to death if not treated. Survivors of meningococcal disease may lose their legs or arms, become deaf, have problems with their nervous systems, become developmentally disabled, or suffer seizures or strokes.

**Pneumococcal Disease** (Can be prevented by Pneumococcal vaccine)

Pneumococcal disease is caused by bacteria called pneumococcus. This bacteria can cause other types of infections too, such as ear infections, sinus infections, meningitis (infection of the covering around the brain and spinal cord), bacteremia and sepsis (blood stream infection). Sinus and ear infections are usually mild and are much more common than the more severe forms of pneumococcal disease. However, in some cases pneumococcal disease can be fatal or result in long-term problems, like brain damage, hearing loss and limb loss. Pneumococcal disease spreads when people cough or sneeze. Many people have the bacteria in their nose or throat at one time or another without being ill—this is known as being a carrier.

**Rubella** (German Measles) (Can be prevented by MMR vaccine)

Rubella is caused by a virus that is spread through coughing and sneezing. In children, rubella usually causes a mild illness with fever, swollen glands, and a rash that lasts about 3 days. Rubella rarely causes serious illness or complications in children, but can be very serious to a baby in the womb. If a pregnant woman is infected, the result to the baby can be devastating, including miscarriage, severe heart defects, mental retardation and loss of hearing and eye sight.

**Tetanus** (Lockjaw) (Can be prevented by Tdap vaccine)

Tetanus is caused by bacteria found in soil. The bacteria enters the body through a wound, such as a deep cut. When people are infected, the bacteria produce a poison that causes painful swelling of the body. This can lead to “locking” of the jaw so a person cannot open his or her mouth, swallow, or breathe. Complete recovery from tetanus can take months. Three of ten people who get tetanus die from the disease.

**Varicella** (Chickenpox) (Can be prevented by varicella vaccine)

Varicella is caused by the varicella zoster virus. Chickenpox is caused by the varicella zoster virus. The virus can spread from either a cough, sneeze. It can also spread from the blisters on the skin, either by touching them or by breathing in these viral particles. Typical symptoms of chickenpox include an itchy rash with blisters, tiredness, headache and fever. Chickenpox is usually mild, but it can lead to severe skin infections, pneumonia, encephalitis (brain swelling), or even death.

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If you have any questions about your child’s vaccines, talk to your healthcare provider.

Last updated on 02/02/2015 • CS254242-A

U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

American Academy of Pediatrics
DEDIcATED TO THE HEALTH OF ALL CHILDREN

AMERICAN ACADEMY OF FAMILY PHYSICIANS
STRONG MEDICINE FOR AMERICA

Chickenpox is caused by the varicella zoster virus. Chickencopx is very contagious and spreads very easily from infected people. The virus can spread from either a cough, sneeze. It can also spread from the blisters on the skin, either by touching them or by breathing in these viral particles. Typical symptoms of chickenpox include an itchy rash with blisters, tiredness, headache and fever. Chickenpox is usually mild, but it can lead to severe skin infections, pneumonia, encephalitis (brain swelling), or even death.
Fitness Bit

Did you know there are 1,440 minutes in a day and that you only need 30 minutes of exercise per day to improve your over all health? Many of us find it hard to create time to hit the gym with work, kids, or other priorities. However, exercise doesn't always have to involve a gym, any type of physical activity will work as long as you are moving. Now that spring is here and the weather is nice, there are plenty of things that you can do to get the exercise you need, such as push mowing, raking, gardening, and activities with your kids or grandkids. So be creative, have fun, and remember that exercise also helps to release endorphins into your system to make you feel better too.

Many of us that live here in the small area of Little Axe have trouble finding a place to be physically active. Below we have provided some resources available to assist you in finding a variety of activities that will fit with your schedule, interest, or activity needs. Whether you are wanting to just change it up with different activities, or scenarios, these resources are available to you for physical activity!

- **Thunderbird Lake** has on-site activities such as biking, walking Trails, canoeing, kayaking, rafting, fishing, swimming, archery, and more. They have many events scheduled for 2016!! Visit their website at www.laketherbirdpark/travelOK.com or contact Susie Snider at (405) 360–3526.

- **The Little Axe Community Center** offers disc golf, softball fields, and occasionally, Zumba Classes. If you would like more information on the LA Community Center, please call Pam Sharp at (405) 292-9770.

- **Norman Oklahoma Paintball & ATV Field** is located 3 miles east of Thunderbird Casino, just south of Hwy-9. For more information go to www.atvgames4x4@yahoo.com or call (405)409-0554 or (405) 360-5934.

- **Little Axe High School** has an outdoor running track and tennis court available for use when not occupied by school games or practices.

Brought to you by The AST Diabetes and Wellness Program
(405) 701-7977 (LAHC)/(405) 364-7298 (Fitness)
### April

**Fitness sessions will be available every Friday at the Little Axe Health Center**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
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<th>THURSDAY</th>
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| Zumba Fitness  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Circuit Training  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Cardio Kickboxing  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Circuit Training  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Zumba Fitness  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center |
| Chair Exercise for Elders  
12:00 p.m.-12:30 p.m.  
Buster Bread  
Little Axe Resource Center | Aerobic Circuit  
12:00 p.m.-12:45 p.m.  
Chrissy Wiens  
LITTLE AXE HEALTH FACILITY |  | Tabata (Beginner/Intermediate)  
2:30 p.m.-3:15 p.m.  
Buster Bread  
LITTLE AXE HEALTH FACILITY |  |
| Circuit Training  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center | Circuit Training  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center |  |  |  |

*Aerobic Circuit*: A time-efficient training system aimed at maintaining and improving cardiovascular fitness using a variety of body movements.

*Zumba Fitness*: Fitness, fun, and dance. Learn Zumba dance moves to get your heart rate pumping!

*Chair Exercise for Elders*: Low-impact strength training utilizing a chair for elders and beginner fitness levels.

*Cardio Kickboxing*: Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

*Tabata Training*: An intense and time-efficient training system aimed at developing cardiovascular and muscular strength/endurance.

**Absentee Shawnee Fitness**

**Diabetes and Wellness**
April 2016 News...

Our center has recently experienced some upgrades! We’ve had new tile installed throughout the center and it’s beautiful! Also, we finally have our new storm door and window covering that meets FEMA standards. Thanks to Ken Jones, OEH&E Director, for his assistance with these projects.

Our Easter festivities are always fun. The kiddos colored eggs and had Easter parties. Each age group also participated in their own Easter egg hunt. Thank you to all of the parents & family members that donated items and/or joined us for our Easter activities.

We are currently hiring at our Shawnee location. We have openings for Teacher and Floater. If you are interested in employment with Building Blocks, you can contact the center at (405) 878-0633 or visit the AST website at www.astride.com and look under the ‘Employment’ tab. You can also pick up an application at the center anytime.

Dates to remember:
May 6th: “Muffins for Moms” @ 8:00 a.m. We invite the mothers of our children to join us for breakfast in celebration of Mother’s Day!!

May 30th: Closed to observe Memorial Day.

Thank you,
Heather Presley Director (Shawnee)

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**Grass Mowing Application**

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard.

The Absentee Shawnee Tribe Maintenance Department will ONLY mow and weeds eat applicant’s lawn. Maintenance will mow every two (2) weeks. Also the maintenance workers will not trim trees, shrubs, etc. NO RENTAL PROPERTY will be mowed.

Any Questions contact Rita Harjo at (405) 275-4030 ext 6249

NAME:________________________________________

ADDRESS:__________________________________________________________________________

CITY:_________________ STATE:_________ ZIP:________________________

HOME PHONE:__________ MESS PHONE:______________

FINDING DIRECTIONS TO HOME:
__________________________________________________________________________________

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**Personal Banking:**

**AllNations Bank** offers a wide range of products and services to meet today’s consumer demand including our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; NOW Accounts & Consumer Loans including Auto, Boat and more. AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

Contact Us for Details As Follows:
Calumet Office - Gene Davis or Dixie Smith 405-893-2240;
114 E Main, Calumet, OK
Shawnee Office - Gene Davis or Amber Alexander 405-273-0202;
2025 S. Gordon Cooper Drive, Shawnee, OK

**Business Banking:**

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today’s business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

Contact Us for Details As Follows:
Calumet Office - Gene Davis or Dixie Smith 405-893-2240;
114 E Main, Calumet, OK
Shawnee Office - Gene Davis or Amber Alexander 405-273-0202;
2025 S. Gordon Cooper Drive, Shawnee, OK

**Banking Hours:**
2023 S. Gordon Cooper Drive, Shawnee, OK 74801
Lobby Hours 9:00 AM - 5:00 PM Monday - Friday
Drive In Hours 8:00 AM - 6:00 PM Monday - Friday
Saturday: 9:00 AM-12:00 Noon
Election Commission

APPROPRIATE POLL BEHAVIOR

According to the Election Ordinance Article VIII Section 1 – The official polling sites and adjoining Tribal Grounds are neutral grounds, therefore, there shall be no campaigning or loitering on Election Day by any person. It shall be the duty of the Election Commission to request that Tribal police, be present at each polling place and be responsible for maintaining order, prevent campaigning, and loitering during the election process.

In order to comply we suggest that you do not campaign in any fashion.

For Examples:
No: “vote for...”
  sticker on cars
  campaign clothing
  disbursement of campaign material;
  counseling as to who to vote for

Do not loiter at poll site:
1. Arrive
2. Register
3. Vote
4. Exit

Unless there is a line each voter should be at the poll no more than 10 minutes, outside of voter booth. Each voter may take all the time they need to read the ballot to vote in the private booth but should not “visit” with Commissioners or other voters at the poll site.

Any visiting of voters must occur outside of the Poll Site and adjoining Tribal grounds. Voting Polls close at 6:00 p.m. Voter has to be in line in order to vote.

POLICIES AND PROCEDURES STATES:

There shall be no campaigning on property of polling site. This includes signs, person to person, clothing, etc. or within 200 ft. of the polling site. (On Election Day all signs must be over 200 ft. away from the edge of tribal property that contain poll sites.)
Vote for Twila Parker for Progress

First and foremost ‘thank you, my friends, neighbors, relatives and tribal members’ who took the time out of your busy schedules to get out and vote during the primary election. Many of you I have visited and/or have sent fliers to. I will be visiting more and sending more fliers out as I want to hear your ideas and share mine with you. Your words are important to me and rest assured I will act on them if placed into Office.

The role of the Treasurer is based on our Constitution. That very important function is clearly defined in our Constitution and I want to discuss the first few sentences of it in this article. In Article XIII – Duties of Officers, Section 4. The Treasurer – the Constitution states ‘shall be custodian of all monies, and related bookkeeping functions, which come under the jurisdiction or control of the tribe.’ Did I misread this? I didn’t see where it states that it would come under the exclusive rule of one person, the Treasurer. The next line states ‘The Treasurer shall, upon receipt of written approval, be authorized to sign checks or otherwise make payment behalf of the tribe.’ This item seems crystal clear but apparently neither the current Treasurer nor her staff understands the need for these reports to be given to the Executive Committee at each Regular EC meeting. As-to-date these reports have been provided twice (and not during and/or for a Regular EC meeting). This task apparently is NOT something Treasurer Bates or is it Bender (name cited on Facebook) understands. If elected I can assure you that my name will remain Twila O. Longhorn Parker (regardless of being on Facebook) and that I will look at ensuring each EC member gets a report of accurate amounts of each account during and/or before Regular EC meetings and that I will assist with creating a Communication Policy that gives guidance on what aspects of the business of the tribe is brought out into the light of day. If I am elected there will be monthly financial reports given to the Executive Committee. These will be in a format that you can read and understand readily. I will be ‘TRANSPARENT’. The next line reads, ‘The authority to approve or disapprove such expenditures shall be based on constitutional authority and/or a duly adopted General Council resolution or ordinance pursuant to the provisions of this Constitution.’ The Executive Committee places resolutions into place to allow for the Treasurer, Lt. Governor, Secretary and Representative to sign of on checks NOT to approve or disapprove expenditures as the Finance department is to provide guidance on that. The next line is important. ‘The Treasurer shall, upon receipt of written approval, be authorized to sign checks or otherwise make payment behalf of the tribe.’

As Media Director I have been rewarded by being present at many events that have happened within our tribe that are noteworthy from both historic and news making perspectives and I look forward to being present at many more.

I firmly believe that ‘Now is the time for you, our Tribal members, to make a difference’. How can you do that? Vote for someone who has committed to moving your concerns forward, to getting answers and to making a difference through their vote as an Executive Committee member. I will continue to be at Executive Committee and General Council meetings in my respective capacity as the Media Director and will see what next steps are taken by those in Office. I want our tribe to make progress and want it done ethically and honestly. I know my track record and my brother Henry’s. Henry Tiger ran for the Office of Representative in 2000 and was elected into it. That was 16 years ago. His concerns at that time were:

- Not all of the Executive Committee members agree to what is in the best interest of the Tribe.
- There are certain Executive Committee members who say they are looking out for our people, but all they seem to be interested in is taking up tribal time and money for their own pursuits under the guise of saving money for the tribe.
- Certain elected leaders say their way of saving money is to cut salaries of others, decrease other tribal member’s hours and withhold authorized checks from others.
- Look around...the Citizen Potawatomi tribe is building all around us...they are going forward instead of standing still...we are at the crossroads...we can either grow and prosper or we can stay where we are...or we can just slip back and have nothing.
- As for me...going forward and being aggressive means we can also prosper and build for our future.

These are strong words from my family to yours. Let’s ask our candidates to make a difference in a good way, the right way, the Absentee Shawnee way.

Nee yaw way Kela for your vote!

Sherman Tiger
You’re Invited to help us Celebrate

Hand Game
Honoring
Ruby Nell Gibson-Logan
2016 Ioway Elder Woman of the Year

Saturday, May 14, 2016
Ioway Chena Building
(Hwy #177, South of Perkins OK)
1:00 p.m.— Hand games, Round Dance, Honor Songs, Games, & Fun
Followed by Evening Meal
Hosted by the Honoree Family & Friends

Held in conjunction with the
American Indian Chamber of Commerce, Northcentral Chapter

Native Spirit Art Show & Taco Sale
 Begins at 10:00 a.m. with fine arts & crafts, Indian Dice demonstration/participation
Concessions featuring Indian Taco Sale
Event continues through the Hand Game & Festivities
As we are getting warmer days, the homebound will need to put ice packs in there ice-chest if they are not going to be home. Please call or notify your driver if you will not be home.

*If you have any concerns or comments please give us a call at 405-275-4030 ext 6227*

### April 2016

**TITLE VI MENU**

<table>
<thead>
<tr>
<th>2% milk served daily</th>
<th>Menu subject to change</th>
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<table>
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<tr>
<th>Sunday</th>
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<td>Scrambled Egg Sausage Gravy Biscuit</td>
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<tr>
<td>Chicken Salad Sandwich LTOP/Chips Apple</td>
<td>Spaghetti w/ Meat Sauce Tossed Salad* Garlic Toast Mixed Fruit</td>
<td>Pork and Potatoes Green Beans Bread Salad Bar*</td>
<td>Frito Chili Pie Onions, Chez Mandarin Oranges</td>
<td>Grits Toast Sausage Patty</td>
<td>AST General Council Thunderbird Event Center 10 am</td>
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<tr>
<td>National Siblings Day</td>
<td>Chef Salad Ham, Eggs, Chez Crackers Mixed Fruit</td>
<td>Title VI - Closed Attending Food Show</td>
<td>Baked Chicken Tossed Salad* Veggies Bread Peach Cobbler</td>
<td>Meatloaf Mashed Pot/Gravy Green Beans Pears</td>
<td>French Toast Bacon Fruit</td>
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<td>Hamburger LTOP French Fries Plums</td>
<td>Chicken Fry Steak Mashed Pot/Gravy Green Beans Roll Applesauce</td>
<td>Cold Cut Sandwich LTOP Pasta Salad Orange</td>
<td>Baked Potato Ham, Chez Onions Broc and Chez Pudding</td>
<td>Scrambled Eggs Sausage Gravy Biscuit</td>
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<td>Hot Dog Pork-n-Beans Chips Pears</td>
<td>Salmon Patty Coleslaw Peas &amp; Carrots Peaches</td>
<td>Baked Fried Chicken Mashed Pot/Gravy Tossed Salad* Jell-O</td>
<td>Soft Taco LTOP Spanish Rice Salsa/Pineapples</td>
<td>Cereal Sausage Patty Toast Tropical Fruit</td>
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</tr>
</tbody>
</table>

### NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER

### LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

### TITLE VI NEWS

April 2nd - National Pillow Fight Day
Have fun with your grandbabies or great grandbabies and have a pillow fight!!!

April 9th - AST General Council 10 am at the Thunderbird Event Center in Little Axe, OK.

April 10th - National Siblings Day- tell your brothers and sisters that you love them and take a picture with them!!!

April 11th - National 8-track Day
We are attending a Food Show on this day.

April 22nd Earth Day
This Earth Day and beyond, let’s make big stuff happen. Let’s plant 7.8 billion trees for the Earth.

See more at: [http://www.earthday.org/earth-day](http://www.earthday.org/earth-day)

Did you know that over 100 million trees are cut down each year to produce junk mail? The resulting loss of trees takes a huge toll on water conservation and climate change mitigation efforts around the world. Help limit this unsustainable and wasteful practice by pledging to take action and reduce the amount of junk mail you receive in your home. Currently about 300 million tons of plastic are produced each year to make bags, bottles, packages, and other commodities for people all over the world. Unfortunately, only about ten percent of this plastic is properly recycled and reused. The rest ends up as waste in landfills or as litter in our natural environment, where it leaches dangerous chemicals into the nearby soil and water, endangering humans and wildlife alike.

As we are getting warmer days, the homebound will need to put ice packs in there ice-chest if they are not going to be home. Please call or notify your driver if you will not be home.

### April 12th
Homebound will receive a sack lunch for April 12

### April 18th
National Siblings Day
Siblings Day

See more at: [http://www.earthday.org/earth-day](http://www.earthday.org/earth-day)
The Absentee Shawnee Tribe is supporting a grassroots initiated research study on public safety, health and wellness affecting Indian women. This research was requested by Indian women and tribal leaders during consultations held with the U.S. Department of Justice and through separate visits to various congressional delegates. These advocacy efforts caused Congress to mandate the National Institute of Justice (NIJ) to conduct a national baseline study focusing on public safety, public health and wellness needs of Indian women living on tribal lands.

The Absentee Shawnee Tribe seeks to better understand and more fully address the public safety, health and wellness needs of our Absentee Shawnee women. A participatory agreement was passed by the Executive Committee on February 17, 2016, E-AS-2016-09 ensuring Absentee Shawnee women may participate in the study. The research activities will begin this summer and conclude by fall/winter. The activities include interviews with a simple random sample of Absentee Shawnee women. Information obtained through the randomly selected participant sample will remain confidential and be used exclusively for this aggregate study. Trained Indian women interviewers will conduct the interviews.

The Tribe looks forward to the American Indian Development Associates conducting this Study as the Tribe hopes to learn about effective ways we can improve responses to the public safety, public health and wellness needs of our Indian women. By participating in this nationwide research study the Absentee Shawnee Tribe will be helping to advance the best ways to conduct culturally effective and respectful research in tribal communities that may be used for policy development, program improvements, and the enhancement of Indian women’s public safety, public health and wellness needs.

If you should have any questions please contact the Governor’s Office at 405-275-4030, Ext. 6307 or Lesa Shaw, Senior Policy Analyst, who will be the point of contact at 405-275-4030, Ext. 6269.
NOW Accepting Applications
For
Fall 2016
Deadline for applications is June 1, 2016
For more information, visit Haskell Indian Nations University website at www.haskell.edu.
History:
The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

Services we can provide:
We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

Qualifications:
You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in one of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.

COUNTIES served by ITOVR
   KAY
   NOBLE
   PAWNEE
   PAYNE
   POTTAWATOMIE
   LINCOLN
   LOGAN

Iowa Tribe of Oklahoma Vocational Rehabilitation
P.O. Box 728
Perkins, OK 74059
Phone: 405-547-2402 ext 168
Toll free: 1-888-336-4692
Fax: 405-547-1090
E-mail: Christa Tsotaddle, Transitional Counselor
ctsotaddle@iowanation.org

"See the Person, Not the Disability"

Find us on the Web: www.bahkhoje.com
SANACPT will be holding a event for Child Abuse Awareness Month. We will walk from Hardesty Rd. to the Absentee Shawnee Complex. Cost of Registration is $12. This price includes a t-shirt. Participants are encouraged to design a Child Abuse Awareness poster to carry during the event. A prize for the adult with the best design and a prize for best child design will be given. Children who pre-registered with a paid adult are free of charge. Please contact Julie Wilson-Child Welfare at 405-878-4030 ext. 6376, or jwilson@astribe.com to register.
April 2016 Birthdays

Alberts, Shannon Venita
Alexander, Rachel Paulette
Alford Jr., Eugene Ray
Alford, Jaci Lanae
Alford, Leawana Jean
Alford, Ray Wildcat
Arms, Steven Anthony
Armstrong, Dain N Griffin
Armstrong, Tina Marie
Avers, Zacheriah Matthew
Bacon, Misty Twilicht
Barnes, Hollin Kade Eugene
Bates, Johnna Suzanne
Batson-Vasquez, Amber Danielle
Beartusk, Pamela
Benfley, Sherrin Ann
Berry, Collin Michael
Betteloven, Cameron Jake
Bierd, Baley Andrea
Bispod, Ollie Welch
Blaklock, Sallie Alene
Blanchard, Clifford Ray
Blanchard, Noman Neal
Blanchard, Brita Naveli
Blanchard, Gary James
Blanchard, Jalkiah Has Lero
Blanchard, John Christopher
Blanchard, Nathan G
Blanchard-Johnson, Scott A.
Boston, Shawn Daniel
Boyd, Xavier Tyrik
Bradley, Francis M
Bradshaw, Jana Marie
Brady, Scott Edmar
Breeding, Aidyn Cooper
Brinson, Christopher Allen
Brookeshoulder Jr., Clifton
Brookeshoulder, Brent Todd
Brookeshoulder, Cameron Lee
Brown, Jennifer Leah
Brown, Lexi Michelle
Bruce, Shavla Maelen
Buckley, Dawna Michelle
Butler, Matthew Aaron
Byers, Reanna Nicole
Byers, Zachary Elias
Byrd, Lyndell D Armond
Caires, Vanessa Little Ake
Carpenter, Elvis Lewis
Chanev, Britt LeAnn
Charley, Whatley, Jordan Eugene
Charley, Mary Serena
Clark, Dallas Joseph
Clark, Dave Georae
Clutter, Tamara Lynn
Coddinton, Autobria Marie
Coddinton, Kyle Clarence
Coddinton, Michael Richard
Coffee, Sahumie Nicole
Cole, Maarie Rachel
Cron Jr., Tracy William
Cox, Jennifer Lynn
Cran, Stephanie Renee
Creek, Stevie Eli
Croder, Michael Lawrence
Cuff, Thomas Artel
Davis, Jovulee Lee De Shon
Davis, Maddox Joe
Davis, Tyrein Gene
Deere, Malachi Ramron
Deere, Micah Keaan
Dee, Neva Lee (Larney)
Dees, Abigail Susan Olivia
DeLodhe, Ava Quinn
Dessout, Delisha Ann
Draher Sr., Russell Lee
Draher, Reuben James
Dunlap, Brady Lee
Dyer, Carola Marie
Eason, Braxton Noah
Eswick, Marisela Isabella Mariah
Edwards, Stacy Lee
Ellis, Ariel Rasuel
Ellis, Russell Bruce
Elmore, Bailey Grace
Evans, Kayla Marie
Fife, Andrew Jacob
Finch, Oliver Phillip
Frank, Janice Arlene
Garcia, Josiah Elias
Garfield, Alicia Raeah
Garrettson, Riley Dean
Gibson, Darianne Alexander
Gibson, Jarsen Baylee
Gibson, Mary Ann
Gibson, Melanie Diane
Gibson, Norma Jean
Gibson, Randall Glenn
Gilman III, Thomas Eugene
Gilman, Storm Colton
Goodwin, Dawn Marie
Goodwin, Larry Tyler
Goue Jr., Mary
Goue, Beau Allen
Graham, Charles Robert
Grass, Solomon Wayne
Griffin, Laadawn Abraham
Hamon-Breden, Katie Marie
Hario, Radena Jade
Hario, Timothy A
Harless, Crystal Renee
Harris, Montee Lee
Harvey II, Johnny Troy
Hauhorn, Ariann Renee
Hauhorn, Gage Allen
Hauhorn, O.D. Tah L'ee Eugene
Heav, Spencer James
Hernandez, Curtis David
Herrod, Kiera Leitherman
Hill, Trent David
Hoefker, Emily Danielle
Holderness, Jordan Dakota
Holderness, Matthew James
Holderness, Samantha Grace
Hollbeeck, Mav Angelle
Holmzael, Chad Thomas
Hood, Albert
Hood, Rondale Paul
Hudson, Celeste Jade
Hudson, Eden Rose
Hunt, Leccia Shannon
Hurat, Meesan Nicole
Jackson, Fallon Koy
Jacobs, Maria Elena
Jacobs, Stormie Raelene
James, Lindsey Nicholle
James, Na chelle Ardena Mae
Jim, Mary June
Jimbov, Courtney Wayne
Johnson Jr. David Lee
Johnson, Adison Grace Mae
Johnson, Ashley Nicolle
Johnson, Averry Elizabet Mackenzie
Johnson, Justice Lonewolf
Johnson, Richard Michael
Johnson, Shoshanna Louise
Johnson, Silvanus Mack
Johnson, Victoria Maria
Johnson, Zachary Howard
Jones, Anita Louise
Judd Jr. James Ray
Kanokatee, Marioni Ann
Kaseka, Christopher Lee
Kasea, Henry Augustus
Kelsey, Leitha Marie
Kev, Christian Trev
Kickapoo-Johnson, Lux Olivia
Kilmer, Leila Cashell
Kinnaman Jr, Larry Leon
Kinnaman, April Lynn
Kinsey, Maribeth
Rovalschuk, Amber Nichole
Larney, Ca'Syn William
Lee, Audrey Catherine Sung-hee
Leffler, Claudia Jo 4/22/1952
Little Axle Jr., Troy Lee
Little Axle, Dianne Gall
Little Axle, Jordan Kane
Little Axle, Joshua Taylor
Little Axle, Kaylee Jean
Little Axle, Shiloh Blue
Little Charlie, Melvin Loyon
Little Charlie, Scott
Little Charles, Vernon Ray
Little Creek, Alex
Little Creek, Lawrence Keith
Little Jr., Gilbert Boyd
Littlebear, Tonnya Lynn
Littlecreek, Samantha Jolene
Littlecreek, Thomas Eugene
Locke, Adrienne Lorine
Lone, Haliey Elizabeth
Lonhorn, Darrell Wayne
Lonhorn, Leonard Wayne
Lonhorn, Vincent Wade
Loneman, Cherokee Dakota
Loneman, Leithan Anthony
Loneman, Trina Ann
Louver, Alexandra Renee
Love, Justin James
Mack Sr., Thomas James
Mack, Civas Lédar
Mack, Rachael
Mack, Trench Hunter
Maddux, Bishop Webster Tigger
Malone, Riley
Mann, Raymond Freeland
Mann, Richard Freeman
Mann, Savannah Nicole
Mann, Taylor Lawrence
Markward, Franklin Thomas
Martin, April Denise
Martin, Kelvin Raye
Martinez, Amanda Rayna
Martinez, Danielle Lynn
Mas, Suzanne Rachael Powell
Masuas, Phillip Jon
Masuhat, Iola Renee
Massey, Karen Sue
Matatinal, Alanah Irene
Mavo, Melba Mary
McAnally, Jason Ray
McBride, Alice Jean Dirt
McDaniel, Karen Diane
McGirt, Dana Dale
McGuire, Kria Marie
McPherson, Emily Paige
Meek, Phillip Edward
Meevey, Charles Steven
Mieszkevannock, Lisa Ann
Milburn, Heather Renee
Mills, Brian Richard
Mohawk, Curtis Ray
Monroe, Pamela Sue
Moran, Summer Dawn
Morton, Joshua David
Morton, Makaila Lynn
Nakamoto, Gina Jessica
Nelson Jr., Daniel Lee
Ness, Mary Ellen
Newton, Donnie James
Newton, Emme Davis
Nowlin, Pak Louise
Ochoa, Alejandro Juan
Odel, Russell Lee
Olvera, Lashay Kay
Orteza, Mr. Kristin Lace
Ott, Ashley Mizzon Elaine
Pack, Christie Lorraine
Panther, Grayson Shawn
Panther, Nickolas Wayne
Parker, Gabriella Isabelle
Parker, Sarah Lynn
Parker, Twila Olene
Phillips, Mason Jaxon
Polecat, Vernon Leroy
Ponkilla, Yvonne Diane
Porter, Lindsey Bowe
Powell, Tammie Marie
Primeaux, Eunice Marie
Proctor, Adam Lee
Rice, Savannah Rose
Rider, Eddie Daniel
Robb, James Edward
Robertson, Winfred L.
Robison, Sklyer Madison
Rolette, Grezzy Dawn
Rolette, Hana Grace
Roller, Geraldine M Bradley
Rusnaboue, Bryce Leah
Ryder, Vanessa Louise
Sanchez, Bailey Marie
Sanchez, Cital
Sancs, James Andrew Sklavin
Sancs, Victoria Nicolette
Scarberry, Joel James
Seaton-Blanchard, Stephen Anthony
Sellers, Levi Dalton
Sexton, Jacob David
Smith, Jaxson Avery
Shaw, Shawn Marie
Shaw, Sharon Dale
Sheyler, Penelope
Slobach, Megan Marie
Smith, Amanda Dean
Smith, Noah Ryan
Snake, Archie Ellis
Sparks, Delora Ann
Spriggs, Everett R
Spriggs, Brian Lee
Spoon, Samuel Lee
Sorriazes, Brian Lee
Sorriazes, Everett R
Srbuck, Adrienne Eileen
Srbuck, Larry Eldon
Srbuck, Thomas Mark
Squire, Billie Gene
Squire, Samson Robert
Squire, Wilbur James
SRR, Aracellyn, Olivia Anaelina
SRR, Rainier I, Beverly
SRR, Stacey Louise
Stewart, Saundra Leilah
Stone Sr., James Lee
Stone, Dawn Michelle
Stuckey, Ware Declan
Sullivan, Tiffany Chantele
Sumka, Lena Darcielle
Switch, Traci Lynn
Switch, Charles William
Tavole, Trevor Seth
Taunton, Towanda Andrew
Tennor, Taylor Denise
Thomsonos, Rhonda Gail
Thorhill, Westlynn
Thorne, Brady Wayne
Thorne, Mary Catherine
Tiyah, Lavenn Wilson
Tiger, Amber Lee
Tiger, Madevlin Rose
Tiger, Patricia Ann
Tiger, Sterling Michael
Tiff, Piver Calh
Uchida, Ando Miechial
Wabaunasee, Thelma Jean
Waklee, Jade McKenzie
Wakolee, Jislovin Taalia
Walker, Leroy
Walker, Kay Laverene
Walker, Johnny Ray
Walls, Baryn Clinton
Walters, Shirley Ann
Wells, Stephanie Shaw
Wells, Wesley Shane
Whted, Kimberly Diane
Whittamathan, Charlene Edwards
Williams, Ezea Guasha
Williams, Lissa Renee
William, Seth Andreas
Wilson, Aaron Wade
Wilson, Alizee pace
Wilson, Damon Allen
Wilson, Drane Kenneth Rylee
Wilson, Ethan Hawkins
Wilson, Mark Stanley
Wilson, Howard Gene
Wilson, James Wayne
Wimnow, Destiney Dawn
Wise, Keeley Avna Lynn
Witt, Joseph Andrew
Wunderlin, Travis Rees
Yellow Eagle, Angela Marie
From Don and Esteline

HAPPY 10TH BIRTHDAY
TO MY LIL MAN.

Love, Mom, Allen, & Grandma

TO AALIYAH B. SHIELDS, SENIOR AT SHAWNEE PUBLIC SCHOOLS
AND TY X. SHIELDS, FRESHMAN AT TECUMSEH PUBLIC SCHOOLS

Both participated in the "4 The Love of the Game" tournament (A Native American High School event) in Okmulgee, OK. Each has been picked to participate in an East vs West All-Star game.
Aaliyah B. Shields is to represent Oklahoma Tribez and Ty X. Shields is to represent Native Boyz.
The proud parents of these two outstanding tribal members are: Mother, Susan Larney; Father, Darren Shields; and grandparents, Rocky Larney, Leora Dave Alford, Jenifer Sloan Shields and Jerry Shields.

CONGRATULATIONS

TO AALIYAH B. SHIELDS, SENIOR AT SHAWNEE PUBLIC SCHOOLS
AND TY X. SHIELDS, FRESHMAN AT TECUMSEH PUBLIC SCHOOLS

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Did You Know.....

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

How to Get a Tag

**NEW MOTOR VEHICLE REGISTRATION**

Any new motor vehicle registrations must be done in person by the Tribal Member. The following is a list of required documents you must have for new motor vehicle registration(s).

- TITLE
- BILL OF SALE OR SALES CONTRACT/lien ENTRY FORM (if applicable)
- ABSENTEE SHAWNEE TRIBAL ENROLLMENT CARD
- OKLAHOMA INSURANCE VERIFICATION
- VALID OKLAHOMA DRIVER LICENSE

**REGISTRATION RENEWAL**

There are two (2) options available. The following is a list of required documents for renewals.

**RENEWING IN PERSON:**

- Current Registration Certificate
- Oklahoma Insurance Verification
- Valid Oklahoma Driver License
- Absentee Shawnee Tribal Enrollment card

**RENEWING BY MAIL:**

To renew by mail, send check or money order along with the above listed items. Make check or money order payable to: Absentee Shawnee Tribe Tax Commission. A $35.00 fee for all returned checks will be charged.

**TAG PRICE GUIDE**: Excise tax = Actual Purchase Price x 1.25%

**NEW MOTOR VEHICLE REGISTRATIONS**

Excise Tax + Years Tagged + Title Fee + Admin. Fee = TAG PRICE

**RENEWALS**

Years Tagged + Admin. Fee = TAG PRICE

**VEHICLE REGISTRATION TAX SCHEDULE**

<table>
<thead>
<tr>
<th>Years Tagged</th>
<th>Tax Imposed</th>
<th>Administration Fee</th>
<th>Total Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st through 4th year</td>
<td>$80.00</td>
<td>$5.00</td>
<td>$85.00</td>
</tr>
<tr>
<td>5th through 8th year</td>
<td>$70.00</td>
<td>$5.00</td>
<td>$75.00</td>
</tr>
<tr>
<td>9th through 12th year</td>
<td>$50.00</td>
<td>$5.00</td>
<td>$55.00</td>
</tr>
<tr>
<td>13th through 16th year</td>
<td>$30.00</td>
<td>$5.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>17th year and over</td>
<td>$10.00</td>
<td>$5.00</td>
<td>$15.00</td>
</tr>
</tbody>
</table>

Do you have any questions? Please feel free to contact the AST Tax Commission office at (405)275-4030, option 6.

*No tags will issue unless at least one (1) person on the title is an Absentee Shawnee Tribal member.
The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is $25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at Briana.ponkilla@astribe.com or (405) 878-0633.

Everything is offered with no charge….Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up by 6:00pm.

Duration: Starts August 31st and will run through the school year. Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569.
Free Music Lessons for Kids
Contact Phil Bradley
405-585-8801

April 16: Rainy Day Crafts
May 21: Percussion Instruments
June 18: Summer Fun in the Car
July 16: Crafts that Blast Off
August 20: Back to School Crafts
September 17: Pirate Crafts
October 15: Spooky Crafts
November 19: Squawking Turkey Crafts
December 17: Winter Wonderland Crafts

Contact me to find out more!
Delana Ayers
405-432-7405
http://www.marykay.com/dayers4
ATTENTION PARENTS!!!

CTSA EARLY HEAD START & HEAD START IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR EHS PROGRAMS AND AGES 3 UP TO 5 FOR OUR HEAD START PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our qualified and dedicated staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child’s learning years with you!

In our Shawnee location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both Norman and Cushing are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:
Shawnee Main Office: Enrollment Manager- Shawnee Center: Center Supervisor-
Sherry Marsh (405) 275-4870 Stacey Osborne (405) 878-5820
1535 N McKinley, Shawnee 74801 1533 N McKinley, Shawnee 74801
sherrym@ctsaheadstart.org

Cushing Center: Center Supervisor- Norman Center: Center Supervisor-
Nawa Anderson (918) 225-1029 Amy Porter (405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St., Norman 73069

Health/Mental Health/Disabilities Manager
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES: POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND

NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

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The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program**: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- **Zahn Program**: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- **Job Training Adult Education Program**: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- **Higher Education**: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- **Graduate Scholarship Program**: funds for one master’s degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- **Big Jim Youth Award Program**: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030, Ext. 6242 or 1-800-256-3341 or email to tresham@astribe.com.

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**ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT**

Domestic Violence and Sexual Assault Advocacy
The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing
The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy
Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance
The Absentee Shawnee Tribe’s Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance
Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance
Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe’s Domestic Violence Program.

Community Outreach
The Absentee Shawnee Tribe’s Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe’s Domestic Violence staff at (405) 273-2888.

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**Absentee Shawnee Housing Authority**

**Programs Available**
- Low Rent Housing
- Own to Own Housing
- Down Payment Closing Assistance
- Storm Shelter Assistance
- College Assistance
- Emergency Home Repair
- College Assistance
- Earned Income Tax Member Down Payment Assistance

**FOR INFORMATION ABOUT OUR SERVICES**

**PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE**

**LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.**

**WEBSITE: WWW.ASHOUSINGAUTHORITY.COM**
Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT JULIANN WILSON ICW/CPS/FOSTER CARE AT 975-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group’s proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place “our tribal” children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).
ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA

Governor:

Wolfe

Vice Governor:

Twila Parker

Secretary:

Sheelby Thorpe

Treasurer:

Glenda Jones

Attorney:

Ronelle Baker

Procurement:

Alvina Barnes

Title VI:

Kathy Brock (Court Clerk)

Attorney General:

Tracy Wind

Human Resources:

Inez Mike

Title VII:

John Mann, Kevin Keaton, Isaac Brindley

Social Services:

Shelby Kabalan

Title VIII:

Tanya (Little Axe)

Title IX:

Linda Gouge

Toll Free:

(405) 598-6920

Title X:

William Henry

Tribal Court:

Kathy Brock (Court Clerk)

Title XI:

Linda Gouge

Tribal Council:

Stuart Rollo, Sabrina Casteel, Charles Dead;

Title XII:

Tammie (Little Axe)

Tribal Chairman:

Kathy Brock (Court Clerk)

Title XIII:

Tammie (Little Axe)

Tribal Treasurer:

Joe Abbiss

Title XIV:

Tammie (Little Axe)

Tribal Vice Chairman:

Bettye Brown

Title XV:

Mary Billy

Tribal Secretary:

Tom White, Donnie Marshall,

Title XVI:

Linda Gouge

Tribal Court:

Linda Gouge

Title XVII:

Linda Gouge

Tribal Vice Chairman:

Tom White, Donnie Marshall,

Title XVIII:

Linda Gouge

Tribal Secretary:

Tom White, Donnie Marshall,