

OFFICAL NEWSPAPER OF THE ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA

www.astribe.com

Volume 31, No. 4



li si wi nwi Mong the Shawnee<sup>19</sup>

Johnson Response to Pandemic

# **NOTICES**

**The Tribal Easter** Egg hunt for **April 4, 2020** has been canceled to help prevent the spread of the COVID-19 virus.

**AST Health System** now is providing a 24/7 **AST Health System** 24 hour LIVE Corona Virus (COVID-19) **Information Number:** (405) 695-1787 to help tribal members

**Thunderbird Casino is Temporarily Closed** until April, 2020

**NOTICE from The Election Commission** Pg 6

> Stay informed **ASTRIBE.com**

**General Council Meeting Postponed** 

All Cultural Preservation activities have been canceled until further notice.

Thank You

**Carol Butler** 

**Cultural Preservation Director** 

# **Governor's Update on COVID-19 Response**

Our people have dealt with times of uncertainty before, but we are resilient. I would like to remind our members to stay strong and supportive during this time - take care of each other and our elders. Also, please know that the Tribe is closely monitoring the pandemic now and for the weeks ahead.

Please also remember to rely on facts and medical information. If you have questions, I urge you to seek answers from reliable sources. In order to do our part in ensuring correct communication flows throughout the Tribe, I began meeting regularly with the Absentee Shawnee Tribe's Emergency Management Response Team on Saturday, March 14th.

We have taken a broad range of preventative measures to help protect our members, our employees and our patrons. Let me ensure you that our Emergency Management Response Team is diligently monitoring the evolving public health situation and briefing me on all updates. Here is a timeline of actions taken to date:

- March 9th AST instituted travel restrictions for our employees in order to decrease exposure to COVID-19
- March 10th The AST Health System stood up a Crisis Action Team (CAT) with the AST Emergency Manager and AST Public Safety Office. This team began assessing logistical planning needs for the Tribe, including the completion of an Oklahoma State Department of Health

funding.

- March 12th Based on public health recommendations, we made the decision reached via email, and a list of addresses to temporarily close the AST campus on is available on the website. March 13th.
- initiated a 24/7 staffed COVID Information Line (405-695-1787).
- March 14th Under the direction of the Governor's Office, AST instituted health and drive-through pharmacies; daily meetings with the AST Emergency Management Response Team, including the AST Health System and AST Public Safety.
- March 17th Under my direction, we have developed a weekly system to check on our Elders. Based on contact information provided by our Elders Council, hundreds of Elders have notices on Facebook, email or the AST received calls from our Elder Call Center. This population is a priority and we will continue to check on the health and well-Elder that needs a well-being call, please packages are distributed based on poverty let leadership know.
- March 18th AST declared a State of Emergency. This declaration will allow us to make recommendations or institute As this newsletter goes to print, the measures quickly in order to protect our members and employees. A declaration allows us to use all levels of our tribal government to take action against this emerging threat. Furthermore, the declaration may provide our Tribe with around this public health crisis, I urge you access to additional federal support and reimbursements for emergency protective Facebook pages for information. I assure measures we have initiated.
- March 20th The Absentee Shawnee Tribe determined the AST Campus will

grant application for COVID response remain closed to visitors through April 3, 2020. On April 3rd, we will reevaluate the situation. Departments can be

- The AST Health System will continue • March 13th – AST Health System to provide vital services and support to the Tribe - sustaining patient care on an acute basis. At this time, those services include primary care, PlusCare, dental, behavioral physical therapy and optometry will be on an as-needed basis for post-surgical patients and emergencies. However, all high-risk AST Health System employees will be scheduled to work per CDC COVID-19 guidelines. This may cause changes to hours of operation beginning on Monday, March 23rd. Please look for website.
- AST Health Services has also coordinated the donation of items to being of this group. If you are aware of an create care packages for AST Elders. The guidelines, medical needs, fixed income, and transportation status of the Elders.

timeline of response activities continues to grow. I can only hope that when our membership receives this information the pandemic is under control. However, if we are still adjusting our day-to-day lives to continue to check the AST website and you that we will keep you updated on any policy or procedural changes.

Governor Johnson

#### IF YOU HAVE BEEN EXPOSED OR CONCERNED YOU MAY HAVE BEEN EXPOSED TO CORONAVIRUS (COVID-19) PLEASE

# HELP US



CORONAVIRUS (COVID-19)



#### The AST Health System is NOT a Coronavirus (COVID-19) testing site.

- 1. Stay home
- 2. Separate yourself from other people and animals in your home.
- 3. DO NOT go to the clinic without first calling and letting them know that you have concerns of COVID-19.
- 4. Wear a facemask if you are sick.
- 5. Cover your coughs and sneezes
- Clean your hands often wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food. Use hand sanitizer if soap and water are

not readily available (alcohol-based hand sanitizer with at least 60% alcohol).

- 7. Avoid sharing personal household items
- 8. Clean all "high-touch" surfaces
- 9. Monitor your

symptoms—seek medical attention if your illness is worsening (e.g., difficulty breathing). Please remember to call your health care provider prior to presenting to the healthcare facility to get instructions on how/ where to enter the building. Wear a mask upon entering.

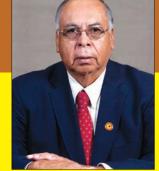
Coronavirus (COVID-19) **Call Center:** 1-877-215-8336

AST 24-Hour Conronavirus (COVID-19) Information Number: (405) 695-1787



85th Semi-Annual **General Council Meeting POSTPONED** 











Kenneth Blanchard LT. GOVERNOR

Ezra DeLodge **SECRETARY** 

Phillip Ellis **TREASURER** 

#### Governor's REPORT

John Johnson **AST Governor** 

#### **Governor's Update on COVID-19** Response

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reimbursements for emergency The Absentee Shawnee Tribe protective measures we have Hosts First Annual Industrial initiated.

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- AST Health Services has also coordinated the donation of items to create care packages for AST Elders. The packages are distributed based on poverty guidelines, medical needs, fixed income, and transportation status of the Elders.

As this newsletter goes to print, the timeline of response activities continues to grow. I can only hope that when our membership receives this information the pandemic is under control. However, if we are still adjusting our day-to-day lives around this public health crisis, I urge you to continue to check the AST website and Facebook pages for information. I assure you that we will keep you updated on any policy or procedural changes.

Governor Johnson

# **Hemp Summit**

On Friday, February 28th, the Absentee Shawnee Economic Development Authority, Inc. (ASEDA, Inc.) and Native American Hemp, a Native-owned business, gathered experts, business leaders, cultivators and government officials for the first annual Oklahoma Industrial Hemp Summit. The Summit was held at the Absentee Shawnee Tribe's Multi-Purpose Building in Shawnee.

More than 100 registered attendees had an opportunity to hear from and collaborate with farmers, processors and other businesses operating within the hemp industry. Participants discussed current innovations as well as the legal and regulatory landscapes that could impact the business.

The Absentee Shawnee Tribe's Governor, John Johnson, provided a welcome and touched on the regulatory landscape, "We are aware of some important regulatory changes that could impact our businesses. I know everyone is particularly eager to understand the roles of the USDA and the FDA. I hope what you learn today will assist you with your business and the direction you take in 2020."

Oklahoma's Secretary of Commerce, Sean Kouplen, was the keynote speaker at the event. Kouplen expressed support from the State and encouraged those in attendance to keep driving the emerging industry forward.

Industrial hemp is expected to be one of the fastest growing agricultural crops during the next 15 years. This is unsurprising considering there are nearly 30,000 industrial products currently made from hemp. The total value of hemp retail products sold in the United States in 2017 was \$820 million. Hemp is estimated to do \$10 billion in sales by 2025.

The Absentee Shawnee Tribe and Native American Hemp grew one of Oklahoma's first industrial hemp crops in the 2019 season. David Deer, ASEDA Project Coordinator, said, "I envision industrial hemp as



a pathway to our self-sustainability and economic sovereignty. It's truly exciting to see the Absentee Shawnee Tribe at the forefront. We have exciting plans to expand acreage this year as well as start processing and production."



A Special Thank You from **Governor Johnson** 

I would like to thank the many tribal members and AST employees that have been actively participating in our strategic vision process. Our community event, held on March 5th, was a success. Not only were we able to hear from several members about their long-term vision for the Tribe, many from the community were able to complete our online questionnaire. This process will be used to move our Tribe forward; to develop a roadmap with metrics and deliverables along the way. I am excited for all the possibilities before us - particularly in the areas of economic development. Again, thank you for taking the time to make your Tribe a priority. We will discuss preliminary survey results and key findings during General Council in April. I hope to see you there.

#### **Governor Johnson Addresses Shawnee Residents at Forum**

On March 6, 2020, Shawnee Forward hosted a tribal forum where more than 120 Shawnee residents gathered to hear from leaders from the Absentee Shawnee Tribe. Citizen Potawatomi Nation, Kickapoo Tribe of Oklahoma and Sac and Fox Nation.

Governor Johnson was first on the panel where he shared the accomplishments of the Tribe. Johnson recapped the statistics and facts from the recently released economic impact report.

- AST has had a \$145,162,638 impact on the state
- Across the state, AST supports 1,131 jobs in a number of sectors, including healthcare,

banking, gaming and a number of other commercial enterprises and tribal operations.

- The Tribe serves healthcare needs of Native Americans, SoonerCare members and American Indian Veterans as well as insured AST employees.
- · AST has invested in the infrastructure of more than 400 miles of state highways and roads.

Governor Johnson also informed the crowd of the cross-deputization of **AST** law enforcement. His closing remarks expressed the Tribe's desire to remain good partners with the communities inside the AST jurisdictional boundaries.



Governor Johnson addresses Shawnee residents at a Tribal Forum hosted by Shawnee Forward.

# Representative's REPORT

Atheda Fletcher AST Representative

Greetings Tribal Members:

Given the evolving situation, I am encouraged each day with the dedication of the many volunteers, employees and leaders who have shown their willingness to step up in this time of critical need. To everyone that is part aof our tribal team, I would like to express my deepest gratitude for the hard work and long hours you are showing. Without you, our tribe would have a very difficult time progressing through this critical period. Hopefully, very soon, we will be back to our normal work schedule.

As for my report, I am pleased to announce that the departments for which I have oversight continue to perform the work required for urgent issues. Each staff member is required to take proper safety measures if they come to their office. Many of the staff is performing their work remotely for their safety, but ensuring that tribal business continues as much as possible.

- Cultural Preservation is performing much of their day-to-day work remotely. The Gift Shop is closed until further notice. Cultural Preservation staff is sewing masks to help with the shortage.
- Human Resources staff is working in shifts to meet essential deadlines.
- Although the casinos are temporarily closed, the Gaming Commission staff is required and continues to provide services. Some staff is necessary, but all proper protocols and safety measures are in place for the protection of the limited staff working.
- The Management Information Systems (MIS) staff—what can I say—this group is working non-stop! MIS plays a very important role in our organization's ability to push out messages quickly during this evolving situation. The MIS staff is ensuring that all important and critical information is being posted for our tribal members and employees. The MIS staff ensures that leaders, management, and staff can perform necessary work uninterrupted; host conference calls for critical emergency management meetings; and ensures that equipment functions properly. This staff has continuously performed their duties nonstop to our remote workers and the staff onsite.

Thanks to all the dedicated staff members for continuing to contribute to the management of services for our tribal members and the ongoing tribal business needs.

Quote: We don't develop courage by being happy every day. We develop it by surviving difficult times and challenging adversity.

# Tribal Enrollment Training

"So who determines who is a Real Indian? The issue of Tribal Membership and Enrollment has become a double-edge sword."

Enrollment is on of the most important issues that tribes face today, yet it's also one of the most controversial. As Indian nations continue into the 21st century, new challenges and situations are likely to make enrollment even more complicated. Lt. Governor Ken Blanchard and Diane Ponkilla, attended this important information event from the United States Department of The Interior. BIA. March 11 - 12 2020 at the Firelake Grand Casino Hotel Resort, Shawnee Ok.

Some of the issues addressed where Tribal Membership and Enrollment Issues, Sample Tribal Enrollment Ordiances and Sample DNA Resolutions, and The Enrollment office and personnal.



Malcom Bowekaty, Native American Resources Inc., Ken Blanchard Lt. Governor AST Lonnie Emhoolah, Government officer Anadarko Agency







# Child Care Development Fund (CCDF) Programs **April 2020**

We hope you all are doing well as we prepare for the spring season. The 2020-2022 CCDF Plan Preprint started on 10/1/19 and continue until 9/30/22. This is a three year plan in which we will become fully compliant with the CCDBG Act of 2014. The CCDBG Act of 2014 regulations fall into four major categories to include: Protect the health and safety of children in care; help parents make informed consumer choices; provide equal access to stable child care for low-income children; and enhance the quality of child care. This plan has been provisionally approved by the federal Office of Child Care and has been posted on the AST website for everyone to see. We will also have plans available in our offices if you would like a hard copy. With the new CCDF plan we have also had an increase in funding that we are utilizing for the program which includes Building Blocks Centers and the child care assistance program also known as subsidy. We are also hoping to increase the allocations for staff so that we can help with retention and hiring highly qualified employees. The Centers have implemented a new learning curriculum called Frogstreet that also addresses classroom management techniques as well as early learning guidelines and social and emotional activities and lessons. The Centers are also doing upgrades such as new heating and air units, playground equipment, fencing and classroom items to replace worn out or outdated supplies. We would like to remind Tribal Members in need of child care about our license-exempt Relative Home Provider care type. Approved families will have the option of choosing a Relative Home Provider for their child care needs. In the past a relative provider had to be OKDHS licensed. Starting Oct. 1, Relative Home Providers are exempt from having an OKDHS license but must be tribally licensed for child care. Relative Home Providers will provide care for children they are related to and do not reside in the child's home. RHPs will be approved and tribally licensed based on their application, passing a background check and home inspections. RHPs will have to meet certain guidelines and follow tribal standards for care including child to provider ratios. RHPs will also be subject to monitoring visits and best practices through AST Licensing and Monitoring guidelines. We

will have the application and guidelines on the AST Website under the Services/Childcare page. Applicants who wish to utilize the RHP will need to be eligible for AST Child Care prior to RHP approval. Please contact me or LaNora Buswell, CCDF Specialist, if you have any questions.

We are still accepting applications for families who may be interested in child care assistance and cannot get assistance through OKDHS. Children must have their own CDIB cards or letters of application to a federally recognized tribe. Applicants can choose which child care provider that best fits their child care needs such as a Tribally Operated Center, Non-tribal Center, family home provider or relative provider. One of the other changes with the new

Plan Preprint is that families seeking child care assistance no longer need to get a denial letter from OKDHS, they can come to us first. The application and information regarding subsidy and provider selection can be found on the AST Website under Services/Child Care. We also offer a three (3) month job search for families who may be experiencing a loss of employment but still have child care needs. Families will need to reside in the AST CCDF Service area of Cleveland, Oklahoma, Pottawatomie and McClain counties. They can choose any DHS licensed provider or seek enrollment with one of our AST Building Blocks Child Development Centers. The After School Program is still operating but we are not able to provide all day care on breaks like we did previously. Due to a staff shortage we can only

provide care afterschool. We are not taking any new students at this time. Please contact us if you have any questions.

Our goals through the CCDF grant, Building Blocks enterprise and the After School Programs is to provide quality child care to Native and non-native children in our communities. We do this by our innovative ideas on curriculum and staying abreast of all training and requirements to maintain higher levels of care. We strive to be the best and be better than the best every day.

If you are interested in any of these programs or have any questions please feel free to contact me at the number above or by email, briana.ponkilla@ astribe.com. Ni yi wa! (Thank you) Briana Ponkilla **CCDF** Coordinator

#### PLEASE fill out EACH BLANK completely and return by the Deadline.

#### ABSENTEE BALLOT REQUEST

I,(Print N			, hereby cer	rify that I am or y	will be an Eligible
(Print N	ame)		,	)	Will of wil Eligioit
Voter of the Absen	tee Shawn	ee Tribe on	or before June 2	0, 2020. I cann	ot physically
be present to cast n	ny Vote at	the June 2	20, 2020 Run Of	f Election, the	refore, I am
requesting an Abse					,
1 0					
Name (please print):					
Name (please print):	(first)	(middle)	(maiden)		(last)
Address:			City:	St:	Zip:
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CDIB#:			Date of Bir	th:	
Signature:			Date:		<u>-</u>
All REQUES	STS must h	e returned to	o the Election Con	nmission by the a	deadline date of
im <u>itayoa</u>	<u>515</u> mast 6		y 31, 2020	minssion by the C	deadinic date of

#### Mail to:

Absentee Shawnee Election Commission P.O. Box 741 Tecumseh, OK 74873

#### Fax to:

Fax # (405) 273-1337 (Do not fax to any other fax #)

Phone: (405) 275-4030 ext. 6271 Toll free number 1-800-256-3341 ext. 6271

#### **Deliver in Person to:**

Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot. This form may be duplicated for your convenience.

ELECTION COMMISSION USE ONLY							
Received:	Approved:	Disapprov	red:				
If Disapproved (reason):							
Denial Letter Mailed:		Ballot Mailed:					
			_				

#### **April is Sexual Assault Awareness Month**

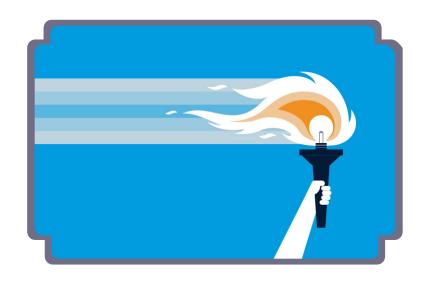
Unfortunately, as a result of COVID-19 we are unable to move forward with our in-person sexual assault awareness events that were planned for April. The good news is that there are still things you can do to spread awareness and support within the community. Since TEAL is the color of Sexual Assault Awareness, we encourage you to wear the color TEAL to show your support to sexual assault survivors and help to create awareness. Let's take these statistics and turn it into an opportunity for awareness through painting your nails. "more than 1 in 2 American Indian and Alaska Native women have experienced sexual violence" – for this statistic, half of your nails would be painted teal and the other half can be the color of your choice. Or, "more than 1 in 3 American Indian and Alaska Native women, will be raped during their lifetime" - for this one, every third finger can be painted **TEAL** and again the rest can be the color of your choice.

One more thing, if someone informs you that they have been sexually assaulted it is important that you believe and support them in any way that they need you to. Remember: EVERYONE in one way or another is affected by this injustice and we need to work together in order to prevent it and ultimately end it.

If you or someone you know has been sexually assaulted please contact our office at (405) 273-2888 for more information. Our services are confidential and we are here to help.

Sincerely, The Domestic Violence Department Staff





#### Absentee Shawnee Resource Center

SATURDAY, May 16th 2020

Event begins at 9:00 a.m.

For ages 5-6, 7-9, 10-12, and 13-14 years.

**AST Diabetes and Wellness** Junior Olympics

Youth Olympics

The Absentee Shawnee Diabetes and Wellness Program encourages daily physical activity for all youth. The 2020 AST Diabetes and Wellness Junior Olympics provides an opportunity for youth to engage in fun and healthy physical activity. Please complete the registration form to enroll your kid(s) in this year's olympics!

FUN OLYMPIC ACTIVITIES FOR KIDS

#### Youth events include













50 Yard Dash Softball Throw

Running Long Standing Broad Free Throw

For more information, please call 405-364-7298

Guardian Name: Youth Athlete (name): City, State:\_ Zip:\_ Phone:

DOB (Athlete): \_\_\_\_\_ Age: \_\_\_\_ Male: \_\_ Female: \_\_\_ Waiver: In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the AST newsletter without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

Signature Date

See what's NEW at the

# SCHOLASTIC **BOOK FAIR**

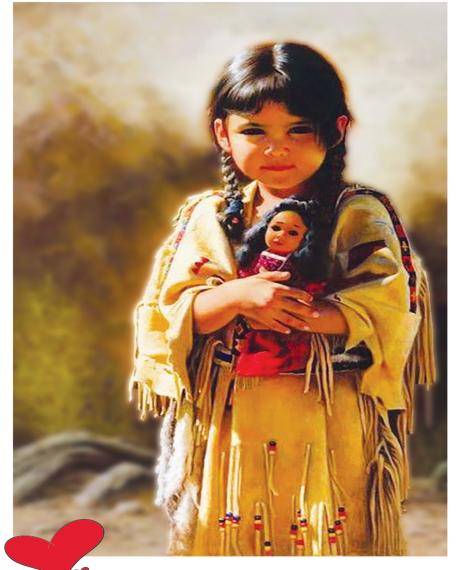
AST library is having a book fair from April 6-17, 2020



All purchases benefit our school!

**₩** SCHOLASTIC

# **Looking for Foster Parents**



# "SHARE YOUR HEART,

AST ICW is looking for those who have a loving heart to become foster parents. If you are interested in becoming a foster parent please contact AST ICW at 405-395-4490 for more information

### **IMPORTANT NOTICE From The Election Commission**

Tribal Members,

This information is provided to explain what happened in the Election Commission office during the weekend of Feb. 29th. Jim Spybuck got a phone call from the Governor concerning the fax machine not working in the Election Commission office. He and Emily Longman came into the office to investigate the matter Sun., March 1st around 1:00pm. They found that the line to the fax machine was not working. This was of no fault of our own but a phone system lockup. The Technology Department was contacted first thing that Monday, Mar. 2nd. We talked to Kelly Chambers and he said he would check it out cause it looked like it was all over the complex. Around 9:00am, a total reboot of the phone system was done and it fixed the phone line and issues with the fax. Some candidates were concerned that the Absentee Ballot requests were not getting through but upon request by them, we extended the deadline to be Mar. 3rd at 5:00pm as long as the Failed Report (which is produced by all machines when faxing showing whether it went through or FAILED) was submitted with the request. Needless to say, no requests came in and there were no phone messages left on our voicemail.

The Election Commission met on Mar. 20th at 5:00pm to close out the Absentee Ballots received and checked for Emergency Ballot requests but none were left on the phone voicemail and there were no faxes logged on the fax machine either. Absentee Ballots were closed and accounted for.

The court ruled in a Declaratory Judgment that the Primary Election will be postponed and re-scheduled for April 4th. Case No. CIV-2020-04 due to the COVID-19 cases in Oklahoma.

The Election Commission will take all necessary precautions to keep all tribal members safe including being able to vote from your cars if necessary, to keep social distancing and ease the concern of tribal elders while voting.

**The Election Commission** 



Dear Absentee Shawnee Tribal Member:

As you know, I am running for TRIBAL REPRESENTATIVE once again! I am reaching out to all tribal members asking for your support and vote in the April 4, 2020 primary election. It is more important than ever that you vote in this upcoming election. The candidate that is elected will be in office for four (4) years. We need leaders who are dependable and qualified. It is your chance to select leaders who understand the issues and will embrace your concerns. I was raised with tribal traditional values, but also learned the ways of the business world. I want to share my knowledge to help my tribe.

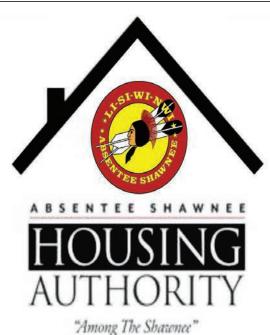
The candidate that you elect will be making multimillion dollar decisions for the tribe. It is so very important that you elect effective business leaders with traits of self-awareness, decisiveness, fairness, enthusiasm, integrity, knowledge and endurance. I possess these traits that were honed in the private sector throughout my professional career. I bring a wealth of business knowledge and drive to grow our tribal businesses. Growing our tribe is paramount to being able to provide more services to our tribal members.

I have been in office one year and six months and have proven to be an effective leader with a deep desire to do what is in the best interest of the tribe and tribal members. Following are some (not all) of the successes that I have performed during my short term as the Tribal Representative.

- Increased Cultural Preservation activities for tribal members.
- Continue to work with and build connections with local high schools to bring our language to the youth. Working to preserve our language has been a challenge, but we are making strides on various avenues and I will continue to seek ways to enhance this program.
- Spearheading an Assisted Living and Independent Living Project. This topic has been tossed around for many years. I and a strong committee hope that we can make this a reality.
- Completed Phase I for Youth Camp and currently working on Phase II.
- Expanded the Gift Shop in order to have a presence at the Little Axe Clinic.
- Managed the VITA Free Tax Service Program for tribal members and employees for 2019 tax year.
- In 2019, I brought to the tribe more than \$209,000 through a benefits program that was basically overlooked for years. We are currently on track to again gain over \$200,000 in 2020. The result will be over \$400,000 in funds that come back to the tribe in my 2-year period in office.
- I reviewed and assessed the Tribe's 401K Plan that had not been reviewed in over ten (10) years. Under my direction, the HR staff implemented a new 401K Plan resulting in improved services and a savings to the tribe in plan costs of 14.8% or \$29,000 per year.
- Currently working to produce the first Employee Handbook and overhauling the Policies and Procedures. The current Administrative Manual was created in 1997--23 years ago. As the third largest employer in the Shawnee area, this needed to be done.
- Introduced Employee Longevity Recognition Award Program.
- Reduced legal service costs for Gaming Commission by more than 50%. A savings of approximately **\$30-50,000** annually.

These are only a few of the achievements that I have made during my short time in office. There is so much more that I want to accomplish, but I need your help and your vote. Please vote for me in the upcoming Primary Election on April 4, 2020.





# **2020 PROGRAMS**

- Low Rent Housing
- Lease to Own Housing
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing
- Transitional Housing
- Home Rehab Assistance AST Members ONLY
- \$5,000 Down Payment Assistance AST Members ONLY

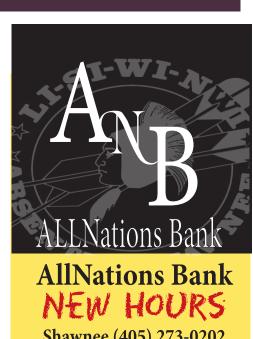
PROGRAMS ARE DEPENDENT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE TO PICK UP AN APPLICATION

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM



# Shawnee (405) 273-0202

Effective August 12, 2019

**Drive Thru:** 

M-W 9AM to 5PM Th-F 9 AM to 5:30 PM

Lobby: 9AM to 4 PM WWW.ANBOK.COM

**FDIC** 

# **April is Testicular Cancer Awareness Month**

Testicular cancer occurs in about 1 in 270 men and is highly curable when detected early. 95% of patients are alive after a 5 year period. The biggest threat that testicular cancer poses is when Men do not seek medical treatment early enough and the cancer has spread to other parts of the body. So what are the signs and symptoms?

- A lump of any size on the testicle
- Enlargement of the testicle, change in shape, size or any irregularities
- Pain or discomfort in the scrotum or testicle
- A dull ache or sense of pressure in the lower abdomen or back
- A feeling of heaviness or fullness in the
- Enlargement or tenderness of the breasts due to elevated hormone levels

breasts due to elevated hormone levels
In most cases early stages of
testicular cancer present themselves
in a completely painless manner. Risk
factors of this disease include having
undescended testicle, family history of
cancer, Urological Birth Defects or being
of Caucasian Descent.

As is the case with most things, the best protection is early detection. Experts agree that starting from puberty; all males need to be completing a month self-testicular exam. Each month, men should check for any changes or abnormalities, and be especially aware of the signs and symptoms as listed above. If you do find any of these signs, or you just have questions in general, contact your primary care physician.

For more general information,

including community support, please visit https://www.

TesticularCancerAwarenessFoundation. org/

# CORONAVIRUS 19

# 10 things you can do to manage your health at home

#### If you have possible or confirmed COVID-19:

1. Stay home from work, school, and away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.



2. Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately.



Get rest and stay hydrated.



appointment, call the healthcare provider ahead of time and tell them that you have or may have COVID-19.



 For medical emergencies, call 911 and notify the dispatch personnel that you have or may have COVID-19.



**6.** Cover your cough and sneezes.

CS 315822-A 03/07/2020



7. Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



8. As much as possible, stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a facemask.



**9.** Avoid sharing personal items with other people in your household, like dishes, towels, and bedding.



10. Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.





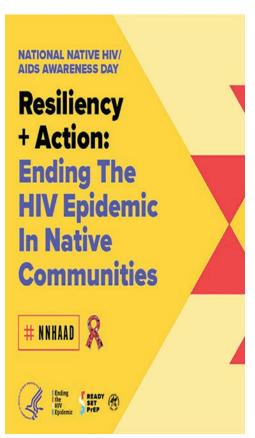
Please go to <a href="https://www.cdc.gov/covid19-symptoms">www.cdc.gov/covid19-symptoms</a> for information on COVID-19 symptoms.



#### On the first day of spring we recognize National Native American HIV/ AIDS Awareness Day.

Spring is considered a time of profound change, new beginnings and birth; A celebration of life for all people.

From 2010 to 2016, the number of new HIV diagnoses increased 46% (from 157 to 230) among AI/AN peoples. This disease is present in our communities, over 2000 AI/AN peoples currently living with the disease and more than 1,800 have passed away from it since 2008. The best things we can do for our community are show support and end the stigma surrounding the disease. Help end the Epidemic in Native communities by Knowing your own HIV status, Choose less Risky Behaviors and Get Tested. Talk to your health care providers about testing. For more information, please visit http://nnhaad.org/





NATURE STUDIES · VOLLEYBALL · FISHING · ROPES COURSES · CULTURAL ACTIVITIES

Campers learn about nutrition, self-esteem, physical fitness and diabetes prevention, while enjoying all the fun of a traditional summer camp.

For additional information, contact Lisa Harrington at (405) 701-7977 or LHarrington@astribe.com

NYPD is a 501c(3) charitable organization with a mission to educate, promote, and empower future generations in the awareness of diabetes and its complications. The Absentee Shawnee Tribe is a coalition

About Native Youth Preventing Diabetes:

member of the organization.



Thunderbird Casino is temporarily closed until April 2020 to prevent the spread of COVID-19.

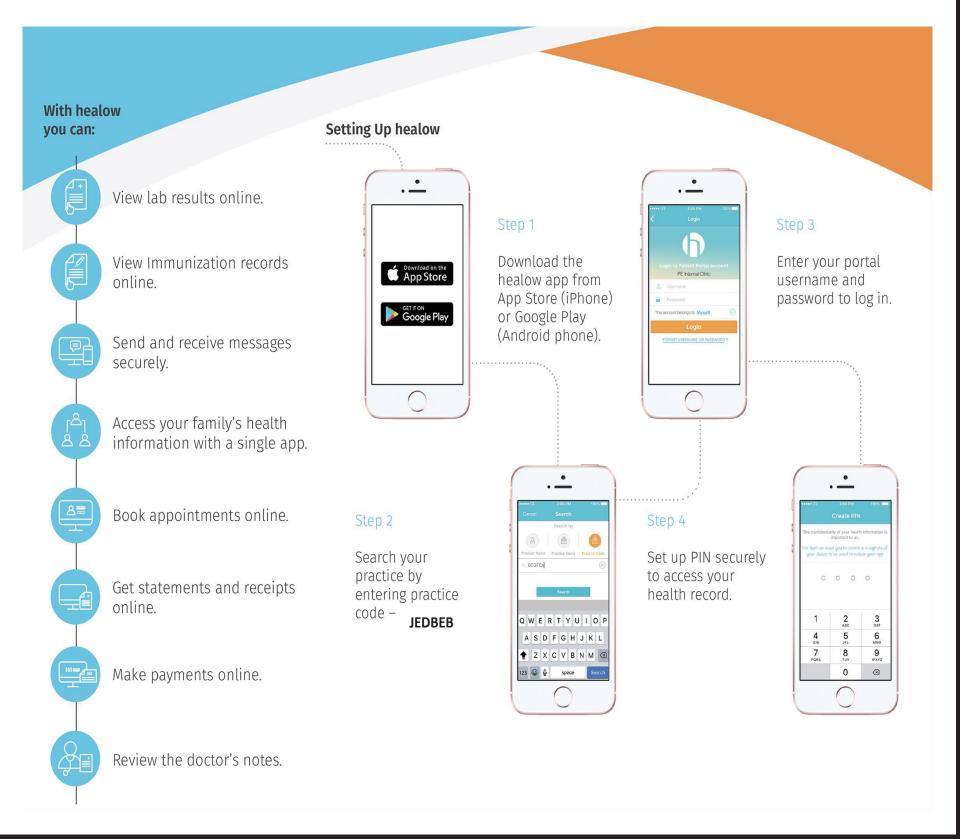
All events and promotions are postponed as well.

For updates please visit:
PlayThunderbird.com
or
Facebook.com/ThunderbirdCasino



In uncertain times unexpected changes may occur for the safety and wellness of our patients. Here are ways to find out about our closures and updates:

- Check our website asthealth.org
- Following us on Facebook "Absentee Shawnee Tribal Health System"
- Call registration to ensure your phone number is up to date in our system & request you are enabled for text alerts
- Calling ahead to the facility: Little Axe- 405.447.0300, Shawnee-405.878.5850, & PlusCare-405.447.0477
- Current patients can sign up for the Healow app to check their appointment statuses and receive notifications (use practice code: JEDEBD, if you need assistance call patient registration)
  - SEE HEALOW INFORMATION ADDED



#### Help Wanted

Pharmacy Clerk X2 - Little Axe Health

RN Case Manager - Little Axe Health

**Security Guard** - Little Axe Health Center

**Dental Assistant** - Little Axe Health Center

Licensed Practical Nurse (LPN)-PlusCare Clinic

Outpatient Therapist - AST Shawnee

Clinic

**CCDF Assistant** - Absentee Shawnee Tribe

**After School Program Driver**-Absentee Shawnee Tribe

After School Program Manager-After School

**Tribal Youth Resource Specialist**-Brendle Corner Community Building

**Housekeeper** - Absentee Shawnee Tribe

**Patrol Officer**-Police Department Absentee Shawnee Tribe

**Master Teacher-**Building Blocks

IT Network Administrator-Information Technology

**Master Teacher** Building Blocks III Norman, OK

Floater 2025 S. Gordon Cooper Dr.

Shawnee, OK

A complete list of opportunities, detailed information and a downloadable application are available at **www.astribe.com/employment**. Applications can also be picked up at the Human Resources Department located at the Absentee Shawnee Tribal Complex, 2025 S. Gordon Cooper Drive, Shawnee, OK.

**SEND COMPLETED APPLICATIONS AND RESUMES TO** email: HR@astribe. com fax: 405-273-2710 or mail to: Absentee Shawnee Tribe-HR Department 2025 South Gordon Cooper Dr. Shawnee, OK 74801

As of **02-25-2020**, the EC made a decision to extend the deadline until **01-Nov-2021** for the **adult gift cards** from 2019.

Please contact the **AST Finance department** for more details.

(405) 275-4030 Bralynn Barnes or email at bbarnes@astribe.com

#### **ASEDA ADMINISTRATIVE ASSISTANT**



#### GENERAL DESCRIPTION

The purpose of the position is to provide high-level administrative support by conducting research, preparing statistical reports, handling information requests and performing clerical functions such as preparing correspondence, receiving visitors, arranging conference calls and scheduling meetings.

#### RESPONSIBILITIES

- Manage and maintain ASEDA Staff schedules and meetings.
- Communicates with media on needs for public relations activities inclusive of storylines, photo opportunities, etc.
- Creates and implements community related activities for presentations, mail-outs and other related informational needs.
- Prepare invoices, reports, memos, letters, financial statements and other documents, using word processing, spreadsheets, database, or presentation
- Read and analyze incoming memos, submissions, and reports to determine their significance and plan their distribution.
- Open, sort, and distribute incoming correspondence, including faxes and email.
- Prepare responses to correspondence containing routine inquires.
  Perform general office duties such as ordering supplies and maintaining records.
- Traveling, on occasion, with and/for ASEDA Staff to various meetings.
- Make travel arrangements for ASEDA Staff.
- Other duties as assigned by ASEDA Staff.

#### **EDUCTION REQUIREMENTS AND QUALIFICATIONS**

Bachelor's Degree (preferred) and a minimum of two years of professional or technical administrative experience in business or public administration or an equivalent combination of education and experience, substituting one year of qualifying experience for year of the required education.

 $\label{eq:must_possess} \text{ excellent written and verbal communication skills. } \text{Must have excellent computer skills.}$ 

Must be able to pass a criminal background check.

Native American Preference/EOE/Drug Free Workplace

#### ABSENTEE SHAWNEE TRIBAL MEMBERS

#### APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

#### ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

#### REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

# NEW

#### **FOSTER CARE LICENSING COMMITTEE**

#### **QUALIFICATIONS OF COMMITTEE MEMBERS**

- (a) A Committee Member may be a member of the Tribe.
- (b) No person shall be barred from serving on the committee because s/he is an employee, or operates a Foster Home under a State or Tribal license.
- (c) Each Committee Member shall be at least eighteen (18) years of age and legally capable of entering into a binding contract.
- (d) No person who has been convicted of a felony or other crime involving embezzlement, fraud or moral turpitude shall serve on the Foster Care Licensing Committee. As of May 30<sup>th</sup> 2001, background checks will be necessary for each new and/or reappointed existing committee member.
- (e) Each Committee Member shall take an oath to support and defend the constitution, rules and regulations of the Absentee Shawnee Tribe.
- (f) It is strongly recommended each Committee Member complete the application process to become an Emergency Protective Foster Home and therefore be licensed through the Tribe.

Applicants can apply by picking up the application with your letter of intent at the Secretary's office.

Foster Care Licensing Committee Application of the Absentee Shawnee Tribe of Oklahoma CDIB: City: State: Email:\_\_\_\_ Are you 18 or older? Yes No (circle one) Must be at least 18 and able to enter into a contract Willing to become a Foster Care Emergency Home and become licensed? Are you willing to undergo a background check? \_\_\_\_\_ Do you have any felony's? If yes explain: \_\_\_\_ Have you served on any other committees? What is your Highest Education Level? \_\_\_\_ \_\_ Major: \_\_\_\_\_ Any other information that you believe that will help in the decision to choose our committee by? References Phone: \_\_\_\_\_ How long have you known? \_\_\_ Phone: How long have you known? Phone: How long have you known? Each Committee Member shall take an oath to support and defend the constitution, rules and regulations of the

Please include your letter of intent.

## **The Education Department**

is seeking up to three (3)

Members to serve
on the Education Committee.

Please contact the Education Department with any questions at tresham@astribe.

or (405) 275-4030 Ext. 6242

As of August 2019 Advertising Rates/Placement have changed for the Absentee Shawnee Newsletter.

The paper is no longer able to continue with free advertising space. Thank you! Your continued support and understanding is a valuable asset!



Sherman Tiger
AST Media Director
stiger@astribe.com
405-598-1279



April 2020 www. astribe.com

# **OEH&E NEWS**

#### What's New at AST OEH&E?

AST recently placed a new Director of OEH&E, Jarrod Lloyd, Mr. Lloyd has been with the Tribe just over 5 years and is dedicated to serving the AST community in his new role as Director. His extensive background in Environmental Health and Geographic Information Systems affords him to meet many needs that the Tribe

AST has also brought on a new Environmental Manager, Micah Isaacs, to manage and develop tribal environmental programs. Mr. Isaacs has the opportunity to help protect Tribal lands by administering grants funded through the United States Environmental Protection Agency. His background as a biologist and surface water quality expert will help grow AST's EPA programs in order to protect the health of community members and Tribal environmental resources

"Conservation is a state of harmony between men and land."

- Aldo I eopold

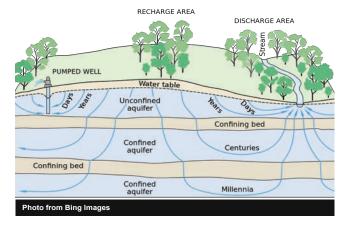
#### **AST OEH&E Programs**

- Sanitation Facilities Assistance
- Tribal Response Program for Brownfields
- Indian General Assistance Program
- Clean Water Act Section 106 Water Pollution Control Program
- Clean Water Act Section 319 Nonpoint Source Pollution Program

#### In This Issue

- Brownfields Program
- GAP Program
- CWA § 106 Program
- CWA § 319 Program





#### **OEH&E Programs**

#### Sanitation Facilities Assistance

The OEH and E Office provides the following Water and Wastewater Service: New Water Wells, Water Well Renovations, Community Water Line Service connections along with hookup and fees, Wastewater Services by providing New Septic Systems, Renovation of Septic Systems, Community sewer service lines with hookup and fees, Septic Tank and drain fields and Individual sewage lagoons.

Sanitation Facilities Assistance applications can be found at OEH&E offices or online here: https://www.astribe.com/sites/default/files/application for oehe.pdf

For questions regarding Sanitation Facilities Assistance please call our offices Monday-Friday, 8am-5pm, at (405) 214-4235.

#### **Brownfields Program**

The Brownfields Program is funded through the U.S. Environmental Protection Agency with a mission of empowering local communities, and other stakeholders redevelopment by working together to prevent assess clean up a sustainably reuse brownfield sites

A brownfield is a property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of a hazardous substance, pollutant, or contaminant. The Brownfields Program provides technical assistance for brownfields activities by protecting the environment while addressing potential sites to ensure the health and well-being of our Tribal members, the local community and environment.

AST's Brownfield Inventory for Public Record may be found here: https:// www.astribe.com/environmental-health

- Sanitation Facilities Assistance Program

# Do you have a

**Brownfield Site?** 

If you have land that you want to use for business, park or for cultural purposes and are concerned about environmental contamination, you may have a brownfield

Typical Brownfield Sites Include

- Abandoned Buildings
- **Burned Homes** Buried/Open Dump Sites
- Large Amount of Tires

Oil/Gas Well Sites If you have a Brownfield Site that

call our offices at: (405) 214-4235

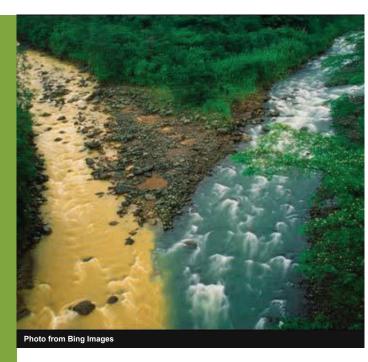
We may be able to help you!



#### This Month's

#### **Use Reusable Bags**

Plastic grocery-type bags that get thrown out end up in landfills or in other them or may mistake them for food. Also, it you are shopping for food, clothes or books use a reusable bag. This cuts down on litter and prevents animals from getting a hold of them. bags in your car so you never leave home without



#### Clean Water Act Programs

Clean Water Act § 106 Water Pollution Control Program authorizes EPA to provide financial assistance to AST to establish and administer programs for the prevention, reduction, and elimination of water pollution. AST collects water quality data on waters important to the Tribe. Data collected is analyzed for the health and safety of our environment and the AST communi-

Clean Water Act § 319 Nonpoint Source (NPS) Pollution Management Program allows EPA to fund AST in order to mitigate or prevent polluted runoff. NPS pollution, unlike pollution from industrial and sewage treatment plants, comes from many diffuse sources. NPS pollution is caused by rainfall or snowmelt moving over and through the ground. As the runoff moves, it picks up and carries away natural and human-made pollutants, finally depositing them into lakes, rivers, wetlands, coastal waters and ground waters.

#### Indian General Assistance (GAP) Program

GAP provides tribes:

- 1. Financial assistance to build tribal government capacity to administer environmental regulatory programs that may be delegated by EPA on Indian lands:
- 2. Financial assistance for tribes to meaningfully participate in environmental program administration by EPA or authorized states, territories, other tribes, or local governments;
- 3. Financial assistance for the tribal solid and hazardous waste program development and implementation in accordance with the purposes and requirements of applicable provisions of law, including the Solid Waste Disposal Act (commonly known as the Resource Conservation and Recovery Act, or RCRA) and the 2018 Consolidated Appropria-
- Technical assistance from EPA to Indian tribal governments and intertribal consortia in the development of multimedia programs to address environmental issues on Indian lands.

#### **Contact Us**

information about our

74801, Building #13

Phone: 405-214-4235

AST.Environmental.Programs@astribe.com

Visit us on the web at

Absentee-Shawnee Tribe Office of Environmental Health & Engineering Newsletter

#### Absentee-Shawnee Tribe Office of Environmental Health & Engineering Staff

- Jarrod Lloyd—OEH&E Director
- Kyra Underwood—Administrative Assistant II
- Devin Leitka—Tribal Utility Operator
- Micah Isaacs—Environmental Manager

# **VACCINES FOR TEENS**

Keep your adolescent vaccinations up to date

Kids grow out of many things, but vaccines aren't one of them. Every year in the U.S., 2.5 million people die from vaccine-preventable diseases. Because adolescents are at risk for many of these serious diseases, immunization is especially important. Ask your healthcare professional about all recommended vaccines to protect your child.

#### Did you know that in the U.S.:

#### million people are infected with human papillomavirus (HPV)—mostly teens and young adults-

leaving them

vulnerable to

later in life?

disease cases are preteens, teens, and young adults, ages 11-24? associated cancers



people

are hospitalized annually due to flu-related complications?

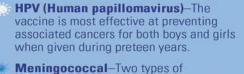
There were an average of 200,000

of pertussis each year before the Tdap vaccine was available, and since then, cases of the disease have decreased more than 80%?

**80**%

#### Remember the 4





- meningococcal disease vaccines protect against the most common serogroups. Teens should start the ACWY vaccine at 11-15 years old, with a booster dose between 16 and 18 years. They may also get the serogroup B vaccine at 16-18 years
- Tdap (Tetanus, Diphtheria, and Pertussis [whooping cough]) and Td **Booster (Tetanus and Diphtheria):** Adolescents should receive a Tdap vaccine between the ages of 11-12. Regular boosters of Td vaccine are recommended every 10 years to protect those at risk.
- Flu—Flu season typically starts in October, and the virus can mutate each year. Annual vaccination is recommended.

#### CDC-recommended vaccinations for adolescents:

**Every year** AGES 11-12 years • HPV (2 doses) Meningococcal ACWY

flu vaccine 13-15 years

Meningococcal ACWY (if not previously vaccinated)

 Meningococcal B\* Meningococcal **ACWY** booster



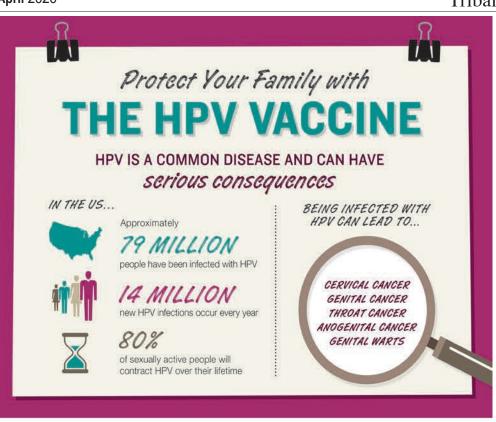
17-18 years Td booster every 10 years PROVIDER if your adolescent needs a catch-up vaccine to protect them from Hepatitis A · Polio

**ASK YOUR HEALTHCARE** 

- Hepatitis B
- · Measles, mumps,
- Chickenpox rubella (MMR)
  - Pneumococcal disease\*



For more information, visit www.unity4teenvax.org



#### PROTECT BOTH YOUR SONS AND DAUGHTERS

FROM CANCER WITH THE HPV VACCINE

#### PROTECT YOUR DAUGHTER

Each year, there are 12,000 CASES OF CERVICAL CANCER leading to OVER 4,000 DEATHS IN WOMEN

#### PROTECT YOUR SON

Each year, there are 9,300 CASES OF HPV-RELATED CANCERS IN MEN

#### THE HPV VACCINE

It is important to protect your child from the disease early.

THE HPV VACCINE CAN...





Reduce Risk of HPV-related cancers BY UP TO 99%

when fully protected with the recommended doses



SPREADING HPV to future sexual partners

The recommended age to receive the HPV vaccine is 11 or 12, however it is not too late for 13-26 year olds to get vaccinated as well.

# THE HPV VACCINE IS SAFE AND EFFECTIVE

Clinical trials and ongoing research have shown the HPV vaccine's protection remains strong for at least

There is no evidence to suggest this level of protection changes over time.

Since the vaccine was licensed.

ONLY 0.0003%

of patients reported side effects - and most of those were "non-serious" symptoms such as headache, nausea and dizziness.

#### You are the key to HPV cancer prevention.

Get your child vaccinated at the recommended age of 11 or 12 years, to protect them and their future partners from contracting HPV









#### Ne-Hi-Ki-Wa-Sa-Pa. *We listen*.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026 405.447.0300

SHAWNEE CLINIC 2029 S. Gordon Cooper Dr. Shawnee, OK 74801

405.878.5850

PLUSCARE CLINIC 15702 East State Highway 9 Norman, OK 73026 405,447,0477





# ATTENTION

#### **EXCITED TO ANNOUNCE OUR NEW**

Permanent Medication Disposal Sites!! Located at both AST Health Clinic lobbies!

AST Shawnee Clinic

AST Little Axe Health Center

We want your meds! You can drop off your expired or unused prescription medications anytime at these two locations.

> Hours of operation same as the clinic normal hours. 8-5 Monday-Friday

No Syringes or Liquids accepted

15951 Little Axe Drive Norman, OK 73026

2029 S. Gordon Cooper Drive Shawnee, OK 74801







# Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

#### LITTLE AXE HEALTH CENTER

15951 Little Axe Drive

Norman, OK 73026 405.292.9530

Regular Drive-thru:

Lobby:

Mon-Fri 8 a.m. to 5 p.m.

Mon-Fri 7:30 a.m. to 5 p.m.

Extended Hours Drive-thru\*: Mon-Fri 5 p.m. to 8 p.m.

(or until last PlusCare patient receives their medications) Sat - Sun 9 a.m. to 5 p.m.

Closed New Year's Day, Easter Sunday, Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Eve, Christmas Day

\*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST Member emergency room visit fills.

#### SHAWNEE CLINIC

2029 South Gordon Cooper Drive Shawnee, OK 74801

405.878.5859

Lobby:

Mon-Fri 8 a.m. to 5 p.m. Drive-thru:

Mon - Fri 7:30 a.m. to 5 p.m.

Extended Hours\*:

(or until last patient receives their medications) Sat 9 a.m. to 5 p.m.

Mon-Fri 5 p.m. to 8 p.m.

Closed Sundays & Holidays

\*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST Member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

#### 24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal Members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



 $\triangle$  AAAHC

# ASTHS April 2020 Monthly Update

The health system rapidly moved out upon the declaration of a National, State, and Tribal States of Emergency declared in March due to the COVID-19 pandemic. The Health Emergency Operations Center (EOC) was stood up on 2 March 2020, and daily Tribal Crisis Action Team (TCAT) meetings were held twice daily to monitor the deteriorating situation. Maximum effort

was engaged in establishing temperature checks for employees, implementing the CDC guidelines for employees and their families, as well as implementing the AST Pandemic and All Hazards Response Plans. Daily meetings with the OSDH Regions 6/8, the AST Public Safety and AST Emergency Manager were vital in a coordinated and synergistic response under the direct oversight of the Executive Committee and Health Boards Chairwoman. Quick actions and solid plan execution saw that all homebound patients were provided meals with all infection control protocols in-place as well as care packages being provided to homebound patients. Additional coordination with the White House with Tribal Leaders, other federal agencies, and the state all combine to assure vital National Stockpile Supplies were delivered and implemented within our plan quickly. Several COVID-19 exposure "false alarms" were experienced early on as criteria was in flux and moving into a contingency configuration which was attained within only a few days as the health system partnered with the state to get ahead of the deadly COVID-19 outbreak curve. While it will be some time before we all move back into a "normal" life again, the spirit of determination, cooperation, and assistance were key to this large-scale Public Health response. Please continue to accelerate your personal hygiene and decelerate your social contact and gatherings, especially if you are known with your provider to be in the high-risk category. While the tribe continues to do all we can, it is also a shared sacrifice to also care for your family, tribal community, and those whom depend upon you. Continue to work hard on this national campaign to end the COVID-19 pandemic through information, action, and safe practices for you and your family.

We are always thankful and very proud of our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe, especially during an unprecedented 3 layered State of Emergency! Employee Awards and awardees are listed below for recognition of outstanding efforts in the face of life and death during this deadly pandemic. The AST Health System always strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

March Health Employee Awards of the Month

**Employee of the Month** Team of the Month Special Leadership Award

Dr. Monica Durska-Keller Temperature Check Team & Health Housekeeping Team Mrs. Sandra Vaughn, Board Chairwoman

Mark E. Rogers, MAL, FACHE, CMPE, CHC **Executive Director** 



#### Make sure you get the Next issue!

Issues come back to us not being delivered... make sure your address is correct! Don't miss a minute of tribal news and information! Anyone needing to be on the mailing list Please Call!

> Sherman Tiger **AST Media Director** 405-598-1279 stiger@astribe.com

SUPPORT GROUP FOR SURVIVORS OF ELDER ABUSE, CHILDHOOD SEXUAL OR PHYSICAL ABUSE, DOMESTIC ABUSE, STALKING, SEX-TRAFFICKING AND FAMILY SURVIVORS OF HOMICIDE VICTIMS

# TALKING CIRCLE

**OUR SUPPORT GROUP ENCOURAGES** PERSONAL HEALING WHILE PROVIDING YOU WITH SPACE TO SPEAK FREELY AND HONESTLY ABOUT LIFE EXPERIENCES WHILE PARTICIPATION IN A CULTURALLY SPECIFIC HEALING OPTION.

> ALL GROUPS ARE CONFIDENTIAL & ALL ARE WELCOME

FIRST TUESDAY OF EVERY MONTH 6:00PM - 8:00PM (SHAWNEE) PRE-REGISTRATION REQUIRED CALL FOR LOCATION AND DETAILS- ALL ARE WELCOME **EVERY FIRST TUESDAY OF THE MONTH** 



TRIBAL VICTIM SERVICES WENDY STAFFORD (405)695-9125

#### **Tax Commission**

#### Fiscal Year 2020 - YTD Tax Collections (through 2/29/2020)

									$\mathcal{C}$		/			
TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$7,499.91	\$8,834.40	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$16,334.31	2.73%
Gaming % of free cash	\$250,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$450,000.00	75.08%
Employee (1%)	\$18,216.80	\$19,868.77	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$38,085.57	6.35%
Severance (8%)	\$3,817.67	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$3,817.67	0.64%
Motor Vehicle	\$14,622.24	\$15,652.41	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$30,274.65	5.05%
Motor Fuel Taxes (Qtrly.)	\$43,922.66	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$43,922.66	7.33%
Tobacco Refund	\$8,640.57	\$7,320.64	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$15,961.21	2.66%
TOTAL TAXES	\$346,719.85	\$251,676.22	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$598,396.07	
Miscellaneous	\$874.50	\$69.15	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$943.65	0.16%
TOTAL COLLECTIONS	\$347,594.35	\$251,745.37	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$599,339.72	100%

# TAX COMMISSION ~ TAG AGENCY ~ **NOW ACCEPTING Credit/Debit**

Effective May 1 2019, the tag office will be accepting credit and debit cards. Please note: a convenience

fee of 2.75% will be added.











# UNITED for OKLAHOMA

The Absentee Shawnee Tribe has partnered with United For Oklahoma to educate Oklahomans on the critical role the tribes play in our state's future.

> These are the facts every Oklahoman must know.

Watch the videos and stay informed at:

UnitedForOklahoma.com

# The AST Tag Office has New Hours!



# We are open through lunch! All day 8:00am - 5:00pm



#### ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

TAX COMMISSION 2025 SOUTH GORDON COOPER DRIVE SHAWNEE, OKLAHOMA 74801

March 23, 2020

RE: Motor Vehicle Tags

AST Tribal Members.

Due to the growing concerns about COVID-19, the Tax Commission is taking necessary steps to limit exposure to Tribal members. Due to the mandated closure, our office will be closed to the general public from March 23 through April 3. However, the tax staff will be doing its part in helping to alleviate any motor vehicle concerns by continuing to process through the outline procedures below:

#### FOR RENEWAL:

- OPTION #1- BY MAIL.
  - Please include copies of your CDIB, valid Oklahoma driver license, current Oklahoma
  - o Payments accepted at this time: Checks, Cashier Checks, Money Orders, Credit or Debit card. \*\*In order to process by Credit/Debit, we will need the Credit Card Authorization Form located on www.astribe.com or forms will be next to the drop box\*\*
- OPTION #2- BY DROP BOX (Shawnee Location only: AST Police building)
  - o Please include copies of your CDIB, valid Oklahoma driver license, current Oklahoma insurance.
    - Payments accepted at this time: Checks, Cashier Checks, Money Orders, Credit or Debit card. \*\*In order to process by Credit/Debit, we will need the Credit Card Authorization Form located on www.astribe.com or forms will be next to the drop box\*\*

#### FOR NEW REGISTRATIONS

Please call the tag office at 275-4030 ext. 6237 or email <u>tax@astribe.com</u> for further instructions.

NOTE: Please be patient with us as we work through this difficult time and understand we will work diligently to get your motor vehicle documents back to you as quickly as possible by mail.

Best Regards,

AST Tax Commission

PHONE (405) 275-4030 · 1-800-256-3341 · FAX (405) 214-4225



#### Absentee Shawnee Tribal Taxes

A variety of tribal taxes are currently assessed and collected by the Absentee Shawnee Tax Commission to generate revenue used by the Absentee Shawnee Tribe ("the Tribe") to benefit our Tribal Members. These tribal taxes, their due dates and reporting and payment requirements are outlined below. If you have questions or need assistance with your tribal taxes, please contact the Absentee Shawnee Tax Commission by phone or at the address found at the bottom of this document. You can also visit our website for more information.

#### Sales & Lodger's Tax

The Absentee Shawnee Tribe levies a 6% Sales Tax on the gross receipts of anyone engaging in business within the Tribe's jurisdiction, including receipts from:

- · Performing services
- Selling tangible personal property
- · Leasing or renting tangible personal property, lodging or hotel rooms
- Admission fees to any place of recreation or entertainment

An additional 5% Lodger's Tax is imposed on gross taxable rental receipts from hotels, motels, resorts, lodging houses, or other premises occupied for fewer than 30 days. Both Sales and Lodger's Taxes may be passed on to consumers.

#### Severance Tax

The Absentee Shawnee Tribe levies an 8% Severance Tax on the gross market value of all oil and gas products severed from the land within the Tribe's jurisdiction. The tax is not levied upon any Indian royalty payments.

To calculate the Severance Tax, you must first calculate the volume of oil and gas products separately, as outlined in the table below. Multiply the total volume of each by their gross market value, then subtract any allowable Indian Royalty Deduction to arrive at the total taxable amount. Multiply the total taxable amount by 8% to arrive at the amount of tax due











Taxable

#### **Application for Business License**

All businesses located within the Tribe's jurisdiction must obtain a business license from the Tribe for a \$100 fee. The Application for Business License, available from the Absentee Shawnee Tax Commission, must be renewed each year by January 1

#### Sales & Lodger's Tax Reporting,

The Sales & Lodger's Tax return must be submitted to the Absentee Shawnee Tax Commission by the 15th of the following month. For example, for gross receipts collected from March 1-31, the tax return would be due April 15. Businesses that fail to file and pay this tax on time will be assessed 12% annual interest on the total amount due, plus a penalty of 2% of the tax due per month, up to a total of 12% of the total tax due.

#### **Designation of Agent Form**

A person responsible for meeting all obligations of the Severance Tax, including reporting and payment of the assessed tax, must be designated in writing The necessary Designation of Agent Form is available from the Absentee Shawnee Tax Commission.

#### Severance Tax Reporting & Payment

Reporting and Payment of the Severance Tax to the Absentee Shawnee Tax Commission is due within 45 days following the end of the calendar month in which the taxable product was severed. For example, if taxable products were severed in March, the tax return and payment would be due by no later than May 15.

#### **How to Calculate Total Oil Volume**

The total volume of severed oil taxable products—before any deductions are taken for processing, transportation, industry-standard shrinkage, etc.-is measured either according to current contracts of sale between the operator/ The total volume of severed gas taxable products is measured at the wellhead-before any deductions are taken for processing, transportation, industry-standard shrinkage, etc. -- in units of

**How to Calculate Total Gas Volume** 

#### **Possessory Interest Tax (PIT)**

The Absentee Shawnee Tribe levies a 1% Possessory Interest Tax on the value of property that is being leased within the Tribe's jurisdiction, including:

- Interests held under lease
- . Interests held under an easement or right-of-way, including all improvements, equipment, fixtures and other tangible personal property held or used by the taxpayer in connection with the taxable

The Value of Leased Property is determined on the date of acquisition, and on January 1 of each year thereafter, according to the method for determining market value under the Oklahoma Statutes and regulations (68 OS § 2802).

#### **Vehicle Registration & Taxation**

Enrolled Absentee Shawnee Tribal Members residing in Oklahoma have the option of registering their vehicles with the Tribe, including all passenger automobiles, motorcycles, motorized bicycles, farm trucks, and commercial and recreational vehicles. The Absentee Shawnee Tribe imposes a 1.25% Vehicle Excise Tax on the retail purchase price the first year a vehicle is registered, plus a \$10 Lien Processing Fee on all vehicles that are financed, which is paid to the Absentee Shawnee Tax Commission rather than to the State of Oklahoma.











Vehicle Registration Tags can be obtained in person from the Absentee Shawnee Tax Commission office at the address below. Tag prices vary depending on the age and type of vehicle; please contact the Absentee Shawnee Tax Commission for specific vehicle tag pricing.

#### **Earnings Tax**

The Absentee Shawnee Tribe levies a 1% Earnings Tax on earnings paid to anyone employed within the Tribe's jurisdiction, which means that all employers within the Tribe's jurisdiction are required to withhold 1% of each employee's gross earnings each pay period.

Employee Notification: Employers must report to the employee, on pay stubs or in writing, the amount of earnings tax withheld each pay period. They must also disclose the full amount of earnings tax withheld and paid to the Absentee Shawnee Tax Commission on an annual basis. Employers must maintain employee timesheets and payroll records for three years.

#### **Application for Registration (PIT)**

All businesses within the Tribe's jurisdiction that hold possessory interests must submit an Application for Registration (PIT) to the Absentee Shawnee Tax Commission. There is no fee. Updates only need to be submitted if there is a change in information

#### PIT General Property Summary / Detailed **Property Value Report Forms**

The value of possessory interests must be reported to the Absentee Shawnee Tax Commission each year by January 15.

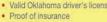
#### PIT Tax Reporting & Payment

Possessory Interest Tax must be reported and paid to the Absentee Shawnee Tax Commission by no later than February 15 each year.

#### Lien Processing Fee - \$10 Vehicles that are being financed are also subject to a

\$10 lien processing fee, which is paid to the Absentee Shawnee Tax Commission rather than to the State of Oklahoma.

#### **New Vehicle Registration: Required Documents**



- · CDIB/Enrollment card
- Notarized vehicle title
- · Notarized bill of sale or purchase agreement · Lien Entry Form (if you are making payments)
- Lien Release Form (if previous owner had lien)

#### **Annual Vehicle Registration Renewal: Required Documents**

- · Valid Oklahoma driver's license Proof of insurance
- CDIB/Enrollment card
- · Previous year's vehicle registration

#### **Earnings Tax Reporting & Payment** Earnings Tax returns are due from employers to the



#### Office Hours and Website

**Absentee Shawnee Tax Commission** 2025 S Gordon Cooper Drive | Shawnee, OK 74801 P: 800.256.3341 or 405.275.4030 | F: 405.214.4225

Monday-Friday, 8 am - 12 pm; 1 pm -5 pm www.astribe.com/tax-commission-and-tag 14 www. astribe.com April 2020



# ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM'S 2020 SUMMER INTERNSHIP

Are you a Native American student who is seeking a future in a healthcare related field?

If you are in College or Vo-Tech or are a High School Student who is College/Vo-Tech bound and want experience, apply for our 8-week Summer Internship Program.

#### HERE ARE THE FACTS:

We will have 5 internship positions available to Native American (AST Preferred) students- must have CDIB. The internship is a rigorous 8 week program, up to 20 hours per week, at \$10.00 per hour, designed to familiarize you with a variety of professions and technical careers in the healthcare field.

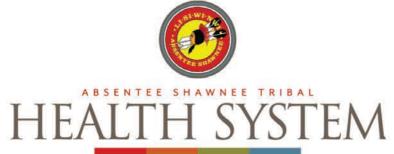
- The program starts June 1st through July 24th. Graduation will be July 24th, 2020.
- Must have current GPA of 3.0 or above in either High School or College/Vo-Tech and a desire to serve in the healthcare field
- Age range: 16-22 years of age (High School students preferred or College/Vo-Tech students 22 years or younger)
- Must be available Tues-Thurs during normal business hours

Applications can be found on the AST Tribal Website at www.astribe.com under "Employment Opportunities". Please submit a cover letter and resume along with the employment application located on the website

APPLICATIONS WILL BE ACCEPTED MARCH 1-APRIL 30, 2020

If you have questions about the application or need assistance please contact Ms. Dayna Dick with AST Health Human Resources at 405.701.7638.

Please contact Mr. Mark Rogers, AST Health Executive Director, at 405.532.6286 with any questions or for information regarding this program.



Prevention. Progress. Pride.

P: 405.447.0300

F: 405.701.7631

WWW.ASTHEALTH.ORG



# Absentee Shawnee Tribe Child Care Development Fund Programs La-pe-we-ki-wa ho-ge-wa-pe-fa-yi mi-ti-ge

"Lifelong Learning Begins Here."



#### Program Services:

- O Building Blocks Child Development Center II- Shawnee, OK- Tribally Operated Child Care Center
- Building Blocks Child Development
   Center III- Little Axe, OK- Tribally
   Operated Child Care Center
- O AST Child Care Subsidy Program-Child Care Assistance
- O AST After School Program-Horseshoe Bend Community- After School Care
- O AST After School Program- AST Complex, Shawnee- After School Care

- O For information about these services please visit the AST website at <a href="https://www.astribe.com/Childcare">www.astribe.com/Childcare</a>
- O Contact information:
- BBCDCII-Shawnee (405)878-0633 Email: ecrawford@astribe.com
- BBCDCIII- Little Axe (405)360-2710 Email: rebeccaj@astribe.com
- MAST Child Care Subsidy (405)432-8411 Email: briana.ponkilla@astribe.com
- AST ASP- HSB (405)432-8411 Email: lanora.buswell@astribe.com
- MST ASP-Shawnee (405)432-8411 Email: lanora.buswell@astribe.com

April 2020 www. astribe.com 15



# ON APRIL 4TH VOTE SACHA ALMANZA For AST Lt. Governor

ATTN: Protect the integrity of your vote and let your voice be heard! When voting DO NOT mark outside the check boxes or circle your candidates' names. This may result in an invalid ballot.

AST VOTERS,





I am the daughter of Vera Gibson, and late granddaughter of the late Cleona (Gibson) Mann and late Johnny Mann of Little Axe. My family and I reside in Little Axe, Oklahoma where we support our tribe's strong culture. I attended the University of Oklahoma and obtained a Bachelor's of Arts in Native American Studies. I also hold a Master's in Business Administration in Health Care Management. I have nine years' experience working with federal grants, over 8 years of experience working with the AST and over 17 years' experience working for Native American tribes. I am

not a person who operates with personal agendas and I don't shy away from hard conversations. I look at the bigger picture which is what is best for our people and would rather be a part of the solution in situations so we can move forward then deter progress. I make my own informed educated decisions based on facts and I am 100% invested in putting trust back in our tribe. I love our people and I can say without a doubt I have worked the hardest to prepare myself for an opportunity to serve as a leader for the people. Here are some of things I support in our tribe:

- Transparency, unity, and integrity in our EC by effective communication, proactive conflict resolution, & upholding AST constitutional laws.
- Economic Development for financial stability and improved program services for our people.
- Education & Development to invest in AST People to support our tribe

Overall, process improvement for our tribe has been long overdue. My goal is to make the most effort to bridge the communication gap that has been so apparent within our EC as well as between the EC and tribal members. I would like to see productive general council meetings and leadership that will be there for you when it matters most! At one time we were trailblazers in exercising our tribal sovereignty for the advancement of our people but for a great many years we have been passed up by progressive tribes who have done away with the old way of thinking. When casting your votes please take a look at where we are today and please make the decision based on the greater good of US as a whole not just what a person or a particular group of individuals stand to gain. FOLLOW ME ON FACEBOOK: Sacha Almanza for LT. Governor of the Absentee Shawnee Tribe.

ON APRIL 4TH, PLEASE VOTE FOR ME, SACHA ALMANZA, FOR YOUR AST LT.GOVERNOR! -Thank You!

For any questions I urge you to please contact me: Salmanza4@gmail.com /405.633.1831

#### NEW ELECTION DATE IS APRIL $4^{\mathsf{TH}}!$

# **Your Voice for Positive Change**

#### Federal grants experience:

- Nine years' experience
- Grant writing
- **Program administration**
- Program evaluation and improvement

#### **Professional Leadership Skills:**

- Effective communicator
- **Conflict resolution**
- **Professional coaching and** mentoring
- Analytical thinker/decision maker
- **Progressive in approaches**

#### • Educational experience:

- **Bachelors of Arts in Native American Studies**
- Masters of Business **Administration in Healthcare** Management

#### Additional information:

- Five years volunteering as advisor for a UNITY youth council to address Native Youth suicide Nine years combined experience
- at AST Over 17 years combined
- experience working with tribes Constantly seeking opportunities for personal and professional growth

# Transparency, unity, and integrity within our EC by:

- effective communication and teamwork
- o proactive conflict resolution that includes providing our people with follow up communication to close the loop
- o increased accountability for those who represent our tribe
- upholding our tribal constitution

#### **Economic Development:**

- o to increase the tribe's financial stability
- to improve and provide program services for our people

#### Education & Development to invest in AST People within our tribe by:

- o educating our people on our AST constitutional rights for increased accountability for our EC and boards
- o initiatives to support and invest in our tribal members seeking higher education
- support professional development opportunities for increased AST leadership

# SUPPORT

**KPERIENCE** 

Ш

**VOTE SACHA ALMANZA for AST Lt. Governor on APRIL 4th** 

April 2020 www. astribe.com



#### Elder Intake Form

TODAY'S DATE	REFER	RAL SOURCE_		<del></del>
LAST NAME	FIRST NAME			MI
DATE OF BIRTH	MALE	FEMALE	VETERAN	_YESNO
STREET ADDRESS				
CITYSTATE_ SINGLEMARRIEDDIVO				
SPOUSE'S NAME		SPOUSE'S D	ATE OF BIRTH _	
NAME OF EMERGENCY CONTACT (2	•	BUONE		
		PHONE		
NAME OF EMERGENCY CONTACT (2	2)			
		PHONE		
PRIMARY LANGUAGE ENGLISH	l TRIBAL	OTHER		
HOUSING HOUSE APARTM	ENTCOMMUNITY H	OUSINGOTI	HER EXPLAIN	
COMPOSITION LIVES ALONE	LIVES WITH SPOUSE	LIVES WIT	H FAMILY/FRIEN	IDS
OTHER EXPLAIN	N			
NUMBER IN HOUSEHOLD	WHO HELPS			
HEALTH HISTORY ASTHM	//AALZHEIMER'S	ARTHRI	ΓΙSCANCE	RDEMENTIA
DIABETESCHRON	IIC PAINHEARING A	IDCHOLE	STEROLBLO	OOD PRESSURE
PRIMARY TRANSPORTATIONO	wn CarFriend	Public Trans.	Senior Tran'	sFamily
PROSTHETIC DEVICES Walker/0	CaneWheelchair	Hearing Aid _	GlassesD	enturesNone
ARE YOU ENROLLED WITH A DIFFE	RENT TITLE VI PROGRA	.M? YE	S NO	
IF YES, NAME OF PROGRAM & WH	ERE LOCATED:			
HEALTH CONCERNS				
SERVICES CURRENTLY BEING RECE	IVFD			

**Absentee Shawnee Tribe Behavioral Health Services** 



WHITE BISON, Inc. A Cultural Approach to Personal Recovery Substance Abuse

#### **Wellbriety Group Meetings**

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building (east of the Shawnee Clinic, Bidg. 16)

For further information, contact:

Shawnee Behavioral Health Services: John 405-878-4716

Little Axe Behavioral Health Services: Dara 405-701-7987

#### Office of Environmental Health & Engineering **Brownfield Tribal Response Program**

#### What is a Brownfield?



be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or

Do you have land that you want to use for a business, park, or for cultural purposes, but are worried about possible contamination? If so, you may have a Brownfield site.

Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- Burned Homes
- Buried Dump Sites
- Open Dump Sites
- A Large Amount of Tires
- Former Cattle Dip Pit Sites
- Barrels of Unknown Substances
- Old Service Stations Oil Storage Facilities
- Oil/Gas Well Sites
- Old Dry Cleaning Businesses

The EPA defines a brownfield site as "...real property, the expansion, redevelopment, or reuse of which may petroleum products, or is mine-scarred



If you have a Brownfield site that you would like to develop, or if you know of a possible Brownfield site, please contact:

> Absentee Shawnee Tribe Brownfield Response Program 2025 S. Gordon Cooper Dr. Shawnee, OK 74801 (405) 214-4235

AST.Environmental.Programs@astribe.com Follow us on Facebook to view and comment

on current and upcoming projects www.facebook.com/ ast.environmental.programs

#### 2020 MEETING SCHEDULE

#### AST ELDERS COUNCIL

DATE	TIME	LOCATION
January 18	10:00 A.M.	Title VI Bldg., Shawnee, OK
February 15	10:00 A.M.	Resource Center, Little Axe
March 28	10:00 A.M.	Title VI Bldg., Shawnee, OK (1 week later due to AST election)
April 18	10:00 A.M.	Resource Center, Little Axe, OK
May 16	10:00 A.M.	Title VI Bldg., Shawnee, OK
June 27	10:00 A.M.	Resource Center, Little Axe, OK (1 week later due to AST election)
July 18	10:00 A.M.	Title VI Bldg., Shawnee, OK
August 15	10:00 A.M.	Resource Center, Little Axe, OK
September 19	10:00 A.M.	Title VI Bldg., Shawnee, OK
October 17	10:00 A.M.	Resource Center, Little Axe, OK
November 21	10:00 A.M.	Multi-Purpose Bldg., Shawnee, Ok
December 19	10:00 A.M.	Resource Center, Little Axe, OK

Meetings are scheduled for the 3rd Saturday of the month except for March and June, which are scheduled for the 4th Saturday due to possible elections.



#### ■ AST DIABETES AND WELLNESS







Classes currently offered at the Resource Center Aerobic and Strength Circuits High-Intensity Interval Training Zumba Dance Fitness Cardio Kickboxing





## FITNESS CLASSES

AT THE RESOURCE CENTER



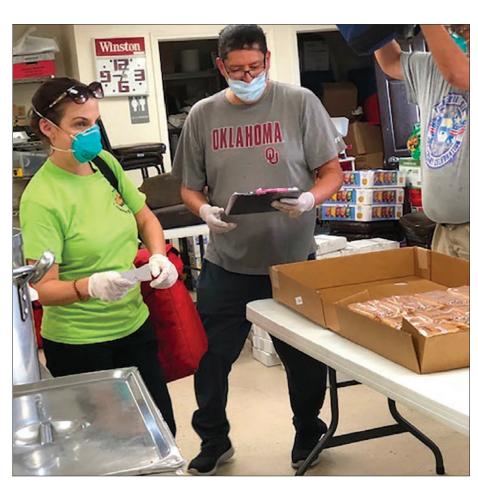
## Title VI







Our Food Representative Keven Lee, he is helping us feed the homebound and the ones who come and get there meals thru the drive thru style









#### Title VI

#### Absentee Shawnee Tribe of Indians of Oklahoma 2025 South Gordon Cooper Drive Shawnee, Oklahoma 74801-0381 **Elderly Nutrition Program Dear Absentee Shawnee Tribal Members** For many years The Title VI Department has provided gas to mow your lawns. We are updating the guidelines. The Title VI Grant provides gas as supportive services and for us to provide supportive service you must be a participant in the Title VI Program. **Guidelines:** 1. Absentee Shawnee Member 2. Must be 55 years and older 3. Must be an Title VI Member, have a current intake form on file (FY-2020) Must provide Proof of Residency (utility bill – in the applicants name) 5. Handicap/Disabled NO RENTAL PROPERTY WILL BE MOWED As a Title VI Member as long as you are within the guidelines you can put in your application and turn in your applications to the Title VI Department. As stated on the application: Maintenance will only mow and weed eat applicants lawn. Maintenance will mow every two (2) weeks weather permitting. Also, the maintenance workers will not trim trees, shrubs, and will NOT move any items that are in the way of cutting your lawn. This year we are trying to get an early start on our grass mowing list, Any questions you can reach me at 405-275-4030 ext. 6227 or email me at dowings@astribe.com

	Absentee Shawnee Tribe of Oklahoma Title VI Department 2025 S Gordon Cooper Dr Shawnee OK 74801	
	405-275-4030	CDIB #
	Grass Mowing Application	D.O.B
The Fo	ollowing are the requirements for this program:	
2. 3. 4. 5.	Must be an Absentee Shawnee Member Must be 55 years and older Must be an Title VI Member (have an current intake form for the current Handicap/Disabled Must provide Proof of Residency (utility bill must be in applicant's name) NO RENTAL PROPERTY will be mowed	
Mainte	sentee Shawnee Tribe Maintenance Department will <b>ONLY</b> mow and weed enance will mow every two (2) weeks, weather permitting. Also, the maintees or shrubs.	
If you	have any questions, please contact Dos Owings at (405) 275-4030 ex	xt. 6227
NAME		

FINDING DIRECTIONS TO HOME:

Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.

CITY: \_\_\_\_\_ STATE: \_\_\_\_ ZIP: \_\_\_\_

HOME PHONE: MESSAGE PHONE:

**WOW!! What a way to start spring!!** I hope everyone is following all the rules!! Stay Home!!! Drink your water!!

Try to get some exercise- walk to one end of the house and back or lift some veggies in can while your watch television.

I am thankful for the Title VI staff and Health staff for helping and taking care of the elders. Johnnie Mae is staying home (she don't like it).



Thomasine Owings

**Thomasine Owings** 

Sunday Monday Tuesday Wednesday **Thursday** Friday Saturday 1 2 3 4 **Baked Potato** Closed Closed Ham, Chez, Onions Broc. & Cheese **Pudding** 5 10 11 Chicken Fajitas BBQ Pull Pork **Baked Zita** Grits **Onion Rings Bell Peppers & Onions** Tossed Salad\* Bacon **Green Beans** Veggies Tortillas Fruit Oranges **Pineapples Prunes** 12 13 17 18 14 15 16 Baked Fried Chicken Corn Beef Spaghetti Hot Dog Scrambled Eggs Mashed Pot/Gravy w meat sauce Tom, Onions Sausage Gravy Carrots **Cucummber Salad** Bread Green beans **Brussel Sprouts Biscuit** Fruit Breadstick/Cookie **Apricots** Chips/Fruit 19 20 21 22 23 24 25 **Grilled Chez** Chicken Fettucine **Smoked Sausage Beef Tips** Cereal Sandwich Alfredo Mac n Chez Noodles **Boiled Egg** Chicken Noodle Soup Broccoli Veggies **Veggies** Toast Pickle/Fluff Fruit Cocktail Grapes **Apricots** Fruit 26 28 29 30 27 **Chef Salad** Tuna Sandwich Tamale Beans w/ Chicken **Refried Beans LTOP** w/ ham Salsa/Chips **Baked Chips Cottage Chez** Onions **Peaches Mandarin Oranges** Cornbread/Steak fries

NOT GOING TO BE HOME!!! CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM

**BREAKFAST SERVED FRIDAYS 9AM TO 11AM** 



#### SAC AND FOX NATION FOOD DISTRIBUTION PROGRAM

920963 S. HWY 99 STROUD, OK 74079 (918) 968-3030 (800) 256-3398

8071 INDUSTRIAL DRIVE SHAWNEE, OK 74804 (405) 395-0063 (866) 622-2310

# **APRIL 2020**

#### STORE HOURS MONDAY - FRIDAY 8:30 am - 2:30 pm

#### **CERTIFICATION HOURS**

MONDAY - FRIDAY 8:00 am - 4:30 pm

#### **STORE AM INVENTORY**

MONDAY - FRIDAY 8:00 am - 8:30 am

#### STORE PM INVENTORY

MONDAY - FRIDAY 2:30 pm - 4:30 pm

HOME DELIVERIES ARE FOR HOMEBOUND AND/OR DISABLED ELDERS. CALL OUR STROUD OFFICE TO SEE IF YOU QUALIFY.

This institution is an equal opportunity provider.

SUN	MON	TUE	WED	THU	FRI	SAT
			1 ELDERS ONLY SHIPMENT	2 ELDERS ONLY	3	4
5	LATE NIGHT SHAWNEE 12 pm - 6 pm	7 ELDERS ONLY	8	9	10 GOOD FRIDAY  CLOSED  FOR  HOLIDAY	11
12	13	14	SHIPMENT	16	LITTLE AXE TAILGATE 10 am - 12 pm	18
19	29LATE NIGHT STROUD 8 am - 6 pm SHAWNEE 12 pm- 6 pm	21	22	23	PERKINS TAILGATE 10 am - 1 pm	25
29	27	28	CLOSED FOR INVENTORY	CLOSED FOR INVENTORY		





#### On your Cell Phone, Computer or In Home Delivered Paper!

Stay up to date on the latest issues or research the past issues! Keep informed of Tribal News, Events, Health Updates, Celebrations, Honors, Services and so much more...

We are The Absentee Shawnee News. For advertising rates or available run dates call, 405-598-1279

or email stiger@astribe.com

www.astribe.com/newsletters

FNS HANDBOOK 501 EXHIBIT M

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)
FY 2020 NET MONTHLY INCOME STANDARDS
(Effective October 1, 2019 to September 30, 2020)

The net monthly income standard for each household size is the sum of the applicable Supplemental Nutrition Assistance Program (SNAP) net monthly income standard and the applicable SNAP

#### 48 Contiguous United States:

#### Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
Size					
1	\$1,041	+	\$167	=	\$1,208
2	\$1,410	+	\$167	=	\$1,577
3	\$1,778	+	\$167	=	\$1,945
4	\$2,146	+	\$178	=	\$2,324
5	\$2,515	+	\$209	П	\$2,724
6	\$2,883	+	\$240	=	\$3,123
7	\$3,251	+	\$240	=	\$3,491
8	\$3,620	+	\$240	П	\$3,860
each additiona	al member	\$369			

#### Alaska:

#### Use this Amount

Household Size	SNAP Net Monthly Income Standard		SNAP Standard Deduction		FDPIR Net Monthly Income Standard
1	\$1,300	+	\$286	=	\$1,586
2	\$1,761	+	\$286	=	\$2,047
3	\$2,222	+	\$286	=	\$2,508
4	\$2,683	+	\$286	=	\$2,969
5	\$3,144	+	\$286	=	\$3,430
6	\$3,605	+	\$300	=	\$3,905
7	\$4,065	+	\$300	=	\$4,365
8	\$4,526	+	\$300	-	\$4,826
ooob additions	l member				\$461

8	\$4,52	6	+	\$30	0	=	\$4,826	
each addition	each additional member						\$461	
T. 1.7	TD 1 4	YY 1 1		1.			1 1 1 1	
Earned Incon	ne Deduction					re al	lowed a deduction of 20	
		1		r earned inc				
Dependent Ca	are Deduction						dent care deduction are	
		allowed a	dedu	action of act	ual depo	ende	nt care costs paid monthly to	
		a non-hous	seho	ld member.				
Child Suppor	t Deduction	Household	ds tha	at incur the	cost of l	egal	ly required child support to	
		or for a no	n-ho	usehold me	mber ar	e all	owed a deduction for the	
		amount of	mor	nthly child s	upport i	naid.		
Medical Expe	ense						al expenses by any household	
Deduction Deduction					_		allowed a deduction in the	
Deduction							nses paid in excess of \$35	
		per month. Allowable medical expenses are provided at 7 CFR 273.9(d)(3).						
Home Care N	Ical Deleted			ha firmiah t			of mools for a home core	
Deduction	Teal-Kelateu						of meals for a home care	
Deduction				allowed an income deduction equal to the maximum				
		SNAP benefit for a one-person household. The home care meal-						
		related deduction amounts are as follows:						
		48 Contiguous U.S. States = \$194						
		C						
		Alaska by Area Designations						
		• Urban = \$238						
		• Rural 1= \$304						
		***						
		• Rural 2 = \$370						
		See 7 CFR 272.7(b) for area designations in Alaska.						
C4	14 /T T4:1:4							
Standard She		Households that incur at least one monthly shelter or utility expense are allowed a standard income deduction (see chart						
Expense Dedu	uction							
		/			r/utility	exp	enses are provided at 7 CFR	
		273.9(d)(6	o)(ii).					

#### Baseline by Region\*

Region	States Currently with FDPIR Programs	<b>Shelter/Utility Deduction</b>
Northeast/Midwest	Michigan, Minnesota, New York, Wisconsin	\$450
Southeast/Southwest	Arizona, Mississippi, New Mexico, North Carolina, Oklahoma, Texas, Utah	\$350
Mountain Plains	Colorado, Kansas, Montana, Nebraska, North Dakota, South Dakota, Wyoming	\$450
West	Alaska, California, Idaho, Nevada, Oregon, Washington	\$400

\*If the geographic boundaries of an Indian reservation extend to more than one region per the identified regional groupings above, then a qualifying household has the option to receive the appropriate shelter/utility expense deduction amount for the State in which the household resides or the State in which the State agency's central administrative office is located.

20 www. astribe.com

# PURCHASED REFERRED CARE NEWS



Please follow the PRC guidelines. Keep a copy on hand and update your information.

To update your patient information, please see patient registration.

# SHAWNEE CLINIC PURCHASED REFERRED CARE HAS MOVED.

We are now located in SHAWNEE CLINIC (BLDG. 17)
Our phone numbers have NOT changed.

# EMERGENCY AND URGENT CARE SERVICES

PRC for a currently enrolled AST citizen who resides in the defined catchment area and needs emergent or urgent care.

- 1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
- 2. Notify PRC on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify PRC within 72 hours, your bills will not be paid.
- **3.** For AST citizens with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- **4.** For AST citizens with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence my include payment from private insurance.
- 5. In the event that you receive a bill from a provider, please provide a copy to PRC. You may leave bills at the Little Axe Health Center PRC office or the Shawnee Clinic PRC office.

#### PURCHASED REFERRED CARE FOR AST CITIZENS WITH INSURANCE

PRC for a currently enrolled AST citizen who resides in the defined catchment area and has Medicare or private insurance.

- To complete existing PRC patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
  - For new AST tribal citizens, to become established for PRC services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- 2. Notify PRC at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
- **3.** Inform provider/health facility that AST PRC is a secondary payer/payer of last resort.
- 4. In the event that you receive a bill from a provider, please provide a copy to PRC. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

#### EASY ACCESS

Purchased Referred Care is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 17.

8:00 a.m. – 5:00 p.m., Monday – Friday Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to  $5 \mu m$  .

#### PURCHASED REFERRED CARE FOR AST CITIZENS WITHOUT INSURANCE

PRC for a currently enrolled AST citizen who resides in the defined catchment area and does not have insurance.

- You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. PRC staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
- 2. To complete existing PRC patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
  - For new AST tribal citizens, to become established for PRC services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- **3.** You must utilize the services provided within AST health clinics prior to being referred out.
- **4.** Referrals for outside services must be sent to PRC. Services must be medically approved by an AST Health provider and/or CMMR Committee.
- **5.** An appointment will be scheduled, and a COB will be sent to the outside provider.
- 6. In the event that you receive a bill from a provider, please provide a copy to PRC. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

#### IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, PRC Director Darla Gatzman, PRC Specialist Lena Carroll, Claims Processor Jennifer Wells, PRC Technician Kareena Deere, File Clerk

#### REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, PRC Deputy Director/RN April Parton, PRC Health Specialist/LPN Jayne Werst, PRC Specialist, Medicaid Patients Melinda Ferrell, PRC Specialist

#### REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, PRC Specialist, AST Patients/LPN Laurie Webber, PRC Specialist, IHS Patients/LPN Carrie Stanley, PRC Specialist, Medicaid patients/ Medical Assistant

#### LITTLE AXE HEALTH CENTER PRC

**405.701.7951** (Please follow voice prompts) **405.447.0300** (Secondary)

#### SHAWNEE CLINIC PRC

**405.878.5850** (Primary) **405.878.4702** (Secondary)



# BIRTHDAYS

Alberty, Shannon Venita Alexander, Dawn Michelle Alford Jr., Eugene Ray Alford, Jaci Lanae Alford, Ray Wildcat Anderson, Stephanie Renee Arellano, Robert Jerome Armstrong, Tina Marie Ayers, Zachariah Matthew Bacon, Misty Twylight Barnes, Hollin Kade Eugene Batson-Vasquez, Amber Danielle Battise, Ravis Taylor Berry, Collin Michael Bethell, Shelby Ann Bettelyoun, Cameron Jake Bierd, Baley Andrea Blanchard II, Clifford Ray Blanchard II, Norman Neal Blanchard, Brisa Nayeli Blanchard, Harry James Blanchard, JahKahri HayLéroy Blanchard, John Christopher Blanchard, Norah Gisele Boston, Shawn Daniel Boyd, Xavier Tyrik Bradley, Geraldine Margaret Bradshaw, Jana Marie Brady, Scott Edgar Breeden, Katie Marie Breeding, Aidyn Cooper Brinson, Christopher Allen Brokeshoulder Jr., Clifton Brokeshoulder, Eddie K. Brooks, Ramona Lynne Brown, Jennifer Leah Brown, Lexi Michelle Bryce, Shayla Maelyn Buckley, Dawna Michele Byers, Reanna Nicole Byers, Zachary Elias Byrd, Lyndell D Armond Caires, Vanessa Little Axe Chaney, Brittni Lynn Charley Whatley, Jorden Eugene Charley, Mary Serene Charley, Thelma Jean Clark, Dallas Joseph Clark, Dave George Clark, Stacy Lee Coddington, Aubriana Marie Coddington, Kyle Clarence Coffee, Sahaunie Nicole Coon Jr., Stacy William Cox, Jennifer Lynn Creek, Kyree Jae Creek, Stevie Eli Cryder, Michael Lawrence Cuff, Thomas Artel Davis, Jyquale Lee De'shon Davis, Maddox Joe Davis, Tyrein Gene Deere, Malachi Kamron Deere, Micah Keagan Deere, Neva Lee (Larney) Dees, Abigail Susan Olivia DeLodge, Ava Quinn Doussett, Delisha Ann Draper Sr., Russell Lee Draper, Reuben James Ducharme, Eastyn James Dunlap, Brady Lee Dyer, Carly Nicole Eason, Braxton Noah Eckiwardy, Marisela Isabelle Mariah Ellis, Ariel Raquel Elmore, Bailey Grace Evans, Kayla Marie

Fife, Andrew Jacob

Finch, Oliver Phillip

Frank, Janice Arlene

Garcia, Josiah Elias

Garcia, Nicole Lynne

Garfield, Alicia Raejhaun Garretson, Riley Dean Gibson, Darianne Alexander Gibson, Jaysan Baylee Gibson, Melonie Dian Gibson, Norma Jean Gilman III, Thomas Eugene Gilman, Robert Everett Goodwin, Dawn Marie Goodwin, Larry Tiger Gouge Jr., Marg Gouge, Beau Allen Graham, Charles Robert Griffin, Ladawn Abraham Harjo, Kadence Jade Harjo, Timothy Aaron Harless, Cynthia Iris Harris, Monte Lee Harvey II, Johnny Troy Haumpy, Ariann Renee Haumpy, Gage Allen Healy, Spencer James Hernandez, Curtis David Herrod, Kiera Leighann Hill, Trent David Hoepfer, Emily Danielle Holata, Evelyn Lavon Holderness, Jordan Dekota Holderness, Matthew James Holderness, Samantha Grace Hollenbeck, May Angela Holznagel, Chad Thomas Hood, Randolph Paul Hudson, Celeste Jade Hudson, Eden Rose Hunt, Leeona Lucile Hurst, Maegan Nicole Jackson, Fallon Kay Jacobs, Stormie Raelein James, Lindsey Nicholle James, Na'chelle Ardena Mae Jim, Mary June Johnson Jr., David Lee Johnson, Adison Graci Mae Johnson, Ashley Nicole Johnson, Avery Elizabeth Mackenzie Johnson, Courtney Waynell Johnson, Justice Lonewolf Johnson, Kaleo Tahlee Johnson, Richard Michael Johnson, Shoshanna Louise Johnson, Silvanus Mack Johnson, Zachary Howard Jones, Anita Louise Judd Jr., Thomas Ray Kaniatobe, Marjorie Ann Kelsey, Leigha Marie Key, Christian Trey Kickapoo-Johnson, Lux Olyvia Kilmer, Lelia Lashell King, Savannah Nicole Kinnamon Jr, Larry Leon Kinnamon, April Lynn Kinsey, Margie Kovalchuk, Amber Nichole Larney, CaiSyn William Lee, Audrey Catherine Sung-hee Leffler, Claudia Jo Little Axe Jr., Troy Lee Little Axe, Diane Gail Little Axe, Jordan Kane Little Axe, Joshua Taylor Little Axe, Kaylee Jean Little Axe, Shiloh Blue Little Creek, Alex

Little Creek, Lawrence Keith

Littlecreek Thomas Eugene

Littlecreek, Samantha Jolene

Little, Kaileb Anthony

Locke, Adrianne Lorine

Long, Hailey Elizabeth

Longhorn, Darrell Wayne

Longhorn, Hokemah Naca

Longhorn, Leonard Wayne Longhorn, Vincent Wade Longman, Cherokee Dakota Longman, Leighton Anthony Michael Longman, Trina Ann Louvier, Alexandra Renee Lowe, Justin James Mack Sr., Thomas James Mack, Cylas Ledarix Maddux, Bishop Wesbter Tiger Malone, Riley Mann, Kristin Lace Mann, Raymond Freeland Mann, Richard Freeman Mann, Taylor Lawrence Markwardt, Franklin Thomas Martin, April Denise Martin, Kinley Rae Martinez, Amaya Rynae Martinez, Danielle Lynn Mason, Suzanna Rachel Powell Masquas, Jeremiah Michael Masquas, Phillip Jon Masquat, Iola Renee Massey, Karen Sue Mattingly, Alana Irene Mayo, Melba Mary McAnally, Jace Ryan McBride, Alice Jean McDaniel, Karen Diane McGirt, Dana Dale McGuire, Kyla Marie McPherson, Emily Paige Meek, Phillip Edward Megyesi, Charles Steven Merwin, Lisa Renee Milburn, Heather Renee Miller, Lillian Grace Mills, Brian Richard Mohawk, Curtis Roy Moore, Henry Theodore Michael Joseph Morgan, Summer Dawn Morton, Joshua David Morton, Makayla Lynn Nakamoto, Gina Jessica Navarro, Terri Lynn Nelson Jr., Daniel Lee Ness, Mary Ellen Newton, Donnie James Nowlin, Pak Louise Ochoa, Alejandro Juan Pack, Christie Lorraine Panther, Grayson Shawn Panther, Nickolas Wayne Parker, Elizabeth Isabelle Parker, Sarah Lynn Parker, Twila Olene Pendergraft, Johnna Suzanne Perez, Bodhi Lennon Petit, Sherri Ann Phillips, Mason Jaxon Ponkilla, Yvonne Diane Porter, Lindsey Bowe Powell, Tammy Marie Primeaux, Eunice Marie Ramirez, Hosea Jai Finell Ramirez, Maria Elena Rigg, Savanna Rose Rios, Belicia Shannon Robertson, Winifred L. Robison, Skyler Madison Rolette, Gregory Shawn Rolette, Hanna Grace Runsabove, Bryce Leigh Ryder, Vanessa Louise Samuels, Tonya Lynn Sanchez Henderson, Bailey Marie Sanchez, Citlali

Sanchez, James Andrew Skylar

Sanchez, Victoria Nicolette

Saunders, Kirstee Michelle

Scarberry, Joel Thomas

Seaton-Blanchard, Stephen Anthony Sellers, Levi Dalton Sexton, Jacob David Shawnee, Jaxon Avery Shawnee, Sharon Dale Sherrill, Penelope Sloan, Jenifer Sloat, Morgan Elaine Smith, Jackson Cole Smith, Joshua Dean Smith, Noah Ryan Snake, Archie Ellis Soap, Alpha Christine Soap, Terayana Maxine Soap, Zaiyah Brooke Spoon, Ashley Donelle Spoon, Marques Dwyane Spoon, Samuel Lee Spriggs, Brian Lee Spybuck, Adrianne Eileen Spybuck, Larry Eldon Spybuck, Thomas Mark Squire, Billie Gene Squire, Samson Robert Squire, Wilbur James Starr-Fuentez, Olivia Angelina Stephens, William Lee Steves, Madelyn Louise Stewart, Saundra Leigh Stone Sr., James Lee Stuckey, Ware Declan Sullivan, Tiffany Chantele Sumka, Lena Darcille Switch, Traci Lynn Tanyan, Victoria Maria Taryole, Trevor Seth Tascier, Timothy Andrew Taylor, Jolee Sue Tenner, Taylor Denise Thomas, Harlie Danielle Thompson, Rhonda Gail Thornhill, Westly Lynn Thorpe, Brady Wayne Thorpe, Mary Catherine Thorpe, Mason Kuyani Notenoquah Tieyah, Lavern Tiger Yanez, Elisia Dawn Tiger, Amber Lee Tiger, Madelynn Rose Tiger, Stephon Michael Tiger-Gonzalez, Patricia Ann Tiller, Piper Laine Trevino, Donovan Kingston Cash Uchida, Andy Micheal Wahpepah, Kristin Renee' Wakley, Jade McKenzie Wakolee, Josilyn Talia Wallace, Kay Laverne Walley, Johnny Ray Wallis, Baryn Clinton Walters, Shirley Ann Warrior, Marcellus James Washington, David Axe Washington, Kevin Bryon Washington, Samantha Lynn Watkins, Autum Paige Watson, Jayden Tyler Scott Wenholm, Casey Andrew Whinery, Pamela Jean White -Valdez, Brenda Kaye White, Wesley Shane Williams, Alex J Williams, Brandon Michael Williams, Ezrea Quasha Williams, Karter Daye Williams, Natalie Peggy Williams, Seth Andreas Wilson, Aaron Wade Wilson, Damon Allen Wilson, Drake Kenneth Rylee Wilson, Ethan Hawke Wilson, Gabriel Ahboah Wilson, Howard Gene Wilson, James Wayne Winrow, Destiney Dawn Wise, Keeley Ava Lynn Wise, Mary Elizabeth Witt, Joseph Andrew Wunderlin, Travis Rece

Yellow Eagle, Angela Marie



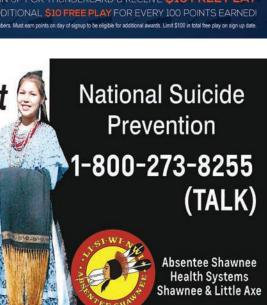


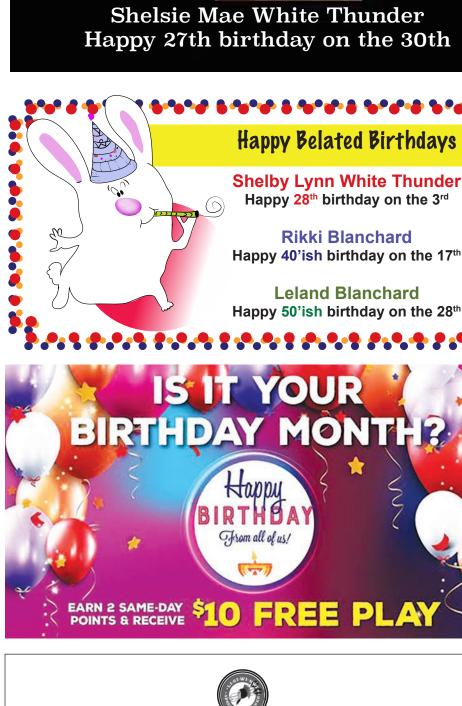
Honoring Our Past [ With Promise for **Our Future** 

LIFE is Beautiful **Living Meth Free** 











Oklahoma Department of Rehabilitation Services



#### BEHAVIORAL HEALTH SERVICES

A guiding hand on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m. Monday through Friday.

LITTLE AXE HEALTH CENTER 15951 Little Axe Dr.

Norman, OK 73026 405.447.0300 BEHAVIORAL HEALTH

Rolanda Smith 405.701.7987

SHAWNEE CLINIC 2029 S. Gordon Cooper Dr. Shawnee, OK 74801

Roberta Cooper 405.878.4716

405.878.5850 • 1.877.878.4702 (Toll-free) BEHAVIORAL HEALTH

Services available for all Federally Recognized Tribes

 $\triangle$  AAAHC

#### LOOKING FOR WAYS TO GET CORONAVIRUS (COVID-19) AND EMERGENCY **MANAGEMENT UPDATES?**

Here are some links and information for you to get Absentee Shawnee Tribe, Absentee Shawnee Tribal Health System, and Coronavirus (COVID-19) updates:

- https://www.astribe.com/governors-office
- https://www.asthealth.org/covid-19
- NEW! 24/7 AST Health System 24 hour LIE Corona Virus (COVID-19) Information Number: 405.695.1787 (for our Absentee Shawnee Tribal **Members and ASTHS patients)**
- OKDHS Coronavirus (COVID-19) Call Center: 877.215.8336 (for everyone)

**Follow these pages on Facebook:** 

- Absentee Shawnee Tribal Health System
- Absentee Shawnee Tribe
- Absentee Shawnee Tribe- Emergency Management

The Absentee Shawnee Police Department:

- The tribal police department has an app for smart phones that you can check for announcements. Search for "AST Police" or "Absentee Shawnee Tribal Police" in your app store.
- For AST PD text alerts: sent ASTPOLICE to 9557

#### NATIONAL NATIVE HIV/AIDS AWARENESS DAY **HIV/AIDS FACT SHEET** American Indians, Alaska Natives, and Native Hawaiians HIV/AIDS AMONG AMERICAN INDIANS AND ALASKA NATIVES POPULATIONS • Since the beginning of the epidemic through 2008, 3,629 American Indians/Alaska Natives (AI/AN) have been diagnosed with AIDS.1 1,847 AI/ANs with HIV/AIDS have passed away.1 • In 2008, there were an estimated 2,306 AI/ANs living with HIV/AIDS – 1,650 men, 627 women and 29 HIV/AIDS AMONG NATIVE HAWAIIAN & OTHER PACIFIC ISLANDER POPULATIONS • 830 Native Hawaiians/Other Pacific Islanders (NHOPI) have been diagnosed with AIDS.<sup>1</sup> • 355 NHOPIs with HIV/AIDS have passed away.1 In 2008, there were an estimated 245 NHOPIs living with HIV/AIDS - 194 men and 51 women.<sup>1</sup> Figure 1: Number of New HIV and AIDS Diagnoses Annually 250 200 ◆AI/AN New HIV Infections 150 -AI/AN New AIDS Diagnoses NHOPI New HIV Infectinons 100 NHOPI New AIDS Diagnoses 51 45 33 2005 **IMPACT COMPARED TO OTHER ETHNIC GROUPS** Native Hawaiians/Other Pacific Islanders and American Indians/Alaska Natives have the 3rd and 4th highest rate of new HIV infections, respectively. In 2008, the rate was 22.85 per 100,000 persons for NHOPIs and 11.9 per 100,000 for Al/ANs, compared to 73.7 for Black/African Americans, 25.0 for Hispanic/Latinos, 8.2 for Whites, and 7.2 for Asian.1 Of persons who were diagnosed with AIDS, AI/ANs had that shortest overall survival time, with 87% living longer than 3 years.

# NATIONAL NATIVE HIV/AIDS AWARENESS DAY **HIV/AIDS FACT SHEET** American Indians, Alaska Natives, and Native Hawaiians **HIV/AIDS AMONG NATIVE CHILDREN** Since 2005, there have only been 3 American Indian/Alaska Native children under the age of 13 diagnosed Since 2005, there has not been any Native Hawaiian or Other Pacific Island child diagnosed with HIV.<sup>1</sup> Between 2005 and 2008, there was not been a single AIDS diagnosis among a Native child under the age of 13 years of age. **INCREASE IN TESTING EFFORTS** INCREASE IN TESTING EFFORTS Figure 2: Percentage of Expecting Mothers Receiving Prenatal HIV Sc 100 ■% Received 2005 2006 2007 2008 2009 Figure 3: Number of HIV Tests Conducted by IHS by GPRA Year (2008 numbers inclusive of MAI funded tests) 50000 51052 40000 20000 10000 12042 CDCs latest surveillance report contains data from 2008 and only from 37 states. Actual numbers may be much higher as some states excluded from the report contain large populations of Al/ANs and NHOPIs (i.e. California, Washington, Oregon, Hawaii, and Montana).

Centers for Disease Control and Prevention. HIV/AIDS Surveillance Report, 2007. Vol. 19. Atlanta: U.S. Department of Health and Human Services,

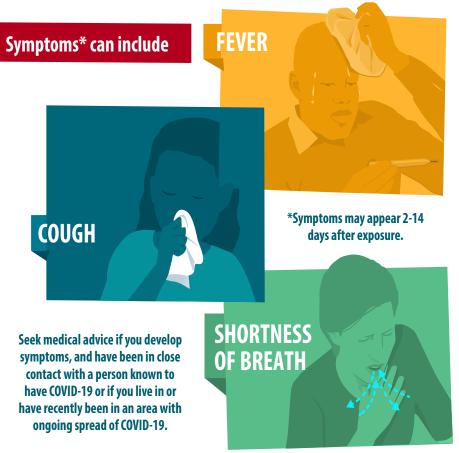
L. Neel (personal communication, August 5, 2010). U.S. Department of Health and Human Services, Indian Health Service, Office of Clinical and Preventative Services, Division of Clinical and Community Services. HIV/AIDS Program. Collated from internal reports.

Centers for Disease Control and Prevention; 2009: http://www.cdc.gov/hiv/topics/surveillance/resources/reports/.



#### **SYMPTOMS OF CORONAVIRUS DISEASE 2019**

Patients with COVID-19 have experienced mild to severe respiratory illness.





For more information: www.cdc.gov/COVID19-symptoms



#### You will need:

Snack-size zip top bag

#### Choose two grains:

- 2 tablespoons round oat cereal\*
- 2 tablespoons square corn, rice, or wheat cereal'
- 2 tablespoons whole grain

#### goldfish crackers

- Choose one fruit: 2 tablespoons dried cranberries\*
- 2 tablespoons dried raisins
- 2 tablespoons dried apples
- 2 tablespoons dried banana chips

#### Choose one protein:

analysis and cost.

- 2 tablespoons sunflower seeds\*
- 2 tablespoons peanuts
- 2 tablespoons almond slivers
- 2 tablespoons soy nuts Ingredients used for nutritional

3 g fiber, 4 g protein

What to do:

1. Wash hands; get out ingredients and zip top bag.

170 calories, 8 g fat, 0 mg cholesterol,

45 mg sodium, 23 g carbohydrates,

- 2. Choose 2 grain options and add to bag.
- 3. Choose 1 fruit option and add to bag.
- 4. Choose 1 protein option and add to bag.
- 5. Zip close the bag and shake to mix.
- 6. Enjoy your Trail Snack Mix!



Together we can prevent diabetes! - www.eagleadventure.com Material funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider

#### A little Note for the Tag Office

Díd You Know ...

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

# IMPORTANT NOTICE!

The Criminal Court Dockets

<u>have moved from</u>

2<sup>nd</sup> Wed. afternoons at 1:30pm
to 2<sup>nd</sup> Wed. mornings 9:00am.

ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030

	Governor John R. Johnson 6308	ENROLLMENT	PROCUREMENT
	Alvina Barnes	Amanda Webb	Misty Griffith6291
	Kim Porter	Marla Massey6288	Amy Guffey 6244
Š.	Victor Flores	File Room	Tara Battise 6281
Gov.	VICTOR F101CS0301	THE ROOM0270	Rebecca Kennedy 6410
		FINANCE	Blake Wiggins 6422
Gov.	Lt.Governor Kenneth Blanchard 6253	Jason Murdock6233	Lisa Camren
Ü	Diane Ponkilla6267	Jennifer Crenshaw6228	Brayden Queen 6339
	6325	Sandra Burnett6294	
	· · · · · · · · · · · · · · · · · · ·	Tracey Dickson6279	REALTY
>	Secretary Ezra DeLodge 6289	Kymberly Hazlett6250	Charlotte Valero (Director)
Secretary	Fallon Jackson 6275	Courtney Green6300.	Cara Usrey (Probates)
ret		Holly Davis	Taylor Carter
o	Kylia Pinson 6306	Colleen Longhorn	Yecica Gutierrez6420
<u></u>		Bralynn Barnes	Kimberlee Billie
	Treasurer Phillip Ellis6280	Laina Martin 6424	
Treas.	Laikyn Roberts6309	Phyllis Wahahrockah-Tasi (Grants)6338	SOCIAL SERVICES
re	Twyla Blanchard6341	Lu Kindblade (Grants)	Annie Wilson (Director)
	1 Wyla Dianellal a	Kryste Carter (Grants)6284	Nancy Edwards
	Rep Atheda Fletcher6239	Charla Garcia	·
ġ	Jennifer Campbell6240	Bronte Pearson (Grants)6295	TAX COMMISSION / TAG
Rep.	Jennici Campben0240	Conf. Room6397	Alicia Engler
		HUMAN RESOURCES	Shelby White
RE	CEPTIONIST	Elizabeth Clark6296	Michael Pringle
_	4030	Casey Adams	Sarah Pringle
	EDA	Hailey Scroggins6222	
	f Rabon6335	Katie Carlaw6346	TITLE VI
	vid Deer6263	Jennifer Dixon6252	Thomasine (Doss) Owings (DIR) 6227
Da	via Deer0205	Lauren Parish6423	Lula Bettelyoun, Donna Butler, Robert
AT	TORNEY	LCVV	Schoolfield, Ted Watson, Cindy
	ry Pitchlynn 6313	Decree Allien 205 4401	Carpenter6270
		Reagan Abbiss	•
BIA	/SELF GOVERNANCE	Angela Redding	OTHER EXTENSIONS DIA 1 G G D
Mi	chael Deer6325	Sherry Clem395-4493	Bldg. 1 Conf. Rm
C a		MAINTENANCE	Bldg. 1 Break Rm
_	<u>URT</u>	Kevin Kaseca6316	Gov. Bldg. 2 Conf. Rm
	elsea Cope	SheilaOrphan6331	Fam. Svcs. Conf. Rm. 6311
	a Bettelyoun6260	Robert Komacheet, Joe Marton, John Mann	Finance Conference Rm
As	hley Stanley6336	Reta Harjo6249	OTHER ENTITIES & TOLL FREE
Cu	IT DDEC / CIET SHOP	Stephen Fife, Isaac Bettelyoun, Stacy Coon,	All Nations Bank273-0202
	LT. PRES. / GIFT SHOP	Duke Blanchard	ASEDA 878-6782
	rol Butler	MIS	Toll Free1-800-256-3341
	erry Rodriguez Gift Shop)	HELP DESK	Brendle Corner 447-3372
	£t Shop6254	Travis O'Dell 6327	Building Blocks 878-0633
	von Frazier(THPO)6243	Donna Cody	(Barbra Pope)
As	hley Brokeshoulder6312	Amelia Grass	Building Blocks III LA360-2710
••••	6340	Fred Brown 6342	(Skye Foreman)
	y Bemo6238	Rafael Rodriguez	Housing
	sey Wilson (Librarian)6416	Kelly Chambers	Human Resources
	·		Media
	MESTIC VIOLENCE/FAMILY SERVICES	<u>OEH</u>	(Sherman Tiger)
	dissa Lopez 6333		OEH/OEP
Le	slie Harris 6326	Jarrod Lloyd	Police Dept
••••	6224	Devin Leitka	Thunderbird Casino NRM
	yisha Payne6315	Kyra Underwood	Shawnee Casino
,	ylor Wills	Micah Issacs	<b>Tribal Store (Little Axe)364-0668</b>
	cey Carey	POLICE DEPT275-3200 / 275-3432	LITTLE AXE CLINIC
	endy Stafford	Brad Gaylord (Chief)6302	Clinic - Medical
	6277	Jason Brinker	L.A.Plus Care447-0477
••••		Steven Crisp6262	Dental Clinic307-9704
ED	UCATION	Linda Day6261	Diabetes
	esha Spoon6242	James Woolbright6276	Pharmacy
	andon Goodman	6268	<b>Resource Center364-7298</b>
		Patrol Room6278	(Chrissy Wiens, Buster Bread, Blake Goodman)
	ECTION COMMISSION	Chard Larman Emergency Mgmt6391	SHAWNEE CLINIC
En	nily Longman6271		SHAWNEE CLINIC Clinic (RIdg. 17) 878-5850
		ALL CORRECTIONS PLEASE EMAIL TO:	Clinic (Bldg. 17)
		KCHAMBERS@ASTRIBE.COM	Pharmacy
			Rhonda Kaseca
		Last updated: 2/11/20	NIIVIIII IXASEEA 0 / 0-4 / UZ

## \* \* \* \* \* EMERGENCY NUMBERS \* \* \* \* \*

EMERGENCY ASSISTANCEHEARTLINE EMERGENCY	9 <b>11</b> 211
TRIBAL POLICE	405-275-3200
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)
SHERIFF	405-273-1727
CITY POLICE CITY EMERGENCY MANAGEMENT COUNTY HEALTH DEPT	405-273-5272
SHERIFF CITY POLICE HEALTH DEPT	405-321-1600
OG&E	
CANADIAN VALLEY	
DEPT. OF ENVIRONMENTAL QUALITY	
HIGHWAY PATROL	

Police, Fire, Ambulance State of Oklahoma

Absentee Shawnee

Absentee Shawnee

Pottawatomie County

Shawnee Shawnee Pottawatomie County

Cleveland County Norman Cleveland County

Report Power Outage

Power Outage State of Oklahoma Road Conditions



ROAD Conditions OKLAHOMA 844-465-4997 844-40K-HWYS

