Augustine Johnson - Deputy Commissioner
Edwina Butler-Wolfe - AST Governor
John R. Johnson - AST Secretary
Hello my Absentee Shawnee people!

First and foremost – Thank you for your vote in the recent elections. The votes were somewhat close in the Governor’s race and very close in the Secretary’s. I was re-confirmed and sworn into Office for the second time on Tuesday, July 7th. Thanks to your vote the tribe has now contributed to its history as I am the first woman to have served a full term in Office and the only woman to be re-elected to serve a second term. I will do all that I can to listen and represent your concerns in local, state and nationwide forums. It is my hope that we move this tribe forward and advance the needs of the people in a way that will promote economic development, enhance service levels and provide for the future of our people.

This month has been challenging to our people due to the extreme heat after the recent storms. We are working on how to better provide assistance and to ensure current issues are addressed.

Recently I had the opportunity to discuss with area tribes about the possibility of a Charter school. This is a long time vision of mine and of like-minded educators and of some tribal leaders. I have learned that the Osage Nation is vested in this effort and is making giant strides forward based on data they have compiled. For us, as a Tribe, to make this happen we would need to look at area tribal support; have studies done to determine the need; see what funding is available; key locations for placement of this facility; have discussions with area schools and getting input from educators on how to make it sustainable and manageable yet offer enough opportunity to meet the need it would be created for.

For those of you that live outside of our health service area over the next few months I will be exploring opportunities with our Health Authority on how we might be able to provide some level of care for you and for your family members that are Absentee Shawnee or live in your household.

The dynamic within the Executive Committee is not certain. It is my hope that the new Secretary, John Raymond Johnson, will help to move the business of the Tribe forward. Twila Parker, the other candidate, who ran for the Office of Secretary had a firm grasp of business, the tribe’s financial status and is a long term strategist. I thank Twila and know that whatever she works with and for she can and will make a difference.

I have 23 months to go. I have an Open Door Policy (and unless I am in a meeting, out of the Office or on the phone) my door is always open for your visit and I will be glad to see you. Please check in with my Executive Assistant, Eddie Brokeshoulder, so that we can log your visit in.

Help me to make a difference – stand beside me and Let’s Build for the Future (BFF) - united and together!

Thank you for your support and I look forward to working with you to move our tribe forward.
The last election had a big turnout. Great job to all the tribal members who gave a small part of their Saturday to vote.

Did you know that we have 2955 eligible voters, and on June 20\textsuperscript{th} we had 545 voters? As far as percentages, the number of eligible voter participation is 16%. Encourage your family to participate in the electoral process.

Absentee Ballot requested were 133, with 75 returned. Of the 75 returned 8 were ineligible due to: 4 not following instruction and putting both the affidavit and the ballot in the ballot envelope, 2 had incomplete affidavit, 1 ballot not placed in the ballot envelope and 1 affidavit not returned. The return percentage was 56%.

The following chart reflects voter activity on June 20, 2015.

<table>
<thead>
<tr>
<th>CANDIDATE</th>
<th>LITTLE AXE</th>
<th>SHAWNEE</th>
<th>ABSENTEE</th>
<th>TOTAL</th>
</tr>
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<tbody>
<tr>
<td>GOVERNOR</td>
<td></td>
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<tr>
<td>Jeff Gibson</td>
<td>151</td>
<td>83</td>
<td>7</td>
<td>241</td>
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<tr>
<td>Edwin Butler-Wolfe</td>
<td>82</td>
<td>142</td>
<td>57</td>
<td>281</td>
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<tr>
<td>SECRETARY</td>
<td></td>
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<tr>
<td>John R. Johnson</td>
<td>158</td>
<td>88</td>
<td>15</td>
<td>261</td>
</tr>
<tr>
<td>Teya Parker</td>
<td>75</td>
<td>133</td>
<td>48</td>
<td>256</td>
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<tr>
<td>ELECTION COMMISSION</td>
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<tr>
<td>Deputy Commissioner</td>
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<tr>
<td>Augustine Johnson</td>
<td>1</td>
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<tr>
<td>Comm Member 1</td>
<td>no one filed</td>
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Referendum Questions

<table>
<thead>
<tr>
<th>QUESTION</th>
<th>YES</th>
<th>NO</th>
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<tbody>
<tr>
<td>NO. 1 $50,000 Budget</td>
<td>137</td>
<td>87</td>
</tr>
<tr>
<td>NO. 2 (requirements)</td>
<td>183</td>
<td>44</td>
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<tr>
<td>Drivers License</td>
<td>200</td>
<td>24</td>
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<tr>
<td>Drug/Alcohol</td>
<td>205</td>
<td>18</td>
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<tr>
<td>H.S. Diploma/GED</td>
<td>201</td>
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</table>

SPOILED BALLOTS:
The Commissioners do not spoil the ballot; the voter spoils the ballot by not following instructions. The Commissioners only document that a ballot is spoiled.

In the June 20\textsuperscript{th} election we had 12 spoiled ballots for a percentage of 2%. This is a reasonable number. The reason these 12 ballots were spoiled was: Absentee Ballots- 2 had extra marks on the ballot and 1 number left on; Shawnee Poll- 5 had extra marks and 1 writing on ballot; and Little Axe Poll- 2 with comments written on ballot and 1 mark outside of boxes.

Encourage your family to make their vote count by following instructions.

When a ballot appears to be spoiled, the judge and election commissioner pass it to the commissioners who are tallying. The commissioners review the ballot and vote whether the ballot is spoiled and each commissioner initials the ballot. If there is a tie, the election commissioner will vote to break the tie. The judge then writes the reason why the ballot is spoiled and initials. The election commissioner only votes in case of a tie and the judge documents the decision.

All records are stored for 1 year unless they are part of a court hearing. Records are kept in the ballot boxes, stored in a locked cage and cannot be opened without the 2 keys. (1 key is kept by the commission and 1 by the court)

If anyone has other questions, feel free to call the Election Commission office and ask that a commissioner return your call.

The Election Commission will be offering 2 Community meetings in September to review the Constitution, Ordinance and Policy & Procedures with all that attend.

A meeting will be held in Shawnee at Title VI on Tuesday, September 8\textsuperscript{th} from 7:00 to 9:00 p.m. The meeting at Little Axe will be held on Tuesday, September 22\textsuperscript{nd} at the Little Axe Resources Center from 7:00 to 9:00 p.m.

Meredith Wahpekeche Election Commission Secretary
Greetings Fellow Tribal Members

I’d like to take this opportunity to congratulate the newly elected Tribal Officials. Incumbent Governor Edwina Butler-Wolfe and new Secretary John R. Johnson both were elected to two year terms of office. I am confident that they will lead through hard work and commitment, with a vision to leaving a lasting legacy of progressive initiatives to move the Tribe forward. We’ve begun a welcome to the table approach to facilitate honest, productive conversations among the five elected officials. We will debate change issues and challenge ourselves to formulate policies for the betterment of the Tribal membership. We feel that we can now actively move forward in a principled and commonsense manner to better the Tribe in all phases of governance.

It is our moral duty as elected officials to be fair and truthful to the Tribal membership in order to preserve the people’s trust, to do the right thing in the right way. It is implied in the words of the Constitution and our oaths of office is consistent with that intent to be available to your concerns on a daily basis.

To contact me at the Tribal Complex, please write to Representative Ken Blanchard, 2025 S. Gordon Cooper Drive, Shawnee, Oklahoma 74801, or by phone at 405/275-4030 ext. 6287.

Respectfully,
Ken Blanchard

Congratulations & Thank You Jim Gibson

The Tribal Representative, Kenneth Blanchard would like to congratulate Tribal member Jim Gibson on his retirement from volunteer firefighting duties.

Mr. Gibson has 25 years of service with the Little Axe/Pink volunteer Firefighting Departments.

We all wish Mr. Gibson the best and Thank him for all his hard work that he has put in. O Nee yaw way Fefa!
Swearing In New Elected Officials

Augustine Johnson - Deputy Commissioner
Edwina Butler-Wolfe - AST Governor
John R. Johnson - AST Secretary

Congratulations

Governor - Edwina Butler-Wolfe
Secretary - John R. Johnson

Dedicated Commissioner Augustine Johnson
The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.
## August Menu

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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<tbody>
<tr>
<td></td>
<td>BBQ Chicken</td>
<td>Beav Stroganoff</td>
<td>Tamale</td>
<td>Chef Salad</td>
<td>Oatmeal</td>
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<tr>
<td></td>
<td>Mixed Veggies</td>
<td>Brussel Sprouts</td>
<td>Spanish Rice</td>
<td>Eggs, Chez, Ham</td>
<td>Raisins</td>
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<td></td>
<td>Bread</td>
<td>Cake</td>
<td>Refried Beans</td>
<td>Cottage Chez</td>
<td>Sausage Patty</td>
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<td></td>
<td>Watermelon</td>
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<td>Pineapples</td>
<td>Peaches</td>
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Wow, it’s Hot now!!!
Drink that water and keep Cool!!!!

**AST DAY- TBA, on this day we will not deliver or serve.**

**REMEMBER THE MENU IS SUBJECT TO CHANGE!!!**
August 2015 Birthdays

Aguinaga, Joanna Stevenson
Allee, Deena Sharyn
Alford, Brandon Wayne
Alford, Donald John
Alford, Dylan James
Alford, Janene Flora
Allen, Zachary Terald
Almanza, Favian Dee
Almanza, Lucy Jeselne
Allman, Colson Charles
Anderson, Dakiah Ali
Anderson, Jared Russell
Atwater, Hawana Rain
Atwater, Rae Lynn
Balch, Tasha Jamie Renee
Ballard, James Wesley
Barbosa Jr., Francisco Lazero
Barbosa, Natalie Cadence
Barnes, Ahina Lynn (Wilson)
Barnes, Ziena Kay
Barrigas, Calih Toy
Barriga, Danielle Michelle
Barriga, Joshua Deen
Bates, Montana Christian
Dee
Dee, Travis William David
Delgado, Cheyenne MacHelle
Dodd, Clayton Robert
Downey, Shera Ann
Dugas, Wolf, Whirlwind
Draper, Darla Dawn
Durmon, Patrick Duane
Edgmon, Kimberly Ann
Elkins, David Preston
Eilmes, Bradden Lee
Embery, Lisa Marie
England, Randall Blake
Felton, Kai Neale Blaze
Feltan, Wyatt Cooper
Finch, Courtney Sheed
Francis, Angela Rachelle
Furman, Sean Daley
Fowler, Sofia Evelyn
Frazier, Kendall Teresa
French, Joseph Lee
Frye, Michele Renia
Galiwon, Cachorraine
Garretson, Shawnell V.
Garrett, Zachary
Gibson Jr., Roy Gene
Gibson, Ethan Leroy
Gibson, Morgan Lee
Gibson-Hicks, Leila Kay
Gillum, Tommy Kay
Gillmore, Cynthia Jayden
Goodman, Brandon Thomas
Gouge, Marissa Janell
Granstrom, Brandon Thomas
Gray, Taylor Labrador
Greenfield, David Glenn
Griffin, Armanie DeJour
Griffin, Corrine Sue
Haney, Carolyn Ann
Hanson, Melody Leann
Harjo Jr., Victor Ray
Harjo, Jason Michael
Harjo, Katie Lee
Harjo, Theresa Michelle
Hasting, Michael Dakota
Heatley Jr., Abraham Lee
Hendricks, Rachel Anne Powell
Hernandez, Alicia Marie
Herrera Sr., Ruben Pilar
Herrera, Jennifer Marie
Herrera, Renee Christline
Herrod, Lunden Andrew
Hill, Scotty Lee
Holderness, John Lennon
Hood, Iyon Joseph Weston
Hood, Shelly Mark
Houston, Gary Dean
Houston, Jacob Lee
Hucbuck, Richard Allen
Irvin III, William Jetson
Jackson, Amanda Christine
Jackson, Josiah Nicholas
Jackson, Sakira Marie
Johnston Jr., Robert Anthony
Johnson, Augustine
Johnson, Carrielynn Melissa
Johnson, Crystal Michelle
Johnson, Desiree Catholen
Johnson, Richard Ray
Johnson, Nicholas Ray
Johnson, Robin
Johnson, Ronnie Gene
Johnson-Banks, Alirec Nicole
Johnson-Stephenson, Bryan Darius
Johnson-Stephenson, Marissa Kathleen
Jordan, Betty Jean
Joytewa, Dakota Dakota
Kaseco, Lylnee Renee
Kastl, Richard Dean
Katsia-Ross, Gendra Joanne Alford
Keith, Jaime Lee
Kennedy, Rebecca Lea
Kennedy, Willie James
Kernell, Noah Lee
Kilner, Gregory Keith
Kinman, Alisha Dawn
Kinnon, Dustin James
Kirby, Vincent Payne
Lamb, Bosty Bobby Clayton Charley
Langston, Nicole Leann
Larney Jr., Nathaniel Ray
Larney, Darrell Wayne
Larney, Santana LRay
Larney, Tavone Dionne
Latham Sloan, Stone Tecumeseh
Lee, Christopher Ashton
Leedom, Daniel Clayton
Liles, Tammy Gayle
Little Axe, Angela Renee
Little Axe, Barbara J White
Little Axe, Chastity Lynn
Little Axe, Jamison Sloan
Little Axe, Mikah Dean
Little Axe, Paninis Sky
Little Charley, Eldon
Little Charley, Tyreza Nicole
Little Jim, James Allen
Little Jim, Loren Little Axe
Little, Earl Lynn
Little, Mark Anthony
Littlebear, David Allen
Littlebear, Patrick Dale
Littlecreek, Cameron Joseph
Littlecreek, Richard Lloyd
Littlehead, Montana Dane
Locke, Ericalee Dawn
Logan, Kathleen June
Longden, Marilyn Sue
Longhorn, Gabriell Allen
Longhorn, Keith Warren
Longhorn, Patience Bruce
Longman, Reinah Page
Leslie, Amy Laverne
Lovens, Jo Ann
Love, Trenton James
MacK, Devin Lee
MacK, Kyleen Cole
Mack, Trenden Derrick Lee
Mann, Cecil Ray
Mann, McCann Allen
Mann, Michael Ray
Mann, Stacy Diane
Marquez II, Felipe Herrera
Marquez III, Felipe Herrera
Marshall, Brisa Michelle
Marshall, Laura Lee
Martinez Jr., Jose Martin
Martinez, Goodchurch James
Martinez, Tecumseh Joaquin
Masques, Zaylah Jayde
Masques, Cheryl Ann
Masques, Lindsay Marie
Maxwell, Darrell Wayne
McBride, Carol Sue
McBride, Michael Andrew
McPherson, Joshua Alan
McPherson, Whirlwind
Megehee, Hunter Buck
Meyers, Kevin Charles
Miller, Stacy Elaine
Miller, Tommy Dean
Minisenger, Kenneth Scott
Moody, Megan Marie
Moore, Amanda Rene
Moore, Brian Keith
Moore, Christian Glenn
Morris, Nikolai William
Mossbacher, Myles Anthony
Neese, Kristal Ann
Nelson, Korye James
Neung, Victoria Ann Louise
Neung, Jeffery Lee
Owens, Alisha Vance
Panther, Jessalynn Rae Ann
Parsons, Trystan Nathaniel Lee
Pear, Roger Allen
Peetoom, Stephanie Dawn
Perkins, Troy Dylan
Prescott, Elizabeth Ann
Puckitt, Ryan Paul
Ramirez, Angel Renee
Ramirez, Librado Bryan
Ramirez, Sylas Louanne
Ramsay, Tycella Rene
Repp, Michelle Lauren
Richard, Keeley Danielle
Rideron, Lesley Paige
Rideout, Caroline
Redus, Owen Benjamin
Rojas Jr., Antonio
Rokette, David Wayne
Roller, David Lee
Roller, Susan Margaret
Ross, James Edward
Ross, Tczylla Rene
Rudolph, Derek Chace
Rusnak, Brock Allen
Ryan, Cullen Patrick
Salazar, Catherine Lynn
Sallec, Melanie Rachelle
Sanchez, Janna Lee Anne
Sanchez, Luise Raquel
Sanchez, Steven Mercedes
Sanchez, Trevor
Schwarz, Shawn Sigmund
Scraper, Margaret Alice
Serena, Dawn Lee
Sewal, Jackie Kyle
Shawne, Joyliss Anne
Shawne, Lyndall Grant
Sinks, Daniel Ray
Sloan, Teva Alexylna
Sloan, Virginie Michelle
Slob, Brett Marshall
Slob, Christopher Douglas
Slock, Lorraine Gall
Smith, Saydi Leigh
Snake, Amber Larea
Spool Jr., Steven Paul
Spoo, Alexis Cheyenne
Spybuck, Thomas Matthew
Squire Sr., Kenneth Dale
Squire, Suzanna Ann
Starr, Ashley Ann
Starr, Eselia Mia
Starr, Jamie Dawn
Stauby, Allen Monroe
Strain, Susan Elaine
Stricklin, Olivia Saygan
Sullivan Jr., Thomas Lee
Sullwold, Kathy Anne
Swanson, Londyn Alayne
Switch, Cara Cameron
Switch, Mphard Dewayne
Talchiff, Sierra Marie
Thompson, DeKaylai Talara
Thorpe, Keatson James Guthrie
Thorpe, Kyra Nicole
Tiger Jr., Leonard Gene
Tiger, Cierra Alayne
Tiger, Lily Martha Ruth
Tiger, Linda Kay
Tiger, Mary Louise
Tobler, Jayquayn Charles
Tobler, Jacolyn Renee
Tullia, Ashley Nicole
Vernon, Ashley Nicole
Vought, Sandra Kay
Vezal, Carol Ann
Villaboy, Enrique Ivan
Wahpekahe, Joquin Noah
Wakley, Brianna Morgan
Warrior Jr., Manuel Anthony
Warrior, Isaac Necon
Warrior, Lydia Annelise
Warrior, Samuel Adrian
Watson, Gregory Doyle
Watholm, Ty son Riley
West, Randall Aarone
White, Darret Lee
White, Michael Brooks
Whitten, Mihayla R. A.
Whitten, Tina Louise
Williams, John Jr.
Williams, Charlotte Virginia
Williams, Deana Michelle
Williams, Derrick Heath
Williams, Jennifer Lee
Williams, Kayla Lyn
Williamson, Jeanie Oldham
Wilson, Anthony Eugene
Wilson, Assi Lynch
Wilson, Cheyenne Michelle
Wilson, Debra Ann
Wilson, Deja Lea
Wilson, Espern
Wilson, Mya Rose
Wilson, Sarah Madisen Jane
Wilson, Terry Blaine
Wilson, Tiffany Michele
Wiltsow, Mya Lashes
Wolfe Jr., Zachary Paul
Woodward, Anthony Emmett
Woodward, Blake Anthony
Yates, Trevor Todd Thomas
Happy Birthday! Marissa Gouge
Happy 14th Birthday!!
Love, Mom, James, Kara, Ashlynn & Jaden

A Big Happy Birthday to my Son Richard Allen Huckaby
I Love You, Mom

Michael Hastings
Happy 21st Birthday!!

Happy Birthday to Marissa and Jaden Deer! We love you guys.
Love, Daddy, Mommy, Kantynn & Kanynn

Happy Birthday! Kensi Deer
Happy 9th Birthday Kensi Deer. We love you lot's!
Love, Dad, Braelyn, Jaden, Marissa, Makiyah and Brayden

Happy Birthday Michael Hastings

To OUR beautiful daughter,
YOU ARE TRULY A BLESSING

Love, Daddy, Mommy, Kantynn & Kanynn

Happy Birthday!!!

Lyndale Renee
Kneeca

Love, Daddy, Mommy, Kantynn & Kanynn

Happy Birthday

Lynnlei Renee
Kaseca

To OUR beautiful daughter,
YOU ARE TRULY A BLESSING

Love, Daddy, Braelyn, Jaden, Marissa, Makiyah & Brayden

WE LOVE YOU LOTS!

Kensi Deer

Michael Hastings

We have so much joy watching you excel and becoming such a successful young man! Thank you for being the wonderful son, brother and uncle that you are. You are an amazing person! We love you so much! The world is at your feet, go get it. With all the love in the world ~ Your Family

Happy 14th Birthday!!!
The Absentee Shawnee... 5K Zombie Run
Run For Your Life...Again!

October 31st, 2015
9:00 a.m.
Little Axe Health Center

*Only pre-registered participants will receive a t-shirt

PRE-REGISTER for a t-shirt before SEPTEMBER 30th

Name:_______________________________________       Address:_____________________________________________
City, State:___________________________________         Zip:_____________       Phone:___________________________

Age on race day:____  T-Shirt Size: YS YM YL / S M L XL XXL   Male:___   Female:___   __5K RUN   or   __1 Mile Walk

Waiver: In consideration of the acceptance of this entry I waive all claims for myself and my heirs against the sponsors, cooperating and coordinating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result from my participation. I hereby give my permission to the media to use my name and photograph in the AST newsletter without limitation or obligation. I certify that I am physically fit for this event and understand the risks involved by participating in this event.

______________________________________________              __________________________
Signature                                                                                                  Date

Sponsored by the AST SPF Program and AST Diabetes and Wellness

Kids Costume Contest!
Medals!
Live DJ!

*5K participants must be ages 12 years or older. Under 12 years may participate in the walk.

For more information, please contact Buster Bread at (405) 364-7298, or Kasey Dean at (405) 701-7933. T-shirts WILL NOT be provided for day of registration participants. Participants under the age of 12 may only run in the fun walk for safety precautions.
A RESOLUTION DULY ADOPTED BY THE EXECUTIVE COMMITTEE OF THE ABSANCE SHINEE TRIBE OF OKLAHOMA AUTHORIZING THE TRIBE TO ENTER INTO AN AGREEMENT WITH THE OKLAHOMA CITY AREA INTER-TRIBAL HEALTH BOARD (AS ATTACHED) AND DESIGNATING GOVERNMENT OFFICERS TO SIGN THE AGREEMENT ON BEHALF OF THE TRIBE, EFFECTIVELY IMMEDIATELY.

WHEREAS, the Absance Shinee Tribe of Oklahoma is a federally recognized Indian tribe exercising all inherent sovereign rights from time immemorial;

WHEREAS, the Absance Shinee Tribe of Oklahoma has a Constitution approved by the Department of the Interior, last amended in May 2011; and

WHEREAS, the Executive Committee of the Absance Shinee Tribe of Oklahoma composed of the Constituent and elsewhere elected, has the authority to execute and carry out the purposes of the Absance Shinee Tribe of Oklahoma Constitution and By-Laws;

WHEREAS, it is the responsibility of the Executive Committee to uphold its constitutional responsibilities in the best interest of the Tribe and in the highest interest of the Tribe, and

WHEREAS, the authorities granted by this Resolution shall be continuing until made void by acceptance of another body of this Constitution, the signature of the Constituent and elsewhere elected;

NOW THEREFORE IT IS RESOLVED that the Executive Committee of the Absance Shinee Tribe of Oklahoma authorizes the Tribe to enter into a service agreement with the Oklahoma City Area Inter-Tribal Health Board ("OCT"

...
ELDERS MEETING

August 15th
Brendle Corner
BINGO-$20 buy in
11:00 A.M. – 2:00 P.M.
Snack bar will be in place with items for sale.

PUBLUC WELCOME
<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>TOTAL COLLECTED</th>
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</thead>
<tbody>
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<td>Sales (6%)</td>
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<td>$98.49</td>
<td>$32,618.91</td>
<td>$119.48</td>
<td>$12,469.19</td>
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<td>$0.00</td>
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<tr>
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<td>$200,000.00</td>
<td>$250,000.00</td>
<td>$0.00</td>
<td>$0.00</td>
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<tr>
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<td>$0.00</td>
<td>$0.00</td>
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<td>$0.00</td>
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<td><strong>TOTAL TAXES</strong></td>
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<td>$166,897.43</td>
<td>$316,207.37</td>
<td>$286,563.15</td>
<td>$313,564.51</td>
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<td>$0.00</td>
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<td>$1,507,429.39</td>
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<td>Miscellaneous</td>
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<td>$120.00</td>
<td>$182.50</td>
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<td>$970.00</td>
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<td><strong>TOTAL COLLECTIONS</strong></td>
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<td>$167,022.43</td>
<td>$316,327.37</td>
<td>$286,745.65</td>
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<td>$0.00</td>
<td>$1,508,399.39</td>
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</tr>
</tbody>
</table>

**EXECUTIVE COMMITTEE**

GOVERNOR (2 Year Term)
- Jeff Gibson _241_ Votes
- Edwina Butler-Wolfe _281_ Votes

SECRETARY (2 Year Term)
- John Raymond Johnson _261_ Votes
- Twila Parker _256_ Votes

**ELECTION COMMISSION**

Deputy Commissioner (3 Year Term)
- Augustine Johnson (unopposed) _1_ Votes _Certified June 24, 2015_

Commission Member #1 (3 Year Term)
- No One Filed

REFERENDUM QUESTIONS

Question #1 Election Commission Budget _307_ YES _199_ NO _Certified June 24, 2015_

Question #2 Additional Requirements for Elective Office
- Valid Oklahoma Driver’s License _441_ YES _73_ NO _Certified June 24, 2015_
- Negative Drug & Alcohol Test _445_ YES _68_ NO _Certified June 24, 2015_
- High School Diploma/GED _437_ YES _78_ NO _Certified June 24, 2015_

We, the Officials are responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.

_Election Commissioner_
_Augustine Johnson_
_Deputy Commissioner_
_Myra Owais Alapnochek_
_Election Secretary_

_Date: July 2, 2015_

**FROM THE ELECTION COMMISSION**
SCENES FROM TEC POW WOW
INVITATION TO BID

An advertised lease sale of Farming and Grazing leases on trust or restricted Indian Land to be conducted under provisions of Title 25, Code of Federal Regulations, Part 162 – Leasing and Permitting.

SEALED BIDS, for Farming and Grazing Leases on the following described tracts of land will be received in the office of the Realty Department until 10:00 AM September 2, 2015. All bids received up to the hour of the sale will be opened at the time of the sale and leases awarded to qualified bidders offering the highest annual consideration, if such bids are deemed adequate and are acceptable. On a tract receiving only one bid, the bidder will be given one opportunity to improve the bid.

All bids must be enclosed in separate envelopes and plainly marked, “SEALED BID ON FARMING AND GRAZING LEASE SALE, TO BE OPENED AT 10:00 AM September 2, 2015”. Mail all sealed bids to:

Absentee Shawnee Tribe of Oklahoma
Attention: Realty Department
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801-9381

All bids are subject to acceptance and approval of the contract by the Realty Director. The right is reserved to reject any and all bids and to disapprove and reject prior to approval, any lease made on an accepted bid. Past compliance issues and/or history of delinquent payments by bidders will be considered in award of the bid.

IMPORTANT TERMS

1. The lease will run for a period of five (5) years from January 1, unless otherwise specified and determined by the Realty Department. ALL LANDS ARE BEING OFFERED FOR THE HIGHEST ANNUAL CONSIDERATION, MINOR IMPROVEMENT PROPOSALS WILL NOT BE CONSIDERED A PART OF THE BID. THE ONLY IMPROVEMENTS WHICH CAN BE CONSIDERED ARE NEW BOUNDARY LINE FENCES, CONSTRUCTED WITH ALL NEW MATERIALS, AND MAJOR IMPROVEMENTS RECOGNIZED AS NEEDED BY THE LAND OPERATIONS PERSONNEL.

2. Oral auction minimum bid increases accepted in increments of $50.00.

3. On those tracts on which an undivided restricted interest is offered for lease, bids will be accepted and considered for leases on the undivided restricted interest only. The prospective lessee will be responsible for arranging payment to those owners of undivided unrestricted interests or fee interest.

4. A cancellation clause shall be made on the Lease agreement on all tracts receiving an offer less than One (1) year lease period. Such clause shall read as follows: “it is hereby agreed and understood that this lease will expire under its own terms on the last day of the annual year following the year in which the land is advertised for sale, provided it sells as a result of the advertisement, otherwise, this lease is to remain in full force and effect.”

5. The leases will convey Farming and Grazing rights, ONLY, subject to the reserved rights of lessor to grant business, oil and gas lease, right-of-way, and other legal grants as provided in the prescribed lease forms. HUNTING, FISHING AND WOODCUTTING RIGHTS ARE RESERVED BY THE INDIAN LANDOWNER(S) AND ARE NOT PART OF THE LEASE.

6. Leases approved pursuant to this office, will be executed and granted by the Secretary of the Department of the Interior, unless otherwise indicated. The Indian owners of the particular allotment involved will not be signatory parties to the lease as the approving official’s signature granting the lease pursuant to Congressional Authority will adequately convey and lease the respective Indian owner’s interest.

7. The successful bidder will be required to furnish a satisfactory surety bond in a sum not less than one year’s rental and other provided charges as determined by the Realty Department.

8. The successful bidder may be required to provide insurance in an amount adequate to protect any improvement on the leased premises.

9. The Additional Lease Requirements, Revised 1976 (SMC Stipulations Sheet) will be executed and made a part of the lease. Interested bidders are encouraged to confer with Land Operations personnel relative to the land/use or conservation programs.
10. Prior to the approval of any lease contract a non-refundable filing fee based on the amount of annual rental will be required on each lease. The fee will be 3% of the annual rental payable, including any percentage based rent that can be easily estimated. The minimum filing fee is $10.00 and not more than $500.00.

11. Bids must be submitted on the Lease Bid Sheet which is attached and can be copied.

12. No deposit is required with the bid.

13. The lease must be drawn on the Approved Departmental form, a sample copy of which may be inspected upon request. The successful bidder shall complete and return the lease and all supportive papers within 15 days from receipt of the lease forms and Notice of Approval of Bid, together with the filing fee (made payable to the Absentee Shawnee Tribe).

14. Rentals are due and payable to the Bureau of Indian Affairs (by money order, cashiers check or certified check only) to the lockbox on or before January 1, of each year unless an approved lease modification provides for a change in the schedule of payment. All payments mailed to the lockbox must include the payment invoice. Contact the Realty Office for any payment invoice not received by December 1 of each year of the lease terms.

15. In the event of a tie between bidders the Realty Staff will take into consideration the itemized major improvements prior to awarding the lease. In the event of no itemized major improvements by both bidders the Director reserves the right to enter into oral auction between tied parties or request tied parties to re-submit sealed bids at the time of the sale. Bidders will have a time frame of two (2) weeks to notify this office to increase their bid.

NOTE: Farming and Grazing leases are accepted and approved for specific purposes. Without prior consent of the property owner and approval by the Regional Director, Bureau of Indian Affairs, Southern Plains Regional Office, TIMBER CUTTING, HUNTING & FISHING, DUMPING OF TRASH, SUBLEASING, ETC., IS STRICTLY PROHIBITED. Leases taken under this advertisement will expire under its own terms on the last day of the annual year following the year in which the lands is advertised for sale provided it sells as a result of the advertisement.

ANY ANNOUNCEMENTS MADE THE DAY OF THE SALE WILL SUPERSEDE ANY INFORMATION CONTAINED IN THIS ADVERTISEMENT.

Further information concerning this advertisement may be obtained by calling or writing to the: Absentee Shawnee Tribe of Oklahoma, Attn: Realty Department, 2025 South Gordon Cooper Drive, Shawnee, Oklahoma 74801-9318, telephone number: (405) 275-4030.

<table>
<thead>
<tr>
<th>Allotment #</th>
<th>Allt. Name</th>
<th>Sec./Twnshp &amp; Range</th>
<th>ACRES</th>
<th>County</th>
<th>Legal Description</th>
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<td>820 5156</td>
<td>Cinda Emma Spybuck</td>
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<td>Pottawatomie</td>
<td>N SE SW SW, N SW SW, Lot 99 SE SE SW SW</td>
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<tr>
<td>820 418</td>
<td>Billy White</td>
<td>28-9N-1E</td>
<td>143.93</td>
<td>Cleveland</td>
<td>N SE, Lot 99 S SE</td>
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<td>820 510</td>
<td>John Mack</td>
<td>24-9N-1E</td>
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<td>Cleveland</td>
<td>NE SE</td>
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<td>820 518</td>
<td>Titus McCoy</td>
<td>1-9N-1W</td>
<td>67.72</td>
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<td>820 31</td>
<td>Anna Barone</td>
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<tr>
<td>820 45</td>
<td>Mrs. Charles Lewis</td>
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<td>SE SE</td>
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<td>William Cherokee</td>
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<td>25.00</td>
<td>Pottawatomie</td>
<td>S SE &amp; E SE SW SE,</td>
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<td>Walahpace</td>
<td>7-9N-5E</td>
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<td>NW SW &amp; N SW SW &amp; SE SW SW &amp;</td>
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<td>820 322</td>
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<td>SW/4</td>
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<td>Bob White</td>
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<td>1-9N-1E</td>
<td>80.00</td>
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<td>W SW</td>
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<td>820 477</td>
<td>Chah-ko-che-pea-se</td>
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<td>N/2 NE/4 &amp; N/2 S/2 NE/4 &amp; N/2 NW/4 &amp;</td>
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<tr>
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<td>17-9N-1E</td>
<td>80.00</td>
<td>Cleveland</td>
<td>N NE</td>
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</table>
MUSCOGEE (CREEK) NATION EUFAULA DORMITORY
ACCEPTING APPLICATIONS!

Enrollment date for approved students will be Tuesday and Wednesday, August 11-12, 2015 from 9:00 a.m. to 3:00 p.m. Classes begin on Thursday, August 13, 2015. Openings are available for 1st - 12th grade students.

Eufaula Dormitory is a five (5) day residential program for Native American students. Our students are taken to a designated bus stop location in their area on Friday evening and picked up at the same location on Sunday afternoon. Eufaula Dormitory offers a structured environment with supplementary services such as tutoring, behavioral and academic counseling, library, and computer-learning resource center, and recreational activities. All new students are required to have:

• CDIB
• State Certified Birth Certificate
• Social Security Card
• Updated Immunization Record
• Physical for all new students
• Transcript/Report Cards from Previous School Year (mandatory)
• Insurance Card (front and back copy), Medicaid or Sooner Care Card

Parents of returning students must call for an enrollment packet; it is mandatory for grades 6-12 to have a physical prior to enrolling if they are planning to participate in any school activity and/or sports.

For further information you may write to the following address: Muscogee (Creek) Nation Eufaula Dormitory, 716 Swadley Drive, Eufaula, OK 74432 or contact the Administration Office at 1-800-896-3181 or 918-689-2522.

CTSA Early Childhood Center is seeking to hire a part-time NUTRITION TECHNICIAN for our Shawnee Location

The Nutrition Tech will provide support to the Lead Nutrition Tech, including dish washing, cleaning, serving and basic meal preparation.

Must be at least 18 years of age
Must have a high school diploma or equivalent
Must pass background investigation for licensed child care programs
Previous experience is preferred
Food handlers certification is a plus

All applications accepted with preference given to qualified Native Americans and current/former HS/EHS parents

Apply today:
Applications accepted until position is filled

Employment Applications can be downloaded at: www.ctsaheadstart.org
or picked up at:
1535 North McKinley Avenue, Shawnee OK 74801

CTSA is an Equal Opportunity Employer

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- Academic (K-12) Program: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- Graduate Scholarship Program: funds for one master’s degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- Big Jim Youth Award Program: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

CTSA Early Childhood Center is seeking to hire a full-time Early Head Start Teacher for our Shawnee Location

An Early Head Start teacher provides educational experiences to infants/toddlers in a classroom setting, using developmentally appropriate practices.

Early Head Start Teacher Minimum Requirements:
- Infant/Toddler CDA Credential or Certificate of Mastery in CD
- Previous work experience with young children
- Pass background investigation for licensed child care programs

All applications accepted with preference given to qualified Native Americans and current/former HS/EHS parents

Apply today:
Applications accepted until position is filled

Employment Applications can be downloaded at: www.ctsaheadstart.org
or picked up at:
1535 North McKinley Avenue, Shawnee OK 74801

CTSA is an Equal Opportunity Employer
TRIBAL STUDENT ATTENDS OKLAHOMA BAPTIST UNIVERSITY SUMMER CAMP

Gabriel Fife, an enrolled Absentee Shawnee tribal member, attended the Oklahoma Baptist University (OBU) Science Technology Engineering Math (STEM) Summer Camp July 6 through 17, 2015. This was a two week day camp. Students learned about various career paths in STEM area’s such as robotics, engineering and computer programming. The camp developed leadership skills and self-esteem while students learned the value of teamwork for academic college-readiness.

Gabriel will be entering the seventh grade at Shawnee Middle School. His favorite part of this two week camp was to meet and interact with other students while learning more through the STEM Program. For the past two years Gabriel has received numerous STEM awards in his school. He enjoys playing basketball and his favorite subject in school is Math. Gabriel is the son of Stephen and Teresa Fife, he has three brothers.

I was pleased to attend the last day of the camp which ended with a ceremony where all students presented their completed projects to both parents and sponsors.

Dr. Renita Murimi directed this OBU Summer Institute program and is an Assistant Professor of Computer Information Science at OBU. She recently led the Summer Engineering component of the Consortium for Pre-College education in Greater Newark, NJ.

Gabriel Fife participating in an activity of being a news broadcaster at the STEM Camp
The American Bison (Buffalo), that once ruled the plains and provide Native Americans with, food, homes, clothing, medicine, tolls and many other essentials of living, had reached near extinction at the end of the 19th century. Today they are experiencing a comeback as a viable business venture and proving that they can once again give life, health, vitality to the land and the people who utilize all of the products which come from them (Buffalo). We, the owners of Little Axe Bison Ranch, are exited to be a part of this comeback and able to provide the Bison products to the people in Oklahoma and other states. These products will include fresh/frozen meat, hides, skulls and possibly homemade soap. These products will be made available through a mobile “Buffalo Trading Post” which will travel to several towns in Oklahoma. We will also start to offer tours to educate people about the bison and the health benefits the meat provides.

Bison meat is a small newcomer to the consumers’ array of meats, competing primarily the All-American favorite beef. Even though beef is lower in priced and more readily available, bison is making headway as consumers become more health conscious and look at dollar vs health benefit. As with any new food product, people are cautious about trying bison for the first time. Once they try it, most people like it and come back for more, especially as they recognize the improvement in the way they feel. Thus we will grow through repeat business and word of mouth advertising.

The business, Little Axe Bison Ranch, startup operation 2015, is owned and operated by John Al Little Axe and Teresa M. Green. The only other employees are our daughters, Amy, Brittany and Kaylee, and our sons Osric, eventually Slayer Dane and Panther Sky. Who will help with both production and sales. John grew up on a farm and has considerable experience in managing livestock. Teresa, the Bison Ranch Manager, will research and educate customers on the nutritional benefits of Buffalo meat. Amy Brittany, Kaylee and Osric, attend Little Axe school, They have been learning and assisting in the business startup, which has included fence building, operating various farm equipment and care for the Bison.

The Bison (Buffalo) business holds exciting possibilities and generates considerable interest and fascination. We are glad to be a part of the future it holds…..

The Little Axe Family
Camp Nikoti—Summer Youth Leadership Camp 2015 concluded on July 17th. 33 youth from Tecumseh, Shawnee, Moore, Macomb, Noble, and Little Axe participated in activities to strengthen their leadership and teamwork skills, their physical fitness, and their cultural identity. We had guest speakers, from various departments within the Tribe, mentor our youth through activities and presentations. Every day was filled with games, learning sessions, guest speakers, arts and crafts, or field trips.

Camp would not have been possible without the following people:
Governor, Edwina Butler-Wolfe—for supporting our efforts and coming out to inspire our youth. Lt. Governor, Isaac Gibson—for forming a workforce of people to get the Brendle Corner community building in working order as well as finding us transportation on short notice. Secretary, John Johnson—for supporting our Bake Sale and Craft auction. Treasurer, Leah Bates—for helping us find the funding/budget for camp. Representative, Kenneth Blanchard for encouraging our work with the Native youth. ASHA Director, Sherry Drywater—for investing in our Native youth.

Thank you to all the AST employees who gave their time and energy to make camp a memorable experience for the youth:

Maintenance Department Staff
John Soap—AST Behavioral Health
Evelyn Pablito and Jarrod Lloyd—AST OEH
Joseph Blanchard—Cultural Preservation
Kasey Dean and Howard Brown—Behavioral Health SPF
Buster Bread and Emily Key—Diabetes and Wellness Department (Fitness)
Shawn Crowley and Officers—AST Police Department
Annette Wilson—Social Services
Genevieve Foster—Finance
Michael Berry—MIS
Sherman Tiger—Media Director
Meredith Wahpekeche—Tribal Elder
Terrance Tiger, Brock Runsabove, Montana Littlehead—Stomp Dance demo
On November 1, 2015, Oklahoma will have a new car seat law. House Bill 1847 updated the state’s current law to mirror recommendations by the American Academy of Pediatrics and National Highway Traffic Safety Administration.

A child under 8 shall be properly secured in a child passenger restraint system (the law was previously only to age 6).

- Must be rear facing until two years of age or until the child reaches the weight or height limit of the car seat.
- Must be forward facing with harnesses at least two (2) years of age but younger than four (4) years of age.
- Age 4-8 years and less than 4 feet 9 inches in height should be in either a child passenger restraint system or child booster seat.

With the update Oklahoma becomes the second state to mandate rear facing until two years old.

“Car crashes are the leading cause of death for Oklahoma children”, said SAFEKIDS OK Executive Director, Katie Mueller. “In 2013, 6,000 child passengers were involved in traffic crashes. 607 were seriously injured and 22 were killed.”
AST PUBLIC HEALTH: SECOND WIND TOBACCO CESSATION PROGRAM

On June 18, 2015, the first class of the Absentee Shawnee Tribal Health System’s Second Wind Tobacco Cessation Program concluded with Alan Robinson as the sole participant to complete the 12 week program. Public health nursing would like to congratulate Alan on his hard work and dedication to pursue a healthier lifestyle without commercial tobacco use!

The Second Wind classes consist of a 1-hour class that meets every other week for 12 weeks for a total of 6 classes. Classes are held at both Little Axe and Shawnee Clinics. Each class focuses on behavioral skills that can successfully equip the participants to quit using commercial tobacco. Participants have the option to choose to quit cold turkey or with the use of a pharmaceutical aid such as nicotine patches, gum, lozenges, Zyban, or Chantix. The AST providers work with the patients to decide which pharmaceutical aid will be best for each patient who chooses to use a pharmaceutical aid. Research shows higher success rates when combining tobacco counseling with pharmaceutical aid for tobacco cessation.

If you are interested in participating in the Second Wind Tobacco Cessation Program, you may see your AST provider or contact Public Health Nursing at (405) 447-0300. You may also call the national tobacco quit line at 1-800-QUIT-NOW to receive free tobacco counseling or nicotine patches, lozenges or gum.

IF YOU’D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH’S ISSUE ARE DUE BY THE 15TH OF THE CURRENT MONTH

UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT PER BIRTHDAY WISH.
The AST Health System just held its annual health fair on Friday, July 31st this year and it was a fun-filled event again this year. The AST Health System has been extremely busy this summer with several community events and activities. Between the blood drives, pow wow support, the annual health fair, expansion of services as the Shawnee Clinic, and other events and activities – it all has been a very exciting summer!

The Health Systems’ PlusCare Clinic (after hours clinic) continues to increase patient volume, and we are thankful to our employees and staff in the health system for making this a successful avenue for opening up more access. A recent visit with the Federal Government’s Health System Resources Administration (HRSA) and CLIA with both the Federal and State Government went extremely well; we were found to be in compliance with all expectations and procedures for our provider loan repayment programs and the laboratory. Shawnee Clinic’s Physical Therapy is full swing as well as the mammography service at the Little Axe Health Center.

We are always very proud of our outstanding star performers this month and thank them all for their contributions to our patients, their fellow employees, and the tribe. Employee of the month for health was Mr. John Kammerzell, Health System Maintenance Director; the team of the month was the Maintenance Staff. The special leadership recognition award was presented to Mrs. Chasity Zachary, Dental Office Manager. Wonderful job gang, you all make the health system work for our tribal members and patients alike!

**A few other key bits of information for this month:**

- **AST/Serviced Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System.

- **If you need CPR training**, please contact the AST Health System’s Public Health Office at (405) 447-0300 for scheduling and training opportunities.

- **Contract Health Services (CHS) interactive phone menu** helps patients access the most appropriate service provider by calling (405) 701-7951. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- **The AST Health System** continues to improve its Customer Service. The Customer Service Line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- **The AST Anti-Bullying Prevention “HOTLINE”** is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program’s Website: [http://www.asthealth.org/aca](http://www.asthealth.org/aca) (Please visit our site today to find out what you need to do to protect yourself and your family!)

- **Emergency After hour Pharmacy Access:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.
Mission Statement
To promote the wellbeing of the “whole person” within the context of their culture.

A Single twig breaks but a Bundle of twigs is strong

Services
Supporting changes in the journey of life’s transitions. The following services are offered:

- Resource/referral information
- Crisis intervention
- Child, adult, family and couple/marital counseling
- Therapy and Support groups (TBA)
- Drug and alcohol assessments
- Anger management
- Depression screenings
- Sweatlodge
Visit your app store and install the Follow My Health app for real-time access to your health information.

- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
...and more!

For more information on how you can register for the new AST "Follow My Health" Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702.
FYI: Contract Health Service News
Absentee Shawnee Tribal Health
The AST Contract Health Services Team are here to assist you... follow the CHS Guidelines!
Get a copy of the CHS Guidelines and update your information

Emergency and Urgent Care Services

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for “triage”.
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third party resource has made determination such services were “emergency care” or “urgent care” (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

Contract Health Services for AST members with Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider.
3. Inform Provider/Health Facility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

Contract Health Services for AST members without Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for all resources available to you such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, Auto Insurance and other personal injury or liability coverage. PRC staff and/or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. Complete CHS Patient Update form and update all information every 6 months.
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

Debi Sloat
Glendine Blanchard
Sharon Ponkilla
Darla Gatzman
Jayne Werst

Contract Health Services is conveniently located at Shawnee Clinic-Building 16 and Little Axe Health Center

Shawnee Clinic
(405) 878-4702
Little Axe Health Center
(405) 447-0300
If you have access to the internet, bring up Google and type in “old Indian pictures” as a search string. After the search returns the pictures, cull through them and just look at the Native Americans. You will find some profoundly beautiful people and something else. Virtually none of them are obese.

When we talk about your personal health it is important to begin at the beginning. The beginning in this case is proper nutrition and fitness. Many things in life cannot be planned or are unavoidable but this subject is a matter which is entirely under your control so - Let’s talk seriously about obesity.

Obesity in native peoples is unfortunately endemic and as a provider dedicated to taking care of my Shawnee and other native patients, I feel it is my duty to do my part to educate all on this issue.

Some of the following information has been borrowed from the World Health Organization’s (WHO) media web page. I will expand on this information to grow some informational articles that directly affect the health of patients seen by the AST Health System. This information is aimed specifically at our Native American population but also applies to anyone reading this article.

The WHO (not the rock group!) has put together the following very sobering facts and information upon which I will expand.

**Key facts**

- worldwide obesity has more than doubled since 1980.
- In 2014, more than 1.9 billion adults, 18 years and older, were overweight. Of these over 600 million were obese.
- 39% of adults aged 18 years and over were overweight in 2014, and 13% were obese.
- Most of the world’s population live in countries where overweight and obesity kills more people than underweight.
- 42 million children under the age of 5 were overweight or obese in 2013.

**Obesity is preventable.**

**What is overweight/obesity?**

Overweight and obesity are defined as abnormal or excessive fat accumulation that may impair health.

Body mass index (BMI) is a simple index of weight-for-height that is commonly used to classify overweight and obesity in adults. It is defined as a person’s weight in kilograms divided by the square of his height in meters (kg/m²).

The WHO definition is:

- A BMI greater than or equal to 25 is overweight
- A BMI greater than or equal to 30 is obesity.

BMI provides the most useful population-level measure of overweight and obesity as it is the same for both sexes and for all ages of adults. However, it should be considered a rough guide because it may not correspond to the same degree of fatness in different individuals.

An individual’s BMI is easily calculated and most medical facilities are equipped with electronic medical record systems that calculate that number automatically given one’s height and weight. Each time you visit a medical facility you should ask the nurse who checks you in, or your doctor what your BMI is. Be careful, however, because BMI means different things to people of different body makeup. For an interpretation and understanding of your BMI ask your physician.

So why do we care about weight anyway? Obviously, being overweight contributes to increased morbidity (tendency to get disease) and mortality (tendency to die).

Let me explain that last thought a bit. A patient with diabetes has a moderate morbidity risk, which is the risk of immediate medical problems. The risk for mortality also increases to a degree based on the type of disease process and generally stems from the failure to address the morbidity associated with a disease progression. A person who simply ignores the doctor’s orders about diabetes control, for instance has a higher risk or morbidity due to complications of diabetes – renal disease, heart disease, stroke risk, diabetic ulcers, etc. This increase in morbidity (disease) contributes to a higher mortality (death) risk, death due to heart attacks, strokes, renal failure. In other words increased morbidity generally leads to increased mortality.

The concepts go hand in hand. To be truthful with those reading this article, I have encountered more people in renal failure and on dialysis in the 2 ½ months that I have been at the Little Axe Clinic than all of my years in private practice. This is distressing to me, as a provider, because I know that renal disease is generally preventable when associated with underlying process such as diabetes and hypertension, for instance.

Bear in mind that when discussing various disease processes you must think in terms of the human body as an integrated system of finely tuned processes, the disruption of which throws other things off balance. It is virtually impossible to discuss modifiable factors such as obesity in isolation and you will find that we revisit many related subjects in the course of our discussions on health.

Now, back to obesity - Being overweight or obese brings on the risk of developing a number of disease processes, hence increasing morbidity and of course mortality. Those processes are, but not limited to the following –

- **Diabetes** – unfortunately this seems to be a very big problem among Native American peoples as well as Hispanics. Increase risk of cardiovascular disease – this is related to the fact that when a human body gets too large for the heart to furnish adequate blood to vital organs things begin to die. Eventually the organism itself dies (mortality).
- **Hypertension** – This may be lumped under cardiovascular disease but is usually more prevalent early on than heart disease. Again, when considering the human body as a system of connected processes hypertension, or high blood pressure can eventually lead to cardiovascular disease, a global process.
Cancer – there are certain forms of cancer that are more prevalent in persons who are overweight or obese. Osteoarthritis – or simply put, joint disease. Clearly this is a function of something we all know and love, gravity. A large person is going to put more strain on low back, hips, knees, and ankles simply due to sheer body mass being pulled down by gravity. Once joints begin to deteriorate function is lost and pain begins to set in. When pain sets in, people do not want to move, at least I don’t! When you don’t move more things begin to break down faster. As Grandma used to say – “When you rest, you rust.” This process begins a downward spiral toward a point of no return.

An unfortunate thing to note here is that people who are overweight tend to have offspring who are overweight. The statistics on obesity among children are staggering. Simply put - it has reached epidemic proportions. I could get into all sorts of political, economic and cultural debates about this whole subject but that is not my purpose. My purpose is simply to raise your awareness. Being obese or even moderately overweight puts you at risk for a number of, simply put, bad things. Like many other things in life, you don’t get to pick what thing is going to kill you before your time, to put it bluntly. However, dying of any disease process brought on by being overweight is a true tragedy.

“So what are you going to do about it Doc?” Well I’ll tell you what I’m going to do. First off I am going to inform you, which I have just done and will continue to do. I will also fuss at you each time you come in to see me and you are gaining weight and you continue to smoke (another subject altogether) and your blood pressure is out of control, and your blood sugar is out of control.

So, how do I know you are going to come in to see me? Simply because most overweight people know they are overweight. They are going to come in because they can no longer tolerate feeling bad and they are going to ask –“Hey, doc, can you give me a pill to make me lose weight.” The quick answer, which will be revisited in another article, is that no pill is going to make you do anything.

The other thing I’m going to do is this. You and I are going to agree first off that you are going to heed my advice and agree to work with me. A doctor-patient relationship is a two way street which we walk together. You also need to understand that my job is not to keep anyone alive. I have not been given, nor do I want that power. My job is to keep you and agree to work with me. A doctor-patient relationship is a two way street which we walk together. You also need to understand that my job is not to keep anyone alive. I have not been given, nor do I want that power. My job is to keep you

My purpose today is simply to give you something to chew on until we get down to talking about what you can do for yourself to lose weight and regain some semblance of health. In doing so, I feel a sense of urgency. The older we get, the less likely it is that effects of certain disease processes can be reversed.

With that in mind, let’s continue our discussion next time. We have work to do folks! I am Bruce Stafford, DO and I am your provider at the Little Axe Health Center.

The PlusCare Clinic is an after hour acute care facility that will have the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed).

This service is extended to existing AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. However, if you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you:

1. Your Certificate Degree of Indian Blood (CDIB); and
2. A second form of Identification (i.e. Driver’s License or State ID); and
3. If available, health insurance card(s).

After your initial visit, you will be obligated to complete a follow-up visit with either the Little Axe Clinic or Shawnee Clinic to become an established patient.

PlusCare Clinic is located at:

15702 East State Highway 9
Norman, Oklahoma  73026
Phone:   (405) 447-0477

Regular hours of operation:
• Monday through Friday  5:00 PM to 9:00 PM
• Saturday & Sunday  10:00 AM to 4:00 PM

*For holiday hours, please visit our website at asthealth.org or visit us on Facebook at Absentee Shawnee Tribal Health.
The Absentee Shawnee Tribe Child Protective Services accepts, investigates, and records all reports of alleged abuse and neglect of Absentee Shawnee children and provides protection to Indian children on Trust land. Child Protective Services also works with the Department of Human Services to investigate the abuse or mistreatment of Absentee Shawnee children residing outside Trust land. The primary responsibility of Child Protective Services is to assess the safety of the child and take the appropriate action to protect and promote the best interest of the child.

**COURT ADVOCACY**

The Absentee Shawnee Indian Child Welfare Department provides court advocacy in the Tribal and State systems for children and families. This advocacy is to help ensure AST children and families get the protections offered under the Federal Indian Child Welfare Act as well as any protections offered by the various state Indian Child Welfare Acts. ICW workers attend court hearings in person or by teleconference to be a voice for the Absentee Shawnee Tribe in the protection of AST children. ICW workers also provide the planning and linkage to services necessary for families who are working to correct the problems causing the initial removal of their child. This service is offered for Absentee Shawnee children nation-wide, whether or not they reside in the Absentee Shawnee Tribe’s jurisdiction.

**ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT IS OPEN TO ANY ABSENTEE SHAWNEE MEMBER WHO IS IN NEED OF OUR SERVICES. THE AST INDIAN CHILD WELFARE DEPARTMENT’S GOAL IS KEEP TRIBAL CHILDREN WITH THEIR TRIBAL FAMILY WHENEVER POSSIBLE. IF ICW HAS TO REMOVE A CHILD FROM THEIR HOME TO ENSURE THEIR SAFETY, WE LOOK FOR TRIBAL FOSTER CARE HOMES. WE ARE ALWAYS LOOKING FOR TRIBAL MEMBERS WHO ARE WILLING TO OPEN THEIR HOME TO NEGLECTED OR ABUSED AST CHILDREN. IF YOU ARE TRIBAL MEMBER AND IF YOU WOULD LIKE TO BECOME AN ABSENTEE SHAWNEE FOSTER HOME PLEASE CONTACT:**

**JULIE WILSON/FOSTER CARE 405-878-4702**

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**Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect.**

- Chief Seattle

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**AFTER HOUR PHARMACY NOTIFICATION**

The Walgreens located at 100 12th Avenue NE in Norman, OK is no longer contracted with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status. Tribal members may now take prescriptions to:

**Walgreens**

615 W. Main St
Norman, OK
(405) 573-5019

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**AST PHARMACY**

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system. Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number.

Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

**Hours of Operation:**

- Little Axe: Monday-Friday 8am-5pm
- Shawnee: Monday-Friday 7am-5pm

Phone-(405)292-9530
Phone-(405)878-5859

We are open through the lunch hour!!

**BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES.**

Thank You,
AST Pharmacy Staff
### The Absentee Shawnee Diabetes & Wellness Fitness Center’s Fitness Schedule

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#### Chrissy Wiens
Diabetes and Wellness Physical Activities Specialist

#### Buster Bread
Diabetes and Wellness Fitness Manager

**Location:** 1970 156th Ave. N.E. Norman, O.K. 73071
(405) 364-7298

For more information please visit our website at:
http://www.asthealth.org/tags/fitness

**Fitness Hours:**
- **Monday** 6:00 a.m.—7:00 p.m.
- **Tuesday** 6:00 a.m.—7:00 p.m.
- **Wednesday** 6:00 a.m.—4:00 p.m.
- **Thursday** 6:00 a.m.—7:00 p.m.
- **Friday** 6:00 a.m.—5:00 p.m.
- **Saturday/Sunday** CLOSED
MAMMOGRAPHY OFFERED AT LITTLE AXE HEALTH CENTER

The AST Health System is proud to announce that it is now offering mammography services at the Little Axe Health Center and is currently taking appointments. The opening of this new service yet marks another milestone in the health system’s ongoing mission to continually improve and expand the health services offered for the Absentee Shawnee and all the AI/ANs we serve.

Patients do not need a physician’s order for a screening mammogram; you are able to call and set up an appointment at your earliest convenience. You can also expect to receive results within 7-10 days, unless the Radiologist sees something, then the department will call you within 3 days. If you are having any symptoms like pain, swelling, lumps, etc., you will need to be seen first by your physician, before the mammogram. This is in order to receive a physician order for a diagnostic mammogram.

In preparation for the mammogram appointment, we please ask the patient to not wear the following:

- deodorant,
- powder, or
- lotion

Afterwards, there will be deodorant available in the changing room for you to use after the exam.

Mammography is located within the Radiology Department at the Little Axe Health Center and the staff mammographer is Ms. Lindsey Wallace. You can schedule an appointment with her by calling (405)701-7610 or (405)701-7620.

Ms. Wallace grew up in small town Perry, Oklahoma. She relocated to Oklahoma City for a while but has recently moved to the Newalla area with her family. Ms. Wallace has been doing x-ray, computed tomography (CT) and mammography for a combined of 21 years where she is also registered by the American Registry of Radiologic Technologist (ARRT). Ms. Wallace recently joined the AST Health System and has been the coordinator in getting this service up to operational standards. We are fortunate to have her on board.

Mammogram Facts

- Mammograms are images of the breast tissue produced on X-ray film.
- Mammograms are the most efficient screening method to detect early breast cancer.
- Monthly breast self-examination and regular doctor's examinations are combined with mammography for optimal breast cancer screening.
- An abnormal mammogram does not necessarily mean that a cancer is present other tests may be performed for further clarification of an abnormal mammogram.
- A normal mammogram does not exclude the presence of cancer

The AST Health System is proud to announce that it has expanded outpatient physical therapy services to the Shawnee Clinic. This is all in effort to effectively serve our Absentee Shawnees and AI/AN patients within the Shawnee and surrounding areas. We will begin scheduling appointments/seeing patients on Monday, August 3, 2015.

The physical therapy department hours are from 8:00 AM to 5:00 PM, Monday through Friday. The department’s equipment includes: an elliptical runner, Nu-step, recumbent bike, Total Gym, treadmill, cable pulley system, dumbbells, leg weights, thera-bands, and an arm bike. There are several treatment tables and a private treatment room.

Services provided in the physical therapy department at both the Little Axe and Shawnee locations include: rehabilitation for orthopedic injuries, stroke rehabilitation, spinal dysfunction, neurological disease, post-surgical rehabilitation, sports injuries, spinal cord injuries, chronic pain, motor-vehicle accidents, and vestibular balance and dysfunction. Ultrasound, neuromuscular stimulation, manual therapy techniques and therapeutic exercise/activities are some of the treatments provided. Each patient seen in physical therapy receives an individualized home exercise program.

The Shawnee Clinic Physical Therapist is Ms. Kristin Wahpepah. Ms. Wahpepah is originally from the Shawnee area. She is a member of the Kickapoo Tribe of Oklahoma; however, she is an Absentee Shawnee descendent. Ms. Wahpepah enjoys spending time with her family, especially her niece and nephew. She graduated from Dale High School, where she was involved in many different activities including basketball and softball. She then went on to attend Oklahoma State University where she received her Bachelor of Science in Journalism & Broadcasting: Sports Media and Public Relations. During that time, she was also completing pre-requisite courses to further her education. She went on to attend Langston University School of Physical Therapy where she spent the next 3 years studying physical therapy. In May, 2013, she graduated with her Doctor of Physical Therapy degree. After graduation, she began her career with the Chickasaw Nation in Ardmore, Oklahoma. When Ms. Wahpepah learned of a physical therapy opportunity at the Shawnee Clinic, she jumped at the chance to move back home and begin working with the AST Health System.

Welcome Kristin!
On Saturday, July 11th, 2015, the AST Diabetes and Wellness Program hosted the Junior Olympics at the Resource Center in Little Axe. Registered youth participated in a variety of Olympic style events to encourage fun and promote physical activity. Events included the standing long jump, running long jump, softball throw, free throw shooting, and the 50 yard dash. The Diabetes and Wellness Program would like to thank all of the parents and volunteers who came out to support the children during their activities.

Thank you!
The AST Health System values ALL feedback.
We will listen....

*Patient Advocate Jim Robertson
405-447-0300

*Customer Service Line
405-701-7623

*Patient Questionnaire located in each of our clinics or on our website
www.ASTHEALTH.ORG

Little Axe Health Center
Absentee Shawnee Tribal Health System
15951 Little Axe Drive
Norman OK, 70326
405-447-0300

Shawnee Clinic
Absentee Shawnee Tribal Health System
2029 S. Gordon Cooper Dr.
Shawnee OK, 74801
405-878-5850

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The AST Domestic Violence/Sexual Assault Program
serves as a resource center to the community by offering educational information and referrals.

Domestic Violence and Sexual Assault Advocacy
The AST Domestic Violence/Sexual Assault Program helps survivors of domestic violence, sexual assault, stalking, and dating violence by providing emotional support, advocacy, and crisis counseling.

Transitional Housing
The AST DV Transitional Housing Program serves survivors of domestic violence for up to six months to obtain education and job skills.

Court Advocacy
Assists survivors with court-related costs (when funding is available) and appears in court on behalf of the survivor.

Shelter Placement Assistance
The AST DV Shelter Placement Program assists survivors in obtaining safe housing and provides emergency transportation.

Housing and Utility Assistance
Assists with housing and utility assistance for survivors of domestic violence.

Referral Assistance
Assists with providing resources to those in need of additional services outside the scope of the AST DV Program.

Community Outreach
The AST DV Community Outreach Program offers educational trainings, informational displays, and community events in order to provide more awareness.

For any questions regarding any of the above services please contact AST DV Services at (405) 273-2888.

FOR INFORMATION ABOUT OUR SERVICES
PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE
LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.
WEBSITE: www.ASHOUSINGAUTHORITY.COM
A. Tribal storm shelter program.
As of June 30, there have been 57 shelters completed for tribal members. The wet weather has slowed down progress for the past couple of months. Once the shelters have been completed, the homeowner will need to register their shelter with their local fire department. Notices have gone out to each homeowner as a reminder to take this important step. If you need help finding your local fire department contact the Emergency Manager at 405-740-1562.

B. Red Cross
We had a disaster declaration resulting from the May/June heavy rain and flooding. The Red Cross from Pottawatomi County was able to help tribal members with food, water, and temporary housing. These and other activities are a part of the Implementation Plan developed as a part of our MOU with Red Cross. The weather radios were a part of the implementation plan to serve our tribal communities. Training opportunities will also be available through the MOU.

C. Community Outreach.
Intertribal Emergency Management Coalition (ITEMC) - The ITEMC Annual Summit was held June 9-11 at the CPN Arena building. The Absentee Shawnee Tribe Emergency Management was able to support this event by providing the bags for the participants and items for the bags. The Summit had speakers from National Weather Service, FEMA Region VI, American Relay Radio League (ham radio operators organization), USGS-Earthquake Presentation, Department of Environmental Quality, Save the Children, OK Department of Homeland Security, OK County Department of Health-Ebola Presentation, Therapy Dogs International, and the Southern Baptist Disaster Relief services. The next ITEMC meeting will be in August hosted by Muskogee Creek Nation in Okmulgee, OK. FEMA Tribal Liaison will give a presentation on training available for tribal emergency management.

Pottawatomie County Emergency Management – Participation in the “Whole Community” meeting as a partner by invitation of Don Lynch, Emergency Manager to Absentee Shawnee Tribe and Citizen Potawatomi Tribe. Several meetings are scheduled for input on updating of Pottawatomie County’s Hazard Mitigation Plan.

D. Disaster Declaration/FEMA/OK State Emergency Management
FEMA declaration for the May 3-June 4 rain/flooding event allowed the Tribe to apply for reimbursement for damages incurred. The FEMA/OK EM held the applicant briefing and kickoff meetings to begin process for tribes and counties to apply for reimbursement.

The tribe had flood damage to buildings on the complex and the AST Housing Authority had 5 homes in Burning Wood Addition were damaged by flood. The tribe has applied for Public Assistance to receive assistance from FEMA. We also had two tribal member homes that were damaged by flood that have applied for individual assistance.

E. Training/Meetings/Events.
- **FEMA Applicant Briefing, Disaster OK-DR-4222, June 15**
- **FEMA Kickoff Meeting, Disaster OK-DR-4222, June 29**
- **Pottawatomie County Emergency Management, Hazard Mitigation Update Meeting, June 30**
- **AST Tribal Pow-Wow July 3-4 – EM/PD Security and EM Services (worked with LA Tribal Clinic to have cooling station at Plus Care Clinic)**
- **FEMA Region VI - 4th Annual Preparedness Workshop/Regional Interagency Steering Committee Meeting, Rose State College, July 14-16**
- **Little Axe Health Fair, July 31, Red Cross Disaster Preparedness Team Attending**
Have you ever received a random phone call and when you answered there was a pause for 2-3 secs and a message recording started? Well you’ve been randomly selected possibly by a robodialer! We’ll get into details about that term soon. Phone fraud is a rising attack method that spans to international borders, enterprises, and industries. Nearly 1 out of 2,200 calls are fraud, which has increased 30% since 2013. This phone channel assailants use multipronged attacks, targeting consumers, retailers, and financial institutions simultaneously. The most efficient techniques these attackers use are robodialers point of origin is harder to trace back and they can work targeting simultaneous consumers. 1 in 6 phone numbers calling is a robodialer. 2.5 percent of U.S. phones receive at least 1 robocall every week. 86.2 million calls per month in the U.S. are phone scams.

Mobile phones are beginning to see this trend as the increase is climbing provided by the data below from 2011 to current. Consumer phone scams rely heavy on attacks casting on a wide net in scale wise. Phone fraud attacks seek the uninformed or vulnerable (e.g., the elderly, recent immigrants, young college students, etc.) One of the most common ways to exploit is by robocalling services. Attackers use tactics by messaging the consumer such as promising prizes, trips, free money, or other goods and services to get the consumer to interact. The more reported tactics are threatening messages, tellings consumers they’re behind on taxes, missed jury duty, or arrest warrants.

VoIP has played a factor for increases on fraud calls. Voice over IP (VoIP) has minimized or eliminated cost of phone calls, domestic and international. There has been recent evidence to suggest VoIP service is easier to steal than other kinds of telephony services as well. Attackers use VoIP lines for 53 percent of their calls, compared to 7.8 of the general public. VoIP is only as reliable as the underlying network security, if the existing network has security vulnerabilities, exploits can occur.

**CONCLUSION**

The best safe-guard you have is to simply hang up when a recorded message is being played, don’t disclose any personal information. If you press any button, most likely it will lead to more robodialers. Most mobile phones like the iPhone can block calls from within the phone settings under Settings>Phone>Blocked. Android’s can be found >call settings>my device>blocking mode. You can check to see if your phone provider or internet company has services to screen and block robodialers as well.

You can report any experience you’ve had to https://www.ftccomplaintassistant.gov or by calling 1-888–383-1222.
History:
The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

Services we can provide:
We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

Qualifications:
You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.

Counties served by ITOVR
- Kay
- Noble
- Pawnee
- Payne
- Pottawatomie
- Lincoln
- Logan

Iowa Tribe of Oklahoma Vocational Rehabilitation

P.O. Box 728
Perkins, OK 74059

Phone: 405-547-2402 ext 168
Toll free: 1-888-336-4692
Fax: 405-547-1090
E-mail: Christa Tсотaddle, Transitional Counselor
ctсотaddle@iowanation.org

"See the Person, Not the Disability"

Find us on the Web: www.bahkhoje.com
WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child’s Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child’s individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child’s progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child’s behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child’s behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare’s goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age $14.73 day $441.97 month
- 6-12 age $17.12 day $513.57 month
- 12 and over $19.30 day $579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED INTO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

Hello Everyone;

I hope that everyone is in good health, with all of the allergies and various respiratory problems that have going on. I know I am looking forward to the Spring weather that has come. I have not gone on any travels here lately, due to the various problems that have been created by various Executive Committee members. I have been working on research looking in to the practices of the Department of Human Services and the methods that they have been using to place our children. I am also attempting to get an appointment with the Director of DHS and the Governor of the state of Oklahoma. Last year at the ICWA conference in Ft. Lauderdale, I attended the Attorney General’s Advisory Committee on American Indian/Alaska Native Children Exposed to Violence meeting where I gave testimony. This Committee held meetings in various states getting testimonies from various agencies, Law Enforcement, Tribal Leaders, ICW, and Educators concerning concerning our Native Children. My point to this is that the Attorney General and the Bureau of Indian Affairs have re-written the Guidelines concerning ICWA and from speaking with ICW workers here theState of Oklahoma, Department of Human Services have not looked at the new Guidelines and are continuing to make their own decisions with out including the families or the tribes. If anyone would like a copy of the new guidelines they may come by my office and we will provide a copy.

I have also have concerns about the Tribal Housing Authority, so that is more research , which may or may not be a good thing. There have been numerous complaints from tribal members and I would like to know if the guidelines are being followed. After I finish researching then I will speak with the Housing Board and start asking questions.

I hope everyone has a wonderful Easter. If anyone has any questions or would like to just come by to visit, or call, please do. Home Number is 307-0954, 275-4030, ex. 6289 Thank you, and Be Blessed.
Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group’s proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place “our tribal” children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned.

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE
405-878-4702 (ext. 133)

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.
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<th>Name</th>
<th>Phone</th>
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<td>Governor Edwina Butler-Wolfe</td>
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<td>Eddie Broshoulder</td>
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<td>Lesa Shaw</td>
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<td>Lt Governor Isaac Gibson</td>
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<td>Andy Warrior</td>
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<td>Mary Billy</td>
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<td>Scott Miller (BIS Spec)</td>
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<td>Secretary Vera M. Dawson</td>
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<td>Representative Ken Blanchard</td>
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<td>Ray Campbell</td>
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<td>Linda Gouge (Sexual Assault Adv)</td>
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<td>Melissa Lopez</td>
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<td>Stuart Rollette</td>
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<td>GOT BUGS?</td>
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<td>Safe around kids &amp; pets!</td>
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<td>DEET FREE Pest Control Products</td>
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<td>Little Axe Sales Rep.</td>
<td>Connie Bottaro</td>
<td>818-536-1147</td>
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<td><a href="mailto:conniebottaro@aol.com">conniebottaro@aol.com</a></td>
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<td>GUARANTEED RESULTS</td>
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<td>Each treatment is guaranteed to eliminate bed bugs, spiders, head lice, fleas, ticks, dust mites, cockroaches, silverfish and many other household pests, for 3-4 weeks.</td>
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<td>100% all natural and non-toxic, pest control products made only from the finest natural ingredients. Field tested and proven to be 100% effective on the control and elimination of bugs.</td>
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