



The Absantee Shawnee News

LI-SI-WI-NWI "AMONG THE SHAWNEE"

WWW.ASTRIBE.COM

August 2020

Vol. 31, NO. 8



NOTICES

MASK DISTRIBUTION

The AST Office of Emergency Management still has masks available for tribal members. They can either be picked up at the checkpoint Monday – Friday 8 am – 4:30 pm or they can call Assistant Emergency Manager Levi Walker at 275-3200 to request masks to be mailed to them if they would like.

Chad Larman
Emergency Manager

AST Health System
now is providing a 24/7
AST Health System
24 Hour LIVE
CORONAVIRUS
(COVID19)
Information Number:
(4025) 695-1787

85th
Semi -Annual
General Council Meeting
POSTPONED

NOTICE

Weekly Drive-Thru COVID19 & Antibody Testing

Little Axe Health Center
405.447.0300
COVID-19 Drive-thru testing
available on Tuesdays from
5:30 pm-7:30 pm
ANTIBODY testing available
on Thursdays from
4:30 pm-6:30 pm

Shawnee Clinic
405.878.5850
COVID-19 Drive-thru testing
available on Wednesdays from
5:30 pm-7:30 pm

Testing is open to public. Remain
in your vehicle.
Bring proper identification.

For Antibody Testing...
Wear a mask
Be prepared to have blood drawn.
Those not being tested will not be
allowed entry into the clinic
Testing is available to anyone ages
10 and older



Newly Elected Officials Virtual Swearing In



Pictured L-R: Meredith Wahpakeche, Shirley Atkins, Tina Ciulla, Diane Ponkilla,
Middle L-R: Diana Wilson, James Spybuck, Jr., Officer Russell Harjo, Governor John Johnson
Bottom L-R: Lt. Governor Kenneth Blanchard, Secretary Ezra DeLodge, Representative Alicia Miller and Treasurer Joseph Blanchard.

Swearing In Ceremony – July 10, 2020

Due to active COVID cases and the tribal complex being closed, the ceremony to swear in the newly elected officials on the Executive Committee was scheduled in a Zoom meeting remotely. The Zoom meeting was called to order on Friday, July 10th at 4:10pm by Shirley Adkins, Acting Election Commissioner. Invited and attending were the existing Executive Committee members Governor John Johnson, Secretary Ezra Delodge and the newly elected officials along with the Election Commission committee members.

Kenneth Blanchard – Lt. Governor

Joseph Blanchard – Treasurer

Alicia 'Aly' Edwards-Miller – Representative

James Cody Spybuck, Jr. – Commission Member #1

Each were read their oaths followed by welcoming comments from existing members and each were given the opportunity to address the tribal members. The Zoom Meeting was recorded and turned into the technology department to be posted on the website. AST members can login to the internal site on the Absantee Shawnee Tribe website, astribe.com, to view entire meeting.



Effective Monday July 27, 2019 AST Revert back to Phase 1

Due to an increase in community spread, the Absantee Shawnee Tribe has determined that it is in the best interest of our employees and tribal members to revert back to Phase 1 of the AST Recovery Plan. Effective, Monday, July 27, the Tribal Complex will be open to essential staff and the Executive Committee ONLY. You may continue to conduct business via phone, e-mail, and postal service. We will update you on our plans for reopening when more information is available. Check website for any available updates: astribe.com or <https://m.facebook.com/AbsanteeShawneeTribe/>

astribe.com/ast-general-wellness-fund-application

Absantee Shawnee Tribe

[Home](#)
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[Services](#)
[Employment](#)
[News & Events](#)
[Enterprises](#)
[Log In](#)

THE ABSENTEE SHAWNEE TRIBE CONTINUES TO MONITOR AND PREPARE FOR ANY POTENTIAL CASES OF THE CORONAVIRUS WITHIN THE ABSENTEE SHAWNEE TRIBE. FOR MORE INFORMATION CLICK HERE.

AST General Wellness Fund Application

Please complete the form below. In order to meet the requirements of a live signature, this form must be mailed to: 2025 S. Gordon Cooper Drive, ATTN Enrollment Department. Shawnee, OK 74801 or Delivered to the Enrollment department on campus. If you have questions around eligibility or need to contact enrollment, they ask that you email your questions to: ASTWelfareFund@astribe.com

Checks will be mailed to the address on the application. The address on the application must match the address Enrollment has on file.

Please allow 4-7 business days to process payment, once the form is submitted and approved. Checks will be mailed on the processing cycle of the finance department, this may add a couple of days to the processing cycle.

COVID Application Form - Click to open - Right click and pick Save As to download

Share: [Facebook](#) [Twitter](#) [LinkedIn](#) [Email](#) [YouTube](#)

Event Calendar

July

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

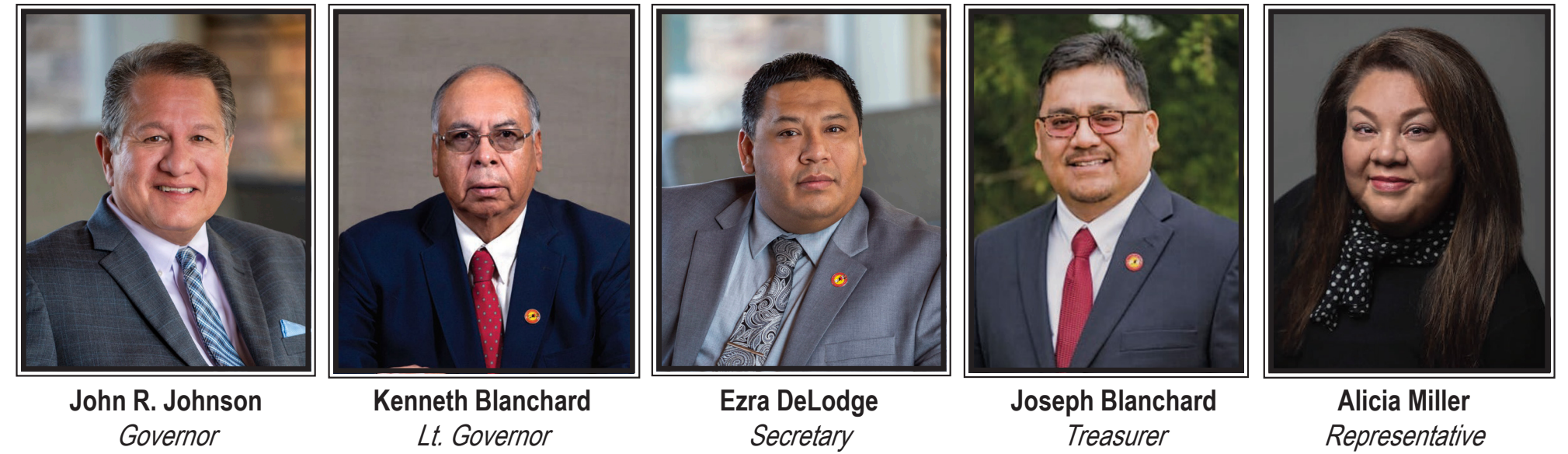
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Update - AST General Wellness Relief Fund

The "Wellness Relief Fund" is available to all tribal members for a one time distribution. Adults, 18 and older, will receive \$3000.00. Youth, 17 and under, will receive \$1500.00. Applications will need to be mailed to the Enrollment Department with a copy of your CDIB card. Once enrollment verification is completed it will be sent to Finance for processing. Please allow 2 weeks for distribution.

You can go online to print or download the application: astribe.com/ast-general-wellness-fund-application or use the application on page 12.

Future Closings: AST Day - 9/4/2020 Labor Day - 9/7/2020



Governor’s REPORT

JOHN R. JOHNSON
AST Governor

Greetings Tribal members,
The newly elected Executive committee members were sworn in on July 9, 2020. Please join me in welcoming Treasurer Blanchard and Representative Miller. Also, congratulations Lt. Governor Kenneth Blanchard on your re-election. I am ready to begin working together to move our Tribe forward.
Many of you are following our planning for CARES funding distribution. I am pleased to announce on Tuesday, July 21, the Executive Committee passed a resolution approving Phase 1 of our CARES plan. These projects are for emergency response needs with high priority being placed in the areas of healthcare, tribal projects and emergency management. The total approved for this initial phase is \$13,815,110. Also, the COVID-19 numbers continue to rise across Oklahoma. Community spread continues to be an issue. To protect our employees and tribal members, the Executive Committee has agreed to mandate the wearing of masks while on the tribal complex. Again, we made this decision to help protect the health and well-being of those we serve. Additional information about the mandate can be found on our Facebook page or website.
Currently, the tribal complex will revert back to Phase 1. We encourage our Tribal members to conduct business over the phone or by email. If you must come to the complex, please call and make an appointment with the department prior to visiting. Tribal members will be allowed on campus for appointments only.
On behalf of the Executive Committee, I would also like to extend our sincere condolences to the family of Sherman Tiger. We extend our deepest sympathies during this time of loss. Sherman was a longtime AST employee of nearly 9 years, and he was active with our election board. His presence at the complex will be missed.
Lastly, please continue to follow CDC guidelines during this ongoing pandemic. These guidelines are here to help you protect yourself and others. Wear a mask, wash your hands, and try to maintain a social distance from those not within your own household. Please stay safe.

Governor John Johnson



Secretary’s REPORT

Ezra DeLodge
AST Secretary

Tribal Members,

I hope all is well with everybody, and we are all staying safe during these trying times. It is times like these we as the EC need to come together and work for the safety and well-being of our nation. Rest assured we are working as best we can to make sure we are providing every service possible for you the tribal member. Please follow CDC guidelines which are; wash your hands frequently, practice social distancing and wear your mask, when in public. Unfortunately, this pandemic we are in will be around for the foreseeable future, but if we all do our part we can overcome this terrible virus.
If you have any questions or concerns please do not hesitate to contact my office, and I will gladly make time to listen to those questions or concerns.

Respectfully,

Secretary Ezra M. DeLodge, MBA
ezrad@astribe.com
405-432-0733

Newsletter Subscription

Name: _____
Address: _____
City: _____ State: _____ Zip: _____

Future submissions for the AST newsletter can be mailed in or emailed to:

newsletter@astribe.com

Mail to AST Media Department. 219 E. Walnut, Tecumseh, OK 74873
Call 405-598-1279 or Fax 405-598-0221
email: newsletter@astribe.com

Lt. Governor’s REPORT

KENNETH BLANCHARD
AST Lt. Governor

Thank you for the support and votes in our recent Tribal Election. As your re-elected Lt. Governor my pledge to all is to continue providing professional respectful representation as experienced in the past and I will also continue my open door policy.

Congratulations to the newly elected Treasure, Joseph Blanchard and Representative, Alicia Miller. They bring many years of Tribal Government experience. I am looking forward to working with them as a team.

Due to the current covid-19 epidemic, we are taking every precaution to keep the virus from affecting our tribal staff and their families more than it has already.

The Executive Committee has weekly planning discussions to update information and activities of the tribe. In the upcoming weeks and months there will possibly be some changes on how to provide improved services to the tribe.

Rita Harjo who has provided over twenty five years of service in many positions throughout the tribe has recently decided to retire; we will miss her and the services she provided as an employee. We wish her the best and to enjoy her retirement.

The Absentee Shawnee Tribe has lost Sherman Tiger a member, employee in the media department and friend to many. I have got to know Sherman as a loyal and dedicated traditional person, who never refused to help anyone that asked for his assistance. Most of all my staff and I will miss our most respectful and close lunch partner.

Wear your masks in public, constantly wash your hands or sanitize and social distance 6 ft. apart.

Well wishes and Good Health to all.



Treasurer’s REPORT

JOSEPH BLANCHARD
AST Treasurer

Hello Tribal Members,
It is with great joy and excitement I write to you today. I have completed my first two weeks as your newly elected **Treasurer**. I have taken time out of each day to meet with Directors, employees, and most importantly, you, the membership. If anyone would like to sit down and have a discussion, I ask anyone to call my office and set up a date and time, so that I don’t double book myself. This will allow me to dedicate the necessary amount of time to address your concern(s).
During this time frame, I’ve had multiple meetings with the other Executive Committee members in Round Table discussion, monthly EC meetings, Special EC meetings; and teleconference calls with our audit firms in Arizona, New Mexico, and Texas. Essentially, anything related to Departments under my oversight and my Constitutional fiduciary responsibilities, I’ve taken the initiative to reach out to each appropriate program or organization.
The Treasurer position is unique when compared to the other elected positions because of credentialing, Signatory Authority, and the transition period required to update for the banks, auditing firms, and investment account agencies. Recently, I notified membership through Facebook the issues related to individuals not receiving their Welfare Fund in a timely manner. Applications were held up in Enrollment because staff was out on Quarantine for two weeks.
I can proudly announce that **ALL** applications received to date (3465), have been processed through both departments and these checks were put in the mail by Noon, Friday, July 24, 2020. If you get a chance, and you know one of the ladies in Enrollment or Finance, give them a shout out for staying the course and maintaining professionalism during an anxious and stressful time.
Finally, I want to say, “Thank you!” to our membership for giving me this opportunity to be of service to our People. It definitely is not a position to take lightly and I will do everything in my power to be helpful to our Tribe. I am hopeful, once the dust begins to settle and everyone understands how we propose to move forward, this new era of enlightenment, communication, and transparency will produce the just reward we’ve all been waiting for.

Please do not hesitate to contact me and share advice, concerns or questions at: (405) 275-4030, Ext 6280; work cell: (405)695-1487; or send an email to: jblanchard@astribe.com

I appreciate your time and look forward to visiting with you soon.



Respectfully,
Joseph H. Blanchard

ALICIA MILLER
AST Representative

Each week, the COVID-19 positive cases continue to rise at the national, state and local levels. It is my sincere hope you are taking measures to protect yourself by making wise decisions when you are out and about amongst others. We have

Ne yi wa. (Thank you)
Alicia (Aly) Miller
Tribal Representative




	<h2 style="margin: 0;">ABSENTEE SHAWNEE TRIBE TAX COMMISSION</h2> <p style="margin: 0;">2025 S. GORDON COOPER DRIVE SHAWNEE, OK 74801</p> <p style="margin: 0;">(405)481-8600 • Fax: (405)214-4225 • Email: tax@astribe.com</p>											
<h3><u>NEW REGISTRATIONS:</u></h3> <p><u>Documents Needed:</u></p> <ul style="list-style-type: none">- Valid Oklahoma Driver's License- Valid Oklahoma Insurance- Enrollment Card- Notarized Title- Notarized Bill of Sale or Purchase Agreement- Lien Entry Form (<i>if you are making payments</i>)- Lien Release Form (<i>if previous owner had lien</i>) <p><u>NOTE:</u> You may be asked to provide supporting documentation for verification purposes.</p> <h3><u>PROCESS STEPS:</u></h3> <ol style="list-style-type: none">1. After receiving all necessary motor vehicle documents, we will enter the data into our tag program and process the payment.2. Then we will Email/Fax/Mail the Application form for you (Tribal Member) to sign; don't worry about the notary portion. Please sign and send Application back.3. Once signed Application is received we will complete the process.4. All items will be mailed to you. Includes: AST Title, Registration, Application, Receipt, and Tag. <p><u>NOTE:</u> All documents for New Registrations must be mailed in or left in drop box at the Shawnee Campus Police Station.</p>												
<h3><u>RENEWALS:</u></h3> <p><u>Documents Needed:</u></p> <ul style="list-style-type: none">- Valid Oklahoma Driver's License- Valid Oklahoma Insurance- Enrollment Card <h3><u>PROCESS STEPS:</u></h3> <ol style="list-style-type: none">1. After receiving all necessary motor vehicle documents, we will enter the data into our tag program and process the payment.2. After processing the renewal we will mail you the Registration, Receipt, and Decal. <p><u>NOTE:</u> All documents for a Renewal must be emailed, mailed in or left in drop box at the Shawnee Campus Police Station.</p>												
<h3><u>TAG PRICES:</u></h3> <table style="width: 100%; border: none;"><tr><td style="width: 60%;">1-4 YEARS</td><td style="text-align: right;">\$85</td></tr><tr><td>5-8 YEARS</td><td style="text-align: right;">\$75</td></tr><tr><td>9-12 YEARS</td><td style="text-align: right;">\$55</td></tr><tr><td>13-16 YEARS</td><td style="text-align: right;">\$35</td></tr><tr><td>17-Over YEARS</td><td style="text-align: right;">\$15</td></tr></table> <h3><u>PENALTY</u></h3> <p style="text-align: center;">\$0.25 A DAY</p>			1-4 YEARS	\$85	5-8 YEARS	\$75	9-12 YEARS	\$55	13-16 YEARS	\$35	17-Over YEARS	\$15
1-4 YEARS	\$85											
5-8 YEARS	\$75											
9-12 YEARS	\$55											
13-16 YEARS	\$35											
17-Over YEARS	\$15											

RESOURCE CENTER NOTICE:

In order to reduce exposure to our tribal members, patients, and community members, the Little Axe Resource Center will remain closed to the public until further notice. This includes access to the gym and reserving space for private use.

Please continue to practice social distancing, wear your masks, and remain at home when you can.

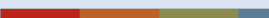
Thank you,



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

[illegible]



ASTHS August 2020 Monthly Update

The pandemic continues to impact everyone’s daily lives and routines. Our COVID19 Information Line continues to have several calls for questions from concerned members who are taken care of on the spot with the most accurate and relevant information we have from the CDC, Oklahoma State Department of Health, and FEMA. Please be aware that wait times may be longer than usual due to the COVID19 CDC cleaning guidelines between patients, and that our entry and patient flows are very different now to ensure we are doing the very best in protecting you, your family, and ours. We have begun testing all of our employees as well as testing our patients and local community with the FEMA provided testing kits issued free of charge to the health system, which requires us to help assist testing both our tribe and the immediate community we serve. We do this by hosting drive through testing events weekly now and have to date tested over a thousand patients! Numerous calls are being experienced from the Shawnee Service Unit and other Tribes seeking help with testing and medical care. The COVID19 Information Line is 24/7 and here to help our Tribal members and other patients with their pandemic questions. Your Health System has continuously been open for access to care, and remains open 7 days a week to assure services are continued for our patients. We also continue to provide carryout and delivery of Title 6 meals to our members with thousands of meals being provided to date by Dos Owens and her team to our most vulnerable population!

Please continue limited social contact, reduce exposure through unnecessary travel, accelerated personal hygiene, and remaining in good health as well as wearing a mask will greatly diminish the threats to our community! Please continue to work hard on this national campaign with us to end the COVID-19 pandemic through information, best practices, safe actions, and overall safety for you and your family. While the tribe continues to do all it can to protect you and your family, it is also a shared sacrifice to also care for your own family, tribal community, and those whom depend upon you for resources, support, and assistance. Let’s continue to work together to defeat COVID19 in our community!

We proudly recognize our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe, especially during our unprecedented times!

Employee Awards and awardees are listed below for recognition of outstanding efforts with ensuring great customer service to our patients and other employees/staff (both the External/Internal Customers)! The AST Health System always strives to make your health its top priority, and you all make a difference for our health system and the

PHARMACY REMINDER



We are sorry about your wait!

As we are in uncertain times, we are doing our best to reduce your exposure to COVID-19. We understand you are experiencing a longer than usual wait in our pharmacy drive-thru and we apologize for the inconvenience. In order reduce the drive-thru wait times, we need your help:

- To help us better serve you please call 24 hours in advance for prescription refills.
- When your medication refills are ready you will receive a text or automated call to inform you.
- Please ensure your info is correct with pharmacy and request you get notifications for medication refill updates.
- Please wait for the pharmacy notification that your medications are ready for pick up before joining the drive-thru line.

Little Axe Health Center Pharmacy- 405.292.9530
Shawnee Clinic Pharmacy- 405.878.5859

health and wellness of all of our patients – “THANK YOU” for all you do!

July Health Employee Awards of the Month

Employee of the Month:

Tina Hurd, AST Health Housekeeping Team

Team of the Month

AST Health Finance/Business Office Team

Special Leadership Award

Genevieve Foster, AST Health Finance Officer



Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director

NOTICE

WE RESUME NORMAL HOURS JUNE 1ST

- LITTLE AXE HEALTH CENTER**
405.447.0300
8am–5pm Mon–Fri

LITTLE AXE HEALTH CENTER PHARMACY
405.292.9530 REFILL LINE
7:30am–8pm Mon–Fri
9am–5pm Sat & Sun

PLUSCARE CLINIC
405.447.0477
8am–8pm Mon–Fri (Last patient accepted at 7:30pm)
9am–5pm Sat–Sun (Last patient accepted at 4:30pm)

SHAWNEE PRIMARY CARE
405.878.5850
8am–5pm Mon–Fri

SHAWNEE WALK-IN CLINIC
405.878.5850
8am–8pm Mon–Fri (Last patient accepted at 7:30pm)
9am–5pm Sat (Last patient accepted at 4:30pm)
Closed Sunday & Holidays

SHAWNEE CLINIC PHARMACY
405.878.5859 REFILL LINE
7:30am–8pm Mon–Fri
9am–5pm Sat
Closed Sunday & Holidays

For Your Visit PLEASE...

- CALL AHEAD**
- WEAR A MASK, INCLUDING A HOMEMADE MASK**
- FOLLOW GOOD SOCIAL DISTANCING & SPACING**
- USE AVAILABLE SANITIZERS AND HAND WASHING**
- ALLOW TIME FOR ENTRY DUE TO SAFETY SCREENING MEASURES**

We Remain Here To Serve You!



NOTICE

WEEKLY COVID-19 DRIVE-THRU & ANTIBODY TESTING

LITTLE AXE HEALTH CENTER, 405.447.0300

COVID-19 Drive-thru testing available on Tuesdays from 5:30 pm-7:30 pm

ANTIBODY testing available on Thursdays from 4:30 pm-6:30 pm

SHAWNEE CLINIC, 405.878.5850

COVID-19 Drive-thru testing available on Wednesdays from 5:30 pm-7:30 pm

Testing is open to the public. For testing inquiries please call: 405.695.1787.

***Note: If it is raining or adverse weather, testing will not be conducted.**

For Your Visit PLEASE...

- Bring proper identification
- Remain in your vehicle

For Antibody Testing...

- Wear a mask
- Be prepared to have blood drawn
- Those not being tested will not be allowed entry into the clinic
- Testing is available to anyone ages 10 and older



PURCHASED REFERRED CARE NEWS



Please follow the PRC guidelines. Keep a copy on hand and update your information. To update your patient information, please see patient registration.

SHAWNEE CLINIC

PURCHASED REFERRED CARE

HAS MOVED.

We are now located in SHAWNEE CLINIC (BLDG. 17)

Our phone numbers have NOT changed.

EMERGENCY AND URGENT CARE SERVICES

PRC for a currently enrolled AST citizen who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.

2. Notify PRC on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify PRC within 72 hours, your bills will not be paid.

3. For AST citizens with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.

4. For AST citizens with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.

5. In the event that you receive a bill from a provider, please provide a copy to PRC. **You may leave bills at the Little Axe Health Center PRC office or the Shawnee Clinic PRC office.**

EASY ACCESS

Purchased Referred Care is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 17.

8:00 a.m. – 5:00 p.m., Monday – Friday

Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES

Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, PRC Director

Daria Gatzman, PRC Specialist

Lena Carroll, Claims Processor

Jennifer Wells, PRC Technician

REFERRAL MANAGEMENT

Little Axe Health Center

Debi Sloat, PRC Deputy Director/RN

Leslie Davis, PRC Health Specialist/LPN

Lawana Martin, PRC Specialist, Medicaid Patients

Melinda Ferrell, PRC Specialist

REFERRAL MANAGEMENT

Shawnee Clinic

Flo Mann, PRC Specialist, AST Patients/LPN

Laurie Webber, PRC Specialist, IHS Patients/LPN

Carrie Stanley, PRC Specialist, Medicaid patients/ Medical Assistant

LITTLE AXE HEALTH CENTER PRC


405.701.7951 (Please follow voice prompts)

405.447.0300 (Secondary)

SHAWNEE CLINIC PRC

405.878.5850 (Primary)

405.878.4702 (Secondary)




ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.

Norman, OK 73026

405.447.0300

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.

Shawnee, OK 74801

405.878.5850

PLUSCARE CLINIC

15702 East State Highway 9


Norman, OK 73026

405.447.0477

Accredited by

AAAHC

ACCREDITATION ASSOCIATION FOR AMBULATORY HEALTH CARE, INC.




ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

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WWW.ASTHEALTH.ORG

Absentee Shawnee Tribe Behavioral Health Services



WHITE BISON, Inc.

A Cultural Approach to Personal Recovery Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm


Shawnee Multipurpose Building (east of the Shawnee Clinic, Bldg. 16)

For further information, contact:


Shawnee Behavioral Health Services: John 405-878-4716

Little Axe Behavioral Health Services: Dara 405-701-7987

What to do if you have been potentially exposed to someone with confirmed coronavirus disease 2019 (COVID-19)




If you think you have been exposed to someone with laboratory-confirmed COVID-19, follow the steps below to monitor your health and avoid spreading the disease to others if you get sick.



What is Coronavirus disease 2019 (COVID-19)?

COVID-19 is a respiratory disease caused by a new virus called SARS-CoV-2. The most common symptoms of the disease are fever, cough, and shortness of breath. Most people with COVID-19 will have mild disease but some people will get sicker and may need to be hospitalized.



How do I know if I was exposed?


You generally need to be in close contact with a sick person to get infected. Close contact includes:

• Living in the same household as a sick person with COVID-19,

• Caring for a sick person with COVID-19


• Being within 6 feet of a sick person with COVID-19 for about 10 minutes, OR

• Being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.). If you have not been in close contact with a sick person with COVID-19, you are considered to be at low risk for infection. You can continue to go to work and school but should monitor your health for 14 days and stay away from others if you get sick.



What should I do if I am in close contact with someone with COVID-19 but am not sick?

You should monitor your health for fever, cough and shortness of breath during the 14 days after the last day you were in close contact with the sick person with COVID-19. You should not go to work or school and should avoid public places for 14 days.




What should I do if I am in close contact with someone with COVID-19 and get sick?

If you get sick with fever, cough or shortness of breath (even if your symptoms are very mild), you should stay at home and away from other people. If you have any of the following conditions that may increase your risk for a serious infection—age 60 years or over, are pregnant, or have medical conditions—contact your physician's office and tell them that you were exposed to someone with COVID-19. They may want to monitor your health more closely or test you for COVID-19.

If you do not have a high-risk condition but want medical advice, you can call your healthcare provider and tell them that you were exposed to someone with COVID-19. Your healthcare provider can help you decide if you need to be evaluated in person. There are currently no medications to treat COVID-19. If you have a medical emergency and need to call 911, notify the dispatch personnel that you may have been exposed to COVID-19. If possible, put on a facemask before emergency medical services arrive or immediately after they arrive.

Prepared by
Urban Indian Health Institute,
a division of Seattle Indian Health Board



Make sure you get the next issue!

Issues come back to us not being delivered... make sure your address is correct! Don't miss a minute of tribal news and information!

Anyone needing to be on the mailing list Please Call the AST enrollment or email us at newsletter@astribe.com

AST MEDIA
405.598.1279



Happy 61st Anniversary to
Jerry and Barbara Little Axe
We Love You!

Tina, Rena, Nadine, CJ and Kayla
Anniversary Date 8/11/1956

UNITED for OKLAHOMA

The Absentee Shawnee Tribe has partnered with United For Oklahoma to educate Oklahomans on the critical role the tribes play in our state’s future.

These are the facts every Oklahoman must know.

Watch the videos and stay informed at:
UnitedForOklahoma.com

Cut Your Risk In Half

FREE!

Do you have Pre-Diabetes?
Are you At Risk For Pre-Diabetes?

WELLNESS WARRIORS STARTING AUGUST 2020

Pre-diabetes means your blood glucose (sugar) is higher than normal, but not yet diabetes. Diabetes is a serious disease which can cause heart attack, stroke, blindness, kidney failure, or loss of toes, feet or legs.

The good new is... Type 2 diabetes can be delayed or prevented in people with pre-diabetes through lifestyle programs. Come be a part of this awesome program that has been proven to prevent diabetes!

This program gives you:

- Free weight loss coaching from certified Lifestyle Coaches to guide and support you
- Help with being more physically active and managing stress
- Tools for healthy eating, free cooking demos
- Free Fit-Bit for participation and attendance
- Free scale for home weighing
- Virtual group meetings weekly via ZOOM
- Supportive materials provided, as needed.

Do you qualify for this program?

- 18 years of age or older
- BMI of 25 or greater
- A1C range: 5.7%-6.4%

- Previous diagnosis of Gestational Diabetes
- Fasting labs greater than 100 mg/dl
- Random lab greater than 130 mg/dl

For more information or to put your name on the list contact:
Absentee Shawnee Tribe Diabetes and Wellness Program
1800 2026 S. Gordon Cooper Dr.

Lisa Harrington MS, RDN/LD
Certified DPP Lifestyle Coach
405-701-7977
E-mail: lharrington@astribes.com

Honoring Our Past With Promise for Our Future

LIFE is Beautiful
Living Meth Free

National Suicide Prevention

**1-800-273-8255
(TALK)**

Absentee Shawnee
Health Systems
Shawnee & Little Axe

TRIBAL OPIOID RESPONSE GRANT/PUBLIC HEALTH

PRESENTS

INTERNATIONAL OVERDOSE AWARENESS

DRIVE-THRU EVENTS:

WHEN: AUGUST 31.2020
WHERE: Little Axe Health Center Circle Drive
TIME: 10:00 AM-1:00 PM

AND

WHEN: AUGUST 17.2020
WHERE: Horse Shoe Bend
TIME: 10:00 AM-1:00 PM

PLEASE STAY IN VEHICLES

Opioid educational material, medical lock boxes, and disposable medication bags will be distributed.

For more information please call Crystal Springer at cspringer@astribes.com or 405-561-7833.

ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.



Happy Birthday to the August AST Members



Aguinaga, Joanna Stevens
Alaee, Deena Shabnam
Alford, Brandon Wayne
Alford, Donald John
Alford, Dylan James
Alford, Janene Flora
Allen, Zachary Jerald
Almanza, Favian Dae
Almanza, Lucy Jeslene
Altman, Colson Charles
Anderson, Dakiah Ali
Anderson, Jared Russell
Armenta, Aumarie Ann Jade
Atwara, Hawana Rain
Atwara, Rae Lynn
Balch, Tasha Jamie Renee
Ballard, James Wesley
Barbosa Jr., Francisco Lazaro
Barbosa, Natalie Cadence
Barnes, Alvina Lynn
Barnes, Jonna Kay
Barriga, Calib Jay
Barriga, Dana Michelle
Barriga, Joshua Deen
Beachem, Lois Marie
Bella-Heim, Katherine Ann
Benish, Hailey Grace
Berry, Michael Wayne
Billie, Gabriel Lamont
Blackbear, Kyler Jesse
Blancett, Tina Marie
Blanchard, Caileah Ann
Blanchard, Carson Eugene
Blanchard, Christopher Ray
Blanchard, Henry Benjamin
Blanchard, Jackson Jonathan
Blanchard, Jessica Marie
Blanchard, Kaylee Dawn
Blanchard, Kenneth
Blanchard, Leadra Danae
Blanchard, Luann Delores
Blanchard, Ruth Evelyn
Blanchard, Sandra Lynn
Blanchard, Stacie Faye
Blocker, Steven DeWayne
Blood, Jeffery Lee
Bond, James Phillip
Boston, Sheila Marie
Boston, Sheldon Shannon
Bosworth, Donna Sue White
Box-Kessler, James Steven
Bradshaw, Karsyn Marie
Brady, Crystal Sue
Bread, Eli Emery Michael
Bread, Kiley Madison Mchael
Breeding, Taylor Mae
Britt, Nathan Scott
Brocksmith, Nicole Leeann
Brokeshoulder, Riley Ann
Brokeshoulder-Drags Wolf, Whirlwind
Brooks, Rosalind Janelle
Brophy, Conri Kaleido
Brown, Teresa
Brown, Tracy Lynn
Buckheart, Phillip Paul
Burggraf, Kyra Joanee Joann
Byers, Dallas Landry
Camp, Sarney
Cardwell, Wyatt David
Cargo, Elijah Lee
Carlson, Adrianno McBride
Carter, Rosa Lee
Casteel, Serenity Rai
Chambers, Diana Lynn
Chisholm, Anita Sue
Citty, Daniel Keith
Citty, Rachel Danece
Ciulla, Kayla Rena
Clark, Autumn Marie
Clark, Jonathon Jacob
Clinesmith, Jamie Lenea
Cody, Kristen Renee
Conley, Nicole Lynn
Cope, Vincent Michael
Copeland, Matthew Kyle
Cottrell, Lindsay Russell
Crowley, Aleycia Nicole
Crowley, Isabel Dianne
Crowley, Parris Rae
Cruz, Briel Lashelle
Cruz-Larney, Fabela Guadalupe
Curtis, Kenda Janae
Davis, Barbara Ann
Davis, Darrol Everett
Dawsey, Vera Mae
Deere, Montana Christian Alex
Dees, Travis William David
Delodge, Cheyenne MacHelle
Dodds, Clayton Robert
Dominguez, Valerie Rose

Downey, Sheila Ann
Draper, Daria Dawn
Durmon, Patrick Duane
Elizondo, Adriana Esperanza
Elkins, David Preston
Ellis, Sydney Jean
Elmore, Braden Lee
Embery, Lisa Marie
England, Randall Blake
Felton, Kai Neal Blaze
Felton, Wyatt Cooper
Finch, Courtney Shea
Fish, Canaan Caide
Fixico, Angela Rochelle
Foreman Sr., Leonard Dewayne
Fowler, Sofia Evelyn
Frazier, Kendell Terese
French, Joseph Lee
Frye, Michele Renia
Galyon, Joyce Ann
Garcia, Gabrielle Rose
Garretson, Shawnelle V.
Garretson, Zachary
Gibson Jr., Roy Gene
Gibson, Ethan Leroy
Gibson, Morgan Lee
Gillmore, Tammy Kay
Gilmore, Cynthia Jayden
Gonzalez-Freed, Alexia Faith
Goodman, Brandon Thomas
Gouge, Marissa Janell
Granstrom, Brandon Thomas
Gray, Dora Estelle
Greenfield, David Glenn
Griffin, Armani De`jour
Griffin, Corrine Sue
Hale, Freyalyn Rayne
Haney, Carolyn Ann
Hanson, Melody Leann
Harjo Jr., Victor Ray
Harjo, Jason Michael
Harjo, Kolbie Lee
Harjo, Theresa Michelle
Harman, Serenity Leilani
Hart, Ashley Nicole
Harvey, Jaron Scott
Hastings, Michael Dakota
Hayes, Ginger Leanne
Heatley Jr., Abraham Lee
Hendricks, Rachel Anne Powell
Hernandez, Alicia Marie
Herrera Sr., Ruben Pilar
Herrera, Jennifer Marie
Herrera, Renee Christine
Herrod, Lucas Andrew
Hicks, Leila Kay
Hill, Scotty Lee
Hixon, Amanda Rene`
Holderness, John Lennon
Hood, Lyon Joseph Weslon
Hood, Steven Mark
Houston III, Gary Dean
Houston, Jacob Lee
Huckaby, Richard Allen
Huerta-Carrillo, Senia Katalea
Irvin III, William Jetson
Jackson, Amanda Christine
Jackson, Josiah Nicholas
Jackson, KeAuntre Darnae
Jimerson, Dante Romain
Johnson Jr., Robert Anthony
Johnson, Carrielynn Melissa
Johnson, Christina Michelle
Johnson, Crystal Faith
Johnson, Darrell Ray
Johnson, Desiree Cathonel
Johnson, Diana Kay
Johnson, Nicholas Ray
Johnson, Robin
Johnson, Ronnie Gene
Johnson-Banks, Airen Nicole
Johnson-Stephenson, Bryon Darius
Johnson-Stephenson, Marissa Kaitlynn
Joiner, Jocelyn Renee`
Jordan, Betty Jean
Josytewa, Daniel Dakota
Kaseca, Lynnlei Renee
Kastl, Richard Dean
Keith, Jaime Lee
Kennedy, Rebecca Lea
Kennedy, Willie James
Kernell, Noah Lee
Kilmer Sr., Gregory Keith
Kinnamon, Alisha Dawn
Kinnamon, Dustin James
Kirby, William Anthony
Koster, Keeleigh Jenifer
Lamb, Weston Bobby Clayton Charley
Larney Jr., Nathaniel Roy
Larney, Santana LaRay

Larney, Tava Dionne
Latham Sloan, Stone Tecumseh
Lee, Christopher Ashton
Leedom, Daniel Clayton
Liles, Tammy Gayle
Little Axe, Angela Renae
Little Axe, Barbara J
Little Axe, Chastity Lynn
Little Axe, Jamison Sloan
Little Axe, Kimberly Jolene
Little Axe, Mikah Dean
Little Axe, Panther Sky
Little Charley, Eldon
Little Charley, Tyera Nicole
Little Jim, James Allen
Little Jim, Lorene Little Axe
Little, Earl Lynn
Littlebear, David Allen
Littlebear, Patrick Dale
Littlecreek, Cameron Joseph
Littlecreek, Richard Lloyd
Littlehead, Montana Dane
Locke, Ericalee Dawn
Logan, Kathleen June
Longden, Marilyn Sue
Longhorn, Gabriel Allen
Longhorn, Keith Warren
Longhorn, Patience Bruce
Longman, Kirstain Page
Lossie, Amy Laverne
Lovins, Jo Ann
Lowe, Trenton James
Mack, Devin Lee
Mack, Kylan Cole
Mack, Trenden Derrick Lee
Mann, Cecil Ray
Mann, McCann Allen
Mann, Michael Ray
Mann, Stacy Diane
Marquez II, Felipe Herrera
Marquez III, Felipe Herrera
Marshall, Briana Michelle
Marshall, Laura Lee
Martinez Jr., Jose Martin
Martinez, Goodchief Justice
Martinez, Tecumseh Joaquin
Masquas, Zariyah Jade
Masquat, Cheryl Ann
Masquat, Lindsay Marie
Maxwell, Darrell Wayne
McBride, Caroline Sue
McBride, Michael Andrew
McPherson, Elana Rose
McPherson, Joshua Alan
Megehee, Hunter Buck
Megyesi, Kevin Charles
Miller, Stacy Elaine
Miller, Tommy Dean
Minesinger, Kenneth Scott
Moody, Megan Marie
Moore, Brian Keith
Moore, Christian Glenn
Morris, Nikolai William
Morton, Rylee Raynell
Mossbacher, Myles Anthony
Myers, Jerri Annette
Neese, Krystal Ann
Nelson, Korey James
Neugent, Lailani Legacy Evawn
Neugent, Victoria Ann Louise
Neugent, Zaleah Vee
Novick, Roman Christopher Alan
Olivas, Lily Tiger
Ortiz, Sylva Loumae
Owens, Alisha Janae
Panther, Jessalynn Rae Ann
Parsons, Trysten Nathaniel Lee
Peetoom, Stephanie Dawn
Perkins, Troy Dylan
Presson, Elizabeth Ann
Puckitt, Ryan Paul
Ramirez, Angel Renee
Ramirez, Librado Bryan
Ramirez, Sirene Angel
Ramsey, Tycilla Renee
Rapp, Michelle Lauren
Rich, Sonia Elaine
Rickard, Keely Danielle
Ridenour, Lesley Paige
Robison, Noah Alan
Rodas, Owen Benjamin
Rojas Jr., Antonio
Rolette, David Wayne
Roller, David Lee
Roller, Susan Margaret
Ross, James Edward
Ross, Randall Lee
Rudloff, Derek Chace
Runsabove, Brock Allen
Ryan, Cullen Patrick

Sallee, Melanie Rachele
Sampson, Ayden Lee
Sampson, Layla Ann
Sanchez, Janna Lee Anne
Sanchez, Luisa Raquel
Sanchez, Steven Mercedes
Sanchez, Trevor
Schwarz, Shawn Sigmund
Scraper, Margaret Alice
Serena, Shawn Lee
Sevier, Jackson Kyle
Shawnee, Jaylee Anne
Shawnee, Lyndell Grant
Shawnee, Lynessa Gail
Shawnee, Sabian Cole
Sinks, Daniel Ray
Sloan, Taya Adalyssa Marie
Sloat Falcone, Lorraine Gail
Sloat, Brett Marshall
Sloat, Christopher Douglas
Smith, Saydi Leigh
Snake, Amber LaRae
Spoon Jr., Steven Paul
Spoon, Alexis Cheyenne
Spoon, Alyssia Shylarae
Spybuck, Thomas Matthew
Squire Sr., Kenneth Dale
Squire, Suzetta Ann
Starr, Ashley Ann
Starr, Esella Mia
Starr, Jamie Dawn
Still, Jessica Ann
Stoliby, Allen Monroe
Strain, Susan Elaine
Stricklin, Olivia Sayson
Sullivan Jr., Thomas Lee
Susko, Kelly Anne
Swenson, Londyn Alayne
Swenson, Owyn Cruz
Switch, Cara Cameron
Switch, Melpherd Dewayne
Tallchief, Sierra Marie
Thompson, DeKaylie Talara
Thorpe, Keaston James Guthrie
Thorpe, Kyra Nicole
Tiger Jr., Leonard Gene
Tiger Yanez, Karen Amor
Tiger, Cierra Alayne
Tiger, Linda Kay
Tiger, Mary Louise
Tiller, Presley Renee
Tolbert, Jayvaughn Charles
Trennepohl, Catherine Lynn
Tucker, Wessie Carmen
Tucker, Xavier Mega
Tullius, Ashley Nicole
Turner, Aryana Janaye
Tyner, Roy-Al Ray
Vaughn, Sandra Kay
Velez, Carol Ann
Villalobos, Enrique Ivan
Wahpekeche, Joaquin Noah
Wakley, Brianna Morgan
Warrior Jr., Manuel Anthony
Warrior, Isaac Necon
Warrior, Lydia Annelise
Warrior, Samuel Adrian
Watson Sr., Gregory Doyle
Welty, Jennifer Lee
Wenholm, Tyson Riley
West, Randall Aaron
White, Darrel Lee
White, Michael Brooks
Whitten, Mikayla Ruth Ann Corine
Whitten, Tina Louise
Williams Jr, Robert
Williams, Charlotte Virginia
Williams, Deana Michelle
Williams, Derrick Heath
Williams, Kaysa Lyn
Williams, Linda Lee
Williamson, Jeanie
Wilson, Anthony Eugene
Wilson, Asa Lynch
Wilson, Cheyenne Michelle
Wilson, Debra Ann
Wilson, Deja Lea
Wilson, Espernsi
Wilson, Mya Rose
Wilson, Sarah Madisen Jane
Wilson, Terry Blaine
Wilson, Tiffany Michele
Winrow, Myia Lashea
Wolfe Jr., Zachary Paul
Wolfe, Christian Wayne
Woods, Kaitlin Marie
Woodward, Anthony Emmett
Woodward, Blake Anthony
Yates, Trevor Todd Thomas

Title VI UPDATE

AUGUST!!! CAN YOU BELIEVE IT!!! KEEP OUR SCHOOL KIDS SAFE!! REMIND THEM TO WASH THEIR HANDS, WEAR THERE MASKS, USE HAND SANITZER AND EVEN THOUGH THEY ARE HAPPY TO SEE THERE FRIENDS NO HUGS!!! WE WILL CONTINUE DOING THE MONDAY DRIVE THOURGHS AND HOMEBOUND DELIVERY ON MONDAYS ALSO- UNTIL FUTHER NOTICE

WE KNOW YOU GET TIRED OF THE FROZEN MEALS – WE ALSO OFFER SHELF STABLE MEALS: IT’S A FIVE DAY MEAL BOX THAT CONSIST OF CHILI, BEEF VEG SOUP, TOMATO

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

 Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Salisbury Steak Mashed Pot/Gravy Peas n Carrots Mixed Fruit	4 Philly Steak Sandwich Steak Fries Apricots	5 Baked Potato Ham, chez, onions Broc. N chez Pudding	6 Chef Salad w/ chicken eggs, chez Crackers/Pears	7 Scrambled Eggs Sausage Gravy Biscuit Fruit	8
9	10 BBQ Chicken Veggies Bread Peaches	11 Cold Cut Sandwich LTOP Mac. Salad Fluff	12 Steak Fingers Mashed Pot Gravy Broccoli Crisp	13 Wieners & Kraut Cauliflower Bread Applesauce	14 Ham Boiled Egg Toast Fruit	15
16	17 Turkey Dressing/Gravy Green Beans M. Oranges	18 Tamale Refried Beans Southwest Salad* Salsa	19 Beef Tips & Noodles Veggies Peaches	20 Chicken Salad Sandwich LTOP Cucumber Salad Fruit	21 Scrambled Eggs Sausage Gravy Biscuit Fruit	22
23	24 Hot Dog Pork & Beans Chips	25 Egg Roll Stir Fry Veggies Rice Pineapples	26 Beans w Ham Steak fries Onions Cookie	27 Goulash Squash Bread Pears	28 Oatmeal Sausage Patties Blueberries	29
30	31 Chicken Fry Steak Mashed Pot/Gravy Brussel Sprouts Fruit Cocktail					

2020
August

Absentee Shawnee Tribe of Indians of Oklahoma
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801-0381

Title VI
Elderly Nutrition Program

Dear Absentee Shawnee Tribal Members

For many years The Title VI Department has provided gas to mow your lawns. We are updating the guidelines. The Title VI Grant provides gas as supportive services and for us to provide supportive service you must be a participant in the Title VI Program.

Guidelines:

1. Absentee Shawnee Member

2. Must be 55 years and older

3. Must be an Title VI Member, have a current intake form on file (FY-2020)

4. Must provide Proof of Residency (utility bill – in the applicants name)

5. Handicap/Disabled

6. NO RENTAL PROPERTY WILL BE MOWED

As a Title VI Member as long as you are within the guidelines you can put in your application and turn in your applications to the Title VI Department. As stated on the application: Maintenance will only mow and weed eat applicants lawn. Maintenance will mow every two (2) weeks weather permitting. Also, the maintenance workers will not trim trees, shrubs, and will NOT move any items that are in the way of cutting your lawn.

This year we are trying to get an early start on our grass mowing list,

Any questions you can reach me at 405-275-4030 ext. 6227 or email me at dowings@astribe.com

Thomasine Owings
Thomasine Owings

Absentee Shawnee Tribe of Oklahoma
Title VI Department
2025 S Gordon Cooper Dr
Shawnee OK 74801
405-275-4030

CDIB # _____
D.O.B. _____

Grass Mowing Application

The Following are the requirements for this program:

1. Must be an Absentee Shawnee Member

2. Must be 55 years and older

3. Must be an Title VI Member (have an current intake form for the current year 2020)

4. Handicap/Disabled

5. Must provide Proof of Residency (utility bill must be in applicant's name)

6. NO RENTAL PROPERTY will be mowed

The Absentee Shawnee Tribe Maintenance Department will ONLY mow and weed eat applicant's lawn. Maintenance will mow every two (2) weeks, weather permitting. Also, the maintenance workers will not trim trees or shrubs.

If you have any questions, please contact Dos Owings at (405) 275-4030 ext. 6227

NAME: _____
ADDRESS: _____
CITY: _____ STATE: _____ ZIP: _____
HOME PHONE: _____ MESSAGE PHONE: _____
EMAIL: _____
FINDING DIRECTIONS TO HOME:

*DISCLAIMER
Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.



**Absentee Shawnee Tribe of Oklahoma
Child Care Development Fund Programs
2025 S. Gordon Cooper Dr.
Shawnee, Ok. 74801
(405)432.8411 FAX: (405)878-0156**

**AST Newsletter- Child Care Development Fund (CCDF) Programs
August 2020**

We hope you and your family are doing well. Due to this unprecedented national health emergency we have been doing what we can to keep the CCDF grant in compliance and learning about what we can do to assist families in this pandemic. We are still accepting applications for AST Child Care Assistance if you need child care assistance and would like to apply. The application is on the AST website under Services/Child Care. We offer assistance to any Native child with a CDIB who live in our service area of Cleveland, McClain, Oklahoma and Pottawatomie Counties. The parents or guardians must meet certain income guidelines but we would encourage anyone to apply. We can also offer services for families who are unemployed with a three (3) month job search eligibility period. The families can choose any OKDHS Licensed Child Care Provider that is convenient for them.

We also offer a Relative Home Provider care type where a relative who lives in a separate residence can care for an eligible child. RHPs will be approved and tribally licensed based on their application, passing a background check and home inspections. RHPs will have to meet certain guidelines and follow tribal standards for care including child to provider ratios. RHPs will also be subject to monitoring visits and best practices through AST Licensing and Monitoring guidelines. We will have the application and guidelines on the AST Website under the Services/Childcare page. Applicants who wish to utilize the RHP will need to be eligible for AST Child Care prior to RHP approval. Please contact me or LaNora Buswell, CCDF Specialist, if you have any questions.

The opening of the After School Program has not been determined as of this date. We hope to have the program back open with different options in place to go along with what the schools are doing. We will post more information as we know the details.

Our goals through the CCDF grant, Building Blocks enterprise and the After School Programs is to provide quality child care to Native and non-native children in our communities. We do this by our innovative ideas on curriculum and staying abreast of all training and requirements to maintain higher levels of care. We strive to be the best and be better than the best every day.

If you are interested in any of these programs or have any questions please feel free to contact me or LaNora Buswell at the number above or by email, astchildcare@astribe.com.

Ni yi wa! (Thank you)



**Absentee Shawnee Tribe of Oklahoma
Building Blocks C.D.C.
2025 S. Gordon Cooper Dr.
Shawnee, OK, 74801
(405)878-0633 FAX: 405)878-0156**

Building Blocks has been back open since June 15 for our enrolled children of our AST Employees. We currently have 17 children on our enrollment and 18 employees. Since we have been back we have painted all of our rooms. The teachers enjoyed painting their classrooms with the colors they picked and then redecorating them. It looks really nice in the building with the new paint. Also, while we were out our new Air Conditioning units were finished been installed. Just in time for the temperatures outside to heat up, we have cool air inside.

We are so excited to be open and being able to serve our AST employee’s children. We are waiting for COVID-19 to get better with fewer cases out there so that we can welcome back our other enrolled children. Right now that date is still unknown! If you are interested in putting your child on our waiting less, please call us and we will email you a waiting list application. We hope that everyone is doing well and taking care of yourselves and your children in these uncertain times.


Be Safe, Building Blocks II Employees!




Here is our two year old room in Building Blocks II with the new paint and decorations.



We also painted the Big Room and rearranged it.



Absentee Shawnee Tribe Child Care Development Fund Programs
La-pe-we-ki-wa ho-ge-wa-pe-fa-yi mi-ti-ge
“Lifelong Learning Begins Here.”



Program Services:

- Building Blocks Child Development Center II- Shawnee, OK- Tribally Operated Child Care Center
- Building Blocks Child Development Center III- Little Axe, OK- Tribally Operated Child Care Center
- AST Child Care Subsidy Program- Child Care Assistance
- AST After School Program- Horseshoe Bend Community- After School Care
- AST After School Program- AST Complex, Shawnee- After School Care

- For information about these services please visit the AST website at www.astribe.com/Childcare
- Contact information:
 - ✕ BBCDCII-Shawnee (405)878-0633 Email: ecrawford@astribe.com
 - ✕ BBCDCIII- Little Axe (405)360-2710 Email: rebeccaj@astribe.com
 - ✕ AST Child Care Subsidy (405)432-8411 Email: briana.ponkilla@astribe.com
 - ✕ AST ASP- HSB (405)432-8411 Email: lanora.buswell@astribe.com
 - ✕ AST ASP-Shawnee (405)432-8411 Email: lanora.buswell@astribe.com

Domestic violence is not a Native American tradition.



STRONGHEARTS
Native Helpline

Need to talk? Get free help by calling 1-844-7NATIVE (762-8483) available daily from 7 a.m. to 10 p.m. CST.

Callers reaching out after hours may connect with the National Domestic Violence Hotline by selecting option 1.

Trust. Speak. Heal. Together. | strongheartshelpline.org



This project is supported by Grant Number 90EV0426 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. Department of Health and Human Services.

Sherman L. Tiger
July 2, 1965 ~ July 21, 2020

Sherman L. Tiger, 55, lifelong resident of Little Axe, Oklahoma passed from this life Tuesday, July 21, 2020 in Norman.

He was born July 2, 1965 to Henry and Dorothy (Kaseca) Tiger in Lawton, Oklahoma.

Sherman was raised in the Little Axe area and graduated with the class of 1983 from Noble High School. He earned his associate degree from Haskell Indian Nations University. He worked as a press printer for many years and was currently employed with the Absentee Shawnee Tribe as the media coordinator.

Sherman was a proud member of the Absentee Shawnee Tribe. He loved going to stomp dances, flea markets, auctions; and especially enjoyed spending time with his grandchildren.

He was preceded in death by his parents, Henry and Dorothy Tiger; 2 sisters, Nora Tiger and Ruby DeLodge; and 1 brother, Henry Tiger, Jr. Survivors include his 3 daughters, Susan Tiger of Norman, OK, Alisha Tiger of Wanette, OK and Stormy and Luis Dominguez of Midwest City, OK; 3 sons, Terrance Tiger, Joseph Tiger and James Tiger, all of Norman, OK; 12 grandchildren; 1 sister, Frances Blanchard; 2 brothers, Raymond Tiger and Eugene Strickland; and numerous extended family and friends.



The Tiger family would like to say Ne yi wa for all the contributions for our Dad, Sherman. He always helped our AST people. We would also like to say a special Ne yi wa to the following;

- Glenn Mann and Family
- Absentee Shawnee Tribe
- AST Maintenance
- Kevin Williams
- Entire Little Axe Community
- White Turkey Band
- Thunderbird Casino
- AST Representative Alicia Miller
- AST Lt. Gov. Ken Blanchard & Assistant Diane Ponkilla
- AST Secretary Ezra DeLodge

Looking for Foster Parents



“SHARE YOUR HEART,
SHARE YOUR HOME”

AST ICW is looking for those who have a loving heart to become foster parents. If you are interested in becoming a foster parent please contact
AST ICW at 405-395-4490

ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)
(A ONE TIME YEARLY PAYMENT OF \$150.00 PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

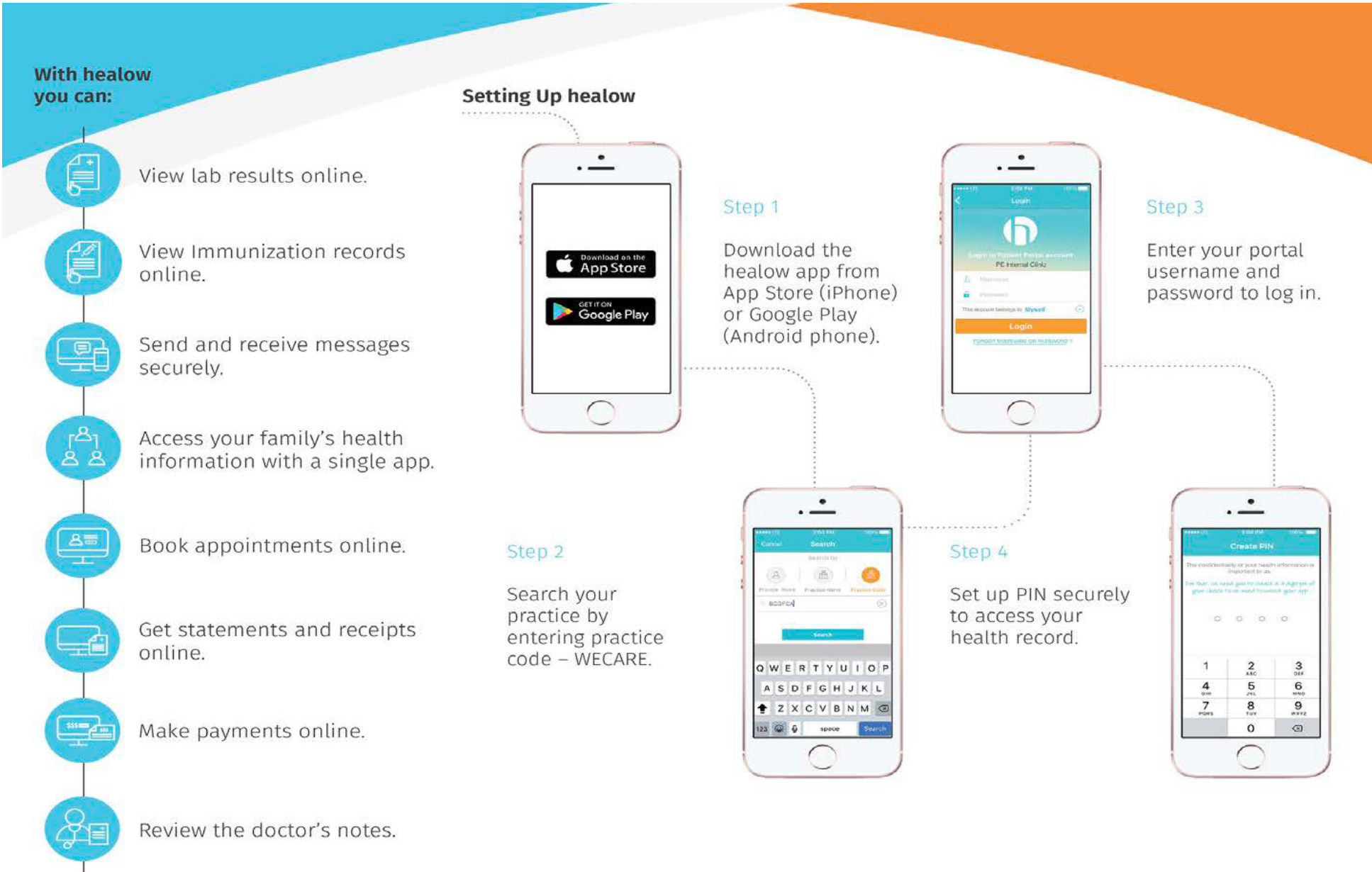
- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES

In uncertain times unexpected changes may occur for the safety and wellness of our patients. **Here are ways to find out about our closures and updates:**

- Check our website asthealth.org
- <https://www.astribe.com/office-emergency-management> (register for “AST Emergency Alert and Critical Information Program”)
- Following us on Facebook “Absentee Shawnee Tribal Health System” & “Absentee Shawnee Tribe”
- Call registration to ensure your phone number is up to date in our system & request you are enabled for text alerts
- Calling ahead to the facility: Little Axe- 405.447.0300, Shawnee-405.878.5850, & PlusCare-405.447.0477
- Current patients can sign up for the Healow app to check their appointment statuses and receive notifications (use practice code: **JEDEBD**, if you need assistance call patient registration)
 - SEE HEALOW INFORMATION ADDED




ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030					
Gov.	Governor John R. Johnson	6308	<u>ENROLLMENT</u>		
	Alvina Barnes	6307	Amanda Webb	6292	
	Kim Porter.....	6269	Marla Massey.....	6288	
	6301	Brittany Coughran	6290	
Lt. Gov.				<u>FINANCE</u>	
	Lt. Governor Kenneth Blanchard.....	6253	Jason Murdock.....	6233	
	Diane Ponkilla	6267	Jennifer Crenshaw.....	6228	
	6325	Sandra Burnett	6294	
Secretary	Secretary Ezra DeLodge	6289	Tracey Dickson.....	6279	
	Fallon Jackson	6275	Kymberly Hazlett.....	6250	
	Kylia Pinson	6306	Courtney Green.....	6300	
				Holly Davis.....	6265
Treas.	Treasurer Joseph Blanchard	6280	Colleen Longhorn.....	6320	
	6309	Bralynn Barnes.....	6385	
	6341	Laina Martin	6424	
	Rep Alicia Miller.....	6239	Phyllis Wahahrockah-Tasi (Grants)	6338	
Rep.	6240	Lu Kindblade (Grants)	6283	
				Kryste Carter (Grants)	6284
				Charla Garcia.....	6344
				Bronte Pearson (Grants)	6295
<u>RECEPTIONIST</u>			Conf. Room.....	6397	
			<u>HUMAN RESOURCES</u>		
			6296	
			Casey Adams	6337	
			6222	
<u>ASEDA</u>			Katie Carlaw	6346	
Jeff Rabon.....	6335		Jennifer Dixon	6252	
David Deer.....	6263		Lauren Parish.....	6423	
<u>ATTORNEY</u>			<u>ICW</u>		
Gary Pitchlynn	6313		Shawnee Martinez	395-4491	
<u>BIA/SELF GOVERNANCE</u>			Kylia Pinson	395-4492	
Michael Deer.....	6325		Paige Little Charley	395-4493	
<u>COURT</u>			<u>MAINTENANCE</u>		
Chelsea Cope	6241		Kevin Kaseca.....	6316	
Lea Bettelyoun.....	6260		Sheila Orphan.....	6331	
Ashley Stanley.....	6336		Robert Komacheet, Joe Morton, John Mann		
<u>CULT. PRES. / GIFT SHOP</u>			Reta Harjo.....	6249	
Carol Butler.....	6245		Stephen Fife, Isaac Bettelyoun, Stacy Coon,		
Merry Rodriguez Gift Shop).....	6310		Duke Blanchard		
Gift Shop.....	6254		<u>MIS</u>		
Devon Frazier(THPO).....	6243		HELP DESK.....	3100	
Ashley Brokesoulder.....	6312		Travis O'Dell.....	6327	
Lacey Carey	6298		Donna Cody	6402	
Casey Wilson (Librarian).....	6416		Amelia Grass	6329	
<u>DOMESTIC VIOLENCE/FAMILY SERVICES</u>			Fred Brown.....	6342	
Melissa Lopez	6333		Rafael Rodriguez.....	6332	
Leslie Harris	6326		Kelly Chambers.....	6328	
Bryisha Payne.....	6315		<u>OEH</u>		
Taylor Wills.....	6293		6223	
Lacey Carey	6298		Jarrod Lloyd.....	6229	
Wendy Stafford	6226		Devin Leitka	6299	
.....	6277		Kyra Underwood.....	6398	
<u>EDUCATION</u>			Micah Issacs.....	6230	
Tresha Spoon	6242		<u>POLICE DEPT</u>		
Brandon Goodman.....	6255		Brad Gaylord (Chief).....	6302	
<u>ELECTION COMMISSION</u>			Jason Brinker	6259	
Emily Longman	6271		Steven Crisp.....	6262	
			Linda Day	6261	
			James Woolbright.....	6276	
			Levi Walker Emergency Mgmt.....	6268	
			Patrol Room.....	6278	
			Chard Larman Emergency Mgmt.....	6391	
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			6244	
			Tara Battise.....	6281	
			Rebecca Kennedy.....	6410	
			Blake Wiggins	6422	
			Lisa Camren.....	6232	
			Brayden Queen	6339	
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			Cara Usrey (Probates).....	6248	
			Taylor Carter	6247	
			Yecica Gutierrez.....	6420	
			Kimberlee Billie.....	6235	
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			Annie Wilson (Director)	6311	
			Nancy Edwards.....	6225	
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			Alicia Engler.....	6257	
			Shelby White.....	6258	
			Mindy Longhorn.....	6286	
			6237	
			<u>TITLE VI</u>		
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			Lula Bettelyoun, Donna Butler, Robert		
			Schoolfield, Ted Watson, Cindy		
			Carpenter.....	6270	
			<u>OTHER EXTENSIONS</u>		
			Bldg. 1 Conf. Rm.	2009	
			Bldg. 1 Break Rm	6305	
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			Fam. Svcs. Conf. Rm.	6311	
			Finance Conference Rm	6236	
			<u>OTHER ENTITIES & TOLL FREE</u>		
			All Nations Bank.....	273-0202	
			ASEDA	878-6782	
			Toll Free	1-800-256-3341	
			Brendle Corner	447-3372	
			Building Blocks	878-0633	
			(Barbra Pope)		
			Building Blocks III LA.....	360-2710	
			(Skye Foreman)		
			Enrollment	481-8650	
			Housing.....	273-1050	
			Human Resources.....	275-1468	
			Media	598-1279	
			(Sherman Tiger)		
			OEH/OEP.....	214-4235	
			Police Dept.....	275-3200 / 275-3432	
			Thunderbird Casino NRM	360-9270	
			Shawnee Casino	273-2679	
			Tax Commission	481-8600	
			Tribal Store (Little Axe).....	364-0668	
			<u>LITTLE AXE CLINIC</u>		
			Clinic - Medical.....	447-0300	
			L.A.Plus Care.....	447-0477	
			Dental Clinic	307-9704	
			Diabetes	360-0698	
			Pharmacy	292-9530	
			Resource Center	364-7298	
			(Chrissy Wiens, Buster Bread, Blake Goodman)		
			<u>SHAWNEE CLINIC</u>		
			Clinic (Bldg. 17)	878-5850	
			Pharmacy	878-5859	
			Toll free	1-866-742-4977	
			Rhonda Kaseca	878-4702	


ALL CORRECTIONS PLEASE EMAIL TO:
KCHAMBERS@ASTRIBE.COM

Last updated: 7/23/20


Last updated: 7/23/20



Office of Environmental Health & Engineering
Brownfield Tribal Response Program

What is a Brownfield?


The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”



Do you have land that you want to use for a business, park, or for cultural purposes, but are worried about possible contamination? If so, you may have a Brownfield site.


Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- Burned Homes
- Buried Dump Sites
- Open Dump Sites
- A Large Amount of Tires
- Former Cattle Dip Pit Sites
- Barrels of Unknown Substances
- Old Service Stations
- Oil Storage Facilities
- Oil/Gas Well Sites
- Old Dry Cleaning Businesses

If you have a Brownfield site that you would like to develop, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astribe.com

[Follow us on Facebook to view and comment on current and upcoming projects](#)

 www.facebook.com/ast.environmental.programs



HOUSING AUTHORITY
"Among The Shawnee"

2020 PROGRAMS

- Low Rent Housing
- Lease to Own Housing
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing
- Transitional Housing
- Home Rehab Assistance – AST Members ONLY
- \$5,000 Down Payment Assistance – AST Members ONLY


PROGRAMS ARE DEPENDENT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE TO PICK UP AN APPLICATION

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM



A VERIFIABLE COPY OF CDIB CARD MUST BE ATTACHED FOR EACH MEMBER

FOR MINORS: A COPY OF LEGAL CUSTODY/GUARDIANSHIP PAPERS (IF APPLICABLE)

***** ALL TRIBAL MEMBERS MUST HAVE A COMPLETED APPLICATION*****

☐ ADULT ☐ MINOR

ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA

GENERAL WELFARE RELIEF FUND APPLICATION

The Executive Committee of the Absentee Shawnee Tribe of Indians of Oklahoma has declared that a General Welfare Emergency does exist due to the COVID-19 Pandemic. All Adult tribal members who are eighteen (18), on or before June 1, 2020, will be eligible for \$3000.00. All enrolled children, 17 and younger, on or before June 1, 2020 will be eligible for \$1500.00 through the Coronavirus Aid, Relief, and Economic Security Act (CARES Act) funding. All tribal members must meet one or more of the following conditions as a result of the COVID-19 Pandemic: (Please check all that apply)

☐ Need of Medical Supplies and/or Equipment

☐ Need of Food items

☐ Financial or Economic needs

☐ Termination of Employment, or inability to gain employment

☐ COVID-19 symptoms resulting in quarantine or social distancing

☐ Daycare, School, or any Educational Institute Closure

☐ Furlough from Employment

☐ Difficulty in making rental payments, mortgage payments, and utility payments.

☐ Considered High risk due to medical health and/or age

(INCOMPLETE APPLICATIONS WILL NOT BE ACCEPTED)

I hereby certify that I have been affected by the COVID-19 pandemic, including but not limited to the list above.

Name: _____ Enrollment #: _____

Mailing Address: _____

Signature: _____ Date: _____

Parent/Guardian Signature: _____

ALL DISBURSEMENTS WILL BE HANDLED ACCORDINGLY AND IN A TIMELY MANNER.

*****DO NOT WRITE BELOW THIS LINE*****

Date Received: _____

Enrollment Verified: _____

Finance Verified: _____

Family Name: _____

Amount Paid: _____

of Children: _____

Date Paid: _____

Verified Child Enrollment: _____

Check #: _____

As of 02-25-2020, the EC made a decision to extend the deadline until 01-Nov-2021 for the adult gift cards from 2019.

Please contact the **AST Finance department** for more details.
(405) 275-4030 Bralynn Barnes
or email at bbarnes@astribe.com



If you have a birthday or an anniversary to submit for next month's newsletter, you may email to

newsletter@astribe.com

ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM
SCHEDULED CLOSINGS

SEPTEMBER 2020

AST Health System will be closed on the following dates:

FRIDAY, SEPT. 4, 2020
(AST Day Observed)

ALL AST HEALTH FACILITIES CLOSED
Except PlusCare Clinic open at 9 AM, last patient accepted at 4:30pm
& LAC Pharmacy open at 9 AM- 5 PM

PlusCare, Shawnee Walk-In Clinic & AST Pharmacies will be open normal weekend hours on Sat., Aug. 5th and Sun., Aug. 6th (PlusCare Only)

MONDAY, AUG. 7, 2020
(Labor Day Observed)

ALL AST HEALTH FACILITIES CLOSED

Please call your medication refills in to the pharmacy at least 24 hours in advance prior to our scheduled closing date.
Shawnee Pharmacy 405.878.5859 • Little Axe Pharmacy 405.292.9530

In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:
Little Axe Health Center 405.447.0300 • Shawnee Clinic 405.878.5850 • PlusCare 405.447.0477

Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook page "Absentee Shawnee Tribal Health System" and on the ASTHS website at www.asthealth.org