THE ABSENTEE SHAWNEE NEWS

August 2014

Vol. 27 No. 30

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Anniversary Pow Wow

July 4-6, 2014 Thunderbird Casino

See pictures of the winners in the special insert inside







EXECUTIVE COMMITTEE



Edwina Butler-Wolfe Governor



Issac Gibson Lt. Governor



Vera M. Dawsey
Secretary



Leah Bates Treasurer



Kenneth Blanchard Representative



Hello my Absentee Shawnee people!

The recent rain is a nice change from the intense heat and humidity we have had. It is a relief to me that we are not suffering the extreme weather we have had in previous years.

As we know this type of weather can easily change in Oklahoma.

My programs continue to be busy and I hope you will read each of my program directors reports. There is still much we need to do and I will work with the EC on health board and gaming concerns. I am trying to work with the health board(s) in direction setting; by-law updating; getting health board appointments done; and having more input into the contractual and financial aspects of all my programs.

For the past year I have focused on educational and health reform at a local level. As of this month I will be taking a more active role nationally on educational and health reform efforts. Me and my program staff are committed to the people we serve. We need your input. We want to make a difference and with your assistance this can be done.

City of Shawnee

Let me start out by saying: The City of Shawnee is disingenuous about what they are doing. They say publicly they want to work with the Tribes in the area. Yet as you may recall in March they sent a threatening letter to the four Tribes in the Shawnee area: Kickapoo, Sac and Fox, Citizen Potawatomi and Absentee Shawnee advising they are 'entitled' to taxes from the Tribes. The Tribes met with the City and attempted to educate the City on sovereignty and the federal statutes Tribes are governed by. The City added funds to their budget and hired a legal firm to litigate against the Tribes and a public relations firm to do a media blitz on the need of ALL residents/businesses to pay taxes to Shawnee. The issue of the taxes currently appears to be dormant but not forgotten as the City put another \$100,000 into their budget,

this year, to litigate with.

Now where are we at today: On July 7, 2014 Keith Hall, City Commissioner for Ward 4 got the City Commissioners to discuss, consider, and possibly take action on an ordinance (this is the City's form of local law and is similar to when we pass a Tribal resolution) that allows Shawnee to place a Charter amendment on the ballot for a referendum vote. This ballot, if passed, will allow the City to detach our land and the CPN's land from the City of Shawnee. Why is this meaningful to us here and as Tribal members? This could:

- Create budget concerns due to potentially having to either buyback services from the City or be charged fair market to premium rates for contracted services;
- Reduce service levels if a service is no longer available or is too costly then cost factors could impact our quality of care and service delivery;
- Take away the Tribes choice to de-annex from the City;
- Create barriers to care and stigmatize community partnerships.

What does this mean for the City?

- Gives the City opportunity to attempt to charge the Tribe(s) for public improvements done;
- Ability to increase costs for services;
- Exclude citizens

We need to be concerned. We need to make our voices heard. We are a sovereign nation with inherent rights. We are community partners, stakeholders and tax payers in the City of Shawnee and we are here to stay. The City is currently composed of all non-natives. In September this will change and two Native Americans will become City Commissioners. We need more Native Americans in these key elected positions who can work towards making a difference. I hope you will vote to make a difference in the County and State runoff elections on August 26, 2014.

I have 10 months to go. I have an Open Door Policy and am always glad to see you. So please stop by and visit when you have time.

Help me to make a difference – stand beside me and Let's Build for the Future (BFF) - united and together!

Thank you for your support.



I hope everyone is well and enjoying your summer. I would like to thank each and every one for getting out and voting in our recent election. We had another good turnout at the polls and I hope this continues in future elections. Congratulations and welcome to our new Treasurer Leah Bates and Representative Kenneth Blanchard to the Executive Committee. I look forward to working with them and the Executive Committee in making the Tribe successful. I would also like to congratulate the two new Election Commission members, Briana Ponkilla and Aly Miller.

Even though the big community build on the KaBoom Playground has past, I would like thank everyone who participated. We had a very nice turn out from tribal members, employees, and folks living in the community. This project was brought to the Tribe through our Diabetes/Fitness Program from Nike N7. Communities affected by the tornados last year have received playgrounds. Again, a big thank you to who was able to participate.

I want to take this opportunity to update everyone on the two parking projects under our Roads Program. As I have mentioned in an earlier article, the police substation parking lot construction has been suspended due to an AT&T fiber optics line and phone line lying in the middle of the construction area. The contractor, engineer, and staff have tried to contact the AT&T Representative that oversees line modifications, in order to get the process started. Calls and emails have not been returned, leaving us little choice but to wait. This is frustrating as the project itself will not take very long. A resolution to the problem is in the works and we look forward to completing this project.

The second project is the parking lot at the new daycare center. This project is in conjunction with the CCDF grant. Construction on this parking lot will begin within a few weeks and there are no foreseen delays with utility lines.

This year we planted Indian corn at the 10 acre corn field near Hwy 9A. Unfortunately our corn did not make and was taken over by Johnson grass. We are going to re-plant and try to have Indian corn for the fall. We will keep you posted.

Included in this article is an update on the Cattle Project. If you have questions, feel free to contact my office.

I hope everyone enjoyed the Veteran's Powwow over the July 4th holiday. It was nice to see everyone who was able to make it out.

Thank you again for your support.



The Treasurer's office and subordinate departments are steadily working to provide a strong voice and advocacy within the AST Complex for all programs in our daily operations. It is the choices we make today managing our financial resources that will have a profound effect on our Tribal members and our quality of life for generations to come. In today's rapidly changing financial world, our goal within the next two years is to manage investments and debt in a manner that preserves and enhances our Tribe's strong financial standing, builds our businesses, and gets the best value for every expenditure made.

Our first goal this month was to orient all staff members on budget deficiencies, cut cost as much as possible while progressing forward efficiently, and to re-evaluate expenditures on non-profitable ventures. It is our hopes that this will "jump start" stagnant personnel and create a positive environment to move forward as an integrated, high-functioning team of professionals.

We value the safety and security of our Tribe and want to raise awareness of everyday

ventures. We have at least two years to make improvements, so by working together, and with using industry standards and benchmarks, my hope is that we will all continue to progress in a way we all can be proud of for our future and the future of our Tribe!

Thank you, Leah D. Bates



Greetings Tribal Members,

I would like to take this opportunity to thank all of those members who participated in the 2014 General Election. It is your constitutional right to exercise your right to vote and I am proud of you for doing so.

I would like to thank my wife, family, and friends who supported me through the election process. It takes time and sacrifice but they backed my efforts wholeheartedly.

The electorate has expressed their confidence by voting me to the position of Tribal Representative, for that I am humbly grateful.

In so doing, the people's message is clear: get things done and move the Tribe forward.

Once again, thanks to you all. Respectfully, Kenneth Blanchard

Financial Consultant's Report

Hello Tribal Members,

First of all, I would like to welcome our newly elected Treasurer Leah Bates to the Office of Treasurer. Treasurer Bates will protect, manage, and safeguard the financial health of the Tribe, and promote a responsible fiscal policy. I have been involved and participated in the following financial consultant activities:

Absentee Shawnee Economic Development Authority, Inc. (ASEDA)

I attended and participated in our recent ASEDA, INC. monthly board meeting. Our main topic of business focused on the Little Axe Water District development project. Present were board members: President Dan Little Axe, Vice-President Adam Proctor, and Secretary Eddie Brokeshoulder also in attendance were Governor Edwina Butler-Wolfe, newly elected Treasurer Leah Bates, and Secretary Vera Dawsey. Guest speaker was Jared T. Davidson, attorney at law, representing Public Finance Law Group, PLLC, of Oklahoma City, OK.

Mr. Davidson gave a presentation on '**Financing Oklahoma**', with a focus of working with and serving as bond counsel on the financing for the Li-Si-Wi-Nwi Health, Inc. and potential financing options for proposed potential structure of a stand alone rural water district. Mr. Davidson's client firm list includes: State of Oklahoma, Oklahoma cities and towns, rural water districts and Tribes.

Adam Proctor Vice-President handed each member in attendance a document on "Why ASEDA Did the Water Study", which was an overview of our Little Axe water district project. After a lengthy discussion, a smaller scale of a water district, utilizing the water line extending from the health clinic was proposed.

ASEDA, INC., continues to meet on a regular basis the second Thursday of each month at 10 a.m. All Tribal and Executive Committee members are invited to attend. Our board members included Dan Little Axe, President, Adam Proctor, Vice-President and Eddie Brokeshoulder, Secretary.

COMMUNITY ENGAGEMENT



The Five Principles of Good Agricultural Practices Participated in a free-webinar based discussion on the "Five Principles of Good Agricultural Practices" sponsored by First Nations Development Institute, Longmont, Colorado. The five principles focused on GAP which stands for Good Agricultural Practices and these are things we do in the field and during transport to the consumer to prevent contamination.

OKLAHOMA NATIVE ASSETS COALITION (ONAC)



Attended the Oklahoma Native Assets Coalition (ONAC) Annual Conference at the Oklahoma Historical Center in Oklahoma City, Oklahoma. ONAC represents a consortium of Oklahoma Tribes and partners interested in establishing asset-building initiatives and programs in native communities, for the purpose of creating greater opportunities for economic and self-sufficiency of Tribal citizens.

The ONAC conference was well attended with over 75 attendees including State of Oklahoma native caucus legislators, Tribal leaders, Ford foundation, Bureau of Indian Affairs Office of Special Trustee for American Indians, Internal Revenue Service, Cheyenne & Arapaho Tribal College, Duke University, First Nations Development Institute and First Nations Oweesta Corporation.

The Absentee Shawnee Tribe has been an active member for the past four years engaging in a number of asset-building initiatives including entrepreneurial, financial education, Earned Income Tax Credit (EITC), Volunteer Income Tax Assistance (VITA), and Community Development Financial Institutions (CDFI) through small loan and credit repair programs. Highlight's of the conference was a two-fold opportunity for us, as we got recognition of our Absentee Shawnee Tribe VITA program as a first year successful program from our Oklahoma City Internal Revenue Service (IRS) representative Pam Charles. The second highlight of ONAC was being introduced to State of Oklahoma Governor Mary Fallin by native caucus member State Representative, Bobby Cleveland, a member of the Choctaw Nation.

ABSENTEE SHAWNEE COMMUNITY DEVELOPMENT FINANCIAL INSTITUTION (CDFI)



The Absentee Shawnee Community Development Financial Institution (CDFI) is in the process of advertising for an Executive Director. The Executive Director will work with our CDFI board to develop articles of incorporation and by-laws for the organization. Our CDFI program will focus on credit repair and small business loans which will be tied to financial literacy and technical assistance of business development. For more information on our CDFI program you can contact steering committee member, Eddie Brokeshoulder, at (405) 275-4030, ext. 148. In closing, once again I would like to welcome our newly elected Treasurer Leah Bates.

Respectfully,

Eddie Brokeshoulder

Financial Consultant

FY-2014 YTD TAX COLLECTIONS (thru 5/31/14)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED	
Sales (6%)	\$5,532.03	\$5,205.95	\$6,535.34	\$5,180.06	\$6,870.96	\$4,397.76	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$33,722.10	2.27%	
Gaming % of free cash	\$250,000.00	\$250,000.00	\$250,000.00	\$150,000.00	\$300,000.00	\$50,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,250,000.00	84.05%	
Employee (1%)	\$10,095.26	\$602.94	\$22,804.85	\$4,159.08	\$3,805.88	\$24,535.57	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$66,003.58	4.44%	
Severance (8%)	\$8,940.31	\$7,025.79	\$6,689.81	\$7,561.69	\$8,985.65	\$10,246.81	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$49,450.06	3.33%	
Motor Vehicle	\$13,670.11	\$11,971.21	\$14,216.75	\$11,780.39	\$9,804.65	\$15,890.15	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$77,333.26	5.20%	
Tobacco Refund	\$9,303.52	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$9,303.52	0.63%	
TOTAL TAXES	\$297,541.23	\$274,805.89	\$300,246.75	\$178,681.22	\$329,467.14	\$105,070.29	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,485,812.52		\$1,485,812.5
Miscellaneous	\$600.00	\$130.00	\$65.00	\$350.00	\$80.00	\$140.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,365.00	0.09%	
TOTAL COLLECTIONS	\$298,141.23	\$274,935.89	\$300,311.75	\$179,031.22	\$329,547.14	\$105,210.29	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,487,177.52	100%	\$1,487,177.

RESOLUTIONS THROUGH JULY 16, 2014

EXECUTIVE RESOLUTIONS:

E-AS-14-23 07/02/14

Supports the Employee Committee by waiving all taxes, permits and any other provisions requiring a return to the Tribe under the Tax and associated with this agreement with Firecracker Joe's by the Employee Committee and authorizes the use of the site location space, electrical outlets, and electricity, if available per the dates stipulated by the attached agreement, EFFECTIVE AS OF JUNE 26, 2014.

E-AS-14-24 07/02/14

Authorizes, adopts, and approves the submission of an application to the Administration on Aging – Falls Prevention Program and in connection with such application does resolve and make assurances that all efforts and documents are in compliance with any and all program requirements.

E-AS-14-25 07/02/14

Authorizes and approves the attached Detention Services Agreement between the Sac and Fox

Nation and the Absentee Shawnee Tribe of Oklahoma.

E-AS-14-26 07/02/14

Approves and accepts Brisa Nayeli Blanchard, Bailey Shae Issi Balalli Sam-Ruimveld, Kortlynn Marie Carpenter, Hollis Lucille Kauley, John David Morgan, Andrew Shawn Edgmon, Pacey Wyatt Edgmon, Jeorgia Annabella Edgmon, Sharon Annette Reeves, Savanna Rose Rigg, Blake Tristan Bennett, Blaine Mattingly Bennett, Reilly Paul Bui, Carolyn Curtis Hartley, Jeremiah James Morton, Faibian Eugene Kringlen and Serenity Jean Davis as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-14-27 07/02/14

Acknowledges and authorizes the corrected blood degree change for Dakota James Arms, and hereby makes it known that this individual is an enrolled Tribal Member and is now and forever the degree of Absentee Shawnee Indian blood as corrected and shown above.

E-AS-14-28 07/02/14

Grants voluntary relinquishment of membership of the Absentee Shawnee Tribe of Indians of Oklahoma to Pamela Sue Monroe to enroll with the lowa Tribe of Oklahoma effective the date the relinquishment was received by the enrollment staff.

E-AS-14-29 07/02/14

Grants voluntary relinquishment of membership of the Absentee Shawnee Tribe of Indians of

Oklahoma to Joshua Lee Ellis provided he is accepted into the Kickapoo Tribe of Oklahoma.

E-AS-14-30 07/16/14

Authorizes, adopts, and approves the submission of an application to the United States Department of Agriculture in connection with such application does resolve and make assurances that all efforts and documents are in compliance with any and all program requirements.

E-AS-14-31 07/16/14

Adopts, and approves the Absentee Shawnee Tribe of Indians of Oklahoma, through the Chief of Police of the Absentee Shawnee Division of Public Safety, Emergency Management Program, to apply for the Federal Emergency Management Agency's, Division of Homeland Security Fiscal Year 2014 Pre-Disaster Mitigation Grant Program.

E-AS-14-32 07/16/14

Approves and accepts Carl Kent Boston, Jr., Oliver Phillip Finch, Larry Dean Blanchard, III, Beau Allen Gouge, Bentley Robert Jin Hanson and Avery Lynn Landrum as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-14-33 07/16/14

Re-appoints Redena Miller to the Absentee-Shawnee Housing Authority Board of Commissioners for a term of (2) two years expiring August 31, 2016, EFFECTIVE IMMEDIATELY.

E-AS-14-34 07/16/14

Re-appoints Billy Squire as a member of the Absentee Shawnee Tax Board of Commissioners for a two (2) year term expiring July 31, 2016, EFFECTIVE IMMEDIATELY.

E-AS-14-35 07/16/14

Approves communication services to replace the current phone system per attachment and authorizes Governor Butler-Wolfe to sign the agreement, effective immediately.



2% milk served daily

Menu subject to change

August 2014



Watch out for the Kids!!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Grits Toast Scrambled Eggs	2
3	4 Chicken Fry Steak Sandwich Lett, Tom Baked Chips/Fruit	5 Mexican Casserole Ranch Beans Spanish Rice Crisp	6 Chef Salad w/ chicken Eggs, Chez Crackers Mandarin Oranges	7 Cereal Sausage Patty Boiled Egg	8 AST Day AST Complex Closed	9
10	11 Cold Cut Sandwich Lett, Tom Mac Salad Chips/Mixed Fruit	12 Beef Tips & Noodles Broccoli Fruit	Chicken Dressing Greenbeans Peaches	14 Taco Casserole Chips/Salsa Apricots	15 Scrambled Eggs Sausage Gravy Biscuit	16
17	18 Salisbury Steak Mashed Pot/Gravy Veggies Bread Pudding	Tuna Salad Sandwich Lett, Tom Sunchips Jell-O	20 Beef Fingers Veggies Tossed Salad* Bread	21 Chicken Breast Wild Rice Veggies Roll Apricots	French Toast Sausage Patty	23
24	25 Hamburger Lett, Tom & Onions Pork n Beans	26 Lasagna Garlic Bread Salad Bar*	Beans Coleslaw Cornbread	Meatloaf Mashed Pot/Gravy Turnip Greens	29 Scrambled Eggs Sausage Gravy Biscuit	30
31	Pears		Pineapples	Bread	2.30411	

NOT GOING TO BE HOME!!!

CALL AND LET US KNOW AT 405-275-4030 EXT 169 OR

NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM

BREAKFAST SERVED FRIDAYS 9AM TO 11AM

ELDERS COUNCIL MONTHLY MEETING

August 16, 2014 @ 10:00 a.m.
Title VI
Shawnee, Oklahoma

Ashley Brokeshoulder With The Chitto Harjo Team



Absentee Shawnee Tribal member, Ashley Brokeshoulder (R-L, 1st row, 2nd person) helped pitch the Chitto Harjo team to the 2014 Oklahoma State Indian Women's Fastpitch Championship at Wheeler Park.

Alyssa Ferrell



Alyssa, an Absentee Shawnee tribal member, attends Little Axe School and is in the 7th grade. She was selected to attend Explorology Adventures in the Science Discovery Program at the Sam Noble Museum, University of Oklahoma, Norman, Oklahoma. This special program gave Alyssa the opportunity to explore Oklahoma forests, streams, ponds in search of frogs, fish, insects, and fossils.

Twenty five (25) applicants were interviewed from those who applied statewide. This group was interviewed at the Sam Noble Museum. Fourteen (14) students were selected based on the criteria of: 1) interest and enthusiasm in science 2) written short answer responses 3) teacher recommendation, 4) opportunities to experience science.

The Absentee Shawnee Tribe is very proud of Alyssa, our young and upcoming scientist. It was a pleasure to see Alyssa present her science experiment at Sam Noble, Saturday, July 12, 2014.

She is the daughter of Jeff and Melinda Ferrall and granddaughter of Bucky Little Charley. Keep up the good work, Alyssa.

Caden Blanchard

11
12

Absentee Shawnee Tribal member
Caden Blanchard
16 & under
Iron Horse basketball team

Stevi Johnson



On June 28, 2014 Stevi Johnson placed third in the Hershey's State Track Meet held at the University of Oklahoma. Stevi is a 4th grader at Eisenhower Elementary and is in the Gifted & Talented Program in Norman Oklahoma. Stevi's family is extremely proud of her goals

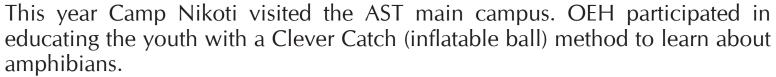
and accomplishments!





Camp Nikoti

June 19, 2014



Showed off "Charles" Red Eared Turtle, who has been at OEH since he was a quarter size.



Animated Leadership Adventure CAMP NIKOTI 2014

Camp Nikoti—Summer Youth Leadership Camp 2014, Animated Leadership Adventure concluded on July 18th.

32 youth from Tecumseh, Shawnee, Meeker, Moore, Earlsboro, McLoud, and Little Axe participated in activities to strengthen their leadership and teamwork skills, their physical fitness, and their cultural identity. We had guest speakers, representing various departments within the tribe, mentor our youth through activities and presentations. Every day was filled with games, learning sessions, guest speakers, arts and crafts, or field trips.

Camp would not have been possible without the following people:

Special thanks to the Absentee Shawnee Tribe's Executive Committee: Governor Edwina Butler-Wolfe, Lt. Governor Isaac Gibson, Secretary Vera Dawsey, Treasurer (former) Kathy Deere and Representative (former) Jeff Gibson. Also, the Absentee Shawnee Housing Authority's Executive Director, Sherry Drywater.

Billie Thompson—Building Blocks, CDC

Kim Goodman and Charles Graham, Dean—OU College of Architecture

Ken Jones, Evelyn Pablito, Dakota Blanchard, and Jarrod Lloyd—AST OEH

Joseph Blanchard and staff—Cultural Preservation Melissa Lopez—Family Violence Prevention/ASTDV Linda Gouge—Sexual Assault

Advocate/ASTDV Kasey Dean—Behavioral Health SPF

Jenifer Sloan—MSPI

Buster Bread—Diabetes and Wellness

Department (Fitness)

Shawn Crowley—AST Police Department

Donna Butler and Dos Owings—Title VI Belinda

Collins—Finance

Michael Berry—MIS

Sherman Tiger—Media Director

Scott Miller—BIA Self-Governance Specialist

Joe Blanchard—Tribal Elder

Meredith Wahpekeche—Tribal Elder







June 23, 2014



At the Resource Center, the participants went under a mini lab course of Water Quality using the Biotic Index. The

youth learned the pollution level thru benthic macroinvetebrates.

OEH collected the Little River stream and Thunderbird Lake for the water samples to be used in the demonstration. The t-shirt was designed by the participants last summer camp.









Day 2 Aqua Scope & **Clever Catch**



Youths used

Aqua Scope to see minnows And turtle

Youth participants learn hands on with Agua Scope in man made environment setting to see what is in the streams & lakes.

Using a Clever Catch ball, the youths learn about amphibians, female frogs lay up to 20,000 eggs.





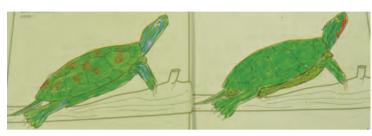


Youths are coloring Red-eared Slider



Young Red-eared Sliders feed on aquatic insects, snails, crustaceans, and small fish, but adult sliders are primarily vegetarian and eat plants.





Slider adult length of 5 to 8 inches (females are larger than males)



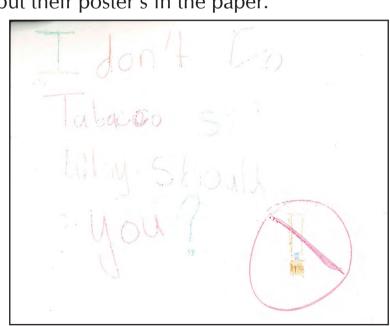
Horse Shoe Bend Summer School participants learned about two types of turtles, the Orante Box turtle (terapene oranta) is one of the land-dwelling turtles in Oklahoma. And the Red-eared Slider (Trachemys scripta elegans) found in aquatic habitats and is a basking turtle seen lying in the sun on logs.



During the MSPI Program's Youth summer camp the SPF Program held a poster contest with the theme of being Drug Free. Two winners were chosen from the age group 10 & Under and 11 & up. I am attaching the two winners of the contest and would love for you to put their poster's in the paper.



The 11 & up winner was Telinah Farve. Her words The winner of the 10 & under was Braelyn Deer and around the circle are in the Shawnee language and her poster says "I don't do tobacco so why should says, around the top of the circle, "DRUGS ARE NO GOOD." Around the bottom of the circle it says, "OUR TIME IS ALMOST OVER".



you?"

Each of these winner's won a \$20 dollar gift card to Walmart courtesy of the SPF-Program. All of the kids did great!

The AST Cultural Preservation Department Would Like To Pass Along The Following Information Concerning Updates To Each Of Our Programs:

Cultural Preservation

Cultural Preservation sponsored a Screening of "Crooked Arrows" on Tuesday, July 22nd at the Thunderbird Casino Warrior Room. Popcorn and drinks were served to give the attendees the full movie experience. Upon completion of the viewing, there was a quick "Question and Answering" session to discuss and gauge the reaction about the creation of an AST Lacrosse team in the future. Recently, the Iroquois Nation sent representatives to compete at the World Championships in Colorado and finished with a Bronze Medal in competition. If there is enough interest, these individuals would be our delegates against other Tribal teams in developing rapport and re-establishing long forgotten relationships.

In other news, Tribal members, who've completed the Cultural Participation Criterion, had the opportunity to visit AST Homelands in Ohio. The 16 participants left on Wednesday, July 23rd and returned early Sunday morning on July 27th. While gone, they had the chance to tour Cahokia Mounds outside St. Louis, Missouri; Hopewell Mounds Cultural Center and the outdoor presentation, Tecumseh! in Chillicothe, Ohio. Again, eligibility for the "Educational Outreach" Field Trips is determined by the total number of Cultural Preservation activities participated in throughout the year. The next excursion will be leaving Wednesday, August 6th to visit the Meskwaki Nation Reservation in Tama, Iowa for the 100th Annual Meskwaki Powwow.

If you have questions about the skills classes or would like to lead a demonstration, please call Joseph at Ext. 302, or send an email to joseph.blanchard@astribe.com

Library

Since the last publication. Staff took a group of young people on Tuesday, July 8th to the Oklahoma Historical Society, in Oklahoma City. While there, the children had an opportunity to see plenty about the history of Oklahoma, from the Indian Territory days up to the Present. A special exhibit titled, "Oklahoma Century Chest, 1913-2013" was on display, chronicling all the items and timeline of the buried Time Capsule. If you have not had the chance to ever visit this facility, it is well worth the short drive to OKC.

worth the short drive to OKC.

On Tuesday, July 17th, Ms. Sophia and I attended the "Lunch with the Smithsonian" session in Ardmore. While there, we were able to network with representatives from Tribal Libraries, Archives and other Cultural Preservation Programs. Then on Wednesday, July 18th, AST Library and Archives hosted Elaine Webster, Asst. Director of Advancement for the National Museum of the American Indian. Light snacks and drinks were served to our guests after they viewed our holdings and provided great insight on how we might improve our services. Likewise, I reminded them of our previous discussion to bring a group of AST People to Washington, D.C. next year for a tour and to share a demonstration of our culture at their site.

We have a variety of resources available for checkout or your reading leisure including: magazines, newspapers, journals, CDs and DVDs. If you have any questions, please call Sophia at ext. 307 or send an email to sthurman@astribe.com

Gift Shop

The Gift Shop continues to make progress in sales and new

inventory. At the time of this submission, we are already planning our Fall orders for the "Back to School" Sale in mid-August. I also am looking for more Native-themed or print T-shirts. We are still selling the following items: Backpacks, Wind Breaker Jackets, Aluminum Water Bottles, a new selection of Polo Shirts and Hats. Please come in and check out our selection of CD's in the Native style of music you prefer. We carry tunes for Powwow, NAC, and Stomp Dance. Also, the newest shipment from Crazy Crow and Saddle Blanket have arrived so come view the latest variety of bags, rugs and table cloths now in stock. If we don't have what you like, let us know. Oftentimes, we can 'Special Order' your request and have it on hand in a matter of days. For inquiries, call Esther at ext. 307 or by email at elowden@astribe.com.

THPO

Our THPO program continues to make great strides and advancements by responding to Consultation Requests from 20 Federal Agencies, representing over 20+ states. As mentioned previously, we received notice from Monongahela National Forest of West Virginia, announcing a Participating Agreement Award, in the amount of \$50,000. This allowed us to use our AST Heritage Resource Technician (HRT) Paraprofessionals, to complete Cultural Resource Management (CRM) responsibilities on their property. We sent our Certified Personnel to assist in Survey Data Collection during the week of July 27th, the first of four (4) outings over the next few months. As work continues, we will need more Tribal members to complete the Certification Course to become eligible for Seasonal employment. As of today, we are projecting late October as a potential time frame for the next HRT Training class.

In addition, THPO Staff assisted the AST Realty Department in collecting Survey Data for the Oklahoma City/Atoka Water Pipeline during the week of July 7th. This was a good collaborative effort between two (2) Tribal programs and a great refresher for the THPO employees to hone their outdoor skills.

Finally, I'd like to remind Tribal Members a couple more Field Trips are scheduled for later this year. As part of the selection process, it is <u>REQUIRED</u> that each person have attended and participated in a minimum number of Cultural Preservation sponsored events throughout the year. For those interested, here is the list of locations and proposed timeframe of when these will occur.

2nd Weekend of August – Attend the 100th Annual Meskwaki Powwow in Tama, Iowa

3rd Weekend of September – Participate in the Living Archaeology Weekend in Winchester, Kentucky

Your concerns are important to us. We thank you for the continued support of our department as we continue to make changes to our programs, in order to provide the best service to our Tribal community.

Thank you for your time.

Joseph H. Blanchard

Cultural Preservation Director/ Tribal Historic Preservation Officer joseph.blanchard@astribe.com (405) 275-4030 Ext. 302

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at www.astribe.com.

- Academic (K-12) Program: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- <u>Job Training Adult Education Program</u>: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- Graduate Scholarship Program: funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- <u>Big Jim Youth Award Program</u>: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030, Ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

CTSA Early Childhood Center

is accepting applications for teaching positions!

Head Start Teacher

Head Start teachers instruct children in activities designed to promote social, physical, and intellectual growth needed for primary school.

Head Start Teacher Minimum Requirements:

- At least 18 years of age
- Baccalaureate degree with emphasis on Early Childhood Education
- Must pass background investigation processes for licensed child care programs
- Must meet Federal Head Start Performance Standards and any local, state and/or agency policies and procedures

Early Head Start Teacher

Early Head Start teachers have direct responsibility for the operation of the Infant/Toddler Center-Based Program and the delivery of Early Head Start services to infant/toddlers and their families.

Early Head Start Teacher Minimum Requirements:

- At least 18 years of age
- Infant and Toddler Child Development Associate (CDA) credential or an equivalent credential
- Must pass background investigation processes for licensed child care programs
- Must meet Federal Head Start Performance Standards and any local, state and/or agency policies and procedures

Child Care Teacher

Child Care teachers are responsible for observing, overseeing, and guiding a group of children. It requires physical presence, knowledge of activity requirements and children's needs, and accountability for their care.

Child Care Teacher Minimum Requirements:

- At least 18 years of age
- High school diploma or equivalent
- Child care experience
- Must pass background investigation processes for licensed child care programs
- Must meet any local, state and/or agency policies and procedures

All applications accepted with preference given to *qualified* Native Americans

Apply today at: 1535 N McKinley Avenue, Shawnee OK 74801 or email your résumé to:

AmberC@CTSAHeadStart.org

CTSA is an Equal Opportunity Employer

Vanity Car Tags for Sale \$15.00 each Contact Eileen Pearce 227-2036



EMERGENCY MANAGEMENT ACTIVITY July 2014

A. TRIBAL STORM SHELTER PROGRAM.

We have received the documents from the Red Cross and they have been transmitted to the Tribe's Attorney General for review. These documents will be placed on the agenda for the Executive Committee to review and adopt by resolution within the next few weeks.

B. COMMUNITY OUTREACH.

The Governor requested a presentation to summer school students on what to do during weather events during their study of world weather. This information will benefit the student and the rest of their family so they will know what to do to prepare for bad weather.

C. GRANT OPPORTUNITY.

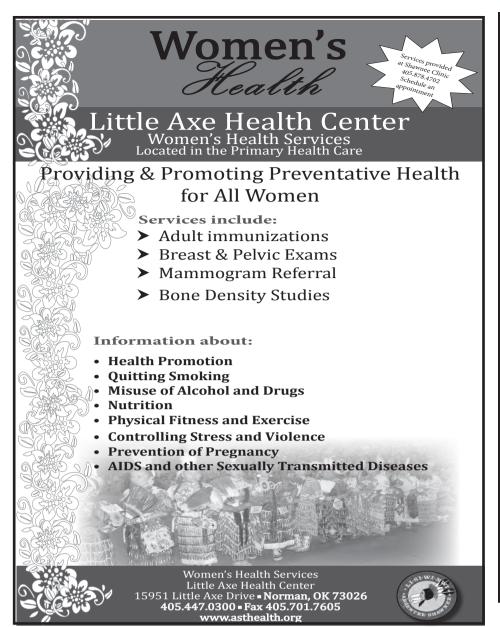
FEMA has funding for the Pre-Disaster Mitigation Grants which are due July 25th. The grants may be used to fund activities that will lessen the effects of a disaster. The Tribe will be applying for funding to place generators at the two Tribal police offices, and our two Tribal community buildings: Horse Shoe Bend and the Little Axe Resource Center along with other emergency responder equipment. If funded, the generators will be used to keep these critical facilities, police departments, and community centers in operation should power be lost.

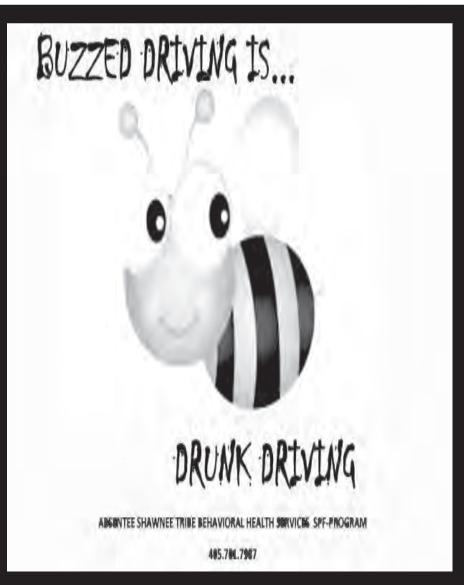
D. EXERCISES.

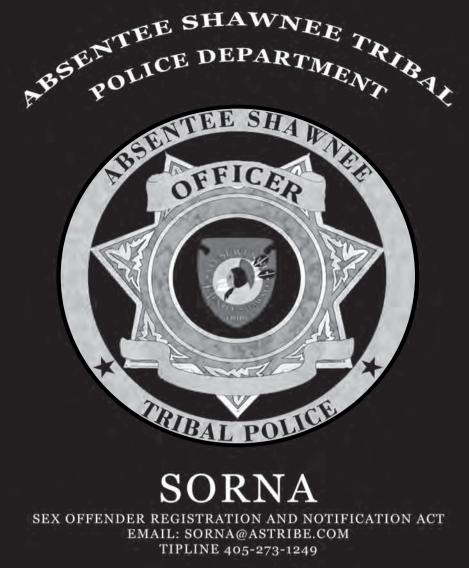
During the Absentee Shawnee Tribe's Pow Wow held at the Thunderbird Casino the Tribal Police and Emergency Manager took the opportunity to gain real event experience to take care of emergencies. The emergency response vehicle and the operations vehicle were brought in to run through communications in a response mode to work out any problems in real time. These exercises improve the management of an event and allow personnel the opportunity to utilize their experience.

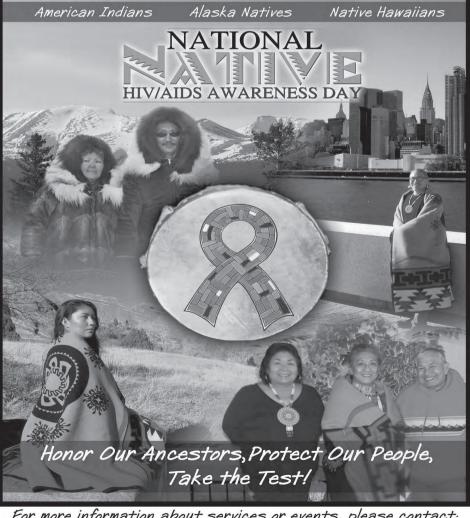
E. TRAINING.

- July 8-11 Tribal Mitigation Creation of tribal mitigation plans and updating of approved Hazard Mitigation Plans for Tribal Emergency Managers.
- * July 22-23 ICS-400: Advanced Course for Command and General Staff, Complex Incidents.
- July 29-30 COOP Course Creation of the Continuation of Operations Plan for Tribes.









For more information about services or events, please contact:









SHAWNEE BRAVES AT ALL INDIAN FAST PITCH SOFTBALL TOURNAMENT











Register Now!!!

www.asthealth.org/patient-portal

New Patient Portal

Absentee Shawnee Tribal Health System

Little Axe Health Center Shawnee Clinic



- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
- ...and more!

Visit your app store and install the Follow My Health app



for real-time access to your health information

For more information on how you can register for the new AST "Follow My Health" Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702



Alaee, Deena Shabnam Alford, Brandon Wayne Alford, Donald John Alford, Dylan James Alford, Janene Flora Allen, Zachary Jerald Almanza, Favian Dae Almanza, Lucy Jeslene Altman, Colson Charles Anderson, Dakiah Ali Anderson, Jared Russell Atwara, Hawana Rain Atwara, Rae Lynn Balch, Tasha Jamie Renee Ballard, James Wesley Barbosa Jr., Francisco Lazaro Barbosa, Natalie Cadence Barnes, Alvina Lynn (Wilson) Barnes, Jonna Kay Barriga, Calib Jay Barriga, Dana Michelle Barriga, Joshua Deen Beachem, Lois Marie Bella-Heim, Katherine Ann Berry, Michael Wayne Bettelyoun, Sonia Elaine Billie, Gabriel Lamont Blackbear, Kyler Jesse Blancett, Tina Marie Blanchard, Allyana Danae Blanchard, Caileah Ann Blanchard, Christopher Ray Blanchard, Ervin Lee Blanchard, Henry Benjamin Blanchard, Jessica Marie Blanchard, Kaylee Dawn Blanchard, Kenneth Leland Blanchard, Leadra Danae Blanchard, Luann Delores Blanchard, Ruth Evelyn Blanchard, Sandra Lynn Blanchard, Stacie Faye Blocker, Steven DeWayne Blood, Jeffery Lee Bond, James Phillip Boston, Sheila Marie Boston, Sheldon Shannon Bosworth, Donna Sue White Box-Kessler, James Steven Bradshaw, Karsyn Marie Brady, Crystal Sue Bread, Eli Emery Michael Bread, Kiley Madison Michael Breeding, Taylor Mae Britt, Nathan Scott Brokeshoulder, Riley Ann Brown, Teresa Brown, Tracy Lynn Buckheart, Phillip Paul Byers, Dallas Landry Camp, Sarney

Aguinaga, Joanna Stevens

Carlson, Adrianno McBride Carroll, Wessie Carmen Carter, Rosa Lee Casteel, Serenity James Chambers, Diana Lynn Chisholm, Anita Sue Citty, Daniel Keith Citty, Rachel Danece Ciulla, Kayla Rena Clinesmith, Jamie Lenea Cody, Kristen Renee Conley, Nicole Lynn Cope, Vincent Michael Copeland, Matthew Kyle Cottrell, Lindsay Russell Crowley, Aleycia Nicole Crowley, Isabel Deanne Crowley, Jessica Ann Crowley, Parris Rae Cruz, Briel Lashelle Cruz-Larney, Famela Guadalupe Curtis, Kenda Janae Davis, Barbara Ann Davis, Darrol Everett Dawsey, Vera Mae Day, Linda Lee De La Campa, Ginger Leanne Delodge, Cheyenne MacHelle Dodds, Clayton Robert Downey, Sheila Ann Drags Wolf, Whirlwind Draper, Daria Dawn Durmon, Patrick Duane Edgmon, Kimberly Ann Elkins, David Preston Ellis, Davy Joe Ellis, Margaret E Starr Elmore, Braden Lee Embery, Lisa Marie England, Randall Blake Farris, Jaroyce Paul Felton, Kai Neal Blaze Felton, Wyatt Cooper Finch, Courtny Shea Fixico, Angela Rochelle Foreman Sr., Leonard Dewayne Fowler, Sofia Evelyn Frazier, Kendell Terese French, Joseph Lee Frye, Michele Renia Fuentez, Adriana Esperanza Galyon (Cochrane), Joyce Ann Garretson, Shawnelle V. Garretson, Zachary Gibson Jr, Roy Gene Gibson, Ethan Leroy Gibson, Marie Spoon Gibson, Morgan Lee Gibson-Hicks, Leila Kay Gillmore, Tammy Kay Gilmore, Cynthia Jayden Goodman, Brandon Thomas

Gouge, Marissa Janell Granstrom, Brandon Thomas Gray, Dora Estelle Greenfield, David Glenn Griffin, Armani De`jour Griffin, Corrine Sue Haney, Carolyn Ann Hanson, Melody Leann Harjo Jr., Victor Ray Harjo, Jason Michael Harjo, Kolbie Lee Harjo, Theresa Michelle Heatley Jr., Abraham Lee Hendricks, Rachel Anne Powell Hernandez, Alicia Marie Herrera Sr., Ruben Pilar Herrera, Jennifer Marie Herrera, Renee Christine Herrod, Lucas Andrew Hill, Scotty Lee Holderness, John Lennon Hood, Iyon Joseph Weslon Hood, Steven Mark Houston III, Gary Dean Houston, Jacob Lee Huckaby, Richard Allen Irvin III, William Jetson Jackson, Amanda Christine Jackson, Sakyra Maria James, Barbara Cheryl Jimerson, Dante Romain Johnson Jr., Robert Anthony Johnson, Airen Nicole Johnson, Augustine Johnson, Carrielynn Melissa Johnson, Christina Michelle Johnson, Crystal Faith Johnson, Darrell Ray Johnson, Desiree Cathonel Johnson, Diana Kay Johnson, Nicholas Ray Johnson, Robin Johnson, Ronnie Gene Johnson-Stephenson, Bryon Darius Johnson-Stephenson, Marissa Kaitlynn Jordan, Betty Jean Josytewa, Daniel Dakota Kaskuske, Clara L. Kastl, Richard Dean Katsiaficas, Glenda Joanne Alford Keith, Jaime Lee Kennedy, Rebecca Lea Kennedy, Willie James Kernell, Noah Lee Kilmer, Gregory Keith Kinnamon, Alisha Dawn Kinnamon, Dustin James Kirby, William Anthony Lamb, Weston Bobby Clayton Charley Langston, Nicole Leeann Larney Jr., Nathaniel Roy

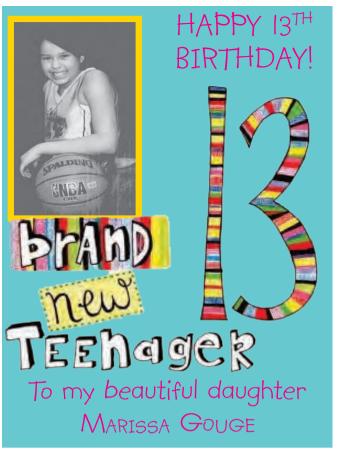
Larney, Tava Dionne Latham Sloan, Stone Tecumseh Lee, Christopher Ashton Leedom, Daniel Clayton Liles, Tammy Gayle Little Axe, Angela Renae Little Axe, Barbara J White Little Axe, Chastity Lynn Little Axe, Jamison Sloan Little Axe, Kimberly Jolene Little Axe, Mikah Dean Little Axe, Panther Sky Little Charley, Eldon Little Charley, Tyera Nicole Little Jim James Allen Little Jim, Lorene Little Axe Little, Earl Lynn Little, Mark Anthony Littlebear, David Allen Littlebear, Patrick Dale Littlecreek, Cameron Joseph Littlecreek, Richard Lloyd Littlehead, Montana Dane Locke, Ericalee Dawn Logan, Kathleen June Longden, Marilyn Sue Longhorn, Gabriel Allen Longhorn, Keith Warren Longhorn, Patience Bruce Longman, Kirstain Page Lossie, Amy Laverne Lovins, Jo Ann Lowe, Trenton James Mack, Devin Lee MacK, Kylan Cole MacK, Trenden Derrick Lee Mann, Cecil Ray Mann, McCann Allen Mann, Michael Ray Mann, Stacy Diane Marquez II, Felipe Herrera Marquez III, Felipe Herrera Marshall, Briana Michelle Marshall, Chris Marshall, Laura Lee Martinez Jr., Jose Martin Martinez, Goodchief Justice Martinez, Tecumseh Joaquin Masquas, Zariyah Jade Masquat, Cheryl Ann Masquat, Lindsay Marie Maxwell, Darrell Wayne McBride, Caroline Sue McBride, Michael Andrew McPherson, Joshua Alan Megehee, Hunter Buck Miller, Stacy Elaine Miller, Tommy Dean Minesinger, Kenneth Scott Moody, Megan Marie Moore, Amanda Rene` Moore, Brian Keith

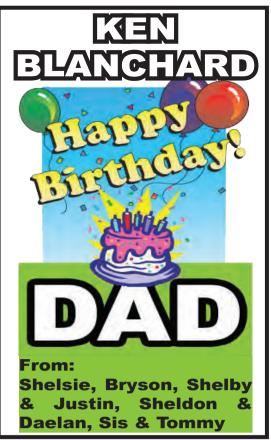
Moreland, Nettie Louise Morris, Nikolai William Mossbacher, Myles Anthony Neese, Krystal Ann Nelson, Korey James Neugent, Victoria Ann Louise Neugent, Zaleah Vee Owens, Alisha Janae Panther, Jessalynn Rae Ann Parsons, Trysten Nathaniel Lee Pearl, Roger Allen Peetoom, Stephanie Dawn Perkins, Troy Dylan Presson, Elizabeth Ann Puckitt, Ryan Paul Ramirez, Angel Renee Ramirez, Librado Bryan Ramirez, Syla Loumae Rapp, Michelle Lauren Rickard, Keely Danielle Ridenour, Lesley Paige Riedel, Jerri Annette Rodas, Owen Benjamin Rojas Jr., Antonio Rolette, David Wayne Roller, David Lee Roller, Susan Margaret Ross, James Edward Ross, Randall Lee Rudloff, Derek Chace Runsabove, Brock Allen Ryan, Cullen Patrick Salazar, Catherine Lynn Sallee, Melanie Rachele Sanchez, Janna Lee Anne Sanchez, Luisa Raquel Sanchez, Steven Mercedes Sanchez, Trevor Schwarz, Shawn Sigmund Scraper, Margaret Alice Serena, Shawn Lee Sevier, Jackson Kyle Shawnee, Jaylee Anne Shawnee, Lyndell Grant Sinks, Daniel Ray Sloan, Taya Adalysa Marie Sloan, Virginia Michelle Sloat, Brett Marshall Sloat, Christopher Douglas Sloat, Lorraine Gail Smith, Saydi Leigh Snake, Amber Larae Spoon Jr., Steven Paul Spoon, Alexis Cheyenne Spoon, Alyssia Shylarae Spybuck, Thomas Matthew Squire Sr., Kenneth Dale Squire, Suzetta Ann Starr, Ashley Ann Starr, Esella Mia Starr, Jamie Dawn Stoliby, Allen Monroe

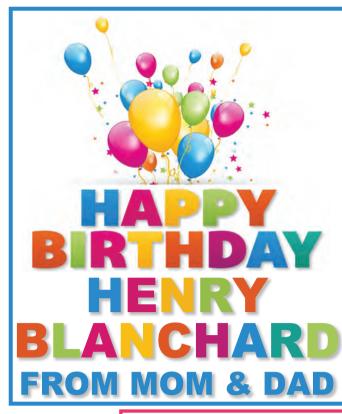
Strain, Susan Elaine Stricklin, Olivia Sayson Sullivan Jr., Thomas Lee Swenson, Londyn Alayne Switch, Cara Cameron Switch, Melpherd Dewayne Tallchief, Sierra Marie Thompson, DeKaylie Talara Thorpe, Keaston James Guthrie Thorpe, Kyra Nicole Tiger Jr., Leonard Gene Tiger, Cierra Alayne Tiger, Lily Martha Ruth Tiger, Linda Kay Tiger, Mary Louise Tolbert, Jayvaughn Charles Tolbert, Jocelyn Renee' Tullius, Ashley Nicole Vaughn, Ashley Nicole Vaughn, Sandra Kay Velez, Carol Ann Villalobos, Enrique Ivan Wahpekeche, Joaquin Noah Wakley, Brianna Morgan Warrior Jr., Manuel Anthony Warrior, Isaac Necon Warrior, Lydia Annelise Warrior, Samuel Adrian Watson, Gregory Doyle Wenholm, Tyson Riley West, Randall Aaron White, Darrel Lee White, Michael Brooks Whitten, Mikayla R. A. C. Whitten, Tina Louise Williams Jr, Robert Williams, Charlotte Virginia Williams, Deana Michelle Williams, Derrick Heath Williams, Jennifer Lee Williams, Kaysa Lyn Williams, Susan Elizabeth Williamson, Jeanie Oldham Wilson, Anthony Eugene Wilson, Asa Lynch Wilson, Cheyenne Michelle Wilson, Debra Ann Wilson, Deja Lea Wilson, Espernsi Wilson, Mya Rose Wilson, Sarah Madisen Jane Wilson, Terry Blaine Wilson, Tiffany Michele Winrow, Myia Lashea Wolfe Jr., Zachary Paul Woodward, Anthony Emmett Woodward, Blake Anthony Yates, Trevor Todd Thomas

Moore, Christian Glenn

Larney, Darrell Wayne

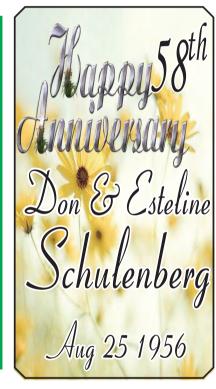




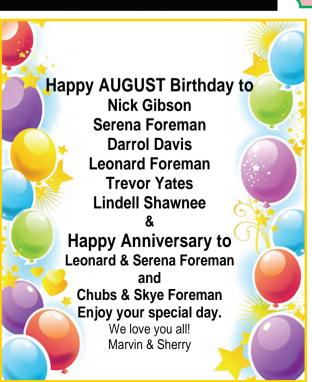


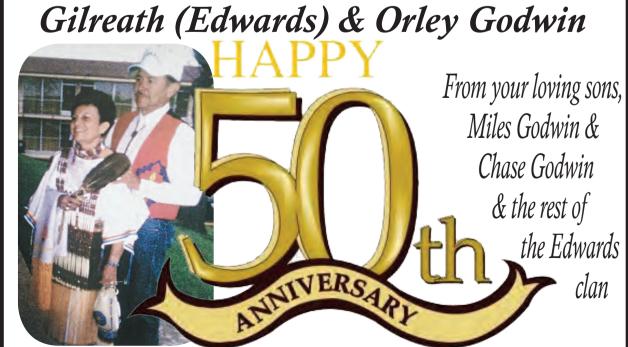












GOVERNOR'S SPOTLIGHT EMPLOYEE OF THE MONTH

CHIEF BRAD JACKSON



Chief of Police Brad Jackson is a 13 year Law Enforcement veteran who was raised in Logan County. Chief Jackson has been with our Tribal Police Department since 2005. Prior to working for the Tribe, he served as a patrol officer for the Stroud Police Department. He holds a degree in Law Enforcement and has also earned his Advanced CLEET certification.

Let's Build For the Future (BFF)!

GOVERNORS SPOTLIGHT EMPLOYEE

Governor Edwina Butler-Wolfe will be working with the six program department that she has oversight over and will monthly select an employee that is deemed to have contributed to their program and to the Absentee Shawnee tribe. The attributes to be considered are: Contributions to the community and the Tribe; leadership; performance and work ethic; teamwork. It is the intent of the Governor to recognize tribal employees who do a remarkable job and might not otherwise get recognized for their contributions. This special employee recognition program will be highlighted under my Office as the SPOTLIGHT EMPLOYEE OF THE MONTH program.







ABSENTEE SHAWNEE ELECTION COMMISSION OFFICIAL ELECTION RESUTS RUN OFF ELECTION JUNE 21, 2014

This is to announce the *OFFICIAL* results of the June Run Off Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

Lt. Governor:(2 Year Term)	
Isaac Gibson, Jr.	228_ Votes
Kathy Deere	196Votes
Treasurer:(2 Year Term)	
Ewell Longhorn	167Votes
Leah Bates	250Votes
Representative: (2 Year Term)	
Jeff Gibson	199Votes
Kenneth Blanchard	219Votes
 AST-GC-2014-01: Salary	263Yes
	149No
Code of Conduct and Ethics	288 Yes
	122No

We, the officials responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.

statements are true and correct to the best of c	Mit Mit Wicago.
Acting Election Commissioner	Acting Complission Member #1
Meredith Walponoche Acting Deputy Commissioner	Mary Birtail Acting Commission Member#2
Acting Election Secretary	Garl Offade Tribal Judge
Date: 6 27 114	

Injury Prevention Program

The Mayo Clinic and the Center for Disease Control & Prevention say that if you're physically active it may help prevent you from falling. The following activities: Walking, chair exercises and Tai Chi, can improve your leg strength, balance, coordination and flexibility. Remember to check with your doctor before starting any of these activities!

Here are some tips on how to stay safe while getting back into the spring of things.

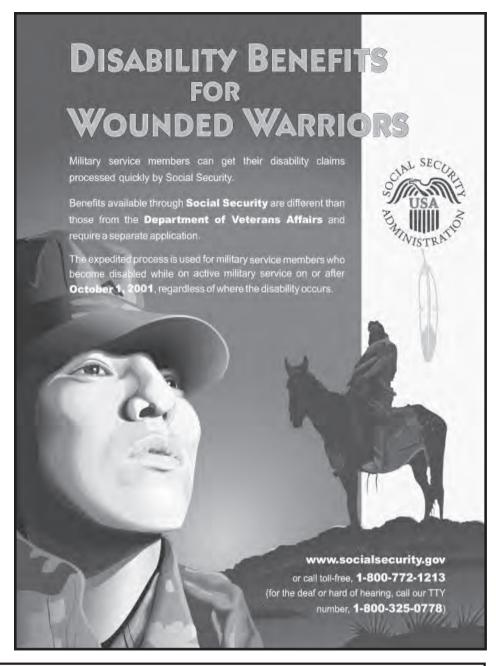
- Be sure to warm-up and cool down when appropriate.
- Wear protective gear i.e. bike helmets, wrist & elbow guards, pads,
- Rest, especially when your muscles are tired
- Prevent "overuse" injuries (i.e. stress fractures, tendonitis, or inflamed joints) by not overdoing exercise.
- Condition your body before jumping into new activities at full force.

For more information contact: Rosie Tall Bear at 405-701-7601 Little Axe Health Center















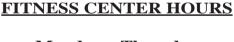












Monday—Thursday 6:00 a.m.—7:00 p.m.

Friday 6:00 a.m. — 5:00 p.m.

Saturday/Sunday **CLOSED**









The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment, including: treadmills, elliptical cross-trainers, recumbent bikes, free-weights, kettlebells, and isolation strength machines. The AST Fitness Center is available to all Native Americans and their household family members. AST employees are also





eligible for membership. The AST Diabetes and Wellness Fitness Center strives to deliver a well-trained staff that seeks to help clients reach their personal fitness and health goals. Our staff takes pride in providing appropriate and educational fitness training to all clients, providing guidance in developing a successful plan to help prevent or manage diabetes and/or other health conditions, and providing clients with a fun and positive experience working with our staff. Please take some time to come by and visit the AST Diabetes and Wellness Fitness Center today!



Absentee Shawnee Housing Authority 107 North Kimberly P.O. Box 425 Shawnee, OK 74802-0425 Phone (405)-273-1050 Fax (405)275-0678

Down Payment Assistance Program for Over Income AST Tribal Members

This program is to provide Over-Income enrolled Absentee Shawnee Tribal members only with affordable homeownership financing oppportunites. The Over-Income Down Payment Assistance will include payment of reasonable closing cost associated with the first mortgage and the ASHA's second mortgage with the remainder of the money going toward the down payment. The maximum amount for each homeowner is \$5000.00.

Eligibility

- Applicant must be eighteen (18) years of age
- Must be enrolled members of the Absentee Shawnee Tribe with gross incomes over 100% of the median income adjusted for family size to apply
- Applicant must be first-time homeowner
- Primary residences only
- Property must be located within the state of Oklahoma
- Must be approved for home loan
- Dwelling Unit must pass all Housing Quality Standards inspection as well as **Environmental Inspection**

For more Program Information, please contact Kimberly Vermillion at Ext. 260.

The Absentee Shawnee **Family Music Program**

The music program is a program that's offers Free music lesson's to all of our tribal member's and none Native Americans also the goal of the program is to offer the lessons to our community in hopes to bring people together & become more aware of their gifts and the strength's in our people.

Classes are offered each week day:

Monday to Friday from 9:00 a.m. until 5:00 p.m. in the Music House **North of the AST Police Department**

We have folks learning music from the age of 6 to 81 and all of them are enjoying the free lessons and have become musicians and supporters of the program.

I have worked with over 230 Tribal and community members and the music program has received Nation attention from Native American Magazines. The program is growing by leaps and bounds every month.

Come and be a part of your heritage through the gift of music.

AST Music Director/Instructor

405-370-5576

pbradley@astribe.com

Let Your Soul Have a Voice.



Introduction

The information being provided is to help understand what programs are offered through the Absentee Shawnee Housing Authority and how to apply.

Our programs target low income Native American families who need housing assistance. The programs currently being provided are Rental, Lease to Own and Down Payment Assistance.

Application Process

Our process begins with the completion of our housing application. When completing the application be sure and answer all the questions that pertain to you and sign all attached forms. If you should have any questions regarding the application; call or come by our office and ask our staff in the Programs & Admissions Department and they would be glad to assist you.

The application will also require documents to be attached in order to complete the process; which are:
Photo I.D.
CDIB Card

- Social Security Card
- Birth Certificate
- Marriage License/Divorce Decree/Custody Decree (if applicable Declaration of Section 214 (form is included with application)

Each household member must provide a birth certificate, social security card and CDIB card (if enrolled in a federally recognized tribe). The Housing Authority will conduct a criminal background check and credit check on all adult household members over the application.

Waiting List

A letter will be mailed out once your application has been approved notifying you of the date your name was placed on the waiting list. It is very important to stay in contact and notify the Housing Authority anytime changes occur in income, household composition, or contact information.

In the event that your name is next in being offered a home; you

will be notified by letter or phone

Annual Updates required to remain on the waiting list

CONTACT INFORMATION:

107 N. Kimberly Shawnee, OK 74801 P.O. Box 425

Shawnee, OK 74802-0425 Phone: 405-273-1050 Fax: 405-275-0678

Office Hours: 8:00 a.m.- 4:30 p.m.

Eligibility for each program has income requirements; please be sure and review the current income limits on your application.

We will not be able to process your application if you do not meet the income criteria.



Our low rent housing program is provided to families in need of housing in the Shawnee and Tecumseh area. Rental houses are furnished with kitchen appliances, central heat and air, and mini

blinds all throughout.

In the Shawnee area, the Absentee Shawnee Housing Authority has two elderly/handicap communities. These areas have fully and partial handicap accessible units. A laundry facility is located in the community for tenant use only.

Tenants in our rental program are provided services through our Maintenance Department; if any maintenance issues should arise you would contact the Housing Authority and a crew member will come and do the repair.

Lease to Own Program

The Lease to Own Program is available for any Native American family who has met our requirements and would like to purchase a home through the Housing Authority. The homes offered are ones currently in inventory and owned by the Housing Authority.

This program is designated for income eligible families who have been renting but now feel they are ready for the opportunity to purchase their own home. The application is the same as the rental; accept the income requirements are Be sure and specify when completing amplication, that you are applying for the Lease to Own Program. If you have substantial rental history and meet the income requirements, your name may be placed on the

Down Payment Assistance Program

This program offers a one-time grant of up to \$20,000 to assist with down payment and/or closing cost to purchase a home and is designed to make home mortgage payments more affordable

- Eligibility Requirements

 Applicant must be eighteen (18) years of age

 Must be Native American enrolled in a Federally
- Recognized Tribe, with priority given to enrolled members of the Absentee Shawnee Tribe of Oklahoma to apply

 Applicant must qualify as a low-income family, and
- must meet minimum income guidelines
- Applicant must be first-time homeowner Primary residences only
- Must be approved for home loan
 - Dwelling Unit must pass environmental inspection



- All applicants are required to attend a counseling class conducted by our Resident Counselor before signing a
- Annual Recertification are required for Rental/Lease to Own programs
- Inspections are performed on our homes annually



- OUR LOW RENT UNITS HAVE 1, 2, 3, & 4 BEDROOMS
- LEASE TO OWN HOMES HAVE 3 & 4 BEDROOMS



NEW RENTAL HOMES AVAILABLE!

Applications are now being accepted for families that are over the income limits for our IHBG funded programs. Please contact our Programs & Admissions Department for further details NOTE: There is limited homes available for this program.

ABSENTEE SHAWNEE

RECYCLING MA-TERIAL THAT WE ACCEPT.

ALL WHITE PAPER, ENVELOPES, COL-ORED PAPER, JUNK MAIL, FAX PAPER, MAGAZINES, NEWSPAPER, CARD-BOARD, AND ALU-MINUM CANS.

MATERIAL WE DO NOT AC-CEPT.

TONER, CARBON PAPER, FOOD WASTE, AND PLAS TIC.

REMEMBER, WHEN IN DOUBT THROW IT OUT.

CONTACT INFORMATION

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

OFFICE OF ENVIRONMENTAL HEALTH & ENVIRONMENTAL PROGRAMS.

2025 S. GORDON COOPER DR. SHAWNEE, OK 74801

PHONE: (405) 214-

FAX: (405) 878-

Absentee Shawnee Tribe

Recycling Program

"To Establish a recycling program for municipal waste planning, reduction,

and Recycling"

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Program declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowledge and information about recycling markets and market demand as well as information obtained from various publications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be re-

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought. There is a cost associated with recycling, However, economic, social, and environmental benefits exceed these cost.

Office of Environmental Health & Engineering

Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com. Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any guestions, you can reach us by phone at (405) 214-4235



Absentee Shawnee Tribe of Oklahoma SCHOOL CLOTHING APPLICATION

Kindergarten through 12th Grade

_____Mail OR _____Pick-Up

DO YOU STILL HAVE VISA CARD?

____Yes ____No



2014

APPLICANTS INFORMATION	CDIB#			
CHILD'S NAME:				
Last	First		Middle	
PARENT/GUARDIAN INFORMATION:				
NAME:				
NAME:Last	First	MI	Maiden	
ADDRESS:(St., PO Box, RR)	City	State	Zip	
PHONE: ())		
Parent/Guardian Signature			Date	
ADDRESS:				
(St., P.O. Box,)	City	State		
	•	State	Zip	
PHONE: ()	•	$\mathbf{F}\mathbf{V}\mathbf{T}\cdot$	Zip	
	•	EXT:		
SCHOOL YEAR:	GRADE OF STUDEN	EXT:		
SCHOOL YEAR: THE CHILD NAMES ABOVE IS CURRENTLY: YOUR SINATURE BELOW VERIFIES THAT THE S	GRADE OF STUDENIN ATTENDENCE	EXT: T:PI	RE-ENROLLED	
PHONE: ()SCHOOL YEAR: THE CHILD NAMES ABOVE IS CURRENTLY: YOUR SINATURE BELOW VERIFIES THAT THE S CORRECT. School Official Signature	GRADE OF STUDENIN ATTENDENCE	EXT: T:PI	RE-ENROLLED	



Absentee Shawnee Tribe of Oklahoma Building Blocks C.D.C. 2025 S. Gordon Cooper Dr.

Shawnee, Ok. 74801

P: (405)878-0633

F: (405)878-0156



The car seat safety check at Building Blocks went great! In all, 13 car seats were checked and 8 car seats were provided for families in need. This is such a needed program and we are very happy to have been able to work with Rosie Tallbear and offer this to our families and employees. Thank you, Rosie, for all of your help!

Summer continues to be busy for our center. We had a visit from magician, Steve Crawford. The children loved his magic show! He provided lots of laughs! He also incorporated science and math concepts, as well as comparing differences and similarities in objects. We also received a visit from the Camp Nikoti youth. They performed a skit incorporating 'The Three Pigs', 'Little Red Riding Hood', and 'Goldie Locks'. The moral of the story was 'say no to smoking.' They did a great job keeping it entertaining while also sending a positive message. Thank you Steve Crawford and the Camp Nikoti youth and counselors!

Building Blocks will be hosting a behavior and guidance training at the center. This will be a mandatory training for staff. However, we are inviting parents to join us for this training at NO cost. A sign-up sheet will be available at the center. It will be a two part series:

Session 1: Positive Behavior & Guidance

Transition techniques

Using positive, simple language

Offering choices

Session 2: Practical Guidance Techniques

Labeling feelingsGiving limits

Encouraging problem-solving skills

Redirection techniques

BUILDING BLOCKS CHILD DEVELOPMENT CENTER AN ABSENTEE SHAWNEE ENTERPRISE



Beginning August 1, 2014, Building Blocks will implement the second phase of its rate increase. In an effort not to create such a burden on the families we serve, we split the increase into two phases, the first being implemented on February 1, 2014. Building Blocks has not had a rate increase since 2009. To be in compliance with the CCDF grant we receive, we used the DHS reimbursement rates as a guide for setting our new rates. DHS reimburses at a lesser percentage of fair market rates. Even with our increase, we are slightly below the DHS reimbursement rates. This falls in line with our continued effort to provide high quality care at a reasonable price for the families we serve now and in the future.

Dates to Remembers

Friday, August 8th: Closed for AST day.

Tuesday, August 12th: Part 1 - Positive Behavior & Guidance Training, 6:00 p.m. - 7:00 p.m.

Thursday, August 28th: Part 2 - Practical Guidance Techniques Training, 6:00 p.m. - 7:00 p.m.

Thank you, Billie Thompson Director

Monthly Report- August 2014

The CCDF Subsidy program currently has 22 children from 15 families who receive child care assistance through the subsidy portion of the CCDF grant. These children receive child care from Building Blocks as well as outside certified providers.

We had our site visit from the ACF-OCC and their technical advisors. Their visit was very informative and they were able to see how we operate under the CCDF guidelines. They seemed very pleased with our procedures but did make a few recommendations on some financial compliance issues. Our child count was submitted last month and we are looking forward to the new fiscal year for the grant.

The construction of BBIII is ongoing and we are working toward getting the equipment and supplies to make the center operational as soon as possible. There was a delay in the construction so we are now set to open the beginning of September. The job postings for the new BBIII in Little Axe are open to the public. We are still in the process of hiring new staff for both facilities. And we will hire more as the new center's enrollment increases.

We are also still accepting enrollment applications for the waiting list for our new BBIII facility in Little Axe. If you are interested in child care in the Little Axe area or know of someone who is please contact Briana Ponkilla at (405) 878-0633.

We look forward to all the developments and strides forward we are making at Building Blocks II and III. Ni yi wa! (Thank you)

AST ELDERS FUNDRAISER



August 4, 2014 6:30 p.m. Brendle Corner Harrah/Newalla & Highway 9

OEH AND HORSESHOE BEND

THE OEH DEPARTMENT RECENTLY COLLABORATED WITH THE OERB PETRO PRO PROGRAM TO EDUCATE THE HORSESHOE BEND YOUTH CAMP ABOUT FOSSIL FUELS.

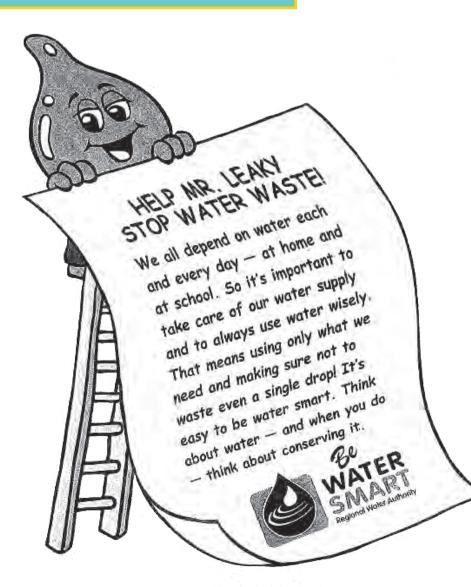
THE PETRO PROGRAM IS AN EDUCATIONAL SERVICE THAT PROVIDES A TRAINED VOLUNTEER TO ATTEND SCHOOLS AND YOUTH PROGRAMS TO PROVIDE FOSSIL FUEL EDUCATION AND OILFIELD SAFETY EDUCATION TO CHILDREN OF ALL AGES.

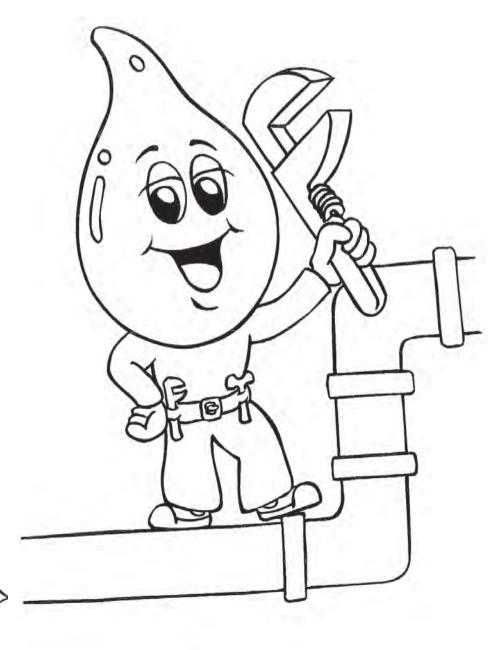
THE PETRO PRO FROM OERB SPOKE WITH THE CHILDREN ABOUT THE ORIGIN OF FOSSIL FUELS AND HOW THE PRODUCTION OF FOSSIL FUELS PROVIDES MATERIALS THAT WE USE EVERYDAY.











Mr. Leaky fixes leaks!



AUGUST 2014

As the summer break comes to an end students are preparing to start back to school in about 3 weeks. The after school program has begun planning and preparing for the start of school year 2014 – 2015. The program is looking at implementing some new structure in the upcoming school year. This fall we will not open until the week after Labor Day which will be Monday, September 8, 2014. The schedule will be Monday through Thursday, 3:00 pm until 6:00 p.m.

HIGHLIGHTS AT HORSE SHOE BEND THIS SUMMER:



Jim Thorpe Native American Games: we had participants in the 12 and under boys and girls basketball team and the track and field events.



Kyle Copeland, an Absentee Shawnee tribal member, competed in the wrestling event and proudly represented the Tribe.



During the summer program we had a different topic presented each week for discussion. To name a few: weather, history, math, and reading.

Students took a tour here on campus on July 15, 2014, and then were taken to McDonald's for lunch.

Last day of the summer program will be July 31, 2014 and students will be treated to a movie that afternoon.

ABOUT OUR SUMMER TUTORS:

We had two summer high school program tutors and three college bound tutors this summer and one who is moving: Randall Watson, Stuart Rolette, Faith W. Brown, Kobe Smith, Demi Coon, and Haley Nickerson.

Kobe and Demi are students at Little Axe High School and Haley was with the summer program for 2 weeks and in the fall will return to Oklahoma Baptist University here in Shawnee. Faith worked for 3 weeks and she will return to Northeastern State University in Tahlequah this fall. Randall will attend Rose State College in Midwest City this fall. Stuart is re-locating to another town and will no longer be at Horse Shoe Bend. We wish Stuart well and will miss him.

SPECIAL RECOGNITION:

I would like to thank some individuals for their kind donations to the Horse Shoe Bend after school program:

Paulette Johnson – thank you for the big screen TV. Also thank you to those individuals who retrieved the TV for the after school program: Rick Little Axe, Retha Pearman, and Jeff Gibson.

Francene Wolfe - thank you for donating the 3 sets of encyclopedia books. The Horse Shoe Bend program doesn't have a computer so our students will put these books to good use as they prepare their school projects and reports.

Lisa Ellis – Thank you for the donation of the Tee-Ball equipment and for the back-pack.

Thank you, AST maintenance crew for cutting the grass and keeping the Horse Shoe Bend Community Center clean and well maintained. Special thanks to: Isaac Bettelyoun, Sherri Yetter, Donna Simon, and Steven Fife.

I would like to say a big thank you to all the White Turkey ladies who help and VOLUNTEER their time with the after school program throughout the school year.

This year Feed the Children, a state funded program, supplied books and meals to the students who attended our summer program. The Feed the Children program staff were helpful and coordinated well with the Tribe.

The Sac and Fox Nation made another donation this year in the amount of \$5,000.00 dollars. We appreciate this contribution as it will help with supplies.

THANK YOU!!!!!!!!!!!

We appreciate everyone who has donated items and time and with your assistance and donations we can continue to make a big difference in our young student's future.

If you should have any concerns or questions or would like to donate and/or take part in this program please call: 405 481-0397 or 405 275-4030, ext. 188.

Thank you, Edwina Butler-Wolfe Governor

IF IZ Contract Health Service News

Absentee Shawnee Tribal Health

The AST Contract Health Services Team are here to assist you ... follow the CHS Guidelines!

Get a copy of the CHS Guidelines and update your information

Contract Health Services for AST members with Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

- Complete CHS Patient Update form and update all information every 6 months.
- Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider
- Inform Provider/HealthFacility that AST CHS is secondary payer/payer of last resort.
- 4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.



Contract Health Services for AST members without Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

- You must apply for any alternate resources for which you may be eligible - Medicare, Medicaid, SoonerCare, insurance, etc.
- 2. Complete CHS Patient Update form and update all information every 6 months
- 3. You must utilize the services provided within the AST health clinics prior to being referred out.
- Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
- 5. An appointment will be scheduled and a COB will be sent to the outside provider.
- 6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.

Emergency and Urgent Care Services

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

- 1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
- 2. Notify CHS on the next businesss day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
- For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- 4. For AST members with insurance, evidence must exist that a third party resource has made determination such services were "emergency care" or "urgent care" (such evidence may include payment from private insurance).
- 5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.



Debi Sloat



Glendine Blanchard



Flo Mann



Sharon Ponkilla



Darla Gatzman



Jayne Werst

Health System August Monthly Update

The health system continues to move forward with re-staffing of providers in both Primary Care and Dental Clinics. It is indeed an honor and privilege to present to you our new Health System Medical Director, Dr. Vaqar Ahmad, M.D. Dr. Ahmad is a dual board certified professional, being American Board Certified in Internal Medicine as well as Endocrinology, Diabetes and Metabolism. Dr. Ahmad has had a distinguished career in healthcare, serving in multiple capacities in the healthcare continuum as both a practicing physician and clinical leader in hospitals and other healthcare settings. Dr. Ahmad holds medical licensures in Oklahoma and California, as well as being licensed internationally to practice medicine. He began his work with us on June 16, 2014. Please welcome him aboard and assist him with getting settled in and acclimated to the AST Health Family!

We also welcome our newest full-time provider to our staff, Dr. Marty Lofgren, M.D. Dr. Lofgren is a Native American of Sioux decent, and has lived in Oklahoma now for several years. His wife is also a medical doctor. We have a new Dentist, Dr. Ngoc M. Tran, D.D.S. making three full-time and one part-time dentist on staff to service our members. We have a new Nurse Practitioner, Marty Robertson from Florida and Physicians Assistant, Megan Shellenberger, from Pennsylvania. This will enable more responsive care to our tribal members and other patients serviced out of our clinics as we welcome these five full-time seasoned providers to our health system!

The AST Diabetes Health and Wellness 5K Run was a tremendous success, and we thank all of the attendees for making this another great event! Special thanks to Buster Bread for leading the way on this program! The Employee of the Month was Ms. Carrie Stanley, Shawnee Clinic. The Team of the Month was the Shawnee Clinic Staff. The Health Leadership Award was presented to Dr. Maria Mithlo, Shawnee Clinic, for her help in covering additional patients and overseeing additional providers to help maintain patient care and access. We are very proud of our star performers and for their contributions to the patients, their fellow employees, and the Tribe!

A few other key bits of information:

- Native American Veterans Enrollment Event: Health Awareness Fair for All Generations Friday, August 1St, 9 a.m. 3 p.m., Little Axe Health Center, Norman, OK.
- The interactive phone menu for the Contract Health Services (CHS) helps patients access the most appropriate service provider by calling (405) 701-7951. This feature will speed up access to the patients seeking services and follow-up to their care.
- The AST Health System continues to improve its customer service. The Customer Service Line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured this is the best way to have each situation addressed with consistent updates from our health staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or questions pertaining to your case.
- The AST Anti-Bullying Prevention "HOTLINE" is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality
 or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention
 assistance for tribal youth. If there is an emergency or someone is at risk of harming themselves or others contact 911.
- The Affordable Care Act Decision Tool continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: http://www.asthealth.org/aca (Please visit our site today to find out what you need to do to protect yourself and your family)!
- Pharmacy After Hours Process: After hours and weekends/holidays, did you know you can go to Walgreens in either Shawnee or Norman, and have a five-day limited fill on prescriptions? All you have to do is submit your prescription, identify yourself with your AST CDIB Card and other appropriate ID, and then they will fill your prescription! Upon the first workday, you can have the remaining balance of your prescriptions transferred to your pharmacy in either Shawnee or LittleAxe, and they will fill your remaining balance. This is an emergency convenience for your benefit and to save the contract health dollars as well, so please be aware of this and other benefits your tribe provides you.



Absentee Shawnee Tribal Public Health Nursing Dept.

Public Health Nursing continues to work hard for the health and wellness of the community both in the clinic and in the homes of the people we serve.

Our goal is to prevent, educate, and assist the community with health issues they face each day. During the summer months our focus will be on the elderly (65 years and older), infants, children, and people with chronic medical conditions.

We have learned from the Centers for Disease Control and Prevention (www.cdc.gov/extremeheat), during the summer months the risk for heat-related deaths and illness are preventable with precautions outlined



by the CDC:

Extreme Heat: A Prevention Guide to Promote Your Personal Health and Safety.

Highlights:

Elderly people (65 years and older), infants and children, and people with chronic medical conditions are more prone to health stress.

Air-conditioning is the number one protective factor against heat-related illness and death. During conditions of extreme heat, spend time in locations with air-conditioning such as shopping malls, public libraries, or public health sponsored heat relief shelters in your area.

Get informed. Listen to local news and weather channels or contact your local public health department during extreme heat conditions for health and safety updates.

Drink cool, non-alcoholic beverages and increase your fluid intake regardless of your activity level.

Beat the heat and sun (www.cdc.gov/cancer/skin/basic_info/children.htm).

Heat-related illness occurs when the body's temperature control system is overloaded. Those at greatest risk for heat related illness include infants up to 4 years of age. Even young people

and healthy people can get sick from the heat if they participate in physical activities during the hot weather.

Never leave infants, children, or pets in a parked car, even if the windows are cracked open. Dress infants and children in loose, lightweight, light colored clothing. Schedule outdoor activities carefully for morning and evening hours. Stay cool with cool showers or baths. Seek medical care immediately if your child has symptoms of heat related illness.

Public Health Nursing would also like to encourage safety during water activities, such as boating and swimming. Accidents happen when we least expect them. Planning ahead may help to prevent the unexpected.

Public Health Nursing has provided this information to you in an effort to encourage you to follow the CDC guidelines for safety during these hot months. Let's take a stand, provide the protection needed for those at risk, whether it's a loved one or a neighbor.

Have a safe and happy summer from Public Health Nursing!

Gloria K Seeley BSN, RN and Kristie McGuire RN

Staying safe during the summer months!



What does summer mean to you? Most people will say vacations, swimming, snow cones, fireworks, pow-wows, stomp dance, softball tournaments, and festivals! Well, whatever you and your family plan for the summer, please stay safe!

Here are some ways to stay safe!

- Use seat belts and car seats at all times
- Use helmets if you ride bikes &/or motorcycles
- Use sunscreen, bug spray, and drink water!
- Never leave infants, children or pets in a parked car, even if the windows are cracked open. The temperature inside a vehicle can rise 20 degrees in as little as 10 minutes, and 50 degrees in an hour- even when outside air temperatures are in the 70's! So remember to "Beat The Heat, Check The Back Seat!"
- If a child is missing, always check the pool first, and then the car, including the trunk.

Remember to stay safe but have fun! For more information call Rosie Tall Bear, Injury Prevention Program at (405)701-7601 or email at rtallbear@astribe.com.



- Outpatient Counselor- Little Axe Clinic
- Director Building Blocks Shawnee
- Assistant Director Building Blocks –Little Axe
- Teacher Building Blocks- Shawnee & Little Axe
- Assistant Teacher- Building Blocks Little Axe
- Floater Building Blocks- Little Axe & Shawnee
 Food Prep Assistant- Building Blocks- Little Axe
- Master Teacher- Building Blocks- Little Axe

We now have a KIOSK available for applicants to fill out applications online!

Located in the lobby of Building #3



Absentee Shawnee Tribe Human Resource

2025 Gordon Cooper Drive Shawnee, OK 74801 Phone – (405) 275-4030 Fax – (405) 273-2710

John Carrington x 131

Elizabeth Clark - x 170

Rachael Lankford - x 111

Leo Teafatiller – (405) 701-1638

www.astribe.com



AST PHARMACY NEWS



- > Upcoming Pharmacy Department closures are as follows:
 - ✓ October 1, 2013 for inventory
 - ✓ November 11, 2013 to observe Veteran's Day
- Deliveries of controlled medications are not allowed.
- > Both Shawnee and Little Axe pharmacy locations fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.
- > If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.
- When requesting refills, please provide 24 hours' notice until pick-up. We will need your refill number, located above your name on the prescription label, or the names of your medication in order to fill.
- Present <u>insurance cards each time</u> you pick up or drop off a prescription.
- Keep us informed of changes in address, phone number, and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

Little Axe: 8am-5pm (& 7:30a-5:30p Drive-Thru) Monday - Friday

• Phone - (405) 292-9530

Shawnee: 7am-5pm Monday-Friday

• Phone - (405) 878-5859

We are open through the lunch hour!!

BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES

> -Thank you, Pharmacy Staff



Personal Banking:

AllNations Bank offers a wide range of products and services to meet today's

consumer demand including

our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; Now Accounts & Consumer Loans including Auto, Boat and more. AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

Contact Us for Details As Follows:

Calumet Office - Gene Davis or Dixie Smith 405-893-2240;

114 E Main, Calumet, OK

Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;

2023 S. Gordon Cooper Drive, Shawnee, OK

Business Banking:

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today's business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

Contact Us for Details As Follows:

Calumet Office - Gene Davis or Dixie Smith 405-893-2240;

114 E Main, Calumet, OK

Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202;

2023 S. Gordon Cooper Drive, Shawnee, OK

Banking Hours:

2023 S. Gordon Cooper Drive, Shawnee, OK 74801

Lobby Hours 9:00 AM - 5:00 PM Monday - Friday

Drive In Hours 8:00 AM - 6:00 PM Monday - Friday

Saturday: 9:00 AM-12:00 Noon

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20th OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person, <u>NOT</u> per birthday wish.



Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop

Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as" superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- magnesium
- potassium
- vitamins A, C, and E.
- fiber

Beans,dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org

FOSTER CARE

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

0-5 age \$14.73 day \$441.97 month

6-12 age \$17.12 day \$513.57 month

12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED INTO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

Preservation of American Indian culture starts with protection of our most precious resources -- American Indian children and families. Only when our children and families are healthy and happy can there be harmony in our world.

Problems Facing American Indian Children and Families

Today, 5.2 million American Indians and Alaska Natives (AI/AN) live in the United States

- American Indian children have the third highest rate of victimization
- American Indian/Alaska Natives have the highest rate of poverty of any other racial group in the nation
- •In 2006, suicide was the leading cause of death for Al/AN males ages 10-14.
- •A 2006 study found that, compared to other groups, AI/AN youth have more serious problems with mental health disorders.
- Alcohol-use disorders were more likely among American Indian youths than other racial groups.
- •The Al/AN youth population is more affected by gang involvement than any other racial population.

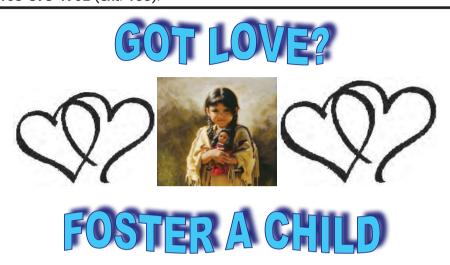
WHAT CAN YOU DO TO HELP?

Children often get lost in a system that is supposed to protect them when their parents can't take care of them. They need someone who can provide a home that is safe. They need their emotional needs met by an adult who can act as if they are their parent. These children need love, shelter, safety, and a place that they can belong, they need a home. They need to know that they are not alone. If you are able to provide these things to one of our tribal children please contact: 405-878-4702 (ext. 133) Julie Wilson ICW/FC.

FOSTER CARE

We were able to set up a foster care awareness booth in building 1 this past month. Three lucky winners won our drawing goodies. We had a great turn out and appreciate each and every one of you that took the time to stop by and get information about fostering a child. We are in need of loving; committed foster parents that are able to provide a home to children in our tribe that are in need of a safe and loving home environment. I am not going to tell you that being a foster parent is always easy, because it is not. It is not always easy being a parent, because no child is ever perfect. I have raised six children myself, and honestly, there were days that I wanted to pull my hair out. Funny thing is that now that they are grown and on their own, I would do anything to go back to those days that consisted of caring for them and loving them and them needing me on that level. The truth is that foster children have experienced a family crisis and they have no idea of what is going on in their life, except the only thing that they have known all their life is turning upside down.

If you feel like you are in a place in your life where you are able to make a difference in a child's life, please contact Julie Wilson/AST/FC at 405-878-4702 (ext. 133).



Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture.

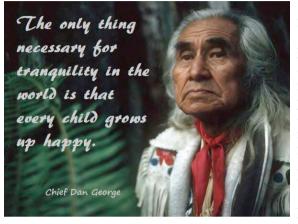
This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be.

Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE

405-878-4702 (ext. 133)





Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by

significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able? If you are interested in becoming a foster parent, please contact Juliann Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home? If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).



Foster Care News

"I don't want a family. I need one." -Current Waiting Child

We are in the process of looking for dedicated individuals to contribute to our Foster Care Committee. If you are interested in becoming part of our team, please send a letter to the Secretary that states your interest in becoming a member of our committee.



ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA 2025 S. GORDON COOPER DR. SHAWNEE, OK 74801

PRESORTED STANDARD OKLAHOMA CITY, OK PERMIT 2000 PAID PAID

RETURN SERVICE REQUESTED



Ki-me-lo

DON'T BE LATE Te-ke-ya-na-ki-fe HORRY GET DRESSED Hi-pa-ge-ni-ni-he-lo

Lo-ge-he ge-yi-ke we-ya-fi wa-pe-ya-wa EVIENZONIE WILLL BE TEIERE SOON

WEAT'S YOUR NAME? Na-he-wa ke-ta se-fo



I DON'T HEAR WERY WALL mi-ti ne-ho-wa-se no-ti-ka

MY HIEARING IS BAD Ne-ki ke-ya-pa-sa DON'T GET YOUR CHILDREN COLD Fe-ke-ya ko-se-mi-ke ke-na-ge-yi ni-ke

Ka-hi-we-ki-ti ke-we-fo-wa mi-ti-se WRITE YOUR NAME HERE

SOME ONE CAME We-ya-fi-pe-ya-wa

ABSENTEE SHAWNEE TRIBE - SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030

SOCIAL SERVICES Annie Wilson (Director)	OTHER EXTENSIONS Bidg. 1 Conf. Rm	Brendle Corner	5-432 Thunderbird Casino NRM
131 170 170 239 5-1468 161 163 159 159 143 144 144	3x1129 5-8310 5-3669 196 128	e e 211 211 208 209 209 209	5-3432
HUMAN RESOURCES John Carrington	Jennifer Hernandez(Budget Analyst)	Bettelyoun, John Mann, Kevin Kaseca Tom White, Donnie Marshall, Lance Nanaeto, Levi Littlecreek	tor)
	237 237 148 134	301 302 303 304 305 307 307 308	
Cora Masquas	Representative Ken Blanchard	Luis Almanza	Solution Control

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UPDATED: APRIL 15, 2014 Cover art is a selection of Earnest Spybuck painting, "Procession Before War Dance" ca. 1910

EMAIL ADDRESSES FOR EMPLOYEES ARE TYPICALLY THE FIRST INITIAL OF THEIR FIRST NAME FOLLOWED BY THE LAST NAME AND @ASTRIBE.COM.