



THE

ABSENTEE SHAWNEE NEWS

AUGUST

ke ne we ke se fe wa

LI SI WI NWI

"Among the Shawnee"

August 2018

• www.astribes.com •

Volume 29, No. 08

Chairman Chaudhuri of the National Indian Gaming Commission visits Absentee Shawnee Tribe

INSIDE THIS ISSUE

- 2-7 EC Reports
- 8 Election Commission
- 9 AST Health Update
- 12 Author Visits AST
- 13 Back to School Health & Safety
- 17 Wellness Calendar
- 20 Birthdays
- 22 Celebrations
- 24 Shawnee History
- 25 Youth Camp
- 26 IndigiNerds Strike Back!
- 28 Cultural Preservation
- 29 Human Resources
- 30 Elder's Corner
- 31 Title VI Menu
- 32 Building Blocks
- 33 Services
- 34 Tax Collections
- 35 Enrollment
- 38 Emergency Management
- 39 Kids Zone



L to R: Tribal Representative Atheda W. Fletcher, Tribal Secretary John Johnson, GAST Governor Edwina Butler-Wolfe, Lt. Governor Kenneth Blanchard, NIGC Chairman Jonodev Osceola Chaudhuri, Tribal Treasurer Phillip Ellis.

On July 2, 2018 the Absentee Shawnee Tribe of Indians of Oklahoma had Chairman Jonodev Osceola Chaudhuri of the National Indian Gaming Commission (NIGC) come to visit our tribe. Jonodev is a member of the Muscogee (Creek) Nation and was nominated by President Barack Obama and unanimously confirmed by the United States Senate in April, 2015. Prior to this, Chairman Chaudhuri was appointed to the Commission by interior Secretary Sally Jewell, and served brief terms as Vice Chairman and Associate Commissioner before being designated as Acting NIGC Chairman by the President in October 2013.

Before joining the NIGC, Chairman Chaudhuri was Senior Counselor to the Department of the Interior's Assistant Secretary for Indian Affairs where he provided guidance and assistance on a wide range of national policy issues including Indian gaming, economic development, energy, Alaskan affairs, and tribal recognition.

The Executive Committee; Lt. Governor Kenneth Blanchard, Secretary John Johnson, Treasurer Phil Ellis and Representative Atheda Fletcher, and I met with Chairman Chaudhuri for a round table discussion on updates of Indian Gaming. Anthony Wheeler, Region Director, for the Compliance Division-Oklahoma Region, National Indian Gaming Commission, Dana Dinkins, Senior Compliance Officer for

the Oklahoma City Region of the United States Department of the Interior, National Indian Gaming Commission, Titus Carter, Acting Executive Director of Absentee Shawnee Gaming Commission, and William Norman and Kirk Kickingbird of Hobbs, Strauss, Dean and Walker, attorneys for the Absentee Shawnee Gaming Commission met with the Chairman and his staff of NIGC.

The tour started at the Shawnee Thunderbird Casino on campus with a walk through and discussion of our facility. Chairman Chaudhuri was pleased with what he had seen. We then proceeded to the Thunderbird Casino in Norman where we had lunch and met up the staff; Sam Caruso, General Manager, Che Downs, Financial Officer, Jeff Harjo, Compliance, and James Factor, Director of Operations. As we toured the Casino in Norman, General Manager Caruso and Chairman Chaudhuri had a lengthy discussion as we walked through the casino.

After leaving the Casino we proceeded with a tour through the After Care and Health Clinic facilities. The Chairman was very surprised of all the care that we give to the Absentee Shawnee People and to the Community. I would like to thank Victor Flores from Finance for leading the tour at both health facilities.

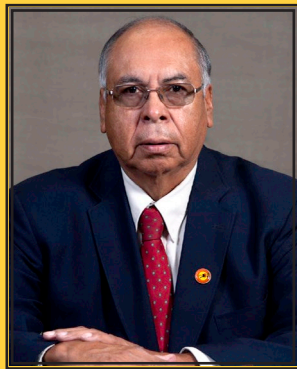
See photos on page 37.

DON'T MISS OUT!
Community meeting
recordings available
at www.astribes.com

EXECUTIVE COMMITTEE



Edwina Butler-Wolfe
Governor



Kenneth Blanchard
Lt. Governor



John Johnson
Secretary



Phillip Ellis
Treasurer



Atheda Fletcher
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor’s Report

By AST Governor Edwina Butler-Wolfe
405 275-4030, Ext: 6308
405 481-0397 Cell Number (tribal)

Hello Absentee Shawnee Tribal Members!!

I hope everyone is staying cool in this hot Oklahoma weather. I want to congratulate Lt. Governor Kenneth Blanchard, Treasurer Phillip Ellis and Representative Atheda Edwards Fletcher for their win in the June Election. Treasurer Ellis officially took office on Monday, June 25, 2018, after receiving his Oath of Office on Friday, June 22, 2018. Lt. Governor Blanchard and Representative Fletcher officially took office on Wednesday, June 27, 2018 after their Oath of Office took place at the Resource Center in Little Axe on Tuesday evening, June 26, 2018.

As Governor, I want to discuss three meetings that I have attended over the last few weeks; State Question 788 – Medical Marijuana, Volunteer Income Tax Assistance – VITA, Shawnee Forward, and the AST Community Meeting – June 30, 2018.

OKLAHOMA STATE QUESTION 788 – MEDICAL MARIJUANA

As everyone knows, the State Question 788 did pass by the Oklahoma Voters to legalize Medical Marijuana on June 26, 2018. The latest is lawsuits have been filed. The State Attorney General is needing clarification, and the attorney for the Oklahoma Health Department is facing criminal charges for creating a false threat she sent to herself that alleges the people in support of SQ 788 are threatening violence. I won’t say anymore until there is solid news to pass on to you (tribal membership).

We, the Executive Committee are working on the packet for the License that will be needed to become a State dispensary.

VOLUNTEER INCOME TAX ASSISTANCE – (VITA)

VITA is an IRS- sponsored program that provides underserved communities with free tax filing assistance, using IRS-certified volunteers. Since the Program’s origination, emphasis has been placed on expanding the VITA through increased recruitment of various religious, social, non-profit organizations, involvement of the military on a national level and development of specialized training materials and expansion of assistance to the limited English-speaking community.

The VITA Program offers free tax help to low- to moderate-income people who cannot prepare their own tax returns, including the elderly, the disabled and those having limited

English proficiency. We, as a Tribe can offer the VITA program to our tribal membership. We will need to have potential volunteers sign up and they will need to go through training. Volunteers will receive a list where to go for training.

Glenna Jones, Governor Assistant and Diane Ponkilla, Lt. Governor Assistant will be heading this program up for the next tax season that starts in January 2019. We would like to start a list of volunteers that would be interested in helping our tribal membership with their taxes. Call 275-4030 Ex. 6307 or Ex. 6267 to volunteer.

SHAWNEE FORWARD

A luncheon at the Gordon Cooper Vo-Tech was held Friday, July 20, 2018 hosted by the Shawnee Forward Organization. The guest speaker was Damon Lane and Michael Armstrong from the TV Channel 5 Crew. Damon Lane spoke on the weather equipment in the making in the near future for pin pointing the exact location of when bad weather will hit in areas of Oklahoma.

The Shawnee Forward Organization is in place to lead the Shawnee area and surrounding region, in both community and economic development efforts. Shawnee Forward brings together the resources, commitment, and energy of both the chamber and economic development organizations. This will be the lead marketing and business attractions/retention entity of the community. In addition to business attraction and retention, Shawnee Forward will work to build a stronger entrepreneurial and innovation ecosystem to support private employers in identifying, recruiting and developing talent, and act as a unified, collaborative voice to all of the businesses that calls this community home.

AST COMMUNITY MEETING – JUNE 30, 2018

The Executive Committee wants to thank Tribal Members for coming to the Community Meeting on Saturday June 30, 2018. We had approximately 30 to 40 tribal members in attendance. The Meeting was held at the Absentee Shawnee Health Multi-Purpose Building on the AST Campus. The next Community Meeting will be held at the Little Axe Resource Center on Saturday, July 28, 2018 at 10:00 am. The purpose of the Community Meetings is for tribal members to bring their concerns to the Executive Committee or if tribal people have issues with the tribes programs. Also this gives the Executive Committee an opportunity to give the peoples updates on what the tribe is facing in Indian Country and the local, state, federal Government.

GOVERNOR’S MEETINGS AND EVENTS MONTH OF JUNE AND JULY

JUNE

25th 10:00 am Special Executive Meeting

26th 9:00 am Meeting with IRS- VITA Program

- 27th10:00 am Special Executive Committee Meeting
- 29th9:00 am Cannabis Meeting
- 30th10:00 am Community Meeting
- JULY
- 2ND10:30 AM Chairman Jonadev Chaudhuri, National Indian Gaming Association – Washington DC
- 4thTribal Office CLOSED
- 6th9:00 am Meeting with the Executive Committee
- 7thWorked in Office (Saturday)
- 9th9:00 am Meeting with Executive Committee
- 13th1:00 pm AST Health Fair, Little Axe Clinic
- 16th9:00 am Monthly Program Directors Meeting
Departments that did attend:
Media, Building Blocks III, Building Blocks II, Social Services, Police, Absentee Shawnee Housing, Grants, Education, OEH, Domestic Violence, ICW, MIS, Cultural Preservation, Enrollment, Finance, CCDF/After School Program, Health, Self-Governance, Maintenance, Reality.
Executive Committee Members: Lt. Governor Blanchard, Secretary Johnson, Representative Fletcher, Governor Butler-Wolfe.

Departments not in attendance:
Procurement, HR (report was given by Representative Fletcher), Courts, Tax/Tag, Executive Committee: Treasurer Ellis

Following the Directors Meeting there was a meeting with the Executive Committee.
- 17th8:30 am Health Board Meeting at the Little Axe Health Meeting
- 18th9:00 am Charter School Presentation
10:00 am Regular Executive Committee Meeting
1:30 pm Indian Education Consultation at Choctaw-Nicoma Park
- 20th11:30 am Luncheon at Gordon Cooper Vo-Tech, Shawnee, Oklahoma

EXPRESSIONS:

For those families who lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

CONCLUSION:

I appreciate the tribal members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference - - stand beside me and Let us Build for the Future (BFF) United and together!



Chairman Jonodev Osceola Chaudhuri of the NIGC stops in to talk to summer camp.



Damon Lane of News Channel 5 meets with Governor Edwina Buller-Wolf at Gordon Cooper Vo-Tech.

From the office of the Lt. Governor

Keneth Blanchard
AST Lt. Governor


The first days in office began with setting up offices for the Lt. Governor, Administrative Assistant and the BIA Specialist in Building No. 2. Sharing space with Governor Edwina Butler-Wolfe makes it easier to communicate on a daily basis.

Enrollment was relocated to Building No. 1 in the second floor offices where the previous Representative was housed.

We are familiarizing ourselves with the processing of work orders and have had a steady flow of request for assistance from our tribal members. Communications were disrupted until the telephone and computers were relocated. Care for items that were in process from the last administration took priority. The past practice of many activities had few and no policies to provide assistance to tribal members. We are drafting policies and procedures for the Executive Committee to review and pass by resolution to assure fair and equal treatment is done. These types of Service Policies will assist in the 2019 budget planning and will continue the services to our elder tribal members.

In closing, I want to extend my deepest condolences to the families who have lost loved ones in these past few weeks.

Regards,
Kenneth Blanchard



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

BEHAVIORAL HEALTH SERVICES


A guiding hand
on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, **8 a.m. to 5 p.m. Monday through Friday.**

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300
BEHAVIORAL HEALTH
Rolanda Smith 405.701.7987

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)
BEHAVIORAL HEALTH
Roberta Cooper 405.878.4716

Services available for all Federally Recognized Tribes.

Accredited by  AAAHC

W W W . A S T H E A L T H . O R G

WALK-IN CLINIC WITH EXTENDED HOURS



Here for you,
now more than ever.

EXTENDED HOURS:
9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



SHAWNEE CLINIC
ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.
Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m. M-F.
Closed the first Wednesday of every month from noon-5 p.m.
Closed Sundays & holidays.

Accredited by  AAAHC
ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

W W W . A S T H E A L T H . O R G

Board Vacancies Available

HEALTH BOARD VANANCY 1 POSITION

QUALIFICATIONS:

Tribal members must have health care experience. All other directors must have sufficient professional experience in various fields (business, accounting, public service, law administration to contribute productively to the Board). Appointees shall have a background check and may not be a staff member or employee of the health care system. Please submit Resume and Letter of Interest to:
Secretary John Johnson Office
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
405 275-4030, Extension: 6289
Johnraymond.johnson@astribe.com

THUNDERBIRD ENTERTAINMENT CENTER, INC. (TEC) 2 POSITIONS

QUALIFICATIONS:

1. Degree in Business Administration, Accounting, Marketing, Law or an equivalent Field (Bachelor’s degree or higher);
2. Minimum three (3) years’ experience in business management;
3. Minimum two (2) years’ experience in casino operations; or
4. Knowledge of federal Indian law, the Indian Gaming Regulatory Act, and related statutes and regulation.

Please submit Resume and Letter of Interest to:

Secretary John Johnson Office
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
405 275-4030, Extension: 6289
Johnraymond.johnson@astribe.com

GAMING COMMISSION 2 POSITIONS

QUALIFICATIONS:

Never been convicted of a felony, gaming offense or

crime involving dishonesty or moral turpitude.
Not have a direct or indirect financial interest in the gaming facility.

Be at least twenty-five (25) years of age

Not be a member of the Executive Committee or Election Commission or related to any member of the Executive Committee or Election Commission by blood or marriage within the second degree, however, a Gaming Commissioner, who has been qualified and is serving a term of office, shall be allowed to complete his or her term of office in the event that a person related to the Gaming commissioner.

Not have had his/her surety bond forfeited or been criminally convicted or found civilly liable for any breach of fiduciary duty to the tribe or have been impeached or removed from Tribal office.

Is a lay member of the tribal community or a non-tribal member closely associated with the Absentee Shawnee Tribe, or an individual who possesses gaming regulatory experience.

Gaming Commissioners will have to do a strict background investigation before gaming license will be issue.

Gaming Commissioners are prohibited from participating in any aspect of gaming in any of the Absentee Shawnee Tribe gaming enterprises and facilities during the term of their office.

Please submit Resume and Letter of Interest to:

Secretary John Johnson Office
2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801
405 275-4030, Extension: 6289
Johnraymond.johnson@astribe.com

PLEASE SUBMIT RESUME AND LETTER OF INTEREST TO SECRETARY JOHN JOHNSON OFFICE BY:

FRIDAY, SEPTEMBER 14, 2018

July 2018 – Brief update from the Tribal Secretary’s Office

Little Axe C-Store:
Recently the C-store was having issues with the use of credit cards. The explanation for this is that the internet server was down for two days, in which all the credit card machines were down causing the store to be cash only. The servers were restored and the store is back up and running.

Kooler Ice Machine
The Kooler ice machine is doing very well for the summer months. The sale of ice has increased quite a bit, generating over \$5,000.00 in sales.

Enrollment
Enrollment numbers for the month of July are as follows:
New enrollees: 13
Rejections: 0
Relinquishments: 0
Total Number of Members (July): 4363
Number of New (blue) cards printed (July): 30

Enrollment’s new location will be in the main building on the second floor.

Indian Child Welfare (ICW):
The Indian Child Welfare department has went through some changes in staff. The new staff members are listed as followed:
William Star – ICW Director
Melissa Hill – CPS Worker
Paige Little Charley – PSSF Worker
Aqua Herrera – Office Manager

Should you have any questions, please contact my office at 405-275-4030 ext. 6289

Treasurer’s Report

Phillip Ellis
Tribal Treasurer

First and foremost, I’d like to thank you for your support and vote for electing me into the office of the treasurer. Now, in the first 3 weeks of my term as treasurer my staff and I have been diligently working toward a number of aim and goals that I set forth during my campaign and also have refocused my departments towards a best-practices mindset. Prior to me taking office, a number of projects were put on hold or stagnated so now a large amount of my time has been dedicated to re-engaging and/or moving those projects towards completion. The primary focus areas I have immediately started implementing are as follows:

- Financial Initiatives Related to Instituting Tighter Financial Controls and Processes
- Education & Transparency on Budgets
- Pushing Towards Economic Development

The financial initiatives related to financial controls & processes include:

- Hired a Procurement Director with a finance background that will ensure tighter controls on capital assets
 - Reviewing & revising the fraud prevention policy & procedure
 - Finance Policy & Procedures manual
 - Reviewing Electronic Accounts Payable & Electronic Purchase Order process to reduce potential of check fraud
- Education & transparency on budgets include:
- Set up a BIA budget meeting with EC, department directors and our BIA specialist
 - Set up mid-year Budget Review for Tribal Departments, Health System and Casino
 - Re-introduced and implemented a department budget scorecard for departments
 - Streamlining the control and monitoring of grant budgets

Pushing Towards Economic Development

- Reviewing current and previous economic development activity in order to learn from past mistakes and drive action

- Prioritizing economic development opportunities in Little Axe and in Shawnee areas.

C-Store Forensic Audit Update

As pledged, progress is happening with our C-store forensic audit. Last month I briefly discussed the draft C-store forensic report. By this publication, we are expected to receive the final draft of the C-store forensic audit on or around July 20th and will submit it to the appropriate law enforcement authorities to pursue potential federal prosecution. The final draft will also be submitted to our insurance loss company for recoupment of our losses. We are following this closely and will continue to provide periodic updates.

Annual Audit Update

In addition to my focus areas, I also wanted to report that the AST annual audit was completed and submitted with no findings on Friday July 13th. The audit team will have met with Executive Committee (EC), health management team and finance departments on July 31st to go over the report.


Financial Reports Update


Attached you will find a copy of the AST Balance Sheet (quarterly financial report). The EC re-

ceives a copy of our unaudited financial statements on a monthly basis and receives a copy of the quarterly financials on a quarterly basis. As promised, I would like to share these quarterly financials on an on-going basis. As of June 30, 2018, The AST Net Position is \$64,061,669.84. The net position shows what the AST government operations is worth (assets and liabilities). The net position amount encompasses dollars that are spoken for and are in the budgets allocated to all of our tribal government entities and departments.

In my professional opinion, it’s essential that our tribe begin to earnestly focus on re-investing in sound, long-term economic development opportunities. Economic development will allow for more job opportunities for tribal members, more services for our tribal members and financial stability for our tribe. Economic development is also essential in assisting our tribe to honor and preserve the traditional ways of life within our tribe. I welcome your continued support in helping me lead our tribal government in this endeavor to make sound business investments and decisions towards economic development that will benefit both the Absentee Shawnee Tribe and you.

Absentee Shawnee Tribe					
BALANCE SHEET - Executive Committee Quarterly Report					
As of 6/30/2018					
	GENERAL FUND	BIA	INDIRECT	GRANTS	ASTHA
ASSETS					
Cash and Cash Equivalents	11,976,024.67	7,882,916.05	394,318.68	964,347.92	27,068,403.03
Investments	3,730,994.28	0.00	0.00	0.00	0.00
Due From Other Funds	27,248.29	(17,720.56)	231,870.58	(31,533.50)	(190,130.80)
Other Receivables	1,487,067.74	0.00	346,353.26	3,374.47	178,240.03
Due From Tribal Enterprises and Component Units	2,257,693.54	0.00	250.00	0.00	0.00
Grants Receivable	0.00	0.00	0.00	284,487.92	0.00
Inventory	0.00	0.00	0.00	0.00	146,010.43
Prepaid Expenses					
Prepaid A/P Expenses	1,646.05	65.98	31,764.80	(206.14)	19,074.42
Total Prepaid Expenses	1,646.05	65.98	31,764.80	(206.14)	19,074.42
Capital Assets	0.00	0.00	0.00	0.00	2,686,952.41
Total ASSETS	19,480,674.57	7,865,261.47	1,004,557.32	1,220,470.67	29,908,549.52
LIABILITIES					
Accounts Payable	18,407.21	265.00	45,279.85	9,055.92	30,328.49
Accrued Expenses					
401 (k) Retirement Payable-After Tax	0.00	0.00	0.00	0.00	0.00
Other	92,043.93	28,955.86	73,623.46	57,833.85	146,522.24
Total Accrued Expenses	92,043.93	28,955.86	73,623.46	57,833.85	146,522.24
Due to Other Funds	0.00	0.00	0.00	0.00	0.00
Deferred Revenue	0.00	6,089,972.43	0.00	167,971.48	0.00
Notes Payable	1,805,705.92	0.00	0.00	0.00	0.00
Total LIABILITIES	1,916,157.06	6,119,193.29	118,903.31	234,861.25	176,850.73
FUND BALANCES - Net Position					
Fund Balance - Net Position	17,581,644.05	905,342.80	292,931.32	762,192.42	18,380,073.35
Current Year Activity					
YTD INCOME	0.00	0.00	0.00	0.00	0.00
Other	(13,126.54)	840,725.38	592,722.69	223,417.00	11,351,625.44
Total Current Year Activity	(13,126.54)	840,725.38	592,722.69	223,417.00	11,351,625.44
Total FUND BALANCES - Net Position	17,568,517.51	1,746,068.18	885,654.01	985,609.42	29,731,698.79
TOTAL LIABILITIES AND FUND BALANCES - Net Position	19,484,674.57	7,865,261.47	1,004,557.32	1,220,470.67	29,908,549.52





PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5:30 p.m. to 9 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Holidays 9 a.m. to 5 p.m.
(excluding Thanksgiving & Christmas)
***Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.**

SHAWNEE CLINIC
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859


Regular Hours:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:
Mon – Fri 5 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays
***Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.**

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



HEALTH SYSTEM

Prevention. Progress. Pride.

Accredited by

AAAHC

WWW.ASTHEALTH.ORG

Representative's Report

Atheda Fletcher
Tribal Representative

Dear Absentee Shawnee Tribal Members!

A BIG THANK YOU to everyone who supported, voted and believed in me for the Tribal Representative Leadership role. As I begin this new journey and experience into tribal government, I want to assure you that I will be readily accountable and transparent in all that I do. I will bring my professionalism, experience, and leadership to the arena each and every day. I will work diligently and aggressively to bring honest, hard work to this leadership role.

It is a real privilege and pleasure to be able to represent your interests in such a remarkable Tribe for the next two years. I will do whatever is within my power to enhance the services, infrastructure and historic and cultural heritage that help to make our Tribe a proud people. As a member of the Executive Committee, I see that we will face many challenges, but I am confident that our teamwork will propel our tribe forward and put our tribe on a stronger path toward more success. I encourage all tribal members to get more involved; voice your opinions at our General Council meetings; demand that our leaders be productive and work in the best interest of the WHOLE tribe, not the select few. My goal is to work toward reducing waste, bureaucracy and inefficient practices, improving services and delivering increasing value for money. I am very conscious of the fact that I have been elected by Tribal Members who put their faith in my abilities. I will meet all challenges head-on and always act in the best interest of the whole tribe. I guarantee that I will do my utmost to honor and respect this trust.

In the coming weeks, I will be doing research on the programs managed by the Representative. My staff is fully engaged and is committed to continually strive for improvement and growth in their respective areas. I will work with my staff to set priorities, manages activities to achieve key objectives, and help guide the direction of each department in response to an ever changing environment.

As I progress through my term, I will be working hard to fulfil my promises made to tribal members. As promised, each of the areas that I am responsible for have provided an update on their departments' work, Human Resources, Cultural Preservation, and Youth Camp Project. I am proud of their work and want to share a snapshot of all that they do and have achieved for the tribe. Each month, the plan is to publish reports to ensure that tribal members are kept informed. My desire is that my staff provides as much information as possible to tribal members so that they understand and appreciate the hard work that the staff brings to the tribal work environment each and every day. I realize that change cannot happen overnight, but I will approach each issue with much enthusiasm and hard work.

Once again thank you for all your support. I look forward to representing the Absentee Shawnee Tribe in a positive and productive manner.

Atheda W. Fletcher
Tribal Representative

From the Election Commission:

At the recent June General Council, tribal members were led to believe the Election Commission had completely spent the \$50,000 budget allocated from General Fund. The \$50,000 is the operating budget used to “operate” the office located on the Shawnee Tribal Complex. The Election Commission, as of paperwork received from Finance, at the last monthly meeting, has an operating balance of \$28,647.04.

The notification letter sent to the Executive Committee was to inform them the “fees” collected from candidates to pay for the election was depleted. Per the Tribal Constitution, ART VI, Section 4 Fees, requires “fees” collected be used to fund the elections.* When the “fees” are exhausted, the Election Commission is required to notify the Executive Committee that the fees are depleted and to request additional funds. This has process has been exercised for the last several years and the requested funds had been provided. In 2009, finance set up a line item called “Special Events” in the Election Commission’s General Fund budget to accommodate the requested funds and to disburse those very funds.

The shortfall of money to fund the elections is directly related to the number of candidates who file for tribal office. The “fees” collected must fund two elections each year. The fee for each Election Commission member (non-employee position) is \$125.00 and \$500.00 for an Executive Committee position (employee position). Average cost of an election is approximately \$4,000.00 and two elections required by the Constitution equates to about \$8,000.00 per year for elections.

As we have less and less candidates the cost of election expenses continue to increase. The judge’s expense is set by tribal contract and is \$500.00 per election for

two elections per year. With the passage by referendum of additional qualifications, the “fee” money must also cover the cost of drug and alcohol tests, driving records and background checks both federal and state. Candidates pay the extra expense of the additional qualifications when they file for office the cost is attached to the filing fee of \$125.00 and \$500.00. If the cost of the testing changes so will the expense to run for office. The expenses of the absentee ballot process which averages approximately \$3.00 per person (the total cost can vary from election to election depending on the number of absentee ballot requests the Election Commission receives) is directly related to the cost of postage.

*Article VI, Section 4 Fees of the Tribal Constitution empowers the Election Commission to collect fees from each candidate filing for elective office and Article III, Section 1, A & B of the Election Ordinance determines how the fees are to be used and for the Executive Committee or General Council to allocate funds for the Election Commission.

The other alternative would be to raise the filing fees to at least \$1,300.00 per candidate to cover the elections.

In closing, the Election Commission must follow the AST Constitution and the AST Election Ordinance. The election process is held in accordance with the Constitution and Ordinance and to run elections differently would mean that the Constitution and Ordinance would be violated. The current commissioners have all agreed changes are needed but until the Constitution is revised and a new Ordinance is approved by a vote of the tribal members the current Ordinance must be adhered to.


If you have any questions about the election process, contact the Election Commission office. The number is (405) 275-4030 ext. 6271.

ATTENTION TRIBAL MEMBERS:

The Election Commission is requesting that anyone who would be interested in serving on the Election Commission as an Alternate please contact the Election Commission Office at 275-4030 ext. 6271.

Please remember that you would have to meet the same qualifications required when someone runs for an elective office. Drug and alcohol tests and background checks will be required.

Care on your schedule, that’s the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

HOURS OF OPERATION:


9 a.m.-9 p.m. Monday – Friday
9 a.m.-5 p.m. Saturday – Sunday
9 a.m.-5 p.m. Holidays
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment – 9 a.m.
Last appointment – 8:30 p.m. Monday – Friday
Last appointment – 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That’s why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we’re dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On week-ends. This is all for you.**



PLUSCARE

LI-SI-WI-NWI HEALTH, INC.

Prevention. Progress. Pride.

15702 East State Highway 9 • Norman, OK 73026
Phone: 405.447.0477 Fax: 405.366.8996

Accredited by
AAAHC
ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

WWW.ASTHEALTH.ORG

ASTHS July 2018 Monthly Update

Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director

The 5th Annual Health Fair was a huge success and well attended again this year. We especially thank all of our vendors, employees, staff, and tribal members as well as our patients who came out and made this another great event this year! Special thanks to our EC elected leaders, the AST Veterans Association, Tribal Dancers and Drummers, Mr. Anthony “Frog” Johnson for his tribal prayer, and everyone else who came out to support their health programs and attended the event. We especially thank also the tribal elders for a huge turn out and for their unwavering support of the health programs! Fall is right around the corner and summer will be coming to an end soon. We’ll be getting ready for our Back to School event, the Zombie Run 5K on the 25th of October again at the lake, and continue to expanding our services and access to health programs - all to serve you better every day! We continue to add new specialists to the staff to make it both more convenient to access specialty care on-site as well as save contract health funds in doing so, allowing tests to be accomplished on-site and integration of the patient’s health record into the health system’s database. This allows the primary care providers to better manage care of their assigned patients. We are especially excited to welcome our new Dentist, Dr. Maricruz Martinez, who will be joining our dental clinic. Thank you all for making our new staff feel welcome and for using our services! As a reminder, emergency dental clinic is now available M-W-F in the mornings for walk-in emergency dental care for established patients.

The health system’s most valuable resource - our people – continues to display excellence for our tribal health system! I’m extremely proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the Month in July for health was Luis Almanza, Specialty Clinic, for his incredible job performance on provider and patient support; Team of the Month: Health Fair Planning Committee, for another well-planned, well-executed community event; and the Special Leadership Award: Dr. Miller and the Michael Kuestersteffen, for making access easier for urgently needed PlusCare patients needing dental services with other related health issues. The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system’s patients!

Health Employee Awards of the Month for July


Employee of the Month
Team of the Month
Special Leadership Award

Luis Almanza, Specialty Clinic
Health Fair Planning Committee
Dr. LaTonya Shelton-Miller & Michael Kuestersteffen



Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director

Absentee Shawnee Tribe
Behavioral Health Services



WHITE BISON, Inc.
A Cultural Approach to Personal Recovery
Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

**Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bldg. 16)**

For further information, contact:
Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987

ZR 18

6th ANNUAL
ZOMBIE
RUN 5K

RUN FOR YOUR LIFE!

5K RUN IS PRE-REGISTER ONLY, GO TO:
www.runsignup.com/Race/OK/Norman/RunForYourLifeZombie5k
1-Mile Fun Run/Walk on-site registration day of event only.

SPONSORED BY:
The MyDNA/PFS (Partnership for Success) Grant
AST Diabetes & Wellness SPDI Program

PARTNERS:
Lake Thunderbird
Little Axe Public Schools
AST Health Systems,
AST Police Department

October 25, 2018 | 6:30 PM

(FREE EVENT) Open to the public

NEW LOCATION: Lake Thunderbird Clear Bay area
1201 Clear Bay Ave, Norman, OK

FOOD TRUCKS, COSTUME CONTEST, TRUNK OR TREAT AND MORE!

5K participants must be at least 10 years of age. All ages may participate in the 1-Mile Walk/Run.

For more information or questions Buster Bread at 405-364-7298 and Kasey Dean at 701-7993.



August 2018 - Scheduled Closings

Date Closed:	Time(s) Closed:	Locations:
Wed., Aug 1 st (1 st Wed of Month)	Noon to 5 PM	All AST Health facilities CLOSED - PlusCare & Shawnee Ext Hrs (walk-in) Clinics will OPEN at 5p-9p (last patient accepted at 8:30p)
Fri., Aug 31 st (AST Day)	All Day	All AST Health facilities CLOSED -PlusCare Clinic OPEN holiday hours from 9a-5p (last patient accepted at 4:30p)

* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health”,
Twitter @ASTHealth & on ASTHS website at www.asthealth.org

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free



National Suicide Prevention

1-800-273-8255 (TALK)

Absentee Shawnee
Health Systems
Shawnee & Little Axe



CONTRACT HEALTH SERVICES NEWS

Please follow the CHS guidelines.
Keep a copy on hand
and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER CHS
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS
405.878.5850 (Primary)
405.878.4702 (Secondary)



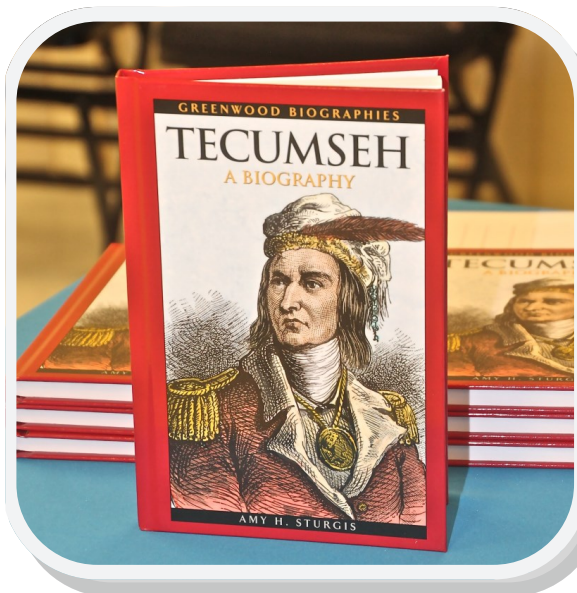
ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

Author visits the Absentee Shawnee Tribe

A special thank you, Dr. Amy Sturgis, who gave a captivating detail of Chief Tecumseh and his life and to all the visitors who were present to listen. Native Connections would also like to thank the Education Department for assisting in the preparation of this event.

Amy H. Sturgis grew up in Tulsa, earned her Ph.D. in Intellectual History at Vanderbilt University, specializes in both Native American and Science Fiction Studies, and teaches at Lenoir-Rhyne University. An award-winning scholar and journalist, she is the author of four books and over sixty essays, as well as the editor of eight books. Some of her works include a biography of Tecumseh, a history of the Cherokee Trail of Tears, and a collection on the intersection of fantasy literature and American Indian literature. Most recently, she was invited to be the guest editor of Apex Magazine's "Celebration of Indigenous Fantasists," which featured all Native American authors and artists, and a historical consultant/interviewee for the

Leonardo DiCaprio-produced documentary series *The Men Who Built America: Frontiersmen*, which aired on The History Channel in March. She is currently writing about the rise of Indigenous Futurism, or science fiction by Native American authors, for a project that will be published next year. Her official website is amyhsturgis.com.



IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

**Give us a call at (405) 598-1279 or (405) 481-0558
or send us an e-mail to
stiger@astribe.com**

**ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY
THE 15th OF THE CURRENT MONTH**

***UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON,
NOT PER BIRTHDAY WISH.***

Back to School Health & Safety Tips

According to the American Academy of Pediatrics, there are some simple steps that you can take to help you and your child’s transition back to school. Listed below are a few of these health and safety tips:

Make Your Child’s First Day Easier

1. Discuss any special needs, questions or concerns with your child’s school before their first day. The best time to address these concerns is at least 1-2 weeks prior to the start of school.
2. Rehearse school routines such as pick up and drop off with your child prior to school starting.
3. Point out positive aspects and experiences of starting school to your child.
4. Drop off or pick up your child on the first day. Arrive early to cut down on any extra unnecessary stress.
5. If your child walks or rides the bus, find a child from your neighborhood with whom your child can walk or ride the bus.
6. Attend any available orientation provided at the school to help your child become more comfortable in the environment.
7. Check with your child’s teacher at the end of the day to assess your child’s first day experience.
8. Start a sleep/wake routine schedule at least week prior to school starting.

Develop Sleep Routines

1. Getting good sleep is critical to your child’s success in school. Children who do not receive enough sleep have a difficult time concentrating and learning, have lower academic performance, and have higher absentee and tardy rates.
2. Set a consistent bedtime for your child and

- stick with it every night.
3. Have your child turn off all electronic devices well before bedtime.
4. Try to have the home as calm and quiet as possible during sleep time.
5. Be aware of the recommended hours of sleep your child needs.

Backpack Safety

1. Choose a backpack with wide padded shoulder straps and a padded back.
2. Remind your child to always use their shoulder straps. Slinging backpacks over one shoulder can strain muscles.
3. Lightly pack backpacks. Back packs should never weigh more than 10%-20% of your child’s body weight. If your child must carry heavy backpacks, consider using a rolling backpack (if their school permits).
4. Adjust the backpack so that bottom sits on your child’s waist.

Eating During the School Day

1. Provide your child with a nutritious breakfast. Studies show that children who eat a nutritious breakfast function better in school.
2. Pack your child’s lunch when the main course offered by the school is one that is not preferable to your child. Most schools provide a schedule of the cafeteria menu.
3. Check to see if your child is eligible for free or reduced lunch (if needed). Hunger will affect your child’s performance in class.
4. Consider nutrition if you will be packing your child’s lunch for school. Visit ChooseMyPlate.gov for more information on nutritional recommendations.

Take Steps to Prevent the Transmission and Spread of Disease

1. Teach your child about proper handwashing
 - a. Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
 - b. Lather your hands by rubbing them together

- with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.
 - c. Scrub your hands for at least 20-30 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
 - d. Rinse your hands well under clean, running water.
 - e. Dry your hands using a clean towel or air dry them.
2. Make sure your child is current on immunizations
 - a. Each state decides which immunizations are required for your child’s enrollment and attendance. These requirements or exemptions may change or vary.
 - i. Talk to a school staff member to learn what vaccines the school or childcare facility requires or contact your local Health Department
 - ii. CDC also has a tool to help find more information about your state’s school vaccination requirements. Visit:<https://www.cdc.gov/vaccines/parents/records-requirements.html>

1. Select your state under “Grantee” options. Select your child’s level [childcare, kindergarten, middle school, or university/college].Click “Get Results” to view your state’s vaccination requirements
- ## Get Routine Health Screenings
1. Well child checks, dental exams, vision screenings, hearing screenings and/or sport’s physicals
- For more information contact ASTHS Public Health Department at (405) 447-0300. To establish care or schedule an appointment, ask for Primary Care.
- Sources: www.Healthychildren.org , www.cdc.gov

Recommended Amount of Sleep for Pediatric Populations*

Age	Recommended Sleep Hours per 24 Hour Period
Infants: 4 to 12 months	12 to 16 hours (including naps)
Toddlers: 1 to 2 years	11 to 14 hours (including naps)
Preschoolers: 3 to 5 years	10 to 13 hours (including naps)
Gradeschoolers: 6 to 12 years	9 to 12 hours
Teens: 13 to 18 years	8 to 10 hours

*The American Academy of Pediatrics (AAP) has issued a Statement of Endorsement supporting these guidelines from the American Academy of Sleep Medicine (AASM).
Source: [Paruthi S, Brooks LJ, D'Ambrosio C, Hall W, Kotagal S, Lloyd RM, Malow B, Maski K, Nichols C, Quan SF, Rosen CL, Troester MM, Wise MS. Recommended Amount of Sleep for Pediatric Populations: A Statement of the American Academy of Sleep Medicine. J Clin Sleep Med. 2016 May 25. pii: jc-00158-16. PubMed PMID: 27250809.](#)

Behavioral Health Youth Prevention Fair 2018

15 September 10AM TO 2PM

OPEN TO THE PUBLIC Absentee Shawnee Multipurpose Bldg 2029 Gordon Cooper Dr, Shawnee, OK 74801

BUNKY ECHO-HAWK LIVE ART PERFORMANCE

FREE ACTIVITIES BOUNCE HOUSE, VENDORS, PRIZES, AND FREE FOOD

FOR MORE INFORMATION: Linda Gouge - Native Connections lindag@astribc.com PH: 405-701-7989 Jennifer Sloan -MSPI jsloan@astribc.com PH: 405-878-4716

ASTHS

Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

THE ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM PRESENTS

2018

THE FIFTH ANNUAL
GATHERING

RETURN OF THE HEALTH FAIR







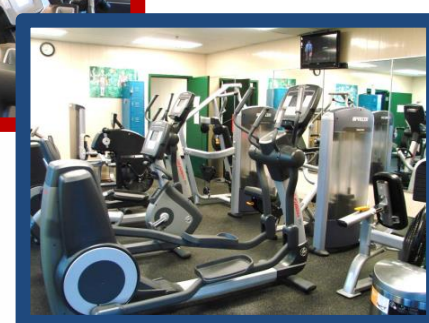
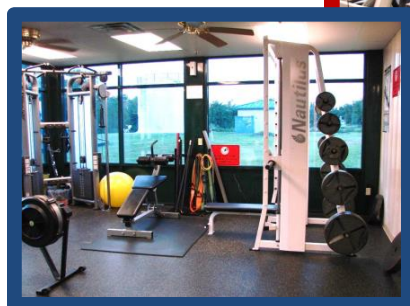
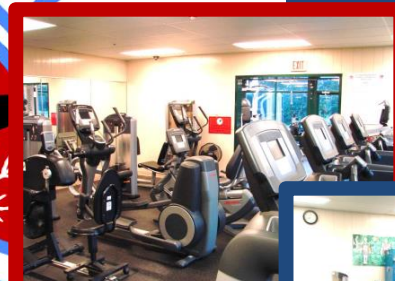
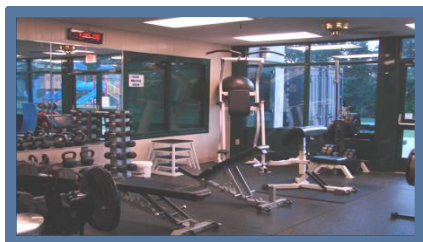
Buster Bread
Fitness Manager



Chrissy Wiens
Physical Activities Specialist

The Absentee Shawnee

Diabetes and Wellness



Fitness Facility Hours of Operation

Monday – Friday

6:00 a.m. – 9:00 p.m.

Fitness Facility Weekend Hours of Operation

Saturday

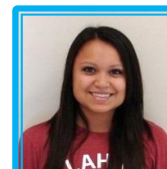
9:00 a.m. – 3:00 p.m.

Fitness Center



Brandon Goodman
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson
Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday	6:00am - 9:00pm
Saturday	9:00am - 3:00pm
Sunday	CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Kickboxing Circuit Wednesday</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Chair Exercise Friday</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"KB Circuit"- This hardcore workout blends elements of boxing, martial arts and traditional aerobics all in one intense exercise routine.

Absentee
Shawnee Fitness



"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"Chair Exercise"- Learn how to build strength using a variety of strength exercises that can be performed in a chair. This session is great for those who have joint pain or low-fitness levels.

Diabetes and
Wellness

FREE MUSIC LESSONS

Guitar • Bass • Piano • Drums

Available to all Native Americans w/CDIB#

For details, call Absentee Shawnee Behavioral Health • 405-878-4716



Outdoor Exercise & Heat Stress



AST Diabetes and Wellness Fitness Tips

Summer is here and I know many of us been longing for summer exercise! Whether it is at the lake skiing, tubing, walking, biking at the park, playing sports, or even working in the garden, it is important to prepare yourself for the heat. Exercising in the heat can be risky if you are not careful. Heat Stress can be very dangerous and can cause problems with your health. If your body isn’t use to the heat try to slowly adjust to the heat by gradually increasing the time you spend in it. Below are some real heat stress issues to pay attention to, such as heat stroke, heat exhaustion, dehydration, and some other less Severe, but preventable health problems such as heat cramps, fainting, and prickly heat rash that may also occur while exercising in the heat.

<u>Heat Stroke:</u> <u>(Medical Emergency)</u>	<u>Heat Exhaustion:</u> <u>(Medical Emergency)</u>	<u>Dehydration:</u>	<u>Heat Cramps:</u> <u>(Mild Disorder)</u>
<p>When heat stroke occurs the body’s heat regulating system breaks down under stress and sweating stops. Unless the person receives quick treatment, death could occur.</p> <p>Symptoms:</p> <ul style="list-style-type: none"> • No sweating (or may be sweating profusely) • High body temperature (105° or more) • Hot, dry, flushed skin • Confused, delirious behavior • Loss of consciousness or coma <p>First Aid:</p> <ul style="list-style-type: none"> • Immediately call for medical help, and then begin first aid treatment • Move the victim to a cool place • Cool the victim quickly by giving a cool bath (sponge with cool water and by fanning). • Treat for shock • Offer a conscious person half a glass of water every 15 minutes 	<p>This is a serious disorder that develops when the body loses more fluid through sweating.</p> <p>Symptoms:</p> <ul style="list-style-type: none"> • Sweating profusely • Weakness • Clammy Skin • Dizziness • Pale or flush face • Nausea <p>First Aid:</p> <ul style="list-style-type: none"> • Move the person to the shade or a cool place. • Have person lie on their back with feet elevated. • If conscious, give half a glass of water every 15 minutes. • Get medical help • Rapid heartbeat and breathing 	<p>Dehydration occurs when you lose more fluid than you take in and your body doesn’t have enough water to carry its normal functions. If you don’t replace lost fluids, you may become dehydrated.</p> <p>Mild Symptoms:</p> <ul style="list-style-type: none"> • Dry, sticky mouth & thirst • Sleepiness or tiredness • Headache, dizziness, feeling lightheaded • Decrease urine output or constipation • Dry skin <p>Severe Symptoms:</p> <ul style="list-style-type: none"> • Little or no urination • Sunken eye’s and no tears, if crying • Shriveled or dry skin • Low blood pressure • Fever • In serious cases, loss of consciousness or delirium 	<p>A good rule is to drink a half glass of water every 15 minutes for an hour if you experience this.</p> <p>Fainting:</p> <p>This happens when your body is having trouble coping with heat. This can be very dangerous because you can get hurt by falling down.</p> <ul style="list-style-type: none"> • Always have a person with you when you exercise in the heat. • Always bring water and a light snack • If you have health issues like diabetes or heart problems, wear a medical alert bracelet so other know how to help. <p>Prickly Heat:</p> <p>Is a rash that develops when sweat cannot evaporate. Sweat ducts become clogged and sweat glands become inflamed.</p>

So continue to exercise and do outdoor activities but just be aware of Heat Stress because you may not realize any of these symptoms until it’s too late. Heat Stress can alter your coordination, lessen concentration, reduce strength and alertness, and make you very irritable. **Drink 10-16 ounces (a glass) of cold fluid 15-30 minutes before working out.** Continue to do so every **15 minutes** during exercise, and maybe even add a small beverage with some electrolytes, potassium, or even a little sodium if you seem to be sweating a lot to prevent dehydration.

How to Dispose of Medicines Properly

DON'T: Flush expired or unwanted prescriptions and over-the-counter drugs down the toilet or drain unless the label or accompanying patient information specifically instructs you to do so.

DO: Return unwanted or expired prescription and over-the-counter drugs to a drug take-back program or follow the steps for household disposal below.

1st CHOICE: Take Back Events
To dispose of prescription and OTC drugs, call your local police department or pharmacy and ask if a take back program is available. Some counties hold collection days or have a central location for proper disposal. In Oklahoma EVERY county has at least one location you can safely dispose of your medication at.

2nd CHOICE: Household Disposal Steps

1. Take your prescription drugs out of their original containers.
2. Mix drugs with an undesirable substance, such as cat litter or used coffee grounds.
3. Put the mixture into a disposable container with a lid, such as an empty butter tub, or into a zip lock bag.
4. Conceal or remove any personal information, including RX #, on the empty container by covering it with a marker.
5. The sealed container with the medication and empty drug container can now be placed in the trash.

Drug Take-Back Event

For more information or if you or someone you know is in need of a medication lockbox contact 405-701-7993.



FREE DENTAL AND VISION SCREENINGS AND FREE SPORTS PHYSICALS

4-6 P.M. THURSDAY, AUGUST 9 • LITTLE AXE HEALTH CENTER

15951 Little Axe Drive • Norman, OK 73026 • 405.447.0300

It's that time of year again. At LAHC, we're helping out with free dental and vision screenings, and free sports physicals for all kids under the age of 18. **This event is open to ALL RESIDENTS of the Little Axe community.** Enjoy refreshments and goody bags for attendees (supplies are limited). **So get here early, get the kids ready to go and let us take care of you!**



LITTLE AXE HEALTH CENTER
LI-SI-WI-NWI HEALTH, INC.

AUGUST BIRTHDAYS

Aguinaga, Joanna Stevens
 Alae, Deena Shabnam
 Alford, Brandon Wayne
 Alford, Donald John
 Alford, Dylan James
 Alford, Janene Flora
 Allen, Zachary Jerald
 Almanza, Favian Dae
 Almanza, Lucy Jeslene
 Altman, Colson Charles
 Anderson, Dakiah Ali
 Anderson, Jared Russell
 Atwara, Hawana Rain
 Atwara, Rae Lynn
 Backiel-Vance, Adriana Esperanza
 Balch, Tasha Jamie Renee
 Ballard, James Wesley
 Barbosa Jr., Francisco Lazaro
 Barbosa, Natalie Cadence
 Barnes, Alvina Lynn
 Barnes, Jonna Kay
 Barriga, Calib Jay
 Barriga, Dana Michelle
 Barriga, Joshua Deen
 Beachem, Lois Marie
 Bella-Heim, Katherine Ann
 Benish, Hailey Grace
 Berry, Michael Wayne
 Billie, Gabriel Lamont
 Blackbear, Kyler Jesse
 Blancett, Tina Marie
 Blanchard, Caileah Ann
 Blanchard, Christopher Ray
 Blanchard, Henry Benjamin
 Blanchard, Jackson Jonathan
 Blanchard, Jessica Marie
 Blanchard, Kaylee Dawn
 Blanchard, Kenneth Leland
 Blanchard, Leadra Danae
 Blanchard, Luann Delores
 Blanchard, Ruth Evelyn
 Blanchard, Sandra Lynn
 Blanchard, Stacie Faye
 Blocker, Steven DeWayne
 Blood, Jeffery Lee
 Bond, James Phillip
 Boston, Sheila Marie
 Boston, Sheldon Shannon
 Bosworth, Donna Sue White
 Box-Kessler, James Steven
 Bradshaw, Karsyn Marie
 Brady, Crystal Sue
 Bread, Eli Emery Michael
 Bread, Kiley Madison Michael
 Breeding, Taylor Mae

Britt, Nathan Scott
 Brocksmith, Nicole Leeann
 Brokeshoulder, Riley Ann
 Brokeshoulder-Drags Wolf, Whirlwind
 Brooks, Rosalind Janelle
 Brophy, Conri Kaleido
 Brown, Teresa
 Brown, Tracy Lynn
 Buckheart, Phillip Paul
 Burggraf, Kyra Joanne Joann
 Byers, Dallas Landry
 Camp, Sarney
 Cardwell, Wyatt David
 Cargo, Elijah Lee
 Cargo, Jada Cleo Mae
 Carlson, Adrianno McBride
 Carter, Rosa Lee
 Casteel, Serenity James
 Chambers, Diana Lynn
 Chisholm, Anita Sue
 Citty, Daniel Keith
 Citty, Rachel Danece
 Ciulla, Kayla Rena
 Clark, Autumn Marie
 Clinesmith, Jamie Lenea
 Cody, Kristen Renee
 Conley, Nicole Lynn
 Cope, Vincent Michael
 Copeland, Matthew Kyle
 Cottrell, Lindsay Russell
 Crowley, Aleycia Nicole
 Crowley, Isabel Deanne
 Crowley, Parris Rae
 Cruz, Briel Lashelle
 Cruz-Larney, Famela Guadalupe
 Curtis, Kenda Janae
 Davis, Barbara Ann
 Davis, Darrol Everett
 Dawsey, Vera Mae
 De La Campa, Ginger Leanne
 Deere, Montana Christian Alex
 Dees, Travis William David
 Delodge, Cheyenne MacHelle
 Dodds, Clayton Robert
 Dominguez, Valerie Rose
 Downey, Sheila Ann
 Draper, Daria Dawn
 Durmon, Patrick Duane
 Edgmon, Kimberly Ann
 Elkins, David Preston
 Ellis, Sydney Jean
 Elmore, Braden Lee
 Embery, Lisa Marie
 England, Randall Blake

Felton, Kai Neal Blaze
 Felton, Wyatt Cooper
 Finch, Courtney Shea
 Fixico, Angela Rochelle
 Foreman Sr., Leonard Dewayne
 Fowler, Sofia Evelyn
 Frazier, Kendell Terese
 French, Joseph Lee
 Frye, Michele Renia
 Galyon, Joyce Ann
 Garretson, Shawnelle V.
 Garretson, Zachary
 Gibson Jr., Roy Gene
 Gibson, Ethan Leroy
 Gibson, Morgan Lee
 Gibson-Hicks, Leila Kay
 Gillmore, Tammy Kay
 Gilmore, Cynthia Jayden
 Gonzalez-Freed, Alexia Faith
 Goodman, Brandon Thomas
 Gouge, Marissa Janell
 Granstrom, Brandon Thomas
 Gray, Dora Estelle
 Greenfield, David Glenn
 Griffin, Armani De jour
 Griffin, Corrine Sue
 Haney, Carolyn Ann
 Hanson, Melody Leann
 Harjo Jr., Victor Ray
 Harjo, Jason Michael
 Harjo, Kolbie Lee
 Harjo, Theresa Michelle
 Harman, Serenity Leilani
 Hart, Ashley Nicole
 Harvey, Jaron Scott
 Hastings, Michael Dakota
 Heatley Jr., Abraham Lee
 Hendricks, Rachel Anne
 Powell
 Hernandez, Alicia Marie
 Herrera Sr., Ruben Pilar
 Herrera, Jennifer Marie
 Herrera, Renee Christine
 Herrod, Lucas Andrew
 Hill, Scotty Lee
 Holderness, John Lennon
 Hood, Iyon Joseph Weslon
 Hood, Steven Mark
 Houston III, Gary Dean
 Houston, Jacob Lee
 Huckaby, Richard Allen
 Irvin III, William Jetson
 Jackson, Amanda Christine
 Jackson, Josiah Nicholas
 Jackson, Keauntre Darnae

Jimerson # 11490-078, Dante Romain
 Johnson Jr., Robert Anthony
 Johnson, Carrielynn Melissa
 Johnson, Christina Michelle
 Johnson, Crystal Faith
 Johnson, Darrell Ray
 Johnson, Desiree Cathonel
 Johnson, Diana Kay
 Johnson, Nicholas Ray
 Johnson, Robin
 Johnson, Ronnie Gene
 Johnson-Banks, Airen Nicole
 Johnson-Stephenson, Bryon Darius
 Johnson-Stephenson, Marissa Kaitlynn
 Jordan, Betty Jean
 Josytewa, Daniel Dakota
 Kaseca, Lynnlei Renee
 Kastl, Richard Dean
 Keith, Jaime Lee
 Kennedy, Rebecca Lea
 Kennedy, Willie James
 Kernell, Noah Lee
 Kilmer, Gregory Keith
 Kinnamon, Alisha Dawn
 Kinnamon, Dustin James
 Kirby, William Anthony
 Koster, Keeleigh Jenifer
 Lamb, Weston Bobby Clayton CHARLEY
 Larney Jr., Nathaniel Roy
 Larney, Santana LaRay
 Larney, Tava Dionne
 Latham Sloan, Stone Tecumseh
 Lee, Christopher Ashton
 Leedom, Daniel Clayton
 Liles, Tammy Gayle
 Little Axe, Angela Renae
 Little Axe, Barbara J
 Little Axe, Chastity Lynn
 Little Axe, Jamison Sloan
 Little Axe, Kimberly Jolene
 Little Axe, Mikah Dean
 Little Axe, Panther Sky
 Little Charley, Eldon
 Little Charley, Tyera Nicole
 Little Jim, James Allen
 Little Jim, Lorene Little Axe
 Little, Earl Lynn
 Little, Mark Anthony
 Littlebear, David Allen
 Littlebear, Patrick Dale
 Littlecreek, Cameron Joseph
 Littlecreek, Richard Lloyd
 Littlehead, Montana Dane
 Locke, Ericalee Dawn
 Logan, Kathleen June
 Longden, Marilyn Sue
 Longhorn, Gabriel Allen
 Longhorn, Keith Warren

Longhorn, Patience Bruce
Longman, Kirstain Page
Lossie, Amy Laverne
Lovins, Jo Ann
Lowe, Trenton James
MacK, Devin Lee
MacK, Kylan Cole
MacK, Trenden Derrick Lee
Mann, Cecil Ray
Mann, McCann Allen
Mann, Michael Ray
Mann, Stacy Diane
Marquez II, Felipe Herrera
Marquez III, Felipe Herrera
Marshall, Briana Michelle
Marshall, Laura Lee
Martinez Jr., Jose Martin
Martinez, Goodchief Justice
Martinez, Tecumseh Joaquin
Masquas, Zariyah Jade
Masquat, Cheryl Ann
Masquat, Lindsay Marie
Maxwell, Darrell Wayne
McBride, Caroline Sue
McBride, Michael Andrew
McPherson, Elana Rose
McPherson, Joshua Alan
Megehee, Hunter Buck
Megyesi, Kevin Charles
Miller, Stacy Elaine
Miller, Tommy Dean
Minesinger, Kenneth Scott
Moody, Megan Marie
Moore, Amanda Rene
Moore, Brian Keith
Moore, Christian Glenn
Morris, Nikolai William
Mossbacher, Myles Anthony
Myers, Jerri Annette
Neese, Krystal Ann
Nelson, Korey James
Neugent, Victoria Ann Louise
Neugent, Zaleah Vee
Novick, Roman Christopher Alan
Olivas, Lily Tiger
Ortiz, Sylva Loumae
Owens, Alisha Janae
Panther, Jessalynn Rae Ann
Parsons, Trysten Nathaniel Lee
Pearl, Roger Allen
Peetoom, Stephanie Dawn
Perkins, Troy Dylan
Presson, Elizabeth Ann
Puckitt, Ryan Paul
Ramirez, Angel Renee
Ramirez, Librado Bryan
Ramirez, Sirene Angel
Ramsey, Tycilla Renee


Rapp, Michelle Lauren
Rich, Sonia Elaine
Rickard, Keely Danielle
Ridenour, Lesley Paige
Robison, Noah Alan
Rodas, Owen Benjamin
Rojas Jr., Antonio
Rolette, David Wayne
Roller, David Lee
Roller, Susan Margaret
Ross, James Edward
Ross, Randall Lee
Rudloff, Derek Chace
Runsabove, Brock Allen
Ryan, Cullen Patrick
Salazar, Catherine Lynn
Sallee, Melanie Rachele
Sampson, Ayden Lee
Sampson, Layla Ann
Sanchez, Janna Lee Anne
Sanchez, Luisa Raquel
Sanchez, Steven Mercedes
Sanchez, Trevor
Schwarz, Shawn Sigmund
Scraper, Margaret Alice
Serena, Shawn Lee
Sevier, Jackson Kyle
Shawnee, Jaylee Anne
Shawnee, Lyndell Grant
Shawnee, Lynessa Gail
Shawnee, Sabian Cole
Sinks, Daniel Ray
Sloan, Taya Adalysa Marie
Sloan, Virginia Michelle
Sloat, Brett Marshall
Sloat, Christopher Douglas
Sloat, Lorraine Gail
Smith, Saydi Leigh
Snake, Amber Larae
Spoon Jr., Steven Paul
Spoon, Alexis Cheyenne
Spoon, Alyssia Shylarae
Spybuck, Thomas Matthew
Squire Sr., Kenneth Dale
Squire, Suzetta Ann
Starr, Ashley Ann
Starr, Esella Mia
Starr, Jamie Dawn
Still, Jessica Ann
Stoliby, Allen Monroe
Strain, Susan Elaine
Stricklin, Olivia Sayson
Sullivan Jr., Thomas Lee
Susko, Kelly Anne
Swenson, Londyn Alayne
Swenson, Owyn Cruz
Switch, Cara Cameron
Switch, Melpherd Dewayne

Tallchief, Sierra Marie
Thompson, DeKaylie Talara
Thorpe, Keaston James Guthrie
Thorpe, Kyra Nicole
Tiger Jr., Leonard Gene
Tiger, Cierra Alayne
Tiger, Linda Kay
Tiger, Mary Louise
Tiller, Presley Renee
Tolbert, Jayvaughn Charles
Tolbert, Jocelyn Renee
Tucker, Wessie Carmen
Tucker, Xavier Mega
Tullius, Ashley Nicole
Turner, Aryana Janaye
Vaughn, Sandra Kay
Velez, Carol Ann
Villalobos, Enrique Ivan
Wahpekeche, Joaquin Noah
Wakley, Brianna Morgan
Warrior Jr., Manuel Anthony
Warrior, Isaac Necon
Warrior, Lydia Annelise
Warrior, Samuel Adrian
Watson, Gregory Doyle
Wenholm, Tyson Riley
West, Randall Aaron

White, Darrel Lee
White, Michael Brooks
Whitten, Mikayla R. A. C.
Whitten, Tina Louise
Williams Jr, Robert
Williams, Charlotte Virginia
Williams, Deana Michelle
Williams, Derrick Heath
Williams, Jennifer Lee
Williams, Kaysa Lyn
Williams, Linda Lee
Williamson, Jeanie Oldham
Wilson, Anthony Eugene
Wilson, Asa Lynch
Wilson, Cheyenne Michelle
Wilson, Debra Ann
Wilson, Deja Lea
Wilson, Espernsi
Wilson, Mya Rose
Wilson, Sarah Madisen Jane
Wilson, Terry Blaine
Wilson, Tiffany Michele
Winrow, Myia Lashea
Wolfe Jr., Zachary Paul
Woods, Kaitlin Marie
Woodward, Anthony Emmett
Woodward, Blake Anthony
Yates, Trevor Todd Thomas

IOWA TRIBE OF OKLAHOMA
VOCATIONAL REHABILITATION

TRANSITIONAL SERVICES



The Iowa Tribe of Oklahoma Vocational Rehabilitation (ITOVR) Program has provided vocational services to Native Americans consumers since 1994, and transition services to students since 2004. For years, our goal has been to empower Native American with disabilities, consistent with their individual strengths, resources, priorities, concerns, abilities, capabilities, and informed choice, to prepare for the transition from school to work or post-secondary school.

You design your own customized Individualized Plan of Employment (IPE) with our help.

SERVICES

- Counsel and Guidance about Training and Education after H.S.
- Assistive Devices (Hearing Aids, Walkers, Eyeglasses, Learning Devices, etc.)
- Tuition Assistance
- Testing Fees (ACT/SAT)
- Work Clothing for New Jobs
- Career Assessments
- Physical or Mental Evaluations
- Resume Building, Interview Etiquette, etc.
- Other Various Services

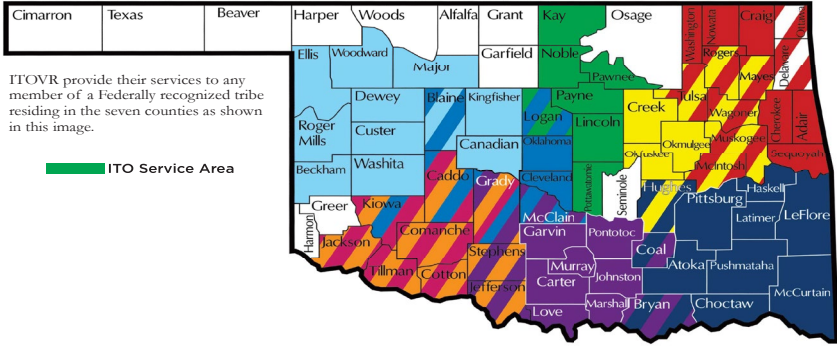
QUALIFICATIONS

- Are you an enrolled member of a federally recognized tribe?
- Are you a Junior/Senior in High School?
- Do you reside in our services area?
- Disability documentation from a Doctor, Physician or Mental Health Provider noting disability and impediments?
- An IEP or 504 Plan may be accepted as proof.

PROGRAM

Transition Services help Native American high school junior and seniors with disabilities continue their education, train for a job and find a job after completing education.

ITOVR provide their services to any member of a Federally recognized tribe residing in the seven counties as shown in this image.



Legend: ITO Service Area

For more information contact:
Taylor McClellan, Counselor
405-547-5721 x223 • 888-336-IOWA
tmcclellan@iowanation.org

IOWA TRIBE OF OKLAHOMA
335588 E. 750 RD.
PERKINS, OK 74059
405-547-2402
BAHKHOJE.COM



Happy Birthday!

**Happy 2nd Birthday
Keeleigh Jenifer Koster.**

**We love you so much!
Love, Momma, Mimi,
Poppy, Grandma Christie,
and Grandma Jenifer.**



**Happy 3rd Birthday,
Alexia!
We love you!
Mommy & Daddy**



HAPPY BIRTHDAY

August 3rd - Ken Blanchard

**August 30th - Leadra Blanchard Tackett
From the White Thunder Crew & Bryson**

**August 31st - Happy Birthy to Sis Blanchard
White Thunder
From the Fambam**

**August 31st - Happy Heavenly Birthday to Aunt
Margaret Starr Ellis**



**Happy
21st
Birthday!**

**To my son,
Mikah Little Axe**

Three Absentee Shawnee Members Contribute to 2018 NABI Division II Championship Team



2018 NABI Division II Champions left to right with name, school and tribal affiliation in front: Seth Harjo, Okemah High School, Mvskoke (Creek) Nation; Elijah Factor, Latta High School, Chickasaw Nation; Cedric Scott, Dale High School, Mvskoke (Creek) Nation; Gabe Gouge, Dale High School, Mvskoke (Creek) Nation; Brady Johnson, Dale High School, Absentee Shawnee Tribe; Ty Shields, Tecumseh High School, Absentee Shawnee Tribe; Anthony Billy, Tecumseh High School, Comanche Nation; Tyson Micco, Weleetka High School, Mvskoke (Creek) Nation; Coach Sonny Johnson, Absentee Shawnee Tribe.

Team Indigenious won the Division II State NABI Championship at Talking Stick Resort Arena in Phoenix, Arizona on July 14, 2018. All members of the team came from various parts of Oklahoma, and competed with teams from around the world. Three members of the team are Absentee Shawnee members: Ty Shields, Brady Johnson, and Sonny Johnson. Ty Shields is the son of Darren Shields and Susan Larney, and the grandson of Jenifer and Jerry Sloan, Dave and Leora Alford, and Rocky Larney. Brady Johnson is the son of Brady Johnson and grandson to Steve Johnson. The team was coached by Sonny Johnson who is the son of Amy Johnson and the grandson of Steve Johnson.

The NABI Tournament has become the largest all Native American Basketball Invitational, and the first all Native American Basketball Tourna-

ment sanctioned by the NCAA (2007). Most importantly, it has awarded over \$250,000 in scholarship funds, as it is an organization about more than basketball, yet an educational platform that provides Native American youth a vehicle to succeed beyond the court.



L to R: Ty Shields, Sonny Johnson, Brady Johnson.

Congratulations Shelsie White Thunder!
Love, Mom and Dad



July 10, 2018

Dear Shelsie:

I want to extend my congratulations to you on making the University of Oklahoma, College of Professional and Continuing Studies Dean's Honor Roll for the spring 2018 semester. This is an honor reserved for students who earn a grade point average of 3.5 or higher in 12 or more letter graded hours during any term. All of your hard work has paid off! It takes a great deal of talent, effort, and determination to achieve such a challenging goal and, it is very inspiring to see you realize it.

Your commitment to excellence is evident in earning this academic honor. The diligence and effort you have given to your academic performance here at the University of Oklahoma, College of Professional and Continuing Studies, serves as an example and inspiration to so many, and if it is any indication of the effort you put into life, we know that you will be successful in all you do. You should indeed be proud of your work!

I would ask that you share this congratulatory letter with your family and friends, as you wish. I know that they will be very proud to hear the great news. I also know that they have worked tremendously hard to support you and will be honored to share in this accomplishment.

Once again, congratulations on making the College of Professional and Continuing Studies Dean's Honor Roll. I wish you continued success and look forward to seeing your name on the honor roll list in the future.

Sincerely,

Martha L. Banz

Martha L. Banz, Ph.D.
Interim Dean, College of Professional and Continuing Studies
Associate Provost, Continuing Education
University of Oklahoma

Absentee Shawnee Housing Authority
2018 PROGRAMS



- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance – AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

The “Fort Ancient” Cultures: The Pre-Contact Ancestors of the Shawnee

By Stephen Warren

Associate Professor of American Indian Histories and Cultures
University of Iowa

Earlier this June, on a visit to Oklahoma, Sherman Tiger asked me if I could write a series of history articles for the Absentee Shawnee newsletter. Doing so is an honor. Ever since my first visit to Little Axe, in 2001, Absentee Shawnee citizens have been helpful to me. I have always felt great deal of appreciation for Ken and Serena Daugherty, Jennifer Onzawah, Scott Miller, and Andy Warrior. From my very first visit, Ken and George Blanchard have gone out of their way to talk with me about Shawnee history and culture, and they have changed my life and the lives of my students for the better. Even so, I am a non-Native historian. The short histories I will share reflect a more or less conventional, scholarly knowledge of Shawnee history and culture. They are not meant to substitute or challenge family history or the ceremonies that have defined what it means to be Shawnee for millennia. My hope is that this brief history, and the histories that follow, will complement the traditional knowledge of the Shawnee people. Please accept them as a token of my gratitude to the Shawnees I have met, and hope to meet, in the years ahead. If you have comments or suggestions, I hope that you will contact me at Stephen-warren@uiowa.edu Niyaawe.

Archaeologists have long associated the “Fort Ancient” cultures of the Middle Ohio Valley with the three federally-recognized Shawnee tribes. Stretching from the western slope of the Appalachian Mountains in West Virginia to the falls of the Ohio River in Louisville, Kentucky, more than twenty generations of Fort Ancient peoples lived in what is now the American Midwest. Even so, most archaeologists argue that we lack definitive proof of a connection between the Fort Ancient and Shawnee; between the pre and post contact worlds of Native Americans from Ohio and Kentucky. As a result, the states of Ohio and Indiana, in particular, continue to label upwards of 80% of the pre-contact human remains and associated funerary objects in their possession as “culturally unidentifiable.”

Thankfully, new research conducted by the Shawnee Tribe, the Absentee Shawnee Tribe’s sister-tribe, into the ceramic traditions of the Fort Ancient peoples has strengthened the link between the Fort Ancient and Shawnee. Ben Barnes, the Second Chief of the Shawnee Tribe, has partnered with scientists at the University of Missouri to learn more about the exact source of the clays, and mussel shells, that Fort Ancient potters used to make their cooking pots. Archaeologists at the University of Kentucky and the Glenn Black Laboratory of Archaeology at Indiana University are now working with the Shawnee Tribe to strengthen the connection between the Shawnee and their ancestors. This research has enabled Shawnee citizens to make pottery from the late

Fort Ancient period (roughly 1400-1680 C.E.) for the first time in three hundred years. Led by Richard Zane Smith, the award-winning Wyandotte ceramicist, the Shawnee Tribe hosts workshops that have connected Shawnee people to their ancestors by making pottery just as their ancestors did. Ben’s research and Richard’s artistry make it look easy, even fun. However, beneath the camaraderie lies hundreds of hours of archival and archaeological research.

The Shawnee pottery project has already had a far-reaching impact. Their work is removing the façade of “culturally-unidentifiable” human remains. The Shawnee tribes are now better able to protect their ancestors in their former homelands. Tribal citizens are engaging with the material world of their ancestors in new ways.

Of course, more research is necessary. And because the US government makes the laws, the Shawnee tribes have to fight to protect their ancestors according to the criteria established by the Native American Graves Protection and Repatriation Act (1990). These federal standards hinge on Western science rather than traditional knowledge. Federal rules of engagement necessitate ongoing partnerships between tribal citizen-scholars and academic institutions. Fortunately, Native scholar-activists are now asking the questions, assembling the research teams, and sharing their research with Native audiences as never before.

To learn more about the Fort Ancient pottery project, please contact Marnie Leist, the director of the Shawnee Tribe Cultural Center @ director@shawnee-culture.org or via phone at 907.512.7578.



CCSG August Report

By Kathy Deere, Chairman
shwneturtle@gmail
Phone: 405-637-8248

CONSTITUTION COMMITTEE STUDY GROUP (CCSG)
(FORMERLY CONSTITUTION REVISION COMMITTEE)

CORRECTION: JUNE ASTCRC newsletter, meeting date should have been SUNDAY, APRIL 8, 2018, not April 22, 2018. Sorry for the wrong date in the June newsletter.

CCSG Monthly meeting will be held monthly every fourth Sunday. Next meeting will be August 26, 2018, Little Axe Community Building, AST members are welcome to attend. We appreciate all the questions and comments!

CCSG website will be available soon. The intent is for the AST members to ask questions, informational, updates on the progress of the revised constitution, and community meetings dates, etc.


CCSG meeting, JUNE 24, 2018, at the LA Community Center in Little Axe, OK, and west of AST C-store. We had a total of SIX (6) members and one (1) pending appointee was present. Due to various reasons, three (3) members were absent.

The following items were discussed:

- » Pending appointee, Wynona Coon to the CCSG.
- » Establishing guidelines for the Constitution Committee Study Group.
- » BIA telephone discussion with Ms. Sherry Lovin.
- » Legislative tour with the Chickasaw Nation in September.
- » Tentative Informational CCSG Community Meetings set for the following dates: August 16, Thursday, 6:30pm, Health Multi-purpose Bldg; Thursday, August 23, 6:30 pm, AST Resource Center, Little Axe, OK; and Thursday, September 13, 2018, 6:30pm, Glenpool, OK.
- » Referendum Vote on removing the BIA, Secretary of Interior, Two (2) articles in the constitution. This needs to be done to revise the AST Constitution to separate the Legislative and Executive branches.
- » Election of CCSG Officers

WOMEN'S HEALTH SERVICES

There is a welcoming place for women.




Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

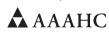
SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)

ABSENTEE SHAWNEE TRIBAL


HEALTH SYSTEM

Prevention. Progress. Pride.

AAAHC

WWW.ASTHEALTH.ORG

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER


15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC


2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC

15702 East State Highway 9
Norman, OK 73026
405.447.0477

AAAHC


ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

WWW.ASTHEALTH.ORG



Absentee Shawnee Youth Camp Progress Report

By Ken Jones

The Absentee Shawnee Tribe received a Housing and Urban Development (HUD), Indian Community Development Block Grant (ICDBG) in FY13 for the development of a Youth Camp located on 200 acres in Cleveland County. An overall preliminary master concept plan was developed for the 200 acre camp site. The preliminary master concept plan was proposed to be developed in multiple Phases. The Tribe was awarded an \$800,000 HUD-ICDBG Grant for the construction of Phase I.

The Youth Camp grant and concept is an economic development activity for the Tribe beyond its use for the Absentee Shawnee Tribal Youth. Once Phase I and Phase II are completed, it will be opened to the community for lease for activities such as company employee team building activities, local daycare facility outings, weddings, family reunions, youth activities within other tribes along with many other functions.

Phase I of the Camp was for the development of the infrastructure that included the water system; a water well, well house, elevated water storage tower, a water service line and the wastewater treatment and electrical services lines to service a Community Facility / Dining Hall Building that was also part of Phase I funding. We have completed all components of the grant obligations for Phase I and are now finishing up punch list items and cleanup of the Community Facility / Dining Hall Building. We will be closing out Phase I this next month. In April of 2015 the Southern Plains Office of Native American Programs (SPONAP) conducted their standard on-site monitoring review of the Tribes Indian Community Development Block Grant (ICDBG) program. The purpose of the review was to insure the ICDBG recipient (Tribe) has carried out program activities substantially as described in its approved application and if it has made substantial progress in implementing its program. The review identified no findings as per HUDs report. In HUDs monitoring report the Tribes ICDBG Program was mentioned and later given HUD's best practices for its commitment to preserving the environment by cleaning up the Youth Camp site under the AST Brownfield Tribal Response Program. Also for Utilizing Government Services Administration (GSA) excess equipment at no cost that created cost savings for the grant and the overall Youth Camp Development. HUD also recognized the Tribe for its work with Education Department, Tresha Spoon, Blake Goodman, Brandon Goodman and their summer youth program by conducting the youth camp innovative design gate entry design competition held at the University Of Oklahoma, College of Architecture.

In 2017 the Tribe was awarded another HUD-ICDBG Grant in the amount of \$800,000 for the development of Phase II. Phase II is for the construction of a parking lot around the new Community Facility / Dining Hall Building, six (6) cabins, a bath house facility with laundry, water service lines, wastewater facilities, and electrical service lines to the cabins and bath house. Phase II includes building the Camp Entry Gate that was designed by the Tribal Youth at the University of Oklahoma School of Architecture. The Tribal Youth was able to build models of their designs to compete for the winning youth camp gate design. Phase II will be constructed as a Design Build project. The required Environmental Assessment has been updated, the Request for Release of Funds posted and approved by HUD's-Southern Plains Office of Native American Programs (SPONAP). Construction Specifications are being developed at this time to place Phase II out for construction bids. As the Camp Phases are being constructed the tribe has a small crew clearing underbrush and some trees. The U.S. Department of Agriculture, Natural Resources Conservation Service will be working with the tribe by giving technical assistance for the development of an approximately 5 acre lake. The lake will provide activities such as fishing, swimming and canoeing.

Phase II construction work is expected to begin around September, 2018 with a completion target date of fall 2019. As we move through various stages of this project, we will keep tribal members updated on the progress.

The IndigeNerds! Strike Back

Oklahoma's second Native American comic con boasts bigger turnout and continued success after its 2017 debut

Devon Frazier | July 5, 2018

NORMAN, Oklahoma— After an incredible debut last year, the Absentee Shawnee Cultural Preservation Department hosted its second-annual IndigeNerd! Native Arts Festival & Comic Con on Saturday, June 30th, 2018 from 1 p.m. to 6 p.m. at the Thunderbird Casino Event Center in Norman, Oklahoma. The community outreach event was free admission, open to all ages, and encouraged participation from tribal and non-tribal families.

IndigeNerd! welcomed several special guests and groups, including: the Miss Indian Oklahoma City Princesses, Jarissa Redbone (Apache), Perla Gunville (Seminole), and Anjelica Gunville (Seminole); native artists Tom Farris (Otoe-Missouria/Cherokee), Arigon Starr (Kickapoo), Johnnie Diacon (Muscogee-Creek), and Roy Boney Jr (Cherokee); and, two renown Oklahoman cosplay groups JediOKC and DC-Marvel League.

As representatives of the Changing Winds Cultural Society, the three Miss Indian Oklahoma City princesses opened the IndigeNerd! event with three songs performed in Native American Sign Language. They chose to perform the “Lord’s Prayer”, the National Anthem (“Star-Spangled Banner”), and “God Bless the U.S.A.” Epitomes of grace and native beauty— the Miss Indian Oklahoma City princesses were delightful to watch and eager to take pictures with event goers.

The hour-length Native Artist Q&A Panel highlighted personal experience and offered advice from our four indigenous artists in their creative outlets ranging from painting, drawing, writing, and music. Each talented individual participated in an informative discussion with panel questions from AST librarian, Devon Frazier, and from the attending audience. Topics from youth encouragement and work inspirations to the dreaded DC or Marvel debate, the Native Artists Q&A Panel offered knowledge, wit, genuine humor and passion for their chosen profession. In addition to participating in the panel, three artists had individual vendor booths to sell their artwork and comic books.

IndigeNerd! also boasted more vendors than its previous year with over fourteen booths with merchandise ranging from slate rock art, crochet crafts, face-painting, silver and stone jewelry, up-and-coming comic books, stickers and canvas art pieces. Cultural Preservation employees and event volunteers also worked a free kids’ craft booth, Pendleton blankets raffle booth, outdoor concession and bounce houses. The department supplied two tables of colorful, miscellaneous materials— yarn, foam construction paper, duct tape, etc.— at the kids’ craft booth, so all could have an opportunity to assemble a handmade costume to wear at IndigeNerd! The winners of the two Pendleton blanket raffles were



Miss Indian Oklahoma City princesses, L to R: Jarissa Redbone, Perla Gunville, and Anjelica Gunville.



Native Artists Q&A Panel. L to R: Boney, Starr, Diacon, and Farris.



Vendor Booth of Adam Youngbear.



Participants of the Zombies vs. Humans tag game, ran by the AST MyDNA Program.



Patty Kishketon (Star Wars) and Ace Greenwood (Harry Potter.) And no event could be complete without a souvenir opportunity: the 2018 IndigeNerd! color-changing cup could be obtained at the concession stand with purchase of an ice-cream float— which was perfect for a hot July afternoon!

Other areas in IndigeNerd! included the Warrior Room and outdoor activities. The Warrior Room had been divided into two separate spaces for video gaming and free group discussions over DC/Marvel, Star Wars, Harry Potter, and Game of Thrones. Two video game tournaments were scheduled and planned throughout IndigeNerd! with Call of Duty WWII: Zombies and NBA 2K18. Each tournament winner; Trace Pack (Absentee-Shawnee) and JaVonte Yargee (Menominee/Creek); received a \$25 gift card to GameStop. Next to the bounce houses, Cultural Preservation partnered with the AST MyDNA program to host a Zombies vs. Humans game of tag. As the last human standing, Madeline Pack was eventually awarded a large poster of her choosing.

The final, and perhaps most anticipated, part of IndigeNerd! were the cosplay contests with prizes of gift-baskets and tickets to WizardWorld Gaming and Comic Con in Tulsa were up for grabs. With no participants in the Tiny Tots category, the three winners of the remaining categories were Mai-Lin Clardy as Steampunk (Youth), Kendell Frazier as the Mad Hatter (Teen), and Paul Snyder as Captain Jack Sparrow (Adult.)

As the second event of its kind in Oklahoma, IndigeNerd! was a five-hour spectacle packed with all the geeky wonderfulness its planners could muster within their small budget. And as any event coordinator can attest: the ulti-mate success is the enjoyment of its patrons. Pictures of smiles and laughter were countless. In an event that celebrated creative expression in pop culture, IndigeNerd! accomplished its goal of providing an atmosphere of indige-nous art, fandom enthusiasm, and nerd comradery.

Share Your Nerd Herd had been this year’s slogan; and ‘shared’ it certainly was!



All cosplay contestants pictured on the Event Center stage.

Cultural Preservation

Absentee Shawnee Tribe

The main focus of this department is to maintain the traditions that are most important to the people of the tribe and preserve any historic resources that are pertinent to our past, present, and future.

GRANTS

THPO Grant – funds are provided in order to protect and conserve important tribal, cultural, and historic assets and sites.

Funding Agency - National Park Service

Grant period – Oct 1, 2017 – Sept 30, 2018

Grant award - \$53,592.00

Library Grant – Funds library staff, books, and any supplies needed for the library. Funding Agency – Institute of Museum and Library Services
Grant Period – Aug. 1, 2017-Jul. 31, 2018
Grant Award - \$7,000

THPO – TRIBAL HISTORIC PRESERVATION OFFICE/ TCNS - TOWER CONSTRUCTION NOTIFICATION SYSTEM

We receive several letters, emails and notifications each day regarding Section 106 of the National Historic Preservation Act. We have completed nearly 400 Section 106 reviews since January 2018. Each review takes a great deal of time and focus in order to ensure the protection of tribal lands.

TRAININGS/CONFERENCES

CP staff continues to build their knowledge and skills through various training programs and conferences. Striving to protect our tribal heritage and culture in an ever changing environment is a challenge and attending training is a key element in keeping our staff informed, improves work performance and teaches new skills. We will provide pertinent information gained at these various events in upcoming articles.

LIBRARY

IndigeNerd! Second Annual Native Arts Festival & Comic Con was held on June 30, 2018.

Please see separate news article about this event.

GIFT SHOP

CP has implemented new software that helps with tracking stock, inventory work and profit/loss re-

ports. As we build in this area, we will be looking at merchandising techniques, analyzing data such as pricing, sizing, new merchandise, and what sells and what does not sell so that we maximize profit on the shelves. We are currently formulating ideas for a notification process that will allow CP to update customers on special offers or upcoming sales. As we move through the second half of 2018, we will be planning, purchasing and promoting our AST goods. Please stop in to see CP's new look!

OTHER ACTIVITIES

- CP is currently working with the U.S. Forest Service to provide training to our tribal youth

for employment opportunities.

- February - Kyra Underwood and Ashley Brokesoulder, CP staff, read to children (ages 2-4) at both Building Block Daycares.
- March-May - CP staff helped with beading class preparations.
- March - Devon Frazier and Kimberlee Bilie volunteered at the Melokami Youth Camp where they played bingo using the Shawnee language for different animals. An inventive way to introduce our language to our children at an early age.
- July – CP participated in the Little Axe Clinic Healthfair and partnered with the purchase of t-shirts for the healthfair.

WHAT'S COMING NEXT.....

Our next steps will be to continue with our Section 106 compliance, planning activities for Native American Heritage month and organizing language classes.

Employee Spotlight

Our Tribal Library Technician, Devon Frazier, has worked with the Tribe since November 2016 and has been a great addition to our department. Her main goal as Library Technician is to focus on gaining a better idea of what our Tribal members needs and wants are in the library. She is happy to take requests for books, publications, and movies for the entire Tribe to enjoy.

With assistance from the entire department, she has been able to bring a more inviting feel to the li-

brary. From sewing curtains to creating bench covers, she has added her own creative touch during the remodel of the library. She has added several new books and completely reorganized the entire library collection. With our recently updated catalog software, checking books in and out should be a breeze thanks to her organizational skills.

Devon is also the mastermind behind the departments largest event, IndigeNerd! Native Arts Festival & Comin Con. She has done an excellent job

in her efforts to coordinate such a family friendly and fun event for our Tribal members. Our department staff is very happy to support her during the planning stages. We are looking forward to another great event next year.

Please watch for upcoming events in our Tribal newsletter and on the web. Stop in and check us out! Let us know how we can serve you. Please contact Devon at:

dfrazier@astribe.com
405-275-4030 Ext. 6243



Pictured above:

Absentee Shawnee Tribal member, Devon Frazier, at her graduation from Oklahoma Christian University in May 2018.



Pictured to the left

Absentee Shawnee Tribal Library located in the Cultural Preservation Building at the Shawnee Complex.

Human Resources Monthly Report

By Elizabeth Snow

The Human Resource (HR) Department supports and upholds the Absentee Shawnee Tribal goals by fostering a positive and engaging work environment. The HR Department work encompasses the building and the shaping of the Tribal workforce around the needs of each Tribal Department. The HR staff is a diverse team of individuals dedicated to serving the Tribe and are continually striving to improve em-

ployee and organizational effectiveness.

The Human Resource Department maintains a multitude of functions for the Tribe and its employees. The HR staff assists applicants and employees with all phases of the employment process. The HR Department oversees recruitment, pre-employment screenings, evaluations, trainings, benefits, disciplinary actions and daily departmental concerns.

Currently, The Absentee Shawnee Tribe employs a total of 466 employees. This count includes the Tribal Complex, Health Authority, Gaming Commission, and Summer Youth Program. In June, HR on boarded 31 new employees and 14 of these new employees were Tribal members.


The HR Department staff is working in conjunction with the Finance Department on a 401(K)


audit to evaluate the retirement plan and processes.

In the upcoming month, HR staff will also work on a Worker's Compensation Audit to evaluate risk management for positions and coordinate safety trainings and protocols. Over the next quarter, the HR staff will work with the department supervisors and Elected Officials to update the current policies and procedures manual.

The HR Department is committed to ensuring that the assets and integrity of the Tribe are protected. Further, the HR staff is committed to serving our employees with kindness and professionalism. If you have any questions regarding the Human Resources Departmental processes, please feel free to contact us by sending an email to HR@astribe.com.

MODERN WARRIORS of World War I





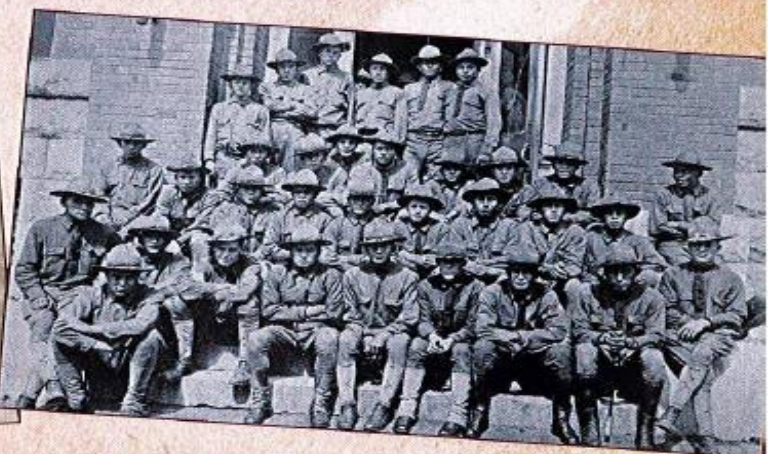


SEQUOYAH NATIONAL
RESEARCH CENTER

Do you know about an American Indian WWI veteran?

UA Little Rock's Sequoyah National Research Center is creating the *Modern Warriors of WWI* database to identify all 12,000 American Indian servicemen. **We need your help.**

Our goal is to create as complete a record as possible, including full name, tribe, hometown, rank, military unit, dates of birth and death, date of enlistment, and any honors received. Photographs are welcome.

Send information or questions to Erin Fehr at ehfehr@ualr.edu.



WE REMEMBER.

501-569-8336 • ualr.edu/sequoyah

Elder’s Corner

By Atheda W. Fletcher

The hottest man-made temperature ever recorded is 7.2 trillion (yes, trillion) degrees Fahrenheit! Now, after reading that, I’m feeling real good about our 100+ degree temperatures! I hope that everyone is staying cool in these extreme temperatures and taking special precautions to guard against heat exhaustion and heat stroke. Remember, the Absentee Shawnees have the best tribal clinics, if needed!

During the last month, the Elders have been making plans for the remainder of the year. The Elders Council is looking at possibly hosting an event at the Yellow Rose some time during the holidays and we encourage all Elders to participate and come to the meetings.

The first Movie Night was held on June 22. It was a great night, the weather was perfect and everyone enjoyed the movie, Jumanji. If you have not attended one of the Movie Nights held at the Little Axe Clinic, I highly recommend that you do it at least once so that you see the big screen—almost like the old time drive-in movie places! The Elders Council hosted the concession stand and it was a successful fundraiser. A total of 56 individuals attended of which 12 Elders were there to volunteer and help with the concession.

The Elders Council participated in the Little Axe Clinic Health Fair. At our table, the members provided information about the events and activities that the Elders host and did a little recruiting. The Elders Council held a drawing for a door prize and also held a fundraising raffle.

Many of our elders have been participating in training youth as stomp dance leaders and as shell shakers. It has been a real joy to see so many youth taking an interest in the Absentee Shawnee traditions. The Gathering will be held once again and is scheduled for September 8 at the grounds behind the Little Axe Clinic. As always, the Elders Council is engaged in the community and has made several donations to various events. The members are committed to partnering with our communities and helping others.

On a final note, I regretfully submitted my resignation as the Elders Council Secretary due to other obligations. Although I will not be performing all the assigned duties of the Secretary, I will still attend and participate in the meetings. I look forward to passing the baton to a newly elected Secretary.

Quote: People often say that motivation doesn’t last. Well, neither does bathing. That is why we recommend it daily!

Absentee Shawnee Tribe of Oklahoma
Title VI Department
2025 S Gordon Cooper Dr
Shawnee OK 74801
405-275-4030

CDIB # _____

D.O.B. _____

Grass Mowing Application

The Following are the requirements for this program:

1. Must be an Absentee Shawnee Member
2. Must be 55 years and older
3. Must be an Title VI Member (have an current intake form for the current year 2018)
4. Handicap/Disabled
5. Must provide Proof of Residency (utility bill must be in applicant’s name)
6. NO RENTAL PROPERTY will be mowed

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weed eat applicant’s lawn. Maintenance will mow every two (2) weeks, weather permitting. Also, the maintenance workers will not trim trees or shrubs.

If you have any questions, please contact Dos Owings at (405) 275-4030 ext. 6227

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ MESSAGE PHONE: _____

EMAIL: _____

FINDING DIRECTIONS TO HOME: _____

*DISCLAIMER
Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.


ROAD CLOSURE

Harrah Newalla Road/192nd will be closed north of Rock Creek Road between Indian Hills Road in different sections starting July 24, 2018. This is for culvert replacement. Please share this with your contacts.



2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Taco Casserole Ranch Beans Salad Bar* Pineapples	2 Baked Chicken Veggies Bread Prunes	3 Boiled Egg Toast Sausage Fruit	4
5	6 Manwich Pickles, Onions Tator Tots Mandarin Oranges	7 Smoked Sausage Cabbage Cornbread Mixed Fruit	8 Beef Tips & Noodles Veggies Crisp	9 Baked Potato Chez, Ham, Onions Broc n Chez Pudding	10 Scrambled Eggs Sausage Gravy Biscuit	11
12	13 Chicken Fajitas Bell Peppers & Onions Tortillas Plums	14 Spaghetti w/meat sauce Green beans Garlic Toast/Pears	15 Chef Salad Eggs, Chez, Ham Peaches Cottage Chez	16 Brisket Veggies Roll Cake	17 Oatmeal Bacon Fruit	18
19	20 Salisbury Steak Mashed Pot/Gravy Veggies Mixed Fruit	21 Ham & Chez Sandwich LTOP Mac Salad/Jell-O	22 Turkey Sweet Pot Dressing/Gravy Cookie	23 Beans Cornbread Steakfries Mandarin Oranges	24 Scrambled Eggs Sausage Gravy Biscuit	25
26	27 Beef Fingers Mashed Pot/Gravy Beets Fluff	28 Burrito Chili n Chez Spanish Rice Peaches	29 Chicken Salad LTOP Chips Orange	30 Cereal Toast Fruit	31 AST Day 	

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

We currently have 55 kids enrolled, with a few more getting ready to start within the next couple weeks. We are excited to welcome our new friends. We have also added a few new friendly faces to the BBII staff.

Stacy Battige, Asst. Director &
Building Blocks III staff
Norman, OK

On June 22nd and 23rd we hosted training at our center. Jana Cornelius from CECPD came out and presented a Behavior and Guidance class that all Building Blocks' III teachers attended. I received a

We have two additional staff members that will be leaving our BBIII family. Lindsey Kennedy is moving on to become a teacher and Angela Buckley will be attending college at UCO. We wish them both the very best in their new endeavors. Little Axe Public School resumes classes on August 13. We have several children that are moving on to pre-k and kindergarten. We are wishing them all the very best in their new adventures! BBIII will be closed for AST Day on Friday, August 31. In closing, we would like to thank Liz Crawford, Briana Ponkilla, and Sharon Davis for all their help and support during this transition. We cannot express just how much we appreciate everything they have done for our center! We are looking forward to many years of growing and lifelong learning as our center moves forward.



Monday, September 3rd
Closed for Labor Day



Absentee Shawnee Tribe
of Oklahoma
Child Care Development
Fund Programs
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
P: (405) 432-8411
F: (405) 878-0156

ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)
(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ☐ ENROLLED ABSENTEE SHAWNEE TRIBE
- ☐ 18 YEARS OF AGE OR OLDER
- ☐ UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- ☐ TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- ☐ SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- ☐ CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- ☐ UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES

ATTENTION
TRIBAL MEMBERS!!!

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID's only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID's in the mail. If you have any questions, please call **(405) 275-4030, ext. 6225 or 6255.**



THE OFFICE OF
ENVIRONMENTAL HEALTH
& ENGINEERING (OEHE&E)

The principal role of OEHE&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Realty Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEHE&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEHE&E building.



FY-2018 YTD TAX COLLECTIONS (through 06/30/2018)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$6,955.22	\$128.33	\$20,250.34	\$16,709.62	\$1,001.46	\$11,720.63	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$56,765.60	3.83%
Gaming % of free cash	\$150,000.00	\$300,000.00	\$200,000.00	\$150,000.00	\$150,000.00	\$150,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,100,000.00	74.14%
Employee (1%)	\$11,386.59	\$11,609.31	\$11,506.02	\$13,835.58	\$15,173.37	\$9,736.28	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$73,247.15	4.94%
Severance (8%)	\$4,549.73	\$3,384.15	\$2,620.73	\$2,103.29	\$1,865.19	\$690.38	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$15,213.47	1.03%
Motor Vehicle	\$11,963.40	\$18,890.16	\$20,352.65	\$17,819.28	\$18,981.52	\$13,052.06	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$101,059.07	6.81%
Motor Fuel Taxes (Qtrly.)	\$35,258.38	\$0.00	\$0.00	\$33,471.68	\$0.00	\$35,705.25	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$104,435.31	7.04%
Tobacco Refund	\$4,367.11	\$4,026.41	\$3,903.11	\$6,090.62	\$6,785.14	\$6,562.88	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$31,735.27	2.14%
TOTAL TAXES	\$224,480.43	\$338,038.36	\$258,632.85	\$240,030.07	\$193,806.68	\$227,467.48	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,482,455.87	
Miscellaneous	\$122.50	\$142.65	\$298.25	\$208.00	\$298.25	\$171.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,240.65	0.08%
TOTAL COLLECTIONS	\$224,602.93	\$338,181.01	\$258,931.10	\$240,238.07	\$194,104.93	\$227,638.48	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,483,696.52	100%

ABSENTEE SHAWNEE TRIBE
TAX COMMISSION

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

Note: You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

PENALTY

\$0.25 A DAY

Absentee Shawnee Behavioral Health
STRENGTH OF TRADITION PROJECT

Funded through SAMHSA Native Connections Grant in providing support by:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about this program, please contact us!

Linda Gouge Grant Coordinator (405)701-7988
Victoria Andrews Grant Assistant (405)701-7995

Little Axe Health Center
Li-Si-Wi-Nwi Health, Inc.
15951 Little Axe Drive
Norman, OK 73026



"This flyer was developed under a grant number SM080181 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS."

A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated
through enrollment, BEFORE any new
registrations or renewals can be processed.

Please Direct all Per Cap inquiries to
the Enrollment office from now on.

Enrollment will aid with 2005/2006 Trust Fund
Per Cap, and 2016 Rama Per Cap
See enrollment’s web page for applications and
W-9 Form

Please help enrollment keep all information cur-
rent. Update your address, photo, phone number,
and CDIB Card

DNA Testing Prices have changed due to new
fees to the lab.
New prices are:
Tribal Member \$75
Non Tribal Member \$85

ATTENTION:

AST children under the age of 18 must have their records updated with Enrollment. Please provide the
Enrollment office with the following information:

- Legal name of minor
- Mailing address
- E-mail address
- Phone number

The Treasurer and Finance office’s will work with enrollment to properly track our eligible AST minor’s per
cap investments beginning January 1, 2018. Please contact Enrollment office at 405-275-4030 ext. 6288 or
ext. 6292.

Returning Citizens Reintegration Program

We recently attended a meeting with the Muscogee (Creek) Nations' Reintegration Program and the Oklahoma Department of Career and Technology Education program. These programs are working with Offenders while they are still incarcerated to prepare them for their return to our communities.

The tribe is interested in contacting our tribal members who are still incarcerated to learn what their needs are and how the tribe may be able to assist in their return home. If you have a family member or know someone who is incarcerated, we would like to make contact and send them the AST Newspaper.

We need your help. Send the contact information to: Governor's Office

2025 South Gordon Cooper Drive Shawnee, OK 74801

Or Call: (405) 275-4030
Exs: 6307 or 6267

Native Connections Grant Strength of Tradition Project

What does it mean to be Native American?

Poster Contest Winners

Congratulations!!!



Caelynn Blanchard
Age 13
Absentee Shawnee



Elaina Still
Age 13
Chickasaw



Catalina Pizano
Age 12
Sac & Fox/ Absentee Shawnee



Steven Pizano
Age 19
Sac & Fox/ Absentee Shawnee

A big THANK YOU to the 25 youth that submitted art work to this contest!!

Continued from Front Page story:



Emergency Management: Power Outages

Linda Day- Emergency Managment Coordinator
Police Dept: 405-275-3200
Cell: 405-740-1562
lday@astribe.com

Extended power outages may impact the whole community and the economy. A power outage is when the electrical power goes out unexpectedly. A power outage may:

- Disrupt communications, water, and transportation.
- Close retail businesses, grocery stores, gas stations, ATMs, banks, and other services.
- Cause food spoilage and water contamination.
- Prevent use of medical devices.

PROTECT YOURSELF DURING A POWER OUTAGE:

- Keep freezers and refrigerators closed.
- Only use generators outdoors and away from windows.
- Do not use a gas stove to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- If safe, go to an alternate location for heat or cooling.
- Check on neighbors.

HOW TO STAY SAFE WHEN A POWER OUTAGE THREATENS:

WHAT TO DO NOW: Prepare

- Take an inventory of the items you need that rely on electricity.
- Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any medications that are critical for life.
- Plan for batteries and other alternatives to meet your needs when the power goes out.
- Sign up for local alerts and warning systems. Monitor weather reports.

- Install carbon monoxide detectors with battery backup in central locations on every level of your home.
- If you have a landline, determine whether your home phone will work in a power outage and how long battery backup will last.
- Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.
- Use a thermometer in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.
- Keep mobile phones and other electric equipment charged and gas tanks full.

WHAT TO DO DURING: Survive

- Keep freezers and refrigerators closed. The refrigerator will keep food cold for about four hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.
- Maintain food supplies that do not require refrigeration.
- Avoid carbon monoxide poisoning. Generators, camp stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.
- Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.
- Go to a community location with power if heat or cold is extreme.
- Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary “surges” or “spikes” that can cause damage.

WHAT TO DO AFTER: Be Safe

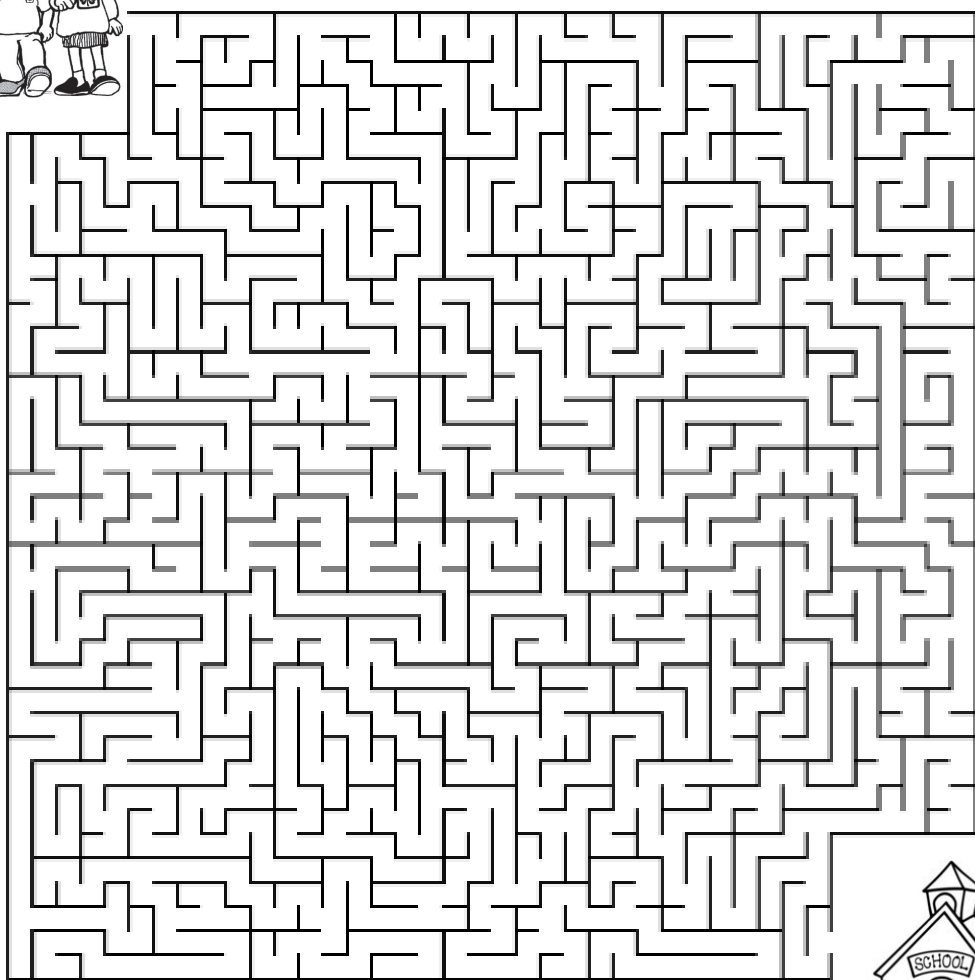
- When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.
- If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug’s label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

EMERGENCY NUMBERS		
EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595 1-800-522-6870	Report Power Outage
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

August

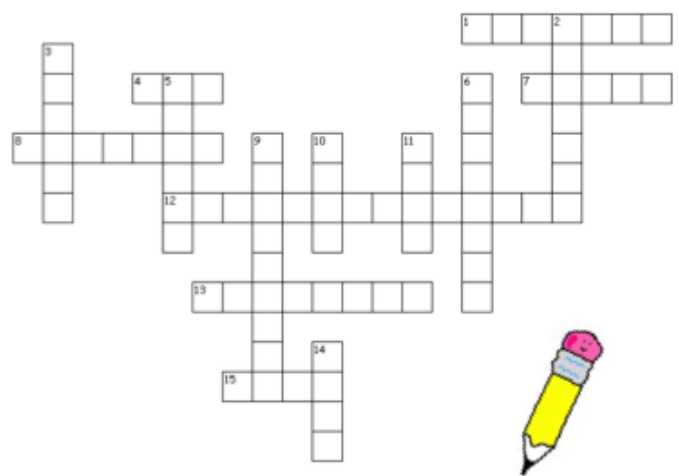
ke ne we ke se fe wa

AST KIDZ ZONE



O	S	X	D	C	I	L	B	M	M	U	X	N	I	P	S	C	V
L	R	C	N	W	R	M	W	O	R	J	L	I	C	N	E	P	N
A	O	L	F	H	X	A	D	E	S	K	X	V	L	I	I	D	T
P	S	A	I	O	X	O	L	O	N	H	V	C	N	M	W	O	X
I	C	I	F	E	C	R	T	J	T	N	Z	T	I	G	H	X	O
N	C	Q	N	I	H	E	E	X	N	S	R	O	U	S	I	R	D
I	S	R	D	A	A	B	T	X	E	E	E	B	A	K	L	S	K
R	N	E	S	L	W	O	H	E	Y	L	C	D	G	C	A	S	S
P	T	A	R	S	H	O	N	Y	T	U	E	N	E	I	E	A	X
Q	S	D	V	T	J	K	Q	P	H	F	E	S	L	R	D	N	C
T	C	I	I	U	V	F	P	H	F	E	S	L	R	D	N	C	M
E	F	N	V	D	J	Y	K	J	I	H	O	U	T	M	E	D	L
A	X	G	T	I	Z	E	F	G	P	C	F	E	S	I	I	I	O
C	A	R	A	E	W	C	M	O	U	S	B	I	Z	S	C	V	O
H	R	R	F	S	C	J	D	K	U	A	C	N	Q	I	S	L	H
E	T	K	I	K	C	A	P	K	C	A	B	D	I	S	N	V	C
R	H	O	I	W	R	E	P	A	P	C	P	F	G	X	T	J	S

- Art
Backpack
Classroom
Crayons
Desk
Fall
Friends
- Glue
Language Arts
Notebook
Paper
Pencil
Principal
Reading
- Recess
Schedule
School
Science
Scissors
Social Studies
Teacher



SPEAK SHAWNEE!

HOUSE
we ke wi
(we-kee-wah)

SCHOOL
se ko le
(skoh-lee)

- Across**
1. This person is in charge of your class
4. This subject teaches you to paint or draw
7. What you write on
8. This subject has experiments
12. This subject teaches history
13. These cut paper
15. This sticks things together
- Down**
2. These help you color pictures
3. What you write with
5. When you get to play outside
6. Tells you what you will do that day
9. This person is in charge of your school
10. The season you go back to school
11. This subject teaches you how to add
14. This is where you work in your classroom



ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA
2025 S. GORDON COOPER DR.
SHAWNEE, OK 74801

PRESORTED STANDARD
US POSTAGE
PAID
SPRINGFIELD, MO
PERMIT 96

RETURN SERVICE
REQUESTED



BACK TO SCHOOL

Volume 29 No. 08, August 2018

Gov.	Governor Edwina Butler-Wolfe.....	6308	Procurement	Misty Griffith.....	6291
	Glenna Jones.....	6307		Tara Battise.....	6281
	Glenna Jones.....	6269		REALTY	6410
Lt. Gov.	Lt.Governor Kenneth Blanchard.....	6253	Social Services	Cecil Wilson.....	6246
	Lt.Governor Kenneth Blanchard.....	6309		Lea Tisotaddle.....	6248
	Diane Ponkilla.....	6267		Taylor Carter.....	6247
Secretary	Scott Miller (Self-Gov. Dir.).....	6325	Tax Commission / TAG	Alicia Engler.....	6257
	Secretary John R. Johnson.....	6289		Connor Edwards.....	6237
	Alvina Barnes.....	6275		Shelby White.....	6258
Secretary	Conf. Room.....	6385	Title VI	Thomasine (Doss) Owings (DIR).....	6227
Treas.	6306		Johnnie Mae Bettelyoun.....	6272
	6280		Donna Butler.....	6270
	Treasurer Phillip Ellis.....	6280	Other Extensions	Robert Schoolfield.....	6270
Rep.	Rep Atheda Fletcher.....	6239		Ted Watson.....	6270
	6335		Cindy Carpenter.....	6270
	6335	Other Entities & Toll Free	All Nations Bank.....	273-0202
RECEPTIONIST	Lea Bettelyoun.....	4030		ASEDA.....	878-6782
	6313		Toll Free.....	1-800-256-3341
	6313	Building Blocks	Brendle Corner.....	447-3372
ATTORNEY	Austin Bond/Tre Gill.....	6313		Building Blocks.....	878-0633
	6313		(Elizabeth Crawford, Briana Ponkilla)	
	6313	Building Blocks III LA	Building Blocks III LA.....	360-2710
COURT	Chelsea Cope.....	6241		(Billie Thompson)	
	Jaxi Martin.....	6260		Housing.....	273-1050
	6241	Human Resources	Human Resources.....	275-1468
CULT. PRES. / GIFT SHOP	Merry Rodriguez (Gift Shop).....	6310		Media.....	598-1279
	Devon Frazier (Library).....	6243		(Sherman Tiger)	
	Ashley Brokesboulder.....	6312	OEHP/OEP	OEHP/OEP.....	214-4235
Erin Thompson	Erin Thompson.....	6340		Police Dept.....	275-3200 / 275-3432
	Kyra Underwood.....	6238		Thunderbird Casino NRM.....	360-9270
	Suhaila Nease.....	6245	Shawnee Casino	Shawnee Casino.....	273-2679
Kimberlee Billie	Kimberlee Billie.....	6416		Tribal Store (Little Axe).....	364-0668
	6236		LITTLE AXE CLINIC	
	6236	Clinic - Medical	Clinic - Medical.....	447-0300
DOMESTIC VIOLENCE/FAMILY SERVICES	Melissa Lopez.....	6333		After hours.....	447-0300
	Leslie Harris.....	6326		Dental Clinic.....	307-9704
	DV Advocate.....	6224	Diabetes	Diabetes.....	360-0698
Taylor Willis	Bryisha Payne.....	6315		Pharmacy.....	292-9530
	6226		Resource Center.....	364-7298
	6293	SHAWNEE CLINIC	(Christy Wiers, Buster Bread, Blake Goodman)	
(Sexual Assault Adv)	6298		SHAWNEE CLINIC	
	6277		Clinic (Bldg. 17).....	878-5850
	6277	Pharmacy	Pharmacy.....	878-5859
EDUCATION	Tresha Spoon.....	6242		Toll free.....	1-866-742-4977
	Brandon Goodman.....	6255		Rhonda Kaseca.....	878-4702
	6255	POLICE DEPT.		
ELECTION COMMISSION	Emily Longman.....	6271		Brad Gaylord (Chief).....	275-3432
	6271		Jason Brinker.....	6302
	6271	Linda Day	Linda Day.....	6261
ENROLLMENT	Carly Dyer.....	6292		Steven Crisp.....	6262
	6288		Joe Abbiss.....	6266
	6288	Horse Shoe Bend	
HORSE SHOE BEND	(After School Program Director)			
	Edwina Butler-Wolfe.....	6308		