WASHINGTON — Nearly two years after Congress approved a settlement in the long-running lawsuit over individual Indian trust accounts, the federal government is preparing to send out checks to nearly 500,000 American Indians, including an estimated 50,000 in Oklahoma.

The U.S. Interior Department announced on Monday that disbursement of $1.4 billion will begin now that legal challenges to the historic settlement have ended. Lawyers for the Indian trust account holders said the first payments should be distributed before the end of the year.

Those tax-free payments of $1,000 will be sent to about 350,000 beneficiaries, the lawyers said.

“I welcome the final approval of the Cobell settlement agreement, clearing the way for reconciliation between the trust beneficiaries and the federal government,” President Barack Obama said Monday.

“While Elouise Cobell, the named plaintiff in this case is no longer with us, her legacy will be a renewed commitment to our trust relationship with Indian Country.”

Cobell was the driving force behind the lawsuit, filed here in 1996 to force the U.S. government to improve its management of the trust accounts holding the proceeds from land sales, oil and gas leasing, grazing and other activities.

The federal government fought the Indian account holders for years in a case that went through three judges and numerous appeals. The Obama administration brokered a settlement that was approved by Congress in late 2010 and by a federal judge in August 2011.

Payments have been delayed by four account holders who challenged the settlement. The U.S. Supreme Court rejected a challenge last month, paving the way for the payments to begin.

Of the $3.4 billion settlement, more than $1.4 billion will be used to make payments to Indians who have or had trust accounts within certain date ranges. For many, the payment will be a flat $1,000, while others will get additional amounts based on how much revenue was received in their accounts.

The settlement includes another $1.9 billion to buy parcels of land that have been divided up numerous times over generations and don’t generate enough income to justify the management costs.
Greetings fellow Tribal members.

The 70th Semi-annual General Council has come and gone. If you were unable to attend, please make plans to attend next Spring 2013. I saw a good many people and enjoyed listening to their stories. Much laughter could be heard throughout the facility so I know many people were enjoying themselves. There was plenty of information about the services being provided to the membership and it is understandable that your interests were served.

The Elders are to be commended for their contribution towards the council meeting by providing lunch. This too was a good time to visit more with our friends and relatives. It felt like that the kinship we share as Shawnees was on full display and enjoyed by all.

The Elders Pow-Wow rounded out the day across Highway 9 in the Thunderbird Casino. The activity there was in full view to those uninitiated to the Gourd Dancing songs and dance. Whether you watched, danced, sang or all three, I hope you enjoyed the Elders Pow-wow. They work so hard at hosting this activity, a simple ‘thank you’ seems not enough. But they are appreciated nonetheless and in the end, that’s all that really counts.

With the holiday season upon us, let me ask that everyone respect each other and try to make a difference in someone’s life.

Have a Merry Christmas and a Happy New Year.

Ne Yi Wa (Thank You)
George Blanchard, Governor

LANGUAGE CORNER
1. Listen and learn - Hi ki wa sa ko
2. Let’s go hunting - Ho wa ke hi li we ti wa
3. Wake up early - Ko la wa pi ka Ka hi mi mo
4. Make fire - Fa ke Qi ne Se ko ta Ka ho se to
5. Get wood - Ka pi mi ne fa pe wi
6. Live with nature - Ka pi fi fi qa pe wi
7. Whoop four times - Ne yi wa na Ka Hi ti wa pe wi
8. I’ll try - Na ko gi ya
9. Our game(animals) - Ke ma ke ne ho wa ma ni ke
10. Watch the dancers - Wi pi ka ko
11. Help each other - Ni ti mi ge ko

Lt. Governor’s Report
It was good to see ever one at General Council; I hope you found the meeting informative. If you didn’t get your questions answered or need information that you didn’t receive or find in your packet please contact the tribal office and we will try to find answers for you.

The Tribe has been working, in conjunction, with the Office of Environmental Health to procure excess GSA property. We have been successful in obtaining heavy equipment, equipment for the police Department and other departments. Many of the items would be very expensive to the tribe if we would have had to purchase them. Through the GSAXcess program the equipment is of no cost to the Tribe. The items the tribe has received enhances our existing inventory and is equipment that has been needed by the departments that receive it. Everything we have received so far is in very good shape.

I’m very pleased with the way this program has worked out for us.

This office is not being remiss in reporting on the Probate/Tribe with Jurisdiction issue. We are still waiting for the Interior Board of Indian Appeals (IBIA) to rule on this case. Normally court proceedings are dictated by a deadline, however IBIA is not. Our legal team suggested that we should hear something within 60 – 90 days. If we get a decision within that time frame it should be no later than the first of the year.

I would like to wish all of you a Merry Christmas and a Happy New Year!

Respectfully,
Isaac Gibson
Lieutenant Governor
Greeting Tribal Members:

We had our 70th General Council meeting on Saturday, November 10th at Little Axe Health Clinic. The health clinic did a great job of hosting the health fair. They had lots of booths to provide information before the meeting and also donated some door prizes that were given away after the meeting. Several groups at the tribal complex had booths to share information about their department and services. The Elder’s committee was contracted to provide the meal after the meeting, and they did a great job. The food was good and there was a variety of food, including some traditional dishes.

Attendance for this General Council meeting was a total of 112, which included 15 employees, 7 guests, and 90 tribal members. For those of you who were unable to attend, the following is a narrative of my General Council report. During my report I recognized the Veterans in attendance for their support and service to our country. I also recognized the Little Axe Softball Team for their outstanding accomplishment of three State Tournament Championships in a row. I reported that the Executive Committee meeting for December has been changed to December 12th.

GENERAL COUNCIL NARRATIVE REPORT

This General Council report outlines the various programs and projects under my oversight. I am responsible for the following departments:

ENROLLMENT
(Director – Larry Buckley)

This department is responsible for research and administration of enrolling tribal members and maintaining accurate and current records of enrollment. Occasionally we provide some data compilations and analysis. Some of our analysis has been published in the tribal newsletter in the form of charts and graphs. I’ve received several positive comments from tribal members that they like to see this type of information, so we plan to continue this practice in the future. Current enrollment numbers through the month of October are as follows:

- 3,794 total enrolled tribal members
- 22 deceased in 2012
- 4 enrollment rejections
- 2 voluntary relinquishment
- 2 blood quantum

MANAGEMENT INFORMATION SYSTEMS
(Director – Rico Coon)

This department is responsible for the administration of computer systems, website, data storage and retrieval, and the integration of new technology. They always have a lot on their plate and they do a good job for us. One of the projects that I am most excited about is the website. We’ve been working on it for a while but things slowed to a halt when we were unable to find a qualified website administrator to finish out the project. We recently hired Nishant Shrestha and he is working to get our website up by the end of the year. He’s working on the event calendar right now which will advertise tribal events. And yes, it will have cell phone viewing capabilities and a social network interface.

PROCUREMENT
(Director – Becky Prewett)

Responsible for bid research and procuring goods and services for the tribe at the best possible rates (office equipment, supplies, employee travel, insurance, cell phones, etc.). We have a native preference policy in our procurement department and try to buy from native owned businesses when we make purchases. One of the things we want to look at in the next year is securing some buying discounts that can be used by the tribe and our tribal members.

RECEPTIONIST/TELEPHONES
(Directors - Becky Prewett and Rico Coon)

Responsible for receptionist duties and incoming mail center for the complex and administration of the telephone system.

OFFICE OF ADMINISTRATION SERVICES
(Assistant – Jerry Knox)

Responsible for maintaining records of General Council meeting notes, and Executive Committee resolutions and meeting notes.

I have now been in office for one full year now and over this past year, I have worked to improve the departments where I have oversight, strive to learn more about issues that are important to the future of our tribe, and I have partnered with other groups within the tribe on projects and issues that I feel are important. For example:

1) EDUCATION AND YOUTH ACTIVITIES – Education and related youth activities are important to me. If I get invited to an event that has to do with the education and welfare of our children, I usually attend. This past year, I helped found the Big Jim Youth Award program to recognize our youth in the area of academic achievement and athletics. I will continue with this group this coming year in a supporting role. I participated in tribal leader round table discussions for education, supported the use of our after school programs at both Horse Shoe Bend and Little Axe through participation in sponsored activities and referrals.

2) CULTURAL PRESERVATION – This is another area that I am passionate about. The Governor’s office and the Cultural Preservation department has always done a good job in this area but I wanted to help out where ever I could. We added some college interns over the summer to help us with a project to preserve our history. The interns were charged with the task of documenting the lives of tribal members who volunteered to be in this program. This year we did stories on Esteline Schulenberg, Johnnie Mae Bettelyoun, Cynthia Longhorn, and John Sloat. We have a couple of more coming up and we plan to continue this work as we can next year. I feel it is important that we preserve our culture and history, and preserving these stories is one way that we can preserve some of our history for future generations. I hope you have enjoyed the stories we’ve published.

ECONOMIC DEVELOPMENT – Economic development is a broad category that has been challenging for us in the past and looks like it will be a challenge for us in the coming year. Most tribe’s who are successful in the area of economic development, make a good portion of their money from casino operations and through small business companies, particularly 8(a) companies that do government contracting. We have a number of capable groups who work on economic development. For example, our casinos, ASEDA, our cattle operation, All Nations Bank, and the one that I have oversight of, which is the smoke shops, convenience store, and restaurant.

SMOKESHOPS/STORE/RESTAURANT–These businesses have been sustainable but there is always room for improvement. The tribe invested in updating the gas pumps this past April because the old ones were outdated and had out lived their economic value. Since the pumps were installed, fuel sales improved by 45% and we also saw increases in beer and cigarette sales after the pumps were installed. With more people stopping for gas, we are able to sell more related items from the convenience store. The restaurant has been doing better since the health clinic opened, but we could always use more customers. The Harrah Smoke Shop burned to the ground in March 2011 during a wild fire.
Since that time, they have been operating out of a portable building. Construction began on a new building in September and is scheduled to be completed in early February 2013. The new building will house the Smoke Shop with a drive through window on one side, and a lease space for another business on the other side.

Today, I’m going to comment on just a couple of our challenges in the area of economic development.

(1) TOBACCO COMPACT - Our tobacco compact with the state of Oklahoma will expire next year and it is essential that our tribe maintains a competitive advantage in selling tobacco products to the public. Our 2 smoke shops/convenience store brings in about half million dollars in tobacco and fuel rebate money for the tribe each year. Compact money from the state tends to be more important for smaller tribes than it does to some of the larger tribes who have more financial resources to fund their programs. For the past couple of months, I’ve been involved in attending some tribal leader round table discussions with the staff of Governor Mary Fallin’s office. These meetings have been helpful in planning our strategy in negotiating a new compact with the state. Our goal will be to maintain or increase our revenue through compact money for next year.

(2) CASINO – Nationwide, the latest figures show that revenue generated by Indian gaming is $27 billion, and this is a 3% increase over the previous year. The overall outlook for the next 5 years indicates continued growth. In Oklahoma we have more gaming facilities than any other state with the exception of Nevada. As most of you know, we have people in Oklahoma that travel to Nevada. As most of you know, the latest figures show that revenue generated by Indian gaming is $27 billion, and this is a 3% increase over the previous year. The overall outlook for the next 5 years indicates continued growth. In Oklahoma we have more gaming facilities than any other state with the exception of Nevada. As most of you know, we have people in Oklahoma that travel to Nevada.

We are planning the new compact with the state. Our goal will be to maintain or increase our revenue through compact money for next year. Compact money from the state tends to be more important for smaller tribes than it does to some of the larger tribes who have more financial resources to fund their programs. For the past couple of months, I’ve been involved in attending some tribal leader round table discussions with the staff of Governor Mary Fallin’s office. These meetings have been helpful in planning our strategy in negotiating a new compact with the state. Our goal will be to maintain or increase our revenue through compact money for next year.

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HAPPY HOLIDAYS
TRIBAL MEMBERS!

Holidays bring a time of fellowship with family and friends. Hope everyone enjoys their time spent with loved ones near and far. The year 2012 is almost over and it is seems it passes faster every year! My hope and prayers will be all of you have a safe holiday if you are traveling!

My condolences go out to the families who have lost loved ones this past year. We seem to lose part of Shawnee culture, language, traditional beliefs, and ways, with passing of fellow tribal members. So it is up to us to pass/teach our children and grandchildren the language and traditions.

We as, elected officials strive to put our best effort to continue to progress in the areas of economic development, educating our tribal members, and services for the tribal members. Below is the list of activities for the month:

- Children and Youth Christmas Party, held Saturday, December 1, 2012, hope you all attended and your children received either a gift or giftcard.
- AST Health Board Authority and LSBN Board Meeting, held every third Tuesday, Little Axe Health Facility, Little Axe, OK. Serves as Ad Hoc non-voting member.
- Monthly reports of Executive Director, Department/Program Directors, financial, and activities of health facility are presented. We are proud and honored to have a new state of art health facility in the beautiful countryside of Norman. The community in Little Axe is glad to see economic improvement in health care and employment opportunities becoming available.
- Monthly Program/Departmental Directors meeting. Each director comes every 3rd Monday and gives a monthly update on their program/department. We, as the Executive Committee, appreciate these departments who take the take to come and give us an update every month and prepare monthly written reports. We understand they may have circumstances occur that prevent them from coming to the monthly meetings.
- Elders’ Monthly meeting will be combined with Christmas Dinner TBD. They meet every third Saturday, either at AST Resource Center or Title VI Bldgs, 10 am. If you are 55 years and older, please come join us for fellowship, food, and fun times together. Fund raisers, outings, and cultural activities are planned monthly. Annual Elders’ Veterans Dance, a Gourd Dance, November 10, 2012, Thunderbird Casino and was well attended.
- Thunderbird Casino Monthly financial meeting with General Manager, Dillon Byrd. Controller, myself, and/or other Executive Committee Member who is available, go over the financials.
- Monthly Health Finance meeting with Executive Director, Beverly Felton, Controller, Belinda Collins, Health Finance Manager, Brenda Allen-Duboise, Business Office Manager, Jennifer Harmon, Shawnee Clinic Director, Marla Throckmorton, Admin. Services Director, Clark Gallagher, and myself. Each month go over the finances of the Little Axe Health Facility and Shawnee Health Facility.
- Meeting with Grant Writer, Glennia Jones, to discuss grant opportunities that become available throughout the month.
- Eighth Annual Red Feather Gala, sponsored by the Oklahoma City Urban Indian Clinic, Silent and Live Auctions, and Live Paint by Bunky-Echo-Hawk and Micah Wesley. The proceeds are going toward expanding their pharmacy. Which at moment is in a 1,000 foot workplace with very little storage or privacy for patients. The OKCIC pharmacy fills more than a quarter of a million prescriptions every year. We appreciate the Thunderbird Casino and Tribe for their support in sponsoring tables at the Gala.

Copy of photo Kathy at Open House.JPG

- Financial Education in Oklahoma, Financial Consultant, Eddie Brokeshoulder and I attended a one-day conference, “Navigating the Changing World of Consumer Credit”, at Moore-Norman Technology Center, South Penn campus, in Oklahoma City. The conference sponsored by Federal Reserve Bank of Kansas City, Oklahoma City Branch and the Oklahoma
Greetings Tribal Members!

I hope this month finds you all in good health and happiness. I was pleased to see the turn out at the General Council this year. Everyone seemed to be on the same page as far as our progression as a tribe. As long as we can keep that mind set, working together, looking at the big picture, instead of arguing over small details we can accomplish huge things for our people.

Down at the tribe things are well; everyone is in good spirits because of the holiday season. I would like to take the time to wish you all a very “Merry Christmas” and a “Happy New Year” from my house to yours! Spend as much time with those you love and don’t let the stress of holiday shopping, bills, or traveling take away from the ones you love.

Respectfully,
Jeff Gibson,
Tribal Representative
Hello Tribal Members,

As Financial Consultant for the office of Treasurer, I hope this report finds you surviving the Thanksgiving holidays along with Black Friday and looking forward to a Merry Christmas and a Happy New Year. The office of Treasurer would like to thank all tribal members who attended our 70th Semi-General Council meeting, and participated in completing our Absentee Shawnee Community Financial Services survey. This past year has produced progress for our tribe in improving health care, and pursing financial services for our tribal community. Treasurer and I wish each of you a prosperous New Year and it’s our hope to provide you with a transparency of sound financial reporting and operations.

The following activities I have been involved and participated in:

- General Fund Budget: Reviewed and analyzed office of Treasurer monthly general fund encumbrance financial report.
- Indirect Cost Budget: Reviewed and analyzed office of Treasurer monthly Indirect Cost encumbrance financial report.
- CY 2013 Treasurer Indirect Cost Budget: Assisted Treasurer Deere in reviewing and submitting CY 2013 Indirect Cost budget request.

Absentee Shawnee Economic Development Authority Inc. (ASEDA): Attended monthly board meeting discussing current business operations and future business strategies.

COMMUNITY DEVELOPMENT

Financial Education in Oklahoma “Navigating the Changing World of Consumer Credit”: Treasurer Deere and I attended a one-day free conference sponsored by Oklahoma Jump$tart Coalition in partnership with the Federal Reserve Bank of Kansas, Oklahoma City Branch. The conference was highlighted by various organizations geared to providing information on improving consumer credit, credit reporting and youth relating to foster youth services, Education Debt: Is it a Crisis (College Student Loans), and Credit Reports and Scores.

Treasurer and I both came away with information and partnerships that will support program development for our tribal youth and adults, as we apply for our upcoming Native Community Development Financial Institutions (CDFI) grant application.

Uniform Commercial Codes (UCC): Bringing Business to Indian Country: Attended a working forum on Tribal Secured Transaction Laws, Courtyard Hotel, Oklahoma City, OK, November 13, 2012, sponsored by Federal Reserve Bank of Minneapolis, San Francisco and Kansas City and the U.S. Department of Interior’s Office of Indian Energy and Economic Development. Representatives from federal agencies, tribal attorney general staff, tribal economic development board members and banking officials. The U.C.C. forum provided an insight of many American Indian tribes lacking adequate laws to support its business commerce and access to affordable credit due to the absence or insufficiency of laws protecting creditors’ rights.

A matter of risk: The term secured transaction refers to a loan or other extension of credit where a borrower gives a security interest in his or her designated personal property – property other than real estate as collateral to a creditor. If the borrower fails to repay or otherwise defaults, the creditor is entitled to take possession of the collateral.

Susan M. Woodrow, Community Development Advisor, Federal Reserve Bank of Minneapolis, Montana Branch, and Shawn RealBird, Apsaalooke Nation (Crow), provided both the federal and tribal perspective of the importance of having “secured transaction laws” legal infrastructure.

Advocating Assets: How asset development strategies address poverty reduction in Native American Communities Webinar: Participated in an on-line webinar sponsored by department of Health and Human Services, Administration for Native Americans (ANA) department. The purpose was to bring awareness and offer support for the development and implementation of asset building strategies for Native American communities. Asset Development best practices include a financial security framework of Learning – Earning – Saving – Investing – and Protecting. Credit worthiness is a huge barrier to overcoming asset poverty and improving one’s credit score can go a long way to help secure financial independence.

Asset development will be integrated in the format of products and services that have financial education and training requirements in our submission of our Native Community Development Financial Institutions (CDFI) grant application due in early part of 2013.

Oklahoma A.A.R.P.: Attended Oklahoma AARP meeting for the Shawnee, Oklahoma purpose of the meeting was to discuss recently released Transportation in Pottawatomie County 2012 prepared by University of Oklahoma Price School of Business. The meeting consisted of tribal organizations, local city officials and transportation program staff.

In closing, once again it is our hope that you and your love ones have a safe and joyful New Year. Should you have questions, please call me at 405-275-4030 x 148, or eddieb@astribe.com.

Respectfully,
Eddie Brokeshoulder
Financial Consultant

Pictured left to right:
Shawn Real Bird of Crow Nation, Susan M. Woodrow, Federal Reserve Bank of Minneapolis, Eddie Brokeshoulder and Joseph Chiang McDowell, of JingSan Investments.

AST CONSTITUTION REVISION COMMITTEE SEEKING VOLUNTEER TRIBAL MEMBERS

Are you interested in participating and being a part of a better tomorrow?
Are you an Elder or Youth willing to better the Absentee Shawnee Tribe, if so please contact: Eddie Brokeshoulder at 405-275-4030 x 148 or eddieb@astribe.com
FROM:
WHITE TURKEY BAND
STUDENTS

Dear Santa:
My name is ERYN JOHNSON, 11 YEARS OLD, for Christmas I would like for you to bring me:
Video Games, Basketball Goal, a Basketball, new shoes size 8, X-Box, Jacket, a lot of gym shorts, ball caps (like Stuarts), Bicycle, football, army men, basketball jersey, t-shirts, reading books, magazines, journal, minutes for phone, MP3 Player.

Dear Santa:
My name is RUBEN WILSON, and I am 9 YEARS OLD, I would like to have some SHOES SIZE 6, Game for my X-Box 360, IPOD Touch, Clothes, Football, Jacket.

Dear Santa Clause:
My name is GABRIEL FIFE, and I am 9 YEARS OLD, and in the Fourth Grade, I would like to have a X-BOX 360, WWE Wrestlers, PSI, Pencils and paper: A Basketball and a Football and Baseball Equipment, Touch Screen cell phone.

Dear Santa:
My name is ALESIA MASQUAS, and I am 10 YEARS OLD For Christmas I would like to have a SLIDE Phone, a Basketball, necklace, pants, make-up, Thunder Poster, Boots, Phone Case, Hair dye.

Dear Mr. Santa Clause:
My name is DESIREE JOHNSON, and I am 9 YEARS OLD, I would like to have a IPAD, Thunder Jersey, Thunder Tickets to watch the game, Art Material, Digital camera, make up, hair accessories, Brown Boots at JCPenny’s, Cell Phone, Flat Screen TV.

Dear Santa:
I want a Game Boy with Mario, Cell Phone. And that is all I want.

Dear Santa
My name is KATIE WILSON, and I am 7 YEARS OLD, I would like to have a IPAD, Monster High Doll, Draculaura, Cell Phone, Stickers for phone, necklace, Clothes, Soccer Ball, Soccer Clothes, Black Bow for Hair, Boots with a tie, Baby Doll, Blue Finger Nail Polish.

Dear Santa
I would like to have an IPAD, and laptop, computer, and $100.00 Dollars, bicycle, a basketball and that is all I want. How is Ms. Clause? And how is Rudolph the Red Nose Reindeer?
ALIJAH MASQUAS, I am 8 years old.

Dear Santa Clause
I Pad, Laptop, a guard Power Ranger Suite, Shoes, a little Club House, Trampoline. How are the reindeers? Good I hope!!!
CHRISTIAN COODY, I am 6 years old.

ANDREW FIFE, I am 12 years old.

Dear Santa:
Blue Power Ranger Toy.

ZACHARIAH FIFE, I am 6 years old

Dear Santa Clause:
I would like to have a 4 wheeler, BB Gun, Bow and Arrow, New art set, lego, telescope, dirt bike, axe, hatchet, saw, basketball goal and a basketball, Football, and that is all I want.
DAVID SKINNER, I am 11 years old

Dear Santa Claus
Bicycle, Skate Board, Indian Hat, Iron Man Costume, Cell Phone, Hulk Mask, and that is all I want.
BRENDAN WINTER, I am 6 years old.
Executive Committee’s
Employee Of The Month ~ November 2012

Jimmi Norris

Jimmi is a great person to work with as well as know. She’s friendly, shows respect to any person that she has contact with, is an expert and professional in her area of work. She’s dedicated, dependable, takes things in stride, even when she’s stressed from all activities such as planning classes, meal planning, cooking along with daily activities and administrative duties. Jimmi has done so much to build the Special Diabetes Program for Indians (SDPI) diabetes program. Those that attend classes or see her one-on-one express their happiness and gratitude for the knowledge that they gain. Jimmi doesn’t ask for anything or complain, she is a great leader and team player all the way. It is a pleasure knowing and working for Jimmi.

We are so blessed that she is working for the Absentee Shawnee Tribe and thank her for joining our family.

Absentee Shawnee Employee Dinner
Some Of Our Employees Of The Year...

Jerry Ann Knox
15 years of service

Clarice Murdock
15 years of service

Chrissy Weins and Kathy Deere

John Mann and Ike Gibson

Beverly Felton and Kathy Deere

Rico Coon and Teri Reed

Donna Simon and Teri Reed

Kevin Kaseca and Ike Gibson
There was little doubt that Little Axe’s Andee Frazier was going to at least try playing softball. Her parents both played the sport, and her older sister played. “I think we were kind of forced to play at first, but softball is one of those things we fell in love with,” Devon Frazier, Andee’s older sister, said. “We fell in love with it and just didn’t look back from there.”

They certainly didn’t. Devon pitched for Little Axe and now plays at St. Gregory’s. In her senior year this season, Andee led the school to its third consecutive state title. She went 28-9 with a 1.00 ERA and 355 strikeouts in 239 innings to earn The Oklahoman’s Little All-City Player of the Year honors. “It was amazing finishing out on top and the way everybody else dreams it would end,” Frazier said. “I knew it was going to be a good season, I just didn’t know that it’d be this good.” For Andee, it was Devon’s pitching that led her to the position. “I remember watching her pitch when she was 10 and under and I thought that was pretty cool,” Andee said. As a freshman, Andee couldn’t get to the circle because Devon already had that spot. “It was great having a role model in high school, someone to look up to and follow,” Andee said. “It made it even better that it was my sister.”

Little Axe was ranked No. 1 in the preseason and kept that ranking throughout. Frazier set the tone in late August, pitching a perfect game and striking out 20 of 21 batters against Lone Grove at the same ASA Hall of Fame Stadium complex where she would lead her team to a state title just a few months later. In that perfect game, Little Axe coach Mike Bread came up to Frazier midway through and told her she hadn’t allowed a baserunner.

Conventional wisdom and superstition say to avoid talking about perfect games and no-hitters while they’re in progress, but Frazier never shied away from pressure. “I like the pressure,” she said. “It’s something I’ve always been able to handle pretty well.” “It gives you another edge to go twice as hard.” Like her sister, Frazier will continue her softball career in college. She has signed with Missouri-Kansas City. In a couple years, there could be another Frazier pitching for the Indians — younger sister Kendell is 13. “She’s the one with the pressure now,” Devon said.

Diabetes is a controllable disease

Many people are diagnosed with diabetes everyday. When first diagnosed some go through a range of emotions. Some experience anger, denial, or depression, while others refuse to let diabetes define them. Like everything we set our minds to and try to overcome, diabetes requires hard work and patience. Just ask Cynthia White, Absentee Shawnee Tribal Member, about the changes she has made to help her control diabetes. Here is her story...

“When I was first told that I had diabetes; I didn’t know what it was. As it was explained to me, I still did not understand. I bought books and took meds; but it was still unclear. I wanted to get rid of it, but didn’t know how. It kept getting harder for me, because I had to take more medication and more. I was frustrated and chaos was building up around me, and was stressing me out bad. When the doctor said we were looking at insulin shots, I was terrified! So I decided to move home to the country. I lived with my brother, George, and his son. We learned together what to do. He got me into exercising with him twice a week; then we started going to cooking classes. They really helped me understand what I needed to do, and my brother and I started losing weight and eating differently. Even though I still didn’t eat breakfast. It was working. When I first started out being diabetic my A1c was 11% and now it is 6.8%, and I am glad. Thanks to my brother George, my daughter Emily, Chrissy, Margaret, and Jimmi I feel better about my life. I am no longer afraid.”

-Cynthia White

Cynthia White running her first 5k race at OU—Oklahoma Run to Beat Diabetes

Oklahoma Tobacco Helpline

1 800 QUIT NOW

Free help 784-8669
To be considered to serve on a committee, board, or commission, tribal members (18 years of age or older) should complete the following contact information, attach a cover letter and resume, and submit to: AST Secretary, 2025 S. Gordon Cooper Drive, Shawnee, Oklahoma 74801. Or, you may submit all documents by email to secretary@astribe.com.

Name: ___________________________  CDIB #: ___________________________

Address: ________________________________

City: ___________________________  State/Zip: ___________________________

Phone: ___________________________  Alt Phone: ___________________________

Email: ___________________________  Date: ___________________________

I wish to be considered to serve on the following (check one):

☐ ASED A (Economic Development)  ☐ Health Commission
☐ Cultural Advisory Board  ☐ Housing Board
☐ Education Commission  ☐ Tax Commission
☐ Foster Care Commission  ☐ TEC (Thunderbird Entertainment)
☐ Gaming Commission  ☐ Other: ___________________________

Notice of Interest form should be updated annually. Number and frequency of vacancies vary by board/commission due to term limits, number of positions, resignations, etc.
Hello from your AllNations Bank family. Everyone needs to be aware of how to “Detect” (recognize) Identity theft. Detect suspicious activity by routinely monitoring your financial accounts and billing statements.

Detect identity theft by being alert to the following signs that require your immediate attention:

1. Bills that do not arrive as expected.
2. Unexpected credit cards or account statements.
3. Denials of credit for no apparent reason.
4. Calls or letters about purchases you did not make.
5. Charges on your financial statements that you don’t recognize.

Inspect:

- **Your Credit Reports** - Credit reports contain information about you, including what accounts you have and your bill paying history.
  - The law requires the major nationwide credit reporting companies - Equifax, Experian, and Trans Union - to give you a free copy of your credit report every 12 months if you ask for it.
  - Visit [www.Annualcreditreport.com](http://www.Annualcreditreport.com) or call 1-877-322-8228, a service created by these three companies, to order your free annual credit report. You also can write:
    
    Annual Credit Bureau Request Service  
    P. O. Box 105821  
    Atlanta, GA 30348-5281  

- If you see accounts or addresses you do not recognize or information that is inaccurate, contact the credit reporting company and the information provider. To find out how to correct errors on your credit report, visit ftc.gov/idtheft.

Next month we will explore how to “Defend” against identity thefts as soon as you suspect it.

Best regards,

You’re AllNations Bank Family - Gene, Eugene, Janice & Amber

---

**FROM THE ELECTION COMMISSION:**

This is to announce the following positions for election in 2013

<table>
<thead>
<tr>
<th>EXECUTIVE COMMITTEE</th>
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<th>FEES</th>
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<tbody>
<tr>
<td><strong>POSITION</strong></td>
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<tr>
<td>Governor</td>
<td>2 Years</td>
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<td>Secretary</td>
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<th>ELECTION COMMISSION</th>
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<td><strong>POSITION</strong></td>
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<td>Election Commissioner</td>
<td>3 Years</td>
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<tr>
<td>Election Secretary</td>
<td>3 Years</td>
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Any person who wishes to announce their candidacy for an elective position for the Primary Election shall be required to post the appropriate filing fee, along with the Candidacy Filing Packet, with the Election Commission for the period of January 1-10 (excluding weekends and holidays) from 8:00 a.m. to 12 p.m. and 1:00 p.m. to 5:00 p.m. A person may file for only one (1) elected position on any elective body.
<table>
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<tr>
<th>SUNDAY</th>
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<td>Veggie Soup</td>
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<td>Cold Cut Sandwich</td>
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<td>Veggies</td>
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<td>Burrito</td>
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<td>Spanish Rice</td>
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<td>Title VI</td>
<td>Sausage Gravy</td>
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<td>Chips/Salsa</td>
<td>Crackers</td>
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<td>Fruit Cocktail</td>
<td>Crisp</td>
<td>Pineapples</td>
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<td>Goulash</td>
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<td>Garlic Bread</td>
<td>Mashed Pot/Gravy</td>
<td>Pork N Beans</td>
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<td>Cornbread</td>
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The Title VI Staff wishes everyone a Merry Christmas & Happy New Year.

December 24 - 26th
AST Complex will be closed to Celebrate Christmas.

December 27th & 28th
Title VI will be closed for Cleaning.

Homebound will get two meals for the 27th & 28th on the 21st.

During the winter months if the Shawnee School or Little Axe School Systems are closed due to the weather, we will also be closed.

If you have any concerns or comments please feel free to call us at 405-275-4030 ext 169, 149, or 180.

The Title VI Staff

During the winter months, if the Shawnee /Little Axe schools are closed due to the weather. We will be closed also!
**Music for the Future**

Submitted by: Phil Bradley, Music Outreach

**Each and every day we get up and do all the things we need to do to prepare for the start of our new day. Such as take a shower, brush our teeth, comb our hair, shave, and get dressed. How many of us sing a little song or take a small amount of time to play an instrument like the piano or guitar or just set back and enjoy the beauty of music. Music appreciation is one method that can relax you from a long day at work or school and is a real life changing tool.**

I work with elders and their grandchildren have told them that music has changed their lives & helped them to make a hard day easier and a more enjoyable day. Studies have shown that children that have music in their lives have a much better attitude in school and at home. **Child care and children’s health vol.7 October 5, 2012**

http://www.gpo.gov/

Music appreciation has been proven to play a big role in health and wellbeing. I myself have observed families grow closer together and have more fun together. The Absentee Shawnee Tribe of Oklahoma has offered a free music program for the past three years to all Native American children and elders. Currently over 85 children and elders are involved with the music program offered at the AST Little Axe Health Center.

The future is tomorrow and today starts that clock, thanks to all the families in the music program and keep up the good work for your future is now! Phil

Phil Bradley, Music Outreach
TERO Department
December Newsletter

This past month has been very busy within the TERO department. We have added 12 new applicants to our database with 6 of them being Absentee Shawnee Tribal Members. This brings the total number of applicants on the database to 510. We have also had 39 walk-ins, 100 call-ins, and have referred applicants to 15 various positions within the tribe.

In addition to applicant activity, we have also attended several events within the past month. From October 17 through October 18, TERO attended the Midwest Native American Economic Development Conference in Chicago, IL. This meeting gave insights on what tribes have development to obtain their financial sustainability and create employment for the tribal community. On October 23, TERO attended the National Incident Management System known as NIMS. The training gave a foundation on utilizing the tribes programs such as TERO applicants as a contact in case of volunteer emergency support. From October 31 through November 2, TERO attended the Southern Plains TERO Conference and welcomed new TERO members from Muskogee Creek Nation.

The Tribal Employment Rights Office also known as TERO helps Native Americans with employment referrals. We also assist with online job search, interview tips, and enhancing resumes. To become a TERO applicant, you will need the following documents on file:

1. Driver’s license or State ID
2. Social Security Card
3. CDIB or documentation of tribal affiliation
4. Completed Application
5. Any licenses, credentials or certificates.

We are located on the second floor to the right in Building #1. We have tribal as well as local positions posted outside of our office. We currently have 100 job openings posted for both local and tribal employment. If you have any questions, contact the TERO department and we will be happy to assist you.
Happy Birthday!!

Adams, Misty Dawn
Aquarre, Carlos Eustilio
Alae, Beverly Jo
Alford, Blake Tyler
Allen, Amphalith Matle
Anderson, Bedalene Dawn
Armstrong, Hobert
Ash, Roger Wayne
Ashmore, Anita Carol
Athang, Roberta Lynn
Awood, Crystal Dawn
Ayers, Delana Sue
Ballard, Debra Ann
Ballard, Donald Gene
Barrett, Laketa Kaye
Bates, Alvin Belvin
Bates, Howard Eldredge
Bearing, Brian James
Bender, Marcie Releene
Berr, Bakota Talia
Berr, Jamie Cherreene
Bosbol, Bobbi Irene
Blanchard, Ashleigh Gabrielle
Blanchard, Camenial Sue
Blanchard, Crystal Raylene
Blanchard, Erica Michelle
Blanchard, Johnathan Cole
Blanchard, Mya Alleen
Bond, Delson Wyatt
Bradley, Micah Joel
Bradley, Phillip Monroe
Bradshaw, Mitchell Bryan
Bredding, Matthew Thad
Brokeshoulder, Ela Eh
Brokeshoulder, Glenda Mae
Brokeshoulder, Katrina Sue
Brokeshoulder, Vickie Robin
Brown, Charlotte Elaine
Brown, Cochanna Christine
Brown, Noreen Fay
Bun, Wiley The
Bullen, Shelly Lisa
Bump, Towra Lyn
Burk, Debra Ann
Bullen, Wesley Jane
Byers, Joel
Byers, Sherry Lyn
Byrom, David Adam
Carpentier, Whitney Rochelle
Chad, Sierra Nicole
Charley, Whitney, Mattissa Ashley
Chisholm, Keegan Coulter
Colding, Emily Elizabeth
Cordini, Krysta Renee
Codger, Melodie
Cody, Dakota Hunter
Coffee, Larry Ben
Coffin, Briana
Collopa, Breandan
Conners, Robert Neil
Cost, Samantha Rose
Cooper, Beverly Anne
Cotter, La Donna Marie
C Ft. Thompson, Dale
Creek, Christopher Samuel
Creegr, Cristo, Bobby
Cross, Jovanna Elaine
Crow, Kimberly Ray

Crom, Amber Blanchard
Cruele, Jr., Clifford Eugene
Dante, Samuel Edward
Davis, Hollis Ann
Davis, John Randel
Daye, Amy Lee
Daye, George Michael
Dee, Alexis Rose
Deer, Gabrielle Xavier
Deer, Kathleen Ann
DeLodge, Ginger Davis
DeLoe, Wayne Lee
Degraaf, Christian Jake
Dew, Cher, Kyle
Durant, Anthony George
Elli, Gara Renee
Elli, Jessica Marie
Elli, Justin Lee
Elli, Matthew Drew
Elson, Kyle Lee
Engle, Alexia Michelle
Engr, Alissa Diane
Evans, James Steven
Elam, Steven E
Fair, Starek Lynn
Felton, Andrew Michael
Florio, Kristin Eranna
Foreman, Carole Jean
Foreman, Elizabeth Leslie
Foreman, Zelda Mae
Fowler, Joanna Marie
Fraye, Zoe-Ann
Galloway, Daisy Jule
Galloway, Kory Daniel
Galloway, Skyler Matthew
Garrett, Christopher Donald
Garrett, Janis Marie
Gibson, Darbyne Marie Paravel
Gibson, Garrett Henry
Gibson, Lila Danielle
Gibson, Connerette R
Gibson, White Ray
Goodman, Audie White
Goodman, Alissa White
Graham, Joyel Michael
Grant, Stephanie Beawm
Grass, Billie Jean
Grass, Gary Owen
Gregor, Ajayna Claire Ia
Gurche, Karla
Guzman, Nigire Saint
Hagerty, Kristin
Hall, Sarah Jean
Harf, Andrea Ayer
Harvey, Michael
Hatcher, Wade Jeffrey
Hampson, St. William Allen
Henderson, Jordy Dane
Hayes, Jackson Davis
Hamou, Raymond, J. Lynn
Harrington, Precious
Hart, Donald K
Hartley, Andrew
Haw, Matthew
Hawkins, Steven
Hay, Jordan Allen
Hayes, Jackson
Hawyn, J. Lynn
Henderson, Precious
Hill, Donald Kane
Hill, Keaton Michael
Hollen, Michelle
Hollister, Steven Joe
Huddles, Mary Louise
Innis, Quanan Guy
Isaac, Frances Marie
James, Constance Logan
James, Gregory Dale
Jarvis, Colleen Marie
Johnson, Anthony David
Johnson, Breanna Sara
Johnson, Breanna Max
Johnson, Cameron Marie
Johnson, Cameron Patrick
Johnson, George Benjamin
Johnson, Jennifer Acosta
Johnson, Jason Christopher
Johnson, Kailey Ryan
Johnson, Marlene Jane
Johnson, Steven Allen
Johnson, trombonio Willis
Kast, Scott Christopher
Kennedy, Deborah Leigh
Kimler, Sandra Lynn
Kibekton, Malayu Allen
Lamb, Colten James
Lundrum, Rachel Erin
Larne, Darnell Maxine
Larney, Florence Janet
Larney, Shavonne H.
Lester, Mackenzie Danielle
Limon, Jennifer Bell
Lil, Ane St. RICKY Lee
Lil, Ane Shaefer Dane
Lil, Ane William Deyps
Lil, Ane, Chelley Newman
Lil, Ane, Richard Wayne
Littlebear, Clavin
Littlebear, Jonathan
Littlebear, Patrick
Littlebear, Paul Jacob
Littlebear, Simon Gay
Littlebear, Warden Tenace
Littlebear, Rosie Joe
Littlebear, Sarah Renae
Lofgran, Gladys Sue
Lodging, J. Kent Warren
Loughran, Katelyn Marie
Longfellow, Stukey Kyle
Lorman, St. Clyde Bernie
Lorman, Connerly Jai
Lorman, John Way
Lopez, Ruby Ann
Ludwig, Trevor Alexsander
Ludwig, Dena Marie
Ludwig, Timothy Andrew
Ludwig, Jami Adam-Dean
Ludwig, Freda Marie
Ludwig, Gena Carrie
Ludwig, Jami Sky
Ludwig, John Adam
Ludwig, Katrina Sue
Ludwig, Traley Renae
Ludwig, Crystal Gay
Ludwig, Sasha Nacipta
Ludwig, Tommy Shawmrow
Ludwig,鎮imehle Anne
Ludwig, Sei, Kathryn Lyle
Ludwig, Shainekele Nole
Ludwig, Shainekele Knol
Ludwig, Shainekele Wawo
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Ludwig, Shainekele Wawo
Happy Birthday And Merry Christmas
Zelda Foreman

Our sister, mother, grandma
You are very special to us.
Thank you for being part of our lives and going to our
ball games (Elijah and Siah)

Love,
Your children, sisters and brothers

Happy Birthday
Julius (JellyBean) Davis
On Christmas Day!!

We love you,
Grandma Chelle, Auntie Holly,
Grandpa Greg, and
Uncle Darrol.

Happy Birthday Holly Davis!!

Happy Birthday Baby Girl, sister, Daughter
We Love You Bunches!
Mom, Greg, Brothers and Aunt Rhonda

Happy Birthday & Merry Christmas
Sherry Byers & Marvin!
Have A Wonderful Day

Love,
The Foremans, Davis, Kasecas & Johnsons

Happy Birthday & Merry Christmas
Auntie Holly!!
Happy Birthday!

We love you,
Ryan & Jellybean

Happy Birthday
Brandon!!

Love,
Mommy & Daddy and family

Happy 1st Birthday
Jayden!

Love,
Mommy & Daddy and family

Happy Birthday Grandma Wilma!

We love you!!
Love, your grandkids

To:
JAMIE BIERD!!

HAPPY BIRTHDAY!

(December 4th)

We wish you many more wonderful years!
Love, Aunt Rhonda & Family

To:
My miracle niece:

HAPPY BIRTHDAY!
JAMIE BIERD!!

HAPPY BIRTHDAY
Brandon!!

WE LOVE YOU VERY MUCH!

Love,
Bridge & Bryleigh

To my beautiful J iliyan: I wish you
the best, happiest birthday!! M om
loves you to bits! I love you sweetie!!
Love, M O M

To my granddaughter J iliyan: H ave
a happy happy 8th birthday! G rann y
loves you skyfuls!!
I love you

To my baby sister J iliyan, H ope
you have the best 8th Birthday
ever!! I love you! L ove, B ig
brother J ustin

To my big sister J iliyan, I love
you and wish you the happiest 8th
birthday. L ove,

J olin

J iliyan: H appy 8th birthday to my
sweet little niece, I wish you the
happiest day!
L ove, A unt B J

To: my granddaughter J iliyan:
H ave
a happy happy 8th birthday! G rann y
loves you skyfuls!!
I love you

To my baby sister J iliyan, H ope
you have the best 8th Birthday
ever!! I love you! L ove, B ig
brother J ustin

To my big sister J iliyan, I love
you and wish you the happiest 8th
birthday. L ove,

J olin

J iliyan: H appy 8th birthday to my
sweet little niece, I wish you the
happiest day!
L ove, A unt B J

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Zelda Foreman

Our sister, mother, grandma
You are very special to us.
Thank you for being part of our lives and going to our
ball games (Elijah and Siah)

Love,
Your children, sisters and brothers

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Julius (JellyBean) Davis
On Christmas Day!!

We love you,
Grandma Chelle, Auntie Holly,
Grandpa Greg, and
Uncle Darrol.

Happy Birthday Holly Davis!!

Happy Birthday Baby Girl, sister, Daughter
We Love You Bunches!
Mom, Greg, Brothers and Aunt Rhonda

Happy Birthday & Merry Christmas
Sherry Byers & Marvin!
Have A Wonderful Day

Love,
The Foremans, Davis, Kasecas & Johnsons

Happy Birthday & Merry Christmas
Auntie Holly!!
Happy Birthday!

We love you,
Ryan & Jellybean

Happy Birthday
Brandon!!

Love,
Mommy & Daddy and family

Happy 1st Birthday
Jayden!

Love,
Mommy & Daddy and family

Happy Birthday Grandma Wilma!

We love you!!
Love, your grandkids

To:
My miracle niece:

HAPPY BIRTHDAY!
JAMIE BIERD!!

HAPPY BIRTHDAY
Brandon!!

WE LOVE YOU VERY MUCH!

Love,
Bridge & Bryleigh

To:
JAMIE BIERD!!

HAPPY BIRTHDAY!

(December 4th)

We wish you many more wonderful years!
Love, Aunt Rhonda & Family

To:
My miracle niece:

HAPPY BIRTHDAY!
JAMIE BIERD!!

HAPPY BIRTHDAY
Brandon!!

WE LOVE YOU VERY MUCH!

Love,
Bridge & Bryleigh

To:
JAMIE BIERD!!

HAPPY BIRTHDAY!

(December 4th)

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Love, Aunt Rhonda & Family

To:
My miracle niece:

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JAMIE BIERD!!

HAPPY BIRTHDAY
Brandon!!

WE LOVE YOU VERY MUCH!

Love,
Bridge & Bryleigh

To:
JAMIE BIERD!!

HAPPY BIRTHDAY!

(December 4th)

We wish you many more wonderful years!
Love, Aunt Rhonda & Family

To:
My miracle niece:
Beginning on Dec. 31st, there will be new clinic hours for both clinics. The Shawnee Clinic will be open 7:00 am to 5:00 pm Monday through Friday. The Little Axe Clinic will be open from 8:00 am to 5:00 pm Monday through Friday. Both clinics will continue to be closed on the first and third Wednesday afternoons from 12:00 pm to 5:00 pm for staff meetings, conferences, and trainings. The pharmacies will only be closed on the first Wednesday afternoons but will remain open on the third Wednesday afternoon. These changes were necessary due to the lack of patients requesting the early morning times in Little Axe and the later times at both clinics. We appreciate all of you for understanding the changes we are making.

We welcome five new employees to the clinic staff. In Little Axe we have a new Behavioral Health Director and a new counselor. Dara Thorpe is our new director. She has been with the tribe before and we welcome her back. We know she is going to be a great asset to the department and has already made so many terrific changes and we have seen great progress since she came on board last month. Our other new employee in that department is Cindy Honeycutt. Cindy is a licensed alcohol and drug counselor and is also a licensed professional counselor. She will be taking on many of our clients that will be seeking drug and alcohol counseling. We are also looking for an additional counselor for the Shawnee Clinic. We will be advertising for a licensed marriage and family therapist. We hope to have someone in that position very soon.

We also have a new employee in our Health Information department. Sherry Sloat comes to us with years of experience in medical records management and has already taken on the role of preparing medical records for release to other providers or health care facilities. She is a welcome addition to that department and we are very lucky to have her as an employee.

We had a few issues within our housekeeping department and were able to add two part-time employees to help with cleaning the Little Axe Clinic after it closes. Bob White and Nicole Hair started working with us on Nov. 12th. They have been great to work with and have stepped in to take care of the cleaning of the clinic after it closes and they both have years of experience in housekeeping skills. Welcome to Bob and Nicole.

Both clinics will be closed on Dec. 24 and 25 for the Christmas Holiday. Please plan on getting your medications filled before these days in order not to run out before the clinic opens. That will be a long 4-day weekend that we will be closed, so plan accordingly. The pharmacy will be closed on Wednesday, Dec. 19th all day for inventory. Emergency prescriptions will be filled, but please try to have our prescriptions filled before this day so that the staff can concentrate on getting the inventory completed before the beginning of the new year.

Have a safe and happy Christmas. This year is almost over and the new year will be here before we know it. We look forward to continuing to serve your medical needs at both of our locations.

Beverly Felton
Executive Director
Absentee Shawnee Tribal Health Authority

Happy Holiday!
The Absentee Shawnee Tribe of Oklahoma held their 70th Semi-Annual General Council Meeting at the AST Little Axe Health Center on November 10, 2012. The Absentee Shawnee Tribal Health System, AST Tribal Programs and visiting health booths had a great time visiting and meeting AST Tribal members and their families, while providing health information and screening. According to evaluation results the Health Fair and Fun/Run Walk was a success. Thank You for the opportunity for allowing the Health Departments and others to share important health information.

AST Fall Health Fair Evaluation Results
Nov 10, 2012
N = 62

1. How would you rate the health fair in general?
   a. Excellent = 78%  b. Fair = 19%  c. Poor = 3%

2. Do you plan on making any personal health changes as a result of what you learned today or screening that was provided to you?
   a. Yes = 63%  b. No = 37%

3. Do you plan on using any of the health fair information that you received today?
   Please check the ways that you plan to use the information:
   I do not plan on using the information. = 4%
   I plan to read the pamphlets & educational information for my own benefit. = 40%
   I plan to share information with family and friends. = 56%

4. Which AST clinic do you use:
   AST Shawnee Health Center =33%
   Little Axe Health Center = 61%
   Other = 6%

5. Did you enjoy the breakfast?
   Yes = 88%  No = 12%

6. Please provide your comments:
   Any health information is better than none; Love the health programs; Keep up the great work; Very informative; Did not eat; Director you have great employees! Employees thanks for all information and working on your day off; Very good; Place looks good; Very educational; Excellent; Friendly employees excellent facility; Food was good; what else could you ask for; Everyone is great!; Everything was good; Nothing was fully set up at 8 am; Good day for the walk and council meeting.
   Thank You!

ELDER’S FEAR OF FALLING MAY NOT BE JUST A FEAR DURING WINTER MONTHS

As elders prepare for the winter months, sometimes the cold weather can be enough to slow anyone down. Generally, if someone has fallen or injured themselves, they develop a fear of doing it again. While it is okay to fear injury and make yourself aware of your surroundings, what most people don’t realize is they will limit their physical activity more than just increasing their awareness. This in turn can cause you to actually lose your muscles because “If you don’t use them you lose them!” Your risk of falling is increased as your balance and mobility decrease. Some ways to stay active when it’s cold outside is to exercise in your favorite chair at home or exercise at your kitchen counter.

Some Tips for at home exercise:

1.) Tai Chi videos
2.) Use Strength Bands
3.) Chair exercise videos
   (All available through the Injury Prevention Program)
4.) Practice NOT holding on to furniture and the wall while walking through your house

The Injury Prevention Program is located in the Public Health Nursing Department at the AST Little Axe Clinic. We are currently recruiting AST elders 55 and older for fall prevention project. We would provide you with a one on one balance assessment with our Physical Therapist, medication reviews, home safety assessment, fall prevention home education as well other services. Our mission is to help our elders remain independent and in their own homes for as long as possible. Let us give you the tools to stay active and mobile!

DIZZY DAYS?

Are you dizzy? Feel unsteady or have ringing in your ears? Do you have difficulty riding in the backseat of a car? Is it difficult to walk a straight line or balance on one foot? You may have a vestibular problem. These symptoms can be caused by an inner ear problem, pathology in the neck, Menier’s Disease, labyrinthitis or benign paroxysmal positional vertigo.

More than 2 million people visit their physician each year with the above complaints. 80% of people with these symptoms are completely cured with appropriate medication and physical therapy. Treatment of neck dysfunction and balance disorders is commonly treated with physical therapy. Your body can be trained to improve your static and dynamic balance. The Little Axe Health care specialists can help you improve your visual tracking, coordination and movement strategies. We can also improve your neck problems. The number one reason for fractures in the elderly population is falls secondary to poor balance. Why wait? Why suffer? An ounce of prevention is worth a pound of cure.

Little Axe Health Center
-Toni Donahoo, Doctor of Physical Therapy
From the staff at Building Blocks:

Coming up in December we will be having our Christmas Program at Tecumseh City Hall on the 18th at 7:00 pm. Our theme this year is Winter Wonderland. Everyone is welcome to come out and watch our program. The kids will be working hard on it. Santa will be making his visit to Building Blocks in December to take pictures and hand out gifts to our children. This month we will be working on Winter/Hibernation, Holidays/Hand washing, New Year Fest. Our letters will be W, X, Y and Z. The numbers will be 8, 9, and 10. We will also be working on various light sources, body parts, following instructions, doing child friendly recipes and discussing resolutions. We will talk about different Native American Seals, Tribal colors, Tribal symbols, legends, costumes and history of different tribes. This is just a little of what is going on at our center.

If you'd like to submit an ad or article give us a call at (405) 598-1279 (405) 481-0558 or send us an e-mail at stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person, not per birthday wish.
Foster Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. They are partners with child welfare workers, lawyers, and judges. It is not for everyone! Can you open your home and heart for a foster child?

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself and your parenting skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart and then let go?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact J.R. Wind - 405-275-4030 ext. 195.
The AST Cultural Preservation Department would like to pass along the following information concerning updates to our programs.

Gift Shop
The Gift Shop continues to bring in new product styles. By the time of this printing, we hope to finally have in our order from our newest vendor, Pendleton. This past week, our shipment from Saddle Blanket Co. arrived and we processed it immediately to put out for display. If you have not been in the store recently, please stop by and I’m sure you’ll be pleasantly surprised at the available stock. As this is the time of year for Holiday shopping, we are trying to provide the items our customers want and need. If you have any questions, please don’t hesitate to call Esther at Ext. 152, or by email at elowden@astribe.com

Library
The Library is excited to announce that we are open for Circulation daily from 10 AM to 5 PM and on Saturday, from 9 AM to 12 PM. We have a wide variety of resources available for checkout, and many magazines, newspapers and journals available for perusal. We look forward to serving your informational needs! For more information or a membership application, please call Josh at Ext. 122, or by email at jshawnee@astribe.com

Cultural Preservation
On November 19th, the Cultural Preservation Department hosted students from the North Rock Creek Indian Ed program. Along with their sponsor, Patricia Brown, these youngsters were allowed an opportunity into the daily life of the Absentee Shawnee Tribe. During the tour, they received simple instruction about the services we provide to Tribal members. We want to commend each of the employees that opened their doors to discuss their programs and express our appreciation to the Executive Committee members for allowing this event to happen. For information about cultural activities, please call Joseph at Ext. 203, or by email at joseph.blanchard@astribe.com

As a final note, the AST Cultural Preservation Department and its staff would like to wish everyone a very, Merry Christmas and a prosperous, Happy New Year!

Neyiwa!

Joseph H. Blanchard
Cultural Preservation Department Director/Tribal Historic Preservation Officer
Absentee Shawnee Tribe of Oklahoma
HUMAN RESOURCE
Current Job Openings

HEALTH POSITIONS:
• Staff Physician-Shawnee Clinic
• Pharmacy Tech
• Registered Nurse
• Security Guard
• Accounting Technician
• Dental Hygienist
• Patient Registration Clerk
• Maintenance Worker/Groundskeeper
• License & Marriage Family Therapist

ICW
• Director of Indian Child Welfare

BUILDING BLOCKS POSITIONS:
• Floater

COURT / LEGAL POSITIONS:
• Supreme Court Tribal Judge
• Senior Judge
• Judge

GAMING COMMISSION POSITIONS:
• Surveillance Operator
• Internal Auditor
• Executive Director Gaming

BOARDS & COMMISSION POSITIONS:
• Health Authority Board Member
• Commissioner for the Tribal Housing

OEH/OEP
• Water Quality Specialist

For a full listing of the job posting and qualifications visit www.astribe.com/employment
You can also contact the Human Resource Department at 405.275.4030

Though the weather outside is frightful, winter wellness activities are delightful...

YOU are invited...
A Winter Wellness Land Celebration!
Join us for food, fun, and fitness!
Guest speakers will present Information on winter fire safety!

Injury Prevention will Highlight fall prevention During the winter months

Who: Open to the Public
When: Friday, December 20th 2012
Where: Little Axe AST Resource Center

For more info. Call:
Public Health Nursing
405.701.7999

PSSF/ICW/CPS
Up Coming Events
December - Angel Tree
The ICW department will be getting out the Angels to all their families. The Angels will be placed on the Christmas tree in Building #1 on November 26th. On the back of each Angel will be information for a child such as gender, size and wish list. As a reminder for those who take an Angel, please SIGN OUT your Angel and return the Angel with the new, unwrapped gifts to the ICW department by:

December 14, 2012.

For further information on any event please contact the ICW Department
The Horse Shoe Bend After School Program Students have received all good reports for the first nine weeks of school. Tutors are working very hard daily with their students making sure homework is done and that students are excelling in their school work.

**NOVEMBER 1, 2012**

**NORTH ROCK CREEK AWARDS ASSEMBLY:**

**KATLYN MASQUAS**
Katlyn received a Citizenship Award in her Second Grade Class. She is tutored by Ms. Haley Desch of Oklahoma Baptist University at the Horse Shoe Bend After School Program. Katlyn works hard with her studies and is a delightful student. She likes to play basketball, and hang out with her friends. She is the daughter of Sandy and Joshiah Masquas. Katlyn is a member of the Absentee Shawnee Tribe.

**ALESIA THOMAS**
Alesia was awarded with a Citizenship Award in her Third Grade Class. Alesia shows leadership abilities at the after school program. She is always willing to help others and she is a very good student. Alesia is tutored by Gabriella Perez, a student from Seminole State College. She is the daughter of Sandy and Joshiah Masquas. Alesia is a member of the Sac and Fox Nation.

**JORDAN COODY**
Jordan received the Scholar Award in his Second Grade Class. He is tutored by Caitlyn Wells, a student from Oklahoma Baptist University. Jordan is very active and works hard on all his studies. He plays football at the YMCA in Shawnee. He is the son of Kyle and Kenna Coody. Jordan is a member of the Seminole Tribe of Oklahoma.

**BOO ON BELL STREET**

On October 27, 2012 was the Annual Boo on Bell Street in Downtown Shawnee. The Horse Shoe Bend After School Tutors handed candy out and was in the parade.

I would like to congratulate Adriana Watson for placing Third Place in the age group of 0 – 1 year olds Adriana is daughter of Randall Watson and Chaney Cecil. Adriana is an Absentee Shawnee Tribal Member.

Congratulations to Emily Engler for placing Second in the age group 2 – 3 year olds, she is the daughter of Trever and Alicia Engler. Emily is an Absentee Shawnee Tribal Member.

I would like to thank all the volunteers that helped out in the Halloween Costume Contest:
Janet Jeske, June Buckner, Sherry Stacy, Lisa Watson, Stuart Rolette, Randall Watson, Gabriella Perez, Johanna Kleinsasser, Lauren Wood. Thank the parents for walking in the parade with their children and grandchildren: Annie Wilson, Jena Masquas.

**EARLSBORO ELEMENTRY SCHOOL**

**GABRIEL FIFE**
Gabriel was awarded with the Regional STEM Standout. This award is a comprehensive award in subjects of Science, Mathematics and Technology. He is tutored by Stuart Rolette, Gabriel is in the Fourth Grade is a very talented student and shows a good attitude toward others. Gabriel likes to play basketball and football. He is the son of Stephen and Teresa Fife. Gabriel is a member of the Absentee Shawnee Tribe.

**OKLAHOMA BAPTIST UNIVERSITY TUTORS**
Lauren Wood, from Oklahoma and Johanna Kleinsasser, from Arkansas tutors at the after school are members of the OBU Women's Cross Country Team they competed in the Sooner Athletic Conference Meet at Gordon Cooper Technology Center November 3, 2012 and won the Championship Title. Lauren Wood came in eighth at 18:53. Johanna and Lauren were selected to the All-Conference Team. Oklahoma Baptist University Women’s Cross Country Team have won a spot in the NAIA National Women’s Cross Country Championship. They will be competing on November 17, 2012, at Vancouver, Washington.

*We wish Johanna and Lauren good luck!*
Absentee Shawnee Housing Authority
107 N. Kimberly, Shawnee, Oklahoma 74804
Phone: (405) 273-1050

Come in and visit with us about:

- Lease with Option to Purchase
- Rental for Over Income
- Rental
- Budget Counseling

After School Program

Come join us at the AST Resource Center!!!

- Free Tutoring in all subjects!
- Snacks!
- Games and activities!
- Field Trips!
- Delinquency Prevention!
- Healthy Lifestyles!

And Much More!

OPEN TO ALL MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS

Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up at 6:00pm.

Duration: Starts September 4th and will run through the school year.
Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569

Tribal Youth Council

Location: AST Complex Building 1

Date/Time: The next meeting will be Dec. 6th at 10:00am. Meetings vary in length, but usually last at least an hour.

Participants/Ages: 6th grade to 12th grade. The Youth Council is open to all students in this grade range.

Transportation: Parents will be responsible for bringing and picking up their child.

What is it?: The Youth Council is a way for students from the surrounding AST communities to work together and bring to light things they need help with in their school. It is also a way for students to work and learn how they can create a difference for the tribe and their own community. We explore different prevention topics, volunteer in the community, and also explore further educational options.

Questions: For Further questions please contact Treasa Spoon at 275-4030 ext. 121, or Blake Goodman at 364-7938.

Absentee Shawnee Tribe of Oklahoma
Education Department
2025 South Gordon Cooper Drive
(405) 275-4030  Toll free (800) 256-3341  Fax (405) 273-7938
youthaward@astribe.com

Applications accepted: Jan. 1st−March 1st
Finalists announced: May 2013

- $1,000 Scholarship Big Jim Academic Achievement Award (Male)
- $1,000 Scholarship Big Jim Academic Achievement Award (Female)
- $1,000 Scholarship Big Jim Athlete of the Year (Male)
- $1,000 Scholarship Big Jim Athlete of the Year (Female)

STUDENT INFORMATION

Name: ___________________________ (LAST) ___________________________ (FIRST) ___________________________ (MI)
Enrollment #: ___________________________
Address: ___________________________ (STREET) ___________________________ (CITY) ___________________________ (STATE) ___________________________ (ZIP)
Home Phone: ___________________________ Cell Phone: ___________________________
Email: ___________________________

HIGH SCHOOL INFORMATION

High School Name: ___________________________
City: ___________________________ State: ___________________________
Guidance Counselor: ___________________________ Phone #: ___________________________
Sport: ___________________________ Position: ___________________________
Coach: ___________________________ (FIRST) ___________________________ (LAST) Phone #: ___________________________

AllAbsentee Shawnee High School Seniors are eligible and encouraged to apply.
Documents to be included with application:

☐ Official High School Transcript
☐ Letter of Recommendation (Educator/Coach)
☐ Tribal Enrollment Card (copy)
☐ Resume of Accomplishments and Activities
☐ 500-word Essay: How do you feel your accomplishments (knowledge/training) will influence your future?
☐ Video (optional): no more than 10 minutes in length
AST Youth Fitness

The Absentee Shawnee Fitness Program has been working with the AST Tribal Youth Program in promoting physical activity to help prevent diabetes among tribal youth. AST Tribal Youth Program participants have really enjoyed the games that the Fitness program has provided. The goal of the Absentee Shawnee Fitness Program is to provide an outlet for exercise and physical activity through fun games and activities. The youth are learning about healthy ways to prevent diabetes through healthy physical activity. The Absentee Shawnee Fitness Program would like to thank the AST Tribal Youth Program for allowing the Fitness staff to educate and provide activities for the youth to prevent diabetes.

The AST Fitness Program would like to extend an invite to all tribal members looking to increase their levels of physical activity and learn more about fitness and exercise. The AST Fitness Facility at the Resource Center is fully equipped with state of the art treadmills, elliptical machines, stationary cycles, dumbbells, isolation strength machines, and a cable machine. Our facility is also equipped with freestanding striking bags, medicine balls, exercise balls, fitness mats, resistance bands, BOSU balls, and other various exercise apparatus for your preferred workout. The AST Fitness Program currently provides free fitness classes to all tribal members. Classes include: Kickboxing, Circuit Training, Chair Exercise, Tai Chi, Boot camp, and Aerobic Fitness. The AST Fitness Program is here to help you get started on increasing your levels of physical activity and exercise. We invite you to come visit our fitness facility and see what our fitness program can provide for you.

**AST Fitness Facility Hours**

Monday through Thursday
6:00 a.m. – 9:00 p.m.
Friday
6:00 a.m. – 9:00 p.m.
Saturday/Sunday
CLOSED
405-364-7298
Currently provides free fitness classes to all tribal members. Classes include: Kickboxing, Circuit balls, and other various exercise apparatus for your preferred workout. The AST Fitness Program with freestanding striking bags, medicine balls, exercise balls, fitness mats, resistance bands, BOSU the Resource Center is fully equipped with state of the art treadmills, elliptical machines, stationary
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The AST Fitness Program would like to extend an invite to all tribal members looking to increase
come visit our fitness facility and see what our fitness program can provide for you.

To safeguard your personal information as you shop this season, AAA Financial Services offers these tips:

- Eliminate distractions. Turn off and stow cell phones. Set up navigation and GPS devices before starting to drive.
- Watch for pedestrians. Remain cautious of pedestrians on crosswalks and moving in-between and behind cars. Be alert especially for children who are not always paying attention.
- Learn to play the outfield. Outlying areas have more spaces, lighter traffic and a lower risk of collision.
- Don’t put yourself in a tight spot. Avoid parking between a pair of tall SUVs, minivans or pickups where it might be hard to back out of the space. If you can’t see well enough to back out safely, get help from one of your passengers.
- Buckle up. Even a low-speed collision can result in injuries. Make sure that everyone is strapped in a seat belt or child car seat while the car is in motion, even if it’s just a short trip to another part of the parking lot.

Keeping Your Identity Safe

To safeguard your personal information as you shop this season, AAA Financial Services offers these tips:

- Keep your parking brake.
- Make arrangements with your child’s day care center or babysitter that you will always call if your child will not be there on a particular day as scheduled.
- Keys and/or remote openers should never be left within reach of children.
- Never leave children alone in or around cars; not even for a minute.
- Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
- Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- Use your debit or credit card to pay for gas at the pump.
- Check out our daily homemade lunch specials!
- Get in the habit of always opening the back door of your vehicle every time you reach your destination to make sure no child has been left behind. This will soon become a habit. We call this the “Look Before You Lock” campaign.
- Keep a large stuffed animal in the child's car seat when it’s not occupied. When the child is placed in the seat, put the stuffed animal in the front passenger seat. It's a visual reminder that anytime the stuffed animal is up front you know the child is in the back seat in a child safety seat.
- Make arrangements with your child’s day care center or babysitter that you will always call if your child will not be there on a particular day as scheduled.
- Keep vehicles locked at all times; even in the garage or driveway and always set your parking brake.
- Keys and/or remote openers should never be left within reach of children.
- Make sure all child passengers have left the vehicle after it is parked.
- When a child is missing, check vehicles and car trunks immediately.
- If you see a child alone in a vehicle, get involved. If they are hot or seem sick, get them out as quickly as possible. Call 911 or your local emergency number immediately.
- Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
- Use your debit or credit card to pay for gas at the pump.

For additional information about ways to keep children safe in and around vehicles, visit our website at www.KidsAndCars.org.

AAA Oklahoma News Release
www.AAA.com
www.facebook.com/AAAOklahoma
www.twitter.com/AAAOklahoma

Contacts: Chuck Mai
Office: (405) 753-8040
Cell: (405) 209-8260
chuck.mai@aaaok.org

Danial Karnes
Office: (918) 748-1074
Cell: (918) 935-9318
danial.karnes@aaaok.org

Use Caution Shopping this Holiday, AAA says, Online and in Parking Lots
AAA Oklahoma News Release
AAA Oklahoma, Nov. 19, 2012 – The hectic holiday shopping season means parking lots full of people and safety hazards and the heightened possibility of theft. But thieves aren’t just looking to steal newly-bought Christmas gifts, they’re also after your identity.

“We hope these tips keep shoppers motoring on their merry way, protecting drivers and consumers from seeing the Grinch during this busy time of year,” said AAA Oklahoma spokesman Chuck Mai.

Parking Lot Safety

- Eliminate distractions. Turn off and stow cell phones. Set up navigation and GPS devices before starting to drive.
- Watch for pedestrians. Remain cautious of pedestrians on crosswalks and moving in-between and behind cars. Be alert especially for children who are not always paying attention.
- Learn to play the outfield. Outlying areas have more spaces, lighter traffic and a lower risk of collision.
- Don’t put yourself in a tight spot. Avoid parking between a pair of tall SUVs, minivans or pickups where it might be hard to back out of the space. If you can’t see well enough to back out safely, get help from one of your passengers.
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- Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- Use your debit or credit card to pay for gas at the pump.

For additional information about ways to keep children safe in and around vehicles, visit our website at www.KidsAndCars.org.
Recipe

Great gift idea!

Hot Chocolate Mix in a Jar

Ingredients:

1 ½ C no calorie sweetener, granulated
1 ½ C non-fat milk powder
¾ C powdered non-dairy creamer
¾ C unsweetened cocoa

Directions:

1. Mix ingredients in a bowl, and store in an air tight container until ready to fill jars.
2. Put a tag on your jar that reads, “Place 2-3 tablespoons in a mug, and add 1 cup of boiling water. Variations to consider: Replace water with coffee for a mocha hot chocolate, or use a flavored non-dairy creamer such as French Vanilla or Hazelnut.”
3. Once you fill your jar you can decorate it with a fabric or lace on top and tie it with ribbon.

Nutritional Information

-For 2 tablespoons
Calories 17.7
Fat 0.8 g
Carbohydrates 3.5 g
Fiber 0.6 g
Sodium 5.7 g
Protein 0.7 g

Nutritional Information

-For 3 tablespoons
Calories 26.5
Fat 1.1 g
Carbohydrates 5.2 g
Fiber 0.9 g
Sodium 8.5 g
Protein 1.1 g
ABSENTEE SHAWNEE TRIBAL ELDERS
PRESENT
CHRISTMAS BAZAAR WEEKEND

OPEN TO PUBLIC
DON’T MISS OUT
40+ Craft Booths
Everything Imaginable
COME AND SEE/BUY
AND EAT!!

COME SHOPPING FOR UNIQUE GIFTS
CRAFT ITEMS: ONE OF A KIND
MADE BY LOCAL CRAFTERS - ARTISTS

NATIVE AMERICAN
BEADWORK - QUILTS - MOCCASINS - ARTWORK
EARRINGS - BRACELETS - NECKLACES
YOU’LL FIND EXACTLY WHAT YOU’RE LOOKING FOR!!

CONCESSION TOO - AST ELDERS
TASTE NATIVE AMERICAN CUISINE
CORN SOUP, HOMINY SOUP, GRAPE DUMPLINGS, CORN FRITTERS,
AND (of course) FRY BREAD

Saturday - Sunday
December 8 - 9
8 am - 5 pm
Resource Center Bldg
1970 156th Ave. NE (Peebly Rd.)
Norman (Little Axe), OK
3/4 mile north on 156th Ave.
(AKA Peebly Rd.) of Thunderbird Casino

NO DRUGS/ALCOHOL ALLOWED ON PREMISES - AST ELDERS NOT LIABLE NOR RESPONSIBLE FOR ANY INJURIES, THEFT OR ACCIDENTS
The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy for at the Education Department office or for download at www.astribe.com.

- **Academic (K-12) Program**: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.

- **Zahn Program**: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.

- **Job Training Adult Education Program**: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.

- Higher Education: **Education Incentive Award Program**: funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.

- **Graduate Scholarship Program**: funds for one master’s degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

**Attention:**

If you are considering taking courses for the spring 2012 semester, please contact the Education Department as soon as possible.

All applications and guidelines are available at www.astribe.com. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

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**AST Education Department; Big Jim Youth Award applications**

The Absentee Shawnee Tribe’s Education Department will begin accepting applications for the following awards:

- **Big Jim Academic Achievement Award (Male and Female)**
- **Big Jim Athlete of the Year (Male and Female)**

High school **Seniors** of both genders within the 50 United States are eligible to apply for these awards for the 2012/2013 school year. Applications will be accepted from January 1 to March 1, 2013 by US mail or email, official transcripts must be mailed. The official application form will be available at www.astribe.com under the Education Department. The $1000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2013 semester.

Individuals are encouraged to nominate deserving high school Seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. **Awards will be announced in May 2013**.

Award recipients will be recognized as the 2012/2013 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a **$1000.00** scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe
Education Department
C/O Tresha Spoon
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
405.275.4030 Ext 121
youthaward@astribe.com
# Tribal Phone Numbers

**Tribal Complex**  
(405) 275-4030 or 1-800 256-3341

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