I would like to begin by saying I hope everyone had a good Thanksgiving Holiday. If it was anything like mine, it was full of food, family and laughs. During the last month, the project that my office has given a lot of focus on is the Horseshoe Bend renovation. As of this date the following components of the project have been completed:

- Storm Shelter: a 10’ L x 8’ W storm shelter has been installed on site.
- Basketball Court: a 70’ L x 50’ W court has been poured and finished with two goals for full court play.
- Walking Track: a 1500’ L x 4’ W walking track has been poured and finished around the perimeter of the premises and is ready for use.
- Parking Lot: the base for the parking lot has been prepared and asphalt will be put down soon.
- Slab and footing: in preparation of the building expansion, the footing and slab have been poured.
- Playground: the playground selected for the project will begin to be installed by the first of December.

These are just a few of the components that have been completed and many of the others are work in progress.

The 3rd week in November the Representative, Transportation staff and I attended the 13th NTTC (National Tribal Transportation Conference). NTTC was held during the same week of the Annual NCAI. We were able to discuss, not only transportation issues, but other issues as well. There were many tribal leaders that were trying to juggle their schedules to attend portions of both conferences. The reauthorization of the transportation bill was a big issue. It was the consensus of most that the tribes would operate under a continuing resolution for at least the first half of 2011. The second item of interest was the funding formula and how it is being applied to reservation tribes versus non-reservation tribes. Tribal leaders from Oklahoma were able to attend the voting sessions at NCAI and quash a resolution that was being presented at NCAI that would have been detrimental to Oklahoma and Alaska regarding the IRR funding formula. There was also a resolution regarding the ITA (Intertribal Transportation Association); it was also quashed.

We have meet with Pottawatomie County to discuss issues regarding transportation and routes in the Johnson Community area. Brendle Corner is being surveyed for parking lot improvements and ACF is ready to start improvements on the building.

I would like to wish everyone a safe Merry Christmas and Happy New Year and to please feel free to call my office or talk to any of my staff about any concerns.

The first filing date regarding the Probate issue was December 1st. Once we find out from Mr. Perry, the Tribe’s attorney, how the first round went, we will let you know how it is going. As this issue is being litigated the amount of information that we may be able to release, could be limited, however, we still want to keep you informed as things transpire. Mr. Perry has called and thanked all the staff for their participation in assisting him in compiling the first brief. Mr. Perry, along with many AST staff members have worked hard to insure that the information needed was provided. I would also like to thank all of you who participated in providing the affidavits and information that helped Mr. Perry in preparing the brief on behalf of the Tribe. As was stated December 1st was the first filing date. You may be called on again to provide information that is necessary as we continue to pursue this very important matter. I ask again that you assist Mr. Perry in a timely fashion and to the best of your ability. This is a very important issue to our tribal government and our individual land owners. It may be a lengthy process and it may not, but what ever it takes, I’m requesting that you put forth your best effort in assisting.

Respectfully, Isaac Gibson, Lieutenant Governor
Hello, Tribal members

Hope all is well and everyone had a Happy Thanksgiving. We the EC have been very busy with several different projects like the Horseshoe Bend remodeling, Brendle Conner after school program, Health Care programs, ASED-DA board, or Court system, and many others. We will continue to update on these issues as they develop.

Back in August I was placed as oversight over the two smoke shops and the tribal restaurant. Since then I have replaced the manager of the restaurant, hired two new assistant managers for the cook staff and the wait staff. We are looking at changing hours to better benefit the public, made menu changes, and hired well needed waitstaff. Please help me welcome Joy Anderson as manager of the restaurant, Luis Almanza as the cook manager, and Paula Lime as the wait staff manager. We look forward to serving the public and hope you will come out and eat with us.

We are currently taking applications for the Little Axe store manager and store accountant.

We wish all the luck to James Vance in his new project. He will be truly missed.

We are currently looking at remodeling the Harrah store which has needed it for some time. We must keep up our investments as we move forward. This store is in dire need of a makeover. More advertising and hopefully it will start performing like it should.

For those who did not register for the Secretarial Election There was a secretarial election held on Friday November 19, 2010 for the lowering of the blood quantum amendment. It was passed by majority of vote to lower the blood quantum to one eighth. So you now can be an enrolled Absentee Shawnee member with at least one eighth blood degree.

The enrollment offices will be closed from Tuesday, December 7th through December 9th.

The staff will be attending training.

Thank you and will update more in next issue.

WISHING YOU AND YOURS A MERRY CHRISTMAS AND HAPPY NEW YEAR FROM THE SECRETARY AND STAFF!!!!!!!!!

AST ENROLLMENT PROCESS

1. Submit an enrollment application with the certified birth Certificate from the state. **NOT A COPY WE NEED THE CERTIFIED DOCUMENT ISSUED BY THE STATE OF BIRTH.**

2. If the applicant is enrolled with another Tribe they will have to relinquish from the other Tribe first. We advise the applicant to do a conditional relinquishment.

3. All applicants will have to be traced back to the 1937 base roll.

For further detail please refer to the AST membership ordinance. It can be found at www.astribe.com or the AST enrollment office.

The results are in for the BIA secretarial election. The amendment passed! Pending any protests, the blood quantum requirement will now be 1/8th.

HAPPY HOLIDAYS, AST TRIBAL MEMBERS,

December is here! Hope everyone had a wonderful Thanksgiving! Finished up on all your Christmas shopping we hope! Just love all these holidays, great time for family time, football bowl games, and basketball games are on the roll! November was a time to Honor and remember our Veterans, servicemen and women who are in faraway countries by many special activities for them and recognition of Native Americans! By the time you read this newsletter, we should know how tribal members felt and voted in the Secretarial Election to lower the blood quantum to one-eight (1/8). So Thankful to our Creator who has given me and our Absentee Shawnee Tribe so many blessings this past year.

Year end final preparations are in process, such as 2011 budgets, annual reports, pre-audit preparations, etc. Tribe’s Investments are growing! Hopefully, these investments will continue to grow in 2011. Tribes’ expenses are within limits and revenues are slowly increasing (even through, economy is down). Economist say when it comes back, it will look like it did before and; hopefully better, so we will see if their predictions are correct. Our All Nations Bank has some GOOD NEWS, the federal and state regulators have APPROVED our branch bank. Awesome!! (See below Report from All Nations Bank) In 2011, the projects we have been working on will begin to bring economic development growth, revenue and will help with better services and benefits for our tribal members. November activities attended were as follows:

- Absentee Housing Authority Board’s Tour of two completed homes.
- LiSiWiNwi Health Program Director Meeting.
- Thunderbird Casino Meeting with General Mgrs and tour of Casino.
- Tinker’s Inter-Tribal Council Luncheon, w/speaker, Ms. Ella Colman, Assistant Chief, Seminole Nation of Oklahoma.
The Finance office continues our efforts in keeping the day to day activities flowing efficiently and effectively through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business. A continued thanks to the recently elected Executive Committee and all the programs for their support and understanding in the Finance Department’s continued efforts to stay caught up; as it is a constant flow of business transactions.

We would like to welcome Jennifer Hernandez to the Finance Department as our new Budget Analyst. Jennifer has been with the Tribe for eight (8) years and served as Secretary to the OEH (Office of Environmental Health) until November 8, 2010; in which she began her duties in Finance. Welcome Jennifer and we look forward to working with you!

Our 2010 Audit is fast approaching which will include the MD&A (Management Discussion and Analysis) and has been submitted to the Federal reporting offices. The MD&A report is an informative report within the 2010 Audit; which is a brief review and explanation of the Audit. The second third financials are complete; November 10, 2010 quarterly reports have been submitted to the Department of Interior.

The Indirect Cost Proposal for 2011 has been submitted to the Department of Interior’s National Business Center and we were notified of the receipt on August 3, 2010. There is a 3 to 4 month process for negotiation and approval, but we look to begin 2011 with an approved rate. We have information that the Tribe’s proposal has been assigned at the National Business Center which means it is in the queue to be reviewed; this process will take 2-3 months. At November 15, 2010; we have not received an approval. It is imperative the accounting / bookkeeping continue to stay ahead of all of the accounting so that audits go smoothly so that Indirect Cost rates will stay up to date as well. Audits affect the ability to submit indirect cost proposals which affects grants.

There are many processes in place in your Tribe’s accounting department that ensure we keep accurate records or transactions. The Tribe’s accounting processes must be in compliance with GAAP (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board). In complying with GAAP and GASB, there are many internal control functions that mandate a need for qualified accountants which dictates the need for more than one accountant to be involved with a transaction; i.e. the same person writing up the Tribe’s deposits should never be the same person who reconciles cash. The main objective of finance is to prove and ensure proper back-up documentation accompanies every single payment/transaction, no matter if the transaction is $1.00 or $1,000.00, and of course we must ensure that any transaction of the Tribe is an allowable expense and this is proved by the back-up documentation. There are many functions of the Tribe’s finance department and this is just one that I wanted to share with you.

The rules and regulations of accounting are forever changing; there are rules and regulations in place today that may not have been in place 5 to 10 years ago which makes the accounting department today somewhat more complicated that it may have been in past years. In addition, the Tribe is a Self Governance tribe which also adds more work to the finance department whereas before the BIA and I H S handled a large portion of the Tribe’s business. Not to mention the increases in BIA and I H S funding over the years, 51 Grants, and the new Clinic business.

The Bond Financing closed May 27, 2010 so the funding for the new health clinic is complete. With this completion there is a need for the accounting for the Li Si Wi Nwi, Health Clinic (formerly the Little Axe Clinic) to have its own financial reports. The finance department has been completing accounting by the seventh day of the month since August 2010; so that financial reports can be created for the Health Authority and Li Si Wi Nwi, Health Inc. boards for health programs both Shawnee and Little Axe.

It is important to run every department at the Tribe as efficiently as possible. Upon becoming the Controller for the Tribe my first duty was to get the accounting completely caught up and audits and Indirect Cost Proposals in timely with continued efforts accordingly. After the back log of accounting was caught up, we were better able to assess the department as a whole and the Assistant Controller and I decided to take the duties of Controller, Assistant Controller and Grants Accountant choosing not to replace the Grants Accountant to see if
she and I could handle the work load. With the help of the entire department we were able to save money by not replacing this position. In addition, we chose not to replace a staff member who resigned by re-assigning her duties, again with the help of the entire staff; which in turn saves the Tribe money.

The Absentee Shawnee Tribe’s Finance Department has a very hard working group of people and it is an honor to work with them and at the Absentee Shawnee Tribe. As expected, working with the new Treasurer, Kathy Deere has proved to be very positive with her strong values and governmental knowledge; and this continues. While she has had many meetings though out her orientation to the Tribe she has been a very positive support to the finance department: again, Thank you Treasurer Deere!

This department, as always, would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our group effort toward accomplishing our goal. Now that we are caught up, we extend a special thanks and note of appreciation to the Executive Committee for their assistance and dedication to continue with this effort.

The next step will be to prepare the facility located at the entrance of the Tribal HQ located on Gordon Cooper Blvd. for banking operations. This project will take 60 days or so. Once we get the last few documents signed by the Tribe and BIA. Gene and I will visit the site and depending on the various banking operational vendors availability. We hope to be conducting banking business on or before February 1st.

The wonderful world of banking is trying to digest all of the new regulations that are in the Dodd-Frank Reform Act. I found that the requirements for the FACT ACT (Fair and Accurate Credit Transactions, Act) to be of particular interest. While details of the changes are too numerous to discuss in this article, I am encouraged by the actions of Congress to standardize reporting to the Credit Reporting Agencies (CRAs). The task of 30,000 data furnishers (banks etc.) who report an average of 2 billion updates to the CRAs each month is daunting to say the least. Banks and formal credit companies have generally done a good job in reporting accurate information with integrity (substantiated by records). On the other hand, there are many companies, organizations, or entities that report into the system each month with little regard to ensure the accuracy and integrity of consumer transactions. The goal of the new requirements is to ensure that accurate information is furnished to CRAs, thereby promoting fairness and efficiency in today’s credit markets. Trust me, this will help all concerned; especially, the consumer.

Hopefully, everyone had a happy and fulfilling Thanksgiving. If all goes well, we may be able to announce an opening date for our Shawnee Branch Bank in the next month’s newsletter.

Gene and I are looking forward to becoming your “home town bankers” in the very near future. From the staff of All Nations Bank, Happy Holidays!
I hope everyone is doing well and I hope everyone had a wonderful Thanksgiving! The Christmas Holiday is upon us and so is the bad weather, so make sure you keep in touch with a Relative or close friend cause you know on these days when the weather is bad there are usually power outages that effects us all, so please keep in touch with one another and let’s have a safe Christmas Holiday and prosperous New Year!

In November I attended the National Tribal Transportation Conference in Albuquerque New Mexico and while I was in attendance the National Congress of American Indians was going on at the same time and some of the Elected Officials from other Tribes was there in Albuquerque area, I was able to talk to them about some of the issues going on within their respected tribe. One of the tribes in particular was a tribe from Northwest part of Alaska, they where in the process of trying to get their tribal roads money established so they can start their roads development. So if some of you watch Ice Road Truckers you know what this Alaskan Tribe goes through year round.

High School Basketball, Wrestling and other Varsity sports are fixing to begin their seasons so if you have time to stop in any Gymnasium across the united States please stop in And support your tribal youth in their respected sport, Drama Or Choir class because our youth needs your Support!

The programs that I see over at this time are progressing very well and if you need any assistance with any of our Tribal programs fell free to call and I’m sure the respected Program Director will assist you in any way if possible. Here Are the names of the Directors:

- Education – Tresha Spoon
- Building Blocks Child Development Center – Lana Rattan
- Indian Child Welfare – Melissa Lopez
- Social Services – Annie Wilson
- Domestic Violence Sexual Assault Program – Kimberly Stephens
- Title VI – Thomasine (Dos) Owings
- Clothing and Burial – Wynona Coon
- Absentee Shawnee Veterans Association – Walter Larney

At this time I would like send out my condolences to all Tribal families that lost love ones and please pray for the Ones that are sick! And to everyone have a safe and blessed Holiday and Happy New Year!

NE-YI-WA Representative Gibson

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**Resolutions**

The following are Resolutions passed thru November 24, 2010

**EXECUTIVE RESOLUTIONS:**

**E-AS-10-96** 11/24/10

Rescinds in part Executive Resolution E-AS-2009-94, specifically rescinding the donation of the 1992 Ford Econoline Van (VIN #1FTDE14NXHA36625) to the Sallatesska Baptist Church with the remainder of the Resolution remaining in full force and effect, EFFECTIVE IMMEDIATELY.

**E-AS-10-97** 11/24/10

Authorizes and approves the Absentee Shawnee Tribe Tax Commission retaining the legal services of Mr. William Norman for the purpose of legal representation on the issues of severance tax collection and jurisdiction, EFFECTIVE IMMEDIATELY.

**E-AS-10-98** 11/24/10

Authorizes and approves the Absentee Shawnee Tribe Tax Commission retaining the legal services of Mr. William Norman for the purpose of legal representation on the issues of severance tax collection and jurisdiction, EFFECTIVE IMMEDIATELY.

**E-AS-10-99** 11/24/10

Approves and accepts Miracle Marie Morris and Lucas Hayden Morris as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

**E-AS-10-100** 11/24/10

Authorizes and endorses submission of a proposed Title VI Grant Part A and Part C for the three year project period beginning April 1, 2011 and ending March 31, 2014 for Administration on Aging for the Absentee Shawnee Tribe of Oklahoma.

**LEGISLATIVE RESOLUTIONS:**

**L-AS-10-36** 11/24/10

Sets a cap on stipends of all Commissions, Committees, and Boards (excluding Enterprises) to not exceed one-hundred dollars ($100.00) a month per member regardless of the number of meetings, effective immediately.... prohibits payments to alternates unless the alternates are acting in the absence of a member (excluding Enterprises).
### Election Ordinance & ACT Constitution

**Election Timeline**

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The following offices will be up for election in 2011:

- **Tribal Secretary**
- **Governor**

The election period is January 1st - 10th, 2011. (Excluding weekends and holidays.)

This is to announce the tribal election office open in the upcoming elections.

**THE ELECTION COMMISSION**

MERRY CHRISTMAS - DECEMBER 2010
The (NASC) Native American Student Club put this performance on for the Student body at 9am and 10am to educate the other students in native american culture dancing. There were 14 dancers and other students with shawls. Graham Primeaux, Director of Title IX & Impact Aid, was the drummer and singer.

The last picture is Five (5) Absentee Shawnee students who performed today at Shawnee HS. Their names are: Tyler Thurman, Krystle Logan, Ryan Goodfox, Tara Goodfox, Jaycee Wilson and not pictured was Tristan Littlecreek.

The Shawnee HS NASC have luncheon meetings at two different times so the students can attend. NASC have about 20 to 30 students who attend at least one of the luncheon meetings.
Congratulations!!!

Twyla Blanchard was the 2nd place winner at the Pow Wow for the “SPECIAL SOUTHERN CLOTH” Dance.

BRA N S O N G E T A W A Y

On Friday October 22nd, the Elders Council began their trip toward Branson.

The Foliage was beautiful and snacks were greatly appreciated. A thanks goes to Thunderbird Grill and Thunderbird Casino.

Upon arrival at Melody Lane Inn we didn’t have much time to rest and freshen up, for we had dinner reservations at the World’s Largest Golden Corral. We were told it seats 800 patrons and there were 600 people there Friday night. We were on of 5 buses.

After dinner we boarded the bus to see our first show for the weekend Hammer/Barber which was a magician as well as a ventriloquist act. The crowd oohed and ahhed and stated that was “one of the best shows we’ve seen.”

On Saturday morning we had to make our annual trip to “Wally World” after that we went clear across town to Lake Table Rock, where we were to board the “Branson Belle” for the noon cruise. Of course we had to hit the gift shop for souvenirs before boarding the boat. Our cruise boarded at 11:30 am and we sailed at noon. Upon everyone being seated lunch was immediately served, which lasted an hour at most. The show consisted of singing, dancing, magic and a lot of comedy. Many people went on the deck to view magnificent scenery, and visit other cruisers. Many people were from Oklahoma and lots of OU fans. We even got to chant BOOMER/SOONER!

After the cruise on the showboat, we took the scenic route through Branson to visit “Old Town,” where everyone got to shop till you drop. From there we had supper at Bob Evan’s Restau-

rant which everyone thoroughly enjoyed.

Being too pooped to poop, we headed back to the motel for a little rest. We were to see the Country Music Show at the Clay Cooper Theater at 8 pm. A choice few decided to stay at the motel to watch the OU game on T.V. For those that went to the show, they had only good comments to say. This was a great family show for Clay Cooper had his whole family performing. On Sunday we got to sleep in a little longer and have a leisurely breakfast. After that we boarded the bus for home but we were a little early for lunch at Lambert’s. The bus driver suggested stopping at a Craft Mall upon which all agreed.

At Lambert’s (home of the thrown rolls) we had an hour wait to get in, but it was well worth the wait. Dinner was excellent and some people even brought “doggie bags” on the bus.

First timers were heard to say: “This was the best trip every” RA; a lady said “I had a great time” MW; “we thoroughly enjoyed the weekend.” EA/JA

Oh yes, I forget to mention one thing, we did not stop at any casino’s!

VETERANS

The 5th annual AST Veterans Association Christmas Dinner will be held at Thunderbird Casino Wednesday, December 8th at 6:30 PM. This will be an event limited to Tribal veterans and their guests and special guests only. All interested in attending must RSVP to John Vanderburg (405-481-3822 or astveterans@gmail.com) by no later than Friday, December 3rd. The event will be held at Thunderbird Casino and will begin at 6:30 PM.

Report:

The November 2010 Tribal Veterans Association meeting was called to order at approximately 1902 by Commander Walter Larney. Eleven members were on hand and Lt. Governor Issac Gibson and Representative Jeff Gibson later sat in on the meeting. The two tribal officers would later say a few words to the group.

Operations Officer Esteline Schulenberg recommended the name: Ernest F. Longhorn, a World War II veteran and recipient of two Bronze Stars, as the name to possibly grace the Tribal American Legion Post. As mentioned in past meetings, the post must be named for a deceased veteran. The nomination has been the first to be recognized by the association, though, the group will continue to take other possible nominees.

1st Sergeant David Little Jr. took a minute to thank all of the color guard members who participated and all who attended the ceremony, November 6th, in Reeves Park (Norman, OK) honoring Vietnam Veterans. The event drew a large crowd of veterans groups and spectators. The event was put together by the Oklahoma National Guard and endorsed by State Governor Brad Henry.
Prevent Foodborne Illness
This Holiday Season

For many of us, the holidays bring opportunities to visit friends and family and enjoy homemade foods. The holiday season also presents important food safety challenges, so everyone needs to plan ahead to make sure that holiday foods are safe. It is estimated that every year, approximately 76 million people in the United States become ill with a foodborne illness.

The most common symptoms include nausea, vomiting and/or diarrhea. Most illnesses are mild and only last a day or two; however, some are more serious, and lead to approximately 325,000 hospitalizations and 5,000 deaths. People at the highest risk of becoming very sick from a foodborne illness are the elderly, children, individuals with a weakened immune system, and pregnant women. Persons in these high-risk groups should take all precautions to prevent foodborne illness.

The Oklahoma State Department of Health (OSDH) recommends these food safety tips:

· Clean: Wash your hands with soap and warm water for 20 seconds before preparing food and often during food preparation. Wash surfaces in the food preparation area often. Wash cutting boards, dishes, utensils and counter tops with hot soapy water after preparing each food item and before you go on to the next food. Remember to cover your cough when preparing and serving food. Always wash your hands after using a tissue or coughing into your hands.

· Separate: Disease-causing germs can spread from raw food that should be cooked to other foods. This is most important when preparing raw meat, poultry, and seafood. Use separate cutting boards to keep raw meats and their juices separate from uncooked fruits and vegetables.

· Cook: Always check the internal temperature of cooked meat, poultry and egg dishes with a food thermometer to make sure that the food is cooked to a safe temperature.

· Chill: Refrigerate foods promptly. When foods are left out unrefrigerated, harmful germs multiply quickly. Cold temperatures keep most harmful bacteria from multiplying. Set refrigerators at 40° F and freezers at 0° F, and confirm the temperature with a thermometer.

Tips for Preparing and Reheating Turkey

· Thawing: Allow enough time for a frozen turkey to defrost. Incorrectly thawed turkey can look safe to eat but actually will be undercooked, allowing disease-causing germs to survive inside. The three safest ways to thaw food are 1) in the refrigerator, 2) in the microwave oven, or 3) by submerging in cold water. When thawing in the refrigerator, allow 24 hours of thawing time for every five pounds of turkey. When using a microwave, check the manufacturer’s instructions for the number of minutes per pound and the appropriate power level to use for thawing. When thawing in cold water, allow 30 minutes per pound of turkey and change the water every 30 minutes. Changing the water is important to keep the turkey cold, and slow the bacterial growth in the outer thawed portions while the inner areas continue to thaw.

· Cooking: Use a meat thermometer to be sure that the correct internal temperature is reached. The thigh is the best place to insert the thermometer, making sure it does not touch the bone, which gives a false reading. When the thigh reaches 180° F, it is safe to assume that the rest of the bird has reached the bacteria-killing temperature of 165° F. The most reliable way to cook stuffing is separate from the turkey. For stuffed turkeys, the internal temperature must reach 165° F before it is safe to eat.

· Leftover food safety: After the meal, refrigerate remaining foods and leftover turkey within two hours. Split leftovers into smaller, shallow containers so they will cool quickly in the refrigerator. Use leftover turkey and stuffing within three to four days, and gravy within one to two days. Reheat leftover gravy to a boil, and thoroughly reheat other leftovers to 165° F before eating.

For other safe food preparation details, see www.cdc.gov/features/turkeytime. For additional information about health topics, please visit the OSDH Web site at www.health.ok.gov.

THE DIABETES WELLNESS PROGRAM
WISHES EVERYONE A SAFE AND NUTRITIOUS HOLIDAY SEASON

Healthy Holiday Baking Tips of the Season

To reduce cholesterol in baking use 2 egg whites in place of whole egg for the same great taste

Use low-sodium fat-free chicken broth in mash potatoes for flavor and to reduce fat content

Substitute applesauce for oil, margarine or butter in recipes. Substitute in small amounts at first to determine how you want the product, as using to much applesauce can change the texture of product

Use non-fat yogurt or sour cream and whip toppings for dips and sauces

Use almonds in place of fried onion rings

Choose low fat, reduced fat or fat free cheeses for salads, casseroles and sauces.

Coming December 9, 2010 Grocery Store Tour
Time: 5:30-7:30 pm @
Homeland Grocery Store
2705 N. Harrison
Shawnee, Oklahoma

For more information or to sign up please call the Diabetes Wellness Program @ 878-4702.
The family of CJ Belvin would like to say “thank you” to those of you who donated food, money, and/or time to us in our difficult time. Everyone made it a little easier with their help and support. Thank you doesn’t seem like enough to show our appreciation and gratitude to each of you. A special thank you to Governor George Blanchard and wife for directing the funeral and family.

ATTENTION:
Anyone having knowledge of Virginia Sutton, please contact Gary Fuerstenberg
(218) 340-2602.
AST

CHILDREN’S CHRISTMAS BASH

December 12, 2010

Walls Building at Tecumseh Square

2:00 P.M. TO 4:00 P.M.

Gift cards and goody bags for children in the 0 to 17 years age group

Entertainment and refreshments will be provided.
Come and join us!
December 27-30, 2010
for our Winter Break Leadership Camp
filled with activities, and games!

**Grades 6-12**, space is limited to 25 participants.
Sign up ends Monday, December 20\textsuperscript{th} 2010 @ 5 pm.

Transportation will be available from/to the AST complex/Brendle Corner. We will be leaving the complex at 8:30 am and returning around 4:30 pm.

For sign-up forms or if you have questions please contact:

Jared Duroy at 481-6050
Or
Tresha Spoon
at
275-4030 ext 121

Brendle Corner Community Building in Little Axe.
Camp time is
9:00am – 4:00 pm
We Are Looking For Tribal Youth Leaders!

We will be meeting once every month to cover topics that interest our youth.

We will also become involved with our communities by doing a variety of community service projects.

Our Next Meeting will be December 4th, at 10:00 am in the basement of building 3.

We will provide refreshments at each meeting, and we will take trips for some exciting activities!

If you are interested in becoming a member of the AST Youth Council, please contact….

(405)275-4030: Jared ext. 193 or Tresha ext. 121

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

- **Academic (K-12) Program**: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.

- **Zahn Program**: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.

- **Job Training Adult Education Program**: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.

- **Higher Education: Education Incentive Award Program**: funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.

- **Graduate Scholarship Program**: funds for one master’s degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

**Attention:**

All applications and guidelines are available at [www.astribe.com](http://www.astribe.com). Click on Services and select Education.

With the Spring 2011 semester fast approaching, anyone interested in taking vocational/adult education courses need to contact the Education Department as soon as possible.

Official transcripts for continuing students of the Education Incentive Award Program must be postmarked or received by January 15, 2011.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.
How to describe people and objects.

1. Pretty
   ho-la-fe (female)
2. Good looking
   ho-wa-se-ni-ko-fe (male)
3. Ugly
   mi-ge-ni-ko-fe-fe
4. Look alike
   ga-ga-se-ni-ko-fe-ke
5. Unclean looking
   we-yi-ki-ge-ni-ko-fe
6. Funny looking
   Ma-yi-ge-ni-ko-fe
7. Poor looking
   Ke-ta-mi-we-ni-ko-fe
8. Looks old
   Pi-se-to-we-ni-ko-fe
9. Tall
   Mo-se-pa-fe
10. Short
    mi-se-pa-fe-fe
11. Fat
    Ho-li-qe
12. Skinny
    Pe-ki-ta

My family and I wish you all a happy holiday season.

George Blanchard, Governor

Happy thanksgiving
And
Merry Christmas!

Well it’s a most a new year and We all will have a million things to do for the upcoming year I hope some of you will want to make 2011 a year you start learning to play a new musical instrument. Like the guitar, Piano, Bass guitar or drums! We will be offering Vocal lesson also. And may new things the coming up year Will be here at the creative arts classes on the Shawnee campus.

If you’re a Native American of any tribe you are welcome to all of our classes FREE And for those that not Native American We offer all the classes at a very low fee. Just give us a class and talk to us about your new year plans to be with us here in the arts classes learning to play music with us all!

Ages for all classes are
From 8 years to 19 for children and We also offer adult classes
Ages from 21 to 63 years young!
We would love to see all you elders come join us an enjoy Yourself in 2011 learning and having a fun time.

You can call Phil Bradley at
405-878-4716 ext 117
Or Kristy Morrell at 405-878-4716
Sign up is easy
Classes are fun
And winter! Well its cold
Come on in Thanks.
PSSF Program provides parenting classes to promote positive parenting, help with the understanding of child development and communication skills to strengthen the entire family.

The classes will meet for ten weeks, one night a week beginning January 5, 2011 at 6:00pm in Building #3. The class will meet every Wednesday evening until March 9th. You must attend every class to receive a Certificate of Completion.

A dinner will be provided at every class as well as a babysitter on site if needed. Classes are available for non tribal members at a small fee. For more information or to sign up, call 405-275-4030 ext 114.

Sena Yesslith, PSSF Worker

JOB OPENINGS:
Carpenter Laborors
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<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Beef Tip &amp; Noodles</td>
<td>Hamburger</td>
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<td></td>
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<td>Mixed Veggies</td>
<td>Lett.,Tom</td>
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<td>Roll</td>
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<td>7</td>
<td>Hot Ham &amp; Chez Sandwich</td>
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<td>Chicken Fry Steak</td>
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<td>Chips</td>
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<td>Applesauce</td>
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<td>8</td>
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<td>Grilled Chez Sandwich</td>
<td>Mexican Casserole</td>
<td>BBQ</td>
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<td>Boenie Weenies</td>
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<td>Spanish Rice</td>
<td>Steakfries</td>
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<td>Soup</td>
<td>Applecisp</td>
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<td>Pineapples</td>
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<td>Chicken</td>
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<td>Chez sticks</td>
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<td>Noodle</td>
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<td>Salmon Patties</td>
<td>Christmas Dinner</td>
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<td>Okra</td>
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<td>19</td>
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<td>Christmas</td>
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<td>Cleaning and Inventory</td>
<td>For Christmas</td>
<td>Dinner</td>
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<td>Frito Chili Pie</td>
<td>Fish Sticks</td>
<td>Ham</td>
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<td>Ranch Beans</td>
<td>Mae &amp; Chez</td>
<td>Blackeyed Peas</td>
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<td>Hushpuppies</td>
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<td>Mandrain Oranges</td>
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<td>Cream, Roll</td>
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</table>

2% milk served daily

Title VI Closed and Inventory

AST Closed For Christmas

AST Closed

Merry Christmas

NOT GOING TO BE HOME CALL AND LET US KNOW AT 278-4020 Ext 159 OR NOTIFY YOUR DRIVER
Merry Christmas from the Title VI Staff
December 17, 2010 we will be having our Christmas Dinner 11am to 1pm, location will be announced.
On December 13-15, at the Little Axe Resource Center Title VI will be serving Lunch across the hall from the Kitchen so Healthy Heart can use the main room.

Donna

December 20-22, we will be closed for Inventory and Cleaning. December 23-24, AST Complex will be closed for The Christmas Holidays. December 31, AST Complex will be closed for New Years!!!
During the winter months if the weather closes the School systems (Shawnee and Little Axe), we will be closed also, keep warm and safe and Have a Wonderful Christmas, Cherish the Memories.
If you have any questions you can contact us at 405-275-4030 ext 169.

Darrol
Ted
Cynthia

---

**AST COUNTRY KITCHEN**

Open 7 Days A Week!
366-7220

**Early Bird Breakfast**
$3.99 - 7 Days a Week
2 Eggs/Bacon or Sausage/Hash Browns
Biscuits & Gravy or Toast
(With coupon-No substitutions

**Check Out Our Wednesday Homemade Meatloaf Special**
Meatloaf, Mashed potatoes, vegetable side, salad, roll

$6.99

Check out our daily homemade lunch specials! Something different every day!

(In Front of Thunderbird Entertainment Center
Next to AST Smoke Shop)
Some services that are offered include:

- Business Cards
- Invitations
- Announcements
- Calendars
- Banners
- Logo Designs
- Graphics
- Brochures
- Envelope Designs
- Copies

2.25% Down Payment
No Monthly Mortgage Insurance Premium
Lower Closing Cost
Must be a Member of a Federally Recognized Tribe

2200 NW 50th St. #139C
Oklahoma City, OK 73112
Phone. 405.751.3800
Fax. 918.392.8325

www.gatewayokc.com
Foster Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child’s parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Melissa Lopez 405-275-4030 ext. 166.
PHARMACY NEWS
ABSENTEE SHAWNEE TRIBAL PHARMACY
SHAWNEE, OKLAHOMA

The Absentee Shawnee Tribal Pharmacy (Shawnee Location) can fill prescriptions for enrolled tribal citizens only.

The Absentee Shawnee Tribal Clinic Pharmacy in Little Axe can fill prescriptions for tribal citizens written by Physicians not located a Tribal Clinic under the following circumstances:

1. The prescription is for an Absentee Shawnee Tribal citizen who has an established chart at the Little Axe Clinic.
2. The prescription is on the formulary of approved medications and stocked in the pharmacy.

The following are a few tips to help us deliver pharmacy services to you more efficiently:

☑ Present insurance cards each time you pick up or drop off a prescription.
☑ Keep us informed of all changes in address, phone number and other contact information.
☑ Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
☑ If you have any questions concerning your prescription please feel free to call and talk to our Pharmacist. They are here to assist you with your pharmaceutical needs.

If you’d like to submit an ad or article give us a call at (405) 598-1279 or send us an e-mail at mediadept@astribe.com

ALL ARTICLES WILL BE SUBMITTED AS RECEIVED.

Office of Environmental Health & Engineering

• Tribal Housing Improvements Application

The Tribal Housing Improvement Program’s goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most “in need” tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

a. Handicapped/Disabled and Elderly
b. Income
c. Family Size/Overcrowded Living Conditions
d. Condition of Home

Other Programs available:

• Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.
Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, Ok 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235

Absentee Shawnee Tribe of Oklahoma

Little Axe Clinic • Little Axe Dental Clinic
15702 E. Hwy 9
Norman, Oklahoma 73026

Phone: (405) 447-0300   Fax: (405) 447-2250

Clinic Operating Hours
Monday thru Friday  8:00 a.m. - 5:00 p.m.
Weekends/Federal Holidays
Closed

* Clinic and Pharmacy will be closed the 3rd Wednesday of each month from 1:00 p.m. to 5:00 p.m.

MERRY CHRISTMAS - DECEMBER 2010
FREE Smoke Alarms and Carbon Monoxide Detectors still Available!!

OEH personnel will provide and install smoke alarms and/or carbon monoxide detectors for enrolled Absentee Shawnee tribal members living in Pottawatomie, Cleveland, or Oklahoma County.

Please complete an application/short survey form and schedule a time and date for installation. Application/survey forms are available at the OEH office and at www.astribe.com.

Please contact OEH at 214-4235 for more information.

---

Absentee Shawnee Tribe

Enrollment office

Address Change Request

Date: ____________  CDIB# _____________  Birth Date: ______________

Full Name: ______________________________________________________

New Address: ____________________________________________________

City: _________________________  State ________  Zip Code: ___________

County: _________________________  Home Phone (____)________________

_______________________________________________________________

Cell Phone (____)________________

_______________________________________________________________

Tribal Member Signature  Date

---

Please Mail to:
Absentee Shawnee Tribe
Enrollment Office
2025 S. Gordon Cooper Drive
Shawnee, OK. 74801

MERRY CHRISTMAS - DECEMBER 2010
## 2010 TRIBAL PHONE NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Tribal Complex</td>
<td>(405) 275-4030</td>
</tr>
<tr>
<td>Building Blocks</td>
<td>(405) 878-0633</td>
</tr>
<tr>
<td>Health Programs</td>
<td>(405) 878-4702</td>
</tr>
<tr>
<td>Little Axe Clinic</td>
<td>(405) 447-0300</td>
</tr>
<tr>
<td>Little Axe Dental</td>
<td>(405) 307-9704</td>
</tr>
<tr>
<td>Shawnee Clinic</td>
<td>(405) 878-5850</td>
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<tr>
<td>Shawnee Pharmacy</td>
<td>(405) 878-5859</td>
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<tr>
<td>Behavioral Health</td>
<td>(405) 878-4716</td>
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<tr>
<td>LA Resource Center</td>
<td>(405) 364-7298</td>
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<tr>
<td>LA Cultural Center</td>
<td>(405) 447-3372</td>
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<tr>
<td>AST Police</td>
<td>(405) 275-3200</td>
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<tr>
<td>OEH/OEP</td>
<td>(405) 214-4235</td>
</tr>
<tr>
<td>AS Housing Authority</td>
<td>(405) 273-1050</td>
</tr>
<tr>
<td>Thunderbird Casino</td>
<td>(405) 360-9270</td>
</tr>
<tr>
<td>AST Media Dept</td>
<td>(405) 598-1279</td>
</tr>
<tr>
<td>AST Media Dept Fax</td>
<td>(405) 598-1294</td>
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<tr>
<td>AST Tribal Grocery &amp; SmokeShop</td>
<td>(405) 364-0668</td>
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<tr>
<td>AST Country Kitchen</td>
<td>(405) 366-7220</td>
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<td>AST Smokeshop in Harrah</td>
<td>(405) 454-0055</td>
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