Lí-Sí-Wí-Nwí "Among the Shawnee"

## December 2011

## Inside this issue...



Raising the flags

L to R: Don Schulenberg, Richard Birdtail, Roy Charley, Esteline Schulenberg, David Little, Walter Larney

# **AST Veterans Day Recognition - November 10, 2011**



Wayne Longhorn U.S. Army WWII Germany Leah Bates & Lisa Botone (Granddaughters)



Walter Larney receiving plaque from Gary Wabaunsee U.S. Marine Corps Vietnam



John Sloat U.S. Army 101st Airborne WWII Korea Lt. Governor Isaac Gibson, Jr. and Representative Jeffrey Gibson



# Governor's Corner

Aho Tribal Members

Hope everyone got plenty to eat for Thanksgiving.

I was glad to see the good turn-out we had for our children's Halloween party. Thanks to ALL departments for putting this party together for our children, thanks for the candy, prizes, hot dogs, and drinks you provided for the children.

Today we are getting ready for Christmas for our children, putting together a program they will enjoy. At this time we are getting ready for our employees Thanksgiving appreciation dinner, we want to thank our employees for their diligence and hard work they all do for you all and this tribe.

My main concern as your Governor is to find ways to help all tribal members in their time of need and I'm always looking for funds to help those in need of repair to their homes and property.

Hope you and your families have an enjoyable Christmas and a Happy New Year.

Ne yi wa,

Governor George Blanchard



- 1. wash your hands ka ke fe la ge yi
- 2. go to sleep na pi lo
- 3. come let's eat pe yi lo ka we fa ne pa
- 4. be still no la we lo
- 5. quit doing that ko li ge
- 6. stop crying ko li ge we fi qa
- 7. come in pe te fi lo
- 8. how are you doing hi ke ho wa se li si mi mo
- 9. I am fine ta pe ne ho wa se li si mi mo
- 10. I'm glad to see you ne ho we se la pe wi ya no li
- 11. it is a good day ho wa se ke se ke
- 12. Good Morning ho wa se wi pi ne

## LT. GOVERNOR'S Report

At the first of the month Executive Committee members and staff meet to discuss possibilities for Tecumseh Square. Old ideas were rehashed and some new ideas were tossed around. I know it seems like a long time coming but there are still plans for Tecumseh Square. Prior to reaching a final decision we will let you know of what our initial plans are and proceed from there.

There was also a pre-construction meeting, at the Brendle Corner site held on November 4th. The Lieutenant Governor's office, Indian Reservation Roads, the Representatives office and the TERO Director were in attendance on the tribal side. The engineering firm was represented along with the Vice President, Silver Star Construction were in attendance. Surveying and flagging lines had already begun. The plans to turn ground were noted to be within the next seven (7) to ten (10) days. Due to weather and other reasons no earth has been turned. Other factions of the project have been started/completed but are not visible as you drive past. Very soon you will see heavy equipment and major work being completed. Silver Star's Vice President assured us that once they were able to start with the construction equipment, if the weather held the project shouldn't take any longer than four (4) to five (5) weeks.

On the 10th of November the Tribal Health Department held an event to honor Absentee Shawnee Veteran's. It was a very nice ceremony. Each Veteran received a plaque then the Honor Guard was presented a large plaque that will hold the names of all Absentee-Shawnee Veteran's, those that have already served, those who are serving presently and those who will someday serve our great country.

The week of November 14th this office and Indian Reservation Roads staff attended the 14th National Tribal Transportation Council's conference. Safety is a big issue with the Department of Transportation and Federal Highway at this time. One of the big topics was signage. I was proud to announce that the Absentee Shawnee had just placed new signs at the complex. We are still operating under the guidelines that were passed eight (8) years ago (SAFE-TEA-LU). The federal guidelines are being revised but the Oklahoma tribes are doing well under SAFETEA-LU. We will have to keep an eye on the revised legislation and make comments when they are not favorable to non-reservation tribes.

Thanksgiving will have passed by the time you receive the newsletter but I would like to wish all of you a Merry Christmas and a happy new year!



As this year comes to an end, I would like to take this opportunity to let you know that I am thankful for the opportunities I've had in my new position here at the tribe. I've had the opportunity to meet more tribal members, I've made some new friends, had a chance to renew some old acquaintances, found some relatives I didn't know I had, and I've had an opportunity to work with a great group of people here at the tribe. Each is a blessing.

I've tried to help everyone who has come to me by doing whatever I could to help them get the services they need. Sometimes it was as simple as helping them to better understand our programs, or clearing obstacles that they encountered. Sometimes I just listened to them vent their frustrations over the annoyances in their lives and I tried to help them work through their problems using the services we have to offer. In a couple of instances, there was nothing I could to do to help and this frustrated me. I think of these instances often and hope that the next time they call, I will be able to help.

The new clinic in Little Axe is progressing as planned and is scheduled to be open by the end of March 2012. We are planning to have our spring general council meeting at this location so that visitors will have a chance to tour the facility either before or after the meeting.

I'm working with the Education Department on a project to implement two new annual youth awards; AST Academic Student and Athlete Of The Year for both a male and female student. The committee includes myself, Representative Gibson, Tresha Spoon, Randy Edge, and Joseph Blanchard. We were originally looking at limiting the applicants to senior high school students only. But when we looked at the number of potential applicants, we felt the numbers were too small. To compensate for this, we included junior high school students in hopes that this would give us a broader number of applicants to consider. Our goal is to recognize students/ athletes that have gone above and beyond in their performance and to encourage them to strive for excellence in the future. You can find more information on this program elsewhere in this newsletter in an announcement by the Education Department. Applications will be accepted January 1 to March 1, 2012.

Our website improvement committee is making progress in redesigning the AST website. We are working on a new design that incorporates elements of our history and tradition that are important to our tribe. Our goal is to design a website that is easy to navigate to find the information that is needed. The new website should be online by the end of the year.

The end of this year is a busy time for everyone here at the complex as we wrap up old projects and make plans for next year. Budgets are being prepared, annual audits are getting scheduled, files and records are being closed out, and we are preparing for a successful new year.

I'm looking forward to the challenges and opportunities for our tribe in the coming year. We need to continue to improve the services we offer and take advantage of opportunities for the advancement of our tribe. I would like to see us be more proactive and involved in developing some strategic planning for 5 to 10+ years down the road. I would also like to see us seek out more opportunities to partner with other tribes on some important initiatives which may allow us

to accomplish more than we could alone. We have some tough decisions to consider for the coming year and the decisions won't be easy. I feel that the current Executive Committee will face the challenges and pull together to make the best decisions we can make in guiding the direction of the tribe.

I know that many of you have lost loved ones this past year and it will be difficult to face the coming year without them. My thoughts are with you and your families. To all tribal members – I'm wishing you and yours a joyful holiday season and a new year blessed with health, happiness, and peace.

Teri Reed – Secretary teri@astribe.com 405-275-4030 Ext 104

# TREASURER'S Report

Happy Holidays Tribal Members,
Hope you have enjoyed your holidays with your family and friends.
Winter is here, so bundle up and keep yourselves warm! We continue to be busy with day to day functions here in the Office of Treasurer:

- Monthly Program Directors/ Managers meeting here at Tribal Complex
- Monthly Health Authority and Li-Si-Wi-Nwi board meetings and monthly construction meeting held at Shawnee Clinic conference room and the Nabholz construction meeting held at AST Resource Center
- ASEDA Board Monthly meetings and ASEDA Fleet Special meeting as Ad Hoc non-voting member
- Executive Committee had a regular scheduled meeting and a special called meeting. See Resolutions Page.
- Congratulations to Executive Committee's Employee of Month November Winner, Dos Owings
- Reading to students at Jefferson

Elementary, Title VII Indian Education: Currently there are 128 Native American students attending school at Jefferson Elementary (1st through 5th grade). The Shawnee Indian Education program goals are to increase the student performance in the areas of Reading, Writing, Science and Mathematics. I have volunteered my time with Indian Education by coming to read Native American stories to the 1st and 2nd grade students on the 3rd Thursday of each month and encourage the children to read on their own. This small gesture will go a long way in influencing the children to want to read.



- Monthly Redstone Investment meeting and investments are doing fine considering the economics.
- American Indian Chamber of Commerce of Oklahoma (AICCO) meeting at Twin Hill Golf & Country Club. This organization is a great place to network with other tribes and businesses.
- Attended The 2011 Red Feather Gala, Cox Convention Center, sponsored by Oklahoma City Indian Clinic. Financial Consultant, Eddie Brokeshoulder won a ticket at AICCO mtg and couldn't make it so I went in his place. It was a Black/Red Tie formal wear event. Governor, wife (Sue Blanchard), and Beverly Felton also attended. Great opportunity to meet with other tribal officials, businesses, media, and the Honorable Brad and Kim Henry who received a Pendleton and white shawl with OKC Indian Clinic logo printed on it.
- Reviewing and analyzing new budgets for 2012.

- Our Indirect Cost Proposal for 2012 has been signed and mailed to the National Business Center for approval. 2011 rate was 21.98% and we expect our rate to increase, but we will have to wait and see. Just an estimate, and this is based on Li-Si-Wi-Nwi influx of activity when it opens first quarter 2012.
- We have begun the Audit Preparation for the 2011 Audit. March 2012 will be approximately the time set. All the Tribe's entities will be audited first and those will roll up into the Tribe's Government wide financials: (ASEDA; ASEDAFleet; AST Counseling Services; Store; Harrah Smoke Shop; and LA Restaurant; All-Nations Bank; and Thunderbird Casino's Locations 1 and 2). The Audit will include the MD&A (Management Discussion and Analysis). This report gives a brief review and explanation of Audit. An "unqualified" audit which when compared to an educational grading scale is an "A" and it is our goal that the 2011 will be just as good.
- Economic Development Technical Assistance Grants: Had a teleconference to discuss an opportunity to apply for FY 2012 Economic Development technical Assistance grant offered by Office of Indian Energy and Economic Development (EED), U.S. Department of Interior. We hope to apply for this grant to foster more economic activity and create jobs within our tribal communities.
- Attended the 15th Annual Veteran's Day Pow Wow, Saturday, November 5, 2011, Had great attendance.
- Attended the Tinker Inter-Tribal Native American Heritage luncheon on Wed, Nov 2, 2011, along with all of the Executive Committee Members. Keynote speaker, Caroline Willis, an Instructor of Kiowa F Language and Culture at the University of Oklahoma. She

gave a wonderful speech about the importance of keeping and teaching your native language and cultural traditional beliefs to the young and old.

- Absentee Shawnee Tribal Health System, Executive Director, Gary Wabaunsee and Wynona Coon were responsible for putting together an event "Honoring our Veterans", front lawn, Bldg 1, AST Complex, Thursday, November 10, 2011. They gave out medals depicting all four branches of services and a wall of fame will be displayed at the new Li-Si-Wi-Nwi Health Facility.
- Attended the Constitutional Revision Committee on Saturday, November 13, 2011. If anyone interested in working on this committee, please attend next meeting, Sunday, December 18, 2011, 2pm, AST Resource center in Little Axe.
- Grand Opening of Shawnee Health Clinic on Wednesday, November 30, 2011, 1-3pm. Come look at the newly remodeled clinic and changes made.

٠

This past year 2011 has been an awesome, economically progressive time for the Absentee Shawnees! We have started various businesses, opened ALLNations Bank, Shawnee Thunderbird #2 Casino, ASEDAFleet, Absentee Shawnee Counseling Service in OKC, lowered our blood quantum to 1/8th, enrolled members have increased to 3477 as of this writing, our Shawnee and Little Axe clinics are providing outstanding care and opening/ closing new hours to offer our tribal members more and better services, store and restaurant has been going through much improvements, Governor and Tribal Member Mary Birdtail, received AARP Elder of Year awards, etc. Just to name a few of the events and progression, as we continue to grow in businesses and services.

#### **FUTURE GOALS FOR 2012:**

Being your elected official, I

want to continue to have accountability, communication, working relationships that foster leadership development, implementing new programs and strategic planning for 2012.

- Continue to search for grants that can advance economic activity and create jobs within the tribal communities through our business arm Absentee Shawnee Economic Development (ASEDA).
- Continue to have clean audits. For the past three years, we have been given clean audits and my goal is to continue this into 2012.
- Continue to work with Finance Department to continue to increase revenue and reduce expenditures, but not to hinder tribal member services.
- Year 2012 looks to be a continued progression for our tribe and the tribal members.

Sincere appreciation goes out to the ladies of the Finance Department and the Controller, Belinda Collins, as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their tireless dedication and commitment we could not keep the financial transactions processes flowing!

Also, would like to extend my appreciation to the Financial Consultant, Eddie Brokeshoulder, who continues to assist me with numerous projects, attend meetings where I cannot attend, and consulting decisions in the office of Treasurer!

We appreciate all your phone calls, emails, and visits. May God continue to bless you and yours! See below articles from AllNations Bank; Financial Consultant, Eddie Brokeshoulder; and Finance Department.

Respectfully yours, Kathy Deere, Treasurer

#### FINANCE DEPARMENT DECEMBER 2011

The Finance office continues our efforts in keeping the day to day activities flowing efficiently and effectively through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

The Indirect Cost Proposal for 2012 has been signed and mailed to the National Business Center for approval. Our rate is up from 17.74% for 2010 to 21.98% for 2011 and we expect our rate to increase; however that is just an estimate. This estimated increased is based on the influx of activity deriving from the new clinic opening in 2012.

Budgets for 2012 have been sent to program managers for approval and are estimated expenses were balanced to estimated revenue. We expect revenues to increase based on the new Casino (estimated at approximately \$600,000; which is a very conservative estimate). We based revenues for 2012 from the first 3/4 of the year for past revenues. (Calculate revenues through September 30, 2011 divide this number by 3 then times it by 4 to get an annual estimate based on actual revenues for three-quarters of the year). The estimate for expenses will be calculated the same.

The finance department continues to complete accounting by the seventh day of the month and have been since August 2010; so that financial reports can be created for the Health Authority and Li Si Wi Nwi, Health Inc. boards for health programs both Shawnee and Little Axe. The Finance staff will begin November reconciliations for financial reporting on the first of December. It is imperative the accounting / bookkeeping continue to stay ahead of all of the accounting so that audits go smoothly so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audits are used to calculate the proposal. We continue to explore avenues that will make accounting for the tribe's finances a smooth process including billing package for health programs. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board).

We have begun Audit Preparation for the 2011 Audit. Plans for the Audit will be approximately in March 2012. All the Tribe's entities will be audited first and those will roll up into the Tribe's Government wide financials; (ASEDA; ASEDA Fleet, AST Counseling Services, Store, Harrah Smoke Shop; and Restaurant: AllNations Bank: and Thunderbird Casino's Locations 1 & 2). The Audit will include the MD&A (Management Discussion and Analysis).

The MD&A report is an informative report within the 2011 Audit; which is a brief review and explanation of the Audit. The 2010 Audit was an "unqualified" audit; which when compared to an educational grading scale is A; and it is my goal that the 2011 will be just as good.

The Tribe currently has compact funds of BIA and I H S, 51 Grants, and the new Clinic business.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe.

The Finance Department employs 11; with 7 (64%) being AST Tribal Members and 4 (36%) being non-natives.

This department, as always, would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our group effort toward accomplishing our goal. Now that we are caught up, we are dedicated to continue our efforts in this direction.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you in any way I can.

Respectfully, Belinda Collins, Controller

#### Financial Consultant

#### Hello Tribal Members,

As your Financial Consultant, I hope this report finds everybody in the true spirit of a Merry Christmas and Happy New Year. This past year has produced optimism in economic development, banking institution and improved healthcare for our Tribe. The office of Treasurer, wish each of you a prosperous new year and it is our hope to provide you with a transparency of sound financial reporting and operations.

The following activities I have been involved and participated.

**General Fund**: Reviewed and analyzed Treasurer's monthly general fund encumbrance report.

**Indirect Cost**: Reviewed and analyzed Treasurer's monthly Indirect Cost encumbrance report.

Absentee Shawnee Economic Development Authority, Inc. (ASEDA): Attended monthly board meeting discussing current business operations and future business strategies.

Redstone Investments: Attend-

ed monthly financial investment meeting, topics included status of current investment strategies and future investment options.

American Indian Chamber of Commerce of Oklahoma (AIC-Attended monthly OKC **CO**): AICCO chapter special celebration luncheon Native American Heritage Month at Twin Hills Golf & Country Club, Oklahoma City, Oklahoma. Invited were 15 major partnership organizations that attended in fellowship and networked. I was fortunate to win in a drawing a ticket to the 2011 Red Feather Gala, Cox Convention Center, sponsored by Oklahoma City Indian Clinic. Honored guests were The Honorable Brad and Kim Henry, for their contribution and lifetime dedication to Native American's in Oklahoma.

**Economic Development Techni**cal Assistance Grants: Treasurer and I participated in a telephone conference call to discuss an opportunity to apply for FY 2012 Economic Development Technical Assistance Grant offered by Office of Indian Energy and Economic Development (IEED), U.S. Department of Interior. The funding is provided by IEED's Native American Business Development Institute (NABDI) grant program to foster economic activity and create jobs within tribal communities.

**CY 2012 Treasurer General Fund Budget**: Reviewed and analyzed Treasurer's CY 2012 annual General Fund budget.

**CY 2012 Treasurer Indirect Cost Budget**: Reviewed and analyzed Treasurer's CY 2012 annual Indirect Cost budget.

In closing, once again it is our hope that you have a safe and joyful New Year. Should you have questions, please call me at 405.275.4030 ext 148.

Respectfully,

Eddie Brokeshoulder Financial Consultant

### **ALLNATIONS BANK**

Good day to our friends from all of us, at your bank, AllNations Bank.

Imagine for a moment that you are stranded on a desert island. You can see ships passing, but they cannot see you. You are dehydrated, in need of water, about to give up hope when you spy a large crate that has washed up on shore. You manage to open the crate and discover...

What would you rather find in the crate? Fresh water and rescue flares, or \$100,000 in cash?

The point is, although most people are concerned about the amount of money they have, it is not your wealth that is really important. You could be very wealthy on the island, just before you perished. You cannot eat, wear or drive around in money.

It is what money can buy that is important. What money buys can be defined as satisfaction. It is the satisfaction you receive from purchasing goods and services that makes money valuable. Buying food satisfies hunger just as buying insurance satisfies a need for financial security.

You can maximize the amount of satisfaction you get from money with a budget. A budget helps you analyze spending decisions in terms of reaching financial goals you have set for yourself. Maybe you have set a goal of buying a new car or you want to save for college for yourself or your children. Budgeting helps you reach your financial independence.

Every time you spend money, you are making a series of choices simultaneously. You are choosing to purchase something you need or want today, instead of saving the money to use for something you will need or want tomorrow.

When you stop to think about the number of purchases you make and the multiple decisions involved in each purchase, you will begin to see the value of having a budget. A budget allows you to consider all your spending choices within a single framework, instead of individually as they arise. Your budget is an extremely valuable tool because it performs three functions: 1. It is your spending plan. 2. It becomes the control mechanism that helps you stay on course and meet your spending and saving targets. 3. It is the basis for evaluating actual spending and comparing to your plan.

The raw material of a budget is information. It is the facts and figures about the money that comes into your possession and how you dispose of it. A budget is created by organizing bits of information in a particular format. The better the information, the better the plan.



Wishing everyone a Merry Christmas and Happy New Year.

## Realty Department

LANDOWNERS OF 820 371-H, 371-J, 371-L, 371-N, JOE BILLY ALLOTMENTS AND 820 372-C, PIE-HIC-CHO-SIM-O ALLOT-MENT:

In the near future, you will receive notice from Avalon Exploration or Reagan Smith Energy Solutions regarding a right-of-way application to install gas and disposal pipelines which will require your approval. Please contact the Realty Office if you have any questions or concerns on this process.



CURRENT JOB POSTINGS AS OF NOVEMBER 21, 2011

#### GAMING COMMISSION

Surveillance Operator Surveillance Director Internal Auditor

## COURT/LEGAL/POLICE

- Supreme Court Tribal Judge

BUILDING BLOCKS - Floater

## DOMESTIC VIOLENCE

#### HEALTH

Staff Physician – Shawnee Clinic
Nurse Practitioner/Physician Assistant
Elders Outreach Specialist (2)
Optometric Technician
Registered Nurse
IT Manager
Pharmacy Aid
Behavioral Health Clinician (Clinic Only)
Behavioral Health Clinician (Outreach)
Medical Laboratory Technician
Behavioral Health Clinician
REACH Coordinator

CW/SOCIAL SERVICES - ICW Director

**OEH/OEP** - Water Quality Specialist

Human Resources - Director

> Job descriptions will be available online: <u>http://www.astribe.com/</u> <u>Employment.html</u>

If you have any questions about the job positions and their job descriptions you can also contact Tricia Dietrich in the Human Resources Department at the Absentee Shawnee Tribe of Oklahoma at: (405) 275-4030.

Resolutions

The following are Resolutions passed through October 19, 2011

#### **EXECUTIVE RESOLUTIONS:**

#### E-AS-11-80 11/02/11

Approves and accepts Zaylee Jew`EL Haumpy, Melissa Susan Case, Betty Jean Jordan, Lisa Renee Brown, Lillian Grace Miller, Jose Raul Aguirre, Carlos Eriberto Aguirre, Daniel Enrique Aguirre, Jose Ricardo Aguirre Perez Jr, Elizabeth Diane Cox, Nickolas Wayne Panther, Kaden Allen Jimboy, Cache Lewis Blanchard, Mitchell Bryan Bradshaw, Karsyn Marie Bradshaw, Kamyrah Lemarea Illiana Little Axe, Kason Ryan Blanchard, Felipe Herrera Marquez III, Attison Elaine Tiger, Marissa Kaitlynn Johnson-Stephenson, Alyssa Cyndel Johnson Stephenson and Bryon Darius Johnson-Stephenson as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

#### E-AS-11-81 11/02/11

Acknowledges and authorizes the corrected blood degree change for **Mabel Beatrice Cox Aguire** and hereby makes it known that this individual is an enrolled Tribal Member and is now and forever the degree of Absentee Shawnee Indian blood as corrected and shown above.

#### E-AS-11-82 11/16/11

Authorizes and approves entering into a contract agreement with Tribal Planning Services for grant writing services in the amount of One Thousand Five Hundred Dollars (\$1,500.00) for the purpose of submitting a grant to FEMA/OEM to fund the construction of an Emergency Operations Center for the Tribe's Department of Public Safety.

#### E-AS-11-83 11/16/11

Amends Chapter 11 of the Absentee Shawnee Tribe of Oklahoma's Administrative Systems Manual to read as shown in the attached document. (*Changes to the Family Medical Leave Act*)

#### E-AS-11-84 11/16/11

Approves and accepts Bearen Demetrio Araujo, Peiress Awmae Montgomery, Alyssia Shylarae Spoon, Autumn Dawn Morgan, Alissa Ann Morgan, Avin Tyler Morgan, Elias Micah Barriga, Rogelio Alberto Barriga Jr., Joshua Deen Barriga, Sommer Rae Barriga, Calib Jay Barriga, Hally Marie Harvey, Nevaeh Nicole Harvey, Ronnie Troy Harvey and Zackery Colin Dell Harjo II as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

#### E-AS-11-85 11/16/11

Hereby commends and supports the resolution submitted by the Seminole Tribe of Florida, "Native American Veteran Memorial Initiative."

**FURTHER**, that the Absentee Shawnee Tribe of Oklahoma encourages the Absentee Shawnee Tribe of Oklahoma Veterans Association to assist in any efforts to support the Seminole Tribe of Florida in its "Initiative."

## **EMPLOYEE OF THE MONTH**



DOS OWINGS November 2011 Submitted by Belinda Collins

Her initiative, resourcefulness, and untiring efforts to achieve perfection in all phases of her duties resulted in increased operational efficiency of the Title VI program. She has should red innumerable important responsibilities for the Title VI program.

She complies with guidelines and health and safety procedures without reservations and with a positive attitude. Schedules events for the elders to attend and participate as much as possible.

She is always so kind and thoughtful. Ready to do what she has to get things done, whether it being cooking, cleaning, delivering meals, etc. Always smiling, always at work, and she follows deadlines and requests with

## **FREE Smoke Alarms and Carbon Monoxide Detectors still Available!!**

OEH personnel will provide and install smoke alarms and/or carbon monoxide detectors for enrolled Absentee Shawnee tribal members living in Pottawatomie, Cleveland, or Oklahoma County.

Please complete an application/short survey form and schedule a time and date for installation. Application/survey forms are available at the OEH office and at www.astribe.com.

Please contact OEH at 214-4235 for more information.

## AST TRIBAL HEALTH GIVES CHILDREN COATS TO **KEEP WARM**







On November 14, 2011, the Tribal Health Systems presented the Building Blocks Daycare Center with coats for the children at the facility. A Coat Drive held during October in which each employee of our Tribal Health Programs donated a new coat. Assisting with the presentation were members of the Customer Service Task Force Committee.





					F	FY-2011 YTD TAX COLLECTIONS (thru )OCTOBER	IONS ER							Run Date: 11/15/11
TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	МАҮ	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	TOTAL	TAX COLLECTED
Sales (6%)	\$10,465.58	\$12.34	\$16,646.46	\$5,088.76	\$15,566.63	\$7,193.56	\$10,539.59	\$11,250.68	\$5,486.74	\$102.45	\$0.00	\$0.00	\$82,352.79	\$82,352.79
Gaming	\$102,200.00	\$50,000.00	\$126,145.00	\$200,000.00	\$196,337.00	\$207,561.00	\$100,000.00	\$103,835.00	\$180,000.00	\$205,697.00	\$0.00	\$0.00	\$1,471,775.00	\$1,471,775.00
Employee (1%)	\$15,754.96	\$0.00	\$18,485.67	\$6,507.55	\$9,378.31	\$18,471.03	\$4,217.44	\$21,160.54	\$4,177.25	\$0.00	\$0.00	\$0.00	\$98,152.75	
Severance (8%)	\$888.64	\$2,062.45	\$2,103.94	\$966.79	\$1,424.72	\$2,347.87	\$0.00	\$2,340.58	\$51,706.48	\$8,046.42	\$0.00	\$0.00	\$71,887.89	\$71,887.89
M Vehicle	\$12,422.54	\$11,428.73	\$15,470.44	\$12,156.17	\$11,291.89	\$11,283.67	~	\$11,997.85	\$14,037.66	\$9,344.82	\$0.00	\$0.00	\$123,123.89	
Tobacco Refund	\$18,501.65	\$18,412.20	\$14,507.15	\$13,955.28	\$13,165.79	\$19,772.47	\$15,870.57	\$15,434.81	\$18,504.89	\$9,028.26	\$0.00	\$0.00	\$157,153.07	\$157,153.07
TOTALS	\$160,233.37	\$81,915.72	\$193,358.66	\$238,674.55	\$247,164.34	\$266,629.60	\$144,317.72	\$166,019.46	\$273,913.02	\$232,218.95	\$0.00	\$0.00	\$2,004,445.39	\$2,004,445.39
Miscellaneous	\$160.00	\$80.00	\$132.50	\$150.00	\$212.50	\$120.00	\$130.00	\$80.00	\$220.00	\$110.00	\$0.00	\$0.00	\$1,395.00	\$1,395.00
TOTAL COLLECTION	\$160,393.37	\$81,995.72	\$193,491.16	\$238,824.55	\$247,376.84	\$266,749.60	\$144,447.72	\$166,099.46	\$274,133.02	\$232,328.95	\$0.00	\$0.00	\$2,005,840.39	\$2,005,840.39
NOTES: - Sales Tax = 6% of Gross Sales - Gaming Tax Free cash flow - Employee = 1% of Gross Wages - Severence Tax = 8% of Total Production Market Value	of Gross Sales Free cash flow 16 Gross Wages 8% of Total Production	on Market Value												



November month has been a challenging month with great opportunities for TERO and the Tribes Entities. November 1st TERO had a meeting with Director of Education and Health Administrator staff in search of producing a Health Careers Education Scholarship. TERO will be directing applicants who have interest in the Health Field to fill out an application for a review process. TERO will be glad to help in filling out the application and suggestions in becoming a great scholarship candidate.

November 3rd, TERO had a meeting with Thunderbird General Manager and Human Resources concerning the application process. TERO is collectively working together inclusively with the Casino applicant's (particularly tribal members) status to create a more responsive feedback and provide a greater number of qualified applicants. My focus is to get our business at the Casino to be operated by Qualified Indian Employees. If you as a tribal member need feedback on your casino application, please call the Human Resource Office at Thunderbird or contact TERO. Thunderbird Casino and Absentee Shawnee TERO are currently building a relationship to help improve our tribal community and put forth a more productive business.

From November 1st- 21st, TERO Office had 136 inbound phone calls, 14 new applicants by walkin, 52 walk-ins. Questions concerning information about employment, TERO Services, creating a resume, looking online for jobs and checking in for day to day job listings.

We will be meeting with the local universities and technology centers to have applications for career/development and scholarships. Please contact TERO and Education for copies and direction as how to apply. We are looking forward into receiving many more applicants and putting more of our qualified Tribal people to work!

For further questions contact our TERO Staff: Randy Edge, TERO Director

Bridgette Wilson, TERO Office Assistant

There is staff onboard Monday thru Friday from 8-5. Please call 405-275-4030 and choose option #2.



### **ASSESSMENT & SCHOOLS**

(State Approved)

Monday - Friday 8:00 to 5:00

Call Linda Or Glenna PHONE: 275-3432

Absentee Shawnee Tribal Police Department 2025 S. Gordon Cooper Drive, Building 19 Shawnee, OK 74801

## Come and join us with the Tribal Youth Program. We offer many opportunities to youth between the ages of 11 and 17.

Our afterschool program is located at the Little Axe Resource Center and runs Monday through Thursday from 3:00pm-6:00pm. The program days are filled with games, physical fitness, tutoring, community service, prevention, field trips and much more.

During the month of November we were able to help many students with schoolwork and work with them on responsibility. We also learned some actual history of the first Thanksgiving, played numerous

games, ran each day to promote physical fitness with the diabetes program, and filled boxes with donated food for ICW's "Stuff a Family for Thanksgiv-



ing". Our students have benefitted from our on-site

free tutoring, as well as our prevention topics that have been covered over truancy, drugs and alcohol, tobacco and gangs.

TYP also runs a Youth Council that is stationed at the AST complex in Shawnee. This youth council allows students to meet each month and volunteer in the community, visit college campuses, and plan upcoming events that they would like to be involved with. During the last few months we have visited the University of Central Oklahoma campus, went to "Native Days" at the Oklahoma

State University

campus, and have planned a tour at

the University of Oklahoma for December 3rd. We have also helped with "Stuff a Family For Thanksgiving", helped with the concession stand at the Fall Festival, and plan to help with wrapping presents for the upcoming "Angel Tree".

If you would like for your youth to be involved with any of the programs in the Tribal Youth Program we would love to have them. Your youth can sign up for any of the programs if they meet the age requirements. Each year we also have a spring break camp and a summer camp that the students can be involved with as well. Just give Jared Duroy a call at (405) 364-7298.



# VETERANS POW WOW NOVEMBER 2011































## EDUCATION DEPARTMENT

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

- <u>Academic (K-12) Program:</u> assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calender year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- <u>Graduate Scholarship Program</u>: funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

#### **Attention:**

If you are considering taking courses for the spring 2012 semester, please contact the Education Department as soon as possible.

All applications and guidelines are available at <u>www.</u> <u>astribe.com</u>. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to <u>tresham@astribe.com</u>.

#### ANNUAL HIGH SCHOOL AWARDS: ACADEMIC ACHIEVEMENT AWARD ATHLETE OF THE YEAR AWARD

High school students and varsity athletes of both genders in their Junior or Senior year of High School within the 50 United States are eligible to apply for these awards for the 2011/2012 school year. Applications will be accepted from January 1 to March 1, 2012 by US mail or email. The official application form will be available at www.astribe.com under the Education Department by December 31, 2011 and will also be available in the January edition of the AST newsletter.

The purpose of these awards is to recognize the outstanding contributions of our native youths and to promote excellence in academics and athletics in high school and beyond. "Our vision is to annually recognize those high school students who have gone above and beyond in academic and athletic achievement and who have had a positive impact in their schools and in the communities where they live", said Tresha Spoon – Director of Education. "We want to create a positive experience in their lives that will help to propel them to higher levels of excellence as they move forward towards college or where ever their lives may take them", she said.

Individuals are encouraged to nominate deserving high school student/ athletes. You may nominate yourself. Applicants will need to submit a record of accomplishments, sponsoring letters of recommendations from educator(s) and/or coaches, an official high school transcript and a short essay. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards.

Look for more information on these awards in the January newsletter. Questions on this award program should be addressed to:

Education Department - Tresha Spoon 2025 S. Gordon Cooper Drive Shawnee, OK 74801 405.275.4030 Ext 121 youthaward@astribe.com



Come and join the Absentee Shawnee Youth Council...

<u>All</u> middle school and high school youth are welcome!

B

We will be meeting once every month to cover topics that interest our y

We are involved with our communities through hands-on activities and projects. <u>The AST Youth Council and TYP After-school</u> <u>Program volunteered to sort boxes for the PSSF/ICW's Annual</u> <u>Food Drive.</u>

*Our 5th Meeting for the 2011-2012 school year will be Saturday, December 10th at 10:00 am - 12:00 pm in the basement of Building #3.* 

Youth are encouraged to bring a \$5 gift to donate to the PSSF/ ICW Angel Tree program. You do not have to bring a gift to come to the meeting. We will have games and other activities, as well as freshments during our December meeting.

If you are interested in becoming a member of the AST Youth Council, please contact.....(405) 275-4030 Jared ext. 193 or Tresha ext. 121





Domestic Violence October Ballon Release

Chili Cook-Off Winner Margaret Ellis



AST Employee Halloween Contest



AST Fall Festival



AST Fall Festival



AST Fall Festival



If you are a <u>Native American Farmer</u> or Rancher

or the heir of one who was denied a

<u>USDA farm loan</u> or loan servicing between 1981 and late 1999, The claims-filing period is about to end. To receive a payment <u>you must file a</u> <u>claim</u> by December 27, 2011.

For free assistance filing a claim: call 1-888-233-5506 or visit <u>www.IndianFarmClass.com</u>.



EVERY WEEK RECEIVE \$10 FREE SLOT PLAY

Just show your Absentee Shawnee Tribal CDIB Card, to take advantage of the offer.

See Player's Club Desk for complete details

# Happy Birthday: DecemberBirthda

Adams, Misty Dawn Aquirre, Carlos Eriberto Alaee, Beverly Jo Alford, Blake Tyler Allen, Annabelle Marie Anderson Reading, Alecia Dawn Armstrong, Hobart Ash, Roger Wayne Ashmore, Anita Carol Atabaigi, Roberta Lynn Atwood, Crystal Dawn Avers, Delana Sue Ballard, Debra Ann Ballard, Donald Gene Barnett, Laketa Kaye Bates, Aria Belyn Bates, Howard Eugene Beartusk, Brian James Bender, Maecie Raelene Berry, Dakota Trah Bierd, Jamie Chereese Bigpond, Bobby Gene Blanchard, Ashley Gabrielle Blanchard, Camenah Joe Blanchard, Crystal Raylene Blanchard, Erica Michelle Bond, Delsin Wyatt Bradley, Micah Joel Bradley, Phillip Monroe Bradshaw, Mitchell Bryan Breeding, Matthew Thad Brokeshoulder, Elk Eli Brokeshoulder, Glenda Mae Brokeshoulder, Katrina Sue Brokeshoulder, Vickie Robin Brown, Charlotte Elaine Brown, Cochanna Christine Bui, Noreen Fay Bui, Wiley The Bullen, Shelly Lisa Bump, Tonya Lynn Burk, Debra Ann Butler, Wosey Jane Byers, Jonell Byers, Sherry Levon Byington, David Adam Carpenter, Whitney Rochelle Chafin, Sierra Nicole Chisholm, Keegan Conner Coddington, Emily Elizabeth Coddington, Krystal Renee Cody, Dakoda Hunter Coffee, Larry Ben Colbert, Braylon Dean Colungo, Wilma Wildena Coon, Vannessa Rae Cooper, Beverly Rose Cortez, La Donna Marie Cravens, Christopher Dale Creek, Christopher Samuel Creeping Bear, Bobby Crosswhite, Donna Elaine

Crow, Kimberly Kay Csoma, Amber Blanchard Cuellar Jr., Clifford Eugene Daugherty, Samuel Edwin Davis, Holly Ann Davis, Julius Alexander Day, George Michael Deer, Alena Rose Deere, Alvssia Lynn Deere, Gabriel Xavier Deere, Kathleen Ann Delodge, Wayne Lee Douglass, Christian Jayce Downs, Che<sup>\*</sup> Kyle Duran, Anthony George Eagledowl, Alexia Michelle Ellis, Ciara Renee Ellis, Jessica Marie Ellis, Justin Lee Ellis, Matthew Drew Elsloo, Lyla Lee Engler, Alicia Diane Evans, Steven E Farris, Stacey Lynn Felton, Aiden Michael Florick, Krista Leann Foreman, Carole Jean Foreman, Elysabeth Lesleigh Foreman, Zelda Mae Fowler, Joanna Marie Frye, Zoe Ann Galloway, Daisy Jade Galloway, Kory Damien Galloway, Skylar Matthew Garretson, Christopher Ronald Garretson, Janis Marie Gibson, Davanee Mina Paralee Gibson, Garret Henry Gibson, Lita Danielle Gibson, Lousetta B. Gibson, Willie Ray Goodman, Edith White Goodwin, Alissa Mae Graham, Jordan Michael Grass, Billie Jean Grass, Gage Owen Griego, Aiyanna Che'la Gurrola, Arturo Jr Guzman, Ginger Gaile Hadjiconstantinou, Ty Lucas Hall, Sarah Jean Harrison, Andrea Layne (Ellis) Harvey, Nevaeh Nicole Hatcher, Wade Jeffrey Haumpy Sr., Willliam Allen Hawk, Jordyn Marie Hayes, Jackson Elias Haymond, J-Lynn Lanea Herrera, Precious Lara Hill, Dominick Allen Hood, John Michael Hooper, Steven Joe

Huckaby, Mary Louise Tyner Innis, Quanah Guy James, Constance Logan James, Gregory Dale Jantz, Evan Blake Jimerson, Magan Christina Johnson Jr., Anthony David Johnson, Brodie Wade Johnson, Byron Mack Johnson, Camille Marie Johnson, Fawntayne Catara Johnson, George Benjamin Johnson, Guenevere Tess Johnson, James Christopher Johnson, Marlene Jane Johnson, Steve Allen Jones, Eleanor Axe Washington Kaniatobe, Guy Willis Kastl, Scott Christopher Kennedy, Deborah Leigh Kilmer, Sandra Lynn Kishketon, Malaki Allen Lamb, Caden James Charley Larney, Darnell Maxine Larney, Flora Jean-Kent Larney, Shawnee H. Lester, Mackenzie Danielle Limon, Jennifer Nell Little Axe Sr., Ricky Lee Little Axe, Jaydell Chance Little Axe, Kamyrah Lemarea Illiana Little Axe, Maxine Little Axe, Slayer Dane Little Axe, William Dennis Little Charley, Newman Little Creek, Mitzie Arlene Little, Richard Wayne Littlebear, Calvin Littlebear, Jonathon Littlebear, Patrick Littlebear, Paul Jaccob Littlebear, Susan Gail Littlebear, Waleen Tenae Littlecreek, Ronnie Joe Littlecreek, Sarah Denae Logan, Glenda Sue Longhorn Jr., Keith Warren Longhorn, Kaselyn Diane Longhorn, Stuart Kyle Longman Sr., Clyde Bennie Longman, Collin Jay Longman, John Wayne Maldonado, Trevian Alexander Mammen, Deann Marie Martinez Jr., Timothy Andrew Martinez, Efren Adam Dean Martinez, Tewa Marie Masquat, Dana Lanelle Maxfield, Joseph Thad McBride, Anthony Daniel McBride, Damien Nicholas

McCoy, Ramona Cadue (Sloat) McCulloch III, Grant Howard McGuffin, Vickie Ann McGuire, Mary Ann Masquat Megehee, Dakota Micheal Merrell, Cass Adam Miller, Alicia Le Waine Edwards Mitchell, Qiana Skye Mizell, Janice Maria Molina, Deanne Jo Morlan, Debra Jean Morris, Cecilia Renee Murdock, Brian Lee Neash, Alecia Lucinda Neash, Bobby Joe Neash, Nekkia Christine New Moon, Melissa Elaine Nicholson, Lee Anna Odell, Travis Dewayne Oles, Robin Jewel Olsen, Tonya Lynn Ontiveros-Adame, Tina Marie Onzahwah, Brian Neil Parker, Teresa Erin Patton, Erionna Marie Pawpa, Jacey Tatum Payne, Rachel Erin Perry, Savannah Jade Pewenofkit, Jay Patrick Pickens, Irma Juanita Pine, Jacob Lawrence Pitner, Shane Thomas Ponkilla, Orrin Heath Price, Ciara Davon Delodge Price, Ethan Daniel Puckitt, Cody Michael Purcell, Desmond Lee Ramirez, Alejandro Andres Reid, Parker Gabriel Robinson, Star Dionna Rolette Sr., Larry James Rolette, Lawrence R. Rolette, Ryan Adam Rolette, Tiffany Renee Ryan, Crystal Gay Sanchez, Sofia Magdalena Sanchez, Tommy Shawnego Schmidt, Sammie Anne Self, Katelyn Lynel Shawnee, Arla Nicole Shawnee, Carrah Dawnell Shawnee, Corey Wayne Sherrill, Cody Michael Shields, Desirae Roxanne Shields, Ty Xavier Shoemaker, Pauline Williams Simpson, Thurman Ray Sinks, Tammy Relin Sloat, Arthur Wayne Sloat, Jennifer Lauren Smith, Cheryl Renae Smith, Kyle Lee

Solis, Adrianna Clavel Solis, Jose Maria Spears, Catherine Renae Spoon Jr, Carl David Spoon, Jiliyan Jade Spybuck, Barbara Ann Spybuck, Deborah Ann Spybuck, Nicholas Lawrence Squire, Christopher Lane Squire, Johnnie Larue Squire, Marvin Lee Stanley, Denelle Mae Starr, Jack Eugene Stevens Jr., Houston Stinger Jr., Jack Theophilus Stone, Sherry Darlene Sultuska Jr., Jerome Ray Switch, Herbert Clifford Teehee, Penny Lynn Tello-Faz, Jennie Rebecca Tenner, Kirsten Elizabeth Thorpe, Dara Beth Thorpe, Jamie Lee Thorpe, Matilda C. Masquat Thorpe, Preston Barrett Tiger, Ashlee Jean Tiger, Joseph Aaron Tiger, Kane Matthew Tolbert, Justin Wade Torres-Salazar, Mary Ellen Trammell, Lisa Michelle Valdivia, Shirley Ann Wabaunasee, Mary Ellen Warrior, David Leon Warrior, Whitney Michelle Watson, Zachary Miles Webb, Charles Kenneth Webster, Ryan Bennett Whims, Lawanna Jo White Sr., Robert White, Beckie Lynett White, Callie-Kaye Ellice White, Edward Leon Whittaker, Dominique Marie Williams Jr., Joseph Edward Williams, Adrian Thomas Williams, Billy John Williams, Chance Michael Williams, Daniell Anissa Williams, Michelle Lee Williams, Okah Melina Wilson, Alvin Blaine Wilson, Dwayne Alan Wilson, Jessie Lee Wilson, Kaitlyn Nicole Wilson, Raylin Amelia Wilson, Retha Ann Wilson, Scottlyn Marie Wolf Jr, Eric Wayne Womack, Cody Lee Wyatt, Vance Allen Youngbear, Curtis Joshua

Happy 5th Birthday Camenah Joe



December 10 We love you with alllll our hearts and you will always be our "Bebes". We know that your day will be everything you want it to be cuz nobody is meana than Mena! Love, Daddy, Mama, Cayanna, Sissy, Boogie, and Cookie

> Happy Birthday Granny Wayne! We Love You, The Fab Five Blanchard Girls

> > Happy 5th Birthday to our little Monkey. We Love You, Grandma & Papa

Happy Bírthday <mark>Momm</mark>a We love you very much Love, Lísa and Larry

Happy Birthday Kim Hope you have a good one. Love, Lisa and Larry

> Happy Birthday Aunt Babs & Dana! Love, Lisa and Larry

Happy 5th Mena Joe B-day time has come, go out and have some fun! Don't let them slow you down, today is your day, It finally came around Bunches of love and happiness Love Auntie Bo-Bo Happy Birthday ole buddy, ole pal, ole fren of mine, my mother. Happy Birthday Mom, Love Tamie

Happy B-Day Babs Think of you often, Hope you have the kind of day you want. Love Tamie

> Happy Birthday Dana Heart of Gold, True Sweetheart. Hope you have a fabulous day! Love Tamie

Happy Birthday Kimberly Kay Hope its all you want it to be. Be safe, much love. Your sis, Tamie

> Happy birthday (mom) Jamie Bierd Love Baley Cole & Jiman

Happy Birthday to the World's Best Nana! (JoNell Byers) Love you lots. Love, Emersen Byers

Happy 22nd Birthday Brandon December 18th Love always your two favorite girls, Bridgette Wilson & Bryleigh Harjo

Happy 2nd Birthday & Merry Christmas To "Baby Jesus" AKA Julius Davis From Marvin & Sherry

Happy Birthday wishes to Garrett Gibson Corey Shawnee Holly Davis Belda Foreman Love you all, Marvin & Sherry

### Koda & Kenna



Dec 15th -Happy 16th Birthday Koda Bear! Love Mom, Dad, & Sis

Nov 30th -Happy Belated 16th Birthday Love Ya! The Cody's

Happy 21st birthday Cody Womack



To my handsome g-nephew who is finally legal. Have a safe birthday Love The Kasecas

> Holly Ann Davis Happy 24th Birthaday Love Mom, Greg and family

To: Zelda, Sherry, Holly, Jamie, Jellybean We Wish All A Happy And Safe Birthday The Kasecas, Foremans, Watsons, Deers

JULIUS DAVIS OUR CHRISTMAS BABY HAPPY BIRTHDAY WE LOVE YOU BUNCHES MOM, DAD, RYAN AND GRANDMA CHELLE

> Happy Birthday my son, Ben Love you, Mom



Jili Jade Happy, happy 7th birthday beautiful girl! Hope your day is a great one! We love you so very, very much! Love Mom & Dad

To our niece - We wish you a great and happy 7th Birthday You are such a great girl. We love you!! Love Aunt BJ & Uncle Troy

HAPPY 7th BIRTHDAY to my líttle Príncess I LOVE YOU BUNCHES LOVE, Granny Low

Happy 7th Birthday to our beautiful sister!! we love you very much! Love Joplin & Justin

Blake Tyler Have a happy 8th birthday! We love you very much! Love - Tizzle, Jili, Jop

Happy 8th Birthday to my great nephew Blake Tyler I love you! Love Sherrie

> Happy 8th Birthday to my handsome great-grandson Blake Alford I Love You, G-Low



October 11th 2011 Happy birthday Stevi Johnson! Love, Daddy & Family!

## HORSE SHOE BEND AFTER SCHOOL PROGRAM:

The number of students has increased, now we have 21 enrolled and 16 come to the center daily. Number of tutors also has increased. I am very pleased with the outcome in both areas, as you know there is a need for programs like after school tutoring. We have students come from North Rock Creek, Earlsboro, Dale, Shawnee School. The Horse Shoe Bend After School Program tutors K-8th grade students Monday thru Thursday from 2:00 p.m. until 6:00 p.m. As our first After School Program grows in the Shawnee Area I hope to reach out to help with the High School Students in the area. Most students that come to the center on a daily base always have homework. Homework comes first, they sat down with a tutor for instructions on how to do their homework, when student finishes homework tutor goes over student homework to make sure everything is correct and done properly.

I was called upon to coordinate the Halloween Costume Contest that was held on October 29,2011 in Shawnee. (Boo On Bell Street) I would like to thank the volunteers that helped with this event: Janet Jeske, June Buckner, Lisa Watson, Dustin Rolette, Randall Watson, Stuart Rolette, Chaney Cecil, Louie. Thank you again.



December student of the month is Brendan Winter, he attends North Rock Creek School. Brendan has been attending the after school program since August, 2011 and he works very hard when he enters the center daily. He also has accomplished a lot in the areas of comparison, and numbers and alphabet. Brendan is pleasant to work with and shows respect upon others. He is a member of the Absentee Shawnee Tribe along with his family, Warren and Tammy Winter parents, and sister Tara Ann Winter. Brendan received a \$25. 00 Wal-Mart Gift Card donated by the White Turkey Band. I would like to thank the White Turkey Band for their generous donation each month for the student of the month also for the help on weekly bases with the gift cards for the tutors that come out to tutor the students.

#### Brendan Favorites:

Class at school? PE Teacher? Mr. Moring Food? Macaroni Cheese Song? Twinkle Little Star Color? White and Blue Movie? Transformers Toy? Lion King Animal? Horse Friend? Daniel Sport? Basketball What do you like to do for past time? Play with my toys Place? Wal –Mart College Football Team? OU What do you want to be when you grow up? OU Basketball Star Holiday? Christmas Day of the week? Friday Month? December Book? Toy Story Automoible? Truck

One birthday was celebrated this month in November, Wayne Skinner he is 10 years old. Wayne received cupcakes and a present and card for his birthday. Happy Birthday Wayne!!! From all the Students at the Horse Shoe Bend After School Program and Tutors.





We have two students that received awards for the first 9 weeks at North Rock Creek School. David Skinner received a Scholar Award, he is in the fifth grade. And Desiree Johnson received Achiever Award, she is in the second grade. Good Job Desiree and David, we are very proud of your achievements for the first nine weeks.

As I had mentioned in the last newsletter students are making progress in their studies. We have some great students that attend the after school program.

















# Santa

# Letters:

Dear Santa: A puppy ( REAL ONE), Kitty Kat Camera, Dot Air Plane, and a little doll house, a pink robot , monster high toy. Little stage with a microphone. Would you bring my mom a pair of earrings and a necklace. Katie Wilson Dear Santa: I would like for you to bring me a puppy, baby doll with bottles and food with spoons. A Tinker Bell Blanket and pillow. And a pink tent and a princess blanket and High Musical Blanket. Jayleen Castandeda

Dear Santa: I like to have a Captain American and Wrestling Figures. Clothes and Shoes. My shirt size is XS and my shoe size is 11. Daniel Castaneda

Dear Santa: Would you bring me Ninjago Lego Ruben Wilson Dear Santa: Hello Santa, how are you? Hope you are keeping warm. I am being good everyday. You have a cherry nose I have a song about you, Ho Ho Ho. Can you bring me a doll and a scent book, Barbie doll. Clothes and boots. Shoe Size 2 Shirt 7-8. Leila Rae Castaneda

## WE WISH EVERYONE A MERRY CHRISTMAS AND A HAPPY NEW YEAR!!!!!!!!

Dear Santa: Merry Christmas how happy are you? Can I ride on one of your reindeers? Would you bring me a toy. Brendan Winter

Dear Santa: Nineto DS, and games that go with it. Wrestling Figures, books( Diary of Wimpy Kid), and 42' Flat Screen TV. Lap top Computer, Four Wheeler, Bike, dog (pit bull), remote control car and tickets to the Super Bowl. DVD Movies, swimming pool. Eryn Johnson

Dear Santa: Can you bring me a Nintendo DS and bring me some books to read cause like to read. And a baby doll and monster high toy and cell phone. Desiree Johnson

#### STUDENTS:

Amy Giolgini, Justus Sparks, Levi Tiger, David Skinner, Tara Ann Winter, Abbie Owings, Wayne Skinner, David Skinner, Jimmy Rumsey,

TUTORS:

Kassidy Sparks, Elaine Brown, Ramona McCoy, Dustin Rolette, Randall Watson, Stuart Rolette, Heather Capps, Oz



Congratulations Mom and Dad on your 45th Wedding Anniversary! Walter & Betty Johnson Married on December 2nd 1966. We are proud of your hard work and courage on facing the ups and downs and always working it out. Lafonda and Kenneth, Scott and Toni, and all the girls and boys.



Troy and JoAnne LittleAxe of Bartlesville, OK celebrated their 50th wedding anniversary on December 2, 2011. They met as teenagers at Haskell Institute in Lawrence, Kansas in the late 1950's and married in JoAnne's

hometown of Topeka, Kansas on December 2, 1961. They began their family in Kansas City, Kansas and then moved to Bartlesville in 1973 to start the family business. They are both retired and nowadays enjoy spending their time with their grandchildren and attending Native American activities and events.

#### **Prescription Drug Abuse**

Methamphetamine use, production and trafficking are well recognized threats in Indian Country, and current public health efforts are working diligently to increase awareness and stop its spread. Less recognized at this time is the growing issue of prescription drug abuse in Indian Country. Prescription drug abuse includes the non-medical use of prescription-type pain relievers, sedatives, stimulants, and tranquilizers. It is reported that the Indian populations are abusing prescription drug abuse at the highest rate of all races nationally, with some reservations reporting prescription drug abuse at epidemic levels among their communities. Reports show that the number of people treated for prescription drug addiction in Tribal health facilities tripled between 2007 and 2008.

In light of this growing problem and possible illicit drug trade, the Drug Enforcement Agency (DEA) is currently in the process of conducting thorough audits of several tribal health facilities. According to the Centers for Disease Control (CDC), Oklahoma is the state with the highest rate of painkiller drug abuse among people 12 and older and is also among the top ten states with the highest rates of fatal drug overdoses from powerful painkillers.

If you suspect a friend or loved one is abusing drugs, symptoms to look for include: problems at work/school, neglected appearance, & changes in behavior. Other signs associated with prescription drug abuse and dependence can include: sedation, depression, confusion, and needle marks (if injecting drugs).

The best way to prevent an addiction to a prescription drug is to take the drug only as prescribed and only under the care of your medical professional. Always use care when taking an addictive prescription drug. Your doctor may prescribe narcotics to relieve pain, benzodiazepines to relieve anxiety or insomnia, or barbiturates to relieve nervousness or irritation. Doctors prescribe these medications at safe doses and monitor their use so that you're not given too great a dose or for too long a time. If you feel you need to take more than the prescribed dose of a medication, talk to your doctor or pharmacist.

## CONTRACT HEALTH

#### Guidelines - Emergency Room Services

Emergency Room Services that do not result in an inpatient stay are available to a Tribal Member through the Contract Health Program. Such services must be for medical attention related to an "emergency care" or "urgent care" situation. This benefit is available to each Tribal Member residing within the Catchment Area, if and only if, all of the following requirements are met:

- 1. Evidence exists that a member received "triage" from the Tribal Health Care Program and was told to seek ER attention.
- 2. Evidence exists that on the next business day or at least within 72 hours after the ER visit, "72 Hour Notification" was given to Contract Health of this visit.

It is the responsibility of the Tribal Memver to have the emergency room bill and reports sent or delivered to Contract Health for presentation to the Medical Director.

## DENTAL REPORT

## Healthy smile, healthy you: The importance of oral health

Regular dentist visits can do more than keep your smile attractive – they can tell dentists a lot about your overall health, including whether or not you may be developing a disease like diabetes.

New research suggests that the health of your mouth mirrors the condition of your body as a whole. For example, when your mouth is healthy, chances are your overall health is good, too. On the other hand, if you have poor oral health, you may have other health problems.

Research also shows that good oral health may actually prevent certain diseases from occurring.

#### Gum disease and health complications

According to the Academy of General Dentistry, there is a relationship between gum (periodontal) disease and health complications such as a stroke and heart disease. Women with gum disease also show higher incidences of pre-term, low birth-weight babies.

Since most people have regular oral examinations, their dentist may be the first health care provider to diagnose a health problem in its early stages.

If you don't take care of your teeth and gums, your poor oral hygiene can actually lead to other health problems, including:

- Oral and facial pain. According to the Office of the Surgeon General, this pain may be largely due to infection of the gums that support the teeth and can lead to tooth loss. Gingivitis, an early stage of gum disease, and advanced gum disease affect more than 75 percent of the U.S. population.
- **Problems with the heart and other major organs**. Mouth infections can affect major organs. For example, the heart and heart valves can become inflamed by bacterial endocarditis, a condition that affects people with heart disease or anyone with damaged heart tissue.
- **Digestion problems**. Digestion begins with physical and chemical processes in the mouth, and problems here can lead to intestinal failure, irritable bowel syndrome and other digestive disorders.

At home, you can practice good oral hygiene:

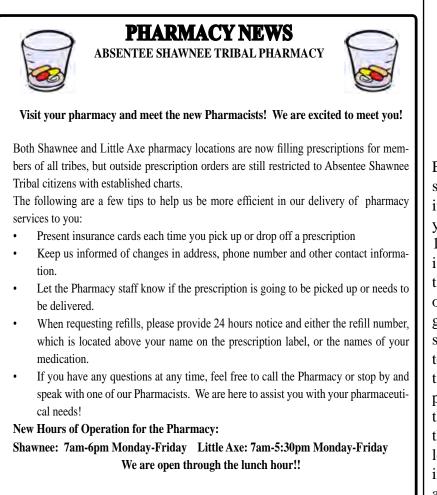
- Brush for two to three minutes, at least twice a day, with fluoridated toothpaste.
- Floss daily to remove plaque from places your toothbrush can't reach.
- Eat a healthy diet to provide the nutrients necessary (vitamins A and C, in particular) to prevent gum disease.
- Avoid cigarettes and smokeless tobacco, which may contribute to gum disease and oral cancer.
- Exercise preventive care and schedule regular dental checkups the surest way to detect early signs of periodontal disease.
- 16

## **Injury Prevention during Winter Weather**

During the winter months, it is the Absentee Shawnee Tribal Injury Prevention's focus to make those in our community aware of the dangers in your home as well as outside of your home. If you choose to stay indoors out of the cold, it is important to always make sure to test your smoke detectors regularly. Another important thing to remember is if your heat is running on a generator; make sure it is operating outside away from windows and doors to prevent carbon monoxide fumes from leaking into your home. Also, please ensure that your wood burning stoves or fire places have proper ventilation which leads to the outside of the home. If you are a tribal member who resides in Pottawatomie, Cleveland, or Oklahoma County, FREE smoke detectors and carbon monoxide detectors are available to you through the Absentee Shawnee OEH office. Please feel free to contact Kenny or Dennis at 405-241-4235.

For those who choose to travel or have loved ones who continue to travel during the winter weather, please keep the following facts in mind. Unintentional falls are the second leading cause of unintentional deaths for Native American ages 55 and older, according to the Center for Disease Control. The CDC reports the death rates for Native American's in the US have increased from 69.87% in 2000 to 76.48% in 2005. Unintentional falls were a total of 81% of deaths of persons ages 65 and older. For those who are lucky enough not to suffer a fatal injury during a fall, are likely to become less able to get around, unable to live on their own, and may suffer an early death. Elders are important to the well-being and cultural strength of our Native communities. They define who we are as Native Americans, and should continue be here on this earth to give us cultural wisdom. It is the duty of the Native American community to protect these most needed individuals. Shoveling snow and salting sidewalks for our elders are just some of the ways we can accomplish this. If you know they need to travel in this weather, assist them in their trip, and check-up regularly on your elders. The Injury Prevention Program would like to focus unintentional falls for elders because there are dangers inside and outside of the home that are brought on by winter weather. If you believe that an elder in your community may be in need of a home safety assessment and would like to participate in Fall Prevention Programming the AST Injury Prevention Program is here to help. For those to who wish to participate in the program, we offer program incentives, minor home safety assessment visits as well as at home exercise tips just for elders and Tai Chi classes offered Monday, Wednesday, and Friday from 9:30-10am at the Little Axe Resource Center.

For more information regarding Injury Prevention please feel free to contact Sacha Almanza, AST Injury Prevention Coordinator at 405.360.0698 or 405.878.5850.



\*\*Both pharmacy departments are closed the first Wednesday of each month to complete administrative duties\*\*



Everywhere you look now days you hear everyone talking about exercise. TV shows, websites, billboards, and magazines are all talking about how important it is to be physically active. If you pause and think about how much healthier you may feel, than you may realize that 30 minutes per day for adults and/or 1 hour per day for children is not much to ask. The cool thing about exercise is that it doesn't have to be done all at once. Exercise can be done periodically throughout the day, and it doesn't have to be strenuous. Exercising daily not only helps control weight but it also helps to prevent diabetes and maintain good control of blood glucose. Exercising daily also fights off other disease, sickness, and helps to increase good cholesterol while decreasing bad cholesterol. Exercise also allows your blood to flow more freely, which helps to cut the risk of heart disease. Daily exercise helps to improve mood, self-esteem, physical appearance, energy, and helps you to sleep better. So just remember that being active can literally be a walk in the park, dancing, cleaning, or anything that gets you up and moving. Try to get your heart rate up above resting level with physical activity for at least 20-30 minutes. There are 1,440 minutes in a day, schedule at least 30 of them for physical activity. Your body, mind, and heart will thank you.

> Information provided by AST Physical Activities Specialist, Chrissy Wiens



The University of Oklahoma College of Law

#### John B. Turner LL.M. Program Specializing in Energy, Natural Resources and Indigenous Peoples Law



The John B. Turner LL.M. Program at OU Law extends the school's longstanding history of excellence and expertise in energy law, natural resources law, and indigenous peoples law. This program is designed to be flexible, allowing international and American students to study in all three areas or concentrate their studies in one or two of these areas.



The LL.M. program offers a combination of courses available only at the University of Oklahoma. In addition to studying with the outstanding faculty, students have unique interdisciplinary opportunities to receive credit for related courses offered by other departments. The LL.M. program also includes guest lectures, field trips, social events, and networking opportunities.

For an application and information about admissions, degree requirements, curriculum, tuition and fees, go to **www.law.ou.edu/llm**, or contact us at (405) 325-6603 or llm@law.ou.edu.

The Shawnee Clinic hosted an Open House/Patient Appreciation Celebration on Wednesday, November 30, 2011.

The Shawnee Clinic has new faces. These professionals bring years of experience and new energy. Dr. James Gormley, Pediatrician, Stacy Curtis Physician Assistant, Dr. Lee Optometrist, Angela Flanagan RN, Laurie Webber LPN, and Wendy Fixico LPN to name the ones that have joined us since October. These professionals will help the AST Health System continue to provide excellent patient care.

Continually improving customer service is a top departmental priority for the Health System. The Customer Service Task Force (CSTF) was formed to look at how well we've been doing and to recommend strategies on how to make customer service even better at every level and in every part of the AST Health System.

The task force has been asked to look at ways of measuring our customer perceptions of service delivery; review the processes, structures or systems that support the delivery of those services; and implement a Customer Service Plan. Members of the community who have agreed to participate on the Task force are Mary Birdtail, Augustine Johnson, Cynthia Longhorn, and Joel Longhorn.



#### What You Need to Know About Quitting Tobacco



Quitting smoking is not easy, but it can be done. To have the best chance of

quitting and staying quit, it's good to know, what you are up against and what your options are and where to go for help. Nicotine is a drug found naturally in tobacco it is as addictive as heroin or cocaine. Over time, a person becomes physically and emotionally dependent (addicted) to nicotine. The physical dependence causes unpleasant withdrawal symptoms when trying to quit. The emotional and mental dependence make it hard to stay away from nicotine after quitting.

When nicotine is inhaled the smoke is carried deep into a person's lungs and is quickly absorbed into the bloodstream and is then carried to all parts of the body. That includes the heart, the brain, blood vessels, hormones, and the way our bodies digest and use food (metabolism). Nicotine inhaled in cigarette smoke reaches the brain faster than drugs that enter the body through a vein (intravenously or IV).

When smokers try to cut back or quit tobacco the lack of nicotine leads to withdrawal symptoms. Symptoms usually start within a few hours of the last cigarette and peak about 2 to 3 days later when most of the nicotine and chemicals are out of the body. Withdrawal symptoms can last for a few days to several weeks and will get better every day that a person is smoke-free. To learn how to deal with the withdrawal symptoms of quitting you may contact the AST



Supported by the Cooperative Agreement Number 5U58/DP001094-04 from CDC.



During the Tobacco Free Cleveland County Coalition's 3rd Annual Legislative Breakfast held on November 4, 2011. Patricia Yarholar, REACH Coordinator accepted a Leadership Award for the Absentee Shawnee Tribe's Clinic for recognition of the organization's dedication and commitment for a tobacco free worksite. In November of 2010 the clinic's adopted a tobacco free policy as a way to promote a commercial tobacco free campus for its staff and patrons.

> If you'd like to submit an ad or article give us a call at (405) 598-1279 or send us an e-mail at mediadept@astribe.com

> ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH



# Falls are the second leading cause of unintentional injury deaths for Native Americans ages 55+, in the U.S.

#### What can we offer to help reduce your risk?

- Tai Chi Classes- a self-paced system of gentle physical exercise and stretching. To do tai chi, you perform a series of postures or movements in a slow, graceful manner. Each posture flows into the next without pause, ensuring that your body is in constant motion. Tai Chi is the most prominent Chinese martial art of the internal style
- Provide you with home safety assessment information

#### What are the benefits?

- Increase muscle strength
- Maintain or increase mobility
- Gives you mental relaxation
- Help you live more independently
- Contains many movements which help breathing
- Cultivate internal energy and improves relaxation

#### When and Where?

- Little Axe Resource Center
- Monday, Wednesday, and Friday from 9:30 a.m. 10 a.m.

# Act Now!! Don't wait for a fall injury to open your eyes about the importance of physical health!

### Sign up Today!!

Rosie Tallbear, Little Axe Resource Center 405.364.7298

For More Information about the AST Injury Prevention Program Services:

Sacha Almanza, BA, CPS Program Coordinator 405.360.0698

# PREVENT THE HOLIDAY BLUES. . .

Obligations to attend school programs, family dinners and office parties can quickly congest one's calendar during the holiday season. Attempts to meet all the expectations to cook more, shop more, spend more and clean more can lead one to feel overwhelmed, vulnerable to exhaustion and lead to developing a case of the "holiday blues". It is important to keep these expectations for managing the holiday season reasonable. Mental Health America has developed the following advice to cope with holiday stress and depression:

- Be realistic about what you can and cannot do. Don't put the entire focus on just one day (i.e., Thanksgiving Day). Remember that it's a season of holiday sentiment, and activities can be spread out to lessen stress and increase enjoyment.
- Remember the holiday season does not banish reasons for feeling sad or lonely; there is room for these feelings to be present, even if the person chooses not to express them.
- Leave "yester-year" in the past and look toward the future. Life brings changes. Each season is different and can be enjoyed in its own way.
- Do something for someone else. Try volunteering some of your time to help others.
- Enjoy activities that are free, such as taking a drive to look at holiday decorations, going window shopping or making a snowperson with children.
- Be aware that excessive drinking will only increase your feelings of depression.
- Try something new. Celebrate the holidays in a new way.
- Spend time with supportive and caring people. Reach out and make new friends, or contact someone you haven't heard from in a while.
- Save time for yourself! Recharge your batteries! Let others share in the responsibility of planning activities.

#### More to consider:

The aging population and those who have experienced a recent loss of a loved one are particularly vulnerable to depression during the holiday season. Consider the experience of an aging family member's perspective of the holidays dealing with the loss of mobility, difficulty or an inability to get to religious services, loss of loved one's, inability to host and prepare a holiday meal, difficulty seeing/writing holiday cards and new financial limitations.

Depression is exacerbated by isolation. To avoid aging family members feelings of sadness developing into holiday depression consider:

- Arrange for them to participate in community events and encourage age appropriate volunteerism.
- Make special efforts to stop by to enjoy a cup of coffee and listen attentively to stories of past Christmas then encourage them to participate in creating new memories.
- Time family functions or dinners so that it does not disrupt their strict routine
- Remember to visit after the holidays.

Please contact the AST Behavioral Health Department for support in accessing the appropriate interventions for depression. Virginia Kinkade MSW

Behavioral Health Therapist & Social Worker

## ATTENTION ALL ABSENTEE SHAWNEE TRIBAL MEMBERS:

The AST Health Program in cooperation with the AST Education Department is proud to announce we will be accepting applications for the new "Health Careers Education and Scholarship program". If you are currently enrolled in or plan to enroll in any of the following health careers:

Radiology Technician

**Registered Nurse** 

Medical Lab Technician

Licensed Practical Nurse

We will offer Tuition assistance, Book assistance, and a monthly Stipend to help our tribal members further their education in the Health fields. Selection will be based upon individual financial need and commitment to entering the Health Field. If you are close to finishing your program and lack that extra push or thinking about entering these careers, then check out the website at www.astribe.com under Service Programs or e-mail lbates@astribe.com for more information. A total of four scholarships will be awarded in 2012.



#### Absentee Shawnee Tribe of Oklahoma

Li-Si-Wi-Nwi Medical Clinic & Dental Clinic 15702 E. Hwy 9 Norman, Oklahoma 73026

Medical Clinic: (405) 447-0300 Fax: (405) 447-2250 Dental Clinic: (405) 307-9704

#### **Operating Hours:**

Monday thru Friday 7:00 a.m. - 5:30 p.m. Weekends/Federal & Tribal Holidays Closed Clinic and Pharmacy are opened during the lunch hour.

\* Clinic is closed the 1st and 3rd Wednesday of each month from 1:00 p.m. to 5:00 p.m \* Pharmacy is closed the 3rd Wednesday of each month from 1:00 p.m. to 5:00 p.m



#### Shawnee Mall Seasonal & Part Time Positions Hours May Vary 15-30 Hours A Week

JcPenneys	All Dept.	Seasonal
Kohl's	Sales Associate	Part Time
Buckle	Sales Associate	Seasonal,
		Full Time
		Part Time
Journey's	Sales Associate	Part Time
Rue 21	Sales Associate	Part Time
Sears	Sales Associate	Part Time
Bath & Body Works	Sales Associate	Part Time
		-Weekends
Hot Topic	Sales Associate	Seasonal,
-		Part Time
Game Stop	Sales Associate	Seasonal,
-		Part Time
Claire's	Sales Associate	Seasonal,
		Part Time
Shoe Department	Sales Associate	Seasonal
Ross	Sales Associate	Seasonal
Full T	ime Positions	
Foot Locker	Asst. Manager	Full Time
Shawnee Mall		
Cherry Berry	Cashiers	Part Time
2426 N. Harrison		
Kmart	Cashiers	Seasonal

Applications can be picked up in the TERO office or at the Shawnee Mall.

2323 N. Harrison



**Part Time** 

# TRIBAL MEMBERS

HERE IS TO ANNOUNCE THE POSITIONS THAT ARE UP FOR ELECTION IN 2012

## **EXECUTIVE COMMITTEE**

LT. GOVERNOR	2 Year Term	\$500.00
TRIBAL TREASURER	2 Year Term	\$500.00
TRIBAL REPRESENTATIVE	2 Year Term	\$500.00

## **ELECTION COMMISSION**

DEPUTY COMMISSIONER	3 Year Term	\$125.00
COMMISSION MEMBER #1	3 Year Term	\$125.00

## FILING PERIOD

January 1st ----January 10th (excluding weekends and holidays.)

## Foster Parents Needed!!!

Can you open your home and heart for a foster child.? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult back ground?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
- Can you maintain a positive attitude toward a child's parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EV-ERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact J.R. Wind 405-275-4030 ext. 195.

31	30	LE VI CLOSED			AST CLOSED CHRISTMAS HOLIDAY	This way 25
24 Christmas Eve	23 AST CLOSED CHRISTMAS HOLIDAY	22 Scrambled Eggs Sausage Pattie Cinnamon Raisin Biscuit	21 Baked Pot. Soup Crackers Cherry CheeseCake	20 Weiners & Kraut Veggies Bread Salad Bar*	19 Hamburgers Lett,Tom Pork n Beans Pudding	18
Ĩ	16 Pancakes Bacon Milk	15 Soft Tacos Lett, Tom Refried Beans Salsa/Chips	14 Chicken N Dumpling Greenbeans Sweet Pot. Turnover Christmas Bingo	13 Spaghetti meatsauce Garlic Bread Tossed Salad*	12 Hot Ham N Chez Pot. Salad Peanut Butter Cookie	1
01	9 Scrambled Eggs Sausage Pattie Tater Rounds Fresh Fruit	8 Sandwich Steakfries Fruit Cocktail	7 Chicken Pot Pie Mixed Veggies Biscuits Fruit	6 Beans/w Ham Zucchinni & Tom. Frybread Cake	5 Chili Dogs Chez, Onions Fritos/Mac. Salad Pears	AST 4 Children's Christmas Party © Little Axe Resource Center 2pm
- U	2 Biscuits Sausage Gravy Fruit	1 Chicken Fried Steak Mashed Pot./Gravy Veggies Roll/Apricots	YOUR DRIVER	11 11am to 1pm 1go & Dinner 1g in Shawnee 10 BE HOME!! EXT. 169 OR NOTIFY	December 16, 2011 11am to 1pm Christmas Bingo & Dinner Title VI Buidling in Shawnee NOT GOING TO BE HOME!! CALL & LET US KNOW AT 275-4030 EXT. 169 OR NOTIFY YOUR DRIVER	CALL & LET US
Sat	Pn	Thu	Wed	Tue	Mon	Sun

## TITLE VI NEWS

#### DECEMBER 2011

We will be having our Christmas Bingo on December 14th 11am to 1pm, at the Title VI Building in Shawnee.

We will be delivering to the homebound.

Homebound will received meals on the 22nd for the week of 27 thru 30th.

Title VI will be cleaning and taking inventory during this week. No lunches will be served or delivered.

#### Christmas wishes to all of the Title VI Members from the Title VI Staff!!!!!!

Dos Johnnie Mae Donna Robert Cynthia Ted Frank



#### Office of Environmental Health & Engineering

#### Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

#### Other Programs available:

#### Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed. Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering Absentee Shawnee Tribe of Oklahoma 2025 S. Gordon Cooper Dr. Shawnee, OK 74801

Absentee Shawnee Tribe Complex Office of Environmental Health & Engineering, Building 13 If you have any questions, you can reach us by phone at (405) 214-4235

## ABSENTEE SHAWNEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT



#### Victim Advocacy

Assist victims by offering educational classes that focus on the dynamics of domestic violence and sexual assault, stalking and dating/violence. Each victim is helped with emotional support and resources both from Tribal programs and local community programs.

#### **Court Advocacy**

Assists survivors with domestic violence court related appearances as well as filing for emergency protective orders (EPO) or restraining orders.

#### Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

#### **Transistional Housing**

The AST DV Transitional Housing Program serves victims of Domestic Violence. Participants have up to two years to obtain education and job skills needed to begin a new life. Services include case management, counseling, and transportation. There area four homes all equipped with furniture and basic household items.

#### **Referral Assistance**

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

#### **Sexual Assault Advocacy**

The AST DV Sexual Assault Program is on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to sexual assault survivors at hospitals, police stations and throughout the legal system. The Program also serves as a resouce center to the community by offering educational information and referrals.

#### **Shelter Placement Assistance**

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

#### **Community Outreach**

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 275-4030.



ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA 2025 S. GORDON COOPER DR. SHAWNEE, OK 74801

PRSRT STANDARD MAIL U.S. Postage Paid Permit No. 434 Shawnee, OK 74801

RETURN SERVICE REQUESTED

1 E NUMBERS	) 275-403 ) 256-334 ) 878-063 ) 878-470 ) 878-470 -878-470	(405) 447-0300 (405) 307-9704 (405) 878-5850 (405) 878-5859 (405) 878-5859 (405) 878-4716 (405) 364-7708	05) 364- 05) 364- 05) 275- 05) 275- 05) 214- 05) 275- 05) 275- 050 275- 050000000000000000000000000000000000	(405) 364 (405) 364 (405) 366 (405) 454 (405) 878 c: (405) 878
2011 TRIBAL PHONE	Tribal Complex or Building Blocks Health Programs or	Little Axe Clinic Little Axe Dental Shawnee Clinic Shawnee Pharmacy Behavioral Health		Vasury Srocery Little A / Kitche shop in