White Turkey Band of Absentee Shawnee’s Veterans Pow-Wow November 4th, 2017
TEC-Event Center - Norman, OK
Hello my Absentee Shawnee people!

I hope everyone is doing well and that you have taken your flu shot for this year. It was nice to see everyone at the General Council Meeting on October 28th at the new Absentee Shawnee Healthcare Multi-Purpose Center. There were a few calls about the floor space that was needed. Most of the concerns were that the partition should have been opened to use the additional space. Also, it was mentioned that our Council meeting is for tribal business and what the tribal officials are doing to progress. We have listened to your concerns and will be making some adjustments for the 2018 April General Council Meeting.

As you know Indian Education is one of my concerns, especially, our Native youth in the public schools. Most recently, I was asked to read my testimony to the Oklahoma Senate Interim Study at the Oklahoma State Capitol. As we all know the public school systems is lacking in the area of Indian Studies. The History of American Indians needs to be placed in a more in-depth curriculum to support a broad understanding our history and way of life. A bill is being developed to be introduced in the next Legislative session to implement the teaching of Tribal Sovereignty and Tribal Histories in the Public Schools.

Additionally, the Oklahoma Indian Chamber of Commerce invited me to sit on a panel for "Women in Leadership". There were two other Women Tribal Leaders that sat on the panel: Mrs. Terri Parton, President, Wichita & Affiliated Tribes of Oklahoma and Mrs. Debra Dotson, President, Delaware Nation of Oklahoma. It was an honor to share with the audience of what struggles and hurdles that women leaders face in modern day politics. One of the questions that were asked was “Who inspired you to be in leadership?” my answer was “my mother”. Beverly Jean Longhorn-Butler was a very proud Absentee Shawnee Tribal Member. She was viewed by the public for having a strong voice and in my eyes a much respected woman in the community. She was a mother that stood up for all of her eight daughters and if there was one thing she did it was to make sure we were taken care of and no one was going to treat us unfairly. Like her, I am passionate about making sure that the tribe is treating everyone equal.

Recently, during our Executive Committee Meeting on November 15th, a tribal member asked about an audit that is being conducted at the C-Store. I want to let everyone know that it is true we are having an audit completed at the C-Store. When the results come back from the audit, the Executive Committee will sit down, review the findings and develop a plan of action to remedy any findings the C-Store may have. As most of you know in the past years the store was not managed very well but today I am happy to report the C-Store is being managed with qualified people. However, at some point and time we are going to have to look at rebuilding or building a new store since the current store has deteriorated through the years.

Further, we would like to share with our Tribal people that recently the tribe did buy land located on the SW corner of Highway 177 and Hardesty Road. We will be sharing with you soon on the usage of the land.

The United Indian Nations of Oklahoma, Kansas and Texas, Inc. (UINOKT) regular Committee Meeting was held at the Absentee Shawnee Health Multi-Purpose Building with the Tribe hosting. I would like to think the Lt. Governor Johns Johnson, Treasurer Leah Bender and Representative Anthony Johnson for attending the meeting. Our topics at the meeting were the Water Rights Case, the Office of United States Government Accountability Office of Dallas, Texas, update on Indian Gaming.

The UINOKT Committee had decided that we invite our area State Representatives, Senators, and couple of Governor Candidates for Oklahoma. List of speakers:

Hollie Wells, Water Rights Case
Jay Spaan, US Government Accountability
Sheila Morago, Indian Gaming
State Representative Del Krebs, District 26
Senator Ron Sharp, District 17
Gary Richardson, Governor of Oklahoma Candidate
Drew Edmondson, Governor of Oklahoma Candidate
Deb Haaland, Candidate for U.S. Congress (NM)

Lunch was provided by the United Indian Nations of Oklahoma, Kansas and Texas. I would like to thank the Absentee Shawnee Health Department for the coffee, tea, cups. Also thank AST Indian Child Welfare, Absentee Shawnee Housing Authority, AST Human Resource Department for their donation of items that was handed out to the membership and guest at the meeting. The AST Governor Office donated the soda, water, muffins and cookies and door prizes.

Thank you Wynona Coon and Glenna Jones for doing the sign in registration.

(Report continued on next page)
Listed below are the meetings that I have attended:

**Governor's Monthly Meetings**

**October 2017**

19th 1:30 pm - Norman Public Schools Instructional Service Center (draft of proposed bill)

   Task Force Meeting and Interim Study Book

20th  Halloween Safety Meeting- AST Police Department

23rd  Tulsa – Women in Leadership Panel

   5:30 pm- TEC Board Meeting

26th  Gordon Cooper Vo-Tech- Stem Program for area Schools

28th  General Council Meeting

29th  9:00 am- CTSA Monthly Meeting

   3:00 pm Conference Call- with GAO on tribal consultations how it is working
   with ESSA

31st  Attend David Little Funeral Services

**November 2017**

2nd  10:00 am ribbon Cutting George Fischer Central Plastics Network

   Caleb Cochran, SE Field Representative from US Senator James Lankford,
   Craig J. Smith, District Director, from Steve Russell Office (came by the
   office)

   1:30 pm Meeting with Executive Committee on MIS

4th  Absentee Shawnee White Turkey Veterans Pow-Wow (all day)

6th  10:00 am conference call update on the forensic audit on C-Store

8th  Key Note Speaker -Tinker Inter-Tribal Council Native American Heritage

9th  Lunch with area school teachers

10th  Veterans Day (offices closed)- worked 4 hours

13th  General Fund Budget Meeting with Victor Flores (5 departments attended)

20th  Monthly Directors Meeting; Executive Committee Present: Lt. Governor

   Johnson and Governor Butler-Wolfe. Directors Present: Indian Child Welfare
   Department, Domestic Violence, Media, Human Resource, Enrollment,
   Finance, Absentee Shawnee Housing, MIS, Health, Police, Courts, CCDF
   Coordinator, Education and Gaming Commission.

I would like to thank the Departments for their reports and seeing the need
of attending the monthly Director's meeting held the third Monday of each
month.

**Conclusion**

I want to express my condolences to the David Little Family of their loss. David will be missed deeply here at the tribe. David was always the guy that would help anyone and was one of the Veterans that would proudly carry our Absentee Shawnee Flag. He was a proud Absentee Shawnee tribal member and Veteran.

I would like also give my condolences to the Richard Little Family. Richard will also be missed at the tribe as he was an elected official for the tribe and served as a judge in our courts here at the Absentee Shawnee Tribe some years ago. Richard was a proud Absentee Shawnee tribal member and Veteran.

We have lost so many of our Tribal People this year and I want to give my sincere condolences to you and your family on your loss.

Lastly, the month of December is a very special one to me and my family. It is one that is full of saving grace, love, and hope. My prayer for each of you during the upcoming holiday season is that you find peace, love and joy with your families.

**Have a Happy Thanksgiving and a very Merry Christmas!!!**

**Help me to make a difference – stand beside me and Let us Build for the Future (BFF).**

Thank you,

**Governor Edwina Butler-Wolfe**
**NEW REGISTRATIONS**

- VALID OKLAHOMA DRIVER’S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

**Tribal Member Must Be Present for All New Registrations**

*Note: You may be asked to provide supporting documentation for verification purposes.*

**RENEWALS**

- VALID OKLAHOMA DRIVER’S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

**Tag Prices**

<table>
<thead>
<tr>
<th>Years</th>
<th>Price</th>
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<tbody>
<tr>
<td>1-4 Years</td>
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<tr>
<td>9-12 Years</td>
<td>$55</td>
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<tr>
<td>13-16 Years</td>
<td>$35</td>
</tr>
<tr>
<td>17+ OVER YEARS</td>
<td>$15</td>
</tr>
</tbody>
</table>

**Penalty**

- $0.25 A DAY
Elders Corner

Happy Holidays!! November was National Native American Heritage month and Elders Council members have been busy preparing for Thanksgiving and Christmas.

National Native American Heritage month had its origins in 1986! Long time ago!! I took some time and scanned through various articles and proudly paraphrase some of this valued information. We, Native Americans, by law and proclamation are recognized as the first inhabitants of the lands that now constitute the United States. We can proudly say that our rich ancestry and traditions have contributed to American society of today. The Library of Congress states, “Many of the foods we eat and the medicines and remedies we use were introduced by Indians and more than one highway follows an Indian trail. Indians make contributions in every area of endeavor and American life, and our literature and all our arts draw upon Indian themes and wisdom. Countless American Indians have served in our Armed Forces and have fought valiantly for our country.”

I never tire of hearing this recognition of all American Indians!

I take pride in the fact that many tribes recognize our Veterans who have fought for America. The AST White Turkey Band Veterans Powwow was held on November 4 to honor many of our Veterans. The Elders Council contributed two grocery baskets for its raffle. There were many vendors and attendees to help make this powwow a success and we thank all who came and helped to honor our Veterans. Its fundamental values are common to all American Indians…Honor, Respect, Tradition and Generosity!

Red Earth Treefest! It showcases 25 Christmas trees decorated by Oklahoma’s Tribal Nations. Elders Council members decorated the Absentee Shawnee Tribe of Oklahoma’s Christmas tree at the Red Earth Art Center, Downtown OKC. Those who attended and helped decorate were: Meredith Wahpekeche, Kathy Deere, Renea Williams, Dara Thorpe, Jennifer Sloan and Atheda Fletcher. If you have not visited the Red Earth Art Center, the holidays would be a great time to make a visit. Tribal groups throughout Oklahoma have their own Christmas tree with their own ornaments that tell their story. This is a unique Holiday Exhibit.

The Elders Council held its first group trip for 2017. It has been more than two years since the group has taken a trip and 22 members participated. The primary focus of the trip was to visit the Gilcrease Museum in Tulsa. If you have not visited the Gilcrease Museum, I highly recommend it as it has a vast selection of wonderful American Indian artifacts on exhibit as well as a wonderful collection of art. Lunch was enjoyed at the River Spirit Resort where it proclaims to be the largest casino buffet in Oklahoma. We can attest that this is the case! The lunch was very good and cost effective! Also, Veterans were provided with a free meal! Four of our very own Veterans made this trip, Don Schulenberg, Esteline Schulenberg, Bill Bayliss and Mark Rogers. A special “thank you” to these Veterans and many others for their service!! Another special “thank you” goes out to Mark Rogers and Wynona Coon for volunteering to drive the vans for this trip.

The Elders Council officers are working diligently on getting ready for Christmas events and getting ready for 2018! Our goal is to build the Elders Council and grow its involvement with our tribe and community.

In closing, I provide this quote, “We must become the change we want to see.”

Until next time,
Atheda Edwards-Fletcher
It’s hard to believe that 2017 is coming to an end. For us, it’s been a long, winding road with lots of peaks and valleys. But we managed to persevere and keep our eyes on the prize!! And it’s been well worth all of the hard work. On November 17, 2017, we had our third and final DHS visit during our 6-month permit period. Once again, we passed with zero non-compliance issues!! We are officially on permanent licensure status as of December 1, 2017. I can’t express in words how wonderful and talented our Building Blocks III staff is in all they do. As the Director, I feel very blessed to have such a great group of employees.

On November 9th, we hosted a flu shot clinic for children enrolled in BBIII, with the help of Christa Stanley in Public Health at the Little Axe Health Center.

On November 17th, we hosted a Thanksgiving dinner for all BBIII families, including employee families. We had approximately 150 people attend. Our chef, Suzy Harris, and Food Prep Assistant, Cindy Carpenter, prepared an array of delicious dishes. We had corn soup, green beans, sweet potatoes, macaroni & cheese, fry bread, yeast rolls, pumpkin pie, pecan pie, apple cobbler, cherry cobbler, and so much more! Thank you to all of those who attended. And a special thank you to all of the BBIII employees who worked as a team to create such a wonderful event.

We are currently hiring for part-time teachers and floaters. Experience in child care or child development is not required for all positions, but it is preferred. If you’re interested in employment with us, please visit www.astribe.com and go to the ‘Employment’ tab. Job descriptions are listed there for review. You may submit an application online, at the HR office on the AST Complex is Shawnee, or in person at the center in Little Axe.

Enrollment continues to increase, but we still have openings in all age groups. Anyone interested in enrolling their child or taking a tour, please feel free to call us or stop by the center. We currently have 37 children enrolled:

- Infants 6
- Toddlers 6
- Two’s 10
- Three’s 10
- Four’s/Five’s 10

Dates to Remember:
  HAVE A MERRY CHRISTMAS!!

Thank you,
Billie Thompson,
Building Blocks III Director
bthompson@astribe.com
FROM THE ELECTION COMMISSION:

A tribal member may file for office, January 1 to January 10 (excluding Weekends and Holidays.) Hours to file are 8:00 a.m. to 12:00 p.m. (noon) and 1:00 p.m. to 5:00 p.m. Potential candidates please consult the Election Ordinance for the procedures and qualifications when running for elective office.

The following positions will be open for the Elections to be held in 2018.

**EXECUTIVE COMMITTEE**

<table>
<thead>
<tr>
<th>Position</th>
<th>Filing Fees</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lt. Governor</td>
<td>$590.00</td>
<td>Two (2) Years</td>
</tr>
<tr>
<td>Treasurer</td>
<td>$590.00</td>
<td>Two (2) Years</td>
</tr>
<tr>
<td>Representative</td>
<td>$590.00</td>
<td>Two (2) Years</td>
</tr>
</tbody>
</table>

**ELECTION COMMISSION**

<table>
<thead>
<tr>
<th>Position</th>
<th>Filing Fees</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deputy Commissioner</td>
<td>$215.00</td>
<td>Three (3) Years</td>
</tr>
<tr>
<td>Commission Member #1</td>
<td>$215.00</td>
<td>Three (3) Years</td>
</tr>
</tbody>
</table>

**Fee amount:** Basic Fee (Executive Committee $500.00 and Election Commission $125.00) plus cost of $40.00 for Alcohol test, $25.00 for Drug test and $25.00 for Driver’s License Verification (MVR.)
The health system is closing the year with several accomplishments, with another exciting one on the horizon! In 2017, we opened the new Health System Multi-Purpose Building at the Shawnee Campus, added a new drive-through Pharmacy, and expanded patient care and services as well as access to specialty services. The health system, with essential leadership from the Health Boards, Executive Committee (EC), our highly-specialized legal team, and Mr. Scott Miller, Self-Governance expert, all together updated the nearly quarter century old Tribal Compact with the United States Government. We also formally submitted the Trust Application through the tribal governance office and EC for transferring the Little Axe Clinical Complex and Building Blocks into trust land, and completed several upgrades in technology throughout the health system to better service our patients. We have led several Tribal Health Consultations and Listening Sessions regarding I.H.S., Tribal Health, and Urban Indian Clinics (I/T/Us) throughout the state as part of the yearlong budget battle, fighting for state funding of both Medicaid and other services necessary to the tribal populations for which we serve. We hosted the first ever Native American Panel: Healing Historical Trauma attended by several tribal members, tribal elders, and tribal leaders as well as the new “Wellbriety” program – all part of an impressive expansion of focused Behavioral Health community service needs. The health system hosted the first-ever, state-wide Continuing Medical Education (CME) event on the Shawnee Complex, co-sponsored by the Oklahoma State Medical Association (OSMA), with focused professional discussion of issues in population health in Indian Country. We continue to experience record growth in third party revenue, completed the first ever AST College Internship Program for AST Youths working towards a health career’s profession, and stood up the new Pain Management and Chronic Care Management Programs. We were awarded the new Caregiver’s Grant for Public Health, had the largest ASTHS Health Fair in the tribal health system’s history, kicked off the exciting “Smiles Per Mile” Program, and we were awarded a SAMHSA grant for $1M dollars! As we close out this year, on behalf of the health boards, professional staff, employees, and our other community partners, we all personally thank all of our patients and their families for a wonderful year, and wish you and your family a very Merry Christmas and a very prosperous, “and healthy” New Year!!!

Elder care and advanced aging concerns such as fall risk, monitoring loved ones who live alone, and homebound health care, remain critical priorities to the tribe and the health system. The health system has and shall continue full partnership with the tribe in serving and coordinating medical care for any tribal member with a homebound medical need that falls within the scope and authority of our health and wellness system. If you know any tribal member who is homebound and needs medical assistance, please contact our health administration office at (405) 701-7621 and we will be happy to assist with the best possible resources and coordinated care.

The health system’s most valuable resource—our people—displayed outstanding service to our tribal health system! We are always extremely proud of our outstanding mega star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe!

**Health Employee Awards of the Month**

<table>
<thead>
<tr>
<th>Employee of the Month</th>
<th>Wynona Coon, ASTHS Transportation Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team of the Month</td>
<td>MyDNA and Diabetes &amp; Wellness, Zombie Run/Truck or Treat</td>
</tr>
<tr>
<td>Special Leadership Award</td>
<td>All of ASTHS Dental Department</td>
</tr>
</tbody>
</table>

Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director
December 2017 - Scheduled Closings

<table>
<thead>
<tr>
<th>Date</th>
<th>Time(s)</th>
<th>Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed., Dec. 6th (1st Wed of month)</td>
<td>Noon to 5 PM</td>
<td>All AST Health facilities CLOSED - PlusCare Clinic &amp; Shawnee Clinic Ext Hours re-OPEN at 5p until 9p (last patient accepted at 8:30p)</td>
</tr>
<tr>
<td>Sun., Dec. 24th (Christmas Eve)</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED</td>
</tr>
<tr>
<td>Mon., Dec. 25th (Christmas)</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED</td>
</tr>
<tr>
<td>Tues., Dec. 26th (Holiday Observed)</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)</td>
</tr>
</tbody>
</table>

January 2018 - Scheduled Closings

(Disclaimer: At the time of submission, the 2018 AST holiday schedule/resolution had not been approved. Holidays below are tentative dates. Thank you.)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time(s)</th>
<th>Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon., Jan.1st (New Year’s Day)</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)</td>
</tr>
<tr>
<td>Wed., Jan 3rd (1st Wed of Month)</td>
<td>Noon to 5 PM</td>
<td>All AST Health facilities CLOSED</td>
</tr>
<tr>
<td>Mon., Jan 15th (MLK Jr. Day)</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)</td>
</tr>
</tbody>
</table>

* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay: Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health”, Twitter @ASTHealth & on ASTHS website at www.asthealth.org

Tax Collections

FY-2017
YTD TAX COLLECTIONS
(Thru 10/31/17)

<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>YEAR-TO-DATE</th>
<th>% OF TAXES COLLECTED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sales (6%)</td>
<td>$1,050.71</td>
<td>$10,504.68</td>
<td>$6,327.41</td>
<td>$1,249.55</td>
<td>$11,726.12</td>
<td>$5,626.42</td>
<td>$5,788.21</td>
<td>$6,196.86</td>
<td>$6,000.02</td>
<td>$1,077.12</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$55,547.10</td>
<td>2.25%</td>
</tr>
<tr>
<td>Gaming % of free cash</td>
<td>$250,000.00</td>
<td>$200,000.00</td>
<td>$150,000.00</td>
<td>$100,000.00</td>
<td>$250,000.00</td>
<td>$300,000.00</td>
<td>$200,000.00</td>
<td>$250,000.00</td>
<td>$150,000.00</td>
<td>$250,000.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$2,100,000.00</td>
<td>85.04%</td>
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<tr>
<td>Employee (1%)</td>
<td>$7,658.64</td>
<td>$21,213.62</td>
<td>$11,265.34</td>
<td>$7,924.08</td>
<td>$15,147.53</td>
<td>$15,133.49</td>
<td>$13,042.41</td>
<td>$11,803.29</td>
<td>$11,235.03</td>
<td>$11,201.14</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$125,624.57</td>
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<tr>
<td>Severance (8%)</td>
<td>$3,310.81</td>
<td>$831.89</td>
<td>$687.28</td>
<td>$4,176.83</td>
<td>$1,052.37</td>
<td>$2,297.27</td>
<td>$873.02</td>
<td>$2,985.08</td>
<td>$1,990.05</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$19,042.99</td>
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<tr>
<td>Motor Vehicle</td>
<td>$11,861.13</td>
<td>$16,062.81</td>
<td>$19,746.67</td>
<td>$14,387.88</td>
<td>$13,723.64</td>
<td>$12,730.96</td>
<td>$13,259.04</td>
<td>$16,556.62</td>
<td>$11,238.02</td>
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<td>$0.00</td>
<td>$140,674.59</td>
<td>5.70%</td>
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<tr>
<td>Tobacco Refund</td>
<td>$2,216.22</td>
<td>$690.73</td>
<td>$649.57</td>
<td>$974.45</td>
<td>$773.32</td>
<td>$3,795.17</td>
<td>$3,787.48</td>
<td>$4,455.66</td>
<td>$5,274.12</td>
<td>$4,002.32</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$26,619.04</td>
<td>1.08%</td>
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<tr>
<td><strong>TOTAL TAXES</strong></td>
<td>$276,097.51</td>
<td>$249,303.73</td>
<td>$188,856.27</td>
<td>$121,914.49</td>
<td>$296,211.48</td>
<td>$339,331.09</td>
<td>$237,646.33</td>
<td>$266,587.87</td>
<td>$192,050.87</td>
<td>$279,508.65</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$2,467,508.29</td>
<td>100%</td>
</tr>
</tbody>
</table>

Miscellaneous | $516.46 | $212.50 | $138.10 | $140.30 | $85.15 | $125.15 | $200.15 | $207.65 | $145.21 | $190.75 | $0.00 | $0.00 | $1,981.42 | 0.08% |

**TOTAL COLLECTIONS** | $276,613.97 | $249,516.23 | $188,994.37 | $122,054.79 | $296,296.63 | $339,456.24 | $237,866.48 | $286,795.52 | $192,196.08 | $279,699.40 | $0.00 | $0.00 | $2,469,489.71 | 100% |
Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

*If anyone has any questions, please contact the Realty Department @ (405) 275-4030.*

**PROBATE MISSION STATEMENT**

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent’s family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

*Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.*

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**IF YOU’D LIKE TO SUBMIT AN AD OR ARTICLE:**

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

**ALL ARTICLES FOR THE NEXT MONTH’S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH**

*Unfortunately, we can only accept one picture per birthday person, NOT PER BIRTHDAY WISH.*
If you are a family member to anyone on this list of deceased tribal members, please contact the Realty/Probate for information on how to get the probate process started.

NAME

1. HOOD, Eugene Tyner
2. POWELL, Michael Edward, Sr.
3. PHELPS, Mary Raylee
4. DOOLEY, Charles
5. JOHNSON, Robert “Bobby”, Jr.
6. SPYBUCK, James Cody
7. RUPE, Dorothy Spoon
8. LASENBERRY, Lawrence G.
9. LASENBERRY, Bobby Joe
10. MADDOX, Pamela Gaye Tiger
11. SWITCH, Randall Carroll, Jr.
12. COUCH, Rickie Charles
13. SINKS, Raymond Leonard
14. HERRERA, Aileen L. Mann
15. JOHNSON, Troy
16. KASTL, Richard D.
17. WILSON, James “Jim” Leon
18. EDWARDS, John Laddis
19. SQUIRE, Thomas
20. GUTHERIE, Thomas David
21. BISHOP, Vanessa Kay
22. BEAR, Bonnie Jean Bigpond
23. ENGLAND, Connie Sue Lasenberry
24. LONGHORN, Cynthia A.
25. KASKUSKE, Clara Louise Rolette
26. JAMES, Barbara Cheryl Wilson
27. WAPSKINEH, Shirley
28. BYERS, Shannon Leon
29. GIBSON, Isaac, Sr.
30. ABRAMS, Geraldine Spoon Clifton
31. NEASH, Lonnie Allen
32. WEBSTER, Michael Brice
33. HERRERA, Aileen L. Mann
34. McCoy, Ramona Cadue (Sloat)
35. WILLIAMS, Billy John
36. TIGER, Roland
37. CUELLAR, Ronald Lee
38. SUMMERS, Dorothy Jean Dirt
39. SWITCH, Charles William
40. RAMIREZ, Helen Gibson
41. WOOD, Judith Ann Masquat
42. LARNEY, Darrell Wayne
43. WILSON, Harold Wayne
44. LITTLE, Edwin Thomas
45. TIGER, Luvenia (Starr)
46. FRAZIER, Mary Ann Gibson
47. PONKILLA, Martin Ned
48. BARNETT, Charles Wayne
49. MCGOWAN, Charles Lee
50. WASHINGTON, Algene Sr.

Here are the guideline that the Probate Office follows:

25 C.F.R Part 15

§ 15.104 - Does the agency need a death certificate to prepare a probate file?
(a) Yes. You must provide us with a certified copy of the death certificate if a death certificate exists. If necessary, we will make a copy from your certified copy for our use and return your copy.
(b) If a death certificate does not exist, you must provide an affidavit containing as much information as you have concerning the deceased, such as:
   (1) The State, city, reservation, location, date, and cause of death;
   (2) The last known address of the deceased;
   (3) Names and addresses of others who may have information about the deceased; and
   (4) Any other information available concerning the deceased, such as newspaper articles, an obituary, death notices, or a church or court record.

§ 15.105 - What other documents does the agency need to prepare a probate file?
In addition to the certified copy of a death certificate or other reliable evidence of death listed in § 15.104, we need the following information and documents:
(a) Originals or copies of all wills, codicils, and revocations, or other evidence that a will may exist;
(b) The Social Security number of the decedent;
(c) The place of enrollment and the tribal enrollment or census number of the decedent and potential heirs or devisees;
(d) Current names and addresses of the decedent’s potential heirs and devisees;
(e) Any sworn statements regarding the decedent’s family, including any statements of paternity or maternity;
(f) Any statements renouncing an interest in the estate including identification of the person or entity in whose favor the interest is renounced, if any;
(g) A list of claims by known creditors of the decedent and their addresses, including copies of any court judgments; and
(h) Documents from the appropriate authorities, certified if possible, concerning the public record of the decedent, including but not limited to, any:
   (1) Marriage licenses and certificates of the decedent;
   (2) Divorce decrees of the decedent;
   (3) Adoption and guardianship records concerning the decedent or the decedent’s potential heirs or devisees;
   (4) Use of other names by the decedent, including copies of name changes by court order; and
   (5) Orders requiring payment of child support or spousal support.

§ 15.201 - What will the agency do with the documents that I provide?
After we receive notice of the death of a person owning trust or restricted land or trust personality, we will examine the documents provided under §§ 15.104 and 15.105, and other documents and information provided to us to prepare a complete probate file. We may consult with you and other individuals or entities to obtain additional information to complete the probate file. Then we will transfer the probate file to OHA.

Since the retirement of Judge Reeh and the departure of ALL the OKC support staff a temporary alignment was made until effective 01/01/2016, further notice. Our office submits the probate case file to Shawnee Field Office when all documents are received.
THE INDIAN CHILD WELFARE ACT OF 1978
The Indian Child Welfare Act is a 1978 federal law. It offers protections to Indian children, parents, guardians and tribes in cases in which a child has been removed from its home. The ICWA forces state courts to recognize the political, cultural, and social standards of Indian tribes and peoples. The Court must consider those standards during any proceeding or placement of the child. The ICWA protects the best interests of Indian children and seeks to promote a stable, secure Indian family.

PARTIES PROTECTED BY THE ACT
Indian children are those enrolled in a tribe or eligible to be enrolled, with at least one parent who is a member of an Indian tribe. The ICWA also protects three other parties. First, it protects the custodial parents of an Indian child should they be accused of wrongdoing. The ICWA makes the state courts provide full notice of all hearings, use expert witnesses, and follow a higher standard of proof than in non-Indian cases. The Act also makes the state court appoint an attorney to represent the parents if they are unable to afford one. Second, the ICWA protects Indian custodians. Indian people who have raised a relative child as if they were their own, or people to whom the natural parents have given temporary custody, are entitled to the same type of notice and protections as the natural parents. Finally, the Act protects tribal rights as well. The state court must give notice to the tribe and generally follow its recommendations about placement. If these parties’ rights are not protected, the Act allows any of them to overturn the result of the state court. The ICWA does not apply in three types of cases. It does not apply in divorces or divorce modifications, unless a termination of parental rights is involved or custody is given to someone other than the natural parents. It does not apply if the child in custody is accused of a crime. Finally, Oklahoma courts have created a third exception to the law: the ICWA does not apply to noncustodial Indian parents who do not support or visit their children.

STATE AUTHORITY OVER INDIAN CHILDREN
In some cases, Oklahoma lacks any kind of authority over an Indian child. If the child lives on trust or restricted land, or in an MHO Housing cluster, or in a dependent Indian community, the state may not have authority to proceed. Under the ICWA, the case must be heard in the tribal court. For other Indian children, the state shares jurisdiction with tribal courts. However, the Supreme Court has said that tribal courts are the preferred court for Indian children. An Indian parent or tribe may request that a case be transferred to tribal court for proceedings.

If a child is placed in foster care, the Act requires the state to follow placement guidelines. The State must follow the Tribe’s Tribal State Agreement and Placement Preferences.

“RESPECT THE INDIAN CHILD WELFARE ACT BECAUSE OUR CHILDREN ARE NOT YOURS TO TAKE”

Before placing a child in a non-familial or non-tribal final home, states are required to make what are called “active efforts” to place the child in an ICWA-compliant situation. These efforts include mandatory attempts at parental and familial reunification before terminating rights permanently, and consultation with the tribe in a timely manner.

ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT
Ronelle Baker ICW Director 395-4491
Julie Wilson Child Protective Services/Foster Care 395-4492
Jackie Denny PSSF Program 395-4493

ICW HAS MOVED TO 105 N. KIMBERLY AVENUE

FOSTER CARE

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federal assistance program of the Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five. GRANDPARENTS RAISING THEIR GRANDCHILDREN MAY RECEIVE WIC FOR THEIR GRANDCHILDREN.

Midnight calls, long drives across state and emotional encounters all make it difficult for social workers in child protection services to really ever “clock out.” Their job doesn’t end when the typical 40-hour work week is over. The true nature of the profession requires them to be available at a moment’s notice, 24/7, 365 days a year.

Please Report Child Abuse
You could be saving a child’s life.

If you are interested in becoming an AST foster care home and would like more information please contact

Julie Wilson
405-395-4492

COMMUNITY MARKET OF POTTAWATOMIE COUNTY
120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957
HOURS OF OPERATION
MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M.
WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M.
(COMMUNITY FOOD BANK)
The Absentee Shawnee Tribe is seeking qualified applicants for the position of TRIBAL SECRETARY.

For more information or to apply please visit WWW.ASTRIBE.COM/EMPLOYMENT

or

PLEASE SUBMIT LETTER OF INTENT AND RESUME TO THE HUMAN RESOURCE DEPARTMENT HR@ASTRIBE.COM
We are Thankful for the Executive Committee for providing our Title VI Members with Turkeys this Thanksgiving.

December 7

December 25 & 26 the AST Complex will be closed. NO meals will be served or delivered

December 27-29  Title VI will be closed for cleaning and the homebound will be provided a meal and they will get their meals on December 22. The Title VI Staff wishes everyone a Happy & Merry Christmas and be careful, be safe and be smart when out traveling.

Just in case we have bad weather this is our Policy:
Absenent Shawnee Tribe – Severe Weather Policy effective December 2013 states:
2. PROVISIONS
a. Prior to normal starting time it will be announced on one of the local television or radio channels that the Absentee Shawnee Tribe is open and/or closed based on weather severity. The Governor, and/or designee, will report to these channels: Channel 4, 5, 9, Fox 25; Radio- K TOK 1000; KOCK 1520 AM. Formerly the policy has been that when schools in Little Axe and Shawnee are closed then employees would be allowed administrative leave. This policy seeks to clarify on procedures and gives the decision making process back to the Tribe.

b. On days when weather conditions worsen as the day progresses, the Governor or another Member of the Executive Committee may decide to close early. In such cases, a decision and an announcement will be made through email to all employees.
TITLE VI HANDBLING OUT TURKEYS FOR THANKSGIVING
Free Music Lessons
Guitar • Bass • Piano • Drums
Available to all Native Americans w/CDIB#
For details, call Absentee Shawnee Behavioral Health
405-878-4716
The family of David Little Jr. would like to thank the Absentee Shawnee Tribe for the care shown to David during his illness and the sympathy shown to our family during our loss of David.

To the Tribe for flying flags at half staff.
To the Absentee Shawnee Veterans Association for the service.
To the Absentee Shawnee Tribe Health System for his care.
To the maintenance workers who prepared the grounds at Johnson Cemetery.
To the Absentee Shawnee Tribal Police Department, thanks for the escort.
To Absentee Shawnee Tribal members who called, sent a card, brought food or said a prayer for us, we thank you and appreciate all that was done.

Stella Little and children - Keith, Troy and Becky

Jennie “Boots” Lucy (Mohawk) Snake
(July 14, 1922 – October 28, 2017)

Jennie “Boots” Snake, 95, of Cushing, Oklahoma passed away on Saturday, October 28, 2017 in Tulsa at the Hillcrest Hospital following a brief illness.

She was born July 14, 1922 to Thomas and Lizzie (Ellis) Mohawk in Tecumseh, Oklahoma. In her childhood years, she became known as “Boots,” a nickname given to her by her siblings.

Jennie “Boots” grew up in the Pink/Tecumseh area, attending Tecumseh High School. She married Amos Snake on July 23, 1942, residing in the Little Axe-Tecumseh area and later moving to Cushing. Together they raised 10 children: Frances, Alvin, Kenneth, Anita, Carolyn, Alta, Norma, Janet, Steven, and Jana.

Jennie “Boots” was a proud member of the Absentee Shawnee Tribe. First and foremost she had an enduring faith and trust in the Lord. She was a very devoted mother and homemaker, enjoyed gardening, sewing, and most of all cooking. Her greatest enjoyment was spending time with family, her children, grandchildren and great grandchildren. She had worked briefly as a nurse’s aide, caring for others, which was her greatest gift from God.

She was the youngest of the Mohawk family and lived to be the oldest. She is preceded in death by her parents, 5 sisters, 2 brothers, husband Amos, and one daughter Frances Ressler. Those left to cherish her memory are her three sons: Alvin Snake, Kenneth Snake and wife Barbara, and Steven Snake; and her six daughters: Anita Burton, Carolyn Duncan and husband Gene, Alta Helvy and husband Tony, Norma Snake, Janet Snake, and Jana Snake and husband Stephen Whitebird, numerous grandchildren, great grandchildren, and many loving nieces, nephews, and other relatives and friends.

She was laid to rest with graveside services held on Wednesday, November 1st under the direction of Palmer-Marler Funeral Home of Cushing at the Butler Family Cemetery, in Cushing, with Sam Shane of Stroud officiating. She will be greatly missed.
Happy 13th Birthday to my pretty Granddaughter Jiliyan Jade Spoon! I love you bunches, sweetie! Hugs and Kisses,
Granny Low

Happy Happy Happy Birthday to my pretty Granddaughter Jiliyan Jade Spoon

Happy 3rd Birthday Jaxon Lee!!

Want to wish our December twinkies a Happy Birthday

Desirae Spoon & Tybo Shields

Happy Belated 9th Birthday Kaydence Rae!!

Love-Mom, Bubba & Dad

Happy 13th Birthday to my beautiful, sweet Jili Beans!! So proud to call you my Best Friend and my Daughter!! Hope your day is a great one!!

Love your Mom, “String Cheese”

Happy Wonderful Birthday to my sweet, awesome, beautiful niece, Jiliyan!! We love you a whole lot!!

Love, Aunt B & Cousin Chole Bella
Happy Birthday Crystal
from, Bo Bo and family

Birthday Wishes to Uncle Dennis, Thurman and Ashley
from, Bo Bo and family

CONGRATULATIONS
Ashley and Torreence
on the new baby girl!!
From, Bo Bo & family

UPCOMING 2018 HEALTHCARE OPEN ENROLLMENTS

Save The Dates!

MEDICARE HEALTH INSURANCE
1-800-MEDICARE (1-800-633-4227)

OCTOBER 15 – DECEMBER 7, 2017
2018 Medical & RX Plan Enrollment | Plan Changes

Health Insurance Marketplace
NOVEMBER 1 – DECEMBER 31, 2017
2018 Marketplace Enrollment | Renewals | Plan Changes

~ SEE A PATIENT BENEFIT ADVOCATE FOR OPEN ENROLLMENT ASSISTANCE ~
CONNIE BOTTARO-LITTLE AXE: 405.447-0300 | LELA CULLEY-SHAWNEE CLINIC: 405.878.5850

For more information, contact AST Health System at 405.447.0300.
Norman, Oklahoma – The safety of our patients and employees is paramount in any emergency or inclement weather situation, and the Absentee Shawnee Tribal Health System (ASTHS) recognizes the fact that inclement weather and other emergencies can affect ASTHS’ ability to open (or remain open) for seeing patients and the employees’ ability to get to work (or to get home). For our patients, we strive to keep the health system closed for the briefest period of time possible. However for impending inclement weather - we are offering the following suggestions for our patients:

1. Please be sure to call ahead with your prescription re-fill needs within the allotted timeframe (24 hour fill time).
2. Please be sure to pick-up your medications (during non-weather event days) from pharmacy so that you will not go without during inclement weather.
3. Please make sure your patient contact information is up-to-date (such as phone number and email addresses) for notifications.
4. Please call ahead before venturing out into bad weather to see if we are open or closed.
   - Little Axe Health Center (405) 447-0300
   - Shawnee Clinic & SC Extended Hours (405) 878-5850
   - PlusCare Clinic (405) 447-0477
5. Watch for AST closure announcements on OKC’s local news channels.
6. Follow AST Health on Facebook at Absentee Shawnee Tribal Health for the latest announcements.
7. Follow us on Twitter @ASTHealth; or
8. ASTHS website www.asthealth.org

With the anticipation of electricity outages, the ASTHS recommends to fully charge your cell phones beforehand. The ASTHS encourages all patients to please stay safe and weather aware.
The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

**Fitness Facility Hours of Operation**

**Monday - Friday**

6:00 a.m. - 9:00 p.m.

**Fitness Facility Weekend Hours of Operation**

**Saturday**

9:00 a.m. - 5:00 p.m.

The AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

- **Monday-Friday** 6:00am - 9:00pm
- **Saturday** 9:00am - 3:00pm
- **Sunday** CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at [www.asthealth.org](http://www.asthealth.org) (Then navigate to our Diabetes and Wellness section under the services section.)
The AST Diabetes and Wellness Fitness Center provides state-of-the-art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

Buster Bread
Fitness Manager
Chrissy Wiens
Physical Activities Specialist
Brandon Goodman
Fitness Technician
McKenna Watson
Fitness Technician

AST Diabetes and Wellness Program

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<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<td><strong>CLASSES</strong></td>
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<td>Zumba Fitness 6:15 a.m.-7:00 a.m.  Chrissy Wiens Little Axe Resource Center</td>
<td>Strength Circuit 6:15 a.m.-7:00 a.m.  Chrissy Wiens Little Axe Resource Center</td>
<td>Cardio Kickboxing 6:15 a.m.-7:00 a.m.  Chrissy Wiens Little Axe Resource Center</td>
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<td><strong>Kickboxing Camp</strong> 12:00 p.m.-12:45 p.m.  Chrissy Wiens LITTLE AXE HEALTH FACILITY</td>
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<td><strong>Strength Circuit</strong> 5:45 p.m.-6:30 p.m.  Buster Bread Little Axe Resource Center</td>
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<td><strong>Aerobic Circuit</strong> 5:45 p.m.-6:30 p.m.  Buster Bread Little Axe Resource Center</td>
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**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

“Kidboxing Camp” - Intense aerobic training that incorporates kickboxing self-defense to engage and strengthen the cardiovascular system.

“Circuit Training” - A time efficient training system aimed at developing strength through pre-determined training stations.

“Cardio Kickboxing” - Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

“Work!” - Strength training exercise that uses tubing, weights, and kettlebells to help increase muscular strength, anaerobic power, and tone muscles.
December is usually a time of the year where most people feel it’s justifiable for the abundance of over-eating and a lack of exercise. We want to encourage you to start this New Year on the right foot. Based on studies, the majority of people tend to gain extra additional weight during the holiday season. Excessive eating is claimed to be the main cause for weight gain, but it is also due to lack of physical activity and exercise. It is very important to have fun and enjoy the holiday season, but you also want to stay healthy the same time. Try not to wait until next year to put your health and happiness first but make goals and a game plan now, here are some useful tips that may help you stay focused for a better healthier you:

1. **Eat before eating out**- It is best to eat before going out due to overindulging.
2. **Select Treats**- Try to make a plan to select treats that you eat in a wise manner.
3. **Avoid Skipping Meals**- Don’t skip meals especially breakfast. Not eating will only make it where you eat more and choose poor choices later in the day. Skipping meals may lead to counterproductive results.
4. **Drink A Lot of Water**- This can curb your appetite as well as keep you hydrated at all times.
5. **Shop Well for Yourself**- It is very important to stock up your kitchen with healthy food and snacks. The more convenient they are the most likely you will eat them. Instead of thinking what you shouldn’t eat, promise to eat at least 3 to 5 servings of veggies per day.
6. **Eat Less More Often**- Instead of having 2 enormous meals, have 5 small ones. Eat dinner early and have a nice walk afterwards.
7. **Set realistic goals**- Aim for at least 30 minutes per day. If you plan for more and not achieve it then it may lead to disappointment.
8. **Prioritize Your Workout**- Try to do them early in the morning while everyone else is still asleep so there are no distractions.

These tips above will hopefully help with avoiding weight gain during the winter holiday’s, but will also allow you to enjoy yourself and have a great time with family and friends.

**Happy Holiday !**
Run For Your Life Zombie 5K 2017
Sponsored by: AST Diabetes & Wellness
& MyDNA programs
Be Prepared to Stay Safe and Healthy In Winter
Winter storms and cold temperatures can be hazardous. Stay safe and healthy by planning ahead. Prepare your home and cars. Prepare for power outages and outdoor activity. Check on older adults. Take These Steps for Your Home. Many people prefer to remain indoors in the winter, but staying inside is no guarantee of safety. Take these steps to keep your home safe and warm during the winter months.

Don’t Forget to Prepare Your Car
Get your car ready for cold weather use before winter arrives.
Service the radiator and maintain antifreeze level; check tire tread or, if necessary, replace tires with all-weather or snow tires.
Keep gas tank full to avoid ice in the tank and fuel lines.
Use a wintertime formula in your windshield washer.
Prepare a winter emergency kit to keep in your car in case you become stranded. The kit should include:
cell phone, portable charger, and extra batteries; blankets; food and water; booster cables, flares, tire pump, and a bag of sand or cat litter (for traction); compass and maps; flashlight, battery-powered radio, and extra batteries; first-aid kit; and plastic bags (for sanitation).

Equip in Advance for Emergencies
Be prepared for weather-related emergencies, including power outages.
Stock food that needs no cooking or refrigeration and water stored in clean containers.
Ensure that your cell phone is fully charged.
When planning travel, be aware of current and forecast weather conditions.
Keep an up-to-date emergency kit, including: Battery-operated devices, such as a flashlight, a National Oceanic and Atmospheric Administration (NOAA) Weather Radio, and lamps; Extra batteries; first-aid kit and extra medicine; baby items; cat litter or sand for icy walkways. Protect your family from carbon monoxide. Keep grills, camp stoves, and generators out of the house, basement and garage. Locate generators at least 20 feet from the house.
Leave your home immediately if the CO detector sounds, and call 911.

Take These Precautions Outdoors
Many people spend time outdoors in the winter working, traveling, or enjoying winter sports. Outdoor activities can expose you to several safety hazards, but you can take these steps to prepare for them:
Wear appropriate outdoor clothing: wear a tightly woven, preferably wind-resistant coat or jacket; inner layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.
Sprinkle cat litter or sand on icy patches.
Learn safety precautions to follow when outdoors.
Work slowly when doing outside chores.
Take a buddy and an emergency kit when you are participating in outdoor recreation.
Carry a cell phone.

Do This When You Plan to Travel
When planning travel, be aware of current and forecast weather conditions.
Avoid traveling when the weather service has issued advisories.
If you must travel, inform a friend or relative of your proposed route and expected time of arrival.
Follow these safety rules if you become stranded in your car.
Stay with your car unless safety is no more than 100 yards away, but continue to move arms and legs.
Stay visible by putting bright cloth on the antenna, turning on the inside overhead light (when engine is running), and raising the hood when snow stops falling.
Run the engine and heater only 10 minutes every hour.
Keep a downwind window open.
Make sure the tailpipe is not blocked.
Above all, be ready to check on family and neighbors who are especially at risk from cold weather hazards; young children, older adults, and the chronically ill. If you have pets, bring them inside. If you cannot bring them inside, provide adequate, warm shelter and unfrozen water to drink.
Source: https://www.cdc.gov/features/winterweather/

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Contact information:
Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com
OBJECTIVE

I am running for Treasurer for the Absentee Shawnee Tribe in 2018 so that I can utilize my financial expertise and experience to benefit our tribe.

WHAT I STAND FOR

- Positive Change
- Integrity
- Business Development
- Financial Transparency
- Strengthen Tribal Government

EXPERIENCE

FINANCIAL ANALYST & TAX COMMISSIONER • ABSENTEE SHAWNEE TRIBE

CHIEF FINANCIAL OFFICER • SAC AND FOX NATION

FINANCE DIRECTOR • PAWNEE NATION

CORPORATE ACCOUNTANT • EXPRESS PERSONNEL

SENIOR TAX ACCOUNTANT • GILL, KOHR & JOHNSON, CPA’S

STAFF ACCOUNTANT • CLIFTON LARSON ALLEN, LLP

EDUCATION

MASTER’S DEGREE • 2002 • UNIVERSITY OF TULSA
Speciality in Taxation and Corporate Finance

BACHELOR’S DEGREE • 1998 • ARIZONA STATE UNIVERSITY
Speciality in Finance and Accounting

CPA ELIGIBLE

VOLUNTEER EXPERIENCE OR LEADERSHIP

Absentee Shawnee Economic Development Authority – Board President
Absentee Shawnee Veteran’s Association - Member
Native American Finance Officer’s Association - Member
OK Tribal Finance Consortium – Member

CONTACT INFO: 918-703-7538 OR PHILLIE2829@GMAIL.COM
**Influenza (flu)** is a contagious disease that can be serious. Every year, millions of people get sick, hundreds of thousands are hospitalized, and thousands to tens of thousands of people die from flu. CDC urges you to take the following actions to protect yourself and others from flu.

**GET YOURSELF AND YOUR FAMILY VACCINATED!**

A yearly flu vaccine is the first and most important step in protecting against flu viruses. Everyone 6 months or older should get an annual flu vaccine by the end of October, if possible, or as soon as possible after October.

Flu vaccines are offered in many locations, including doctor’s offices, clinics, health departments, pharmacies and college health centers, as well as by many employers, and even in some schools.

Protect Yourself. Protect Your Family. Get Vaccinated. #FightFlu

Learn more: https://www.cdc.gov/flu/consumer/vaccinations.htm

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**AVOID**

Avoid close contact with sick people, avoid touching your eyes, nose, and mouth, cover your coughs and sneezes, wash your hands often (with soap and water), and clean and disinfect surfaces and objects that may be contaminated with flu viruses.

If you become sick, limit contact with others as much as possible. Remember to cover your nose and mouth with a tissue when you cough or sneeze, and throw tissues in the trash after you use them. Stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone for 24 hours without the use of a fever-reducing medicine before resuming normal activities.)

Learn more: https://www.cdc.gov/flu/consumer/prevention.htm

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**TAKE ANTIVIRAL DRUGS IF YOUR DOCTOR PRESCRIBES THEM!**

If you get the flu, antiviral drugs can be used to treat flu illness.

Antiviral drugs can make illness milder and shorten the time you are sick. They also can prevent serious flu complications, like pneumonia.

CDC recommends that antiviral drugs be used early to treat people who are very sick with the flu (for example, people who are in the hospital) and people who are sick with the flu and are at high risk of serious flu complications, either because of their age or because they have a high risk medical condition.

Learn more: https://www.cdc.gov/flu/consumer/treatment.htm

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#FightFlu

Learn more: https://www.cdc.gov/flu/consumer/treatment.htm
American Indians and Alaska Natives (AI/ANs) are at high risk for flu complications

A yearly flu vaccine protects yourself and others around you

Flu is a leading cause of pneumonia

Flu and pneumonia rank among the top 10 causes of death for AI/ANs.

AI/ANs are more likely to die from pneumonia and flu than other races.

Across the U.S., the flu causes more than 200,000 HOSPITALIZATIONS EACH YEAR.

AI/ANs are at higher risk than others for:
- Pneumonia and bronchitis
- Hospitalization
- Death

Flu symptoms can include:

FATIGUE (FEELING VERY TIRED)
BODY ACES OR HEADACHES
Runny or stuffy nose
CHILLS
COUGH
SORE THROAT

*You can still have the flu and be contagious without a fever

Benefits of Flu Vaccination

During the 2014-15 season, flu vaccination prevented an estimated:

19 MILLION influenza-associated illnesses—greater than the population of the city of Philadelphia

The flu poses a greater risk to:
- Young children and elders
- Pregnant women
- People with diabetes, extreme obesity, heart disease, or asthma and other lung problems

Take 3 Steps to Fight the Flu:

1. Take everyday preventive actions to stop the spread of germs
   - Wash your hands often
   - Cover your coughs and sneezes

2. Get a flu vaccine each year for everyone 6 months of age and older

3. Take antiviral medicine if prescribed

Get a Flu vaccine at:

- Indian Health Service, tribal, or urban health clinics and doctor’s offices
- Pharmacies or grocery stores
- Community health fairs
- Health fairs

Ask your Community Health Representative or Community Health Aide for more information!

Protect yourself. Protect your community.

Get vaccinated. Protect the circle of life.


Honoring Our Past
With Promise for Our Future

LIFE is Beautiful
Living Meth Free

Ast Tribal Member Abbe Owings, an 8th grader at Family of Faith Christian School. On February 13th, 2016, Abbe Owings and the 8th grade girls basketball team took state at the OCSSA 2A class state championship!!! Congratulations Abbe!!!!
Proud Momma Dos Owings

For information about our services please call (405) 273-1050 or come by our office located at 107 North Kimberly in Shawnee, OK. Website: www.ASHousingAuthority.com

Programs Available

• Lease to Own Homes
• Low Rent Housing
• Over Income AST member Down Payment & Closing Assistance
• College Housing Assistance
• Home Rehab Program
• Storm Shelter Assistance
• Transitional Housing
• Over-Income Rental Housing

National Suicide Prevention
1–800–273–8255 (TALK)

Absentee Shawnee Health Systems
Shawnee & Little Axe
Care on your schedule, that’s the Plus.

Sign up, stay connected.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m. Monday through Friday.

www.asthealth.org/patient-portal

For more help, call your clinic, and we’ll walk you through it.

A guiding hand on your shoulder.

Health System

A walk-in, after-hours, acute care facility

Hours of operation:
9 a.m.-9 p.m. Monday – Friday
9 a.m.-5 p.m. Saturday – Sunday
9 a.m.-5 p.m. Holidays
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.
First appointment - 9 a.m.
Last appointment - 8:30 p.m, Monday–Friday
Last appointment - 4:30 p.m., Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That’s why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we’re dedicated to providing high-quality, clinic-based health care to members of our community. On evenings. On weekends. This is all for you.

Online Patient Portal

for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results? Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to www.asthealth.org/patient-portal to register.

For more help, call your clinic, and we’ll walk you through it.

Install the app on iPhone or Android for real-time access to your health information.
The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines. Keep a copy on hand and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.
8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays
All facilities closed the first Wednesday of the month from Noon to 5pm.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic
Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Karen Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT
Little Axe Health Center
Debi Sloat, CHS Coordinator/RN
Jayne Werst, CH Specialist, Medicaid Patients
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT
Shawnee Clinic
Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant

LITTLE AXE HEALTH CENTER CHS
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS
405.878.5850 (Primary)
405.878.4702 (Secondary)
Here for you, now more than ever.

EXTENDED HOURS:
9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

SHAWNEE CLINIC
Absentee Shawnee Tribal Health Authority, Inc.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturdays. We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.

There is a welcoming place for women.

Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don’t take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER
1951 Little Axe Dr.
Norman, OK 73069
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 - 1.877.878.4702 (Toll free)

Let your voice be heard.

Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.
PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you’d like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It’s also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru:
Mon – Fri 5:30 p.m. to 9 p.m.
Sat – Sun 9 a.m. to 5 p.m.

Holidays 9 a.m. to 5 p.m.

*Extended Hours Rx Drive-Thru is available only for PlusCare Clinic prescriptions and AST member emergency room visit fills.

SHAWNEE CLINIC
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Regular Hours:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours:
Mon – Fri 9 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays

*Extended Hours Rx is available only for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day unlimited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK.

HEALTH SYSTEM

WWW.ASTHEALTH.ORG

IOWA TRIBE OF OKLAHOMA VOCATIONAL REHABILITATION PROGRAM

“See the Person Not the Disability”

History:
The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

Services That Can Be Provided:
Depending on an individual’s needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

Qualifications:
Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor’s statement or the IEP or 504 plan from your school.

Contact: Christie McClellan
Phone: 405-547-0171
Fax: 405-547-0172
mcclellan@iowatribe.com

WE ARE ON THE INTERNET: www.iowatribe.com
Applications are available online on the website: www.astribe.com

Applications need to be completed and all necessary documentation must be submitted. The Absentee Shawnee Tribe shall review all applications to determine eligibility requirements and criteria which is approved by the Tribal Housing Improvements Program (THIP) list all applicants by a priority list:

• Sanitation Facilities Assistance Program
• Tribal Housing Improvements Application

Office of Environmental Health & Engineering, Building 13

A $35.00 fee for all returned checks will be charged. If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.
Wellbriety Group Meetings

Facilitator: John Soap, LPC

Beginning September 14, 2017 5:30pm-6:30pm

Every Thursday at the Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bldg. 16)

For further information, contact:
Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987

Medicine Wheel and 12 Steps

The medicine wheel and 12 Step program was developed to provide a culturally appropriate 12 Step program for Native American people. This program was developed by White Bison, based upon teachings of the Medicine Wheel, the Cycle of Life and the Four Laws of Change.

How the Process Works

The Medicine Wheel and 12 Step program is designed in a series of modules that enable people to meet their individual needs. Participants watch a video that explains Medicine Wheel teachings and apply them to their lives. In addition, participants share their insights and experiences in a talking circle. They also learn how to mind map their own innate knowledge around these teachings and then apply that knowledge to their daily lives and decision making processes. For those working through the program in a group setting (i.e. Circles of Recovery) very strong social and emotional bonds are created that help the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them to grow emotionally, mentally, physically, and spiritually.

Focus

The focus of the program is on character and values. Thus each of the 12 Steps is presented from the perspective of the value that it reflects.

Step 1: Honesty       Step 6: Willingness       Step 10: Perseverance
Step 2: Hope          Step 7: Humility          Step 11: Spiritual Awakening
Step 3: Faith         Step 8: Forgiveness       Step 12: Service
Step 4: Courage       Step 9: Justice
Step 5: Integrity

Teachings of the Medicine Wheel

The Medicine Wheel is an ancient method for teaching important concepts about truth and life. Many Native American communities use a Medicine Wheel, although the colors and the symbols are different depending upon the culture. The purpose is the same in each culture. These teachings, when applied to one's life, have the power to influence significant change in attitudes, behaviors, values and intent. The Elders have shared a series of Teachings based upon the Natural Order of the way things should be. These are sometimes referred to as the "original instructions." These important Teachings are included in the Medicine Wheel and 12 Steps:

Four Seasons of Change
Four Laws of Change
Four Directions of Growth
Twelve Principles for Healthy Living
Reclaiming our Power
The 12 Steps of Recovery
Nature's Way: Principles, Laws and Values
Cycle of Life
Eight Feelings for Healthy Development
Comfort Zones
The Two Thought System: Love and Fear
The Medicine Wheel
The Laws of the Unseen World