Progress on Atoka Water Pipeline Settlement

On Saturday, November 3, 2018, Governor Butler-Wolfe hosted a meeting in the Tribe’s Multipurpose Building for Tribal Members who own land that is crossed by the Atoka pipeline, which transports public water from Lake Atoka to Oklahoma City. The purpose of the meeting was to provide an update by the Attorney General, Hobbs Strauss, on the status of the settlement and to allow individual interest owners to communicate directly with their representatives from the U.S. Attorney’s office and the Field Solicitor’s office. The meeting provided an update on the negotiations the Tribe has conducted for several years with the City and the United States to compensate Tribal Members for the future use of easements for the pipeline. Significant progress has been made to secure a settlement agreement that will pay landowners severally more than market value for the use of their land, along with job opportunities for Tribal Members, strong protections for the environment and the Tribe’s cultural resources.

The Atoka pipeline travels over 100 miles to deliver public water to Oklahoma City, and crosses 19 parcels of land owned by Tribal Members. The pipeline was completed in the 1960s and operated for 50 years under the original easements, which expired in 2011. In order to obtain the right to continue using the pipeline, the City filed lawsuits to use the process of condemnation, which would result in the City taking permanent ownership of the land around the pipeline. In a condemnation, landowners are only paid the fair market value of their lost land as determined by an appraisal, and lose all rights to the land. Recognizing the damage this loss of land would cause for the landowners and the community of Tribal Members, Governor Butler-Wolfe intervened and used the Tribe’s sovereign power to halt the City’s litigation against the continued on page 30.
Greetings Tribal People!

As the weather is changing and winter is approaching, we hope that everyone is checking your heaters. Please address all your maintenance calls to the Lieutenant Governor’s Office so they can process your work order.

It was nice to see everyone at the 82nd General Council Meeting held on October 27, 2018. We had about 87 plus tribal people that attended. It is always informative to us elected officials to hear concerns that you have for us, as this is your right to express those concerns. The Community Meetings will start up again after the holidays, which will be January 26, 2019 @ 10:00 am in the Multi-Purpose Building on the Absentee Shawnee Tribal Complex.

Absentee Shawnee Tribal Children Christmas Gift

Please make a note; there will not be a Saturday set aside for a movie as we will be doing something different this year. The AST Tribal children, birth to 18 years of age will be receiving a $25.00 Wal-Mart Gift Card along with a movie pass at the Jones Theatre in Shawnee, Oklahoma. The first 150 AST to pick-up their gift card will receive a movie pass.

You will need to have a current (up to date) tribal CDIB card. If you do not have updated CDIB cards, you will be asked to go to enrollment to get an updated card for your child or children before receiving gifts. Only parents, grandparents and individuals that have legal custody of a child or children will be able to receive the gifts cards and movie passes. So please do not ask to pick other tribal child or children’s gift cards.

Oklahoma Elections

With the elections for the Governor and the Lieutenant Governor of Oklahoma has come and gone I will be attending the State of State Address in February to hear the new Republican Governor Kevin Stitt’s address. We also have a new Lieutenant Governor Matt Pinnell, Republican. I look forward to hearing their comments on the Gaming Compact which expires in 2020. We, as Tribal Leaders, will need to put this on our “high priority” list. I hope that Governor Stitt has an open door policy for all tribal concerns.

Native American Month

I was asked by the Westmoore High School Counselor Ms. Carol Carter, and Sponsor of the Native American Student Association to be a speaker at their Native American Heritage Assembly on November 8, 2018. I was asked by Ms. Carter to hit on just being American Indian and some of my experience that I faced in my early years and being a woman as a tribal leader. As I finish my speeches to young students I always finish with treats to those who can answer my questions I ask to them. I was very impressed on how they paid attention to my speech. But when I asked questions about their own tribe they could not answer. So that leads me to believe that not much is said at school or at home about their own heritage.

After my morning speech Tresha Spoon, Education Director of the Absentee Shawnee and I attended a Fall Pre-Tribal Consultation at Moore Public School Administration Building. The consultation was for the Spring 2019 Oklahoma City Metro Indian Education Tribal Consultation for March 13, 2019. The Public Schools are required by the Federal “Every Student Succeeds Act (ESSA) to have consultations with Tribal Leaders. The school districts in the OKC Metro area include these listed public schools: Edmond Public Schools, Mid-Del Public Schools, Moore Public Schools, Norman Public Schools, Oklahoma City Public Schools, Putnam City Public Schools, Western Heights Public Schools and Yukon Public Schools.

Governor’s October and November Meetings

October

20th Travel: National Congress American Indian Conference Denver, Colorado

21st – 25th NCAI

26th Halloween Activity Absentee Shawnee Police 4:00 pm to 6:00 pm

27th 10:00 am General Council

28th Travel to Washington DC
November

1st 1:00 pm Meeting in OKC discussion of upcoming meeting (ATOKA)

3rd 10:00 am ATOKA Meeting (AST Complex)

5th 1:00 pm Norman City Commissioner Meeting (Rod Cleveland) American Heritage

6th 10:00 am Tribe and Health Budget Meeting

7th 10:00 am Sac and Fox Nation Grand Opening CTSA Head Start Program

8th 10:30 am Westmoore High School Speaker Native American Assembly

1:00 – 7:00 pm Consultation and Tribal Meet & Greet Moore Public School

11th 1:30 pm Veterans Parade Norman, Oklahoma

12th Veterans Day – NO WORK

13th Community Action Silent Auction/Dinner at the Shawnee Expo 6:00 pm

14th 9:00 am Tribal Perspectives Focus Group - State Capital

15th 6:00 pm OKC Reception for Harvey Pratt sponsor by the Cheyenne & Arapaho Tribe

16th 9:00 am CTSA Board Meeting

17th 10:00 am Elders Meeting

6:30 pm White Turkey Bingo Horseshoe Bend

19th 9:00 am Monthly Directors Meeting


Not present: Maintenance, Finance, Procurement, OEH, Reality, Cultural Preservation, Human Resources, Title VI.

Representative Fletcher gave an update on Human Resources and Cultural Preservation.

6:30 pm TEC Board Meeting

20th 11:00 am Oklahoma Historical Society Event OKC (Speaker Donald Fixico), Harvey Pratt

21st 10:00 am Executive Committee Meeting

12:00 pm Tribal Office Closed Thanksgiving Holiday

EXPRESSIONS:

For those families who may have lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

CONCLUSION:

I appreciate Tribal Members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference - stand beside me and Let us Build for the Future (BFF)
"It is time for the Absentee Shawnee Tribe to get on the 8a train," says Sec. John Johnson. Economic Development is a top priority for me and I am pushing the tribe to plan for the future. The Absentee Shawnee Economic Development Authority (ASEDA, Inc.) brings a new focus to fulfilling its intended purpose and creation of bringing economic prosperity to the Absentee Shawnee Tribe and its tribal members.

ASEDA, Inc. is currently taking a step toward making this vision a reality by working to acquire 8(a) status through certification with the U.S. Small Business Administration (SBA) that will allow for entry into the 8(a) Business Development Program. The program is designed to create a level playing field for small businesses by limiting select contracts to only those businesses that participate in the 8(a) program. Here are a few advantages of the program that can be beneficial to our success:

- A nine year program giving preferential treatment in federal contracting with various agencies and departments of agencies.

- Opportunity to compete for sole-source government contracts that can reach a maximum range of 4 to 6 million depending on the industry.

- Opportunity to compete for set-aside contracts strictly for 8(a) businesses. The number of certified 8(a) businesses is estimated to be around 8,500.

- Receive business development assistance in the form of business counseling and mentoring, training, contract marketing guidance, surety bond guarantees, acquiring federal government surplus property, and management and technical assistance.

- Tribes can have more than one 8(a) participant in the program.

Certification into the 8(a) business development program also opens the door to more federal contracting dollars through another Small Business Administration program known as HUBZone. This program was created to help small businesses that employ and operate in Historically Underutilized Business Zones (HUBZones). The government awards three percent of its total federal contracting dollars to HUBZone certified businesses. In 2017 the government awarded 6 billion dollars to about 5,800 HUBZone participants averaging out to about 1 million dollars in contracts for each participant.

ASEDA, Inc. has linked with the Tribal Government Institute (TGI) to help with the rigorous certification process. An opportunity to meet with TGI Procurement Counselor Berbon Hamilton at their offices in Norman, Oklahoma back in October was very positive. Mr. Hamilton was very knowledgeable with answers to questions about the program and provided a lot of useful information and training resources to better understand the program and process involved to becoming a certified participant. ASEDAD, Inc. is very appreciative of the continued support extended to us by Mr. Hamilton and the Tribal Government Institute at the conclusion of our initial meeting. This alliance will be very useful in helping to meet our certification target date as well as our journey through the program once accepted.

In closing, the ASEDAD Board has vacated seats that need to be filled. If you are interested or know of anyone that may be interested please check out the advertisement in this newsletter for information and qualification requirements. You can also contact me at the tribe at (405) 275-4030. I ask for your support in pushing our economic development focus forward, “let’s focus on 8(a)!” I wish each and every tribal member a happy and safe holiday season.
Cattle Program - Financial Report

<table>
<thead>
<tr>
<th>Year</th>
<th>Revenues</th>
<th>Expenses*</th>
<th>NET</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2011</td>
<td>0</td>
<td>$40,072</td>
<td>($40,072)</td>
<td>Initial investment of 30 cows, 1 bull, &amp; land lease</td>
</tr>
<tr>
<td>2012</td>
<td>No Data</td>
<td>No Data</td>
<td>$0</td>
<td>No Data in Financial Accounting System</td>
</tr>
<tr>
<td>2013</td>
<td>$41,434.54</td>
<td>$33,584.17</td>
<td>$7,850</td>
<td>Profit</td>
</tr>
<tr>
<td>2014</td>
<td>$19,449.90</td>
<td>$18,087.88</td>
<td>$1,362</td>
<td>Profit</td>
</tr>
<tr>
<td>2015</td>
<td>$20,011.60</td>
<td>$23,179.57</td>
<td>($3,168)</td>
<td>Loss</td>
</tr>
<tr>
<td>2016</td>
<td>$29,633.01</td>
<td>$31,209.76</td>
<td>($1,577)</td>
<td>Loss</td>
</tr>
<tr>
<td>2017</td>
<td>$53,300.56</td>
<td>$44,952.85</td>
<td>$8,348</td>
<td>Profit</td>
</tr>
<tr>
<td>2018 (To date)</td>
<td>$16,440.39</td>
<td>$15,624.95</td>
<td>($815.44)</td>
<td>Loss</td>
</tr>
<tr>
<td>TOTAL</td>
<td>$180,270</td>
<td>$206,711</td>
<td>($26,441)</td>
<td>Operating at a LOSS</td>
</tr>
</tbody>
</table>

As clearly seen, the cattle program is currently not a financially feasible program. This financial report shows revenue, expenses, and the net income from cattle sales going into our general fund from its inception to current. A major problem in both the past and present has been the cattle program did not have its own budget and that its never operated as a business. As noted above, the total expenses were difficult to calculate since employee expenses were never fully dedicated to this program. However, if employee expenses were included I’m fairly confident that the cattle program has never generated a profit. Moreover, the cattle program was included with other budgets (including the general fund) under the Lt. Governor and it’s been recommended for over 2 years now that the cattle program should have its own budget and operated in a profit-driven fashion. In my opinion, the cattle program is akin to being run like a hobby. Going forward, we have to be very clear regarding the intent of when we start a program. If the intent is primarily financially with a profit motive in mind, then the program should be set up and operated as such. If the intent is to provide jobs and that it will have to be subsidized by governmental funds, then we have to understand that the program is a social program and may not break even. Whether we decide to sell the cattle or continue with the program, we have to set it up with a profit motive in mind, ensure we can provide transparency of the program’s financials, and implements adequate internal controls.

Legal Expenses Report

As requested at the October General Council meeting, below is a summary of the AST legal fees expenses from 2014 to date in 2018.

<table>
<thead>
<tr>
<th>Legal Firm NAME</th>
<th>Expenses (2014-2018)</th>
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</thead>
<tbody>
<tr>
<td>Bond Gill</td>
<td>$303,952.72</td>
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<tr>
<td>Fellers, Snider</td>
<td>$79,143.16</td>
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<tr>
<td>Hobbs Strauss</td>
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<tr>
<td>Houseley-Couch</td>
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<tr>
<td>Somsakay</td>
<td>$49,555.23</td>
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</tbody>
</table>

Fraud / Compliance Line

As part of strengthening internal controls and stopping fraud, we have started a fraud/compliance line. The line I have chosen is a very cost-effective program that can be accessed by phone, fax, or by email and can be done so anonymously. Why anonymously? Studies show that witnesses to internal fraud prefer to remain anonymous when reporting wrongdoing. In fact a majority of all fraud is caught by a fraud/compliance line. The line will be available 24 hours a day, seven days a week and 365 days per year. I feel this is a major step in establishing an effective anti-fraud stand and ethics program. Fraud, theft, and ethics concerns - these are issues that every organization must be prepared to deal with. Confidential and secure, our anonymous fraud/compliance hotline service is a reliable means of collecting and transmitting sensitive information. At the end of the day, it’s every employee’s job to protect our tribal assets. I share everyone’s stance that we can no longer tolerate gross mismanagement, fraudulent activity, and outright theft of our tribal assets. Going forward, any and all acts of fraud and theft will be dealt with quickly and if necessary, violators will be prosecuted.

AST Fraud / Compliance Phone Line: 833-560-0009
E-mail: reports@lighthouse-services.com (must include Absentee Shawnee Tribe name with report).

Economic Development - Status Report

- Assemble key Tribal, business, governance, ownership, tax and other pertinent information for application process (Tribally owned business concern check list):
  - Need a resolution or minutes verifying the firm is authorized to seek 8(a) status.
  - Need to seat a majority of Tribal members on the Board of Directors to reflect the 51% ownership requirement.
  - May need amendments to bylaws or charter that may cause application to be incomplete and returned for information or clarification.
  - Register for EIN number with IRS.gov- 24-48 hours.
  - Register with the State of Oklahoma- 24-48 hours.

- Register for DUNS number- up to 30 Days to receive after registration.

- Complete and submit the 8(a) electronic application. 45-60 Days:
  - SBA will advise each program applicant within 15 days after receipt of an application whether the application is complete and suitable for evaluation, and if not what additional information or clarification is required to complete the application.
  - Applicant will have 15 days to respond with additional information and resubmit application.

- SBA will process an application for 8(a) program participation within 90 days of receipt of a complete application package by the DPE. Incomplete packages will not be processed.

- Receive approval letter- up to 90 days from submission in March 2019.
  - Date of approval letter will be program certification date.
  - Program term of nine years from date of approval letter.
The holidays are upon us and we have already experienced our first snow fall!! The holidays are the perfect antidote to our fast paced lives. This is the time for all of us to take our foot off the pedal, recharge and get a new perspective for the upcoming New Year!! Since this will be my last report you read before the holidays, I wish each and every Absentee Shawnee Tribal Member a joyous holiday season.

Cultural Preservation

Since my last report, I attended the 3rd Annual Ohio Tribal Nations Conference in Columbus. I am pleased to report that the expenses for this trip were supported by the Ohio Department of Transportation and Ohio History Connection. This conference’s focus was on Section 106 of the National Historic Preservation Act and maintaining and building relationships with tribes. As part of our TIPO Grant, we are required to maintain relations with federal agencies on various issues relative to historic preservation. Topics discussed were highway research programs, mascots, update on historic sites, update on a draft bill to better protect human burial places in Ohio, and much more information that is vital in the government-to-government relationship.

November has been especially busy with Cultural Preservation (CP) hosting various events in recognition of Native American Heritage month. The first event that CP sponsored was the Genealogy Research & Resource Class presented by the Oklahoma Historical Society. The Oklahoma Historical Society houses the largest collection of Tribal Archives—only surpassed by one other—the National Archives. There was low attendance for this event, but the few that showed up were provided with a lot of very good information in order to progress their research for their family tree. A lot of historic information was shared about the various tribes in our area. I was extremely pleased to find out that the Oklahoma Historical Society has a lot of Shawnee information that may be of value to our Tribe and Cultural Preservation Department. Cultural Preservation will be planning a trip to the Oklahoma Historical Society next year to collect data that may be beneficial to our tribe. We are currently reviewing data listings from the National Archives in Ft. Worth in an effort to identify relevant tribal information and plan to make a visit to this facility also. Archives are important because they provide evidence of activities and tell us more about individuals and actions that occurred years ago. They tell a story and also increase our sense of identity and understanding of our cultures. CP staff will continue to pursue historical records and gather information to build our tribal collection.

To honor our veterans, CP hosted a brunch. John Sloat, AST veteran, was honored in recognition of his dedicated service. CP Director, Suhaila Nease, and THPO, Devon Frazier, provided a presentation on Native American statistics regarding tribal members serving in various branches of the military. Everyone was also treated to a slide show and video.

The Shawnee Pottery event was a great success! Mr. Richard Zane demonstrated how the pots were made and engaged the audience through touch and feel of the pots as he moved through the process. He provided in depth information on the natural sources used in creating the pots and provide a bit of Shawnee pottery history. Shawnee pottery was largely gone by the 1700s as metal pots were superior because they traveled well. If you missed out on this event, we plan to host another pottery event in 2019. We will keep you posted and provide advance notice. A video of this event will be uploaded to the AST website soon. A special thank you to Sherman Tiger for his help with this event.

Suhaila Nease and I recently had a meeting to discuss partnership with the Pottawatomie County Museum in Shawnee, Oklahoma. Mr. Ken Landry, the Museum Director, allowed us to tour the new museum that is currently still under construction. Mr. Landry is reaching out to all of the tribes in Pottawatomie County in hopes to bring their presence to the museum. He is eager to have tribal participation and wants our story to be told from our perspective. We will keep you posted on this future project.

Also, I have been contacted by a representative to the American Indian Culture Center and Museum with a request for a meeting/consultation and tour of the new facility. I will have more to report on this initiative after our first meeting. I think this is a great opportunity for recognition of our Absentee Shawnee Tribe.

Human Resources

HR has been heavily engaged with the roll-out of Open Enrollment of employee benefits for 2019. This year’s open enrollment process proved to be quick and easy! Over the next few months the staff will continue to implement the benefits selected by each employee and prepare for the first 2019 payroll. During this year’s benefit enrollment, the department was successful in increasing the enrollment into the Insure Oklahoma subsidy. This subsidy assists in premium reimbursements for qualifying employees. With the current enrollment, it is projected to save the Tribe over $150,000 in insurance premiums for 2019. This is a huge benefit to the Tribe and the employees.

The HR Department has implemented a new employee Longevity Recognition Awards Program. The Tribe realizes that our employees are our greatest asset, and we are delighted to be able to honor each employee’s dedication and commitment to our organization.

A special thank you goes to our HR staff for their hard work in making these projects a success: Elizabeth Snow, Casey Adams, Courtney Bruner, Hailey Scroggins, Dana Dick and Lauren Parrish.
Health

I attended the Health Strategic Planning Conference in Sulfur, OK. This is an important process for our leaders and it helps determine our vision for the future and identify goals and objectives for our health programs. I am pleased to be a part of this dynamic group that brings so much value to our tribe. Go team!

I will continue to work closely with our Health System and look forwarding to helping with the Patient and Family Advisory Council (PFAC) in the coming months. The PFAC is working for our AST members and families. Our goal is to ensure that our health system staff uses a culturally sensitive and customer-centered approach when providing services to our tribal members.

Other

I was invited to attend the ribbon cutting ceremony and opening of the new Shawnee Tribe Culture Center. The culture center was built as a place to honor tribal heritage and encourage visitors to learn more about Native American history. Its first major exhibition is “From Ancient Hands: Stories in Fire and Clay”. I very much enjoyed seeing the success that has been achieved by the Shawnee Tribe in Miami, Oklahoma. Kathy Deere and Lloyd Deere accompanied me on this early morning departure.

I attended the Central Oklahoma Community Action Agency’s Harvest for Hope Fundraiser on November 13, 2018. This organization provides services for Cleveland, Lincoln, Logan, Payne, Pottawatomie and Seminole counties. It provides direct help, or referrals, for families to meet basic needs for food, clothing, utilities, and housing costs. The Community and Resource Development provide a food pantry, temporary housing, home buyer education, and family budget counseling. This is another resource for our tribal members. Community services make a difference and can help bridge a gap. As I move through life I plan to be involved in community service because I know it is important. We can never have too many services available to help our tribal people.

In Closing

I encourage all tribal members to support all of our tribal programs. Attend and enjoy the efforts that are put forth for your benefit. My staff and I will continue to bring forth events and activities that we believe you will enjoy. If you have any suggestions, please do not hesitate to give me call or call any of my staff members. We appreciate any input that you may want to share.

As usual, my door is always open to all tribal members. If you have any questions or have an issue you need help with, please do not hesitate to call me.

Quote: Coming together is a beginning, keeping together is progress; working together is success!
From the Election Commission

A tribal member may file for office, January 1 to January 10 (excluding weekends and holidays). Hours to file are 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 5:00 p.m. Potential candidates please consult the Election Ordinance for the procedures and qualifications when running for elective office.

The following positions will be open for the Elections to be held in 2019.

EXECUTIVE COMMITTEE

<table>
<thead>
<tr>
<th>Position/ Term</th>
<th>Filing Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>Governor</td>
<td>$590.00</td>
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<tr>
<td>Two (2) Years</td>
<td></td>
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<tr>
<td>Tribal Secretary</td>
<td>$590.00</td>
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<tr>
<td>Two (2) Years</td>
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ELECTION COMMISSION

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<th>Position/ Term</th>
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<tr>
<td>Three (3) Years</td>
<td></td>
</tr>
<tr>
<td>Election Secretary</td>
<td>$215.00</td>
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<tr>
<td>Three (3) Years</td>
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<td>Two (2) Years (unexpired)</td>
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<td>Commission Member #2</td>
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<tr>
<td>One (1) Year (unexpired)</td>
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</tbody>
</table>
We’ve had another very good year in both patient growth and revenue growth as well as system-wide and individual employee accomplishments and awards! We have also seen patient services expansion at levels never before seen by your health system for the tribe! We wish everyone a wonderful holiday season, and continued good health! The flu season is here now, and it is more imperative you get your flu shot than ever. Several flu shots were given out at the free flu shot clinic provided at the General Council meeting in October, and we are also be providing the flu shot at all of our clinics with nurse visits; please call ahead to assure availability at your desired location. Please ensure you and your family is protected with the Flu vaccine this year. The health system encourages everyone in the community to stay healthy this year by utilizing good personal hygiene, especially with hand sanitation procedures.

We continue to monitor elder care and high risk fall patients as well as homebound tribal members are always a concern to the Tribe and Health System. The health system remains a full partner with the Tribe in caring for and coordinating care for any tribal member that is homebound and has needs that we can help with or service within our scope and authority to do so as a health and wellness system. If you know of any tribal member who is homebound and needs assistance medically, please contact administration at (405) 701-7621 so we can assist as best possible with resources or coordinate assistance for these members in need. Thank you all for making our entire staff and employees feel appreciated and for using our services!

Our health system’s most valuable asset is always our people! They continue to illustrate excellence for our tribal health system and patient care! I’m always impressed with and proud of our outstanding star performers, and again this month, we thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month (recognized in December for November accomplishments) in health were Lori Earls, Medical Lab Technician, for her outstanding efforts in the Laboratory Services to our patients; November Team of the Month: Human Resources Team (Tribal and Health HR Teams) for their outstanding benefits open enrollment support to the health system; and the November Special Leadership Award: Richard Wolfe, Security, Shawnee Clinic, for his extra efforts with assisting or patients with greetings and location of services as well as improvement recommendations in our Security program! The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system’s patients!

December 2018 Employees of the Month:

**Employee of the Month**
- Lori Earls, Medical Lab Technician

**Team of the Month**
- HR Team (Tribal & Health)

**Special Leadership Award**
- Richard Wolfe, Shawnee Clinic

Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director
December 2018 - Scheduled Closings

<table>
<thead>
<tr>
<th>Date Closed:</th>
<th>Time(s) Closed:</th>
<th>Locations:</th>
</tr>
</thead>
</table>
| Wed., Dec. 5th (1st Wed of Month) | Noon to 5 PM | All AST Health facilities CLOSED  
- Shawnee Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).  
- PlusCare Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM). |
| Mon., Dec. 24 (Christmas Eve) | All Day | All AST Health facilities CLOSED |
| Tues., Dec. 25th (Christmas) | All Day | All AST Health facilities CLOSED |
| Wed., Dec. 26th (Holiday Observed) | All Day | All AST Health facilities CLOSED except PlusCare Clinic.  
- PlusCare OPEN 9 AM until 5 PM (last patient at 4:30 PM). |

* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:  
 Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health  
Little Axe Health Center or Shawnee Clinic”, Twitter @ASTHealth & on ASTHS website at www.asthealth.org

Honoring Our Past  
With Promise for Our Future

LIFE is Beautiful  
Living Meth Free

National Suicide Prevention  
1-800-273-8255  
(TALK)
CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines. Keep a copy on hand and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.
1. Call on-call at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.
1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.
1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.
8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays
All facilities closed the first Wednesday of the month from Noon to 5pm.

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic
Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Karen Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT
Little Axe Health Center
Debi Sloot, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT
Shawnee Clinic
Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant

IMPORTANT CONTACTS

LITTLE AXE HEALTH CENTER CHS
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS
405.878.5850 (Primary)
405.878.4702 (Secondary)
The AST Diabetes and Wellness Fitness Center provides state-of-the-art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:
Monday-Friday  6:00am - 9:00pm
Saturday      9:00am - 3:00pm
Sunday        CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)
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<th>MONDAY</th>
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<th>THURSDAY</th>
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<td>Zumba Fitness</td>
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<td>Zumba Fitness</td>
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<td>Let’s Get Moving Wednesday</td>
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<td>Little Axe Resource Center</td>
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**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

*“Let’s Get Moving!”* - a fun, light-to-moderate impact aerobic workout for individuals who are contemplating exercise. Come get your heart rate up and learn about the benefits of exercise!

*“Circuit Training”* - A time efficient training system aimed at developing strength through pre-determined training stations.

*“Cardio Kickboxing”* - Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

*“Resistance”* - Resistance training uses apparatus such as tubing, weights, and kettlebells to help increase the strength, anaerobic power, and tone or size of muscles.
Norman, Oklahoma – The safety of our patients and employees is paramount in any emergency or inclement weather situation, and the Absentee Shawnee Tribal Health System (ASTHS) recognizes the fact that inclement weather and other emergencies can affect ASTHS’ ability to open (or remain open) for seeing patients and the employees’ ability to get to work (or to get home). For our patients, we strive to keep the health system closed for the briefest period of time possible. However for impending inclement weather - we are offering the following suggestions for our patients:

1. Please be sure to call ahead with your prescription re-fill needs within the allotted timeframe (24 hour fill time).
2. Please be sure to pick-up your medications (during non-weather event days) from pharmacy so that you will not go without during inclement weather.
3. Please make sure your patient contact information is up-to-date (such as phone number and email addresses) for notifications.
4. Please call ahead before venturing out into bad weather to see if we are open or closed.
   - Little Axe Health Center (405) 447-0300
   - Shawnee Clinic & SC Extended Hours (405) 878-5850
   - PlusCare Clinic (405) 447-0477
5. Watch for AST closure announcements on OKC’s local news channels.
6. Follow AST Health on Facebook at Absentee Shawnee Tribal Health for the latest announcements.
7. Follow us on Twitter @ASTHealth; or
8. ASTHS website www.asthealth.org

With the anticipation of electricity outages, the ASTHS recommends to fully charge your cell phones beforehand. The ASTHS encourages all patients to please stay safe and weather aware.
10 Tips for Holiday Eating

1. Do not linger by the food table. It's easy to overeat and constantly snack when you are standing right next to the food.

2. Have healthy munchies. Bring raw veggies with hummus or guacamole or fruit kabobs for when the urge to snack hits.

3. Use a smaller plate. By using a smaller plate, you will serve yourself less food, helping with portion control.

4. Serve out portions. Rather than eating directly from the box or bag, portion out a serving of food. It’s easier to over eat, when you can’t see how much you’ve had.

5. Drink plenty of water and other low-calorie beverages, such as, unsweet tea, fruit infused water. Oftentimes, we mistake hunger for thirst, so filling up ahead of time on water, can help overeating.

6. Make the holidays about more than food. Find a non-food activity that the whole family can do together. Try to find an activity that gets you moving, such as throwing a football, jumping in leaves, or dancing to music.

7. Before going through the holiday food line, survey all the food that is offered, so you are aware of the options available.

8. Cut pies into 12 slices, so you can still enjoy your pie, while helping your waistline!

9. Do not feel obligated to join the “clean your plate club”. Try to listen to your body’s fullness cues.

10. Get “golf ball” size portions of food to prevent overeating.

Try this healthy green bean casserole at your next food gathering. This slimmed down version offers 60 percent less calories and 80% less fat than the classic casserole.

Recipe courtesy of The Food Network

Yield: 6 servings

Nutrition Info: 187 cal, 7.5g total fat, 3 g sat fat, 10 mg chol, 250mg sodium, 26 g carbs, 4 g fiber, 6 g protein, 4 g sugar

Ingredients

3 to 4 medium shallots, in their skins; Kosher salt, plus 1 teaspoon; 1 pound fresh green beans, stemmed, and halved crosswise; 1 tablespoon extra-virgin olive oil; 8 ounces cremini mushrooms, sliced (about 4 cups); 2 tablespoons unsalted butter; 3 tablespoons all-purpose flour; 1 1/2 cups mushroom, vegetable, or chicken broth (see Cook’s Note); 3 teaspoons fresh thyme leaves Freshly ground black pepper; Vegetable cooking spray; 1 cup fresh bread crumbs

Directions: Preheat the oven to 400 degrees F. Put the shallots (in their skins) on a small baking dish, roast until soft, about 30 minutes. When cool enough to handle, skin and coarsely chop the shallots. Set aside. Bring a medium-large saucepan of water to a boil over high heat. Add kosher salt, to taste. Add the green beans, and cook, uncovered, until crisp-tender and bright green, about 3 minutes. Drain the beans in a colander and rinse with cold water. Transfer the beans to a large bowl. In the same saucepan, heat the oil over medium heat. Add the mushrooms, season with 1 teaspoon salt, cook, stirring occasionally, until crisp-tender and browned, about 7 minutes. Add the mushrooms to the beans. Melt the butter in a small saucepan over medium heat. Add the flour and cook, stirring with a wooden spoon, until golden, about 2 minutes. Slowly whisk in the broth, increase the heat to high, and bring to a boil. Add the shallots, 1 teaspoon of the thyme, and remaining 1/2 teaspoon of salt. Reduce the heat to maintain a simmer and cook until thickened, stirring occasionally, about 5 minutes. Pour the sauce over the vegetables and stir to combine evenly. Spray a 2-quart baking dish with vegetable cooking spray. Transfer the vegetable mixture to the pan. Add the remaining 2 teaspoons of thyme to bread crumbs and scatter over the vegetables. Bake uncovered until the sauce bubbles and the crumbs brown, about 20 minutes.
Optometry Department Receives Edger

In the last quarter of 2018, the Absentee Shawnee Tribal Optometry Clinic has been able to upgrade equipment to shape lenses for spectacle fabrication. Tribal Health Administration has obtained the new LEXCE Trend, a lens edging machine, which incorporates a high performance drill, an intelligent blocker and a frame tracer in the most compact body available on the market today.

According to Dr. Lee, Tribal optometrist, “this all in one system will produce shorter turn-around times for single vision glasses and will allow for making a prescription set of glasses in emergency situations.” Currently, the Optometry Department ships all orders for glasses to regional optical companies where the spectacle fabrication is done and the finished orders are then shipped back. The reduced turnaround time with an in house edger will aid in better patient satisfaction and improved customer service.

The Optometry staff is looking forward to working with the edger. “With the newest equipment, you can turn out finished jobs that are as good as and sometimes better than a professional high-volume lab. Doing work in-house means you can keep a closer eye on the finished product, thereby increasing quality control” says Rachel Hendricks, Tribal Optician. The new hardware technology makes LEXCE more accurate; nearly eliminating retouching. With the LEXCE unit, the department is planning to have more in house jobs with reduction in manufacturing errors.

Multiple functions with well-combined features, all in a compact footprint, will improve productivity for the staff. A former optician, Tribal Secretary John Johnson is ecstatic with the edger as it “will be a benefit for tribal members and the Optometry Department as well.” With a step-by-step wizard mode for introductory users or professional mode for experienced users, all staff members will be able to grind out lenses. “The edger is another step in improving the department as a whole” Dr. Lee proclaims.

“I have been an advocate for this new edger for our optometry clinic. When I was an optician, I wished about our tribe being able to create lenses on-site for our tribal members. The benefit is quicker turn around; and in case of emergencies this is a major need. Additionally this will save the tribe money since we will no longer have to send our glasses out for the fitting of the frame. All eyes are not alike, by having this new lens edger, we can help our tribal members get the best view from their glasses possible. This is a 20/20 decision and I am hoping we all see clearer now.”
Care on your schedule, that’s the Plus.

HOURS OF OPERATION:
9 a.m. - 9 p.m. Monday – Friday
9 a.m. - 5 p.m. Saturday – Sunday
9 a.m. - 5 p.m. Holidays (except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.
First appointment - 9 a.m.
Last appointment - 8:30 p.m. Monday – Friday
Last appointment - 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That’s why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we’re dedicated to providing high-quality, clinic-based health care to members of our community. On evenings. On weekends. This is all for you.

Sac & Fox Nation Opens New Daycare Center

Above, Left to Right: Sherry Marsh, CTSA Executive Program Director; AST Governor Edwina Butler-Wolf, Kickapoo Chairman David Pecheco, Jr.; Principal Chief Kay Rhoads, Sac & Fox Nation; AST Lt Governor Ken Blanchard
Halloween Carnival

Local

December 2018
Title VI News

December 7, National Pearl Harbor Remembrance Day

December 24-26. AST Complex will be closed – no lunch will be served or delivered December 27 & 28. Title VI will be closed for cleaning – Homebound will receive a sack lunch for the days Title VI will be closed.

We hope you have a wonderful Christmas and a Happy New Year. Any questions or concerns please feel free to contact us at 405-275-4030 ext 6227.

Absentee Shawnee Tribe – Severe Weather Policy effective December 2013 states:

2. PROVISIONS
a. Prior to normal starting time it will be announced on one of the local television or radio channels that the Absentee Shawnee Tribe is open and/or closed based on weather severity. The Governor, and/or designee, will report to these channels: Channel 4, 5, 9, Fox 25; Radio-KTOK 1000; KOCK 1520 AM. Formerly the policy has been that when schools in Little Axe and Shawnee are closed then employees would be allowed administrative leave. This policy seeks to clarify on procedures and gives the decision making process back to the Tribe.

b. On days when weather conditions worsen as the day progresses, the Governor or another Member of the Executive Committee may decide to close early. In such cases, a decision and an announcement will be made through email to all employees.

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<td>Soft Taco LOTC</td>
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<td>Refried Beans</td>
<td>Green Beans Crisp</td>
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<td>Pineapples</td>
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<td>Grilled Chicken Wrap</td>
<td>Beef Tips &amp; Noodles</td>
<td>Hot Dog Pork n Beans Cookie</td>
<td>Beans Steakfrie Cornbread Fluff</td>
<td>Scrambled Eggs Sausage Gravy</td>
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<td>Chicken Nuggets Mac n Chez Jell-O</td>
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<td>Salmon Patty Coleslaw Veggies Applesauce</td>
<td>Chili w Ranch Beans Chez, Onions Crackers Mandarin Oranges</td>
<td>Cereal Sausage Patty Fruit</td>
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<td>AST Complex Closed Christmas Eve</td>
<td>AST Complex Closed Merry Christmas</td>
<td>AST Complex Closed</td>
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NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

12-20-2018

December 2018

Title VI News

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December Birthdays

Adams, Misty Dawn
Adams, Alexis Pearl
Aguirre, Carlos Eriberto
Alaece, Beverly Jo
Alford, Larry Dean
Alford, Blake Tyler
Allen, Annabelle Marie
Anderson Reading, Alecia Dawn
Armstrong, Hobart
Ash, Roger Wayne
Atabaigi, Roberta Lynn
Atkinson, Joshua Dean
Atwood, Crystal Dawn
Ayers-Deere, Delana Sue
Ballard, Debra Ann
Bates, Ari A Belyn
Bates, Howard Eugene
Bender, Macie Rae
Benn, Madelyn Katherine
Berry, Dakota Trab
Bierd, Jamie Chereese
Bigpond, Bobby Gene
Blackburn, Elliott James
Blanchard, Erika MaCale
Blanchard, Mya Aileen
Blanchard, Johnathan Cole
Blanchard, Sustina Marie
Blanchard, Ashley Gabrielle
Blanchard, Gabriel Xavier
Blanchard, Kathleen Ann
Blanchard, Gabriel Xavier
Blanchard, Sonya Marie
Blanchard, Johnathan Cole
Blanchard, Sustina Marie
Blanchard, Ashley Gabrielle
Blanchard, Kathleen Ann
Blanchard, Gabriel Xavier
Blanchard, Sonya Marie
Goodwin, Alissa Mae
Gouge, Jace Joaquin
Gonzalez-Freed, Anthony Wayne
Guzman, Ginger Gaile
Guerrero, Arturo Jr
Guzman, Ginger Gaile
Guzman, Ginger Gaile
Hadjiconstantinou, Ty Lucas
Hargrove, Izzy Shana
Harjo, Laketa Kaye
Harrington, Andrea Layne
Hartley, Carolyn Curtis
Harvy, Lisa Michelle
Hatcher, Wade Jeffrey
Häuply Sr., William Allen
Hawk, Jordyn Marie
Hayes, Jackson Elias
Haywood, J-Lynn Lanea
Hernandez, Landon Jayse
Herrera, Precious Lara
Hill, Keevan Jones
Hill, Dominick Allen
Hixson, Eli James
Holt-Belin, Brittni Marie
Hood, John Michael
Huckaby, Mary Louise Tyner
Innis, Quanah Guy
Isaac, Frances Jane
Jackson, Cheyenne Marie
James, Gregory Dale
James, Constance Logan
Jantz, Evan Blake
Jimerson, Magan Christina
Johnson, George Benjamin
Johnson, Jr., Anthony David
Johnson, Kayla Ryan
Johnson, James Christopher
Johnson, Byron Mack
Johnson III, Fauster Calvin
Johnson-Marlene Jane
Johnson, Camille Marie
Johnson, Fawntayne Catara
Johnson, Brodie Wade
Johnson, Steve Allen
Kantatobe, Guy Willis
Kastl, Scott Christopher
Keith, Blake Garrett
Kennedy, Deborah Leigh
Kent-Larney, Flora Jean
Kimler, Sandra Lynn
Kishkelt, Malaki Allen
Kisor II, Jesse Devon
Kleyn, Madelynn Grace
Kringlen, Fabian Eugene
Lalehpvararan, Lilah Parvin
Lamb, Caden James Charley
Landrum, Rachel Erin
Larney, Darnell Maxine
Lasarge, Susan Gail
Lemke-Rochon, Andrea Kay
Lester, Mackenzie Danielle
Limon, Jennifer Nell
Little Axe Sr., Ricky Lee
Little Axe, Maxine
Little Axe, Kymah Laramie Illiana
Little Axe, Slayer Daine
Little Axe, William Dennis
Little Axe, Jaydell Chance
Little Charley, Newman
Littlebear, Calvin
Littlebear, Jonathon
Littlebear, Waleen Tenae
Littlebear, Paul Jacob
Little Creek, Bonnie Joe
Little Creek, Sarah Denae
Locke, Tristan Daniel
Logan, Glenda Sue
Longhorn, Stuart Kyle
Longhorn, Kaselyn Diane
Longhorn, Jr. Keith Warren
Longman Sr., Clyde Bennie
Longman, John Wayne
Longman, Collin Jay
Lozano, Ruby Ann

Carpenter, Whitney Rochelle
Chatlin, Sierra Nicole
Charley Whatley, Marrissa
Ashley
Chisholm, Keegan Conner
Coddington, Emily Elizabeth
Coddington, Krystal Renae
Cody, Dakoda Hunter
Coffee, Larry Ben
Colbert, Braylon Dean
Colunga, Wilma Wildena
Conner, Robert Neal
Coon, Vanessa Rae
Cooper, Beverly Rose
Cortez, La Donna Marie
Cravens, Christopher Dale
Creek, Jaxon Lee
Creeping Bear, Bobby
Crenshaw, Milla Elle
Crenshaw, Christian Lee
Crosswhite, Donna Elaine
Crow, Kimberly Kay
Csonka, Amber Blanchard
Cuellar Jr., Clifford Eugene
Darrington, Taliyah De Vine
Daughterty, Samuel Edwin
Davis, Serenity Jean
Davis, Rex Keith
Davis, Julius Alexander
Davis, Guenevere Tess
Day, George Michael
Day, Anthony Lee
Deer, Alena Rose
Deere, Kathleen Ann
Deere, Gabriel Xavier
Deere, Alyssia Lynn
Delode, Dexter Lee
Delode, Wayne Lee
DeLodge, Genesis Octavia
Douglas, Christian Jayce
Downs, Che Kyle
Duran, Anthony George
Ellis, Michael Frank
Ellis, Justin Lee
Ellis, Glara Rene
Ellis, Matthew Drew
Ellis, Jessica Marie
Elslor, Lyra Lee
Embery, Isaiah Dwayne
Engeldowl, Alexia Michelle
Engler, Alicia Diane
Evans, James Steven
Evans, Steven E
Farris, Stacey Lynn
Felton, Aiden Michael
Frolick, Krista Leann
Foreman, Carole Jean
Foreman, Elysabeth Lesleigh
Foreman, Zelda Mae
Fowler, Joanna Marie
Frye, Zoe Ann
Galloway, Skylar Matthew
Galloway, Cory Damien
Galloway, Daisy Jade
Garrett, Jamies Marie
Garrett, Christopher Ronald
Gibson, Garret Henry
Gibson, Zoli Layne
Gibson, Willie Ray
Gibson, Like Danielle
Gibson Jr., Jeremy Lee
Gibson, Loucetta B
Gibson, Daynace Mina Paralee
Gonzalez-Freed, Anthony Wayne
Gouge, Jace Joaquin
Graham, Jordan Michael
Gouge, Jace Joaquin
Graham, Jordan Michael
Hackett, Riley Rain
Hadjiconstantinou, Ty Lucas
Hall, Sarah Jean
Harjo, Laketa Kaye
Harrison, Andrea Layne
Hartley, Carolyn Curtis
Harvy, Lisa Michelle
Harvy, Nevaeh Nicole
Hatcher, Wade Jeffrey
Häuply Sr., William Allen
Hawk, Jordyn Marie
Hayes, Jackson Elias
Haywood, J-Lynn Lanea
Hernandez, Landon Jayse
Herrera, Precious Lara
Hill, Keevan Jones
Hill, Dominick Allen
Hixson, Eli James
Holt-Belin, Brittni Marie
Hood, John Michael
Huckaby, Mary Louise Tyner
Innis, Quanah Guy

December 2018
Celebrations

December 2018

Lowie, Preston Gayin
MacK, Makenna Dawn
Mammen, Deanne Marie
Martinez, Tewa Marie
Martinez, Elen Adam-Dean
Martinez, Shawnee H.
Martinez Jr., Timothy Andrew
Masquat, Dana Lanelle
Maxfield, Joseph Thad
McBride, Anthony Daniel
McBride, Damien Nicholas
McBroom, Garrett Allen Trece
McCulloch III, Grant Howard
McBroom, Garrett Allen Trece
McCalloch, Grant Howard
McGuffin, Vickie Ann
McGuire, Mary Ann Masquat
McKee, William Kirby Zakkar<hellip>
Medina, Sophia Katherine Lily
Megheer, Dakota Michael
Morrell, Cass Adam
Morrell, Cruz David
Miller, Hollis Cade
Miller, Alicia Le Waine Edwards
Miller, Madilyn Neveah
Mills, Hanna Frances
Mitchell, Qiana Skye
Mizell, Janice Maria
Molina, Deanne Jo
Mooneyham, Andrea Gail
Moore, Alexander Lee
Morgan, John David
Morlan, Debra Jean
Morris III, John Gilbert
Morris, Cecilia Renee
Murdock, Brian Lee
Neshe, Nekia Christine
Neshe, Bobby Joe
Nelson, Debra Ann
Neske, Kyle Logan
New Moon, Melissa Elaine
Nicholson, Lee Anna
Odell, Travis Dewayne
Oles, Robin Jewel
On The Hill, Tonya Lynn
Onatyeros-Adane, Tina Marie
Onziahwa, Brian Neil
Onziahwa, Chloe Sarai
Onziahwa, Haila Brielle
Parker, Hunter Caleb Chase
Parker, Teresa Erin
Patton, Ebonna Marie
Pawpa, Jacey Tatum
Pearman, Retha Ann
Perry, Savannah Jade
Pewenokfot, Jay Patrick
Picksen, Ima Juanita
Pine, Jacob Lawrence
Pitchford, Chayton Baeze
Pitchford, Satoria Chayne
Pitner, Shane Thomas
Ponkilla, Orrin Heath
Price, Clara Davon Delodge
Price, Ethan Daniel
Puckett, Coby Michael
Purcell, Desmond Lee
Ramirez, Alejandro Andres
Ramirez, Alye Tatum
Ramirez-Beavers, Shakiya Darlene Danae
Reid, Parker Gabriel
Robertson, Kyle Scott
Robertson, Drew Hayden
Robinson, Star Dionna
Rosas, Klay-Arnoldo
Rolle, Tiffany Renee
Rolle, Ryan Adam
Rolle, Lawrence R.
Rolle Sr., Larry James
Rutledge, James Aiyden
Ryan, Crystal Gay
Sanchez, Tommy Shawnego
Schmidt, Sammie Anne
Sella, Katelyn Lynel
Shawnee, Corey Wayne
Shawnee, Carrah Dawnell
Shawnee, Arla Nicole
Shelton, Jonell Lynne
Sherrill, Cody Michael
Shield, Ty Xavier
Simpson, Caden Marshall
Simpson, Thurman Ray
Sinks, Tammy Relin
Sloat, Arthur Wayne
Sloat, Jennifer Lauren
Smith, Kyle Lee
Smith, Keana Tempestt
Smith, Skylard Marcus
Smith, Cheryl Renae
Snow, Brianna Margaret-Faye
Solis, Adrianna Clavel
Solis, Jose Maria
Spoon, Desiree Roxanne
Spoon, Jilleyan Jade
Spoon, Michael Brody
Spoon Jr., Carl David
Spybuck, Deborah Ann
Spybuck, Barbara Ann
Spybuck, Nicholas Lawrence
Squire, Johnnie Larue
Squire, Christopher Lane
Stanley, Denelle Mac
Starnes, Mekia Ladam
Starr, Jack Eugene
Stevens, Jr., Houston
Stinger Jr., Jack Theophilus
Stone, Sherry Darlene
Sultiska Jr., Jerome Ray
Swenson, Sofia Magdalena
Switch, Ezequiel
Tebe, Jabril Kyle
Tehee, Penny Lynn
Telf-Faz, Jennie Rebecca
Tanner, Kirsten Elizabeth
Thomas Jr., John Michael
Thorp, Preston Barrett
Thorpe, Dara Beth
Thorpe, Jamie Lee
Thorpe, Matilda Carol
Tiger, Kane Matthew
Tiger, Joseph Aaron
Tiger, Lyric Danyl
Tiger, Ashlee Jean
Tobert, Justin Wade
Torres-Salazar, Mary Ellen
Turtle, Kendal Jose Thomas Reece
Valdivia, Shirley Ann
Villalobos, Constantina K.
Wabaunasee, Mary Ellen
Wagner, Kayla-Mae Cristine
Wakley, Kylie Ann
Walker, Braylen Sincere
Walley, Dallas Jeffery
Warrior, Whitney Michelle
Warrior-Benson, Josiah Clark
Watson, Zachary Miles
Watson, Zachary Miles
Webb, Charles Kenneth
Webster, Ryan Bennett
Whims, Lawanna Jo
White, Edward Leon
White Sr., Robert
White, Beckie Lynette
White, Thunder Naklaus Sage
Whittaker, Dominique Marie
Wiles, Mitzi Arlene Little Creek
Williams, Brexon Apakus
Williams, Chance Michael
Williams, Adrian Thomas
Williams, Daniell Anissa
Williams, Michelle Lee
Williams, Okah Melina
Williams Jr., Joseph Edward
Williams, Benjamin Michael
Wilson, Kaitlyn Nicole
Wilson, Dwayne Alan
Wilson, Alvin Blaine
Wilson, Raylin Amelia
Wilson, Jessie Lee
Wilson, Kamren Patrick
Winrow, Ashley Dionne
Winrow, Alexandra Nicole
Wolf Jr, Eric Wayne
Womack, Cody Lee
Wyatt, Vance Allen
Yeaupau, Trevian Alexander
Youngbear, Curtis Joshua

Absentee Shawnee Tribe
Behavioral Health Services

WHITE BISON, Inc.
A Cultural Approach to Personal Recovery
Substance Abuse

Wellbriety Group Meetings

Facilitators: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bidg, 16)

For further information, contact:
Shawnee Behavioral Health Services; John 405-878-4716
Little Axe Behavioral Health Services; Dara 405-701-7987
HAPPY BIRTHDAY

Holly Davis, Zelda Foreman, Jelly Bean Davis and Jamie Bierd, Dakota Little Charley, Sherry Byers

We wish you all a wonderful day!
Love, Rhonda Kaseca

Happy 14th Birthday Jiliyan!!!
You’ve made me so proud of the beautiful young woman you are.
I love you to bits!!!
Love Always, Mom

Jili-
Happy Birthday to our pretty awesome sister! We love you very much!!!!
Love, your big brother, Justin, and lil brother, Joplin

Jiliy-
Hope your 14th is a pretty amazing day, like you!!!
Love, Aunt Barb, Chloe, & Dakoti

Jilian-
Happy Birthday to my beautiful granddaughter!
You make Granny so proud!
I love you bunches, Granny XOXO

Share your Celebrations!!!

Call AST Media at 405-598-1279 or email your request to stiger@astribe.com by the 15th of the preceding month.
Only 1 picture can be used per celebration.

If you choose to visit our office and we are not present, please leave your requests in the mailbox.
Happy Birthday, Bub!
Love,
Mommy, Daddy,
and Sissys

2nd
Happy Birthday to the World’s Best Papa!!!! We love you so much.
-Baby Belle & Alexia Faith
Building Blocks III December Newsletter

Building Blocks III has been very busy the last few months. In October, we participated in the Trunk or Treat at the Zombie Run. It was such a delight handing candy out to the little princesses and zombies of the zombie run. I would like to thank everyone that participated in our Halloween Carnival. It was such a good turnout. Everyone seemed to enjoy all the festivities and the food. I would like to give the health clinic a special thank you for inviting us to trick or treat.

November 9th, the center had its DHS visit and partial Stars visit. Both of which went very well. November 16th, we held our annual Thanksgiving dinner for the families and staff of Building Blocks III at the resource center from 6:30 – 8:00 pm. It was a great success. It is very special to get to spend time with our families. November 21st through the 23rd Building Blocks III will be closed for the Thanksgiving Holiday. Happy Thanksgiving from the Staff of Building Blocks III!!! November 26th, a photographer is coming to take Christmas pictures of the children.

December 20th, we will have our classroom Christmas parties at 3:00 pm, hopefully, with the arrival of a special visitor, Santa. We look forward to holding our annual Christmas Program on the evening of December 21st at the Little Axe Resource Center from 6:30pm – 8:00 pm. December 24th, 25th and 26th Building Blocks III will be closed to celebrate the Christmas Holiday. Merry Christmas and Happy New Year from the Staff of Building Blocks III!!!

We would like to welcome our new employees: Julie Moore, Kylie Yates and Lee McKey. Welcome to the Building Blocks Family. With that we are proud to say we will be opening our four year old classroom.

Have a Happy, Blessed Thanksgiving, a very Merry Christmas and a happy Happy New Year!
With all our love,
Rebecca Jones, Director,
Stacy Battige, Asst. Director &
Building Blocks III Staff

Parents' Night Out

This Holiday The Absentee Shawnee Tribe’s Cultural Preservation will be hosting a Parent’s Night Out event. We will entertain your kids while you finish up your holiday shopping or just want to enjoy a night out. We will provide snacks, dinner, and some Cultural activities. Space is limited so sign up today! Ages 7-12
Date: Friday
Dec. 7, 2018
Time: 5:30-9:00PM
Location: Cultural Preservation Building #6 2025. S Gordon Cooper Dr. Shawnee, OK

Contact: Kim Billie
405-275-4030
Ext 6416
The Absentee Shawnee Tribal Christmas Party will be done differently this year.

We will be doing a Wal-Mart Gift Card and a Movie Pass. Only 150 Movie Passes will be given and is on a first come-first served basis. Parents will need their child/children’s Absentee Shawnee CDIB card (must be an updated CDIB Card) to pick up the gift card and movie pass. These will be available at Title VI on December 10th, and at the Tribal Finance Office December 11-18. Office hours are 9:00 am to 11:30 am and 2:00 pm to 4:30 pm, Monday through Friday.

Due to the location of the Movie Theater in Shawnee, out-of-state tribal children will not be able to receive a movie pass and will only receive a Wal-Mart Gift Card.

CULTURAL PRESERVATION HOSTS

The 12 Days of Christmas

A fundraiser to send two AST Veterans to The National Gathering of American Veterans in Wheaton, Illinois in July 2019.

DRAWINGS WILL BE HELD
DECEMBER 3, 2018 - DECEMBER 18, 2018
ALL PRIZES FOR DRAWINGS WILL BE DONATED FROM THE GIFT SHOP

Raffle Tickets can be purchased in the Cultural Preservation building.
$2.00 = 1 Ticket
$5.00 = 5 Tickets
FREE Gift with raffle purchased

405-276-4050
Contact Kim Billie Ext 6416
or
Suhaila Nease Ext 6245
ELDER’S CORNER

By AST Elder Council Officers

ANNOUNCEMENTS:
• Congratulations to Dan Little Axe, he was voted as the new elected Treasurer by the Elders Council on Saturday, November 18, 2018.

The Elders’ Council has the following events for the rest of the year:
The AST Shawnee Elders Council has a tree on display at the Red Earth Treefest. There are 25 Beautiful Christmas Trees adorned with handmade art objects created to showcase the diverse Native cultures that make Oklahoma unique. Learn about Oklahoma’s Tribes. Let their Ornaments tell their Story.

Red Earth Art Center, 6 Santa Fe Plaza, Downtown Oklahoma City, OK; Event Date: November 19, 2018 - January 4, 2019. Hours: 10-5 Monday through Friday.

• Shawnee Tribal Museum in Miami, OK – Saturday, December 1, 2018

• Elders Council Christmas Baskets
APPLICATIONS ARE TO BE SUBMITTED BY NO LATER THAN THURSDAY, DECEMBER 6, 2018.

Mail Application to
AST Elders Council
2025 South Gordon Cooper Drive
Shawnee, OK 74801

Or you can Drop-Off application at the Tribal Complex Building #1, Receptionist

• Christmas Dinner – December 15, 2018, @11:45 a.m. at the AST Resource Center. There will Christmas Fruit, nuts and candy sacks for the Elders and be sure to bring a wrapped gift exchange (Men to Men / Women to Women). Gift Exchange Limit is from $15.00 to $20.00.

• 2019 AST Elders Council Meeting Schedule

If you are fifty (50) and up, we meet every third (3rd) Saturday of the month, and meetings are alternating locations at Little Axe Resource Center or Title VI Building in Shawnee. We usually have potluck lunch every monthly meeting (Unless otherwise posted). Next meeting is Saturday, December 15, 2018, Resource Center in Little Axe. Age 50+ AST Elders are welcome at the monthly meetings!

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 19</td>
<td>10:00 A.M.</td>
<td>Title VI Bldg., Shawnee, OK</td>
</tr>
<tr>
<td>February 16</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe</td>
</tr>
<tr>
<td>March 23</td>
<td>10:00 A.M.</td>
<td>Title VI Bldg., Shawnee, OK</td>
</tr>
<tr>
<td>April 20</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe</td>
</tr>
<tr>
<td>May 18</td>
<td>10:00 A.M.</td>
<td>Title VI Bldg., Shawnee, OK</td>
</tr>
<tr>
<td>June 22</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe (1 week later due to AST election)</td>
</tr>
<tr>
<td>July 20</td>
<td>10:00 A.M.</td>
<td>Title VI Bldg., Shawnee, OK (1 week later due to AST election)</td>
</tr>
<tr>
<td>August 17</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe</td>
</tr>
<tr>
<td>September 21</td>
<td>10:00 A.M.</td>
<td>Title VI Bldg., Shawnee, OK</td>
</tr>
<tr>
<td>October 19</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe</td>
</tr>
<tr>
<td>November 16</td>
<td>10:00 A.M.</td>
<td>Multi-Purpose Bldg., Shawnee, OK</td>
</tr>
<tr>
<td>December 21</td>
<td>10:00 A.M.</td>
<td>Resource Center, Little Axe</td>
</tr>
</tbody>
</table>
Elders Council Christmas Baskets

APPLICATION FORM

Qualifications:  1) Must be Absentee Shawnee Tribal Member
                2) Must be 50 years old or above
                3) Must reside within the counties of Pottawatomie, Cleveland, Lincoln or Oklahoma

NAME:____________________________________________________________________________

ADDRESS:________________________________________________________________________

PHONE NO:_______________________________________________________________________

NOMINATED BY:___________________________________________________________________

REASON:  □ Nursing Home   □ Home bound   □ No transportation   □ Health issues

□ Other: Describe (be specific)____________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________
________________________________________________________________________________________

APPLICATIONS TO BE SUBMITTED BY NO LATER THAN THURSDAY, DECEMBER 6, 2018.

Mail Application to:        AST Elders Council
                          2025 South Gordon Cooper Drive
                          Shawnee, OK 74801

Alternative: Drop-off application at the Tribal Complex Building #1, Receptionist

Office use only:

Date received:_________________________       Received by:_______________________________

Delivered by:__________________________      Date of delivery:_____________________________
Cultural Preservation

Activities

Shawnee Pottery Demo

Story Time

Rock Your Mocs

Halloween Carnival

Veterans’ Brunch
October was Domestic Violence Awareness Month.

Below are pictures from some of the events the AST DV Program did and we thank everyone who was able to participate. If you have any questions or need additional information about domestic violence, sexual assault, dating violence or stalking please contact the domestic violence staff for confidential support at:

(405) 273-2888

---

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you’d like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It’s also important to let us know about changes in address, phone numbers, insurance and other contact information.

**LITTLE AXE HEALTH CENTER**
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5:30 p.m. to 8:30 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Holidays: 9 a.m. to 5 p.m.

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room fills.

**SHAWNEE CLINIC**
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Lobby:
Mon – Fri 7 a.m. to 5 p.m.

Drive-thru:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:
Mon – Fri 5 p.m. to 8:30 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Closed Sundays & Holidays

*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

**HEALTH SYSTEM**

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergency issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK.
Atoka Pipeline

continued from front page.

landowners. The Tribe then took the lead in negotiating an agreement to enable the landowners to keep their land, receive substantially more money for its use, and have oversight and enforcement rights for the City’s future activity along the pipeline.

The proposed settlement agreement will provide a 100-foot wide easement to the City, so long as the pipeline is used only for the purpose of transporting public water. If the City stops using the pipeline or uses it for any other purpose, the easements terminate and full control of the land returns to the landowners. For any work the City undertakes along the pipeline, the landowners will receive 60 days’ advance notice and the right to conduct inspections, and the City must fully restore the land to its natural state after completing the work. The City must comply with all Tribal, federal, and state laws regarding environmental and cultural protection, and the landowners can go to federal court to stop any violations. In advance of any construction or other work on the pipeline, the Tribe will be notified of job opportunities for Tribal Members, and no work is permitted around designated cultural areas during the traditional ceremonial seasons. Compared to a condemnation where only fair market value would be paid, the landowners will receive approximately 10 times the fair market value of the easement acreage under the settlement agreement.

The Tribe and Oklahoma City have approved the proposed settlement, which now requires consent by a majority of the landowners to become final. Upon approval by a majority of the landowners, the settlement funds will be placed in an interest-bearing account until the settlement documents are complete and payments are made to the landowners. If you are a landowner along the pipeline easement route and need further information or a settlement consent form, please contact Assistant U.S. Attorney Tom Majors at tom.majors@usdoj.gov or (405) 553-8814.

Healthy, happy holidays.

From all of us at AST Health System, we wish you all a wonderful Holiday Season.
AST Veterans Participate in Norman Parade - November 11, 2018

ASEDA Board Members Needed

The Absentee Shawnee Tribe is looking for tribal members to fill three vacant positions on the board. Interested tribal members may submit a letter of interest, cover letter and resume by mail to the Secretary’s Office of the Absentee Shawnee Tribe – 2025 S. Gordon Cooper Dr. Shawnee, Ok 74801. Documents may also be submitted by email to johnraymond.johnson@as-tribe.com. For additional information or questions contact the Secretary’s office at (405) 275-4030.

Qualifications:

Tribal Member
• Not employed with any entity of the tribe.
Professional Work Experience
• Extensive leadership expertise in fields such as business, accounting, banking, finance or retail merchandising.
• Board experience preferred.
Education
• Bachelors or Master’s Degree (preferred) in business or business related field.
• Deep understanding of corporate governance and the role each member plays both individually and corporately in a for-profit organization.

Clean Background Check
• Cannot have any criminal convictions
• Must be eligible for hire/re-hire with all Absentee Shawnee Tribal Entities (Tribal Gov., Health, Casino, ASEDA, Housing, ect.).

Absentee Shawnee Housing Authority
2018 PROGRAMS

• Low Rent Housing
• Lease to Own Housing
• $5,000 Down Payment & Closing Assistance – AST Members Only
• College Housing Rental Assistance
• Over Income Lease to Own Housing
• Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES
PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE
LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM
CONSTITUTION COMMITTEE STUDY GROUP (CCSG)

General Council Semi-Annual Report
October 27, 2018

By Kathy Deere, Vice-Chairman
shwneturtle@gmail.com
405-637-8248

Since our last CCSG General Council Report of June 2, 2018, we have had four (4) regular paid monthly meetings held every 4th Sunday of every month, held at Little Axe Community Bldg. We have had three (3) unpaid community meetings in Shawnee, Little Axe, and Tulsa. The total number of members present at all meetings is from five (5) to seven members out of the ten members of CCSG. The CCSG members absent are from three (3) to five (5) members. We have less than 14 months to complete these highly recommended, enviable, and required amendments to the Absentee Shawnee Tribe’s Constitution.

The following progress report and upcoming events of CCSG:

» Finished By-Laws for the Constitution Committee Study Group
» Community Meetings accomplished and one (1) at General Council: First meeting: Thursday, 8-16-18, Multi-Purpose Health Bldg, Shawnee, OK;
Second meeting: Thursday, 8-23-18 (rescheduled to 9/6/18) Resource Center, Little Axe, OK;
Third meeting: Saturday, 9-22-18, International Plaza Office Building, Tulsa, OK.
Fourth meeting: Saturday, October 27, 2018 at the AST General Council Meeting

The attendances of the tribal members at these meeting were low, but the ones who attended did give us some good feedback, which is very much appreciated!

We appreciate the support we have been receiving from the Executive Committee members. All of them have been accommodating, supportive, and willing to assist this committee. Special kudos/thanks to the offices of Representative Fletcher, Lt. Governor Blanchard, and Governor Butler-Wolfe in providing refreshments for the Community Meetings!

» As stated above, we have been meeting several times on Tuesday evenings to get the constitution ready for legal, executive committee, and the tribal members to view the draft.
» CCSGs current officers: Dan Little Axe, Sr., Chairman, Kathy Deere, Vice-Chairman, Shirley Adkins, Secretary/Treasurer.
» CCSGs Website: https://astccsg.squarespace.com Available to view documentation like minutes, budget, flyers, LAS Resolution, current AST Constitution, Mock PowerPoint presentation of current EC/Legislators meetings, Tentative draft Organizational chart with Legislators, and contact information for committee members.

» Due to unforeseen circumstances, we have had to postpone our visit to Chickasaw Legislature, Ada, OK in July, August, and September. The visit has been rescheduled for October 19, 2018.
» The CCSG is tentatively planning a visit to the Kiowa Legislation in the next few months.

» On Wednesday, regular monthly Executive Committee Meeting, September 19, 2018, submitted the “AST Constitution Proposed Amendments” request to remove BIA (Secretary of Interior) to the Executive Committee for Resolution for submission to BIA for a Secretarial Election.
» Current CCSG budget as of August 31, 2018, is $14,098.97. Annual budget amount is $16,321.77. Chairman Dan Little Axe, Sr., requested our Indirect Cost Line Item be reduced and it was approved at a lower IDC rate of 10%. Thanks to Treas. Ellis.
» All AST members are encouraged to attend the CCSG meetings. Next meeting, Sunday, November 18, 2018, 3:00 p.m., Little Axe Community Building, west of C-store, Hwy #9. Your input is very important!

COMMITTEE STUDY GROUP (CCSG)
DECEMBER NEWSLETTER REPORT

By Kathy Deere, Vice-Chairman
shwneturtle@gmail.com
405-637-8248

GREETINGS:
The Constitution Committee Study Group (“CCSG”) meetings are normally held monthly every fourth Sunday. Next meeting is December 17, 2018, at 6:00 p.m. dinner meeting at Charleston’s in Norman, OK.

CCSG website is available at https://astccsg.squarespace.com. The intent is for the AST members to be informed concerning CCSG meetings, minutes, budget, and community meetings. If you have comments/questions, suggestions, you can visit our website for the informational updates on the progress.

At the printing of this article, we will have had our November 18, 2018 meeting. This is our regularly scheduled stipend meeting.

We hope everyone at the October General Council meeting saw the CCSG PowerPoint presentation. We didn’t receive any comments or questions. Our report to the General Council was left out of the book; so it will added to this news article as an attachment.

PowerPoint presentation, with current constitution, draft legislation Organizational chart, and frequently asked questions is available on the CCSGs website at https://astccsg.squarespace.com

The following item and action item were discussed at our CCSG monthly meetings:

• Referendum Vote on removing the BIA, Secretary of Interior Two (2) articles in the constitution. This needs to be done to revise the AST Constitution to separate the Legislative and Executive branches. The draft resolution was presented to the Executive Committee Members monthly meeting, Wednesday, 10-19-18. The ECs next step is to submit paperwork to BIA for the Secretarial Election.
• Continuing to work toward completing the draft constitution for legal review. Plans to complete the draft by the first month or two of 2019.
# Amended 2018 Holiday Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Holiday</th>
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</thead>
<tbody>
<tr>
<td>Monday, January 1</td>
<td>New Year’s Day</td>
</tr>
<tr>
<td>Monday, January 15</td>
<td>Martin Luther King, Jr. Day</td>
</tr>
<tr>
<td>Monday, February 19</td>
<td>President’s Day</td>
</tr>
<tr>
<td>Friday, March 30</td>
<td>Good Friday</td>
</tr>
<tr>
<td>Monday, May 28</td>
<td>Memorial Day</td>
</tr>
<tr>
<td>Wednesday, July 4</td>
<td>Independence Day</td>
</tr>
<tr>
<td>Friday, August 31</td>
<td>Absentee Shawnee Day</td>
</tr>
<tr>
<td>Monday, September 3</td>
<td>Labor Day</td>
</tr>
<tr>
<td>Monday, November 12</td>
<td>Veteran’s Day</td>
</tr>
<tr>
<td>Thursday &amp; Friday November 22 &amp; 23</td>
<td>Thanksgiving</td>
</tr>
<tr>
<td>Monday, Tuesday &amp; Wednesday, December 24, 25 &amp; 26</td>
<td>Christmas</td>
</tr>
</tbody>
</table>
**TAX COLLECTIONS (through 10/31/2018)**

<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>YEAR-TO-DATE TOTAL</th>
<th>% OF TAXES COLLECTED</th>
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<td>Sales (6%)</td>
<td>$6,955.22</td>
<td>$128.33</td>
<td>$20,250.34</td>
<td>$16,709.62</td>
<td>$1,001.46</td>
<td>$11,720.63</td>
<td>$6,189.49</td>
<td>$288.07</td>
<td>$16,871.91</td>
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<td>$0.00</td>
<td>$0.00</td>
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<td>Gaming % of free cash</td>
<td>$150,000.00</td>
<td>$300,000.00</td>
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<td>$150,000.00</td>
<td>$150,000.00</td>
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<td>Employee (1%)</td>
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<td>$11,608.31</td>
<td>$11,506.02</td>
<td>$13,835.59</td>
<td>$15,173.37</td>
<td>$9,736.28</td>
<td>$15,069.86</td>
<td>$3,605.08</td>
<td>$19,471.03</td>
<td>$15,371.12</td>
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<td>$0.00</td>
<td>$126,710.24</td>
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<td>Severance (8%)</td>
<td>$4,549.73</td>
<td>$3,384.15</td>
<td>$2,620.73</td>
<td>$2,103.29</td>
<td>$1,865.19</td>
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<td>$552.41</td>
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<td>$18,752.43</td>
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<td>Motor Vehicle</td>
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<td>$18,890.16</td>
<td>$20,352.65</td>
<td>$18,981.52</td>
<td>$13,052.06</td>
<td>$13,910.94</td>
<td>$15,005.34</td>
<td>$13,461.41</td>
<td>$143,071.95</td>
<td>$5,72%</td>
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<td>Motor Fuel Taxes (Qtrly.)</td>
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<td>$0.00</td>
<td>$33,471.68</td>
<td>$0.00</td>
<td>$35,705.25</td>
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<td>$206.78</td>
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<td>Tobacco Refund</td>
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<td>$4,026.41</td>
<td>$3,903.11</td>
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<td>$6,785.14</td>
<td>$6,562.88</td>
<td>$4,695.91</td>
<td>$9,716.49</td>
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<td>$298.25</td>
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**NEW REGISTRATIONS**

- VALID OKLAHOMA DRIVER’S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

**TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS**

**Appendix**

**TAX PRICES**

| PENALTY      | $0.25 A DAY |

**TAX PRICES**

<table>
<thead>
<tr>
<th>TAG PRICES</th>
<th>1-4 YEARS</th>
<th>5-8 YEARS</th>
<th>9-12 YEARS</th>
<th>13-16 YEARS</th>
<th>17+ OVER YEARS</th>
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<tr>
<td>$85</td>
<td>$75</td>
<td>$55</td>
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**RENEWALS**

- VALID OKLAHOMA DRIVER’S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

**ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER**

**Absence Shawnee Behavioral Health Strengthen of Tradition Project**

Funded through SAHMSA Native Connections Grant in providing

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

**Absence Shawnee Behavioral Health**

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

**WEBSITE:** [www.absenteeservices.org](http://www.absenteeservices.org)

*This flyer was developed under a grant number SM080818 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.*
Enrollment Department

Required documentation for updating/issuing/renewing your new enrollment card for 18 yrs. and older:
• Universal forms
• Passport photo- color, 2” x 2”, white background
Photos can be taken at the office, if you come in to update.
11 yrs. and under - no photo or signature on their card, but will need the form(s) filled out by parent/guardian.
12 yrs. to 17yrs. - passport photo and copy of parent/legal guardian’s D.L. or state I.D. that signed the universal form.

Requirements for Per Cap requests  {Must be 18 yrs. or older}
2005/2006 Trust Fund
• Order of release of Funds from Trust Account document, signed.
• color copy of D.L. or state issued I.D.
• Enrolled by 2006 or earlier

2016 Rama
• W9
• 2 forms of Identification (color copy)
• Enrolled by 10-24-2015

*All forms can be downloaded from www.astribe.com or picked up at the Enrollment office.

A Little Note from The Tag Office

Did You Know.....
Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.
ATTENTION
AST Voters

Elections are around the corner for Governor and Secretary.

When you cast your vote, we should choose someone who will help support the tribal membership, especially our elders. Ask yourself, are we better off now than we were six years ago. Whoever runs, should:

• Hire an administrator,
• Have a balance budget,
• Sell off excess fee land, that we have NO PLANS for and pay taxes on,
• Sell those COWS, which is just costing us money,
• Provide washers & dryers, stoves and refrigerators to the elders who need them,
• Bring back the winterization program for the elders and needy,
• Provide yearly $5,000.00 grants to college and trade school student, provided they work for the tribe for 2 years, when they complete their studies,
• Provide bi-weekly transportation to tribal member from OKC & Tulsa to Shawnee and Little Axe health clinics and open a video Doctor consult office in Tulsa and better relationship between the Medical Director & Medical Board and Executive Committee,

These are just a few issues which MUST be addressed or actions taken.

Hats off to the Executive Committee for the gift cards to members of the elders.
APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)
(A ONE TIME YEARLY PAYMENT OF $150.00, PER RESIDENCE)

ELIGIBILITY
- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF $2,800.00)

REQUIRED DOCUMENTATION:
- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

ATTENTION TRIBAL MEMBERS!!!

The approved Legislative Resolution No. L-AS-2018-17 has been duly adopted by the Executive Committee of the Absentee Shawnee Tribe of Indians of Oklahoma Authorizing and Approving an increase in the Burial Assistance amount for qualified and approved members to six thousand dollars and no cents ($6,000.00), effective October 1, 2018.

If you have any questions, please contact the Social Service Department at (405) 275-4030, ext. 6225 or 6255. All the changes will be posted to the Absentee Shawnee Tribe’s web site under service + Social Service.

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID’s only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID’s in the mail. If you have any questions, please call (405) 275-4030, ext. 6225 or 6255.
Emergency Management

Let your voice be heard.

Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.
Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477

WWW.ASTHEALTH.ORG

EMERGENCY NUMBERS

EMERGENCY ASSISTANCE
HEARTLINE EMERGENCY
911
211

TRIBAL POLICE
TRIBAL EMERGENCY MANAGER
405-275-3200
405-740-1562 (Cell)

SHERIFF
CITY POLICE
CITY EMERGENCY MANAGEMENT
COUNTY HEALTH DEPT.
405-273-1727
405-273-2121
405-273-5272
405-273-2157

SHERIFF
CITY POLICE
HEALTH DEPT.
405-701-8888
405-321-1600
405-749-1591

OG&E
405-272-9595
1-800-522-6870
405-382-3680

CANADIAN VALLEY
DEPT. OF ENVIRONMENTAL QUALITY
HIGHWAY PATROL
1-800-522-0206
405-425-4385

Police, Fire, Ambulance
State of Oklahoma

Absentee Shawnee
Absentee Shawnee

Pottawatomie County
Shawnee
Shawnee
Pottawatomie County

Cleveland County
Norman
Cleveland County

Report Power Outage
Power Outage

State of Oklahoma
Road Conditions
My Christmas Wish List

Something I WANT:

__________________________

Something I NEED:

__________________________

Something I’ll WEAR:

__________________________

Something I’ll READ:

__________________________

and something I’d really like:

__________________________

What does your tree look like? Decorate the tree.

OK CHILD ABUSE HOTLINE 405-878-4702

SPEAK SHAWNEE!

SNOW

ko ni

(koh-nah)
**ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030**

<table>
<thead>
<tr>
<th>Name</th>
<th>Extension</th>
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<tbody>
<tr>
<td>Governor Edwin Butler-Wolfe</td>
<td>6308</td>
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<tr>
<td>Glenna Jones</td>
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<td>Glenna Jones</td>
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<tr>
<td>Bruce Longhorn</td>
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<td>Lt Governor Kenneth Blanchard</td>
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<td>Diane Ponkhi</td>
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<td>Scott Miller (Sel Gov Dist.)</td>
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<td>Secretary John R Johnson</td>
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<tr>
<td>Alvina Barnes</td>
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<td>Treasurer Philip Ellis</td>
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<td>Charla Garida</td>
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<td>Victor Flores</td>
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<td><strong>POLICE DEPT</strong></td>
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<tr>
<td>Brad Gaylord (Chief)</td>
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<td>Jason Brinker</td>
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<td>Linda Day</td>
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<td>Misty Griffith</td>
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<td>Amy Gaffey</td>
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<td>Tara Battille</td>
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<td>Annie Wilson (Director)</td>
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<td>Sherry Clum</td>
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<td><strong>TAX COMMISSION/TAG</strong></td>
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<tr>
<td>Alicia Engler</td>
<td>6257</td>
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<tr>
<td>Alyssa Steed</td>
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<tr>
<td>Shelby White</td>
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<td><strong>ABSENTEE SHAWNEE TRIBE</strong></td>
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<td>Toll Free</td>
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<td><strong>SHAWNEE CLINIC</strong></td>
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<tr>
<td>Clinic (Bldg. 17)</td>
<td>878-5850</td>
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<tr>
<td>Pharmacy</td>
<td>878-5869</td>
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<tr>
<td>Toll Free</td>
<td>5869-7497</td>
</tr>
<tr>
<td>Rhonda Kasaena</td>
<td>878-7402</td>
</tr>
</tbody>
</table>

**ATTORNEY**

Chelsea Cope | 6241
Jasi Martin  | 6260

**CULT./PRES./GIFT SHOP**

Merry Rodriguez (Gift Shop) | 6310
Devon Frazier (THPO) | 6243
Ashley Brokegsoulder | 6312

**DOMESTIC VIOLENCE/FAMILY SERVICES**

Melissa Lopez | 6333
Leslie Harris  | 6326
DV Advocate   | 6224
Bryshia Payne | 6215

**EDUCATION**

Tresha Spoon  | 6242
Brandon Goodman | 6255

**ELECTION COMMISSION**

Emily Longman | 6271

**ENROLLMENT**

Erica Masquak | 6292
Fallon Jackson | 6288

**HORSE SHOE BEND**

(Aber School Program Director)

Edwina Butler-Wolfe | 6308

**RECEPTIONIST**

Lea Bettelyoun | 4030

**RELIGION**

Brad Gaylord (Chief)  | 6302

**RETURN SERVICE**

All Corrections please Email to: Bettey.Young@as tribes.com 
Last Updated on 10/11/18