



THE

# ABSENTEE SHAWNEE NEWS

DECEMBER

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LI SI WI NWI

"Among the Shawnee"

December 2018

www. astribe.com

Volume 29, No. 12

## Progress on Atoka Water Pipeline Settlement

## INSIDE THIS ISSUE



L to R: Conor Cleary, Field Solicitor; Tom Majors, U.S. Assistant Attorney, Western District; Edwina Butler-Wolfe, AST Governor; Ken Blanchard, AST Lt. Governor; William Norman, Kirke Kickingbird, and Greg Guedel, Attorneys-Hobbs, Strauss, Dean, and Walker.  
Not Pictured: Atheda Fletcher, AST Representative

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**BOARD MEMBERS  
NEEDED!  
DETAILS INSIDE**

On Saturday, November 3, 2018, Governor Butler-Wolfe hosted a meeting in the Tribe's Multipurpose Building for Tribal Members who own land that is crossed by the Atoka pipeline, which transports public water from Lake Atoka to Oklahoma City. The purpose of the meeting was to provide an update by the Attorney General, Hobbs Straus, on the status of the settlement and to allow individual interest owners to communicate directly with their representatives from

the U.S. Attorney's office and the Field Solicitor's office. The meeting provided an update on the negotiations the Tribe has conducted for several years with the City and the United States to compensate Tribal Members for the future use of easements for the pipeline. Significant progress has been made to secure a settlement agreement that will pay landowners several times more than market value for the use of their land, along with job opportunities for Tribal Mem-

bers, strong protections for the environment and the Tribe's cultural resources.

The Atoka pipeline travels over 100 miles to deliver public water to Oklahoma City, and crosses 19 parcels of land owned by Tribal Members. The pipeline was completed in the 1960s and operated for 50 years under the original easements, which expired in 2011. In order to obtain the right to continue using the pipeline, the City filed lawsuits to use the process of condemnation, which would result

in the City taking permanent ownership of the land around the pipeline. In a condemnation, landowners are only paid the fair market value of their lost land as determined by an appraisal, and lose all rights to the land. Recognizing the damage this loss of land would cause for the landowners and the community of Tribal Members, Governor Butler-Wolfe intervened and used the Tribe's sovereign power to halt the City's litigation against the  
*continued on page 30.*



# EXECUTIVE COMMITTEE



**Edwina Butler-Wolfe**  
**Governor**



**Kenneth Blanchard**  
**Lt. Governor**



**John Johnson**  
**Secretary**



**Phillip Ellis**  
**Treasurer**



**Atheda Fletcher**  
**Representative**

**Monthly Executive Committee meetings can be watched online at [astribe.com](http://astribe.com)**

## Governor's Report

By AST Governor Edwina Butler-Wolfe  
405 275-4030, Ext: 6308  
405 481-0397 Cell Number (tribal)

Greetings Tribal People!

As the weather is changing and winter is approaching, we hope that everyone is checking your heaters. Please address all your maintenance calls to the Lieutenant Governor's Office so they can process your work order.

It was nice to see everyone at the 82nd General Council Meeting held on October 27, 2018. We had about 87 plus tribal people that attended. It is always informative to us elected officials to hear concerns that you have for us, as this is your right to express those concerns. The Community Meetings will start up again after the holidays, which will be January 26, 2019 @ 10:00 am in the Multi-Purpose Building on the Absentee Shawnee Tribal Complex.

### Absentee Shawnee Tribal Children Christmas Gift

Please make a note; there will not be a Saturday set aside for a movie as we will be doing something different this year. The AST Tribal children, birth to 18 years of age will be receiving a \$25.00 Wal-Mart Gift Card along with a movie pass at the Jones Theatre in Shawnee, Oklahoma. The first 150 AST to pick-up their gift card will receive a movie pass.

You will need to have a current (up to date) tribal CDIB card. If you do not have updated CDIB cards, you will be asked to go to enrollment to get an updated card for your child or children before receiving gifts. Only parents, grandparents and individuals that have legal custody of a child or children will be able to receive the gifts cards and movie passes. So please do not ask to pick other tribal child or children's gift cards.

### Oklahoma Elections

With the elections for the Governor and the Lieutenant Governor of Oklahoma has come and gone I will be attending the State of State Address in February to hear the new Republican Governor Kevin Stitt's address. We also have a new Lieutenant Governor Matt Pinnell, Republican. I look forward to hearing their comments on the Gaming Compact which expires in 2020. We, as Tribal Lead-

ers, will need to put this on our "high priority" list. I hope that Governor Stitt has an open door policy for all tribal concerns.

### Native American Month

I was asked by the Westmoore High School Counselor Ms. Carol Carter, and Sponsor of the Native American Student Association to be a speaker at their Native American Heritage Assembly on November 8, 2018. I was asked by Ms. Carter to hit on just being American Indian and some of my experience that I faced in my early years and being a woman as a tribal leader. As I finish my speeches to young students I always finish with treats to those who can answer my questions I ask to them. I was very impressed on how they paid attention to my speech. But when I asked questions about their own tribe they could not answer. So that leads me to believe that not much is said at school or at home about their own heritage.

After my morning speech Tresha Spoon, Education Director of the Absentee Shawnee and I attended a Fall Pre-Tribal Consultation at Moore Public School Administration Building. The consultation was for the Spring 2019 Oklahoma City Metro Indian Education Tribal Consultation for March 13, 2019. The Public Schools are required by the Federal "Every Student Succeeds Act (ESSA) to have consultations with Tribal Leaders. The school districts in the OKC Metro area include these listed public schools: Edmond Public Schools, Mid-Del Public Schools, Moore Public Schools, Norman Public Schools, Oklahoma City Public Schools, Putnam City Public Schools, Western Heights Public Schools and Yukon Public Schools.

### Governor's October and November Meetings

October

20th Travel: National Congress American Indian Conference Denver, Colorado

21st – 25th NCAI

26th Halloween Activity Absentee Shawnee Police 4:00 pm to 6:00 pm

27th 10:00 am General Council

28th Travel to Washington DC



29th – 31st Transportation Meeting, Washington DC

November

- 1st1:00 pm Meeting in OKC discussion of upcoming meeting (ATOKA)
- 3rd10:00 am ATOKA Meeting (AST Complex)
- 5th1:00 pm Norman City Commissioner Meeting (Rod Cleveland) American Heritage
- 6th10:00 am Tribe and Health Budget Meeting
- 7th10:00 am Sac and Fox Nation Grand Opening CTSA Head Start Program
- 8th10:30 am Westmoore High School Speaker Native American Assembly  
1:00 – 7:00 pm Consultation and Tribal Meet & Greet Moore Public School
- 11th1:30 pm Veterans Parade Norman, Oklahoma
- 12thVeterans Day – NO WORK
- 13thCommunity Action Silent Auction/Dinner at the Shawnee Expo 6:00 pm
- 14th9:00 am Tribal Perspectives Focus Group - State Capital
- 15th6:00 pm OKC Reception for Harvey Pratt sponsor by the Cheyenne & Arapaho Tribe
- 16th9:00 am CTSA Board Meeting
- 17th10:00 am Elders Meeting  
6:30 pm White Turkey Bingo Horseshoe Bend
- 19th9:00 am Monthly Directors Meeting  
Present: Media, Court, Thunderbird Casino, Absentee Shawnee Housing, Domestic Violence, CCDF/After School, Building Blocks II, Building Blocks III, Education, Health, Indian Child Welfare, Tax, Gaming Commission, Police, Social Service, Enrollment. Executive Committee Present: Lt. Governor Blanchard, Secretary Johnson, Treasurer Ellis, Representative Fletcher and I. Not present: Maintenance, Finance, Procurement, OEH, Reality, Cultural Preservation, Human Resources, Title VI.  
Representative Fletcher gave an update on Human Resources and Cultural Preservation.  
6:30 pm TEC Board Meeting
- 20th11:00 am Oklahoma Historical Society Event OKC (Speaker Donald Fixico), Harvey Pratt
- 21st10:00 am Executive Committee Meeting  
12:00 pm Tribal Office Closed Thanksgiving Holiday

EXPRESSIONS:

For those families who may have lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

CONCLUSION:

I appreciate Tribal Members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference - stand beside me and Let us Build for the Future (BFF)

Oklahoma Historical Luncheon



Left Photo: Governor Edwina Butler-Wolfe with Don Fixcio, a Shawnee/Seminole Artist. Right Photo: Governor Edwina Butler-Wolfe with Harvey Prat, Cheyenne Artist/Peace Chief OSBI



Left to Right: Lt. Governor Gilbert Miles, Cheyenne & Arapaho; Governor Edwina Butler-Wolfe, Absentee Shawnee; Lt. Governor Jefferson Kell, Chickasaw.

Pride in Our Heritage



In red: Citizen Potawatomi Women's Singing and Drum Group; Middle L to R: Unknown, Prayer Warrior Andy Lindsey, AST Governor Edwina Butler-Wolfe; Front: WHS NASA Officers: Peyton Glenn, Allix Huggan, Annemarie Chaney, AL-lie Glenn, Sponsor: Ms. Carter.





## ASEDA Report

By John Johnson  
AST Secretary

“It is time for the Absentee Shawnee Tribe to get on the 8a train,” says Sec. John Johnson. Economic Development is a top priority for me and I am pushing the tribe to plan for the future. The Absentee Shawnee Economic Development Authority (ASEDA, Inc.) brings a new focus to fulfilling its intended purpose and creation of bringing economic prosperity to the Absentee Shawnee Tribe and its tribal members.

ASEDA, Inc. is currently taking a step toward making this vision a reality by working to acquire 8(a) status through certification with the U.S. Small Business Administration (SBA) that will allow for entry into the 8(a) Business Development Program. The program is designed to create a level playing field for small businesses by limiting select contracts to only those businesses that participate in the 8(a) program. Here are a few advantages of the program that can be beneficial to our success:

- A nine year program giving preferential treatment in federal contracting with various agencies and departments of agencies.
- Opportunity to compete for sole-source government contracts that can reach a maximum range of 4 to 6 million depending on the industry.
- Opportunity to compete for set-aside contracts strictly for 8(a) businesses. The number of certified 8(a) businesses is estimated to be around 8,500.
- Receive business development assistance in the form of business counseling and mentoring, training, contract marketing guidance, surety bond guarantees, acquiring federal government surplus property, and management and technical assistance.
- Tribes can have more than one 8(a) participant in the program.

Certification into the 8(a) business development program also opens the door to more federal contracting dollars through another Small Business Administration program known as HUBZone. This program was created to help small businesses that employ and operate in Historically Underutilized Business Zones (HUBZones). The government awards three percent of its total federal contracting dollars to HUBZone certified businesses. In 2017 the government awarded 6 billion dollars to about 5,800 HUBZone participants averaging out to about 1 million dollars in contracts for each participant.

ASEDA, Inc. has linked with the Tribal Government Institute (TGI) to help with the rigorous certification process. An opportunity to meet with TGI Procurement Counselor Berbon Hamilton at their offices in Norman, Oklahoma back in October was very positive. Mr. Hamilton was very knowledgeable with answers to questions about the program and provided a lot of useful information and training resources to better understand the program and process involved to becoming a certified participant. ASEDA, Inc. is very appreciative of the continued support extended to us by

Mr. Hamilton and the Tribal

Government Institute at the conclusion of our initial meeting. This alliance will be very useful in helping to meet our certification target date as well as our journey through the program once accepted.

In closing, the ASEDA Board has vacated seats that need to be filled. If you are interested or know of anyone that may be interested please check out the advertisement in this newsletter for information and qualification requirements. You can also contact me at the tribe at (405) 275-4030. I ask for your support in pushing our economic development focus forward, “let’s focus on 8(a)!” I wish each and every tribal member a happy and safe holiday season.

# BOARD POSITIONS OPEN!

The following Departments are  
seeking candidates to  
fill Board positions:

TEC BOARD - 2 POSITIONS

ASHA BOARD - ALL POSITIONS

GAMING BOARD - 3 POSITIONS

ASEDA - 3 POSITIONS

TAX COMMISSION - 1 POSITION

Please contact the Secretary’s Office  
for information and applications.

**(405) 275-4030 ext. 6275**



# Treasurer Reports

By Phillip Ellis  
AST Treasurer

## Cattle Program -Financial Report

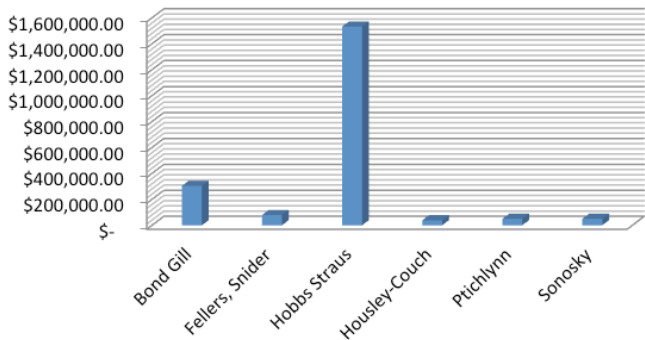
Year	Revenues	Expenses*	NET	Notes
2011	0	\$40,072	(\$40,072)	Initial investment of 30 cows, 1 bull, & land lease
2012	No Data	No Data	\$0	No Data in Financial Accounting System
2013	\$41,434.54	\$33,584.17	\$7,850	Profit
2014	\$19,449.90	\$18,087.88	\$1,362	Profit
2015	\$20,011.60	\$23,179.57	(\$3,168)	Loss
2016	\$29,633.01	\$31,209.76	(\$1,577)	Loss
2017	\$53,300.56	\$44,952.85	\$8,348	Profit
2018 (To date)	\$16,440.39	\$15,624.95	(\$815.44)	Loss
TOTAL:	\$180,270	\$206,711	(\$27,257)	Operating at a LOSS

As clearly seen, the cattle program is currently not a financially feasible program. This financial report shows revenue, expenses, and the net income from cattle sales going into our general fund from its inception to current. A major problem in both the past and present has been the cattle program did not have its own budget and that its never operated as a business. As noted above, the total expenses were difficult to calculate since employees expenses were never fully dedicated to this program. However, if employee expenses were included I’m fairly confident that the cattle program has never generated a profit. Moreover, the cattle program was included with other budgets (including the general fund) under the Lt. Governor and it’s been recommended for over 2 years now that the cattle program should have its own budget and operated in a profit-driven fashion. In my opinion, the cattle program is akin to being run like a hobby. Going forward, we have to be very clear regarding the intent of when we start a program. If the intent is primarily financial with a profit motivate in mind, then the program should be set up and operated as such. If the intent is to provide jobs and that it will have to be subsidized by governmental funds, then we have to understand that the program is a social program and may not break even. Whether we decide to sell the cattle or continue with the program, we have to set it up with a profit motive in mind, ensure we can provide transparency of the program’s financials, and implements adequate internal controls.

## Legal Expenses Report

As requested at the October General Council meeting, below is a summary of the AST legal fees expenses from 2014 to date in 2018.

Legal Firm NAME	Expenses (2014-2018)
Bond Gill	\$303,952.72
Fellers, Snider	\$79,143.16
Hobbs Straus	\$1,532,747.33
Housley-Couch	\$38,453.40
Ptichlynn	\$49,555.47
Sonosky	\$49,555.23



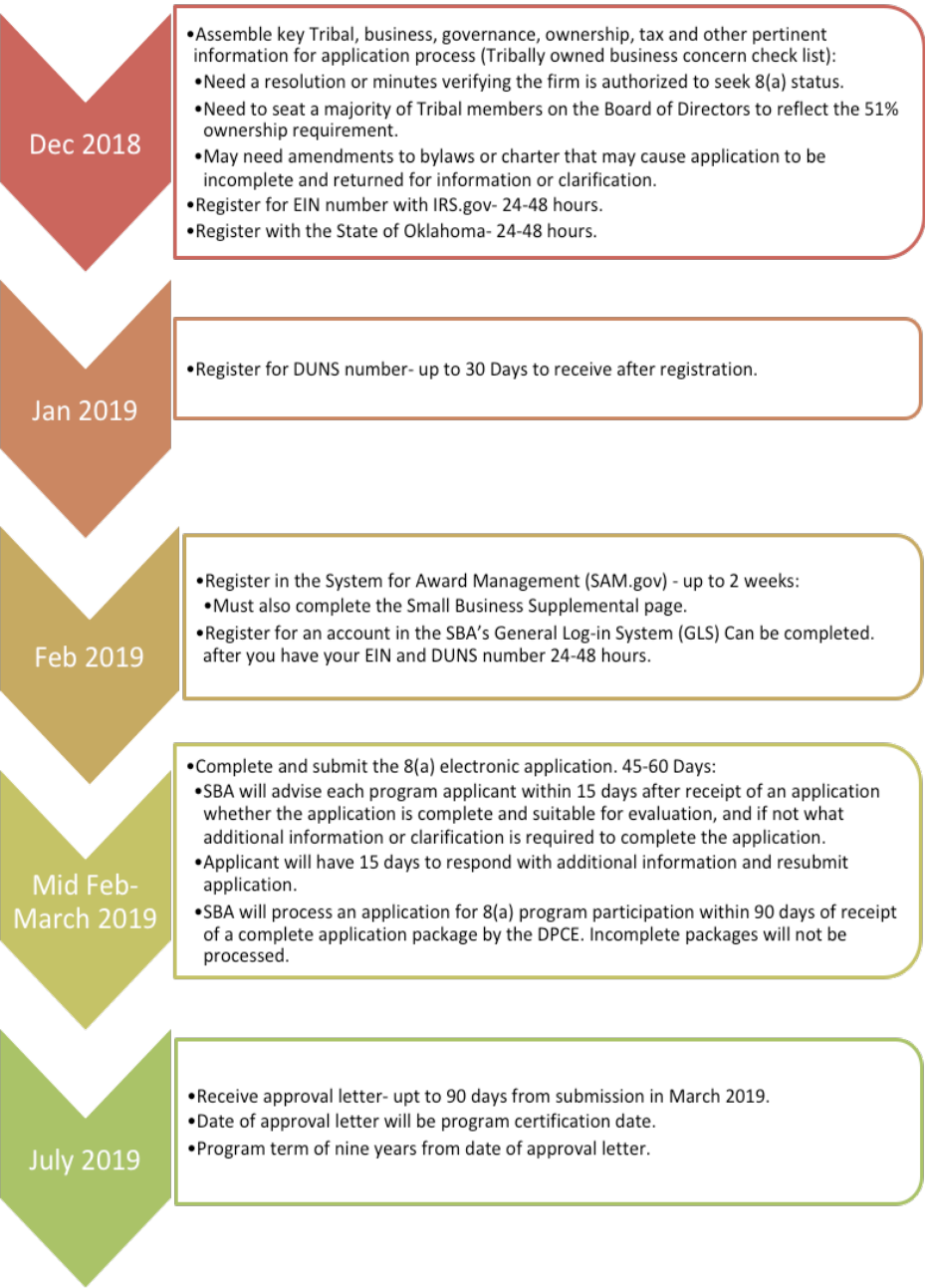
## Fraud / Compliance Line

As part of strengthening internal controls and stopping fraud, we have started a fraud/compliance line. The line I have chosen is a very cost-effective program that can be accessed by phone, fax, or by email and can be done so anonymously. Why anonymously? Studies show that witnesses to internal fraud prefer to remain anonymous when reporting wrongdoing. In fact a majority of all fraud is caught by a fraud/compliance line. The line will be available 24 hours a day, seven days a week and 365 days per year. I feel this is a major step in establishing an effective anti-fraud stand and ethics program. Fraud, theft, and ethics concerns – these are issues that every organization must be prepared to deal with. Confidential and secure, our anonymous fraud/compliance hotline service is a reliable means of collecting and transmitting sensitive information. At the end of the day, it’s every employee’s job to protect our tribal assets. I share everyone’s stance that we can no longer tolerate gross mismanagement, fraudulent activity, and outright theft of our tribal assets. Going forward, any and all acts of fraud and theft will be dealt with quickly and if necessary, violators will be prosecuted.

**AST Fraud / Compliance Phone Line: 833-560-0009**

**E-mail: [reports@lighthouse-services.com](mailto:reports@lighthouse-services.com) (must include Absentee Shawnee Tribe name with report).**

## Economic Development -Status Report





# Representative's Report

Atheda Fletcher

Work PH: 405-275-4030 Ext. 6239

Cell PH: 405-287-5247

afletcher@astribes.com

The holidays are upon us and we have already experienced our first snow fall!! The holidays are the perfect antidote to our fast paced lives. This is the time for all of us to take our foot off the pedal, recharge and get a new perspective for the upcoming New Year!! Since this will be my last report you read before the holidays, I wish each and every Absentee Shawnee Tribal Member a joyous holiday season.

## Cultural Preservation

Since my last report, I attended the 3rd Annual Ohio Tribal Nations Conference in Columbus. I am pleased to report that the expenses for this trip were supported by the Ohio Department of Transportation and Ohio History Connection. This conference's focus was on Section 106 of the National Historic Preservation Act and maintaining and building relationships with tribes. As part of our TIPO Grant, we are required to maintain relations with federal agencies on various issues relative to historic preservation. Topics discussed were highway research programs, mascots, update on historic sites, update on a draft bill to better protect human burial places in Ohio, and much more information that is vital in the government-to-government relationship.

November has been especially busy with Cultural Preservation (CP) hosting various events in recognition of Native American Heritage month. The first event that CP sponsored was the Genealogy Research & Resource Class presented by the Oklahoma Historical Society. The Oklahoma Historical Society houses the largest collection of Tribal Archives—only surpassed by one other—the National Archives. There was low attendance for this event, but the few that showed up were provided with a lot of very good information in order to progress their research for their family tree. A lot of historic information was shared about the various tribes in our area. I was extremely pleased to find out that the Oklahoma Historical Society has a lot of Shawnee information that may be of value to our Tribe and Cultural Preservation Department. Cultural Preservation will be planning a trip to the Oklahoma Historical Society next year to collect data that may be beneficial to our tribe. We are currently reviewing data listings from the National Archives in Ft. Worth in an effort to identify relevant tribal information and plan to make a visit to this facility also. Archives are important because they provide evidence of activities and tell us more about individuals and actions that occurred years ago. They tell a story and also increase our sense of identity and understanding of our cultures. CP staff will continue to pursue historical records and gather information to build our tribal collection.

To honor our veterans, CP hosted a brunch. John Sloat, AST veteran, was honored in recognition of his dedicated service. CP Director, Suhaila Nease, and THPO, Devon Frazier, provided a presentation on Native American statistics regarding tribal members serving in various branches of the military. Everyone was also treated to a slide show and video.

The Shawnee Pottery event was a great success! Mr. Richard Zane demonstrated how the pots were made and engaged the audience through touch and feel of the pots as he moved through the process. He provided in depth information on the natural sources used in creating the pots and provide a bit of Shawnee pottery history. Shawnee pottery was largely gone by the 1700s as metal pots

were superior because they traveled well. If you missed out on this event, we plan to host another pottery event in 2019. We will keep you posted and provide advance notice. A video of this event will be uploaded to the AST website soon. A special thank you to Sherman Tiger for his help with this event.



Pictured Left: Sherman Tiger, Director of AST Media, Tribal Member

Pictured Right: AST Representative Atheda Fletcher, Richard Smith, Carrie Lind, Suhaila Nease, Director of Cultural Preservation



Suhaila Nease and I recently had a meeting to discuss partnership with the Pottawatomie County Museum in Shawnee, Oklahoma. Mr. Ken Landry, the Museum Director, allowed us to tour the new museum that is currently still under construction. Mr. Landry is reaching out to all of the tribes in Pottawatomie County in hopes to bring their presence to the museum. He is eager to have tribal participation and wants our story to be told from our perspective. We will keep you posted on this future project.

Also, I have been contacted by a representative to the American Indian Culture Center and Museum with a request for a meeting/consultation and tour of the new facility. I will have more to report on this initiative after our first meeting. I think this is a great opportunity for recognition of our Absentee Shawnee Tribe.

## Human Resources

HR has been heavily engaged with the roll-out of Open Enrollment of employee benefits for 2019. This year's open enrollment process proved to be quick and easy! Over the next few months the staff will continue to implement the benefits selected by each employee and prepare for the first 2019 payroll. During this year's benefit enrollment, the department was successful in increasing the enrollment into the Insure Oklahoma subsidy. This subsidy assists in premium reimbursements for qualifying employees. With the current enrollment, it is projected to save the Tribe over \$150,000 in insurance premiums for 2019. This is a huge benefit to the Tribe and the employees.

The HR Department has implemented a new employee Longevity Recognition Awards Program. The Tribe realizes that our employees are our greatest asset, and we are delighted to be able to honor each employee's dedication and commitment to our organization.

A special thank you goes to our HR staff for their hard work in making these projects a success: Elizabeth Snow, Casey Adams, Courtney Bruner, Hailey Scroggins, Dana Dick and Lauren Parrish.



**Health**

I attended the Health Strategic Planning Conference in Sulfur, OK. This is an important process for our leaders and it helps determine our vision for the future and identify goals and objectives for our health programs. I am pleased to be a part of this dynamic group that brings so much value to our tribe. Go team!

I will continue to work closely with our Health System and look forward to helping with the Patient and Family Advisory Council (PFAC) in the coming months. The PFAC is working for our AST members and families. Our goal is to ensure that our health system staff uses a culturally sensitive and customer-centered approach when providing services to our tribal members.

**Other**

I was invited to attend the ribbon cutting ceremony and opening of the new Shawnee Tribe Culture Center. The culture center was built as a place to honor tribal heritage and encourage visitors to learn more about Native American history. Its first major exhibition is "From Ancient Hands: Stories in Fire and Clay". I very much enjoyed seeing the success that has been achieved by the Shawnee Tribe in Miami, Oklahoma. Kathy Deere and Lloyd Deere accompanied me on this early morning departure.



I attended the Central Oklahoma Community Action Agency's Harvest for Hope Fundraiser on November 13, 2018. This organization provides services for Cleveland, Lincoln, Logan, Payne, Pottawatomie and Seminole counties. It provides direct help, or referrals, for families to meet basic needs for food, clothing, utilities, and housing costs. The Community and Resource Development provide a food pantry, temporary housing, home buyer education, and family budget counseling. This is another resource for our tribal members. Community services make a difference and can help bridge a gap. As I move through life I plan to be involved in community service because I know it is important. We can never have too many services available to help our tribal people.

**In Closing**

I encourage all tribal members to support all of our tribal programs. Attend and enjoy the efforts that are put forth for your benefit. My staff and I will continue to bring forth events and activities that we believe you will enjoy. If you have any suggestions, please do not hesitate to give me call or call any of my staff members. We appreciate any input that you may want to share.


As usual, my door is always open to all tribal members. If you have any

questions or have an issue you need help with, please do not hesitate to call me.

*Quote: Coming together is a beginning, keeping together is progress; working together is success!*

# 2019 Health Insurance Open Enrollment


MEDICARE



HEALTH INSURANCE

**OCTOBER 15 - DECEMBER 7, 2018**

2019 Medical & RX Plan Enrollment | Plan Changes



## Health Insurance Marketplace

**NOVEMBER 1 - DECEMBER 31, 2018**

2019 Marketplace Enrollment | Renewals | Plan Changes

SEE A PATIENT BENEFIT ADVOCATE FOR OPEN ENROLLMENT ASSISTANCE

Cultural Preservation

# Gift Shop

NOW OPEN IN LITTLE AXE HEALTH CLINIC

PLEASE CONTACT MERRY RODRIGUEZ AT 405-275-4030 EXT. 6310 FOR SHOP HOURS





# From the Election Commission

The Filing Period for Elective Office in 2019. A tribal member may file for office, January 1 to January 10 (excluding weekends and holidays). Hours to file are 8:00 a.m. to 12:00 p.m. and 1:00 p.m. to 5:00 p.m. Potential candidates please consult the Election Ordinance for the procedures and qualifications when running for elective office.

The following positions will be open for the Elections to be held in 2019.


## EXECUTIVE COMMITTEE

Position/ Term	Filing Fees
Governor Two (2) Years	\$590.00
Tribal Secretary Two (2) Years	\$590.00

## ELECTION COMMISSION

Position/ Term	Filing Fees
Election Commissioner Three (3) Years	\$215.00
Election Secretary Three (3) Years	\$215.00
Commission Member #1 Two (2) Years (unexpired)	\$174.00
Commission Member #2 One (1) Year (unexpired)	\$132.00

### INTRODUCING OUR NEW PATIENT PORTAL AND HEALOW APP




## Our new Patient Portal and the healow™ app (formerly Follow My Health) give you secure online access to your health information.


### The Patient Portal

A secure, convenient, and easy-to-use website that gives you round-the-clock access to your health information. View labs, medications, and immunization records. Get reminders. Exchange messages with your doctor. Stay informed and take charge of your health!


### HERE'S WHAT YOU CAN DO WITH OUR PATIENT PORTAL




View lab results




Send and receive messages securely




Access health records



Book appointments online



Get statements and receipts online

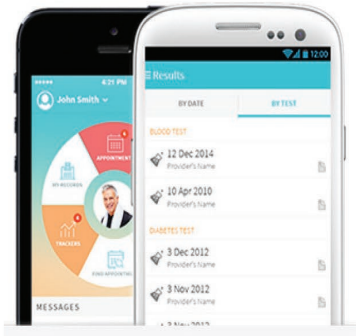



View doctors' notes

### The healow™ App


Access your health record with the healow™ smartphone app. Along with the features you get with our Patient Portal, the healow app can manage multiple accounts (all family members), set medication and appointment reminders, and use trackers to help manage health. The healow app is a secure and convenient way to manage what's important and puts YOU in control of your health.

healow is available free on the Apple app store and Google Play store.







### SET UP THE HEALOW SMARTPHONE APP IN FOUR EASY STEPS!




**Step 1**  
Download the healow app from App Store (iPhone) or Google Play (Android Phone).



**Step 3**  
Enter your portal username and password.




**Step 2**  
Search for our practice by entering this unique code on the healow app - JEDEBD.



**Step 4**  
Set up your PIN.

For more info or questions call:  
Shawnee Clinic 405.878.5850 or LAHC 405.447.0300



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**



# ASTHS December Monthly Update

By Mark E. Rogers, MAL, FACHE, CMPE, CHC  
AST Health Systems Executive Director

We’ve had another very good year in both patient growth and revenue growth as well as system-wide and individual employee accomplishments and awards! We have also seen patient services expansion at levels never before seen by your health system for the tribe! We wish everyone a wonderful holiday season, and continued good health! The flu season is here now, and it is more imperative you get your flu shot than ever. Several flu shots were given out at the free flu shot clinic provided at the General Council meeting in October, and we are also be providing the flu shot at all of our clinics with nurse visits; please call ahead to assure availability at your desired location. Please ensure you and your family is protected with the Flu vaccine this year. The health system encourages everyone in the community to stay healthy this year by utilizing good personal hygiene, especially with hand sanitation procedures.

We continue to monitor elder care and high risk fall patients as well as home-bound tribal members are always a concern to the Tribe and Health System. The health system remains a full partner with the Tribe in caring for and coordinating care for any tribal member that is homebound and has needs that we can help with or service within our scope and authority to do so as a health and wellness system. If you know of any tribal member who is homebound and needs assistance medically, please contact administration at (405) 701-7621 so we can assist as best possible with resources or coordinate assistance for these members in need. Thank you all for making our entire staff and employees feel appreciated and for using our services!

Our health system’s most valuable asset is always our people! They continue to illustrate excellence for our tribal health system and patient care! I’m always impressed with and proud of our outstanding star performers, and again this month, we thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month (recognized in December for November accomplishments) in health were Lori Earls, Medical Lab Technician, for her outstanding efforts in the Laboratory Services to our patients; November Team of the Month: Human Resources Team (Tribal and Health HR Teams) for their outstanding benefits open enrollment support to the health system; and the November Special Leadership Award: Richard Wolfe, Security, Shawnee Clinic, for his extra efforts with assisting or patients with greetings and location of services as well as improvement recommendations in our Security program! The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system’s patients!

**December 2018 Employees of the Month:**

Employee of the Month  
Team of the Month  
Special Leadership Award

Lori Earls, Medical Lab Technician  
HR Team (Tribal & Health)  
Richard Wolfe, Shawnee Clinic



Mark E. Rogers, MAL, FACHE, CMPE, CHC  
Executive Director

WOMEN’S HEALTH SERVICES

There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don’t take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850 • 1.877.878.4702 (Toll-free)



ABSENTEE SHAWNEE TRIBAL  
HEALTH SYSTEM  
Prevention. Progress. Pride.

AAAHC

Accredited by

WWW.ASTHEALTH.ORG

A CELEBRATION OF Native American Heritage Month

ROCK YOUR MOCS

LITTLE AXE HEALTH CENTER



HOSTED BY BEHAVIORAL HEALTH GRANTS  
MSPI AND NATIVE CONNECTIONS



ABSSENTEE SHAWNEE TRIBAL

# HEALTH SYSTEM

Prevention. Progress. Pride.

## December 2018 - Scheduled Closings

Date Closed:	Time(s) Closed:	Locations:
Wed., Dec. 5 <sup>th</sup> (1 <sup>st</sup> Wed of Month)	Noon to 5 PM	All AST Health facilities CLOSED -Shawnee Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM). -PlusCare Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).
Mon., Dec. 24 (Christmas Eve)	All Day	All AST Health facilities CLOSED
Tues., Dec. 25 <sup>th</sup> (Christmas)	All Day	All AST Health facilities CLOSED
Wed., Dec. 26 <sup>th</sup> (Holiday Observed)	All Day	All AST Health facilities CLOSED except PlusCare Clinic. -PlusCare OPEN 9 AM until 5 PM (last patient at 4:30 PM).

\* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:  
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

\*\*Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health Little Axe Health Center or Shawnee Clinic", Twitter @ASTHealth & on ASTHS website at [www.asthealth.org](http://www.asthealth.org)

# Honoring Our Past With Promise for Our Future

# LIFE is Beautiful Living Meth Free



# National Suicide Prevention 1-800-273-8255 (TALK)



Absentee Shawnee  
Health Systems  
Shawnee & Little Axe





# CONTRACT HEALTH SERVICES NEWS

Please follow the CHS guidelines.  
Keep a copy on hand  
and update your information.

## EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

## CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

## EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday  
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

## CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

## IMPORTANT CONTACTS

### BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator  
Darla Gatzman, CH Technician  
Chelle Foreman, Medical Claims Examiner  
Lena Carol, CH Technician  
Kareena Deere, CH Technician/Medical Records

### REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN  
Sharon Littlecreek, Patient Care Manager/LPN  
Jayne Werst, CH Specialist, Medicaid Patients  
Kelly Armstrong, CH Specialist, IHS Patients/LPN  
Jennifer Wells, CH Technician  
Melinda Ferrell, PBA, Dental Referrals

### REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN  
Laurie Webber, CH Specialist, IHS Patients/LPN  
Carrie Stanley, CH Specialist, Medicaid patients/  
Medical Assistant

LITTLE AXE HEALTH CENTER CHS  
405.701.7951 (Please follow voice prompts)  
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS  
405.878.5850 (Primary)  
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL  
HEALTH SYSTEM  
Prevention. Progress. Pride.



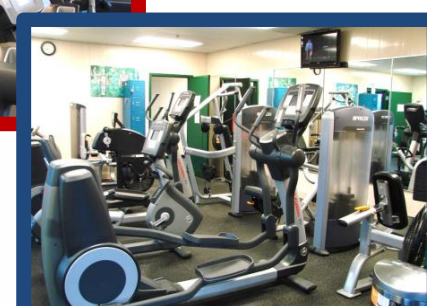
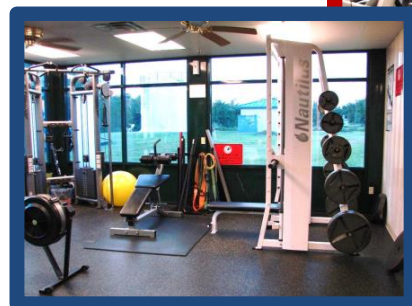
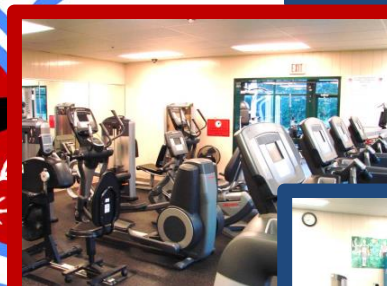
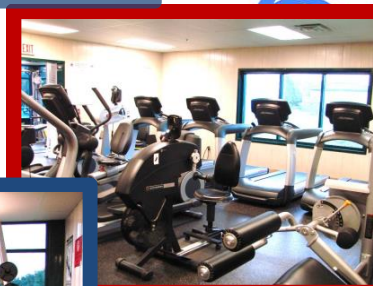
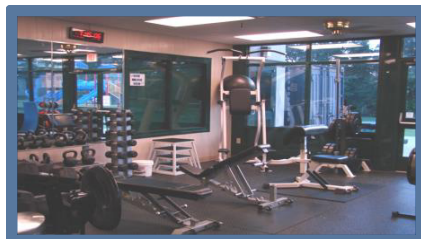
Buster Bread  
Fitness Manager



Chrissy Wiens  
Physical Activities Specialist

# The Absentee Shawnee

## Diabetes and Wellness



**Fitness Facility Hours of Operation**

Monday – Friday

6:00 a.m. – 9:00 p.m.

**Fitness Facility Weekend Hours of Operation**

Saturday

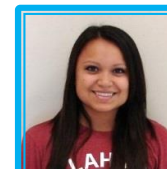
9:00 a.m. – 3:00 p.m.

# Fitness Center



Brandon Goodman  
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson  
Fitness Technician

## AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday	6:00am - 9:00pm
Saturday	9:00am - 3:00pm
Sunday	CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at [www.asthealth.org](http://www.asthealth.org) (Then navigate to our Diabetes and Wellness section under the services section.)





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Zumba Fitness</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Let's Get Moving Wednesday</u> 12:00 p.m.-12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Resistance Friday</u> 2:30 p.m.-3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Strength Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Let's Get Moving!"- a fun, light-to-moderate impact aerobic workout for individuals who are contemplating exercise. Come get your heart rate up and learn about the benefits of exercise!

Absentee  
Shawnee Fitness



"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"Resistance"- Resistance training uses apparatus such as tubing, weights, and kettlebells to help increase the strength, anaerobic power, and tone or size of muscles.

Diabetes and  
Wellness



# ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

## PUBLIC SERVICE ANNOUNCEMENT

### IMPORTANT INCLEMENT WEATHER INFORMATION

**Norman, Oklahoma** – The safety of our patients and employees is paramount in any emergency or inclement weather situation, and the Absentee Shawnee Tribal Health System (ASTHS) recognizes the fact that inclement weather and other emergencies can affect ASTHS' ability to open (or remain open) for seeing patients and the employees' ability to get to work (or to get home). For our patients, we strive to keep the health system closed for the briefest period of time possible. However for impending inclement weather - we are offering the following suggestions for our patients:

1. Please be sure to call ahead with your prescription re-fill needs within the allotted timeframe (24 hour fill time).
2. Please be sure to pick-up your medications (during non-weather event days) from pharmacy so that you will not go without during inclement weather.
3. Please make sure your patient contact information is up-to-date (such as phone number and email addresses) for notifications.
4. **Please call ahead before** venturing out into bad weather to see if we are open or closed.
  - Little Axe Health Center (405) 447-0300
  - Shawnee Clinic & SC Extended Hours (405) 878-5850
  - PlusCare Clinic (405) 447-0477
5. Watch for AST closure announcements on OKC's local news channels.
6. Follow AST Health on Facebook at [Absentee Shawnee Tribal Health](#) for the latest announcements.
7. Follow us on Twitter @ASTHealth; or
8. ASTHS website [www.asthealth.org](http://www.asthealth.org)

With the anticipation of electricity outages, the ASTHS recommends to fully charge your cell phones beforehand. The ASTHS encourages all patients to please stay safe and weather aware.

Prevention. Progress. Pride.

SHAWNEE CLINIC  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

LITTLE AXE HEALTH CENTER  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

[WWW.ASTHEALTH.ORG](http://WWW.ASTHEALTH.ORG)



# 10 Tips for Holiday Eating

1. Do not linger by the food table. It’s easy to overeat and constantly snack when you are standing right next to the food.
2. Have healthy munchies. Bring raw veggies with hummus or guacamole or fruit kabobs for when the urge to snack hits.
3. Use a smaller plate. By using a smaller plate, you will serve yourself less food, helping with portion control.
4. Serve out portions. Rather than eating directly from the box or bag, portion out a serving of food. It’s easier to over eat, when you can’t see how much you’ve had.
5. Drink plenty of water and other low-calorie beverages, such as, unsweet tea, fruit infused water. Oftentimes, we mistake hunger for thirst, so filling up ahead of time on water, can help overeating.
6. Make the holidays about more than food. Find a non-food activity that the whole family can do together. Try to find an activity that gets you moving, such as throwing a football, jumping in leaves, or dancing to music.
7. Before going through the holiday food line, survey all the food that is offered, so you are aware of the options available.
8. Cut pies into 12 slices, so you can still enjoy your pie, while helping your waistline!
9. Do not feel obligated to join the “clean your plate club”. Try to listen to your body’s fullness cues.
10. Get “golf ball” size portions of food to prevent overeating.

Try this healthy green bean casserole at your next food gathering. This slimmed down version offers 60 percent less calories and 80% less fat than the classic casserole.

Recipe courtesy of The Food Network  
Yield: 6 servings  
Nutrition Info: 187 cal, 7.5g total fat, 3 g sat fat, 10 mg chol, 250mg sodium, 26 g carbs, 4 g fiber, 6 g protein 4 g sugar

Ingredients 3 to 4 medium shallots, in their skins; Kosher salt, plus 1 teaspoon; 1 pound fresh green beans, stemmed, and halved crosswise; 1 tablespoon extra-virgin olive oil; 8 ounces cremini mushrooms, sliced (about 4 cups); 2 tablespoons unsalted butter; 3 tablespoons all-purpose flour; 1 1/2 cups mushroom, vegetable, or chicken broth (see Cook’s Note); 3 teaspoons fresh thyme leaves Freshly ground black pepper; Vegetable cooking spray; 1 cup fresh bread crumbs

Directions: Preheat the oven to 400 degrees F. Put the shallots (in their skins) on a small baking dish, roast until soft, about 30 minutes. When cool enough to handle, skin and coarsely chop the shallots. Set aside. Bring a medium-large saucepan of water to a boil over high heat. Add kosher salt, to taste. Add the green beans, and cook, uncovered, until crisp-tender and bright green, about 3 minutes. Drain the beans in a colander and rinse with cold water. Transfer the beans to a large bowl. In the same saucepan, heat the oil over medium heat. Add the mushrooms, season with 1 teaspoon salt, cook, stirring occasionally, until browned, about 7 minutes. Add the mushrooms to the beans. Melt the butter in a small saucepan over medium heat. Add the flour and cook, stirring with a wooden spoon, until golden, about 2 minutes. Slowly whisk in the broth, increase the heat to high, and bring to a boil. Add the shallots, 1 teaspoon of the thyme, and remaining 1/2 teaspoon of salt. Reduce the heat to maintain a simmer and cook until thickened, stirring occasionally, about 5 minutes. Pour the sauce over the vegetables and stir to combine evenly. Spray a 2-quart baking dish with vegetable cooking spray. Transfer the vegetable mixture to the pan. Add the remaining 2 teaspoons of thyme to bread crumbs and scatter over the vegetables. Bake uncovered until the sauce bubbles and the crumbs brown, about 20 minutes.

Merry Christmas

Join us for a celebration

AllNations Bank is Hosting an Open House!

Monday, December 10th

10am - 2pm

2023 Gordon Cooper Dr • Shawnee, OK 74801



# Optometry Department Receives Edger

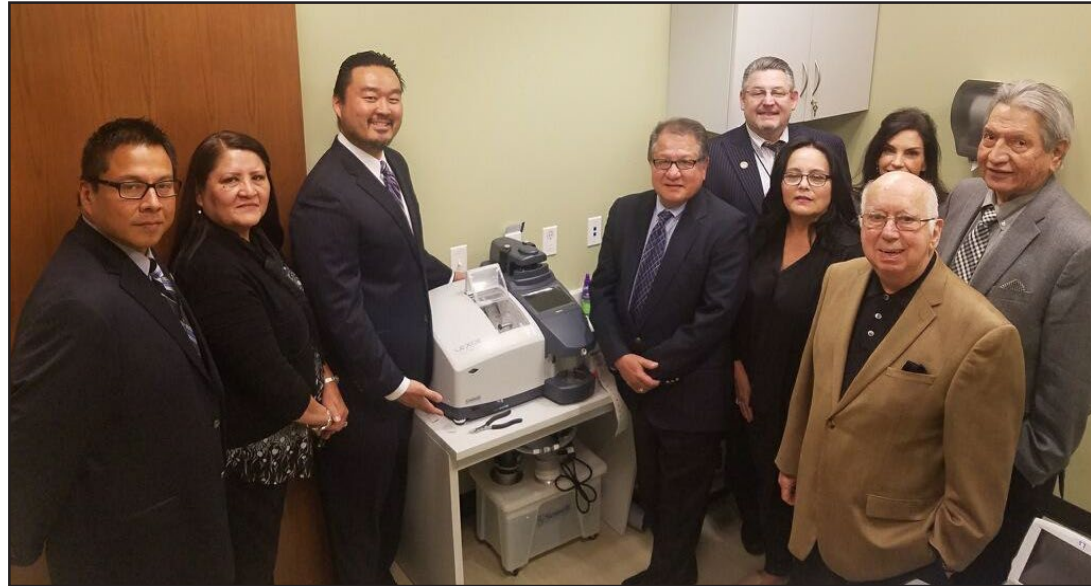
In the last quarter of 2018, the Absentee Shawnee Tribal Optometry Clinic has been able to upgrade equipment to shape lenses for spectacle fabrication. Tribal Health Administration has obtained the new LEXCE Trend, a lens edging machine, which incorporates a high performance drill, an intelligent blocker and a frame tracer in the most compact body available on the market today.

According to Dr. Lee, Tribal optometrist, “this all in one system will produce shorter turn-around times for single vision glasses and will allow for making a prescription set of glasses in emergency situations.” Currently, the Optometry Department ships all orders for glasses to regional optical companies where the spectacle fabrication is done and the finished orders are then shipped back. The reduced turnaround time with an in house edger will aid in better patient satisfaction and improved customer service.

The Optometry staff is looking forward to working with the edger. “With the newest equipment, you can turn out finished jobs that are as good as and sometimes better than a professional high-volume lab. Doing work in-house means you can keep a closer eye on the finished product, thereby increasing quality control” says Rachel Hendricks, Tribal Optician. The new hardware technology makes LEXCE more accurate; nearly eliminating retouching. With the LEXCE unit, the department is planning to have more in house jobs with reduction in manufacturing errors.

Multiple functions with well-combined features, all in a compact footprint, will improve productivity for the staff. A former optician, Tribal Secretary John Johnson is ecstatic with the edger as it “will be a benefit for tribal members and the Optometry Department as well.” With a step-by-step wizard mode for introductory users or professional mode for experienced users, all staff members will be able to grind out lenses. “The edger is another step in improving the department as a whole” Dr. Lee proclaims.

“I have been an advocate for this new edger for our optometry clinic. When I was an optician, I wished about our tribe being able to create lenses on-site for our tribal members. The benefit is quicker turn around; and in case of emergencies this is a major need. Additionally this will save the tribe money since we will no longer have to send our glasses out for the fitting of the frame. All eyes are not alike, by having this new lens edger, we can help our tribal members get the best view from their glasses possible. This is a 20/20 decision and I am hoping we all see clearer now.”



Pictured from left to right front row: Brian Watson, Dara Thorpe, Dr. Fred Lee, Sec. John Johnson, Mark Rogers, Sandra Vaughn, Dr. Paul Massad. Back row from left to right: Mark Rogers, Lisa Johnson Billy, and Melpherd Switch.



Optometry Staff, Left to Right: Brian Watson, Brayden Blanchard, Mary Lowe, Dr. Jeremy King, Desiree Steele (sitting), and Dr. Fred Lee.



Dr. Fred Lee and AST Secretary John Johnson



# Care on your schedule, that's the Plus.



A N A F T E R H O U R S A C U T E C A R E F A C I L I T Y

**HOURS OF OPERATION:**  
9 a.m.-9 p.m. Monday – Friday  
9 a.m.-5 p.m. Saturday – Sunday  
9 a.m. -5 p.m. Holidays  
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.  
First appointment – 9 a.m.  
Last appointment – 8:30 p.m. Monday – Friday  
Last appointment – 4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On week-ends. This is all for you.**



Prevention. Progress. Pride.



15702 East State Highway 9 • Norman, OK 73026  
Phone: 405.447.0477 Fax: 405.366.8996

W W W . A S T H E A L T H . O R G

# Sac & Fox Nation Opens New Daycare Center



Above, Left to Right: Sherry Marsh, CTSA Executive Program Director; AST Governor Edwina Butler-Wolf, Kickapoo Chairman David Pecheco, Jr.; Principal Chief Kay Rhoads, Sac & Fox Nation; AST Lt Governor Ken Blanchard





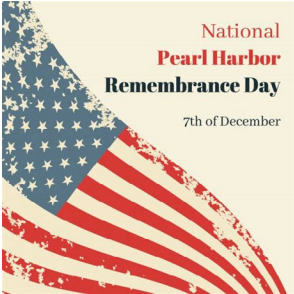
# Halloween Carnival







2% milk served daily  
Menu subject to change



DECEMBER  
2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Salisbury Steak Red Potatoes Brussel Sprouts Mixed Fruit	4 Soft Taco LOTC Refried Beans Pineapples	5 Pork N Potatoes Green Beans Crisp	6 Chicken Pot Pie Mixed Veggies Biscuit Plums	7 Cereal Sausage Patty Toast Blueberries	8
9	10 Grilled Chicken Wrap LTOP Beets Orange	11 Beef Tips & Noodles Veggies Pears	12 Hot Dog Pork n Beans Cookie	13 Beans Steakfrie Cornbread Fluff	14 Scrambled Eggs Sausage Gravy Biscuit	15
16	17 Chicken Nuggets Mac n Chez Jell-O	18 Cabbage Stew Cornbread Cinnamon Roll	19 Salmon Patty Coleslaw Veggies Applesauce	20 Chili w Ranch Beans Chez, Onions Crackers Mandarin Oranges	21 Cereal Sausage Patty Fruit	22
23	24 AST Complex Closed Christmas Eve	25 AST Complex Closed Merry Christmas	26 AST Complex Closed	27 Title VI Closed For Cleaning	28 Title VI Closed For Cleaning	29
30	31 Manwich Tator Tots Apple					

NOT GOING TO BE HOME!!!  
CALL AND LET US KNOW AT 405-275-4030  
EXT 6227 or 6270



LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM  
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

# Title VI News

December 7, National Pearl Harbor Remem-  
brance Day  
December 24-26 . AST Complex will be closed  
– no lunch will be served or delivered  
December 27 & 28 Title VI will be closed for  
cleaning –Homebound will receive a sack lunch  
for the days Title VI will be closed.  
We hope you have a wonderful Christmas and  
a Happy New Year. Any questions or concerns

please feel free to contact us at 405-275-4030  
ext 6227  
Absentee Shawnee Tribe – Severe Weather Pol-  
icy effective December 2013 states:  
2. PROVISIONS  
a. Prior to normal starting time it will be an-  
nounced on one of the local television or radio  
channels that the Absentee Shawnee Tribe is  
open and/or closed based on weather severity.  
The Governor, and/or designee, will report to  
these channels: Channel 4, 5, 9, Fox 25; Radio-

KTOK 1000; KOCK 1520 AM. Formerly the  
policy has been that when schools in Little Axe  
and Shawnee are closed then employees would  
be allowed administrative leave. This policy  
seeks to clarify on procedures and gives the de-  
cision making process back to the Tribe.  
b. On days when weather conditions worsen  
as the day progresses, the Governor or another  
Member of the Executive Committee may de-  
cide to close early. In such cases, a decision and  
an announcement will be made through email to  
all employees

# DECEMBER BIRTHDAYS

Adams, Misty Dawn  
 Adams, Alexis Pearl  
 Aguirre, Carlos Eriberto  
 Alacee, Beverly Jo  
 Alford, Larry Dean  
 Alford, Blake Tyler  
 Allen, Annabelle Marie  
 Anderson Reading, Alecia Dawn  
 Armstrong, Hobart  
 Ash, Roger Wayne  
 Atabaigi, Roberta Lynn  
 Atkinson, Joshua Dean  
 Atwood, Crystal Dawn  
 Ayers-Deere, Delana Sue  
 Ballard, Debra Ann  
 Bates, Aria Belyn  
 Bates, Howard Eugene  
 Bender, Maecie Raelene  
 Benish, Madelyn Katherine  
 Berry, Dakota Trah  
 Bierd, Jamie Chereese  
 Bigpond, Bobby Gene  
 Blackburn, Elliott James  
 Blackburn, Leland Paul Neasbitt  
 Blanchard, Camenah Joe  
 Blanchard, Crystal Raylene  
 Blanchard, Ashley Gabrielle  
 Blanchard, Sustina Marie  
 Blanchard, Johnathan Cole  
 Blanchard, Mya Aileen  
 Blanchard, Erika MaCale  
 Bond, Delsin Wyatt  
 Bradley, Phillip Monroe  
 Bradley, Micah Joel  
 Bradshaw, Mitchell Bryan  
 Breeding, Matthew Thad  
 Brokesoulder, Glenda Mae  
 Brokesoulder, Elk Eli  
 Brokesoulder, Vickie Robin  
 Brokesoulder, Katrina Sue  
 Brophy, Callie-Kaye Ellice  
 Brown, Charlotte Elaine  
 Brown, Braxton Gilbert  
 Brown, Cochanna Christine  
 Bruner, Mason Harjo  
 Bryant Jr., Robert Wesley  
 Buffington, Alecia Lucinda  
 Bui, Noreen Fay  
 Bui, Wiley The  
 Bullen, Shelly Lisa  
 Bump, Tonya Lynn  
 Butler, Wosey Jane  
 Byers, Sherry Levon  
 Byington, David Adam  
 Calladitto, Annika Mone'L

Carpenter, Whitney Rochelle  
 Chafin, Sierra Nicole  
 Charley Whatley, Marrissa Ashley  
 Chisholm, Keegan Conner  
 Coddington, Emily Elizabeth  
 Coddington, Krystal Renee  
 Cody, Dakoda Hunter  
 Coffee, Larry Ben  
 Colbert, Braylon Dean  
 Colungo, Wilma Wildena  
 Conner, Robert Neal  
 Coon, Vannessa Rae  
 Cooper, Beverly Rose  
 Cortez, La Donna Marie  
 Cravens, Christopher Dale  
 Creek, Jaxon Lee  
 Creeping Bear, Bobby  
 Crenshaw, Mila Elle  
 Crenshaw, Christian Lee  
 Crosswhite, Donna Elaine  
 Crow, Kimberly Kay  
 Csoma, Amber Blanchard  
 Cuellar Jr., Clifford Eugene  
 Darrington, Taliyah De' Vine  
 Daugherty, Samuel Edwin  
 Davis, Serenity Jean  
 Davis, Rex Keith  
 Davis, Julius Alexander  
 Davis, Gueneyere Tess  
 Davis, Holly Ann  
 Day, George Michael  
 Day, Anthony Lee  
 Deer, Alena Rose  
 Deere, Kathleen Ann  
 Deere, Gabriel Xavier  
 Deere, Alyssia Lynn  
 Delodge, Dexter Lee  
 Delodge, Wayne Lee  
 DeLodge, Genesis Octavia  
 Douglass, Christian Jayce  
 Downs, Che' Kyle  
 Duran, Anthony George  
 Ellis Jr., Michael Frank  
 Ellis, Justin Lee  
 Ellis, Ciara Renee  
 Ellis, Matthew Drew  
 Ellis, Jessica Marie  
 Elsluo, Lyla Lee  
 Embery, Isaiah Dwayne  
 Engledowl, Alexia Michelle  
 Engler, Alicia Diane  
 Evans, James Steven  
 Evans, Steven E  
 Farris, Stacey Lynn

Felton, Aiden Michael  
 Florick, Krista Leann  
 Foreman, Carole Jean  
 Foreman, Elysabeth Lesleigh  
 Foreman, Zelda Mae  
 Fowler, Joanna Marie  
 Frye, Zoe Ann  
 Galloway, Skylar Matthew  
 Galloway, Kory Damien  
 Galloway, Daisy Jade  
 Garretson, Janis Marie  
 Garretson, Christopher Ronald  
 Gibson, Garret Henry  
 Gibson, Zoli Layne  
 Gibson, Willie Ray  
 Gibson, Lita Danielle  
 Gibson Jr., Jeremy Lee  
 Gibson, Lousetta B.  
 Gibson, Davanee Mina Paralee  
 Gonzalez-Freed, Anthony Wayne  
 Goodwin, Alissa Mae  
 Gouge, Jace Joaquin  
 Graham, Jordan Michael  
 Grant, Jayden Dewayne  
 Grass, Billie Jean  
 Grass, Gage Owen  
 Griego, Aiyanna Che'la  
 Gurrola, Arturo Jr  
 Guzman, Ginger Gaile  
 Hackbarth, Riley Rain  
 Hadjiconstantinou, Ty Lucas  
 Hall, Sarah Jean  
 Harjo, Laketa Kaye  
 Harrison, Andrea Layne  
 Hartley, Carolyn Curtis  
 Harvey, Lisa Michelle  
 Harvey, Nevaeh Nicole  
 Hatcher, Wade Jeffrey  
 Haumpy Sr., William Allen  
 Hawk, Jordyn Marie  
 Hayes, Jackson Elias  
 Haymond, J-Lynn Lanea  
 Hernandez, Landon Jayse  
 Herrera, Precious Lara  
 Hill, Keevan Jones  
 Hill, Dominick Allen  
 Hixon, Eli James  
 Holt-Belvin, Brittani Macelynn  
 Hood, John Michael  
 Huckaby, Mary Louise Tyner  
 Innis, Quanah Guy

Isaac, Frances Jane  
 Jackson, Cheyenne Marie  
 James, Gregory Dale  
 James, Constance Logan  
 Jantz, Evan Blake  
 Jimerson, Magan Christina  
 Johnson, George Benjamin  
 Johnson Jr., Anthony David  
 Johnson, Kayla Ryan  
 Johnson, James Christopher  
 Johnson, Byron Mack  
 Johnson III, Fauster Calvin  
 Johnson, Marlene Jane  
 Johnson, Camille Marie  
 Johnson, Fawntayne Catara  
 Johnson, Brodie Wade  
 Johnson, Steve Allen  
 Kaniatobe, Guy Willis  
 Kastl, Scott Christopher  
 Keith, Blake Garrett  
 Kennedy, Deborah Leigh  
 Kent-Larney, Flora Jean  
 Kilmer, Sandra Lynn  
 Kishketon, Malaki Allen  
 Kisor II, Jesse Devon  
 Klein, Madelynn Grace  
 Kringlen, Faibian Eugene  
 Lalehparvaran, Lilah Parvin  
 Lamb, Caden James Charley  
 Landrum, Rachel Erin  
 Larney, Darnell Maxine  
 Lasarge, Susan Gail  
 Lemke-Rochon, Andrea Kay  
 Lester, Mackenzie Danielle  
 Limon, Jennifer Nell  
 Little Axe Sr., Ricky Lee  
 Little Axe, Maxine  
 Little Axe, Kamyrah Lemarea Illiana  
 Little Axe, Slayer Dane  
 Little Axe, William Dennis  
 Little Axe, Jaydell Chance  
 Little Charley, Newman  
 Littlebear, Calvin  
 Littlebear, Jonathon  
 Littlebear, Waleen Tenae  
 Littlebear, Paul Jaccob  
 Littlecreek, Ronnie Joe  
 Littlecreek, Sarah Denae  
 Locke, Tristan Daniel  
 Logan, Glenda Sue  
 Longhorn, Stuart Kyle  
 Longhorn, Kaselyn Diane  
 Longhorn Jr., Keith Warren  
 Longman Sr., Clyde Bennie  
 Longman, John Wayne  
 Longman, Collin Jay  
 Lopez, Ruby Ann



Lowe, Preston Gavin  
 MacK, Makenna Dawn  
 Mammen, Deann Marie  
 Martinez, Tewa Marie  
 Martinez, Efren Adam-Dean  
 Martinez, Shawnee H.  
 Martinez Jr., Timothy Andrew  
 Masquat, Dana Lanelle  
 Maxfield, Joseph Thad  
 McBride, Anthony Daniel  
 McBride, Damien Nicholas  
 McBroom, Garrett Allen Trece  
 McCulloch III, Grant Howard  
 McGuffin, Vickie Ann  
 McGuire, Mary Ann Masquat  
 McKee, William Kirby Zakkariah  
 Medina, Sophia Katherine Lily  
 Megehee, Dakota Micheal  
 Merrell, Cass Adam  
 Merrell, Cruz David  
 Miller, Hollis Cade  
 Miller, Alicia Le Waine Edwards  
 Miller, Madilyn Neveah  
 Mills, Hanna Frances  
 Mitchell, Qiana Skye  
 Mizell, Janice Maria  
 Molina, Deanne Jo  
 Mooneyham, Andrea Gail  
 Moore, Alexander Lee  
 Morgan, John David  
 Morlan, Debra Jean  
 Morris III, John Gilbert  
 Morris, Cecilia Renee  
 Murdock, Brian Lee  
 Neash, Nekkia Christine  
 Neash, Bobby Joe  
 Nelson, Debra Ann  
 Neske, Kyle Logan  
 New Moon, Melissa Elaine  
 Nicholson, Lee Anna  
 Odell, Travis Dewayne  
 Oles, Robin Jewel  
 On-The-Hill, Tonya Lynn  
 Ontiveros-Adame, Tina Marie  
 Onzawah, Brian Neil  
 Onzawah, Chloe Sarai  
 Onzawah, Hailia Brielle  
 Parker, Hunter Caleb Chase  
 Parker, Teresa Erin  
 Patton, Erionna Marie  
 Pawpa, Jacey Tatum  
 Pearman, Retha Ann  
 Perry, Savannah Jade  
 Pewenofkit, Jay Patrick  
 Pickens, Irma Juanita  
 Pine, Jacob Lawrence  
 Pitchford, Chayton Baeze

Pitchford, Satoria Chayne  
 Pitner, Shane Thomas  
 Ponkilla, Orrin Heath  
 Price, Ciara Davon Delodge  
 Price, Ethan Daniel  
 Puckitt, Cody Michael  
 Purcell, Desmond Lee  
 Ramirez, Alejandro Andres  
 Ramirez, Alye Tatum  
 Ramirez-Beavers, Shakiya Darlene Danae  
 Reid, Parker Gabriel  
 Robertson, Kyle Scott  
 Robertson, Drew Hayden  
 Robinson, Star Dionna  
 Rodas, Klay Arnoldo  
 Rolette, Tiffany Renee  
 Rolette, Ryan Adam  
 Rolette, Lawrence R.  
 Rolette Sr., Larry James  
 Rutledge, James Aiyden  
 Ryan, Crystal Gay  
 Sanchez, Tommy Shawnego  
 Schmidt, Sammie Anne  
 Self, Katelyn Lynel  
 Shawnee, Corey Wayne  
 Shawnee, Carrah Dawnell  
 Shawnee, Arla Nicole  
 Shelton, Jonell Lynne  
 Sherrill, Cody Michael  
 Shields, Ty Xavier  
 Simpson, Caden Marshall  
 Simpson, Thurman Ray  
 Sinks, Tammy Relin  
 Sloat, Arthur Wayne  
 Sloat, Jennifer Lauren  
 Smith, Kyle Lee  
 Smith, Keana Tempestt  
 Smith, Skylard Marcus  
 Smith, Cheryl Renae  
 Snow, Brianna Margaret-Faye  
 Solis, Adrianna Clavel  
 Solis, Jose Maria  
 Spoon, Desirae Roxanne  
 Spoon, Jiliyan Jade  
 Spoon, Michael Brody  
 Spoon Jr, Carl David  
 Spybuck, Deborah Ann  
 Spybuck, Barbara Ann  
 Spybuck, Nicholas Lawrence  
 Squire, Johnnie Larue  
 Squire, Christopher Lane  
 Stanley, Denelle Mae  
 Starnes, Mekia Ladawn  
 Starr, Jack Eugene  
 Stevens Jr., Houston  
 Stinger Jr., Jack Theophilus

Stone, Sherry Darlene  
 Sultuska Jr., Jerome Ray  
 Swenson, Sofia Magdalena  
 Switch, Ezequiel  
 Tebe, Jabril Rylen  
 Teehee, Penny Lynn  
 Tello-Faz, Jennie Rebecca  
 Tenner, Kirsten Elizabeth  
 Thompson Jr., John Michael  
 Thorpe, Preston Barrett  
 Thorpe, Dara Beth  
 Thorpe, Jamie Lee  
 Thorpe, Matilda Carol  
 Tiger, Kane Matthew  
 Tiger, Joseph Aaron  
 Tiger, Lyric Danyl  
 Tiger, Ashlee Jean  
 Tolbert, Justin Wade  
 Torres-Salazar, Mary Ellen  
 Turtle, Kendall Jose Thomas Reece  
 Valdivia, Shirley Ann  
 Villalobos, Constantina K.  
 Wabaunasee, Mary Ellen  
 Wagner, Kaya-Mae Cristine  
 Wakley, Kylie Ann  
 Walker, Braylen Sincere  
 Walley, Dallas Jeffery  
 Warrior, Whitney Michelle  
 Warrior-Benson, Josiah Clark  
 Watson, Zachary Miles

Webb, Charles Kenneth  
 Webster, Ryan Bennett  
 Whims, Lawanna Jo  
 White, Edward Leon  
 White Sr., Robert  
 White, Beckie Lynette  
 White Thunder, Nakiaus Sage  
 Whittaker, Dominique Marie  
 Wiles, Mitzie Arlene Little Creek  
 Williams, Brexon Apakus  
 Williams, Chance Michael  
 Williams, Adrian Thomas  
 Williams, Daniell Anissa  
 Williams, Michelle Lee  
 Williams, Okah Melina  
 Williams Jr., Joseph Edward  
 Williams, Benjamin Michael  
 Wilson, Kaitlyn Nicole  
 Wilson, Dwayne Alan  
 Wilson, Alvin Blaine  
 Wilson, Raylin Amelia  
 Wilson, Jessie Lee  
 Wilson, Kamren Patrick  
 Winrow, Ashley Dionne  
 Winrow, Alexandra Nicole  
 Wolf Jr, Eric Wayne  
 Womack, Cody Lee  
 Wyatt, Vance Allen  
 Yeahpau, Trevian Alexander  
 Youngbear, Curtis Joshua

Absentee Shawnee Tribe  
 Behavioral Health Services



WHITE BISON, Inc.  
 A Cultural Approach to Personal Recovery  
 Substance Abuse

## Wellbriety Group Meetings

Facilitator: John Soap, LPC

**Every Thursday 5:30pm-6:30pm**

Shawnee Multipurpose Building  
 (east of the Shawnee Clinic, Bldg. 16)

**For further information, contact:**

**Shawnee Behavioral Health Services: John 405-878-4716**  
**Little Axe Behavioral Health Services: Dara 405-701-7987**





Happy 14th Birthday Jiliyan!!!  
You've made me so proud of  
the beautiful young woman  
you are.  
I Love you to bits!!!  
Love Always, Mom

Jil Bil-  
Happy Birthday to our pretty  
awesome sister! We love you  
very much!!!!  
Love, your big brother,  
Justin, and  
lil brother, Joplin

Jiliyan-  
Hope your 14th is a pretty  
amazing day, like you!!!  
Love, Aunt Barb, Chloe, &  
Dakoti

Jiliyan Jade-  
Happy Birthday to my  
beautiful granddaughter!  
You make Granny so proud!  
I love you bunches,  
Granny XOXO



## HAPPY BIRTHDAY

Holly Davis ,Zelda Foreman ,  
Jelly Bean Davis and Jamie  
Bierd , Dakota Little Charley ,  
Sherry Byers

We wish you all a  
wonderful day!  
Love, Rhonda Kaseca



## Nakiaus White Thunder 1st Birthday Dance

On December 22, 2018  
@Concho Community Building  
Concho, OK

MC: Eugene "Hammer" BlackBear  
HM: Wilbur Bullcoming  
HS: Dwayne Iron  
HL: Donie Grace Pewo  
HLB: Jayden Lee Quincey  
HLG: Audriana Barcindebar  
Honor Family: Debra Starr Family  
Honor Vet: Jesse Hamilton  
AD: Billy Youngbird

Gourd Dance @ 3:00  
p.m.  
Supper to start @ 5:00  
p.m.  
Dance to Resume  
After Supper Break

Sponsored by Tommy and Sandra White Thunder & Family  
For more information call Tommy or Sandra White Thunder @  
405/287-9726 & 405/915-4321 or 405/287-3592

Not Responsible for Accidents or theft. No alcohol or drugs will be permitted.

## HAPPY BIRTHDAY

NAKIAUS WHITE THUNDER-A VERY HAPPY 1ST BIRTHDAY ON DECEMBER 21, 2018  
-FROM GRANDMA SIS & GRANDPA TOMMY, AUNT SHELSEIE & SHELBY  
AND DAD SHELDON WHITE THUNDER

## Share your Celebrations!!!

Call AST Media at 405-598-1279 or email  
your request to [stiger@astribe.com](mailto:stiger@astribe.com) by the  
15th of the preceding month.  
Only 1 picture can be used per celebration.

If you choose to visit our office and we are not present,  
please leave your requests in the mail box.





Ben,  
Happy  
Birthday,  
Son!  
Love, Mom  
and Dad



Happy Birthday  
to the World's Best  
Papa!!!!  
We love you so  
much.  
-Baby Belle &  
Alexia Faith



# Building Blocks III December Newsletter

Building Blocks III has been very busy the last few months. In October, we participated in the Trunk or Treat at the Zombie Run. It was such a delight handing candy out to the little princesses and zombies of the zombie run. I would like to thank everyone that participated in our Halloween Carnival. It was such a good turnout. Everyone seemed to enjoy all the festivities and the food. I would like to give the health clinic a special thank you for inviting us to trick or treat.



November 9th, the center had its DHS visit and partial Stars visit. Both of which went very well. November 16th, we held our annual Thanksgiving dinner for the families and staff of Building Blocks III at the resource center from 6:30 – 8:00 pm. It was a great success. It is so very special to get to spend time with our families. November 21st through the 23rd Building Blocks III will be closed for the Thanksgiving Holiday. Happy Thanksgiving from the Staff of Building Blocks III!!! November 26th, a photographer is coming to take Christmas pictures of the children.



December 20th, we will have our classroom Christmas parties at 3:00 pm, hopefully, with the arrival of a special visitor, Santa. We look forward to holding our annual Christmas Program on the evening of December 21st at the Little Axe Resource Center from 6:30pm – 8:00 pm. December 24th, 25th and 26th Building Blocks III will be closed to celebrate the Christmas Holiday. Merry Christmas and Happy New Year from the Staff of Building Blocks III!!!

We would like to welcome our new employees: Julie Moore, Kylie Yates and Lee McKey. Welcome to the Building Blocks Family. With that we are proud to say we will be opening our four year old classroom.

Have a Happy, Blessed Thanksgiving, a very Merry Christmas and a happy Happy New Year!  
With all our love,  
Rebecca Jones, Director,  
Stacy Battige, Asst. Director &  
Building Blocks III Staff

## Parents' Night Out

This Holiday The Absentee Shawnee Tribe's **Cultural Preservation** will be hosting a Parent's Night Out event. We will entertain your kids while you finish up your holiday shopping or just want to enjoy a night out. We will provide snacks, dinner, and some Cultural activities. [Space is limited so sign up today! Ages 7-12](#)

Date: Friday  
Dec. 7, 2018  
Time: 5:30-9:00PM  
Location: Cultural Preservation  
Building #6 2025. S Gordon  
Cooper Dr. Shawnee, OK



**Contact: Kim Billie**  
**405-275-4030**  
**Ext 6416**



# The Absentee Shawnee Tribal Christmas Party will be done differently this year.

We will be doing a Wal-Mart Gift Card and a Movie Pass. Only 150 Movie Passes will be given and is on a first come-first served basis. Parents will need their child/children's Absentee Shawnee CDIB card (must be an updated CDIB Card) to pick up the gift card and movie pass. These will be available at Title VI on December 10th, and at the Tribal Finance Office December 11-18. Office hours are 9:00 am to 11:30 am and 2:00 pm to 4:30 pm, Monday through Friday.

Due to the location of the Movie Theater in Shawnee, out-of-state tribal children will not be able to receive a movie pass and will only receive a Wal-Mart Gift Card.



**CULTURAL PRESERVATION HOSTS**

## The 12 Days of Christmas

*A fundraiser to send two AST Veterans to The National Gathering of American Veterans in Wheaton, Illinois in July 2019.*

**DRAWINGS WILL BE HELD**  
**DECEMBER 3, 2018 - DECEMBER 18, 2018**  
**ALL PRIZES FOR DRAWINGS WILL BE DONATED FROM THE GIFT SHOP**



Raffle Tickets can be purchased in the Cultural Preservation building.  
\$2.00 = 1 Ticket  
\$5.00 = 5 Tickets  
FREE Gift with raffle purchased



405-275-4030  
Contact Kim Billie Ext 6416  
or  
Suhaila Nease Ext 6245



## Absentee Shawnee Tribe Child Care Development Fund Programs

*La-pe-we-ki-wa ha-ge-wa-pe-fa-yi mi-ti-ge*



*"Lifelong Learning Begins Here."*

### Program Services:

- Building Blocks Child Development Center II- Shawnee, OK- Tribally Operated Child Care Center
- Building Blocks Child Development Center III- Little Axe, OK- Tribally Operated Child Care Center
- AST Child Care Subsidy Program- Child Care Assistance
- AST After School Program- Horseshoe Bend Community- After School Care
- AST After School Program- AST Complex, Shawnee- After School Care
- For information about these services please visit the AST website at [www.astribe.com/Childcare](http://www.astribe.com/Childcare)
- Contact information:
  - ✕ BBCDCII-Shawnee (405)878-0633 Email: [ecrawford@astribe.com](mailto:ecrawford@astribe.com)
  - ✕ BBCDCIII- Little Axe (405)360-2710 Email: [rebeccaj@astribe.com](mailto:rebeccaj@astribe.com)
  - ✕ AST Child Care Subsidy (405)432-8411 Email: [briana.ponkilla@astribe.com](mailto:briana.ponkilla@astribe.com)
  - ✕ AST ASP- HSB (405)432-8411 Email: [lanora.buswell@astribe.com](mailto:lanora.buswell@astribe.com)
  - ✕ AST ASP-Shawnee (405)432-8411 Email: [lanora.buswell@astribe.com](mailto:lanora.buswell@astribe.com)



*Merry Christmas and  
Happy New Year!*

*Love, The Keseca Family*

*Merry Christmas*



# ELDER’S CORNER

By AST Elder Council Officers

### ANNOUNCEMENTS:

- Congratulations to Dan Little Axe, he was voted as the new elected Treasurer by the Elders Council on Saturday, November 18, 2018.

### The Elders’ Council has the following events for the rest of the year:

- Red Earth Treefest - November 19, 2018 - January 4, 2019.
- The AST Shawnee Elders Council has a tree on display at the Red Earth Treefest. There are 25 Beautiful Christmas Trees adorned with hand-made art objects created to showcase the diverse Native cultures that make Oklahoma unique. Learn about Oklahoma’s Tribes. Let their Ornaments tell their Story.

Red Earth Art Center, 6 Santa Fe Plaza, Downtown Oklahoma City, OK;  
Event Date: November 19, 2018 - January 4, 2019. Hours: 10-5 Monday through Friday.

- Shawnee Tribal Museum in Miami, OK – Saturday, December 1, 2018
- Elders Council Christmas Baskets

APPLICATIONS ARE TO BE SUBMITTED BY NO LATER THAN THURSDAY, DECEMBER 6, 2018.

Mail Application to  
AST Elders Council  
2025 South Gordon Cooper Drive  
Shawnee, OK 74801

Or you can Drop-Off application at the Tribal Complex Building #1, Receptionist

- Christmas Dinner – December 15, 2018, @11:45 a.m. at the AST Resource Center. There will Christmas Fruit, nuts and candy sacks for the Elders and be sure to bring a wrapped gift exchange (Men to Men / Women to Women). Gift Exchange Limit is from \$15.00 to \$20.00.
- 2019 AST Elders Council Meeting Schedule

If you are fifty (50) and up, we meet every third (3rd) Saturday of the month, and meetings are alternating locations at Little Axe Resource Center or Title VI Building in Shawnee. We usually have potluck lunch every monthly meeting (Unless otherwise posted). Next meeting is Saturday, December 15, 2018, Resource Center in Little Axe. Age 50+ AST Elders are welcome at the monthly meetings!

## 2019 MEETING SCHEDULE

### AST ELDERS COUNCIL

DATE	TIME	LOCATION
January 19	10:00 A.M.	Title VI Bldg., Shawnee, OK
February 16	10:00 A.M.	Resource Center, Little Axe
March 23	10:00 A.M.	Title VI Bldg., Shawnee, OK <i>(1 week later due to AST election)</i>
April 20	10:00 A.M.	Resource Center, Little Axe, OK
May 18	10:00 A.M.	Title VI Bldg., Shawnee, OK
June 22	10:00 A.M.	Resource Center, Little Axe, OK <i>(1 week later due to AST election)</i>
July 20	10:00 A.M.	Title VI Bldg., Shawnee, OK
August 17	10:00 A.M.	Resource Center, Little Axe, OK
September 21	10:00 A.M.	Title VI Bldg., Shawnee, OK
October 19	10:00 A.M.	Resource Center, Little Axe, OK
November 16	10:00 A.M.	Multi-Purpose Bldg., Shawnee, OK
December 21	10:00 A.M.	Resource Center, Little Axe, OK





ELDERS COUNCIL CHRISTMAS BASKETS

APPLICATION FORM

**Qualifications:**

1) Must be Absentee Shawnee Tribal Member

2) Must be 50 years old or above

3) Must reside within the counties of Pottawatomie, Cleveland, Lincoln or Oklahoma

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NO: \_\_\_\_\_

NOMINATED BY: \_\_\_\_\_

REASON:      ☐ Nursing Home    ☐ Home bound    ☐ No transportation    ☐ Health issues

☐ Other: Describe (be specific) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**APPLICATIONS TO BE SUBMITTED BY NO LATER THAN THURSDAY, DECEMBER 6, 2018.**

**Mail Application to:**            **AST Elders Council**  
**2025 South Gordon Cooper Drive**  
**Shawnee, OK 74801**

**Alternative:**    **Drop-Off application at the Tribal Complex Building #1, Receptionist**

**Office use only:**

*Date received:* \_\_\_\_\_      *Received by:* \_\_\_\_\_

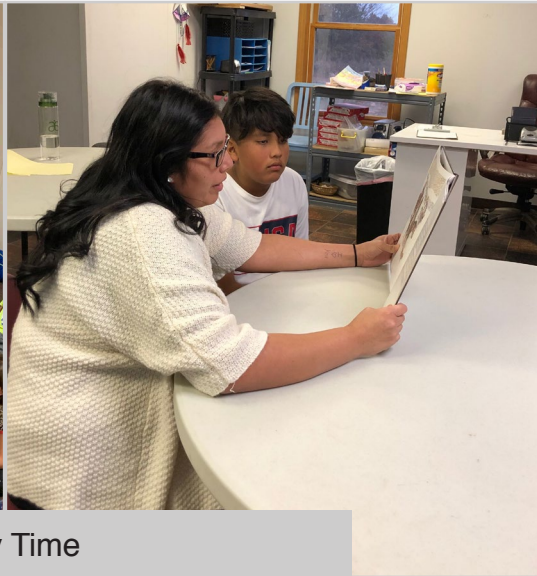
*Delivered by:* \_\_\_\_\_      *Date of delivery:* \_\_\_\_\_



Cultural Preservation Activities



Shawnee Pottery Demo



Story Time



Rock Your Mocs



Halloween Carnival



Veterans' Brunch



# October was Domestic Violence Awareness Month.

Below are pictures from some of the events the AST DV Program did and we thank everyone who was able to participate. If you have any questions or need additional information about domestic violence, sexual assault, dating violence or stalking please contact the domestic violence staff for confidential support at:

(405) 273-2888



PHARMACY SERVICES

## Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

<b>LITTLE AXE HEALTH CENTER</b> 15951 Little Axe Drive Norman, OK 73026 <b>405.292.9530</b>  <b>Lobby:</b> Mon – Fri 8 a.m. to 5 p.m.  <b>Regular Drive-thru:</b> Mon – Fri 7:30 a.m. to 5:30 p.m.  <b>Extended Hours Drive-thru*:</b> Mon – Fri 5:30 p.m. to 8:30 p.m. <i>(or until last PlusCare patient receives their medications)</i> Sat – Sun 9 a.m. to 5 p.m. Holidays 9 a.m. to 5 p.m. <i>(excluding Thanksgiving &amp; Christmas)</i> <b>*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.</b>	<b>SHAWNEE CLINIC</b> 2029 South Gordon Cooper Drive Shawnee, OK 74801 <b>405.878.5859</b>  <b>Lobby:</b> Mon – Fri 7 a.m. to 5 p.m.  <b>Drive-thru:</b> Mon – Fri 7 a.m. to 5 p.m.  <b>Extended Hours*:</b> Mon – Fri 5 p.m. to 8:30 p.m. <i>(or until last patient receives their medications)</i> Sat 9 a.m. to 5 p.m. Closed Sundays & Holidays <b>*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.</b>
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Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

### 24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) **approved Walgreens locations in Shawnee and Norman**. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



# Atoka Pipeline

*continued from front page.*

landowners. The Tribe then took the lead in negotiating an agreement to enable the landowners to keep their land, receive substantially more money for its use, and have oversight and enforcement rights for the City's future activity along the pipeline.

The proposed settlement agreement will provide a 100-foot wide easement to the City, so long as the pipeline is used only for the purpose of transporting public water. If the City stops using the pipeline or uses it for any other purpose, the easements terminate and full control of the land returns to the landowners. For any work the City undertakes along the pipeline, the landowners will receive 60 days' advance notice and the right to conduct inspections, and the City must fully restore the land to its natural state after completing the work. The City must comply with all Tribal, federal, and state laws regarding environmental and cultural protection, and the landowners can go to federal court to stop any violations. In advance of any construction or other work on the pipeline, the Tribe will be notified of job opportunities for Tribal Members, and no work is permitted around designated cultural areas during the traditional ceremonial seasons. Compared to a condemnation where only fair market value

would be paid, the landowners will receive approximately 10 times the fair market value of the easement acreage under the settlement agreement.

The Tribe and Oklahoma City have approved the proposed settlement, which now requires consent by a majority of the landowners to become final. Upon approval by a majority of the landowners, the settlement funds will be placed in an interest-bearing account until the settlement documents are complete and payments are made to the landowners. If you are a landowner along the pipeline easement route and need further information or a settlement consent form, please contact Assistant U.S. Attorney Tom Majors at [tom.majors@usdoj.gov](mailto:tom.majors@usdoj.gov) or (405) 553-8814.



Healthy, happy  
holidays.

From all of us at AST Health System, we wish you all a wonderful Holiday Season.



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.



AST Veterans Participate in Norman Parade - November 11, 2018



ASEDA Board Members Needed

The Absentee Shawnee Tribe is looking for tribal members to fill three vacant positions on the board. Interested tribal members may submit a letter of interest, cover letter and resume by mail to the Secretary’s Office of the Absentee Shawnee Tribe – 2025 S. Gordon Cooper Dr. Shawnee, Ok 74801. Documents may also be submitted by email to johnraymond.johnson@as-tribe.com. For additional information or questions contact the Secretary’s office at (405) 275-4030.

Qualifications:

Tribal Member

- Not employed with any entity of the tribe.

Professional Work Experience

- Extensive leadership expertise in fields such as business, accounting, banking, finance or retail merchandising.
- Board experience preferred.

Education

- Bachelors or Master’s Degree (preferred) in business or business related field.
- Deep understanding of corporate governance and the role each member plays both individually and corporately in a for-profit organization.

Clean Background Check

- Cannot have any criminal convictions
- Must be eligible for hire/re-hire with all Absentee Shawnee Tribal Entities (Tribal Gov., Health, Casino, ASEDA, Housing, ect.).

Absentee Shawnee Housing Authority  
2018 PROGRAMS



- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance – AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

**PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY**

**FOR INFORMATION ABOUT OUR SERVICES**

**PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE**

**LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.**

**WEBSITE: [WWW.ASHOUSINGAUTHORITY.COM](http://WWW.ASHOUSINGAUTHORITY.COM)**



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**CONSTITUTION COMMITTEE STUDY  
GROUP (CCSG)  
General Council Semi-Annual Report  
October 27, 2018**

By Kathy Deere, Vice-Chairman  
shwneturtle@gmail.com  
405-637-8248

Since our last CCSG General Council Report of June 2, 2018, we have had four (4) regular paid monthly meetings held every 4th Sunday of every month, held at Little Axe Community Bldg. We have had three (3) unpaid community meetings in Shawnee, Little Axe, and Tulsa. The total number of members present at all meetings is from five (5) to seven members out of the ten members of CCSG. The CCSG members absent are from three (3) to five (5) members. We have less than 14 months to complete these highly recommended, enviable, and required amendments to the Absentee Shawnee Tribe’s Constitution.

The following progress report and upcoming events of CCSG:

- » Finished By-Laws for the Constitution Committee Study Group
  - » Community Meetings accomplished and one (1) at General Council:
- First meeting: Thursday, 8-16-18, Multi-Purpose Health Bldg, Shawnee, OK;
- Second meeting: Thursday, 8-23-18 (rescheduled to 9/6/18) Resource Center, Little Axe, OK:
- Third meeting: Saturday, 9-22-18, International Plaza Office Building, Tulsa, OK.
- Fourth meeting: Saturday, October 27, 2018 at the AST General Council Meeting

The attendances of the tribal members at these meeting were low, but the ones who attended did give us some good feedback, which is very much appreciated!

We appreciate the support we have been receiving from the Executive Committee members. All of them have been accommodating, supportive, and willing to assist this committee. Special kudos/thanks to the offices of Representative Fletcher, Lt. Governor Blanchard, and Governor Butler-Wolfe in providing refreshments for the Community Meetings!

- » As stated above, we have been meeting several times on Tuesday evenings to get the constitution ready for legal, executive committee, and the tribal members to view the draft.
- » CCSGs current officers: Dan Little Axe, Sr., Chairman, Kathy Deere, Vice-Chairman, Shirley Adkins, Secretary/Treasurer.
- » CCSGs Website: <https://astccsg.squarespace.com> Available to view documentation like minutes, budget, flyers, LAS Resolution, current AST Constitution, Mock PowerPoint presentation of current EC/Legislators meetings, Tentative draft Organizational chart with Legislators, and contact information for committee members.
- » Due to unforeseen circumstances, we have had to postpone our visit to Chickasaw Legislature, Ada, OK in July, August, and September. The visit has been rescheduled for October 19, 2018.
- » The CCSG is tentatively planning a visit to the Kiowa Legislation in the

- next few months.
- » On Wednesday, regular monthly Executive Committee Meeting, September 19, 2018, submitted the “AST Constitution Proposed Amendments” request to remove BIA (Secretary of Interior) to the Executive Committee for Resolution for submission to BIA for a Secretarial Election.
- » Current CCSG budget as of August 31, 2018, is \$14,098.97. Annual budget amount is \$16,321.77. Chairman Dan Little Axe, Sr., requested our Indirect Cost Line Item be reduced and it was approved at a lower IDC rate of 10%. Thanks to Treas. Ellis.
- » All AST members are encouraged to attend the CCSG meetings. Next meeting, Sunday, November 18, 2018, 3:00 p.m., Little Axe Community Building, west of C-store, Hwy #9. Your input is very important!

**COMMITTEE STUDY GROUP (CCSG)  
DECEMBER NEWSLETTER REPORT**

By Kathy Deere, Vice-Chairman  
shwneturtle@gmail.com  
405-637-8248

- GREETINGS:
- The Constitution Committee Study Group (“CCSG”) meetings are normally held monthly every fourth Sunday. Next meeting is December 17, 2018, at 6:00 p.m. dinner meeting at Charleston’s in Norman, OK. CCSG website is available at <https://astccsg.squarespace.com>. The intent is for the AST members to be informed concerning CCSG meetings, minutes, budget, and community meetings. If you have comments, questions, suggestions, you can visit our website for the informational updates on the progress.
- At the printing of this article, we will have had our November 18, 2018 meeting. This is our regularly scheduled stipend meeting. We hope everyone at the October General Council meeting saw the CCSG PowerPoint presentation. We didn’t receive any comments or questions. Our report to the General Council was left out of the book; so it will added to this news article as an attachment. PowerPoint presentation, with current constitution, draft legislation Organizational chart, and frequently asked questions is available on the CCSGs website at <https://astccsq.squarespace.com>

- The following item and action item were discussed at our CCSG monthly meetings:
- Referendum Vote on removing the BIA, Secretary of Interior Two (2) articles in the constitution. This needs to be done to revise the AST Constitution to separate the Legislative and Executive branches. The draft resolution was presented to the Executive Committee Members monthly meeting, Wednesday, 10-19-18. The ECs next step is to submit paperwork to BIA for the Secretarial Election.
  - Continuing to work toward completing the draft constitution for legal review. Plans to complete the draft by the first month or two of 2019.



Amended 2018 Holiday Schedule

DATE	HOLIDAY
Monday, January 1	New Year's Day
Monday, January 15	Martin Luther King, Jr. Day
Monday, February 19	President's Day
Friday, March 30	Good Friday
Monday, May 28	Memorial Day
Wednesday, July 4	Independence Day
Friday, August 31	Absentee Shawnee Day
Monday, September 3	Labor Day
Monday, November 12	Veteran's Day
Thursday & Friday November 22 & 23	Thanksgiving
Monday, Tuesday & Wednesday, December 24, 25 & 26	Christmas



THUNDERBIRD  
CASINO

WWW.PLAYTHUNDERBIRD.COM

NORMAN

15700 E State Hwy 9 | Norman, OK 73026  
405-360-9270

SHAWNEE

2051 S Gordon Cooper Dr | Shawnee, OK 74801  
405-273-2679



FY-2018 YTD TAX COLLECTIONS (through 10/31/2018)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$6,955.22	\$128.33	\$20,250.34	\$16,709.62	\$1,001.46	\$11,720.63	\$6,189.49	\$288.07	\$16,871.91	\$8,925.44	\$0.00	\$0.00	\$89,040.51	3.56%
Gaming % of free cash	\$150,000.00	\$300,000.00	\$200,000.00	\$150,000.00	\$150,000.00	\$150,000.00	\$200,000.00	\$200,000.00	\$200,000.00	\$200,000.00	\$0.00	\$0.00	\$1,900,000.00	75.99%
Employee (1%)	\$11,386.59	\$11,609.31	\$11,506.02	\$13,835.58	\$15,173.37	\$9,736.28	\$15,069.86	\$3,605.08	\$19,471.03	\$15,317.12	\$0.00	\$0.00	\$126,710.24	5.07%
Severance (8%)	\$4,549.73	\$3,384.15	\$2,620.73	\$2,103.29	\$1,865.19	\$690.38	\$552.41	\$0.00	\$2,986.55	\$0.00	\$0.00	\$0.00	\$18,752.43	0.75%
Motor Vehicle	\$11,963.40	\$18,890.16	\$20,352.65	\$17,819.28	\$18,981.52	\$13,052.06	\$13,910.94	\$15,005.34	\$13,309.00	\$13,461.41	\$0.00	\$0.00	\$156,745.76	6.27%
Motor Fuel Taxes (Qtrly.)	\$35,258.38	\$0.00	\$0.00	\$33,471.68	\$0.00	\$35,705.25	\$0.00	\$0.00	\$206.78	\$38,429.86	\$0.00	\$0.00	\$143,071.95	5.72%
Tobacco Refund	\$4,367.11	\$4,026.41	\$3,903.11	\$6,090.62	\$6,785.14	\$6,562.88	\$4,695.91	\$9,716.49	\$10,259.16	\$7,611.52	\$0.00	\$0.00	\$64,018.35	2.56%
TOTAL TAXES	\$224,480.43	\$338,038.36	\$258,632.85	\$240,030.07	\$193,806.68	\$227,467.48	\$240,418.61	\$228,614.98	\$263,104.43	\$283,745.35	\$0.00	\$0.00	\$2,498,339.24	
Miscellaneous	\$122.50	\$142.65	\$298.25	\$208.00	\$298.25	\$171.00	\$137.26	\$157.65	\$235.00	\$169.40	\$0.00	\$0.00	\$1,939.96	0.08%
TOTAL COLLECTIONS	\$224,602.93	\$338,181.01	\$258,931.10	\$240,238.07	\$194,104.93	\$227,638.48	\$240,555.87	\$228,772.63	\$263,339.43	\$283,914.75	\$0.00	\$0.00	\$2,500,279.20	100%

ABSENTEE SHAWNEE TRIBE  
TAX COMMISSION

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

**\*TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS\***

**Note:** You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

**\*ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER\***

TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

PENALTY

\$0.25 A DAY

Absentee Shawnee Behavioral Health  
STRENGTH OF TRADITION PROJECT

Funded through SAMHSA Native Connections Grant in providing support by:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about this program, please contact us!

Linda Gouge Grant Coordinator (405)701-7988  
Victoria Andrews Grant Assistant (405)701-7995

Little Axe Health Center  
Li-Si-Wi-Nwi Health, Inc.  
15951 Little Axe Drive  
Norman, OK 73026



"This flyer was developed under a grant number SM080181 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS."



WALK-IN CLINIC WITH EXTENDED HOURS



Here for you,  
now more than ever.

EXTENDED HOURS:  
9 a.m. - 9 p.m. Monday - Friday  
9 a.m. - 5 p.m. Saturday  
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



**SHAWNEE CLINIC**  
ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.  
Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801  
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

**Regular hours of operation: 7 a.m. to 5 p.m. M-F.**  
Closed the first Wednesday of every month from noon-5 p.m.  
Closed Sundays & holidays.

Accredited by  
**AAAHC**  
ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.

WWW.ASTHEALTH.ORG

# Enrollment Department

Required documentation for updating/issuing/renewing your new enrollment card for 18 yrs. and older:

- Universal forms
- Passport photo- color, 2” x 2”, white background

Photos can be taken at the office, if you come in to update.

11 yrs. and under - no photo or signature on their card, but will need the form(s) filled out by parent/guardian.

12 yrs. to 17yrs. - passport photo and copy of parent/legal guardian’s D.L. or state I.D. that signed the universal form.

Requirements for Per Cap requests {Must be 18 yrs. or older}

2005/2006 Trust Fund

- Order of release of Funds from Trust Account document, signed.
- color copy of D.L. or state issued I.D.
- Enrolled by 2006 or earlier

2016 Rama

- W9
- 2 forms of Identification (color copy)
- Enrolled by 10-24-2015

\*All forms can be downloaded from [www.astribe.com](http://www.astribe.com) or picked up at the Enrollment office.

*A Little Note from The Tag Office*

*Did You Know.....*

*Any name changes that may occur*

*(i.e. marriage, divorce, etc.) need to be updated*

*through enrollment, BEFORE any new*

*registrations or renewals can be processed.*





## **ATTENTION**

### **AST Voters**



## **Elections are around the corner for Governor and Secretary.**

When you cast your vote, we should choose someone who will help support the tribal membership, especially our elders. Ask yourself, are we better off now than we were six years ago. Whoever runs, should:

- Hire an administrator,
- Have a balance budget,
- Sell off excess fee land, that we have NO PLANS for and pay taxes on,
- Sell those COWS, which is just costing us money,
- Provide washers & dryers, stoves and refrigerators to the elders who need them,
- Bring back the winterization program for the elders and needy,
- Provide yearly \$5,000.00 grants to college and trade school student, provided they work for the tribe for 2 years, when they complete their studies,
- Provide bi-weekly transportation to tribal member from OKC & Tulsa to Shawnee and Little Axe health clinics and open a video Doctor consult office in Tulsa and better relationship between the Medical Director & Medical Board and Executive Committee,

These are just a few issues which MUST be addressed or actions taken.

Thank  
You



Hats off to the  
Executive  
Committee for the  
gift cards to  
members of the  
elders.



# ABSENTEE SHAWNEE TRIBAL MEMBERS

## APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A) (A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ☐ ENROLLED ABSENTEE SHAWNEE TRIBE
- ☐ 18 YEARS OF AGE OR OLDER
- ☐ UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- ☐ TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- ☐ SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- ☐ CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- ☐ UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: [www.astribe.com](http://www.astribe.com)

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE  
SUBMITTING TO SOCIAL SERVICES


# ATTENTION TRIBAL MEMBERS!!!

The approved Legislative Resolution No. L-AS-2018-17 has been duly adopted by the Executive Committee of the Absentee Shawnee Tribe of Indians of Oklahoma Authorizing and Approving an increase in the Burial Assistance amount for qualified and approved members to **six thousand dollars and no cents (\$6,000.00)**, effective October 1, 2018. If you have any questions, please contact the Social Service Department at (405) 275-4030, ext. 6225 or 6255. All the changes will be posted to the Absentee Shawnee Tribe’s web site under service + Social Service.

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID’s only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID’s in the mail. If you have any questions, please call **(405) 275-4030, ext. 6225 or 6255.**



Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*


It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

*Together, we will fulfill our mission.*


**LITTLE AXE HEALTH CENTER**  
15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**SHAWNEE CLINIC**  
2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5850

**PLUSCARE CLINIC**  
15702 East State Highway 9  
Norman, OK 73026  
405.447.0477




AAAHC  
ACCREDITATION ASSOCIATION  
for AMBULATORY HEALTH CARE, INC.



ABSENTEE SHAWNEE TRIBAL  
**HEALTH SYSTEM**  
Prevention. Progress. Pride.

WWW.ASTHEALTH.ORG




*Mercedes Giveaway*


WIN A 2019 MERCEDES BENZ E450 4MATIC COUPE

EARN ENTRIES EVERY SATURDAY!

One entry for every 25 same-day points earned.  
2X the entries on Mondays & Wednesdays!



*Plus* \$100 CASH/100 ENTRIES  
Hot Seats every Saturday  
Every 20 minutes from 7pm to 10pm



GRAND PRIZE DRAWING  
SATURDAY, DECEMBER 29 AT 10:30PM

ACTUAL MODEL OR COLOR MAY VARY. SEE PLAYERS CLUB FOR DETAILS. MANAGEMENT RESERVE ALL RIGHTS.

EMERGENCY NUMBERS		
EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595	Report Power Outage
CANADIAN VALLEY	1-800-522-6870	Power Outage
	405-382-3680	
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions



December

pa po ne ke se fe wa  
(pay-poh-neek-sthway)

AST KIDZ ZONE

My Christmas  
Wish List

Something I WANT:

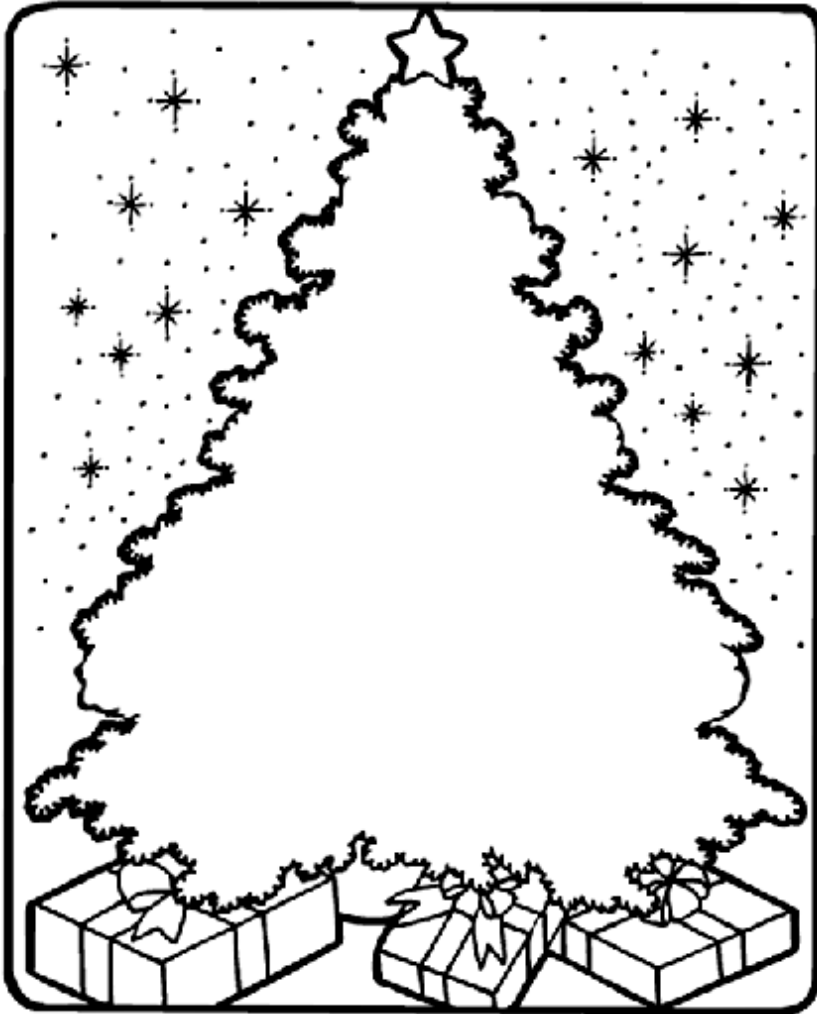
Something I NEED:

Something I'll WEAR:

Something I'll READ:

and something I'd really like:

What does your tree look like? Decorate the tree.



**SPEAK  
SHAWNEE!**

SNOW  
ko ni  
(koh-nah)



Gov.	Governor Edwina Butler-Wolfe.....	6308
	Glenna Jones.....	6307
	Glenna Jones.....	6269
	Bruce Longhorn .....	6236
Lt. Gov.	Lt. Governor Kenneth Blanchard.....	6253
	Diane Pankilla.....	6267
	Scott Miller (Self-Gov. Dir.) .....	6325
	Lt. Governor Receptionist.....	6390
Secretary	Secretary John R. Johnson.....	6289
	Alvina Barnes .....	6275
	Sarah Pederson.....	6306
	Treasurer Phillip Ellis .....	6280
Treas.	Charla Garcia .....	6309
	David Deer .....	6263
	Rep Atheda Fletcher .....	6239
	.....	6335

<u>RECEPTIONIST</u>	Lea Bettelyoun .....	4030
<u>ATTORNEY</u>	Hobbs, Straus, Dean & Walker.....	6313

<u>COURT</u>	
Chelsea Cope .....	6241
Jaxi Martin.....	6260
<u>CULT. PRES. / GIFT SHOP</u>	
Merry Rodriguez Gift Shop) .....	6310
Devon Frazier(THPO).....	6243
Ashley Brokeshoulder .....	6312
	6340
Kyra Underwood .....	6238
Subaila Nease .....	6245
Kimberlee Billie(Library) .....	6416

DOMESTIC VIOLENCE/FAMILY SERVICES	
Melissa Lopez.....	6333
Leslie Harris.....	6326
DDV Advocate .....	6224
Bryisha Payne .....	6315
.....	6226
Taylor Wills.....	6293
(Sexual Assault Adv.).....	6298
.....	6277

<b>EDUCATION</b>	
Tresha Spoon .....	6242
Brandon Goodman .....	6255
<b>ELECTION COMMISSION</b>	
Emily Longman .....	6271
<b>ENROLLMENT</b>	
Erica Masquat.....	6292
Fallon Jackson .....	6288

HORSE SHOE BEND (After School Program Director)	Edwina Butler-Wolfe.....	6308
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PROCUREMENT	.....	6291
	Misty Griffith.....	6291
	Amy Guffey.....	6244
	Tara Battise .....	6281
	.....	6410
REALTY		
	Cecil Wilson .....	6246
	Lea Tsotaddle .....	6248
	Taylor Carter.....	6247
SOCIAL SERVICES		
	Annie Wilson (Director) .....	6311
	Sherry Clum .....	6225

<u>TAX COMMISSION / TAG</u>	
Alicia Engler.....	6257
Alyssa Sneed .....	6237
Shelby White.....	6258

TITLE VI	Thomasine (Doss) Owings (DIR) .....	6227
	Johnnie Mae Bettelyoun .....	6272
	Donna Butler .....	6270
	Robert Schoolfield.....	6270
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	Cindy Carpenter.....	6270
	Bldg. 1 Conf. Rm.....	2009
	Bldg. 1 Break Rm .....	6305

<b>OTHER EXTENSIONS</b>	
Bldg. 1 Conf. Rm.....	2009
Bldg. 1 Break Rm.....	6305
Gov. Bldg. 2 Conf. Rm.....	6330
Fam. Svcs. Conf. Rm.....	6311
Finance Conference Rm.....	6236

<b>OTHER ENTITIES &amp; TOLL FREE</b>	
All Nations Bank .....	273-0202
ASEDA .....	878-6782
Toll Free .....	1-800-256-3341
Brendle Corner .....	447-3372
Building Blocks .....	878-0633
(Elizabeth Crawford, Briana Ponkilla)	
Building Blocks III LA .....	360-2710
(Stacy Bantige)	
Housing .....	273-1050

POLICE DEPT.	.....	275-3200 / 275-3432
	Brad Gaylord (Chief).....	6302
	Jason Brinker .....	6259
	Linda Day .....	6261
STEVEN CRISP	.....	6276
	Joe Abhiss .....	6266
	.....	6262
	.....	

POLICE DEPT.	.....	275-3200 / 275-3432
	Brad Gaylord (Chief).....	6302
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STEVEN CRISP	.....	6276
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	.....	6262
	.....	

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	.....	6262
	.....	



ABSENTEE SHAWNEE TRIBE  
OF INDIANS OF OKLAHOMA  
2025 S. GORDON COOPER DR.  
SHAWNEE, OK 74801

PRESORTED STANDARD  
US POSTAGE  
**PAID**  
SPRINGFIELD, MO  
PERMIT 96

RETURN SERVICE  
REQUESTED

Volume 29 No. 12, December 2018

MERRY CHRISTMAS  
HAPPY NEW YEAR

