

Volume 29 No. 02

The Absentee Shawnee Tribal Secretary Appointee Ezra Delodge sworn in 1/22/18, at Tribal court house, Shawnee, OK.



Election Commissioner John Al Little Axe And AST Secretary Ezra Delodge.

EXECUTIVE COMMITTEE



Edwina Butler-Wolfe
Governor



John Johnson Lt. Governor



Ezra Delodge Secretary



Leah Bender Treasurer



Anthony Johnson **Representative**

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

Hello My Absentee Shawnee Tribal People!

I Hope everyone had a Happy and Safe New Year. The flu is a great concern with the Executive Committee and we hope that everyone has already received their flu shot, if not, it is never too late to get one. Please make time to stop by the Shawnee or Little Axe Health Clinic during normal operating hours.

As we started our new year, I was able to reach out to the Absentee Shawnee Tribal People and scheduled a Tribal Address to you, the people of our Great Tribe. Since I have been elected as your Governor for the past 5 years I felt that there was a need to address the accomplishments and the struggles that I had encountered. The Tribal Address took place on January 13, 2018, at the Health Multi-Purpose Building here on the Absentee Shawnee Campus. There were 30 to 35 tribal people that attended to hear the Governor's Address. I would like to thank those people for their time that they took out of their busy schedule to come and listen to what has transpired with their tribe the last 5 years. For those who could not come to the Address our Media Director, Sherman Tiger, videotaped the entire Address and it is on the www. astribe.com website. At the beginning of the address, I welcomed everyone and introduced the Executive Committee: Lt. Governor John Johnson, Treasurer Leah Bender, Representative Anthony Johnson were all in attendance. In addition, I did announce the appointment of the new Secretary, Mr. Ezra Delodge.

The following accomplishments were mentioned:

Tobacco Compact negotiated.

Ramah Settlement approximately \$2M that was distributed to the Tribal Members. Negotiated settlement against a pharmaceutical drug company to the tribe.

Contract Support Cost Settlement.

ATOKA Pipeline is still in settlement progress.

Agreement with the Sac and Fox Nation to provide juvenile detention services for the Tribe.

Purchased land on Hardesty and 177 highway and Charley Starr allotment.

Return our Absentee Shawnee Tribal Child the was unlawfully removed from Oklahoma for an out

of state adoption.

Updated the Tribe's Traffic Codes and Juvenile Codes.

HEARTH ACT authorizing the enactment of the business site leasing ordinance.

Referendum Vote:

2014 June Election- Vote by the Absentee Shawnee People to implement the Salary

Code and Code of Conduct pertaining to the Executive Committee. Both referendums passed.

Resolution E-AS-2014-39- Salary Code passed by Executive Committee August 20, 2014 unanimously 4-0.

Resolution Code of Conduct E-AS-2014-38- was passed by Executive Committee August 20, 2014 with voting of: Lt. Governor Isaac Gibson – YES, Secretary Vera Dawsey – NO, Treasurer Leah Bates – NO, Representative Kenneth Blanchard – YES, Voting was a tie 2-2, which required the Governor to vote. Governor Edwina Butler-Wolfe – YES. MOTION PASSED 3-2 VOTE.

The Salary Code was not implemented until January 2015 due to some confusion of the Treasurer, Leah Bates, on the effective date. This issue had to take place in tribal court with Governor Edwina Butler-Wolfe and Representative Kenneth Blanchard filing a Declaratory Judgement against Treasurer Bates as when the date would be effective.

The AST Court decision was rendered and declared the effective date of August 20, 2014, Case CIV-2014-109 was the assigned case number.

Additional Referendum Action by the Absentee Shawnee People

April 4, 2015- General Council discussion by council membership voiced their concerns to put more restriction of future candidates running for any elected position to have a valid driver's license, a negative drug test, and have a high school diploma or GED.

Resolution E-AS-2015-40 was passed in the Regular Executive Committee Meeting, August 24, 2015, recognizing the results of the referendum vote on June 20,2015, as certified by the Election commission,

to amend the Election Ordinance and require that candidates for office: 1) must have a high school diploma or GED; 2) must possess a valid Oklahoma Driver's License; and 3) must have a negative drug and alcohol test result.

The additional referendum vote action by the Absentee Shawnee Tribal Council Membership was to increase the election commission budget to \$50,000.00.

These were just a few of the highlighted topics that I had mentioned; however, there are many more topics of battles and struggles in the last five (5) years as

Governor.

I did mention the Cattle and made an onsite visit at both sites, Little Axe and Shawnee on Tuesday, January 9, 2018. My first stop was at the Little Axe site and was accompanied by Lt. Governor John Johnson, Representative Anthony Johnson, Kevin Blanchard and Andy Warrior. I am happy to report the cattle appeared very healthy. We have at the time of my visit 25 cows plus a donkey not included. As the days pass we are increasing the numbers as the 25 cows will be having babies. If they all have good births and survive.

The Shawnee site which is near the Earlsboro and I-40 Exit was accompanied by Lt. Governor John Johnson and Andy Warrior and John Mann. We have 92 heads of cattle at this site. Both sets of cattle look like very healthy cows are being cared for from the day I made my visit.

At the Little Axe site there are much needed repairs to be done on the fencing. The Executive Committee and I should really take a good look at what the cost to date has been for the tribe and what we really want this project to do for the tribe now and in the future. At this point in time, I cannot give you the most needed information of how much the cost has been as I do not have those figures but will work to get a long-range plan for this project and a true cost.

I would like to thank John Mann, Kevin Blanchard and Andy Warrior for taking care and attending to the Absentee Shawnee Tribal Cattle Project. Also, the AST Tribal maintenance department for their help in the project.

Other needs of the Tribe would be to investigate contracting for the Department of Defense. It seems President Trump is allocating more funds to this area. Fortunately for the Tribe, we do have a tribal member who has knowledge already in this area and could be utilized to explore Defense Contracts to help bring in additional revenue into the tribe. At some point, the Tribe needs to explore other revenue producing businesses to supplement our gaming revenue.

Some areas of possible projects for the Tribe:

Government Contracting

Medical Marijuana this topic will be placed on the State Ballot in June 2018 to be voted on by the Citizens of Oklahoma.

Charter School for Native Youth.

The Collier Case which is the land issue between the Absentee Shawnee Tribe and the Citizen Potawatomi Tribe.

Land into Trust.

CLOSING

The Native American Technology sector needs to be more heavily researched and invested in. We, the tribe, need to consider being leaders and examples of being a highly advanced tribal nation. I say we invest in technology manufacturing ownership. We can pull resources from outside and inside for engineers and technology majors. The opportunity will increase education and job growth for our youth as well as middle aged people. The future is creeping on us and we need to jump on the "spaceship" or we're going to be left behind.

The United States has failed to be leaders in cleaner energy needs and due to poor administration leaders in Washington, DC at this current time. This is the opportunity to show the world we as Native Americans can band and unite like our leader Tecumseh tried to do 200 plus years ago. The Great Shawnee Nation has the international assistance as well. The entire world is moving to cleaner energy, 139 countries are moving to cleaner energy with wind, solar, and various other methods that are eco-friendly. This would decrease the environmental impact on our planet and the way our life is headed.

Opening these channels would allow our tribal nation to negotiate with the federal government in government contracting with defense and other ventures not limited to energy and medical. It's time we expand beyond Shawnee and Little Axe and move forward with the rest of the world. The world is advancing around us and we need to be more conscious of our place in the world not just Shawnee or Little Axe,

Oklahoma. The ideas need to be bigger. I've sat and watched our tribe fester into confusion and ill will towards each other. The AST People and Executive Committee need to re-examine their goals, start getting involved with the future. The chances of us to save our identity are decreasing day by day and we need to utilize other businesses to sustain our identity and cultural traditions. I will continue to be a voice for our tribal people in this venture as we build for a better future.

December and 3	January Governor's Meetings: Tribal Office Closed only the AST Campus due to water was shut off the morning of December 18, Everyone reported to work at 1:00 pm.
21st	Directors Meeting: Departments that attended: Police, Media, Domestic Violence, Building Blocks III, Education, Building Blocks II, Social Services, Cultural Preservation, Absentee Shawnee Housing, Health. Executive Committee Members that attended: Governor
22nd	Christmas luncheon with oversite directors and staff in the conference room
25th & 26th	Christmas Break- Offices Closed
27th	Interviews for selection of the Office of the Secretary Selection was made: Ezra Delodge.
28th	2:00 pm meeting with David Rolette, Teacher and AST Tribal Member at Shawnee Public School. Jacob Tsotigh, South Central Comprehensive Center and I met on discussion Of In-service training for the Shawnee Public School Teachers.
JANUARY	
1ST & 2ND	Tribal Office Closed
2nd	CTSA Training at 9:00 am
3rd	9:00 am CTSA Monthly Board Meeting 11:30 am- In-service training at Shawnee Public School. David Rolette, Teacher and Coach Jacob Tsotigh, South Central Comprehensive Center, Graham Primeaux, Shawnee Title VI Di-
rector, Kristen V	Wilson, Shawnee Public School Board Member and myself.
6th	White Turkey Meeting
8th	Met with a local tax person of possible working with our tribe with tax filing for our tribal Members.
9th	Day outing to count our cattle
12th	Attended the 40 Year State Champion Event at Dale High School where I was one of many former basketball players honored for winning the first girls basketball championship.
13th	Tribal Address speech at 11:00 am
15th	Martin Luther King Day – Tribal Office Closed
16th	Health Board Meeting
17th	Executive Meeting was postponed due to Tribal Veteran Funeral Services 2:00 pm DOI (Department of Justice) Meeting, Discussion of
Tribal Justice	2:00 pm DOJ (Department of Justice) Meeting- Discussion of Strategic Planning.
	on angle I fairning.

Executive Committee Meeting at 10:00 am.

18th

EXPRESSIONS

For those families who lost a loved one this month I offer my sincere condolences to you and your family on your loss.

CONCLUSION

My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) – united and together!

Respectfully,

Governor Edwina Butler-Wolfe 405 275-4030, Ext: 6308 405 481-0397 Tribal Cell Phone

Edwina Butler-Wolfe is honored along with her teammates for winning the first Girls Basketball Championship for Dale High School.



Gov. Edwina Butler-Wolf with basketball coach Harold Jones





Gov Edwina Butler-Wolfe poses with State Championship trophy and teammate Vicki Butler-Wilson.



Ezra Delodge is sworn in as Tribal Secretary LtoR: Representative Anthony Johnson, Treasurer Leah Bender, Governor Edwina Butler-Wolfe, Lt. Governor John Johnson, and Secretary Ezra Delodge



Governor Edwina Butler-Wolf meets with Shawnee Schools educators. LtoR: David Rolette, Teacher & Softball coach at Shawnee High School; Kristen Wilson, Shawnee School board member; Gov. Edwina Butler-Wolfe, AST; Jacob Tsotigh, OU South Central Comprehensive Center; Graham Primeaux, Director of Indian Education, Shawnee Public Schools



Tribe members attend the Governor's address January 13, 2018.



Governor attends 40 year State Championship reunion, Dale High School LtoR (Back): Coach Harold Jones, Vicki Butler-Wilson, Lynna Goss-Taylor, Lora Long-Wapepah, Kay Stith Walck, Gov. Edwina Butler-Wolf. (Front): Terri Flewallin Griffith, Maxanne Morgan Kline, Kim Bly Blakely (Kneeling): Tina Stith Burgess, Teresa Jordan, Gay Stith Faulk

Treasurer's Report -- January 2018

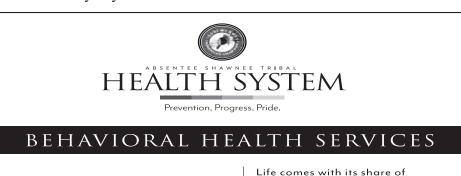
By Leah Bender, AST Treasurer

The Executive Council's overall goal is to diversify tribal government and guide positive future growth of the Tribe. We have, as members of the E.C., analyzed governmental systems and developed new strategies in order for the Tribe to successfully move in a positive direction. During the last six months, I initiated and developed many different projects that successfully navigated positive change for the Tribe. The following is a list of completed and in-progress projects I have initiated during my time as your Treasurer:

- All Nations Bank: currently working with the EC for development of the strategic planning process in order for the bank to take on positive growth; financial training for the E.C. to understand its role as shareholder's representatives;
- ASEDA, Inc.: Spearheading the recruitment and selection of the new Board members, Strategic Board development, program and fiscal accountability; Strategic Planning, Budgeting, transparency, Action Plans, program development;
- Finance:
- o Began 2017 comprehensive Audit-Target completion date by May 2018; this will assure compliance with proper accounting and fiscal responsibility to the Tribe;
- o Policies & Procedures development-Target completed by January 2018. This will assist the Tribe in better management and oversight of fiscal processes to align our financial goals growth;
- o Inventory System-Procurement and Finance for Asset tracking: this will assist us with better monitoring of Tribal funds and assets
- o Investment Policy-Completed by December; this includes the management and oversight of the Minors' Per Capita Fund so these funds will grow now and in the future;
- o Electronic record keeping for Executive Committee members review at any time
- Procurement:
- o Development of the paperless system (LaserFiche) which improves accountability and environmental outputs;
- o Auction: Working with Representative's office for clearing out our inventory and storage space in order to develop additional fund revenue for the Tribe;
- o Vendor set up and authorization's for purchasers which includes a more streamlined system to better manage and maintain the flow of goods
- o Policies and Procedures Completed by January 2017: institute and develop a better management system for procurement of goods and services on behalf of the Tribe
- MIS: Implement the following practices to better manage electronic systems to benefit the Tribe:
- o Cyber Security
- o Asset Tracking

- o Disaster Recovery
- o Unified Purchasing
- o Reorganization two separate systems between the government and Health IT systems for added efficiency and security;
- o Software upgrades
- o January 2018 begin creation of Policy and Procedures for MIS/IT
- Net Forum: DATA tracking and easy access for information for Tribal members
- Prodigy: Working with Secretaries office and enrollment on our current software system that provides a large scale of capabilities that were never used to the maximum.
- Grants and Compliance-Grants management software to manage all grants from financials, reports, and deadlines;' ensure compliance with all state, federal, and private grants to ensure the successful financial management of grants and contracts in order to go after additional grants and contracts with a stronger success rate;
- Comprehensive Planning for tribal departments goals and achievements' to ensure positive growth to begin in January 2018.
- Strategic Planning for the tribe to assist us with managing cultural, economic, governmental community, and health assets to begin in January 2018.
- Create protocols for successful economic development strategies for the Tribe.
- Developing Templates for RFP's (contracts) and developing, implementing, and establishing a more efficient proposal process.

 The current Executive Committee has worked diligently to provide support and communication to my office to achieve the overall goal of success for the tribe. We will progress forward and accomplish goals each and every day as a team.



A guiding hand on your shoulder.

challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m. Monday through Friday.

LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026

405.447.0300

BEHAVIORAL HEALTH

Rolanda Smith 405.701.7987

SHAWNEE CLINIC 2029 S. Gordon Coop

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850 • 1.877.878.4702 (*Toll-free*)

BEHAVIORAL HEALTH
Roberta Cooper 405.878.4716

 \triangle AAAHC

Services available for all Federally Recognized Tribes.

W W . A S T H E A L T H . O R G

Child Care Development Fund (CCDF) Programs

The CCDF Subsidy program allows Native American parents the opportunity to seek quality child care while they are employed full-time or attending school up to a bachelor's degree in a full-time program with the goal to obtain full-time employment. As of 10/1/17, we have 28 children from 16 families who receive child care assistance through the subsidy portion of the CCDF grant. Of those, 9 are AST Children and 6 families have a family member who is employed with the AST or one of its enterprises. The purpose of this program is to maintain compliance with the CCDF guidelines and ensure the proper use of funds. We are currently in our subsidy renewal period and hope to assist just as many families and children as our last fiscal year.

As the CCDF Coordinator, I have submitted the required FY2017 reports to the funding agency. The next CCDF Plan Preprint will be due in 2019. When the time comes, the CCDF program will hold a public hearing to review the proposed changes as was done in 2016.

Building Blocks CDC II & III continue to operate according to the CCDF guidelines as well as the Oklahoma DHS licensing standards. BBII again received the Excellence certification from the Certified Healthy Oklahoma program through the Oklahoma State Department of Health. BBII will be able to use the distinction when referencing accomplishments to the public and to families interested in enrolling.

The Horse Shoe Bend After School Program (ASP) has opened for the spring semester of the 2017-2018 school year. The Horse Shoe Bend ASP provide after school services and tutoring for the North Rock Creek Schools.

The AST Shawnee After School Program has once again opened on the Tribal Complex for the 2017-2018 school year. The program is located in the modular buildings across from Building Blocks II. We are open after school only and provide tutoring and supervision throughout the school year. Currently there are 21 children in our ASP Shawnee program who are transported from Shawnee and Tecumseh Schools.

Our goals through the CCDF grant, Building Blocks enterprise and the After School Programs is to provide quality child care to Native and non-native children in our communities. We do this by our innovative ideas on curriculum and staying abreast of all training and requirements to maintain higher levels of care. We strive to be the best and be better than the best every day. If you are interested in any of these programs or have any questions please feel free to contact me at the number above or by email, briana.ponkilla@astribe.com.

Ni yi wa! (Thank you) Briana Ponkilla CCDF Coordinator



EXTENDED HOURS: 9 a.m. - 9 p.m. Monday - Friday

9 a.m. - 5 p.m. Wonday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday. We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



2029 South Gordon Cooper Drive | Shawnee, OK 74801 **405.878.5850** or **1.877.878.4702** (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m. M-F. Closed the first Wednesday of every month from noon-5 p.m. Closed Sundays & holidays.



WWW ASTHEALTH ORG

Building Blocks CDC II, Shawnee - February News

We had such a busy December and January.

December: The children were able to enjoy their Christmas parties with a special guest, SANTA! Who left a gift for each of the children at the center! We would like to say thank you to the AST Police Department and a very special thank you to Officer Brinker for making sure Santa arrived safely. Unfortunately, we had to cancel the Annual Christmas Program due to having so many children out with the Flu; we can happily report that it seems the flu has finally left the center.

January: January is always a bit quieter for the center as the kids head back to school and we settle into a new year. But as always the kids keep us on our toes. Due to colder temperatures, outdoor play is limited but they have the same energy which makes for fun Big Room time and activities.

BUILDING BLOCKS Dates to Remember:

February 14: Valentine's Parties at 3:00pm

February 19: Closed for President's Day













Absentee Shawnee Tribe of Oklahoma Building Blocks CDC 16051 Little Axe Drive Norman, OK 73026 P: (405) 360-2710

F: (405) 360-2716



ASTHS February 2018 Monthly Update

The year in review for 2017 showed it was another great year for your AST Health System! We're increasing patient care and access to even more services, more reliable, for more tribal members, generating more employment opportunities and

revenue for the health programs than has ever been achieved in the tribe's history within its health programs! Highest third party revenue month, ever recorded by health, breaking 2 more record setting months in 2017! More AST Tribal Members received approved contract health services than ever – in the Tribe's history! More pharmacy coverage provided to patients and tribal members – than ever! We added thousands of new patients to our services, saw a huge return of AST members coming back to their health system, as well as maintaining great customer service and ever improving patient satisfaction scores! The Healthy Business Award from the OK State Health Department was awarded again to the health system, further illustrating our continued ability to promote and advance health and wellness to our patients and community. We continue to sustain our nationally recognized Accreditation Association for Ambulatory Health Care (AAAHC) and actively are preparing for our third year re-assessment. We also continue unprecedented patient services expansion never before seen by your health system year to year, with more renovation projects and growth by the tribe, improving the facilities and business atmosphere desired by our patients! Please continue to use your flu precautions as we are in an unprecedented season this year as well as the possibility and concern of a second flu outbreak this year. We will continue to advise you on the status and preparations as more information becomes available. Patients will experience longer than usual wait times at the walk-in clinics due to the significant amount of flu patients experiencing symptoms or coming down with the full blown flu virus. We wish everyone a prosperous and very Happy New Year, and continued good health in this New Year – we are strong and great because of our patients, our staff, and the tribe - thank you for your dedicated support!

We are always thankful and very proud of our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the year for 2017 was Lisa Harrington, Diabetes and Wellness Director. She was elected to represent the staff and employees by vote of the employees of the health system from the 12 eligible Employees of the month awardees from 2017. The AST Health System strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

Health Employee Awards of the Month

Employee of the Month Team of the Month Special Leadership Award Marvin Smith, LAHC Behavioral Health Counselor James Wilbanks and Vanessa Coon, Electronic Health Records team Misty McGirt, LAHC Housekeeping/Maintenance

Mark E. Rogers, MAL, FACHE, CMPE, CHC

Executive Director



February 2018 - Scheduled Closings

Date:	Time(s)	Locations:
	Closed:	
Wed., Feb. 7 th	Noon to 5	All AST Health facilities CLOSED
(1st Wed of month)	PM	- PlusCare Clinic & Shawnee Clinic Ext Hours re-OPEN at 5p until 9p (last patient accepted at 8:30p)
Mon., Feb. 19 th	All Day	All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at
(President's Day)	All Day	4:30p)

^{*} In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay: Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

Sign up, stay connected.

ONLINE PATIENT PORTAL>

for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results?

Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to www.asthealth.org/patient-portal to register.

For more help, call your clinic, and we'll walk you through it.



Install the app on iPhone or Android for real-time access to your health information





^{**}Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health",
Twitter @ASTHealth & on ASTHS website at www.asthealth.org

CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines. Keep a copy on hand and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

- 1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
- 2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
- For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- 4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence my include payment from private insurance.
- 5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

- To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
 - For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- 2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
- Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
- 4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

- You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
- To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
 - For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- You must utilize the services provided within AST health clinics prior to being referred out.
- Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
- 5. An appointment will be scheduled, and a COB will be sent to the outside provider.
- 6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER CHS

405.701.7951 (Please follow voice prompts) **405.447.0300** (Secondary)

SHAWNEE CLINIC CHS

405.878.5850 (Primary) **405.878.4702** (Secondary)





Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER

15951 Little Axe Drive Norman, OK 73026 **405.292.9530**

Lobby:

Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:

Mon - Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:

Mon – Fri 5:30 p.m. to 9 p.m. Sat – Sun 9 a.m. to 5 p.m. Holidays 9 a.m. to 5 p.m.

(excluding Thanksgiving & Christmas)

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

SHAWNEE CLINIC

2029 South Gordon Cooper Drive Shawnee, OK 74801

405.878.5859

Regular Hours:

Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:

Mon – Fri 5 p.m. to 9 p.m. Sat 9 a.m. to 5 p.m.

Closed Sundays & Holidays

*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



AAAHC

Dear Absentee Shawnee Tribal Members:

My name is Atheda Edwards-Fletcher and I am soliciting your support in my pursuit of the position of Tribal Representative in the upcoming tribal election. I wish to get all tribal members to take a closer look at my qualifications and why I am the best choice for the office of Tribal Representative.

I want to bring fresh ideas and positive solutions to the management of the programs that are currently the responsibility of the Tribal Representative. If elected, I will diligently work to preserve our tribal language; ensure that our distinct traditions and culture are kept alive and thriving; and



strive to bring all tribal members together to preserve our history.

Our language is primarily spoken by middle-aged or older adults, and if no one is speaking a language, it will slowly die away. Scholars project that without immediate and persistent action; only 20 native languages will still be spoken by 2050. My goal is to provide operational excellence and sound financial management to maximize the usage of funds for these programs that will support the continuation of our language, traditions and culture so that they do not go to the wayside. If elected, I will actively work alongside the Tribal Historic Preservation Officer to protect our historical properties and cultural traditions. I will embrace the responsibilities for the preservation of significant historic properties on tribal lands and represent our tribe to the fullest of my abilities. All of this work will require development of programs, research, grants, and advocacy work. All this can be achieved along with growing our tribe organizationally in this modern time.

The Tribal Representative is also responsible for Human Resources. I bring to the table more than 10 years of professional experience gained with a Fortune 100 corporation where I managed high-value, multimillion dollar programs and managed many of the day-to-day human resources issues. I am a certified Human Resources professional, with a B.A. degree in Human Resource Management from the University of Central Oklahoma, Edmond, Oklahoma, wherein I graduated at the top of my class. I was also presented with the Multicultural Student Services Certificate of Academic Excellence. I believe that I can contribute to the general framework of the Human Resources Department to ensure effective operations and continual improvement.

Never has it been more important to elect a person who is unbiased; who can represent every tribal member's voice; someone who will work tirelessly to bring about positive changes to our tribe; someone who is willing to act in the Tribe's best interest and bring a higher level of cooperation and management to the forefront. I believe that I am capable of meeting the challenge and I look forward to the work ahead. I ask that you cast your vote for me in this upcoming election.

Atheda W. (Edwards) Fletcher

Emergency Management

Snowstorms and Extreme Cold - Part I

This article will be Part I of a series of articles on this topic that will explain what action to take when a winter storm alert is given and what to do before, during, and after a snowstorm or extreme cold.

Part I: Before and During Snowstorms and Extreme Cold

Know Your Risk

A winter storm occurs when there is significant precipitation and the temperature is low enough that precipitation forms as sleet or snow, or when rain turns to ice. A winter storm can range from freezing rain and ice, to moderate snowfall over a few hours, to a blizzard that lasts for several days. Many winter storms are accompanied by dangerously low temperatures.

Winter storms can cause power outages that last for days. They can make roads and walkways extremely dangerous or impassable and close or limit critical community services such as public transportation, child care, health programs and schools. Injuries and deaths may occur from exposure, dangerous road conditions, and carbon monoxide poisoning and other conditions.

Before Snowstorms and Extreme Cold

- Make a Family Communications Plan. Your family may not be together when disaster strikes, so it is important to know how you will contact one another, how you will get back together and what you will do in case of an emergency.
- Make an emergency kit for at least three days of self-sufficiency.
- Keep space heater safety in mind: Use electric space heaters with automatic shut-off switches and non-glowing elements. Remember to keep all heat sources at least three feet away from furniture and drapes.
- Prepare your home:
- o Make sure your home is well insulated and that you have weather stripping around your doors and window sills to keep the warm air inside
- o Make sure you have a working carbon monoxide detector.
- o Keep fire extinguishers on hand, and make sure everyone in your house knows how to use them. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.
- o Learn how to shut off water valves (in case a pipe bursts).
- o Insulate your home by installing storm windows or covering windows with plastic from the inside to keep cold air out.

Consult a professional to check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow - or water, if drains on flat roofs do not work.

If you have a wood burning fireplace, consider storing wood to keep you warm if winter weather knocks out your heat. Also, make sure you have your chimney cleaned and inspected every year.

Have at least one of the following heat sources in case the power goes out: Extra blankets, sleeping bags and warm winter coats

Fireplace or wood-burning stove with plenty of dry firewood, or a gas log fireplace

Prepare your vehicle:

Fully winterize your vehicle: Have a mechanic check antifreeze, brakes, heater and defroster, tires, and windshield wipers to ensure they are in good shape. Keep your gas tank at least half full.

Keep an extra emergency kit specifically created for your car. In addition to the basic essentials, consider adding a portable cell phone charger, ice scraper, extra blanket, sand for traction and jumper cables.

Rock salt or more environmentally safe products to melt ice on walkways. Sand to improve traction.

Make sure you have a cell phone with an emergency charging option (car, solar, hand crank, etc.) in case of a power failure

People who depend on electricity to operate medical equipment should have alternate arrangements in place in case power is out for an extended period of time.

Plan to check on elderly/disabled relatives and neighbors.

Plan to bring pets inside.

Know where the manual release lever of your electric garage door opener is located and how to operate it in case you lose power.

Fill a gallon container with water and place them in the freezer to help keep food cold.

A NOAA Weather Radio broadcasts alerts and warnings directly from the NWS for all hazards. You may also sign up in advance to receive notifications from your local emergency services.

During Snowstorms and Extreme Cold

- Stay indoors during the storm.
- Drive only if it is absolutely necessary. If you must drive: travel in the day; don't travel alone; keep others informed of your schedule and your route; stay on main roads and avoid back road shortcuts.
- Walk carefully on snowy, icy, walkways.
- Avoid overexertion when shoveling snow. Overexertion can bring on a heart attack—a major cause of death in the winter. Use caution, take breaks, push the snow instead of lifting it when possible, and lift lighter loads.
- Keep dry. Change wet clothing frequently to prevent a loss of body heat. Wet clothing loses all of its insulating value and transmits heat rapidly.
- If you must go outside, wear several layers of loose-fitting, lightweight, warm clothing rather than one layer of heavy clothing. The outer garments should be tightly woven and water repellent
- Wear mittens, which are warmer than gloves.

Emergency Management

• Wear a hat and cover your mouth with a scarf to reduce heat loss.

Cold Related Illness

- Frostbite is a serious condition that's caused by exposure to extremely cold temperatures.
- o a white or grayish-yellow skin area
- skin that feels unusually firm or waxy
- o numbness
- o If you detect symptoms of frostbite, seek medical care.
- Hypothermia, or abnormally low body temperature, is a dangerous condition that can occur when a person is exposed to extremely cold temperatures. Hypothermia is caused by prolonged exposures to very cold temperatures. When exposed to cold temperatures, your body begins to lose heat faster than it's produced. Lengthy exposures will eventually use up your body's stored energy, which leads to lower body temperature.
- o Warnings signs of hypothermia:
- o Adults: shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech drowsiness
- o Infants: bright red, cold skin, very low energy

If you notice any of these signs, take the person's temperature. If it is below 95° F, the situation is an emergency—get medical attention immediately. Carbon Monoxide

Caution: Each year, an average of 430 Americans die from unintentional carbon monoxide poisoning, and there are more than 20,000 visits to the emergency room with more than 4,000 hospitalizations. Carbon monoxide-related deaths are highest during colder months. These deaths are likely due to increased use of gas-powered furnaces and alternative heating, cooking, and power sources used inappropriately indoors during power outages.

• Never use a generator, grill, camp stove or other gasoline, propane, natural gas or charcoal- burning devices inside a home, garage, basement, crawlspace or any partially enclosed area. Locate unit away from doors, windows and vents that could allow carbon monoxide to come indoors. Keep these devices at least 20 feet from doors, windows, and vents.

- The primary hazards to avoid when using alternate sources for electricity, heating or cooking are carbon monoxide poisoning, electric shock and fire.
- Install carbon monoxide alarms in central locations on every level of your home and outside sleeping areas to provide early warning of accumulating carbon monoxide.
- If the carbon monoxide alarm sounds, move quickly to a fresh air location outdoors or by an open window or door.
- Call for help from the fresh air location and remain there until emergency personnel arrive to assist you.

Stay or Go

STAY:

- If stuck on the road to avoid exposure and/or when rescue is likely
- If a safe location is neither nearby or visible
- If you do not have appropriate clothing to go outside
- If you do not have the ability to call for help

GO:

- If the distance to call for help is accessible.
- If you have visibility and outside conditions are safe.
- If you have appropriate clothing.
- Once the storm has passed, if you are not already home, follow instructions from your local transportation department and emergency management agency to determine if it is safe to drive and, if so, which route will be safest for you to get home. Drive with extra caution.

Part II will cover After Snowstorms and Extreme Cold

Contact information:

Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address:

Iday@astribe.com

EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595	Report Power Outage
	1-800-522-6870	-
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

FY-2017 YTD TAX COLLECTIONS (through 12/31/2017)

									•	_	•		•	
TAX													YEAR-TO-DATE	% OF TAXES
CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	TOTAL	COLLECTED
Sales (6%)	\$1,050.71	\$10,504.68	\$6,327.41	\$1,249.55	\$11,726.12	\$5,626.42	\$5,788.21	\$6,196.86	\$6,000.02	\$1,077.12	\$11,160.42	\$6,334.56	\$73,042.08	2.40%
Gaming % of free cash	\$250,000.00	\$200,000.00	\$150,000.00	\$100,000.00	\$250,000.00	\$300,000.00	\$200,000.00	\$250,000.00	\$150,000.00	\$250,000.00	\$239,499.80	\$250,000.00	\$2,589,499.80	85.17%
Employee (1%)	\$7,658.64	\$21,213.62	\$11,265.34	\$7,924.08	\$15,147.53	\$15,133.49	\$13,042.41	\$11,803.29	\$11,235.03	\$11,201.14	\$15,062.98	\$13,573.74	\$154,261.29	5.07%
Severance (8%)	\$3,310.81	\$831.89	\$867.28	\$658.59	\$4,176.63	\$1,052.37	\$2,297.27	\$873.02	\$2,985.08	\$1,990.05	\$931.90	\$0.00	\$19,974.89	0.66%
Motor Vehicle	\$11,861.13	\$16,062.81	\$19,746.67	\$11,107.82	\$14,387.88	\$13,723.64	\$12,730.96	\$13,259.04	\$16,556.62	\$11,238.02	\$11,439.86	\$11,752.45	\$163,866.90	5.39%
Tobacco Refund	\$2,216.22	\$690.73	\$649.57	\$974.45	\$773.32	\$3,795.17	\$3,787.48	\$4,455.66	\$5,274.12	\$4,002.32	\$4,874.32	\$4,423.79	\$35,917.15	1.18%
TOTAL TAXES	\$276,097.51	\$249,303.73	\$188,856.27	\$121,914.49	\$296,211.48	\$339,331.09	\$237,646.33	\$286,587.87	\$192,050.87	\$279,508.65	\$282,969.28	\$286,084.54	\$3,036,562.11	
Miscellaneous	\$516.46	\$212.50	\$138.10	\$140.30	\$85.15	\$125.15	\$220.15	\$207.65	\$145.21	\$190.75	\$510.00	\$1,261.00	\$3,752.42	0.12%
TOTAL COLLECTIONS	\$276,613.97	\$249,516.23	\$188,994.37	\$122,054.79	\$296,296.63	\$339,456.24	\$237,866.48	\$286,795.52	\$192,196.08	\$279,699.40	\$283,479.28	\$287,345.54	\$3,040,314.53	100%

ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive Shawnee, OK 74801 (405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

<u>Note:</u> You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

1-4 YEARS \$85 5-8 YEARS \$75 9-12 YEARS \$55 13-16 YEARS \$35 17- OVER YEARS \$15

PENALTY

\$0.25 A DAY



Prevention. Progress. Pride.

SECOND WIND TOBACCO CESSATION PROGRAM

Session Name	Date	Time
Session 1: Understanding basic tobacco facts	January 16,2018	2:00-3:00pm
Session 2: Exploring factors that contribute to smoking	January 23,2018	2:00-3:00pm
Session 3: Coping skills and relaxation techniques	January 30,2018	2:00-3:00pm
Session 4: Identify potential danger situations	February 6,2018	2:00-3:00pm
Session 5: Building personal support networks	February 13,2018	2:00-3:00pm
Session 6: Long –term benefits with ending commercial tobacco use; and certificate of participation	February 20,2018	2:00-3:00pm

Location: <u>Little Axe Health Center</u>

Training Room

Facilitator: Marvin Smith, LPC/LADC, Therapist

Contact Information: Rolanda Smith 405-701-7987



Primary Election Cancelled

FROM THE ELECTION COMMISSION:

In a joint meeting, on January 22, 2018, between the Executive Committee, the Election Commission and the potential candidates of the upcoming election, a decision was made that the Primary Election on March 17, 2018 will not be held this year.

The decision was made because there were no more than two (2) candidates running for the positions due for election this year. All candidates were advanced to the June Run Off Election which will be held on Saturday, June 16, 2018, as required by the Absentee Shawnee Tribal Constitution.

Prospective candidates for elective office for 2018.

EXECUTIVE COMMITTEE

Lt. Governor

Kenneth Blanchard

Andrew Warrior

ELECTION COMMISSION

Deputy Commissioner

Shirley Adkins

Tribal Treasurer

Phillip Steven Ellis

Leah D. Bender

Atheda W. Fletcher

Anthony "Tadpole" Johnson, Jr.

Tribal Representative

Commission Member #1

No One Filed

ABSENTEE SHAWNEE TEE SH SEX OFFENDER REGISTRATION AND NOTIFICATION ACT EMAIL: SORNA@ASTRIBE.COM

TIPLINE 405-273-1249

Absentee Shawnee Tribe Behavioral Health Services



WHITE BISON, Inc. A Cultural Approach to Personal Recovery **Substance Abuse**

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building (east of the Shawnee Clinic, Bidg. 16)

For further information, contact:

Shawnee Behavioral Health Services: John 405-878-4716 Little Axe Behavioral Health Services: Dara 405-701-7987

Care on your schedule, that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

HOURS OF OPERATION:

9 a.m.-9 p.m. Monday — Friday 9 a.m.-5 p.m. Saturday — Sunday 9 a.m. -5 p.m. Holidays (except Thanksqiving & Christmas)

PlusCare will be closed the first Wednesday

First appointment – 9 a.m.
Last appointment – 8:30 p.m. Monday – Friday
Last appointment – 4:30 p.m. Saturday Sunday & Holidays

Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. On evenings. On weekends. This is all for you.



Prevention. Progress. Pride.



15702 East State Highway 9 · Norman, OK 73026 Phone: 405.447.0477 Fax: 405.366.8996

W W W . A S T H E A L T H . O R G

Title IV News

February 2,



February 14,



February 16,



Chinese New Year Year of the Dog

February 19,



RESIDENTS AST Complex Closed

No Meals will be served or delivered



Winter Olympics start on Feb 9th to Feb 25



Now sure if we still will see some winter storms or just pure coldness, Absentee Shawnee Tribe – Severe Weather Policy effective December 2013 states:

2. PROVISIONS

a. Prior to normal starting time it will be announced on one of the local television or radio channels that the Absentee Shawnee Tribe is open and/or closed based on weather severity. The Governor, and/or designee, will report to these channels: Channel 4, 5, 9, Fox 25; Radio- KTOK 1000; KOCK 1520 AM. Formerly the policy has been that when schools in Little Axe and Shawnee are closed then employees would be allowed administrative leave. This policy seeks to clarify on procedures and gives the decision making process back to the Tribe.

b. On days when weather conditions worsen as the day progresses, the Governor or another Member of the Executive Committee may decide to close early. In such cases, a decision and an announcement will be made through email to all employees

Any concerns or questions please feel free to contact us at 405-275-4030 ext 6227







2% milk served daily

Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Hot Dog Pot Salad Chips Pears	Cereal Banana Toast Boiled Egg	3
4	5 Salisbury Steak Mashed Pot/Gravy Veggies Apricots	6 Stew Crackers Chez Sticks Crisp	7 Baked Chicken Wild Rice Salad Bar* Peaches	8 Ham Sweet Pot. Black eye Peas Bread	9 Scrambled Eggs Sausage Gravy Biscuit	10
11	Cold Cut Sandwich Veggie Soup Cookie	13 Chicken Fajitas Bell Peppers n Onions Tortilla Mandarin Oranges	Pork & Potatoes Greenbeans Cake	Burrito W/ Chili Chez, Onions Spanish Rice/Jell-O	16 Boiled Egg Sausage Patty Fruit	17
18	19 AST Complex Closed Presidents Day	20 BBQ Pork Sandwich Baked Beans Onions Mixed Fruit	21 Chicken Fry Steak Mashed Pot/Gravy Green Beans Applesauce	Spaghetti Meat sauce Veggies Bread Stick	23 Scrambled Eggs Sausage Gravy Biscit	24
25	26 Pork Chop Mac n Tom Bread	27 Baked Pot. Onions, Chez Broc w Chez Pudding	Beans w/ Ham Steakfries Cornbread/Peaches			

NOT GOING TO BE HOME!!! CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER



LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM

BREAKFAST SERVED FRIDAYS

9AM TO 11AM

FREE MUSIC LESSONS

Guitar • Bass • Piano • Drums

Available to all Native Americans w/CDIB#
For details, call Absentee Shawnee Behavioral Health

405-878-4716

ICW - Foster Care

THE INDIAN CHILD WELFARE ACT OF 1978

The Indian Child Welfare Act is a 1978 federal law. It offers protections to Indian children, parents, guardians and tribes in cases in which a child has been removed from its home. The ICWA forces state courts to recognize the political, cultural, and social standards of Indian tribes and peoples. The Court must consider those standards during any proceeding or placement of the child. The ICWA protects the best interests of Indian children and seeks to promote a stable, secure Indian family.

PARTIES PROTECTED BY THE ACT

Indian children are those enrolled in a tribe or eligible to be enrolled, with at least one parent who is a member of an Indian tribe. The ICWA also protects three other parties. First, it protects the custodial parents of an Indian child should they be accused of wrongdoing. The ICWA makes the state courts provide full notice of all hearings, use expert witnesses, and follow a higher standard of proof than in non-Indian cases. The Act also makes the state court appoint an attorney to represent the parents if they are unable to afford one. Second, the ICWA protects Indian custodians. Indian people who have raised a relative child as if they were their own, or people to whom the natural parents have given temporary custody, are entitled to the same type of notice and protections as the natural parents. Finally, the Act protects tribal rights as well. The state court must give notice to the tribe and generally follow its recommendations about placement. If these parties' rights are not protected, the Act allows any of them to overturn the result of the state court. The ICWA does not apply in three types of cases. It does not apply in divorces or divorce modifications, unless a termination of parental rights is involved or custody is given to someone other than the natural parents. It does not apply if the child in custody is accused of a crime. Finally, Oklahoma courts have created a third exception to the law: the ICWA does not apply to noncustodial Indian parents who do not support or visit their children.

STATE AUTHORITY OVER INDIAN CHILDREN

In some cases, Oklahoma lacks any kind of authority over an Indian child. If the child lives on trust or restricted land, or in an MHO Housing cluster, or in a dependent Indian community, the state may not have authority to proceed. Under the ICWA, the case must be heard in the tribal court. For other Indian children, the state shares jurisdiction with tribal courts. However, the Supreme Court has said that tribal courts are the preferred court for Indian children. An Indian parent or tribe may request that a case be transferred to tribal court for proceedings.

If a child is placed in foster care, the Act requires the state to follow placement guidelines. The State must follow the Tribe's Tribal State Agreement and Placement Preferences

"RESPECT THE INDIAN CHILD WELFARE ACT BECAUSE OUR CHILDREN ARE NOT YOURS TO TAKE"

Before placing a child in a non-familial or non-tribal final home, states are required to make what are called "active efforts" to place the child in an ICWA-compliant situation. These efforts include mandatory attempts at parental and familial reunification before terminating rights permanently, and consultation with the tribe in a timely manner.



ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT Ronelle Baker ICW Director 395-4491 Julie Wilson Child Protective Services/Foster Care 395-4492 Jackie Denny PSSF Program 395-4493

ICW HAS MOVED TO 105 N. KIMBERLY AVENUE

Midnight calls, long drives across state and emotional encounters all make it difficult for social workers in child protection services to really ever "clock out." Their job doesn't end when the typical 40-hour work week is over. The true nature of the profession requires them to be available at a moment's notice, 24/7, 365 days a year.

Please Report Child Abuse You could be saving a child's life.

IF YOU ARE A GRANDPARENT THAT IS RAISING YOUR GRAND-CHILD YOU MAY QUALIFY FOR TANE. GRANDPARENTS THAT HAVE LEGAL GUARDIANSHIP OF THEIR GRANDCHILDREN CAN RECEIVE TANF BY APPLY-ING FOR "CHILD ONLY" TANF GRANT WHICH WILL ONLY TAKE IN ACCOUNT THE GRAN-CHILD'S INCOME/ASSETTS. THE DEPARTMENT OF HUMAN SERVICES WILL ASK YOU FOR YOUR INFORMATION, BUT IT WILL NOT BE USED IN THE AP-PROVAL PROCESS. IF YOU HAVE ANY QUESTIONS IN REGARDS TO GRANDPARENTS APPLYING FOR TANF. PLEASE CALL JULIE WILSON 395-4492.



FACT:
ALL Foster
Children
Under Age 5
Are
Automatically
Eligible
for WIC
FOSTER 2 FOREVER

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federal assistance program of the Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five. GRANDPARENTS RAISING THEIR GRANDCHILDREN MAY RECEIVE WIC FOR THEIR GRANDCHILDREN



If you are interested in becoming an AST foster care home and would like more information please contact

Julie Wilson 405-395-4492

COMMUNITY MARKET OF POTTAWATOMIE COUNTY 120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957 HOURS OF OPERATION

MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M. WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M. (COMMUNITY FOOD BANK)

In Memory of Shawnee Antonio Tapia

Shawnee Antonio Tapia, 35, of Colorado Springs, Colorado passed from this life Sunday, January 7, 2018 in Colorado Springs.

He was born July 26, 1982 to Ricky Antonio and Linda Gene (Day) Tapia in Sante Fe, New Mexico.

Shawnee was raised in Choctaw, Oklahoma and was a 2000 graduate of Choctaw High School.

He married Sonya Perry in 2000 in Sacramento, California.

Shawnee proudly served his country in the U.S. Army from July 24, 2007 until his honorable discharge on December 16, 2012. He completed his basic training at Ft. Benning in Georgia and was stationed at Ft. Lewis in Washington. Shawnee served in the Infantry and was deployed to Afghanistan with the Bear Troop 8-1 Cavalry.

He was a proud member of the Absentee Shawnee Tribe and was very proud of his Native American heritage.

Shawnee attended Life Church and volunteered with the church. He loved riding his Harley Davidson motorcycle, hiking, collecting Marvel, Star Wars, Alien, Predator and Transformer figures, and Hot Wheels. Most of all, he loved being a great father to his two children, Gianna and Carlito.

He was preceded in death by his maternal grandparents, Gilbert and Lovina Day.

Those left to cherish his memories are his wife, Sonya Tapia of the home; 1 son, Carlito Tapia of the home; 1 daughter, Gianna Tapia of the home; mother, Linda Day of Choctaw, OK; fater, Ricky A. Tapia of Santa Fe, NM; sister, Dakotah Cruz Tapia of Choctaw, OK; brother, Ricky Daniel Tapia of Sante Fe, NM; and other loving extended family and friends.

From the Tapia and Day Family

Our families wish to thank everyone for the prayers and kindnesses we received after my son, Shawnee A. Tapia, passed. We thank you so much for your support and care for our family during the loss of our loved one. We were comforted by your messages of hope and kindness.

Special thank you to Governor Edwina Butler-Wolfe, Tribal Police Chief Brad Gaylord, Sherman Tiger, Annie Wilson, Reta Harjo, Isaac Bettelyoun, Kevin Kaseca from Maintenance, and Twila Parker and the AST Veterans. We really appreciate your acts of kindness and helping hand for our family during/after the funeral service. It was comforting to us to know the details were in your hands.

Thank you to those who attended the funeral, sent flowers, cards, and for the food that was provided by friends and family.

Signed, Linda Day, George M. Day, Dakotah Tapia, and Sonya Tapia

Absentee Shawnee teen performs abroad

Sutton Little, a member of the Santa Fe High School Orchestra, recently visited London along with Santa Fe High School's band, orchestra and choir. The students were in London from December 27th through January 3rd. They performed at Cadogan Hall, one of London's leading venues and home to the prestigious Royal Philharmonic Or-



chestra. They also participated in London's New Year's parade. Sutton is a member of the Absentee Shawnee Tribe. His parents are Keith Little and the late David Little Jr.



It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr. Norman, OK 73026 405.447.0300

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850

PLUSCARE CLINIC

15702 East State Highway 9 Norman, OK 73026 405.447.0477





Alford, Dianne Susan Alford, Laurie Leann Alford, Makenzie Raychel Alford, Nicholas Blake Alford, Paul Henry Almanza, Sacha Blue Renee Arellano, Jennifer Lynn Argueta, Oneonta Marie Armstrong, Dusty Ridge Asbridge, Sandra Lilrene Atwara, Honey Nicole Barnard, Kevin Michael **Battiest, Phyllis Leeann** Belden, Florene Belden, Lois Little Creek Bennett, Blaine Mattingly Berryhill, Valerie Lynn Bettelyoun, Amber Dawn Bettelyoun, Anthony Bryce Bettelyoun, Lea Dawn Bittle, Joshua Jacob Blanchard Craig, Carolyn Jean Deardorff, Cynthia Ann Blanchard Sr, Leland Dale Blanchard, Aaron Gabriel Blanchard, Cache Lewis Blanchard, Caden Briar Blanchard, Charles Eugene Blanchard, Joshua James Blanchard, Kellice Lee Blanchard, Rikki Rechele Blanchard, Sierrah Delyn Blanchard, Taylor Jordan Blanchard, Thurman Leon Blanchard, Velma Mae Bowles, Melissa Carole Boyd, Laura Lynn **Bread, Charles Michael** Bread, Dina Adele **Breeding, Kinsley Reece Brokeshoulder-Tyner, Tammy** Lynn **Brown III, Curtis Jermain** Brown, Cody Wayne Brown, Lisa Renee Bryant, Isis Aponi **Bullen**, Myles Robert Campbell, Mikayla Jo

Carlson, Scottina Dakota Carnes, Kylee Aleea Lynn Carr, Adoree Celeste Checotah, Eric Wayne Cloud, Doris (Elephant) Coddington, William Michael Cooper, Dade Luke Allen Copeland, Val Rochelle Cotney, Trinity Dawn Cottrell, Ryan Thomas Cozad, Anastasia E-mah-doh Creek-Harjo, Josiah Sage Crider, Eric Russell Crocker, Dorothea Carolyn Csoma, Alexander Attila Daugherty, Kenneth Daugherty, Mikenna Hope Daugherty, Serena Mae Davis, Meghan Paige De Shazo, Heather Ann Dean, Minnie Bear Deckard, Dakota Dale Deer, Kylee Taryn Deer, Michael Neil Deere, Adina Ann DeLodge, Lena Ruby Rhianna DeLodge, Ruby Leigh Digilio, Brandin Anthony Digilio, Bryon Andrew Downs, Camden Blake Downs, Cayden James Dragoo, Micah Lashaun D. Edwards, Kenneth Lee Ellis, Austin Chase Ellis, Jeremy Michael Ellis, Jessica Lyn Ellis, Leroy **Emmons, Brian Ross** Engledowl, Jasey Belle Fenner, Kayana Isabelle Ferrell, Ethan Shawn Fixico, Stephen Anthony Floyd, Jane Elizabeth

Foreman, Joshua Daniel

20

Foreman, Richard Eli

Frazier, Devon Leanne Garcia, Amaziah Perez Geissler, Stephanie Dayle Gibson Jr., Ronald Lewis Gibson, Kylakay Virginia Gibson, Paige Nycole Gibson, Paul Brian Gillihan, Dezirea Kristyne Gilman, Juanita Gomez, Wilma Sue Goodman, Blake Samuel Granstrom, Gayla Sue Grass, Avis Elaine Grass, Wayne Gravel, Olivia Jane Hale, Taliyah Marie Hall, Matteson Roi Ham, Jerred Mace Ham, Rhonda Juliene Harder, Ruth Ellen Harjo, Benjamin Ray Harman II, Joshua Elv Harper, Pauline Aileen S. Hartfield, Jazlynn Shae Harvey, Hally Marie Hayes, Donna Kay Elkins Haves, Jocelyn Cynthia Lorene Hernandez, Erica Ann Herrera, Robert Manuel Hibdon, Kendra Nicole Hilderbrand, Amy Beth Hill, Stephen Allen Hood III, Warren Weslyon Hood, Dakota Zane Hood, Moria Oloizia Hunter, Audrey Della **Huntington, Bradford Paul** Hurst, Joseph Douglas Skin- Little Creek, Larry Dwight ner Ibarra, Angel Antonio Irvin, Nathaniel Konrad Jimerson Jr., Robert Jobe, Alexa Lee Johnson Jr., Foster Calvin Johnson Jr., Mark Benjamin Longhorn, Nathan Neil Johnson, Cleta Joyce

Blanchard Johnson, Cooper Allen Johnson, Grayling Wade Johnson, Henry Kirby Johnson, Jacob Jordan Johnson, Marc Anthony Johnson, Mark Benjamin Johnson, Michael Jeremy Johnson, Pauline Virginia Johnson, Rahstin Allyn Sabbestiun Johnson, Sandra Kay Johnson, Tiffany Sheri Jones III, Timothy Dale Jones, Willie Lee **Judkins, Ashley Ann** Keith, Andy Ronin Kelly, Ryan Michael Kennedy, Kade Andrew Kickapoo, Derek Anthony Kirby, Gage Robert Kitchen, Amber Elisabeth Krackenberger, Sharon Lea Krejci, Ronald Dylan Kupczynski, Joseph Martin Lalehparvaran, Ali Jordan Laplant, Scotty Alan Lasarge, Amos Dewayne Lavell, Jade Daniel Leath, Mary Loyse Lehman, Joenita Leigh Lena-Tiger, Camille Dawn Lewis, Elain Kay Lewis, Pamela Lynn Limbaugh, Jodi Kathleen Little Axe Eckles, Debra Lynn Little Axe Sr., Danny Little Axe, Ronald Dean Little Charley Jr., Scott Littlebear, Brooklyn Shay Littlebear, Grant Edwin Littlebear, Laura Jan Littlecreek, Cynthia Marie Littlehead, Gary Lynn Longhorn, Lindsey Marie Lowe, Kara Michelle

Lowe, Taylor Makayla Lumpmouth, Wynona Lee Maddux, Jonathan Webster Tiger Mahardy, Jeffery Andrew Mann, Caylie Grace Mann, Colby Lee Richard Mann, Kyelie Rose Markwardt, Ethan Thomas Marshall, Denia Kay Martinez, Erica Inez Martinez, Hayden Loa Martinez, Jasmine Consuelo Martinez, Shawnee Danielle Masquas, Cora Irene Masquas, Elysia Rose Masquas, Joshiah Lee May, Gina Lanette McDaniel, Kelsey Layne McDoulett, John William McDowell, Farrell Ramon McKane, Sidna Rae Lenee McKinney, Ellen Marie Medina, Elizabeth Ruth Ann Medina, Trinity Lynn Tiger Melton, Jaycie Taylor Miller, Cari Denise Miner, Veda Jorene Minesinger, Joshua Brooker Minesinger, Seth Wildcat Mitchell, Benito Miquel Travis Mohawk, Cherokee Chevenne Molina Jr., Charles B. Moore, Alexia Saranda Moore, Thomas Joseph William Randall Morton, Joseph Ohland Mount, Glenda Dawn Murdock Jr., Steven Alan Murdock Sr., Steven Alan Musick, Michael Thomas Nail, Gregory Thomas Neely, Ethan Ray Novick, River Elaine-Monique **Odell, Ronnie Lynn** Onzahwah, Davani Utonna Onzahwah, Ti Calvin Kachine Owens, Beau Wesley Laine

Owings, Abigail Rose Panther, Lydia Denise Panther, Shawn Dell Panther-Davis, Tammie Rae Parker, John Wendall Gage Perez, Tesla Nichole Perkins, Miranda Deann Perry, Georgia Grace Perry, Sierra Breanna Peter, Kalina Nicole Pine, Jeremiah Andrew Ponce, Aisaiah Anthony Ponkilla, Natalie Jean Pyrch, Jesse Kellen Ouraishi, Ibraheem Bin Khalil Spoon, Edward Joe Raisbeck Jr., David Nathaniel Raisbeck, Samantha Storm Raisbeck, Samuel Walter Ramirez III, Florentino Ramirez, Mariah Fay-Ann Ramirez, Matias Noah Reves, Isabel Fe Richey, Kodi Rae Jolynn Ridenour, Sydney Bree Rigg, DeeAnn Onahwag Riley, Hulbutta Kotcha Robbins, Blake Anthony Robbins, Sasha Mae Robbins, Taylar Paige Robison, Ariana Michelle Rolette, Cheryl Lynn Rolette, Madison Fox Grant Rolette, Madison Joy Rowan, Damian Eugene Runsabove, Honor Mae Sams, Christine Lorraine Sanchez, Kianna Paola Seber, Peyton Eddie Serena, Laveda Shawnee, LaNayah JaN'aee Sheets, Angela Christy Simpson, Christian Jacob Simpson, Cody Lee Slayton, Brooke Danielle Sloat, Douglas James Sloat, Meika Ladon Sloat, Newton D

Smith, Cynthia Diane Daugh- Tiger, Tammy Cindie Ladawn Smith, Juliana Renee Smith, Marvin Smith, Samuel Ryan Smith, Zackery James Snake, Alvin Matthew Snake, Julia DeAnn Snake, Kenneth Lee Snake, Lewis George Snake, Stewart Lancer **Snow, Desmond James** Soap, Sally Clarice Solomon, Billie Jean Tiger Spoon, Justin Tyler Spoon, Paisley Rennea Spybuck, Garland Charles Spybuck, Gavan Wayne Spybuck, Roberta Ann Stevenson, Jodean Ann Stoudemire, Naviah DeAnne Strain, Gerald Tousley Stryker, Dovle Chad Stryker, Laurel Brad Sullivan, Aizah Vanesse Sullivan, Marcus Lee Sutton Jr., Jeremy Ray Switch, Sabrina Lee Switch, Sophia Michelle Tahah, Barton Dale Talton, Dacia Arie **Talton, Kaydince James** Tarvole, Laura Lee Tascier, Sarah Isabelle Tello-Faz, Maria delaLuz Terrell, Xavier Thomas Jack- Wood, Ryan Ashley son Thompson, Asher Bryce Thorpe Jr., Edwin James Thorpe Lena, Janice Gail Thorpe, Edwin James Tiger, Karman Rose Daylee

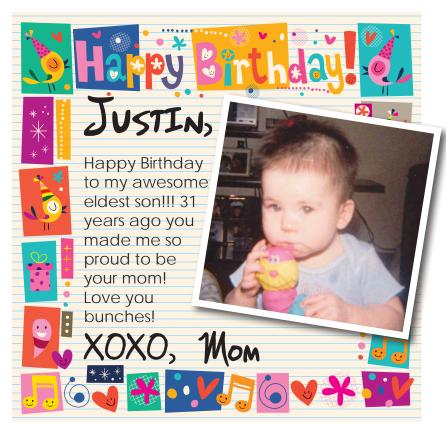
Tiger, Kevin Richard De-

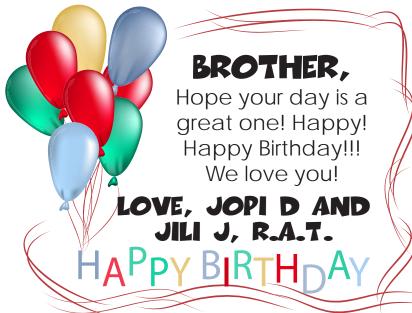
Tiger, Soaryn Edward Mat-

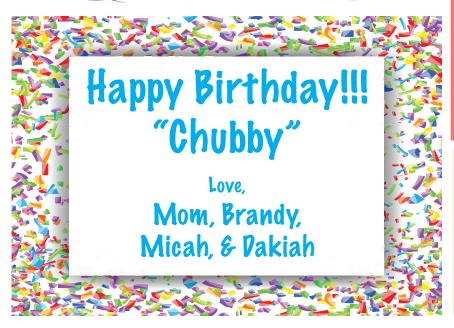
wayne

thew

Tiger, Tyler Matthew Trussell, Sherry Lynn Uchida, Denise Louise Uchida, Kevin Micheal Vaughn, Dylan Thomas Wade, Justin Lee Walker, Robert Stanley Warrior, Anthony Louis Warrior, Pamela Sue Washington, Olvie Winston Watkins, Destiney Shae Watkins, Jayana Laneis Watson, Adriana Renae Watson, Brent Grynnel Watson, Peyton Deshae Wheeler, Emily Anne Wheeler, Leah J. Whims, Madison Mackenzie White Thunder, Shelby Lynn White, Christopher Alan Whittaker, Caiden Skye Whittaker, Joshua Jay W. Wiley, Prince John Bowen Wilkinson, Kaelynn Rayann Williams, Brennan Marie Williams, Kaylee Nicole Williams, Kevin Bruce Williams, Phoenixx Winter Ryne Wilson Harjo, Reta Marie Wilson, Adam Lee Wilson, Mariana Danyel Wilson, Melvin Wayne Wilson, Zelma Jo Womack, Che'le Cave Yamutewa, Chebon Dale









JUSTIN TYLER,

Happy 31st Birthday to my sweet nephew!

LOVE, AUNTIE "IT", CHLOE B, AND MIKE HAUNCHO



Happy Birthday to MacKenzie Rachelle Alford

I love you, great-grandaughter. Have a Happy 18th. Love, G-Low



Have a great day and lots more birthed days to you, my awesome grandson

JUSTIN TYLER SPOON

I love, love, love you. Granny Low



REPORTITION A LOUD BUTTED AND LOUD BENOTHER

Garland Charles Spybuck I LOVE YOU. YOUR BIG SIS, SADIE

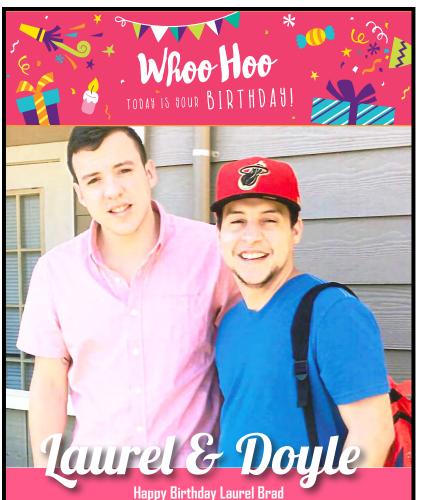


Happy Birthday to my Granddaughter
Whitney Nicole Huckaby
Have a wonderful day, pretty girl.
I love you, Granny Low



UNGLE CARLAND,

Hope your day is a special one! Happy, Happiest of birthdays!!! Love, Sherrie, Joplin, Jiliyan, J.T.



Happy Birthday Laurel Brad Love you very much, Auntie

Happy Birthday Cousin Love you, Derek, Megan, Logan, and Korban

> Happy Birthday Brother Love you, Rodney

Happy Birthday! You mean the world to me. I'm so proud of the young man you have become. Love you, Granny.

Happy Birthday to my twin. Love you, Doyle

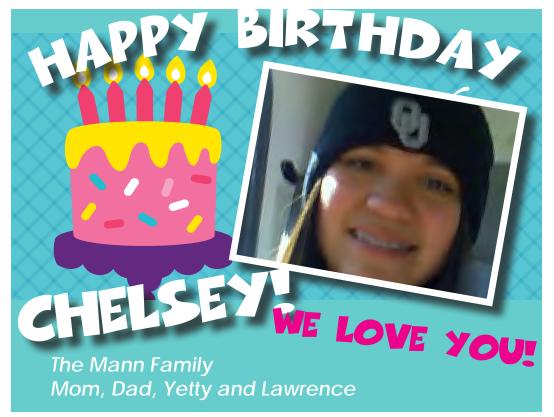
Happy Birthday Doyle Chad Love you, Auntie

Happy Birthday Brother Love you, Rodney

Happy Birthday Doyle. I'm so proud of the young man you have become. Love you, Granny

Happy Birthday Cousin We love you, Big Cousin, Megan, Logan, and Korban

> Happy Birthday to my twin. Love you, Laurel.





SHELDON WHITE THUNDER

FROM MOM, DAD, SHELSIE, SHELBY, BRYSON, KELSEY, AND NAKIAUS

BERNICE BLANCHARD JANUARY 19TH

FROM SIS, TOMMY, SHELDON, SHELBY, SHELSIE, BRYSON, AND NAKIAUS

ATTENTION TEENS: FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

ARE YOU OR DO YOU KNOW SOMEONE THAT IS GOING OUT WITH A PERSON WHO...

- is jealous, possessive, checks up on you or won't accept breaking up?
- tries to control you by being bossy, making all the decisions, has to have it his/her way all the time?
- screams, yells, puts you down in front of your friends, tells you that you are stupid or ugly?
- scares you, makes you wonder if you have done something wrong to make him/her react like this?
- is violent, grabs, hits, pushes, or shoves you?
- · pressures you for sex or tries to force you into having sex?
- · has a history of bad relationships and blames the other person?
- · abuses alcohol or drugs and pressures you to take them as well?
- · keeps you from seeing or talking with family and friends?

Early warning signs that your relationship may eventually become abusive:

- Extreme jealousy
- Controlling behavior
- Quick involvement
- Unpredictable mood swings
- Alcohol and drug use
- Explosive anger
- Isolates you from friends and family
- Blames others for his problems or feelings
- Cruel to animals or children
- Verbally abusive
- Uses force during an argument
- Abused former partners
- Threatens violence

For more information please contact the Absentee Shawnee Tribe's Domestic Violence Department. If you or someone you know says "yes" to ANY of the above or if you have any questions you may contact someone at 405-273-2888 for help.

You can also visit:

www.stayteen.org www.breakthecycle.org www.dosomething.org www.teendvmonth.org www.datingabusestopshere.com

ATTENTION PARENTS:

FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH

What is teen dating abuse?

Teen dating abuse describes actual or threatened acts of physical, sexual, psychological, and verbal harm by a partner, boyfriend, girlfriend or someone wanting a romantic relationship. It includes violence between two young people in a current or former relationship and can occur among heterosexual or same-gender couples. It can also include using the internet, social networking sites, cell phones, or text messaging to harass, pressure, or victimize.

What are the warning signs?

Teens may be experiencing a variety of physical and emotional changes during this time of their life. As a result, your young teen might not share everything that is happening in his or her life. Do your part – know the warning signs of an unhealthy relationship. Be on the lookout if your child displays any of these potential signs:

Conversation Starters:

Talking about teen dating violence to the youth in your life is vital. These conversations can begin in middle school.

What makes a healthy relationship?

What do you want in a relationship?

What are the relationships like that you have witnessed at school or among friends?

Have you witnessed any acts of violence?

Have you seen someone using Facebook or text messages to insult, monitor, or control any of your friends?

What would you do if you witnessed or experienced dating violence?

How could you help someone in an abusive relationship?

What is a healthy relationship?

Why is respect important to having a healthy relationship?

5 Facts about Teen Dating Violence

- 1. Roughly 72% of eighth and ninth graders are in a dating relationship.
- 2. According to the National Domestic Violence Hotline, an estimated 1 in 3 high school relationships involve some sort of physical, emotional, or sexual abuse.
- 3. Each year nearly 1.5 million high school students in the United States experience physical abuse from a dating partner.
- 4. Approximately two-thirds of teens in an abusive relationship never tell anyone about the abuse.
- 5. Nearly 4 out of 5 girls who have been physically abused continue to date their abuser.

For more information please contact the Absentee Shawnee Tribe's Domestic Violence Department. If you have any questions you may contact someone at 405-273-2888 for help.

You can also visit:

www.stayteen.org

www.breakthecycle.org

www.dosomething.org

www.teendvmonth.org www.datingabusestopshere.com

Diabetes and Wellness



Buster Bread Fitness Manager

he Absentee Shawnee



Chrissy Wiens
Physical Activities Specialist





Fitness Facility Hours of Operation

Monday - Friday

6:00 a.m. - 9:00 p.m.



Fitness Facility Weekend Hours of Operation

Saturday

9:00 a.m. - 3:00 p.m.



Brandon Goodman Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday 6:00am - 9:00pm Saturday 9:00am - 3:00pm

Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)





February





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Strength Circuit 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Cardio Kickboxing 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Strength Circuit 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Dance Mix Wednesday</u> 12:00 p.m12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				HIIT Friday 2:30 p.m3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
Strength Circuit 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		Aerobic Circuit 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Dance Mix"- Bring a co-worker, your shoes, and your energy to learn new and FUN dance moves to help improve your fitness level

Absentee Shawnee Fitness



"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

"Cardio Kickboxing" - Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"HIIT"- High-intensity Interval Training alternates between intense training intervals and brief rest periods to give you an short and effective workout.

Diabetes and Wellness

2018 Meeting Schedule

DATE	TIME	LOCATION
January 20	10:00 A.M.	Title VI Bldg., Shawnee
February 17	10:00 A.M.	Resource Center, Little Axe
March 24	10:00 A.M.	Title VI Bldg., Shawnee
		(1 week later due to AST election)
April 21	10:00 A.M.	Resource Center, Little Axe
May 19	10:00 A.M.	Title VI Bldg., Shawnee
June 23	10:00 A.M.	Resource Center, Little Axe
		(1 week later due to AST election)
July 21	10:00 A.M.	Title VI Bldg., Shawnee
August 18	10:00 A.M.	Resource Center, Little Axe
September 15	10:00 A.M.	Title VI Bldg., Shawnee
October 20	10:00 A.M.	Resource Center, Little Axe
November 17	10:00 A.M.	Multi-Purpose Bldg.,Shawnee
December 15	10:00 A.M.	Resource Center, Little Axe

Please note the corrected date for the December meeting.



10% OFF ALL SERVICES FOR TRIBAL EMPLOYEES & MEMBERS

Must present CDIB card or tribal employee ID. Not valid with any other offers.

Isn't it time you got more from your repair shop? Experience the Arrowhead way of doing things.

TIRES | MAINTENANCE | REPAIR

Arrowhead Automotive Center

1100 North Broadway Street

Tecumseh, OK 74873

(405) 598-6920

www.arrowheadautomotivecenter.com

Arrowhead Automative Center is owned by the Eastern Shawnee Tribe of Oklahoma

Greetings!!

While the year is still young---the Elders Officers welcome input and suggestions for activities, projects and improvements to our organization. The New Year is a fresh start, and the time to make changes that will improve our organizational framework.

At the December, 2017 meeting, we started the process of reviewing and improving our Elders Council Guidelines. The officers have assessed the past year activities and will introduce suggestions for improvement of the guidelines and activities. The members will also be given the opportunity to make suggested improvements.

I will be working on the speakers list and hope to have a schedule built very soon. If you have a topic or speaker that you would like to recommend, please let me know. We will not host any speakers for the first two or three months as we will be attending to administrative work during this time. I will also be working on plans for trips and activities for consideration by the membership. I hope to build a proposed schedule for the entire year so that all members can reserve and plan for these outings. As always, if you have any suggestions, please do not hesitate to contact me. I always appreciate suggestions that will help improve our organization.

AARP is currently accepting nominations for its 10th annual Indian Elders Honors. This year's event will be held on October 2, 2018. Nomination applications can be found on line at https://aarp.cvent.com/2018IndianElders. I will provide a copy of the AARP news release at the January meeting.

Quote:

"If you do what you've always done, you'll get what you've always gotten."

Until next time,
Atheda Edwards-Fletcher



If there is one thing Leah Bender is passionate about, it's change.

And she has seen plenty of change in the last three years as AST's Treasurer. "There was certainly a mess when I came into office," she says. After years of working in various positions within the Tribe, in Health, in government, and in gaming, Treasurer Bender saw the inner workings (the systems and processes which allows the Tribe to function as a sovereign government entity) of the Tribe, including how we function in day to day operations.

For those unfamiliar with the workings of both small and large business, it takes a lot of people and things to create stability. One of the main things a business or government entity has to provide to its members is accountability. People want to know how much money there is, what is money was spent on what, and what bills need to be paid, in order to measure the success of the business or government. And that is not always an easy task. It takes constant management of people, and of processes, to make accountability transparent to tribal members. For example, in order to provide information to the Tribe on who spent what and what they spent restricted or unrestricted funds on, it wasn't always clear who had what authority to make decisions that affected the financial future of the Tribe. What was clear was that things had to change in order to provide a clearer picture of the financial health- and stability- of the Tribe. Changes had to occur.

When Bender was elected three years ago, she set out to try and make the process---and the people--- respond better by making changes. "My main focus was to clean up processes, delegate financial responsibility to Directors..." meaning, that financial processes weren't clearly defined, even by those who were expected to provide clarity to the Tribe's members. Previous finance directors had control over processes that weren't aligned with their job descriptions, and that had to be fixed. "The finance department had total control over processes not within their scope of work, and I had to fix that, in order provide a solid foundation for the tribe to thrive on," Bender says. "Communication was key, and that included making sure everyone was on the same page- from the E.C. to their leadership staff, and all of the departments the leadership staff oversee. Cleaning up the processes allowed us to create more efficient ways to manage the Tribe's assets--- people and finances---to create positive growth and change for the Tribe's future."

One of the difficulties in coming into a new position in the E.C. is often the lack of time in completing tasks and campaign promises. Two years may seem like a long period of time, but when an EC member is elected they often have to come in and spend time researching projects and procedures started- and unfinished- by their predecessors. "Elected officials spend majority of their time reviewing the records that have been kept (by those who were elected before them) or not kept and if they do not review the history, we have often repeated ourselves and waste valuable time. "So, Bender hit the ground running. She reorganized the Finance department, reviewed job descriptions and existing duties of directors and staff, and realigned duties, with the help of Human Resources and Executive Committee, in order to streamline processes. She called together directors from different – but intersecting—departments to work together on how to streamline work in a more efficient- and transparent- manner. Directors from Human Resources, Grants, Finance,

MIS, Procurement, Casino, and Health came together to assist not only Treasurer Bender in restructuring for better accountability, but one another.

Once systems and processes were better aligned for productivity and efficiency, then Bender could turn her attention to other fixes. "Fighting for our rights in all facts of life; as a Tribe and a nation, we will forever continue to fight for land, sovereignty, and economic self-sufficiency... all of our cultural resources, our identity as who we are as Shawnee people." In that spirit, traditional values had to be aligned with modern values. Economic development--- the management of the Tribe's resources and ability to remain leaders in these economic development strategies- was a key component of success. "We were early leaders in developing revenue through gaming, which lead us to be able to provide resources such as education, health and wellness to our people," Bender says. "Our Health System is one of the strongest in the state of Oklahoma, and we continue to develop a strong health system that not only is economically self-sufficient, but financially stable, assisting in bringing revenue to the Tribe's Health program. But we can't sit back and be content with where we are. We need a comprehensive plan for our Tribe that will help us stay ahead of the game and plan for our future--- our healthy, strong financial future." Under her direction, the Tribe has restructured its investment strategies, which Bender says will create consistent sources of long term income for the Tribe in order to continue to provide services to tribal members. "I developed a three-pronged approach to investment," Bender says, "that provides shared responsibility for managing the Tribe's financial investments. The Investment Committee, which reports to me directly, makes recommendations on which investments to look in to, based upon positive, strategic financial growth for the Tribe. I then work with a professional investment advisor that makes recommendations on rebalancing our financial portfolio every quarter to achieve maximum return on our investments. From there, I take these recommendations from the committee and the advisor to our investment manager who advises and makes changes to our portfolio to achieve the best return. So far, our investments have had good return and are helping us achieve financial stability and growth for the future."

Several projects have seen significant change since Bender came in to office. The remodeling of restructuring of the Norman convenience store, the ongoing restructuring of All Nations Bank, the acquit ions of real estate to be used for business development, and the reorganization of the Tribe's federally chartered economic development corporation have all been achieved under Bender's care. Additionally, the restructuring of the Tribe's computer systems, software management, and grants and contracts management systems have all occurred during her time in office.

Now that new systems are in place, the time is to look toward the future. "I want to serve the Tribe for as long as it takes to affect the change we need realize in order to move forward," Bender says, adding, "There's still so much that can be done in the next two years." This includes the development and implementation of a strategic plan and a comprehensive plan. While similar, these are different in their approach. A comprehensive plan is a long-term process that looks at a tribes assets (cultural, people, financial, historical) and helps develop a two or three generations into the future plan that will affect future generations. A strategic plan is the road map, or short-term plan, that helps the Tribe move through the process and change that needs to happen to get to changes for future generations. Economic development, stability, education, and wellness are all hallmarks of Bender's thoughtful and meticulous plan to move the Tribe in the right direction. The current Executive Committee is committed to working together on this planning process to move the Tribe forward. "We want to create businesses that can thrive and flourish and still remain true to who we are as Absentee Shawnee people. How do we support growth for our future? By working with businesses that are owned and managed by the Tribe, its members, and creating jobs for all of our generations that will provide funds for the health and wellness of our community." Food sovereignty, the ability to utilize traditional ways of cultivating the food our ancestors grew and used to keep us healthy, is a big project that the Executive Committee members are looking into. "Providing healthy nutritious food to our Tribe and the community around us is a well to ensure health and wellness for all. This creates jobs, helps us use our traditional teachings, and keeps us connected to our past and our future. It helps us change and still remain the same."

And change— while remaining tied to our history, our culture, our nation, is how we have survived and how we will continue to do so.

Oklahoma Indian Legal Services (OILS)

Oklahoma Indian Legal Services enters it's 37th year of providing legal services to Oklahoma tribal members.

Oklahoma Indian Legal Services (OILS) is a non-profit legal services organization providing free legal representation to low-income citizens facing issues with federal Indian law. OILS has been in existence since 1981 and is part of the same network as Legal Aid Services of Oklahoma (LASO). The organization employs six (6) attorneys who provide legal services to tribal members across the state.

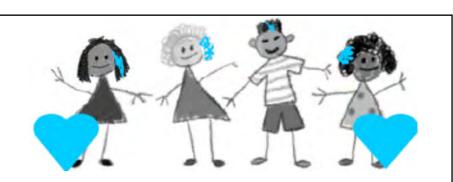
According to Stephanie Hudson, Executive Director of OILS, issues that tribal members face can be different and more complicated. Those issues include the Indian Child Welfare Act, probate on restricted Indian lands, wills for trust and restricted Indian lands, tribal housing problems, tribal sovereignty and individual rights. Individual tribal members can find it difficult to navigate the different federal laws, state laws, administrative codes and tribal laws that can be encountered when dealing with land or child welfare issues.

Last year, OILS saw an increase in the number of grandparents seeking a guardianship or an adoption for their grandchildren in state district courts. "There is a large opioid crisis going on in Oklahoma," Hudson said. "What a lot of citizens don't realize is if the Indian Child Welfare Act is not followed, the guardianship could be vacated later." OILS also provides legal education classes for attorneys who do not regularly practice federal Indian law, because many have questions about the Indian Child Welfare Act.

Hudson said, "OILS is required to follow federal poverty guidelines when determining who can receive assistance. Our primary funder is the Legal Services Corporation in Washington, DC. We must follow their guidelines which allows us to provide services to applicants whose family income does not exceed 125% of the federal poverty guidelines." "It does cut out some people who are employed from being able to receive our services, she said. "There is a real issue in the United States with people who are employed that still can't afford an attorney. There are many people representing themselves in state district and tribal courts. How-

ever, Hudson said there are options for those who don't meet the guidelines including organizations like the Oklahoma Bar Association and the Indian Law Section of the Oklahoma Bar Association.

If you have a legal issue that does not involve federal Indian law, Legal Aid Services of Oklahoma (LASO) takes applications by telephone. Their phone number is 1-888-534-5243. Tribal members in Oklahoma with a federal Indian law issue can apply for services with Oklahoma Indian Legal Services (OILS). Applications are completed by telephone. Please call 1-800-658-1497.



Who are the children in need?

- · Native American children in custody of tribe or state.
 - Native American children ages 0-17.
 - · Native American children in sibling groups.
- Native American children with special, physical, or emotional needs.
 - · Native American children mixed with another ethnicity.

TRIBAL FOSTER CARE HOMES ARE NEEDED FOR OUR TRIBAL CHILDREN

WILL YOU OPEN YOUR HOME TO A CHILD IN NEED?

IF YOU ARE INTERESTED IN BECOMING A FOSTER CARE HOME PLEASE CONTACT:
JULIE WILSON 275-4030 EXT. 6376

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person, not per birthday wish.

Current Programs

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

- Academic (K-12) Program: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- Graduate Scholarship Program: funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- Big Jim Youth Award Program: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

Attention:

Applications for fall 2018 must be received or postmarked by June 15, 2018.

Fall 2018 applicants must provide a copy of their new Tribal Enrollment Card with their application.

December 2017/January 2018 Update by Tresha Spoon:

On December 19th I attended the Tecumseh Public Schools Title VI Indian Education and Impact Aid Public Hearing. I attended the monthly Directors Meeting on December 21st. January 3rd, Brandon Goodman and I attended an In-Service Teacher Training at Shawnee Middle School hosted by Tribal member, David Rolette with Governor Butler-Wolfe as one of the guest speakers. On January 5th, the Governor had a meeting with all the directors under her oversight which I attended.

On Tuesday, January 9th Blake Goodman and I met with the Grants Director, Phyllis Wahahrockah-Tasi, to discuss our upcoming application for the Department of Justice 2018 Coordinated Tribal Assistance Solicitation (CTAS) for Purpose Area #9-Tribal Youth Program. At noon that same day I participated in the 2018 CTAS Application webinar. I hosted a planning meeting on January 16th for an upcoming event the Education Department has collaborating on since October 2017. This event is tentatively scheduled for April and once dates and times are confirmed the information will be made public. The project partners are the Citizen Potawatomi Nation and the American Indian Institute.

For more information, please call me at (405) 275-4030, Ext. 6242 or 1-800-256-3341 or email me at tresham@astribe.com.



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ☐ ENROLLED ABSENTEE SHAWNEE TRIBE
- ☐ 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REOUIRED DOCUMENTATION:

- □ SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- ☐ UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

ATTENTION TRIBAL MEMBERS!!!

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID's only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID's in the mail. If you have any questions, please call (405) 275-4030, ext. 6225 or 6255.



THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

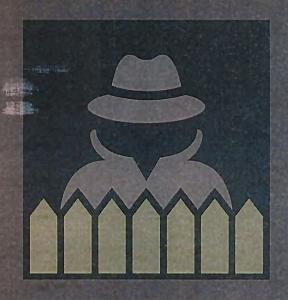
The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.

STALKING: IS THIS HAPPENING TO YOU?



WHAT IS STALKING?

- Stalking as a crime is generally defined as a course of conduct (i.e., multiple stalking behaviors) that would cause any reasonable person to feel fear.
 To experience stalking, victims must experience multiple stalking behaviors (i.e., at least two different stalking behaviors or the same stalking behavior at least twice).
- All 50 states have anti-stalking laws.
- Similar to domestic violence crimes, stalking is about power and control.

AMERICAN INDIAN/ALASKA NATIVE STALKING VICTIMS

Almost 1 in 2 American Indian and Alaska Native women (48.8 percent) have experienced stalking in their lifetime, and 1 in 9 (11.6 percent) have experienced stalking in the past year.

Lifetime Stalking Behaviors Experienced by Female American Indian and Alaska Native Victims ...

- Received unwanted phone calls 82.1%
- Received unwanted emails or messages 19.0%
- Received unwanted cards, flowers, or gifts 35.0%
- Was watched or followed from a distance 29.1%
- Was approached at home, work, or school 53.6%
- Found strange or threatening items 10.8%
- Had home or car intruded 27.6%

Partner and Sexual Violence Survey. 29, 32.

Rosay, Andre B, PhD. May 2016. National Institute of Justice Research Report: Violence Against American Indian and Alaska Native Women and Men - 2010 Findings from the National Intimate 48.8%



STALKING BEHAVIORS

- Uses technology like, smartphones, laptops, vehicles, global positioning systems (gps) or hidden cameras to track your movements
- Threatens to hurt you, your family, friends, or pets
- Sends unwanted and repetitive phone calls, texts or emails
- Shows up unexpectedly wherever you are
- Sends unwelcome gifts, notes or letters
- Tracks and repeatedly contacts you via social media
- Causes damage to your vehicle, home, or other property
- Screens your phone calls or computer use
- Monitors, drives by or loiters at your work, school, or home
- To gather information about you, uses social media, online search services, public records, hires investigators, goes through your garbage, or contacts your friends, family, co-workers or neighbors
- Uses other actions that control, track, or frighten you

For information or assistance with problems related to stalking incidents, please contact the Absentee Shawnee Tribe's Domestic Violence Department at (405)273-2888. All services are confidential and provided without judgement

Enrollment

EXHIBIT A

The following sections represent the only amended sections of the Absentee Shawnee Tribe of Oklahoma's Membership Ordinance. Please be advised that some changes have already been made in the constitution and just need to be changed in the ordinance. The added portions are bolded, and deleted portions are stricken. These specified sections supersede the existing Membership Ordinance sections upon enactment by the General Council of the Absentee Shawnee Tribe of Oklahoma.

- IV. Eligibility Criteria
 - C. All children born since April 17, 1954, who are of at least one eighth $\frac{1}{4}$ (1/8) degree Absentee Shawnee blood.

Section 2. From and after the effective date of this Constitution, no person shall be enrolled as a member of the Absentee Shawnee Tribe unless he possesses at least one eighth 1/4 (1/8) degree Absentee Shawnee Indian blood.

- V. Filing an application for enrollment
 - D. Documentation to accompany all applications- Since the burden of proof is on the applicant, the application must be ac companied by the following documentation:
 - 1. Applicant's original state-issued birth certificate.
 - 2. Applicant's social security card (may be a copy).
 - 3. If the applicant's natural mother was not a tribal member, or if the Absentee Shawnee blood of the father is required for the applicant to have 1/4 1/8 Absentee Shawnee blood,

one of the following also must accompany the birth certificate:

- a) a marriage license showing that the applicant's mother was married to the tribal member father at the time of conception; or
- a) A DNA or genetic marker test (obtained at the applicant's sole expense)
- b) determining the probability that a specific tribal member is the natural father of the applicant to be not less than 97% 98%; or
- c) A court order declaring a specific tribal member to be the natural father.
- VI. Processing an application for enrollment
 - A. By tribal enrollment staff
 - 3. Make sure the application is complete. A copy will be made of an incomplete application and the original will be sent back to the applicant to be completed. The date the incomplete application was returned to the applicant will be noted. The copy will be retained in the applicant's folder along with the supporting documents pending the return of the completed original application.
 - 4. A completed application submitted without supporting documents will not be accepted. A letter accom-

panying the application and documents will be sent back requesting a completed application with needed documents.

- C. By the Executive Committee
 - 2. Direct the enrollment staff to notify the accepted applicants of their acceptance into membership; their first three (3) CDIB cards will be free of charge; and any card that needs to be replaced thereafter will be \$5.00. Tribal members may have a CDIB printed no more than two times a month. Every four years the member will be required to renew their CDIB with updated picture upon their card's expiration date. All original documents that were submitted will be returned to the applicant, and a photocopy will be kept in the file. The enroll ment staff will need to initial and date the copies that are made for the enrollment file.

VII. LOSS OF MEMBERSHIP

- A. Relinquishment
 - 2. By a minor member- The membership of any member of the Absentee Shawnee Tribe who is not at least 18 years of age maybe relinquished by court order or presenting their circumstance to the Executive Committee
 - 4. Membership after relinquishment- An adult member can relinquish only once before they have permanently severed his/her ties with the tribe and shall not be permitted to rejoin the Tribe without a court order. A minor member whose membership has been relinquished by a parent or guardian may submit an application for membership after he/she becomes 18 years of age. Such application shall be processed as though the individual had not previously been a member.

VIII. Appeals

A. Eligible appellants-

The following persons shall be eligible to file an appeal:

- 1. Any applicant who has been rejected for member ship, or
- 2. Any applicant who has been rejected for relin quishment on the behalf of a minor, or
- 3. Any person who has been disenrolled.
- B. Timing of appeal-

Each notice of rejection, rejection of relinquishment, or disenrollment shall provide that an appeal must be received within thirty (30) days of the receipt of the notice in order to be considered. The date stamped on the receipt of the certified letter shall be considered the beginning of that 30 day period.

IX. Records

34

- A. Contents of individual folders:
 - 4. Social security card;
- B. Access to records:
 - 1. The Roll:

The tribe's **current** membership roll may not be viewed by any member of the Absentee Shawnee Tribe. Neither the **current** roll nor any portion thereof may be copied or distributed to any person or organization, except to comply with Tribal Law and for legitimate governmental purposes. **The 1937 roll maybe viewed for research purposes through the enrollment department.**

2. The folders:

Information in individual folders is confidential, and is only available to the individual (or his/her parent or legal custodian) for viewing. Family Tree Chart can be copied and dispersed to the individual. Once family member is deceased then can an individual have a copy of their Family Tree Chart upon providing proof of relationship.

C. Updating records

Upon receipt of appropriate documentation, the enrollment staff is authorized to update the information on the tribal roll. The following documentation is deemed adequate for such actions to be taken:

- 1. Name change: Marriage license; or Divorce decree; or Social Security Card (accompanied with driver's license); or
- 3. Death: Death certificate. Death certificate, if available; or notarized statement from an individual who attended the funeral. The Enrollment Staff will coordinate with the probate section of the Realty Department.
- 4. If the change does involve a change in the 1937 base roll:
 - a. Changes in the blood quantum shown on the base roll can be **made only when it is an obvious mathematical error** or when requested by the base enrollee or a descendant of a base enrollee. When such a request is received, the enrollment staff shall research, the request.
 - b. If a determination is made that a blood quantum shown on the 1937 base roll is incorrect, a resolution shall be prepared for Executive Committee to review and approve.
 - c. All other persons affected by the change shall be notified of the change by the Secretary of the Absentee Shawnee Tribe. Any person affected by such a blood degree change shall have the right to appeal the change pursuant to section VIII of this ordinance only if the change results in disenrollment.

WOMEN'S HEALTH SERVICES

There is a welcoming place for women.



LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026 Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier. Better. More able to do the hard work that women do.

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850 • 1.877.878.4702 (Toll-free)



405.447.0300

AAAAHC

/ W W . A S T H E A L T H . O R G

A Little Note from The Tag Office

Díd You Know....
Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated
through enrollment, BEFORE any new
registrations or renewals can be processed.

AST Behavioral Health Services

Medicine Wheel and 12 Steps



The medicine wheel and 12 Step program was developed to provide a culturally appropriate 12 Step program for Native American people. This program was developed by White Bison, based upon teachings of the Medicine Wheel, the Cycle of Life and the Four Laws of Change.

How the Process Works

The Medicine Wheel and 12 Step program is designed in a series of modules that enable people to meet their individual needs. Participants watch a video that explains Medicine Wheel teachings and apply them to their lives. In addition, participants share their insights and experiences in a talking circle. They also learn how to mind map their own innate knowledge around these teachings and then apply that knowledge to their daily lives and decision making processes. For those working through the program in a group setting (i.e. Circles of Recovery) very strong social and emotional bonds are created that help the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them to grow emotionally, mentally, physically, and spiritually.

Focus

The focus of the program is on character and values. Thus each of the 12 Steps is presented from the perspective of the value that it reflects.

Step 1: HonestyStep 6: WillingnessStep 10: PerseveranceStep 2: HopeStep 7: HumilityStep 11: Spiritual AwakeningStep 3: FaithStep 8: ForgivenessStep 12: Service

Step 4: Courage Step 9: Justice

Step 5: Integrity

Teachings of the Medicine Wheel

The Medicine Wheel is an ancient method for teaching important concepts about truth and life. Many Native American communities use a Medicine Wheel, although the colors and the symbols are different depending upon the culture. The purpose is the same in each culture. These teachings, when applied to one's life, have the power to influence significant change in attitudes, behaviors, values and intent. The Elders have shared a series of Teachings based upon the Natural Order of the way things should be. These are sometimes referred to as the "original instructions." These important Teachings are included in the Medicine Wheel and 12 Steps:

Four Seasons of Change
Four Laws of Change
Four Directions of Growth
Twelve Principles for Healthy Living
Reclaiming our Power
The 12 Steps of Recovery
Nature's Way: Principles, Laws and Values
Cycle of Life
Eight Feelings for Healthy Development
Comfort Zones
The Two Thought System: Love and Fear
The Medicine Wheel

The Laws of the Unseen World

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free



Phillip S. Ellis for Tribal Treasurer

- 2018

In last month's newsletter I provided information about myself, my current roles at the Tribe, and what I would be committed toward if elected treasurer. In this month's newsletter I would like to let the members of the Absentee Shawnee Tribe know my thoughts on what the treasurer should be within the Tribe and what my plans would be if elected.

First, being an elected position, our treasurer is responsible to the members of the Absentee Shawnee Tribe. The responsibilities and expectations are far-reaching



for the person who is treasurer and how that person performs the treasurer's functions. The treasurer should be the top financial person who should understand finance, accounting, and economics and how each of those areas affect the Tribe. The treasurer for our Tribe must also understand grants & contracts, realty, information systems, and a host of other areas. This is not a position for a person that is ill-equipped and ill-suited for its demands or who expects to learn the position through on-the-job training. From the first day of taking office the treasurer should be a person who possesses a solid foundational education, meaningful professional work experience, and the judgement and foresight to serve the Tribe — I feel I'm that person. The "right" person.

Second, if elected treasurer there are two areas that I plan to concentrate on; (1) strengthening the governmental operations and departments under the treasurer's oversight, and (2) facilitating our commercial/economic development.

The governmental operations and departments under the treasurer's oversight must be strengthened and must be better integrated. Far too long have we operated under lax or weak internal controls. Far too long we have functioned under leadership that simply doesn't understand or can conceptualize how departments or operations should operate and integrate. Failure to strengthen our internal controls and failure to integrate our operations have resulted in mismanagement at the least (and possible fraud at the worst) to occur, failure to meet the terms of our grants & contracts, and severe inefficiencies in the way the treasurer's office functions. I am committed to strengthening controls and better integration throughout our Tribe through transparency and integrity.

It's no secret that our commercial/economic development ventures in the past have all resulted in failure. Even as of a year ago our sole remaining economic venture, Thunderbird Express convenience store, failed. This past track record of failure must end! For the better part of 2017 I have

worked on reestablishing Thunderbird Express to stabilize it and make it profitable. Consequently, not only have I had the chance to study the reasons for our past failures but more importantly I've had the opportunity to recognize our potential opportunities. The reasons for failure are many; failure of leadership to act, lack of business acumen from leadership, leadership stalling or stopping potential economic development, etc. If elected treasurer, I'm committed to fostering and facilitating genuine economic development.

In conclusion, as I mentioned in my last newsletter I believe it's important that I meet as many tribal members as possible to hear your thoughts and concerns to be truly effective on the Executive Committee. I am passionate about the potential positive changes for our Tribe. Like a lot of members, I get angry when I see things being done wrong and hurting our Tribe. I carry the desire that those of you have that want to see good things happen for our Tribe. I believe that I am a transformational leader that has the education, experience and passion to make positive changes for our Tribe. I believe I am "the right choice" and am humbly asking for your support and vote.

Sincerely, Phillip S. Ellis phillie2829@gmail.com 918-703-7528



The Iowa Tribe of Oklahoma Vocational Rehabilitation (ITOVR) Program has provided vocational services to Native Americans consumers since 1994, and transition services to students since 2004. For years, our goal has been to empower Native American with disabilities, consistent with their individual strengths, resources, priorities, concerns, abilities, capabilities, and informed choice, to prepare for the transition from school to work or post-secondary school.

PROGRAM

Transition Services help Native American high school junior and seniors with disabilities continue their education, train for a job and find a job after completing education. You design your own customized Individualized Plan of Employment (IPE) with our help.

QUALIFICATIONS

- Are you an enrolled member of a
- federally recognized tribe?

 Are you a Junior/Senior in High School?
- Do you reside in our services area?
- Disability documentation from a Doctor, Physician or Mental Health Provider noting disability and impediments?
- An IEP or 504 Plan may be accepted as proof.

SERVICES

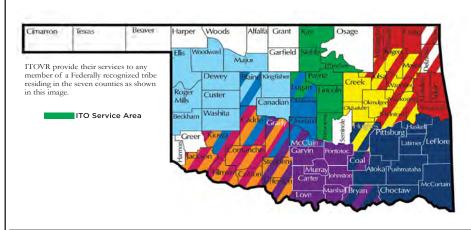
- Counsel and Guidance about Training
- and Education after H.S.
- Assistive Devices (Hearing Aids, Walkers Eveglasses, Learning Devices, etc.)
- Tuition Assistance
- Testing Fees (ACT/SAT)
- Work Clothing for New Jobs
- Career Assessments Physical or Mental Evaluations
- Resume Building, Interview Etiquette,
- Other Various Services











For more information contact: Taylor McClellan, Counselor 405-547-5721 x223 · 888-336-IOWA tmcclellan@iowanation.org IOWA TRIBE OF OKLAHOMA 335588 E. 750 RD. PERKINS, OK 74059 405-547-2402 BAHKHOJE.COM

TAKING CARE OF OUR OWN.



A Special Evening Honoring Our Elders and Our Caregivers.

Native Elders 55+ and a guest are cordially invited to attend.

Tuesday, Feb. 13, 2018

FORMAT FOR THE EVENING

LOCATION: Shawnee Clinic Multi-purpose Building RSVP: By Friday, Feb. 9, 2018

CONTACT: Deidre Yarbrough, RN, Caregiver Coordinator, 405.701.7190



Sponsored By: The Native American Caregiver Support Program/Administration for Community Living







Absentee Shawnee Housing Authority 2018 PROGRAMS



- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

2018 ABSENTEE SHAWNEE TRIBE



Trustworthy

Progressive

405-329-7517

Always hold

Jerry Rodriguez (Gift Shop)

Jevon Frazier (Library)

Ashley Brokeshoulder

vra Underwood. uhailaNewport

Leal Bender.

rin Thompson.

CULT. PRES./GIFT SHOP

-am. Services Conference Room

RETURN SERVICE REQUESTED

Corrections? E-Mail to phonelist@astribe.com

After School Program D

dwina Butler-Wolfe.

Shema Lincoln

/ictorFlores.

HORSE SHOE BEND

Kimberly Creek.

Carly Dyer..

Volume 29 No. 02, February 2018

6	es	!																														
	Finance Conference Room6236		OTHER ENTITIES & TOLL FREE	All Nations Bank273-0202		Toll Free1-800-256-3341		Building Blocks878-0633	R	Building Blocks II LA360-2710		Housing273-1050	Human Resources275-1468	Indian Child Welfare878-4702	Media598-1279	iger, Sara Jackson)	OEH/OEP214-4235	Police Department275-3200 / 275-3432	Thunderbird Casino NRM360-9270	Shawnee Casino273-2679	Tribal Store (Little Axe)364-0668		CLINIC		al			Kesource Center364-7298	(Cherry Wiens, Buster Bread, Blake Goodman)	SHAWNEE CLINIC	Pharmacy878-5859 Toll Free 1-846-742-4077	
	MAINTENANCE	Kevin Kaseca6316	Reta Harjo6249	Stephen Fife6234	Sherri Yetter, Isaac Bettelyoun, John Mann,	Tom White, Donnie Marshal6331			SIM	Help Desk3100		Donna Cody 6402		OEH	KenJones6223	Jarrod Lloyd6229	Rebecca Diven6230		POLICE DEPT 275-3200/275-3432	Brad Gaylord (Chief)6302	Linda Day6261	Ric Mantooth6278		Jason Brinker6259		t	······	Joseph Applss02/8	DPOCHEMENT	Asavcia Clayton6291	Kayla Ketakea6281 Tara Battise	
-l	hop)6310	6243	6312	6340	6238	6245	6323		FAMILY SERVICES	6333	6315	6226	6293	ate6224	6298	6277	6326			6242		NO	6271		6292	9288			Jirector) 6308		6282	0070

ELECTION COMMISSIC

EDUCATION

Emily Longman.

INROLLMENT

Jomestic Violence Advoca

indsay Hemandez.

aylor Wills.

sexual Assault Advocate

DOMESTIC VIOLENCE/

Aelissa Lopez.

acey Carey.