



THE ABSSENTEE SHAWNEE NEWS

JANUARY
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LI SI WI NWI
"Among the Shawnee"

January 2019

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OKC Pow Wow Club Co-Hosts Honor Dance for Congresswoman Kendra Horn

INSIDE THIS ISSUE

- 2-9 EC Reports
- 10 Election Commission
- 11 Absentee Ballot
- 12 AST Health Update
- 15 Wellness Calendar
- 19 Title VI Menu
- 20 Birthdays
- 24 Building Blocks
- 26 Grants Department
- 28 Cultural Preservation
- 30 Domestic Violence
- 31 ICW
- 32 Elder's Corner
- 34 Tax Collections
- 35 Enrollment
- 36 Education Scholarships
- 37 Social Services
- 38 Emergency Numbers
- 39 Kids Zone



L to R: Atheda Fletcher, AST Representative; Linda Capps, Vice Chairwoman-Pottawatomie Tribe; Kendra Horn, Congresswoman; Edwina Butler-Wolfe, AST Governor; Gilbert Miles, Lt. Governor-Cheyenne Arapaho Tribe.

A dance was held in honor of newly elected district 5 representative Kendra Horn. Horn is the first democrat to represent the district in 44 years, and the first democrat to be elected to the House of Representatives from Oklahoma in 8 years. Horn's core campaign values include funding for Education, to protect and expand access to quality healthcare and Medicare, equal pay for women and expanded paid family leave for all Oklahoma workers, common sense gun safety, affordable higher education and increased minimum wage, rural economic

development, and improved infrastructure.

The dance took place on Sunday, December 16th at Shawnee Middle School in Shawnee, Oklahoma. The event was hosted by the Oklahoma City Pow Wow Club. Head dancers were Graham Primeaux (male), Devin Rain Potter (female), and Michael Tsotadde (gourd). The head singer was Mark Wilson. Sen. Enoch "Kelly" Haney was an Honored Elder.

Invited special guests included United Indian Nations of Oklaho-

ma, Kansas, and Texas Chairman George Tiger; UINOKT Secretary Margo Gray, member of Osage Nation Minerals Council; Sac & Fox Chief Kay Rhoads; Absentee Shawnee Governor Edwina Butler-Wolfe; Citizen Potawatomi Nation Chief Greg Chilcoat; Pawnee Nation President Bruce Pratt; Cherokee Nation Tribal Council Member Wanda Hatfield; Cheyenne-Arapaho Governor Reggie Wassana; Kiowa Tribe Chairman Matt Komalty; Oklahoma City Muscogee Association; Choctaw Alliance; and the Oklahoma City Chickasaw Community Center.

**BOARD MEMBERS
NEEDED!
DETAILS INSIDE**

EXECUTIVE COMMITTEE



Edwina Butler-Wolfe
Governor



Kenneth Blanchard
Lt. Governor



John Johnson
Secretary



Phillip Ellis
Treasurer



Atheda Fletcher
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

Governor's Report

By AST Governor Edwina Butler-Wolfe
405 275-4030, Ext: 6308
405 481-0397 Cell Number (tribal)

Hello Fellow AST Tribal Members,

I hope everyone had a Merry Christmas and a safe New Years. As the New Year is here, the Executive Committee is looking at positive changes in our Great Tribe. We have gone through an extensive budget process to set the 2019 tribal budget and are hopeful we can be successful in generating additional revenue. Unfortunately, as of print of this newsletter, the federal government is partially shut down over funding for a border wall. If the dispute between the president and Congress is not resolved, the shutdown will affect our federal funding. As of December 21, 2018, we were able to draw down funds available through a Continuing Resolution passed by Congress on December 7, 2018. Both my office and the Lt. Governor's office are monitoring the situation.

The State of Oklahoma is looking at a new Governor that will take office on January 14, 2018. I hope the new Governor will work with tribes and see us as partners in the overall success of the state. The November 2018 election gave us a big surprise with the Fifth Congressional District electing Ms. Kendra Horn, Democrat, over Republican Incumbent Steve Russell. Part of our jurisdictional boundary is in the Fifth District and I am very excited to work with Congresswoman Horn. With the newly elected state and federal officials, I hope they will work for the best interest of the people instead of their political party.

THE HONORABLE ROBERT WILKIE, SECRETARY OF VETERANS AFFAIRS

On November 8, 2018 Lt. Governor Blanchard and I attended a Tribal Nations Veterans Town Hall at the Chickasaw Nation, Ada, Oklahoma. Chickasaw Nation Governor Bill Anoatubby and National Congress of American Indians (NCAI) President and Chickasaw Nation Lt. Governor Jefferson Keel hosted the Town Hall, where the Honorable Secretary of Veterans Affairs Robert Wilkie

addressed issues Native Veterans face in VA services. Secretary Wilkie provided some proposed solutions to help not only Native Veterans, but all Veterans who are having difficulties accessing services.

Secretary Wilkie was confirmed by the United States Senate on July 23, 2018 and was and sworn in on July 30, 2018 to serve as the Tenth Secretary of Veterans Affairs. Before confirmation as VA Secretary, Mr. Wilkie served under Secretary of Defense James Mattis as his Under Secretary for Personnel and Readiness-- the principal advisor to Secretary Mattis and Deputy Secretary of Defense for Total Force Management as it relates to readiness, National Guard and Reserve component affairs, health affairs, training, and personnel requirements and management, including equal opportunity, morale, welfare, recreation, and the quality of life for military families.

Mr. Wilkie has more than 20 years of federal service at the national and international levels. During the George W. Bush Administration, Mr. Wilkie served both Robert Gates and Donald Rumsfeld as Assistant Secretary of Defense from 2005 – 2009, and he was the youngest senior leader in the Department. Mr. Wilkie was Special Assistant to the President for National Security Affairs and a Senior Director of the Nations Security Council under Dr. Condoleezza Rice. He also has extensive experience in the United States Congress, including recent service as Senior Advisor to Senator Thom Tillis and service as Counsel and Advisor on International Security Affairs to the Majority Leader of the United States Senate, the Honorable Trent Lott.

Tribal leaders of Oklahoma's 39 tribes were invited to attend. Tribes that were represented were:

Seminole Nation Principal Chief Greg Chilcoat and Second Chief Lewis Johnson, Cheyenne & Arapaho Tribes Governor Reggie Wassana and Lt. Governor Gilbert Miles, Chickasaw Nation Governor Bill Anoatubby and Lt. Governor Jefferson Keel and Absentee Shawnee Tribe Governor Edwina Butler-Wolfe and Lt. Governor Kenneth Blanchard. Other Oklahoma state officials joined the new secretary at the Chickasaw Nation Community Center. Secretary Wilkie mentioned the Suicide Task Force will be a national effort to provide the needed assistance to Veterans who are seeking help.

One of the VA issues our tribe is facing is the renewal of the contract of services between the VA and our health system. There is a lapse in time on the renewal of contracts, which has slowed payment and services for our Veterans. I did

address this issue at the Town Hall and Secretary Wilkie indicated that it was a concern and they are working on getting things in order for faster renewals of contracts that tribes have with the Veterans Administration.

CONGRESSWOMAN KENDRA HORN

On December 16, 2018 the Oklahoma City Pow-Wow Club hosted an Honor Pow-Wow for Congresswoman Kendra Horn at Shawnee Middle School. There were three tribes represented at the event; Vice- Chair Linda Capps, Citizen Potawatomi Nation; Lt. Governor Gilbert Miles, Cheyenne & Arapaho Tribes; Governor Edwina Butler-Wolfe and Representative Atheda Fletcher, Absentee Shawnee Tribe; and a representative from the Cherokee Nation. Tribal leaders that were present had a chance to visit with Congresswoman Horn in an offsite room. Some of the topics were: Protecting our Sovereignty as Nations, court cases of the recent ruling in Texas pertaining to the Indian Child Welfare, Adult Care, Health, Water Rights, and Department of Transportation Self- Governance Negotiated Rule Making.

Congresswoman Horn ran two nonprofits focused on developing leadership skills and encouraging women to run for public office. Congresswoman Horn has also worked in the aerospace industry, Oklahoma’s second largest public sector employer. She also brings a deep understanding of how government should work and, as an attorney and mediator, has experience bringing people with differing opinions together.

LITTLE AXE PUBLIC SCHOOL MEETING

On December 18, 2018 the Absentee Shawnee Tribe Education Director Tresha Spoon, After School Coordinator Blake Goodman and I attended an Indian Education Parent Committee meeting at Little Axe Public Schools. The meeting addressed information on the federal programs and funding the school receives for the Native student population. There has been confusion and lack of understanding by several area schools on the consultation policy in the Every Student Succeeds Act. Each school district receiving federal funds for their Native student population is required to have an annual consultation with tribes on the activities and funding. Some school districts contend Parent Committee Meetings are Consultations, which is been very disturbing to me.

The Every Student Succeeds Act was signed by President Obama on December 10, 2015 and was designed so Tribal leaders and school superintendents could come together in consultation to discuss federal dollars that public schools receives and how those federal dollars are spent. The Title VI Grant is for American Indian students and those dollars should be spent only on Indian Students. I am finding that a few of our area schools are not following the law.

We hope in the near future all area public schools follow what the law is design to do!!

Governor November and December Meetings

November

- 22nd-23rd Thanksgiving Break
- 26th AST Roads Project Meeting with BIA
- 27th 9:00 am Welcome Speech Enrollment Progeny Meeting
1:30 pm Native American Speech Jim Thorpe Academy
Shawnee School
- 28th 10:00 am U. S. Secretary of Veterans Affairs Robert Wilkie
Chickasaw Nation, Ada, Oklahoma
- 29th 9:00 am Meeting on Developing AST Child Support



Indian Education Parent Committee Meeting - Little Axe Schools

Left to Right: Dalton Griffin (MS Principal), Cathey Miller (Board Clerk), Barry Thomas (HS Principal), Mike Bread (MS Asst. Principal), Jay Thomas (Superintendent), AST Governor Edwina Butler-Wolfe, Tresha Spoon (AST Director of Education), Tesia Zientek (CPN Education Director), Blake Goodman (AST TYP Coordinator)



Christmas Tree at the Red Earth Center

AST Governor Edwina Butler-Wolfe is interviewed by Malcolm Tubbs of Fox channel 25 in front of the Absentee Shawnee Christmas tree.



Tribal Nations Veterans’ Town Hall

AST Governor Edwina Butler-Wolfe with Veteran Affairs Secretary Robert Wilkie.

December

- 1st 10:30 am CTSA Walk for Tots at the Kickapoo Tribal Complex
- 3rd 9:00 am Weekly Meeting with EC
- 4th 8:15 am Red Earth TreeFest Fox 25 TV Station
- 5th 1:00 pm Health Town Hall Meeting AST Multi -Purpose Building AST Complex
3:00 pm Oversight Directors Employment Evaluations
- 10th 9:00 am Meeting Warrior Room Casino, Norman
10:00 am – 2:00 pm Open House All Nations Bank
2:00 pm Meeting with IT Audit Casino Governor Conference Room
- 11th 10:00 am --- 12:00 pm Mr. Wayne Sims, HUD SPONAP Office Retirement Reception of 22 years
- 12th 8:00 am Interview by North Rock Creek Students for a NYCP Project students were Conducting
3:00 pm Judge Alan Grubb Farewell Reception in AST Court Room
6:00 pm Veterans Christmas Dinner at the Warrior Room Casino, Norman
- 14th 11:30 am Christmas Lunch with Oversight Directors and AST Police Officers
2:00 pm Meeting with Brandon Smith, Ohio
6:30 pm Building Blocks II, Shawnee Christmas Program
- 15th 11:00 am White Turkey Christmas Lunch
Sac and Fox Elders Pow-Wow, Stroud, Oklahoma
- 16th 5:00 pm --- 10:00 pm Honor Pow-Wow for Congresswoman Kendra Horn at the Shawnee Middle School
- 17th 9:00 am Directors Meeting
Present: General Manger Casino, Building Blocks III, Building, Building Blocks II, Media, Police, Absentee Shawnee Housing, Education, Social Service, Health, Domestic Violence, Enrollment, Maintenance, Gaming Commission, CCDF, After School. Executive Committee Present: Governor, Lt. Governor, Secretary, Treasurer, Representative.
Not Present: Human Resource, Cultural Preservation, Reality, Finance, Procurement, Title VI, ICW, MIS, OEH,
1:00 pm budget meeting for oversight programs
5:30 pm TEC Board Meeting, Warrior Room Thunderbird Casino
- 18th 9:00 am Little Axe Public School Federal Program Meeting
- 19th 10:00 am Regular Executive Committee Meeting

EXPRESSIONS:

For those families who may have lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

CONCLUSION:

I appreciate Tribal Members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference – stand beside me and Let us Build for the Future (BFF)

**Honor Dance for Kendra Horn**

Left to Right: Graham Primeaux, Quenton Romanose, Debbie Hogue-Downing, George Tiger-UINOKT Chairman, Congresswoman Kendra Horn, Matt Komalty-Kiowa Chairman, Sac & Fox Princess, AST Governor Edwina Butler-Wolfe, Jacob Tsotigh

**Honor Dance for Kendra Horn**

Left to Right: AST Governor Edwina Butler-Wolfe, Congresswoman Kendra Horn, AST Representative Atheda Fletcher, AST Veteran Walter Larney.

Lt. Governor Reports

By Kenneth Blanchard
AST Lt. Governor

Greetings' Tribal Members,

I hope everyone had a blessed Holiday with family and friends.

November was a very busy month and I want to share with you the events this office was involved in on your behalf.

November 5th at 11:00 a.m. Oklahoma Governor Mary Fallon hosted a Luncheon for the Tribal Leaders of Indian Nations in OK, and at 5:30 p.m. The Pottawatomie County OSU Extension Agriculture Program held a meeting and a steak dinner. I attended both events.

November 6th the Executive Committee met with Finance Staff to review the 2019 Budgets.

November 7th Media Director, Sherman Tiger and I attended the Stroud CTSA Headstart Grand Opening.

November 12th AST closed in honor of Veterans' Day.

November 13th at 6:00 p.m. Central OK Community Action Agency held a Banquet at the Shawnee Expo Center. Governor Edwina Butler-Wolfe, Secretary John Johnson, Representative Atheda Fletcher, Social Services Director Annette Wilson and her Assistant Sherry Clum, my Administrative Assistant Diane Ponkilla and I represented the Absentee Shawnee Tribe.

November 26th at 11:00 a.m. a meeting was held at the old Lillard Pipe and Supply building on HWY 177 to discuss the possibility of renovations and to relocate the MEDIA Department there.

Discussion continues regarding the sale of the Cattle herd. I am checking into all avenues toward honoring the request. The following is the cattle count;

Earlsboro I-40 9A	29	Cows
	25	Heifers
	18	Bulls
Total	72	Earlsboro Herd
Earlsboro I-40 9A	9	Other
LittleAxe	27	Cows
	6	Calfs
Total	33	Little Axe Herd
Sold (\$16,140.39)	23	Bulls

Other: The acting Lt. Governor, John R. Johnson made an agreement with a Tribal Member the AST would care for 9 head of his cattle in exchange for the use of his farm equipment to process hay for all the cattle. Also if his cow was to breed with AST Bull, and, if the calf born was pure black the AST would be allowed to keep it. However, if the new born was a lighter color the agreement was, the Tribal Member would own it.

I am also in the planning stages of restructuring the Maintenance Department; creating job descriptions for two new positions.

In 2008, Resolution No. L-AS-2008-04 approved an Application, Policies and Procedures that established the Emergency Housing Assistance Program for Tribal Members who own their own home. In order to have more accountability over the funding, I am reestablishing the program as it was intended to operate.

June 25, 2018 – November 30, 2018 there have been a total of eighty-three (83) Tribal Housing Assistance applications submitted with forty-one (41) completed at a total cost of forty-three thousand five hundred seventy-four dollars and ninety cents (\$43,574.90).

The Residential Pest/Bug Spraying Service; there was of 160 residential exterminations at the cost of fourteen thousand three hundred thirty-four dollars (\$14,334.00).

We are looking forward to 2019. There will be some new changes and challenges we will be planning and overcoming.



January 2019

Secretary Report

Tribal members,

The holidays are over and the New Year has begun. I hope this New Year brings many blessings to you and your families. Many of my departments are preparing for the upcoming year with updates and renewals.

The Title VI department will be accepting new intake forms for 2019. If you haven't done so already, please stop by or request a new form for 2019. All your information will need to be updated for the New Year. If you have any questions please direct them to the Title VI director, Dos Owings.

Enrollment has recently updated the current progeny software to Progeny 10. The new software will give Enrollment a more detailed reporting system. Also I would like to say "Thank you" to all the tribal members that have updated within the department, moving forward it will make reporting so much easier and more accurate when requested.

January is stalking awareness month in Domestic Violence. If you have any questions or concerns you may reach the DV department or obtain information on the tribal website. All services are always confidential, so please don't be afraid to ask for help.

As you all know Laser-Fiche was introduced to the tribe. At the time only a few departments were involved, not most of the Tribal departments are on board. With Laser-Fiche in place each department will be able to internally communicate with one another through an internal paperless process. Each department may request information for each other for a faster and secure response. I am very pleased with how Laser-Fiche will benefit the tribe and its members.

Over the past few months I have been working diligently to breathe new life into our federally chartered Absentee Shawnee Economic Development Authority (ASEDA). We hope to fill the board by the end of January. Since December of 2018, the ASEDA board has not had any action. In the last general counsel, I heard our members loud and clear regarding the urgency for action on economic development. While we have a continued focus on our 8a initiatives, we have also been working on development for our properties. We have reviewed all of our properties and have identified some priority areas for economic development. The targeted areas are as follows in the order of priority:

1. **New Strip Mall to replace C-Store on Highway 9 & Peebly Rd. in Little Axe.**

Back in March 2017 you may remember the C-store shutting down and the tribe taking over the operations to get the c-store back operational. I led an action team to revive the c-store and implement operational and financial standards. In May 2017, our C-store was back up and running and has since, been doing well. However, the building is very old and has been in need of continuous major repairs. Highway 9 from Norman is in the process of becoming a 4 lane highway and a stop light is slated for Peebly Rd. and Highway 9. My vision is to build for the future and drive economic development that will support our current programs. The strip mall would bring more gravity to our casino in IA. The strip mall concept would house a more energy efficient c-store, a subway franchise, a discount pharmacy and some lease space that ASEDA can charge rent for. Our health system would also have their portion in the strip mall since they have already outgrown their space. Along with the strip mall would be digital billboards that would assist in marketing all of our economic development programs. The timeline of the strip mall is late fall or early winter of 2019.



2. **Clean up & development on Tecumseh Square.**

This has been designated as an EPA Brownfield Project and will be cleaned up by mid-to-late summer of 2019. Additionally, we have identified this area as a high priority for a roads project to support our development. Ideally we would want to attract a business onto our property that would provide a long term lease and additional benefits to our members. A long term lease would provide a stabilized revenue stream to the tribe.



3. **Clean up & development on I-40 & Earlsboro Rd.**

This has been designated as an EPA Brownfield Project and will be cleaned up by late summer or early fall of 2019. I have been researching multiple grants that could help bring development onto this site as early as 2020. Currently we have a minimal lease with FedEx to park their vehicles. I have reach out to FedEx to see if there is anything we could do to provide more services to them that would enhance our lease rate. There has been plenty of plans of this location. But not very much action has happened. Whichever action we choose, a direction towards progress is better than doing nothing. I choose to push for progress.



4. **Clean up & development on Lillard Property off of Highway 177 & Benson Rd.**

Since Pottawatomie County left our property in 2017, this site has sat empty and just collected unwanted items. My recommendation is to move some tribal government operations into the space; specifically the media department. Additionally, we could also plan for economic development lease opportunities. I have been looking for potential grant opportunities that could support growth on this site in 2021.



Fee to Trust

For the past 6 years we have been waiting on getting our health clinic site in Little Axe moved from Fee land to Trust land. In May 2017, the initiative was restarted but was slowed down again on the tribe side. In October of this year I was unhappy with the minimal progress of this vitally important undertaking. I partnered with Treasurer Ellis to take over the procedures and upon review we found numerous steps that were to be completed on the tribe side that were still undone. I develop an action plan to complete assigned tasks. I met with the Mayor Lynn Miller, Commissioner Darry Stacey, Cleveland County Commissioner – District 2 to also gain his support. Both have written letters of support and we are moving forward on finalizing the process on the tribe side.

Support Growth of Current Programs

As shareholder's representative of our health system, I have been privileged to be part of the continued growth of our health program. Over the past few years, current and past members of the EC fought against the growth initiatives of our health system. Additionally, there was a movement to make our health system unstable by taking Melpherd Switch off the health board. I voted against that and I fought hard to get him back on and to keep our health system stable. I have consistently been supportive of advancing our health program and will continue to support their endeavors to provide better and more services to our tribal members. Recently I attended the strategic planning meeting where the health board and management team identified multiple development opportunities that would provide additional services to our members and continued financial growth. Potential projects included in the strategic planning meeting included an assisted living center for our members, ambulatory surgery center and focused efforts on the patient experience. Recently I was invited to hear multiple proposals for economic development around our casino in Little Axe. I support the growth of our site to potentially include a hotel, driving range and RV Park. I recommend that our tribe learns best practices from other tribal nations regarding economic development. But we cannot get caught up on analysis paralysis. Going forward, we must be focused on action and not just talk of action. I am committed to the progression of our tribe's economic development. Please contact me if you have other ideas to drive our tribe forward.

Secretary Johnson

Treasurer Report

By Phillip Ellis
AST Treasurer

I'd like to take this opportunity to thank everyone for their continued support and patience as we in the Office of the Treasurer move forward with what I feel are positive changes that are beneficial for all under the AST umbrella. With that being said, the departments under the Office of the Treasurer (Finance Department, Procurement Department, Grants Department, Realty Department, and the IT Department) are making major strides on improving the effectiveness, efficiency, and accountability overall. For this month's report I'd like to highlight a number of initiatives that we are currently engaged in.

Decreasing Waste & Looking for Cost Savings Measures



Over the past 6 months I've tasked the departments under the treasurer's oversight along with encouraging the tribe's programs to seek out cost savings measures and ways to decrease waste. As a consequence, the following examples represent just a few highlights I've supported to ensure our tribal assets are protected and tribal funds are spent appropriately.

- Installation of a security fence for Procurement Department to protect and secure our fixed assets from theft and/or misuse
- Implementation of a new payroll system to maximize efficiency and effectiveness through a quicker and simpler way of processing payroll while reducing errors
- Implementation of Amplifund – software to manage every stage of a grants lifecycle to ensure budget and performance accountability
- Implementation of an e-purchasing system to improve and streamline the purchasing process to ensure asset control and purchasing efficiency
- Continued enhancement of IT security to protect our entire computer system from theft or damage that may cause disruption or misdirection of services and information
- Implementation of a fraud & compliance hotline to report possible theft and/or misuse of tribal assets
- Implementation to standardize our phones, computers, printers, etc.

The common thread among these examples is leveraging technology. In my opinion, technology increases worker productivity, decreases operational costs, and improves accountability. Therefore, in all areas where tribal assets are involved, I'm diligently pursuing with my departments to implement technological tools in order to decrease waste and improve cost savings through cost containment measures.



Cattle Audit Update & Sell Vote

In one of our recently held Monday morning EC meetings, we collectively discussed the cattle program. After careful consideration its been decided to terminate the cattle program and they're to be sold not later than June, 30, 2019. Moreover, if a resolution is needed than I will craft and present it to the EC for a vote during on. As previously noted in the Nov. article, our cattle program has consistently expended more than it's returned. We cannot continually afford to support programs that are not benefiting the tribe and costing the tribe resources and money; which this program has done over the years.

Financial Literacy Update

In November we began to roll out our first financial literacy sessions. Financial

competency in our Native community is critical for securing a better future individually and collectively. When our members, families, businesses, and tribe make better financial decisions, it benefits all of us and helps strengthen our AST community. That's why I've started a financial literacy education focus for our members. On Nov. 28th, we held an AST tribal elder financial literacy training in Little Axe. Thirty-eight attendees were present to hear about Elder Fraud and Wills & Trusts. As an attempt to prevent fraud trash can shredders were provided for all attendees. My plan is to continually enhance our efforts to build financial capability in our youth, young adults, veterans, elders, and all tribal citizens. More financial literacy offerings will be held throughout 2019.

Realty Update

Due to increasing tribal member needs and the complexity of the tribe's realty responsibilities, I've decided to make some changes with the Realty Department that I believe will lead to some positive results. Two of the immediate changes that are occurring are (1) a change in the department director and (2) re-implementation of the wills program. Going forward, we will be working closely with a number of external organizations during this transition period to provide the probate and realty services required by our AST members. Moreover, we will be increasing the staffing in the Realty Department to accommodate those increasing needs and responsibilities.

As the fractionalization of our land continues to worsen each day, I felt that it was necessary to have a land fractionalization class led by an individual knowledgeable in such an issue. Therefore, I have scheduled a Land Fractionalization informational meeting for our members on Saturday, Feb. 2nd from 10am – 4pm which will be presented by Donnie Smith, Jr., Fiduciary Trust Officer for the Southern Plains Regional Office. Breakfast and lunch will be served by the office of the Treasurer.

As I mentioned, I intend to re-implement a wills writing service/program to hopefully alleviate some of the problems associated with the land fractionalization issue. I've reached out to Oklahoma Indian Legal Services, Inc. (OILS) and we've tentatively agreed in 2019 to have four (4) Wills/Trusts/Probates clinics. Those dates, times, and locations are listed below:

Wills/Trusts/Probate Clinic Date	Location
Wed., Jan. 30 th (10am – 3pm)	Multi-Purpose Building – Shawnee, OK
Wed., April 24 th (10am – 3pm)	Health Center Conf. Room – Little Axe, OK
Wed., July 31 st (10am – 3pm)	Multi-Purpose Building – Shawnee, OK
Wed., Oct. 30 th (10am – 3pm)	Health Center Conf. Room – Little Axe, OK

I'm finalizing some of the finer details of engaging OILS to provide that wills writing services to a majority of our members so bear with me as I get this done. Please be aware, currently there are income restrictions in place so you may not qualify immediately, but I'm working to get the vast majority qualified. In the meantime, please call Stephanie Hudson at 405-943-6457 to reserve your clinic time and found out if you qualify immediately.

Audit Update

We have started our 2018 tribal audit earlier this year. Baker Tilly, our external auditing firm, began performing the test of controls during the month of December. They will return in the spring of 2019 to perform the substantive testing of our financial records. It's a goal of mine to clean-up our financial statements line items and audit findings going forward. In my opinion, strong financials along with no audit findings is a major accomplishment for any organization.

Representative's Report

Atheda Fletcher

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Now that we have left 2018 behind, it is that time of the year that I reflect on the past six months work—the highs and the lows, the biggest wins and missed opportunities. I use this information to help set forth new goals for the year ahead. The New Year will bring new opportunities and this demands hard work. I and my staff members are committed and ready to make 2019 bigger and better for our tribe. Together we will achieve the best for all.

Following are summaries of the activities and results since my last report to close out 2018.

Human Resources

As previously stated, the 4th quarter for the HR Department is packed with loads of work. The 2019 Open Enrollment process was very successful. With the use of hands on meetings and web portals for enrollment data collection, HR staff successfully processed 328 employees in four days at the Little Axe Campus and the Shawnee Campus.

The biggest success for my HR Department this year is the value that will be seen in the subsidy received from InsureOK. HR staffs' hard work with our employees and InsureOK results in \$209,655 in subsidy to our tribe for 2019 insurance premiums. This is a huge financial value!! This is a win for our qualifying employees and our tribe.

The second highlight for the HR Department is the implementation of the new Employee Longevity Recognition Awards Program. This award is an important way to show staff that their contribution over the years is valued. Awards were given out at the Employee Appreciation Event in November. At the event, we recognized 101 employees with 5 years of service, 31 employees with 10 years of service; 4 employees with 15 years of service and 2 employees with 20 years of service.

The work for 2018 has wrapped up and the staff is forging ahead on 2019 initiatives. The major projects for 2019 are: 1) policies and procedures, 2) implementation of a new payroll system, 3) branding, 4) 401K open enrollment, and 5) employee training classes. These are only a few of the initiatives that the HR Department will be undertaking within the first six months of 2019. We will continue to focus on internal improvements to bring more value to our employees and the tribe. The HR Department will provide detailed reports on a quarterly basis in 2019.

Cultural Preservation

FCC – Cultural Preservation (CP) hosted a Tribal Caucus meeting on November 1, 2018 to discuss updates on the FCC lawsuits. The meeting was led by Sheila Bird, Director of Natural and Cultural Resources for the United Keetoowah Band of Cherokee Indians. The lawsuit is still pending and several Oklahoma tribes are banning together to share their strategic plans on obtaining unpaid review fees. Currently, CP staff has reviewed and processed the work for over 1,000 projects from July to November and the fees owed to the tribe are in excess of \$500,000. We are taking action on this matter and hope to have more information regarding the status of the unpaid fees in the near future. I want all tribal members to understand that CP not only diligently works to protection our Absentee Shawnee history and culture, but CP has been and is a revenue stream for our tribe. The work that is performed for various entities regarding the historic review of lands is important to our tribe. CP will continue to be involved with the Tribal Caucus and we will continue to provide updates on these lawsuits.

AICCM – CP Director, Suhaila Nease, and I were invited to a tribal outreach meeting with the staff of the American Indian Cultural Center and Museum (AICCM) in Oklahoma City to provide an update on the project and request our assistance with their research. The AICCM staff is seeking guidance to appropriately portray our tribal history within the exhibitions. Through tribal consultations, AICCM staff endeavors to enact cultural sensitivity and responsibility in the selection of objects and images and they seek our guidance with regard to both. They have been working with the Smithsonian Museum

while researching and selecting items to display at their facility and seek tribal approval on all items that were selected. They are hoping to have feedback from the tribes as early as January 2019. Although the facility is still under construction and unfinished, we were given a tour. The scheduled opening is Spring 2021. We look forward to updating everyone on this project as it progresses.

Gift Shop – CP opened the expansion of their Gift Shop the week of November 26 at the Little Axe Clinic. This venture has been running smoothly and proven to be very successful. A BIG THANK YOU to Executive Director, Mark Rogers, for collaborating and helping us establish a presence at the clinic. We got off the ground fairly quickly and were able to do this in a cost efficient and effective way. The CP Staff is stocking it with the same quality merchandise everyone has come to appreciate from the CP main gift shop located on our tribal complex in Shawnee. With expanded access to the public as well as patients and families visiting the clinic, a vast array of items are now on display to help with that special gift for somebody or just a little self-indulgence with some high-quality Native American themed clothing, jewelry, as well as other accessories for the savvy shopper!! Everyone is excited to see this new opening and we hope you will stop by and visit soon (or at least on your way to the doctor's office)!! CP staff will continue to build our presence at the clinic and bring more new products for employees and visitors to consider. The CP staff is always thinking of ways to improve product selection and the gift shop appearance.



AST Tribal Health System Board of Directors, Clinic Staff and Executive Committee Members support the Gift Shop: (L to R) Treasurer Phillip Ellis, Dr. Paul Massad, Dr. Lancer Stephens, Representative Atheda Fletcher, Lisa Johnson Billy, Sandra Vaughn, Dara Thorpe, Mark Rogers, Melpherd Switch, and Secretary John Johnson.

CP is gearing up for a busy year and a calendar of events is included this month's AST newspaper and the AST website. Please plan to join us for these great events that help keep our culture alive and thriving. The CP Department will be providing more detailed reports on a quarterly basis in 2019.



Kelly Switch and AST Representative Atheda Fletcher

Events Attended

AST Veterans Christmas dinner—it was my honor to share this dinner with our Veterans. They have sacrificed a lot to keep me and you safe. Thank you Veterans!

AST Elders Christmas dinner and party—what can I say...the Elders are special! We had a great meal and great time playing bingo! Only thing missing...I did not bingo one single time!

Sac and Fox Elders Pow-wow—The Head Man Dancer was our own AST tribal member, Kelly Switch.

Honor Dance for Congresswoman Kendra Horn—It was such a pleasure to be a part of this event to honor Congresswoman Kendra Horn. Ms. Horn graciously met with us (tribal leaders) to discuss tribal concerns and she pledged to be an advocate for all tribes. It was also a nice surprise to see a

friend from high school, Kelly Haney, artist and former Oklahoma Senator.



Patient and Family Advisory Council (PFAC)

Our first official council meeting was held in December and we discussed how we, the members, could elevate and promote the patient and family voice in the development of programs, services and initiatives. We discussed many topics down to the littlest details that can help improve or aide our tribal people when visiting our clinic. We tapped into personal experiences that help with understanding the cultural sensitivity and customer-centered approach when providing services to our tribal members.

Sacha Almanza led our meeting and created an effective PFAC meeting agenda that incorporated presentations by Contract Services staff; Chris Larkin, Home Health; and Luis Almanza, Specialty Clinics. Other important topics covered were the complaints process, patient surveys, organizational chart and the vision and mission. As we move through the New Year, the PFAC group will build on their presence and ensure that the voices of patients and families are represented. PFAC members are available to help answer questions or give directions for assistance. The members are:

Meredith Wahpekeche, Kathy Deere, Stella Little, Sandra Vaughn, and Atheda Fletcher

Economic Development

I continue to support the drive for economic development. Under my influence, the campground continues to progress. Phase II of the youth campground has started to include cabins. I have also meet with some companies on the potential of sports fields for the camp ground. We have looked at softball fields, soccer fields and indoor basketball court. We hope to fully open the camp ground in 2019.

In Closing

Dreaming about a better future is not enough. Hard work and success go hand in hand and hopefulness is the process that we use to remain focused on positives despite being

aware of the negatives. I will put in the hard work to promote progress for our tribe; strive for more cost saving measures; and bring a collaborative atmosphere to push our tribe forward to success.

As always, my door is always open to all tribal members. If you have any questions or have any issues that you need help with, please do not hesitate to contact me. As always, I like to end my article with a thought provoking quote.

Quote: Our lives begin to end the day we become silent about things that matter.

BOARD POSITIONS OPEN!

The following Departments are seeking candidates to fill Board positions:

TEC BOARD - 2 POSITIONS

ASHA BOARD - ALL POSITIONS

GAMING BOARD - 3 POSITIONS

ASEDA - 3 POSITIONS

TAX COMMISSION - 1 POSITION

Please contact the Secretary's Office for information and applications.

[405] 275-4030 ext. 6275

From the Election Commission:

The following positions will be open for the Elections to be held in 2019.

EXECUTIVE COMMITTEE:

Position	Filing Fee	Term
Governor	\$590.00	Two (2) Years
Tribal Secretary	\$590.00	Two (2) Years

ELECTION COMMISSION:

Position	Filing Fee	Term
Election Commissioner	\$215.00	Three (3) Years
Commission Member #1 (unexpired)	\$174.00	Two (2) Years
Commission Member #2	\$132.00	One (1) Year (unexpired)

Fee Amount: Basic fee (Executive Committee \$500.00 and Election Commission \$125.00) plus \$40.00 Alcohol test, \$25.00 Drug test and \$25.00 MVR.

QUALIFICATIONS:

- A) An enrolled member of the tribe.
- B) An eligible voter for purposes of voting in tribal elections.
- C) Must be twenty-one (21) years of age on the date of the election for which he/she desires to be a candidate.
- D) Physically reside within the following Counties: Cleveland, Pottawatomie, Oklahoma, McClain, Garvin, Pontotoc, Seminole, Lincoln or Okfuskee.
- E) In cases where a prospective candidate has been convicted of a felony, such person shall not be eligible for consideration as a candidate until at least five (5) years have passed following completion of the penalty for such conviction(s).
- F) Not more than one (1) member of an immediate family shall be elected to the same tribal elective body except when running as a candidate for the same elective position.

Consult the Election Ordinance for Specific/Additional/Qualifications.



The Iowa Tribe of Oklahoma Vocational Rehabilitation (ITOVR) Program has provided vocational services to Native Americans consumers since 1994, and transition services to students since 2004. For years, our goal has been to empower Native American with disabilities, consistent with their individual strengths, resources, priorities, concerns, abilities, capabilities, and informed choice, to prepare for the transition from school to work or post-secondary school.

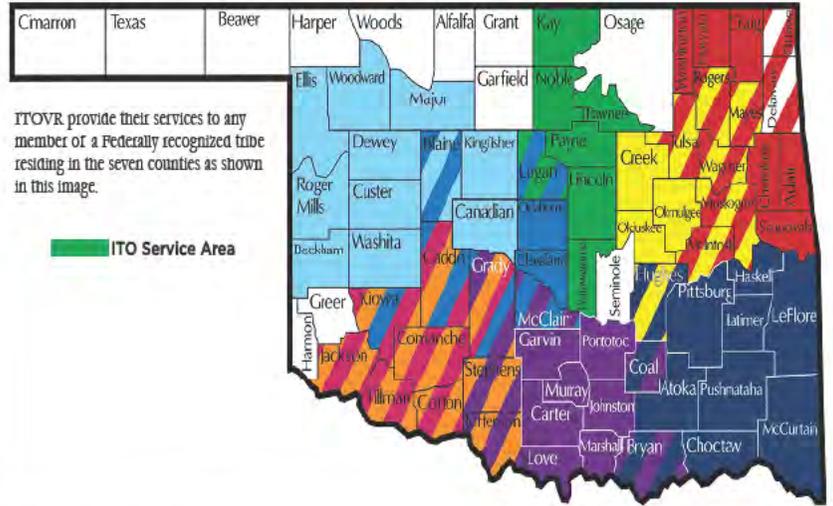
You design your own customized Individualized Plan of Employment (IPE) with our help.

- ### SERVICES
- Counsel and Guidance about Training and Education after H.S.
 - Assistive Devices (Hearing Aids, Walkers, Eyeglasses, Learning Devices, etc.)
 - Tuition Assistance
 - Testing Fees (ACT/SAT)
 - Work Clothing for New Jobs
 - Career Assessments
 - Physical or Mental Evaluations
 - Resume Building, Interview Etiquette, etc.
 - Other Various Services

- ### QUALIFICATIONS
- Are you an enrolled member of a federally recognized tribe?
 - Are you a Junior/Senior in High School?
 - Do you reside in our services area?
 - Disability documentation from a Doctor, Physician or Mental Health Provider noting disability and impediments?
 - An IEP or 504 Plan may be accepted as proof.

PROGRAM

Transition Services help Native American high school junior and seniors with disabilities continue their education, train for a job and find a job after completing education.



For more information contact:
 Taylor McClellan, Counselor
 405-547-5721 x223 · 888-336-IOWA
 tmccllellan@iowanation.org

IOWA TRIBE OF OKLAHOMA
 335588 E. 750 RD.
 PERKINS, OK 74059
 405-547-2402
 BAHKHOJE.COM

FREE MUSIC LESSONS

Guitar • Bass • Piano • Drums
 Available to all Native Americans w/CDIB#

For details, call Absentee Shawnee Behavioral Health • 405-878-4716

PLEASE fill out EACH BLANK completely and return by the Deadline.

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible
(Print Name)
Voter of the Absentee Shawnee Tribe on or before March 16, 2019. I cannot physically
be present to cast my Vote at the **March 16, 2019 Primary Election**, therefore, I am
requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____
(first) (middle) (maiden) (last)

Address: _____ City: _____ St: _____ Zip: _____

CDIB#: _____ **Date of Birth:** _____

Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline date of
February 24, 2019

Mail to:

Absentee Shawnee Election Commission
P.O. Box 741
Tecumseh, OK 74873

Fax to:

Fax # (405) 273-1337 (Do not fax to any other fax #)
Phone: (405) 275-4030 ext. 6271
Toll free number 1-800-256-3341 ext. 6271

Deliver in Person to:

Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.
This form may be duplicated for your convenience.

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____

If Disapproved (reason): _____

Denial Letter Mailed: _____ Ballot Mailed: _____

Election Commission/Representative

ASTHS January Monthly Update

By Mark E. Rogers, MAL, FACHE, CMPE, CHC
AST Health Systems Executive Director

The health system is very excited about the New Year and the new services that we continue to offer the patients of the AST Health System. The health team continues to press forward with the Tribal Consultation process with participation at both the federal and state level regarding funding and efforts with a new Congress. As our patient loads continue to increase, we are very thankful for the effort by all to help us reduce missed appointments! Missed appointments costs money and time away for patient care, and negatively impacts all clinical areas with underutilization of services – great job to both the patients and the health team! Our new electronic health system is gaining momentum as the bugs are being worked out and initial feedback from patients has been outstanding! Patients will continue to be serviced better and control more of their own healthcare now thanks to the new eClinical Works program and the excellent support staff who made this Herculean feat possible with the leadership of our medical staff, E.H.R. Team, and countless other staff who stepped up to make this go right the first time for our patients and staff! Please continue to be leery of the flu season, as we continue to see increased effects of it upon our patients and their families. In this New Year we wish everyone good health, and if you are not experiencing good health, please come and see us and let us help you with our vast array of outstanding people, services, and programs!

Elder care and advanced aging concerns such as fall risk, monitoring loved ones who live alone, and homebound health care, remain critical priorities to the tribe and the health system. The health system has and shall continue full partnership with the tribe in serving and coordinating medical care for any tribal member with a homebound medical need that falls within the scope and authority of our health and wellness system. If you are a caretaker and need a break to tend to your own medical appointments and other business, our Caregiver's Grant is here to help! Contact the AST Health System's Public Health Department at (405) 701-7190 today to discuss how we can help you. We have a new Home Health service that is available for you or your family, friends, and neighbors. If you know any tribal member who is homebound and needs medical assistance, please contact our health administration office at (405) 701-7621 and we will be happy to assist with the best possible resources and coordinated care.

The AST Health System Employee of the Year will be announced in the February Newsletter - stay tuned!

January 2019 Employees of the Month:

Employee of the Month	Nurse Practitioner Jamie Gonzalez
Team of the Month	Shawnee Same Day Clinic
Special Leadership Award	Dr. Bruce Stafford


Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director

INTRODUCING OUR NEW PATIENT PORTAL AND HEALOW APP



Our new Patient Portal and the healow™ app (formerly Follow My Health) give you secure online access to your health information.

The Patient Portal

A secure, convenient, and easy-to-use website that gives you round-the-clock access to your health information. View labs, medications, and immunization records. Get reminders. Exchange messages with your doctor. Stay informed and take charge of your health!

HERE'S WHAT YOU CAN DO WITH OUR PATIENT PORTAL



View lab results



Send and receive messages securely



Access health records



Book appointments online



Get statements and receipts online



View doctors' notes

The healow™ App

Access your health record with the healow™ smartphone app. Along with the features you get with our Patient Portal, the healow app can manage multiple accounts (all family members), set medication and appointment reminders, and use trackers to help manage health. The healow app is a secure and convenient way to manage what's important and puts YOU in control of your health.

healow is available free on the Apple app store and Google Play store.



SET UP THE HEALOW SMARTPHONE APP IN FOUR EASY STEPS!



Step 1

Download the healow app from App Store (iPhone) or Google Play (Android Phone).



Step 3

Enter your portal username and password.



Step 2

Search for our practice by entering this unique code on the healow app - JEDEBD.



Step 4

Set up your PIN.

For more info or questions call:
Shawnee Clinic 405.878.5850 or LAHC 405.447.0300



AGIENTEE SHAWNEE TRIBAL
HEALTH SYSTEM

ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM

SCHEDULED CLOSINGS



January 2019

Date:	Time(s) Closed:	Locations:
Tue., Jan. 1 st <i>(New Year's Day)</i>	All Day	All AST Health facilities CLOSED except PlusCare Clinic PlusCare OPEN 9a until 5p (last patient accepted at 4:30p)
Wed., Jan 2 nd <i>(1st Wed of Month)</i>	Noon-5PM	All AST Health facilities CLOSED PlusCare Clinic & Shawnee Clinic Ext Hours OPEN 5p until 9p (last patient accepted at 8:30p)
Mon., Jan 21st <i>(MLK Jr. Day)</i>	All Day	All AST Health facilities CLOSED except PlusCare Clinic OPEN 9a until 5p (last patient accepted at 4:30p)

In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:
Little Axe Health Center 405.447.0300 • Shawnee Clinic 405.878.5850 • PlusCare 405.447.0477

Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health, Little Axe Health Center or Shawnee Clinic", Twitter @ASTHealth and on the ASTHS website at www.asthealth.org.

***Honoring Our Past
With Promise for
Our Future***

**LIFE is Beautiful
Living Meth Free**



**National Suicide
Prevention**

**1-800-273-8255
(TALK)**



**Absentee Shawnee
Health Systems
Shawnee & Little Axe**



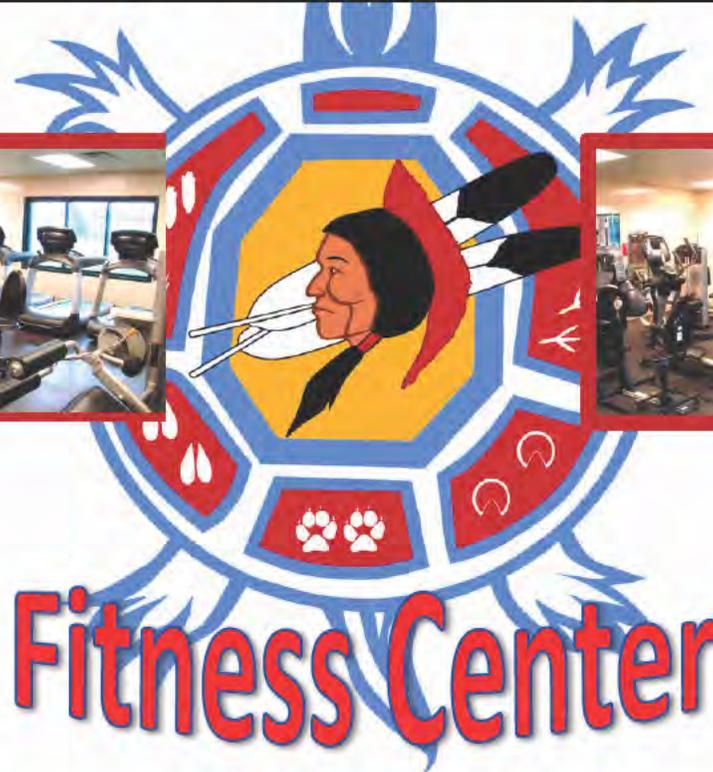
Buster Bread
Fitness Manager



Chrissy Wiens
Physical Activities Specialist

The Absentee Shawnee

Diabetes and Wellness



Fitness Facility Hours of Operation

Monday - Friday

6:00 a.m. - 9:00 p.m.

Fitness Facility Weekend Hours of Operation

Saturday

9:00 a.m. - 3:00 p.m.



Brandon Goodman
Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson
Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday	6:00am - 9:00pm
Saturday	9:00am - 3:00pm
Sunday	CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
<u>Aerobic/Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Aerobic/Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Aerobic/Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Aerobic/Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Aerobic/Strength Circuit</u> 6:15 a.m.-7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Low-Impact Functional Fitness</u> 12:00 p.m.-1:00 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>HIIT Friday</u> 12:00 p.m.-1:00 p.m. Buster Bread LITTLE AXE HEALTH FACILITY
<u>Resistance Training</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m.-6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Low-Impact Functional Fitness"- A low-impact exercise class that assists in improving body movement. Come train to defeat fatigue and improve your strength to better perform your daily activities.



**Absentee
Shawnee Fitness**

"Circuit Training"- A time-efficient training system aimed at developing strength through a number of pre-determined training stations.



"Resistance Training"- Classic resistance training utilizing a variety of fitness apparatus, including resistance bands, dumbbells, kettlebells bodyweight exercises, and medicine balls.

"HIIT"- High-Intensity Interval Training alternates between intense training intervals and brief rest periods to give you an short and effective workout.

**Diabetes and
Wellness**

CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines.
Keep a copy on hand
and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER CHS
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC CHS
405.878.5850 (Primary)
405.878.4702 (Secondary)



ARSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

Care on your schedule, that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

HOURS OF OPERATION:

9 a.m.-9 p.m. Monday-Friday

9 a.m.-5 p.m. Saturday-Sunday

9 a.m.-5 p.m. Holidays

(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment-9 a.m.

Last appointment-8:30 p.m. Monday-Friday

Last appointment-4:30 p.m. Saturday, Sunday & Holidays

Minor illnesses and injuries—an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On weekends. This is all for you.**



PLUSCARE

LI-SI-WI-NWI HEALTH, INC.

Prevention. Progress. Pride.

Accredited by
AAAHC
ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

15702 East State Highway 9 · Norman, OK 73026
Phone: 405.447.0477 Fax: 405.366.8996

WWW.ASTHEALTH.ORG

The Absentee Shawnee Health System Formed Patient Family Advisory Council

Patient and Family Advisory Councils (PFACs) are a productive way for patients and families to partner with a healthcare system to provide guidance on how to improve the patient and family experience. At the Absentee Shawnee Tribal Health System (ASTHS) we value your perspective and believe it could help improve our services. The vision of the ASTHS PFAC is to achieve a level of care where patient and family involvement is welcomed and optimized. It is our hope that through this partnership you will help us enable solutions for implementation and delivery of health and wellness programs relating to patient and family centered care that is safe, fair, effective, efficient, timely, and culturally sensitive to our Native American patients.

It is the mission of the PFAC to create positive changes in our healthcare delivery system by supporting an environment where patients and family members feel safe, respected, and empowered to be partners in their care.

The first meeting of the PFAC occurred on November 2nd at the Little Axe Health Center. This introductory meeting was held with the ASTHS leadership team and recommended AST community members of the Little Axe/Shawnee areas. It was the goal of the health system to recruit members of the community having differing perspectives to represent families of the AST community. The members of the committee are as follows: Sandra Vaughn (AST/AST Health Board Chair), Atheda Fletcher (AST Representative), Kathy Deere (AST Elder), Stella Little (Non-AST Family Member), Meredith Wahpekeche (AST Family Member).

The second meeting of with the PFAC occurred on December 13th at the Little Axe Health Center. The committee was provided with presentations from three health system department heads to educate them on services that are offered within ASTHS. Following each presentation, question and answer sessions were held. Other presentations were given to ensure the PFAC had a better understanding of the organizational chart for ASTHS and what the established patient grievance process is.

The next PFAC meeting will be held on Thursday, January 2nd, 2019 at the Little Axe Health Center.

Volunteers for Tax Season

The tribe is looking for Volunteers to assist in free tax preparation for AST tribal members, Employees and Widow/Widowers of tribal members. You will receive specialized training from IRS certified volunteers, so don't worry if you don't know that much about taxes! Volunteer roles include being a "Greeter", "Reviewer", "Tax Preparer" and we need more than one of each.

Training will begin in January. Our dates of service will be Tuesdays and Thursdays from 5:30 P.M. to 8:00 P.M. and Saturdays from 9:00 A.M. to Noon, beginning Tuesday, February 04th through Saturday, April 13th 2019. Contact Diane Ponkilla at (405)275-4030 ex. 6267 or Glenna Jones at (405) 275-4030 ex. 6307 to volunteer.

AST Governor Sponsors Benefit Walk for Special Needs Children

On December 1st, the Kickapoo Tribal Complex hosted the CTSA Benefit Walk for Tots 'N Toys. The CTSA Head Start serves 146 children, ages from birth to five years, from low-income families and children with disabilities.

The one-mile walk served as a "fundraiser" to provide toys to these children. The entry fee to walk was one toy per person.

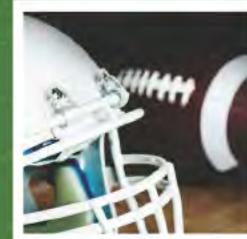
The event was sponsored by Governor Butler-Wolfe of the Absentee Shawnee Tribe and Charman David Pacheco of the Kickapoo Tribe.



DAY



E



M



O



Details

When

Thursday, January 10th, at 2pm

Where

Diabetes & Wellness Demo Kitchen at Little Axe Clinic

Free Recipe Cards and Samples Provided

Due to limited space, please RSVP to the Diabetes & Wellness Program by Monday, January 7th, by calling 405-701-7977.

Join us, as we learn from our food and nutrition experts healthy ways to make your favorite Super Bowl tailgate foods!

Absentee Shawnee Tribe
Behavioral Health Services



WHITE BISON, Inc.
A Cultural Approach to Personal Recovery
Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bldg. 16)

For further information, contact:

Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987



2% milk served daily

Menu subject to change

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 AST Complex Closed 	2 Sliced Ham Black-eyed Peas Cornbread Prunes	3 Frito Chili Pie Onions, Chez Pears	4 Oatmeal Raisins Sausage Patty	5
6	7 Beef Fingers Mashed Pot/Gravy Veggies Peaches	8 Taco Soup Tortilla Chips Cookie	9 Baked Potato Ham, chez, onions Broc n Chez Jell-O	10 Chicken Breast Wild Rice Carrots Bread/Apple	11 Scrambled Eggs Sausage Gravy Biscuit	12
13	14 Chicken Salad Sandwich LTOP Chips Grapes	15 Smoked Sausage Mac n Chez Broccoli Pudding	16 Hamburger Stew Crackers Chez Sticks Mandarin Oranges	17 Wieners & Kraut Green Beans Bread Plums	18 Bagel Cream Cheese Cottage Chez Peaches	19
20	21 AST Complex Closed 	22 Hamburgers Baked Beans LTOP Apricots	23 Chicken Strips Mashed Pot/Gravy Brussel Sprouts Roll/Applesauce	24 Grilled Chez Sandwich Veggie Soup Peaches	25 Boiled Egg Bacon Toast Fruit	26
27	28 Pork Chop Scalloped Pot. Veggies Mixed Fruit	29 Baked Zita Veggies Garlic Bread	30 Crispy Italian Chicken Peas n Carrots Pineapples	31 Beans Steak Fries Cornbread Crisp		

NOT GOING TO BE HOME?
CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

Title VI News

January 1, AST Complex Closed No meals will be served or delivered

January 21 Dr. Martin Luther King Jr Day
AST Complex will be closed

No meals will be delivered or served

As winter approaches keep yourself warm, still drink your water and if you must travel buckle up, charge your cell phone, gas your car up and have snacks just in case something happens and it could in just seconds.

If you have any questions, concerns or comments please feel free to contact us at 405-275-4030 ext. 6227

Absentee Shawnee Tribe – Severe Weather Policy effective December 2013 states:

2. PROVISIONS

a. Prior to normal starting time it will be announced on one of the local television or radio channels that the Absentee Shawnee Tribe is open and/or closed based on weather severity. The Governor, and/or designee, will report to these channels: Channel 4, 5, 9, Fox 25; Radio-

KTOK 1000; KOCK 1520 AM. Formerly the policy has been that when schools in Little Axe and Shawnee are closed then employees would be allowed administrative leave. This policy seeks to clarify on procedures and gives the decision making process back to the Tribe.

b. On days when weather conditions worsen as the day progresses, the Governor or another Member of the Executive Committee may decide to close early. In such cases, a decision and an announcement will be made through email to all employees

JANUARY BIRTHDAYS

- Aguirre Perez, Mabel Beatrice
 Alford Jr., Paul Leon
 Alford, Sandra Kaye
 Alford, David Wesley
 Altman, Garrett Michael
 Anderson, William Chase
 Armstrong, Frank Lee
 Barber, Joeseoph Leeroy
 Barbosa, Cash Cisco
 Barfield, Amandia Quaymmie
 Barton, Brittany Lynn
 Bates, Terri Elaine
 Bayliss # 160899, Jeffery Chan-
 ning
 Beach, Cary Sue
 Bearden, Tammy Sue
 Bettelyoun, Kelan Chase
 Bittle, Boston Warrior
 Blalock, William Charles
 Blanchard, Chelsey Kolesha
 Blanchard II, Aaron Gabriel
 Blanchard, Cory Eugene
 Blanchard, Bernice Starr
 Blanchard, Chester Vernon
 Blanchard, Twyla Gayle
 Blanchard, Terance Blaine
 Boston, Nathan Daniel
 Bouquet, Giovanni Lucas
 Boyd, Ladarius Eugene
 Bradley, Clarence Scott
 Bragg, Ronald Lee
 Brannon, Tyneeka Alexandria
 Bread, Christina L.m.
 Brinson Jr, F E
 Brokeshoulder, Sherri Dawn
 Brown, Harper Janiece
 Brummett, Taylor Renee
 Burkhard, Valarie Mae
 Buss, Autumn Dawn
 Byers, Alaric Vaan
 Casteel, Annabella Rai
 Chisholm, Mark Wayne
 Citty, Rebecca
 Clark, Emiley Ann
 Coleman, Justin Ray
 Colungo, Damien Micheal
 Condra, Karri Marie
 Coon, Wynona Sloat
 Cope, Michell Eldon
 Cope, Carter Shaun
 Coriz, Matoka Marie
 Cox, Micheal Sage
 Creamer, Maureen Jessica
 Creek, Bessie Lee
 Cripps, Jimmy Mark
 Crossley, Orin Lee
 Crossley, Rachel Ann
 Crouch, Jennifer Renee
 Cruz, Reyna Jalyssa
 Cutler, Breanna Kailee
 Dankenbring, Melody Renee
 Davis, Rhonda Jean
 Day, Zander Nicholas
 Day, Vivian Denise
 Deer, Joell Francis
 Deer, Braelyn Ariyahna
 Deere, Christopher Lee
 Deere, Clinton Jess
 Dibler Jr, Daymon Daniel
 Doe, Jane Sue
 Downs, Cooper Maddox
 Eckles, Ethan Andrew
 Edwards, Connor Sagan-Riley
 Ellis, Ryan Mark
 Ellis, Lisa Marie
 Ellis, Jackson Matthew
 Felton, Kandice Nicole Grace
 Ferdig, Brandi Nicole
 Fire, Orphie Jane
 Fixico, Amelia Anne Marie
 Flowers, Jasmine Lynne
 Foreman Jr., James Louis
 Foreman, Mary Ella
 Foreman, Hunter Lynn
 Foreman, Elijah Bryce
 Foreman, Anthony Clayton
 Freeman, Jerilyn Kay Barnett
 Fritsch, Jaxon James
 Fruit, Andrea Dee
 Geissler, Jarett Paul
 Gibson, Ronnie Caleb
 Gibson, Jeremy Lee
 Gibson, Braxton Reid Caddo
 Gibson, Martha Lynette
 Gibson, Gloria Lynne
 Gibson, Walter Ray
 Gibson, Clarence
 Gibson, Jimmy Ray
 Gilman, Howard Floyd
 Gonzalez, Xochitl Olivia
 Goodman, Thomas Donald
 Granstrom, Tyler Michael
 Hall, Bonnee RaeLynn
 Hanson, Bentley Robert Jin
 Harjo, Tabias Darnell
 Harjo, Nicholas Gerald
 Harrington, Carolyn Jean
 Harris, Samuel Lee Allen
 Sabre
 Haumpy, Tacie A'lize
 Hawk, Quincy Ryan
 Heatley, Cashis King
 Heatley, Prada DeeAnn
 Hernandez, Janessa Leann
 Herrera, Angel Juventino
 Hilderbrand, Cameron James
 Hill, Keiton James
 Hill, Stephen Lee
 Hood, Dantel Ruya
 Hough, Alyssa Blake
 Howe, Angelina Marie
 Huerta Trevino, Beautiful
 Vivianna Olivia
 Humphrey, Lou Ann
 Innis, Nicholas Alexander
 Irvin, Michael Reed
 Isaacs, Betty B
 James, Diane Rene
 Januszewski, Connie Bradley
 Jimboy, Kaden Allen
 Jiron, Mary Elizabeth
 Johnson, Bradley Nathaniel
 Preston Scott
 Johnson, Bruce Dale
 Johnson, David Lee
 Johnson, Patrick Wayne
 Johnson, Tanessa Anah Ma-
 rie
 Johnson, Pauletta Elephant
 Johnson Jr., Henry Caddo
 Johnson Jr., Josie Ed
 Kaseca, Thomas James
 Keith, Shelli Leann
 Kelly, Addison Marie
 Kelly, Davis Daniel
 Kelough, Manuel LeeWayne
 Kelsey, Kyler Seann
 Komahcheet, Nolan Frank
 Larson, Brooke Nichole
 Law, Destini Marie
 Leath Jr., William Jake
 Lester, Bradley Shane
 Lewelling, Amber Dawn
 Lewelling, Stacie Berlyn
 Little, Troy Don
 Little, Sutton Keith
 Little, Mia Rachelle
 Little, Shea Alexis
 Little Axe Jr., Ricky Lee
 Little Axe, John Al
 Little Axe, Daveny Amour
 Little Axe, Courtney Nicole
 Little Axe, Darrell James
 Little Charley, Keith Eldon
 LittleAxe-Nettles, Aniah Elizabeth
 Littlecreek, Kami Dawn
 Littlecreek, Catherine
 Livsey, Shannon Marie
 Longhorn, Shawna Michele
 Longhorn II, Leonard Wayne
 Longhorn, Bruce
 Longhorn, Crystal Alaina
 Longhorn, La Donna Gail
 Longhorn Moore, Tylee Raquel
 Longman, Caitlin Oteaka
 Lovins, Marilyn Sue
 Lowe, Charles Jake Kilraine
 Lowry, Linda Diane
 Mann, Marc Andrew
 Mann Sr., Glenn Dale
 Mann Jr., Glenn Dale
 Marquez II, Quentin Miles
 Marriott, Cadence Sunay
 Martin, Jared Webster
 Martinez, Naliyha Tewa
 Martinez, Winter Dawn
 Martinez, Sam Littlecreek
 Martinez, Laronda Ann
 Masquas, Aniyah Renee
 Masquas, Hazel Lynn
 Masquat, Kinsley Rae
 Mathany, Connie Ruth
 Maxwell, Nellie Tiger
 Maxwell, Jimmy Ray
 Mazzucco, Tiana Bright Path
 McAnally, Makiah Hope
 McBroom, Tallon Cole
 McCreary, Lisa Jane
 McCreary, Gabriel David
 McGirt, Travis Wade
 McPherson, Mason Thomas
 McPherson, Alan Lynn
 McPherson - Khalil, Jessica Lynn
 McPherson-Brittain, Jason Tyler
 McReynolds, Loren Joel
 Meek Jr, Jimmy David
 Melton, Serena Jo
 Melzer, Logan Michael Boyer
 Mendoza, Samuel Lee
 Merrell, Maddox Andre
 Milburn, Michelle Sahara
 Miller, Tre Dean
 Miller, Laney Lee
 Mitchell, Nycole Morningstar

Mitchell, Gage Jaydn
 Montgomery, Nathan Andre Patrio
 Morris, Lucas Hayden
 Morris, Betty Sue Williams
 Morris Jr., John Gilbert
 Morris, David Leon
 Morris, Jordan Marie
 Munroe, Ellen Marie
 Nail, Brandy Diane
 Nance, Desmond Ravon
 Nance, Eva Renae
 Navarro, Isaac Joseph
 Navarro, Eric Roberto
 Neash, Diondre DaShawn
 Ned, Tina Renee
 Nelson, Payton Ashlee
 Nicholson, Victoria Rose
 Nicholson Jr., Larry Zenith
 Norred, April Babette
 Norton, Jai'Nasha Camille
 O'Brian, Connie Frances
 Panther, Cheyanne
 Panther, Kylie Leaann
 Parsons-Squire, Autumn Lynn
 Patty, Elsie Wynona
 Pawnee, Izabella Danae
 Pearce, Kelle Dawn
 Pearl Atwood, Donna Sue
 Pelts, Brandy Nicole
 Pewenofkit, Alta Rochelle
 Poncho, Octavia Marie
 Puckitt, Zesa Lou-Ann
 Queen, Marlene Lucille
 Rakestraw, Mariah Diane
 Ramirez II, Antonio
 Ramirez-Beavers, Shakayla Jordo
 Grace
 Ramirez-Beavers, Shakora Jean K
 Rapp, Olivia Astrid
 Reed, Teresa June
 Reeves, Sharon Annette
 Reyes, Jose Angel
 Riden, Carter Daniel
 Ridenour, Logan Taylor
 Riedel, Brian Alan
 Roach, Dawson Wayne
 Roberts, Ramona Lee
 Robertson, Wanda Lejean
 Robison, Tyrel Lane
 Rochon, Stephen Arthur
 Rolette, Ty Clay
 Rose, Neela Mahadevi
 Ruimveld, Chad Christopher
 Rutledge, Naomii Laiyla
 Rye, Gail Marie Alford

Sam-Ruimveld, Bailey Shae Issi
 Balalli
 Sanders, Dylan Wayne
 Seber, Jamie Nicole
 Seber, Lauren Elizabeth
 Serena, Anthony George
 Shaffer, Christie Elaine
 Shawnee, Keaten Wayne
 Shelton, Xavier Race
 Sherrill, Quentin Patrick
 Shields, Aaliyah Brooke
 Shields, Laila Annaliese
 Shular, Sandra Jeanne Hood
 Sloat, Warren Howard
 Sloat, Cilicia Ann
 Smith, Mariah Love
 Smith, Ryan James
 Smith, Al Murray
 Snake, Barry Gabriel
 Snake, Anita Mae Burton
 Sorrells, Sandra Lee
 Spoon, Deric Brandon
 Spoon, Tina Louise
 Spoon, Barbara Jo
 Spoon, Christopher Jaye
 Spoon, Preston Sha'Queal
 Spybuck, Winter Dawn
 Squire, Jimmy Dowell
 Starnes, Khalilee Rayne
 Starr, Adrien Miguel
 Starr, Martin
 Starr, Rance George
 Steinruck, Eugene Donnell
 Stewart, Glenn Alan
 Stewart, James Clyde
 Stone, Brian David
 Stricklin, Victor Medrano
 Stryker, Rodney Shane
 Sullivan, Glenda Ann
 Surface, Ashley Katherine
 Sutton, Santos Daniel
 Switch, Casey Camden
 Switch, Hannah Nichelle
 Tarbox, Christy Lee
 Taylor, Nathan Wayne
 Thomas, Joel Elijah
 Thorpe, Shylah Jean
 Thorpe Jr., James Francis
 Thorpe II, Ronnie Allen
 Tiger, Christoper Blaine
 Tiger, Summer Dawn
 Tiger, Wanda Little Axe
 Tilley, Makiah Lynn
 Tolbert, Ashlyn Reilly
 Tonyan, Teagan Gwen

Torres, Rosa Marie
 Torres, Fernando Jose
 Treat, Joshua Steven
 Turner, Timothy Jake
 Tyner, Tonia Melanie
 Uchida, Nolan Garrett
 Valdivia, Thomas Lesley
 Vanliew, Kesa La'nae
 Villalobos, Valentina Noel
 Wahpekeche, Eric Lynd
 Wahpepah, Hazel Paige
 Walker, Roger Steven
 Warrior, Zybelle Rose
 Warrior, Riley Shayne
 Warrior, Tobin Shane
 Washington, Rebecca Marie
 Watson, Daniel Owen
 Watson, Matthew Payden
 Watson, Patrick Scott
 Watson, Julie Marie
 Watson, Shawnee Sharisse
 Webb, Kelly Britt
 White, Seth Wesley
 White, Jesse Lee
 White Thunder, Sheldon Thomas
 Whited, Angela Kay
 Williams, Joshua David

Williams, Joseph Billy
 Williams, Joseph Bryan
 Willoughby, Marcie Deann
 Wilson, Aarion James Deer
 Wilson, Calvin Lee
 Wilson, Alta Louise
 Wilson, Wesley Dean
 Wilson, Faith Anne Marie
 Wilson, Stephen Edward
 Wilson, Christopher Dale
 Wilson, Michael Eugene
 Wilson, James Francis
 Wilson, Alix Re'Ann
 Wilson, Dean Owen
 Wilson, Edward Wayne
 Wise, Landon Kyle
 Wolf Sr., Aaron Paul
 Wolf, Angel Erica
 Wolfe Jr., Houston Hugh
 Womack, Kaleigh Patricia
 Wood, Shelby Maddison
 Woods, Jiya Marie
 Wright, Phillip Lawrence
 Wunderlin, Donna Jo
 Wyatt, James Allen
 Yandell, Leon Allen
 Yeahpau, Michael Tyrus



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
 Prevention. Progress. Pride.

BEHAVIORAL HEALTH SERVICES

A guiding hand on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m. Monday through Friday.

LITTLE AXE HEALTH CENTER
 15951 Little Axe Dr.
 Norman, OK 73026
 405.447.0300
 BEHAVIORAL HEALTH
 Rolanda Smith 405.701.7987

SHAWNEE CLINIC
 2029 S. Gordon Cooper Dr.
 Shawnee, OK 74801
 405.878.5850 · 1.877.878.4702 (Toll-free)
 BEHAVIORAL HEALTH
 Roberta Cooper 405.878.4716

Services available for all Federally Recognized Tribes.

AAAHC

WWW.ASHEALTH.ORG



Bernice Blanchard • Jan. 19th
from Sis, Tom, Shedon Shelby, Shelsie, Bryson, & Nakiaus

Sheldon White Thunder • Jan. 16th
Happy 28th Birthday from
Mom, Dad, Shelby, Shelsie, Bryson, and Nakiaus



AUNT B -
YOU'RE THE FUNNIEST, MOST GOOFY
AUNT AROUND! SURE HOPE YOUR
BIRTHDAY IS A TOTAL BLAST!
LOVE, JOPLIN, JILYAN, JUSTIN,
POPPY J. & RAT-T



Pat Johnson
Clay Forman
Mary & Elijah Foreman
We wish you all a
wonderful day!
Love,
The Kasecas

HAPPY BIRTHDAY
JUNIOR!

WE LOVE YOU!
RICHARD, TINA,
SHERRY, AND MIKE



Sister Creep,

Happy Happy Birthday!

HA HA you're a year older, but you sure don't look like you're almost 50! You wear your skin well.

Love, your baby sister "Sheree"



Sandra
Happy 57 Birthday! Hope it's a great one!
Love, Sherris, Jilijan, Joplin, JT, Poppy, & RAT



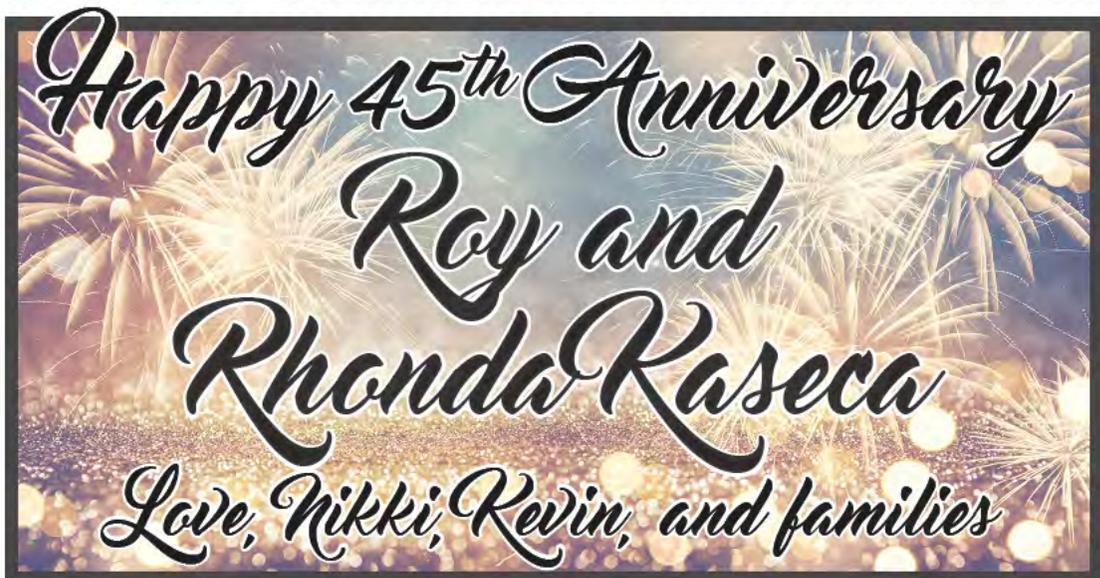
Wishing my nephew a very Happy Birthday to Jimmy David Meek
I love you! You're Aunt Sadie



Happy 56th Birthday to
Houston Wolf Jr.
January 13th



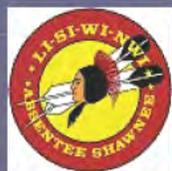
To my two awesome daughters:
Barbara Jo Spoon
& Sandra Kay Alford
I hope your birthdays are the happiest. I love you both very, very much. Hugs and Kisses, Mom



Stevi Johnson named All Conference



Longfellow Middle school student Stevi Johnson was recently named All Conference in Cross Country while leading her team to its 3rd straight conference championship. She placed in the top three of every meet and hopes to qualify for state next year as a freshman. In October, Stevi was a featured speaker at the 20th Annual Drug-Free Kids Campaign Awards Dinner held in Washington D.C. She shared her experiences as an advocate and youth trainer for Community Anti-Drug Coalitions of America, with current and former members of Congress in attendance. Stevi is also serving her second year as president of the National Junior Honor Society and strives to be a leader both in school and out.



Absentee Shawnee Tribe Child Care Development Fund Programs

La-pe-we-ki-wa ho-ge-wa-pe-fa-yi mi-ti-ge

"Lifelong Learning Begins Here."



Program Services:

- Building Blocks Child Development Center II- Shawnee, OK- Tribally Operated Child Care Center
- Building Blocks Child Development Center III- Little Axe, OK- Tribally Operated Child Care Center
- AST Child Care Subsidy Program- Child Care Assistance
- AST After School Program- Horseshoe Bend Community- After School Care
- AST After School Program- AST Complex, Shawnee- After School Care
- For information about these services please visit the AST website at www.astribe.com/Childcare
- Contact information:
 - ✘ BBCDCII-Shawnee (405)878-0633 Email: ecrawford@astribe.com
 - ✘ BBCDCIII- Little Axe (405)360-2710 Email: rebeccaj@astribe.com
 - ✘ AST Child Care Subsidy (405)432-8411 Email: briana.ponkilla@astribe.com
 - ✘ AST ASP- HSB (405)432-8411 Email: lanora.buswell@astribe.com
 - ✘ AST ASP-Shawnee (405)432-8411 Email: lanora.buswell@astribe.com

Share your Celebrations!!!

Call AST Media at 405-598-1279 or email your request to stiger@astribe.com by the 15th of the preceding month.

Only 1 picture can be used per celebration.

If you choose to visit our office and we are not present, please leave your requests in the mail box.

Building Blocks III January Newsletter

BBIII Christmas Pageant

Building Blocks III has been very busy since Thanksgiving. We, including the children, have been working very hard getting ready for our Christmas Program to be held December 21st, 2018 at the Little Axe Resource Center. It has been very exciting watching the children practice their songs and finger plays. The staff has been preparing for a special visitor, Santa, to attend our Christmas parties on December 20th, 2018. He will be bringing toys for the boys and girls of Building Blocks III CDC.

We held what we hope to be a new tradition, a Parent's Day Out. We had teacher's volunteer their time to help with Christmas crafts and activities, like making playdough ornaments, while their parent's finished last minute shopping or wrapping up gifts.



Building Blocks III will be closed Tuesday, January 1st in celebration of the New Year and Monday, January 21st in celebration of Martin Luther King, Jr.

We would like to wish you all a very Merry Christmas and a Happy New Year from the staff of Building Blocks III CDC.

With all our love,
Stacy Battige, Asst. Director &
Building Blocks III staff

Building Blocks II Christmas Pageant



3 year olds



2 year olds



After School



Staff



USDA Forest Service



Vacancy Announcements

The USDA Forest Service announces GS-02 - GS-05 current vacancy positions on USAJOBS.

The Student Trainee positions are not to exceed 6 months in both the Central Plains and South areas.

To view eligibility and to apply for the specific vacancies please click the following links: ([Central Plains Business and Industry](#), [South Business and Industry](#)), ([Central Plains Engineering and Architecture](#), [South Engineering and Architecture](#)) ([Central Plains Biological Science](#), [South Biological Science](#)) and ([Central Plains Administration and Office Support](#), [South Administration and Office Support](#)).

There are various start dates for these positions - May 26, June 9th, June 23rd or July 7th, of 2019, This opportunity to apply closes on **January 18, 2019**.

Within your local counties there maybe some eligible positions that could be for high school seniors with a 2.5 GPA on a 4. scale.

NOTE:

If you are **NEW to USAJOBS** here is more information about: [Creating an Account](#), [the Pathways Program](#) and [the Application Process](#). For additional information visit the [Help Center](#). You can also find all other above listed position samples in the [How to Apply](#) section of the announcement.

Grants Department Hires New Staff

The Absentee Shawnee Grants Department is growing and thriving, already receiving grant awards for FY 2019 and the expansion of the department in turn will provide additional support to seek additional funding.

U.S. Department of Health and Human Services (DHHS) - Substance Abuse and Mental Health Services Administration, Tribal Opioid Response, has been awarded to AST for FY 2019 in the amount of \$253,155. Also, the U.S. Department of Justice (DOJ) Tribal Access Program for National Crime Information (TAP) has been awarded to AST for FY 2019. The Grants Department has made some necessary expansions to the department; please welcome two new employees to the grants team.



Mary "Lu" Kindblade, a native Oklahoman, has devoted the past 31 years to serving tribal and municipal communities and charitable organizations, in the areas of grant writing, federal and contract compliance, strategic planning, training, and budget management. She has a broad range of experience from such entities as tribal governments, municipalities, non-profits, medical and behavior health programs, faith-based organizations, public and private schools, and businesses.

For her efforts in community development and funding, she received the Community Service

Award by the Association of South Central Oklahoma Governments (ASCOG) RC&D and was recognized as the Person of the Year. Lu holds a Master of Education Degree in Critical Thinking and Multiple Intelligences from Notre Dame and a Bachelor of Arts Degree in Communication from Southwestern Oklahoma State University.

Throughout her career, she has secured millions of dollars for various organizations and their projects, with grants ranging from a few thousand to \$5 million dollars each. She is well-versed in a wide range of project types from planning and program service delivery to equipment acquisition, construction and infrastructure. "Helping organizations through all phases of grants and funding is my purpose and passion, and I am thrilled to bring my experience and stewardship to the Absentee Shawnee Tribe," said Lu.

In Lu's spare time she likes to hike, travel and mentor young adults in career and financial literacy.

mkindblade@astribe.com
405.275.4030 ext. 6283



Andrea L. Ellis-Harrison is a proud Absentee Shawnee Tribal member. She graduated from Seminole State College with an Associate's Degree in Science. Soon after graduating from Seminole State College, Andrea went on to expand her higher education at the University of Oklahoma with a Bachelor of Arts Degree in English minoring in History. Andrea has over 10 years of experience working with grants and federal/local/state funding sources. Also, she has several years working with tribal governments and organizations. Andrea is

the mother of two handsome, outgoing, very athletic and kind hearted boys. Andrea serves on several boards and committees for local, national, state and tribal levels such as: National March of Dimes Coming of the Blessing Native Women's committee as Chairwoman, House of Hope Board Member and the Tri-County Rural Water Board Member seat 5 Ward 5.

In her spare time she enjoys watching her sons play sports, bead work, sewing and yoga. Andrea is also a certified yoga instructor YRT 200 hours and graduate from the Oklahoma Arts Council Leadership Arts Class of 2015.

AHarrison@astribe.com
405.275.4030

Fractionation Education For Tribal Members

Hosted by Department of Interior with Donnie Smith

Attention:

Absentee Shawnee Realty Department has partnered with the Department of Interior to provide the following information to the tribal members!

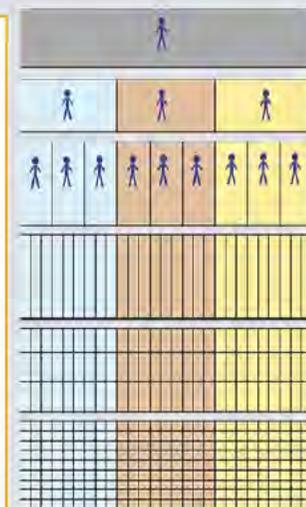
Fractionation: Inherited undivided interest

- How reservation land is owned?
- Your Individual Trust Interest (ITI) Report: How to read it?
- Who is eligible to inherit your trust land and retain trust status?
- Your undivided interests of 5% or more: What happens if you pass away without a written will?
- Your undivided interest of less than 5%: What happens if you pass away without writing a will?
- Ways to avoid further fractionation of reservation land
- Your Individual Indian Money (IIM) account: What happens to your money if you pass away without a written will?

Absentee Shawnee Tribe

Located at the Multiple Purpose Building at the Shawnee Complex

On February 2nd, 2019 from 10:00 AM to 3:00 PM. Breakfast and Lunch provided by Absentee Shawnee Tribe Office of the Treasurer.



RSVP with the Realty Department: 275-4030 Ext 6420

By January 18th, 2019.



National Park Service
U.S. Department of the Interior

Hopewell Culture
National Historical Park
16062 State Route 104
Chillicothe, Ohio 45601
www.nps.gov/hocu

Hopewell Culture Internship Opportunity! Archeological Technician



Internship Opportunities

Hopewell Culture National Historical Park is hiring a **Student Trainee (Archeological Technician) GS-0199-05** through the Pathways Internship Program with anticipated employment for 6 to 8 weeks between May and July 2019. The Pathways Internship Program is open to current students.

Selected applicants will assist the Park Archeologist, Park Curator and outside researchers to complete a variety of archeological field and laboratory projects at park units throughout Ross County, Ohio.

Experience your America and build a fulfilling career by joining the National Park Service. Become a part of our mission to unite our past, our cultures and our special places, to establish important connections to the present and build a rich and lasting legacy for future generations.

Hopewell Culture National Historical Park preserves, protects and interprets the legacy of the Native American Hopewell culture. Nearly 2,000 years ago in present-day southern Ohio, American Indian people built dozens of monumental earthen mounds and enclosures to serve as sacred centers of community life and ceremony. Six of these remarkable sites are preserved in the park.

Park field and laboratory projects are designed to help preserve, protect and interpret this rich heritage; connecting cultures—past, present and future.

Major Duties include, but are not limited to:

- Archeological field surveys and excavations
- Data recording, including field notes, excavation records, maps, and photographs
- Laboratory processing, including artifact cleaning, sorting, cataloging, and labeling
- Data management, including data entry and maintenance of databases, maps and files
- Compiling, analyzing and summarizing data for reports, interpretive programs and exhibits

Qualifications

- You must be a current student enrolled or accepted for enrollment in a degree or certificate program on at least a half-time basis with a minimum overall 2.0 GPA
- Completion of an archeological field school is highly desirable.

Salary \$16.50/hr. The anticipated work schedule is full-time, 40 hours/week for 6 to 8 weeks beginning in May. Positions may be terminated sooner depending on funding and workload. No government housing is available. Field work will be outdoors with exposure to heat, insects, allergens, and more.

You must apply at www.usajobs.gov during the open period: 12/31/2018—01/14/2019. This job will close when we have received 100 applications which may be sooner than the closing date.

Questions? Please contact:
Bret J. Ruby, PhD, RPA
Email: bret_j_ruby@nps.gov
Phone: 740-774-1126

AST Tribal Court Says Farewell to Judge Allan Grubb



AST Governor Edwina Butler-Wolfe and Judge Allan Grubb

On December 12th, the Absentee Shawnee Tribal Court hosted a Farewell to Judge Allan Grubb. Judge Grubb also practices as an attorney in State Court. Judge Grubb has served as a Judge in Absentee Shawnee Tribal Court since 2013. Judge Grubb will be sworn into office as the new District Attorney for Pottawatomie and Lincoln County in January 2019. As a result of his new position Judge Grubb will be stepping down from the bench as an Absentee Shawnee Tribe District Court Judge, and as a regular practicing attorney in State Court. Judge Grubb will truly be missed. Thank you for your time and service; you gave to the Absentee Shawnee Tribal Members and Absentee Shawnee Tribal Court.

EXPERIENCE YOUR AMERICA™

The National Park Service cares for special places saved by the American people so that all may experience our heritage.

Cultural Preservation

Absentee Shawnee Tribe



Suhaila Nease and Twila Parker

Thank you to everyone who participated in our 12 Days of Christmas! Our final drawing winner was AST member, Twila Parker! We had a great year last year and are hoping for more classes and events for 2019. Please contact our office for any questions about events or classes we host. Thank you!

Cultural Preservation Staff

Shawnee Language Bingo

Date: Tuesday, January 15, 2019 @ 6:00 PM

Location: Multipurpose Building, AST Shawnee Complex

Beading Classes

Date: Thursday, February 7 & 21, 2019 @ 6:00 PM

Location: Multipurpose Building, AST Shawnee Complex

Please contact Kim Billie to reserve your spot for classes.

405-275-4030 Ext. 6416

Employee Spotlight



Our Administrative Assistant and Library Technician, Kimberlee Billie, has worked for the Tribe since October 2017 and has been a great addition to our department. Her job as Administrative Assistant and Library Technician involves various roles within the department. Her main responsibility is to assist all office staff and oversee the library.

Kimberlee maintains direct communication with the Cultural Preservation Director and other staff in the office to see where help is needed. She logs and tracks all incoming mail. She assists the gift shop manager with inventory, sales, and customer service. She is familiar with the sales procedures and required reports. She also offers insight on the planning stages of all cultural classes and is always willing to offer insight.

In addition to her other responsibilities, she has recently taken on the role as our new Library Technician. She barcodes all inventory in the library and keeps track of the Library Grant budget. She will be working with the child care departments and after school programs in order to setup cultural activities for the children. She will also be in charge of coordinating the departments biggest summer event, IndigeNerd -Native Arts Festival and Comicon.

One of her greatest strengths is communication and her ability to be a team player. She is always willing to assist and go above and beyond in whatever ways she can. She has a positive attitude and strives to do the best at what she does.

Please watch for upcoming events in our Tribal newsletter and on the web. Stop in and check us out! Let us know how we can serve you. Please contact Kimberlee at:

kbillie@astribe.com 405-275-4030 Ext. 6416



Absentee Shawnee Tribal Court Legal Clinic

Beginning December 20th from 1:30pm – 3:30pm, and then every other Thursday from 1:30pm – 3:30pm

- assistance with civil court related matters, and misdemeanor citations
 - tax matters and filing
 - legal documents
- dispute resolution by mediation
 - bankruptcy documents
 - Peacemakers training
- No Criminal Cases are discussed

Walk-in Legal Clinic is First come, First served basis

Disclaimer: This legal clinic is a simple way to assist tribal members with court related matters- Not an attorney-client relationship or court representation

INCOME TAX – 2018 Call Kathy Deere for Appointment (405) 637-8248

Absentee Shawnee Tribal members, Widows/Widowers of Tribal members and Employees meeting the Low-to-Moderate income threshold for FY2019, Tax Year 2018, is \$55,000 is eligible to free Income Tax filing.

The location for Tax Preparation is on the Absentee Shawnee Tribal Complex in Shawnee at the Multi-Purpose Building. The time will be every Tuesday and Thursday evenings from 5:30 to 8:00 P.M. and Saturday mornings from 9:00 to Noon and run from February 4th through April 13th.

Please bring all tax documentation, Photo Identification for each adult, Social Security Cards, proof of income and deductions.



Embrace the New Year.

We can do this, together. It isn't easy to change habits. To take care of yourself as you take care of family and friends. To understand that what we do for others will not be possible if we don't respect ourselves. **The New Year is a time for restart.** How can I be healthier? How can I be stronger? AST Health is one with you. We understand. We listen. Our wish for the New Year? **Let us help you.**



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.

JANUARY IS STALKING AWARENESS MONTH

January is National Stalking Awareness Month. Stalking is a crime in all 50 states and it can happen to anyone regardless of gender, race, sexual orientation, socioeconomic status, geographic location, or personal association. Stalking is a crime, and the most stalked group of people is Native Americans.

The definition of stalking varies from one jurisdiction to another, but it is usually defined as a pattern of behavior directed at a specific person that would cause them to feel fear. Stalking is serious and can escalate over time.

Statistics

- The majority of stalking victims are stalked by someone they know. Many victims are stalked by a current or former intimate partner, or by an acquaintance.
- 48.8% of American Indian/Alaska Native women experienced stalking in their lifetime• 74% of those stalked by a former intimate partner reported violence and/or coercive control during the relationship.
- The average length of partner stalking is approximately 2.2 years (which is longer than the average of just over one year for non-intimate partner cases).
- 81% of women who were stalked by a current or former husband or cohabitation partner were also physically assaulted by that partner.
- 11.6% of American Indian/Alaska Native women experienced stalking in the past year.
- This means 1 out of 2 or 50% of American Indian/Alaska Native women have been stalked at some point in their life.

Examples of Stalking

- Calls you over and over again, even when you asked them to stop
- Follows you without your permission
- Shows up in same spaces as you
- Sending you unwanted gifts and/or unwanted communication like emails, texts, calls
- Monitors you without your knowledge – uses stalking apps to track your calls and messages, uses gps apps to know where you are
- Threatens you, your family, or friends
- Damages your property

For Help

At the Absentee Shawnee Tribe's Domestic Violence Department, we serve victims of domestic violence, sexual assault, dating violence, stalking and human trafficking regardless of race, age, gender, sexuality or economic status. Our jurisdiction encompasses Oklahoma, Pottawatomie and Cleveland counties and we can be reached at 405-273-2888.



AST Diabetes & Wellness Center found some safe places to workout and keep active this year in order to improve your overall Health.

Many of us that live here in the small area of Little Axe, Oklahoma have trouble finding a place to be physically active during closing hours of the Little Axe Resource Center or you may want to just change it up with different activities or sceneries. Below we provided you with some resources available to assist you with finding something that will

fit with your schedule, interest, or activity needs.



- **Thunderbird Lake** has on-site activities such as biking & walking Trails, canoeing, kayaking, rafting, fishing, swimming, archery, and more. They have many events schedule for 2019!! Visit their website. www.lakethunderbirdpark/travelOK.com or contact Susie Snider at *(405) 360-3526.
- **Little Axe Community Center** offers Disc Golf with a great scenery, Softball Fields, and occasionally offer Zumba, Jazzercise, and Tai Chi Classes. If you would like more info on what all the LA Community Center offers call Pam Sharp at (405) 292-9770.
- **Norman Oklahoma Paintball & ATV Field** located 3 miles east of Thunderbird Casino & 100 yards off of Hwy 9. for more information go to www.atvgames4x4@yahoo.com .or call (405)409-0554 or (405) 360-5934.
- **Little Axe High School** has a fenced in Outdoor Track on the Football Field and Tennis Court available for use when not occupied with school games or practices.



ICW Upholds AST Traditions with Holiday Foster Care Training



The Absentee Shawnee Tribe of Oklahoma Indian Child Welfare Department held its 2018 Foster Care Training and Christmas event on December 15, 2018. There were over twenty foster families that attended this training/Christmas Party event with AST children they foster. The event provided training to those foster parents of Absentee Shawnee Tribal children who are in either AST ICW custody or OKDHS custody and discussed Customs and Traditions of the Absentee Shawnee Tribe.

The training guest speaker was Andy Warrior. The following dancers performed a traditional Stomp Dance demonstration Rebecca Davis, Waynell Jimboy, Brock Runabove, BK Runabove, Clayton Martinez, Sherman Tiger, and AST ICW worker Paige Little Charley.

AST ICW would like to thank the above name individuals for their participation. For those interested in becoming an AST Foster Home please contact Melissa Hill AST Foster Care at 405-395-4490.

ELDER'S CORNER

By AST Elder Council Officers

ANNOUNCEMENTS:

The Elders Council Officers sends you their best wishes for a New Year of happiness, health, and prosperity for 2019. May this be the best year yet!

The Elders' Council has the following event scheduled for the month of January 2019.

- 2019 AST Elders Council Meeting Schedule

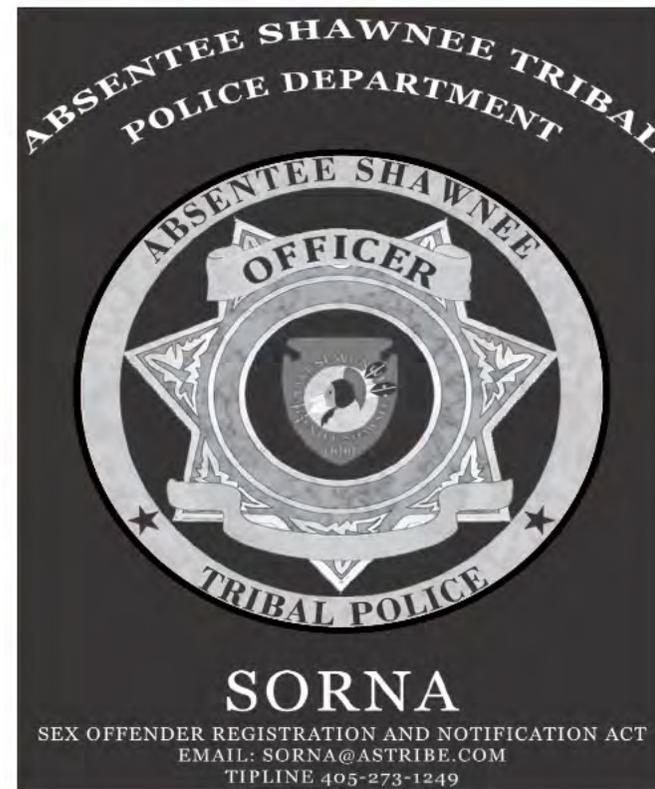
The Elders Council Meeting is scheduled for Saturday, January 19, 2019, at 10:00 a.m. at the Title VI Building, Shawnee, Oklahoma. Be sure to bring a covered dish for the potluck lunch after the meeting.

^a Elders Council Guidelines for 2019

Please submit your suggestions to President Meredith Wahpekeche by Friday, January 11, 2019, in a written format by e-mail: meredithwahpekeche@icloud.com. If you have any questions, she can be reached at (405) 464-6035.

If you are fifty (50) and up, we meet every third (3rd) Saturday of the month, and meetings are alternating locations at Little Axe Resource Center or Title VI Building in Shawnee Oklahoma. We usually have potluck lunch every monthly meeting (Unless otherwise posted). Next meeting is Saturday, January 19, 2019, at the Title VI Building in Shawnee, Oklahoma.

Age 50+ AST Elders are welcome at the monthly meetings!



Absentee Shawnee Housing Authority

2018 PROGRAMS



- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance – AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM



Office of Environmental Health & Engineering Brownfield Tribal Response Program

What is a Brownfield?



The EPA defines a brownfield site as "...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land."



Do you have land that you want to use for a business, park, or for cultural purposes, but are worried about possible contamination? If so, you may have a Brownfield site.

Typical Brownfield Sites Include:

- ◆ Abandoned Factories/Buildings/Homes
- ◆ Burned Homes
- ◆ Buried Dump Sites
- ◆ Open Dump Sites
- ◆ A Large Amount of Tires
- ◆ Former Cattle Dip Pit Sites
- ◆ Barrels of Unknown Substances
- ◆ Old Service Stations
- ◆ Oil Storage Facilities
- ◆ Oil/Gas Well Sites
- ◆ Old Dry Cleaning Businesses

If you have a Brownfield site that you would like to develop, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235

AST.Environmental.Programs@astribe.com

[Follow us on Facebook to view and comment on current and upcoming projects](#)



www.facebook.com/ast.environmental.programs



PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER

15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5:30 p.m. to 8:30 p.m.
(or until last PlusCare patient receives their medications)
Sat – Sun 9 a.m. to 5 p.m.
Holidays 9 a.m. to 5 p.m.
(excluding Thanksgiving & Christmas)

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

SHAWNEE CLINIC

2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Lobby:
Mon – Fri 7 a.m. to 5 p.m.

Drive-thru:
Mon – Fri 7 a.m. to 5 p.m.

Extended Hours*:
Mon – Fri 5 p.m. to 8:30 p.m.
(or until last patient receives their medications)
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays

*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



FY-2018 YTD TAX COLLECTIONS (through 11/30/2018)

TAX CATEGORY	YEAR-TO-DATE												% OF TAXES COLLECTED	
	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER		TOTAL
Sales (6%)	\$6,955.22	\$128.33	\$20,250.34	\$16,709.62	\$1,001.46	\$11,720.63	\$6,189.49	\$288.07	\$16,871.91	\$8,925.44	\$5,796.88	\$0.00	\$94,837.39	3.39%
Gaming % of free cash	\$150,000.00	\$300,000.00	\$200,000.00	\$150,000.00	\$150,000.00	\$150,000.00	\$200,000.00	\$200,000.00	\$200,000.00	\$200,000.00	\$250,000.00	\$0.00	\$2,150,000.00	76.76%
Employee (1%)	\$11,386.59	\$11,609.31	\$11,506.02	\$13,835.58	\$15,173.37	\$9,736.28	\$15,069.86	\$3,605.08	\$19,471.03	\$15,317.12	\$11,373.68	\$0.00	\$138,083.92	4.93%
Severance (8%)	\$4,549.73	\$3,384.15	\$2,620.73	\$2,103.29	\$1,865.19	\$690.38	\$552.41	\$0.00	\$2,986.55	\$0.00	\$8,376.42	\$0.00	\$27,128.85	0.97%
Motor Vehicle	\$11,963.40	\$18,890.16	\$20,352.65	\$17,819.28	\$18,981.52	\$13,052.06	\$13,910.94	\$15,005.34	\$13,309.00	\$13,461.41	\$15,775.67	\$0.00	\$172,521.43	6.16%
Motor Fuel Taxes (Qtrly.)	\$35,258.38	\$0.00	\$0.00	\$33,471.68	\$0.00	\$35,705.25	\$0.00	\$0.00	\$0.00	\$38,429.86	\$0.00	\$0.00	\$142,865.17	5.10%
Tobacco Refund	\$4,367.11	\$4,026.41	\$3,903.11	\$6,090.62	\$6,785.14	\$6,562.88	\$4,695.91	\$9,716.49	\$10,259.16	\$7,611.52	\$9,574.83	\$0.00	\$73,593.18	2.63%
TOTAL TAXES	\$224,480.43	\$338,038.36	\$258,632.85	\$240,030.07	\$193,806.68	\$227,467.48	\$240,418.61	\$228,614.98	\$262,897.65	\$283,745.35	\$300,897.48	\$0.00	\$2,799,029.94	
Miscellaneous	\$122.50	\$142.65	\$298.25	\$208.00	\$298.25	\$171.00	\$137.26	\$157.65	\$235.00	\$169.40	\$150.45	\$0.00	\$2,090.41	0.07%
TOTAL COLLECTIONS	\$224,602.93	\$338,181.01	\$258,931.10	\$240,238.07	\$194,104.93	\$227,638.48	\$240,555.87	\$228,772.63	\$263,132.65	\$283,914.75	\$301,047.93	\$0.00	\$2,801,120.35	100%

ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

Note: You may be asked to provide supporting documentation for verification purposes.

RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER

TAG PRICES

1-4 YEARS	\$85
5-8 YEARS	\$75
9-12 YEARS	\$55
13-16 YEARS	\$35
17- OVER YEARS	\$15

PENALTY

\$0.25 A DAY

Absentee Shawnee Behavioral Health STRENGTH OF TRADITION PROJECT

Funded through SAMHSA Native Connections Grant in providing support by:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about this program, please contact us!

Linda Gouge Grant Coordinator (405)701-7988
Victoria Andrews Grant Assistant (405)701-7995

Little Axe Health Center
Li-Si-Wi-Nwi Health, Inc.
15951 Little Axe Drive
Norman, OK 73026



This flyer was developed under a grant number SM080181 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.

WALK-IN CLINIC WITH EXTENDED HOURS



Here for you,
now more than ever.

EXTENDED HOURS:
9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday.** We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



SHAWNEE CLINIC

ABSENTEE SHAWNEE TRIBAL HEALTH AUTHORITY, INC.

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive | Shawnee, OK 74801
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m. M-F.
Closed the first Wednesday of every month from noon-5 p.m.
Closed Sundays & holidays.

Accredited by
AAAHC
ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

WWW.ASTHEALTH.ORG

Enrollment Department

Required documentation for updating/issuing/renewing your new enrollment card for 18 yrs. and older:

- Universal forms
 - Passport photo- color, 2" x 2", white background
Photos can be taken at the office, if you come in to update.
- 11 yrs. and under - no photo or signature on their card, but will need the form(s) filled out by parent/guardian.
12 yrs. to 17yrs. - passport photo and copy of parent/legal guardian's D.L. or state I.D. that signed the universal form.

Requirements for Per Cap requests {Must be 18 yrs. or older}
2005/2006 Trust Fund

- Order of release of Funds from Trust Account document, signed.
- color copy of D.L. or state issued I.D.
- Enrolled by 2006 or earlier

2016 Rama

- W9
- 2 forms of Identification (color copy)
- Enrolled by 10-24-2015

*All forms can be downloaded from www.astribe.com or picked up at the Enrollment office.

A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur
(i.e. marriage, divorce, etc.) need to be updated
through enrollment, **BEFORE** any new
registrations or renewals can be processed.

AST Education Dept Now Accepting Applications for Scholarships

Applications accepted:
Jan. 1st - March 31st
Finalists announced:
May/June 2019

Absentee Shawnee Tribe of Oklahoma
Education Department
2025 South Gordon Cooper Drive
Shawnee, OK 74801

(405) 275-4030 Ext. 6242 Toll free (800) 256-3341 Fax (405) 273-7938
youthaward@astribe.com

AST Education Department: Big Jim Youth Awards

We will begin taking applications for the 2018-19 Big Jim Youth Awards on January 1, 2019. High school seniors of both genders within the 50 United States are eligible to apply for these awards for the 2018-2019 school year. Applications will be accepted from January 1 to March 31, 2019 by US mail or email, official transcripts must be mailed. The official application form will be available in December 2018 at www.astribe.com under the Education Department. The \$1,000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2019 semester. The scholarship must be used for the fall 2019 semester.

We will begin accepting applications for the following awards:

- Big Jim Academic Achievement Award (Male and Female)
- Big Jim Athlete of the Year (Male and Female)

Individuals are encouraged to nominate deserving high school seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. Awards will be announced in May/June 2019.

We encourage ALL Absentee Shawnee High School Seniors to apply.

Award recipients will be recognized as the 2018-2019 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a \$1,000.00 scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe
Education Department
c/o Tresha Spoon
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
405.275.4030 Ext 6242
youthaward@astribe.com

- \$1,000 Scholarship Big Jim Academic Achievement Award (Male)
 \$1,000 Scholarship Big Jim Academic Achievement Award (Female)
 \$1,000 Scholarship Big Jim Athlete of the Year (Male)
 \$1,000 Scholarship Big Jim Athlete of the Year (Female)

STUDENT INFORMATION

Name: _____
(LAST) (FIRST) (MI)
Tribal Enrollment #: _____
Address: _____
(STREET) (CITY) (STATE) (ZIP)
Home Phone: (_____) _____ Cell Phone: (_____) _____
Email: _____

HIGH SCHOOL INFORMATION

High School Name: _____
City: _____ State: _____
Guidance Counselor: _____ Phone #: _____
(FIRST) (LAST)
Sport: _____ Position: _____
Coach: _____ Phone #: _____
(FIRST) (LAST)

All Absentee Shawnee High School Seniors are eligible and encouraged to apply.

Documents to be included with application:

- Official High School Transcript
 Letter(s) of Recommendation (Educator/Coach/Tribal/Church)
 Tribal Enrollment Card (copy)
 Resume of Accomplishments and Activities
 500-word Essay: How do you feel your accomplishments (knowledge/training) as well as your being an Absentee Shawnee Tribal member will influence your future plans?
 Video (optional): no more than 10 minutes in length



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A) (A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

**HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE
SUBMITTING TO SOCIAL SERVICES**

ATTENTION TRIBAL MEMBERS!!!

The approved Legislative Resolution No. L-AS-2018-17 has been duly adopted by the Executive Committee of the Absentee Shawnee Tribe of Indians of Oklahoma Authorizing and Approving an increase in the Burial Assistance amount for qualified and approved members to **six thousand dollars and no cents (\$6,000.00)**, effective October 1, 2018. If you have any questions, please contact the Social Service Department at (405) 275-4030, ext. 6225 or 6255. All the changes will be posted to the Absentee Shawnee Tribe's web site under service + Social Service.

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID's only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID's in the mail. If you have any questions, please call **(405) 275-4030, ext. 6225 or 6255.**

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. *We listen.*

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC

15702 East State Highway 9
Norman, OK 73026
405.447.0477



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

WWW.ASTHEALTH.ORG

WOMEN'S HEALTH SERVICES

There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER

15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC

2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 · 1.877.878.4702 (Toll-free)



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



WWW.ASTHEALTH.ORG

EMERGENCY NUMBERS

EMERGENCY ASSISTANCE
HEARTLINE EMERGENCY

911
211

Police, Fire, Ambulance
State of Oklahoma

TRIBAL POLICE
TRIBAL EMERGENCY MANAGER

405-275-3200
405-740-1562 (Cell)

Absentee Shawnee
Absentee Shawnee

SHERIFF
CITY POLICE
CITY EMERGENCY MANAGEMENT
COUNTY HEALTH DEPT.

405-273-1727
405-273-2121
405-273-5272
405-273-2157

Pottawatomie County
Shawnee
Shawnee
Pottawatomie County

SHERIFF
CITY POLICE
HEALTH DEPT.

405-701-8888
405-321-1600
405-749-1591

Cleveland County
Norman
Cleveland County

OG&E

405-272-9595
1-800-522-6870

Report Power Outage

CANADIAN VALLEY

405-382-3680

Power Outage

DEPT. OF ENVIRONMENTAL QUALITY
HIGHWAY PATROL

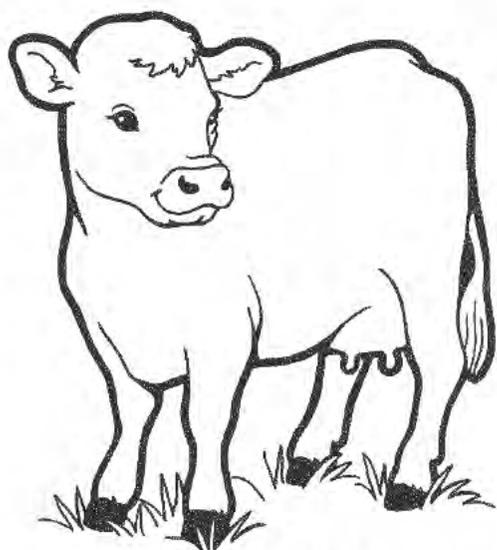
1-800-522-0206
405-425-4385

State of Oklahoma
Road Conditions

January
hi qe ke se fe wa

AST KIDZ ZONE

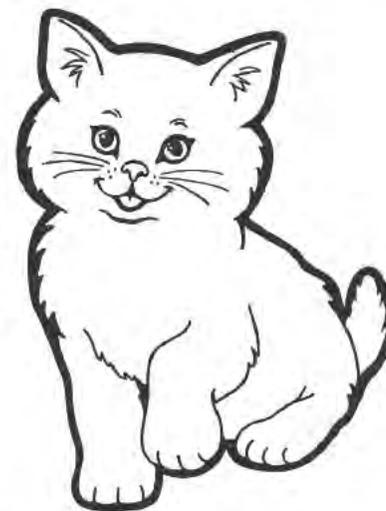
Color the Shawnee farm animals as directed



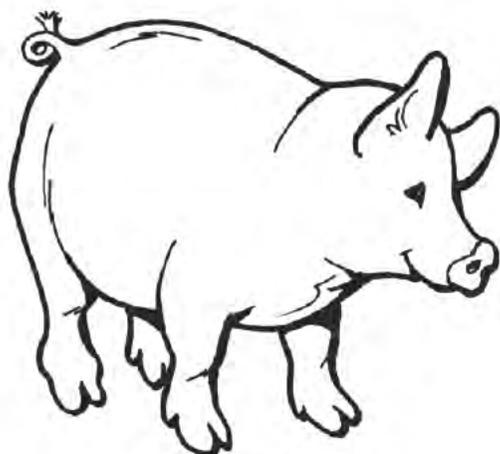
ME FO FE WI
(mee-thoh-thwah)



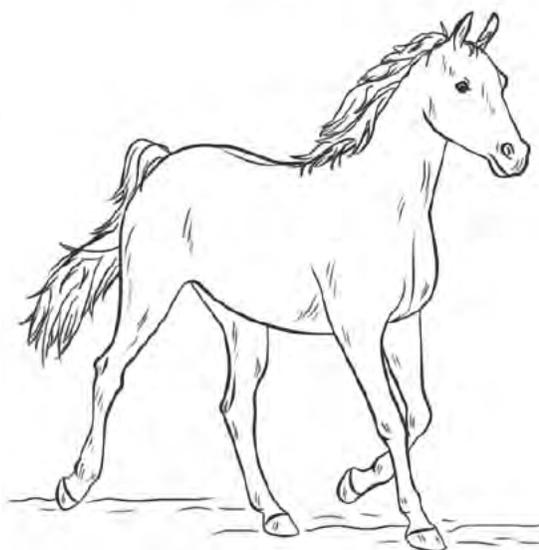
PA LA WI
(pay-lay-wah)



PO SE FI
(poh-see-thah)



KO SE KO
(koh-skoh)



ME SA WA
(m'say-way)



WE HE SE
(weeh-see)

1. Color the ME SA WA brown.
2. Color the PO SE FI orange.
3. Color the ME FO FE WI black.
4. Color the PA LA WI yellow.
5. Color the KO SE KO pink.
6. Color the WE HE SE gray.

FINANCE	633	PROCUREMENT	6291
Jason Murdock.....	633	Misty Griffith.....	6291
Victor Flores.....	6282	Amy Guffey.....	6244
Tracey Dickson.....	6279	Tara Battise.....	6281
Holly Davis.....	6265	Rebecca Kennedy.....	6410
Colleen Longhorn.....	6320	Blake Wiggins.....	6422
Jennifer Crenshaw.....	6228		
Courtney Green.....	6300	REALTY	
Phyllis Wahrockah-Tasi (Grants).....	6338		
Lu Kindblade (Grants).....	6283		6246
Andrea Ellis-Harrison (Grants).....	6284	Taylor Carter.....	6248
Sandra Burnett.....	6385	Yecia Gutierrez.....	6247
Kymberly Hazlett.....	6250		6420
Conf. Room.....	6397		
		SOCIAL SERVICES	
HUMAN RESOURCES		Annie Wilson (Director).....	6311
Elizabeth Clark.....	6252	Sherry Clem.....	6225
Casey Adams.....	6296		
Hailey Sevogins.....	6337	TAX COMMISSION/TAG	
	6222	Alicia Engler.....	6257
		Alyssa Sneed.....	6237
		Shelby White.....	6258
ICW		TITLE VI	
Melissa Hill & Aqua Herrera.....	6375	Thomasine (Doss) Owings (DIR).....	6227
Direct Line.....	395-4490 or 395-4491	Johannie Mae Bettelyoun.....	6272
William Starr.....	6376	Donna Butler.....	6270
Direct Line.....	395-4492	Robert Schoolfield.....	6270
Paige Littlecharley.....	6377	Ted Watson.....	6270
Direct Line.....	395-4493	Cindy Carpenter.....	6270
MAINTENANCE		OTHER EXTENSIONS	
Kevin Kaseca.....	6316	Bldg. 1 Conf. Rm.....	2009
Reta Harjo.....	6249	Bldg. 1 Break Rm.....	6305
Stephen Fife.....	6234	Gov. Bldg. 2 Conf. Rm.....	6330
Sherrri Yetter, Sheila Orphan, John Mann, Robert Komachee, Duke Blanchard, Stacy Coon.....		Fam. Svcs. Conf. Rm.....	6311
		Finance Conference Rm.....	6236
		OTHER ENTITIES & TOLL FREE	
		All Nations Bank.....	273-0202
		ASEDA.....	878-6782
		Toll Free.....	1-800-256-3341
		Brendle Corner.....	447-3372
		Building Blocks.....	878-0633
		(Elizabeth Crawford, Briana Ponkilla)	
		Building Blocks III L.A.....	360-2710
		(Stacy Battige)	
		Housing.....	273-1050
		Human Resources.....	275-1468
		Media.....	598-1279
		(Sherman Tiger)	
		OEI/OEP.....	214-4235
		Police Dept.....	275-3200 / 275-3432
		Thunderbird Casino NRM.....	360-9270
		Shawnee Casino.....	273-2679
		Tribal Store (Little Axe).....	364-0668
		LITTLE AXE CLINIC	
		Clinic - Medical.....	447-0300
		After hours.....	447-0300
		Dental Clinic.....	307-9704
		Diabetes.....	360-9698
		Pharmacy.....	292-9530
		Resource Center.....	364-7298
		(Chissy Weas, Buster Brock, Blake Goodman)	
		SHAWNEE CLINIC	
		Clinic (Bldg. 17).....	878-5850
		Pharmacy.....	878-5859
		Toll Free.....	1-866-742-4977
		Rhonda Kaseca.....	878-4702



Merry Christmas and Happy New Year

from the Absentee Shawnee Tribe Executive Committee



Edwina Butler-Wolfe Governor
 Ken Blanchard Lt. Governor
 John Johnson Secretary
 Philip Ellis Treasurer
 Atheda Fletcher Representative



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Volume 30 No. 01, January 2019