

Newly Elected Officials

ELECTION SECRETARY: MEREDITH WAHPEKECHE

Governor: Edwina Butler-Wolfe

TRIBAL SECRETARY: VERA GIBSON DAWSEY

ABSENTEE SHAWNEE ELECTION COMMISSION
OFFICIAL ELECTION RESULTS
BUIN OFF ELECTION JUNE 15, 2013

This is to announce the <u>OFFICIAL</u> results of the June 15, 2013 Run Off Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

Date: 5 |21 |13



Inside This Issue...

Page 2-4
Executive Committee Reports

Page 7 Tero

Page 8 / Horse Shoe Bend

Page 9
Music and Building Blocks

Page 14
Ashley Brokeshoulder

Page 15 Congratulations!

Page 16-17
July Birthdays

Page 20
Voter Distribution Map

Page 22 Jim Thorpe Games

Page 26
Red Earth Parade

Page 27
Title VI

Page 31
Shawnee Martinez



GOVERNOR'S

Greetings Tribal Members,

I hope this article finds everyone in good health and good spirits.

For friends, family and relatives I hope the same for them also.

I would like to thank all the staff and executive committee for their support and assistance during my tenure in office.

For those positive efforts that required willing participation by all employees here at the complex, I commend them. In areas where joint cooperation by other entities helped our efforts come to a successful conclusion, I offer my appreciation.

I felt that this was a fruitful learning experience that I can draw upon to continue to assist others in need as I move on to other projects.

This is my final article for the newsletter. It has been an honor and privilege to have served the Tribe these past few years and I offer my most humble thank you for that unique opportunity.

George Blanchard

LT. GOVERNOR'S

Since the last report we have had tornadoes; major disasters. (I know that many of you suffered loss of, and damage to your property. We have tried to do the best we can to assist with cleanup and in other ways when we have had the means to do so. I know for many of you getting back to normal, if things will ever be normal again, is a long way down the road. We wish you the best and we are thinking of you. We were approached by one of the Pottawatomie County Commissioners who requested the Tribe assist them in one of the harder hit areas in Pottawatomie County. We obliged their request to the best we could. It seems that the Pottawatomie Commissioners are going to be good partners with the tribe on a number of things. According to the weathermen, the threat of dangerous weather is over. The heat can also be dangerous so everybody try to stay cool. We have a young tribal member, Trevor Yates, who fished his way to the

national competion. His mother e-mailed an article and some photos that will follow this article. He gets an attaboy for sure. The young man is doing a great job. We are proud to have young tribal members making their way to the top in everything.

Trevor fished in the Central Division Championship on Lake Sam Rayburn Reservoir in Lufkin, Texas this past week and came in first place. Trevor competed against seven other boys that were representing their states as state champions. The states that competed in the Divisional Championship were from Texas, Nebraska, Louisiana, Kansas, Missouri, Mississippi, Arkansas, and Trevor from Oklahoma. Trevor won with a five Bass limit weighing 9 lbs. 13 oz. Trevor was the only junior angler that brought in a limit on

To the second se

tournament day. Trevor spent a week on Sam Rayburn pre fishing before his tournament trying to figure out what the fish were doing. He was on fish all week but when it came tournament day the fish had changed moods and were not biting like they were earlier in the week. Trevor fished a Ribbit Frog and a Sprow Frog all week and stuck with the pattern on tournament day and it paid off bringing him a limit to the scales.

He beat his closest competitor by 3 lbs. By winning the Central Division Championship Trevor will move on to the National Championship that will be held in Arkansas. Trevor will fish against six other boys that won there Divisional Championship across the United States. He does not know which lake as of yet, they will notify him in a couple of weeks and let him know which lake the tournament will be held on. Also, Trevor will be fishing in the Junior National World Finals next month

on Lake Dardanelle in Arkansas next month against close to 120 teams.

You can go to bassmaster.com and see where they interviewed Trevor and wrote an article about him.

We are still working on the police department's sub-station. Currently some of the utilities have to be move and due to the situation in Moore we have been pushed back on the priority list, which is understandable.

Below please find an e-mail received from Katie Yates regarding Trevor, the young man that was mentioned above.

Katie Yates Insertion:

"I would like to see if there is any way the tribe could help with some of the expenses for these two tournaments? Trevor will be spending a week at both of these tournaments pre fishing and trying to figure out what he needs to do come tournament day and the cost of gas and lodging will be expensive. Anything will help and we appreciate all the tribe has done for him in the past. Trevor's dream is to become a professional angler and by winning tournaments of this caliper he is starting to get recognized by some important people. We are very proud of Trevor and his accomplishments. Trevor is very serious about his fishing and he puts in the time and effort it takes to do well and it's paying off.

Trevor would like to thank the tribe, his family, and his friends for all of their support. We will keep you updated with how he is doing throughout the season.

Thank you.

Todd, Kate, and Trevor Yates

We hate to see Governor Blanchard and Secretary Reed leave but in the same instance look forward to working with newly elected Governor Butler and Secretary Dossey.

Respectfully,

Isaac

Gibson,

Lieutenant Governor

SECRETARY'S

Greeting Tribal Members:

Thank you for allowing me to serve you for the past two years as your tribal secretary. During my term, I made a lot of new friends, and I had a chance to renew some old acquaintances with tribal members that I had lost touch with over the years. I'm looking forward to my new life in the private sector and I am excited about the possibilities.

I would like to thank my staff and the employees of the Absentee

Tribe for their help and support during my term. Particularly my assistant, Jerry Ann Knox, who put off her retirement to help me out during my term.

The AST employees were invaluable in providing me with insight about the past and they were courageous in helping me tackle problems and new projects. Thank you for your assistance.

Accomplishments include:

- · Used focus groups and improvement committees to improve telephone communications. Provided training and instruction to employees on how to forward their calls to their cell phones if they were out of the office.
- · Ensured the telephone employee directory was updated so tribal members could leave messages for employees during lunch and after
- · Saved the tribe thousands of dollars in unnecessary fees and charges in telephone usage charges and unauthorized fees.
- · Developed the Big Jim Youth Award program and lead a team in the implementation of this new program that is open to High School Seniors nationwide.
- · Lead a team to make improvements to the website (ongoing).
- · Cleaned out 20 years of trash from the basement area of the main building and opened a fitness center for employees and guests.
- ·Secured Indirect Cost funds to replace carpet in Building 1. Old carpeting had been in place for more than 20 years and was ripped, stained, and worn out. This reduced tripping hazards for the employees and the public, and improved air quality.
- · Planned, organized, and coordinated the rebuilding of the Harrah Smoke Shop which opened in March 2013. Incorporated a retail rental space in the building to provide additional revenue and increase the value of the property.
- ·Coordinated the implementation of new gas pumps at our convenience store and increased gas sales by 33%.
- · Upgraded the inventory and POS systems to better manage store inventory and controls.
- · Made improvements to the stores processes so that staffing levels could be reduced saving the store money. Money saved was reinvested into the business by upgrading systems and making needed repairs to broken equipment.
- · Reviewed and provided input on saving time/money on countless practices and work processes for the Tribe.

- · Applied for grants to provide free broadband service to native communities in our area and to update the 5 Year Strategic Plan.
- Worked to establish relationships with State and National Organizations that work towards the betterment of Native Americans tribes. Re-established our connection with the National Congress of American Indians and the United Indian Nations of Oklahoma, Kansas and Texas.
- · Streamlined the corporation documents, tax IDs, and licenses that we use to run tribal businesses so that there is a clean line of business ownership, authority, and accountability.
- · Supported economic development activities and other grants.
- · Compiled data and reports on our elders (as a group) to better understand the needs of our elder community. Reports supplied to housing agencies and to those interesting in serving our elder communities.
- · Developed a summer intern program to preserve our history for future generations by documenting the lives of tribal members.
- · Developed our internal plan for Tobacco Compact negotiations with the State of Oklahoma and put the systems in place to accomplish the task.

I worked hard to accomplish as much as I could in the time I had, and I feel pretty good about what I was able to do. There is still so much to do and I know the new Executive Committee will work hard to move the tribe forward. In the world of tribal government, if you aren't moving forward, you regress quickly. We need to find innovative ways to move forward with more/better services for our tribal members. In the world of tribal government, if you aren't moving forward, you regress quickly. We need to find innovative ways to move forward with more/better services for our tribal members.

Best wishes to the new administration. I'm excited about the future and what can be accomplished.

Teri Reed Tribal Secretary teri@astribe.com 405-275-4030 Ext 104

TREASURER'S

Greetings TRIBAL MEMBERS, This month I'm doing my new sletter a little differently. May 19,20,

May 31, 2013, tornados were disastrous to hundreds and maybe thousands of people of the Little Axe community, Bethel, Carney, Moore, Oklahoma City, and Shawnee areas. Through all of this traumatic time, people banded together, helped each other tremendously, and representatives from other states, loaded semi-trucks, cars, SUVs, whatever could carry water, clothing, food, tents, tarps, essential things needed to immediately care for the communities to help and support all the ones displaced. We want to thank all the volunteers and for donations received. We had so many people come to support our area such as AST Employees, Executive Committee, Red Cross, Feed the Children, Counties surrounding the areas, Girl Scout Troops, Churches, Tribes/Nations, organizations from many states, etc. I know I have left out many names, but forgive me. The Heavenly Father/Creator knows who you are and we want to express sincere appreciation and heartfelt thanks to all for the outpouring of concern, compassion, and love for your fellow neighbors!

I want to express my sincere condolences to tribal members who have lost their love ones this month. Congratulations to our newly elected Governor Edwina Butler-Wolfe and Secretary Vera Dawsey!

Respectfully yours, Kathy Deere, Tribal Treasurer

The first responsibility of a leader is to define reality. The last is to say "thank you". In between, the leader is a servant."

~Max De Pree

May God Bless You Kathy Deer

FINANCE DEPARTMENT

The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business.

The finance department cooked and fed the workers and gave cash donations for the May 19 and 20th, 2013 tornado victims. In addition, they worked sorting donations and helping as needed as much as we could during the much needed relief for disaster victims.

Tribal Members and Native Employees allowing clinic and pharmacy visits to be claimed on their medical insurance coverage from private insurance or other coverage is very beneficial to the Tribe's health systems.

Any cost not paid by your insurance company will be paid by Tribal health system funds. You will not be asked to pay a deductible or any charges not covered by your insurance. Using your coverage allows the health systems to charge your insurance for the service rather than it being paid in full from the health system funds.

This in turns enhances the entire program and allows more services to Tribal members. In addition, any funds paid by the Tribe on claims filed with your insurance helps to meet your deductibles.

The Tribe's 2010 and 2011 Audits are "unqualified"; which when compared to an educational grading scale is an A. We are prepared for the 2012 audit coordinating business entities that will roll up into the tribe's audit.

We are about to wrap up the 2012 audit. The 2013 Indirect Cost Proposal was submitted to the National Business Center (NBC) on September 4, 2012. Our rate is up from 17.74% for 2010 to 21.98% for 2011 to 22.35% for 2012, and 27.39% for 2013. As soon as I have a draft of the 2012 Audit, I will begin writing the 2014 IDC proposal.

The finance department for 2013 is completing accounting by the 10th day of the month which has been extended from the 7th allowing the health finance to provide reports necessary for adjusting inventory and accounts receivable. Financial reporting for the Health Authority and Li Si Wi Nwi, Health Inc. boards for Absentee Health Systems, Shawnee and Little Axe (LSWN) continues. The Finance staff has completed the April reconciliations for financial reporting. It is imperative the accounting staff continue to stay ahead of all of the accounting so that audits go smoothly, so that Indirect Cost rates will stay up to date as well. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department that ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with GAAP; (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board) and these rules are updated sometimes annually.

The Tribe currently has compact funds of BIA and I H S, 51 Grants. In addition, the Tribe operates on a General Fund and an Indirect Cost Fund. The new clinic building payments are current and have been and projections are that they will continue to be current going forward.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 14: with 7 (50%) being AST Tribal Members, 2 non-AST tribal members, and 5 (36%) being non-natives. This department as always would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources, and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our continued group effort toward accomplishing our goal. If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you.

Respectfully, Belinda Collins Controller

FINANCIAL CONSULTANT'S

-Report

DISASTER RELIEF

First of all I would like to thank Treasurer Kathy Deere for allowing me to volunteer at the Relief Center (Little Axe Resource Center), May 30th

through June 1st. Volunteering made my life richer during those days of being able to assist in disaster relief efforts for tornado damaged Little Axe area.

A disaster center was set-up in Little Axe to help and assist victims affected by the May 19th tornado. Relief agencies were scrambling to provide shelter, clothing, food and water to survivors, and mental health counseling.

Being assigned by the AST command center to sign-up volunteer relief workers each day either as individuals or groups was very intense and satisfying. The relief center had volunteers from all walks of life and all parts of the country, school age youth group, church, FEMA, Red Cross, Tribal emergency management teams and Kevin Meeks, director of Oklahoma Area Indian Health Service church group. Volunteers were returning each day to sign-up from groups of one to as many as twenty. Out-of-state relief organizations provided positive comments to me personally that Little Axe Relief Center was an efficient and organized operation than the Moore relief operation.

I would like to thank tribal employees of the Police Department command center, Linda Day, Asaycia Clayton, co-worker Arlene Herrera, other employees and friends that I made working with them from the local community.

Respectfully Submitted, Eddie Brokeshoulder Financial Consultant

AST CONSTITUTION REVISION COMMITTEE SEEKING VOLUNTEER TRIBAL MEMBERS

Are you interested in participating and being a part of a better tomorrow?

Are you an Elder or Youth willing to better the Absentee Shawnee Tribe, if so please contact: Eddie Brokeshoulder at 405-275-4030 x 148 or eddieb@astribe.com

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE: Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALLARTICIES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person, <u>not</u> per birthday wish.

FY-2013 YTD TAX COLLECTIONS (thru 5/3/13)

TAX Category	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES	
Sales (6%)	\$5,320.89	\$5,961.53	\$10,318.20	\$5,250.35	\$6,199.63	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$33,050.60	2.13%	
Gaming % of free cash	\$414,328.00	\$408,888.00	\$225,370.00	\$224,409.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,272,995.00	81.96%	
Employee (1%)	\$29,238.39	\$4,799.87	\$4,314.16	\$20,146.42	\$11,097.65	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$69,596.49	4.48%	
Severance (8%)	\$15,812.22	\$5,128.09	\$0.00	\$21,426.59	\$12,234.71	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$54,601.61	3.52%	
Motor Vehicle	\$14,481.54	\$13,521.61	\$15,001.64	\$13,851.28	\$13,034.02	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$69,890.09	4.50%	
Tobacco Refund	\$10,087.72	\$12,244.26	\$8,474.55	\$9,091.57	\$11,494.05	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$51,392.15	3.31%	
TOTAL TAXES	\$489,268.76	\$450,543.36	\$263,478.55	\$294,175.21	\$54,060.06	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,551,525.94		\$1,5
Miscellaneous	\$970.00	\$250.00	\$106.75	\$230.00	\$155.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,711.75	0.11%	
TOTAL COLLECTIONS	\$490,238.76	\$450,793.36	\$263,585.30	\$294,405.21	\$54,215.06	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,553,237.69	100%	\$1,5



Absentee Shawnee Tribe CDFI Program BOARD MEMBER NEEDED

The Absentee Shawnee Tribe CDFI program is establishing a board to help further develop the AST CDFI program into a certified Native Community Development Financial Institution (CDFI).

The CDFI board must be a representation of who CDFI will serve, and will consist of five – seven individuals with skills and experience in or more areas of business, banking, accounting, business law, marketing, nonprofit management, or fundraising. If interested in serving in this worthwhile endeavor as a CDFI board member please submit a Letter of Interest and Resume to:

Eddie Brokeshoulder, CDFI Steering Committee Absentee Shawnee Tribe of Oklahoma 2025 S. Gordon Cooper Drive Shawnee, OK 74801 Fax: 405-695-9780

Email: eddieb@astribe.com

For more information (FMI): 405-275-4030 x 148

==NOTICE==

SALE OF FARMING & GRAZING LEASES ABSENTEE SHAWNEE TRIBE ALLOTTED INDIAN LANDS

Department of the Interior, Bureau of Indian Affairs Under Sealed Bids and Oral Auction July 2, 2013

SEALED BIDS, submitted on Absentee Shawnee Tribe (AST) bid forms, will be received 10:00 a.m., Central Standard Time (CST), July 2, 2013, at the AST Realty conference room, Shawnee, Oklahoma. Bids will be accepted for the leasing of Allotted Indian lands located in Potawatomie and Cleveland Counties, Oklahoma, for farming and grazing purposes. A complete list of tracts and bid forms are available at the Absentee Shawnee Tribe's website: www.astribe.com.

BEHAVIORAL HEALTH

"Failure is not fatal, but failure to change might be."

-John Wooden

The Absentee Shawnee Behavioral Health program seeks to promote the wellbeing of the "whole person" within the context of their culture. Last month, many individuals attended the program, sharing their own thoughts, feelings, and experiences in search of greater peace and understanding. Absentee Shawnee Tribal members, individuals from all federally recognized tribes, and sooner care participants are invited to visit the Shawnee office or call for a meeting. People who attend often share concerns about drug and alcohol use and uncomfortable feelings such as anger, fear, sadness, and doubt. They express goals they have for themselves and work together with a counselor and group members (if they choose to do so) to make their vision a reality.

For additional information or to schedule an appointment:

Alicja "Al" Carter,

LADC Absentee Shawnee Behavioral Health

405-878-4716.

SHAWNEE CLINIC

SHAWNEE CLINIC WELCOMES DR. MARIA M. MITHLO, M.D.

On July 1, the Shawnee Clinic welcomes Dr. Maria Mithlo. The addition of Dr. Mithlo to the Clinic and Health System is a huge positive. Dr. Mithlo is Board Certified in Internal Medicine and has 27 years of experience. She has 13 years of experience in working for Indian Health Service in Anadarko and Lawton. Dr. Mithlo will begin seeing patients on July 5th and will be scheduled to see patients from 7am to 4pm Monday through Friday. Dr. Mithlo is famous for her "healing hugs". Her care and dedication to her patients will soon be an integral part of the Shawnee Clinic.

Dr. Pachneerat "Pat" Chainakul, Pediatrician, Dr. Christine Walsh, Internal Medicine, Stacy Curtis P.A.-C, and Dr. Lila Nevrekar, GYN, will continue to provide excellent care to the Absentee Shawnee Tribal members and the rest of the patient population.

THANK YOUS...

HELLO TRIBAL MEMBERS,

The May tornados caused severe damage and devastation for the communities of Little Axe, Shawnee, Bethel, Moore, and Carney. It was amazing to see how many people here and out of state came together to help and support all the people affected. I was answering phones at the Resource Center and it was never ending with all the help people were giving. I had people that I had talked to come in from out of state with so many donations, and staying to help out where ever needed.

Asaycia Clayton was great at inventorying everything that was donated, Brad Jackson who coordinated the cleanup crews and people who came in to volunteer their services to help, Jackie Denny, Anthony Johnson, Eddie Brokeshoulder, Treasurer Deere, Becky Prewett, Donna Butler, Linda Day, Secretary Reed, and so many others who unconditionally helped to make sure the victims of the tornados got what they needed, were truly a blessing. It was amazing how many people from everywhere were opening their hearts and giving in every area possible. As trucks, trailers, cars, and vans came in people were right there to help get them unloaded.

High school students, college students, families, young people, and even elder people volunteered to help.

I got to work with Lisa Mize from the Oklahoma Defense Force who was just awesome in getting her group out to the people that really needed them. Pastor Tommy was a person I was in continual contact with who sent donations and aided to get things here the crews needed such as, gloves, rakes, shovels, tarps, tools, car seats, diapers, you name it, he made sure the things needed got here and even sent people from out of state to get things here. I will never forget that experience and am thankful I was a small part in helping so many in their time of need. I want to thank you all for helping so unselfishly.

May God Bless You All.

Respectfully, Arlene Herrera

I would like to take this opportunity to thank Mrs. Twila Longhorn Parker for the generous donation of dozens of tribal newspapers from the 90's! Mrs. Parker's donation will help the Tribal Archives to reach its goal of doubling archival holdings in 2013. Her support of the Absentee Shawnee Tribal Library and Archives is greatly appreciated.

Thank you Twila!

Joshua Shawnee Tribal Librarian and Archivist The Absentee Shawnee Tribe of Oklahoma



Phone 405.275.4030 ext. 135 Fax 405.395.9888 Cell 405.432.9859

The Tribal Employment Rights Office also known as TERO is a department that protects tribal employees' rights and supports tribal career development. Within this past month, the TERO department has experienced steady flow of business We have added 3 new applicants to our database which now brings our total number of applicants to 571. Of those 3 new applicants, 2 are Absentee Shawnee Tribal members. We have also helped 47 applicants/guests who have walked in, called/received 438 phone calls, and referred 25 applicants to various departments within the tribe as contract workers and applicant to Thunderbird Entertainment Center.

Besides taking care of daily business, TERO has also been in attendance to numerous meetings since the last newsletter. On <u>May 21</u> TERO attended the 3rd planning meeting for the 36th Annual National TERO Convention at the Hard Rock Hotel and Casino in Tulsa. At this meeting, the final agenda and menu for the convention was discussed. On the following day, <u>May 22</u> TERO attended the EEOC training again at the Hard Rock Hotel and Casino in Tulsa.

During this meeting, the new EEOC-Tribal MOU was discussed. Then on <u>June 11</u> TERO attended one of the first planning meetings for the 2013 Indian Education Summit at the Sac and Fox Learning Center in Stroud. During this meeting, discussion took place about the tentative agenda for the Education Summit On the following day, <u>June 12</u> TERO met with Dillon Byrd with Thunderbird Entertainment Center for future construction and tribal employment opportunities Finally on <u>June 18</u> TERO had a meeting with Johnny Sea of AGC for training and development

In the final weeks of June TERO will be attending several more meetings/conferences. On <u>June 20</u> TERO will have a meeting with Mrs. Roberts of the National Indian Council on Aging to help identify more native elders looking for employment. Then, from <u>June 29</u> to <u>July 3</u>, TERO will be attending the 36th Annual National TERO Convention being held at the Hard Rock Hotel and Casino in Tulsa.

Within the next month of June TERO will also be continuing to take applications for the construction project of the new Building Blocks Daycare that will be located in Little Axe. Also, there will be an opportunity to fill out an application for the National Indian Council on Aging. To fill out an application, you have to be 55 years of age or older. If you have any other questions concerning either of these opportunities, please contact our TERO offices to update your application or put in an application if you are interested.

The TERO department also helps Native Americans with job placement, employment referrals and we strongly encourage any tribal member or Native American who may need employment to come to the Absentee Shawnee TERO department and apply. To become an applicant, the process is simple. First, you will need to come to the department to pick--up and fill out an application. We are located in building #1 on the second floor. Second, you will need to provide the TERO department your CDIB or document to prove your tribal Affiliation (YOU MUST BE A MEMBER OF FEDERALLY RECOGNIZED TRIBE TO BECOME AN APPLICANT), your social security card and your Driver's License or State ID. Third, you will need to provide the department with any licenses, credentials, or any other certifications/degrees you have acquired.

In addition to keeping your application on file, we also provide some other services. TERO holds the responsibility of insuring our applicants have equal opportunity for employment and receive call backs or letters on all positions that are applied for. The TERO department also provides/helps our applicants with job search, referrals, resume assistance, interview tips, and application status. Further for your convenience, the TERO departmentalso posts all tribal positions, some local positions, and some positions for the Oklahoma City, Norman, and Moore areas outside of our offices on bulletin boards and in binders. Currently, we have close to 10 job openings posted outside of our offices. However, keep in mind, these job postings are constantly changing and being updated weekly as positions are filled. So, a job that may be listed below may already have been filled.

However, still stop by and fill out an application, if you haven't already done so, and look at the current job openings. If you have any further questions about the TERO program or just have a request, you can contact our office anytime Monday through Friday from 8 am to 5 pm (closed 12 pm to 1 pm for lunch), and we will be happy to assist you.

Randy Edge (Director) 405-275-4030 ext. 135

Carol Butler (Office Assistant) 405-275-4030 ext. 163

The following is a list of job openings for some off campus positions posted at the TERO department:

Bus Person
Host/Hostess
Dishwasher
Cashier
Sales Associate
Customer Service
Backroom Associate
Executive Assistant
Distribution Clerk
Patient Registration Clerk
Teacher Assistant

Delivery Driver
Mixer Driver
Dispatcher
Security Officer
Supervisors
Assembler
Mechanic
Laborer
Warehouse Worker
Housekeeping
Maintenance Worker

















HORSE SHOE BEND AFTER SCHOOL PROGRAM July 2013 News



Horse Shoe Bend Summer Program started on June 3, 2013, and will end on July 18, 2013 we will provide tutoring and physical activities. The first week students were tutored in Math. There is an average of 15 to 20 students that attend Monday thru Thursday, 8:00 am until 12:00 pm.



During the week of June 9 thru 15, the Jim Thorpe Games was held in the Oklahoma City Area. Starting off with the Opening Ceremonies on June 9th at the Remington Park all athletes participated from the Horse Shoe Bend After School Program. Tuesday June 11, our bous and girls 12 and under basketball teams started their games. The teams played 2 games each on Tuesday and Wednesday and with the playoffs on Thursday. The Girls team made the final Four on Thursday. The track and field was held at Putnam City High School on Tuesday.



12 and under Girls Basketball



Olivia Stacy Camrun Green Alijah Masquas Alisea Thomas Katlyn Masquas Saidey Smith Alexxis Coon Katie Wilson, Team Manager Seminole Chickasaw Sac and Fox Nation Sac and Fox Nation Absentee Shawnee Seminole Sac and Fox Nation Navaio



12 and Under Bous Basketball



Jordan Coody Ruben Wilson Gabriel Fife Austin Bell Jauden Robinson Nicholas Shaffer Kaelan Green Eryn Johnson Zerek Harjo Shawn Nanaeto Elijah Lena Gregory Smith

Seminole Sac and Fox Nation Absentee Shawnee Seminole Seminole Absentee Shawnee Chickasaw Absentee Shawnee Seminole Sisseton--Wahpeton Sioux Comanche Nation Seminole



Track and Field Members:

Gabriel Fife Third Place Shot Put First Place Girls Shot Put Alisea Thomas Alijah Masquas Second Place Girls Shot Put

Third Place Girls 400 Run and Third Place 800 Run Sac and Fox Nation Kaitlyn Nanaeto

Desiree Johnson Absentee Shawnee Citizen Potawatomi Leila Herrod

Coaches: Captain Smith, Stuart Rolette, Randall Watson, Demi Coon, Brittany Coon, Buster Bread, Edwina Butler--Wolfe

I'd like to thank the MSPI Program for their help in paying the entry fees for all the events for our athletes at the Jim Thorpe Games and for the lunches that was donated. Big thanks to Lt. Governor Isaac Gibson for buying the athletes and parents lunches at McDonalds on June 12, 2013.

Edwina Butler--Wolfe

Director Horse Shoe Bend After School Absentee Shawnee Tribe

405 481--0397

Young Musicians

Kyle Copeland
The Ringo Star Of The Music World

Kyle is 12 and is working hard to be one of the next awesome drummers in the music world. He comes to class every week to learn the drums and enjoys the music lessons along with his granddad Leroy Downs which is learning to play the acoustic guitar; Kyle has a natural ability to play the drums he has been working on his own style each lesson, all the young folks in the music program are so talented weather they play the drums or piano or guitar young men like Kyle are setting an example for all his friends and tribe he shares his music with his family and that brings all them closer together and stronger throughout all of life's struggles and quest, Kyle Copeland has so much to offer the young folks in our community and our state I'm so proud to be helping him become a master musician is my privilege to be working with so many of our youths and their families that want to learn music and reach out others through the deep



soul expression's that only music can cast to everyone they come into contact with throughout their lives' that's one of the reason's The Absentee Shawnee Tribe has been so supportive of the music program over the past three years, what started out to be a short skill's youth program has made such an impact on so many children, Moms and dads and their grandparents along with all their friends & schools have been benefited by the music program of our wonderful tribe,

We will offer the kids and their families free music lessons all year round We are here to reach out to our community in hopes to provide an anchor to all The Native American's of Oklahoma.

Thank you all so very much.

Phil Bradley

Music Dir.

405-370-5576 cell call me any time to set your FREE music lessons.

July is here the sun is out and the weather is HOT!!!! Our annual Father's Day Breakfast, "Donuts for Dads", had a great turnout; all the dads really enjoyed their gifts and donuts with their children. Everybody here is looking forward to the employee picnic. We will be closed Thursday July 4th to celebrate Independence Day! Hope everyone has a safe and fun 4th. The children just had their pictures done by The Portrait Café here at the center and they all turned out great, we look forward to our next upcoming picture days this coming fall. Our AST Dental clinic will be coming for another visit to talk to the children about healthy teeth J.

The camp Nikoti group will be here July 10th to put on a show for the children and we are super excited and can't wait to see what they have in store for us this year. The splash pad has been a great hit, the kids love playing in the water!!! We have a couple new employees joining our team here at Building Blocks and we look forward to welcoming them. Our enrollment has increased and everyone here is very excited to meet the new children and have the opportunity to teach and make a difference in each of their lives! We are currently enrolling for our toddler and three year old classrooms, we hope to have these age groups full within the next month. Field trips have been a BIG hit with each age group, and the children are enjoying them all. They have went to places like the OKC Zoo for "Zoo Animal" week, The Gaylord Pickens Cultural Museum and also the Red hawks game at Bricktown Ballpark where they received souvenir hats and cups plus many other places! A BIG thank you to each parent that has been able to attend their child's filed trip, the children definitely enjoy that and we love parent involvement!

Have a GREAT SAFE summer!!! J.

FIRECRACKER JOE'S



IS NOW OPEN AT THE TRIBAL COMPLEX 9:00 A.M. TILL 11:30 P.M. DAILY THRU JULY 5TH



The AST Fitness Program would like to extend an invite to all tribal members looking to increase their levels of physical activity and learn more about fitness and exercise. The AST Fitness Facility at the Resource Center is fully equipped with state of the art treadmills, elliptical machines, stationary cycles, dumbbells, isolation strength machines, and a cable machine. Our facility is also equipped with freestanding striking bags, medicine balls, exercise balls, fitness mats, resistance bands, BOSU balls, and other various exercise apparatus for your preferred workout. The AST Fitness Program currently provides free fitness classes to all tribal members. Classes include: Kickboxing, Circuit Training, Chair Exercise, Tai Chi, Boot camp, and Aerobic Fitness. The AST Fitness Program is here to help you get started on increasing your levels of physical activity and exercise. We invite you to come visit our fitness facility and see what our fitness program can provide for you.









AST Fitness Facility Hours

Monday through Thursday 6:00 a.m. – 9:00 p.m. Friday 6:00 a.m. – 9:00 p.m. Saturday/Sunday CLOSED 405-364-7298









AllNations Bank

Employees' Personal Use of Social Media— How It Can Affect You & Your Employer

A majority of employees have their own Facebook page—or they actively use other "social media" like MySpace, YouTube, Twitter, or LinkedIn. No matter how "private" you believe your posted comments are, you should remain aware of how your personal use of social media can have an impact on your employer, its customer relationships, and information security.

- 1. There's No Expectation of Privacy. Many individuals consider social media sites to be very "friendly" places, and they like to hang out there. Maybe we start to feel comfortable that these sites are "private" and "completely safe." In reality, there is no way to know how many persons may view the information or comments that we post—and no way to control what they will do with that information. As the old expression goes, "Three can keep a secret, if two of them are dead." Is it reasonable to assume that someone's hundreds of "friends" on Facebook are all such "confidential friends" that they can be relied on to keep every comment "private"? Here's a more realistic scenario: If social media "friends" or "connections" like what you post, they may share it with others. If they hate it, they also may share it, along with their own comments. If it's funny or embarrassing (the more so, the better), they are especially likely to share it. Think of yourself as "on stage" or "giving an interview" when you post about yourself, your family, or your job on social media.
- 2. Many of your colleagues and associates and customers expect you to act "Professionally" at ALL TIMES. Maybe it's unfair; but they feel the same way about school teachers, ministers, doctors, and others in a position of confidence or respect in the community. It comes with any job. Unfortunately, posts on social media can't be viewed as falling only in the "life away from work" category. Assume that your employer, customers, vendors & associates will be "looking over your shoulder" at what you post.
- 3. Before You Hit the "Send" Button, Think Carefully about What You Want to Say, How You Will Say It, and How Other People Could Interpret or React to It. Take a few extra minutes to proofread what you have written, to clean it up, make it clearer, or to delete whatever (on second thought) you maybe shouldn't say. (Real example: A young woman posts, "My mama is in a comma." First, her mama was not really in a punctuation mark. Second, her mama was not sick; but the comment greatly surprised and alarmed many of her mama's friends. Actually, the boyfriend's mama in another state—who this woman also called "mama"—was in a coma.) Be careful to provide the right details!
- 4. Be Very Careful of the Pictures You Post, the Sites or Web Pages You Link to, and Who or What You "Like" on Your Social Media Page. You have "freedom of speech," but also a need for discretion. Avoid connecting yourself to statements that are emotional, strongly worded, or inflammatory—for example, avoid sarcasm, profanity, accusations, insults, prejudice, and off-color or strongly partisan remarks. (Your close buddies and some customers may enjoy strong remarks, but other customers are likely to be offended.) When anything is controversial, there are two sides to the issue! Here's a good general rule: If you can't (or shouldn't) say something out loud in your place of business, keep it off your social media page.
- 5. Never Post While You're Angry! Individuals very commonly use social media to "vent" if they're frustrated or angry, or to get back at someone. Try to avoid using social media to express animosities or grievances about any subject—including your job. What you post reaches hundreds of people.

You're AllNations Bank Family, Gene, Eugene, Amber, Delaina

Absentee Shawnee Tribe Transit System (2013)

This questionnaire is to gather information to determine the need for transportation services within the tribe's jurisdictional boundaries.

Services: Monday thru Friday 8:00 - 5:00, special exceptions for weekends.

We will provide transportation to and from the following in (VANS OR BUSES):

Clinic (Little Axe)

I Clinic (Shawnee)

Wal-Mart

Grocery Stores

Tribal Complex

What other needs do you think you would have from the transit system?

1.

I 2.

3.

Tribal member signature:

Name:

I Address:

Contact #:

FHA Transit Coordinator questions call Mike Wood at 275-4030 Ext.112 or cell (405) 432-9652.



AAA Oklahoma News Release

www.AAA.com www.facebook.com/AAAOklahoma www.twitter.com/#!/AAAOklahoma

Contacts:

Chuck Mai Office: (405) 753-8040 Cell: (405) 209-8260 chuck.mai@aaaok.org Danial Karnes Office: (918) 748-1074 Cell: (918) 935-9318 danial.karnes@aaaok.org

Kids, Pets and Hot Cars Left Alone = A Deadly Combination

AAA Oklahoma, May 13 - The consequences of leaving kids or pets in hot cars, even for a minute, can be deadly. Each year, AAA along with Safe Kids works to prevent children and pets being left in hot cars by educating the public of the dangers.

According to data collected by Dr. Jan Null of San Francisco State University, 32 children died last year after being left in a car. 52 percent of those who died were left not on purpose, but by mistake.

"Many times we think we can run into a store and be out in 10 minutes with no problem, but in 10 minutes in the heat of the summer, your car's interior temperature can rise 19 degrees above that of the outside air," said Danial Karnes, AAA Oklahoma spokesman.

AAA urges parents and caregivers to put these simple tips to use to make sure no child is left in a vehicle this summer.

- Never leave a child unattended in a car, even for a minute, even if the windows are tinted or down. The same recommendation applies to pets and the elderly.
- Don't allow children to play in an unlocked, parked vehicle and never leave car keys where children have access to them.
- Keep doors locked and windows closed at all times, even when the vehicle is in the garage or on a driveway.
- Make sure all children leave the vehicle when you reach your destination. Be certain no one is inadvertently left behind.
- When you first place a child in a car seat in the back seat of the car, also open the glove compartment door, flip down the passenger side visor or put a purse in the back seat.
 These actions can serve as visual reminders that a child is in the back seat. Even better, place your cell phone on the back seat, too.
- If you see a child alone in a locked, parked car, immediately call 9-1-1 for emergency assistance.

A not-for-profit organization, AAA Oklahoma serves its 365,000 members across Oklahoma with emergency help on the road, auto travel assistance and a wide range of personal insurance, travel, financial and automotive services through its 45 retail branches, regional operations center and the Internet at www.AAA.com.



Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-

diabetes. Native Americans are twice as likely to develop Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- · Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is "What can I eat?". The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the "superfoods", how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as" superfoods". Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

calcium

potassium

- magnesium
- fiber
- vitamins A, C, and E.

Beans,dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org



AST PHARMACY NEWS ≤



- Visit our new, convenient drive-thru at the Little Axe location for <u>refill</u> drop off or pick up!!
- As of January 1, 2012, Oklahoma State Law mandates that a current, state issued photo ID be on file for both the patient and the representative picking up for EVERY fill of ANY controlled medication.
- > Deliveries of controlled medications will no longer be allowed.
- Both Shawnee and Little Axe pharmacy locations fill prescriptions for members of all tribes, but outside prescription orders are restricted to Absentee Shawnee Tribal citizens with established charts.
- If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with a current cell phone number.
- The following are a few tips to help us be more efficient in our delivery of pharmacy services to you:
 - Present insurance cards each time you pick up or drop off a prescription
 - Keep us informed of changes in address, phone number and other contact information.
 - Let the Pharmacy staff know if the prescription is going to be picked up or needs to be delivered.
 - ✓ When requesting refills, please provide 24 hours' notice and either the refill number, which is located above your name on the prescription label, or the names of your medication.

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

Hours of Operation:

<u>Little Axe</u>: 7am-5:30pm Monday-Friday <u>Shawnee</u>: 7am-6pm Monday-Friday

We are open through the lunch hour!!

**BOTH PHARMACY DEPARTMENTS ARE CLOSED
WITH THE CLINICS THE FIRST WEDNESDAY
AFTERNOON OF EVERY MONTH TO COMPLETE
ADMINISTRATIVE DUTIES**



AST COUNTRY KITCHEN

Sunday - 7am to 7pm
Monday - 7am to 3pm
Tuesday - 7am to 3pm
Wednesday - 7am to 8pm
Thursday - 7am to 8pm
Friday - 7am to 9pm
Saturday - 7am to 9pm

Check out our daily homemade lunch specials!

Something different every day!

(Not valid on Saturday or Sunday. 1 coupon per customer.With coupon. No substitutions

Early Bird Breakfast

\$4.99

2 Eggs/Bacon or Sausage/Hash

Browns

Biscuits & Gravy or Toast & Coffee



Open 7 Days A Week!



366-7220

(In Front of Thunderbird Entertainment Center Next to AST Smoke Shop)

POLICE DEPARTMENT OF



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT EMAIL: SORNA@ASTRIBE.COM
TIPLINE 405-273-1249



Ashley Brokeshoulder is hoping her Red Raiders get a spot in the postseason.

ICTMN Talks With Texas Tech Pitcher Ashley Brokeshoulder

Sam Laskaris May 04, 2013

Things have not worked out quite according to plan for <u>Ashley Brokeshoulder</u> during her senior year at Texas Tech University. Yet Brokeshoulder, who has Choctaw and Absentee Shawnee ancestry, is remaining upbeat.

The 22-year-old righthanded pitcher is a member of the Texas Tech Red Raiders women's softball team. Brokeshoulder was hoping to have a major role with the Red Raiders this season. But she has only seen limited action in her final year of athletic eligibility because of a pre-season knee injury. Brokeshoulder tore the meniscus in her right knee during a team workout last August. She still hasn't fully recovered and continues to receive cortisone shots for her knee.

"I can't really feel much," she said. "And I can't really do much. I can't really run. I can't do leg lifting workouts."

Brokeshoulder had originally hoped her knee would be healed by now.

"I think I tried to come back too early," she said, adding she resumed practising with her team this past December. As a result, instead of being one of the club's key starters, Brokeshoulder has been forced to accept her role of seeing limited action when counted upon. She appeared in only eleven of the Red Raiders'gmaes. She pitched in only a 15 innings this season, giving up 17 hits. Her record was 0-2 and her ERA was 5.13. Compare that to her first three years at Texas Tech where she had a combined 18-6 record and a 3.31 ERA. As for the Red Raiders, members of the Big 12 Conference, they got a big win today over No. 22/15 Baylor, their final regular season game. The win was their first over a ranked team, and it was their 30th for the season. Their four-season streak of winning at least 30 games is the longest in school history. Texas Tech had an overall record of 30-26. Now they wait to see if they'll land a postseason spot. The NCAA Selection Show will be held May 12 at 9 p.m/CT. ESPNU will air the event. (Check your local listings.)

"We're a young team," Brokeshoulder said. "We're kind of struggling."

It's a tough situation for Brokeshoulder to swallow, considering she was pumped to enjoy a stellar senior campaign. "I had actually worked out a lot this past summer and gained a lot of speed," she said.

Though she's hoping her team can earn a postseason selection and make some noise in the tournament, Brokeshoulder also realizes her student/athletes days are quickly coming to an end. But she doesn't seem too concerned over this fact

"I'm excited to start something new," she said. That something new is being simply a student. Brokeshoulder will return to Texas Tech this August as she will need to complete three more courses before she graduates from her nutrition science program. And then after that, she plans to continue nutrition studies at graduate school. For that she's considering attending Texas Tech, University of Colorado or Oklahoma State University (OSU). Brokeshoulder is from Shawnee, Oklahoma.

"I kind of want to be with my family," she said.
"That's why I'm looking at OSU." She would also feel rather comfortable staying at Texas Tech.

"I think I would go here even if I wasn't playing softball," she said.

Brokeshoulder said it will be a bit different when she returns to finish up her current degree this August. "I guess I'll be a regular student, getting a job and focussing on school," she said. Brokeshoulder's hectic softball schedule has not allowed her to find any sort of part-time job during her first four years at the school. "There's no time," she said. "There's workouts and practise every day."



Tribal Member Ashley Brokeshoulder, Texas Tech Softball Pitcher, was honored on Senior Day with flowers and her jersey #23 framed. Congratulations Ashley on her collegiate career at Texas Tech University for a job well done.



Peach Springs, Arizona (PSA) Jr. Wildcats Softball Team: Back Row L-R: Coach Lisa Chamberlain, Pitcher/SS/1st Base: Payton Chamberlain, Coach Vonda Beecher, 3rd Base/SS: Brilene Chamberlain. Back Row L-R: 3rd Base/1st Base: Sonwai Jackson, Catcher/2nd Base: Maddy Chamberlain, and Ashley Brokeshoulder.

"Guns Up"Arizona Junior Softball Team

Ashley Brokeshoulder with American Junior Softball team from Hualapai Tribe in Peach Springs, AZ, recently sponsored by Las Vegas University. Coach Lisa Chamberlain and Vonda Beecher said their team has followed Ashley's softball career and drove up to watch, meet and take a photograph with Ashley. They also asked her to visit their reservation, which is near the Grand Canyon, this summer for Youth Softball Camp.



Former Shawnee High School pitching standout Ashley Brokeshoulder, right, joins her fellow Texas Tech seniors as they are honored on the Red Raiders' 2013 Senior Day. The Red Raiders finished the regular season at 30-26 overall

Emily Bryce

A graduate of Dale 2012, has graduated from Gordon Cooper as a Precision Machinist and is employed at Horizon Hydraulics.

Job Well Done!

We're so proud of you 3'D's Poppy & Paulette, Mema & Boo



Devin Voyles

A student at Dale Mid-High has received several awards



during the end of school assembly. The certificates were for Excellence in Math, Science, Social Studies, Language and Drama.

Great Job Making Straight A's!

Devin is the son of David & Janie Vogles, Grandson of Elaine Brown & Daniel Makaseah.

Shayla Bryce

Shayla has received an award for reading 25 books this school year, completing her AR goal. A student at Dale, she will be a 4th grader in the fall. Shayla is the daughter of Kevin Bryce. A lot of credit goes to the Horseshoe Bend After school program for her success. Stan & Clara Kaskuske are proud great grandparents.



Mr.& Mrs. John Raymond Johnson would like to congratulate their son,

Dr. John D. Johnson, First Doctor in Johnson Family!



CONGRATULATIONS SCOTT MILLER!!!



With proud hearts, we wish you congratulations on attaining your MASTERS DEGREE. We are so proud of our Dad! ~Love you,

Connor and Brody

Everyday you give me new reasons to smile. You have worked so hard and accomplished so much all the while showing our children they too can learn, grow and realize the best in themselves.

Congratulations baby & I LOVE YOU ALWAYS! ~Your wife, Alicia (Aly)



Alberty, Langston Deshun Alford, Bruce Douglas Alford, Louella Ann Allen, Cheryl Renee Bailey, Brooke Lynn Barber, Kristin Lynn Barriga, Elias Micah BATEMAN, Willow Shoshana Rain Bayliss, Billy Ray Bayliss, Katherine Anne BEAR, BONNIE JEAN BEAVER, RODNEY GENE Bender, Judith Ann BERRY, Ryan Jennings Birdtail, Mary Evelyn BITTLE, LILLIAN KAY Blackbear, Tegan Quinn Blanchard, Brian Keith Blanchard, Clayton Lee Blanchard, Eric Leon Blanchard, Henry R. Blanchard, Jamin Dalton Blanchard, Kason Ryan Blanchard, Nicholas Adam Blanchard, Virginia Adele Bonham, Virginia Doreen Booth, Randall David BOTONE, LISA Lucille Bowens, Aarion Tremain Bradley, Edward H. Brady, Sharon Kay Breeding, Hollis Joshua Brinson, Nicholas Henry Brocksmith, Ethan James Brown, Elijah Christopher Brown, Samuel David Brown, Tristan John BRYCE, ANITA JEAN Bryce, Jacob Desmond Buckley, Brandon Michael Buckley, Christopher Maurice Burkhart Sr, Arthur Elliott Butler, Donna Ellen Byers, Marilyn Byers, Shannon Leon Byers, Shawn Deeon Byington, Michelle Hope Canales, Alexis Marie Carlson, Tyellissa Lynn CASE, MEliSSA SUSAN Chapline, Isabella Roseanne Citty, Keith Leon Citty, Steven Keith Cochrane Jr., Guy Stanley Coddington, Corey William Collett, SAVANNA LEN Colungo, Darrell Dean Conner, Daniel Paul Coody, Erin Melody Cottrell, Mckinzey Faye Cox, Jennifer Renee Craig, Kayla Shawnee Cruz, Mr. Cameron Jacob Davis Jr., Anthony Louis Davis Jr., Edward Leroy Davis, Adley Reese Davis, Bryar Nicholas Davis, Jocelyn Paige Day, Jennifer Ann Day, Virginia RAE DEER, DERRICK WESLEY DEER, Elnora Laverne Kaseca DEER, ETHAN MACK DEER, JAden Brandon DEER, KENSINGTON JAIDE

DEER, MARISSA CAITLIN

Deere, Angelina Renee DEITZ, AIMEE ROCHELLE Delodge, Ezra Manuel Dennison, Daniele DeOliveira, Shelly Marie DETERT, HEATHER JO Dixon, Abryana Elizabeth-Marie Donnell, Patricia Kay Doussett, Calvin Cecil DRY, SHAVONNE LYNN Ellingsen, Shirley MAE Ellis, Andee Nicole Ellis, Charlotte Lynn Ellis, Chet Herbert Ellis, Christian Nathanial Engler, Emily Laiken Erickson, Tiffany Ranae FARMER, CHRISTINE BODDIE Felton, Zachary Douglas Foreman, Amber Lynn FOREMAN, AMPER LEN Fowler, Cheyenne Deneau FREEMAN, EUGENE BRYCE French-Hawk, Tracie Lynn Fritsch, Jerod Wayne FRYE, Williamscott Thomas GARRETSON, DONNA KAY GATZMAN, DARIA JUYNE Gibson, Alan Gerard Gibson, Donald James Gibson, Elvis Glenn Gibson, Garv Llovd Gibson, Ryan Edmond Gibson, Tyler Glen Gilcrease, Maedia Jean Gilmore, Linkin Thomas Gonzales, Gabriella Noel Goss, Angel Marcus Goss, Veronica Mae Graham, Jackie GRANSTROM, KARSEN RENEE GRASS, CREE BREEANN Gurrola, Daniel Alberto Gutierrez, Devin Anthony HARJO, JEANETTE MARIE Harjo, Michael Ray Harjo, Sharon Melody Harjoe, Sonja Denise Haskins Rich, Donna Paule Haumpy, Ma-Yia Rahjanae Hawk, Connor Evan Haymond, Trisha Lynn Helvy, Alta Jean HENSHAW, Allen SHAWN Hernandez Thorpe, Genesis Kay Hernandez, Daezi Viay Herndon, Martin Clyde HERRERA, John Anthony Herrera, Michael Lee Hibdon, Konner Brian Hicks, Anna Marie Hood, Dallas James Hood, Elaina RAE Hood, Matthew Dean Hood, Piri Reis Howe, Reign Phil Hutchinson, Velma Jo Hyde, Lester Clark Ibarra, Lya Lynette

Irvin, Benjamin Raymond

Johnson, Amanda Shaye

Johnson, Amber Dawn Johnson, Ashley Briann Johnson, Austin Lee Johnson, Debra Jean Johnson, George Lewis

Johnson, George Lewis Johnson, Grant Scott Johnson, Jeremiah Justin Johnson, Jessie Colt Johnson, Kyle Dylan Johnson, Nikki Renee Johnson, Noreen Dottie Johnson, Rita Jo Johnson, Stacey Lynn Johnson, Steven Boyd Johnson, Tillman Earl Jones, Donna Kay (Ellis) Jones, Teresa Ann Wilson Judkins, Dyllon GARRETT Kaniatobe, Karen Faith Kaseca, April Eve Kaseca, Kanynn Leiann KASECA, KEVIN LYNN Kaseca, Russell Franklin Keith, Andrew Richard Keith, Brandon Dowe Kickapoo, Christopher Kerry Kirby, Lindsay Diane Kirby, Steven Wayne Kirby, William Michael Krauss, Chante'l Emily Kupczynski, Cora Ashley Larney, Kathryn Jon-Nicole Larney, Nathaniel Roy Larney, Noah Cruz LARSON, SEKOENATHA KEEGAN Little Axe Jr., Danny Little Axe, Charlie Pratt Little Axe, Graci Raquel Little Axe, Jerry James Little Jim, Lindsey Marie Little, Edwin Thomas Little, Tony Wayne Littlebear , Nelson Wayne Littlecreek, Ephraim Jhames Littlecreek, Josephine Taylor Littlecreek, Mychal Shawn Long, Jordan Lee Longhorn, Bradley Brian Longhorn, Ewell Gary Longhorn, Lee Allen Longman, Ashley Nicole LONGMAN, Clayton DEAN Longman, Kristopher Morgan LONGMAN, William Ashton Lovins, Wesley Jacob LOWRANCE, RUSTY HAZE Ludlow, Zoretta Denise Mack, Felix Wayne Mack, Malayah Jean Mackey, Monica Sue MARQUEZ, QUENTIN MILES Martin, Robyn Alexa Martinez, Jalon Maverick MARTINEZ, JASMINE NICOLE Martinez, Stephanie Diane MASQUAT, Ricky LEE Masquat, Milania Che'Lee Maxfield, Lisa Clorean Maxwell, Alex Ryan Mayo, Lindsay Destiny McBride, Wyatt Dean McCoy, Violet Christine Harry McCulloch, Erin Corrine McGee, Michael Shannon McMahan, Jayden Thomas McPherson, Erica Nicole Merrell, Sean Allen Michaelson, John Edward Mohawk, McKenzi Jeanne Mohawk, Travis Gene Morton, Colette Ellen

MORTON, SARA BRIANNE Nail, Cullen Chase Nanaeto, Debra Jaclyn Neuens, Kathy Marie Neugent, Louise L.C. Nguyen-Rojas, Tyler Van O'Dell, Cody Dewayne Onzahwah, Alecia Joann Pack, Camryn Lorraine Pack, Kristyn Bailey Patton, Quentis Adarryl PATTY, TWANA MARIE Spybuck Pederson, Rena Kaye Little Axe PENA, ERIC PEREZ-VARGAS JR., JUAN MANUEL Phillips, Kristian Parker Pickens, Teddy Ray Pine, Jaime Ann Pine, James Francis Pine, Kaseon James PITNER, Sylvia Sue PONCE, AUTUMN DAWN Ponkiĺla, Carol Ann Ponkilla, Martin Ned RAMIREZ, ANTONIO OMAR Reid, Rebecca Claire Roach, Drew Wilson Robertson, Leland Scott Robison, Christopher Charles Rodas Lopez, Monica Leree Rolette, Makaila Lynn Rolette, Sharon Sue Rolland, Vannessa Kay Ross, Gary Willis Rudloff, Dylan Cole Runsabove, Wade Mitchell Schulenberg, Esteline Sloan Schwarz, Loretta Jean Serena, Lisa Lynn Shane, Vivian Louella SHAWNEE, COLTIN DALE Shawnee, Derrick Joel Shelton, Anthony Pharrell Shirk, Deborah Ann Simpson, Shirley Florence Sims, Vikki Ann Sloat, John Levi Smith, Curtis Alan Smith, Katherine Danene Smith, Kenneth Lee Smith, Lauren Ashlee Smith, Leslie Anne Smith, Lori Beth Smith, Luke Alan Smith, Tina Mae Snake. Brandon Matthew Snake, Gerald Kendall Snake, Jennie Lucy Mohawk Soap, Austin Jay Soap, Crystal Diane Moonlight Soap, Devin Elijah Solis, Allan Jesus Spoon, Jordan Leann Spoon, Ramona Gaye Spriggs, Chanoa Irene Spybuck Jr, James Cody Spybuck, Morganne Faith Souire, Thomas Stanley Jr., Denny Atine STARR, David MARTIN STARR, SHEILA RENEE Stephens, AnnaMarie Gene Stewart, Robert Sterling Sutton, Sierra Dawn Switch Sr., Douglas Vaughn Switch, Kathern Suzzete Switch, Samuel Tiger Switch, Voguel Carroll Talton, Daveon Lee Tapia, Shawnee Antonio

Taylor, Lena Elaine

Tharp, Deborah Lynne

Taylor, Nina Gail

Thomasee, Lawrence Cy Thompson, Cheyenne Jada Thornhill, Taryn MacKenzie Thorpe, Cyrus James Thorpe, Jarrett Scott Thorpe, Sandra Lorene Tiger Sr., Leonard Gene Tiger, Ann Tiger, Annette Renee Tiger, Francis Allen Tiger, Hermione Essence Tiger, Sarah Fawn Tiger, Sherman Lee Tiger, Sonya Marie Tiger, Stephanie Nicole Tiger, Susan Rochelle Tiger, Toni Dion Tsoodle, Arminda Lee Uchida, Micheal Gene Vasquez, Rebecca Faye Wakolee Jr., Brandon David Wakolee, Bernard Wilson Wallace, Cierra Shawnae Wallace, Timothy Scott WARE, JENNY ANN Warrior, Daniel Adam Warrior, Donna Carol (Gibson) WARRIOR, SAMUEL NORbbie Washington, Walter Watson, Brian Keith WATSON, JAMIE ANN White Jr., Charles Daniel White, Amber Mary White, Logan Riley White, Thomas Wayne Whitebird, Shelby Gail Wilkerson, Skylor Georgeann Williams, David Arlen Williams, Jalyn Anissa Williams, Melanie Marie Williams, Orin Ray Williams, Samuel Lee Willingham, Deidra Marie Wilson, Justin Dean Wilson, Marcus Allen Wilson, Penny Arlene Wolf Jr. , Aaron Paul Wolf, Nevaeh Annalise Wolfe, Beverly Edwina-Butler Worley, Tehia Jane YATES, KATIE ANN Yones, Arthur Ralph



Morton, Darrell Jackson

Morton, David Arthur

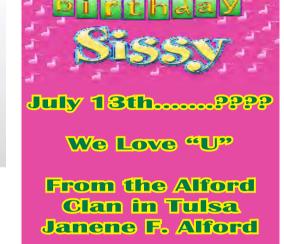






Happy Belated Birthday!!

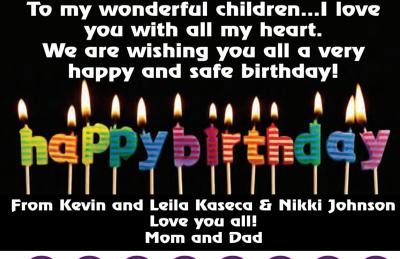








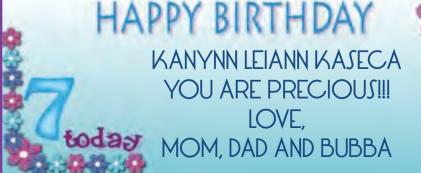








Happy Birthday Sugarbabie Leiann Kaseca! Love, Grandpa Roy and Granny





Camp Nikoti Tribal Youth Program presents...

Melokami Youth Camp 2013

THANK YOU to all tribal program staff who helped make this year's camp a success and full of fun for the youth!









Upcoming Events... Zumba Dance Clas

Shawnee Health Clinic -Monday and Wednesday at 12:00

Little Axe Health Center— Tuesday and Friday at 12:00

Grilled Vegetables

Ingredients

6 yellow squash

- 1 medium zucchini, cut into 1-inch chunks
- 1 medium green pepper, cut into 1-inch pieces
- 1 medium sweet red pepper, cut into 1-inch pieces
- 6 small onions, halved
- 4 medium carrots, cut into 1-1/2-inch chunks
- 1/3 cup olive oil
- 1/2 teaspoon dried rosemary

Dash pepper

Direction

- In a large saucepan, cook onions and carrots in water for 10 minutes; drain. In a large bowl, combine oil and seasonings. Add the vegetables; stir to coat. Cover and refrigerate for about an hour.
- 2. Drain and reserve marinade. Place vegetables on a grill rack or place alternating vegetables on skewers. Cover and grill over a medium heat for 15-20 minutes or until tender toward paste with reserved marinade several times









- •Executive Director of Gaming
- Internal Auditor
- Surveillance Operator
- Teacher Building Blocks Child Care
- Floater Building Blocks Child Care
- Physician Shawnee Clinic
- Dental Hygienist Little Axe Clinic
- Pharmacy Tech
- Radiology Tech- Little Axe Clinic



Absentee Shawnee Tribe Human Resource Department

2025 Gordon Cooper Drive Shawnee, OK 74801 Phone – (405) 275-4030 Fax – (405) 273-2710

Lisa Brownell - Director x131 Elizabeth Clark - x 170 Rachael Lankford - x 111

www.astribe.com





JULY 15TH-19TH & JULY 22ND-26TH

AST RESOURCE CENTER

10AM-1PM

AGES 10-17

PAGE 1 SMITED TO 25 PARTICIPANT



SiGN UP TODAY! 364-7298

SPLASH DAY!

POWWOW DANCE! OUTDOOR LASER TAG!

CULTURAL PRESERVATION DEPARTMENT

The AST Cultural Preservation Department would like to pass along the following information concerning updates to each of our programs. I'd like to remind Tribal members and employees of the extended hours of the Gift Shop and Library as we are open until 6 PM Daily, and through the lunch hour. We experimented with opening on Saturdays but found it wasn't profitable and re-adjusted the hours. updates to each of our programs. I'd like to remind Tribal members and employees of the extended hours of the Gift Shop and Library as we are open until 6 PM Daily, and through the lunch hour. We experimented with opening on Saturdays but found it wasn't profitable and re-adjusted the hours.

GIFT SHOP

The Gift Shop continues to make progress in sales and new inventory. Word of Mouth is spreading about the types of product that we are carrying and this is in a constant state of change. A lot of times, we receive goods on Monday and they are sold before the week is complete. If you haven't stopped by lately, come in and browse around. I think you'll be surprised at the new supplies we have in stock. Almost all our Spring inventory has arrived, minus a few colors in beads or fringe that are on backorder. If we don't have what you need, let us know and we may be able to 'special order' your request. If you have any questions, please call Esther at ext. 122, or contact her by email at elowden@astribe.com

LIBRARY

We have a variety of resources available for checkout or your reading leisure including: magazines, newspapers and journals. This past month, our Library and Archives Manager, Josh completed training and received updates at the Association of Tribal Archives, Libraries, and Museums International Conference in New Mexico. Earlier in the year, he applied for and won a scholarship to attend at no cost to the Tribe. I'm proud to say we are already on the agenda as Presenters next year and our costs will be completely paid for again. The Library continues to make progress as we're seeking State and Federal accreditation. If you have any concerns or questions about membership or circulation, please call Josh at ext. 122, or by email at jshawnee@astribe.com

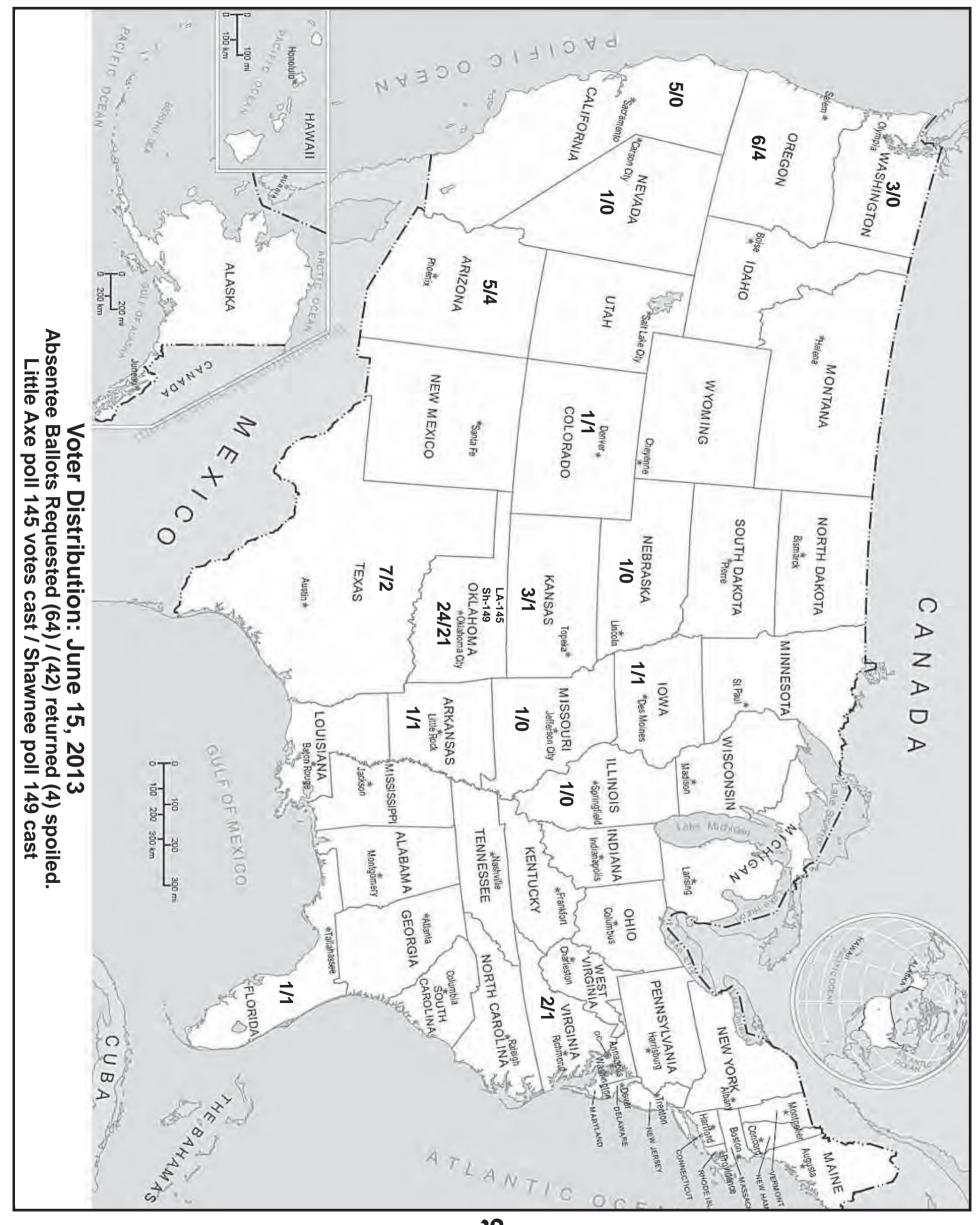
CULTURAL PRESERVATION

Our Cultural program has been assisting in several areas as the summer months are upon us. Like everyone else, we had to adjust our schedules due to the tornado. However, this hasn't prevented us from presenting classes for our youth through several of the Tribe's other departments. Ms. Esther helped MSPI as she demonstrated to several young people how to hem, make designs, and fringe a shawl. It is my hope that those of you who participate will be able to take away a new skill upon the completion of your cultural skills class. Space is limited due to costs and time constraints; please sign up early so that we can make certain there are enough materials for participants. If you have any questions about the skills classes or would like to teach and lead a demonstration, please call Joseph at Ext. 203, or send an email to joseph.blanchard@astribe.com

Your concerns are important to us. If you have any questions, please call our offices and someone will be happy to assist you. We thank you for the continued support of our department as we continue to make changes to our programs, in order to provide the best service to our customers.

Thank you for your time.

Joseph H. Blanchard Cultural Preservation Director/ Tribal Historic Preservation Officer (405) 275-4030 ext. 203



Foster & Adoptive Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting Skills?
 Can you maintain a positive attitude toward a child's
- parents?
- Can you love with all your heart & then let go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Amanda Lenora, CPS/Foster Care Worker - 405-878-4702

ASTribe Indian Child Welfare Department FOSTER CARE

This article appears in the Daily Times in Farmington, New Mexico. And even though this talks about the foster care program and tribal children in foster care, this article can speak on behalf of what the Absentee Shawnee Tribe Foster Care and other tribes are going thru. Finding foster homes is a necessary to not only protect AST children but to also maintain their cultural identity, heritage and traditions. The Absentee is a small tribe and we should be able to work as ONE TRIBE to care for the AST children. If you have any questions, contact the ICW department at (405)275-4030.

"Only two foster homes in San Juan County belong to American Indian families, but more than half of the 85 children in foster care now are American Indian. That means about 40 American Indian youths in the local foster system are living with non-native families. The Children, Youth and Families Department, charged with placing children in alternate homes if their own families are deemed unsafe for reasons of abuse or neglect, is having a hard time finding enough native families for the number of native children in the system.

The department does everything it can to match a child with a family of a similar background. That doesn't work when fewer homes than children are in the system, which means native children more often than not end up in non-native families. This is contrary to federal policy, which directs the department to make every effort to place children of American Indian descent in homes that nourish their cultural identity. But without more native families stepping up to offer a home for children, there is little the department can do to remedy this situation.

The Indian Child Welfare Act provides four placement options, which the department must pursue in descending order every time it places a native child. The first option is to place American Indian children with a relative who can provide a safe environment and who eventually attains a foster care license. The second option is for a child to be placed in a family from the same American Indian tribe. The third is for the child to be placed with a American Indian family not of the same tribe. The final option, and the one the CYFD most often uses, is matching native children with non-native families that simply have a foster care license.

This is a loss for children and for potential foster families. It's also a loss when it comes to efforts to revitalize native traditions and teach them to the children. We encourage all native families with the resources that can allow children a home to contact the Children, Youth and Families Department. Fostering a child is one of the most rewarding things a family can do."

In the state of Oklahoma alone, there are almost 3000 Native American children in the foster care program with a majority of these children placed in non-native placements. Now imagine if your son, daughter, grand children were placed in another home that didn't teach or understand the Absentee Shawnee traditions. What would happen to their identity, their sense of being a AST, their sense of belonging and being proud of being a Absentee Shawnee?

The AST ICW dept are in need to foster homes. Emergency homes, temporary homes, it doesn't matter. We have made it a goal to get certify at least 5 homes to be foster homes for the AST. With obtaining more every year from this point on. It takes ONE TRIBE to care for ONE CHILD. As the great Tecumseh said, "A SINGLE TWIG BREAKS BUT A BUNDLE OF TWIGS IS STRONG."

For more information about being a foster home, please contact: Indian Child Welfare Department (405)878-4702

AST MAINTENANCE DEPT. NOW TAKING GRASS MOWING APPLICATIONS

Absentee Shawnee Tribe of Oklahoma Maintenance Department 2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801 (405) 275-4030

GRASS MOWING APPLICATION

The following are the requirements for this program:

- 1. Must be an Absentee Shawnee Tribal Member
- 2. Must be 65 years or older
- 3. Handicap/Disabled (Please have letter from doctor if under age 65)
- 4. Must provide proof of residency
- 5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weedeat applicants' lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc.

I NO RENTAL PROPERTY will be mowed.

1 If you have any questions, (405) 275-4030 ext. 128.	please contact Rita Harjo at
NAME:	
ADDRESS	
CITY:	STATE:
ZIP:	
CDIB#:	DOB:
HOME PHONE:	

 <u>Finding directions</u> 	s to home:	
I		
l I 		

MESS PHONE:



Parenting Quick Tips: Practical Parenting Education

PSSF Program

DE-STRESSING YOUR FAMILY

No doubt, family life can be stressful! While there's no way to take stress completely out of your household, the following tips can make life more relaxing, enjoyable and emotionally healthy for your whole family:

- ♦ Take time daily to talk as a family; encourage open expressions of feelings and emotions; really listen to each other. (Turn off the tv!!)
- ♦ Encourage your family to share their daily stressors.
- O Post a large calendar where all family members can write down their schedules.
- ♦ Look at extra-curricular activities. If children or parents show signs of too much stress, cut back.
- Set a limit on children's activities and then let them choose the ones they really want to
- Hold weekly family meetings to:
 Look at everyone's schedule for the week.
 Resolve problem areas and conflicts
 Set expectations for sharing the "load"



- Develop a family priority list. What is really important? What can be let go?
- ♦ Set reasonable expectations for yourself and other family members.
- Problem solve Meals can be nutritious without a lot of work! The world won't fall apart if bed isn't made!
- ♦ Identify those problems that put stress on everyone, i.e., morning hassles, homework or bedtimes; work out a solution and stick to it!



Office of Environmental Health & Engineering

· Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:

Sanitation Facilities Assistance Program
 Applications need to be completed and all necessary documents at-

tached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering Absentee Shawnee Tribe of Oklahoma 2025 S. Gordon Cooper Dr. Shawnee, OK 74801

Absentee Shawnee Tribe Complex Office of Environmental Health & Engineering, Building 13 If you have any questions, you can reach us by phone at (405) 214-4235

ABSENTEE SHAWNEE

RECYCLING MA-TERIAL THAT WE ACCEPT.

ALL WHITE PAPER, ENVELOPES, COL-ORED PAPER, JUNK MAIL, FAX PAPER, MAGAZINES, NEWSPAPER, CARD-BOARD, AND ALU-MINUM CANS.

MATERIAL WE DO NOT AC-CEPT.

TONER, CARBON
PAPER, FOOD
WASTE, AND PLASTIC.

REMEMBER, WHEN IN DOUBT THROW IT OUT.

CONTACT INFORMATION

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

OFFICE OF ENVIRONMENTAL HEALTH & ENVIRONMENTAL PROGRAMS.

2025 S. GORDOI COOPER DR. SHAWNEE, OK 74801

PHONE: (405) 214-4235

FAX: (405) 878-4701

Absentee Shawnee Tribe Recycling Program

"To Establish a recycling program for municipal waste planning, reduction, and Recycling"

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program Program declares that waste reduction and recycling are the preferable to the

or processing of municipal waste, and that removing certain materials



from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowledge and information about recycling markets and market demand as well as information oblications and the internet to comprise an analysis of material the recycling program will address at the start of the program. AST Recycling Program Plan establishes a goal that, by year's end 2013, at least 25 % of the recyclable material produced by the Tribe will be recycled.

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material; High-Grade shredded paper, Assorted office paper,

Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought. There is a cost associated with recycling, However, economic, social, and environmental benefits exceed these cost.













Saturday July 6th, 2018
AST RESOURCE CENTER
8:00 a.m.

t-shirts!

COME OUT AND WALK/RUN FOR FITNESS AND
WELLNESS AT THE RESOURCE CENTER
LET'S CELEBRATE HEALTH WITH SOME
GREAT PHYSICAL ACTIVITY!



TO REGISTER, PLEASE CONTACT BUSTER BREAD AT: 405-364-7298 (BBREAD@ASTRIBE.COM)





Absentee Shawnee Housing Authority

107 N. Kimberly, Shawnee, Oklahoma 74804 Phone: (405) 273-1050

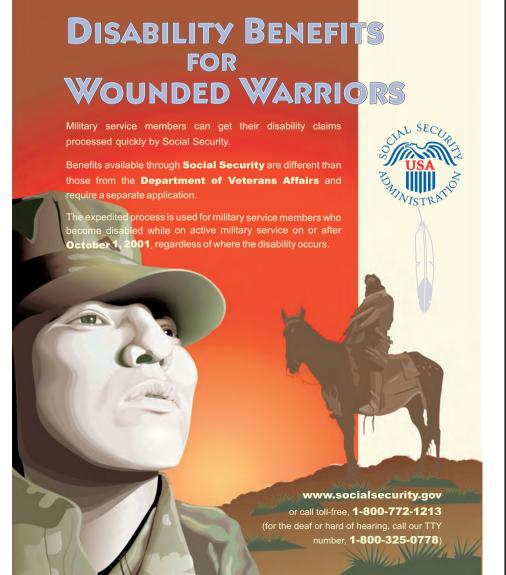
Come in and visit with us about:

- Lease with Option to Purchase
- * Rental for Over Income

Rental

Budget Counseling





2013 AGC of Oklahoma Education Foundation Scholarships







University of Oklahoma Construction Science Scholarship Interviews 03/29/2013

Andy Rine
Flintco
Randy Edge
A.S.T. TERO
Ken Robson

OU Construction Science
Division, Director

Doug Tapp

AGC Executive Director of Oklahoma Building Chapter



26th ANNIVERSARY

THUNDERBIRD CASINO POW WOW

JULY 4-5-6, 2013 • Little Axe, OK

MC: SAMMY "TONE-KEI" WHITE

HEAD MAN DANCER: WOLFY LEITKA

HEAD LADY DANCER: LESLIE REALRIDER

HEAD SINGER: FOREST WALKER

HEAD GOURD DANCER: ADAM PROCTOR

ARENA DIRECTOR: SAM HOWELL

ABSENTEE SHAWNEE COLOR GUARD

SUPPER EVERY EVENING @ 5PM



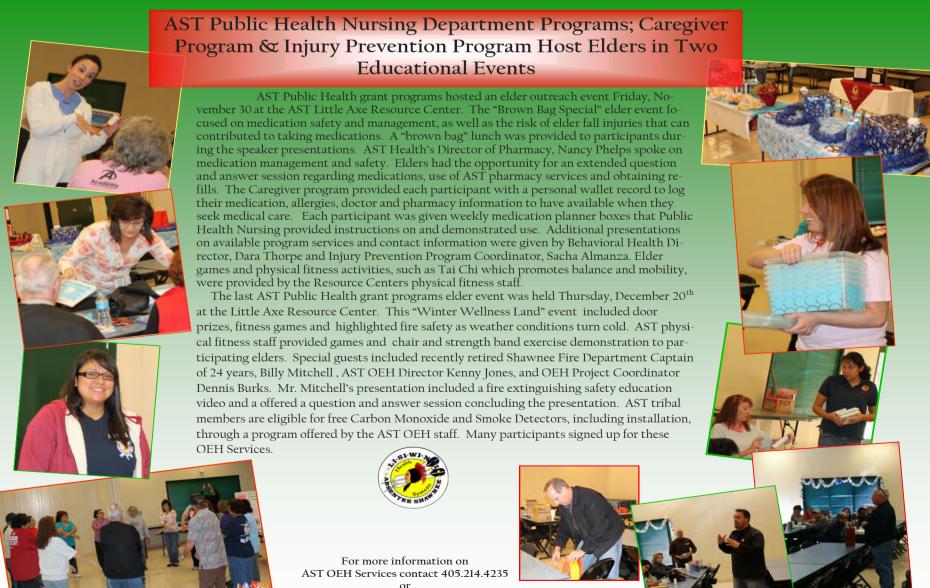
ARTS AND CRAFT VENDORS WELCOME CALL: LEONARD LONGHORN 405-481-0674 or SUE BLANCHARD 405-312-4621

All contestants must be in full regalia and number in full display during Grand Entry each night and dance July 4th during inter-tribal dancing.

All decisions made by the powwow committee are final.

NOT RESPONSIBLE FOR ACCIDENTS, INJURIES AND LOSSES • DRUGS, ALCOHOL ARE PROHIBITED





AST Public Health Nursing Programs





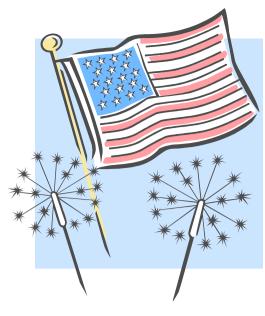








July 2013



Title VI would like to thank you for your understanding when we were unable to serve you.

July 4th, AST Complex will be closed in celebrating Independence Day. No lunches will be served or delivered.

Please drink plenty of water and stay cool this summer. Homebound please let us know when you're not going to be home it will save us on time, gas and the driver's being in the heat. Thank you to Elders who call in to let us know we appreciate it so much.

Any concerns, suggestions or questions please feel free to call us at 405-275-4030 ext 19 or 169.



2% MILK SERVED DAILY

July 2013

MENU	SUBJECT	TO CHANGE
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Hamburgers Lett, Tom, Onions Pickles Pork n Beans Fruit	2 Soft Taco Refried Beans Lett, Tom, Chez Cinnamon Roll	3 BBQ Sandwich Pot. Salad Chips Pudding	4	5 Scrambled Eggs Sausage Gravy Biscuit	6
7	8 Manwich Onion Rings Pickles Fruit	9 Beans & Ham Cornbread Steak fries Cake	Enchilada Casserole Tossed Salad* Salsa/Chips Fruit	11 Ham n Chez Wraps Tater Tots Fruit	12 Sausage Patty Pancakes Fruit	13
14	15 Chicken Fried Steak Sandwich Mac Salad Chips Pudding	16 Shepard's Pie Carrots Biscuit Cobbler	17 Salmon Patty Coleslaw Mac n Chez Bread Fruit	Smothered Pork Chops Green beans Bread Fruit	19 Scrambled Eggs Bacon Toast	20
21	Chef Salad w/ chicken eggs, chez Crackers Cookie	Spaghetti w/meat sauce Tossed Salad* Garlic Bread Pears	Egg Rolls Veggies Rice Fortune Cookie	25 Oven Fried Chicken Mashed Pot w/gravy Veggies Bread	26 Biscuit Gravy Ham	27
28	Hot Dogs w/ Chili Chips Cake	30 Beef Fingers Boiled Pot Green Beans	Goulash Spinach Bread Cookie	1. 2.112		

NOT GOING TO BE HOME CALL US AT 405-275-4030 EXT 169 OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY – THURSDAY 11AM TO 1 PM BREAKFAST SERVED FRIDAYS 9 AM TO 1 PM

SAFETY TIPS FROM...

√ Never leave children alone in or around cars; not even for a minute.

√ Put something you'll need like your cell phone, handbag, employee ID or brief case, etc., on the floor board in the back seat.

√ Get in the habit of always opening the back door of your vehicle every time you reach your destination to make sure no child has been left behind. This will soon become a habit. We call this the "Look Before You"

Lock" campaign.

√ Keep a large stuffed animal in the child's car seat when it's not occupied. When the child is placed in the seat, put the stuffed animal in the front passenger seat. It's a visual reminder that anytime the stuffed animal is up front you know the child is in the back seat in a child safety seat.

√ Make arrangements with your child's day care center or babysitter that you will always call if your child will not be there

on a particular day as scheduled.

√ Keep vehicles locked at all times; even in the garage or driveway and always set your parking brake.

√ Keys and/or remote openers should never

be left within reach of children.

√ Make sure all child passengers have left the vehicle after it is parked.

√ When a child is missing, check vehicles

and car trunks immediately.

- √ If you see a child alone in a vehicle, get involved. If they are hot or seem sick, get them out as quickly as possible. Call 911 or your local emergency number immediately.
- √ Be especially careful about keeping children safe in and around cars during busy times, schedule changes and periods of crisis or holidays.
- √ Use drive-thru services when available. (restaurants, banks, pharmacies, dry cleaners, etc.)
- √ Use your debit or credit card to pay for gas at the pump.

For additional information about ways to keep children safe in and around vehicles, visit our website at www.KidsAndCars.org.

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy for at the Education Department office or for download at www.astribe.com.

- <u>Academic (K-12) Program</u>: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation
 expenses, and awards two (2) incentives: one for GED recipients and one for High
 School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: <u>Education Incentive Award Program</u>: funds for undergraduate degrees, one associates or bachelors degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- Graduate Scholarship Program: funds for one master's degree or one doctoral degree, and can fund for one graduate admissions test. This program has funding levels based upon full-time and part-time status.

All funding is based upon the availability of funds at the time of application.

Attention:

If you are considering taking courses for the spring 2012 semester, please contact the Education Department as soon as possible.

All applications and guidelines are available at <u>www.astribe.com</u>. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030 ext. 121 or 1-800-256-3341 or email to tresham@astribe.com.

AST Education Department; Big Jim Youth Award applications

The Absentee Shawnee Tribe's Education Department will begin accepting applications for the following awards:

- Big Jim Academic Achievement Award (Male and Female)
- Big Jim Athlete of the Year (Male and Female)

High school <u>Seniors</u> of both genders within the 50 United States are eligible to apply for these awards for the 2012/2013 school year. Applications will be accepted from January 1 to March 1, 2013 by US mail or email, official transcripts must be mailed. The official application form will be available at <u>www.astribe.com</u> under the Education Department. The \$1000.00 award is in the form of a scholarship to the college or university where the award recipient will attend for the fall 2013 semester.

Individuals are encouraged to nominate deserving high school Seniors. You may nominate yourself. Please refer to the application for required documents. Eligible nominations will be judged by a panel of (non-AST) experts assembled specifically for this purpose. The intent is to bring together an unbiased group of experts to evaluate the applicants in an impartial and unbiased environment. Their decisions are final with respect to all matters concerning these awards. **Awards will be announced in May 2013.**

Award recipients will be recognized as the 2012/2013 Big Jim Academic Achievement Award winner or the Big Jim Athlete of the Year. In addition to this recognition the award recipients will receive a **§1000.00** scholarship to be used towards their education and the advancement of their career.

Questions on these awards program should be addressed to:

Absentee Shawnee Tribe Education Department c/o Tresha Spoon 2025 S. Gordon Cooper Drive Shawnee, OK 74801 405.275.4030 Ext 121 youthaward@astribe.com

Common Signs of Alcohol Poisoning

One of the frequent first signs of alcohol poisoning is nausea followed by vomiting.

Essentially, these signs are warning signals from the body informing the individual that he or she has ingested more alcohol than his or her body can metabolize.

The following list exemplifies some of the common signs of alcohol poisoning:

- Difficulty awakening the person
- Inability to make eye contact or sustain a conversation
- Confusion
- Blue-tinged skin or pale skin
- No withdrawal from painful stimuli (for instance from pinching)
- · Feeling very ill, including protracted vomiting
- Slurred speech
- Erratic behavior
- · Unconsciousness (passing out)
- Absent reflexes
- Seizures
- · Slow, shallow, or irregular breathing

Perhaps the worst of the many consequences of alcohol abuse is alcohol poisoning. More precisely, when an individual drinks far more alcohol than his or her body can metabolize and eliminate, alcohol poisoning, also known as alcohol overdose, is a real possibility.

Signs of Alcohol Poisoning: Conclusion

Since almost 50,000 cases of alcohol poisoning are reported each year in the United States and due to the fact that alcohol poisoning can be fatal, it is important to be able to identify the common signs of alcohol poisoning.

Knowledge of these "alcohol signs" related to alcohol poisoning and knowing how to quickly and properly react to such signs (for instance by immediately calling 911 and asking for urgent medical assistance) can help avoid a fatal alcohol overdose.

Behavioral Health Services
Shawnee Clinic 878-4716
Little Axe Health Center 701-7987



FOURTH OF JULY IS COMING UP AND HERE ARE SOME SAFETY TIPS TO BE AWARE OF:

- .. Make sure to always read the directions on the packaging or label.
- •• HAVE AN ADULT PRESENT AT ALL TIMES.
- •• FIREWORKS ARE TO BE USED ONLY IN THE OUTDOORS.
- •• KEEP AWAY FROM DRY GRASS AND OTHER FLAMMABLE MATERIALS.
- · · ALWAYS LIGHT ONE AT A TIME.
- ·· LIGHT FIREWORKS AT A SAFE DISTANCE FROM PEOPLE AND OTHER HAZARDS.
- · Never point or throw fireworks at any other person.
- •• NEVER EXPERIMENT WITH ANY OF THE FIREWORKS.
- ·· KEEP YOUR WATER HOSE OR A BUCKET OF WATER CLOSE BY.
- •• Never attempt to re-light or "fix" fireworks.
- •• Do not wear loose fitting clothing and or clothing made of flammable material.
- Never carry fireworks in your pockets.
- •• FIREWORKS ARE NOT TOYS OR ARE THEY TO BE USED IN ANY MANNER OTHER THAN AS STATED ON THE DIRECTIONS.

The improper use of fireworks can lead to severe burns, amputations, blindness, and, in some cases, deaths are often the result of 4th of July celebrations. So remember parents you are held liable for any damage or injuries caused by your children using fireworks.

HAVE FUN AND BE SAFE!

SENA YESSLITH, PSSF WORKER



The month of April is Child Abuse Prevention Month and the Promoting Safe and Stable Families would like to provide some information about child abuse, warning signs

and tips on how you can help to prevent the abuse of a child from www. preventchildabuse.org.

FACTS ABOUT CHILD ABUSE

What is Child Abuse and Neglect?

- Physical abuse an injury to a child that is not an accident, may include: hitting, punching, beating, burning, biting, kicking, cutting, shaking, or any action that physically harms a child.
- Emotional abuse maltreatment of a child that may involve criticizing, insulting, yelling, swearing, manipulating, rejecting or withholding love.
- Sexual abuse any sexual activity with a child, including exhibitionism, photographs or videos, pornography, prostitution, fondling, or rape.
- Neglect failure to provide for a child's basic physical, emotional, medical or educational needs.

Who Abuses Children?

Most often the abuser is someone the child knows, such as a parent, relative, neighbor or friend of the family.

Where Does Child Abuse Happen?

Wherever children are, where they live, sleep, learn or play.

How Often Does Child Abuse Occur?

Each year, close to 3 million reports of suspected abuse is filed in the United States. Many more cases never get reported. One victim of child abuse is one too many!

WARNING SIGNS OF ABUSE

Children who are abused may show physical and behavioral signs. You may be a child's only lifeline to safety. Please pay attention to the treatment of children around you. Child abuse is everyone's business. If you suspect a child is being abused or neglected in Oklahoma, call 1-800-

Children who have been abused or neglected may be: • Nervous around adults or afraid of certain adults

- · Reluctant to go home
- Very passive and withdrawn—or aggressive and disruptive
- Often tired or complaining of nightmares, or not sleeping well
- Fearful and anxious Showing sudden changes in behavior or school performance

Possible signs of physical abuse:

- Unexplained burns, bruises, black eyes or other injuries
- · Apparent fear of a parent or caretaker
- Faded bruises or healing injuries
- Injuries that do not match the explanation

Possible signs of sexual abuse:

- Difficulty walking or sitting, or other indications of injury to the genital area
- Sexual knowledge or behavior beyond what is normal for the child's age
- · Running away from home

Possible signs of neglect:

- · Frequently missing school
- · Begging for or stealing money or food
- · Lacking needed medical or dental care
- · Being frequently dirty
- Using alcohol or other drugs
- · Saying there is no one at home to take care of him or her

Possible signs of emotional abuse:

- Acting overly mature or immature for the child's age
- Extreme changes in behavior
- Delays in physical or emotional development
- · Attempted suicide
- · Lack of emotional attachment to the parent.

Many of these signs may also be present in children exposed to violence in their homes and communities, like domestic violence and gang violence. These signs don't prove that a child is being abused. But they could be a signal that the child and his or her family may need help. If you know of and or suspect a child is being abuse, call the hotline at 1-800-522-3511 or the ICW department at 405-878-4702.

TEN WAYS TO HELP PREVENT CHILD ABUSE

Be a nurturing parent.

- Children need to know that they are special, loved and capable of following their dreams. Help a friend, neighbor or relative.
- Being a parent isn't easy. Offer a helping hand take care of the children, so the parent(s) can rest or spend time together.

Help yourself.

- When the big and little problems of your everyday life pile up to the point you feel overwhelmed and out of control – take time out. Don't take it out on your kid. If your baby cries...
- It can be frustrating to hear your baby cry. Learn what to do if your baby won't stop crying. Never shake a baby - shaking a child may result in severe injury or death.
- Ask your community leaders, clergy, library and schools to develop services to meet the needs of healthy children and families.

Help to develop parenting resources at your local library.

Promote programs in school.

• Teaching children, parents and teachers prevention strategies can help to keep children safe.

Monitor your child's television and video viewing.

- Watching violent films and TV programs can harm young children.
- Volunteer at a local child abuse prevention program.
- For information about volunteer opportunities, call 1.800.CHILDREN.

Report suspected abuse or neglect.

• If you have reason to believe a child has been or may be harmed, call your local department of children and family services or your local police department.



Victim Advocacy

Assist victims by offering educational classes that focus on the dynamics of domestic violence and sexual assault, stalking and dating/violence. Each victim is helped with emotional support and resources both from Tribal programs and local community programs.

Court Advocacy

Assists survivors with domestic violence court related appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence. Participants have up to two years to obtain education and job skills needed to begin a new life. Services include case management, counseling, and transportation. There area four homes all equipped with furniture and basic household items.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Sexual Assault Advocacy

The AST DV Sexual Assault Program is on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to sexual assault survivors at hospitals, police stations and throughout the legal system. The Program also serves as a resource center to the community by offering educational information and referrals.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 275-4030.

Native American Players Connect With Oklahoma Family **During WAPL**

By Lisa D. Mickey June 18, 2013

Lisa D. Mickey is a Florida-based freelance writer whose work has previously appeared on USGA websites.



NORMAN, Okla. – This week's U.S. Women's Amateur Public Links was more than a national championship for at least two contestants in the field.

Coming to Oklahoma was a family reunion for Shawnee Martinez, 19, of Modesto, Calif., and Erika Salinas, 23, of Sacramento, Calif. It was a chance for each player to meet and spend time with their respective Native American families. It also was a time for each of the players – who met for the first time at this week's championship – to feel a sense of

community through a deep family heritage.

"It's been good to be here because it almost feels like home," said Martinez, who is part Mexican and a member of the Absentee Shawnee Tribe. "This is where my family's land is and it feels good to be among so many other people like me." "I wish I could learn more about our heritage, but I'm so far away from other Native Americans in California," said

Martinez, a sophomore at Long Beach State University who learned how to play golf from her father at age 4. "I am meeting my family members in

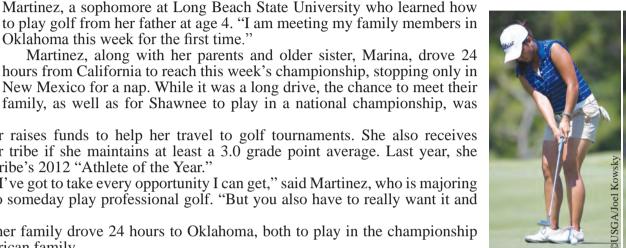
Oklahoma this week for the first time." Martinez, along with her parents and older sister, Marina, drove 24 hours from California to reach this week's championship, stopping only in New Mexico for a nap. While it was a long drive, the chance to meet their

exciting for the family.

Martinez said her father raises funds to help her travel to golf tournaments. She also receives scholarship money from her tribe if she maintains at least a 3.0 grade point average. Last year, she earned a scholarship as her tribe's 2012 "Athlete of the Year."

"It's huge to be here and I've got to take every opportunity I can get," said Martinez, who is majoring in photography and hopes to someday play professional golf. "But you also have to really want it and

Shawnee Martinez and her family drove 24 hours to Oklahoma, both to play in the championship and to meet her Native American family.





*Thank you to the USGA for all the information and photos regarding Shawnee Martinez.



The Absentee Shawnee Tribe would like to thank Nike and Feed the Children for their recent donation. Nike for the apparel and Feed the Children for making the delivery. The youth of AST and Elders benefited from this donation. Once again, Tank You!



(L to R) Tanya Roloff, Sue Blanchard, Former Governor George Blanchard, David Canavesio







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JULY 2013

FAMIN

2. GRANDMA......KOH-KOH-GEE

5. DAUGHTER......the

Cover art is a selection of Earnest Spybuck painting, "Shawnee Home Life About 1890" ca. 1910

ABSENTEE SHAWNEE TRIBE - SHAWNEE DEPARTMENT EXTENSIONS

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Gov.	Governor George Blanchard 188 Leonard Longhorn 187	HUMAN RESOURCES Lisa Brownell (HR Director)	SOCIAL SERVICES Annie Wilson (Director)167
	Lt. Governor Isaac Gibson 132 Andy Warrior	Enzabell Clark	TAX COMMISSION / TAG Les Cusher
r Lt. Gov.	Clarice Murdock (Self Gov. Spec.) 205 Retha Wilson-Pearman	Belinda Collins (Controller)	
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Rep.	Representative Jeff Gibson202 Bridgette Wilson237 Rick Short	Glenna Jones (Grants)	1 1 1
Ad	ASEDA Adam Proctor181	Duke Blanchard 585-3669	Finance Conference Rm171
AT AJy	ATTORNEY Alyssa Campbell134	MAINTENANCE Cecil Walker	OTHER ENTITIES & TOLL FREE All Nations Bank
₩ T. W	Whitney Weingartner	g t	
K C	COURT Kathy Brock (Court Clerk)120	Tom White, Donnie Marshall, Lance Nanaeto, Levi Littlecreek	Brendle Corner
Vai Sas	Vanessa Ryder139 Sasha Alamanza238	MUSIC Phil Bradley117	Housing
CC	CULT. PRES. / GIFT SHOP Joseph Blanchard (Director)	H	
Est Jos	Esther Lowden (Gift Shop Manager)122 Joshua Shawnee	rryn	Media (Sherman 11ger)
	DOMESTIC VIOLENCE/FAMILY SERVICES Kimberly Stenhens	Nishant Shrestha	Police Dept
	Deborah Davis (Domestic Violence) 235	POLICE DEPT	
Lin	Linda Gouge (Sexual Assault Adv) 206	Linda Day	Harrah Smokeshop454-0055
Sa Sa Sa Sa Sa Sa Sa Sa Sa Sa Sa Sa Sa S	Melissa Lopez	Greg Mendiaz174	2
Suj	Sujata Sturm 168		After hours
Ma	EDUCATION Margaret Ellis Admin Asst./Rec193	Scott Wilson174 PROCTIREMENT	
Tre	Tresha Spoon121	(Director)	d Rocie Tallbear Rlake G
	ELECTION COMMISSION Emily Longman	Asaycia Clayton	
	ENROLLMENT Comm. Brighton	Colleen Butler (Receptionist) 101 Real.tv	
Jon			
H0	HORSE SHOE BEND After School Program Director)	Cecil Wilson 127	
į	Catter School Frogram Directory Edwina Butler-Wolfe133		Finance page71