Absentee Shawnee Election Commission
Unofficial Election Results
Run Off Election June 21, 2014

This is to announce the UNOFFICIAL results of the June Run Off Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

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<tr>
<th>Position</th>
<th>Candidate</th>
<th>Votes</th>
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<tr>
<td>Lt. Governor: (2 year term)</td>
<td>Isaac Gibson, Jr.</td>
<td>228 votes</td>
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<td></td>
<td>Kathy Deere</td>
<td>196 votes</td>
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<tr>
<td>Treasurer: (2 year term)</td>
<td>Ewell Longhorn</td>
<td>167 votes</td>
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<td></td>
<td>Leah Bates</td>
<td>250 votes</td>
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<tr>
<td>Representative: (2 year term)</td>
<td>Jeff Gibson</td>
<td>199 votes</td>
</tr>
<tr>
<td></td>
<td>Kenneth Blanchard</td>
<td>219 votes</td>
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AST-GC-2014-01: Salary
263 Yes
149 No

Code of Conduct and Ethics
288 Yes
122 No

We, the officials responsible for declaring the above election results, do hereby claim the above statements are true and correct to the best of our knowledge.
Hello my Absentee Shawnee people!

The heat has once again hit us hard here in Oklahoma. I’m not certain how everyone’s gardens are doing but I’ve heard that due to the heat and limited rain some have not fared well.

We continue to see growth in my programs. I am pleased with the overall efforts of the staff and the programs. As you may recall I have oversight over: Public Safety (Emergency Management, Police Department, Fire, Safety, COPS); Media, Child Care (Building Blocks and Afterschool Programs); Education (Higher Ed, Vocational Ed, Zahn Ed, JOM, TYP); Indian Health Service (funds, legislation, and self-governance are retained functions of the Tribe and under my oversight) – Let me be clear -I have no supervisory authority over the Health Board(s) those are under the direct oversight of Board Directors and the health system is supervised by a Health Administrator.

This year the Absentee Shawnee Tribe had approximately 13 high school graduates in our immediate service area. A small reception was held at the Aldridge Hotel honoring these graduates and each graduate was given $100. Josh Gibson, our own AST DJ provided music and Jacob Tsotigh, Indian Education Technical Assistance Coordinator, gave a motivational speech. Cake and punch was offered.

This month I put into place the acting AST Editorial Board. Board members will not receive stipends to serve and are comprised of employees who volunteered to take this activity on as an additional duty. The Board is comprised of five people: Tresha Spoon, Education Director; Mark Rogers, Health Director; Lesa Shaw, Special Projects Coordinator; Billie Thompson, Building Blocks Director. Each of these individuals has a graduate degree and will respond directly to the Media Director, Sherman Tiger, and Editor, who is the fifth member of this Board. As of this month my Governor’s article will be independent of my oversight programs.

Election
The runoff elections are over. Your choices have been made. We must move forward to make progress. I will do all that I can to work with the incumbent Isaac Gibson, Lt. Governor; Leah Bates, Treasurer elect; and Ken Blanchard, Representative elect. I thank Kathy Deere, former Treasurer, for her dedication and commitment on issues. I wish Jeff Gibson, former Representative, well.

There is still an ongoing City of Shawnee City Commission election going on for Ward 6. I hope you will get out and vote as this is an important race that could potentially have a long range impact on our sovereignty if the incumbent City Commissioner gets back into office. We need an informed City Commission who looks at fiscal management, community planning, and resource development. That doesn’t currently exist. Instead City of Shawnee officials DO NOT appear to look at Native Americans as valued stakeholders or partners within the community. I am distressed with the current City official’s response on Indian issues and their attitude toward us as a people. I believe change is needed and we must have individuals in office who understand sovereignty and the special issues of Tribes and our government structure. One of the big issues we now face is being annexed along with the CPN’s. We need to ensure this doesn’t happen – we are a domestic, sovereign nation and our right to land is based on law, compacts, and Executive Orders developed between us and the United States government. Let’s ask ourselves should the City be allowed to pre-empt that hard won right?

If you have questions about this election please contact me at 405-275-4030, Ext. 188.

City, County and State election date(s) are as follows: August 26, 2014: Runoff Election

I have 11 months to go. Accompanying my article this month is a recap of my campaign issues I asked prior to coming into Office and what has been done or is being done since I took Office. I am about transparency in my Office and want you to know what is going on.

Help me to make a difference – stand beside me and Let’s Build for the Future (BFF) -united and together!

Thank you for your support.
My Fellow Tribal Members,

There is a stream of misinformation being given to Tribal members and I would ask that you look at the Facts not this elected official’s Fiction.

- Why does the Governor take ‘so many trips’? **Fact:** I have traveled 3 times nationally since I took Office.
- ‘Spending so much money?’ **Fact:** I do not abuse the constitutional privilege to travel as an elected official. The Secretary has taken over 12 national level meetings in 1 year – 2 to Alaska.
- ‘Why are we letting Tribal Members go despite who they support?’ **Fact:** I do not hire nor fire within our clinics. The clinics are Board operated. The ASTHA, Inc. health board bylaws allow for Shareholder Representatives (Executive Committee members) to make recommendations for hiring key personnel.
- ‘So why force out a GM that’s doing what they are suppose to be doing?’ **Fact:** I am not forcing the GM out. Based on the audit report he should correct the deficiencies.
- ‘Why are we letting this happen?’ Good question. Why is the GM letting these deficiencies happen without correction?
- **Fact:** The police department enforces the law set by the Tribe. There is no ‘secret work’ being done.
- ‘So why go after officials that she is suppose to be working with to progress our tribe?’ **Fact:** My authority level is based on constitutional authority as is granted through the Absentee Shawnee Tribe’s constitution and the oversight authority authorized to me is through E-AS-2013-46. I do my research and follow the law. I have a work ethic I go by and adhere to the employee’s Administrative Systems Manual.
- ‘Is it because of the promises she made for votes?’ **Fact:** I didn’t make promises for votes – I had a campaign platform and I illustrate that in my comparison table (June 2013 vs. June 2014).
- ‘Why would Kathy Deere run against our current LT?’ Good question. Ask Mrs. Deere. I did not ‘tell her to do so’. This was Mrs. Deere’s independent decision. Not mine.
- The questions pertaining to Ewell Longhorn should be asked directly of him. The implications and conclusions stated are not professional, nor ethical. **Fact:** He is a family member.
- The questions pertaining to Kenneth Blanchard should be asked directly of him. The implications and conclusions stated are not professional, nor ethical.
- **Fact:** Lesa Shaw is the Special Projects Coordinator. She holds several degrees. She is not the Governor, nor does she run the Tribe. I was elected and my decisions are my own.
- Why are we spending money on attorneys? **Fact:** We outsourced our attorney general services as is allowed by constitutional authority. I do not use our attorney’s for personal use or gain.
- Why are you trying to add more money in your budget? ‘I heard it was up to $750,000.’ This is inaccurate and misinformed. **Fact:** My current annual budget is currently $288,862. This includes General Fund and Indirect Cost. Other elected leaders budgets are: Lt. Governor - $369,415 + BIA Operations $155,656 = $525,071; Secretary - $284,671; Treasurer - $231,127; Representative - $218,735

*As a Tribe let us look at the Facts not the Fiction of what is being said.*

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### Economic Development

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<tr>
<th><strong>June 2013</strong></th>
<th><strong>June 2014</strong></th>
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<tr>
<td><strong>ASEDA</strong> – it’s Board(s) and who makes the decisions for the Board.</td>
<td><strong>ASEDA</strong> – Board composition has changed. This Board needs additional membership, investors, funding and autonomy with any agreements not waiving the Tribes sovereignty. The AST Enterprise Board is still composed of 1 member – the Secretary. This Board needs to be reviewed by the EC, possibly dissolved or at least re-structured.</td>
</tr>
<tr>
<td><strong>Projects</strong> – under ASEDa program – lose of funds and constructive changes must be considered and occur.</td>
<td><strong>Projects</strong> – There have been a number of actions to come up under ASEDa and they require funding and oversight.</td>
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### Education

<table>
<thead>
<tr>
<th>June 2013*</th>
<th>June 2014**</th>
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<tbody>
<tr>
<td><strong>Funding</strong> - Education is underfunded and needs more staffing.</td>
<td><strong>Funding</strong> - In 2013 through no fault of the Education department the TYP was not granted. Funds are needed to provide these needed services. Finance and BIA were advised of the need for additional funds in this department and were told to wait till June. Funds must be made available to Education for the future of our adults and rising stars. This is a fiscal management issue that must be resolved.</td>
</tr>
<tr>
<td><strong>Eligibility criteria</strong> - Needs reviewed and prioritized. Incentivizing our student to return and work for the Tribe.</td>
<td><strong>Eligibility criteria</strong> - the Tribe’s Board of Education committee continues to review and prioritize eligibility criteria. Ways to incentivize students to return to the Tribe and work is still a work in progress.</td>
</tr>
<tr>
<td><strong>Funding sources</strong> - Looking at new funding sources</td>
<td><strong>Funding sources</strong> - The Education program works with the grant writer and local resources to offset needs; project development is ongoing.</td>
</tr>
</tbody>
</table>
June 2013 – Campaign Statements – made prior to coming into Office.

**June 2014** – Recap of what I’ve done while in Office and where we are at on the issues I cited in my Campaign.

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<th>June 2013*</th>
<th>June 2014**</th>
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<td><strong>Long term care and ancillary levels of care</strong> – Reviewed and care levels considered by Tribe.</td>
<td><strong>Long term care and ancillary levels of care</strong> – We attempted last year and will try this year to put into the IDC proposal a Planning department that would conduct studies, discern level of need, and cost factors.</td>
</tr>
<tr>
<td>Representation – AST was formerly a forerunner in legislative and policy development. Input was given timely and consistently. This is an unmet need.</td>
<td>Representation – Treasurer Deere and my office have been active in articulating the concerns at the federal and state level on health disparities, budgetary needs, and self-governance issues. We need more. A committed legislative/policy analyst would assist with this effort. If a planning department goes into place in 2015 this function could be placed within it.</td>
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**Lawsuit** – We need our land base put into trust. We currently only have 10 acres in trust. Why? We have a 100 year lease with CPN in place for our current land base. What happens after that? **Lawsuit** – Land into trust. This Office is still only aware of 10 acres being in trust. We need to proactively secure a land base through the BIA application process. This function is under Isaac Gibson, Lt. Governor’s office.

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**June 2013** – Campaign Statements – made prior to coming into Office.

**June 2014** – Recap of what I’ve done while in Office and where we are at on the issues I cited in my Campaign.

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**Treasurer’s Report**

Dear Tribal Members,

This will be my final article as Treasurer and I want to thank you all for the privilege and honor of serving as your tribal elected Treasurer these past four years (2 terms). I appreciate the confidence you have extended to me in fiduciary responsibility of the tribe’s money. I’ve done this to the best of my ability to make sure our Tribe moves forward through clean audits, educated and experienced financial and accounting personnel.

My prayers and thoughts go out to our AST families, who have lost loved ones this past month! Let us all remember our tribal members who may have health issues, too.

- **AST Audit.** Our 2013 Audit Exit interview was this morning at 8:00 a.m. for all of the Tribe’s entities (Casinos, Store, Restaurant, Smoke Shop’s, ASED, Inc., ASED Enterprises, ASTHA & LSBN which makes up the Absentee Health System, and the Tribal Government.) Auditors arrived on site April 2, 2014 for the Tribe’s audit.

All of the tribe’s entities had to be audited first and then they are combined with the Tribe’s governmental audit. The 2013 Audit is complete as of June 18, 2014. The Tribe’s 2010, 2011, 2012, 2013, audits are of an “unmodified” opinion, which when compared to an educational grading scale is an “A.”

- **Indirect Cost Proposal (IDC).** The 2014 IDC has increased for the past four years. The current rate assigned rate for 2014 is 32.05%. The 2015 IDC proposal will begin after the 2013 audit is completed.

- **Regular Executive Committee Meetings (RECM).** Meet every third Wednesday of the month, 10 am, in Governor’s conference room, to decide on executive and legislative resolutions for the advancement and betterment of the tribe. We appreciate tribal members attending the meetings. The Governor gives a monthly report of her activities. This month the regular scheduled meeting, was postponed due to three EC having scheduling conflicts, to the following Wednesday.

- **Elder’s Council Monthly meetings.** These are held every third Saturday, either at the AST Resource Center, Title VI Bldg, or Thunderbird Casino, at 10 am. If you are 55 years and older, please come join us for fellowship, food, and a fun time together. Discussions included: the upcoming Thunderbird Casino/Veterans’ Pow Wow on July 4th, 5th, and 6th and due to a vote of elders declining as host of the Thunderbird Casino Pow Wow, the Veterans’ will host this year’s Thunderbird Casino/Veterans Pow Wow; upcoming cultural activity in Tema, Iowa in August. The new officers are Dan Little Axe, President, Wynona Coon, Vice President, Mary Birdtail, Secretary, and Emily Longman, Treasurer. If you would like more information about the Absentee Shawnee Elders Council, please call Mary Birdtail, (405) 386-7851.

- **Internal Revenue Service, AST VITA (Volunteer Income Tax Assistance).** The AST VITA service for free tax preparation for tribal members has come and gone. We appreciate all of our volunteers who took the time to assist our tribal members with their taxes this year. Volunteers were: Eddie Brokeshoulder, Mark Rogers, Belinda Collins, Brenda Claw, Genevieve Foster, Stella Little, Jennifer Crenshaw, Jessica Gonzales, David Deer, Tresha Spoon, Leah Betelou, Arlene Herrera and myself. MIS Director, Rico Coon, Josh Gibson, Michael Berry, and Nishant Shrestha were instrumental in getting our phone line, computers, printers, and copier set up to do the Free Tax program and we appreciate their expertise. Dos Owings, Title VI Director, let us use the building for the 2013 tax preparation program. A reception was held to acknowledge the volunteers with Ms. Pam Charles, IRS, presenting certificates to them. SEE ATTACHED PHOTOS.

- **Constitutional Revision Committee (CRC).** Next meeting for the CRC is to be announced. The CRC is getting closer to finishing the constitutional revisions and are now waiting...
The settlement agreement states that all appeals would be for disputes over eligibility for the Trust Administration Class. In December 2012, the first checks were issued to the Historical Department of the Interior of property ownership records. It is anticipated that the second checks will be disbursed prior to the payment of the second check. Because of the number and length of appeals, the check disbursement has been delayed. The May 29 ruling grants the Class Counsel’s request to disburse the checks prior to resolving all the appeals.

The Cobell v Salazar class action lawsuit was settled for $3.4 billion in 2009, with $1.5 billion going to the plaintiffs (in the two checks) and almost 1.9 billion allocated to re-purchase fractionated interests in land and return it to tribal ownership (Land Buy Back Program). President Obama signed legislation authorizing government funding of a final version of the $3.4 billion settlement in December 2010 after fourteen years of litigation.

For more information about the Settlement and the recent ruling, go to www.indiantrust.com. The Garden City Group, the claims administrator and the Office of Special Trustee at the Department of the Interior continue to look for eligible class members. You can go to the www.indiantrust.com or to the Office of Special Trustee to see if you or anyone you know is on the Whereabouts Unknown list. Please visit the DOI Land Buy Back Program for more information.”

The Tribe’s Finance Department employees, very much deserve special recognition as they daily continue the never ending processes for the financial side of the Absentee Shawnee Tribe. Without their expertise, education, experience, and commitment we could not keep the financial transactions processes flowing! They have contributed much to the “clean” audits the tribe has experienced these past four years.

Sincere appreciation goes to Eddie Brokeshoulder, Financial Consultant, who has contributed much to the success of the Office of Treasurer. He has taken on many projects and done an outstanding job on them and his recommendations/suggestions have been beneficial to all who have communicated with him; attended meetings where I could not attend; consulted on decisions within the Office of Treasurer and this has tremendously benefited the Tribe. He has been very supportive.

A very special appreciation and thanks to Arlene Herrera who served as Administrative Assistant in the Office of Treasurer for almost three and a half years. She has progressed so fast and her ability to tackle any project has helped her get the experience and skills that will benefit her wherever she goes.

Lastly, we appreciate your phone calls, emails, and visits. Without your input, we couldn’t make this office achieve the accomplishments and goals that were set.

May God continue to bless you and yours! See below articles from AllNations Bank, Finance Department and Financial Consultant, Eddie Brokeshoulder.

Respectfully,

Kathy Deere, Tribal Treasurer

‘GENUINE GOODNESS IS THREATENING TO THOSE AT THE OPPOSITE END OF THE *MORAL* SPECTRUM.”
- Charles Spencer

No report submitted for July from Lt. Governor Gibson, Secretary Dawsey, and Representative Gibson.
The Absentee Shawnee Volunteer Income Tax Assistance program held a reception to recognize volunteers with certificates of recognition from the Internal Revenue Service for a job well done.
BIG JIM YOUTH AWARDS

On May 1, 2014, the Big Jim Youth Award Committee notified the tribal youth who were to receive these prestigious awards for their High School Academic or Athletic performance. As mentioned in previous newsletters, the selection committee for these awards consisted of five individuals who are either educators or coaches within the state of Oklahoma. None of the members of the selection committee were Absentee Shawnee Tribal members. This was incorporated into the program to maintain fairness to all of the applicants.

The Big Jim Youth Award Program was open to all Absentee Shawnee High School Seniors within the 50 United States. “The purpose of these awards are to recognize the outstanding contributions of our tribal youth and to promote excellence in academics and athletics in high school and beyond” said Tresha Spoon, Educational Director of the Absentee Shawnee Tribe.

Academic Achievement, $1000.00 Scholarship

Dustin Dunford  
Olney, Texas  
Parent: Liz Moore  
Attending Tarleton State University in Texas or Redlands Community College, Fall 2014  
Major: Agriculture Education  
Accomplishments: Grand Champion Goat Reserve Champion Pig FFA Showmanship Award

Essay: “As an active FFA (Future Farmers of America) member, agriculture has been a huge part of my life. Through FFA, I have found a love for showing livestock, judging livestock, and helping the younger generations learn and better their skills both in the show ring and learning how agriculture makes the world go round...Through agriculture and FFA I have becomes a better person not only being able to survive by farming and ranching but also teaching people who are less fortunate about having the lifestyle I have. I think this has sparked my interest in becoming an Ag teacher or an Extension agent.”

Academic Achievement, $1000.00 Scholarship

Victoria Kastl  
West Jefferson, North Carolina  
Parents: Scott C. and Thelma Kastl  
Grandfather: James E. Kastl  
Attending Centenary College in New Jersey, Fall 2014  
Major: Equine Science  
Accomplishments: Varsity Cheerleading Captain FFA Chapter Degree FFA Greenhand Degree

Essay: “I plan on going to college for equine studies. I would like to become a horse therapist and rehabilitate retired race horses...Over the years I have also given riding lessons to beginners...From having my own horse I have learned the responsibility it takes to have and care for a horse...Throughout high school, I have taken three animal science classes and two equine science classes. I have also taken zoology and wildlife biology...After going to Kentucky’s Horse Park with my parents, I realized that I want to specialize in race horses...I cannot wait to go to college so that I can become a horse therapist and therapeutic riding instructor.”

Athlete of the Year, $1000.00 Scholarship

Kyerra Blanchard  
Shawnee, Oklahoma  
Uncle and Aunt: Joseph and Twyla Blanchard  
Attending Seminole State College, Fall 2014  
Major: Physical Therapy  
Accomplishments: Graduated High School a year early Districts in Soccer, 2014 Team Manager for State Quarterfinalist team, 2014

Essay: “…At the start of my junior year, my counselor explained that I had earned enough credits, and if I followed a specific plan, I could graduate from High School, a year early...In addition, I still fulfilled my responsibilities as Manager of the basketball team...I’m playing my 2nd year of soccer as a Left and Right Midfielder. Though I didn’t know much about the sport and we haven’t had as much success, I still learned the important concepts of camaraderie, dedication, teamwork, and sportsmanship...I have been to state twice, and we’re going to districts for soccer...I have completed all the requirements in high school and am ready to take on whatever the future has in store for me.”
**GOVERNOR'S SPOTLIGHT EMPLOYEE OF THE MONTH**

**OFFICER STEVEN CRISP**

Officer, Steven Crisp, is from Macomb, Oklahoma and was raised in Pottawatomie County. Prior to coming to work at the Absentee Shawnee Tribal Police Department Officer Crisp worked as an EMT for Konawa EMS and REACT. Officer Crisp has also served as a reserve Police Officer for the Sac and Fox Nation. Officer Crisp came to work at the ASTPD in March of 2012 and has been assigned to the Patrol Division where he has proven to be an exemplary patrol officer.

**Let’s Build For the Future (BFF)!**

*Governor Edwina Butler-Wolf will be working with the six program department that she has oversight over and will monthly select an employee that is deemed to have contributed to their program and to the Absentee Shawnee tribe. The attributes to be considered are: Contributions to the community and the Tribe, leadership performance and work ethic, teamwork. It is the intent of the Governor to recognize tribal employees who do a remarkable job and might not otherwise get recognized for their contributions. This special employee recognition program will be highlighted under my Office as the SPOTLIGHT EMPLOYEE OF THE MONTH program.*

**Health System**

**July Monthly Update**

The health system continues to move forward with re-staffing of providers in both primary care and dental clinics. It is indeed an honor and privilege to present to you our new health system Medical Director, Dr. Vaqar Ahmad, M.D. Dr. Ahmad is a dual board certified professional, being American board certified in Internal Medicine as well as Endocrinology, Diabetes and Metabolism. Dr. Ahmad has had a distinguished career in healthcare, serving in multiple capacities in the healthcare continuum as both a practicing physician and clinical leader in hospitals and other healthcare settings. Dr. Ahmad holds medical licensures in Oklahoma and California, as well as being licensed internationally to practice medicine. He began his work with us on 16 June 2014. Please welcome him aboard and assist him with getting settled in and acclimated to the AST health family!

We also welcome our newest full-time provider to our staff, Dr. Marty Loften, M.D. Dr. Loften is a Native American of Sioux descent, and has lived in Oklahoma now for several years. His wife is also a medical doctor.

We have a new Dentist, Dr. Ngoc M. Tran, D.D.S., making three full-time dentists and one part time on staff now to service our members.

We have a new Nurse Practitioner, Marty Robertson from Florida, and Physician Assistant, Megan Shellenberger, from Pennsylvania.

This will enable more responsive care to our tribal members and other patients serviced out of our clinics as we welcome these five full-time seasoned providers to our health system!

The Employee of the Month for June 2014 was Mrs. Brenda Claw, Business Office Director. The Team of the Month for June 2014 was the Business Office Staff. The Health Leadership Award was presented to Mrs. Tammy Peery, Health System’s Credentialing Monitor. We are very proud of our star performers and for their contributions to the patients, their fellow employees, and the Tribe! Mrs. Claw and her staff were instrumental in the best audit score in recent memory by receiving not a single negative remark or deficiency!

(At a few key bits of information:
- Native American Veterans Enrollment Event: Health Awareness Fair for All Generations, Friday, August 1st, 9 a.m. - 3 p.m. at the Little Axe Health Center, Norman, OK.
- The interactive phone menu for the Contract Health Services (CHS) helps patients access the most appropriate service provider by calling (405) 701-7951. This feature will speed up access to the patients seeking services and follow-up to their care.
- The AST Health System continues to improve its customer service. Please be assured this is the best way to have each situation addressed, with consistent updates from our health staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or questions pertaining to your case.
- The AST Anti-Bullying Prevention “HOTLINE” is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via her cell at (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others call 911.
- The Affordable Care Act Decision Tool continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program’s Website: http://www.asthealth.org/aca (Please visit our site today to find out what you need to do to protect yourself and your family)!
- Pharmacy After Hours Process: After hours and weekends/holidays, did you know you can go to Walgreens in either Shawnee or Norman, and have a five-day limited fill on prescriptions? All you have to do is submit your prescription, identify yourself with your AST CDIB Card and other appropriate ID, and then they will fill your prescription! Upon the first workday, you can have the remaining balance of your prescriptions transferred to your pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. This is an emergency convenience for your benefit and to save the contract health dollars as well, so please be aware of this and other benefits your tribe provides you.)
Absentee Shawnee Tribe collaborates to host NB3 Foundation Soccer Clinic

Saturday, June 14th the Absentee Shawnee Tribe’s Tribal Youth Program (Blake Goodman and Tresha Spoon) and MSPI Program (Jenifer Sloan) collaborated to host a Youth Soccer Clinic at the Little Axe High School football field. The clinic was an activity facilitated by the Notah Begay III (NB3) Foundation’s Stephanie Gabbert and the Kiowa Kids Language program’s Cedric Sunray, along with other former and current collegiate and national team coaches. There were over 70 students pre-registered and nearly 70 youth were in attendance. Over 15 tribes were represented.

To find out more about the Notah Begay III Foundation visit www.nb3foundation.org.
Financial Consultant’s Report

Hello Tribal Members,

As Financial Consultant to the Office of Treasurer, the July monthly report will be my last. I have enjoyed assisting and working for Treasurer Deere. Treasurer Deere has allowed me to grow and develop as an employee, person and improve my knowledge, skills and abilities.

Once again, Treasurer Deere thank you for the opportunity to work for you, it’s been a pleasure. I have been involved and participated in the following financial consultant activities: Financial Reporting: Reviewed and analyzed Office of Treasurer monthly General Fund and Indirect Cost encumbrance budget reports.


Absentee Shawnee Tribe 2014 Indirect Cost Negotiation Agreement: Reviewed and analyzed Tribes approved 2014 Indirect Cost agreement with a fixed carry forward rate of 32.05% applicable to all programs.

Absentee Shawnee Economic Development Authority Inc. (ASEDA): Attended monthly ASED board meeting to discuss future business opportunities.

The feasibility of the Little Axe Water District was discussed and results of over three-hundred surveys from Little Axe Community members indicated they were against the development of the Water Project.

Internet Commercial Lending: Attended a meeting at our tribally owned bank, topic of discussion was an Otoe-Missouria Tribe proposal to work with All Nations Bank. The bank would disburse loan funds to borrowers for a set fee per transaction, starting with a few transactions and increasing if the bank desires. The Tribe would not be involved in the lending itself, except to disburse funds to approved borrowers. A request for a Letter of Intent was requested for review.

In closing, as Financial Consultant it’s been a privilege and honor to work for Treasurer Kathy Deere for the past four years.

Respectfully,

Eddie Brokeshoulder

Financial Consultant

Finance Department Report

JULY 2014
(Article Written 6/18/2014)

The Finance office continues our efforts in keeping the day to day activities flowing effectively and efficiently through communication between the Finance office and programs. In working together, we have found the most time and cost effective processes for transacting business.

The Tribe's 2010, 2011, and 2012 Audits are “unmodified” opinion, which when compared to an educational grading scale would be an A. The 2014 Indirect Cost Proposal has been submitted to the Interior Business Center (IBC) and I was notified on September 17, 2013 it is ready to be assigned to a reviewer. The reviewer had no questions and the Tribe has been assigned a rate for 2014 of 32.05%. Our rate is up from 17.74% for 2010 to 21.98% for 2011 to 22.35% for 2012 and 27.39% for 2013, and 32.05% for 2014. I will begin the 2015 IDC proposal with the completed 2013 audit.

We have our 2013 Audit Exit interview on the 18th of June for all of the Tribe's entities (Casinos; Store; Restaurant; Smoke Shop's; ASED, Inc.; ASED, Enterprises; ASTHA & LSWN which makes up Absentee Health Systems; and the Tribal Government.) Auditors arrived on sight April 2nd, 2014 for the Tribe's audit. All of the tribe's entities must be audited first and then they are combined with the Tribe's Governmental Audit. The 2013 Audit is complete at June 18th, 2014.

The finance department is completing accounting by the 10th day of the month. Financial reporting for the Tribe, Health Authority and Li Si Wi Nwi, Health Inc. boards and the Executive Committee for Absentee Health Systems, Shawnee and Little Axe (LSWN) continues monthly. The Finance staff has completed the May reconciliations and financials. It is imperative the accounting staff continue to stay ahead of all of the accounting so audits go smoothly, and Indirect Cost rates stay up to date. Indirect cost proposals cannot be submitted without completed audits as the audit is used to calculate the proposal. There are many processes in place in your Tribe's accounting department to ensure we keep accurate records of transactions. The Tribe's accounting processes must be in compliance with Generally Accepted Accounting Principles (GAAP) and Governmental Accounting Standards Board (GASB) and these rules are updated annually.

The Tribe currently has compact funds of BIA, I H S, and approximately 51 Grants. In addition, the Tribe operates a General Fund and an Indirect Cost Fund. The new clinic building payments are current and have not been late. Projections are they will continue to be current going forward.

The Absentee Shawnee Tribe's Finance Department has very hard working group of people and it is an honor to work with them, the Treasurer's office and at the Absentee Shawnee Tribe. The Finance Department employs 12. Personnel: 6 (43%) being AST Tribal Members, 2 (14%) non-AST tribal members, and 6 (43%) being non-natives.

The Finance department would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources, and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our continued group effort toward accomplishing our goal.

If you have any questions or needs, please call (405) 275-4030 Ext. 162 and I will be glad to assist you.

Respectfully,

Belinda Collins, Controller

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<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
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**CTSA Early Childhood Center**

is accepting applications for teaching positions!

**Head Start Teacher**

Head Start teachers instruct children in activities designed to promote social, physical, and intellectual growth needed for primary school.

**Head Start Teacher Minimum Requirements:**
- At least 18 years of age
- Baccalaureate degree with emphasis on Early Childhood Education
- Must pass background investigation processes for licensed child care programs
- Must meet Federal Head Start Performance Standards and any local, state and/or agency policies and procedures

**Early Head Start Teacher**

Early Head Start teachers have direct responsibility for the operation of the Infant/Toddler Center-Based Program and the delivery of Early Head Start services to infants/toddlers and their families.

**Early Head Start Teacher Minimum Requirements:**
- At least 18 years of age
- Infant and Toddler Child Development Associate (CDA) credential or an equivalent credential
- Must pass background investigation processes for licensed child care programs
- Must meet Federal Early Head Start Performance Standards and any local, state and/or agency policies and procedures

**Child Care Teacher**

Child Care teachers are responsible for observing, overseeing, and guiding a group of children. It requires physical presence, knowledge of activity requirements and children's needs, and accountability for their care.

**Child Care Teacher Minimum Requirements:**
- At least 18 years of age
- High school diploma or equivalent
- Child care experience
- Must pass background investigation processes for licensed child care programs
- Must meet any local, state and/or agency policies and procedures

All applications accepted with preference given to qualified Native Americans

Apply today at: 1535 N McKinley Avenue, Shawnee OK 74801
or email your résumé to: AmberC@CTSAHeadStart.org

**CTSA is an Equal Opportunity Employer**

---

**Vanity Car Tags for Sale**

$15.00 each

Contact Eileen Pearce 227-2036
EMERGENCY MANAGEMENT ACTIVITY

June 2014

A. TRIBAL STORM SHELTER PROGRAM.

The Red Cross is in the process of sending the Tribe: 1) final documents 2) their program guidelines and 3) an agreement for the Governor to sign. When those have been signed, we will form a committee to refine our tribal application process and get the applications out to the tribal members. As of this report, we have not received those items from Red Cross.

The Red Cross has advised in order to honor donor intent and keep the funding in the storm-impacted areas. We are to serve the May tornado-impacted areas in the three counties: Cleveland, Pottawatomie and Oklahoma. Tribal members who are homeowners and occupy that home in the affected areas are eligible for the installation of a storm shelter. Priority will be given to those who were directly affected by the storm. We have a list of 25 Tribal members who fit into this category.

Applications will be made available through the tribal newsletter, on the AST website, with hard copies at the Tribal complex, Resource Center in Little Axe, and will be mailed to tribal members upon request.

B. OKLAHOMA CITY AREA INTERTRIBAL HEALTH AUTHORITY.

This organization provided help and funding for tribal emergency managers to complete their Communications, Pandemic, and COOP plans. These plans were completed and submitted last week. Several trainings were held and individualized assistance was provided to get these much needed plans drafted and it was very helpful. We extend a ‘Thanks’ to this organization for having this program to assist tribal emergency management staff. These plans will improve tribes’ readiness for disasters and the challenges they bring. These plans will be brought to tribal leadership to review and make changes on before the final step of approval is requested through resolution.

C. COMMUNICATIONS INTEROPERABILITY.

Communications during a disaster are always a problem because everyone (first responders – fire, law enforcement, etc.) is talking on their radios at the same time and the systems break down. There is also the problem of the rural/remote areas in our counties that may have no signals. We have witnessed this scenario during the tornados last year and it was felt by all agencies involved. In the last month, meetings among city/county fire and law enforcement and tribal emergency management and law enforcement agencies have been held to try and come up with ways to solve this problem. The consensus of all agencies is to find some alternative funding to enhance the capabilities these agencies already have in place rather than spending more money on purchasing a whole new system. Evaluation of costs involved to improve interoperability between all agencies with what the agencies already have in place is now being conducted and includes more towers. Once the costs are determined a plan will be presented to a funding agency for their consideration.

D. INTERTRIBAL EMERGENCY MANAGERS COALITION.

The Annual Summit was held on June 3-5 at Firelake Grand where tribal, state, county and city emergency managers came together to receive training, gather new information and to network. FEMA and Oklahoma Emergency Management provided training, updates on new policies and regulations, and answered questions about funding. There were 20 vendors set up to show communications equipment, individual and community storm shelters and portable emergency operation centers. There were more than 13 individual tribes represented and over 200 attendees which was the largest turn out since it started 7 years ago. Governor Butler-Wolfe and Darrell Longhorn attended the Summit.

E. THANKS TO MARK ROGERS AND JOHN KAMMERZELL.

The Department of Public Safety, Emergency Management, thanks the Health Department and Maintenance, for allowing Darrell Longhorn to provide assistance to the emergency management department during the past few months. It makes a difference for programs to work together when we have employees with knowledge to share.
Job Opportunities

- Assistant Director
- Master Teacher
- Teacher
- Assistant Teacher
- Floater
- Food Prep Specialist
- Food Prep Assistant

Little Axe Health Clinic
- Outpatient Counselor
- Clinician-LADC

Gaming Comm.-Little Axe
- Surveillance Operator

For More Information Visit:
www.astrib.com/employment

Absentee Shawnee Tribe
Human Resource Department
2025 Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-1466
The AST Health System is proud to introduce and welcome Dr. Vaqar Ahmad, M.D., F.A.C.E. Dr. Ahmad has been practicing for over 15 years. We are excited to have Dr. Ahmad on staff as the Medical Director, but more importantly as an Endocrinologist. Dr. Ahmad’s expertise will move our health system forward to excellence. Beginning in August, Dr. Ahmad’s Endocrinology clinic will be open 2 days a week at the Little Axe Health Center and 1 day a week at the Shawnee Clinic.

If you have problems with endocrine diseases such as:
- Diabetes: Type 1, Type 2, or Gestational
- Thyroid disorders: Over and under active thyroid and thyroid nodules
- Calcium and Bone abnormalities including Osteoporosis and Vitamin D deficiency
- Lipid Disorders: high cholesterol and triglycerides
- Pituitary Disorders: pituitary tumor, high prolactin
- Male hormones: low testosterone

Please call now to start setting up appointments!
Little Axe Health Center 405.447.0300 or Shawnee Clinic 405.878.4702

Register Now!!!
www.asthealth.org/patient-portal

New Patient Portal
Absentee Shawnee Tribal Health System
Little Axe Health Center
Shawnee Clinic

Visit your app store and install the Follow My Health app for real-time access to your health information

For more information on how you can register for the new AST “Follow My Health” Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702
“To the Twins”
Vivian Shane
&
Ewell Longhorn
From, Auntie

Happy Birthday Brother.... & Many More to Come!!
Roy Larney
July 28th

Love Your Lil Sis Harriet

Marilyn Byers
Gary Gibson
Shawn Byers
Kanynn Kaseca
Leila Kaseca
Kevin Kaseca
Amber Foreman
Katie Yates
Coltin Shawnee
Shannon Byers
Nikki Johnson
Wishing you all a Great Birthday with lots of cake and ice cream
We love you all
From Marvin & Sherry

Happy 2014 July Birthdays

HAPPY BIRTHDAY!!
WE LOVE YOU VERY MUCH
FROM, MOM, NICK, MICHAEL, TED AND VANESSA
July 6th

Emily
Happy 5th Birthday
Love you always,
Uncle Kevin,
Aunt Trina,
Brittany and Jayden

MOM
JACKIE GRAHAM

We love you with all our hearts.
You mean the world to us!
With all our love we wish you a happy birthday,
Ted, Austin, Nicholas, Michael, and Vanessa
July 16th

Love Always,
Your favorite cousin,
Aiyden

Love Always,
From, Aunt Trina,
Brittany and Jayden
Staying safe during the summer months!

What does summer mean to you? Most people will say vacations, swimming, snow cones, fireworks, pow-wows, stamp dance, softball tournaments, and festivals! Well, whatever you and your family plan for the summer, please stay safe!

Here are some ways to stay safe!

- Use seat belts and car seats at all times
- Use helmets if you ride bikes &/or motorcycles
- Use sunscreen, bug spray, and drink water!
- Never leave infants, children or pets in a parked car, even if the windows are cracked open. The temperature inside a vehicle can rise 20 degrees in as little as 10 minutes, and 50 degrees in an hour- even when outside air temperatures are in the 70's! So remember to "Beat The Heat, Check The Back Seat!"
- If a child is missing, always check the pool first, and then the car, including the trunk.

Remember to stay safe but have fun! For more information call Rosie Tall Bear, Injury Prevention Program at (405)701-7601 or email at rtallbear@astribe.com.
The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment, including: treadmills, elliptical cross-trainers, recumbent bikes, free-weights, kettlebells, and isolation strength machines. The AST Fitness Center is available to all Native Americans and their household family members. AST employees are also eligible for membership. The AST Diabetes and Wellness Fitness Center strives to deliver a well-trained staff that seeks to help clients reach their personal fitness and health goals. Our staff takes pride in providing appropriate and educational fitness training to all clients, providing guidance in developing a successful plan to help prevent or manage diabetes and/or other health conditions, and providing clients with a fun and positive experience working with our staff. Please take some time to come by and visit the AST Diabetes and Wellness Fitness Center today!
Absentee Shawnee Housing

Introduction
The information being provided is to help families understand what programs are offered through the Absentee Shawnee Housing Authority and how to apply. Our programs target low income Native American families who need housing assistance. The programs currently being provided are Rental, Lease to Own and Down Payment Assistance.

Application Process
Our process begins with the completion of our housing application. When completing the application be sure and answer all the questions that pertain to you and sign all attached forms. If you have any questions regarding the application, call or come by our office and ask our staff in the Programs & Admissions Department and they will be glad to assist you.

The application will also require documents to be attached in order to complete the process; which are:
- Photo I.D.
- CDIB Card
- Social Security Card
- Birth Certificate
- Marriage License/Divorce Decree/Custody Decree (if applicable)
- Declaration of Section 214 (form is included with application)

Each household member must provide a birth certificate, social security card and CDIB card (if enrolled in a federally recognized tribe). The Housing Authority will conduct a criminal background check and credit check on all adult household members over the age of 18. A home visit is the final step in completing your application.

Waiting List
A letter will be mailed out once your application has been approved notifying you of the date your name was placed on the waiting list. It is very important to stay in contact and notify the Housing Authority anytime changes occur in income, composition, or contact information.

In the event that your name is next in being offered a home; you will be notified by letter or phone.

Annual Updates required to remain on the waiting list.

Low Rent Housing
Our low rent housing program is provided to families in need of housing in the Shawnee and Tecumseh area. Rental houses are furnished with kitchen appliances, central heat and air, and mini blinds all throughout.

In the Shawnee area, the Absentee Shawnee Housing Authority has two sister/ handicap communities. These areas have fully and partial handicap accessible units. A laundry facility is located in the community for tenant use only.

Tenants in our rental program are provided services through our Maintenance Department; if any maintenance issues should arise call 405-275-0678. A 7 day notice will be provided with an appointment to have the issue repaired.

Our process begins with the completion of our housing application. When completing the application be sure and answer all the questions that pertain to you and sign all attached forms. The application is the same as the rental; to qualify the income requirements are different. Be sure and specify when completing your application, that you are applying for the Lease to Own Program. If you have substantial rental history and meet the income requirements, your name may be placed on the waiting list.

Lease to Own Program
The Lease to Own Program is available for any Native American family who has met our requirements and would like to purchase a home through the Housing Authority. The homes offered are one currently in inventory and owned by the Housing Authority.

This program is designated for income eligible families who have been renting but now feel they are ready for the opportunity to purchase their own home. The application is the same as the rental; accept the income requirements are different. You will be notified by letter or phone if your application is approved. Applications are now being accepted for families that are over the income limits for our IHSG funded programs. Please contact our Programs & Admissions Department for further details.

NOTE: There is limited homes available for this program.
Injury Prevention Program

The Mayo Clinic and the Center for Disease Control & Prevention say that if you’re physically active it may help prevent you from falling. The following activities: Walking, chair exercises and Tai Chi, can improve your leg strength, balance, coordination and flexibility. Remember to check with your doctor before starting any of these activities!

Here are some tips on how to stay safe while getting back into the spring of things.

• Be sure to warm-up and cool down when appropriate.
• Wear protective gear - i.e. bike helmets, wrist & elbow guards, pads, etc.
• Rest, especially when your muscles are tired
• Prevent “overuse” injuries (i.e. stress fractures, tendonitis, or inflamed joints) by not overdoing exercise.
• Condition your body before jumping into new activities at full force.

For more information contact: Rosie Tall Bear at 405-701-7601 Little Axe Health Center

The Absentee Shawnee Family Music Program

The music program is a program that’s offers Free music lesson’s to all of our tribal member’s and none Native Americans also the goal of the program is to offer the lessons to our community in hopes to bring people together & become more aware of their gifts and the strength’s in our people.

Classes are offered each week day:

Monday to Friday from 9:00 a.m. until 5:00 p.m.

in the Music House

North of the AST Police Department

We have folks learning music from the age of 6 to 81 and all of them are enjoying the free lessons and have become musicians and supporters of the program.

I have worked with over 230 Tribal and community members and the music program has received Nation attention from Native American Magazines. The program is growing by leaps and bounds every month.

Come and be a part of your heritage through the gift of music.

Phil Bradley
AST Music Director/Instructor
405-370-5576
pbradley@astribe.com

Let Your Soul Have a Voice.

FOLLOW ME... AWAY FROM METH!

LITTLE AXE • SHAWNEE • HEALTH CLINIC

NATIONAL
SUICIDE PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

21
Recycling Program

Absence Shawnee Tribe

**To Establish a recycling program for municipal waste planning, reduction, and Recycling**

The Office of Environmental Health and Environmental Program is proud to announce the start of a new recycling program for the Absentee Shawnee Tribe. The recycling center is located in the yellow metal building adjacent to the OEH Department. The Absentee Shawnee Tribe (AST) Recycling Program declares that waste reduction and recycling are preferable to the or processing of municipal waste, and that removing certain materials from the municipal waste stream will decrease the flow of solid waste to municipal landfills. AST Recycling Program used the knowledge and information about recycling markets and market demand as well as information obtained from various publications and the Internet to comprise an analysis of material the recycling program will address at the start of the program.

**AST Recycling Program Plan establishes a goal that, by year’s end 2013, at least 25% of the recyclable material produced by the Tribe will be recycled.**

Reduce, Reuse, and Recycle

The AST recycling Program will initially focus on the following waste stream material: High-grade shredded paper, Assorted office paper, Phone books, Magazines, Cardboard, Newspaper, and Aluminum cans. As the program and market develops, other recyclables will be sought. There is a cost associated with recycling. However, economic, social, and environmental benefits exceed these costs.

Office of Environmental Health & Engineering

**Tribal Housing Improvements Application**

The Tribal Housing Improvement Program’s goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most “in need” tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- Handicapped/Disabled and Elderly
- Income
- Family Size/Overcrowded Living Conditions
- Condition of Home

Other Programs available:

- Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed. Applications are available online on the website: www.astribe.com.

Submit completed application to:

**Office of Environmental Health & Engineering**

Absentee Shawnee Tribe of Oklahoma

2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex

Office of Environmental Health & Engineering, Building 13

If you have any questions, you can reach us by phone at (405) 214-4235.
Congratulations Alicia Edwards Miller

for earning your second Master’s Degree!
We love you,
Scott, Connor, and Brody

CONGRATULATIONS RODNEY
ON ALL YOUR ACCOMPLISHMENTS!

We are so proud of you.
2 Steam Awards, Student of the Year, Perfect Attendance, Superintendent’s Honor Roll, Scholar of the Year, Accelerated Reader Award and many more.

Rodney attends Earlsboro Public Schools and is the son of Vikki Stryker and Grandson of Gertrude (Trudy) Pickering.
**F Y I:** Contract Health Service News  
Absentee Shawnee Tribal Health

The AST Contract Health Services Team are here to assist you... follow the CHS Guidelines!
Get a copy of the CHS Guidelines and update your information

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**Contract Health Services for AST members with Insurance**

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

1. Complete CHS Patient Update form and update all information every 6 months.
2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider.
3. Inform Provider/Health Facility that AST CHS is secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. **You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.**

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**Contract Health Services for AST members without Insurance**

CHS for a currently enrolled AST member who resides in the defined catchment area who does not have insurance:

1. You must apply for any alternate resources for which you may be eligible - Medicare, Medicaid, SoonerCare, insurance, etc.
2. Complete CHS Patient Update form and update all information every 6 months.
3. You must utilize the services provided within the AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
5. An appointment will be scheduled and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. **You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.**

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**Emergency and Urgent Care Services**

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
2. Notify CHS on the next business day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third party resource has made determination such services were “emergency care” or “urgent care” (such evidence may include payment from private insurance).
5. In the event that you receive a bill from a provider, please provide a copy to CHS. **You may leave bills with Rhonda Kaseca at the Shawnee Clinic and Glendine Blanchard at the Little Axe Health Center.**

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Contract Health Direct Phone Line  
405.701.7951

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Debi Sloat  Glendine Blanchard  Flo Mann  Sharon Ponkilla  Darla Gatzman  Jayne Werst
The Horse Shoe Bend summer program began June 16 and will run through July 31, 2014. Its hours are 8 a.m. till 12 p.m., Monday through Thursday. Free lunches and snacks are being provided by the state funded, Feed the Children, program. Currently, we have 10 students in the Camp and we hope even though the program has started more students will apply. This program encourages our youth to brush up on their studies during the summer. We also take them on field trips. It is a seven week long program.

Some of our students participated in and attended the recent Jim Thorpe games hosted for the first time here in Shawnee. This event had a large following. Many youth participated in it and many of their parents were present. This was a safe and healthy event for our youth and one I enjoyed taking part in. We had two basketball teams, one boy’s and one girl’s. These two teams participated in the under 12 category. We also had three students in the track and field events!

If you have any questions about the Horse Shoe Bend after school and/or summer program please call 405-481-0397 or 405-275-1030, Ext. 187.

We hope to see you this summer.

Edwina Butler-Wolfe
Governor

The Absentee Shawnee Family Music Program Spotlight Student ~ July 2014

CODY MOLDENHAUER

Cody is an awesome young man with a load of God given talent, he is seventeen and just a wonderful person in the AST Family Music Program, and he loves blues guitar and gospel music, and a little old time country. Cody has been in classes just a short time and is growing stronger each class. I’m very proud to be a part of his music advances. I know he will be one of our finest musicians in the near future. Thanks Cody for all your talent and commitment.
NATIVE AMERICAN VETERAN WARRIORS
Come Join Us!
See if you qualify for VA Benefits ~ Explore your current VA Benefits!

Native American Veterans Enrollment Event
Health Awareness Fair For All Generations
Friday, August 1st, 9 a.m. - 3 p.m.
Little Axe Health Center, Norman, OK

VHA Health & VBA Benefits Specialists will be available to assist with the following U.S. Department of Veterans Affairs programs:

- Mental Health & Substance Abuse
- Vocational Benefits
- Women’s Program
- Social Security
- Veterans Justice Outreach Program
- OEF/OIF
- Veterans Benefits
- Vet Center

Contact: Connie Bottaro, Patient Benefit Advocate/ Liza Wilson, Patient Benefit Advocate
Little Axe Health Center ~ 15951 Little Axe Drive, Norman, OK, 73026
Absentee Shawnee Tribal Health System ~ 405.447.0300
July 2014 News

Our 'Donuts with Dad' event was a huge success!! All of the children enjoyed eating breakfast with their dads. Thank you to all the fathers who were able to participate. We hope ALL of you had a wonderful Father’s Day with your families!!

With the help of Rosie Tallbear at the Little Axe Health Center, we have tentatively set our car seat safety event for July 16th at Building Blocks from 7:30 a.m. – 9:00 a.m. AND 4:30 p.m. – 5:30 p.m. In order to receive a new car seat, the current car seat must be expired or recalled.

Car seats are free to those with a CDIB card (parent or child). All others will pay $10 for a new car seat. This event is for Building Blocks families and employees with children only. Our summer activities for the children are well underway! We have opened up our splash pad and the Kiddos have a blast playing in the water!! We have also been taking lots of field trips. The 4-year-olds and older children have gone to the Tiger Safari, Oklahoma City Zoo, bowling, and an Oklahoma City Red Hawks game. There are many more exciting adventures planned!!

Dates to Remember:
Friday, July 4th: Closed for Independence Day. Have a safe and fun holiday!
Wednesday, July 16th: Car seat safety event at Building Blocks.
Thank you,
Billie Thompson
Director
***NOTICE***

These individuals on the list have been determined as "Whereabouts Unknown" (WAU) and need to update their personal information. If you know of anyone on the list, please have the individual contact an Office of the Special Trustee representative at the Trust Beneficiary Call Center at 1-888-678-6836 to obtain their IIM Account number and update their address. Then ask the individual to call the Garden City Group at 1-800-961-6109 to update all their information and ask to be removed from the WAU list using their IIM Account number.

IF YOU’D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH’S ISSUE ARE DUE BY THE 20TH OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person, not per birthday wish.
From Your Friends at AllNations Bank:

You’ve just won a $100 gift card!

In this new bamboozle, burglars claiming to be from a local store call to tell you that you’ve just won the prize plastic and you must come in right now to claim your prize. The purpose is to get you out of the house so that robbers can carry out an old-fashioned break-in while you are gone. This simple trick works because it catches you by surprise. Always be suspicious when someone promises you something for nothing. The Better Business Bureau advises “winners” to ask questions: What contest did I win? How was I chosen? Call the store to independently confirm the details using a number that you looked up yourself. Did you choose? Call the store to independently confirm the details using a number that you looked up yourself.

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

**BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES**

- Thank you,
  Pharmacy Staff

Are you at risk for diabetes, have diabetes or know someone who does? Type 2 diabetes is the most common type of diabetes and affects millions of Native Americans. Many people are unaware that they have diabetes or pre-diabetes. Native Americans are twice as likely to develop Type 2 diabetes than others. Some common signs and symptoms include:

- Frequent infections
- Blurred vision
- Cuts/bruises that are slow to heal
- Tingling/numbness in the hands/feet
- Recurring skin, gum, or bladder infections

Often people with type 2 diabetes have no symptoms.

Some ways to prevent and manage diabetes is through healthy lifestyle behaviors. One question that many people with diabetes or pre-diabetes often ask is “What can I eat?”. The American Diabetes Association states that you do not have to be deprived or restricted. The key factors are learning what are the “superfoods”, how much of it you can have and how often. Getting into the habit of eating a healthy diet helps you manage diabetes and prevent complications caused by diabetes.

The following foods are listed on the American Diabetes Association web site as” superfoods”. Try to incorporate as many of these foods into your daily meal plan to enhance the nutrient content of your meals.

The foods listed have a low glycemic index (causes slower rise in blood glucose after eating) and provide key nutrients that are lacking in the typical western diet such as:

- calcium
- magnesium
- potassium
- vitamins A, C, and E
- fiber

Beans, dark green leafy vegetables, citrus fruit, sweet potatoes, berries, tomatoes, fish high in Omega-3 fatty acids, whole grains, nuts, fat-free milk and yogurt. To learn more about eating these superfoods and recipes visit diabetes.org and sign up for Wellness and Healthy Eating classes at the Little Axe Clinic. Call Sidna McKane to sign up at 405 701-7977.

Source: American Diabetes Association at www.diabetes.org
Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

**ABSENTEE SHAWNEE TRIBE CHILD WELFARE**

405-878-4702 (ext. 133)

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group’s proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place “our tribal” children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home? If so, please contact Julie Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.

Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the breakdown of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able? If you are interested in becoming a foster parent, please contact Juliann Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.

**Preservation of American Indian culture starts with protection of our most precious resources — American Indian children and families. Only when our children and families are healthy and happy can there be harmony in our world.**

Problems Facing American Indian Children and Families

Today, 5.2 million American Indians and Alaska Natives (AI/AN) live in the United States

- American Indian children have the third highest rate of victimization
- American Indian/Alaska Natives have the highest rate of poverty of any other racial group in the nation
- In 2006, suicide was the leading cause of death for AI/AN males ages 10-14.
- A 2006 study found that, compared to other groups, AI/AN youth have more serious problems with mental health disorders.
- Alcohol-use disorders were more likely among American Indian youths than other racial groups.
- The Al/AN youth population is more affected by gang involvement than any other racial population.

Children often get lost in a system that is supposed to protect them when their parents can’t take care of them. They need someone who can provide a home that is safe. They need their emotional needs met by an adult who can act as if they are their parent. These children need love, shelter, safety, and a place that they can belong, they need a home. They need to know that they are not alone. If you are able to provide these things to one of our tribal children please contact: 405-878-4702 (ext. 133) Julie Wilson ICW/FC.
# Cover art is a selection of Earnest Spybuck painting, “Procession Before War Dance” ca. 1910