

THE ABSENTEE SHAWNEE NEWS

www.astribe.com Volume 33, No. 07 July 2023

Absentee Shawnee Tribe Partners with Feed the Children for Distribution Event











On April 19 a tornado struck Shawnee and damaged almost 2,000 homes. Over 10,000 residents lost power which resulted in a loss of food.

But Feed the Children recently partnered with the Absentee Shawnee Tribe and the Citizen Potawatomi Nation to help feed residents in the Shawnee area. On June 1 at the CPN Festival Grounds, the three groups and countless volunteers helped distribute hundreds of boxes of food and household items.

Volunteers and tribal employees worked tirelessly unloading the semi-trucks, directing cars and loading boxes into cars.

"It's not one organization or group. It takes us all." Said Lt. Governor Ezra DeLodge. "It's all our responsibility to uplift and bring positive change to our community that we live and work in."

The event helped fulfill the tribe's mission of taking care of its members and was a reason Feed the Children came to Shawnee.

"It wasn't just the tornado damage but what the tribes are doing here for their people. It just went along with what we are trying to do. "Feed the Children Event Manager Aaron Hazel explained. "We wanted to do something in Oklahoma with our tribes and Shawnee seemed like the best fit."

Feed the Children, whose headquarters are in Oklahoma, was created in 1979 and has distributed food to all 50 states and offers disaster relief.

AST ICW Hosts Completing the Circle Event





The Absentee Shawnee Tribe ICW department and Oklahoma Department of Human Services recently hosted the annual Completing the Circle Event at Thunderbird Casino on June 3, 2023. The event is to help reconnect Oklahoma native children in foster care with their culture and heritage.

The participants enjoyed arts and crafts, food tastings and cultural demonstrations. Thirteen tribes were represented by the 183 children that attended. Seven tribes also participated in this event.

If you are interested in becoming a foster parent, please call ICW at (405) 395-4490.



GOVERNOR John Johnson



Lt. GOVERNOR Ezra DeLodge



SECRETARY Alicia Miller



TREASURER Joseph Blanchard



REPRESENTATIVE DeWayne Wilson



GOVERNOR'S REPORT

John Johnson, AST Governor

Hello fellow tribal members,

I hope that everyone had a safe July 4th holiday. The Thunderbird Casino had their Anniversary Celebration starting June 30th with the Social Stomp Dance. They also had a Gourd dance Saturday the 1st, 3 nights of fireworks, free water-

melon and two different bands for entertainment. Thank you to our Thunderbird Casino staff for a wonderful celebration.

On June 14th I was invited to speak to the Native American Chamber of Commerce about what economic advances our tribe has made with COVID funds. I spoke about the food pantry, tiny homes, after school building project and the future after school building at horseshoe bend. It was great to share with the Chamber the advances the tribe has made and continues to make post COVID.

In closing, I want to say thank you to all the tribal members that got out and voted in our tribal election on June 17th. I appreciate all the votes I received and I am excited to start another 4 year term. I want to see this tribe continue to move forward and grow!

LT. GOVERNOR'S REPORT

Ezra DeLodge, AST Lt. Governor

Tribal Members,

Please see below for department updates. If you have any questions or concerns please contact me by email ezrad@ astribe.com, call my office 405-275-4030 x 3503 or cell 405-432-0733.

Maintenance:

The Maintenance staff has completed 36 work orders in the last month. While staying busy with the lawn care of the campus grounds. I would like to thank the Maintenance staff and Housekeepers for all their hard work they do for the department and Tribe.

OEH:

ily,

In total for 2023 OEH has assisted Trib-

al members with 32 different septic renovations and installations, water well drilling and installations, well renovations, and community water connections.

For 2023, we have collected, processed, and recycled 18 bales of shredded office paper and cardboard equaling roughly 13.5 tons of recyclable waste that has been diverted from landfills.

Dirt work has been completed for the new police safety center. Plumbing for the site has also been completed. All work to this point has been approved by the design team and concrete for the slab has been poured and the building is scheduled to be erected in the coming weeks.

We would like to remind Tribal Members that if they see any activities related to illegal dumping of trash or other dis-

carded items on Tribal lands to please contact OEH at the email or phone number listed below.

Jarrod Lloyd, OEH&E Director jlloyd@astribe.com - (405) 214-4235 <u>Land Management</u>

Land Management has been working on the softball field at the youth camp removing trees to expand the field. We also been working with Realty department clearing and redoing fence lines . Out of the wood that we are removing it will go back to our fire wood program for the upcoming winter months this year. Any concerns or questions please feel free to email or call cmartinez@astribe.com 405-395-8101.

Respectfully, Lt. Governor DeLodge

SECRETARY'S REPORT

Alicia Miller, AST Secretary

I would like to take this opportunity to express my true gratitude to everyone who has supported me and uplifted me while serving as the AST Secretary. Representing my tribe has been a one of my greatest honors and I am so proud of the progress made. From the update to the tribal website, to as small as adding the tribal logo to email signature lines, supporting the trust application submissions (first in 30 years), record CARES/ARPA tribal member payments, increased program implementations such as HAF, numerous construction projects and this is just to name a few of the many, many

accomplishments – I could not be more satisfied

I want to thank my family. Their love and support has been unwavering and steadfast. Their understanding of my late nights, long days and time away from them to represent the tribe has been amazing. You ground me and make me a better human.

My staff and oversight programs – you guys are amazing. You work hard, I admire your diligence and you helped me be a better leader. I could not have done this effort without you.

To all of my supporters, your commitment to the tribe is unmatched! I appreciate you seeking out the facts versus assumptions. Continue to do this. Per-

ceptions can become a one-sided story which usually doesn't consist of all the data, motivations and facts...always seek the truth then make up your mind.

To the remaining EC, I am entrusting you to make our tribe shine by representation and focus on the issues that will have lasting and positive impact for our people. Times are changing and we must continue to move the tribe forward while we focus on being who we are...SHAW-NEE! Always remember our ancestors – live the culture, be the culture.

Si li no ke ka no la. Ne yi wa.

Respectfully, Alicia L. Edwards Miller

TREASURER'S REPORT Joseph Blanchard, AST Treasurer

Good Day to all my AST friends and fam-

As I write this update, the elections were just finalized and we await the Election Commission to confirm and make the results "Official". I want to say "Congratulations!" to the winners and look forward to continuing the progress we've been able to complete the last three years. For the outgoing Secretary, Ms. Miller, I appreciate your contributions and keeping me on my toes. I wish you well in your future endeavors. Though this campaign seemed volatile and personal at times, now we can get back to work and folks be less distracted.

This last month, in Agriculture, they conducted the Fishing For Nutrition event. We had a good turnout and everyone had a good time. Recently, staff called prior to a rain storm asking for assistance to operate machinery and assist with the hay baling process. I am glad to say the work was completed in time and after the final cut, over 200+ bales were wrapped. The next three fields (Earlsboro, Hardesty, and Salt Creek) will be worked in

the next weeks before the next cut is due. The next scheduled event will be the Fun Run/Walk in conjunction with the annual Fourth of July Powwow, held by Thunderbird Casino. One final comment regarding our Maxwell Property, the towers have been painted and updated with our Tribal Emblem. It is a beautiful sight and can be seen from Hardesty Road.

On Saturday, June 17th, the Tulsa area had reported high winds and potential tornadic weather. In response, the EC sent out the Mobile Health Unit and Emergency Management department staff out for damage assessment. We don't have the exact numbers, as of this submission, but I will update next month when the data becomes more readily available. On the date of submission, there were over 150K people without electricity and some without running water. Members were provided bottled water, some generators were given to those with medical needs or Elders, and other simple household supplies.

In Realty news, I was given information that the Tiny Homes are slowly beginning to fill up with elders and some of our homeless members. There is ongoing discussion with the Absentee Shawnee

Housing Authority (ASHA) to assist in coordinating with operations. However, the Tribe will maintain a certain amount which would not fall under HUD requirements. These have really been beneficial lately as they were utilized to help Elders after the recent tornadoes.

Regarding Procurement, they will have concluded the Surplus Auction and helped rid our programs of excess materials. They coordinated with the Health System and Thunderbird Casino so all entities could take advantage of this day. Again, as the new information becomes available, I will report back the final outcome and results.

As the last month of Summer is upon us, many will have the opportunity to have their traditional feasts. My family will be excited as we will finally be able to enjoy watermelon, cantaloupe, and strawberries. I also want to say "Thank You!" to my support staff and those who continue to provide guidance, advice, and encouragement. Should you have any questions, please do not hesitate to call my office or send me an email.

Neyiwa!

Joseph H. Blanchard

REPRESENTATIVE'S REPORTDeWayne Wilson, AST Representative

Hello Tribal Members,

I want to wish everyone a Happy 4th of July Holiday! I am hope everyone got out and voted. I want to give my condolences to the Frank Tiger family. I hope everyone stays weather aware, not for just severe weather but also extreme hot weather. Stay Healthy

Education Department: The Education Director participated in one of two of Office of Indian Education - State Tribal Education Partnership (STEP) Grant Webinars. The AST Education department will be a partner in the Tribal Education Departments National Assembly's (TEDNA) grant application along with the Sac and Fox Nation and Kiowa Tribe.

They will have weekly planning meetings via Zoom. On June 3rd, AST Education Department sponsored 400 bottles of water and two gift baskets for the DHS and ICW "Completing the Circle" event which was held at the Thunderbird Event Center. Although the Little Axe Afterschool Program ended for this school year, on June 12, the Camp Nikoti Summer Youth Leadership began at Brendle Corner.

The Workforce Development Program: The temperature is rising and it is getting hotter, the Workforce Interns have hit the ground running and have started accumulating their HVAC apprenticeship hours underneath the Tribe's HVAC Mechanic during the month of June. The HVAC interns have started answering/ assisting with work orders toward repairing air conditioners on/ off the Tribal Complex. Each intern has completed their

first semester of HVAC training mainly toward electrical and heating. During the month of July the Tribes HVAC mechanic and interns will be assisting with preventive maintenance and work orders for the Absentee Shawnee Housing Authority. This opportunity will give them more training and obtaining their HVAC apprenticeship hours.

Cultural Preservation: As mentioned last month, from May 15th through May 19th, THPO staff members; Devon Frazier-Smith and Carol Butler, attended the TVA (Tennessee Valley Authority) Annual Tribal Consultation Meeting. Most of the agenda was devoted to NAGPRA progress and discussion, especially in the goal of reinternment. Staff was given the opportunity to visit NAGPRA collections as well as archeology sites.

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REPRESENTATIVE'S REPORT

(Continued from Page 2A)

On June 5th and June 12th, ANA Project Coord. / Linguist Mr. Miller, held language classes for the participants in the CCDF Summer School Age Program. The Cultural Preservation Department/ Language Program will be partnering with Sac and Fox Nation and a few other Algonquian Language Groups in the capacity of co-hosts for the 2nd Annual Algonquian Language and Cultural Convention. This year the convention will be held at the First American Museum in Oklahoma City on Saturday, September 30th. Please look for a Save the Date flyer in this paper. On June 6th, the Gift Shop

Staff and Director, Merry Rodriguez and Carol Butler, attended the Eskimo Joe's Promotional Products Group client day held on the campus of Oklahoma State University in Stillwater, OK. At this event they were able to view some of the new and upcoming promotional products such as shirts, hats, stickers, jackets that will be available to order. Please be on the lookout for new products.

Gaming Commission: Great things are happening within the AST Gaming Commission. First, I would like say "Great Job" to the AST GC Department and Thunderbird Entertainment Center for maintaining compliance with our State Compact. As a result of that, the State Compact Audit Report has been

completed and there were no findings. Finally after great anticipation, the revised and amended ASTGC Gaming Ordinance has been approved by the NIGC and is now posted on their website. In addition to the approval with the Gaming Ordinance, we can now move forward with opening a position for the third Gaming Commissioner. If you would like more information or are interested, please contact Secretary Miller's office and they will assist you on the next step.

Youth Camp: The tennis and basketball courts are almost completed. We are waiting on the gates to arrive so they can be installed. We are also waiting on equipment too. We have been having meetings with the construction company on finalizing the amendment to the softball field project. Once this is completed, we will look at up- grades to this project.

I want to thank all the AST and CPN employees, especially Keesha Mason, students of Tecumseh Public School for assisting in the Feed the Children distribution on June 1st, 2023. If you have any questions or concerns about these programs mentioned in this news article, feel free to contact my office at (405) 275-4030 Ext. 3512 or by email: dewayne.wilson@astribe.com.

Respectfully, DeWayne Wilson Tribal Representative



(BEN ALLAN SMITH, Missoulian)

Courtney Little Axe is the University of Montana's new repatriation coordinator and collections manager through the Native American Graves Protection and Repatriation Act

When Courtney Little Axe was a student at UM, she worked as an intern in their anthropology department focusing on repatriation. One day, in particular, stands out to her.

She found a picture in an online archive search, and the man featured looked familiar. Upon a closer look and by analyzing details in the piece, Little Axe was able to place one of the items in UM's collection with the tribe it belonged to.

For Little Axe, examining, researching and repatriating Native items has never felt like a job — it's always been her passion. But now, as UM's new Native American Graves Protection and Repatriation Act repatriation coordinator and collections manager, Little Axe's passion has become her full-time position.

Little Axe, Northern Cheyenne, Absentee Shawnee and Seminole, grew up on the Northern Cheyenne Reservation in southeastern Montana. She has degrees from UM and Haskell Indian Nations University and has worked in repatriation for the Autry Museum of the American West in California.

Little Axe is the first person to serve in this position for UM.

Public schools, museums and other institutions nationwide house remains and items affiliated with tribes. Sometimes the items are donated. Other times, a school or museum staff member may have bought or unethically obtained the items for archaeology or research purposes.

In the last few decades, there has been a national effort to return sacred items and remains to the tribes to which they belong. Passed in 1990, the Native American Graves Protection and Repatriation Act, commonly known as NAGPRA, established a process for tribes to request the return of Native remains from institutions that have them. Due to oppressive and assimilationist U.S. policies, many tribes have lost Native language speakers and other connections to culture. When culturally sensitive items and ancestral remains are returned to tribes, tribal historic preservation officers say Indigenous people gain a connection to their identity and community and can continue to heal from generational trauma.

Little Axe, who started at UM about a month ago, said her first priority is returning ancestral remains and culturally sensitive items to the tribes they belong to. Reprinted with permission from Missoulian.com; story by Nora Mabie.

Scholarship Winners





AllNations Bank President Stephen Smith awards Tribal member Stevi Johnson with a \$500 scholarship. Johnson is a graduate of Norman North High School. Also pictured is AllNations Shawnee Branch Manager Cindy Sims.

AllNations Bank President Stephen Smith awards Tribal member Nicholas Shaffer with a \$500 scholarship. Shaffer is a graduate of Westmoore High School.

ABSENTEE SHAWNEE ELECTION COMMISSION **UNOFFICIAL ELECTION RESULTS** ANNUAL (RUN OFF) ELECTION - JUNE 17, 2023

This is to announce the UNOFFICIAL results of the June 17, 2023 Annual (Run Off) Election for the Absentee Shawnee Tribe of Oklahoma. This election was held on the above date pursuant on the Tribal Constitution and the Election Ordinance. All votes were counted at the Absentee Shawnee Tribal Complex.

EXECUTIVE COMMITTEE

GOVERNOR (4 Year Term)

SECRETARY (4 Year Term)

John Raymond Johnson Ewell Longhorn

Alicia L. Edwards Miller 21 Votes

Misty McGirt

223 Votes

We, the Officials, are responsible for declaring the above election results do hereby claim the above

statements are true and correct to the best of our knowledge.

Diana Wilson, Election Commissioner

Shirley Adkins, "Appointed" Election Secretary

Charlotte Ellis, Commission Member #2

June 17, 2023

Brandi Routledge-Hunt, Commission Member #1

mes Palinkas, Judge



PLEASE SUBMIT YOUR LETTERS OF INTEREST WITH **RESUME ATTACHED TO:**



Tribal Secretary 2025 S. Gordon Cooper Dr Shawnee, OK 74801 secretary@astribe.com

www.astribe.com July 2023



Local Student Participates in a STEM Academy at Oral Roberts University.

Forty Oklahoma eighth and ninth graders were accepted to attend the Oral Roberts University Math, Science and Engineering Summer Academy that occurred June 5th-June 9th. Students lived on campus and participated in a wide array of STEM topics such as Forensics, Chemistry, Robotics, Rocket Engineering, Nature Walks, Astronomy and Cryptology.

The local student who participated in the Summer Academy is Eli Brown who attends Bethany Middle School. This student encourages other Oklahoma students to apply for the Academies because you learn a lot of math and science through cool activities and you can make new friends from different parts of the state.

Student participants applied to ORU starting in March for the Academy that occurs in early June. The Academy at ORU has been running for nearly 30 years and has helped over a thousand Oklahoma students experience hands-on learning in real-world environments.

The Academy is one of many throughout the state that are sponsored by the Oklahoma Regents for Higher Education so that the opportunity to attend this Academy and others like it is equitable for all Oklahoma students. Any Oklahoma student interesting in attending one of the Academies next summer should start looking in early March, 2024 and apply early.

For more information about the Summer Academy Program, visit the website at https://secure.okcollegestart. org/High_School_Planning/Summer_academies/summer_academies.aspx.



Tribal Member Competes in Golf Tournament

Recently AST Tribal Member Jimmy Squire competed in the 2023 Central Texas Amputee Tournament and finished in 2nd place.



We offer several savings options as well as debt consolidation loans. **AllNations Bank**

cleaning plan in place now so you're ready for whatever comes your way.

2023 Gordon Cooper Dr. • Shawnee, OK 74801 • (405) 273-0202



financial spring

cleaning today!



Absentee Shawnee Tribe 102-477 Program (477 Program)



Eligibility Requirements:

- Complete Intake Application
 Reside in Cleveland, McClain, Oklahoma or Pottawatomie Counties
- Provide proof of tribal enrollment/membership (AST or other Federally Recognized Tribe)
- Selected Service Registration (if applicable)
- Complete Self-sufficiency Plan

 Also one of the following:
 - Unemployed
 - Underemployed

 - Economically disadvantaged Displaced worker
 - Youth Homeless
 - Veteran
 - Disability
 - In need of child care (income and additional documentation required)

What is 102-477?

The AST 102-477 Program consolidates grant funds with similar program activities in a coordinated effort to maximize those grant funds. The 477 Program will be implemented to provide a program service model that results in a a single coordinated comprehensive program or "One Stop Shop" and reduces administrative costs by consolidating administrative functions for the multiple approved grants.

The 477 Program is designed to provide resources and support to help individuals and families become economically self-sufficient while reducing the need for short-term social service intervention.

AST 477 Program Goals

- To integrate employment, training, education, supportive services and related programs in order to improve their effectiveness in leading to participant self-sufficiency.
- To help identify and resolve barriers that participants may face in their pursuit of employment, training and education endeavors.
- To end dependency of needy parents on public assistance programs. To reduce current unemployment rates among tribal members and other federally
- recognized tribal members residing in the service area.
- To promote job readiness through preparation and self-advocacy resulting in sustainable employment for eligible participants.
- To provide and expand services that allow for safe and healthy environments for children.
- To provide continuous services to children while enabling parents and guardians to seek gainful employment, obtain educational goals, as well as providing them with a comprehensive family support system.
- To strengthen cultural and language development within all Absentee Shawnee Tribal members to encourage self-sufficiency.
- To serve tribally determined goals consistent with the policy of self-determination and selfgovernance.
- To improve the availability, affordability, quality and coordination of child care programs and early child development programs in an attempt to serve all eligible families.

Process for application for 477 Assistance:

- 1. Complete application and provide as much documentation as possible with application.
- 2. Intake Clerk will review your application and set up an interview appointment with you and the assigned Caseworker.
- 3. During the interview, you and the Caseworker will review your application and discuss you barriers to employment as well as your goals and how the AST 477 Program can help you achieve your goals.
- participant achieve their goals and become successful for the agreed period up to 12 months. 5. The Caseworker will check in with you and make sure you are continuing to be successful with your employment

4. An Individual Self-sufficiency Plan (ISP) will be formalized to show the steps both parties will take to help the

and/or training goals as well as the need for any support services. 6. At the end of the 12 months, there will be an exit meeting to determine if additional time is needed to meet goals or if you successfully meet your goals and graduate from the program.

Questions should be directed to:

Briana Ponkilla, 477 Director Email: Briana.ponkilla@astribe.com Phone: 405.275.4030. Ne yi wa!

477 Application

AST 477 Application can be found at www.astribe.com/477-program or by email: 477Program@astribe.com.

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Absentee Shawnee Tribe of Oklahoma Building Blocks C.D.C. 2025 S. Gordon Cooper Dr. Shawnee, OK 74801 (405) 878-0633 Fax: (405) 878-0156



Building Blocks II

We thank all of Building Blocks wonderful Dads for joining us for Donuts with Dads in June. We appreciate them joining us in celebration of Father's Day.

We are currently hiring staff, if you are interested in applying visit https://www.astribe.com/employment for applications and to see what positions are available.

Building Blocks is accepting waiting list applications for all of our ages; 6 weeks through Pre-K/4 Year Olds. If you are interested in getting your child on our waiting list please call and we can email you a waiting list application or you may stop by to fill one out.

Building Blocks will be closed Tuesday, July 4th in observance of Independence Day.



Building Blocks children have really been enjoying visiting our splash pad to cool off and have fun. Remember as the summer heat gets upon us to stay hydrated with drinking lots of water. Also, remember to apply sunscreen when doing outside activities.

Have a safe July!

















NOTICE

IF YOU WOULD LIKE TO SUBMIT AN ARTICLE OR STORY

Please give us a call at (405) 598-1279 or send an email to media@astribe.com

All articles for the next month's issue are **DUE** by the **15th of the current month**.

Unfortunately we can only accept **ONE PICTURE PER BIRTHDAY PERSON**, not per birthday wish.

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Cultural Preservation Department

Activities picked up in Cultural Preservation for the month of May. Following is a breakdown of each departmental program's most recent activities.

Cultural Preservation

Cultural Preservation and the Language Program will be partnering with Sac and Fox Nation and a few other Algonquian Language Groups in the capacity of co-hosts for the **2nd Annual Algonquian Language and Cultural Convention**. This year's convention will be held at the First American Museum in Oklahoma City on Saturday, September 30th. We are very excited about this event!

Also, we have some exiting activities planned to present at both Camp Nikoti and the CCDF Summer School Age Program. We plan to introduce some language lessons, archaeological activities, and cultural activities to the camps. Please be on the lookout for pictures in the coming month.

Gift Shop

The Gift Shop is open! We have two locations for your shopping convenience. Our Shawnee Gift Shop is located at the complex in the Cultural Preservation building (building 6), and our Little Axe Gift Shop is located in the lobby of the Little Axe Health Center. We are open in Shawnee Monday – Friday 8 a.m. to 5 p.m. and once a month, usually at the end of the month, in Little Axe from 9 a.m. to 3 p.m. Please be patient with us at the Little Axe location as there is currently only one individual to cover both shops.

We have been busy ordering new emblem items. The picture to the left shows just a few of the items we have recently received. We also have a few other items coming. Also, on June 6th, we attended the Eskimo Joe's Promotional Products Group client day held on the campus of Oklahoma State University in Stillwater, OK. At this event we got some new ideas of items to get in the gift shop so please be on the lookout.

Please note, if you live out of state, we can ship items to you. Please contact the Gift Shop Manager, Mrs. Merry Rodriguez, at (405) 275-4030 ext. 6310 or at mrodriguez@astribe.com for more details.

Library

The Library is open! Hours of operation are Monday through Friday from 8 a.m. to 5 p.m. Last month, activity in the library included 10 library visitors with all 10 filling out library applications. We had a total of 18 books checked out. Also, 20 virtual books were checked out. Ms. Paula Jackson has been working on promoting the library and has recently converted the library application to a digital format that can be emailed. If you would like the application please contact her.

Ms. Jackson has also been busy planning events and activities for the summer. She is currently organizing a summer reading program. She also has activities planned to do with Camp Nikoti, the Summer School Program and Building Blocks. Pictures will be shared in future articles.

If you would like to view what books we have in the library currently, please visit https://www.librarycat.org/lib/ASTribe to view the catalog. Also, recently she added some new Native American titles available in either eBook or audio format to the virtual library (https://okvirtuallibrary.overdrive.com/). If you would like to fill out an application for a library card, you may contact Ms. Paula Jackson at (405) 275-4030 ext. 6416 or at PJackson@astribe.com.

Please come in and visit! We have a wide variety of resources available for checkout, and many magazines, newspapers and journals for your reading leisure. We are open to your suggestions for the library and look forward to serving your informational needs!

THPO (Tribal Historic Preservation Office)

The THPO Program continues to make great strides and advancements. The THPO staff has steadily been receiving Section 106 projects from various Federal Agencies. Over the past month, the THPO Officer, Mrs. Devon Frazier-Smith, has received 640 new Section 106 projects for review. In conjunction with receiving projects, the program has consulted on 322 projects. These projects were completed in 17 of our 25 areas of interest/states. The THPO and Cultural Preservation Director has also taken part in 11 teleconference calls as it concerns Section 106 projects as well as NAGPRA cases.

On May 15th through May 19th, THPO staff members Mrs. Devon Frazier-Smith, THPO, and Ms. Carol Butler, Interim NAGPRA Coordinator, attended the TVA (Tennessee Valley Authority) Annual Tribal Consultation Meeting held in Knoxville, Tennessee. A large portion of the consultation was devoted to NAGPRA progress and discussion. Collections visits took place to both the McClung Museum of Natural History & Culture and those stored at TVA facilities; of which included proposed spaces that will potentially be new housing for these collections. There was also some site visits on the last day of the consultation.

Further, we are still looking for individuals interested in our Oral History project. If you would like to volunteer for this project or have any other questions, please contact the Cultural Preservation Department.

Language

Mr. Scott Miller has continued working on building the foundations for the Language Program. This past month has been very busy. Mr. Miller took a brief break from recording language lessons for the tribal member login page, but at the time of writing this article, recording had resumed.

On June 5th and 12th, Mr. Miller began working with the CCDF Summer School Age Program to teach some of the younger kids the Shawnee language. Within a two hour timeframes, the children were introduced to the alphabet and began reviewing words. The categories discussed, so far, were animals, numbers, fruits and vegetables, and bugs. They also have played a photo recognition game where teams had to identify the photo using Shawnee words. These language lessons will also be introduced to the participants at Camp Nikoti.

For general language questions and information, please contact the department by phone or email at ASTLanguage@ astribe.com.

Your concerns are important to us. Ne yi wa for the continued support of our department as we continue to make changes to our programs to better serve the Tribal community. Please feel free to contact me, Carol Butler, at 405-275-4030 ext. 6245 or cbutler@astribe.com if you have any questions or concerns.



We fi ki ta ta — hot (wee thah kah teh teh)

M'ska qe – lake (m'skeh qee)

Fe po wa fe – river (thee po weh thee)

Ho ko la s'qe – corn stalk (ho ko leh s'qee)

Me ni ke – blackberries (mee nah kee)

Ho wa li t'fo – ripe (ho weh lah t'tho)

Te ka ki k'yi wa – don't be jealous (tee keh kah k'yah weh)

Ho wa se ni wa — faith (ho weh see nah weh)

Hi pi li mo ta fi ke ge — It's hot outside (hah pah lah mo teh thah kee chee)

Ho la l'we – swim (ho leh l'wee)

Hi n'qe we – corn tassle (heh n'qee wee)

Ni he wa – visit (nah hee weh)

S'ke ti ma ke — watermelon (s'kee tah meh kee)

Hi qe m'wa — shawl (hah qee m'weh)

Ho wa s'pa ni fe wa – kindness (ho weh s'peh nah thee weh)

Ta pi si to wa wa — honesty (teh pah sah toh weh weh)

Don't forget to check the Tribal member login page for more pre-recorded language lessons

Si li no ke ka no la! Ne yi wa!









2ND ANNUAL

ALGONQUIAN LANGUAGE

AND CULTURAL CONVENTION

FIRST AMERICANS MUSEUM (FAM)

SAVE THE DATE









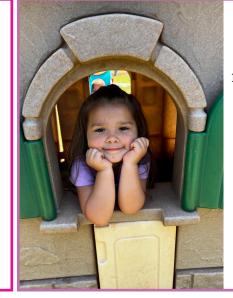


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Happy 2nd Birthday sweets! We love you to the moon and back! - Mama & Daddy





Happy 4th Birthday Mae Mae! from Mom, Dad, Sister, and Brother We love you.





Happy 9th Birthday Annabelle Marie!!





Happy Birthday Kristopher & Happy 1st Birthday Aliana!! Love,
Dad/Papa & Cherokee





T. Ramirez Happy 7th Birthday (July 21st) WE LOVE YOU!!!!





Happy 85th Birthday Dad/Grandpa!

Jerry Little Axe

Thank you for your Love, strength, and wisdom in all you do for us!! We wish you many more years to come!

Best Wishes from your family!

We Love you!





Keelym Parks Happy 11th Birthday (July 3rd) WE LOVE YOU!!!!





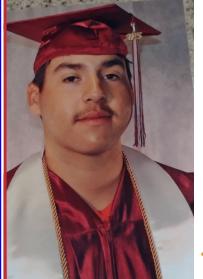
Happy Birthday to Danny Little Axe Jr July 14th





Congratulations Si Foreman Bethel High School





We are so very PROUD of you Rodney Stryker. Graduated from Gordon Cooper 2023. Can't wait to see what the future holds for you. Watch Out STILLY here he comes. We Love You, Granny and Auntie



AST Elders Council







The AST Elders Council recently honored former AST Elders Council President Meredith Wahpekeche with a gavel plaque to commemorate her tenure as President from 2017-2019. The presentation has been in the works since February 2020 but was delayed due to Covid. Current AST Elders Council President Twila Parker presented the award. In-person Elders meetings resumed January 2023. Elders meetings are open to tribal members who are 50 years and older and held the third Saturday of every month. Current Elders Council Officers are President Twila Parker; Vice President Audrey Dodds; Secretary Shirley Adkins and Treasurer Charlotte Ellis.

8A www.astribe.com July 2023

ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030

	ABSENTEE SHAV	<u>vnee 1 ribe – Shawnee Department Exten</u>		
	Consumer John D. Johnson 2500	ELECTION COMMISSION		
	Governor John R. Johnson3500	ELECTION COMMISSION Corene Chakenatho		
>	Alvina Barnes	Corene Chakenatho5537		
Gov.	Kim Porter3502	ENROLLMENT 9003		
		Jennifer Boling3538		
>	La Common E-ma Dalladas 2503	Lesley Kennedy3539		
Gov.	Lt.Governor Ezra DeLodge3503	File Room3540		
Lt.	Diane Ponkilla3504	Environ		
7		FINANCE Kyle Coody3541		
***************************************		Jessie Loven		
ıry	Secretary Alicia Miller3505	Sandra Burnett		
eta	Keesha Mason3506	Tracey Dickson		
Secretary	3507	Courtney Green 3545		
Se	(HAF)3508	Holly Davis3546		
	Twosgaway Jaganh Dlanchayd 2510	Tabitha Marsh		
	Treasurer Joseph Blanchard3510	McKenzie King3548		
Treas.	Jan Ranft3511	Brenna Pharaoh		
Ë	•••••	Heather Napier3551		
	B W 2712	Conf. Room		
	Representative DeWayne Wilson 3512			
	Stephanie Martinez3513	FOOD BANK 9006		
Rep.	Connor Edwards3514	Falon Powell3552		
~		Morgan Wicker		
D-	2400	SW Office		
	CEPTIONIST 3499	GRANTS		
Do	nna Woodfork3499	Kryste Carter3554		
ΑT	TORNEY	Jay Fields		
	ndall Homburg3516	Sheila King		
	RICULTURAL	Human Resources 9001		
	drew Warrior	Michele Nowell3555		
	bby Rice	Casey Adams		
Cra	nig Blanchard 3519	HR Reception		
BIA	/SELF GOVERNANCE	Rebecca Hyde		
Tw	yla Blanchard 3520	Lauren Parish3558		
		ICW 395-4490		
	DF 9015	Shawnee Martinez3559		
	ana Ponkilla	Paige Little Charley3560		
	Nora Buswell	3561		
AS	P Temp Building445-6000	Frank Barnes		
Co	URT 9013	Tonya Wood		
Ch	elsea Cope	·		
Asl	nley Hudson	MAINTENANCE 9008		
Orr	T. Davis / Cyrm Cyron 0004	Kevin Kaseca		
	LT. PRES. / GIFT SHOP 9004 rol Butler3525	Break Room		
		Sheila Orphan3565		
	rry Rodriguez (Gift Shop)	Sommer Barriga3601		
		Joe Morton, John Mann		
	von Frazier(THPO)	Stephen Fife, Stacy Coon, Caeden Shirley Cindy Carpenter		
		Cindy Carpenter5500		
	y Bemo	MEDIA 9009		
1 at	na gackson(Libi ai ian)	Mindy Longhorn3567		
	MESTIC VIOLENCE/FAMILY SERVICES 9005	Derek Hilderbrand3568		
Lac	cey Carey 3531	MIS 0000		
Mo	nique Harris	MIS 9000 HELD DESK 0000		
Mo	rgan Stewart	HELP DESK		
		Travis O'Dell		
Ka	itlyn Patterson	Donna Cody		
En	UCATION 0014	Amelia Grass		
	<u>UCATION 9014</u> esha Spoon	Randy Austin		
		Rafael Rodriguez3573		
	ke Goodman	Paul Tessman3547		
	y Fixico	OEH 9010		
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		Kyra Underwood3576		
		Kevin Arthur3577		

POLICE DEPT 9002 275-3200 / 275-3432
Brad Gaylord (Chief)3579
Jason Brinker
Steven Crisp
Linda Day
Rickey Jones
Russell Harjo3584
James Woolbright3611
Patrol Room 3612
E
EMERGENCY MANAGEMENT
Levi Walker
PROCUREMENT
Rebecca Kennedy
Tara Battise
Kara Rowen 3588
Lisa Camren
Brayden Queen
Elizabeth Jones
D.
REALTY To be Contained 2502
Taylor Carter
Cara Hamilton (Probates)
Yecica Gutierrez
Kimberlee Billie
SOCIAL SERVICES 9011
Annie Wilson (Director)
Nancy Edwards
TAX COMMISSION / TAG 9012
Leonard Foreman Jr3515
Taylor Masquas 3599
Drive Thru
TITLE VI
Thomasine (Doss) Owings (DIR)
Donna Butler, Robert Schoolfield, Ted Watson
OTHER ENTITIES & TOLL FREE
All Nations Bank273-0202
Toll Free1-800-256-3341
ARPA481-8625
Brendle Corner 447-3372
Building Blocks 878-0633
(Darbro Dana)

Building Blocks III LA......360-2710

 Court Clerk
 481-8575

 Enrollment
 481-8650

 Gaming Commission
 360-9270 x1110

 Housing
 273-1050

 Human Resources
 275-1468

 Media
 598-1279

OEH/OEP......214-4235 Police Dept......275-3200 / 275-3432

Last updated: 06/09/23

OTHER EXTENSIONS	
Bldg. 1 Conf. Rm.	2009
Bldg. 1 Break Rm	
Gov. Bldg. 2 Conf. Rm	
Fam. Svcs. Conf. Rm.	
Finance Conference Rm	
LITTLE AXE CLINIC	
Clinic - Medical	447-0300
L.A.Plus Care	
Dental Clinic	
Diabetes	
Pharmacy	
Resource Center	
SHAWNEE CLINIC	
	979 5950
Clinic (Bldg. 17)	
Pharmacy	
Toll free1-866	
Rhonda Kaseca	878-4702
DEPARTMENT INCOMING CALL EXTS	
IID	0001

The AST Complex will be closed Monday, July 3, 2023 - Closing at 3:00 PM Tuesday, July 4, 2023 - Independence Day

(Barbra Pope)

(Skye Foreman)

(Mindy Longhorn)

NATIVE AMERICAN/INDIGENOUS ADULTS

18 YEARS AND OLDER WHO WERE IN THE CHILD WELFARE SYSTEM.

WE WANT TO HEAR FROM YOU!

WHY

We believe that Native American youth should have a voice in planning for what will happen after leaving the child welfare system. This is called "permanency planning," and we think that youth in the child welfare system should be part of it! We believe it is important to hear from you about your experiences in the child welfare system, which will inform ways to better engage with youth.

WHAT

If you participate we will ask you to take a one-time survey about **your experiences** with professionals in the child welfare system and if you feel like you had a **voice in your future.**



PARTICIPANTS WILL RECEIVE A \$50 GIFT CARD!

INTERESTED?

REGISTER @

https://redcap.link/tou-survey

or scan the QR code below



QUESTIONS?

EMAIL: SSOLIZ@UW.EDU

OR

TEXT: 206-543-7411



Prevention. Progress. Pride.

Section B www.asthealth.org **July 2023**

ASTHS July 2023 Monthly Update

Hemochromatosis Screening and Awareness Month

Hemochromatosis is an iron storage disorder that causes the body to absorb excessive iron from foods and other sources, such as iron-fortified multivitamin supplements. This extra iron can gradually accumulate in the body's tissues and organs, particularly liver cells, the heart, the pancreas, joints, and the pituitary gland. Left untreated, the iron buildup may eventually cause tissue and organ damage. Primary hemochromatosis is an inherited disorder also known as hereditary hemochromatosis. Anemia, alcoholism, and other conditions can all lead to secondary hemochromatosis.

Hereditary hemochromatosis is the most common type of hemochromatosis in adults in the United States. Family members share genes, behaviors, lifestyles, and environments, all of which can impact health and disease. Having one or more close relatives who suffer from a chronic condition makes you more susceptible to that condition. So, a familial medical history is essential in understanding the health issues that run in your family.

Go Get Screened for Hemochromatosis

Go and get screened for the disorder so that you can know whether you are susceptible or not. You can also encourage your entire family to do the same for you all to be on the same page. If you lack the funds or don't have medical insurance, seek out community screening establishments.

Read Up on Hemochromatosis

The name itself can sound very scary, so arm yourself with some knowledge to better understand this disorder and how you can keep yourself healthy and safe. Please, do not only Google the disorder, as many online resources are unreliable and may create panic. It is better to source information from your nearest doctor or hospital, where they will have printed out pamphlets or booklets with more information.

Put Together a Family Medical History

Understanding your family's medical history is very important for anyone seeking healthier, less stressful life. Visit your nearest doctor or medical center and start compiling your family's medical history. You can then circulate it amongst the family members so that everyone can be up to date and know what issues or disorders they may have.

5 THINGS YOU NEED TO KNOW ABOUT HEMOCHROMATOSIS

1. Early symptoms include fatigue and abdominal pain

Fatigue, weakness, impotence, and joint and gut pain are early symptoms of hereditary hemochromatosis.

2. Seek treatment immediately

Left untreated, up to one-half of those affected could die from liver cancer.

3. Treatment includes drawing blood

To reduce the number of red blood cells, a simple treatment is to remove up to 19.2 fl oz of blood from the body every week.

4. It causes severe damage to the organs

Because the human body lacks iron excretion mechanisms, excess iron can eventually cause significant damage.

5. Getting screened can save your life

The Transferrin Saturation test can detect hereditary hemochromatosis even before symptoms appear.

CONSTRUCTION UPDATE

Little Axe Health Clinic

- Demolition and construction has begun in the old Pharmacy location. The expected completion date (ECD) is November.
- Construction and remodel continues in the Behavioral Health area. Services are temporarily housed in the Diabetes/ Wellness area and in Administration. ECD: July
- An elevator has been installed and construction continues in the new Primary Care and Dental areas. ECD: October
- Remodel of the current Primary Care will begin in October. This will be the new location of the Specialty Clinic and PlusCare and the final phase of the expansion project! ECD: February 2024

Shawnee Health Clinic

NEW SHAWNEE HEALTH CLINIC! (Coming Soon!)

39665 Benson Park Road, Shawnee, OK 74801 (adjacent to Tecumseh Lake)

The team continues to work through the design and scoping phase with the architect (anticipate 73K-80K sq. ft)!

June 2023 Health Employee Awards of the Month

Employee of the Month: Jennie Enoch, Nurse Practitioner

Team of the Month: Business Office

Special Leadership Award: Taylor Haney, Lab Asst. II

Chris A. Larkin, MBA, FACHE, CHC **Executive Director**







Working Together to Serve Our Veteran Warriors

VA Healthcare Services at ASTHS

- **Primary Care Medical Services** ✓ Behavioral Health Services
- Service-Connected Disabilities
- **Dental Services**
- ✓ Vision Services

VA disability assessments and re-assessment exams and VA Compensation and Pension Exams must be scheduled at a VA facility.

Did You Know?

Office of
Tribal Government

ent | 405.456.3876

Relations

American Indian and Alaska Native Veterans now have increased health care options through reimbursement sharing agreements with the VA, and y can choose to seek care through VA or through the ASTHS Tribal Health System for your VA healthcare needs? These agreements mean more resources are available to support the collective health and wellness of tribal veterans.

VA Benefits

ASTHS Patient Benefit Advocates and our local area VA Native American Nurse Navigator can help tribal veterans navigate VA benefits for which they may be eligible, such as health benefits, disability, pension, education and training, NA housing loans, survivors' benefits, and more.

OKC VA Native American Nurse Navigator: 405.456.3808

Apply for VA Health Benefits: 800.827.1000 Apply for VA Benefits: 855.488.8441 www.va.gov

Shawnee Clinic 405.878.5850 Little Axe Health Center 405.447.0300











Contact a PBA today to learn more! 405-447-0300 **Native American Special Did You Know?**

Enrollment Periods

Special enrollment periods for ACA/Marketplace and Medicare insurance plans available to eligible AI/AN individuals.

60% of the cost to render care to tribal members comes from other payment sources outside of tribal funding?



If you qualify for and enroll in a zero-cost plan, it can help Purchased & Referred Care apply funding to more patients in need?







2B www.astribe.com July 2023

HEALTH BUZZ!!



Summer is here, and with it peak season for many kinds of berries. There is likely a berry that will suit most tastes, as the flavors range from tart to sweet to a combination of tart and sweet. Berries are versatile and can be added to salads, breakfast cereals, parfaits, and used to make chutneys and salsas. Berries are best consumed as real, whole foods when possible and most sources recommend three to five servings of berries each week to reap the most health benefit. It is recommended that adults should eat 1 1/2 cups to 2 cups each day. One serving is about 1/2 of a cup.

Why are berries so good for us? They provide potassium, magnesium, vitamins C and K, fiber, and prebiotics. Berries are among the best sources of dietary fiber in the fruit category. Brimming with antioxidants, berries can reduce inflammation and help protect us from disease. According to one study, blueberries, blackberries, and raspberries have the highest levels of these helpful antioxidants called anthocyanins (gives fruit its color) and flavanols. Flavanols, along with a healthy diet, have also been linked to protecting memory that is used to recall facts and events. Studies suggest berries may protect cells from high blood sugar levels and help increase insulin sensitivity. Importantly, these effects appear to occur in both healthy people and those with insulin resistance.



Blackberries have promising qualities that protect against neurodegeneration. These berries offer the most fiber of all the berries; one serving of blackberries contains more fiber than a serving of bran cereal. When selecting blackberries, look for darker color; this will mean sweeter fruit.

Blueberries have been reported to have protection as effective as a prescription medication against ophthalmologic disorders. They fight free radicals, which contribute to cataracts and macular degeneration. Blueberries are beneficial in bone protection, too. Blueberries contain resveratrol, an anti-inflammatory, which improves skin, lowers glucose intolerance and insulin sensitivity.





Strawberries are loaded with vitamin C. Eight medium strawberries contain 160% of the daily recommended amount the U.S. Food and Drug Administration recommends you eat every day. That's more vitamin C than you get from an orange, the fruit famous for its vitamin C.

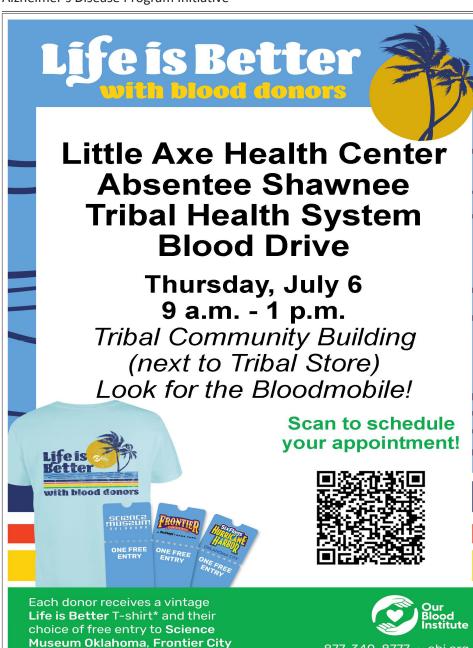
Summer berries are at their peak flavor between June and August but due to commercial farming, they are available to us year-round. Not only are berries delicious, they also contain numerous health benefits. Nutritionists recommend trying to add them to as many meals as possible or grabbing a handful as a summer snack.

Stay cool and have a happy, healthy, safe summer!

For more information on *The Savvy Caregiver in Indian Country* or *Music & Memory*, email me, Gayla Temple, at gtemple@astribe.com or adpi@astribe.com, or call **405.561.7870**. You can also visit the **Seeking Hope** webpage. Go to the **AST Health System's** website, asthealth.org, click on "Programs and Prevention" and click on "Seeking Hope".

Warmest Regards,
Gayla Temple
Dementia Care Specialist
Alzheimer's Disease Program Initiative







Bringing More to You

We are always innovating and looking for new ways to bring value to our members. AST contracts exclusively with Legacy Tribal Services to help educate, empower and inform you on how you can maximize your health benefits. This service is of no cost to you and helps us enhance everyone's experience within the tribal health system.



or Hurricane Harbor!

"Customer service was excellent- In 15 minutes I learned how Medicare will work with my tribal benefits and Mr. Triggs even got me a plan that costs me absolutely nothing extra!"

Dedicated Agent

Al Triggs has over ten years of experience working with the native population in Oklahoma. His extensive knowledge in Medicare, Medicaid and health insurance plans is unmatched. You will feel confident in his recommendations and ongoing follow up.

877-340-8777 • obi.org

Proactive Approach

Our pledge is to be comprehensive as we assess your needs and we strive to find all benefits and programs you're entitled to.

Guaranteed Satisfaction
Discovering how to get everything you're eligible for is your goal and delivering on this

promise is ours.





atsales.exec@gmail.com www.asthealth.org





July 2023 www.astribe.com 3B





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 HAM WRAP LTOP BAKED CHIPS ORANGE	CLOSED FOR INDEPENDENCE DAY	5 EGG ROLL STIR FRY VEGGIES RICE COOKIE	SPAGHETTI W/ MEAT SAUCE GARLIC BREAD TOSSED SALAD*	7 FRENCH TOAST SCRAMBLED EGGS BACON
10 COLD CUT SANDWICH LTOP CHIPS PEACHES	BURRITO SPANISH RICE REFRIED BEANS PINEAPPLE	12 CHICKEN STRIPS GREEN BEANS MASHED POT/GRAVY ROLL/PEARS	POLISH SAUSAGE CABBAGE CORNBREAD FLUFF	CEREAL SAUSAGE PATTIES FRUIT
BAKED CHICKEN VEGGIES ROLL/PEAR	PHILLY STEAK SANDWICH STEAK FRIES APPLE	CHEF SALAD HAM, CHEZ, EGGS COTTAGE CHEZ PINEAPPLES	FRITO CHILI PIE ONIONS & CHEZ MANDARIN ORANGES	21 SCRAMBLED EGGS SAUSAGE GRAVY BISCUIT
24 KRAUT AND WEINERS GREEN BEANS BREAD APPLESAUCE 31 SALISBURY STEAK MASHED POT/GRAVY BRUSSELL SPROUTS BREAD/PUDDING	TURKEY MASHED POT/GRAVY BRUSSEL SPROUTS ROLL/CAKE	26 BBQ CHICKEN BAKED BEANS MANDARIN ORANGES	GOULASH SQUASH BREAD MIXED FRUIT	BOILED EGGS SAUSAGE PATTIES FRUIT

MENU SUBJECT TO CHANGE

LUNCH SERVED MONDAY – THURSDAY 11 AM TO 1 PM BREAKFAST ON FRIDAYS- 9 AM TO 11 AM

HOMEBOUND, WE ARE **GETTING** THE **INTO** WARMER WEATHER AND IF YOU ARE USING AN ICE CHEST FOR YOUR FOOD WE WOULD LIKE FOR YOU TO PUT SOME FORM OF ICE IN THE CHEST TO HELP YOUR FOOD AND MILK FROM SPOILING. PLEASE WASH YOUR ICE CHEST ONCE OR TWICE A WEEK TO KEEP THE MOLD AND BUGS OUT, THE DRIVERS WILL NOT LEAVE ANY FOOD IN THEM.

IF YOU ARE GOING TO BE OUT OF TOWN, PLEASE LET YOUR DRIVER KNOW-IF YOU ARE NOT AT HOME FOR THREE DAYS YOU WILL BE OFF THE ROUTE UNTIL YOU CALL IN TO THE OFFICE.

ABSENTEE SHAWNEE TRIBE **SPF-PFS Grant Ensuring Hope Project.** The AST Health Services came together to host the 2nd Annual DOC Football, Fast-Pitch & Multi-Sport Camp June 7 & 8th! FOR: NATIVE YOUTH This successful event was headed by Coach AGES 9-20. Ken Heupel, bringing in coaches from all over **BRING FRIENDS AND** FAMILY. **AST Tribal member Jaylan Gibson taking part** NO MORE THAN 4 PER GROUP with the fast-pitch staff. **NEED: CHARGED CELL** SATURDAY, JULY PHONE (TO TAKE SELFIES). **Special recognition to Little Axe High School** 29,2023 CALL OR EMAIL TO RESERVE in allowing their field for this event as well TIME: 11AM-7PM A TIME SLOT. as the various program staff in their support. SHAWNEE MALL LIMITED SPOTS AVAILABLE. 4901 N. KICKAPOO A successful collaboration brought out a AVE SUITE 1584, wonderful turnout of local youth, and on SHAWNEE, OK, behalf of the Diabetes & Wellness Program, 74804 we're grateful to our community members! **FOR MORE DETAILS CONTACT ROB** AT RMEELY@ASTRIBE.COM OR 405-878-4716



2023





www.astribe.com July 2023

AST HEALTH SYSTEM DIRECTORY

LITTLE AXE HEALTH CENTER.......405-447-0300

Administration

Business Office

Little Axe Dental

Health Information Management

Lab/X.Ray

Optometry

Patient Benefit Advocates

Primary Care

Public Health

Security

Electronic Health Record

Physical Therapy

SHAWNEE CLINIC.......405-878-5850 or 877-878-4702 toll free

Administration

Business Office

Health Information Management

Lab/X-Ray

Patient Benefit Advocates

Contract Health

Physical Therapy

Primary Care

Public Health

GENERAL

AST Resource Center	405-364-7298
Corporate Compliance Hotline	405-701-7135
Patient Advocate	405-701-7623
AST Tribal Complex	405-275-4030
AST Tribal Police	405-275-3200
AST Housing	405-273-1050
COVID Hotline	405-695-1787





Two ways to renew



UPDATE YOUR CONTACT INFORMATION Update your contact information ie: mailing address, email and



phone number.

Online at mysoonercare.org



Contact a Patient Benefit Advocate



CHECK YOUR MAIL Take action quickly to avoid any disruption in your coverage.



Respond to the request for information



Bring the letter to a Patient Benefit Advocate

FOR THOSE WHO NO LONGER QUALIFY FOR **SOONERCARE COVERAGE**

If you no longer qualify for SoonerCare you could receive health insurance coverage through the Marketplace at NO COST TO YOU or the tribe.

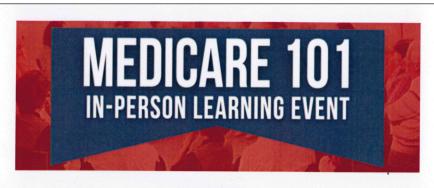
Our contracted benefits advisor Little Axe Health Center: 405-447-0300 with Legacy Tribal Services is available to assist in the Shawnee Clinic: 405-878-5850 enrollment process.

Just give us a call!

www.asthealth.org

Prevention. Progress. Pride.





You're invited to attend these FREE in-person events hosted by the Medicare Assistance Program at the Oklahoma Insurance Department. Medicare 101 will provide unbiased Medicare information and resources for Oklahomans, along with a chance to ask questions directly to CMS-trained counselors. Whether you're approaching Medicare eligibility or looking to learn more about your existing coverage, these events can help you navigate the Medicare maze.

Summer 2023 Medicare 101 Schedule:

- Monday, June 19 | 2 p.m.
- Monday, July 17 | 2 p.m.
- Monday, August 21 l 2 p.m.
- Monday, September 18 | 2 p.m.



400 N.E. 50th St. I Oklahoma City, OK 73105

All events are free & open to the public. No registration is required.



Visit www.map.oid.ok.gov for more information.