



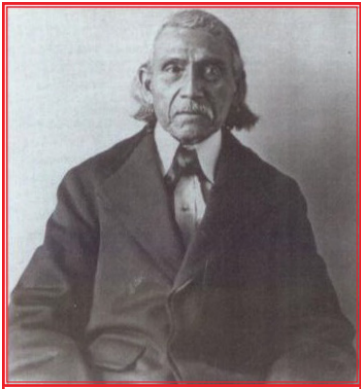
THE ABSENTEE SHAWNEE NEWS

www.atribe.com

Volume 32, No. 07

July 2022

2022 Big Jim Youth Awards Announced



Tribal Leader—Big Jim

In May 2022, the Big Jim Youth Award Selection Committee identified the tribal member who would receive these prestigious awards for their High School Academic and Athletic performance. The selection committee for these awards consisted of individuals who are either educators, coaches, or affiliated in these areas or to the area of higher education within the state of Oklahoma. None of the members of the selection committee were Absentee Shawnee Tribal members. This was incorporated into the program to maintain fairness to all applicants.

The Big Jim Youth Award Program was open to all Absentee Shawnee High School Seniors within the 50 United States. “The purpose of these awards is to recognize the outstanding contributions of our tribal youth and to promote excellence in academics and athletics in high school and beyond” said Tresha Spoon, Educational Director of the Absentee Shawnee Tribe.

Approximately 40 students have been awarded scholarships over the last decade. The 2022 awards mark 10 years of Big Jim Youth Awards.

“I am so happy that we have been able to continue to do this for 10 years and that the tribe continues to fund these scholarship each year.” said Spoon. “When I read the winning essays, it makes me proud to see how diverse our young tribal members are; not only in academics but also athletics.”

The Absentee Shawnee Tribe is excited to have played a part in their future by helping further their education. Absentee Shawnee high school seniors are encouraged to apply. Applications can be found on the website, www.atribe.com. Applications are accepted from January 1 to March 31 of each year.

Academic Achievement, \$1000.00 Scholarship

Athlete of the Year, \$1000.00 Scholarship



Kantynn Kaseca

Shawnee, Oklahoma

Parents: Kevin and Leila Kaseca

Essay: “I will graduate with a distinction of honor cord for upholding a high GPA...taking 8 or more Advanced Preparatory and Honors classes. I will also wear a Shawnee Wolf Pack cord for being involved in 4 or more activities/clubs every year of high school. I have been a part of Shawnee Leadership for 2 years serving at Shawnee schools and the food pantry. I have played baseball since the age of 4...I proudly wore the AST flag [on my little league uniforms] to represent my tribe. I have wrestled for two years... [Wrestling] has strengthened my work ethic and mental toughness. I decided to try wrestling my freshman year. I had no experience in wrestling before and made the varsity team my first year... The pandemic took away my Sophomore baseball season and an injury to my wrist my Junior year during wrestling took away my junior baseball season...I am grateful and beyond blessed the Creator has given me the opportunity to play the game I love once again. Through my high school athletic experiences I've learned that struggles don't define us, how we overcome them does...I look forward to what the rest of my baseball career has in store for me...I am a proud member of the Absentee Shawnee Tribe and look forward to presenting my Tribe and family in a positive way”

Attending: Undecided Accomplishments:

National Honor Society – 3 years

Distinction of Honor Cord – Graduation

Leadership II Class – 2 years

Varsity Wrestling Team – 2 years

Varsity Baseball Team – 4 years

Big Jim Youth Awards Celebrate 10 Years



McKinze (Cottrell) Keese

The Big Jim Youth Award Program is celebrating ten years of honoring tribal high school seniors. The program awards two scholarships to outstanding seniors. The prestigious awards are the Big Jim Academic Achievement Award and the Big Jim Athlete of the Year.

The awards were created in 2012 by former Secretary Teri Reed. “I wanted to make a difference in several areas where I thought we, as a tribal government, needed to make some improvements that would benefit all tribal members.” Reed said. “I wanted to encourage and develop our younger tribal members to greater heights in their pursuit of higher education and successful careers.”

Reed is ecstatic that the program is continuing to encourage our young people to strive for greater achievements. “Kudos to Tresha Spoon and the education department for keeping it going. I know it's a lot of work and takes a lot of attention to detail to make it happen.”

“Initiating this program and helping to develop it to fruition was a rewarding experience. But that feeling doesn't

compare with what I took away from this experience. I met a lot of successful, hard-working, and enthusiastic young tribal members who were grateful that the tribe recognized their value.” said Reed.

One of the first winners of the Big Jim Academic Achievement awards was McKinze (Cottrell) Keese. She went on to graduate from Oklahoma State University with a Bachelor of Science in Nutritional Sciences and attended Oklahoma City University for nursing school and finishing with her Bachelor of Science in Nursing, summa cum laude, in 2018. She is currently working at Saint Francis South in Tulsa as a labor and delivery nurse.

This year's winner is Kantynn Kaseca of Shawnee. He is the winner of both the Big Jim Academic Achievement Award and the Big Jim Athlete of the Year.

The awards are open to males and females seniors in all 50 states. The winners are selected by the Big Jim Youth Award Development Committee. None of the committee members are Absentee Shawnee tribal members.

Tecumseh returns to Darke County with emotional statue unveiling

GREENVILLE—In conjunction with the Darke County Park District's 50th anniversary, the Darke County Parks District (DC Parks) held the inaugural installation of the Darke County Art Trail on Friday afternoon at the Shawnee Prairie Nature Preserve.

The Darke County Center for the Arts (DCCA) started the plans in 2020, for the Darke County Public Art Trail as part of their initiative to showcase public artworks available to Darke County residents.

The event honored Shawnee warrior Tecumseh, and welcomed him back to Darke County, where he lived 225 years ago. With help from the Absentee Shawnee, the Eastern Shawnee and the Shawnee tribes, DCCA and DC Parks unveiled a sculpture of Tecumseh made by Joshua Shepherd, of Union City, Ind.

Shepherd also created the Little Turtle statue in the Greenville City Park.

Funds of \$40,000 for the project were secured through State Senator Matt Huffman's office from the Ohio Capital Budget, with hopes that additional funding will be granted for future installations throughout the county.

With dignitaries from the local, state and federal levels, as well as around 200 guests in attendance, Roger Van Frank, DC Parks Director said the event is a great milestone for the parks.

“The Tecumseh statue is the final product of hard

work and collaboration of the Darke County Center for the Arts, the Darke County Park District and of course the State of Ohio, along with all of the capital funds that have gone into this project,” he said. “We thank the state for that. It could not have been done without it.”

In addition to celebrating the DC Parks anniversary and the Art Trail, the event also marked a professional milestone of Van Frank's as well.

“It's been a labor of love for me,” he said. “I'm going to get choked up, because I'm going to retire in December. This is my last big hurrah. So, let's make it a good one.”

Multiple leaders within the Absentee Shawnee, Eastern Shawnee and Shawnee tribes attended the event.

Chief Glenna Wallace, of the Eastern Shawnee, said while her tribe was the first to be removed from Ohio in 1832, Ohio will always be home.

“We took everything that we owned, with the exception that we always left part of our heart here,” she said. “That part of the heart is still always here. Ohio will always be our home land.”

Following her remarks, Chief Wallace handed out several historical Shawnee tribe lapel pins to attendees.

Governor John R. Johnson, of the Absentee Shawnee, became emotional when he discussed Tecum-



L-R: Eastern Shawnee Chief Glenna Wallace, AST Secretary Alicia Miller; AST Governor John Johnson. (Photo by Gaylen Blosser)

seh's legacy.

“He surrounded all the other tribes to fight for the land to keep the sellers from coming in years ago in the 1800s,” he said. “It was written, ‘A man with remarkable charisma, intelligent, bravery, strength.’ He spent his whole life fighting for independence and unity.”

Originally published on DarkeCountyNow.com By Abigail Miller /Editor



GOVERNOR
John Johnson



Lt. GOVERNOR
Ezra DeLodge



SECRETARY
Alicia Miller



TREASURER
Joseph Blanchard



REPRESENTATIVE
DeWayne Wilson



GOVERNOR’S REPORT

John Johnson, AST Governor

Hello tribal members,
Summer is in full swing with hot weather and lots of sunshine. I hope everyone enjoyed the 4th of July holiday. There is nothing better than being with family, having a cookout and watching fireworks with watermelon in your hands.
On June 9th I had the privilege of attending the Sovereignty Symposium at the Skirvin Hotel in Oklahoma City. I was able to attend sessions that were about health and wellbeing, gaming, economic development and tribal law. Many of the states tribal leaders were in attendance. It

LT. GOVERNOR’S REPORT

Ezra DeLodge, AST Lt. Governor

Tribal Members,
I hope all is well and we are doing our best to stay hydrated during these hot summer months. Please see below for department updates. If you have any questions or concerns please contact me by email ezrad@astrobe.com, call my office 405-275-4030 x 6253 or cell 405-432-0733.
Maintenance:
The Maintenance staff has been busy cutting grass and removing trees that was damaged during the storms on the complex and also completing 27 work orders since 5/12/22. The housekeepers have been working hard cleaning and keeping buildings sanitized and disinfected. I want to say thank you to the maintenance staff and housekeepers for all their hard work.

OEH:
In total for 2022 OEH has assisted Tribal members with 40 different septic renovations and installations, water well drilling and installations, well renovations, and community water connections.
For 2022, we have collected, processed, and recycled 22 bales of shredded office paper and cardboard equaling roughly 17 tons of recyclable waste that has been diverted from landfills.
Construction on the Youth Camp cabins, and bathhouse have been complete. We are currently awaiting approval of the loop road to complete the entry gate.
We are currently finalizing the plans for the new Police Safety Center. Starr Design Group will be signing off on the completed specifications and plans and we will be advertising for bids for general contractor in the coming weeks.
We would like to remind Tribal Mem-

SECRETARY’S REPORT

Alicia Miller, AST Secretary

Ho wa se ke sa ke!
This year there has been a larger educational push to increase Native American voter turnout for public office elections. In March, many Oklahoma tribes and community partners have launched a “Vote Your Values OK” campaign to encourage more Native Americans to register and participate in local, state and national elections. To state the obvious, we are in a state with a large Native population. However, our poll participation is consistently low-too low. There are many reasons why our people do not vote. One in particular has been evidence of discriminatory practices thus suppressing tribal voices. Many have said to me in the past they only vote in tribal elections. I understand and I think it is great, but we also must think about the bigger picture. Break through those barriers because now is the time. Majority of people who are elected to local, state and national bodies of government are not knowledgeable of tribes (themselves) and Indian law in general nor are they knowledgeable about true tribal history and purpose of Indian law. This results in attacks through government actions and legislation on tribal sovereignty. Those who are in those seats indeed make a difference for all tribes. What the tribes have experienced at the state level with gaming compacts some are now experiencing with their tobacco compacts (not us fortunately at this time) and in other areas – relations are definitely strained and it is more important than ever to have your voice heard through your vote at the polls this coming November. We are slowly seeing some advancement of tribal people in state/national offices and it is so exciting to see! From our young generations to our young-at-heart generations, it is so important to have

is always great when I am able to network with other tribal leaders.
I was recently contacted by the director of the Darke County Park District in Greenville, Ohio, Roger Van Frank. He invited the EC to the unveiling of a statue of the great Shawnee warrior Tecumseh. The statue is part of the Art Trail which is newly created to recognize already exiting artistic treasures as well as newly commissioned pieces as they work to honor their community’s heritage and enhance the future. On June 17th and 18th Secretary Miller and I attended this event which was a celebration of not only the opening of the Art Trail but also the fiftieth anniversary of the Darke County Park

bers that if they see any activities related to illegal dumping of trash or other discarded items on Tribal lands to please contact OEH at the email or phone number listed below.
Jarrod Lloyd
OEH&E Director
jlloyd@astrobe.com - (405) 214-4235
Self-Governance Department:
We are having zoom meetings and phone conferences with various tribes regarding PL 102-477. Many tribes that are similar to us in population that have changed to 477 are doing well. For most tribes CCDF, Education, and Social Services are some of the programs that have been integrated into a 477 Plan. At this time we are keeping our options open and will continue to research as time allows. We want to make sure we choose the best option for the tribe.
At the end of May I attended RIFDS Training. We are currently in the process of getting a Safety Transportation Plan in place as well as a Long Range Transportation Plan. Many of our Routes are old so they will be updated in the RIFDS system within a few months. If you have any questions please feel free to reach out to me at (405) 275-4030 or TwylaB@astrobe.com
Housing Improvement Program:
I am currently working on four homes in the Little Axe area. My next four homes will be in the Shawnee area. With the rainy season coming to an end the repair process should move a little faster. We are still dealing with material availability such as window panes and mobile home products. The elderly will be processed first then the remaining applicants. If you have any questions, you can contact me by phone (405) 827-4311 or e-mail dmarshall@astrobe.com
Land Management Program:

your voice heard through your actions at the poll. I, myself, have been registered to vote since I was 18 years old and I exercise my state and national right at every opportunity. It is time to break down these barriers, get educated on the issues and what it means for our people, get registered and vote.
It was my great pleasure to represent the Absentee Shawnee Tribe in Greenville, Ohio at the invitation of Darke County Park District/Shawnee Prairie Preserve for the unveiling of a statue of Tecumseh. The AST, the Eastern Shawnee Tribe and the Shawnee Tribe stood together to witness this great moment. I have to admit it was an emotional one. To stand on the hallowed ground where Prophet’s Town once existed and to be welcomed home again-it was simply incredible. Those who were local who attended the ceremony where just as excited to have us there and their hospitality was immeasurable. While the Treaty of Greenville was an atrocious act for the Shawnee and the history that followed, what I can say is that we are still here! Here to go back to our homelands. Again, the feeling in that moment standing there was truly indescribable and I highly recommend for anyone to visit this area. It felt like home.
The tribal website has a new added section for AST member obituaries. To view, go to www.astrobe.com, under the Announcements & Events tab, and scroll to the obituaries tab and click to view. To submit, please submit a copy of the funeral write up/death notice to media@astrobe.com with details, if needed. Only one picture per obituary please. This new section was added due to the high cost of submitting obituaries to outside newspapers (if you run the obit separately from the funeral home submission). We feel this is important to share for tribal families.
Our June EC meetings, I presented 2 important resolutions I feel will have

District. This district is located very near the spot where Tecumseh lived during his time in Ohio.
The application process is now open for the Summer ARPA Welfare Assistance. Tribal members that are 18 years old as of June 1st 2021 can receive \$1500. This payment will be by check and mailed to your address on the application. The deadline for the assistance is September 30, 2022 at 5pm. Be sure to go on the AST website and get more information and to fill out your application.
In closing, I hope you enjoy the summer months. Try to stay hydrated and stay aware of the heat index. Heat illnesses are not something to take lightly.

Land Management has completed Resource Center project with tree removal and will be doing some upcoming projects for BIA and Tribe. We are still working with Agricultural department projects at the farm.
Agriculture:
The agricultural department had great success with hosting our fishing derby that happened on May 27, 2022, Fishin’ for Nutrition! We had 50 participants and many great catches! The biggest catch of the day was a 17 in long bass. Along with prizes given away for our fishing tournament, we were able to give every child a fishing pole that they could take home. Ag Department would like to shout out and thank the Executive Committee, AST ICW, AST CCDF, Lisa Harrington, and Supreme pest control for all prize donations and participation to make this event possible. We have thoughts of hosting another fishing event in September, so be on the lookout for future announcements.
Our focus after the fishing derby was maintenance of our crops, preparing for harvesting, and our first annual 5k Cross Country and Mile walk/ fun run event. We would like to thank all tribal entities for participation and support for our 5k Cross Country event. We would also like to thank all participants for your participation and braving the weather along with the course conditions! We are planning to make this an annual event for years to come and look forward to more participants. Be on the lookout for pictures and announcements on the Absentee Shawnee tribe’s website and Facebook page. If you have any questions please contact by phone at (405) 275-4030 EXT. 6263 or by email at agricultural@astrobe.com

Respectfully,
Lt. Governor DeLodge

great impact for our tribal members. I am happy to announce we are supplementing the children’s school clothing allowance each year until 2024! We are supplementing \$300 (of ARPA funds) for each child, attending school on top of the \$200 they are currently receiving. Our school-aged children will be getting a \$500 direct benefit, to include this year, for 3 years. Also, we will be accepting HAF applications again beginning on Monday, July 5, 2022. AST’s HAF plan submitted to the Treasury back in November was finally APPROVED!! We received the remaining 90%. Last year, we received the 10% and had to submit a workable plan for approval to obtain the remaining amount of funds allotted to the AST. This is such a great program; however, we also must remind everyone this is an income-based program (Treasury’s requirements, not ours) and this is not a quick turnaround program...it takes time to vet an application because the dollar amount is greater than usual and the areas of assistance require more time to authenticate, if all of that makes sense.
In closing, the numbers are slowly starting to creep up in regards to COVID-19. Please stay safe, plan ahead, consider masking up when in large groups, especially indoors, and remember vaccines are still available. It is July so be sure to check on your elders in this hot weather – be sure to know the signs of heat stroke and help them to take precautions so this doesn’t happen to them. In the meantime, I look forward to seeing you at the AST Agriculture’s 1st Annual 5K Run/Walk (Running to Produce) and Thunderbird Pow-Wow!

Si li no ke ka no la. Ne yi wa.

Alicia Miller
Tribal Secretary
(405) 287-5247

WE ARE HIRING!

The AST After School Program in Shawnee, OK is looking for part-time Tutors to help school age children with homework and after school activities.

OPEN POSITIONS

- ASP Driver (2)
- ASP Tutor (3)

APPLY NOW!

QUESTIONS?
Phone: 405-445-6000
Fax: 405-878-0156
Email: ASTChildCare@astribe.com







CULTURAL PRESERVATION DEPARTMENT

TRIBAL HISTORIC PRESERVATION BOARD (THPB)

FIVE (5) KNOWLEDGEABLE TRIBAL MEMBERS WHOSE INSIGHT & EDUCATION WILL CONTRIBUTE TO THE WORK OF **THPO STAFF ON SECTION 106-RELATED TOPICS**, AS OUTLINED IN THE NATIONAL HISTORIC PRESERVATION ACT, THROUGH MEANINGFUL DIALOGUE AT BOARD MEETINGS. HONORARIUMS ISSUED TO ACTIVE THPB MEMBERS.

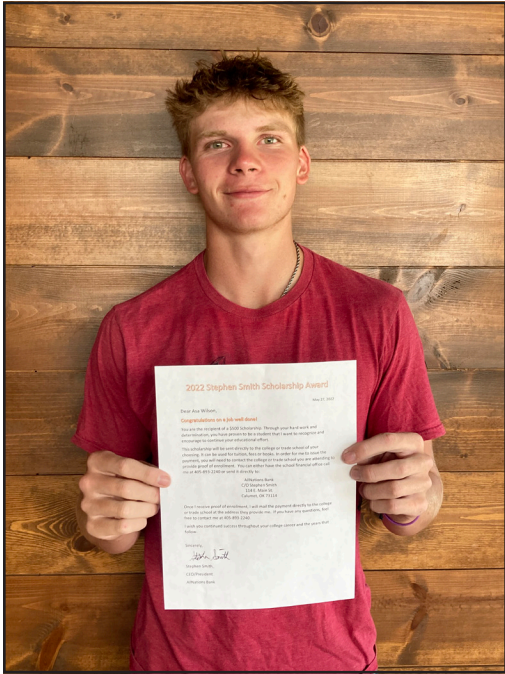
Send your Letter of Interest & Resume to:

Tribal Secretary
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
secretary@astribe.com

AllNations Bank Awards Scholarships to Tribal Members



The AllNations Bank \$500 Scholarship Winner is Alena Deer from Perkins, OK. She attended Sequoyah High School. Pictured L-R: AST Treasurer Joseph Blanchard, Alena Deer, AllNations Bank President Steven Smith and AllNations Bank Shawnee Branch Manager Cindy Sims



The Steven Smith, Bank President, \$500 Scholarship Winner is Asa Wilson from Richards, MO. He attended Nevada High School.

☆ Congratulations! ☆



AST tribal members Dakota (Bear) Little Charley (#57) and Wesley (Jakey) Lovins (#53) were selected to play in the CPN All-Star Game that was held on June 3rd at OBU. Both men graduates of Little Axe represented their school and the Absentee Shawnee Tribe.

Dakota is the son of Darrol and Becca Little Charley-Davis, Grandson of Linda and the late War Chief Bucky Little Charley, grandson of Chelle Foreman and Great Grandson of Zelda Foreman.

Jakey is the son of Earl and Stacy Lovins, and Grandson of JoAnn Johnson Lovins.

The AST Veterans Association Presents Certificate to Business Owner



The AST Veterans Association presented a certificate of appreciation to Theresa Cody, owner of Uncommon Threads for her service and support.

Back L-R – AST Representative DeWayne Wilson; AST Veterans Administrative Officer Twila Parker; AST Veterans Chaplain Officer Don Schulenberg; AST Veterans Commander Jason Bender.

Front L-R, Theresa Cody; AST Veterans Operations Officer Esteline Schulenberg



IN THE TRIAL COURT OF
THE ABSENTEE SHAWNEE TRIBE OF OKLAHOMA
SHAWNEE, OKLAHOMA 74801

In the matter of)
Gomez) Case No. PG-2022-07
)
)
)
)
)

AFFIDAVIT TO OBTAIN SERVICE BY PUBLICATION

THE ABSENTEE SHAWNEE TRIBE OF INDIANS)
SHAWNEE, OKLAHOMA) \$.

Dana Haumpy being duly sworn upon oath states:

That she/he is the Plaintiff Dana Haumpy above-named, and that on the 3 day of June, 2022, said Plaintiff filed in this Court a Petition against Defendant :and this is one of the class of cases prescribed by the Statutes of the Absentee Shawnee Tribe of Indians of Oklahoma, and is absent therefrom, and that with and after the exercise of due diligence, said Plaintiff is unable to make personal service upon said Defendant, Hawk Gomez, within the jurisdiction of the Absentee Shawnee Tribe, and that Plaintiff wishes to obtain service upon the said Defendant by publication as provided by law. (AST CODE OF LAWS, Section 205, Section 206 and Section 209)

Dana Haumpy
PLAINTIFF

Subscribed and sworn to before me this 3 day of June, 2022.

Ashley Stanley
NOTARY PUBLIC

My Commission Expires: June 23, 2024

SEAL
ASHLEY STANLEY
Notary Public - State of Oklahoma
Commission Number 20007499
My Commission Expires Jun 23, 2024

ABSENTEE SHAWNEE TRIBE

BOARD VACANCIES

IF YOU ARE INTERESTED IN SERVING ON ONE OF THE FOLLOWING BOARDS, COMMISSIONS, COMMITTEES OR COUNCILS:

ASEDA
CULTURAL ADVISORY BOARD
FOSTER CARE LICENSING COMMITTEE
GAMING COMMISSION
HEALTH
TAX COMMISSION
TEC

PLEASE SUBMIT YOUR LETTERS OF INTEREST WITH RESUME ATTACHED TO:



Tribal Secretary
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
secretary@astribe.com

AST Veterans Attend Veteran’s Mission 22 War at Home Memorial Dedication Ceremony



Just turned 18?????

MAKE SURE YOU REGISTER TO VOTE

FOR THE UPCOMING STATE ELECTIONS

BECAUSE YOUR VOTE MATTERS

Cultural Preservation Department

Day to day operations have continued to be carried out by each program coordinator to ensure the department as a whole continues to function properly. Following is a breakdown of each departmental program’s most recent activities.



Gift Shop
We are happy to announce the gift shop is open to all customers for in-store shopping! We have two locations for your shopping convenience. Our Shawnee Gift Shop is located at the complex in the Cultural Preservation building (building 6), and our Little Axe Gift Shop is located in the lobby of the Little Axe Health Center. We are open in Shawnee Monday – Friday 8 a.m. to 5 p.m. and once a month, usually at the end of the month, in Little Axe from 9 a.m. to 3 p.m.
We are still having a **SALE!** The sale includes such items as t-shirts, hoodies, polo shirts, button down blouses/shirts, and shoes. The items are priced to move, so please stop by and have a look!!
We continue to look and reach out to new businesses especially Native American owned businesses and vendors in hopes of bringing in new inventory. Also, we are currently ordering new logo bearing merchandise. So, please be on the lookout for these items over the next month.
If you haven’t been in our store recently, please stop by either location. Maybe you will find something you cannot pass on.

Library
We are happy to announce that we have opened the library to the public! Please come in and visit. We have a wide variety of resources available for checkout, and many magazines, newspapers and journals for your reading leisure. We look forward to serving your informational needs!

THPO
The THPO Program continues to make great strides and advancements. The THPO staff has steadily been receiving Section 106 projects from various Federal Agencies. Over the past month, the THPO Officer, Mrs. Devon Frazier-Smith, has received 478 new Section 106 projects for review. In conjunction with receiving projects, the program has consulted on 403 projects. These projects were completed in 17 of our 25 areas of interest/states. The THPO has also taken part in 18 teleconference calls as it concerns Section 106 projects as well as NAGPRA cases. These calls were with such Federal Agencies as Tennessee Valley Authority, the National Park Service, and the Department of Transportation for Texas and Wisconsin.
From May 17th through the 19th, Mrs. Frazier-Smith attended the 2022 TVA Annual Tribal Consultation. At this consultation, topics covered were new and old projects, upcoming programmatic agreements, trainings, and NAGPRA updates.

FCC/TCNS
The THPO Program continues to make great strides and advancements. The THPO staff has steadily been receiving Section 106 projects from various Federal Agencies. Over the past month, the THPO Officer, Mrs. Devon Frazier-Smith, has received 478 new Section 106 projects for review. In conjunction with receiving projects, the program has consulted on 403 projects. These projects were completed in 17 of our 25 areas of interest/states. The THPO has also taken part in 18 teleconference calls as it concerns Section 106 projects as well as NAGPRA cases. These calls were with such Federal Agencies as Tennessee Valley Authority, the National Park Service, and the Department of Transportation for Texas and Wisconsin.
From May 17th through the 19th, Mrs. Frazier-Smith attended the 2022 TVA Annual Tribal Consultation. At this consultation, topics covered were new and old projects, upcoming programmatic agreements, trainings, and NAGPRA updates.

EVENTS
At the current time, we have no scheduled events, but we are in the planning stages. Please be on the look-out for announcements on the website and Facebook.

Your concerns are important to us. We thank you for the continued support of our department as we continue to make changes to our programs to better serve the Tribal community. Please feel free to contact me, Carol Butler, at 405-275-4030 ext. 6245 or cbutler@astribe.com if you have any questions or concerns.

New National Maternal Mental Health Hotline

The new National Maternal Mental Health Hotline provides 24/7, free, confidential support, resources and referrals to any pregnant and postpartum mothers facing mental health challenges and their loved ones. The service is available via phone and text in English or Spanish.

Call or text, 1-833-9-HELP4MOMS (1-833-943-5746) to connect with counselors at the National Maternal Mental Health Hotline.

Pregnancy and a new baby can bring a range of emotions. In fact, many women feel overwhelmed, sad, or anxious at different times during their pregnancy and even after the baby is born. For many women, these feelings go away on their own. But for some women, these emotions are more serious and may stay for months.

The National Maternal Mental Health Hotline’s counselors provide real-time emotional support, encouragement, information, and referrals. Pregnant and postpartum women can get the help and resources they need, when they need it.

Are you a new parent and feeling sad, worried, overwhelmed, or concerned that you aren’t good enough? You aren’t alone. You aren’t to blame. With help, you can feel better. **Call or text, 1-833-9-HELP4MOMS (1-833-943-5746) to connect with counselors at the National Maternal Mental Health Hotline.** Learn more at www.MCHB.HRSA.gov/national-maternal-mental-health-hotline

Is it the baby blues or something more?



For Support, Understanding, and Resources, CALL OR TEXT 1-833-9-HELP4MOMS 1-833-943-5746

Free - Confidential - Available 24/7



Absentee Shawnee Tribe of Oklahoma
Building Blocks C.D.C.
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 878-0633
Fax: (405) 878-0156

Building Blocks II

Building Blocks has 56 children enrolled in our center at this time. We are accepting waiting list applications for all of our classrooms. If you are interested in putting your child on our waiting list please call and we can email you a waiting list application or stop by to pick one up.

Building Blocks is accepting employee applications. Please visit <https://www.astribe.com/employment> for available job positions and to fill out an employment application.

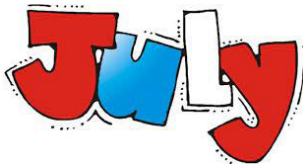
Building Blocks was excited to be able to invite the Dads to Donuts with Dads and be able to eat with their child at our center. We appreciate those who came to breakfast with the children. We look forward to being able to invite the parents in to more exciting parent events with their children.

Building Blocks will be closed Friday, July 1st and Monday, July 4th for celebration of Independence Day. Hope everyone has a safe and wonderful 4th of July weekend. Be safe, stay cool and we will see you back at Building Blocks on Tuesday, July 5th.

Enjoy the Summer and Have a Great July!



Absentee Shawnee Tribe of Oklahoma
Building Blocks C.D.C.
16051 Little Axe Dr.
Norman, OK 73026
(405) 360-2710
Fax: (405) 360-2726



Building Blocks III

We are open to the public and ONLY accepting waitlist applications at this time. If you are interested in your child attending Building Blocks Child Development Center III, please call (405)360-2710.

We hope you are enjoying your summer, because we sure are! This past month our school age children have been able to go on lots of fun and educational field trips and our younger students have enjoyed the warm weather with weekly water play days! Please enjoy a few pictures we captured in July.

You can find us on Facebook @ AST Building Blocks Child Development Center III-Little Axe Page to see all the latest updates.

Holiday Hours for Friday, July 1st will be from 7am-11am.

We will also be closed Monday, July 4th in observation of Independence Day.

Field trip to Tiger Safari



Toddlers out for a stroll



Water Play Day



LIHEAP CARES ASSISTANCE



Southwest Throw, Heater, Box Fan or Air Purifier

The following items are eligible for LIHEAP participants that are enrolled with a federally recognized tribe and live in Cleveland & Pottawatomie counties. For more questions or application, please call Social Service at (405) 878-4723.

Absentee Shawnee Tribe's Domestic Violence Department



Our mission is to:
Eliminate violence in Native Country and to strengthen Native families to end the cycle of violence.

We help with:
Domestic Violence
Sexual Assault
Dating Violence
Stalking
Sex Trafficking

Our services are confidential and include:

Safety Planning
Emergency Assistance
Court Advocacy
Shelter Placement Assistance
Referrals

Must be intimate partner related violence and the victim must be fleeing the home/situation

Who we serve:
Natives and non-Natives
LGBTQ2S+
Any Religion
Any income level
EVERYONE

Where we serve:
Because we are federally funded we get to serve all populations within our *service area, which includes Cleveland, Oklahoma and Pottawatomie counties.

*If you are AST and outside the service area, please call our office and we will see what we can do to help you.

Contact Us:

Office Line 405.273.2888

Fax 405.273.1192

Webpage <https://www.astribe.com/domestic-violence>
Link to intake <https://www.astribe.com/forms/victim-intake>



@ASTRisingWarrior

For emergencies call 911 or AST PD @ 405.275.3200



Happy 1st Birthday
Bb! We love you today,
tomorrow and always.
Mama & Daddy

≡ HAPPY ≡


Birthday



We would like to wish a
Happy 1st Birthday to
**Karter S.
Robertson**


With so much love from
all of your family!

Happy Birthday




Happy 90th Birthday to
Loretta Brokeshoulder Graves
Schwarz-Reed!! Loretta is the
oldest of 10 from the Clifton
and Minnie Brokeshoulder
family. The Brokeshoulder
Renuion was just held June
10-11 and relatives were there
to celebrate Loretta’s big
birthday. Love and Hugs From
All of Your Family!

Happy Birthday




We would like to
wish **Leland Scott
Robertson** a very
Happy Birthday,
much love from your
Mom and family.
We love you

Happy Birthday



Happy Heavenly 79th Birthday to our
Momma!! Missing you so very much!!
Home is not the same without you.
We love & miss you.
Love Sherrie & BJ

Granny
Heavenly 79th Birthday!!
We miss & love you very much!!
Joplin, Jilian & Justin



The Absentee Shawnee Tribe held a graduation celebration June 15 at the Multi-Purpose Building for the 2022 AST high school graduates.

Photo L-R: Secretary Alicia Miller; Lt. Governor Ezra DeLodge; Treasurer Joseph Blanchard; Cyril High School graduate J.D. Goombi; Representative DeWayne Wilson; Sequoyah High School graduate Alena Deer; Governor John Johnson

Agriculture Department Fishin' For Nutrition





ABSENTEE SHAWNEE TRIBE
OF INDIANS OF OKLAHOMA

PHONE DIRECTORY - DIRECT NUMBERS

AST Complex – (405) 275-4030	Toll Free - 800-256-3341
All Nations Bank.....(405) 273-0202	
Brendle Corner.....(405) 447-3372	
Building Blocks.....(405) 878-0633	
Building Blocks III LA.....(405) 360-2710	
Court.....(405) 481-8575	
Domestic Violence.....(405) 273-2888	
Enrollment.....(405) 481-8650	
Food Pantry.....(405) 481-8640	
Gaming Commission.....(405) 360-9270 x1110	
Housing Authority.....(405) 275-1050	
Human Resources.....(405) 275-1468	
ICW.....(405) 395-4490	
Media.....(405) 598-1279	
OEH/OEP.....(405) 214-4235	
Police.....(405) 275-3200/275-3432	
Social Services.....(405) 878-4723	
Tax Commission.....(405) 481-8600	
Thunderbird Casino Norman.....(405) 360-9270	
Thunderbird Casino Shawnee.....(405) 273-2679	
Tribal Store Little Axe.....(405) 364-0668	

The Absentee Shawnee Complex will be Closed
Monday, July 4, 2022
For Independence Day

AllNations Bank

Ask about “AST Preferred Checking” and our debit card that honors the Absentee Shawnee Tribe!



You can either be an Absentee Shawnee Tribe Member or an Employee of the Tribe or one of the Absentee Shawnee Tribe’s businesses. Account features include:

- ❖ Free Value Checks
- ❖ .25% rate reduction with auto debit on consumer loan rates
- ❖ Interest bearing account
- ❖ \$25.00 minimum to open the account
- ❖ No minimum to earn interest
- ❖ No monthly maintenance fee
- ❖ Free direct deposit option
- ❖ Free ATM/Debit Card
- ❖ Free Online Banking & Bill Pay
- ❖ Free Online Electronic Banking Statement
- ❖ Free check images with statement
- ❖ Free 1 year rental of a 3x5 safe deposit box or 6 months free rental of a 5x10 safe deposit box (based on availability)
- ❖ Free Notary Service
- ❖ FDIC Insured

Contact bank staff for more information
2023 S. Gordon Cooper Dr., Shawnee, OK 74801, PH (405) 273-0202
114 E. Main St., Calumet, OK 73014, PH (405) 893-2240

Member
FDIC



107 North Kimberly
Shawnee, OK 74801
Phone (405) 273-1050
Website www.ashousingauthority.com

2022 Housing Programs

Low Rent

Lease to Own

Safe Shelter Housing

College Housing Rental Assistance

Down Payment Assistance

Home Rehab Assistance

Rental & Lease to Own for Over-Income

Tiny Home Purchase Program

Please visit our website or contact our office for further details on program requirements.



ABSENTEE SHAWNEE TRIBAL

HEALTH SYSTEM

Prevention. Progress. Pride.



www.asthealth.org

July 2022

Section B



ASTHS July 2022 Monthly Update

Appreciating and Caring for our Elder Population

Elders are the cornerstone of any vibrant and thriving society. In our modern society today our senior citizens are sometimes forgotten and overlooked in our busy lives. Many Elders today suffer from loneliness due to a loss of a life-long spouse or children, and in some cases, both, leaving them lonely and without necessary caretaker support in their golden years. The two year pandemic has only worsened those conditions. Some Elders also have seen their families move away great distances due to employment, marriage, or to provide care for other family members. Within Native American Tribes our Elders all play a vital role in perpetuating the oral and traditional history of the language, culture, religion, and traditions that when they become lost, they are gone forever.

President Biden released a proclamation last month on June 15th for World Elder Abuse Awareness Day. The purpose of this proclamation was to join the international community to raise awareness and help end elder abuse here at home and across the world. Elder abuse takes many forms, such as financial, emotional, physical, and sexual harm, including intimate partner violence in later life. It often comes in the form of neglect, abandonment, or exploitation. It is estimated that approximately 1 in 10 elderly Americans are abused annually. However, many of those who are abused suffer in silence, and many cases are never reported or brought to light. In the past few years, while the pandemic isolated all of us to different extents, it especially exacerbated the isolation felt by too many older adults. All of us have a role to play in preventing elder abuse and ensuring that our Nation's seniors are able to age with dignity. With a majority of elder abuse victims being women, the Biden Administration remains focused particularly on improving support for all women and preventing and addressing gender-based violence that impacts older adults both domestically and abroad. Not just on World Elder Abuse Awareness Day, but every day, let us all recommit to delivering for all older Americans, especially our Tribal Elders, the promise of a comfortable and peaceful life with dignity. We all need to reaffirm our commitment to a life free from the scourge of abuse and neglect and join together in celebrating the essential role older adults play in each of our lives.

The 7 Different Types of Elder Abuse:

1. Neglect.
2. Physical Abuse.
3. Sexual Abuse.
4. Abandonment.
5. Emotional or Psychological Abuse.
6. Financial Abuse.
7. Self-Neglect.

When someone with power over an elderly person intentionally harms them or puts them at risk of harm, their actions - or lack of action - are considered elder abuse. Elder abuse isn't just one action or inaction and it can take many forms. All types of elder abuse can lead to devastating consequences, including physical and/or emotional harm and even death. Let's all work together to honor all of our Elders, and work to protect the treasures of our past, present, and future!

Please join us in congratulating our July Monthly Employee Award Winners this month! We are proud of all of our professionals and team players, for all they do daily to make our programs succeed and take care of our patients!

July 2022 Health Employee Awards of the Month

Employee of the Month: Tara Swalla, AST Health System Pharmacy Insurance Inventory Specialist

Team of the Month: AST Health System's Pharmacy Team (both campuses)

Special Leadership Award: Kara Gouge, AST Health Medical Materials Handler

Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director, AST Health System

EVERY DAY, APPROXIMATELY **130** AMERICANS DIE BY SUICIDE
THAT AMOUNTS TO **ONE DEATH BY SUICIDE** EVERY **11 MINUTES**

The Absentee Shawnee Tribe's Native Connections Grant presents:

QPR
INSTITUTE

Question. Persuade. Refer.

SUICIDE PREVENTION WORKSHOP

QPR (Question, Persuade, Refer) Gatekeeper Training

FREE & VIRTUAL VIA GOTOMEETING

FIRST WED. OF EVERY MONTH 11:00AM - 12:00PM

*Learn how you can make a difference in your community by
questioning, persuading, and referring someone to help!*

To register for the next one-hour virtual QPR training
session, complete the form at <https://rb.gy/8wkt0m>

For more information, please contact Angela
Gonzalez, Native Connections Coordinator, at
agonzalez@astribe.com or (405) 561-7811.



HOSTED BY THE ABSENTEE SHAWNEE TRIBE'S NATIVE CONNECTIONS GRANT

INTERTRIBAL YOUTH ADVISORY BOARD

A way for **YOUR** voice to be heard in your community!

WE MEET EVERY FRIDAY AT 4:00PM VIA GOTOMEETING

**LEADERSHIP OPPORTUNITIES, COMMUNITY SERVICE
PROJECTS, MAKE CONNECTIONS, & MORE!**

Fill out the interest form to join: <https://rb.gy/e7brej>



OPEN TO NATIVE YOUTH AGES 12-24



FOR MORE INFORMATION CONTACT ANGELA GONZALEZ (NATIVE CONNECTIONS
COORDINATOR) AT AGONZALEZ@ASTRIBE.COM OR 405.561.7811.

UPDATED PHARMACY MAIL POLICIES



Please be advised:

It is solely the responsibility of the patient to confirm the desired shipping address for mailing of any medication from our Health System Pharmacies. Failure to do so may result in shipping delays.

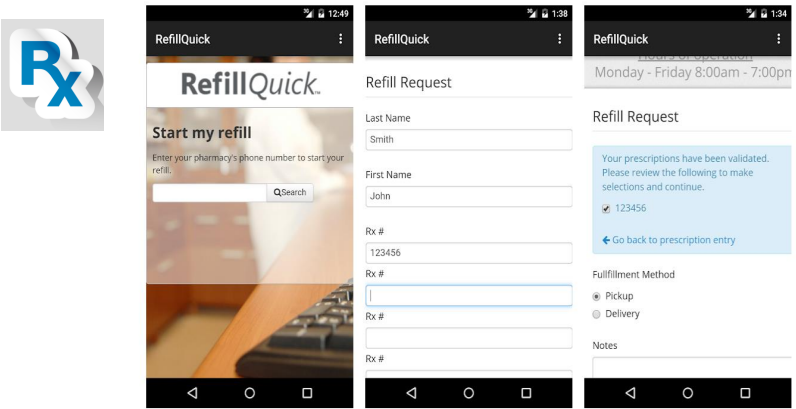
Please ensure all address changes are made directly with the pharmacy staff regardless of any changes made elsewhere in the health system. Not all systems communicate with each other if changes are made.

As our clinics continue to grow and mail volume increases, the above policies will help ensure you continue to receive prompt and accurate mail delivery of your prescription medications. We appreciate your anticipated assistance in this matter.

Thank you!

REFILLQUICK APP STEP BY STEP INSTRUCTIONS

- Download the RefillQuick App on your Apple or Android device
- Open the app and enter your preferred pharmacy phone number, this will be saved as your default pharmacy in the future: LAHC 405.292.9530 Shawnee Clinic 405.878.5859
- Enter your information in the refill request boxes and submit
- Once submitted you will see a prescription validation message. If you do not see this check your prescription numbers and for correct spelling of name



RefillQuick

Start my refill

Enter your pharmacy's phone number to start your refill.

Q Search

Refill Request

Last Name
[Smith]

First Name
[John]

Rx #
[123456]

Rx #
[]

Rx #
[]

Rx #
[]

Refill Request

Your prescriptions have been validated. Please review the following to make selections and continue.

☒ 123456

Go back to prescription entry

Fulfillment Method

☒ Pickup

☐ Delivery

Notes

**For a "Pocket Profile" (list of all your medications) please request this verbally to our pharmacy staff.



Working Together to Serve Our Veteran Warriors

VA Healthcare Services at ASTHS

- ✓ Primary Care Medical Services
- ✓ Behavioral Health Services
- ✓ Service-Connected Disabilities
- ✓ Dental Services
- ✓ Vision Services

VA disability assessments and re-assessment exams and VA Compensation and Pension Exams must be scheduled at a VA facility.

Did You Know?

American Indian and Alaska Native Veterans now have increased health care options through reimbursement sharing agreements with the VA, and you can choose to seek care through VA or through the ASTHS Tribal Health System for your VA healthcare needs? These agreements mean more resources are available to support the collective health and wellness of tribal veterans.

VA Benefits


ASTHS Patient Benefit Advocates and our local area VA Native American Nurse Navigator can help tribal veterans navigate VA benefits for which they may be eligible, such as health benefits, disability, pension, education and training, NA housing loans, survivors' benefits, and more.

OKC VA Native American Nurse Navigator:
405.456.3808
Apply for VA Health Benefits:
800.827.1000
Apply for VA Benefits:
855.488.8441
www.va.gov

Little Axe Health Center
405.447.0300



Shawnee Clinic
405.878.5850



HEALTH SYSTEM
Prevention. Progress. Pride.
www.asthealth.org



Let your voice be heard.


Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.



HEALTH SYSTEM
Prevention. Progress. Pride.
WWW.ASTHEALTH.ORG



Salad in a Bag

You will need:

- 2 cups mixed greens*
- 1 zip top bag, quart size or larger

Choose two or more of these:

- 12 grape tomatoes*
- ½ cup baby spinach
- ½ cup cauliflower florets
- 12 baby carrots*
- ¼ cucumber, medium, sliced
- ½ cup purple cabbage, chopped
- ½ cup radishes, sliced
- ¼ cup corn, canned*
- ¼ cup black beans, canned*
- ½ avocado, chopped
- ½ cup mushrooms, sliced
- ⅓ cup sunflower seeds
- ¼ cup raisins
- ¼ cup dried cranberries

Choose one of these:

- ½ cup salsa*
- ¼ cup low-fat or fat-free dressing
- ¼ cup Italian or vinaigrette dressing

* Ingredients used for nutritional analysis and cost.

Price per recipe: \$2.39

Makes 4 servings
½ cup per serving


Nutrition Facts per serving:
52 calories, 0 g fat, 0 mg cholesterol, 283 mg sodium, 11 g carbohydrates, 4 g fiber, 2 g protein

Adults:
Wash hands and vegetables. Use a sharp knife to slice and chop vegetables and set aside. Use can opener to open any canned ingredients; drain and rinse.

What to do:


- Wash hands; get out ingredients and zip top bag.
- Add mixed greens to bag.
- Choose at least 2 additional ingredients and add to the bag.
- Choose 1 dressing option and add to the bag.
- Zip close the bag and shake to mix.
- Enjoy your salad!

Options
Change it up! Try to make a salad with different choices each time; options can be fresh, canned or dried. The possibilities are endless. The more colorful the better!



Together we can prevent diabetes! – www.eagleadventure.com
Material funded by USDA's Supplemental Nutrition Assistance Program - SNAP. USDA is an equal opportunity provider & employer.

ABSENTEE SHAWNEE TRIBE BEHAVIORAL HEALTH/SASP GRANT PRESENTS



WHITE BISON, INC.
A CULTURAL APPROACH TO PERSONAL RECOVERY FROM SUBSTANCE ABUSE

IN-PERSON WELLBRIETY MEETINGS


Facilitated by: John Soap, LPC

EVERY THURSDAY EVENING AT THE SHAWNEE COMPLEX MULTIPURPOSE BUILDING (2025 GORDON COOPER DR.)

BEGINNING JUNE 9TH, 2022
5:30 - 6:30PM

FOR FURTHER INFORMATION, CONTACT:
Brendan (SASP Coordinator) or John (Facilitator/LPC) at (405) 878-4716

MEDICINE WHEEL & 12 STEPS



The medicine wheel and 12 Step program was developed to provide a culturally appropriate 12 Step program for Native American people. This program was developed by White Bison, based upon teachings of the Medicine Wheel, the Cycle of Life and the Four Laws of Change.

HOW THE PROCESS WORKS

The Medicine Wheel and 12 Step program is designed in a series of modules that enable people to meet their individual needs. Participants watch a video that explains Medicine Wheel teachings and apply them to their lives. In addition, participants share their insights and experiences in a talking circle. They also learn how to mind map their own innate knowledge around these teachings and then apply that knowledge to their daily lives and decision making processes. For those working through the program in a group setting (i.e. Circles of Recovery) very strong social and emotional bonds are created that help the individuals who participate to develop trust, autonomy, and other healthy feelings and thought patterns that will help them to grow emotionally, mentally, physically, and spiritually.

FOCUS

The focus of the program is on character and values. Thus each of the 12 Steps is presented from the perspective of the value that it reflects.

Step 1: Honesty	Step 5: Integrity	Step 9: Justice
Step 2: Hope	Step 6: Willingness	Step 10: Perseverance
Step 3: Faith	Step 7: Humility	Step 11: Spiritual Awakening
Step 4: Courage	Step 8: Forgiveness	Step 12: Service

TEACHINGS OF THE MEDICINE WHEEL

The Medicine Wheel is an ancient method for teaching important concepts about truth and life. Many Native American communities use a Medicine Wheel, although the colors and the symbols are different depending on the culture. The purpose is the same in each culture. These teachings, when applied to one's life, have the power to influence significant change in attitudes, behaviors, values and intent. The Elders have shared a series of Teachings based upon the Natural Order of the way things should be. These are sometimes referred to as the "original instructions." These important Teachings are included in the Medicine Wheel and 12 Steps:

1.) 4 seasons of change	6.) The 12 steps of recovery	10.) Comfort Zones
2.) 4 laws of change	7.) Nature's Way: Principles, laws, and Values	11.) The Two Thought System: Love and Fear
3.) 4 directions of growth	8.) Cycle of Life	12.) The medicine wheel
4.) 12 principles for healthy living	9.) 8 feelings for healthy development	13.) The laws of the unseen world.
5.) Reclaiming Our Power		



Absentee Shawnee Tribe of Indians of Oklahoma

2025 South Gordon Cooper Drive
Shawnee, Oklahoma 74801-0381

Title VI
Elderly Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Bagels Cream Chez Grapes Boiled Egg
4 AST COMPLEX CLOSED	5 Egg Rolls Stir Fry Veggies Rice Fortune Cookie	6 Baked Zita Tossed Salad* Jell-O	7 BBQ Chicken Pot. Salad Green Beans Mandarin Oranges	8 Scrambled Eggs Toast Bacon Fruit
11 Chicken Salad LTOP Baked Chips Orange	12 Soft Tacos LTOC Salsa/Chips Pineapples	13 Lasagna Bread Stick Broccoli Mixed Fruit	14 Chef Salad Ham, Chez, Onions Peaches Crackers	15 Boiled Egg Muffin Sausage Patties
18 Smoked Sausage Mac N Chez Beets Applesauce	19 Pulled Pork Sandwich Chips Onions/Pickles Fruit	20 Baked Chicken Veggies Bread Pudding	21 Manwich Tator Tots Pickles/Onions Ice Cream	22 Scrambled Eggs Sausage Gravy Biscuit
25 Chicken Fried Steak Mashed Pot/Gravy Brussel Sprouts Pears	26 Ham Scalloped Pot. Veggies Jell-O	27 Pinto Beans Cornbread Spinach	28 Goulash Okra Cake	29 Cereal Sausage Patties Fruit

Dear Absentee Shawnee Tribal Members

For many years The Title VI Department has provided gas to mow your lawns. We are updating the guidelines. The Title VI Grant provides gas as supportive services and for us to provide supportive service you must be a participant in the Title VI Program.

Guidelines:

1. Absentee Shawnee Member
2. Must be 55 years and older
3. Must be an Title VI Member, have a current intake form on file (FY-2022)
4. Must provide Proof of Residency (utility bill – in the applicants name)
5. Handicap/Disabled
6. NO RENTAL PROPERTY WILL BE MOWED

As a Title VI Member as long as you are within the guidelines you can put in your application and turn in your applications to the Title VI Department. As stated on the application: Maintenance will only mow and weed eat applicants lawn. Maintenance will mow every two (2) weeks weather permitting. Also, the maintenance workers will not trim trees, shrubs, and will NOT move any items that are in the way of cutting your lawn.

This year we are trying to get an early start on our grass mowing list,

Any questions you can reach me at 405-275-4030 ext. 6227 or email me at dowings@astribecommunity.org

MENU SUBJECT TO CHANGE

LUNCH SERVED MONDAY – THURSDAY 11 AM TO 1 PM BREAKFAST SERVED ON FRIDAYS 9 AM TO 11 AM

AST TITLE VI
ELDER INTAKE FORM

TODAY'S DATE _____ REFERRAL SOURCE _____

LAST NAME _____ FIRST NAME _____ MI _____

DATE OF BIRTH _____ MALE _____ FEMALE _____ VETERAN _____ YES _____ NO

STREET ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____ PHONE NUMBER _____

SINGLE _____ MARRIED _____ DIVORCED/SEPARATED _____ WIDOWED _____ WIDOWER _____

SPOUSE'S NAME _____ SPOUSE'S DATE OF BIRTH _____

NAME OF EMERGENCY CONTACT (1) _____ PHONE _____

NAME OF EMERGENCY CONTACT (2) _____ PHONE _____

PRIMARY LANGUAGE ENGLISH _____ TRIBAL _____ OTHER _____

HOUSING _____ HOUSE _____ APARTMENT _____ COMMUNITY HOUSING _____ OTHER EXPLAIN _____

COMPOSITION _____ LIVES ALONE _____ LIVES WITH SPOUSE _____ LIVES WITH FAMILY/FRIENDS

NUMBER IN HOUSEHOLD _____ WHO HELPS _____

HEALTH HISTORY _____ ASTHMA _____ ALZHEIMER'S _____ ARTHRITIS _____ CANCER _____ DEMINTIA

_____ DIABETES _____ CHRONIC PAIN _____ HEARING AID _____ CHOLESTEROL _____ BLOOD PRESSURE

PRIMARY TRANSPORTATION _____ Own Car _____ Friend _____ Public Trans. _____ Senior Tran's _____ Family

PROSTHETIC DEVIECS _____ Walker/Cane _____ Wheelchair _____ Hearing Aid _____ Glasses _____ Dentures _____ None

ARE YOU ENROLLED WITH A DIFFERENT TITLE VI PROGRAM? YES _____ NO _____

IF YES, NAME OF PROGRAM & WHERE LOCATED: _____

HEALTH CONCERNS _____

SERVICES CURRENTLY BEING RECEIVED _____

EMAIL ADDRESS _____

PROVIDE THE DATE OF YOUR VACCINATION COVID

19 1st _____ 2nd _____

BOOSTER _____

Johnson & Johnson _____ FLU _____

Thomasine Owings
Thomasine Owings
Title VI Director

Absentee Shawnee Tribe of Oklahoma
Title VI Department
2025 S Gordon Cooper Dr
Shawnee OK 74801
405-275-4030

CDIB # _____

Grass Mowing Application D.O.B. _____

The Following are the requirements for this program:

1. Must be an Absentee Shawnee Member

2. Must be 55 years and older

3. Must be an Title VI Member (have a current intake form for the current year 2022)

4. Handicap/Disabled

5. Must provide Proof of Residency (utility bill must be in applicant's name)

6. NO RENTAL PROPERTY will be mowed

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weed eat applicant's lawn. Maintenance will mow every two (2) weeks, weather permitting. Also, the maintenance workers will not trim trees or shrubs.

If you have any questions, please contact Dos Owings at (405) 275-4030 ext. 6227

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ MESSAGE PHONE: _____

EMAIL: _____

FINDING DIRECTIONS TO HOME:

*DISCLAIMER

Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.

World Hepatitis Day

By Emily Earnest

July 28 is World Hepatitis Day. The date was chosen because it is the birthday of Nobel-prize winning scientist Dr. Baruch Blumberg, who discovered hepatitis B virus (HBV) and developed a diagnostic test and vaccine for the virus. The goal of this day aims to raise global awareness of hepatitis, a group of infectious diseases known as hepatitis A, B, C, D, and E — and encourage prevention, diagnosis and treatment. Hepatitis affects hundreds of millions of people worldwide, causing acute and chronic disease and killing close to 1.34 million people every year. Hepatitis can cause inflammation of the liver both acutely and chronically, and can kill a person. In some countries hepatitis B is the most common cause of cirrhosis and may also cause liver cancer.

Hepatitis A is an inflammation of the liver caused by the hepatitis A virus (HAV). The virus is primarily spread when an uninfected (and unvaccinated) person ingests food or water that is contaminated with feces of an infected person. The disease is closely associated with unsafe food or water, inadequate sanitation, poor personal hygiene and oral-anal sex. Not everyone who is infected will have all the symptoms. There is no specific treatment for hepatitis A. Recovery from symptoms following infection may be slow and can take several weeks or months. The spread of hepatitis A can be reduced by ensuring adequate supplies of safe drinking water, personal hygiene practices such as regular handwashing before meals and after going to the bathroom.

Hepatitis B is a potentially life-threatening liver infection caused by the hepatitis B virus (HBV). It is a major global health problem. It can cause chronic infection and puts people at high risk of death from cirrhosis and liver cancer. A safe and effective vaccine that offers 98% to 100% protection against hepatitis B is available. Preventing hepatitis B infection averts the development of complications including chronic disease and liver cancer. Hepatitis B is most commonly spread from mother to child at birth or through exposure to infected blood. The development of chronic infection is common in infants infected from their mothers or before the age of 5 years. Hepatitis B is also spread by needle stick injury, tattooing, piercing and exposure to infected blood and body fluids, such as saliva and menstrual, vaginal and seminal fluids. Transmission of the virus may also occur through the reuse of contaminated needles and syringes or sharp objects either in health care settings, in the community or among persons who inject drugs. Sexual transmission is more prevalent in unvaccinated persons with multiple sexual partners.

Most people do not experience any symptoms when newly infected. However, some people have acute illness with symptoms that last several weeks, including yellowing of the skin and eyes (jaundice), dark urine, extreme fatigue, nausea, vomiting and abdominal pain. People with acute hepatitis can develop acute liver failure, which can lead to death. Among the long-term complications of HBV infections, a subset of persons develops advanced liver diseases such as cirrhosis and hepatocellular carcinoma, which cause high morbidity and mortality. Chronic hepatitis B infection can be treated with medicines, including oral antiviral agents. Treatment can slow the progression of cirrhosis, reduce incidence of liver cancer and improve long term survival. In 2021 the World Health Organization that 12% to 25% of people with chronic hepatitis B infection will require treatment, depending on setting and eligibility criteria.

Every 30 seconds, someone dies from a viral hepatitis related illness. However, with the existing prevention, testing, and treatment services that are available every hepatitis related death is preventable. The goal of this mission to prevent new viral hepatitis infections, improve outcomes of those infected with viral hepatitis, reduce viral hepatitis and improve the surveillance and data regarding transmissions. Wash your hands and check in with your primary care physician regularly with any concerns to do your part to prevent the spread.

AST HEALTH SYSTEM DIRECTORY

LITTLE AXE HEALTH CENTER..... 405-447-0300

- Administration
- Business Office
- Little Axe Dental
- Health Information Management
- Lab/X-Ray
- Optometry
- Patient Benefit Advocates
- Primary Care
- Public Health
- Security
- Electronic Health Record
- Physical Therapy
- Behavioral Health..... 405-701-7987
- Little Axe Purchased Referred Care 405-701-7951
- Diabetes & Wellness 405-701-7977
- Pharmacy 405-292-9530
- CompleteCare Home Health..... 405-701-7085
- Transportation..... 405-701-7603

SHAWNEE CLINIC405-878-5850 OR 877-878-4702 TOLL FREE

- Administration
- Business Office
- Health Information Management
- Lab/X-Ray
- Patient Benefit Advocates
- Contract Health
- Physical Therapy
- Primary Care
- Public Health
- Behavioral Health..... 405-878-4716
- Diabetes & Wellness 405-701-7977
- Pharmacy 405-878-5859 OR 866-742-4977 TOLL FREE
- Transportation..... 405-701-7603

PLUSCARE 405-447-0477

GENERAL

- AST Resource Center..... 405-364-7298
- Corporate Compliance Hotline..... 405-701-7135
- Patient Advocate 405-701-7623
- AST Tribal Complex 405-275-4030
- AST Tribal Police 405-275-3200
- AST Housing 405-273-1050



Help Yourself, Help Your Tribe

SEE IF YOU QUALIFY FOR A \$0 COST HEALTH PLAN AT NO COST TO YOU OR YOUR TRIBE

Special Enrollment Periods

Did You Know?

- The Tribe is only funded approximately 40% of cost to render care to patients? Most people think it is funded 100%.
- To add services, equipment, or help more people, we need your assistance.
- By signing up for a zero cost plan, you allow the tribe to bill for services and to be reimbursed by insurance companies. This frees up more dollars to help those who are not eligible for a zero cost plan helping Purchased Referred Care dollars go further.

Contact a Patient Benefit Advocate

Little Axe Health Center 405.447.0300

Shawnee Clinic 405.878.5850

YOU MAY BE ELIGIBLE FOR A \$0 COST HEALTH PLAN UNDER THE AMERICAN RESCUE PLAN.

Help yourself, help your tribe and see if you will qualify for coverage that will provide you and your family with immediate access to specialized healthcare at no cost to you or your tribe.

Did you know? The American Rescue Plan (ARP), recently signed into law by President Biden, increases and expands eligibility for cost-savings programs under the Affordable Care Act (ACA) in the form of premium cost assistance for individuals enrolled in Health Insurance Marketplace plans.

The premium assistance is in the form of a IRS Advance Premium Tax Credit taken in advance of the tax year, lowering or eliminating health insurance premiums for lower-and middle-income families. Signing up for a low-or-zero cost health plan allows tribes to receive reimbursement for services, which frees up more dollars to help those who are not eligible for cost-savings programs, helping Purchased Referred Care dollars go further.

Native Americans must apply for all available resources, if eligible, to help augment the cost of tribal healthcare services. Program rules and continuity of care necessitates completion of an annual application for benefits to assure services are covered, even if ASTHS patient is already insured.

TO APPLY:

Health Insurance Marketplace
www.healthcare.gov
1.800.318.2596

WE CAN HELP

Contact a Patient Benefit Advocate

Little Axe Health Center
405.447.0300
www.asthealth.org

Shawnee Clinic
405.878.5850
www.asthealth.org

A community wildflower garden & art exhibition site in Little Axe, OK

July 9th 2022 **10 A to 2 P**

This is Place WELCOME EVENT

Join us for this full day event bringing the arts, environmental learnings, and community together for celebration of these lands and the community.

The Arts

Love the arts? Visit local artist and poet booths, purchase beautiful and unique works of art, learn more about the creative processes and ideas behind their place-based works!

This is Place features Oklahoma artists and poets! Learn more about the creatives of This is Place at www.thisisplace.art/artistsandpoets.

The Environment

This is Place is partnering with BlueThumb Oklahoma, Soil Health, Yard by Yard, WildCare Oklahoma, the Okies for Monarchs, and other Oklahoman environmentally-focused organizations to bring ecological learning experiences and festivities to the Little Axe Community.

Learn about rainwater and soil impaction, native plants and animals, and more. Kids can enjoy fun eco-crafting activities and learn about pollinators!

Land Acknowledgement

This is Place is a Community Wildflower Garden and Art Exhibition Site located in Little Axe, East of Norman, OK. This land remains the present-day territory of the Absentee Shawnee Tribe of Indians of Oklahoma and is the ancestral lands of the Kiowa, Kickapoo, Osage, Wichita, and Quapaw people.

This is Place seeks to bring educational events to the Little Axe Community with a central focus on the arts, environment, and place-based identity and relationships.

Located at the Little Axe Community Center
1000 168th Ave NE,
Norman, OK 73026

Under 65? Apply for SoonerCare Medicaid Expansion

You could be eligible for SoonerCare Medicaid Expansion benefits, which includes full-scope medical and limited comprehensive dental coverage, for adults ages 19-64 if your income falls at or below 138% of the Federal Poverty Level (FPL)—under \$18,768 per year for an individual; under \$38,304 per year for a household of 4 (Children eligible at a higher income threshold under 210% FPL). **Per Purchased Referred Care guidelines, all patients under 65 years old, whether insured or uninsured, must apply for SoonerCare to help augment the cost of tribal healthcare services.** Help yourself, help your tribe and see if you and your family will qualify for state health insurance benefits at no cost to you or your tribe.

Program rules and continuity of care necessitates completion of an annual application for benefits to assure services are covered, even if ASTHS patient is already insured.

TO APPLY:

SoonerCare
www.mysoonercare.org

WE CAN HELP

Contact a Patient Benefit Advocate

Little Axe Health Center
405.447.0300
www.asthealth.org

Shawnee Clinic
405.878.5850
www.asthealth.org