Valentine’s Fun with Elders - February 14, 2018

NOTICE

- The General Council will be at 10:00 am on April 14, 2018 at the Absentee Shawnee Health Multi Purpose Building on the Tribal Complex.
- Easter will be held on March 24, 2018 starting at noon.
Hello Tribal People!

I hope everyone survived the most recent ice storm. It seems as though Oklahoma weather is doing what it normally does at this time of year. The month of February was a very busy and short month for me. As a result, I would like to start off my report with my travel to Washington DC.

On February 12, 2018, there was a Tribal Transportation Self-Governance Negotiated Rulemaking Committee Meeting at the Department of Transportation in Washington DC. I was selected to serve on this committee in 2016. Below is a summary of what has taken place since the meetings began:

Section 1121 of the fixing America’s Surface Transportation (FAST) Act and Public Law 114-94 (Dec. 4, 2015), directs the Secretary to develop a Notice of Proposed Rulemaking (NPRM) that contains the regulations required to carry out the TTSGP at the United States Department of Transportation (Department). Section 1121, also requires the Secretary to establish a committee to carry out this work and apply the procedures of negotiated rulemaking under subchapter III of title 5 (the Negotiate Rulemaking Act) in a manner that reflects the unique government-to-government relationship between the Indian tribes and the United States.

On July 27, the Secretary published a document in the Federal Register, “Negotiated Rulemaking Proposed Committee Membership”, the first meeting was held August 16-18, 2016 in Sterling, Virginia. The TTSGP Committee was organized into work groups to assist in the negotiation and development of proposed regulatory text. Between September 2016 and December 2016, the full Committee met three additional times at the following location: Sterling, Virginia, Shawnee, Oklahoma and Bloomington, Minnesota. An additional meeting of the full committee was scheduled for Atmore, Alabama in December 2016.

However, due to severe inclement weather and subsequent air travel flight cancellations, a quorum of representatives needed to conduct an official committee meeting (in accordance with the Committee’s protocols) was not obtained. Committee members that were present used the scheduled time to carry out business work groups. A significant amount of the proposed language for the NPRM was developed during the meetings that were held. Due to the change in the White House Administration, the committee’s work was put on hold in January 2017 to allow the new Administration to be briefed on the rulemaking and determine its future direction.

Further, Section 1121 of the FAST Act allows a 180 day extension to the deadlines identified within it for completing this work. After receiving a consensus approval from the tribal committee members, the Secretary sent letters to the required members of Congress on September 1, 2017, informing them of the implementation of this provision.

In an effort to publish the NPRM within the time frames identified by statute, this will be the last meeting of the committee until after the comment period is complete. At that time, the Committee may reconvene to address the comments received and work together to develop the proposed language for the Final Rule.

January 7 – 12, 2018 was a Tribal Transportation Self-Governance Negotiated Rulemaking Committee Meeting held in Sterling, Virginia this trip I could not travel due to being ill.

February 12, 2018 meeting took place at the Department of Transportation Building. In attendance was Scott Miller, AST Self-Governance Office, and myself along with the Rulemaking Committee (RC). The meeting was called to order at 8:30 am and was adjourned at 5:00 pm. During the meeting, the RC had discussions with the Committee on the Federal side and their Attorney for Federal Property; Financial, Procurement and Property Management Standards. Other discussions were the Construction Standards Parking Lot and the Appeals Process.
The Federal Committee will take the provisions that were discussed at the February 12th meeting and compare with their provisions and will come back to the table in the next couple of months. A future meeting could be needed because both documents will need to be composed into one document.

NCAI- Tuesday, February 13, 2018

The National Congress of American Indians (NCAI) 2018 Winter Session was held in Washington, DC, during the same time as the Rulemaking Committee Meeting. Those in attendances at NCAI were: Lt. Governor John Raymond Johnson, Treasurer Leah Bender and I. During the sessions, there were many keynote speakers from the Hill such as: Senator Catherine Cortez Masto (NV), Senator Lisa Murkowski (AK), Congressman Jack Bergman (MI), Ryan Zinke, Department of the Interior Secretary Department and Rod J. Rosenstein, Deputy Attorney General of the Department of Justice.

Scott Miller and I made a trip to the Hill to visit the offices of U.S. House of Representatives Congressman Markwayne Mullin and U. S. Senator James Lankford. Topics of discussion were Education, Health, Land into trust and BIA FUNDING….

Wednesday February 14, 2018

NCAI Sessions continued throughout the day and I attended the morning session with keynote speakers: Veterans Affairs Secretary David Shulkin, Congressman Derek Kilmer (WA), Tom Perez, Chairman, Democratic National Committee, Justin Buller, Associate Deputy General Counsel, U.S. Army, Congresswoman Betty McCollum (MN),

The National Indian Education Association had a” Head to the Hill Day”, while I was in DC, at the 485 Russell Senate Office Building. I sat in on the Wednesday afternoon session. Congressional speakers were Senator Tom Udall (D-NM) and Senator Lisa Murkowski (R-AK).

Senator Murkowski spoke on how Every Student Succeeds Act (ESSA) Consultations between Tribal Leaders and School Superintendents. Across Indian Country there seems to be a miscommunication of how consultations should be conducted. I suggested that there should be some training or something of a written procedure to follow for Tribal Leaders and School Superintendents. The schools are required to reach out to the Tribal Leaders for consultations. As most schools in our area (Shawnee) are getting confused of their public meeting and Parent Committee Meeting and calling those meetings consultations. That is not ESSA requirement. Tribal Leaders should be at the table in discussion of those Federal Dollars that the Schools are receiving and making sure those dollars are spent on the Native American Students.

Thursday February 15, 2018

The Department of Justice (DOJ) Tribal Consultation is part of a series of events to receive tribal comments on DOJ’s seven percent (7%) tribal set-aside funding, as authorized by the Consolidate Appropriations Act of 2017 (Public Law 115-31). The Absentee Shawnee Tribe has several Grants that we receive from DOJ. I expressed some concerns of improving Grants Management System regarding access levels. There needs to be more time to submit applications. The upmost concern is more in person training for the Director, Finance and Grants person. I will also be sitting down with Phyllis Wahahrockah-Tasi-, Grant Director of the Tribe, to do additional comments.

I have a great deal of concern with the grants that we have received, I feel the Federal regulations that have been set forth by the funding agency regarding compliance with the grant have not been adhered to and continue to not be in non-compliance. As a result of the non-compliance with grant regulations, I had to submit correspondence regarding unallowable costs to those grant agencies. While some improvement has been made recently; we still have a long way to go. It saddens me to know that our finances are in such disarray that we have to be put on notice by the Federal Government Agency for our actions.

Governor’s Meeting

January

19th Breakfast Meeting with Executive Committee and Consultant
20th Elders Meeting
22nd Directors Meeting
24th Meeting with AA Group ref: Resource Building
29th Gordon Cooper VoTec, Luncheon Step Up Oklahoma
30th 9:00 am CTSA Meeting
2:00 pm Informal Meeting with Executive Committee

February

1st Special Executive Committee Meeting
5th 11:30 am Governor Fallin State of the State Address – OKC
6th 1:00 pm MIS Presentation
2:00 pm VUDU Consulting Presentation
7th 9:00 am CCDF Coordinator Briana Ponkilla Meeting
10:00 am Health Meeting with Alyssa Campbell and Tribe AG’s
8th 2:00 pm meeting Office of Management and Enterprise Services (OMES)

Yvonne Oberly and James Hock
9th Directors Meeting
11th thru 15th Washington DC Trip
12th Transportation Meeting (Monday)
13th NCAI and Hill Visit
14th NCAI and NIEA Meeting

(cont’d pg 4)
15th  NCAI and DOJ Meeting
16th  9:00 am Meeting with Executive Committee and Finance on DOJ Letter
17th  Elders Meeting
19th  Presidents Day (No Work)
20th  Half Day worked due to the weather
21st  Bad weather (No Work)
22nd  Bad weather (No Work)
23rd  Health Shareholders Meeting 10:00 am
      ATOKA Pipeline Meeting 11:00 am
26th  United Indian Nations of Oklahoma, Kansas and Texas Meeting, Skiatook, Oklahoma

Expressions

For those families who may have lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

For those families celebrating a new birth, birthday and/or anniversary, I extend my warmest congratulations.

Conclusion

My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference - stand beside me and Let us Build for the Future (BFF) – united and together!!

Thank you,

Governor Edwina Butler-Wolfe

405 75-4030, Ext: 6308
405 481-0397 Cell number
AST Staff Attends the Winter Session of the National Congress of American Indians in Washington DC

Over 500 representatives from native nations, including Executive Committee Members and staff from the Absentee Shawnee Tribe, convened in Washington D.C. for the 2018 Executive Council meeting of the National Congress of American Indians at the Capital Hilton to address key themes facing Indian Country.

Tribal leaders listened as congressional representatives, Senate leaders, and Trump administration officials spoke to the assembled NCAI body, addressing such topics as diversity, inclusion and representation in government from native peoples, drug trafficking and human trafficking in Indian Country, and renewable energy resources. From Senator Catherine Cortez Mora’s (Nevada) and Senator Lisa Murkowski’s (Alaska) continued advocacy on behalf of native tribes and nations, both Senators spoke about their ongoing dialogs and representation for native issues, specifically the renewal of the Indian Provisions of the Violence Against Women Act (VAWA). “My commitment to our Native peoples is at the center of all policy,” Murkowski said, emphasizing her understanding of continuing health disparities in Indian Country. “You will not be forgotten. You are our First People and you will be first.”


Several representatives from the Administration addressed the assembly as well, including Treasury Secretary Jovita Carranza, Housing and Urban Development Secretary Dr. Ben Carson, Department of Veteran’s Affairs Secretary Dr. David Shulkin, Department of Interior Secretary Ryan Zinke, and Deputy Attorney General Rod Rosenstein. Secretary Zinke highlighted the DOI’s commitment to alternative energy and solving the nation’s water crisis especially in Indian Country, amid criticism stemming from the Trump Administration decision to reduce acreage of National Parks including Bears Ears National Monument in Utah. Deputy Attorney General Rosenstein discussed addressing violent crimes and drug trafficking in Indian Country, specifically the need to protect Native women and girls from domestic abuse, sexual violence, and homicide, given the numbers of native women and girls who have gone missing and murdered across the United States, Canada, and Mexico. The Deputy Attorney General also addressed the opioid crisis in the United States, specifically in Indian Country and the current cross-deputization of tribal law enforcement to manage cases and access federal data bases to make tribal communities safer.

Additionally, enforcing the Indian provisions of VAWA (the Violence Against Women Act) and protecting native women and girls, specifically, against sexual and domestic abuse on Indian land was a key issue. The Department of Justice, through Deputy AG Rosenstein, continued its stance of supporting programs in Indian Country including our own AST domestic violence prevention and protection program. The Indian Provisions seek specifically to protect the rights of Indian women and children when sexual and domestic violence crimes are committed against them by non-Indians and supports the rights of tribes and nations to prosecute DV and sexual assault offenders in tribal and federal courts.

Other speakers who addressed the assembled tribal leaders included Senators Heidi Heitkamp and Tom Hoenen, both from North Dakota; Senator Jeff Merkley of Oregon, and Representatives Betty McCollum of Minnesota, Frank Pallone of New Jersey, and Derek Kilmer of Washington State, who gave a rousing speech on the importance of Tribal Labor Sovereignty Act (TLSA) and held to his commitment to working with Indian Country. “I support the Tribal Labor Sovereignty Act, because I understand your desire to be treated just like every other government,” Kilmer said, one of the only congressional leaders who noted the sovereign status of native nations and the government to government relationship with US boundaries.

A surprise guest included rising political power Senator Elizabeth Warren of Massachusetts, long an advocate for Indian Country in the federal government. Senator Warren had come under fire for her acknowledgment of her undocument native blood and her Cherokee ancestry, which led some to believe she used her claims of Indian blood to access affirmative action programs while she was in college and law school. “And I want to make something clear….” said Warren, acknowledging her mother’s family’s descendancy and life in Wetumka, Oklahoma, but the fact her native blood is undocument: “I understand that tribal membership is determined by tribes — and only by tribes. I never used my family tree to get a break or get ahead. I never used it to advance my career.” Warren went on to explain that while she had been mockingly called “Pocahontas” by President Trump on several occasions, the real Pocahontas lead a life far from the American fairy tale her story has become.

Tribal leaders then came together to hold discussions on several key themes that dominated the community-led conversations facing tribes across Indian Country, including policies impacting Indian Country as non-partisan with members of both parties expressing support for tribal priorities. “This approach is important to advancing Indian Country policy goals in an age of hyper partisanship,” NCAI leadership stated, noting that we as native peoples must rise above bipartisanship to engender support from Congress that engages the dialog surrounding human rights and our inherent tribal sovereignty.

Out of the over 20 speakers, almost all Congressional Members and Administration Officials spoke about the need to stop the opioid crisis in Indian Country. From coast-to-coast, the speakers committed to providing resources to fight the epidemic in tribal communities. Additionally, sessions including community leaders coming together to discuss the opioid crisis in Indian Country and how we as leaders in our communities can address this issue head on, from multiple perspectives, including law enforcement, wellness, health, and traditional values.
Building Blocks III News...

January

The holiday season is finally over! We hope that all of you made happy memories with your loved ones. We had some wonderful family events and we appreciate everyone who was able to join us. But it’s nice to get things back to normal!

Our enrollment continues to grow...
- Infants 8
- Toddlers 6
- Two’s 10
- Three’s 13
- Four’s/Five’s
  - All day 5
  - After school 2
  - Friday only 2
  - Drop-in 1
- Total 47 kiddos!!! We’re licensed for 103, so we still have openings!!!

We had another visit from the Magician, Steve Crawford, at the end of December. He performed an “Elf Magic Show” for us. Everyone enjoyed it so much!

We had our monthly tornado drill on January 22nd at 10:49 a.m. We had 33 children and 11 staff present. It took 2 minutes, 10 seconds to get everyone to the safe room. Our fire drill was held on January 31st at 10:45 a.m. We had 33 children and 15 staff present. It took 1 minute, 35 seconds to evacuate and clear the building. We appreciate all of the measures that our staff takes to ensure the safety of the kiddos!

February

Spring is upon us! This time of year is so wonderful! It’s a beautiful thing to witness all of the new life that this season brings, like flowers blooming, trees filling with leaves, baby animals running around, and so much more! The kiddos will so excited to get to play outside more often.

Spring break is also coming up and Ms. Diana has a lot of fun activities planned for her 4’s & 5’s class. She has also planned some fun/educational fieldtrips for them. Ms. Diana’s class doubles in size when school is out. It can difficult keeping the older kiddos busy and engaged in activities that they enjoy. But she does a great job capturing their attention. This is one reason why Ms. Diana Buckley was our Employee of the Month for February!! Congratulations to her!! She is definitely an important part of our team!!

Due to scheduling conflicts in January and the inclement weather in February, we had to postpone our Child Maltreatment and Abuse training with Ronelle Baker. We hope to get that scheduled and completed in March.

We had a random audit of our EBT (Electronic Benefits Transfer) attendance records and payments for the month of December. The eleven (11) children who receive child care subsidy through DHS were the only ones whose attendance and payments were audited. The Oklahoma DHS Office of Inspector General Child Care Facility Compliance Unit is who conducted the audit. The purpose was to determine if attendance is being properly maintained for these children, if the parents are swiping their EBT card as required, and to make sure that we have not been overpaid or underpaid. They also make sure that Building Blocks III is following the regulations as set forth in our contract with DHS with regards to keeping attendance and not requesting that parents swipe when their children are absent.

The results showed that we have a 0% Dollar Error Rate, which means that we were not overpaid, nor were we underpaid. Our attendance records were found to be kept appropriately and accurately, as required. The only item that we needed to correct was “to post all of the facility’s rates and fees.” This was corrected immediately while the auditor was present. This is the first time I’ve ever had this type of audit conducted at any place I’ve worked. We were very pleased to see the results and to know that we are doing a great job each day!

Thank you,
Billie Thompson
Building Blocks III Director
bthompson@astribe.com

BUILDING BLOCKS
Dates to Remember:
Friday, March 30th
Closed for Good Friday
Letter from the Secretary

Tribal Members,

I do apologize for such a brief statement; the transition into office has been a busy one, which I have fully immersed myself so I can make the best decisions possible in regards to current tribal business.

I’d like to start off by thanking our Creator for his many blessing, without him none of this would be possible.

I’d like to thank the Executive Committee members Governor Butler-Wolfe, Lt. Governor Johnson, Treasurer Bender, and Representative Johnson for selecting me to fill this temporary position of the Tribal Secretary. It is an honor to hold this position, and I am humbled that you would place your faith and trust in me, Thank you!

To the tribal members who I have been appointed to represent, I am here to do whatever I can to help this tribe prosper and grow for a better future for us all, if you have any questions or concerns please do not hesitate to contact me regardless of the issue(s).

To conclude, I look forward to working with the other Executive Committee members to fulfill our obligations to the Absentee Shawnee Tribe and its member.

Respectfully,

Secretary Ezra M. DeLodge, MBA
Behavioral Health will be moving from the Shawnee Clinic into the complex “Little House” in February, ready for business in March. The move shouldn’t impact any patient services or appointments already made to date. The complex house has been renovated, and we are very proud to both preserve this piece of tribal history as well as place it back into use for the tribe! The flu season continues to see nation-wide impacts upon several communities around the country and also locally. Please continue to utilize your flu precautions of frequently washing, using hand sanitizer, and if you or your family are ill, running a fever, or have been exposed to someone with the flu, stay home and avoid contact with anyone to help prevent the spread of the flu. Wearing a mask is also recommended as the flu is spread via the respiratory system if you have a compromised immune system or other medical complications. Patients will continue to experience longer than usual wait times at the walk-in clinics due to the significant amount of flu patients experiencing symptoms or coming down with the full blown flu virus. The virus should peak by the end of March, but that may change dependent upon weather and other possible flu strains potentially appearing in the country. The American Heart Association will have their annual Heart Walk in Oklahoma City this year along with the OKC Marathon, both are in April. If you are interested in participating in any of these events, please contact the Resource Center Health and Wellness Staff for more information. Let’s all get moving and stay healthy in 2018!

We are always thankful and very proud of our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee Awards and awardees are listed below. The AST Health System always strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

Health Employee Awards of the Month

Employee of the Month
Debi Sloat, Contract Health

Team of the Month
Shawnee and LittleAxe Patient Benefit Advisors

Special Leadership Award
Shawnee and LittleAxe Pharmacy Team

Mark E. Rogers, MAL, FACHE, CMPE, CHC
Executive Director
March 2018
Scheduled Closings

<table>
<thead>
<tr>
<th>Date:</th>
<th>Time(s) Closed:</th>
<th>Locations:</th>
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<tbody>
<tr>
<td>Wed., Mar 7th</td>
<td>Noon to 5 PM</td>
<td>All AST Health facilities CLOSED</td>
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<tr>
<td>(1st Wed of Month)</td>
<td></td>
<td>- PlusCare Clinic &amp; Shawnee Clinic Ext Hours will re-OPEN at 5p until 9p</td>
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<td></td>
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<td>(last patient accepted at 8:30p)</td>
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<tr>
<td>Fri., Mar 30th</td>
<td>All Day</td>
<td>All AST Health facilities CLOSED except PlusCare Clinic</td>
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<tr>
<td>(Good Friday)</td>
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<td>- PlusCare is OPEN from 9a until 5p (last patient accepted at 4:30p)</td>
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* In the event of a predicted severe weather forecast, please call ahead for possible health system delay or closure:  
Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health”, Twitter @ASTHealth & on ASTHS website at www.asthealth.org
The AST Contract Health Services Team is here to assist you.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.
8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays
All facilities closed the first Wednesday of the month from Noon to 5pm.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic
Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

REFERRAL MANAGEMENT
Little Axe Health Center
Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

405.878.5850 (Primary)
405.878.4702 (Secondary)

REFERRAL MANAGEMENT
Shawnee Clinic
Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/
Medical Assistant

CONTRACT HEALTH SERVICES NEWS

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.
MEASLES OUTBREAK INFORMATION

Norman, Oklahoma – If you’ve been vaccinated you have a low chance of contracting the illness, if you do contract the illness it should be a milder version of the illness. If you become symptomatic you need to call your physician and let them know. You need to isolate yourself because it’s an airborne disease and wear a mask when you go in for medical care.

There is not a treatment for measles itself except Tylenol, fluids, rest etc. Unless you develop complications from the measles, like bronchitis, ear infection, dehydration etc. there isn’t much we can do medically.

After tracing the infected individual’s movements in Norman, OSDH has alerted officials at these locations:

- Norman Pediatrics (808 Wall St.)
  Feb. 2 from 9:45 a.m. to 1:15 p.m. and
  Feb. 6 from 11:15 a.m. to 2:30 p.m.
- Chuck E. Cheese’s (2201 Interstate Dr.)
  Feb. 3 from 12:45 to 3:30 p.m.
- Norman Regional HealthPlex (3300 HealthPlex Pkwy.)
  Feb. 6 from 12:25 to 3:30 p.m.
  Specifically, the outpatient registration area, emergency room waiting area and laboratory collection services

Measles, or rubeola, is a viral infection of the respiratory system. Measles is a very contagious disease that can spread through contact with infected mucus and saliva. An infected person can release the infection into the air when they cough or sneeze. The measles virus can live on surfaces for several hours. As the infected particles enter the air and settle on surfaces, anyone within close proximity can become infected. Drinking from an infected person’s glass, or sharing eating utensils with an infected person, increases your risk of infection.

Contact a doctor immediately if you suspect you have measles. If you have not received a measles vaccine and you come into contact with an infected person, visit your doctor to receive a measles vaccine within 72 hours of contact to prevent infection. You can also prevent an infection with a dose of immunoglobulin taken within six days of contact with an infected person.

Symptoms of measles generally appear within 14 days of exposure to the virus. Symptoms include:

- cough
- red eyes
- muscle aches
- sore throat
- fever
- light sensitivity
- runny nose
- white spots inside the mouth

A widespread skin rash is a classic sign of measles. This rash can last up to seven days and generally appears within the first three to five days of exposure to the virus. A measles rash, which appears as red, itchy bumps, commonly develops on the head and slowly spreads to other parts of the body.

March 11-17 is Sleep Awareness Week

The start of daylight savings time will throw off the clock only by an hour. By setting clocks ahead an hour daylight savings time allows more sunlight through the spring, summer, and fall. But when the time changes it will cost one hour of sleep. Experts say that’s enough to leave people feeling groggy for a day or two.

Some people will be more sluggish than others Monday morning — particularly those without regular sleep habits, such as waking up at a consistent time or snoozing seven to eight hours each night. Sleep directly affects health and safety and the sleep loss associated with daylight saving time has been linked to increases in traffic and on-the-job accidents the Monday following the time change.

The National Sleep Foundation’s National Sleep Awareness week was started to encourage people to adopt good habits so that next year it won’t be quite so tiring to make the leap forward. Sleep doctors offer a few tips for making up for lost z’s:

- Start early. Move your schedule up a few minutes each day — eat dinner and go to bed 10 to 15 minutes earlier every night.
- Take a nap, but naps should be no longer than one hour.
- Every minute counts, so set the alarm clock for the last possible minute Monday morning.
- Soak up the sun. Sunlight jump-starts our bodies and sets our internal clocks forward, so sip your coffee in front of a window for an extra jolt.
- Avoid alcohol and caffeine, which interfere with the hormones and chemistry that regulate our bodies and make it more difficult to fall asleep and wake up.
Saturday, June 30th, 2018
1:00PM-6:00PM

2nd Annual
IndigenRD!
Native Arts Festival & Comic Con

Thunderbird Casino Event Center
15700 E. St. Hwy. 9 Norman, Oklahoma 73026
Phillip S. Ellis for Tribal Treasurer - 2018

A question was asked “What’s our Tribe’s clear vision?” To be totally honest, I don’t think anyone really knows. I too have often wondered — what’s the “plan”? At times we seem to be pursuing five (the number of Executive Committee (EC) members) different visions and a few of those visions are hazy at best. Regardless of whether it’s an elected official or a tribal member we all have ideas about what direction the Tribe should go and how to measure the success or failure of that direction. But before we agree on a direction or vision I strongly believe that we must have a firm foundation in place to begin that journey. In my last article in The Absentee Shawnee News, I mentioned two areas that I plan to focus on: (1) strengthening the governmental operations and departments under the treasurer’s oversight, and (2) facilitating commercial/economic development. In this month’s article I would like to communicate a part of my vision (and tentative plans) for the governmental operations and departments under the treasurer’s oversight.

First, leaders must have information to make informed decisions. AST members should have information to determine whether their government is operating satisfactorily. Both department and program directors must have information to manage their respective departments and programs. We all want to know what’s going on — but we don’t. My vision is to provide timely and useful information to both leadership, membership, and departments & programs in order to strengthen our foundational structure within the Tribe. If elected treasurer:

• I will provide financial information to each EC member. I have already spoken with several current officeholders and candidates about what they would want from me. They want financial information; which I will deliver.
• I will communicate with and to each EC member. Again, I’ve already reached out to several current officeholders and candidates to begin the lines of communication. I want the lines of communication to begin now; not after the election. They want communication; which I will deliver.
• I will submit a Treasurer’s Report each month to be published in The Absentee Shawnee News so that the membership is informed. It would be my goal to provide you a report that is both useful and informative regarding the governmental operations and departments under the treasurer’s oversight.
• I will communicate with the membership. I have already reached out to several of you, and I will continue to reach out to many more, to hear your thoughts and vision for our Tribe. That communication will not end if I’m elected.
• I will ensure that accurate and timely financial & non-financial information flows among the departments and programs under the treasurer’s oversight and to both inside users (e.g., ICW, Tribal Police, etc.) and outside users (e.g., Department of Interior, Department of Justice, etc.).

Second, if elected treasurer I will implement genuine, substantive, and concrete changes to the governmental operations and departments under the treasurer’s oversight and will work all organizations, departments, and programs under the umbrella of the Absentee Shawnee Tribe to mitigate risks. In my professional opinion, risks to the Tribe are not clearly understood by leadership thus jeopardizing the future well-being of the Tribe and its members. By risks I mean such things as loss of grants both present and future, embezzlement, reality and probate issues affecting members, breakdown of communication and integration among departments, etc. My vision is to mitigate risks to the Tribe and the membership. Mitigating risks can be as complex as ensuring that all deliverables (both financial and non-financial) for our grants and contracts are being met, to as simple as ensuring payment to vendors; the “ensuring” part is mitigating risk. If elected treasurer:

• I will re-examine the current state of all departments and programs under the oversight of the treasurer. I will ensure that technology is being used to its greatest potential and that processes are streamlined and actually work. I will push the decision-making process down to the director and manager level; I will not micro-manage.
• Organizations are about people. People make or break an organization. A leader will make or break an organization. Therefore, I will re-assess the personnel needs and requirements for the departments and programs under the treasurer’s oversight to achieve the greatest effectiveness for the Tribe. For example, I’ve seen some very good employees quit, driven away, or marginalized because of the lack of leadership ability at the top while others with questionable character remained. We as a Tribe cannot afford that!
• Most of all I will take responsibility and develop and implement the overall strategy of the department and programs under the treasurer. I believe what separates me from the current treasurer is that I have the formal education and professional background to plan and execute such a strategy in-house rather than farm it out to an outside contractor to do it for me. Yes, there may be instances where I do need the aid from someone outside, but those instances should be unusual in nature and infrequent; not the norm.

Finally, claims of progress or success without substantive evidence or even worse, concealed evidence of maladministration, should no longer be acceptable. Nor can we afford to have departments lead in an erratic, conflicted, disorganized manner where decisions are made in a capricious and untimely manner. I believe that we’ve all become aware of the difficult world we live in and the complex environment the Tribe functions in — and it will only get harder and more complex. I also believe that collectively we’ve concluded that we must have the right person sitting in the treasurer’s seat going forward. Between the current treasurer and myself, I believe I’m that right person.

My vision is with the right person and people, our success is unlimited.

Sincerely,

Phillip S. Ellis
phillie2829@gmail.com
918-703-7528

March 20th is National Native HIV/AIDS Awareness Day

National Native HIV/AIDS Awareness Day (NNHAAD) is a national mobilization effort designed to encourage Natives (American Indians, Alaska Natives and Native Hawaiians) across the United States and Territorial Areas to get educated, get tested, get involved in prevention and get treated for HIV and AIDS.

For more information about HIV/AIDS testing contact your healthcare provider or ASTHS Public Health Nursing.
Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- Lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

If anyone has any questions, please contact the Realty Department @ (405) 275-4030.

PROBATE MISSION STATEMENT

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent’s family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.
ABSFRANEE SHAWNEE TRIBAL HEALTH SYSTEM’S

2018 SUMMER INTERNSHIP

Are you a Native American student who is seeking a future in a healthcare related field?

If you are in College or Vo-Tech or are a High School Student who is College/Vo-Tech bound and want experience, apply for our 8-week Summer Internship Program.

HERE ARE THE FACTS:

We will have 5 internship positions available to Native American (AST preferred) students – must have CDIB. The internship is a rigorous 8 week program, up to 20 hours per week, at $10.00 per hour, designed to familiarize you with a variety of professions and technical careers in the healthcare field.

• The Program starts June 4th and ends July 27th, 2018
• Must have a current GPA of 3.0 or above in either High School or College/Vo-Tech and a desire to serve in the healthcare field
• Age range: 16-22 years of age (High School students preferred or College/Vo-Tech students 22 years of age or younger)
• Must be available Tues-Thurs during normal business hours

Applications can be found on the AST Tribal website at www.astribe.com under “Employment Opportunities”. Please submit a cover letter and resumé along with the employment application located on the website.

APPLICATIONS WILL BE ACCEPTED MARCH 26 - APRIL 30, 2018

If you have questions about the application or need assistance please contact Ms. Dayna Dick with AST Health Human Resources at 405.701.7638.

Please contact Mr. Mark Rogers, AST Health Executive Director, at 405.532.6286 with any questions or for information regarding this program.

P: 405.447.0300 • F: 405.701.7631 • WWW.ASTHEALTH.ORG
Dear Absentee Shawnee Tribal Members:

The Elders Council’s guideline improvement process began in December, 2017 wherein the Officers solicited ideas and opinions from members to help improve and meet the current needs of the Elders Council. During January, the members who submitted recommendations were provided the opportunity to distribute copies and state their recommendations. All members were given the opportunity to express his or her views, respond to ideas of others and work toward consensus. Changes will be voted on at the February meeting. Our goal is to institute changes that will encourage and help build participation within the Elders Council.

At the January meeting, I provided a line chart reflecting the number of members that attended each Elders Council meeting during 2017. As we progress through the year, I will update the chart to incorporate 2018 attendance. Our goal is to increase participation and to do this the Officers will diligently work to bring to the table many fun and exciting projects and adventures.

Jan & Mar – no data

The 2017 Internal Audit of the Elders Council financial records was concluded in January by the nominated Audit Committee members. Audit Committee members were; Mrs. Stella Little, Lt. Governor John Johnson, and Mr. John Blanchard. The purpose of the internal audit is to detect and prevent fraud and it also helps with testing internal controls and monitoring compliance with guidelines and procedures. Treasurer Audrey Dodds met with the Audit Committee and presented 2017 financial data and the Audit Committee’s review concluded with a clean opinion. The Audit Report was presented at the February meeting.

The Elders Council members will be selling raffle tickets for five shawls prior to the spring General Council. Raffle ticket cost is $1.00 per ticket and you do not need to be present to win. The drawing for the shawls will be held at General Council, but prior to the start of the meeting. The winners’ names will be posted. Please support this fundraiser that the Elders Council is hosting. All Elder members will have tickets available for purchase.

On February 13, 2018, many Elders attended a special evening honoring Elders and Caregivers sponsored by The Native American Caregiver Support Program/Administration for Community Living. The Elders were served a Tribal Traditional Meal of wild onions, meat gravy, hominy, blue dumplings, fried potatoes and fry bread. We were honored to hear two guest speakers from AARP, Ms. Marshel Sourjohn and Ms. Tewanna Edwards. The entire evening was truly enjoyable. The Elders would like to extend their gratitude to this organization for sponsoring this event and honoring all Elders. The dedicated people who serve this organization are to be commended for sharing valuable information on its resources and giving time to educate the people.

June 2018 Tribal Election!! The Elders Council will host a speaking opportunity for all candidates. Each candidate will be given the opportunity to briefly speak before the start of our April 21, 2018 meeting. The doors will open at 9:00 A.M. Each candidate will be given a few minutes to speak starting at 9:30 A.M. The Elders Council encourages all Absentee Shawnee Tribal members to vote. Your vote can make a difference.

The Elders Council Officers continue to work on an annual calendar of events. Hopefully we will get something published soon. In closing I offer the following:

Quote: If you think in terms of a year, plant a seed; if in terms of ten years, plant trees; if in terms of 100 years, teach the people.

Until next time,
Athedca Edwards-Fletcher

You’re getting a new Medicare card!
Cards will be mailed between April 2018 – April 2019

You asked, and we listened. You’re getting a new Medicare card! Between April 2018 and April 2019, we’ll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You’ll get a new Medicare Number that’s unique to you, and it will only be used for your Medicare coverage. The new card won’t change your coverage or benefits. You’ll get more information from Medicare when your new card is mailed.

Here’s how you can get ready:
• Make sure your mailing address is up to date. If your address needs to be corrected, contact Social Security at ssa.gov/myaccount or 1-800-772-1213. TTY users can call 1-800-325-0778.
• Beware of anyone who contacts you about your new Medicare card. We’ll never ask you to give us personal or private information to get your new Medicare Number and card.
• Understand that mailing everyone a new card will take some time. Your card might arrive at a different time than your friend’s or neighbor’s.
### Weekly Menu

<table>
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<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tr>
<td>Chicken Fry Steak</td>
<td>Chicken Fry Steak</td>
<td>Cabbage Stew</td>
<td>Beef Tips</td>
<td>Manwich</td>
<td>Scrambled Eggs</td>
<td>Scrambled Eggs</td>
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<tr>
<td>Mashed Pot/Gravy</td>
<td>Mashed Pot/Gravy</td>
<td>Crackers</td>
<td>Noodles</td>
<td>Pickles</td>
<td>Sausage Gravy</td>
<td>Sausage Gravy</td>
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<tr>
<td>Green Beans</td>
<td>Green Beans</td>
<td>Cinnamon Roll</td>
<td>Veggies</td>
<td>Tator Tots</td>
<td>Biscuit</td>
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<td>Applesauce</td>
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<td>Plums</td>
<td>Mandarin Oranges</td>
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<tr>
<td>Spring up</td>
<td>Spring up</td>
<td>Baked Chicken</td>
<td>Hot Ham n Chez</td>
<td>Tamale</td>
<td>French Toast</td>
<td>ST Patrick's Day</td>
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<td>one hour</td>
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<td>Wild Rice</td>
<td>Pot. Salad</td>
<td>Tossed Salad*</td>
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<td>Broccoli</td>
<td>Cookie</td>
<td>Refried Beans</td>
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<td>Mandarin Oranges</td>
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<td>Beef Fingers</td>
<td>Chili</td>
<td>Kraut N Wieners</td>
<td>Egg Roll</td>
<td>Scrambled Eggs</td>
<td>Scrambled Eggs</td>
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<td>Stir Fry Veggies</td>
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<td>Vegetables</td>
<td>Chez Sticks</td>
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<td>Hamburgers</td>
<td>Hamburgers</td>
<td>Cold Cut Sandwich</td>
<td>Beans</td>
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<td>Good Friday</td>
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<td>Cornbread</td>
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<td>French Fries</td>
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<td>Mac Salad</td>
<td>Steakfries</td>
<td>Blueberry Muffin</td>
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<td>Mixed Fruit</td>
<td>Mixed Fruit</td>
<td>Apricots</td>
<td>Cake</td>
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NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

---

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM
BREAKFAST SERVED FRIDAYS 9AM TO 11AM

---

FREE MUSIC LESSONS
Guitar • Bass • Piano • Drums
Available to all Native Americans w/CDIB#
For details, call Absentee Shawnee Behavioral Health
405-878-4716
THE INDIAN CHILD WELFARE ACT OF 1978

The Indian Child Welfare Act is a 1978 federal law. It offers protections to Indian children, parents, guardians, and tribes in cases in which a child has been removed from its home. The ICWA forces state courts to recognize the political, cultural, and social standards of Indian tribes and peoples. The Court must consider those standards during any proceeding or placement of the child. The ICWA protects the best interests of Indian children and seeks to promote a stable, secure Indian family.

PARTIES PROTECTED BY THE ACT

Indian children are those enrolled in a tribe or eligible to be enrolled, with at least one parent who is a member of an Indian tribe. The ICWA also protects three other parties. First, it protects the custodial parents of an Indian child should they be accused of wrongdoing. The ICWA makes the state courts provide full notice of all hearings, use expert witnesses, and follow a higher standard of proof than in non-Indian cases. The Act also makes the state court appoint an attorney to represent the parents if they are unable to afford one. Second, the ICWA protects Indian custodians. Indian people who have raised a relative child as if they were their own, or people to whom the natural parents have given temporary custody, are entitled to the same type of notice and protections as the natural parents. Finally, the Act protects tribal rights as well. The state court must give notice to the tribe and generally follow its recommendations about placement. If these parties’ rights are not protected, the Act allows any of them to overturn the result of the state court. The ICWA does not apply in three types of cases. It does not apply in divorces or divorce modifications, unless a termination of parental rights is involved or custody is given to someone other than the natural parents. It does not apply if the child in custody is accused of a crime. Finally, Oklahoma courts have created a third exception to the law: the ICWA does not apply to noncustodial Indian parents who do not support or visit their children.

STATE AUTHORITY OVER INDIAN CHILDREN

In some cases, Oklahoma lacks any kind of authority over an Indian child. If the child lives on trust or restricted land, or in an MHO Housing cluster, or in a dependent Indian community, the state may not have authority to proceed. Under the ICWA, the case must be heard in the tribal court. For other Indian children, the state shares jurisdiction with tribal courts. However, the Supreme Court has said that tribal courts are the preferred court for Indian children. An Indian parent or tribe may request that a case be transferred to tribal court for proceedings.

If a child is placed in foster care, the Act requires the state to follow placement guidelines. The State must follow the Tribe’s Tribal State Agreement and Placement Preferences.

“RESPECT THE INDIAN CHILD WELFARE ACT BECAUSE OUR CHILDREN ARE NOT YOURS TO TAKE”

Before placing a child in a non-familial or non-tribal final home, states are required to make what are called “active efforts” to place the child in an ICWA-compliant situation. These efforts include mandatory attempts at parental and familial reunification before terminating rights permanently, and consultation with the tribe in a timely manner.

IF YOU ARE A GRANDPARENT THAT IS RAISING YOUR GRANDCHILD YOU MAY QUALIFY FOR TANF. GRANDPARENTS THAT HAVE LEGAL GUARDIANSHIP OF THEIR GRANDCHILDREN CAN RECEIVE TANF BY APPLYING FOR “CHILD ONLY” TANF GRANT WHICH WILL ONLY TAKE IN ACCOUNT THE GRANDCHILD’S INCOME/ASSETS. THE DEPARTMENT OF HUMAN SERVICES WILL ASK YOU FOR YOUR INFORMATION, BUT IT WILL NOT BE USED IN THE APPROVAL PROCESS. IF YOU HAVE ANY QUESTIONS IN REGARDS TO GRANDPARENTS APPLYING FOR TANF, PLEASE CALL JULIE WILSON 395-4492.

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a federal assistance program of the Food and Nutrition Service (FNS) of the United States Department of Agriculture (USDA) for healthcare and nutrition of low-income pregnant women, breastfeeding women, and infants and children under the age of five.-grandparents raising their grandchildren may receive WIC for their grandchildren.

If you are interested in becoming an AST foster care home and would like more information please contact Julie Wilson

405-395-4492

COMMUNITY MARKET OF POTTAWATOMIE COUNTY
120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957

HOURS OF OPERATION
MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M.
WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M.
(COMMUNITY FOOD BANK)

Jackie Denny PSSF Program 395-4493

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120 S. CENTER ST. SHAWNEE, OKLAHOMA. (405) 788-4957

HOURS OF OPERATION
MON. 12:30 TO 5:30 P.M., TUE. 10:00 A.M. TO 3:00 P.M.
WED. 10:00 A.M. TO 3:00 P.M., FRI. 10:00 A.M. TO 3:00 P.M.
(COMMUNITY FOOD BANK)
The symposium kicks off at 1 p.m. on Thursday, April 5, with several nationally known scholars of Indigenous media presenting from their research. At 4 p.m., the Chickasaw Nation presents “The Making of Chickasaw Rancher.” At 7 p.m., fraternity Sigma Nu Alpha Gamma presents a drum circle welcome, followed by the screening of “No Reservations” by Trevor Carroll, then the feature documentary “Mankiller.”

Friday’s activities begin at 10 a.m. with the screening of “When They Awake (aka Way Up North: An Arctic Symphony).” A special preview of the PBS documentary “Native America” will show at 1:30 p.m. with series producer Julianna Brannum, OU College of Arts and Sciences Distinguished Alumna, and director Gary Glassman in attendance. Beginning at 3 p.m. on Friday, the short “La Palabra de la Cueva” will show before “Río Verde. El tiempo de los Yakurunas” at 7:30 p.m., the short “Blight,” by Perun Bonser, screens before “Sweet Country.”

Saturday’s schedule includes Children’s Shorts beginning at 10 a.m., followed by two blocks of shorts, one at 1:30 p.m. and the next at 3:15 p.m. At 5 p.m., a special screening of the silent film “A Day in Santa Fe” will feature a live musical performance with Emmy Award-winning Chickasaw composer Jerod Tate and other Native musicians. At 8 p.m., the short “Captivity Narrative,” directed by OU alumnus Jason Asenap, screens ahead of the featured documentary “Rumble.”

For more information or accommodations, contact Karl Schmidt at (405) 325-3020 or karl.schmidt@ou.edu. For a complete schedule, visit nativecrossroads.org.
March 2018 Birthdays!

(Deer) Starr, Christopher Jerome
Alexander, Jason Thomas
Alford, Michael Jason
Alford, Terry Wayne
Allen, Vanessa Olivia
Anania, Salvatore Westbrook
Anderson, Steven Brian
Annis, Loraine Pearl
Applegate, Richard Allen
Araujo, Bearen Demetrio
Arms, Bruce Edwin
Arms, Drake Jagger
Augustine, Dezmond Solomon
Barnes, Bralynn Kierra
Barnhill, Rachel Renee
Beaver Jr., Rodney Gene
Bender, Liyahna Kyne
Benish, Tricia Marie
Bernard, Carol Jean (Mohawk)
Bettelyoun, Isaac Phillip
Bettelyoun, Taylin Hope
Bittle, Mona Jene
Blanchard II, Larry Dean
Blanchard, Brayden Nicole
Blanchard, Cecily Ann
Blanchard, Izabel Marie
Blanchard, Joe Henry
Blanchard, Kolton Reece
Blanchard, Russell Duane
Blanchard, Solomon Grant
Bowden, Rosada Lynn
Bradley, David John
Brady, Dallas Dustin
Brannon, Tkeyah Monique
Brisson, Alexander Armando
Britton, Kara Grace
Brokeshoulder, Ashley M.
Brooks, Amy Louise
Brophy, Eulue Lee Elecyce
Brown, Railynn Taylor
Bryce, Jerry Dale
Buckheart, Elysia Victoria
Buckheart, Phillip Cruz
Burk, Harley Lynn
Cahwee, Yvonne Katherine
Carter, Taylor Wade
Casteel, Rhaeanna Corinne
Caudillo, Herman Russell
Clark, Carol Dawn
Coriz, Clinton Eric
Coyle, Shannon Christine
Cruzan, John
Cruzan, Jon
Cruz, Gregorie Thomas
Cuearl Jr., Leno
Davis, Shawn E.
Day, Linda G.
Day, Rosanna Jolena
Deer, Makiyah Kaylind Anora
Denson, Hilda Mae
Eckiwardy, Alano Ezekiel
Edgin, Laura Marie
Ellis, Andrew
Ellis, Leann Dee
Ellis, Mark Russell
Ellis, Renee June
Elsoo, Kasia Lee
Englin, Adam Joe
Fdgdf, Bnno
Fenner, Alannah Benae
Ferre, Sierra N
Fife, Zachariah Everett
Fontenot, Teddy Lynn
Foreman, Henry Jake
Foreman, La Donna Rochelle
Foreman, Merilee
Foster, Gabriel Lee
Frazier, Andee Danielle
Freeman, Retha Ann
French, Jeffrey Martin
Fuller, Rhealee Grace
Garretson, Leslie Carol
Garretson, Stephanie Rae
Garretson, Tanisha Marie
Gibson, Charles Arthur
Gibson, Dylan Scott
Gibson, Isaiah Dean
Gibson, Jaylan Chaunce
Gibson, Johnathan Caine
Gibson, Joshua Lee
Gibson, Phillip Craig
Gibson, Toney Ellise
Grass, Ayson
Grass, Gavin John
Gravel, Robin Renee
Graves, Casey James
Greeley, Willow Maria
Grace
Grover, Michelle Renee
Hall, Elizabeth Lynn
Hall, Kayla Collette
Hargis, Faith Marie
Harjo, Jacob Lee
Harjo, Jimmie Dean
Harjo, Sammy
Harjo, Shirley Ann
Harjo, Zerek Bishop
Harp, Emily Sue
Haskins, Michael Truett
Herrera Jr., Rudy
Herrera, Richard John
Hilderbrand, Derek Mitchell
Hood, Richard Foster
Hood, Ross Damon
Hooper, Michael Shayne
Hubble-Kirschner, Skylur
Nacole
Hunt, Lyndon Brandon
Ibarra, Rosalee Brianna
Izzzet
Irvin, Catherine Ann
Isaac-Robbins, Shirley Jean
Isaacs, Leann Vachon
Johndrow-Boston, Mark
Joseph
Johnson Jr., Hubert Dana
Johnson Jr., Walter Mack
Johnson Sr., Walter Mack
Johnson, Alexis Lynn
Johnson, John Daniel
Johnson, John Pershing
Johnson, Leam Edwin
Johnson, Pamela
Johnson, Shirley Renee
Johnson, Skylar Wind Dancer
Jones, Dennis Roy
Judkins, Charles Gary
Kaniatobe, Tiffany Paige
Ketakea, Georgia Kay
Ketakea, Kayla Marie
Khalil Qureshi, Maryam Anisah
Khalil-Quraishi, Sumiyah
Khan, Keyania Shaneil
Kickapoo, Collins Kristopher
Kilmer, Houston Colt
Kirschner, Tony William
Kisor, Alexander Jordan
Landrum, Avery Lynn
Lasonberry, Whitley Sue Mae
Leach, Melissa Louise
Leatherman, Maximus Phillip Florentino Antonio
Ledezma II, Roberto Bernal
Lee, Catherine Stacey
Lemon, Toni Marie
Leroy, Mary Denise
Lewis, Katlyn Hope Cooksey
Lewis, Quinton DeWayne
Lindsay, Lila
Little Axe, Dennis Robert
Little Axe, Skye Keenan Patrick
Little Charley, Estelena
Little Charley, Gary Dean
Little Creek, Levi Kelly
Little, Benjamine Ray
Little, Keith David
Little, Marysa Fay
Little, Micco David
Littlebear, Kenedsue
Littlebear, Trinied Adam
Littlecreek, Jada Marie
Littlecreek, Jeremiah James
Littlecreek, Sadie Rachele
Logan, Priscilla Ann
Longhorn, Bradley Lucky
Longhorn, Tommy Dale
March 2018 Birthdays!

Longhorn, Vaun Marie
Longman Jr., Clyde Bennie
Longman, Michael Ray
Loving, McKinley Grace
Lowe, Victor Shane
MacK Jr., Thomas James
MacK, Cameron Wayne
MacK, Ryan Dale
Mahtapene, Charlie Renee
Martinez, Alexee June
Masquas, Taylor Daine
Masquat, Cameron Isaiah
Masquat, Nathaniel Gage
Maxwell, Kimber Leigh
Mayo, Michelle Marie
McBride, Taylor Iralee
McBroom, Ashley Denise
McBroom, Michelle Leigh
McCray, Ashley Nicole
McDoulett, Karen Susan
McConigal, Peter Roygan Hodge
McGuire, Kasi Lynn
McKinney, Mahnee Zuri
McLovin, Alexander Charles
McMillen, Destenie DeAnne
McPherson, Maiden Ashlee Kaylinnn
Megehee, Alicia Kaye
Merrell, Jason Andre
Miller, Louis-Renee Sarah
Miller, Patrick Michael
Miller, Redena Kay (Blanchard)
Miner, Matthew Carl
Mohawk, Billye-Jo Ryleigh
Molina, Terry Randall
Montgomery Jr., Wendall Len
Moore, Joseph Dakota
Moore, Patricia Naomi
Morgan, Katie Lynne
Morton Jr., Jeremiah James
Morton, Hannah Raine
Nakamoto, Lisa Marie
Nelson, Linda June
Nuckolls, Larry Wayne
Oney, Mattison Marie
Ongaco, Ariana D. Wilson
Onzahwah, Leroy Galin
Ozeretny, Gary Lee
Panther IV, William
Panther, Ashlynn Nevaeh
Panther, Cyerra Lynn
Patten, Sherri Louise
Pease, Xailey May
Peetoom, Alexander R S
Pickering, Gertrude Bernice
Powell, Terry Shane
Price, Judith Ann
Puckitt, Steven Ray
Rainey, Katherine Lydia Warrior
Rakestraw, Colton James
Rakestraw, Corbin Lee
Respicio, Lucas Antonio
Rex, Suzzy Jean
Reyes IV, Jose Ysmael
Richard, Eryxon Joe
Richey, Gunner Wayne
Rigney, Sean Librado
Roach, Dustin Michael
Roach, Dylan Lane
Robbins, Joshua Dale
Robinson Jr., Richard Dion
Robinson, Jack Alan
Rolette Jr., Larry James
Rolette, Seth Allan James
Ruimveld, Vickey Lynn
Runsabove, Bryant Kent
Ryan, Ryder Lazaro
Sanchez, James Andrew
Scott, Denise Renee
Self, April Jennell
Self, Sheila Ann
Sevier, Jennifer Michelle
Sloan, James B.
Sloat, Athena Kayra
Sloat, Christina Sue
Sloat, Jeremy Clay
Smith, Courtni Renee
Smith, Daleana Lee
Snake, Steven Ray
Soap Jr., Roger Eugene
Spoon, Alexander Jacob
Spoon, Dasiya Vernice
Spoon, Elijah Gage
Spoon, Gracelynn Faith
Spoon, Isabella Lorraine
Spoon, John Allen
Spoon, Robby Wayne
Spoon, Sherrie Dawn
Spriggs, Dakota Paul
Squire, Jerry Wayne
Starr, Jesse Lloyd
Starr, Lawrence Mitchell
Stephens, Aubriana Nichole
Steves, Adam James
Stinger, Heather Ann
Stone, Taylor Cheyenne
Straight, Lela Gale
Stryker, Vikki Dawn
Stuckey, Zoe Ellori
Sutton, Mason Riley
Sutton, Virginia Lee
Swaggerty, Heather Lacharlotte
Switch, Faye Ramona
Switch, Redonna Lynn
Takah, Everett Wade
Tapia, Dakotah Cruz
Taryole, Newman Ryan
Taryole, Sydney Alixandra
Tascier, Matthew Isaiah
Taylor, Aaden John
Taylor, LaFonda Raye
Taylor, Scott Alan
Thapa, Sonya Shree
Thompson, Billie Gean
Thompson, Brandee Ian
Thorhill, Nathaniel Weston
Thorpe, Kimberly Clarice
Thorpe, Mary Elizabeth
Tiger, Anthony Michael Gene
Tiger, Donna Jean
Tiger, James Scott
Tiger, Raymond Gary
Toca, Kelly Amanda
Tucker, Brian O’Neal
Tucker, Keely Marie
Turner, Monica Francesca
Turner, Terry Michael
VanLiew, Naomi Maye
Villalobos, Lena Lou
Walker, Morgan Baylee
Walker, Vera N
Wallace, Christopher James
Walley, Aubree Michelle
Walley, Brian Jeffery
Warrior, Shawna Kogee
Watkins, Melysha Raven
Watson Jr., Theodore Randall
Watson, Bryeanna Renee
Louise
Watson, Martha Ruth (Tiger)
Wenholm, Jody Dawn
Werde, Luke Jake
Wesley Jr., Daniel Kenneth
Westberry, Casey LyDale
Westberry, Hayley Morgan
White Thunder, Shelsie Mae
White, Calvin Lee
White, Raelynn
Williams, Bryce Cameron
Williams, Cody Grant
Williams, Johni Kaleen
Williams, Kayce Brylin
Williams, Mark Henry
Williams, Matthew James
Williams, Taree Renea
Wilson, Annette Ponkilla
Wilson, Mitchell James
Wayne
Winter, Warren Patrick
Witt, Adam Wayne
Wolf, Bryne Andrew
Wolfe, Leonard Wayne
Woods, Kathy Lynn
Wright, Tasha Laquinta Suzanne
Wyatt, William David
Yandell, Steven Joseph
Yates, Kylie Ann
Yeahpau, Roman Mausanap
Zinn, Jenifer Coleman

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Longhorn, Bradley Lucky
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Wesley Jr., Daniel Kenneth
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Westberry, Hayley Morgan
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Williams, Cody Grant
Williams, Johni Kaleen
Williams, Kayce Brylin
Williams, Mark Henry
Williams, Matthew James
Williams, Taree Renea
Wilson, Annette Ponkilla
Wilson, Mitchell James
Wayne
Winter, Warren Patrick
Witt, Adam Wayne
Wolf, Bryne Andrew
Wolfe, Leonard Wayne
Woods, Kathy Lynn
Wright, Tasha Laquinta Suzanne
Wyatt, William David
Yandell, Steven Joseph
Yates, Kylie Ann
Yeahpau, Roman Mausanap
Zinn, Jenifer Coleman
Vikki Dawn
Have a beautiful birthday, my beautiful cousin!
Love, Sherrie Dawn

Deanna Marie Spybuck
Wishing you the happiest birthday ever. I love you Cuz.
OOOs & XXXs, Sadie

Deanna, Happy Birthday cousin! Hope it’s a great one for you!
Love, Sherrie, kids, & Aunt Sadie

Dearest Aunt Gert,
Happy Happy Birthday to you on your special day! XOXO
Sherrie, Jil, Jop, Justin, and RAT

Happy Birthday to my granddaughter,
Lee Anne Marie Kochony
I love you, Granny Low

Sherrie, Wishing you a beautiful, wonderful Birthday!
Love always,
Creep, Chlo, and Duke

Happy Birthday to my beautiful baby daughter
Sherrie D. Spoon
Hugs & Kisses
Lots of love, Mom

Shelsie White Thunder
March 30th
25th Birthday wishes from
Mom, Dad, Shelby, Bryson, Sheldon, Kelsie, & NaKiaus

FEBRUARY
HAPPY BELATED BIRTHDAYS TO:
Rikki Blanchard - February 17th
Leland Blanchard - February 28th
from Sis, Tommy, Shelsie, Shelby, Sheldon, Kelsey, NaKiaus, and Bryson

Shelby White Thunder - February 3rd
from Bryson, Mom, Dad, Shelsie, Sheldon, Kelsey, and NaKiaus
Flu Activity Rising in U.S.

In recent weeks the impact of the flu virus on our state has been substantial. The number of flu-related hospitalizations and deaths has risen dramatically throughout the state. School districts have cancelled school for students due to outbreaks of the flu.

As of February 7, 2018, the Oklahoma State Department of Health reported over 2000 hospitalizations and 92 deaths from the flu this season (beginning September 1, 2017). The flu is a very contagious respiratory illness caused by the Influenza virus. Influenza, or the flu, can cause symptoms anywhere from mild to severe and can even lead to death, especially in older adults, younger children, and certain people with chronic health conditions.

Symptoms of the flu include:
- Fever—although not everyone with the flu will develop a fever
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Vomiting and diarrhea—more common in children than adults

The flu is spread primarily by droplets in the air made when people cough, sneeze, or even talk. The droplets can travel through the air up to six feet and land in the mouths or noses of others infecting them with the flu virus. The droplets landing on surfaces such as tables and chairs can also infect others by them touching the surfaces and then touching their nose, mouth, or eyes.

If you have the flu virus, you can spread the virus to other people up to 1 whole day before you even start to feel symptoms and up to 7 days after you become sick. Symptoms generally start 1 to 4 days after the virus enters your body. This means not only can you pass the flu on to others while you are sick, but before you even know you are sick.

Hand hygiene is very important in cutting down on the spread of the flu. Hands should be washed quite often with warm water and soap or hand sanitizer. If someone in your home is sick it is important to clean their linens and any surface or areas of the home they come in contact with so that others are not infected. The sick person should always be mindful of covering their mouths with a tissue when coughing or sneezing in order to keep droplets from spreading through the air.

It is not too late to get a flu shot! The sooner you receive a flu shot the better because it takes up to two weeks for antibodies to build up in the body to protect you from the flu virus. The CDC recommends that everyone age 6 months and older get a flu vaccine each year. Native Americans fall under the category of “high risk” and are especially urged to receive the flu shot. The flu shot is available at the Little Axe and Shawnee clinics by appointment and on a walk-in basis at Plus Care and Shawnee Clinic Extended Hours Clinics. For more information about the Influenza virus visit the CDC website at https://www.cdc.gov/flu/index.htm or contact the ASTHS Public Health Nursing Department.
In 2012, wildfires within the City of Norman resulted in one death, destruction of 58 homes, and burning of an estimated 4500 to 7000 acres. The amount of deadfall and leaf litter that has built up on the forest floor, combined with dry weather conditions and high winds, makes us vulnerable to such tragedies again.

Join Norman Fire Chief Travis King and Oklahoma Forestry Services’ Drew Daily to learn about:

**WHAT FIRE OFFICIALS ARE DOING:**

- Plans to conduct preventive controlled burns around the entire perimeter of Lake Thunderbird beginning this Spring as weather allows
- Opportunities to hire OFS to conduct prescribed burns on private property

**WHAT YOU SHOULD DO:**

- How to prevent wildfires
- How to protect your home from wildfires
- What to do in the event of wildfire

**SATURDAY, FEBRUARY 24, 2018**

9:00 A.M.

City of Norman’s Little Axe Community Center

1000 168th Ave. N.E.

Norman, OK

(South of Highway 9 by the baseball/softball fields)

Organized as a community service by the Little Axe Chamber of Commerce and the Little Axe Community Center

Thanks to Norman Fire Department and Oklahoma Forestry Services
## EMERGENCY NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
<th>Number</th>
<th>Contact Information</th>
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<tr>
<td>EMERGENCY ASSISTANCE</td>
<td>911</td>
<td>Police, Fire, Ambulance</td>
</tr>
<tr>
<td>HEARTLINE EMERGENCY</td>
<td>211</td>
<td>State of Oklahoma</td>
</tr>
<tr>
<td>TRIBAL POLICE</td>
<td>405-275-3200</td>
<td>Absentee Shawnee</td>
</tr>
<tr>
<td>TRIBAL EMERGENCY MANAGER</td>
<td>405-740-1562 (Cell)</td>
<td>Absentee Shawnee</td>
</tr>
<tr>
<td>SHERIFF</td>
<td>405-273-1727</td>
<td>Pottawatomie County</td>
</tr>
<tr>
<td>CITY POLICE</td>
<td>405-273-2121</td>
<td>Shawnee</td>
</tr>
<tr>
<td>CITY EMERGENCY MANAGEMENT</td>
<td>405-273-5272</td>
<td>Shawnee</td>
</tr>
<tr>
<td>COUNTY HEALTH DEPT.</td>
<td>405-273-2157</td>
<td>Pottawatomie County</td>
</tr>
<tr>
<td>SHERIFF</td>
<td>405-701-8888</td>
<td>Cleveland County</td>
</tr>
<tr>
<td>CITY POLICE</td>
<td>405-321-1600</td>
<td>Norman</td>
</tr>
<tr>
<td>HEALTH DEPT.</td>
<td>405-749-1591</td>
<td>Cleveland County</td>
</tr>
<tr>
<td>OG&amp;E</td>
<td>405-272-9595</td>
<td>Report Power Outage</td>
</tr>
<tr>
<td>CANADIAN VALLEY</td>
<td>1-800-522-6870</td>
<td>Power Outage</td>
</tr>
<tr>
<td>DEPT. OF ENVIRONMENTAL QUALITY</td>
<td>1-800-522-0206</td>
<td>State of Oklahoma</td>
</tr>
<tr>
<td>HIGHWAY PATROL</td>
<td>405-425-4385</td>
<td>Road Conditions</td>
</tr>
</tbody>
</table>

## EXTREME INFLATABLE TEAM RELAY

**Heroes & Villains**

**April 7th, 2018**

Little Axe Health Center

Dress like your favorite villains or heroes and get your team registered!

- Adult, Youth, Teen or Family Teams!

Bracket style - Single Elimination

Registration closes April 2nd!

Starts at 9:30 am!!

Each team is allowed 1 substitute team member.

**Participant 1 name:** __________________________  **AGE:** ______  **Parent/Guardian signature:** __________________________

**Participant 2 name:** __________________________  **AGE:** ______  **Parent/Guardian signature:** __________________________

**Participant 3 name:** __________________________  **AGE:** ______  **Parent/Guardian Signature:** __________________________

**Participant 4 name:** __________________________  **AGE:** ______  **Parent/Guardian Signature:** __________________________

**Substitute name:** __________________________  **AGE:** ______  **Parent/Guardian Signature:** __________________________

**Phone:** ______________  **Team Style:** Family  Youth  Adult  Teen

**For more information contact 761-7993**

**Contact us immediately if your team needs to drop out.**

**TEAM NAME:** __________________________

I, grant my child, permission to participate in the Absentee Shawnee Extreme Inflatable 3k Relay. In consideration of the acceptance of this entry I waive all claims for myself, and my heirs against the sponsors, co-operating groups and any individuals associated with this event and will hold them harmless for any and all injuries which may result my participation. I hereby give my permission for my participation or my child's participation. I hereby give permission to the event sponsors to use my name and image without limitation or obligation. I certify that those participating are physically fit for this event and understand the risks involved by participating in this event.

**Event hosted by MYDNA & Diabetes & Wellness**
The AST Diabetes and Wellness Fitness Center provides state-of-the-art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

Buster Bread  
Fitness Manager

Chrissy Wiens  
Physical Activities Specialist

Brandon Goodman  
Fitness Technician

McKenna Watson  
Fitness Technician

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:
Monday-Friday  6:00am - 9:00pm
Saturday  9:00am - 3:00pm
Sunday  CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org. (Then navigate to our Diabetes and Wellness section under the services section.)
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</thead>
<tbody>
<tr>
<td><strong>CLASSES</strong></td>
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<td><strong>CLASSES</strong></td>
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<tr>
<td>Zumba Fitness</td>
<td>Strength Circuit</td>
<td>Cardio Kickboxing</td>
<td>Strength Circuit</td>
<td>Zumba Fitness</td>
</tr>
<tr>
<td>6:15 a.m.-7:00 a.m.</td>
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<tr>
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| **CLASSES**     | **CLASSES**      | **CLASSES**       | **CLASSES**      | **CLASSES**     |
| Dance Mix Wednesday | 12:00 p.m.-12:45 p.m. |                |                  | HIIT Friday     |
|                 |                  |                  |                  | 2:30 p.m.-3:15 p.m. |
|                 |                  |                  |                  | Buster Bread    |
|                 |                  |                  |                  | LITTLE AXE HEALTH FACILITY |

**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

“Dance Mix” - Bring a co-worker, your shoes, and your energy to learn new and FUN dance moves to help improve your fitness level.

“Circuit Training” - A time efficient training system aimed at developing strength through pre-determined training stations.

“Aerobic Circuit” - Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

“HIIT” - High-intensity Interval Training alternates between intense training intervals and brief rest periods to give you an short and effective workout.

**Absentee Shawnee Fitness**

**Diabetes and Wellness**

**IF YOU’D LIKE TO SUBMIT AN AD OR ARTICLE:**

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

**ALL ARTICLES FOR THE NEXT MONTH’S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH**

**UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT PER BIRTHDAY WISH.**
March is National Nutrition Month (NNM) where we recognize food as the substance by which life is sustained and that the type, quality and amount of food we eat plays a vital role in our overall health, physical well-being and the collective wellness of society. In honor of NNM, I invite you to make this a Mindful Eating March!

In today’s society, we are so disconnected from the foods we consume. Many of us no longer grow, harvest, raise or hunt for the foods we eat. We might just think our food simply came from the grocery store or the fast food chain. But food connects us all in a very unique way. Humans must eat to survive; therefore, eating should be reestablished as a sacred effort. In this sense, sacred is not a religious term, but one of a spiritual connection with life and earth. Mindful eating can help us remember how interconnected we are to the foods we eat, the farmers and ranchers, our soil, our culture and our environment.

To start your own Mindful Eating practice, take time to consider the following: What is this food and why did I select it? How will this food nourish my body? How processed is this food? Where did this food come from? How far did this food travel to get to me? What was the cost of the transportation? What was the wage of those harvesting this food? Then, when you begin eating, focus on the taste, texture and pleasure you derive from this food as well as the amount required by your body.

Reflection on these thoughts and feelings will lead to a greater understanding that eating is not just about relieving our hunger or calming our emotions. We are connected to a greater whole through the foods we eat and what we choose to eat can have great impact on ourselves and others. Mindful eating encourages us to recognize that each food item we eat is a precious gift. In developing gratitude for this gift, we are invited into a more meaningful relationship with food, life and earth.
These events are funded, in part, by the Administration on Community Living’s Senior Medicare Patrol grant.
Greetings Absentee Shawnee Tribal Members!

Voting is one of the most important responsibilities we have as a Tribal Members. It is our chance to select leaders who understand the issues and can grow our tribal assets and protect our culture and traditions.

I believe that many of you know me, but some of you may not. I offer the following brief summary of my lineage. My mother’s name is Martha Ellis Edwards, an Absentee Shawnee Tribal Member. She was the daughter of Sargent Ellis and Anna Bullfrog. My sibling brothers are Lee, Glen and John Edwards. My sisters are Charlene, Gilreath and Cheryl. My brothers were active in Tribal Government and contributed in many ways to the growth and success of our tribe. My father is John Edwards who is not of the Shawnees.

I was born, raised and educated in Oklahoma; I have been a member of the Absentee Shawnee Tribe my entire life; and I am very proud of these facts. My mother and father believed in Indian traditions. Sally Tyner, the oldest tribal member at the time of my birth, gave me my Indian name just as she did for all of my siblings. My father was a leader at many stomp dances, and was asked to lead because he had a strong and melodic voice that the people loved to hear. My mother was always a shell shaker behind my father. My mother and father honored tribal traditional, but realized that their children needed the ability to navigate both worlds; therefore, we were encouraged to seek higher education and training.

My hope is that I can share the knowledge that I have gained through education and through my professional career in the private sector. If elected, I strongly believe that I can help our tribe in many areas and contribute to the success of our tribe.

I have tossed my hat into the ring to run for Tribal Representative. I do this in hopes that you, the People, will vote for me so that I can “make a difference” within our Tribal Government. I hope to visit many of you personally in the upcoming months prior to Election Day.

Until next time,
Athed a W. Fletcher
Absentee Shawnee Tribe
Education Department
presents:
FINANCIAL AID

Come and join us to hear about Financial Aid from staff at the Oklahoma College Assistance Program

When: Monday, March 26, 2018
6 pm to 7 pm

Where: Little Axe Resource Center
1970 156th Avenue NE
Norman, OK 73026

Refreshments will be served.

For more information:
Tresha Spoon
Director of Education
405.275.4030 Ext. 6242
tresham@astribe.com
ATTENTION TRIBAL MEMBERS!!!

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID’s only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID’s in the mail. If you have any questions, please call (405) 275-4030, ext. 6225 or 6255.

THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.
Tribal Members,

This article is an outline of the Procedure that my office will follow to provide assistance in the Tribal Program that was only created a few years ago concerning Emergency/Assistance Home Repairs. Please understand that this program DOES NOT have unlimited funding. The budget amount is appropriated every year, and that amount is based upon revenue generated that is used for our General Fund Budget. We are not allowed to use Grant, Indirect Cost, BIA or HIS monies for this program.

Emergency/Assistance Home Repairs

To request assistance:
1. You must physically live in the residence that is needing repairs.
2. Fill out a request form at Mary Billy’s office, Building 1, Second Floor, Office #201.
3. Call Mary Billy, (405) 275-4030 ext. 6267. If she’s not available, you can call Reta Harjo, ext. 6249. Your call will be entered into a phone log of time and date you called. Notes will be made of the type of assistance you are requesting.

Information needed: All information taken will be put into a file created for each individual Tribal Member and all information will be kept confidential.
1. Name
2. Address
3. Phone Number
4. CDIB #
5. Copy of Deed to home with Tribal Members name on it who is requesting assistance.

This program cannot and will not work on:
1. AST Housing Authority homes – call 273-1050 to inquire about any possible assistance if living in one of their homes that hasn’t been paid off.
2. Rental homes – contact the person/company you are renting from for any necessary repairs.
3. Homes that are in the process of being bought.
4. Homes with multiple heirs – a Residential Lease/Agreement signed by a majority of heirs listed must be provided in order to use this program.

You will be asked if you live in any type of these homes.

Medical/Handicap requests: Any request made under this category will need the following
1. A formal letter written from your Primary Healthcare Provider requesting the specific type of assistance needed for the individual.
2. Letter written on Health Care facility letterhead.

A work order will be submitted for each request into our newly installed electronic system.

An assessment will be made to determine whether the repairs should be made by the Homeowner, or if the program can be utilized, then the assessment will determine whether the repairs can be made by our staff or by contractor.

This program’s objective is to help with unpredicted repairs. It shouldn’t be thought of as a means for maintenance on your home. Please do not depend nor expect this Tribal program to provide you, the Homeowner, with any and all types of repair assistance. Our attempt is to reach out to as many Tribal members as possible with a limited amount of funding and resources.

MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY
LUNES | MARTES | MIERCRES | JUEVES | VIERNES

1. El Reno Health Dept.
2. Norman CCHD
3. Mustang Library
4. Logan Health Dept.
5. Capitol Hill High School
6. NSO WIC
7. Norman COCAA
8. NorthCare
9. Jim Thorpe Academy
10. Variety Care Straka
11. OKC Indian Clinic
12. Variety Care Lafayette
13. Variety Care Straka
14. OKC Indian Clinic
15. Jim Thorpe Academy
16. Variety Care Lafayette
17. Variety Care Portland
18. MOORE COCAA
19. variety Care Portland
20. Variety Care Straka
21. Lincoln Health Dept.
22. DHS 55B
23. Yukon Integris Hospital
24. Variety Care Portland
25. Everest
26. Variety Care Portland
27. Everest
28. CLOSED
29. CLOSED
30. CLOSED

LtGovernorReport
www.infantcrisis.org/babymobile
405-528-3663
**Absencee Shawnee Tribe Tax Commission**

2025 S. Gordon Cooper Drive  
Shawnee, OK 74801  
(405) 275-4030 • Fax: (405) 214-4225

**NEW REGISTRATIONS**

- VALID OKLAHOMA DRIVER’S LICENSE  
- VALID OKLAHOMA INSURANCE  
- CDIB/ENROLLMENT CARD  
- NOTARIZED TITLE  
- NOTARIZED BILL OF SALES or PURCHASE AGREEMENT  
- LIEN ENTRY FORM (if you are making payments)  
- LIEN RELEASE FORM (if previous owner had lien)

**TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS**

*Note: You may be asked to provide supporting documentation for verification purposes.*

**RENEWALS**

- VALID OKLAHOMA DRIVER’S LICENSE  
- VALID OKLAHOMA INSURANCE  
- CDIB/ENROLLMENT CARD  
- PREVIOUS YEARS REGISTRATION

**TAG PRICES**

<table>
<thead>
<tr>
<th>Years</th>
<th>Price</th>
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<tr>
<td>1-4</td>
<td>$85</td>
</tr>
<tr>
<td>5-8</td>
<td>$75</td>
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<tr>
<td>9-12</td>
<td>$55</td>
</tr>
<tr>
<td>13-16</td>
<td>$35</td>
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<tr>
<td>17+</td>
<td>$15</td>
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**PENALTY**

$0.25 A DAY

**FY-2018 YTD TAX COLLECTIONS (through 01/31/2018)**

<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>YEAR-TO-DATE TOTAL</th>
<th>% OF TAXES COLLECTED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sales (6%)</td>
<td>$6,955.22</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$6,955.22</td>
<td>3.10%</td>
</tr>
<tr>
<td>Gaming % of free cash</td>
<td>$150,000.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$150,000.00</td>
<td>66.78%</td>
</tr>
<tr>
<td>Employee (1%)</td>
<td>$11,386.59</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$11,386.59</td>
<td>5.07%</td>
</tr>
<tr>
<td>Severance (8%)</td>
<td>$4,549.73</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$4,549.73</td>
<td>2.03%</td>
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<tr>
<td>Motor Vehicle</td>
<td>$11,963.40</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$11,963.40</td>
<td>5.33%</td>
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<tr>
<td>Motor Fuel Taxes (Qtrly.)</td>
<td>$35,258.38</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$35,258.38</td>
<td>15.70%</td>
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<tr>
<td>Tobacco Refund</td>
<td>$4,367.11</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$4,367.11</td>
<td>1.94%</td>
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<tr>
<td><strong>TOTAL TAXES</strong></td>
<td>$224,480.43</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$224,480.43</td>
<td>100%</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$122.50</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$122.50</td>
<td>0.05%</td>
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<tr>
<td><strong>TOTAL COLLECTIONS</strong></td>
<td>$224,602.93</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$224,602.93</td>
<td>100%</td>
</tr>
</tbody>
</table>

**WOMEN’S HEALTH SERVICES**

There is a welcoming place for women.

Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don’t take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier. Better. More able to do the hard work that women do.

**Little Axe Health Center**

15951 Little Axe Dr.  
Norman, OK 73026  
405.447.0300

**Shawnee Clinic**

2029 S. Gordon Cooper Dr.  
Shawnee, OK 74801  
405.878.5650 - 1.877.878.4702 (Toll-free)

Absentee Shawnee Tribe Health System


AAAHC
February was Teen Dating Violence Awareness Month, if you have any questions please contact the Absentee Shawnee Tribe’s Domestic Violence Department at (405) 273-2888.
WHITE BISON, Inc.
A Cultural Approach to Personal Recovery
Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bldg. 16)

For further information, contact:
Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987

Honoring Our Past
With Promise for
Our Future

LIFE is Beautiful
Living Meth Free

National Suicide Prevention
1-800-273-8255 (TALK)
ALERT
Be aware of your surroundings and look for out of the ordinary persons.

LOCKDOWN
Locking doors may not be enough, learn ways to barricade where you are to keep the attacker out.

INFORM
Call 911 when it is safe to do so but also tell others of what is happening. You may have to work as a team to buy time before the police arrive.

COUNTER
As a last resort, if face to face with an attacker, then violence should be employed to disrupt their goals. Use force of numbers to your advantage.

EVACUATE
Primary focus is to evacuate the danger area, just like a fire, do not wait for the police.

MARCH 6TH, 2018, 2PM – 4PM
ABSENTEE SHAWNEE TRIBE
MULTI-PURPOSE BUILDING
2029 South Gordon Cooper Drive, Shawnee, OK

The A.L.I.C.E. program, while designed for schools, coincides with the Department of Homeland Security model of Run, Hide, Fight. This training is free and open to all employees of the Absentee Shawnee Tribe. All employees are encouraged to attend.

ALICE is a set of proactive, options-based strategies that increase your chances of survival during a violent intruder or Active Shooter event. This course is designed to teach skills and strategies that bridge the gap between the times a violent event begins and law enforcement arrives.
Grass Mowing Application

The following are the requirements for this program:

1. Must be an Absentee Shawnee Tribal Member
2. Must be 65 years or older
3. Handicap/Disabled
4. Must provide proof of residency
5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will ONLY mow and weeds eat applicant’s lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. NO RENTAL PROPERTY will be mowed.

If you have any questions, please contact Reta Harjo at (405) 275-4030 ext. 6249

NAME: ____________________________________________

ADDRESS: __________________________________________

CITY: ____________ STATE: ____________ ZIP: ____________

CDIB #: ____________ DOB: ____________

HOME PHONE: ____________________ MESS. PHONE: ____________________

Finding directions to home:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________
LITTLE AXE HEALTH CENTER OPTOMETRY

34 35

or prescription optical products. The allotted $350.00 will be used towards prescription eye

December 30, 2017.

they will be responsible for notifying ASTHS Contract Health Services (405.701.7951

*No combining of discounts allowed

benefit, the Tribal member will be responsible for the out of pocket expense.

OPTOMETRY

Shawnee Main Office: Enrollment Manager

ATTENTION

Did You Know.....

Any name changes that may occur

(i.e. marriage, divorce, etc.) need to be updated

through enrollment, BEFORE any new

registrations or renewals can be processed.

Let your voice be heard.

Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr,
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr,
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477
<table>
<thead>
<tr>
<th>Office</th>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Gov</td>
<td>Edwina Butler-Wolfe</td>
<td>6308</td>
</tr>
<tr>
<td>Lt. Gov</td>
<td>John R. Johnson</td>
<td>6289</td>
</tr>
<tr>
<td>Secretary</td>
<td>Ezra Delodge</td>
<td>6284</td>
</tr>
<tr>
<td>Treasurer</td>
<td>Leah Bender</td>
<td>6230</td>
</tr>
<tr>
<td>Rep</td>
<td>Anthony Jackson</td>
<td>6237</td>
</tr>
<tr>
<td>RECEPTIONIST</td>
<td>Lea Betteleyour</td>
<td>4030</td>
</tr>
<tr>
<td>CULT PRES.GIFT SHOP</td>
<td>Mary Rodriguez (Gift Shop)</td>
<td>6310</td>
</tr>
<tr>
<td>Devin Fraser (Library)</td>
<td></td>
<td>6243</td>
</tr>
<tr>
<td>Ashley Brokeshoulder</td>
<td></td>
<td>6312</td>
</tr>
<tr>
<td>Erin Thompson</td>
<td></td>
<td>6290</td>
</tr>
<tr>
<td>Kyra Underwood</td>
<td></td>
<td>6238</td>
</tr>
<tr>
<td>Suhaila Newport</td>
<td></td>
<td>6245</td>
</tr>
<tr>
<td>Leaf Bender</td>
<td></td>
<td>6232</td>
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<tr>
<td>DOMESTIC VIOLENT/FAMILY SERVICES</td>
<td>Melissa Lopez</td>
<td>6333</td>
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<tr>
<td>Legal</td>
<td>Lacey Carey</td>
<td>6315</td>
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<tr>
<td>Lindsay Hernandez</td>
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<tr>
<td>Taylor Willis</td>
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<td>6229</td>
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<tr>
<td>Domestic Violence Advocate</td>
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<td>Sexual Assault Advocate</td>
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<td>MS</td>
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<td>OEH</td>
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<td>POLICE DEPT</td>
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<tr>
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<td>HORSE SHOE BEND</td>
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<td>REALTY</td>
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</table>

**FINANCE**

Holly Davis                       | 6265   |
Twyla Blanchard                  | 6233   |

**HUMAN RESOURCES**

Cheri Hardman                  | 6252   |
Elizabeth Clark                | 6296   |
Casey Adams                   | 6337   |

**ICW**

Ronelle Baker                 | 6265   |
J Ulie Wilson                | 6276   |
Jackie Denny                 | 6277   |

**LITTLE AXE RESOURCE CENTER**

Duke Blanchard              | 585-3669|

**MAINTENANCE**

Kevin Kasco                 | 6316   |
Rutbal Harjo               | 6249   |
Stephen Fife              | 6234   |
Sheri Yetter, Isaac Betteleyoun, John Mann, Tom White, Donnie Marshall | 6331   |
Robert E. Welty         | 585-8310|

**OEH**

Kenjones                     | 6223   |
Jamod Loyd                  | 6229   |
Rebecca Diven               | 6230   |

**POLICE DEPT**

Brad Gaylord, Chief          | 6302   |
Linda Day                   | 6261   |
Ric Mantocho              | 6278   |

**PROCUREMENT**

Asaylia Claytor           | 6291   |
Shebitly Thorpe           | 6244   |
Tara Battsle            | 6410   |

**REALTY**

Cecil Wilson              | 6246   |
Lea Tsotaddle              | 6248   |
Colleen Butler              | 6247   |

**SOCIAL SERVICES**

Annie Wilson (Director)   | 6225   |

**TAX COMMISSION**

Alicia Engler            | 6257   |
Connor Edwards          | 637   |
Shelby White            | 6258   |

**TITLE V**

Thomas Be (Doss) Owings (Dir.) | 6227   |
Johnnie Mae Betteleyoun     | 672   |
Donna Butler               | 6270   |
Robert Schoolfield         | 6270   |
Ted Watson                 | 6270   |

**OTHER EXTENSIONS**

Tribal Store               |                           |
Clinic (Bldg. 17)          | 878-5850|
Pharmacy                   | 878-5859|
Toll Free                  | 1-866-742-4977|

**OTHER ENTITIES & TOLL FREE**

All Nations Bank            | 273-2022|
ASED A                      | 878-5852|
Toll Free                   | 1-800-256-3341|
Brenda Comer               | 447-3372|
Building Blocks             | 878-6336|
(Elizabeth Crawford, Briana Portilla) Building Blocks I IIA | 360-2710 |
(Billie Thompson)           |                           |
Housing                     | 273-1030|
Human Resources             | 275-1468|
Indian Child Welfare        | 878-4702|
Media                       | 598-1279|
(Sherron Tiger, Sara Jackson) OEO HICP (Little Axe) 1) | 42-4235|
Police Department            | 275-3200/ 275-3412|
Thunderbird Casino NRM       | 360-9270|
Shawnee Casino               | 273-2679|
Tribal Store (Little Axe)   | 364-0668|

**LITTLE AXE CLINIC**

Clinic-Medical            | 447-3800|
After Hours               | 447-0488|
Clinic - Dental           | 307-9704|
Diabetes                  | 360-0488|
Pharmacy                  | 292-9530|
Resource Center            | 364-7298|
(Chery Wills, Butler Breast, Blake Goodine)

**SHAWNEE CLINIC**

Clinic (Bldg. 17)          | 878-3850|
Pharmacy                   | 878-5859|
Toll Free                  | 1-866-742-4977|

| corrections? E-Mail to phonelist@astribecom |