

### **Building Blocks III Ribbon Cutting Ceremony**



Recently the Absentee Shawnee Tribe held a Ribbon Cutting ceremony and Open House for the new Building Blocks facility located at 16051 Little Axe Drive, just in front of the Little Axe Health Center, in Norman, OK.

Pictured is AST Governor Edwina Butler-Wolfe, AST Secretary John Johnson, AST Representative Anthony Johnson and AST Treasurer Leah Bates along with the CCDF Coordinator Brianna Ponkilla and Building Blocks III Director Billie Thompson at the ribbon cutting ceremony for the new Building Blocks III facility. You can see more photos from the ribbon cutting ceremony and the open house on page 5.

### Executive Committee



Edwina Butler-Wolfe
Governor



Isaac Gibson
Lt. Governor



John Johnson Secretary



Treasurer



Anthony Johnson
Representative

Monthly Executive Committee meetings can be watched online at astribe.com

### **Governor's Report**

Hello my friends, neighbors, relatives and Tribal members at large!

Now that we have had some rain here, in the Shawnee area, the flowers are coming up across the City. I have seen many of our local gardeners and landscapers out clearing garden and flower beds. I have always thought that Spring is a time of both change and beauty.

### Governor v Election Commission and Social Media

There have been false and misleading statements made by employees of certain elected leaders on Case No. Civ-2016-63 which is the Court action taken by the Election Commission against me. All that I ask of you, my tribal members, is to be aware of this concern and allow the Court to make the decision on this matter and not listen to those on Facebook, Twitter or any other social media forum. Also, I would like to challenge whoever the 'mad raccoon' is on Facebook to come see me and lets have an open dialogue about the inaccuracy of your statements.

### Office of Inspector General's Visit

In February my Office received a letter indicating that the Office of Inspector General expressed concern over certain financial transactions that have taken place in the Coordinated Tribal Assistance Solicitation Grants. The Inspector General is sending an auditor to review Finance's records and to meet with individual directors over the issues they seek clarification on. The letter was clear that the focus was on the actions taken by Finance via the Grants Accountant.

### **Challenges within Education**

Recently a number of tribal consultations have been held between the Oklahoma State Department of Education and tribes as is required by the Every Student Succeeds Act (ESSA), under section 8538, as our state has both Title I grants and Title VI programs. The consultation process is a requirement of any local educational agency (LEA) that has an American Indian/Alaska Native (AI/AN) enrollment of fifty (50) percent or more than \$40,000 in funding under Title VI's Indian title and its intent is to provide an opportunity for LEA's and tribal leaders to collaborate on behalf of AI/AN students to promote and improve academic outcomes.

In the Shawnee and Little Axe area, the OK State Department of

Education tribal consultation guide, notes these two district/schools as having less than 50% AI/AN enrollment and receiving a minimum of \$40,000 per year in Title VI funding. I noticed there are approximately 31 school/districts that have at least 50% AI/AN enrollment and 23 that receive Title VI funding and have a 50% AI/AN enrollment out of 204 schools in Oklahoma. I found it interesting that in this guide it didn't indicate that Riverside Indian School or Sequoyah High School had a 50% AI/AN enrollment and/or received Title VI funding. These two schools are all Indian schools as is Jones Academy in Hartshorne which was not listed.

According to the ESSA, section 8538, LEA's are to contact tribal leaders for consultation. In Oklahoma the school district superintendents are to consult with tribe(s) that is within a 50 mile radius of their district or they may choose to consult with the tribe having the highest population of students in their district. For Title VI these consultations must occur by June 2017. For Title I, Part A; Title I, Part C; Title 1, Part D; Title II, Part A; Title III, Part A; Title IV, Part A; Title IV, Part B; and Title V, Part B, subpart 2 the consultation process must be completed prior to federal grant submission in September 2017.

### **Meeting Schedule**

### **MARCH 2017**

20th CTSA Meeting in Shawnee, OK

TEC Board Meeting – Little Axe, OK - 5:30 pm

23-24th NIGA Consultation - River Spirit Casino - Tulsa, OK

27th Absentee Shawnee Tribe Education Dept. Financial Aid – Shawnee, OK-6:30 p.m.

0.50 p.m.

29th Economic Development – Investment Opportunity – I, Secretary Johnson and Lesa Shaw attended this informational meeting in Moore,

30th Oklahoma Council on Economic Education – Breakfast Meeting – Renaissance Waterford - OKC, OK

### **APRIL 2017**

1st White Turkey Band Meeting – Shawnee, OK

3rd AllNations Bank Meeting – Executive Committee and Bank Board

### **APRIL 2017**

Ath Attorney General Interviews - Secretary Johnson, Rep. Johnson and I
 Shawnee Kiwanis Pancake Feed - Heart of Shawnee Expo Center - Shawnee, OK - Tickets handed out to employees courtesy of the Office of the Governor

CTSA Meeting – 9:00 a.m.

Tribal Nations and Public School Collaborative Engagement - Every Student Succeeds Act (ESSA) Workshop - River Spirit Casino, Tulsa, OK Enrollment Meeting: I, Secretary Johnson and Treasurer Bates attended.

Enrollment Meeting: I, Secretary Johnson and Treasurer Bates attended. Ribbon Cutting Building Blocks III, Little Axe, OK – I, Secretary Johnson, Treasurer Bates, Representative Johnson, staff and many visitors attended.

8th AST Egg Hunt Tribal Complex

10-14th National Indian Gaming Association (NIGA) - San Diego, CA

17th AST Tribal Directors Meeting – Shawnee, OK - 9:00 a.m. Directors who attended: Domestic Violence, Enrollment, Building Blocks II, Social Services, Education, Absentee Housing Authority, OEH, Media, Police Dept., Health, Courts, Gaming Commission.Directors No Show: HR, MIS, Cultural Preservation, Tax Office, Finance, Grants, Procurement, Realty, Title VI, ICW, Building Blocks III, Maintenance

11:00am Executive Meeting United Indian Nations of Oklahoma, Kansas Texas. In Stroud, Oklahoma

TEC Board Meeting 5:30 p.m.

### **Other Topics/Expressions**

### Happy Birthday & Anniversary

To those who have had a birthday or anniversary I extend my warmest regards.

#### **Condolences**

To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

### **Conclusion**

I have 1 month to go. My door is always open (unless I happen to be at or in a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.



### WE WANT YOUR DRUGS.

You can drop off your expired or unused prescription medications anytime at these locations:



**Shawnee Police Department** 

16 W. 9th Street Shawnee, OK 74804

Cleveland County Sheriff's Office 128 S. Peters Norman, OK 73069

Norman Police Department 201 B West Gray Norman, OK 73069 Tecumseh Police Department

109 W. Washington Tecumseh, OK 74873

Pottawatomie County Sheriff's Department 325 N. Broadway Ave. Shawnee, OK 74801

Oklahoma University Police Department 2775 Monitor Ave. Norman, OK 73072

MyDNA is an Absentee Shawnee Tribal Project and is funded by SAMHSA (Substance Abuse and Mental Health Services Administration) in cooperation with the Southern Plains Tribal Health Board.





### **BUILDING BLOCKS II**

Spring!

The children here at Building Blocks are taking full advantage of learning about spring time by growing flowers. They have quite a garden growing. They are also learning about spring weather and weather safety. It's important to talk with your children and have a weather safety plan in place and do a few practice runs so they are prepared when at home. We also held our annual Easter egg hunt here at the center; the children really enjoyed dying and hunting the eggs. We would like to thank all the parents who came and enjoyed the egg hunt with us as well as the Easter parties.

#### Dates to remember

Mother's Day - May 14th Memorial Day - 29th we will be closed

Elizabeth Crawford Director Building Blocks II









### **LAND BUY BACK PROGRAM**

The Department of Interior recently advised they are expanding their schedule for implementing the Land Buy Back Program and adding 63 additional locations for the period of 2018 through 2021. This program began making offers in 2013. It has paid over \$740 million to individual landowners and restored the equivalent of nearly 1.5 million acres to tribal governments. This expansion brings the number of locations being planned for the program to 105. This total includes 96 percent of all landowners with fractionated interests and more than 98 percent of both purchasable fractional interests and equivalent acres in Program eligible areas. There are currently about 245,000 landowners holding approximately 3 million fractional interests across Indian Country.

The intent of the Buy Back program is to partner with tribal governments to stimulate new opportunities so that tribes can operate more efficiently, enter into community discussions and create plans that ensure lands stay in trust. The Program implements the land consolidation component of the Cobell settlement which provided \$1.9 billion to purchase fractional interests in trust or restricted land from willing sellers at fair market value within a ten year window. If a fractional land interest owner decides to sell their fraction you will receive a payment directly into your individual Indian Money (IM) account. The lands purchased through this process are immediately restored to tribal trust ownership to benefit the community and tribal members. In the upcoming months a Program representative will be communicating with our tribe on the process and its implementation.

Our tribe is on the new expanded Program list and members with eligible fractional interests are encouraged to call the Trust Beneficiary Call Center (Call Center) at 888-678-6836 and indicate whether you are a willing seller and/or to update contact information. By registering as a willing seller it does NOT commit you to selling your land, nor will it guarantee an offer will be extended; it merely identifies your interest and assist in advancing planning. Individual landowners can contact the Call Center, Office of the Special Trustee or BIA office to learn more about your land and options available to you. You can also visit the Program site at: https://www.doi.gov/buybackprogram/programimplementation-schedule.

### **BUILDING BLOCKS III RIBBON CUTTING PHOTOS**























Prize egg winners



Tribal Elders



### **Election Commission**

PLEASE fill out EACH BLANK completely and return by the Deadline.

	ABSENTEE BALLOT	REQUEST	
I,	, hereby c	certify that I am or v	vill be an Eligible
Voter of the Absentee S be present to cast my Vo	hawnee Tribe on or before Jote at the June 17, 2017 Roballot be mailed to me at the	June 17, 2017. I car <b>un Off Election</b> ,	nnot physically therefore, I am
Name (please print):	(maiden) (maiden) City:	) St:	(last)
CDIB#:		e of Birth:	
Signature:	Date	e:	
All <b>REQUEST</b>	MAY 28, 202		y the deadline of
	Mail to: Absentee Shawnee Election P.O. Box 74 Tecumseh, OK 74	41	
Fax	Fax to: x # (405) 273-1337 (Do not Phone: (405) 275-4030 Toll free number 1-800-25	0 ext. 6271	<u>ax #)</u>
	Deliver in Person		
All eligible vot	ommission Office located in the ers are entitled to vote either at the form may be duplicated for you	ne Polls or by Absente	
	ELECTION COMMISSION	N USE ONLY	
Received:	Approved:	Disappro	ved:
If Disapproved (reason):			
Denial Letter Mailed:	Ballo	ot Mailed:	
	Elec	ction Commission/Rep	presentative

### May 2017 - Scheduled Closings

DATE:	TIME(S) CLOSED:	LOCATIONS:
Wed., May 3rd (1 <sup>st</sup> Wed of month)	Noon to 5 PM	All AST Health facilities CLOSED -Shawnee Clinic re-OPENS 5 PM till 9 PM (last patient at 8:30 PM) PlusCare Clinic re-OPENS 5 PM till 9 PM (last patient at 8:30 PM).
Mon., May 29th (Memorial Day)	All Day	All AST Health facilities CLOSED <u>except</u> PlusCare Clinic OPEN 9 AM to 5 PM (last patient at 4:30 PM)

### June 2017 - Scheduled Closings

DATE:	TIME(S) CLOSED:	LOCATIONS:
Wed., June 7th (1 <sup>st</sup> Wed of month)	Noon to 5 PM	All AST Health facilities CLOSED - Shawnee Clinic Extended Hours re-OPENS 5 PM till 9 PM (last patient at 8:30 PM) - PlusCare Clinic re-OPENS 5 PM till 9 PM (last patient at 8:30 PM)

<sup>\*</sup>In the event of a weather cancellation or delay affecting health services or if you are unsure if health is closed, **please call ahead.**Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

### **Tax Collections**

### FY-2017 YTD TAX COLLECTIONS (Thru 3/31/17)

COLLECTED
/
2.50%
83.90%
5.61%
0.70%
6.67%
0.50%
0.12%
100%

<sup>\*\*</sup>Also, weather closures/delays will be posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health", Twitter @ASTHealth and on ASTHS website at www.asthealth.org.

### AST HEALTH SYSTEM - MAY 2017

The new multi-purpose health facility and storm shelter should be completed by early May as well as the drive through pharmacy, making it more convenient for our patients to access their medications from the comfort and convenience of their vehicles. We're very excited about this newest set of projects coming to completion for the health system! The AST Health System's specialty clinics continue to take care of our patient's in need, as appointment bookings continue to grow with the new services and providers every day. Additional times and availability are being worked to add even more clinical time into the schedule for our patients along with new services/programs for our tribal members and patients serviced. Please ensure you continue to keep your contact and personal information updated upon your next visit to the clinics as we are having problems contacting patients sometimes due to outdated information. Several patients often change their phone numbers and addresses without updating our systems, and it makes it extremely difficult to contact patients when this information becomes outdated during weather emergencies and other patient notifications. We will be starting our first ever Health System Intern program for AST youths of high school ages that are considering health care as a career field in the pursuit of either college or vocational careers training and development. Procedures will be announced on both the website and Facebook on how to apply, so please look for the unveiling of this new and exciting program soon! Both the Little Axe and Shawnee same-day clinics continue to grow, so keep spreading the word about our services! Please continue to use good hygiene and if you become sick, limit your exposure to your family and co-workers during the onset of any symptoms.

As always, our teams of excellent employees step up and illuminate our health system! I'm extremely proud of our outstanding star performers again this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe! We are extremely happy to announce the Employee of the Month in April for health was Ms. Debra Jac Ponkilla, Business Office; the Team of the Month for April was the AST Health System's IT Staff! The Special Leadership Award for April was presented to Mr. Travis O'Dell and Mr. Paul Tessman, IT, for their outstanding service to the health system! Our AST Health System strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

### Additional health related information:

- PlusCare Clinic/Little Axe area has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new (AI/AN) patient to our health system and are in need of our PlusCare services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405) 447-0477. Hours of operation are M-F 9 AM to 9 PM with last walk-in accepted at 8:30 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas) with last walk-in patient accepted at 4:30 PM.
- Shawnee Clinic Same Day Extended Hours/Shawnee area has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members, Native American Veteran's, IHS eligible Native Americans, Medicaid/SoonerCare pediatric patients, and BCBS covered AST non-Native employees who are the ages of 2 years and up. If you are a new patient to our health system and are in need of our extended hours services, please bring with you, your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 2029 South Gordon Cooper Drive, Shawnee, OK. The phone number is (405)878-5850. Hours of operation are M-F 5 PM to 9 PM with last walk-in accepted at 8:30 PM, Saturday 9 AM to 5 PM with last walk-in accepted at 4:30 PM and closed Sundays and holidays.
- Emergency Dental Clinic is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.
- AST/Serviced Health System Native American Veterans: If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.
- **If you need CPR training**, please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.
- Contract Health Services (CHS) interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe

- Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.
- Customer Service line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.
- The AST Anti-Bullying Prevention "HOTLINE" is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.
- The Affordable Care Act Decision Tool continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: http://www.asthealth.org/aca (Please visit our site today to find out what you need to do to protect yourself and your family)!
- Emergency After Hours Pharmacy: If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 5:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

• **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.

### **Enrollment Department**

Enrollment will be out of the office for training on these dates. If you need to turn in any applications please turn them into the Secretary's office.

Training Dates are below:

June 5 – 8. Will reopen on June 9th

Sorry for any inconveniences

Enrollment Ordinance community meetings will be held on the following dates:

"DATES AND TIMES ARE TENTATIVE"

July 15th from 10 AM to 12 PM at Brindle Corner

August 12th from 10 AM to 12 PM at Horseshoebend

September 9th from 10 AM to 12 PM at Little Axe Resource Center

#### Reminders:

CDIB's cost is \$5 if you are past the 3 card limit. This has been in place since 1999. I understand that tribal members weren't forced to pay the fee in the past but to keep enrollment operating, we must follow the rules.

Enrollment is looking into updating the CDIB and plan on implementing this in the next few months. We will notify tribal members when we are ready to proceed with this action.

All CDIB's **must** have an updated photo on them.

Addresses and Name changes **must** stay updated.

Enrollment does **not** handle any part of the procedure in filling out paper work or receiving your per cap.

Enrollment does **not** make copies of vital records (Birth Certificates) for tribal member's personal use.

If you are interested in doing research feel free to make an appointment with enrollment so we can a lot plenty of time to help you find what you are looking for. Book by: phone or on the website.

Enrollment will happily help you find and make a copy of your family tree if you would like. Just fill out a research application.

Enrollment also would love to have documentation of your Indian Name. We have certificates and a place to input your name in our system. This is very important to keep this documented. Please feel free to come into the office and fill out a certificate to place on file.

### Free Music Lessons

Guitar • Bass

Piano • Drums

For Details Call Absentee Shawnee Behavioral Health 405-878-4716

### **Realty Department**

### Reminder:

- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

If anyone has any questions, please contact the Realty Department @ (405) 275-4030.

### **PROBATE MISSION STATEMENT**

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent's family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.

### IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

### ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH

Unfortunately, we can only accept one picture per birthday person,
<u>NOT PER BIRTHDAY WISH.</u>

### **EMERGENCY MANAGEMENT**

### **Power Outage Safety**

Sudden power outages can be frustrating and troublesome. If a power outage is 2 hours or less, don't be concerned about losing your perishable foods. For prolonged power outages, though, there are steps you can take to minimize loss and keep all members of your household as comfortable as possible.

### **During a Power Outage**

### **Staying Safe Indoors**

- Use flash lights in the dark, not candles.
- Eliminate unnecessary travel, especially by car. Traffic lights will be out and roads will be congested.
- If you are using a generator be sure you understand the risks of carbon monoxide poisoning and how to use generators safely.
- Food Safety
- Keep refrigerator and freezer doors closed as much as possible. An unopened refrigerator will keep foods cold for about 4 hours. A full freezer will keep the temperature for about 48 hours (24 hours if it is half full) if the door remains closed.
- First use perishable food from the refrigerator. Perishables should have a temperature of 40 degrees Fahrenheit (4 degrees Celsius) or below to be safe to eat. Then use food from the freezer.
- Use your non-perishable foods and staples after using food from the refrigerator and freezer.
- If it looks like the power outage will continue beyond a day, prepare a cooler with ice for your freezer items.
- Keep food in a dry, cool spot and keep it covered at all times.

### **Electrical Equipment**

 Turn off and unplug all unnecessary electrical equipment, including sensitive electronics.

- Turn off or disconnect any appliances (like stoves), equipment or electronics you were using when the power went out. When power comes back on, surges or spikes can damage equipment.
- Leave one light turned on so you'll know when the power comes back on.

### After a Power Outage

### Staying Safe After a Power Outage

• If electrical power lines are down, don't touch them. Keep your family and pets away. Report downed lines to your utility company.

#### **Throw Out Unsafe Food**

- Throw away any food (particularly meat, poultry, fish, eggs and leftovers) that
  has been exposed to temperatures higher than 40° F (4° C) for 2 hours or
  more, or that has an unusual odor, color or texture. When in doubt, throw it
  out!
- Never taste food or rely on appearance or odor to determine its safety. Some foods may look and smell fine, but if they have been at room temperature too long, bacteria causing food-borne illnesses can start growing quickly. Some types of bacteria produce toxins that cannot be destroyed by cooking.
- If you are not sure food is cold enough, take its temperature with a food thermometer.
- If food in the freezer is colder than 40° F and has ice crystals on it, you can refreeze it.

###

#### **Contact information:**

Emergency Management Coordinator can be reached at the Tribal Police Department 405-275-3200, cell phone number 405-740-1562, and at this email address: lday@astribe.com

### **EMERGENCY NUMBERS**

EMERGENCY ASSISTANCE HEARTLINE EMERGENCY	911 211	Police, Fire, Ambulance State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	<b>Pottawatomie County</b>
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	<b>Pottawatomie County</b>
SHERIFF	405-701-8888	<b>Cleveland County</b>
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	<b>Cleveland County</b>
OG&E	405-272-9595	Report Power Outage
	1-800-522-6870	
CANADIAN VALLEY	405-382-3680	<b>Power Outage</b>
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	<b>Road Conditions</b>

### Absentee Shawnee Tribe of Oklahoma Maintenance Department 2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801 (405) 275-4030

### **Grass Mowing Application**

The following are the requirements for this program:

- 1. Must be an Absentee Shawnee Tribal Member
- 2. Must be 55 years or older
- 3. Handicap/Disabled
- 4. Must provide proof of residency
- 5. All trash, branches, debris must be cleaned out of yard

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weeds eat applicant's lawn. Maintenance will mow every two (2) weeks. Also, the maintenance workers will not trim trees, shrubs, etc. **NO RENTAL PROPERTY** will be mowed.



### The loveliest masterpiece of the heart of God is the the heart of a mother. St. Therese of Lisieux



### In the end, mothers are always right. No one else tells the truth.

2% milk served daily

Menu subject to change

Randy Susan Meyers

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Wiener n Kraut Green Beans Bread/Pears	2 Grilled Chez Sandwich Spear Pickle Chips Mandarin Oranges	Pork n Potatoes Turnip greens Bread Apple	Burrito w Chili n chez Spanish Rice Mixed Fruit	5 Scrambled Eggs Sausage Gravy Biscuit	6
7	8 Chicken Salad LTOP Chips/Orange	9 Beef Fingers Mashed Pot/Gravy Veggies Bread/Pineapples	Turkey Dressing & Gravy Green Beans Roll	11 Taco Casserole Ranch Beans Tossed Salad* Cinnamon Roll	Grits Toast Sausage Patty	13
Mother's Day	15 Chef Salad w/ Ham Cottage Chez Peaches	16 Oven Fried Chicken Mashed Pot/Gravy Peas N Carrots Roll/Jell-O	17 Cold Cut Sandwich LTOP Veggie Soup Apricots	18 Smoked Sausage Mac & Chez Veggies Cookie	19 Pancakes Bacon	20
21	22 Hamburger LTOP Waffle Fries Pudding	23 Baked Chicken Wild Rice Veggies Roll/Plums	24 Baked Zita Green Beans Tossed Salad* Garlic Bread	25 Pinto Beans Steak fries Cornbread Crisp	26 Boiled Egg Bagel Cream Chez	27
28	AST Complex Closed	30 Corndog Tator Tots Pork N Beans Peaches	31 Salmon Patty Coleslaw Mac n Chez			

NOT GOING TO BE HOME!!!
CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

Nothing is really lost until your mom can't find it.

Unknown

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM

**BREAKFAST SERVED FRIDAYS** 

9AM TO 11AM



#### Who are the children in need?

- Native American children in custody of tribe or state.
  - Native American children ages 0-17.
  - Native American children in sibling groups.
- Native American children with special, physical, or emotional needs.
  - Native American children mixed with another ethnicity.

### TRIBAL FOSTER CARE HOMES ARE NEEDED FOR OUR TRIBAL CHILDREN

WILL YOU OPEN YOUR HOME TO A CHILD IN NEED?

IF YOU ARE INTERESTED IN BECOMING A FOSTER CARE HOME PLEASE CONTACT:
JULIE WILSON 275-4030 EXT. 6376



### **FULL TIME: RN CASE MANAGER**

If you love working with the elderly and would like to make a difference in their lives, CompleteCare Home Health is the place for you. CompleteCare is looking for a RN Case Manager and a PRN LPN to work in the Little Axe area with the Absentee Shawnee Tribe. Qualified candidates must have an active Oklahoma license in Good standing and reliable transportation. This position travels 100% of the time. Candidates may Fax resume to 405-928-2720 or Email a resume to

afontaine@icmhealth.com or

stop by the Corporate Office located at 2401 Tee Circle, Suite 207 Norman, OK. For further information Contact **Angelina Fontaine at 405-928-2727 ext. 2009** 

> \*NOW INTERVIEWING\* EOE



ABSENTEE SHAWNEE TRIBAL HEALTH FAI

**FRIDAY, JULY 14, 2017** 

1:00 PM - 4:00 PM

LITTLE AXE HEALTH CENTER I 15951 LITTLE AXE DRIVE I NORMAN, OK

We are proud to announce the date for our Fourth Annual AST Health Fair.

This year we will focus on our Native Elders and honor them.

Some of the activities and services that will be offered include a Blood Drive, Health Screenings, Health Education Booths, Community Booths, Door Prizes, Giveaways, and Much More.

PLEASE, SAVE THE DATE.





### **ASIST**

### **Applied Suicide Intervention Skills Training**

Want your Community, Workplace and/or Family to be suicide safe?

Then come to this Workshop! With certified ASIST trainers from the Chickasaw Nation

WHEN: May 9 & 10, 2017

8:30 a.m. to 4:30 p.m. both days

WHERE: Little Axe Clinic Conf. Rm A & B

**HOW:** Register by May 5, 2017 at Behavioral

Health with Jenifer Sloan 701-7988 or

jsloan@astribe.com.

The ASIST workshop is for people who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over one million people have participated in this two-day, highly interactive, practical, practice-oriented workshop.

Participation in the full two days is required. Enjoy small group discussions and skills practice that are based upon adult learning principles. Experience powerful videos on suicide intervention. Feel challenged and safe. Learn suicide first aid.

Refreshments provided and door prize drawing!



#### **Diabetes & Wellness**

Did you know that Native American men and women are 2.2 times higher to have diabetes compared to non-Hispanic whites? Did you also know that 95% of American and Alaskan natives have type 2 diabetes (as opposed to type 1 diabetes)? Ultimately, diabetes is a raising problem amongst everybody, here are some ways diabetes effect both native men and women.

#### **Men and Diabetes**

Historically, men have not been comfortable discussing issues about their health, particularly conditions like diabetes, depression, nutrition and fitness. This has resulted in shorter and less healthy lives for men in the United States compared to women. We encourage all men with or without diabetes to take the "modern man" challenge: get out, get active, and get informed!

#### **Women and Diabetes**

Diabetes can be especially hard on women. The burden of diabetes on women is unique because the disease can affect both mothers and their unborn children. Diabetes can cause difficulties during pregnancy such as a miscarriage or baby born with birth defects. Women with diabetes are also more likely to have a heart attack, and at a younger age, then women without diabetes.

For more information on diabetes and nutrition call the AST Diabetes & Wellness Program at 405-701-7977.

\*(Information from the American Diabetes Association and diabetes.com)\*

### **Education Department**

### **Education Department offers Financial Aid Presentation**

The Education Department and the Office of Governor offered a Financial Aid Presentation on March 27, 2017. Letha Huddleston, Outreach Services Specialist, from the Oklahoma College Assistance Program (OCAP) presented information over grants, Federal Work Study, student loans, and scholarships. Letha also answered audience questions. She gave an overview on the Free Application for Federal Student Aid (FAFSA) as well as other state aid programs.

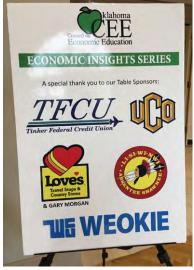












Pictured R to L, top row: Governor Edwina Butler-Wolfe, Twila Parker, Assistant to the Governor, R to L, bottom row: Tresha Spoon, Director of Education, Annette Wilson, Director of Social Services, and Lesa Shaw, Senior Policy Analyst, Office of the Governor.

A small contingent of staff from the Tribe attended the Oklahoma Council on Economic Education's: Economic Insight Series at the Waterford Renaissance Hotel in OKC. The series had a panel of speakers discussing "How will the Amazon Sales Tax Impact the Oklahoma Economy?" Panelists were Mickey Hepner, Economist and Dean of the College of Business at the University of Central Oklahoma, Tony Mastin, Executive Director of the Oklahoma Tax Commission, Andrew Messer, Deputy Treasurer for Governmental Affairs for the Office of Oklahoma State Treasurer Ken Miller, and Eric Long, Economist and member of the Greater Oklahoma Chamber of Commerce.

### **Education Department**

### Camp Nikoti Tribal Youth Program

The Camp Nikoti Tribal Youth Program hosted the Melokami Youth Camp during spring break March 13-17, 2017. The youth in attendance had a week full of games, crafts, physical fitness activities, and presentations from AST departments and programs. This year there were six youth who participated in the program. Melokami Youth Camp was a great success. Within one week of spring break we were able to have guest speakers from the Tribe, gain exposure to cultural activities hosted by the Tribe, and play fun games throughout the day. Our final day consisted of a reward day for the participants because of their good behavior and participation. The Camp Nikoti Tribal Youth Program would like to thank Chrissy Wiens, John Soap, and Jenifer Sloan for speaking to our participants and sharing your knowledge to help build their leadership qualities.



### **HUGE THANK YOU**

The family of Shelsie White Thunder would like to say "Thank You" to all of our head staff that came out to support & celebrate her birthday along with her accomplishment of graduating from Seminole State College with an Associates in Language Arts. – John Soap, Charles "Neka" Logan, Deion Henry, Courtney Cozad Plumley, Ken & Serena Daugherty, and Comanche Little Ponies. Also the family of Devin & Macklyn Leitka on their accomplishments from Haskell University and Little Axe High School. A very big "Thank You" goes out to our Governor, Edwina Butler-Wolfe for donating the beautiful purple Pendleton. We would also like to thank Rikki Blanchard, Lisa Smith, Dina Little Jim-Bread, Jamie Watson, Nikki Johnson on helping prepare our delicious meal and of all Rikki's BFF's for helping serve our meal. Thanks Grandma & Grandpa Blanchard for all your support thru Shelsie's struggles to getting to this point in her life. And "Thank You" to anyone we might have missed. "Ne-Yi-Wa"

\*\*\*Tommy, Sis, Sheldon & Kelsey, Shelby & Kendall, & Shelsie White Thunder Family\*\*\*



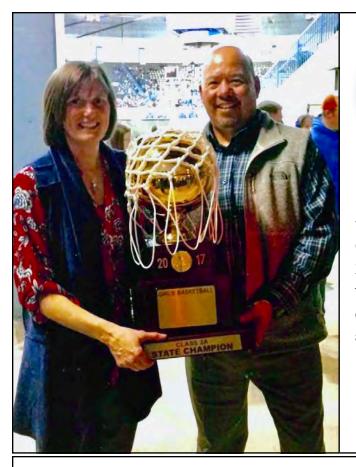
### TIGER REUNION MAY, 28th, 2017 (Sunday)

Attention all friends/family of the late Jim Tiger and Annie Mann Tiger.

Our Tiger reunion is scheduled for May 28th 2017, at Lake Thunderbird, Little Axe shelter. From 10:00 A.M. -10:00 P.M. There is an \$5.00 charge at the gate to enter. Everyone please bring a covered dish, drinks, ice, games and swimming clothes. If you have any old family photos or from past reunions please bring them.

Nellie Tiger Maxwell is the last of that generation, so please come be with her, I hope everyone can make it!!!

If you have any questions, please call Jan Maxwell (405)-514-5520



# Congratulations

Congratulations to Lisa (Head Coach) and Clint (Asst. Coach) LittleJim and their Christian Heritage Academy girls basketball team for winning the 2016-17 OSSAA Class 2A State Basketball Championship in Oklahoma City in March 2017. Among numerous awards presented to team and players throughout the year, Lisa was also named Little All-City Coach of the Year and Super 5 Coach of the Year. Clint, an Absentee Shawnee Tribal member, is the son of Charles and Lorene LittleJim; and he and Lisa reside in Little Axe, OK.

We are proud of you both, The LittleJim Family



# Cangratulations

### **TAYLOR CARTER**

Graduation from the University of Oklahoma May 2017

Love,

Justine Seetot & Frank Carter





SHAWNEE CLINIC • LITTLE AXE HEALTH CENTER • PLUS CARE

### **BRING US YOUR USED MEDICAL EQUIPMENT!!!**

The AST Health System is accepting used durable medical equipment items for re-use.

We can shine up that old walker, wheelchair, cane, or CPAP breathing machine and make it serviceable again.

Drop off your un-used item(s) at Little Axe or Shawnee Physical Therapy departments.

For more information call: 405. 447.0300 (Little Axe)

405. 878.5850 (Shawnee)

### MAY 2017 BIRTHDAYS

Ahtone, Catlin Ray Alford, Amy Dianne Alford, Christian Shawnee Alford, Magdelena Spaneta Allen, Lucinda Nicole Allen, Patricia Ann Atchico, John Edward Atwell, David Eugene Atwood, Reagan Nicole Barton, Trae Lee Bateman, Alberta Denise Bates, Akiane Karee Baughman, Brenda Jane Belvin, Justin Ray Bender, Leal Desma Bennett, Blake Tristan Bentley, Curtis Lee Bettelyoun, Lula Mae Bigpond, Roy Black, Timothy Wayne Black, Whittney Brooke Blackburn, Gayle Ann Blanchard, Caelynn Blu Blanchard, Dakota Joshua Blanchard, Glendine Blanchard, Joey Edward Blanchard, Joseph Henry Blanchard, Mariana Lillian Bradley, Jerry Dean Bradley, Terry Don Brady, Lynn Marie Brandon, Susanne Christine Breeding, Sean K. C. Brinson, Ariana Isabel Brister, April Angela Brocksmith, Chole Elizabeth Brown, Brittany Ciara Brown, Brittany Clara
Bruner, Aidan Alex
Bryant III, Chester A.
Buckley, Gerald Wayne
Buckner, June Marie Switch
Bullard, Adam Drew
Bullock, Royce Jaxxon Bump, Karli Jessica Bustamante, Andrea Nadine **Byers, Christian Daniel** Byers, Eric Nelson Byers, Melissa Sue Cagle, Alicia Nicole Campbell, Charles Elbert Cargo, Ciara Rain Caudillo, James Emanuel Dean Caudillo, Jamie Lynn Ladeanna Charley, Arron Michael Charley, Melloney Ann Citty, Kathon Clay Citty, Lindsey Nicole Clark, Summer Lynn Clinesmith, Blake Weston Coddington Jr., Kevin Dwayne Collett, Bonnie Sue Colungo, Steven Lee Combs, Michelle Lynn Conover, Gloria Jean Cook, Israel Aaron Coon, Justin Kyler Cooyle, Dr. Sarah Michelle Creamer, Cora Mae Starr Crenshaw, Jennifer Lois Cripps, Anita Louise Cuellar, Orietta Faith Dankenbring, Bryce Thomas Davis, Alisa Marie Davis, Dale Allen Davis, Dannica Butch De Jear, Bayleigh Ruth

Deere, Shawneen Estelline Deere, Sky Nichole Christine Denny, Jacqueline Dospapas, Verna May Downey, Zachary Layne Ellis, Gregory Scott Ellis, Heather Ann Ellis, Health Diana
Ellis, Holly Diana
Evans, Lisa Michelle
Factor, Jaremyah Jamez Feeling, Lavonna Jean Felton, Lacey Rei Fenner, Titan Russell Ferrell, Alyssa Kay Ferrell, Amber Nicole Ferrer, Joshua Lee Fife, Gabriel Douglas Fife, Teresa Laura Irene Footracer, Lee Anna Gail Stubb Foreman Jr., Leonard Dewayne Foreman, Jacob Collin Foreman, Jalen Hawke Fritsch, Joley Marie Galloway, Zachary Adam Garbarini Jr., Alfred Ralph Gibson Sr., Roy Gene Gibson, David Michael Gibson, Jeffrey Wayne Godwin, Lucy G. Gouge, Kara Joe Granstrom, Cody James Graves Pyrch, Karen Sue Graves, Sharol Annette Gray, Branden Tyler Gray, Dakota Christian Greeley, Carsyn Ryan Griffin, Diane Sue Berry Hale, Kathy Sue Hale, Kathy Sue
Hall, Emily Katherine
Hario, Eric Wayne
Hario, Hiyatike Star
Harris, Konner Lee Little Charley
Haumpy, Tai-ah Billy
Heath, Spencer Blake
Hendrick, Luke Michael
Henry, Eddie Allen
Hill Viette Carred Hill, Yvette Carmel
Hood Jr., Warren Weslyon
Hood, Elena Ann
Hood, Lisa Hood, Thomas Edgar Humphrey, Carol Lee Hunt, Dominique Annastasia Marie Hutchinson, Velma Rae Irvin, Steven Benjamin Jackson III, Mark Sweeney Johnson Hario, Curtis Ray Johnson Jr., Richard Taft Johnson, Coree Lee Johnson, Gabriella Kayann Johnson, Joshina Leeshay Johnson, Michael Scott Isaiah Johnson, Nicholas James Johnson, Priscilla Grace Johnson, Tabitha Rose
Johnson, Walter Kirby
Kaseca, Barry Alvin
Kaseca, Kantynn James
Kaseca, Roy James Keith, Marshall Collins Kirby-Gibson, lan Jacob Kitchen, Ruben Vincent Kmatz, Mindy Lynnette Kobs, Jennifer Ann Kowitz, Michael Raymond Laplant, Asher Jay

Lasenberry, Harper Rose Leedom, Courtney Dawn Little Axe, Sabrina Little Charley, Cheryl Jean Little Charley, Terry Lee Little Creek, Vernon Dale Little, Jadyn Alise Little, Jadyn Alise
Little, Madison Diane
Littlecreek, Anderson Doreece
Littlecreek, Dakota Dwight
Littlecreek, Tiffany Nicole
Littlecreek, Tristyn Denae
Longhorn, Sean Ray
Longhorn, Weda Louise
Lopez Jr, Rolando Lovins, Audrey Ann Lovins, Earl Dean MacGill, Georgia Sue MacK, Rylan Emory Malone, Marcus Jerome Mann, Sallie Arlene Masquat Jr., George Masquat, Chelcy Nicole Matthews, Mary Caroline McAfee, Justin Samuel McGowan, Patricia Lynn McMillan, Shelly Kristin Medina, Alyssa Pamela Lee Megehee, Douglas Dewayne Megehee, Tonia Lynn Mendoza, Amanda Ranee` Meyer, Doreen Miller, Casey Ryan Miner, Heather Rochelle Minesinger, Scott Brooker Mitchell, Desiree Rose Mondragon, Angela Kay Monk, Jaxon Eugene Montgomery, Matthew Schyler Daugherty Moore, Anniah Faith Moore, Emily Renee Morgan, Polly A Littlebear Morton, Jeremiah James Morton, Nora Jane Munroe, Douglas Neese, Lisa Marie Neugent, Alena Dee New Moon, Jake Lee New Moon, Jennifer Brooke Newton, Jessica Ann Noyes, Paula Jo Oldham, George Lynn Onzahwah, Deborah Kay Ott-Proctor, Lylli Lee Ann Panther, Jeffery Wayne Parker, Carla Marie Parker, Shawn Ian Pawpa, Donald Wayne Pearl, Melvin Joe Pitner, Kamryn Nicole Powell, Fawn Laverene Powell, Kendall Lynn Pyrch, Lauren Karly Raisbeck, David Nathaniel Ramirez Jr., Florentino Ramirez Jr., Florentino
Ramirez, Elicia Marie-Alka
Ramirez, Jaxston Cole
Ramirez, Rylan Ambrose
Reavis, Ricci Donnice
Roach, Dakota Eugene
Robertson, Rita Jean York
Robison, Morgan Tell
Robison, Thomas Agron Robison, Thomas Aaron Rochon, Gerald Wayne Rock, Micheal Eugene Rolette, Domini Antoinette

Rolette, Gilbert Earl Rolette, Joshua David Michael Ryan, Royce Liam Salazar, Terry Lee Salisbury, Lucas Holden Salisbury, Mara Ann Sanders, Patty Ruth Schulenberg, Donald Derek Sevier, Elliott Rose Shawnee, Jarrett Lloyd Shular, Monte Lee Simmons, Desirai Diann Smith, Jeremiah Robert Smith, Lily Kendrick Smith, Richard Alexander Smith, Richard Alexan Smith, Trenn Talen Smith, Valerie Ann Smith, Vanessa Rae Snake, Norma Louise Soap Jr, John Lee Soap, Roger Eugene Speck, Haley Kalyn Spicer, Amber Jo Spoon Jr., Robert Ray Spoon, Joplin Dupre Spoon, Landon Joe Spoon, Lexi Della-Ann Spriggs, Warren Paul Springer, Delores Ann Spybuck, Easton Cade Squire, Nathan Gene Starr III, Henry James Starr, Anthony Craig Stevens, Laurence Paul Stewart, Gracie Nicole Stewart, Gracie Nicole
Stone Jr., James Lee
Strain, Cynthia Ann
Sultuska, Ella L.
Sultuska, Jerry Wayne
Sultuska, Rodney Steven
Surface Jr., Robert Monroe Szoke, Debra Jean Talbert, Elania Michelle
Talbert, Elliana Grace Elizabeth
Tallchief IV. Eves Tallchief, John G. Tarbox, Crystal Lynne Taylor, Darwin Jacob Tebe I. Mavrik West Thompson, Teresa Renee`
Thornhill, Noah Hunter
Thorpe, Burke James
Thorpe, Sheelby Ahkeynay Jamese Tiger, Jennifer Diane Tiger, Tru Anthony Shane Uchida Jr., Stephen Robert Valdivia, Jenika Nicole Wade, Chelsea Nicole Wakolee, Carmen Jean Walker, Jo Ann Louise Wallace, Brenda Gayle Warrior, Johnnie Andrew Warrior, Kenneth James Watkins, Jamie Lynn Watson, Brittany LaDawn Paige Danielle Watson, Janelle Ilise Watson, Thomas Aaron Wesley, Ula Mae Welch White IV, Charles Daniel White, Brooklyn Dee White, Caitlyn Rose White, Clayton Randall Wilkerson, Katie Evalyn Williams, Colton Alexander Williams, Heath Floyd Williams, Ruth Helen

Wilson, Cecil Alan Wilson, Christopher Blaine Wilson, Diana Lynn Wilson, Francis Lynn Wilson, Helen June Wilson, Lana Louise Witt, Ambra Denise Wood, Lillian Kay Woods, Justin Matthew Wucinski, Gary Ray Young, Lynda Renee



Joplin
Happy 9th Birthday to my
Little bookwormH You make
me so very proud to be your
momma!!
I Love You XOXO
Mom



# HAPPY BIRTHDAY BAYLEIGH

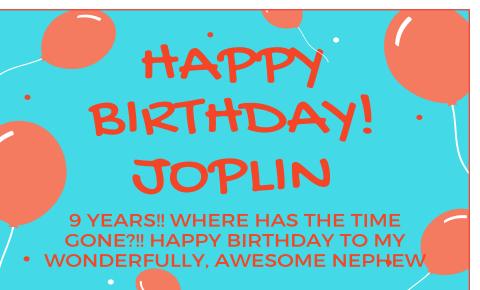
LOVE, MEMA AND PA PA

# JOPLIN DUPRE SPOON HAPPY HAPPY HAPPY 9TH BIRTHDAY

TO MY HANDSOME GRANDSON. I LOVE YOU BUNCHES & BUNCHES. HUGS & KISSES, GRANNY



# happy birthday



# ABSENTEE SHAWNEE TRIBE SOCIAL SERVICE DEPARTMENT



# NOW ACCEPTING YOUTH WIA APPLICATIONS

### REQUIREMENTS INCLUDE:

- MUST BE A MEMBER OF A FEDERALLY RECOGNIZED TRIBE.
- MUST BE BETWEEN 14-24 YEARS OF AGE.
- Must live within the Absentee Shawnee Tribe service area.

Space is limited!!

**Deadline for application is May 30th** 

Applications can be located online at <a href="https://www.astribe.com">www.astribe.com</a> or at the AST Social Service Department For further questions please contact Linda Gouge 405-275-4030 ext. 6255

### Absentee Shawnee Housing Authority



### Programs Available

- Lease to Own Homes
- Low Rent Housing
- Over Income AST member Down Payment & Closing Assistance
- College Housing Assistance
- Home Rehab Program
- Storm Shelter Assistance
- · Transitional Housing
- Over-Income Rental Housing

### FOR INFORMATION ABOUT OUR SERVICES

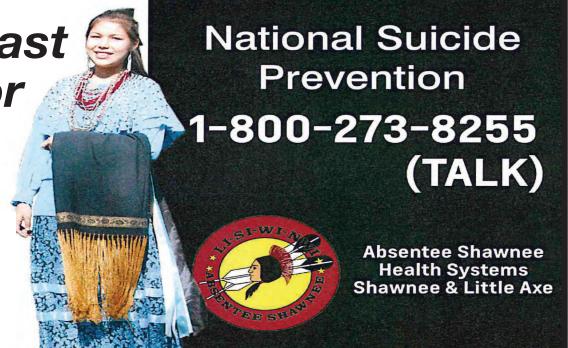
PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

**LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK** 

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free





Buster Bread Fitness Manager

# The Absentee Shawnee



Chrissy Wiens
Physical Activities Specialist





Fitness Facility Hours of Operation

Monday - Friday

6:00 a.m. - 9:00 p.m.



Fitness Facility Weekend Hours of Operation

Saturday

9:00 a.m. - 3:00 p.m.



Brandon Goodman Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



McKenna Watson Fitness Technician

### AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:

Monday-Friday 6:00am - 9:00pm Saturday 9:00am - 3:00pm

Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)











MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Strength Circuit 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Cardio Kickboxing 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Strength Circuit 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center
		Mini Bootcamp 12:00 p.m12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				Couch to 5K  2:30 p.m3:15 p.m.  Buster Bread  LITTLE AXE HEALTH FACILITY
Strength Circuit 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		Aerobic Circuit 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		

### Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"Mini Bootcamp"- A full-body strength training program aimed to improve your muscular fitness and endurance.

Absentee
Shawnee Fitness



"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

"Cardio Kickboxing"- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.



"Couch to 5k"- A program to help develop your aerobic strength and endurance over 12-weeks. The program goal is to help participants complete a 5K distance by walking, jogging, or running.

Diabetes and Wellness

### LITTLE AXE HEALTH CENTER OPTOMETRY ANNUAL BENEFITS & DISCOUNTS

#### Absentee Shawnee Tribal Members with Vision Insurance:

All enrolled Absentee Shawnee Tribal members who have vision insurance will have their insurance billed for the exam and any prescribed optical products. The Tribal benefit will be used for the remainder of the cost for prescription eye glasses or contact lens, not to exceed the \$350.00 vision benefit through the ASTHS Contract Health Services. If the amount exceeds the \$350.00 benefit, the Tribal member will be responsible for the out of pocket expense.

\*If an enrolled Absentee Tribal Member with insurance chooses to see an outside provider they will be responsible for notifying ASTHS Contract Health Services (405.701.7951 or 405.878.5850). Their benefit within the Absentee Shawnee Optometry Department will only allow for the amount within the \$350.00 that was left unused for the vision benefit year. (i.e. If you were seen December 31, 2016 your vision benefit year lasts until December 30, 2017.)

#### Absentee Shawnee Tribal Members without Vision Insurance:

All enrolled Absentee Shawnee Tribal members who do not have vision insurance must use the Absentee Shawnee Optometry Department to receive their eye exam at no charge and their \$350.00 tribal benefit for the cost of prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket expense.

#### Absentee Shawnee Tribal Members who live outside of the catchment area:

All enrolled Absentee Shawnee Tribal members who reside outside of the catchment area (Cleveland, Pottawatomie, Logan, Lincoln, and Oklahoma counties) may still utilize their tribal benefit only if they use the Absentee Shawnee Optometry department for their exam and/or prescription optical products. The allotted \$350.00 will be used towards prescription eye glasses or contact lens. If the amount exceeds the \$350.00 benefit the Tribal member will be responsible for the out of pocket costs.

\*These patient will need to ensure they have updated their chart. This is to include updated HIPAA and consent forms.

#### Additional products/charges outside of the allowed benefit schedule:

Any additional products/charges outside of the allowed benefit schedule must be paid for by the patient. For example, patients who do not require corrective lens but chose to get colored contacts or non-prescription sunglasses these will be at their own expense. All charges will need to be paid for in advance following the payment guidelines posted in the office. NO CASH WILL BE ACCEPTED.

\*No combining of discounts allowed

\*Insurance benefits must be exhausted first before discounts can be applied. Patient's co-pay portion cannot be discounted.



### **OPTOMETRY**

15702 East State Hwy 9 Norman, OK 73026

NEW LOCATION: In the Plus Care Building by Thunderbird Casino

PHONE: 405.447.0300 FAX: 405.701.7080

### ABSENTEE SHAWEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

#### **Domestic Violence and Sexual Assault Advocacy**

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

#### **Transitional Housing**

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

#### **Court Advocacy**

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

#### **Shelter Placement Assistance**

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

#### **Housing and Utility Assistance**

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

#### Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

#### **Community Outreach**

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.

### A Little Note from The Tag Office

Díd You Know....

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

### **FOSTER CARE**



Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to GOT LOVE?

CONTRACHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing ourney that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE 405-878-4702 (ext. 133)

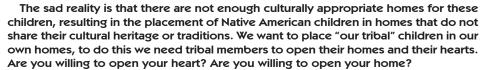


these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/ drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able?

IF YOU ARE INTERESTED IN BECOMING A FOSTER PARENT, PLEASE CONTACT
JULIANN WILSON ICW/CPS/FOSTER CARE AT 275-4030, EXT. 133.

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents



If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).



"I don't want a family. I need one." -Current Waiting Child

### <<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.

### WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

0-5 age \$14.73 day \$441.97 month

6-12 age \$17.12 day \$513.57 month

12 and over \$19.30 day \$579.13 month

MUST BEMETAND TURNED IN TO THE STATE.

ON CE PROCESSED STATE PAYMENT WILLBEISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.



### Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

#### LITTLE AXE HEALTH CENTER

15951 Little Axe Drive Norman, OK 73026

405.292.9530

#### Lobby:

Mon – Fri 8 a.m. to 5 p.m.

#### Regular Drive-thru:

Mon – Fri 7:30 a.m. to 5:30 p.m.

#### Extended Hours Drive-thru\*:

Mon – Fri 5:30 p.m. to 9 p.m. Sat – Sun 9 a.m. to 5 p.m. Holidays 9 a.m. to 5 p.m.

(excluding Thanksgiving & Christmas)

\*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

#### **SHAWNEE CLINIC**

2029 South Gordon Cooper Drive Shawnee, OK 74801

#### 405.878.5859

#### Regular Hours:

Mon – Fri 7 a.m. to 5 p.m.

#### Extended Hours\*:

Mon – Fri 5 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays & Holidays
\*Extended Hours Rx is available ONLY for
Extended Hours Clinic prescriptions
and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

#### 24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



**▲** AAAHC

#### W W W . A S T H E A L T H . O R G

## There is a welcoming place for women.



LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026 405.447.0300 Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier. Better. More able to do the hard work that women do.

#### SHAWNEE CLINIC

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850 • 1.877.878.4702 (Toll-free)



AAAHC

W W W . A S T H E A L T H . O R G



Prevention. Progress. Pride.

### BEHAVIORAL HEALTH SERVICES

### A guiding hand on your shoulder.

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m. Monday through Friday.

#### LITTLE AXE HEALTH CENTER

15951 Little Axe Dr. Norman, OK 73026 405.447.0300

Services available for all Federally Recognized Tribes.

BEHAVIORAL HEALTH

Rolanda Smith 405.701.7987

#### SHAWNEE CLINIC

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850 • 1.877.878.4702 (Toll-free)

BEHAVIORAL HEALTH
Roberta Cooper 405.878.4716

AAAHC

W W W A S T H E A L T H O D C



### Office of Environmental Health Brownfield Response Program



### Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- ♦ Burned Homes
- Buried Dump Sites
- Open Dump Sites
- ♦ A Large Amount of Tires
- Former Cattle Dip Pit Sites
- ♦ Barrels of Unknown Substances
- Old Service Stations
- Oil Storage Facilities
- ♦ Oil/Gas Well Sites
- Old Dry Cleaning Businesses

### What is a Brownfield?

The EPA defines a brownfield site as "...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land."



If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects



www.facebook.com/ ast.environmental.programs **Dear Absentee Shawnee Tribal Members** 

From: Loretta Brokeshoulder Schwarz, Absentee Shawnee Tribal Member, Senior Status

Subject: SUPPORT AND VOTE FOR EDWINA BUTLER WOLFE

NO CHANGE IS NEEDED FOR CHANGE SAKE! I urge you to vote for our experienced Governor, Edwina Butler Wolfe! Vote to keep her working for the Absentee Shawnee Tribe another 2 years.

We are all invested in our Absentee Shawnee Tribe! Our current Governor Edwina Butler Wolfe has invested FOUR years into our tribal government, focusing on important issues to enhance our Tribe's future.

Re-electing Governor Wolfe means she can continue to finish applied grants to get new facilities for the housing of our correctional Departments.

Now that she has served for four years, she is the best qualified for the job so we need to retain her as Governor of our tribe. She knows the challenges facing the AST such as the Police Department, Public Safety, the Justice Department and the Tribal Youth Program.

In addition, Governor Wolfe is passionate about the proposed changes in the public school system. She will continue to work with the Department of Education to incorporate the cultural practices of AST and all Native American People.

I encourage you to continue your support of Governor Wolfe who strongly, sincerely is dedicated to improve the economic, legal, educational and social welfare of the Absentee Shawnee Tribe.

Governor Edwina Butler Wolfe is a proud citizen of the Absentee Shawnee Tribe. She won our trust in 2013 and has earned our trust while working for the benefit of all tribal members in 2013-2017. She adds four-years of experience, as Governor, to all of the academic achievements she gained through her college and professional work.

With her four challenging years as Governor along with a strong work ethic and strength of character, she deserves the honor of being our Governor for another two years.

ABSENTEE VOTERS IN EVERY STATE, SEND IN YOUR REQUEST FOR AN ABSENTEE BALLOT. FOLLOW UP WITH POSITIVE ACTION AND VOTE FOR EDWINA BUTLER-WOLFE AS GOVERNOR.

HIGHLY QUALIFIED: VOTE FOR EDWINA BUTLER-WOLFE AS GOVERNOR





### ABSENTEE SHAWNEE TRIBAL MEMBERS

### APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

	ENROLLED ABSENTEE SHAWNEE TRIBE
П	18 YEARS OF AGE OR OI DER

- ☐ UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- ☐ TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

### **REQUIRED DOCUMENTATION:**

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- ☐ CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

# OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

### Contact information:

Oklahoma Indian Legal Services (OILS) 4200 Perimeter Center Dr., Ste 222 Oklahoma City, OK 73112

Telephone: (405) 943-6457

Telephone: (800) 658-1497

Facsimile: (405) 917-7060



### THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at <a href="https://www.astribe.com">www.astribe.com</a> and at the OEH&E building.

### ATTENTION PARENTS!!!

CTSA EARLY HEAD START & HEAD START IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR EHS PROGRAMS AND AGES 3 UP TO 5 FOR OUR HEAD START PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our qualified and dedicated staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child's learning years with you!

In our Shawnee location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both *Norman* and *Cushing* are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Center: Center Supervisor-Shawnee Main Office: Enrollment Manager-Sherry Marsh (405) 275-4870 Stacey Osborne (405)

878-5820

1535 N McKinley, Shawnee 74801

McKinley, Shawnee 74801

sherrym@ctsaheadstart.org

Cushing Center: Center Supervisor-Norman Center: Center Supervisor-

Wava Anderson (918) 225-1029 (405) 447-0381

Amy Porter

111 W Vine, Cushing 74023 Norman 73069

516 Iowa St.,

Health/Mental Health/Disabilities Manager

Melanie Williams (405) 275-4870 1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES: POTTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND

NATIVE AMERICAN PROGRAM (ALL ACCEPTED)

#### TALKING LEAVES JOB CORPS A NATIVE EMPHASIS CENTER

Career Training at No Cost To Qualified Applicants!



Tours Every Thursday at 9:45 a.m. (Except for Major Holi-

Talking Leaves Job Corps Center 5700 Bald Hill Rd Tahlequah, OK 74465

- 16~24 years old
- Need Career Training/High School Diploma/GED
- Meet income guidelines
- No pending legal matters



... Job Corps could be for you! (Bus travels to OKC each weekend)



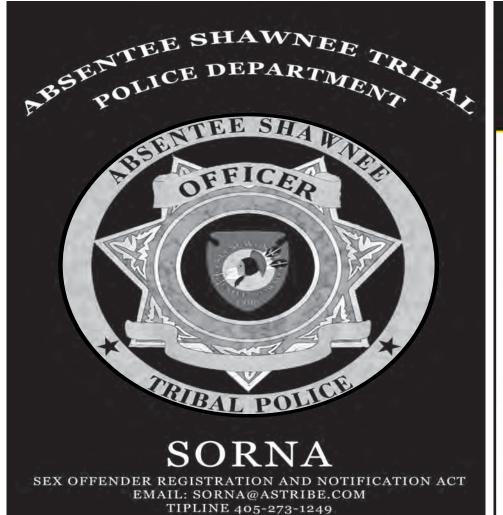
For more information Call 405.424.1927

Career Technical Training

- Clinical Medical Assistant Facilities Maintenance
- **Culinary Arts** Electrical
- Office Administration
- Nurse Assistant/Home Health Aide

Placement assistance for

Military, Advance Training, College, or Employment in Your Career





### 10% OFF ALL SERVICES FOR TRIBAL EMPLOYEES & MEMBERS

Must present CDIB card or tribal employee ID. Not valid with any other offers.

Isn't it time you got more from your repair shop? Experience the Arrowhead way of doing things.

### TIRES | MAINTENANCE | REPAIR

Arrowhead Automotive Center 1100 North Broadway Street Tecumseh, OK 74873 (405) 598-6920

www.arrowheadautomotivecenter.com

in



Every Tuesday for 10 weeks

Beginning May 16, 2017 - 6:30 pm

Absentee Shawnee Tribal Complex ICW Office

2025 S. Gordon Cooper Drive Shawnee, OK 74801

Preference given to AST tribal members

Call (405) 275-4030 ext. 6377 to ENROLL

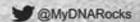


# TOTALLI DDDCTED JOINUS AND #UNFOLLOWTHECROWD

It's pretty simple: when you're into cool stuff, you're not into drinking.

### WWW.MYDNA.ROCKS

f MyDNA Rocks



mydnarocks



X SAMHSA

O HEALTH SYSTEM

spihb.

MyONA is an Absentee Shawnee Tribal Project and is funded by SAMHSA (Substance Abuse and Mental Health Services Administration) in cooperation with the Southern Plains Tribal Health Board

### CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines. Keep a copy on hand and update your information.

### EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

- 1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
- Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
- 3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- 4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence my include payment from private insurance.
- In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

### CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

- To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
  - For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
- Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
- 4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

### EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to  $5 \mathrm{pm}$ .

### FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

- You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
- To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
  - For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
- 3. You must utilize the services provided within AST health clinics prior to being referred out.
- Referrals for outside services must be sent to CHS.
   Services must be medically approved by an AST Health provider and/or CMMR Committee.
- An appointment will be scheduled, and a COB will be sent to the outside provider.
- 6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

#### **IMPORTANT CONTACTS**

### BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

### REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN Sharon Littlecreek, Patient Care Manager/LPN Jayne Werst, CH Specialist, Medicaid Patients Kelly Armstrong, CH Specialist, IHS Patients/LPN Jennifer Wells, CH Technician Melinda Ferrell, PBA, Dental Referrals

#### REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN Laurie Webber, CH Specialist, IHS Patients/LPN Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant

### LITTLE AXE HEALTH CENTER CHS

**405.701.7951** (*Please follow voice prompts*) **405.447.0300** (*Secondary*)

#### SHAWNEE CLINIC CHS

**405.878.5850** (Primary) **405.878.4702** (Secondary)





### Let us help...



With your cooling bill this summer
If you live in Pottawatomie or Cleveland counties
and have a C.D.I.B. card you may qualify for the
L.I.H.E.A.P Program

Come and apply Starting in May thru September 2016

The L.I.H.E.P Program will pay for













All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

Department of Social Services (405) 275-4030, Ext. 6225

**Annette Wilson, Social Services** 













### Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at <a href="https://www.astribe.com">www.astribe.com</a>.

- Academic (K-12) Program: assists with academic related expenses, and a
  portion of funds can be used for school-related athletic program expenses.
  Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- Graduate Scholarship Program: funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- Big Jim Youth Award Program: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31<sup>St</sup> of each year.

All funding is based upon the availability of funds at the time of application.

#### **Attention**:

Applications for fall 2016 must be received or postmarked by June 15, 2016.

All applications and guidelines are available at <u>www.astribe.com</u>. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to <a href="mailto:tresham@astribe.com">tresham@astribe.com</a>.

# ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive Shawnee, OK 74801 (405) 275-4030 • Fax: (405) 214-4225

### NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

\*TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS\*

<u>Note:</u> You may be asked to provide supporting documentation for verification purposes.

### RENEWALS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- PREVIOUS YEARS REGISTRATION

\*ANYONE MAY COME RENEW THE VEHICLE AS LONG AS THEY HAVE THE ABOVE LISTED DOCUMENTS FOR THE TRIBAL MEMBER\*

### TAG PRICES

1-4 YEARS \$85 5-8 YEARS \$75 9-12 YEARS \$55 13-16 YEARS \$35 17- OVER YEARS \$15

### PENALTY

\$0.25 A DAY



### CULTURAL PRESERVATION DEPARTMENT

### **Indian Taco Sale**



**Meal Price Includes: Indian Taco and Drink** 

**Location: AST Cultural Building #6** 

Date: May 26th, 2017

Time: 11:30-1:30

This is for Shawnee campus only. Little Axe will be at a later date. We will be taking pre-orders until 5:00pm Tuesday, May 23rd. Your food is guaranteed if pre-ordered. Please email ashleyb@astribe.com or call (405) 275-4030 (ext. 6312) to place your order.

### Iowa Tribe of Oklahoma Vocational Rehabilitation Program

"See the Person Not the Disability"





#### History:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

#### Services Than Can Be Provided:

Depending on an individual's needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

#### Qualifications:

Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor's statement or the IEP or 504 plan from your school.

#### Counties We Serve:

Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

lowa Tribe of Oklahoma Vocational Rehabilitation Program P.O. Box 728 Perkins, OK 74059



Contact: Christa McClellan Phone: 405-547-5721 Toll Free: 1-888-336-4692 E-mail: cmcclellan@iowanation.org

WE ARE ON THE INTERNET: www.bahkhoje.com





### Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

#### LITTLE AXE HEALTH CENTER

15951 Little Axe Dr. Norman, OK 73026 405.447.0300

#### SHAWNEE CLINIC

2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405.878.5850

#### PLUSCARE CLINIC

15702 East State Highway 9 Norman, OK 73026 405.447.0477





W W W . A S T H E A L T H . O R G

### Sign up, stay connected.

### ONLINE PATIENT PORTAL→ for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results? Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to <a href="https://www.asthealth.org/patient-portal">www.asthealth.org/patient-portal</a> to register. For more help, call your clinic, and we'll walk you through it.



Install the app on iPhone or Android for real-time access to your health information





### WALK-IN CLINIC WITH EXTENDED HOURS



# Here for you, now more than ever.

### EXTENDED HOURS:

9 a.m. - 9 p.m. Monday - Friday
9 a.m. - 5 p.m. Saturday
NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. To take better care of you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday. We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



Prevention. Progress. Pride.

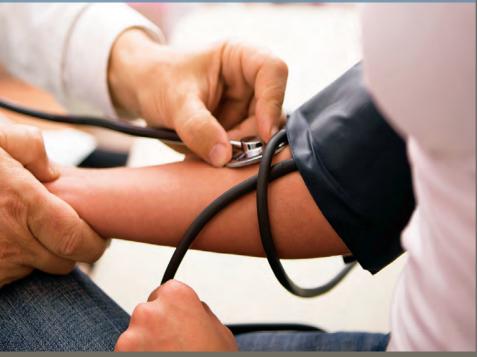
2029 South Gordon Cooper Drive 1 Shawnee, OK 74801 **405.878.5850** or **1.877.878.4702** (TOLL-FREE)



Regular hours of operation: 7 a.m. to 5 p.m. M-F. Closed the first Wednesday of every month from noon-5 p.m. Closed Sundays & holidays.

W W W . A S T H E A L T H . O R G

# Care on your schedule, that's the Plus.



AN AFTER HOURS ACUTE CARE FACILITY

#### HOURS OF OPERATION:

9 a.m.-9 p.m. Monday — Friday 9 a.m.-5 p.m. Saturday — Sunday 9 a.m. -5 p.m. Holidays (except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday
of the month from noon-5 p.m.

First appointment – 9 a.m. Last appointment – 8:30 p.m. Monday – Friday Last appointment – 4:30 p.m. Saturday Sunday & Holidays Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. On evenings. On weekends. This is all for you.



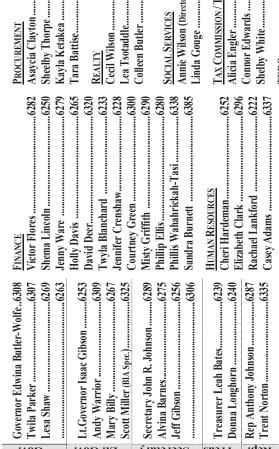
Prevention. Progress. Pride.



15702 East State Highway 9 · Norman, OK 73026 Phone: 405.447.0477 Fax: 405.366.8996

W W W . A S T H E A L T H . O R G

# ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030





### ABSENTEE SHAWNEE TRIBE

### PRESORTED STANDARD US POSTAGE PAID SPRINGFIELD, MO PERMIT 96

RETURN SERVICE REQUESTED

### Volume 28 No. 5 May 2017

6410	6246 6248	6225	6257 6238 6284	6227 6270 6270 6270	6294 6305 6330 6311	73-0202 78-6782 56-3341 17-3372 78-0633	273-1050 275-1468 878-4702 366-7220 598-1279	75-3432 60-9270 73-2679 64-0668 447-0300 30-9704 360-0698 361-9704 361-530 361-7298	878-5850 878-5859
l ara Battise	REALTY Cecil Wilson	SOCIAL SERVICES Annie Wilson (Director) Linda Gouge		TITLE VI   Thomasine (Doss) Owings (DIR)6227   Johnnie Mae Bettelyoun	OTHER EXTENSIONS Bldg. 1 Conf. Rm	OTHER ENTITIES & TOLL FREE  All Nations Bank	fare	3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3. 3	
		Tasi	Cheri Hardeman	Julie Wilson	MAINTENANCE Kevin Kaseca	MIS         HELP DESK       3100         HELP DESK       327         Michael Berry       6327         Josh Gibson       6328         Brico Coon       6328         Donna Cody       6402	OEH           Ken Jones	POLICE DEPT       275-3200 / 275-3432         Brad Gaylord (Chief)       6302         Linda Day       6261         Ric Mantooth       6278         Jason Brinker       6259         Steven Crisp       6259         James Woolbright       6278         Isonah Abhise       6278	
6253	6309 (309 (325 (289	6256 6306 6239	6240 6287 6335	6313	6260 6310 6312 6340 6340		6298 6376 6326 6242	6292 6288	

Kathy Brock (Court Clerk)....

Ray Campbell...

ATTORNEY

Lea Bettelyoun

RECEPTIONIST

Courtney Hodges .....

Merry Rodriguez Gift Shop) Devon Frazier(Library).....

Ashley Brokeshoulder ....

Kyra Underwood ......

Erin Thompson.....

Suhaila Newport ......

Leal Bender .....

CULT. PRES. / GIFT SHOP

DOMESTIC VIOLENCE/FAMILY SE

Melissa Lopez......

Lacey Carey ................ Lindsay Hernandez.... Taylor Wills.......

Sexual Assault Adv).....

DV Advocate .....

HORSE SHOE BEND
(After School Program Director)
Edwina Butler-Wolfe.......

Kimberly Creek ....

ELECTION COMMISSION

resha Spoon ...

Linda Gouge...

Emily Longman...

ENROLLMENT Carly Dyer....