78th Semi-Annual General Council Meeting

Photo of the AST Governor Edwina Butler-Wolfe and AST Secretary John Johnson at the General Council Meeting.

The 78th Semi-Annual General Council Meeting was held October 22, 2016 at the Thunderbird Casino Event Center in Norman, Oklahoma. For those tribal members who were not able to make the General Council Meeting, a video of the meeting can be found on the Tribe's Website: www.astribe.com

---

NOT GUILTY

In the matter of Absentee Shawnee Tribe vs. Isaac Gibson Jr. (current Lt. Governor)

The defendant, Lt. Governor Isaac Gibson Jr., was found not guilty on all charges by a jury in Absentee Shawnee Tribal Court.

In the court case of Absentee Shawnee Tribe vs. JW Gibson, as of press time court had just begun. We will print results in the next newsletter.
Hello friends, neighbors, relatives and Tribal members at large!

Here in Oklahoma we have been having a series of earthquakes that range in seismic activity. Last night I heard that earthquakes in Oklahoma are being triggered by underground disposal of wastewater from oil and natural gas production. As regrettable as this is underground wastewater disposal has been going on for decades in Oklahoma. Not long ago I read that a U.S. Geological Survey in 2015 suggested that the sharp rise in earthquakes in Oklahoma for the past 100 years could be the result of industrial activity in our energy rich state. We have a great deal of speculation going on. It is my hope that conclusive studies will be done so that whatever is causing this can be corrected and the impact to our environment considered and regulated. One report indicates that the EPA has yet to institute increased volume reporting, they have not asked operators to plug back wells out of the (granite) basement and still have their annual reports filed on paper for the area of the state the federal agency is responsible for. We need more accountability by the EPA and increased activity and reporting done by our Oklahoma Corporate Commission.

Role of the Treasurer and Financial Concerns

Recently I was advised by Finance that budgets were due by October 31st. There was no discussion on this date with the Executive Committee by Leah Bates, Treasurer. Programs were issued out their budgets based on the 3 year trend that the Treasurer likes to use for our budget process. The budgets included an email statement that Finance welcomed staff to come and discuss their budgets. This non-involvement of the Executive Committee with the department heads is indicative of limited thinking and poor fiscal management. The Treasurer does NOT provide Financial Reports at the monthly meeting which is her Constitutional mandated role. Again, this is part of her Constitutional role. Our Constitution could greatly benefit from an update but it is the authorized and approved document that governs our tribe. Without it we have no fundamental guidance or structure. In our Constitution it does NOT give the Treasurer the right or the ability to have any other oversight duties or responsibilities other than for Finance. Prior to moving the calendar year budgets onto our agenda this next month I will ask several things of Finance:

1. Full transparency and disclosure of all expenditures as to date of all programs, departments and elected officials;
2. Full transparency and disclosure on all revenues generated by the tribe that includes interest from grants and contracts; businesses owned by the tribe; taxes; contracts and grants;
3. Transparency and disclosure on the Tribe's current available funds and projected revenue;
4. Plan of action on how Finance will correct each audit finding.
If you see that I have not placed budgets on the agenda then know that it is for this reason. It is time we get the Treasurer and Finance to be accountable and offer full disclosure on both our revenue and expenditures within our tribal government. And not until that is done will I place budgets onto the agenda. We may have to look at doing a Continuing Resolution similar to what the federal government does when there is not a consensus on the federal budgets yet it may be necessary to ensure we know what the status is of our funds and how Finance has responded to the 2015 audit findings.

**Other Topics/Expressions**

**Happy Birthday & Anniversary**
To those who have had a birthday or anniversary I extend my warmest regards.

**Condolences**
To those families who may have lost a family member this month I extend my deepest condolences to you and your family.

**Meetings Attended this Month**

**SEPTEMBER 2016**
22nd Charter School Summit, OKC
23rd CTSA Meeting
24-27th Tribal Leaders White House Conference
29th All Nations Bank Meeting
30th United Indian Nations of Oklahoma Kansas and Texas (UINOKT)

**OCTOBER 2016**
1st White Turkey Meeting
3rd CTSA Exit Audit Meeting
4th Conference Call Charter School
5th Executive Committee Meeting
University of Central Oklahoma, Indigenous Day Reception, Edmond, Oklahoma
10th University of Oklahoma Indigenous Day
AARP Cowboy Hall of Fame, OKC
11th AST Housing/ Avedis Foundation Meeting
14th Meeting Mayor Finley, Shawnee
17-20th Transportation DOT Meeting at the Grand Casino, Shawnee, Oklahoma
21st 8:30 am Meeting with Tribal Member
Zombie Run
22nd General Council
AST Police Halloween Carnival
24-26th Charter School Conference, Atlanta, Georgia

**NOVEMBER 2016**
4th CTSA Meeting
5th White Turkey Meeting
10th Veterans AST, Little Axe Clinic

**DOT Negotiated Rulemaking Committee**
On July 27, a Federal Register Notice was published indicating that Transportation Secretary, Anthony Foxx, had named 18 tribal and 7 federal representatives, and alternates, to the Department of Transportation’s newly formed Negotiated Rulemaking Committee to develop proposed rules for the Tribal Transportation Self-Governance Program (TTSGP). In my capacity as Governor, of the Absentee Shawnee Tribe, I was selected to represent the Southern Plains Region during this Rulemaking period.

The Federal Highway Administration (FHWA) is the lead agency for the Department of Transportation for this Rulemaking process.

The second meeting was held September 12-15 in Sterling, Virginia. The following actions were taken:
- Protocols for the Committee were established/approved/signed.
- Provisions - drafts continued to be created by the two work groups on proposed provision changes.

As the Southern Plains Primary Committee Representative I was asked, in August, to consider hosting the October meeting in Oklahoma. This opportunity was confirmed at the September meeting and the Absentee Shawnee Tribe co-hosted this meeting with the Citizen Potawatomi Nation, Kickapoo Tribe, Sac and Fox Nation and Iowa tribe. The hotel/meeting site was The Grand Hotel and Resort in Shawnee, OK. The meetings began on Tuesday, October 18th and ran through Thursday, October 20th. Special Events were planned by our tribe and the Citizen Potawatomi Nation for two of the three nights. There were approximately 75 attendees each day and these included the Rulemaking Committee, Committee alternates, support staff, legal counsel, state DOT officials and tribal elected officials and/or designated staff.

If you are interested in learning more about the FAST Act DOT TTSGP Negotiated Rulemaking Committee this information may be found at: flh.fhwa.dot.gov

**In Conclusion**
I have 7 months left in Office and I find each day eventful and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

**Photos from Meetings & Events** (Continued on Page 4)
**UNITOK Meeting**

UNITOK Officers: Chairman Bruce Pratt, Pawnee Tribe is the Treasurer of UNITOK; George Tiger, Creek, President UNITOK; Margi Gray, Osage, Secretary of UNITOK; Edwina Butler-Wolfe, Governor Absentee Shawnee Tribe, Vice-President UNITOK

---

**University of Oklahoma Indigenous Day**

University of Oklahoma President David Boren; Edwina Butler-Wolfe, AST Governor; Warren Quenton

---

**AARP Awards Ceremony**

---

**University of Central Oklahoma Indigenous Day Reception**

Jessica New Moon, Student UCO; Edwina Butler-Wolfe, AST Governor
### Tax Collections

**FY-2016**  
**YTD TAX COLLECTIONS**  
(Thru 9/30/16)

<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>TOTAL</th>
<th>% OF TAXES COLLECTED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sales (6%)</td>
<td>$6,629.54</td>
<td>$5,925.93</td>
<td>$6,695.50</td>
<td>$1,102.06</td>
<td>$11,858.67</td>
<td>$3,055.61</td>
<td>$5,189.41</td>
<td>$233.28</td>
<td>$406.29</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$41,096.29</td>
<td>2.12%</td>
</tr>
<tr>
<td>Gaming % of free cash</td>
<td>$100,000.00</td>
<td>$250,000.00</td>
<td>$200,000.00</td>
<td>$150,000.00</td>
<td>$150,000.00</td>
<td>$100,000.00</td>
<td>$150,000.00</td>
<td>$200,000.00</td>
<td>$250,000.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,550,000.00</td>
<td>79.87%</td>
</tr>
<tr>
<td>Employee (1%)</td>
<td>$20,005.91</td>
<td>$10,776.88</td>
<td>$7,398.58</td>
<td>$10,826.58</td>
<td>$14,605.02</td>
<td>$10,799.58</td>
<td>$11,170.30</td>
<td>$7,282.34</td>
<td>$7,690.76</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$100,555.95</td>
<td>5.18%</td>
</tr>
<tr>
<td>Severance (8%)</td>
<td>$2,266.67</td>
<td>$1,609.65</td>
<td>$460.78</td>
<td>$919.02</td>
<td>$461.01</td>
<td>$2,698.05</td>
<td>$2,232.26</td>
<td>$1,290.78</td>
<td>$2,064.62</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$14,002.84</td>
<td>0.72%</td>
</tr>
<tr>
<td>Motor Vehicle</td>
<td>$10,173.81</td>
<td>$16,449.81</td>
<td>$16,519.87</td>
<td>$15,797.40</td>
<td>$12,420.36</td>
<td>$12,691.64</td>
<td>$16,578.05</td>
<td>$12,503.02</td>
<td>$12,592.24</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$125,726.20</td>
<td>6.48%</td>
</tr>
<tr>
<td>Tobacco Refund</td>
<td>$7,107.73</td>
<td>$1,052.86</td>
<td>$7,697.88</td>
<td>$17,197.56</td>
<td>$14,653.05</td>
<td>$16,595.49</td>
<td>$15,084.70</td>
<td>$13,025.59</td>
<td>$15,117.38</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$107,532.24</td>
<td>5.54%</td>
</tr>
<tr>
<td><strong>TOTAL TAXES</strong></td>
<td>$146,183.66</td>
<td>$285,815.13</td>
<td>$238,772.61</td>
<td>$195,842.62</td>
<td>$203,998.11</td>
<td>$145,840.37</td>
<td>$200,254.72</td>
<td>$234,335.01</td>
<td>$287,871.29</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,938,913.52</td>
<td>100%</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$223.45</td>
<td>$145.00</td>
<td>$300.00</td>
<td>$275.00</td>
<td>$65.00</td>
<td>$205.00</td>
<td>$120.00</td>
<td>$221.46</td>
<td>$122.50</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,677.41</td>
<td>0.09%</td>
</tr>
<tr>
<td><strong>TOTAL COLLECTIONS</strong></td>
<td>$146,407.11</td>
<td>$285,960.13</td>
<td>$239,072.61</td>
<td>$196,117.62</td>
<td>$204,063.11</td>
<td>$146,045.37</td>
<td>$200,374.72</td>
<td>$234,556.47</td>
<td>$287,993.79</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,940,590.93</td>
<td>100%</td>
</tr>
</tbody>
</table>

### Song Demo Studio

**Services Available**

I can make a sound track for you’re songs, or offer song writing help. Also for those that like singing Karaoke, I can change the keys to your tracks.

I can transfer your old LP albums to modern CD’s and clean them & much more.

For free estimate call or text;  
**Phil Bradley (405) 585-8801**

---

**Honoring Our Past With Promise for Our Future**

**LIFE is Beautiful Living Meth Free**

---

**National Suicide Prevention**  
1-800-273-8255 (TALK)
The Absentee Shawnee Elders Council recently helped with a Christmas Tree that will be displayed in the Red Earth Treefest. The tree will be apart of 15 Christmas trees that will be displayed at the Second Annual Red Earth Treefest.

The tree will be on display November 1st - January 13th at the Red Earth Art Center located in downtown Oklahoma City.

More info about the Treefest:

The Second Annual Red Earth Treefest features 15 Christmas Trees adorned with beautiful handmade ornaments created to showcase the diverse Native cultures that make Oklahoma unique. This holiday season the Red Earth Art Center shares the rich cultures of Oklahoma’s Tribal Nations during the holidays. Tribal groups from throughout the state will showcase their beautiful ornaments during this unique Holiday Exhibit. Come learn about Oklahoma’s Tribes and let their ornaments tell their story.

Free Admission
Hours: Monday-Friday 10-5 pm, First three Saturday’s in December 10-3 pm.
Red Earth Art Center - 6 Santa Fe Plaza (next to historic Skirvin Hilton Hotel)
Downtown Oklahoma City

2016 INTERTRIBAL VETERAN’S STAND DOWN

SAVE THE DATE

FRIDAY, NOVEMBER 4TH, 2016
10:00 TO 17:00
COX CONVENTION CENTER, OKC

ON-SITE VA REPRESENTATION, WELLNESS CHECKUPS TO INCLUDE DENTAL/PODIATRY/AUDIOLOGY, CAREER SERVICES, FREE HAIRCUTS FOR VETERANS AND WIDOWS, AND MUCH MORE.

FOR MORE INFO (THAT INCLUDES; BOOTH SPACE, TRIBAL PARTICIPATION, LEADERS, PROGRAMS AND HONOR GUARDS) PLEASE CALL:
CARESSA JAMES
CHEYENNE & ARAPAHO TRIBES EXECUTIVE OFFICE
405.422.7734
CJAMES@C-A-TRIBES.ORG

U.S. Department of Veterans Affairs

Office of Tribal Government Relations
Elders Council

The Absentee Shawnee Elders Council recently helped with a Christmas Tree that will be displayed in the Red Earth Treefest. The tree will be apart of 15 Christmas trees that will be displayed at the Second Annual Red Earth Treefest.

The tree will be on display November 1st - January 13th at the Red Earth Art Center located in downtown Oklahoma City.

More info about the Treefest:
The Second Annual Red Earth Treefest features 15 Christmas Trees adorned with beautiful handmade ornaments created to showcase the diverse Native cultures that make Oklahoma unique. This holiday season the Red Earth Art Center shares the rich cultures of Oklahoma's Tribal Nations during the holidays. Tribal groups from throughout the state will showcase their beautiful ornaments during this unique Holiday Exhibit. Come learn about Oklahoma's Tribes and let their ornaments tell their story.

Free Admission
Hours: Monday-Friday 10-5 pm, First three Saturday's in December 10-3 pm.

Red Earth Art Center - 6 Santa Fe Plaza (next to historic Skirvin Hilton Hotel)
Downtown Oklahoma City

ELDERS COUNCIL

FROM THE AST ELDERS COUNCIL:
Please help the Elders stuff Christmas baskets by bringing donations to the October General Council meeting. We will be making 30 baskets and will need toiletry items such as shampoo, conditioner, hair brushes, and combs. Thank you for any donation for it will be greatly appreciated. An application to apply for a basket is published below.

Elders’ Christmas Basket Application for AST Members 55 years and over.

Must reside within the counties of Pottawatomie, Cleveland, Lincoln, and Oklahoma.

NAME: ____________________________________________________________

ADDRESS: ________________________________________________________

PHONE #: ________________________________________________________

Nominated By: ____________________________________________________

Reason: Nursing Home, Home Bound, No Transportation within home, Health Issues, Other: (Please be specific)
______________________________________________________________
______________________________________________________________
______________________________________________________________
______________________________________________________________
______________________________________________________________

Submit Application no later than November 30, 2016

Mail Application to: AST Elders Council
2025 South Gordon Cooper Dr.
Shawnee, OK 74801

Or Drop-Off Application at the Tribal Complex Building #1/Receptionist

There will be 30 Baskets given out.

Office Use Only:
Date Received: ____________________________
In October, the health system sponsored the health systems’ annual Breast Cancer Awareness Event at both the Little Axe Health Center and Shawnee Clinics, complete with refreshments, lots of breast cancer awareness information. The 3rd Annual Zombie Run was a huge success, with more people participating than the last 2 years for a day of activity, music, health education, wellness activities, and good ole’ fashion Halloween fun!

As the flu season rapidly approaches, it is imperative you get your flu shot. Several flu shots were given out at the free flu shot clinic provided at the General Council meeting in October, and we will also be providing the flu shot at all of our clinics with nurse visits. Tests for the flu are indicating it has arrived already beginning in September, so please ensure you and your family is protected. The health system encourages everyone in the community to stay healthy this year by utilizing good personal hygiene, especially with hand sanitation procedures.

As for our offered services and programs, we are excited at the continued success of the MyDNA effort! Special thanks to the parents and elders for making this a great program in spreading positive prevention messages for youth to avoid underage drinking and provide education to our community on ill-effects of prescription drug addiction. Also, we are now settled-in and happy to offer expanded services at our new expanded Optometry Clinic in Little Axe and the Shawnee Clinic’s After Hours Services!

We continue to monitor elder care and high risk fall patients as well as homebound tribal members are always a concern to the Tribe and Health System. The health system remains a full partner with the Tribe in caring for and coordinating care for any tribal member that is homebound and has needs that we can help with or service within our scope and authority to do so as a health and wellness system. If you know of any tribal member who is homebound and needs assistance medically, please contact administration at (405) 701-7621 so we can assist as best possible with resources or coordinate assistance for these members in need. Thank you all for making our entire staff and employees feel appreciated and for using our services!

Our health system’s most valuable asset is our people! They continue to illustrate excellence for our tribal health system and patient care! I’m always impressed with and proud of our outstanding star performers, and again this month, we thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month in October for health was Mrs. Darlene Perryman, HIM Director, for her efforts at continuity as the health system continues to grow; October Team of the Month: Specialty Clinic Staff for their rapid stand-up and acceleration of specialty services to our patients; and the October Special Leadership Award: Mrs. Shelby Davis, Business Office, for her adept tracking and coordinating of monthly revenue totals to the executive team and health boards. The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system’s patients!

Additional health related information:

- **PlusCare Clinic/Little Axe area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members and other IHS eligible Native Americans who are the ages of 2 years and up. If you are a new patient, please bring with you your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 15702 East State Highway 9, Norman, OK (former Little Axe Clinic-near Thunderbird Casino/Norman). The phone number is (405)447-0477. Hours of operation are M-F 9 AM to 9 PM with last walk-in accepted at 8:30 PM, Saturday and Sunday 9 AM to 5 PM and holidays are 9 AM to 5 PM (excluding Thanksgiving and Christmas) with last walk-in patient accepted at 4:30 PM.

- **Shawnee Clinic Extended Hours/Shawnee area** has the ability to treat non-life threatening illnesses and injuries on a walk-in basis (no appointment needed). This service is extended to enrolled AST tribal members, Native American Veterans, IHS eligible Native Americans, Medicaid/SoonerCare pediatric patients, and BCBS covered AST non-Native employees who are the ages of 2 years and up. If you are a new patient to our health system and are in need of our extended hours services, please bring with you your CDIB card, a second form of identification, social security card and health insurance card(s), if available. The location is 2029 South Gordon Cooper Drive, Shawnee, OK. The phone number is (405)878-5850. Hours of operation are M-F 9 PM to 9 PM with last walk-in accepted at 8:30 PM, Saturday 9 AM to 5 PM with last walk-in accepted at 4:30 PM and closed Sundays and holidays.

- **Emergency Dental Clinic** is available every Monday from 8 AM to 11:30 AM at the Little Axe Health Center. Patients will be evaluated on a first come, first serve basis and type of emergency care needed. Patients who have suffered trauma or present infection will be considered before other as well as established patients being considered before new patients. For more information, please call (405) 447-0300.

- **AST/Serviced Health System Native American Veterans:** If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System at either the Shawnee Clinic (405) 878-5850 or Little Axe Health Center (405) 447-0300.

- **If you need CPR training,** please contact the AST Health System’s Public Health Office at (405) 447-0300 for scheduling and training opportunities.

- **Contract Health Services (CHS) interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951 at the Little Axe Health Center. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- **Customer Service line** is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/or response. Please be assured that this is the best way to have each situation addressed, with consistent updates from our Health Staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- **The AST Anti-Bullying Prevention “HOTLINE”** is (405) 701-7987 during work hours 8-5, M-F; and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- **The Affordable Care Act Decision Tool** continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program’s Website: http://www.asthealth.org/aca (Please visit our site today to find out what you need to do to protect yourself and your family)!

- **Emergency After Hours Pharmacy:** If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Wal-green locations in Shawnee and Norman. You will need to submit your prescription and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreen service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

The Little Axe Health Center Drive-Thru Pharmacy is also available for emergency fills, for tribal members only, from: 5:00 PM to 9:00 PM Monday - Friday, 9:00 AM to 3:00 PM Saturday & Sunday and holidays from 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas.

- **Social Media:** You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.
Reminder:
- All trust land transactions must come through the Realty Office.
- Sales and/or any other trust land transactions must be authorized by the Realty Department and approved by the BIA.
- Any trust land transactions not involving the Realty Department are invalid.
- Please keep addresses current with the Office of the Special Trustee for Indians @ 1-888-678-6836. This will allow proper notification to be made to landowners on new leases and other information.
- Please keep addresses current with the Absentee Shawnee Enrollment Department. This allows the Realty Department to cross-reference landowner addresses with the OST.
- lease visit www.indiantrust.com whereabouts unknown/Oklahoma/Absentee Shawnee Tribe, to see if you or your relatives are on this list.
- Gift deed transactions will take time to get approved from the BIA.
- Negotiated sales must follow the proper procedures to ensure the transaction is considered for approval.
- A family member of a deceased landowner must initiate the probate process.

*If anyone has any questions, please contact the Realty Department @ (405) 275-4030.*

**PROBATE MISSION STATEMENT**

The primary mission of the Division of the Probate is to compile inventories of the Indian Trust Assets and family information, and to coordinate the timely distribution of trust assets with the Office of Hearings and Appeals, Land Titles and Records Office and the Office of Special Trustee.

The Division of Probate gathers information regarding decedent’s family and property and prepares it for adjudication by the Office of Hearings and Appeals (OHA). After OHA issues a probate order the Division works with other trust offices, such as the Office of Special Trustee for American Indians and the Land Titles and Records Office to distribute assets.

In order for this to happen, the family of the decedent will need to contact the Absentee Shawnee Real Estate Division (Probate) to start the probate process.

Should you have any questions, please contact Lea Tsotaddle at 405-275-4030 ext. 6248.
November Walk-In Flu Shots

Shawnee, Oklahoma – If you don’t have time to schedule an appointment for your Flu shot, the Absentee Shawnee Tribal Health System has extended walk-in opportunities for one more week at its main clinics.

For all established patients (6 months of age and up) with our health system, the vaccinations will be offered at the following locations, dates and times:

1) Tuesday, November 1st    Shawnee Clinic    4:30 PM– 7:00 PM
2) Thursday, November 3rd   Little Axe Health Center  4:30 PM– 7:00 PM

As for the same day, walk-in clinics, Flu vaccines at PlusCare are available for current patients 9 years old and up during normal PlusCare hours to include the weekends.

They are also available at the Shawnee Extended Hours Clinic for current patients 6 months old and up from 5 pm to 9 pm M-F and 9 am-5 pm on Saturdays.

Influenza (Flu) is a respiratory infection that can cause serious complications, particularly to young children, older adults and people with certain medical conditions. Most seasonal flu activity typically occurs between October and May. If you have additional questions, please call Little Axe Health Center at (405)447-0300, PlusCare Clinic at (405)447-0477 or Shawnee Clinic at (405)878-5850.
CURRENT PROGRAMS AVAILABLE

- LEASE TO OWN HOMES
- LOW RENT HOUSING
- DOWN PAYMENT & CLOSING ASSISTANCE
- STORM SHELTER ASSISTANCE
- COLLEGE HOUSING ASSISTANCE
- EMERGENCY HOME REPAIR
- TRANSITIONAL HOUSING
- OVER-INCOME RENTAL HOUSING

FOR MORE INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY THE OFFICE LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OKLAHOMA.

WEBSITE: WWW.AS HOUSING AUTHORITY.COM

ATTENTION PARENTS!!!

CTSA EARLY HEAD START & HEAD START IS LOOKING FOR CHILDREN, AGES BIRTH TO 3 FOR OUR EHS PROGRAMS AND AGES 3 UP TO 5 FOR OUR HEAD START PROGRAMS!!!

Our goal is to meet the individual needs of all children, especially those with disabilities. If you have a child or know of a child that would enjoy a safe, interactive and engaging learning environment, please call or come by one of our locations today!

A fun and exciting program for your child to learn and grow! Our qualified and dedicated staff provide rich learning environments where parents are encouraged to volunteer! If you are interested in our program, please contact our office in your area to complete an application.

We look forward to sharing your child’s learning years with you!

In our Shawnee location, we have two available options: Early Head Start (Birth to 3), & Head Start (3 up to 5). Both Norman and Cushing are strictly Head Start Programs (3 up to 5).

If you would like more information regarding our programs or to apply, please contact:

Shawnee Main Office: Enrollment Manager - Shawnee Center: Center Supervisor -
Sherry Marsh (405) 275-4870 Stacey Osborne (405) 878-5820
1535 N McKinley, Shawnee 74801 1533 N McKinley, Shawnee 74801
sherry@ctsaheadstart.org

Cushing Center: Center Supervisor - Norman Center: Center Supervisor -
Wava Anderson (918) 225-1029 Amy Porter (405) 447-0381
111 W Vine, Cushing 74023 516 Iowa St.,
Norman 73069

Health/Mental Health/Disabilities Manager -
Melanie Williams (405) 275-4870
1535 N McKinley, Shawnee 74801

FAMILIES MUST LIVE IN THE FOLLOWING COUNTIES: POTAWATOMIE, PAYNE, LINCOLN, & CLEVELAND

ABSENTEE SHAWNEE TRIBE OF OKLAHOMA
DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy
The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing
The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy
Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance
The Absentee Shawnee Tribe’s Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance
Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance
Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe’s Domestic Violence Program.

Community Outreach
The Absentee Shawnee Tribe’s Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe’s Domestic Violence staff at (405) 273-2888.
The Healthiest You Possible: Prebiotics & Probiotics

You've probably heard of prebiotics and probiotics, but do you know what they are? Nutrition research has pinpointed specific functional components of foods that may improve health, and prebiotics and probiotics are two such substances. Although they are available as dietary supplements, it is not necessary to use special pills, potions, cleanses or other concoctions to incorporate prebiotics and probiotics into your diet. These "nutrition boosters" are natural ingredients in everyday food. In fact, focus on the food sources first because they are more readily available for absorption and digestion. While research continues in this area of nutrition—investigating how effective and safe these substances are and how much we need to obtain health benefits—here's what we know now.

What Are Prebiotics and What Do They Do?
Prebiotics are natural, non-digestible food components that are linked to promoting the growth of helpful bacteria in your gut. Simply said, they're "good" bacteria promoters. That's right, not all bacteria are bad! Prebiotics may improve gastrointestinal health as well as potentially enhance calcium absorption.

Prebiotics in Your Diet
Prebiotics include fructooligosaccharides, such as inulin, and galactooligosaccharides. But rather than focusing on these lengthy words, include more prebiotics in your diet by eating these foods like: bananas, onions, garlic, leeks, asparagus, artichokes, soybeans, and whole-wheat foods.

What Are Probiotics and What Do They Do?
Probiotics are the "good" bacteria—or live cultures—just like those naturally found in your gut. These active cultures help change or repopulate intestinal bacteria to balance gut flora. This functional component may boost immunity and overall health, especially GI health. For instance, probiotics have been used for management of irritable bowel syndrome symptoms. Some strains of these live cultures may help prevent specific allergy symptoms, reduce symptoms of lactose intolerance and more. However, effects can vary from person to person.

Probiotics in Your Diet
To obtain more probiotics, enjoy fermented dairy foods including yogurt, kefir products, and aged cheeses, which contain live cultures (for example, bifidobacteria and lactobacilli). Plus, some non-dairy foods which also have beneficial cultures including: kimchi, sauerkraut, miso, tempeh and cultured non-dairy yogurts.

What Makes Prebiotics and Probiotics the "Dynamic Duo?"
Ultimately, prebiotics—or "good" bacteria promoters, and probiotics—or "good" bacteria, work together synergistically. In other words, prebiotics are breakfast, lunch and dinner for probiotics, which restores and can improve GI health. Products that combine these together are called symbiotics. On the menu, that means enjoying bananas atop yogurt or stir-frying asparagus with tempeh is a win-win.

The bottom line: At a minimum, prebiotics and probiotics are keys for good gut health. We're finding that the gut flora is responsible for more than just digestion. Incorporating health-promoting functional foods, such as foods containing prebiotics and probiotics, into the diet helps create a healthier you. For specific advice on obtaining prebiotics and probiotics for your own specific health needs, especially if you have GI issues or a weakened immune system, contact the Diabetes & Wellness Program to meet with a registered dietitian nutritionist.
Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you’d like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It’s also important to let us know about changes in address, phone numbers, insurance and other contact information.

**LITTLE AXE HEALTH CENTER**
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

**Lobby:**
Mon – Fri 8 a.m. to 5 p.m.

**Regular Drive-thru:**
Mon – Fri 7:30 a.m. to 5:30 p.m.

**Extended Hours Drive-thru:**
Mon – Fri 5:30 p.m. to 9 p.m.
Sat – Sun 9 a.m. to 5 p.m.
Holidays 9 a.m. to 5 p.m.
(excluding Thanksgiving & Christmas)

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills.

**SHAWNEE CLINIC**
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

**Regular Hours:**
Mon – Fri 7 a.m. to 5 p.m.

**Extended Hours:**
Mon – Fri 5 p.m. to 9 p.m.
Sat 9 a.m. to 5 p.m.
Closed Sundays

*Extended Hours Clinic is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visits.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

**24-HOUR EMERGENCY PHARMACY ACCESS**
If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. They will then fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK.

There is a welcoming place for women.

Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don’t take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier, Better. More able to do the hard work that women do.

**LITTLE AXE HEALTH CENTER**
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

**SHAWNEE CLINIC**
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 - 1.877.878.4702 (Toll-free)

Life comes with its share of challenges. As individuals, family members, friends, there are times when we all need some help to clear our minds and better the days ahead. The resources are here; the people are kind. If you need us, please call us, 8 a.m. to 5 p.m.
Monday through Friday.
ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)
(A ONE TIME YEARLY PAYMENT OF $150.00, PER RESIDENCE)

ELIGIBILITY
- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE’S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF $2,800.00)

REQUIRED DOCUMENTATION:
- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

Office of Environmental Health & Engineering

- Tribal Housing Improvements Application

The Tribal Housing Improvement Program’s goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most “in need” tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:
- a. Handicapped/Disabled and Elderly
- b. Income
- c. Family Size/Overcrowded Living Conditions
- d. Condition of Home

Other Programs available:
- Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:
Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13

If you have any questions, you can reach us by phone at (405) 214-4235

THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.
ABSENTEE SHAWNEE TRIBE OF OKLAHOMA

Honoring SA MI KI NI KE (Warrior) Veterans

Thursday, November 10, 2016

10:00 A.M.

Little Axe Health Center Lobby

Opening Prayer
Don Schulenburg

Opening Remarks
Mark Rogers, Executive Director
Absentee Shawnee Tribal Health System

Welcome Address
Edwina Butler-Wolfe, Governor (Invited)
Absentee Shawnee Tribe of Oklahoma

Introduction of Executive Committee (Invited)

Presentations
Walter Larney, Commander
Absentee Shawnee Tribe Veteran’s Association

Recognition of Veterans

Closing Prayer
Don Schulenburg
3rd Annual Zombie Run 5K

5K Run Winners

5K Winners: First Place Seth Travis; 2nd Place Brandon McBride; 3rd Place Derek Dean; Zombies featured in Winner Photo Kade & Parker Dean, Gavin O'Rorke.

Pictured are the 1 Mile Walk Winners.

Pictured are the Best Costume Winners - Zombie Flower Girl & Pirate. Winners photographed with Marla Throckmorton, ASTHS Clinic Administrator; Mark Rogers, ASTHS Executive Director; AST Police Chief Brad Gaylord.
### November

#### Lunch

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Smoked Sausage Cabbage Carrots Plums</td>
<td>Chicken Tortilla Soup Chips Pears</td>
<td>Meatloaf Mashed Pot/Gravy Green Beans Applesauce</td>
<td>Oatmeal Sausage Patty Raisins Toast</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
</tr>
<tr>
<td>FALL BACK</td>
<td>Hot Ham &amp; Chez Sandwich Chips Apricots</td>
<td>Beef Fingers Mashed Pot/Gravy Beets Bread/Pudding</td>
<td>Goulash Veggies Garlic Toast Mixed Fruit</td>
<td>Cereal Toast Sausage Patty</td>
<td></td>
<td>Pizza Day</td>
</tr>
<tr>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td></td>
<td>Pork Stir-Fry Rice Pineapples</td>
<td>Spaghetti w/ meat sauce Tossed Salad* Garlic Bread Jell-O</td>
<td>Baked Potato Chili, Chez, Onions Broc n Chez Mandarin Oranges</td>
<td>Turkey Dressing/Gravy Sweet Pot. Pie</td>
<td>Scrambled Eggs Sausage Gravy Biscuit</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td></td>
<td>Chicken &amp; Dumplings Veggies Cookie</td>
<td>Boiled Egg Toast Cereal</td>
<td>Title VI Closed</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hamburger LTOP Tator Tots Peaches</td>
<td>Northern Beans Steakfries Onions Cake</td>
<td>Fish Mac n Chez Tossed Salad* Prunes</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Breakfast

- **Lunch** served Monday-Thursday 11AM to 1PM
- **Breakfast** served Fridays 9AM to 11AM

---

**NOT GOING TO BE HOME!!!**

CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER

---

**November 6th**

**November 8th ELECTION DAY!!!**

---

November 23 Title VI will be closed- homebound will get a sack lunch on the 22nd!!

November 24-25, AST Complex will be closed for THANKSGIVING, and we hope you will have a safe, happy and memorable Thanksgiving!!!

If you have any questions, suggestion, or concerns please feel free to call us at 405-275-4030 ext. 6227 and our menu and news will be on the website at astrbe.com under services.
<table>
<thead>
<tr>
<th>November 2016 Birthdays</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aquinaza, Jessika Lyn</td>
</tr>
<tr>
<td>Aquinaza, Julianna</td>
</tr>
<tr>
<td>Aquinza, Daniel</td>
</tr>
<tr>
<td>Alexander, Tammy Lynn</td>
</tr>
<tr>
<td>Afford, Glen Tecumseh</td>
</tr>
<tr>
<td>Afford, Reaan Elizabeth</td>
</tr>
<tr>
<td>Afford, Rebecca Marie</td>
</tr>
<tr>
<td>Afford, Thaddeus Ethan</td>
</tr>
<tr>
<td>Alvarez, Amanda Leal</td>
</tr>
<tr>
<td>Aracsi, Jonathan</td>
</tr>
<tr>
<td>Arms, Cameron Blake</td>
</tr>
<tr>
<td>Arms, Dakota James</td>
</tr>
<tr>
<td>Atwell, Danielle Elves</td>
</tr>
<tr>
<td>Badeer, Casey Mae</td>
</tr>
<tr>
<td>Baker, Makalah Lausha</td>
</tr>
<tr>
<td>Blanc, Emily Twin Kay</td>
</tr>
<tr>
<td>Bertolou, Calibriene</td>
</tr>
<tr>
<td>Bocckoven, Tina Nicole</td>
</tr>
<tr>
<td>Bostn, Carl Kent</td>
</tr>
<tr>
<td>Boston, Arthur Joseph</td>
</tr>
<tr>
<td>Box, Jodie Gayle</td>
</tr>
<tr>
<td>Bradley, William Lee</td>
</tr>
<tr>
<td>Brandon, Sean Patrick</td>
</tr>
<tr>
<td>Breeding, Joshua Adam</td>
</tr>
<tr>
<td>Brewer, Rockey Darren</td>
</tr>
<tr>
<td>Brinon, Allen William</td>
</tr>
<tr>
<td>Brokeshoulder, Risa Gae</td>
</tr>
<tr>
<td>Brown, Keondre Duane</td>
</tr>
<tr>
<td>Brown, Shellendrymer</td>
</tr>
<tr>
<td>Bryant, Corbin Ash</td>
</tr>
<tr>
<td>Bryant, Lorraine Morton</td>
</tr>
<tr>
<td>Bvce, Emily Danielle</td>
</tr>
<tr>
<td>Buckheart, Felise Maria</td>
</tr>
<tr>
<td>Bui, Kelly Paul</td>
</tr>
<tr>
<td>Bueno Jr, Daniel Dewitt</td>
</tr>
<tr>
<td>Campbell, Lougheed</td>
</tr>
<tr>
<td>Carolina, Jammie Leann</td>
</tr>
<tr>
<td>Carter, Andrea Dawn</td>
</tr>
<tr>
<td>Cautillo, Robert Lee</td>
</tr>
<tr>
<td>Chiscolm, Cole Nathani</td>
</tr>
<tr>
<td>Collett, Dillon Wayne</td>
</tr>
<tr>
<td>Colvin, Antonio Johnra</td>
</tr>
<tr>
<td>Cortez, Allyce Renee</td>
</tr>
<tr>
<td>Creek, Kavendace Ray</td>
</tr>
<tr>
<td>Crossley, Joseph Tynie</td>
</tr>
<tr>
<td>Crow, Abigail Sophia Xl</td>
</tr>
<tr>
<td>Crow, Randonn Matthew</td>
</tr>
<tr>
<td>Danner, Larone Marie</td>
</tr>
<tr>
<td>Davis, Ed Joel</td>
</tr>
<tr>
<td>Davis, Hannah Starr</td>
</tr>
<tr>
<td>Davis, Joshua Lee</td>
</tr>
<tr>
<td>Davis, Kavethanea Jean</td>
</tr>
<tr>
<td>Davis, Rebecca Ann</td>
</tr>
<tr>
<td>Dav, Darnell Ann</td>
</tr>
<tr>
<td>Deere, Karia Louise</td>
</tr>
<tr>
<td>Detwiler, Tamia Elaine</td>
</tr>
<tr>
<td>Dier, Tracie Lynn</td>
</tr>
<tr>
<td>Dodds, Cody Ralph</td>
</tr>
<tr>
<td>Dolchik, Carole Sue</td>
</tr>
<tr>
<td>Donnaho, Leah Jane</td>
</tr>
<tr>
<td>Doussert, Fossie Jean</td>
</tr>
<tr>
<td>Doussert, Gabriela Diane</td>
</tr>
<tr>
<td>Downey, Tyler Preston</td>
</tr>
<tr>
<td>Draper Jr, Russell Lee</td>
</tr>
<tr>
<td>Dvonik, Shervin</td>
</tr>
<tr>
<td>Dubois, Rebecca Kay</td>
</tr>
<tr>
<td>Eckward, Selena Monica</td>
</tr>
<tr>
<td>Edmon, Pacey Wyatt</td>
</tr>
<tr>
<td>Edwards, Fletcher Atheda</td>
</tr>
<tr>
<td>Edwards, Cher</td>
</tr>
<tr>
<td>Edwards, Lashelle R.</td>
</tr>
<tr>
<td>Ellis, Philip Steven</td>
</tr>
<tr>
<td>Ellis, Scott R.</td>
</tr>
<tr>
<td>Foreman, Robert Wade</td>
</tr>
<tr>
<td>Foreman, Thomas Henry</td>
</tr>
<tr>
<td>Fuentez, Ariana Yasmine</td>
</tr>
<tr>
<td>Garretson, Alvia Danielle</td>
</tr>
<tr>
<td>Garretson, Christopher P.</td>
</tr>
<tr>
<td>Gibson, Dane Jamison</td>
</tr>
<tr>
<td>Gibson, Pamela Ann</td>
</tr>
<tr>
<td>Gibson, Wilfred Lew</td>
</tr>
<tr>
<td>Gomez, Petra Maria</td>
</tr>
<tr>
<td>Goombi, Il John Duane</td>
</tr>
<tr>
<td>Goss, Melody Naomi</td>
</tr>
<tr>
<td>Gower, Jon Paul</td>
</tr>
<tr>
<td>Gray, Christopher</td>
</tr>
<tr>
<td>Gray, Jeffrey David</td>
</tr>
<tr>
<td>Guttman, Rosemary (Bradley)</td>
</tr>
<tr>
<td>Hadianconstantiou, Brent Christopher</td>
</tr>
<tr>
<td>Hale, Alisha Marie</td>
</tr>
<tr>
<td>Hario, Britney Marie</td>
</tr>
<tr>
<td>Harjo, Jacqueline Rhea</td>
</tr>
<tr>
<td>Harjo, Malvina Kinsley</td>
</tr>
<tr>
<td>Hario, Tawanna Jo</td>
</tr>
<tr>
<td>Harman, Amy Marie</td>
</tr>
<tr>
<td>Har-Brown, Tara Rae</td>
</tr>
<tr>
<td>Harris, Kallie Dahn</td>
</tr>
<tr>
<td>Harvey, Ronnie Troy</td>
</tr>
<tr>
<td>Hatcher, Donald Ray</td>
</tr>
<tr>
<td>Haunoy, Olivia Huerza</td>
</tr>
<tr>
<td>Haunoy, Zavelle Jewel</td>
</tr>
<tr>
<td>Hayes Ponkilla, Briana Cynthia</td>
</tr>
<tr>
<td>Heisley, Robert Ean</td>
</tr>
<tr>
<td>Hemphill, Justin Travis</td>
</tr>
<tr>
<td>Hernandez, Isabella Lois</td>
</tr>
<tr>
<td>Herrera Jr, Ruben Pilar</td>
</tr>
<tr>
<td>Hicks, Emily Nicole</td>
</tr>
<tr>
<td>Holg, Allison Rachede</td>
</tr>
<tr>
<td>Hood, Stefanie Michelle</td>
</tr>
<tr>
<td>Hopper, Deborah Ann</td>
</tr>
<tr>
<td>Houston, Sheri Lynn</td>
</tr>
<tr>
<td>Humphrey, Jo Lynne</td>
</tr>
<tr>
<td>Issacs, Jon Edwin</td>
</tr>
<tr>
<td>Jardon, Tiffany Marie</td>
</tr>
<tr>
<td>Johnson, Stephanie Marie</td>
</tr>
<tr>
<td>Johnson, Stephenson, Alyssa Cndel</td>
</tr>
<tr>
<td>Johnson, Anthony David</td>
</tr>
<tr>
<td>Johnson, Evan Ryan</td>
</tr>
<tr>
<td>Johnson, Jackie Dean</td>
</tr>
<tr>
<td>Johnson, Javin Lee</td>
</tr>
<tr>
<td>Johnson, Michael Thomas</td>
</tr>
<tr>
<td>Johnson, Nathaniel Nami River</td>
</tr>
<tr>
<td>Johnson, Rainaya Kav</td>
</tr>
<tr>
<td>Jones, Easton Allen</td>
</tr>
<tr>
<td>Kaniatobe, Guy Eliot</td>
</tr>
<tr>
<td>Rasega Jr, Frank Linn</td>
</tr>
<tr>
<td>Keith, Joni Cheryl</td>
</tr>
<tr>
<td>Keith, Lisa Gave</td>
</tr>
<tr>
<td>Kilmer, Beverne Cashell</td>
</tr>
<tr>
<td>Kilmer, Kavie Marlene</td>
</tr>
<tr>
<td>Kinnam Anderson, Sherry Kave</td>
</tr>
<tr>
<td>Kirby, William Hunter</td>
</tr>
<tr>
<td>Lalhevaravan, William Maid</td>
</tr>
<tr>
<td>Larnes, Patti Mae</td>
</tr>
<tr>
<td>Larnes, Walter Lee</td>
</tr>
<tr>
<td>Lasenberry, Khloe Dawn</td>
</tr>
<tr>
<td>Lea, Timothy Ogur</td>
</tr>
<tr>
<td>Leek, Alcyone Grace</td>
</tr>
<tr>
<td>Leikta, Devin Lance</td>
</tr>
<tr>
<td>Limon Jr, Richard Martin</td>
</tr>
<tr>
<td>Limon, Joe Coven Marie</td>
</tr>
<tr>
<td>Lindsay, Seth Ryan</td>
</tr>
<tr>
<td>Little Axe, Troy Lee</td>
</tr>
<tr>
<td>Little Axe, Brandigan Lee</td>
</tr>
<tr>
<td>Little Axe, Kate Pauline</td>
</tr>
<tr>
<td>Little Axe, Pailor Taid</td>
</tr>
<tr>
<td>Little Charley, Buck</td>
</tr>
<tr>
<td>Little Charley, Keri Leann</td>
</tr>
<tr>
<td>Little Creek, Lindy Denise</td>
</tr>
<tr>
<td>Little Creek, Lynda Carol</td>
</tr>
<tr>
<td>Little Jim, Caleb Frank</td>
</tr>
<tr>
<td>Little Jim, Quinn Jason</td>
</tr>
<tr>
<td>Little, Dee Ann</td>
</tr>
<tr>
<td>Littlebear, Clifford Newman</td>
</tr>
<tr>
<td>Littlebear, Josheek Allan</td>
</tr>
<tr>
<td>Little Creek, Tetereman, Skulder D'Wayne</td>
</tr>
<tr>
<td>Little Creek, Sammi Louise</td>
</tr>
<tr>
<td>Little Creek, Sharron Renee</td>
</tr>
<tr>
<td>Littlehead, William Bill</td>
</tr>
<tr>
<td>Loeks, Betty Lou Marx</td>
</tr>
<tr>
<td>Loew, Terni (Sloat)</td>
</tr>
<tr>
<td>Lonhorn, Joel Bood</td>
</tr>
<tr>
<td>Lonhamn Jr, Henry Daniel</td>
</tr>
<tr>
<td>Lovins, Garrett Scott</td>
</tr>
<tr>
<td>Lovins, Ean Zee</td>
</tr>
<tr>
<td>Mack, Darrin Wayne</td>
</tr>
<tr>
<td>Mann, Shopette, Wanda Gavel</td>
</tr>
<tr>
<td>Mann, Loretta Lynn</td>
</tr>
<tr>
<td>Martin, Skyla Revan</td>
</tr>
<tr>
<td>Martin, Tiffany Ann</td>
</tr>
<tr>
<td>Martinez, Clayton Dale</td>
</tr>
<tr>
<td>Martinez, Tiaha Raou</td>
</tr>
<tr>
<td>Masuquis, Jeanine</td>
</tr>
<tr>
<td>McBride, Allison Lorrance</td>
</tr>
<tr>
<td>McBride, Marshall Dylan</td>
</tr>
<tr>
<td>McBride, Travis Euesene</td>
</tr>
<tr>
<td>McDaniil, Cody Aaron</td>
</tr>
<tr>
<td>McEwan, Henry Bll</td>
</tr>
<tr>
<td>Mcdonald, Nick Lee</td>
</tr>
<tr>
<td>MCGinial, Michael Shawn</td>
</tr>
<tr>
<td>McGuire II, Wayne Lloyd</td>
</tr>
<tr>
<td>Meachee, Shervonne Nicole</td>
</tr>
<tr>
<td>Miller, Charles Rae</td>
</tr>
<tr>
<td>Miller, Kavi K Dawn</td>
</tr>
<tr>
<td>Mills, Lindsey Gavel</td>
</tr>
<tr>
<td>Miller, Kevon James</td>
</tr>
<tr>
<td>Mitchell, Lewis Trent</td>
</tr>
<tr>
<td>Mitchell, Meesan</td>
</tr>
<tr>
<td>Mohawk, Joni Marie</td>
</tr>
<tr>
<td>Montemore, Steven Van Sku</td>
</tr>
<tr>
<td>Montemore, Zachariah Cymke-Dean</td>
</tr>
<tr>
<td>Moore, Sophie-Marie Linda</td>
</tr>
<tr>
<td>Morris, Derek Thomas</td>
</tr>
<tr>
<td>Morris, Miracle Marie</td>
</tr>
<tr>
<td>Morton, James Cristian</td>
</tr>
<tr>
<td>Morton, Rebeca Lynn</td>
</tr>
<tr>
<td>Muench, Rose Ann</td>
</tr>
<tr>
<td>Musick, Dr Charles Randall</td>
</tr>
<tr>
<td>Nail, Andrea Elaine</td>
</tr>
<tr>
<td>New, Moon Joseph Lynn</td>
</tr>
<tr>
<td>Nick, Jonathan Lee</td>
</tr>
<tr>
<td>Novick, Precious Dawn</td>
</tr>
<tr>
<td>Ortiz, Isalia Faustino</td>
</tr>
<tr>
<td>Owens, Ashley James</td>
</tr>
<tr>
<td>Owens, Rhett Patrick</td>
</tr>
<tr>
<td>Panther Jr, Donald Eric</td>
</tr>
<tr>
<td>Perez-Varasas, Joel Encarnation</td>
</tr>
<tr>
<td>Permer-Panther, Elizabeth La Rawne</td>
</tr>
<tr>
<td>Picnikilla, Robin Frances</td>
</tr>
<tr>
<td>Preciado, Oscar Gabriel</td>
</tr>
<tr>
<td>Ramirez, Tiffany Ellse</td>
</tr>
<tr>
<td>Richard, Frances Ann</td>
</tr>
<tr>
<td>Roberts, Siera Brooke</td>
</tr>
<tr>
<td>Robertson, Velita Albin</td>
</tr>
<tr>
<td>Robinson, Steana Gall</td>
</tr>
<tr>
<td>Rose, Lindsay Martin</td>
</tr>
<tr>
<td>Salazar, John Thomas</td>
</tr>
<tr>
<td>Santa Cruz, Brian Daniae</td>
</tr>
<tr>
<td>Schoenebaum, Daxton Ryder</td>
</tr>
<tr>
<td>Sherod, Daemon Marcus</td>
</tr>
<tr>
<td>Sheldin, Brent Fremond</td>
</tr>
<tr>
<td>Shemon, Hudson Kennedy</td>
</tr>
<tr>
<td>Sink, Robert Elmer</td>
</tr>
<tr>
<td>Sloan, Whitney La Rae</td>
</tr>
<tr>
<td>Sloat, Amanda Renee</td>
</tr>
<tr>
<td>Sloat, Jami Lynn</td>
</tr>
<tr>
<td>Smith, Alfred L</td>
</tr>
<tr>
<td>Smith, Ann Ma</td>
</tr>
<tr>
<td>Smith, Carolina Elizabeth</td>
</tr>
<tr>
<td>Smith, Taylor Logan</td>
</tr>
<tr>
<td>Snakeman, Sandra Kay</td>
</tr>
<tr>
<td>Soan, Taziah Jasy Lee</td>
</tr>
<tr>
<td>Spoon, Ariana Nicole</td>
</tr>
<tr>
<td>Spoon, Christopher Scott</td>
</tr>
<tr>
<td>Spoon, Joel Lee</td>
</tr>
<tr>
<td>Spoon, Kolbe A</td>
</tr>
<tr>
<td>Spoon, Tresha Dawn</td>
</tr>
<tr>
<td>Squire, Laurena Cerise</td>
</tr>
<tr>
<td>Squire, Michael Lee</td>
</tr>
<tr>
<td>Stacv, Daelin Stev</td>
</tr>
<tr>
<td>Steward, Arvel Eueene</td>
</tr>
<tr>
<td>Stiner, Elizabeth Juanita</td>
</tr>
<tr>
<td>Stone, Heide Nicholas</td>
</tr>
<tr>
<td>Stucke, Wade Dexter</td>
</tr>
<tr>
<td>Switch, McKenzie Ranee</td>
</tr>
<tr>
<td>Switch, Michael Dwight</td>
</tr>
<tr>
<td>Taylor, Ryan Harden</td>
</tr>
<tr>
<td>Thore, Gary Allen</td>
</tr>
<tr>
<td>Thore, Iccie Nk</td>
</tr>
<tr>
<td>Thore, Jasper Pristine</td>
</tr>
<tr>
<td>Thore, Jonathan Azariah</td>
</tr>
<tr>
<td>Thore, Vicki Jo</td>
</tr>
<tr>
<td>Tiler, Dion Anthony</td>
</tr>
<tr>
<td>Tiler, Joseph Little Chief</td>
</tr>
<tr>
<td>Tiler, Nakora Cotha</td>
</tr>
<tr>
<td>Tilley, Trevor Reacn</td>
</tr>
<tr>
<td>Tilley, Nelson Vauhnan</td>
</tr>
<tr>
<td>Toner Jr, Daniel Ray</td>
</tr>
<tr>
<td>Toner, Tamier Roy</td>
</tr>
<tr>
<td>Toner, Michael Roy</td>
</tr>
<tr>
<td>Toner, Wasalee Rain</td>
</tr>
<tr>
<td>Upman, Belva Ann</td>
</tr>
<tr>
<td>Vassquez, Nakai Isaiah</td>
</tr>
<tr>
<td>Velez, Mariel Antonio</td>
</tr>
<tr>
<td>Villabob, Francisco Javier</td>
</tr>
<tr>
<td>Voiles, Devon Robert</td>
</tr>
<tr>
<td>Walke, Stacy Ann</td>
</tr>
<tr>
<td>Wakloe, Garry Lavar</td>
</tr>
<tr>
<td>Wakloe, Jerry Lamar</td>
</tr>
<tr>
<td>Walker, Curtis Robert</td>
</tr>
<tr>
<td>Walker, Poetry Owens</td>
</tr>
<tr>
<td>Walls, Cotton Lynne</td>
</tr>
<tr>
<td>Walls, Dawn Marie</td>
</tr>
<tr>
<td>Warrior, Aaron Duane</td>
</tr>
<tr>
<td>Warrior, Debra Faye</td>
</tr>
<tr>
<td>Wasley, Mandella Dawn</td>
</tr>
<tr>
<td>Watson, Gavin Lavo</td>
</tr>
<tr>
<td>Watson, McKenna Ann</td>
</tr>
<tr>
<td>Weaver, Dallin Michael</td>
</tr>
<tr>
<td>Webb, Paul Kenneth</td>
</tr>
<tr>
<td>Wester, Nelda Jane</td>
</tr>
<tr>
<td>Westberry, Justin Doyle</td>
</tr>
<tr>
<td>White Jr, Robert</td>
</tr>
<tr>
<td>White, Daniel Lee</td>
</tr>
<tr>
<td>White, Dustin Lee</td>
</tr>
<tr>
<td>Wilburn, Sondra Leleh</td>
</tr>
<tr>
<td>Wilkerson, Dorthy Fallon</td>
</tr>
<tr>
<td>Williams, Antearieh</td>
</tr>
<tr>
<td>Williams, Ella Ann</td>
</tr>
<tr>
<td>Williams, Erik Braden</td>
</tr>
<tr>
<td>Williams, Heath Jared</td>
</tr>
<tr>
<td>Williams, Khamanise Melna</td>
</tr>
<tr>
<td>Williams, Nathan Barrett</td>
</tr>
<tr>
<td>Wills, Jessica Renag</td>
</tr>
<tr>
<td>Wilson-Onzeo, Tristen Xavier</td>
</tr>
<tr>
<td>Wilson, Isaac Lane</td>
</tr>
<tr>
<td>Wilson, Joseph Scott</td>
</tr>
<tr>
<td>Wilson, Savannah Colette</td>
</tr>
<tr>
<td>Wolfe, Storm Rny</td>
</tr>
<tr>
<td>Woyt, Ashley Dawn</td>
</tr>
<tr>
<td>Yaddell, Raymond Loid</td>
</tr>
<tr>
<td>Yoder, Vanessa Lynn</td>
</tr>
</tbody>
</table>
Happy 26th Birthday
Devin "Moe Moe" Leitka

From,
Grandpa, Grandma, Mom, Macklyn, Bryson,
Sis, Tom, Sheldon, Shelby, Shelsie, Dae-Dae & Baby D

HAPPY 50TH ANNIVERSARY
DAVID JR. & STELLA LITTLE

Love Your Kids,
Keith, Troy & Becky

HAPPY THANKSGIVING
Photos from General Council Meeting
held October 22, 2016
Let us help...

With your cooling bill this summer
If you live in Pottawatomie or Cleveland counties
and have a C.D.I.B. card you may qualify for the
L.I.H.E.A.P Program

Come and apply
Starting in May thru September
2016

The L.I.H.E.A.P Program will pay for

All applicants must meet the eligibility requirements and criteria which is
approved by the Absentee Shawnee Tribe.

Department of Social Services
(405) 275-4030, Ext. 6225
Annette Wilson, Social Services

The following are current programs administered by the Absentee Shawnee Tribe
Education Department:

These are brief descriptions of current programs. Program guidelines are available in
hard copy at the Education Department office or for download at www.astribe.com.

- Academic (K-12) Program: assists with academic related expenses, and a
portion of funds can be used for school-related athletic program expenses.
Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some
graduation expenses, and awards two (2) incentives: one for GED recipients
and one for High School graduates. Program has a maximum amount of funding
for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at
accredited vocational institutions. Program has a maximum funding limit for the
calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for
undergraduate degrees, one associate or bachelor degree, at any accredited college
or university. Funding levels are determined based upon grade point average and
full-time or part-time status.
- Graduate Scholarship Program: funds for one master’s degree or one doctoral
degree, and can fund one graduate admissions test. This program has funding
levels based upon full-time and part-time status.
- Big Jim Youth Award Program: annual incentive for High School
Seniors for Academic Achievement and Athlete of the Year. Deadline for
application submission is March 31st of each year.

All funding is based upon the availability of funds at the time of application.

Attention:
Applications for fall 2016 must be received or postmarked by June 15, 2016.

All applications and guidelines are available at www.astribe.com. Click on
Services and select Education.

For more information, please call Tresha Spoon at (405) 275-4030, Ext. 6242 or 1-
800-256-3341 or email to tresham@astribe.com.
The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:
Monday-Friday       6:00am - 9:00pm
Saturday            9:00am - 3:00pm
Sunday              CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CLASSES</strong></td>
<td><strong>CLASSES</strong></td>
<td><strong>CLASSES</strong></td>
<td><strong>CLASSES</strong></td>
<td><strong>CLASSES</strong></td>
</tr>
</tbody>
</table>
| Cardio Kickboxing  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Circuit Training  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Zumba Fitness  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Circuit Training  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Cardio Kickboxing  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center |
| **CLASSES** | **CLASSES** | **CLASSES** | **CLASSES** | **CLASSES** |
| **Cardio Kickboxing**  
12:00 p.m.-12:45 p.m.  
Chrissy Wiens  
LITTLE AXE HEALTH FACILITY | **Circuit Training**  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center | **Circuit Training**  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center | **Full Body Strength**  
2:30 p.m.-3:15 p.m.  
Buster Bread  
LITTLE AXE HEALTH FACILITY | **Cardio Kickboxing**  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center |

**Fitness sessions will be available every Friday at the Little Axe Health Center**

“Cardio Kickboxing”: Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

“Zumba Fitness”: Fitness, fun, and dance. Learn Zumba dance moves to get your heart rate pumping!

“Chair Exercise for Elders”: Low-impact strength training utilizing a chair for elders and beginner fitness levels.

“Full Body Strength”: Traditional strength training to improve muscular strength and fitness.
A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. To take better care of you, Shawnee Clinic is now open extended hours on weekends and additional hours on Saturday. We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.

EXTENDED HOURS:
5-9 p.m. Monday - Friday
9 a.m.-5 p.m. Saturday

SHAWNEE CLINIC
Absentee Shawnee Tribal Health Authority, Inc.


2029 South Gordon Cooper Drive | Shawnee, OK 74801
405.878.5850 or 1.877.878.4702 (TOLL-FREE)

Regular hours of operation: 7 a.m. to 5 p.m., M-F.
Closed the first Wednesday of every month from noon–5 p.m.
Closed Sundays & holidays.

WWW.ASTHEALTH.ORG

Care on your schedule, that’s the Plus.

HOURS OF OPERATION:
9 a.m.–9 p.m. Monday – Friday
9 a.m.–5 p.m. Saturday – Sunday
9 a.m. - 5 p.m. Holidays
(except Thanksgiving & Christmas)

PlusCare will be closed the first Wednesday of the month from noon-5 p.m.

First appointment - 9 a.m.
Last appointment - 8:30 p.m., Monday – Friday
Last appointment - 4:30 p.m., Saturday, Sunday & Holidays

Minor illnesses and injuries—an earache, a sprain, the flu—can sneak up on you. That’s why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IMS-eligible Native Americans who are ages two years and older.

At PlusCare, we’re dedicated to providing high-quality, clinic-based health care to members of our community. On evenings. On weekends. This is all for you.

PLUSCARE
Li-Sci-Nwi Health, Inc.


15702 East State Highway 9 · Norman, OK 73026
Phone: 405.447.0477 Fax: 405.366.8996

WWW.ASTHEALTH.ORG
The Department of Interior recently advised they are expanding their schedule for implementing the Land Buy Back Program and adding 63 additional locations for the period of 2018 through 2021. This program began making offers in 2013. It has paid over $740 million to individual landowners and restored the equivalent of nearly 1.5 million acres to tribal governments. This expansion brings the number of locations being planned for the program to 105. This total includes 96 percent of all landowners with fractionated interests and more than 98 percent of both purchasable fractional interests and equivalent acres in Program eligible areas. There are currently about 245,000 landowners holding approximately 3 million fractional interests across Indian Country.

The intent of the Buy Back program is to partner with tribal governments to stimulate new opportunities so that tribes can operate more efficiently, enter into community discussions and create plans that ensure lands stay in trust. The Program implements the land consolidation component of the Cobell settlement which provided $1.9 billion to purchase fractional interests in trust or restricted land from willing sellers at fair market value within a ten year window. If a fractional land interest owner decides to sell their fraction you will receive a payment directly into your individual Indian Money (IM) account. The lands purchased through this process are immediately restored to tribal trust ownership to benefit the community and tribal members. In the upcoming months a Program representative will be communicating with our tribe on the process and its implementation.

Our tribe is on the new expanded Program list and members with eligible fractional interests are encouraged to call the Trust Beneficiary Call Center (Call Center) at 888-678-6836 and indicate whether you are a willing seller and/or to update contact information. By registering as a willing seller it does NOT commit you to selling your land, nor will it guarantee an offer will be extended; it merely identifies your interest and assist in advancing planning. Individual landowners can contact the Call Center, Office of the Special Trustee or BIA office to learn more about your land and options available to you. You can also visit the Program site at: https://www.doi.gov/buybackprogram/programimplementation-schedule.

---

**LAND BUY BACK PROGRAM**

---

**A Little Note from The Tag Office**

**Did You Know.....**

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

---

**Vocational Rehabilitation Transitional Services**

**Iowa Tribe of Oklahoma**

- **History:**
  The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

- **Services we can provide:**
  We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

- **Qualifications:**
  You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in one of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.

**Countries served by ITVR:**

- KAY
- NOBLE
- PAVNEE
- PAYNG
- POTTAWATOMIE
- LINCOLN
- LOGAN

---

**Iowa Tribe of Oklahoma Vocational Rehabilitation**

P.O. Box 728
Pekin, OK 74099

Phone: 405-547-2402 ext 168
Toll Free: 1-888-336-4692
Fax: 405-547-1090

E-mail: Christa Tsotaddle, Transitional Counselor
ttsotaddle@iowanation.org

"See the Person, Not the Disability"

Find us on the Web: www.bahkhoje.com

1/23/2015 CT
WINTER BAZAAR
Benefiting White Oak Ceremonial Grounds

- Art - Crafts - Bake Sale - More! -

PLUS

CHILI LUNCH . . . . $5
Choice of: Chili, Chili Dog, or Chili Pie (dessert and drink included)

Saturday, November 19, 2016
10 a.m. - 4 p.m.
Shawnee Tribe Community Building
Miami, OK
(Adjacent to Tribal Offices: 29 S. Hwy. 69A)

Vendor Space Available! - $20
LIMITED NUMBER - First Come, First Served
Vendor applications available at Shawnee Tribal Offices, Miami, OK

OR

CALL 918/212-0891 (Nancy)
EMAIL nancy@ribbonshirtsandmore.com
             ewensman@shawnee-tribe.com

VENDOR APPLICATION + $20 FEE  DUE OCTOBER 21, 2016
What is a Brownfield?
The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”

Do you possibly have a Brownfield site on your land?
Typical Brownfield Sites Include:

♦ Abandoned Factories/Buildings/Homes
♦ Burned Homes
♦ Buried Dump Sites
♦ Open Dump Sites
♦ A Large Amount of Tires
♦ Former Cattle Dip Pit Sites
♦ Barrels of Unknown Substances
♦ Old Service Stations
♦ Oil Storage Facilities
♦ Old Service Stations
♦ Old Dry Cleaning Businesses

If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astripe.com

Follow us on Facebook to view and comment on current and upcoming projects.

www.facebook.com/ast.environmental.programs
Don’t Get Caught with Your Tires Down
AAA.com/repair

Winter Car Care Checklist

Battery and Charging System – Have the battery and charging system tested by a trained technician. A fully charged battery in good condition is required to start an engine in cold weather. AAA members can request a visit from a AAA Mobile Battery Service technician who will test their battery and replace it on-site, if necessary.

Battery Cables and Terminals – Make sure the battery terminals and cable ends are free from corrosion and the connections are tight.

Drive Belts – Inspect the underside of accessory drive belts for cracks or fraying. Many multi-rib serpentine belts are made of materials that do not show obvious signs of wear; replace these belts at 60,000-mile intervals.

Engine Hoses – Inspect cooling system hoses for leaks, cracks or loose clamps. Also, squeeze the hoses and replace any that are brittle or feel excessively spongy.

Tire Type and Tread – In Oklahoma, all-season tires work well in our light to moderate snow conditions, provided they have adequate tread depth. Uneven tire wear can indicate alignment, wheel balance or suspension problems that must be addressed to prevent further tire damage. Replace any tire that has less than 3/32-inches of tread. Use the penny test: insert a penny – Lincoln’s head first – into the deepest part of your tire’s tread. If you can still see the top of Lincoln’s head, it’s time to invest in a new set of tires.

Tire Pressure – Check your tires’ inflation pressure more frequently in fall and winter. As the average temperature drops, so will tire pressures – typically by one pound per square inch (PSI) for every 10 degrees Fahrenheit. The proper tire pressure levels can be found in the owner’s manual or on a sticker typically located on the driver’s side door jamb or on the door of the glove compartment. Also, check your spare, if you have one. Many newer cars come without one.

Air Filter – Check the engine air filter by holding it up to a bright light bulb. If light can be seen through much of the filter, it is still clean enough to work effectively. However, if light is blocked by most of the filter, replace it.

Continued on next page
Coolant Levels – Check the coolant level in the overflow tank when the engine is cold. If the level is low, add a 50/50 solution of coolant and water to maintain the necessary antifreeze capability. Test the antifreeze protection level with an inexpensive tester available at auto parts stores or go to a qualified auto tech.

Lights – Check the operation of all headlights, taillights, brake lights, turn signals, emergency flashers and back-up lights. Replace any burnt-out bulbs.

Wiper Blades – The blades should completely clear the glass with each swipe. Replace any blades that leave streaks or miss spots.

Washer Fluid – Fill the windshield washer fluid reservoir with a winter cleaning solution that has antifreeze components to prevent it from freezing.

Brakes – If there is any indication of a brake problem, have the system inspected by a certified technician to ensure all components are in good working order.

Transmission, Brake and Power Steering Fluids – Check all fluids under the hood to make sure they are at or above the minimum safe levels.

Emergency Road Kit – Carry an emergency kit equipped for winter weather. The kit should include:

- Bag of abrasive material (sand, salt, clay-based kitty litter) or traction mats
- Snow shovel
- Flashlight with extra batteries
- Windshield washer solvent
- Ice scraper with brush
- Cloth or roll of paper towels
- Jumper cables (and know how to use them)
- Extra warm clothing such as gloves, hats and scarves
- Blankets
- Warning devices such as flares or triangles
- Drinking water
- Non-perishable snacks for both humans and pets
- First-aid kit
- Basic toolkit (screwdrivers, pliers, adjustable wrench, duct tape)
- Cell phone and car charger cord. Pre-program your phone with rescue apps (AAA.com/Mobile) and important phone numbers including family and emergency services.

The road to a long car life starts with the owner's manual. Following the vehicle manufacturer's recommended maintenance schedule found in the owner's manual is the best way to keep a car running properly and avoid costly repairs.

A not-for-profit, fully tax-paying organization, AAA Oklahoma provides its 395,400 Oklahoma members with emergency roadside assistance and auto travel services. Plus, the auto club offers members and the general public a wide range of personal insurance, worldwide travel and financial services at branch offices across Oklahoma and online at AAA.com. Motorists can map a route, identify gas prices, find discounts, book a hotel and access AAA roadside assistance with the AAA Mobile app for iPhone, iPad and Android. Learn more at AAA.com/mobile.

###
WAYS TO STOP THE NEGATIVE EFFECTS SMOKING HAS ON YOU

THE AMOUNT OF MONEY SMOKING COSTS YOU AND

Call Deidre at 7190 or email her at dyarbrough@astribe.com
or gseeley@astribe.com or kheldenbrand@astribe.com

August 9, 2016 09:00am to 12:00pm Conference Room B
July 12, 2016 09:00am to 12:00pm Conference Room B
June 14, 2016 09:00am to 12:00pm Conference Room B
May 10, 2016 09:00am to 12:00pm Conference Room B
April 12, 2016 09:00am to 12:00pm Conference Room B
March 8, 2016 09:00am to 12:00pm Conference Room B
February 2, 2016 09:00am to 12:00pm Conference Room B

chikungunya, dengue, and Zika

Mosquitoes spread chikungunya, dengue, and Zika viruses.


Use insect repellent. For extra protection, treat clothing with permethrin.

OILS

Oklahoma Indian Legal Services will be at the Tribal Court House, Bldg. #3 each month on the 2nd Thursday from 9am-12pm.

Oklahoma Indian Legal Services (OILS) is a nonprofit organization that provides free legal services to low income Native Americans in Oklahoma. To be eligible for services you must fall within OILS income guidelines.

Contact information:

Oklahoma Indian Legal Services (OILS)
4200 Perimeter Center Dr., Ste 222
Oklahoma City, OK 73112
Telephone: (405) 943-6457
Telephone: (800) 658-1497
Facsimile: (405) 917-7060
FROM THE ELECTION COMMISSION:

The following positions will be open for the elections in 2017.

EXECUTIVE COMMITTEE:

<table>
<thead>
<tr>
<th>Position</th>
<th>Filing Fee</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Governor</td>
<td>$590.00</td>
<td>Two (2) Years</td>
</tr>
<tr>
<td>Secretary</td>
<td>$590.00</td>
<td>Two (2) Years</td>
</tr>
</tbody>
</table>

ELECTION COMMISSION:

<table>
<thead>
<tr>
<th>Position</th>
<th>Filing Fee</th>
<th>Term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Election Commissioner</td>
<td>$132.00</td>
<td>Two (2) Year (unexpired)</td>
</tr>
<tr>
<td>Election Secretary</td>
<td>$132.00</td>
<td>Two (2) Year (unexpired)</td>
</tr>
<tr>
<td>Commission Member #2</td>
<td>$215.00</td>
<td>Three (3) Year</td>
</tr>
</tbody>
</table>

Fee Amount: Basic fee (Executive Committee $500.00 and Election Commission $125.00) plus $40.00 Alcohol test, $25.00 Drug test and $25.00 MVR.

QUALIFICATIONS:

A) An enrolled member of the tribe.
B) An eligible voter for purposes of voting in tribal elections.
C) Must be twenty-one (21) years of age on the date of the election for which he/she desires to be a candidate.
D) Physically reside within the following Counties: Cleveland, Pottawatomie, Oklahoma, McClain, Garvin, Pontotoc, Seminole, Lincoln or Okfuskee.
E) In cases where a prospective candidate has been convicted of a felony, such person shall not be eligible for consideration as a candidate until at least five (5) years have passed following completion of the penalty for such conviction(s).
F) Not more than one (1) member of an immediate family shall be elected to the same tribal elective body except when running as a candidate for the same elective position.

Consult the Election Ordinance for Specific/Additional Qualifications.
Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

*No tags will issue unless at least one (1) person on the title is an Absentee Shawnee Tribal member.

**How to Get a Tag**

**NEW MOTOR VEHICLE REGISTRATION**

Any new motor vehicle registrations must be done in person by the Tribal Member. The following is a list of required documents you must have for new motor vehicle registration(s).

- TITLE
- BILL OF SALE OR SALES CONTRACT
- LIEN ENTRY FORM (if applicable)
- ABSENTEE SHAWNEE TRIBAL ENROLLMENT CARD
- OKLAHOMA INSURANCE VERIFICATION
- VALID OKLAHOMA DRIVER LICENSE

**REGISTRATION RENEWAL**

There are two (2) options available. The following is a list of required documents for renewals.

**RENEWING IN PERSON:**

- Current Registration Certificate
- Oklahoma Insurance Verification
- Valid Oklahoma Driver License
- Absentee Shawnee Tribal Enrollment card

**RENEWING BY MAIL:**

To renew by mail, send check or money order along with the above listed items. Make check or money order payable to: Absentee Shawnee Tribe Tax Commission. A $35.00 fee for all returned checks will be charged.

**TAG PRICE GUIDE**

**NEW MOTOR VEHICLE REGISTRATIONS**

Excise tax = Actual Purchase Price x 1.25%

Excise Tax + Years Tagged + Title Fee + Admin. Fee = TAG PRICE

**RENEWALS**

Years Tagged + Admin. Fee = TAG PRICE

**VEHICLE REGISTRATION TAX SCHEDULE**

<table>
<thead>
<tr>
<th>Years Tagged</th>
<th>Tax Imposed</th>
<th>Admin Fee</th>
<th>Total Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st through 4th year</td>
<td>$80.00</td>
<td>$5.00</td>
<td>$85.00</td>
</tr>
<tr>
<td>5th through 8th year</td>
<td>$70.00</td>
<td>$5.00</td>
<td>$75.00</td>
</tr>
<tr>
<td>9th through 12th year</td>
<td>$50.00</td>
<td>$5.00</td>
<td>$55.00</td>
</tr>
<tr>
<td>13th through 16th year</td>
<td>$30.00</td>
<td>$5.00</td>
<td>$35.00</td>
</tr>
<tr>
<td>17th year and over</td>
<td>$10.00</td>
<td>$5.00</td>
<td>$15.00</td>
</tr>
</tbody>
</table>

Do you have any questions? Please feel free to contact the AST Tax Commission office at (405)275-4030, option 6.
Iowa Tribe of Oklahoma Vocational Rehabilitation Program

“See the Person Not the Disability”

History:
The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians since 1994, and transition services to students since 2009. Our goal is to develop and provide specialized services to American Indian students with a disability. We want to help these students that are making a transition from high school to work or who are seeking post-secondary education.

Services That Can Be Provided:
Depending on an individual’s needs and goals, will determine which services are best for you. However, some services that we can provide include testing fees such as SATs & ACTs, assistive devices, evaluations, and various other services.

Qualifications:
Must be an enrolled member of a federally recognized tribe, a junior or senior in high school, and must reside in one of the seven counties served by the Iowa Tribe Vocational Rehabilitation Program. You must also provide documentation of your disability and this can include a doctor’s statement or the IEP or 504 plan from your school.

Counties We Serve:
Kay, Noble, Pawnee, Payne, Pottawatomie, Lincoln, and Logan

Iowa Tribe of Oklahoma Vocational Rehabilitation Program
P.O. Box 728
Perkin, OK 74059

Contact: Christa McClellan
Phone: 405-547-3721
Toll Free: 1-888-336-4692
E-mail: cmcclellan@iowanation.org

WE ARE ON THE INTERNET: www.bahkhoje.com

Let your voice be heard.

Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.

Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2028 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477

www.asthealth.org

Install the app on iPhone or Android for real-time access to your health information

SHAWNEE CLINIC 405.878.5850 or 877.878.4702 (TOLL-FREE) | LITTLE AXE HEALTH CENTER 405.447.0300

Sign up, stay connected.

ONLINE PATIENT PORTAL
for our Little Axe Health Center and Shawnee Clinic

Need to schedule an appointment? Ask a question? View lab results?
Now, Little Axe Health Center and Shawnee Clinic patients can connect with their health records and care providers via our real-time, secure patient portal. Go to www.asthealth.org/patient-portal to register.
For more help, call your clinic, and we’ll walk you through it.

www.asthealth.org/patient-portal

FollowMyHealth
Universal Health Record

Install the app on iPhone or Android for real-time access to your health information
Please follow the CHS guidelines. Keep a copy on hand and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic CHS office.

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.
8:00 a.m. – 5:00 p.m., Monday – Friday Closed on Holidays
All facilities closed the first Wednesday of the month from Noon to 5pm.

CONTACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

CONTACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

3. You must utilize the services provided within AST health clinics prior to being referred out.

4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.

5. An appointment will be scheduled, and a COB will be sent to the outside provider.

6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES
Little Axe Health Center & Shawnee Clinic
Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Brenda White-Valdez, CH Technician

405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

REFERRAL MANAGEMENT
Little Axe Health Center
Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Dana Medina, CH Technician
Melinda Ferrell, PBA, Dental Referrals

405.878.4702 (Secondary)

SHAWNEE CLINIC CHS
405.878.5850 (Primary)
405.878.4702 (Secondary)

REFERRAL MANAGEMENT
Shawnee Clinic
Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant

LITTLE AXE HEALTH CENTER CHS
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

EASY ACCESS

CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.
Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Your involvement as a Tribal Foster Care worker helps to ensure that these children have access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare’s goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

- 0-5 age $14.73 day $441.97 month
- 6-12 age $17.12 day $513.57 month
- 12 and over $19.30 day $579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE ENTERED AND TURNED IN TO THE STATE. ONCE PROCESSED, STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.
The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is $25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at Briana.ponkilla@astribe.com or (405) 878-0633.

Duration: Starts August 31st and will run through the school year.
Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569.
You can earn 10, 15, 20 percent or more in FREE† Mary Kay® products.

†Based on the actual sales total and the number of bookings from your event to use toward your choice of Mary Kay® products.

Get a $40 gift of beauty.
A good buy gets every woman’s attention, especially when she can get $75* in the Mary Kay® products she loves for just $35 when she hosts a party.

*Suggested retail

Give the gift of girl time.
Pamper your friends with the feel-good fun of a Mary Kay® party.

It’s all about you!
• Enjoy the personal attention.
• Receive a one-on-one consultation.
• Get skin care recommendations.

Contact me to find out more!
Delana Ayers
405-432-7405
http://www.marykay.com/dayers4

Party with a company women trust.
Creating products women love for over 45 years.

Party With a Cause
Host a party that benefits your favorite charity.

April 16: Rainy Day Crafts
May 21: Percussion Instruments
June 18: Summer Fun in the Car
July 16: Crafts that Blast Off
August 20: Back to School Crafts
September 17: Pirate Crafts
October 15: Spooky Crafts
November 19: Squawking Turkey Crafts
December 17: Winter Wonderland Crafts