GENERAL COUNCIL MEETING
OCTOBER 16, 2010
10:00 A.M.
LITTLE AXE RESOURCE CENTER
Tribal Members: I have just completed my report to General Council and don’t want to duplicate what I have submitted for October. I know that since that report was submitted, we have been soliciting bids for the renovations at the Horse Shoe Bend Community Center and expect to have that project up and moving sometime within the next 2 weeks.

Staff members have also meet with a contractor on putting together a Hazard Mitigation Plan. This plan will allow the Tribe to apply for federal funds in the areas of natural hazards. The plan is almost complete and a draft will be available for your review at the General Council meeting in October.

I would like to thank Linda Day, the tribal Police Department, Lyndale Waller, Ken Jones and others who made up the team to get this Hazard Mitigation plan moving forward. We will be able to apply for storm warning alert systems. After the tornado that took out most of Little Axe, we all know the warning systems are vital to the survival of our communities. We will also make application to have warning systems placed in Johnson Community. Since the tornado is still fresh in our memory; that is the first thing that comes to mind, but the mitigation plan will allow us to apply for equipment and training for the fire prevention/protection program and many other areas, floods, drought, ice and snow storms, this will alleviate funds that were having to be provided by the tribe’s general fund, grants can be applied for through FEMA and other federal agencies to assist financially in repairing and assisting in other ways to rectify the disasters that are often results of mother nature, things man kind has no control over. We can’t stop it but maybe we will be financially able to rebuild structures, put in storm shelters, provide generators, etc. Provide for cool zones and community places for warmth in the harsh winter months.

We attended the hearing on the Probate issue on September 15, 2010. We had our legal council present; also in attendance were myself and Governor Blanchard, Realty staff and the BIA Specialist. It was also good to see so many tribal members. As this is still under litigation, we can not discuss, openly, some of the issues. However, I will say that our attorney is confident that, with the help of the staff and members of the tribe, he feels that we are building a strong case. I would like to let the tribal members know that the staff has been very helpful in providing information to the attorney that is going to assist in helping us prevail in this case. We are busy in very many areas; everyone has taken time out of their busy schedules to assist in providing information to our attorney that is very important to the outcome. It looks favorable at this point. I will try and keep you updated as we move forward.

The tribe is moving forward with so many different things; please ask questions at General Council. I will try my best to answer any questions you may have. Some issues are very good for the tribe and other areas are difficult. We are working diligently to make things better all the way around. Please come by and visit with us or call. Your input lets us know what you would like to be done and that is what we are here for, to do the best we can to make your lives better.

Respectfully,

Isaac Gibson, Jr.
Lieutenant Governor
Mr. Jack Kohler, actor/producer portrayed the most legendary person in American History, Tecumseh, at the Chillicothe Amphitheater from 1996 through 2000. He is a Hoopa Valley Tribal member from the Trinity River in California. His wife, Megan Chesnut, and daughter, Carly Kohler, came to the Absentee Shawnee Tribal office and met with two of the Executive Committee Member’s Governor Blanchard and Treasurer Deere. We gave them a tour of the complex, introduced them to the employees and presented them with several items to show our appreciation of his many years of portraying, “Tecumseh” in the outdoor Amphitheater, Chillicothe, Ohio.

He is now producing films from Northern California. Currently, he has a film playing nationally on PBS called “River of Renewal”. His latest Feature Film “Behind the Door of a Secret Girl” was shown at the Southern Winds Film Festival in Shawnee, OK on Sept 11th at the Hornbeck Theater. He won an award for his film “Behind the Door of a Secret Girl” out of 55 films being screened at the Southern Winds Film Festival. We appreciate him and his family taking the time to come to Oklahoma to meet with us.

Happy October! Fall is here! Don’t you just love this time of the season? Hope you are enjoying the cooler weather! Tribal Finances are looking good! Revenues coming in are good and Expenditures are keeping within the limits. Overall picture for half a year are great! Thanks to all our Program Directors, Department Heads, Executive Committee, and employees. You all are awesome!! Plans to start negotiating 2011 budget for the Tribe is in the works. Tribal members you are all always welcome to call, email, or visit me. See below Articles from All Nations Bank Update and Finance Department. Blessing to all,
Treasurer Deere

ALL NATIONS BANK

Good Day to our Absentee Shawnee Tribe Friends,
AllNations Bank continues to move forward with plans to open a branch bank in Shawnee in either late 2010 or the first quarter of 2011. Gene Davis, our CEO, is working with various governmental agencies in an effort to gain approval for our branch.

In house, we are continuing the work to update our technology. When we arrive in Shawnee, we want to have the latest state-of-the-art products available for our Tribal members and the general public. This is an ongoing process that will really pick up steam in November.

On the banking in general, the Dodd-Frank Wall Street Reform and Consumer Protection Act has dominated the banking scene.

The new law is an historic re-affirmation of the importance of the dual banking system and state financial regulation. There have been those who sought to use this process to consolidate federal regulatory authority into a single federal banking regulator. From my view point, this would have been directly contrary to meaningful regulatory reform; it would have created a behemoth even more susceptible to regulatory capture by the largest of the large financial institutions and even more out of touch with community banks and the communities that we serve. The good news is the act preserved our right to use the Federal Reserve System as our regulatory agency. The Fed understands “community banks”. The act also made permanent the $250,000 FDIC deposit insurance ceiling.

While the legislation addresses a tremendous range of financial and regulatory issues, Congress left many of the details to be spelled out by the federal agencies. By the last count, various federal agencies will soon be developing at least 392 new regulations and studies mandated by the new law. Stand by for change!

Over-all AllNations is enjoying a good profitable year. The bank continues to grow. Canadian and surrounding counties are enjoying a “drilling boom” as Devon and several oil and gas companies are slant drilling in the "Cana" play.

We are looking forward to our move east to Shawnee, we only wish that we could speed up the calendar and we were "home" with the tribe.

Have a Great Day, Bob, Gene and staff.

FINANCE DEPARTMENT SEPTEMBER 2010

The Finance office continues our efforts in keeping the day to day activities flowing efficiently and effectively through communication between the Finance office and Programs. In working together, we have found the most time effective and cost effective processes for transacting business. A continued thanks to the recently elected Executive Committee and all the programs for their support and understanding in the Finance Department’s continued efforts to stay caught up; as it is a constant flow of business transactions.

Our 2009 Audit is complete which includes the MD&A (Management Discussion and Analysis) and has been submitted to the Federal reporting offices. The MD&A report is an informative report within the 2009 Audit; which is a brief review and explanation of the Audit. The second quarter financials are complete; June 30, 2010 quarterly reports have been submitted to the Department of Interior.

The Indirect Cost Proposal for 2011 has been submitted to the Department of Interior’s National Business Center and we were notified.
of the receipt on August 3, 2010. There is a 3 to 4 month process for negotiation and approval, but we look to begin 2011 with an approved rate. We have information that the Tribe’s proposal has been assigned at the National Business Center which means it is in the queue to be reviewed; this process will take 2-3 months. It is imperative the accounting / bookkeeping continue to stay ahead of all of the accounting so that audits go smoothly so that indirect Cost rates will stay up to date as well. Audits affect the ability to submit indirect cost proposals which affects grants.

There are many processes in place in your Tribe’s accounting department that ensure we keep accurate records or transactions. The Tribe’s accounting processes must be in compliance with GAAP (Generally Accepted Accounting Principles) and GASB (Governmental Accounting Standards Board). In complying with GAAP and GASB, there are many internal control functions that mandate a need for qualified accountants which dictates the need for more than one accountant to be involved with a transaction; i.e. the same person writing up the Tribe’s deposits should never be the same person who reconciles cash. The main objective of finance is to prove and ensure proper back-up documentation accompanies every single payment no matter if the transaction is $1.00 or $1,000.00 and of course we must ensure that any transaction of the Tribe is an allowable expense and this is proved by the back-up documentation. There are many functions of the Tribe’s finance department and this is just one that I wanted to share with you.

The rules and regulations of accounting are forever changing; there are rules and regulations in place today that may not have been in place 5 to 10 years ago which makes the accounting department today somewhat more complicated that it may have been in past years. In addition, the Tribe is a Self Governance tribe which also adds more work to the finance department whereas before the BIA and IHS handled a large portion of the Tribe’s business. Not to mention the increases in BIA and IHS funding over the years, 51 Grants, and the new Clinic business.

The Bond Financing closed May 27, 2010 so the funding for the new health clinic is complete. With this completion there is a need for the accounting for the Li Si Wi Nwi, Health Clinic (formerly the Little Axe Clinic) to have its own financial reports. The Finance department is working diligently to make that necessary change. We continue to work through the processes of this new set of books from financial reporting, accounts payable, and payroll to name a few.

It is important to run every department at the Tribe as efficiently as possible. Upon becoming the Controller for the Tribe my first duty was to get the accounting completely caught up and audits and indirect Cost Proposals in timely with continued efforts accordingly. After the back log of accounting was caught up, we were better able to assess the department as a whole and the Assistant Controller and I decided to take the duties of Controller, Assistant Controller and Grants Accountant choosing not to replace the Grants Accountant to see if she and I could handle the load of work. With the help of the entire staff we were able to save money by not replacing this position. In addition, we chose not to replace a staff member who resigned by re-assigning her duties, again with the help of the entire staff, which in turn saves the Tribe money.

The Absentee Shawnee Tribe’s Finance Department has a very hard working group of people and it is an honor to work with them and at the Absentee Shawnee Tribe. As expected, working with the new Treasurer, Kathy Deere has proved to be very positive with her strong values and governmental knowledge. While she has had many meetings through out her orientation to the Tribe she has been a very positive support to the finance department: Thank you Treasurer Deere!

This department, as always, would like to extend a special thanks and note of appreciation to the Executive Committee for providing the tools, resources and support to enable the finance staff to reach its accomplished goals and to continue with this effort. A special thanks and note of appreciation to Program Managers and Employees of the Tribe for their assistance and dedication in our group effort toward accomplishing our goal. Now that we are caught up, we are dedicated to continue our efforts in this direction.

If you have any questions or needs, please call 405-275-4030 ext 162 and I will be glad to assist you in any way I can.

Thank you,
Belinda Collins, Controller
Hello everyone I hope when you receive this Newsletter and it finds all of you doing well. The Executive Committee is starting in their fourth month working together and I’m happy to report that this group of Tribal Members are working well and are on The same page as far as Progression for our Tribe, it’s really important that we keep an open mind and good Communication with one another and it feels good to say that’s what has been happening. The Programs that I see over at this time are progressing in a wonderful way and if you need help in any of our Tribal Programs please feel free to call at anytime or come by the Office if I’m not available one of Directors will gladly help you if possible. Progression within our Tribe has started to move in good fashion the New Clinic in Little Axe is moving forward, The Horseshoe Bend Project will be in progress by the time you get this article and the much needed New Roofs that are in progress on some of the Buildings here on the Complex should be completed! These are just some of the projects that are in the works and there will be more projects starting in the near future. Fall is slowly approaching and the grade, middle and High school sports are in full swing so if you have time stop in and support one or many tribal children and youth in their respected sport I’m sure you would be very happy you attended that game because there is a lot of good Absentee Shawnee talent out there. Also I would like to introduce you to three new Directors that have come aboard this past month:

Randy Edge – Director - Tribal Employment Rights Office (TERO)
Lanna Rattan – Director – Building Blocks Child Care Development Center
Thomasine “Doss” Owings – Director – Title VI Program

I would like to thank everyone that applied for these well respected positions the choices for each of these positions where very hard to choose from. Again I believe we as the Executive Committee chose the right person for that position and again thank you to everyone that applied. And I would like to say Thank you to all Employees of the Tribe for your professionalism and outstanding performance in your position keep up the good work. And always remember “my door is always open and my phone is always on”

Ne-ya-wa Representative Gibson

Collectively, these educational institutions have given me the tools to hold positions with private and corporate companies through my career. Extensive training through the large corporations of Amoco, U-haul, Oklahoma Natural Gas, etc. are examples of businesses who have provided a great deal of hands on experience relating to group projects and the focus of the business. I am proud to be a part of the Absentee Shawnee Workforce. Business and education is an important focus and quality I am bringing into the tribe. On another note, the Absentee Shawnee Tribe handed me an important task concerning a Broadband Technology Opportunity. I attend a meeting in South Carolina with United States Department of Agricultural government officials in the effort of obtaining the BTOP (Broadband Technology Opportunities Program) grant that will benefit the tribe business communications along with tribal member internet service. With the support of the tribe, community and elected officials, we are still in a great position of creating more jobs for Indian people (tribal and otherwise) and giving the chance to grow as a larger nation. I am proud to be selected to serve as your first TERO director. Be assured I will put forth my best efforts in seeing this program succeed and keep employee our tribal people growing in the work force!
Hello, my name is Lana Rattan. I am the new Director of Building Blocks Day Care Center. I am very happy to be here. I have been married to Ryan for 14 years. I have three girls Ashley 13, Kelsey 10, Kendra 2. I graduated from New Lima High School in 1994. I graduated from Seminole State College with an Associate Degree in Science, Associate Degree in Child Development, and Certificate of Mastery in Child Development. I have a CDA in Pre-School and also a Bronze Director's Credential. I am a Descendant of the Western Cherokee of Arkansas and Missouri Tribe (state recognized). I have many goals set for our Center that will benefit our children, families of the community and also the Tribe.

Thanks,

Lana Rattan

Hello, my name is Thomasine Owings, I also go by the name of “Dos”. I have two beautiful daughters, Abbe 9 and Dakota 18. I am a member of the Seminole Nation Tribe & Rewalke Band. I graduated from Seminole State College in 1989 with an Associate Degree in Secretarial Science. I have been working at the Absentee Shawnee Tribe Title VI Department since 10-2006 as a Driver/Office Assistant, and recently I have accepted to become the Title VI Director. The Title VI Dept. welcomes any concerns, questions, recipes you may have and you can contact us at 405-275-4030 ext. 169 or in Building #9.

The following are Resolutions passed thru July 21, 2010

EXECUTIVE RESOLUTIONS:

E-AS-10-52  07/06/10
Authorizes and approves Nationwide Insurance as Trustee for the Tribe’s 401(K) plan, substitutes and replaces Merrill Lynch, and removes Frontier Trust Company and Merrill Lynch as Trustee, and directs Nationwide Insurance, Merrill Lynch, and Frontier Trust Company to take all other actions and execute any documents necessary to effectuate such change.

E-AS-10-53  07/21/10
Authorizes, approves, and designates a portion of Tribal property described as follows: Surface Rights Only of W/2 NE/4 & SE/4 NE/4 & E/2 NW/4 of Sec. 36-9N-1E, Cleveland County, Oklahoma, as the location for the construction of a Transfer Station for the Absentee Shawnee Tribe of Oklahoma as developed by the Absentee Shawnee Office of Environmental Protection.

E-AS-10-54  07/21/10
Authorizes, approves, and designates a portion of Tribal property described as follows: Surface Rights Only of W/2 NE/4 & SE/4 NE/4 & E/2 NW/4 of Sec. 36-9N-1E, Cleveland County, Oklahoma, as the location for a Firearms Training Facility and Firing Range to be used by the Absentee Shawnee Tribe of Oklahoma Police Department.

E-AS-10-55  07/21/10
Authorizes and approves the Governor to approve or deny requests to use the Tribal Seal and authorizes and approves the Governor to execute any and all documents necessary to effectuate approvals or denials, effective immediately.

E-AS-10-56  07/21/10
Approves and accepts William Allen Haumpy, Jr., Trinity Morgan Blanchard and Melissa Louise Leach as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

E-AS-10-57  07/21/10
Grants membership relinquishment of the Absentee
Shawnee Tribe of Indians of Oklahoma to Mekathiwa Sky Blanchard, provided she is accepted into the Sac & Fox Nation.

**EXECUTIVE RESOLUTIONS:**

**E-AS-10-58 07/21/10**
Authorizes, adopts and approves the submission of an application to the U.S. Department of Justice Coordinated Tribal Assistance Solicitation.

**E-AS-10-59 07/21/10**
Approves and authorizes the Tribe to make application (*attached as Exhibit “A”*) with Tribal Personnel Security Program and designating Paula Green, Human Resources Director as the Point of Contact with authority to sign the application, effective immediately. (*attachment*)

**LEGALISATIVE RESOLUTIONS:**

**L-AS-10-17 07/06/10**
Authorizes corporate credit cards for Isaac Gibson Jr., Lieutenant Governor; Kathy Deere, Treasurer; and Jeff Gibson, Representative of The Absentee Shawnee Tribe of Indians of Oklahoma.

**L-AS-10-18 07/21/10**
Authorizes the Advertising Receipt from the Shawnee News Star (Account # 05102928, Advertisement # 00098411) in the amount of $126.69 to be paid from the Absentee Shawnee Tribe’s General Fund.

**TWO YEARS EXPIRING AUGUST 31, 2012, EFFECTIVE IMMEDIATELY.**

**E-AS-10-63 08-18-10**
Re-appoints, Shirley Haley for a two (2) year term expiring August 31, 2012, and Jennifer Sloan for a one (1) year term expiring August 31, 2011, EFFECTIVE IMMEDIATELY.

**E-AS-10-64 08-18-10**
Approves the appointment of Jackie Denny for a (1) year term expiring August 31, 2011, to the Absentee Shawnee Foster Care Licensing Committee, EFFECTIVE IMMEDIATELY.

**E-AS-10-65 08-18-10**
Re-appoints Billy Squire as a member of the Absentee Shawnee Tax Board of Commissioners for a two (2) year term expiring August 31, 2012, EFFECTIVE IMMEDIATELY.

**E-AS-10-66 08-18-10**
Employs Sonosky, Chambers, Sachse, Endreson, & Perry, LLP, as the legal services provider in connection with probate disputes and other directed matters in relation to those disputes for the Absentee-Shawnee Tribe of Indians of Oklahoma; authorizes and approves the contract (*attached*); and designates Governor George Blanchard as the Tribal official with the signature authority to execute the contract on behalf of the Tribe, effective immediately.

**E-AS-10-67 08-18-10**
Directs the Bureau of Indian Affairs (BIA), Southern Plains Regional Office, Branch of Transportation to compile the required documentation and submit the document to the BIA, Central Office for additions to the Tribe’s current IRR Inventory.

**E-AS-10-68 08-18-10**
Authorizes the Gaming Commission of the Absentee Shawnee Tribe of Oklahoma to purchase a vehicle in accordance with the procurement policies of the Absentee Shawnee Tribe. The amount of the purchase is not to exceed Thirty Eight Thousand Dollars and No/ Cents ($38,000.00).

**E-AS-10-69 08-18-10**
Grants membership relinquishment of the Absentee Shawnee Board of Commissioners for a term of (2) two years expiring August 31, 2012, EFFECTIVE IMMEDIATELY.
Shawnee Tribe of Indians of Oklahoma to **Hailey Nicole Mack**, provided she is accepted into the Muscogee (Creek) Nation.

**E-AS-10-70 08-18-10**
Grants membership relinquishment of the Absentee Shawnee Tribe of Indians of Oklahoma to **Trenten Hunter Mack**, provided he is accepted into the Muscogee (Creek) Nation.

**E-AS-10-71 08-18-10**
Approves Thunderbird Entertainment Center, Inc. to construct a new gaming facility on the tribal complex, effective immediately.

**E-AS-10-72 08-18-10**
Approves and accepts **Danielle Rose Voyles, Jarrett Lloyd Shawnee and Chance Michael Williams** as enrolled members of the Absentee Shawnee Tribe of Indians of Oklahoma as of the date of this resolution.

**E-AS-10-73 08-18-10**
Approves the change of bank account signers on all bank accounts at BancFirst for the Absentee Shawnee Tribe of Indians of Oklahoma to include the Executive Committee members as follows: Lieutenant Governor Isaac Gibson, Jr., Secretary Michelle Lopez, Treasurer Kathy Deere, and Representative Jeff Gibson, EFFECTIVE IMMEDIATELY.

**E-AS-10-74 08-18-10**
Enacts the attached addition to Chapter VII, Personnel Management, Section X. Use of Tribal Vehicles and Equipment of the Administrative Systems Manual EFFECTIVE IMMEDIATELY.

**E-AS-10-75 08-18-10**
Approves, amends and enacts the attached policy to Chapter VII, Personnel Management, Section V. Insurance and Injury Compensation of the Administrative Systems Manual; EFFECTIVE IMMEDIATELY.

**LEGISLATIVE RESOLUTIONS:**

**L-AS-10-20 08-18-10**
Authorizes and approves a corporate G.S.A. Smart Card with a credit limit of Fifty Thousand Dollars and No Cents ($50,000.00) for the Procurement Department of the Absentee Shawnee Tribe of Oklahoma, and authorize Rick Sharp, Procurement Officer, to use same for the purpose of preparing conference and travel arrangements for the Tribe, EFFECTIVE IMMEDIATELY.

**L-AS-10-21 08-18-10**
Authorizes, approves and appropriates the attached modified budget document, “Exhibit A” for the Lieutenant Governor’s Office for the remainder of the calendar year of 2010, EFFECTIVE IMMEDIATELY.

**L-AS-10-22 08-18-10**
Authorizes, approves and appropriates the attached modified budget document, “Exhibit A” for the Treasurer’s Office for the remainder of the calendar year of 2010, EFFECTIVE IMMEDIATELY.

**L-AS-10-23 08-18-10**
Authorizes the Attorney General’s budget to be increased by Six Hundred Dollars ($600.00). EFFECTIVE IMMEDIATELY.

**L-AS-10-24 08-18-10**
Appropriates Twenty Thousand Dollars and No/cents ($20,000.00) to the Tribal Energy Assistance (TEA) Program, to be funded from the General Fund.

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CONSTITUTION REVISION COMMITTEE MEETING
OCTOBER 23, 2010
9:00 AM – 12:00 PM
LITTLE AXE RESOURCE CENTER
FOR MORE INFORMATION CONTACT:
BRIANA PONKILLA (405) 275-4030 or bponkilla@astribe.com
## BLOOD QUANTUM

**Query Result Summary for-AST Blood Quantum**

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**Query Result Summary for-Enrolled AST Members with 1/4 Blood Quantum By Ages**

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**OCTOBER 2010 HAPPY HALLOWEEN**
We received our first shipment of flu vaccines at the LSWN clinic yesterday and have started to distribute them. We have received a total of 60 doses and both clinics should receive more within the next few weeks.

Everyone 6 months and older should get a flu vaccine. While flu is unpredictable, it's likely that 2009 H1N1 viruses and regular seasonal viruses will cause illness in the U.S. this flu season. The 2010-2011 flu vaccine will protect against three different flu viruses: an H3N2 virus, an influenza B virus and the H1N1 virus that caused so much illness last season.

Since our supply is currently limited, we are focusing on providing shots to the high risk groups listed below. (Notice that, according to the CDC, simply having Native American status puts one in the high risk category. This is a new recommendation due to the higher risk of death among Tribal members caused by the 2009 H1N1 strain.)

• all children aged 6 months--4 years (59 months);
• all persons aged ≥50 years;
• adults and children who have chronic lung (including asthma) or cardiovascular (except isolated hypertension), kidney, liver, neurological, blood, or metabolic disorders (including diabetes mellitus);
• persons who have immunosuppression (including immunosuppression caused by medications or by HIV);
• women who are or will be pregnant during the influenza season;
• children and adolescents (aged 6 months--18 years) who are receiving long-term aspirin therapy and who might be at risk for experiencing Reye syndrome after influenza virus infection;
• residents of nursing homes and other long-term--care facilities;
• American Indians/Alaska Natives;
• persons who are morbidly obese (BMI ≥40);
• health-care personnel;
• household contacts and caregivers of children aged <5 years and adults aged ≥50 years, with particular emphasis on vaccinating contacts of children aged <6 months; and
• household contacts and caregivers of persons with medical conditions that put them at higher risk for severe complications from influenza.

As more supply becomes available we will start offering shots to everyone except for those few who should not get the shot.

Dr. Boren
It was a pleasure for Health program staff to meet with elders on Thursday, September 9, 2010 during the Title VI luncheon at the Resource Center, Little Axe.

Chris Walker, Tom Anderson, Modina Waters, Keri Harjo, Steve Johnson, and Marilyn Parker from the health program staff were in attendance. The opening prayer was given by Pauline Shoemaker, AST tribal member.

Chris Walker provided the concept of the new clinic by showing an architect’s drawing of the new clinic, which gave a glimpse of the new clinic outside, lobby, registration, main waiting room, dental area, and hallways. He also responded to the elders about the various services that will be offered at the new clinic.

Discussion continued on the types of décor that possibly may be offered by members of the tribe to show case and exhibit. Some items mentioned included the Absentee Shawnee Tribe’s official emblem, pictures, some of which may be older photos, and replicas that might be “commissioned” of items that are not considered by the elders as ceremonial. The wall décor project can include, copies of certain AST family pictures. Copying, matting, framing, and proper display of pictures will be provided by the health program, as well as special art for areas serving children and pediatrics. Also, mentioned were the AST syllabus, an eagle sculpture, and copies of paintings already available on campus that are of historical leadership, and more current leadership.

Please contact Modina Waters at (405) 447-0300, Tom Anderson, or Chris Walker at (405) 878-4702 to schedule additional meetings on wall décor for the new clinic.

Dr. Shed has done eye research and helped develop, name, and define Orthokeratology AWD, corneal rehab procedures. Dr. Shed found a corneal problem that caused slight subnormal vision even with best correction and developed a procedure to eliminate the problem. Its called the Shed syndrome. Dr. Shed has written many articles in the Contact Lens and Eye Journals and has contributed to four books and wrote The Basic Ortho-K Manual. Dr. Shed has lectured in Japan, Switzerland, Austria, South America, Canada, Mexico, and the U.S. on contact lenses, Ortho-K, corneal rehab, keratoconus, corneal mapping, and complicated contact lens cases. Dr. Shed taught basic ortho-k for members of the National Eye Research Foundation. Ortho-K is a non surgical corneal reshaping using contact lenses mold. Dr. Shed is certified on the Excimer, YAG, and Argon laser. Dr. Shed is the recipient of the Leo award in recognition of his research and developments in the eye care field. It was given to him by the National Eye Research Foundation.

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**Refined Retinal Eye Exam**

*By Forrest W. Shed, OD*

For you to see well there is an important part of the eye that must be normal and healthy. It is called the retina. The retina is the inner lining of the eye, which is responsible for receiving light and passing it on to the brain for interpretation as vision. With improved technology, eye doctors can clearly see the retina using a retinal camera. We can put the image on a monitor, magnify the picture and see in great detail. We can also print it out. However, dilation and other tests are still necessary to properly diagnose and manage retinal disease.

Several examination techniques enable your eye care practitioner to diagnose retinal disease. Some other tests for retinal examinations include the following:

1. **Direct Ophthalmoscope** – Direct Ophthalmoscope is a hand held instrument used for retinal examination. It allows the doctor to view the important parts of the retina, such as the optic disc, the individual retinal vessels and the central vision part of the retina. We can also use the direct ophthalmoscope to examine the lens of the eye and look for cataracts. Dilation can help maximize the usefulness of this technique. It is easier to look through a big window than a small window.

2. **Slit Lamp Biomicroscope** – The Slit Lamp is a microscope that allows us to diagnose and monitor retinal disease in great detail. Several add on lenses allow for different magnification.

3. **Binocular Indirect Ophthalmoscope** - This is useful for evaluating the posterior segment and retinal periphery. We can view a larger area with this instrument.
Thanks to technology, eye care practitioners can now do a better job examining the inside of the eye and the retina. Even though the retina is just one part of the eye, it’s a very important part of the eye. If you have degenerative disease like diabetes, high blood pressure, rheumatoid arthritis and other, it might show up on your retina as an eye manifestation of internal disease.

Changes in Vision Care and the Effects of Eye Health  
By Forrest W. Shed, OD

Our society has changed so much over the last few decades. Most children opt to play with video games or computers instead of playing and exercising outside in the fresh air. The dangerous combination of increased fast foods, increased portion size, including soft drinks along with a more sedentary life for adults as well as children has done significant damage to our society’s health.

Knowledge is power, so remember this: poor overall health puts us at higher risk for retinal damage and internal eye disease, but good nutrition combined with an active life style is your best bet for prevention of poor eye health. Regular checkups by your family doctor and your eye care practitioner will help you know where you are concerning your health.

Dear Tribal Citizen:

Your attention is appreciated regarding a recent change where the Executive Committee of the Absentee Shawnee Tribe of Oklahoma and Absentee Shawnee Tribal Health Authority, Inc Board of Directors recently approved the implementation and operation of Optometry services at our Shawnee Clinic.

We are proud to announce that Dr. Forrest Shed, O.D. is part of our staff. Dr. Shed began seeing patients at our Shawnee Clinic April 19, 2010. All non-insured patients residing within Lincoln, Logan, Oklahoma, Cleveland and Pottawatomie Counties must visit the Optometry Clinic for vision services. A Coordination of Benefits will not be granted to non-insured patients within the catchment area seeking vision benefits.

Those eligible patients covered by private insurance and live within the catchment area are still able to access services within the private sector as previously allowed. Coordination of Benefits will be only covering the insurance co-pay balance up to the amount of the eligible tribal citizen’s benefit limit ($350 annually). Those eligible patients residing outside of the catchment area are still able to receive vision benefits up to $350.00 annually if Contract Health Guidelines are followed accordingly.

Another update is the Absentee Shawnee Tribal Health Authority, Inc is in the process of constructing a new clinic across the highway from our existing clinic in Little Axe. Once the new clinic is completed, Optometry services will relocate to this facility; and we anticipate that occurring by December 2011.

If interested in any of our services or have any questions, please call the Diabetes and Wellness program @ 878-4702 or 360-0698.
Great American Smoke Out 2010

November 18, 2010 is set as this year’s day to challenge people to STOP using commercial tobacco for 24 hours! This is a great day to quit since all Absentee Shawnee Health Facilities, including sidewalks and parking areas, will become Tobacco-Free on November 15, 2010. The American Cancer Society uses this day annually to raise awareness and provide many useful ways to help you quit for good.

Here are some benefits when smokers quit the habit:

- **20 minutes after quitting:** Your heart rate and blood pressure drops.
- **12 hours after quitting:** The carbon monoxide level in your blood drops to normal.
- **2 weeks to 3 months after quitting:** Your circulation improves and your lung function increases.
- **1 to 9 months after quitting:** Coughing and shortness of breath decrease; cilia (tiny hair-like structures that move mucus out of the lungs) regain normal function in the lungs, increasing the ability to handle mucus, clean the lungs, and reduce the risk of infection.
- **1 year after quitting:** The excess risk of coronary heart disease is half that of a smoker’s.
- **5 years after quitting:** Your stroke risk is reduced to that of a non-smoker 5 to 15 years after quitting.
- **10 years after quitting:** The lung cancer death rate is about half that of a person who continues smoking. The risk of cancer of the mouth, throat, esophagus, bladder, cervix, and pancreas decrease, too.
- **15 years after quitting:** The risk of coronary heart disease is the same as a non-smoker’s.

Everyone knows it’s hard to quit smoking but research shows that smokers will be most successful in kicking this habit when they have some means of support from friends and family members.

So remember, counseling, medication and other services are available to help you take part in the Great American Smoke Out 2010!!
6-26-2010 meeting wherein a motion had been made and carried that state the Elders (due to low funds) would not be taking a trip this year which brought about discussion and led to comments from Treasurer Deere that funds might be available to cover a short trip. After considering inform presented by Mary Birdtail, it was agreed that if sufficient funds were available after more fund raising efforts and a request to the Executive Committee for more monies was favorable then a trip to Branson, Missouri October 22-24, 2010 is possible. A motion to that effect was approved.

Treasurer Deere presented a list upon request from Council members concerning shawls to have embroidering and fringing. Treasurer Deere and Secretary Longhorn are to continue with efforts to locate someone to provide this service.

Open Discussion: discussion on the subject raised by Vice-President Birdtail concerning number of rooms needed during last summer's trip to Montana which led to the question of rooms needed for the proposed October trip and questioned Secretary Longhorn offered to bring the attendance list up to date stating that most Council themselves knew of their eligibility. The meeting was interrupted at this point when Mary Birdtail informed those present that she had just received word of Woody Wilson experiencing a medical crisis-Poncho Walker was called upon to offer a prayer for Mr. Wilson's recovery.

An alternate meeting date was discussed and decided that with upcoming activities and our regular meeting date of October 16 now conflicting with the date set for AST semi-annual General Council meeting, it was agreed that Tuesday, October 12, 2010 would be the date of our next meeting. It will be held at the Title VI Building at 6 o'clock p.m. The motion carried. Fund raiser activities will be a 50/50 raffle and bingo.

Secretary Longhorn inquired of the possibility of the Elders Council providing food for the upcoming General Council meeting and after much discussion it was agreed and a motion made and approved for a formal offer to cater this event is to be prepared and presented the Executive Committee at their meeting scheduled for September 22, 2010.

Cynthia Longhorn and David Little, Jr. provided information about recent meetings held at the Horse Shoe community house and informed those present about soon to take place remodeling and improvements to the building and grounds that reportedly will mean enlarging kitchen and bathroom facilities and outdoor playground area for younger children as well as a basketball court.

Meetings are open to AST members and the next meeting date is set for Saturday, October 2nd.

The meeting adjourned at 12:10 pm. Following the usual pot luck dinner, and auction and a 50/50 raffle was held. For comments or questions on anything contained in this article, contact Cynthia Longhorn, Council Secretary at (405)273-4137.

The Tribal Veterans Association met September 8th at Thunderbird Casino. Items discussed were: the Tribal American Legion post, which will be established early next year, the new color guard uniforms, which will be unveiled in the near future, and the color guard's participation in an upcoming ceremony in Norman's Reeves Park honoring Vietnam Veterans [November 8, 2010, 7PM, Reeves Park, Lawrence Avenue, Norman, OK 73072]. The event will be put on by the Oklahoma National Guard, will feature Oklahoma state Governor Brad Henry and will feature numerous color guards. A new design, which will grace the back of the new Tribal color guard/honor guard vests was unveiled to the membership. Lieutenant Governor Isaac Gibson and Representative Jeff Gibson were scheduled to be at the September's veterans meeting but did not attend.

Attendance:
Officers:
Commander - Walter Larney
Executive Officer - David Voyles
Operations Officer - Esteline Schulenberg
Administration Officer - John Vanderburg
First Sergeant - David Little
Chaplain Don Schulenberg

Members:
Richard Birdtail
Mary Birdtail
Roy Charley
Stella Little
John Sloat
Jim Johnson

The next membership meeting will be held October 13, at Thunderbird Casino and will begin at 7PM.

Those veterans interested in joining the Tribal American Legion Post can Contact Administrations Officer John Vanderburg @ 405-481-3822
Absentee Shawnee Tribe Veteran's Association
Schedule of Upcoming Events
(As of August 2010)
POC: Administrations Officer
John Vanderburg
405 481-3822
astveterans@gmail.com

OCTOBER:

Wednesday, 13TH
AST Veterans Meeting
Special Meeting: Tribal American Legion post
7PM 15700 East State Highway 9
Norman, OK 73026

NOVEMBER:

Saturday, 6TH
Oklahoma Governor/OK Natl’ Guard
Ceremony Honoring Vietnam Veterans
7PM (Color Guard will assemble NLT 6:30 pm for a run thru)
Reeves Park – (East Side) Lawrence Ave.
Norman, OK 73072

Wednesday, 10TH
AST Veterans Meeting
7PM Thunderbird Casino (Meeting room)
15700 East State Highway 9
Norman, OK 73026

DECEMBER:

Wednesday, 8TH
AST Veterans Christmas Dinner
7PM Thunderbird Casino (Meeting room)
15700 East State Highway 9
Norman, OK 73026

Saturday, 25TH
MERRY CHRISTMAS!!!

Forming an American Legion October 13th.
Start an American Legion, please see a member of the Veterans Association about joining. $35 dues upon sign up.

The American Legion Membership Application

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| Membership ID # | former member |

Please check appropriate eligibility dates and branch of service below
- Aug 2, 1990 – cessation of hostilities as determined by U.S. Government
- Aug 24, 1982 – July 31, 1984
- U.S. Navy
- Feb. 23, 1961 – May 7, 1975
- U.S. Air Force
- U.S. Marines
- U.S. Coast Guard
- April 6, 1917 – Nov 11, 1918
- Merchant Marines 12/7/41 – 8/15/45 (only eligibility)

I certify that I served at least one day of active military duty during the dates marked above and was honorably discharged or am still serving honorably.

Signature of applicant: 30-099
Name of recruiter

Listed below are just a few of the many programs The American Legion sponsors. Please check the one(s) that are of interest to you. If the program you like is not listed, please indicate it in the “other” area.

- Volunteer work at VA Hospital.
- Work with youth.
- Help/participate in Post’s social activities . . . dances, dinners, etc.
- Participate in educational activities . . . (essay contests, oratorical contests, scholarships)
- Work with sports teams.
- Supervise groups (drill team, drum & bugle, scouts, etc.).
- Post improvement projects.
- Membership drives.
- Community projects.
- Other: _____________________________

- Wife would be interested in the Auxiliary.
- Son would be interested in the Sons of The American Legion.
SPONSORED BY ABSENTEE SHAWNEE ELDERS
14TH ANNUAL VETERANS’ DAY POW WOW

SATURDAY, NOVEMBER 13, 2010
EXPO CENTER....off HWY 177 and Independence
Shawnee, OK

“HONORING OUR VETS”

MC: SAMMY “TONEKEI” WHITE, KIOWA

HEAD MAN DANCER: CECIL WAHPEKECHE, KICKAPOO
HEAD LADY DANCER: LORENE ROLETTE, C&A
HEAD SINGER: MICHAEL PLUMLEY
COLOR GUARD: AST Veteran’s Honor Guard
CO-HOST: COMANCHE LITTLE PONIES

ALL DRUM GROUPS WELCOME

ARENAD DIRECTORS: John Blanchard & Rocky Blanchard, AST

50/50

RAFFLES

FOOD CONCESSION

AUCTION

GOURD DANCE: 2PM
SUPPER: 5PM
GRAND ENTRY: 7PM

ARTS & CRAFTS BOOTH

FOR BOOTH SPACE OR GENERAL INFO CALL: GENE PARKER, 613-1139
MARY BIRDTAIL, 386-7851
CYNTHIA LONGHORN, 273-4137
KATHY DEERE, 816-7874

NOT RESPONSIBLE FOR ACCIDENTS
NO ALCOHOL OR DRUGS PERMITTED ON PREMISES!

HAPPY HALLOWEEN
OCTOBER 2010
Once the remodeling of the old Finance building on campus is complete, the Cultural Preservation Department will be moving to this location. The goal of the move is to establish an Absentee Shawnee Tribe Cultural Center, a place where we can showcase and broaden awareness of our own unique heritage. The additional space will be used to expand the Gift Shop and Library plus establish a permanent space for exhibits. Space will also be available for cooking, clothing and other types of demonstrations. The upper floor space will house the administrative offices including the Tribal Historic Preservation Office.

To assist with sprucing up the new Center, the Executive Committee has jointly purchased a Shawnee Ribbon Pendleton blanket from our Gift Shop. Please note that Pendleton has discontinued production of this particular blanket, as a result it has become a rare find! It will be one of four prizes raffled off on Friday, November 19th, 2010 to raise funds for equipment and supplies to furnish and revamp the Center. Other prizes include a $25 Gift Shop gift certificate, a Canada Monopoly Game that features Tecumseh’s Memorial for Boardwalk (Tecumseh was killed at the Battle of Thames in 1813 near present day Thamesville, Ontario, Canada) and a purple shawl with gray fringe. We encourage every tribal member to play a role in the successful development of this Center by purchasing a raffle ticket; it is a small but important investment in preserving a valuable part of our Shawnee heritage. We welcome your ongoing support of this department and its programs. Ne ya weh!

$2 gives you a chance to win this SHAWNEE RIBBON PENDLETON BLANKET & other prizes!!!!!!!!!!!

Contact Cultural Preservation Staff for tickets!
405.275.4030 Alicia x 124, Henryetta x 122, Karen x199
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Happy Birthday
Sidney & Josiah Foreman
From
Sherry & Marv

Happy 2nd Birthday
Ryder Cash Davenport
We love you very much!
Gogo & Pawpaw

Happy Birthday
Landon & Mallory
Love, Mom & Marv

Happy Birthday To:
Helen Ramirez
Tino Ramirez Sr.
Alex Blanchard
Tony Ramirez
B.C. Robison
Henrietta Ellis
From: The Ellis Bunch

Esteline (Sloan) Schelenberg was one of 50 Oklahoma Elders recognized by AAPR at the National Cowboy and Western Heritage Museum August 30, 2010. The honorees were chosen for their contributions to their tribe, community and/or state. It could be national. Also, Esteline is a military veteran. She serves as the elected operations officer in the AST Veterans association. She is active in the American Legion Post 88 in Norman. She served as the first female commander of Post 88. She was the Oklahoma Female veteran of the year 2001.

Esteline is a charter member of women in Military Service for America and has served as President of Oklahoma Women Veterans organization. She is a member of the Absentee Shawnee Tribe of Oklahoma.
Central Tribes of the Shawnee Area, Inc  Early Head Start/Head Start  Annual Report

CTSA is an organization that provides Early Childhood services to low-income children, birth to five. This organization has three centers: Cushing, Norman, and Shawnee. Cushing serves 20 Head start children, ages three and four. Norman serves 40 head Start children, ages three and four. Shawnee serves 126 children and families. There are 94 Head Start children, ages three and four, 32 Early Head Start, which includes 20 center-based children and 12 home-based children and expectant mothers.

Funded Enrollment: 154 Head Start  32 Early Head Start  186 Total
Average Enrollment: 100% for 2009-2010 school year
Eligible Children Served: 93% for 2009-2010
Average medical and dental exams:
74% on Medical exams and 100% on Dental exams

The children that are kindergarten age take a field trip to the local kindergarten schools. Parents are invited to attend. This allows parents to ask questions and become comfortable with the surroundings that their child will be attending. We prepare children for kindergarten by gathering information from the local kindergarten center and using this information to integrate into our lesson plans as appropriate for their age level. This is individualized for each child. We also send home transition bags containing information to the parents to reinforce the kindergarten requirements. We also have transition meetings with the parents, giving them information of the kindergarten expectations. This is documented on a transition form.

We encourage all our families to be involved with our programs. CTSA offers a variety of parent and family activities throughout the program year. These activities include activities like Thanksgiving Dinner, Christmas Parades, Children’s Programs, and Muffins with Mom, Dad’s day, Trike-a-thons, as well as always welcoming parents and families to volunteer in the classroom.

CTSA is federally funded program. This organization does not receive any public funds.

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

This October, in recognition of Domestic Violence Awareness Month, the office of the Absentee Shawnee Tribe Domestic Violence Program will host events addressing the issue of Domestic Violence. Each week the AST DV Department will host an activity to bring about awareness to all the Tribal employees and our Tribal and local communities.

“The Shawl Project” will be displayed throughout the entire month of October. The Shawls will be designed by various departments within the Tribe and by survivors of Domestic Violence. These Shawls will be a visual display that bears witness to the violence against women, men and children.

On October 1, 2010, a balloon release and cupcakes will be given out to participants and a proclamation will be given by the Tribal Representative, Jeff Gibson.

The week of October 4th through the 8th, the Department will have an art contest. Details will be available at the office.

October 15th, the Department will host a Cake War. The cakes will display a message regarding Domestic Violence Awareness.

October 22nd, the Department will host a “Dress in Her Shoes” race. The race was held last year and was very successful in representing the difficulty that women face every day in performing her daily routine as a working mother and wife. Although the word “HER” is used, the implication of the daily struggle also implies male victims as well.

We, the AST Domestic Violence Department, are very excited to hold the activities and have this opportunity to bring awareness to community about important issues of Domestic Violence and how it affects everyone within our families and communities. We extend an invitation to the AST Tribal Community to come and participate in all of the activities. Feel free to call our department if you have any questions.

Absentee Shawnee Domestic Violence Department
Kimberly Stephens, Director/Advocate
Linda Gouge, Sexual Assault Advocate
Jackie Denny, Transitional Housing Manager
Victoria Morris, Victim Advocate
Margaret Ellis, Victim Advocate
(405) 275-4030 or (800) 256-3341

This October, in recognition of Domestic Violence Awareness Month, the office of the Absentee Shawnee Tribe Domestic Violence Program will host events addressing the issue of Domestic Violence. Each week the AST DV Department will host an activity to bring about awareness to all the Tribal employees and our Tribal and local communities.

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October 22nd, the Department will host a “Dress in Her Shoes” race. The race was held last year and was very successful in representing the difficulty that women face every day in performing her daily routine as a working mother and wife. Although the word “HER” is used, the implication of the daily struggle also implies male victims as well.

We, the AST Domestic Violence Department, are very excited to hold the activities and have this opportunity to bring awareness to community about important issues of Domestic Violence and how it affects everyone within our families and communities. We extend an invitation to the AST Tribal Community to come and participate in all of the activities. Feel free to call our department if you have any questions.

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September 2010- All the children in the program, "Following in Our Footsteps" would like to let everyone know they are having fun learning how to create beautiful music. The kids are learning how to play instruments such as guitar, bass guitar, drums & piano, some of them are also learning how to sing. The kids are learning so much and are so advanced in their skills that they are becoming very good musicians. Young people like this are rare in today's world. As a music instructor I am very proud of each and every one of these children as they continue to advance in their music skills. "Following In Our Footsteps" offers free music lessons to children and adults from 6 years old to 65 years old. All those that have completed a class receives a free instrument, whether it be a guitar, bass guitar, piano or drums, don't hesitate to stop by or call me. This winter seems to be coming up quick so come by and get signed up, we'd love to have you join us! We are located in the old O.E.H. building on the main campus. You man call me at (405)370-5576 or (405)878-4716 if you are interested in our program.

Thank you for all you support!
Phil Bradley, Music Instructor
Creative Arts Dept.

Our first meeting went well on September 18th. We reviewed some of the topics that we would like to cover throughout the council duration, as well as brainstormed some wonderful ideas to serve the community. Thank you to all of the youth that came to the meeting! October’s meeting will be held on the 9th at 10:00 am. We will be discussing who will be able to help with the haunted warehouse and how we might raise some money for upcoming events.

There is still time to sign-up to be a part of the Tribal Youth Council. If you are interested or have any questions please contact Jared Duroy at 275-4030 ext. 193 or Tresha Spoon at ext. 121.
Human Resources

Human Resources has had a personnel change recently, Paula Green has resigned as HR Director. With Ms. Green’s departure, HR now has a staff of two employees, Briana Ponkilla and Tricia Dietrich, who are now Co-Directors.

As Co-Directors, we feel we can continue our job duties as well as those of the previous Director. We feel we are educated and experienced enough to take on this responsibility. We would like to thank the Executive Committee for the opportunity to serve in this capacity. We will continue to do our best in the HR department for the Tribe and for current employees and potential employees.

The current job openings are on the website and in this newsletter. If you have any questions regarding employment with the Tribe please feel free to contact us. We can be reached by phone at 405.275.4030 Briana x 131 and Tricia x 170. Our email addresses are: Briana bponkilla@astribe.com and Tricia tdietrich@astribe.com.

CURRENT JOB POSTINGS AS OF SEPTEMBER 10, 2010

GAMING COMMISSION
- Executive Director
- Surveillance Director
- Surveillance Operator

REALTY
- Realty Director

FAMILY SERVICES
- Part-Time Victim Advocate
- Victim Resource Coordinator

COURT/LEGAL/POLICE
- Supreme Court Tribal Judge

TITLE VI
- Driver/ Kitchen Assistant

MIS
- IT Analyst

BUILDING BLOCKS
- Food Service Preparation Specialist
- Master Teacher
- (2) PT Assistant Teacher
- (4) PT Floater

HEALTH
- Physicians Assistant
- Optometric Tech.

Job descriptions will be available online: http://www.astribe.com/Employment.html

If you have any questions about the job positions and their job descriptions you can also contact Briana Ponkilla or Tricia Dietrich in the Human Resources Department at the Absentee Shawnee Tribe of Oklahoma at: (405)275-4030.
The AST Tribal Store located on Hwy 9 in Little Axe, and The Harrah Smoke Shop has reduced Carton prices to all of the customers. This will help increase the daily sales for the store as well as provide additional tax payments to the tribe. We will be working with the Casino to provide promotions at our locations.

We are continuing to have our “Homemade” BBQ sandwiches for 99 cents each, plus numerous other hot items in the deli. We still take call in orders for our tasty hamburgers and our other favorites. Watch the up coming newsletters for updates and “COUPONS” that can be utilized at our locations.

Since re-opening after the May 9th tornado that struck the Little Axe area, many changes have taken place at the AST Country Kitchen, located in front of the Thunderbird Casino. From new menu items to the all-new look of the dining room, Country Kitchen has a lot to offer its diners.

The new manager, Don Price, says Country Kitchen has also added several new team members to serve you. Price stated, “Upon entering the diner, you will be greeted with a friendly smile and will immediately feel the upbeat atmosphere. Not only have we improved our service, but, the new menu items, such as the Sliced Brisket and Baby Back Ribs, are a huge hit. We also have a great variety of lunch specials every day from 11 am to 4 pm. And don’t forget all meals are TAX FREE”.

As winter approaches, Country Kitchen plans to offer a wide variety of comfort foods, such as beans & cornbread, homemade beef stew, and pot pies to warm you up on those cold winter days. At this time we would like to take this opportunity to invite all of the AST Tribal members to come out and dine with us.

AST Tribal Store …… (405) 364-0668
Harrah Smoke Shop …….. (405) 454-0055
AST Country Kitchen …… (405) 366-7220
We have a Special Treat for Title VI Members!!!


On October 6, The Title VI Staff will be attending a Food Show in Fort Smith, Ark. We will be providing the homebound a sack lunch on the 5th and will not be serving at the meal sites. We will be back on the 7th.

General Council Meeting at the Little Axe Resource Center, October 16, 2010. We will be handing out candy on the 29th.

If you have any questions you can contact us at 275-4030 ext. 169
# October 2010 Menu

**2% Milk Served Daily**

**HAPPY HALLOWEEN**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tr>
<td>3</td>
<td>Chef Salad w/ Ham Crackers Fruit Cocktail</td>
<td>Taco Soup Tortilla Chips Rice Pudding</td>
<td>Title 6 Closed Sack Lunch will be delivered to Homebound on 10/5</td>
<td>Spaghetti w/ meat sauce Greenbeans Bread Stick Pineapples</td>
<td>Biscuits Gravy Fruit</td>
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<tr>
<td>4</td>
<td>Smoke Sausage Mac n Chez Asparagus Peaches</td>
<td>Salmon Patties Pea &amp; Carrots Coleslaw Salad Bar</td>
<td>Hominy n Pork Spinach Frybread Cake</td>
<td>Chicken N Rice Soup Celery n Carrots Crackers Choc. Pudding</td>
<td>Boiled Egg Ham Toast</td>
<td></td>
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<tr>
<td>5</td>
<td>Hot Ham n Chez Baked Chips Pickles, Onions Apples</td>
<td>Chicken Fried Steak Mashed Pot./Gravy Corn Niblets Roll</td>
<td>Turkey Sweet Pot. Okra Bread/Cookie</td>
<td>Enchilada Casserole Refried Beans Tossed Salad Cobbler</td>
<td>French Toast Sausage Links Fruit</td>
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<tr>
<td>6</td>
<td>Hamburger Lett,Tom Pickles,Onion Pasta Salad Salad/Apricots</td>
<td>Goulash Squash Bread/Peach Crisp Salad Bar</td>
<td>Pinto Beans w/Ham Rice Zucchini &amp; Tom. Cake</td>
<td>Stew Chez Sticks Crackers Pears</td>
<td>Biscuits Gravy Cereal</td>
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<tr>
<td></td>
<td>Lunch served Mon - Thu. 11am to 1pm Breakfast served Fridays 9am to 11am Salad Bar served at Congregate Mealsites Only</td>
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<tr>
<td>31</td>
<td>NOT GOING TO BE HOME</td>
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<td></td>
<td></td>
<td>LET US KNOW AT 275-4030 EXT 169 OR NOTIFY YOUR DRIVER</td>
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</tr>
</tbody>
</table>
FOR SALE OR TRADE
Ideal for a Bank or Financial Institution

Federal National Bank Building
24 E. Main Street, Shawnee, OK

★ Three properties for the price of one!
  ○ Bank Building at 24 E. Main
  ○ Two ATM Drive-thru locations:
    1. Downtown Shawnee at Broadway
    2. North Kickapoo near I40 close to Lowe’s, Staples, and WalMart

★ Beautiful lobby and penthouse with apartment

★ Seven story building

★ Terrific tax advantages with former Indian Reservation Lands and Historic District

★ Priced @ $55 per square foot – well below replacement cost

For More Information Call
405-414-7277
Owner/Broker
FOLLOWING THE TRAIL

October 9, 2010

Native American Men and Boys Conference

Clint Sinclair
Evangelist
Okemah, OK

Eddie Lindsey
BGCO
Oklahoma City, OK

Dean Blevins
KWTV, Sports Director
Oklahoma City, OK

Conference Location:
Cornerstone Indian Baptist Church
Little Axe, Oklahoma

Registration Costs:
Before August 6, 2010
Men: $15.00
Boys (12-18): $10.00

After August 6, 2010
Men: $20.00
Boys (12-18): $15.00

Contact us:
Bryce Scott
(405) 912-0044
bscott@mldwestcityok.org

Darryle Rattler
(405) 650-0707
drattler@ou.edu

Jimmy Jones
(918) 738-5490
jimmy.jones@cox.net

www.forministry.com/usoksobcoono
Some services that are offered include:

- Business Cards
- Invitations
- Announcements
- Calendars
- Banners
- Logo Designs
- Graphics
- Brochures
- Envelope Designs
- Copies

With a Home Loan Program for Native Americans

2.25% Down Payment
No Monthly Mortgage Insurance Premium
Lower Closing Cost
Must be a Member of a Federally Recognized Tribe

2200 NW 50th St. #139C
Oklahoma City, OK 73112
PHONE 405.751.3800
FAX 918.392.8325

www.gatewayokc.com
Foster Parents Needed!!!

Can you open your home and heart for a foster child? Foster parents provide a temporary, safe home for children in crisis. Foster parents are partners with child welfare workers, lawyers, and judges. It is not for everyone but if you have it in your heart - we need you.

- Can you love and care for a child who comes from a difficult background?
- Can you help a child develop a sense of belonging?
- Are you secure in yourself & your parenting skills?
- Can you maintain a positive attitude toward a child’s parents?
- Can you love with all your heart & let them go?

FOSTER PARENTS PROVIDE A TEMPORARY, SAFE HOME FOR CHILDREN IN CRISIS. THEY ARE PARTNERS WITH WORKERS, LAWYERS, AND JUDGES. IT IS NOT FOR EVERYONE! CAN YOU OPEN YOUR HOME AND HEART FOR A FOSTER CHILD?

Many children need a loving home and a family to help them through a very tough time. Please think about it and talk with your family before you become a foster home. They all need safe, supportive environments!

If you find yourself and your family interested in Foster Care, please contact Melissa Lopez 405-275-4030 ext. 166.
The Tribal Housing Improvement Program’s goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most “in need” tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

a. Handicapped/Disabled and Elderly
b. Income
c. Family Size/Overcrowded Living Conditions
d. Condition of Home

Other Programs available:

• Sanitation Facilities Assistance Program

Applications need to be completed and all necessary documents attached before the application will be processed.

Applications are available online on the website: www.astribe.com.

Submit completed application to:

Office of Environmental Health & Engineering
Absentee Shawnee Tribe of Oklahoma
2025 S. Gordon Cooper Dr.
Shawnee, Ok 74801

Absentee Shawnee Tribe Complex
Office of Environmental Health & Engineering, Building 13
If you have any questions, you can reach us by phone at (405) 214-4235

If you’d like to submit an ad or article give us a call at (405) 598-1279 or send us an e-mail at mediadept@astribe.com

ALL ARTICLES WILL BE SUBMITTED AS RECEIVED.
FREE Smoke Alarms and Carbon Monoxide Detectors still Available!!

OEH personnel will provide and install smoke alarms and/or carbon monoxide detectors for enrolled Absentee Shawnee tribal members living in Pottawatomie, Cleveland, or Oklahoma County.

Please complete an application/short survey form and schedule a time and date for installation. Application/survey forms are available at the OEH office and at www.astribe.com.

Please contact OEH at 214-4235 for more information.

Absentee Shawnee Tribe
Enrollment office
Address Change Request

Date: ____________  CDIB# _____________  Birth Date: ________________

Full Name: ______________________________________________________

New Address: ____________________________________________________

City: _________________________  State ________  Zip Code: ___________

County: _________________________  Home Phone ( _______ )___________

____________________________________________  Cell Phone ( _______ )

____________________________________________

Tribal Member Signature  Date

Please Mail to:
Absentee Shawnee Tribe
Enrollment Office
2025 S. Gordon Cooper Drive
Shawnee, OK. 74801
2010 TRIBAL PHONE NUMBERS

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td>Tribal Complex</td>
<td>(405) 275-4030</td>
</tr>
<tr>
<td>or</td>
<td>1-800 256-3341</td>
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<tr>
<td>OEP</td>
<td>(405) 273-9966</td>
</tr>
<tr>
<td>Building Blocks</td>
<td>(405) 878-0633</td>
</tr>
<tr>
<td>Health Programs</td>
<td>(405) 878-4702</td>
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<tr>
<td>or</td>
<td>1-877-878-4702</td>
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<tr>
<td>Little Axe Clinic</td>
<td>(405) 447-0300</td>
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<tr>
<td>Shawnee Clinic</td>
<td>(405) 878-5850</td>
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<tr>
<td>Shawnee Pharmacy</td>
<td>(405) 878-5859</td>
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<tr>
<td>Behavioral Health</td>
<td>(405) 878-4716</td>
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<tr>
<td>LA Resource Center</td>
<td>(405) 364-7298</td>
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<td>or</td>
<td>(405) 364-7569</td>
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<tr>
<td>LA Cultural Center</td>
<td>(405) 447-3372</td>
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<tr>
<td>AST Police</td>
<td>(405) 275-3200</td>
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<tr>
<td>or</td>
<td>(405) 275-3432</td>
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<tr>
<td>OEH</td>
<td>(405) 214-4235</td>
</tr>
<tr>
<td>AS Housing Authority</td>
<td>(405) 273-1050</td>
</tr>
<tr>
<td>Thunderbird Casino</td>
<td>(405) 360-9270</td>
</tr>
<tr>
<td>Or</td>
<td>1-800-259-LUCK</td>
</tr>
<tr>
<td>AST Media Dept</td>
<td>(405) 598-1279</td>
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<tr>
<td>AST Media Dept Fax</td>
<td>(405) 598-1294</td>
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<tr>
<td>AST Tribal Grocery &amp; SmokeShop Little Axe</td>
<td>(405) 364-0668</td>
</tr>
<tr>
<td>AST Country Kitchen</td>
<td>(405) 366-7220</td>
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<td>AST Smokeshop in Harrah</td>
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