OU Hosts Native Nations Leaders at Historic Reception - September 17, 2018

It was a historic gathering at the University of Oklahoma, when OU President James L. Gallogly invited the leaders of the thirty-nine Native Nations in Oklahoma to a reception in honor of those nation’s sovereign status and the institution-to-institution relationship the university shares with each.

Surrounded by the flags of all of Oklahoma’s Native Nations, the event was held on Tuesday at the Fred Jones Jr. Museum of Art Sandy Bell Gallery, and was attended by leaders of 13 Native Nations, along with university executives.

Attending tribal leaders included Edwina Butler-Wolfe, governor of the Absentee Shawnee Tribe of Indians of Oklahoma; Tamara Francies, chairperson of the Caddo Nation; Bill John Baker, principal chief of the Cherokee Nation; Bill Anoatubby, governor of the Chickasaw Nation; Sara Jane Smallwood, director of Government Relations, on behalf of Chief Gary Batton of the Choctaw Nation; William Nelson, chairman of the Comanche Nation; David Pacheco, chairman of the Kickapoo Nation; Matthew Komalty, principal chief of the Chickasaw Nation; and Edwina Butler-Wolfe, governor of the Absentee Shawnee Tribe of Indians of Oklahoma; Tamara Francies, chairperson of the Caddo Nation; Bill John Baker, principal chief of the Cherokee Nation; Bill Anoatubby, governor of the Chickasaw Nation; Sara Jane Smallwood, director of Government Relations, on behalf of Chief Gary Batton of the Choctaw Nation; William Nelson, chairman of the Comanche Nation; David Pacheco, chairman of the Kickapoo Nation; Matthew Komalty, principal chief of the Chickasaw Nation; and Edwina Butler-Wolfe, governor of the Absentee Shawnee Tribe of Indians of Oklahoma.
Hello Tribal People.

I hope everyone is doing well and enjoying this fine weather we have been having. I would like to mention the General Council Meeting has been set for October 27, 2018 at 10:00 a.m. in the Multi-Purpose Building on the Absentee Shawnee Complex. The AST Health Clinic will be giving flu shots at General Council. We need to be thinking about the upcoming flu season. It will be here before we know it and I hope everyone will consider the flu immunization.

I have attended several meetings over the past month and want to share with you some of the decisions being made that will affect our tribe.

**Bureau of Indian Affairs (BIA) Reorganization:**

President Trump signed an Executive Order 13781 on March 1, 2017 for Federal agencies to examine ways it could reorganize to improve efficiency, effectiveness, and accountability. The Secretary of the Department of Interior (DOI) recently announced his vision to establish 13 unified regional office boundaries across all the Department of Interior Bureaus that includes Bureau of Indian Affairs (BIA).

The Department of Interior is taking careful consideration on how the BIA regions and functions may be included in this reorganization. There has been many Consultation Sessions across Indian Country. A listening session was conducted in Tulsa, Oklahoma on June 27, 2017 in which I was present, and spoke of the reorganization and how it was going to affect the Absentee Shawnee Tribe and all the Tribes in Oklahoma.

The most recent meeting in Oklahoma was held on August 7, 2018 at the Embassy Suites in Oklahoma City, Oklahoma. Tribal Leaders from Oklahoma spoke up, opposing this reorganization and how it will not be a good move for the tribes.

The current status on the Department of Interior:

There is no written Reorganization Plan yet. But it is coming down the pipeline soon; draft maps have been developed by DOI of unified regions. With this draft map, it puts the Absentee Shawnee Tribe in the Arkansas - Rio Grande - Texas Gulf Region 7. This Reorganization Plan should be on every tribe in Oklahoma’s radar. Tribes should unify and take part in the consultations and write comments to the DOI.

The Department of Interior is proposing to bring all bureaus together under 13 regions. As it stands today there are 9 bureaus in 61 regions.

On September 7, 2018 there was a follow up to the August 7th BIA Reorganization meeting. Tribal Leaders from Cheyenne-Arapaho Tribe, Apache Tribe, Pawnee Nation of Oklahoma, Comanche Tribe, Wichita & Affiliated Tribes of Oklahoma, Delaware Nation of Oklahoma, Kaw Nation and Absentee Shawnee Tribe of Indians of Oklahoma. During this meeting we had a lengthy discussion on the Reorganization Plan. We drafted and finalized an opposition letter to the Department of the Interior Reorganization. A list of concerns that we brought up, were sent with a letter are listed:

- Tribal Sovereignty is always our highest concern
- The reorganization is not for the benefit of Indian People/Country
- Concerns that jobs at the Southern Plains Regional Office will be lost, approximately 125 jobs
- Concerns that jobs at the Riverside Indian School will be lost, approximately 80 jobs
- No indication as to how it would affect our Indian Child Welfare Programs and the children being served
- How would trust services be affected?
- Concerns of how Trust and Fee Land issues would be addressed
- Unsure of how our court systems would be affected
  - CFR Court
  - Probates
- Unsure of how information technology will be impacted at the local level
  - TAAMS
  - FBMS

These are just a few of the concerns the Tribal Leaders listed at the September 7, 2018 meeting.

A letter and the list of concerns was completed and sent to the Department of the Interior Reorganization.

I would like to thank President Terri Parton, of the Wichita & Affiliated Tribes of Oklahoma for spearheading this meeting. We had over half of the Tribes in the Southern Plains Region to sign the letter of opposition to their plan.

**Sovereign Community Charter School**

On August 23rd, 2018 the State Board of Education met for their monthly meeting. During the Public Comment Session there were about a dozen supporters for the passage of a Federal Charter School. The Sovereign Community School was an agenda item for
the State Board to pass or not to pass. I was asked to speak in support of the Sovereign Community School. The school stands to become the first of its kind in Oklahoma. As proposed, the school would support 525 students, who could come from any of Oklahoma’s 39 tribal nations as well as other ethnicities. The academic program would include engagement in Native American culture, language and tradition, not specific to any tribe.

The Daily Oklahoman Newspaper mentioned a statement that I made in my speech. “Sovereign Community School can be a statewide example of how to incorporate a child’s culture into the curriculum”. I am happy to write that by the end of the State Board of Education a vote was conducted with the results of voting in favor or not being in favor. The school was passed by a vote of 5 -2, with Superintendent Joy Hoffmeister and Board Member Cathryn Franks to vote against the Sovereign Community School.

**Governor August and September Meetings**

**August**

21st 9:30 am. Oklahoma Tribal Conservation Advisory Council (USDA) at the CPN Grand Casino
2:00 pm. United States Attorney Western District Meeting (ATOKA)

23rd 9:30 am. State Board of Education, OKC

24th 11:00 am. Employee Committee Meeting, AST Campus
3:00 pm. The University of Oklahoma Acting Tribal Liaison Officer Meeting

25th 10:00 am. Saturday started the process of License for Medical Marijuana
1:00 pm. Invite from Principle Chief Kay Rhoads to be present at the Sac and Fox Council Meeting on behalf of the CTSA Head Start Program

27th 9:00 am. CTSA Board Meeting held in the Governor Conference Room
1:00 pm. CTSA Board and Staff Meeting held in the Governor Conference Room with D.C. Representative of Head Start Program

28th 9:00 am. BIA Meeting with Ken Reinfield, D.C. Office in the Governor Conference Room
3:00 pm. finished the process of License for Medical Marijuana

29th 11:30 am. Oklahoma Council on Economic Education Luncheon held at the Oklahoma City Golf and Country Club, OKC
1:00 pm. CTSA Executive Director, Board Member, DC Representative Meeting

30th 4:00 pm – 6:00 PM. Oscar Rose College Forum Moderators for Oklahoma Candidates Forum on Indian Education

31st Absentee Shawnee Day Complex Closed

**September**

4th 9:00 am. Executive Committee Meeting (weekly meeting)

7th 9:30 am. BIA Meeting in Oklahoma City, Oklahoma

10th 8:30 am. Laser Fiche Meeting, in Governor Office
9:00 am. Executive Committee Meeting (weekly meeting)
6:00 pm. United Indian Nations of Oklahoma, Kansas and Texas Board Member Meeting Stroud, Oklahoma

11th 11:30 am. Lunch Meeting in Norman
2:00 pm. Native Nations Reception for Tribal Leaders, President James L. Gallogly
6:00 pm. Absentee Shawnee Language Class Multi-Purpose Building, Shawnee, OK

14th 11:00 am. Employee Committee Meeting

Not Present: Finance, Procurement, Reality, Title VI, OEH, MIS, ICW, Human Resource, Cultural Preservation, Enrollment. Executive Committee Absent: Representative Fletcher (Cultural Summit Meeting)

17th 2:30 pm. State Capital Meeting with Governor Fallin (photo)

**Expressions**

For those families who lost a loved one this month, I offer my sincere condolences to you and your family on your lose.

**Conclusion:**

I appreciate tribal members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference – stand beside me and Let us Build for the Future (BFF) United and together!

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![Image of meeting attendees]
A Financial Look Into our Health Program

By Phillip Ellis
AST Treasurer

As one of the shareholder’s representatives for our AST Health System, I have been working closely with the AST Health Board and the management team. Upon hearing the high praise from their last annual audit, I looked back 5 years to review the progress of our health program. The AST Health System has seen consistent year over year growth in revenues with a 56% growth of 3rd party collections from 2013 - 2017. As of Aug. of 2018, our health program is on track to outperform our 3rd party revenue collections yet again. With increased revenues come many opportunities to expand and generate more services for our tribal members.

Increased Revenues
Year over Year
56% Growth over the past 5 years
Increased Revenues = Increased Services & Access

Under the management leadership of Mark Rogers and with the AST board member guidance of Sandra Vaughn and Melpherd Switch, our AST health system has shown great resilience in a tumultuous industry. Over the last 5 years, the AST health organization has thrived in revenue growth and has remained a stable, financially healthy organization. It is essential that our programs and entities that provide stable services and display financial growth be protected and nurtured.

The financial stability and growth in our health program has produced multiple benefits to our tribe and to our membership including, but not limited to:

➢ Increased medical services / enhanced health programs for our tribal members and Native American community
➢ Increased access for tribal members: addition of Plus Care & Extended Care for after hours and weekend healthcare needs
➢ Increased and stabilized medical providers, displaying the strongest tenure in AST health program history
➢ Increased contract support services for AST tribal members with almost 100% approval rate of medical necessary care; a rarity in tribal health
➢ Increased patient satisfaction from 74% to 98% with a positive year over year trend; Inclusive of a decreasing monthly average complaint
➢ Intentional growth in AST tribal member employment; increasing from 10% to 27% of health program workforce. AST members are also prominent in medical providers and leadership positions.
➢ Health intern program – Investment in the future for AST tribal members. Over the last 2 years, Mr. Rogers has provided over 12 tribal members an internship for multiple health professions.
➢ Recently developed and acted on an accelerated plan to pay off the LSWN joint venture early.
Representative’s Report

By Atheda W. Fletcher
AST Representative

Greetings Tribal Members!

The time is flying by and it seems that there are not enough hours in the day to accomplish all that I have in front of me. I have been diligently working each day with the three (3) programs that are my responsibility, and I readily see the effort and commitment staff members bring to work each and every day. I am so lucky to have staff members who understand that teamwork is a necessary component for success and they bring it each and every day! They are committed to excellence in their work and they are striving to deliver more value to each program and the various activities developed for tribal members. Thank you teams! I appreciate you each and every day!

The following information provides information on the activities and/or events that I participated in since my last report.

I have attended several meetings since my last report, but will only highlight the ones that I believe hold the most importance.

Native American Graves Protection and Repatriation Act (NAGPRA) Consultation, Wyandotte, OK

The Eastern Shawnee tribe hosted the NAGPRA consultation event conducted by representatives of the Cincinnati Museum, Bob Genheimer, Tyler Swinney and Matthew Manninen. To summarize this act, NAGPRA was enacted in 1990 to address the rights of Indian tribes to Native American cultural items, including human remains, funerary objects, and sacred objects. There were five (5) federally recognized tribes that the Cincinnati Museum staff consulted with during their travels to Oklahoma—Shawnees, Delaware, Kaw, Ponca, and Osage. Representatives from each tribe attended this consultation to provide their tribe’s position on the various issues involved with NAGPRA. The topics discussed involved the museum’s processes, status of sites, complications encountered, documentation and collection. It is Cultural Preservation’s mission to ensure that the Absentee Shawnee tribe has input into the protection of our cultural resources that are critical to the vitality of our traditions.

Upon completion of our NAGPRA consultation, we were invited to visit Master Potter, Richard Zane’s home and work shop. Cultural Preservation will be inviting Mr. Zane to Shawnee to give a pottery class and provide historical information regarding the Shawnees and their pottery. As soon as we have a date and time tied down, we will make advance announcement of the class. We will host this event during Native American Indian Heritage Month, November. Stay tuned!

National Association of Tribal Historical Preservation Officers (NATHPO) Conference, Suquamish, WA

This conference was hosted by the Suquamish Tribe of Washington during the week of September 10. The theme of the conference was “Tribal Consultation in Indian Country” which focused on federal agencies’ efforts to engage Indian tribes. There were “60 federally recognized tribes” in attendance. Our first day, Suhaila Nease and I participated in a field trip of the Suquamish Port Madison Reservation that provided historical overview of the tribe. Interesting fact, the City of Seattle is named after the Shawnees and their pottery. As soon as we have a more comprehensive update on the youth camp for General Council in October.

Human Resources: I am currently working on benefit plans with the Human Resources Department in preparation for 2019 open enrollment. The HR Department is finalizing work on the 401K audit and assisting the health programs in an audit. In combination of managing day-to-day issues, the HR Department staff is working on projects to enhance the HR function. During the month of August HR processed 86 applications, had 21 vacant positions and filled 12 positions.

Youth Camp: Work on the youth camp is static due to various administrative processes that must be completed before any new work can start. We will have a more comprehensive update on the youth camp for General Council in October.

Quote: The best preparation for tomorrow is doing your best today!
OU Tribal Leaders’ Reception
continued from Front Page

chairman of the Kiowa Tribe of Oklahoma; James Floyd, principal chief of the Muscogee (Creek) Nation; John Shotton, chairman of the Otoe-Missouria Tribe of Indians; Ron Sparkman, chief of the Shawnee Tribe; Craig Harper, chief of the Peoria Tribe of Indians; and Greg Chilcoat, principal chief of the Seminole Nation.

University officials in attendance included John Schumann, president of OU-Tulsa; Jason Sanders, senior vice president and provost of OU Health Sciences Center; Kyle Harper, senior vice president and provost of OU’s Norman campus, along with many vice presidents and deans.

Following an opening prayer in Cherokee by Christine Armer, a Native American Studies faculty member, and a flag song presented by members of Sigma Nu Alpha Gamma, Amanda Cobb-Greetham, chair of the Department of Native American Studies in the OU College of Arts and Sciences and director of the Native Nations Center, said the historic event stemmed from the University’s growing efforts “to deepen and grow our relationship with Oklahoma’s Native sovereigns.” Cobb-Greetham highlighted the work of the recently launched Native Nations Center as part of these efforts, and she then introduced other OU executives and student leadership, including Acting Tribal Liaison Johnny Poolaw, Director of American Indian Student Recruitment Jarrod Tahsequah, Director of American Indian Student Life Breanna Faris, and President of the American Indian Student Association Katee Colbert, each of whom welcomed the visiting officials and shared their roles and work as part of the OU community.

Gallogly welcomed the guests to the Fred Jones Jr. Museum of Art. He began by sharing the story of his life, moving from Canada to Alaska and across the United States before completing his degree at OU College of Law.

He shared the familiar story of David Ross Boyd, who, it is said, arrived on a barren plain and exclaimed, “What possibilities!” Only, according to Gallogly, it wasn’t a barren prairie. It was peopled with Native citizens. He stated that he thought David Ross Boyd missed something. He could have looked a little closer and welcomed the people brought to this place to the family.

“Today, we’re taking the opportunity to say hello to so many Nations that have been our neighbors for so many years and embracing all of these wonderful flags and all of these dignitaries in this room. Today, we reach out to all of these neighbors.

“This is a historic event today. Our goal today is incredibly simple: turn a page, get a fresh start, be a good neighbor, break bread with some old friends and some new friends and be welcoming.”

Following his remarks, Mr. and Miss Indian OU and other student leaders presented the visiting officials with commemorative gifts made for the leaders, crafted from wood collected from the university’s grounds and sculpted by the OU College of Architecture. Following a final honor song, Gallogly and the attending officials gathered for group photos. After the event, tribal leaders were invited to an OU Native Nations Center open house to meet with OU faculty, staff and students who shared information about OU’s Native American programs and services.

October is National Dental Hygiene Month, an annual reminder for the nation to practice the daily habits that promote healthy teeth and gums.

Little Axe Health Clinic Dental Department would like to remind everyone to practice daily habits that promote healthy teeth and gums.

FLU VACCINE

GENERAL COUNCIL FLU SHOT CLINIC
October 27, 2018 from 8 a.m. to 10 a.m. in the Multi-Purpose Building. After 10 a.m. anyone still needing a flu shot may request one at the Shawnee Walk-in Clinic.

AFTER-HOURS FLU SHOT CLINIC AT LAHC ONLY
4 p.m. to 7 p.m. | WALK-IN BASIS

OCTOBER 8
OCTOBER 10
OCTOBER 30
NOVEMBER 1

All ASTHS clinics will administer flu shots during regular business hours, including Shawnee Walk-in Clinic and Plus Care.
*Shawnee Walk-in Clinic and Plus Care ages 4 yrs and up.
DOMESTIC VIOLENCE CAN HAPPEN TO ANYONE REGARDLESS OF:

- AGE
- SEXUAL ORIENTATION
- GENDER
- ECONOMIC STATUS
- RACE

DOMESTIC VIOLENCE (also called intimate partner violence (IPV)) is a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship.

ABUSIVE BEHAVIORS MAY INCLUDE:

- Isolation
- Emotional and Psychological Intimidation
- Physical Violence
- Stalking
- Verbal Abuse and Threats
- Animal Cruelty
- Abuse of Children
- Destruction of personal property
- Sexual Assault
- Control of finances

More than 1 in 2 American Indian/Alaska Native women have experienced physical violence by their intimate partners in their lifetime.

WHEN A VICTIM LEAVES AN ABUSIVE RELATIONSHIP HER RISK OF BEING KILLED BY HER ABUSER INCREASES

HELP AND SUPPORT ARE AVAILABLE!
Contact the Domestic Violence Department for information

405-273-2888
The health system will be sponsoring annual Breast Cancer Awareness events at both the Little Axe Health Center and Shawnee Clinics, complete with refreshments, and lots of breast cancer awareness information. The 5th Annual Zombie Run will be held this month, with more people than ever anticipated to participate in an evening of family friendly activities including music, health education, wellness activities, and good ole’ fashion Halloween fun with our Trunk or Treat! We hope to see you there! As the flu season rapidly approaches, it is imperative you get your flu shot. Several flu shots will be given out at the free flu shot clinic provided at the General Council meeting in October, and we will also be providing the flu shot at all of our clinics with nurse visits. Tests for the flu are indicating it has arrived early again beginning in September, so please ensure you and your family are protected. The health system encourages everyone in the community to stay healthy this year by utilizing good personal hygiene, especially with good hand sanitation procedures.

We are excited at the continued success of the MyDNA effort! Special thanks to the parents and elders for making this a great program in spreading positive prevention messages for youth to avoid under age drinking and provide education to our community on ill-effects of prescription drug addiction, more now than ever with the national opioid crisis. If you know of any tribal member who is homebound and needs assistance medically, including home health services, please contact administration at (405) 701-7621 so we can assist as best possible with resources or coordinate assistance for these members in need. Thank you all for making our entire staff and employees feel appreciated and for using all of our wonderful services!

Our health system’s most valuable asset is our people! They continue to illustrate excellence for our tribal health system and patient care! I’m always impressed with and proud of our outstanding star performers, and again this month, we thank them all for their contributions to our patients, their fellow employees, and the tribe! Employee of the month in October for health was Sharon Littlecreek, for her efforts at seeking additional funding as the health system continues to grow in seeking out reimbursement for catastrophic health emergency fund (CHEF) cases funding from the area office; October Team of the Month: Behavioral Health’s Youth Prevention Fair at the health multi-purpose building with an impressive array of events for the community this year in promoting prevention programs; and the October Special Leadership Award: John Soap, Counselor, for his outstanding message of hope and sobriety carried throughout our community and within Indian Country, we appreciate his dedication and efforts! The health employees continue to accomplish outstanding feats for our patients and for each other, taking care of our internal and external customers/patients. Thank you all for making an important difference in the lives and health of all of our health system’s patients!

September 2018 Employees of the Month:

Employee of the Month
Sharon Littlecreek, PRC LittleAxe Clinic

Team of the Month
Youth Prevention Fair Team

Special Leadership Award
John Soap, Counselor, Shawnee
October 2018 - Scheduled Closings

<table>
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<tr>
<th>Date Closed:</th>
<th>Time(s) Closed:</th>
<th>Locations:</th>
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<tbody>
<tr>
<td>Wed., Oct 3rd</td>
<td>Noon to 5 PM</td>
<td>All AST Health facilities CLOSED</td>
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<tr>
<td>(1st Wed of Month)</td>
<td></td>
<td>- Shawnee Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).</td>
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<td>- PlusCare Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).</td>
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* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:
  Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health”, Twitter @ASTHealth & on ASTHS website at www.asthealth.org

Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free

National Suicide Prevention
1-800-273-8255 (TALK)
October 25, 2018 | 6:00 PM
(FREE EVENT) Open to the public

NEW LOCATION: Lake Thunderbird Clear Bay area
1201 Clear Bay Ave, Norman, OK

FOOD TRUCKS, COSTUME CONTEST, TRUNK OR TREAT AND MORE!

5K participants must be at least 10 years of age. All ages may participate in the 1-Mile Walk/Run.

For more information or questions Buster Bread at 405-364-7298 and Kasey Dean at 701-7993.
**Health**

**CONTRACT HEALTH SERVICES NEWS**

The AST Contract Health Services Team is here to assist you.

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**EMERGENCY AND URGENT CARE SERVICES**

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
3. For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

---

**CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE**

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation. For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

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**CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE**

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation. For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

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**EASY ACCESS**

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays
All facilities closed the first Wednesday of the month from Noon to 5pm.

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**BILLING & PAYMENT INQUIRIES**

**Little Axe Health Center & Shawnee Clinic**

Glendine Blanchard, CHS Coordinator
Darla Gatzman, CH Technician
Chelle Foreman, Medical Claims Examiner
Lena Carol, CH Technician
Kareena Deere, CH Technician/Medical Records

**SHAWNEE CLINIC CHS**

Flo Mann, CH Specialist, AST Patients/LPN
Laurie Webber, CH Specialist, IHS Patients/LPN
Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant

**LITTLE AXE HEALTH CENTER CHS**

405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

**REFERRAL MANAGEMENT**

**Little Axe Health Center**

Debi Sloat, CHS Coordinator/RN
Sharon Littlecreek, Patient Care Manager/LPN
Jayne Werst, CH Specialist, Medicaid Patients
Kelly Armstrong, CH Specialist, IHS Patients/LPN
Jennifer Wells, CH Technician
Melinda Ferrell, PBA, Dental Referrals

**REFERRAL MANAGEMENT**

**Shawnee Clinic**

Kelly Armstrong, CH Specialist, Medicaid Patients/ Medical Assistant
The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

The AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:
Monday-Friday 6:00am - 9:00pm
Saturday 9:00am - 3:00pm
Sunday CLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)
The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.

Buster Bread  
Fitness Manager

Chrissy Wiens  
Physical Activities Specialist

Brandon Goodman  
Fitness Technician

McKenna Watson  
Fitness Technician

AST Diabetes and Wellness Program

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| Zumba Fitness  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Strength Circuit  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Cardio Kickboxing  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Strength Circuit  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center | Zumba Fitness  
6:15 a.m.-7:00 a.m.  
Chrissy Wiens  
Little Axe Resource Center |

Hula Hoop Fitness Wednesday  
12:00 p.m.-12:45 p.m.  
Chrissy Wiens  
LITTLE AXE HEALTH FACILITY

Strength Circuit  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center

Aerobic Circuit  
5:45 p.m.-6:30 p.m.  
Buster Bread  
Little Axe Resource Center

Hula Hoop Fitness Wednesday  
12:00 p.m.-12:45 p.m.  
Chrissy Wiens  
LITTLE AXE HEALTH FACILITY

“Hula Hoop Fitness”- Come join this session to learn how to use the hula hoop to improve abdominal, hip, lower back, and leg strength.

“Resistance”- Resistance training uses apparatus such as tubing, weights, and kettlebells to help increase the strength, anaerobic power, and tone or size of muscles.

“Circuit Training”- A time efficient training system aimed at developing strength through pre-determined training stations.

“Cardio Kickboxing”- Aerobic training using kickboxing techniques to engage and strengthen the cardiovascular system.

**Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center**

**Absentee Shawnee Fitness**

**Diabetes and Wellness**

**FREE MUSIC LESSONS**

Guitar • Bass • Piano • Drums

Available to all Native Americans w/CDIB#

For details, call Absentee Shawnee Behavioral Health • 405-878-4716
From the Diabetes & Wellness Kitchen…

Fall is here, and that can only mean one thing...comfort food season is upon us! Sadly, comfort food tends to be unhealthy. These dishes are typically deep-fried, creamy, buttery, high-calorie and high in saturated fats. As temperatures drop and the holidays approach, these foods tend to start sounding pretty tasty. Oftentimes, as “comfort foods” increase, so do our waist lines. However, this does not always have to be the case!

No foods are “off limits”, but watching portion sizes and frequency of these comfort foods can help to prevent unnecessary weight gain. Try using a smaller plate, bowl, or glass; sometimes it helps to limit the plate to 9 inches or less. By using a smaller plate, portions will look larger and you will consume less food. Also, limit yourself to only one plate of food. If you think you are still hungry, wait 20 minutes before going back for a second helping. To prevent temptation of overeating, immediately put leftovers away in the fridge or freezer for another day.

By focusing on portion size and eating these foods in moderation, these comfort foods to be included in our life in a healthy way. This way, you can make your famous mac and cheese and eat it too!

Also, try creating “lighter” options of your favorite comfort foods. Making a few healthy swaps can make all the difference in the nutrition value of a meal.

Comfort Food Swaps:
1. Try making sloppy joes or burgers with lean ground turkey, bison or elk, and serve on a whole wheat bun or lettuce “bun”.
2. Swap non-fat plain yogurt for sour cream or mayonnaise in salads, sandwiches, or on toppings.
3. When making pasta dishes or mac and cheese, use whole wheat noodles, opt for lower fat cheese, ricotta, or yogurt. Instead of heavy cream, use evaporated skim milk in a cream sauce dish, such as pasta. Finally, throw in some extra veggies, such as, spinach, onions, bell peppers, or zucchini!
4. Make a quick and healthy pizza. Top a whole wheat tortilla with low sodium tomato or marinara sauce, low fat cheese, turkey pepperoni, and leftover diced veggies (mushrooms, bell peppers, and onions are always a great option).
5. Revamp your mashed potatoes. Substitute vegetable or chicken stock for the cream in mashed potatoes. Cut the amount of margarine or butter in half.
6. Give meatloaf an upgrade, by using oats instead of bread crumbs, adding diced veggies (like, grated carrots, minced onion and bell peppers), and using lean ground turkey.
7. Swap the classic lasagna noodles for layering thin strips of zucchini or yellow summer squash.
8. Instead of frying potatoes in lard or grease, roast diced potatoes (about the size of a quarter), in the oven at 400 degrees for about 20-25 minutes. Season with low sodium seasoning, such as, Mrs. DASH.
9. Substitute spaghetti squash for the noodles in spaghetti. Prepare your own lower sodium marinara using canned low sodium tomato sauce, tomato paste, and seasonings.

Recipe: Spaghetti Squash with Marinara

Spaghetti Squash: Preheat the oven to 425 degrees F. Halve the squash lengthwise and scoop out the seeds, and then brush both sides with olive oil. Put the squash, cut-side up, in a baking dish and cover tightly with aluminum foil. Roast 20 minutes, then uncover and continue roasting until the squash is tender, about 35 more minutes. Use a fork to scrape the spaghetti squash flesh into strands; transfer to a large bowl. Divide the squash among bowls and top each with some meatballs, sauce and parmesan cheese if desired.

Recipe: Turkey Meatballs

INGREDIENTS
1 tbsp. olive oil
1 medium onion
kosher salt
pepper
1/2 c. chopped fresh flat-leaf parsley
8 oz. mushrooms
2 clove garlic
1 tbsp. Dijon mustard
1/4 c. quick-cooking oats
2 tsp. fresh thyme
2 tbsp. grated Parmesan
1 1/4 lb. ground turkey breast or extra-lean ground turkey
2 c. low-sodium marinara sauce

DIRECTIONS
Heat oven to 425 degrees F. Heat the oil in a medium skillet over medium heat. Add the onion, season with 1/4 teaspoon each salt and pepper, and cook, covered, stirring occasionally, until tender, 6 to 8 minutes; stir in the parsley. Add the mushrooms and garlic and cook, stirring occasionally, until the mushrooms are tender and their liquid is nearly evaporated, 4 to 5 minutes. Meanwhile, in a large bowl, whisk together the mustard, 2 tablespoons water, and 1/4 teaspoon each salt and pepper. Stir in the oats and thyme. Add the turkey, sprinkle with the Parmesan, and mix to combine.
Fold in the mushroom mixture. Form the mixture into 24 balls and place on a foil-lined baking sheet. Bake until cooked through, 12 to 15 minutes.
Warm the marinara sauce in a large skillet. Toss the meatballs in the sauce to coat. Serve with a salad, if desired.
A special thank you to all those who came to the first ever Behavioral Health Youth Prevention Fair sponsored by, Native Connection and MSPI Grants. Also, to those who set up booths to give information to the youth from our communities, and to the AST Education Department for providing the food.

You are invited to the exciting two-day Iowa tribe Annual Fall Festival, featuring a host of carnival-themed fun. The kids can compete in rounds of laser tag before experiencing the adrenaline rush of the on-site carnival rides. A variety of carnival food will keep your group well-fed, too, especially with an assortment of over 20 different funnel cake flavors. The event will be held at the Iowa tribe Powwow Grounds on October 26 and 27, 2018, from 6PM-12AM on Friday, and 3PM-12AM on Saturday. Groups may skip the ticket line with pre-pay ticket purchases for one-day or two-day tickets! Admission fee covers all rides and laser tag.

We look forward to seeing you and your group at the Fall Festival. For more information, feel free to contact lyoungman@iowanation.org or 405-880-1097.
Thunderbird
Casino Report

In September the Thunderbird Casino, Norman property had several highlights to mention; VIP events for selected high end slot guests, offered weekly daily promotions for seniors, hot seats for slot play, Crimson Cash which is a football themed game, offered digital slot tournaments and hosted the classic country artist Mickey Gilley in concert which was well attended.

Not to be outdone the Thunderbird Casino, Shawnee location, the smaller of the two properties offered slot tournaments, senior bingo, four nights of hot seats and Jeep entries, patrons could earn additional entries by playing with their Player’s Club card. Both casinos have a weekly promotion for Absentee Shawnee Tribal members, which is $10 in slot play beginning on Sunday and available each week. All you need to do is sign up for a Player’s Club card, show valid ID, show your AST Tribal Card, and be 18+ years of age to enter the casino.

As we go to print the Shawnee casino location will give away a 2018 Jeep on September 29th to one lucky winner but that is not the end of vehicle promotions. A 2018 electric Blue Ford Mustang is being delivered October 1st for the next big drawing and anyone playing at the Shawnee location can earn entries by playing with their Player’s Club card in the machine at every visit. The Mustang drawing will be on November 30th, good luck!
**Tribal Police Enter Agreement with Cleveland County**

Absentee Shawnee Tribal Police and the Cleveland County Sheriff’s Office have entered into an Intergovernmental Cooperative Agreement. This agreement allows both the Absentee Shawnee Tribe and Cleveland County Sherriff’s Office to respond to calls without delay whether on State land or Tribal Trust lands.

“We’ve worked well with Tribal Police Chief Brad Gaylord in the past and admired his professionalism,” said Cleveland County Sheriff Todd Gibson. “This partnership will increase effectiveness in investigating cases and protecting and serving the public, particularly when crimes sometimes cross both sides of Tribal borders. We appreciate Governor Edwina Butler-Wolfe of the Absentee Shawnee Tribe of Oklahoma for reaching out to us.”

This is one more barrier removed that will prevent criminals, wanted persons, or fugitives from justice, from hiding behind jurisdictional boundaries. This agreement also streamlines law enforcement response where the closest officer, regardless of which agency he/she works for, can respond and address criminal activity.

Furthermore, resources from both departments can be shared rather than duplicated (manpower, specialized equipment, etc.) creating efficiency within a joint response. All of these cooperative efforts will ensure the highest level of public safety for all residents, both native and non-native.

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**IF YOU’D LIKE TO SUBMIT AN AD OR ARTICLE:**

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

**ALL ARTICLES FOR THE NEXT MONTH’S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH**

**Unfortunately, we can only accept one picture per birthday person, NOT PER BIRTHDAY WISH.**
Greetings,

ANNOUNCEMENTS:

1-ATTENTION AST TRIBAL VETERANS! If you are interested in attending a special event, in your Honor; Monday, November 12, 2018. Please contact AST Elder Event Coordinator, Wynona Coon, either call or text, Cell: 405-481-3506.

2- A position is open on the Elders’ Council for a Treasurer, due to resignation of current Treasurer. Please call Elders’ Officers for details.

The Elders’ Council has the following events for the rest of the year:

» Fall Raffle-23 items donated and handmade such as jewelry, gift cards, blanket, pottery, t-shirts, etc. Deadline date to return tickets is Saturday, 10-20-18. Winners will be displayed on a board at AST Elders’ Table, General Council Mtg, 10-27-18.

» Red Earth Annual Christmas Tree Event, OKC, Red Earth Museum

» Thanksgiving Dinner w/Veterans, Yellow Rose Theater in OKC

» Planning a one day Trip

» Christmas Baskets for Elders

» Christmas Dinner, 12-15-18

» Christmas Fruit, nuts, and candy sacks for Elders

If you are fifty (50) and up, we meet every third (3rd) Saturday of the month, and meetings are alternating locations at Little Axe Resource Center or Title VI Building in Shawnee. We usually have potluck lunch every monthly meeting (Unless otherwise posted).

Next meeting is Saturday, 10-20-18, Resource Ctr in Little Axe, November 17, 2018, Title VI Bldg, Shawnee, and December 15, 2018, Resource Center in Little Axe.

Hope to see more AST Elders at the monthly meetings!

Thank you and SELL, SELL those raffle tickets!
# October 2018

## Title VI Menu

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
</table>
| 1      | Hot Dog
Pork n Beans
Chips
Apple       | Baked Chicken
Stuffing
Black-eyed Peas
Prunes               | Title VI Closed
Attending
Food Show             | Chicken Fry Sandwich
LTOP
Baked Chips
Jell-O                 | Oatmeal
Fruit
Sausage Patty          |                        |
| 7      | Smoked Sausage
Bell Pepper n Onions
Bread
Pudding               | Cold Cut Sandwich
Mac Salad
Chips
Orange                | Chicken Pot Pie
Veggies
Biscuit
Pears                  | Soft Tacos
LTC
Refried Beans
Chips/Salsa           | English Muffin
Ham
Scrambled Eggs
Fruit                 |
| 14     | Salisbury Steak
Mashed Pot/Gravy
Peas n Carrots
Mixed Fruit             | Manwich
Pickles Onions
Tator Tots
Cookie                  | Beef Tips & Noodles
Veggies
Tossed Salad*
Mandarin Oranges        | Ribs
Pot. Salad
Baked Beans
Roll
Mixed Fruit            | Scrambled Eggs
Sausage Gravy
Biscuit                |
| 21     | Sliced Ham
Scallop Pot Veggies
Pineapples             | Tamale
Spanish Rice
Peaches                 | Beans
Steak fries
Spinach
Cornbread               | Roast
Potatoes, carrots
Roll
Fluff                  | Bacon
Toast
Scrambled Eggs
Fruit                 |
| 28     | Chicken Strips
Mashed Pot/Gravy
Brussel Sprouts
Pudding                | Baked Zita
Tossed Salad*
Green Beans
Apricots               | TBA                     |                        |                        |                        |

**2% milk served daily**

**Menu subject to change**

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**NOT GOING TO BE HOME?!**

CALL AND LET US KNOW AT 405-275-4030
EXT 6227 or 6270
OR NOTIFY YOUR DRIVER

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**LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM**

**BREAKFAST SERVED FRIDAYS 9AM TO 11AM**

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**Title VI News**

October 3, Title VI Staff will be attending the Food Show- no lunch will be served or delivered. Homebound will receive a sack lunch on the 2nd.

October 27, General Council 10 am at the Multi-Purpose Building

October 31, TBA more details later in the month but hope you can attend!!!
October Birthdays

Abma, Meadow Elisa
Abma, Raven Roxanne
Adams, James Michael
Aguinaga, Aaron Juan
Aguirre, Jose Raul
Ahtone, Caylen Evreaux
Alford Jr., Elroy Raymond
Alford, Herbert Vearl
Anderson, Charlie Beckett
Anderson, Jenna Elizabeth
Arndy, Wanda Marie
Armendariz, Christy Ann Louise
Ash, Earl James
Aspen, Andrew James
Atwood, Joseph Eugene
Bailey, Beverly Jean Loving
Balc, Shannon Eugene
Barnard, Legacy May
Barriga, Sommer Rae
Battise, Tara Christine
Beach, Brodie Aaron
Beartusk, Jonah Edward
Bell, Caleb Walker
Bell, Elijah Michael
Belvin Jr. Jesse Lee
Bender, Jason Allen
Bettelyoun, Kendall Ray
Bettelyoun, Michael Vincent
Bhandari, Dasan Krishna
Bittle Jr., James Carl
Bittle, Ketcher Austin
Bittle, Trinity Morgan
Blackbear, Jorey Rian
Blanchard Jr., George Melvin
Blanchard, Alex Gordon
Blanchard, Bryson Dale
Blanchard, Ellie Jo
Blanchard, Jared Dillon
Blanchard, Kevin Owen
Blood, Jennifer
Bond, Brandon Curtis
Bradley, Michael Joseph
Brady Jr., Cecil Edgar
Brady, Carlie Noelle
Breedlove, Cynthia Kay
Brittain, Shaye Dawn
Brokeshoulder, Aaron Dean
Brokeshoulder, Randall James
Brooks, Nathanael Shawnee
Brown, Kane Alexander
Brown, Kristopher Todd
Bryce, Todd Kaden
Buckley, Dillon Wayne
Bui, Bennett Van
Burggraf, Thaddeus Todd Lee
Byers, Sébastien Michael
Cagle, Sheryl Lynette
Call, Kelly Edward
Campbell, Camber Nicole
Campbell, Charlotte Lynn
Carlson, Harley Leann
Carolina, Jarric Dequan
Carpenter, Glenda Carol
Caudillo, Natalie Adelle
Chapman, Atira Vonne
Chisholm, Candace Lauren
Chupp, Angela Marie
Citty, Dora Mae
Coddington, Cameron Michael
Coddington, Hailey Elaine
Cody, Aidan Jacob
Coleman, Janice Sue
Coley, Sherry Ann
Colungo, Khia Jayde
Cook Jr., Henry James
Coriz, Benjamin Allen
Cottrell, Steven Thomas
Crossley, Burton Jay
Crossley, Jeffery Mark
Cypret, Isaac Matthew
Dalitz, Christi Lynn
Daugherty, Steven Neil
Davis, Brock Mason
Davis, Kimber Lee
Davis, Mary Louise
Davis, Raen E.
Davis, Ryan Kyle
Davis, Scarlett Marie
Deere, Josiah Ahinska
Dees, Elizabeth Yvonne
DeLodge, Brendan Joseph
Diehl, Chelsea Elizabeth
Dominguez, Stormy Sky
Dry, Breamna Joyclyn
Dry, Karlee Nicole
Durmon, Ryland Ryder
Eason, Liam Malachi
Eckles, Steven George
Edward, Shawnie Dawn
Ellis, Allison Krista
Ellis, Henryetta (Blanchard)
Ellis, Kevin Mark
Ellis, Kimberly Marie
Ellis, Linda Jean
Fife, Austin Scott
Foley, Katrina Dawn
Foreman, Eli Zane
Foreman, Sidney Brian
Foreman, Wesley Josiah
Frazier, Anthony Lawrence
Gall, Rebecca Sue
Gibson, Bernice
Gibson, Collin Lane
Gibson, John Arnold
Gibson, Susan Renee
Gibson, Tyler Logan
Gillihan, Layton Douglas
Gillmore, Jamie Mack
Gilman Jr., Thomas Eugene
Gilman, Tami Lynn Sophia
Gonzales, Cortney Raeanne
Gonzalez, Katherine Mary
Green, Angela Dawn
Green, Shai Leigh
Green, Tristin Eason
Gregory, Derek Michael
Gregory, Jacob Samuel
Griffin, Craig Robert
Hardeman, Uriah Terez
Harjo, Bryleigh Marie
Harjo, Kaleb Emery
Harjo, Linda Marie
Harjo, Stathan Ray
Harjo, Tatum Kenzie
Harjo, Dawn Nicole
Haumyp, Lijuan Myki
Hayes, Jaeger Koen
Healy, Shawsa Susan
Herrera Jr., Robert Manuel
Herrera, Eian Anthony
Herrera, Michael Alexander
Herrera, Rosalynn Macie
Herrin, Susan Rena
Hockemeyer, Aylynn Marie
Holderness, Nichole Ann
Hood, Nova Dean
Hough, Marissa Louise
Houston, James Andrew
Huerta, Martín Thomas
Hunt, Janice Marie Littlecreek
Huntington, Hayven Irene
Irwin, Timothy Logan
Isaac Sr., William
Jackson, Mary-An
Jimerson III, Robert E
Johnson, Patricia Jane
Johnson, Robert E
Johnson, Chan Van Ness
Johnson, Cheyvo Lachaim Kavi
Johnson, Emma Lee
Johnson, Erica Lynn
Johnson, Jessica Lynn
Johnson, Katie La Ra
Johnson, Manuel Steve
Johnson, Mark
Johnson, Patience Mackenzie
Minnie
Johnson, Sean Allen
Johnson, Shannon Renay
Johnson, Stuly Mahiri
Jones, Kaitya Damon
Jones, Zachary Dene
Kastl, Victoria Autumn
Kaulby, Charlotte Jayne
Kelly, Joseph Austin
Kimber, Britanny Michelle
Kimber, Ethan Allen
Kirkby, Robert Michael
Klein, Elizabeth Ann
Kobs, Alexander Francis
Kringlen, Zaine Aloysius
La Plant, Isaac Joseph Leigh
Laplante, Amanda Carol
Lasenberry, Lawrence Layton Brooks
Lauderdale, Sianna Renault
Leath, Alexander Jake
Leatherman, Rosalie Helen Marie-Ann
Leedom, Christopher Donald
Leedom, Melanie Rochelle
Leedom, Stephen Wayne
Lewelling, Avis Jewel
Little Creek, Frank Dwight
Little Jim, Gabriel Clint
Little Jim, Justin Dale
Little, Freddie Don
Little, Michael Boyd
Little, Travis Shane
Littlebear, Anthony Karlin
Littlebear, Brett Cason
Littlebear, Lois Gwen
Littlecreek, Aaron Dale
Littlecreek, Dalton Dale
Littlecreek, Melissa Richelle
Littlehead, William Douglas
Littlejim, Gracye Lorene
Longhorn, Lance Calvin
Longhorn, Lydia Kye
Longhorn, Ryan Wade
Longhorn, Stephanie Lee
Longhorn, Vernice Correne
Longman Sr., Henry Daniel
Longman, Clara Lynn
Lossie, Colton Lewis Cain
Lowe, Kerry Denise
Lucas Spivyuck, Misty Rosileah
Mack, Dwayne George
Mack, Jaslynn Marie
Mack, Kaius Dail
Mack, Melissa Ann
Mack, Secote Wholoco
Martinez, Marina Christine
Masquas, Katlyn Alexandria
Matthews, Anthony Edward Scott
Mattingly, Erin Paige
Maxfield, Sky Colissa
Maxwell, Meagan Renee
McBride, Aaron Wayne
McBride, Lillian Kaye
McCuddy, Queta Cara
McGuffin, Mary Bradley
Meghee, Ms. Shirley Louise
Meghee, William Sean
Merrell, Markleigh Jaye
Miller, Anna Mae

October 2018
October 2018

Cebrations

Miller, Brody Scott Glenn
Miller, Kale Donovan
Miller, Scott Alan
Mills, Colby Richard
Monk, Jessica Rita
Montgomery, Jessica Lynn
Morgan, Avin Tyler
Morgan, Letitia Rea
Morton, Rhianna Elizabeth
Motes, Christopher Cole
Myers, Rachel Johnniece
Neese, Branden Hunter
Newton, Collen Allen
O’Toole, Chelsey Marie
Odell, Edna May Armstrong
Oldham, Blake Wayne
Oldham, Rachel Elaine
Onzahwah, Glorious Serinity
Onzahwah, Theodora Marie
Panther Hargrove, Leah Dakota
Panther Sr., Donald Eric
Panther, Dakota Eric
Parish, Tambi Dawn
Parker, Royce Ahle
Perryman, John Lewis
Perryman, Lillie D Blanchard
Peter, Terrance Nichodie
Petersen, Marsha Ann
Pine, Kyler Evan
Ponkilla, Brigitte Nicole
Powell, David W
Rammadie, Brian David
Ramirez, Antonio
Rapos, Christal Nasebewa
Rathbun, Nicholas Lee
Ressler, Linda Kay
Rickard, Janice Rene
Rivas, Becky Marie
Roach, Tanya Emma
Robison, Burtis Charles
Rock, Patricia Ann
Rolette, Robbin Louise
Rolette, Travis Anthony
Rudloff, Emma Leann
Salazar, Ellen Diesta
Salisbury, Alyssa Rose
Sanchez, Airez Pete
Sanchez, Itzel Itzury
Scarberry, Valerie June
Schulenberg, Justin Michael
Schulenberg, Tina Yvette
Scraper, Benjamin Alexander
Self, Braydon Wayne
Sereña, Barbara Jean
Shaffer, Nicholas Keith
Shawnee, Meliah Lachelle
Shields, Darian Alexandria
Shirey, Caeden Carlsen
Sloan, Michael Ray
Sloat, Jeromy Wayne
Sloat, Zaurhea Elayne
Smith, Shannon Dana
Spoon Jr., John Wesley
Spoon, Camaan Lee
Spoo, Christina Ann
Spoo, Preston Gabriel
Spoo, Steven Paul
Spriggs, Philip Jeffery
Spybuck, Brandi Christine
Squire, Gwendale Lynn
Stacey, Nils Greg
Starr, Eric Glen
Starr, Tricia Suzanne
Stewart, Wanda Louise
Stone, Donnie Darnell
Sullivan, Pamela Kay
Sultska, George A
Surface, Ian Robert
Switch Jr., Douglas Vaughn
Switch, Aaron Christopher
Tallchief, Bobby Eves
Tapia, Carlito Cruz
Taylor Jr., James Robert
Taylor, Amanda Mae Alice
Taylor, Gail Anne
Taylor, Shelly Bennie
Thapa, Blake Lee
Thompson, Brody Patrick
Thompson, Wyatt Dane
Thorpe III, George
Thorpe Jr., Ronnie Allen
Thorpe, Davie Mackenzie
Thorpe, Derrick James
Thorpe, Tai Robert
Thorpe-Brown, Patricia Ann
Tiger, Aaron Dewayne
Tiger, Anthony John
Tiger, Attison Elaine
Tiger, Cynthia Caylin
Tiger, John Charles
Tiger, Kaley Jean
Tiger, Waylen Michael Ray
Todd, Laurie Dawn
Tolbert, Jaleigh Rene
Torbett, Lori Ann
Turner, Georgie Ann
Tyner, Dwight A.
Upman, Ronald David
Vasquez, Jonathan Louis
Vasquez, Kayla Nicole
Vaughn, Nathan Michael
Voyles, Danielle Rose
Walker, Randall Dean
Walley, Erik Austin
Walley, Steve Allen
Warrior Sr., Lucian Jay
Warrior, Necon Andrew
Warrior, Watasha Nichole
Wasley, Lewis Daniel
Watkins III, Irvin Lee
Watson, Aaron Wayne
White, Nicholas Clay
Whitaker, Blake Matthew
Whitaker, Brantley Jai
Wicks, Raaquon DiMario
Wilkinson, Amy Marie
Wilkinson, Briar Arland
Williams #547504, Matthew Lee
Williams, Amber Ann
Williams, Angela Marie
Williams, Charles Scott
Williams, Darlene Kaye
Williams, Timothy J.
Williams, Timothy John
Williams, Christy Danielle
Wills, Cheyelle Adyson
Wilsone, Bridgette Nicole
Wilson, Cadense Raydale
Wilson, David Anthony
Wilson, Linda Sue
Wilson, Tanya Ann
Wilson, Terry Wayne
Wilson-Ongaco, Michelle Marie
Wolf, Christian Seminole
Wolf, Mariana Julianne
Wolfe, Fanya Gayle
Wood, Darla Sue
Woody, Derek Wayne
Wright, Michael Roosevelt
Wunderlin, Tyler Jay
Wyatt, William Thor
Yandell, Paisley Alexis
Yates, Kaitlin Cheynene

IOWA TRIBE OF OKLAHOMA VOCATIONAL REHABILITATION

TRANSITIONAL SERVICES

The Iowa Tribe of Oklahoma Vocational Rehabilitation (ITOV) Program has provided vocational services to Native Americans consumers since 1994, and transition services to students since 2004. For years, our goal has been to empower Native American with disabilities, consistent with their individual strengths, resources, priorities, concerns, abilities, capabilities, and informed choice, to prepare for the transition from school to work or post-secondary school.

PROGRAM
Transition Services help Native American high school junior and seniors with disabilities continue their education, train for a job and find a job after completing education.

You design your own customized Individualized Plan of Employment (IPE) with our help.

QUALIFICATIONS
• Are you an enrolled member of a federally recognized tribe?
• Are you a Junior/Senior in High School?
• Do you reside in our services area?
• Disability documentation from a Doctor, Physician, or Mental Health Provider noting disability and impediments?
• An IEP or 504 Plan may be accepted as proof.

SERVICES
• Counsel and Guidance about Training and Education after H.S.
• Assistive Devices (Heating Aids, Walkers, Eyeglasses, Learning Devices, etc.)
• Tuition Assistance
• Testing Fees (ACT/SAT)
• Work Clothing for New Jobs
• Career Assessments
• Physical or Mental Evaluations
• Resume Building, Interview Etiquette, etc.
• Other Various Services

CINNAMON TOWN SHERRY JAKE ANNA JASON JACI

ITOV provide their services to any member of a Federally recognized tribe residing in the seven counties as shown in this image.
HAPPY BIRTHDAY
Zeckias and Jessie Lee
Tony-R
O-Destiny

From BO & Henry

ALEX, 
HAPPY 60TH 
BIRTHDAY!!!

Robert Jimerson III
Happy Birthday!!!!
October 22, 1976
Love, your Sis,
Magan Jimerson

THUNDERBIRD CASINO
WWW.PLAYTHUNDERBIRD.COM

NORMAN
15700 E State Hwy 9 | Norman, OK 73026
405-360-9270

SHAWNEE
2051 S Gordon Cooper Dr | Shawnee, OK 74801
405-273-2679
Absenteer Shawnee Tribe says goodbye to long-time Tribal employee, Twyla Blanchard

August 30, 2018

Photo-(L to R) Sec-Raymond Johnson, Rep-Athedla Flechter, Gov-Edwina Butler-Wolfe, Twila Blanchard and Treasurer-Phillip Ellis.

In Loving Memory
Raymond Louis DeLodge

Blessed our family January 23, 1982
Left this earth September 5, 2018

The Family of Raymond Delodge Would like to thank the Absenteer Shawnee Tribe for all of their help with our loved one.

From the AST Maintenance, AST police, Social services, Sec John Johnson and family & friends that came out helped out in our time of need.

Nee/yaw/way
Thank you.

Share your Celebrations!!!

Call AST Media at 405-598-1279 or email your request to stiger@astribe.com by the 15th of the preceding month. Only 1 picture can be used per celebration.

If you choose to visit our office and we are not present, please leave your requests in the mail box.
The Afterschool Programs at Horseshoe Bend and on the Tribal Complex are up and running. We have hired some new tutors to help the children with homework and after school activities. HSB ASP is still accepting AST Students who attend North Rock Creek schools. ASP Shawnee is limited on the number of spots we have due to transportation limitations so we now have a waiting list for spots as they come available. We will be having fall festivities in the month of October and November.

The CCDF Subsidy Program is going through their recertification period. With the new CCDF final rule guidelines, we will now be doing 12 month eligibility periods instead of 6 months. This helps with continuity of care which the US Congress said was one of the keys in authorizing the bill. This allows families to continue with their provider in times of temporary changes and does not penalize the children for parent’s eligibility hurdles. Families are asked to report major changes that may positively affect their eligibility, for example if their income changes and their co-payment can be lowered then they report those changes. Information regarding the child care subsidy can be found on the astribe.com website under Services and then the Child Care tab. You can also email or call me if you have any questions at 405.432.8411.

Both Building Blocks centers are accepting waiting list applications. The centers will enroll as spots become available so they are constantly working to get children enrolled. Both centers are also taking applications for staff to include Teachers, Assistant Teachers and Floaters. If you know of someone who has experience in child care or is interested in a career in the field please ask them to fill out an application. We try to be competitive to the local child care providers in salary and benefits.

Our goals through the CCDF grant, Building Blocks enterprise and the After School Programs is to provide quality child care to Native and non-native children in our communities. We do this by our innovative ideas on curriculum and staying abreast of all training and requirements to maintain higher levels of care. We strive to be the best and be better than the best every day.

If you are interested in any of these programs or have any questions please feel free to contact me at the number above or by email, briana.ponkilla@astribe.com.

Ni yi wa! (Thank you)
Building Blocks III
October Newsletter
By Rebecca Jones
Interim Director

Building Blocks III has once again had a very busy month with some changes that have taken place. We have welcomed our new Interim Director, Rebecca Jones, with open arms. We are all looking forward to what the future may hold for us and may it come with happiness and great success.

In September, we held our Grandparent’s Day event for all of our wonderful grandparents. We had a great turnout! We served a variety of delicious foods. We certainly enjoyed getting to spend time with our grandparents and also getting to know more about our families we have here at Building Blocks III.

On September 15th, our staff is looking forward to attending the 2018 Fall Conference for OCCA. We wish them safe travels.

We will be having our fall festival on Friday, October 26th, 2018. The children will trick-or-treat the health complex and will then have their parties in their classrooms. We are also looking forward to hosting a Halloween Carnival at 4:00 pm.

With all our love,
Rebecca Jones, Interim Director
Stacy Battige, Assistant Director &
Building Blocks III Staff
Constitution Committee Study Group (CCSG) October Newsletter Report

By Kathy Deere, Vice-Chairman
shwneturtle@gmail
Phone: 405-637-8248

GREETINGS:
The Constitution Committee Study Group (“CCSG”) Monthly meeting will be held monthly every fourth Sunday. Next meeting will be October 28, 2018, at 3:00 p.m. at the Little Axe Community Building, AST members are welcome to attend. We appreciate all the questions and comments! CCSG website is available at https://astccsq.squarespace.com. The intent is for the AST members to be informed concerning CCSG meetings, minutes, budget, and community meetings. If you have comments, questions, suggestions, you can visit our website for the informational updates on the progress. At the printing of this article, we met four (4) times for the month of September. We have met three (3) on Tuesday nights and a regular paid stipend meeting of $75.00. All other meetings are volunteered time in order to complete 2018 draft constitution for the attorneys’ review.

The AST Constitution Committee Study Group (“CCSG”) Community Meeting has held three (3) meetings. First community meeting met on Thursday, August 16, 2018, at 6:30 p.m. at the AST Multipurpose Health Building, Shawnee, Oklahoma. Maybe because of the weather, we didn’t have too many members attend! We appreciated the ones, who did show up and gave us a few comments and questions.

Second Community meeting was held at the AST Resource Center, Thursday, August 26, 2018, 6:30 pm, LA Resource Center, Little Axe, OK. Total of 30 people came out and we appreciate all the questions that were asked. Will put the questions and answers on the CCSG’s website: https://astccsq.squarespace.com

The third will be held in Tulsa, Oklahoma. As of this printing, we haven’t had the community meeting yet.

A PowerPoint presentation along, with current constitution, draft legislation Organizational chart, and frequently asked questions is available on the CCSGs website at https://astccsq.squarespace.com

Special thanks to Lt. Governor’s Office in providing the refreshments for the second meeting and support! Also, want to thank Governor Butler-Wolfe for providing the refreshments for the Tulsa Community Meeting.

The following items were discussed at our CCSG monthly meetings:
• Legislative tour with the Chickasaw Nation postponed until October due illness.
• Referendum Vote on removing the BIA, Secretary of Interior, Two (2) articles in the constitution. This needs to be done to revise the AST Constitution to separate the Legislative and Executive branches. The draft resolution was presented to the Executive Committee Members monthly meeting, Wednesday, 10-19-18. The ECs next step is to submit paperwork to BIA for the Secretary Election.
OCTOBER IS BULLYING PREVENTION MONTH

BULLYING AWARENESS AND PREVENTION FACTS

- The time is now to recognize that bullying has gone on too long and too many have suffered as a result.

- More than one out of every five students will be bullied this year, chances are this is happening to someone you know and care about.

- Bullying is a communitywide issue that must no longer be ignored or thought of as a rite of passage.

- Every Child has the right to feel safe and supported.

- Bullying directly affects a students ability to learn. Students who are bullied often do not want to go to school. They often find it difficult to concentrate, show a decline in grades, and lose self-esteem, self-confidence, and self-worth.

- Students who are bullied report more physical symptoms, such as headaches or stomachaches, and mental health issues, such as depression and anxiety, than other students.

- In some cases, bullying has led to devastating consequences, such as school shootings and suicide.

- Bullying affects witnesses as well as targets. Witnesses often report feeling unsafe, helpless, and afraid that they will be the next target.

- Students who bully can also be negatively affected, showing higher rates of physical and emotional health issues.

- Bullying is not only devastating while its happening, research shows that the negative effects last a lifetime.

- Students can be especially effective in bullying intervention. More than 55 percent of bullying situations will stop when a peer intervenes. Student education of how to address bullying for peers is critical, as is the support of adults.

- Silence is no longer an acceptable response to bullying. Adults, students, and educators can no longer look away when they see bullying. Ignoring it won’t work. Everyone needs to be empowered with options to respond.

- Every person’s action matter, we all have a role to play. Create a world without bullying by uniting for kindness, acceptance and inclusion.

For more information about bullying please visit http://www.pacer.org/bullying
Cultural Preservation Report

By Suhaila Nease

GRANT INFORMATION
We have not been awarded any new grants at this time.

EVENTS
September 11, 2018 - Shawnee Language Class – AST Health Multipurpose Building
September 17, 2018 – AST Elders Field Trip to the Eastern Shawnee Tribe’s History Summit at the Indigo Sky Casino in Wyandotte, Oklahoma

TRAININGS/MEETINGS
August 28-29, 2018 – The Osage Nation in Pawhuska, OK hosted a meeting with the Mark Twain National Forest and several Oklahoma tribes regarding a Programmatic Agreement for Section 106. CP Director attended.
September 4-5, 2018 – The Eastern Shawnee Tribe in Wyandotte, OK hosted a meeting with the Cincinnati Museum Center and several Oklahoma tribes for a follow up NAGPRA consultation. The CP Director and the Tribal Representative attended.
September 10-14, 2018 – The National Association of Historic Preservation Officers held their annual conference in Suquamish, WA. The CP Director and the Tribal Representative attended.
September 18, 2018 – Quarterly conference call with the USFS R9 Tribal Homelands Workgroup. The CP Director joined the call.

GIFT SHOP
The Gift shop is awaiting the last few shipments of inventory items just in time for the holidays. We offer layaway plans and employee charges. CP staff is actively working on a gift shop expansion into the Little Axe Health Clinic. We will keep everyone posted on dates. We are hopeful to be up and running by the holidays.

LANGUAGE PRESERVATION
It is our mission to provide opportunities that will ensure our tribe’s language survives for future generations. CP is actively researching language grants for 2019. A grant will provide a monetary advantage that can assist our work toward preserving and protecting our language.

WHAT’S COMING UP
• Planning activities for Native American Heritage Month
• Seeking tribal members interested in seasonal heritage paraprofessional work in the U.S. Forest Service
• The U.S. Army in search for families of children buried at Carlisle

Shawnee Language Class
September 11, 2018 - The Cultural Preservation Department hosted a language class at the Health Multipurpose Building in Shawnee. The instructor was Shawnee tribal member, Eric Wensman. AST Diabetes & Wellness Program provided healthy snacks for the class. We are currently working on a schedule to conduct these classes on a regular basis. Please watch for updates.

Heritage Paraprofessional Training
May 2018 - The Absentee Shawnee Tribe’s Cultural Preservation staff members, Suhaila Nease and Ashley Brokeshoulder, participated in the U.S. Forest Service Heritage Paraprofessional Training that was hosted by the Shawnee Tribe in Miami, OK.

Employee Spotlight
Our Gift Shop, Merry Rodriguez, has worked for the Tribe since May 2016 and has been a great addition to our department. Her job as Gift Shop Manager involves everything from sales, advertising, and inventory. Her main focus is to ensure customer satisfaction and to generate revenue for the tribe.

Merry maintains direct communication with our various vendors for merchandise purchasing. She logs and tracks all incoming and outgoing inventory in order to gage our profits and losses for the shop. She reports all daily sales to the finance department through an excel spreadsheet. All of this information is also input in our Point of Sale software which she also utilized for reporting.

One of her greatest strengths is customer service. Many of you have had the pleasure to visit with her in the shop and are aware of her pleasant demeanor. She is always willing to assist and go above and beyond for her customers. She is happy to take requests from tribal members on what they want to see in the shop.

In addition to working as Gift Shop Manager, she also oversees the department staff when the director is out of the office. She is familiar with the day to day processes and ensures the department is operating as it should. She also offers insight on the planning stages of all cultural classes and is always willing to help out where she is needed.

Please watch for upcoming events in our Tribal newsletter and on the web. Stop in and check us out! Let us know how we can serve you. Please contact Merry at:
mrodriguez@astribe.com 405-275-4030 Ext. 6310
Absentee Shawnee Housing Authority

2018 PROGRAMS

- Low Rent Housing
- Lease to Own Housing
- $5,000 Down Payment & Closing Assistance – AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

WOMEN'S HEALTH SERVICES

There is a welcoming place for women.

Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don’t take care of you? Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73066
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850 • 1.877.878.4702 (Toll-free)

Let your voice be heard.

Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73066
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73062
405.447.0477
JOIN US FOR A COMMUNITY SAFETY

HALLOWEEN CARNIVAL

GAMES AND ENTERTAINMENT FOR KIDS

OCTOBER 26
4:00PM TO 6:00PM

Absentee Shawnee Tribe
2025 S. Gordon Cooper Drive
Shawnee, OK 74801

concession stand prizes free entry

COSTUMES ENCOURAGED!
OPEN TO PUBLIC
Irene Belyeu grew up living next to the Ellis Family, Absentee Shawnee members. Her memories include the friendship of Charlie Ellis and her brother, Russell, who spent time together walking to school, hunting, and playing games.

When they grew up, Russell moved to California, where he worked on farms and shipyards. He eventually joined the Army and died fighting in WWII. Charlie Ellis named his son “Russell” in his honor.

Remembering the Ellis family and other Absentee Shawnee friends, Irene obtained the book: Civilization, and the Story of the Absentee Shawnee, and has chosen to donate it to the Absentee Shawnee Tribe.

The book gives a snapshot of Absentee Shawnee history and culture from the perspective of Thomas Wildcat Alford, the great-grandson of Chief Tecumseh.

Civilization is now available in the Absentee Shawnee Library at the tribal complex.
The Procurement office continues our efforts in keeping the day to day activities flowing efficiently and effectively through communication. We are staffed with 3 great hard working individuals that each brings different skill sets to the department.

Amy Guffey is our Procurement Clerk II, she is responsible for all Travel, Registration and Bookings. She comes from a background of management in travel with her previous employer.

Tara Battise is our Procurement Clerk I, her responsibilities consist of everyday purchasing, receiving and inventory of products. Please feel free to contact her for all your purchasing needs.

Misty Griffith is our new Procurement Director; she brings her knowledge of Finance, Business and negotiations to help ensure a productive cycle within the Procurement Department. Once again we would like to thank the Executive Committee and all the Departments for their support and understanding in efforts to stay on top of the constant flow of business.

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**Wellbriety Group Meetings**

**Facilitator:** John Soap, LPC

**Every Thursday 5:30pm - 6:30pm**

**Shawnee Multipurpose Building**
east of the Shawnee Clinic, Bldg. 16

For further information, contact:
Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987
ATTENTION TRIBAL MEMBERS!!!

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID’s only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID’s in the mail. If you have any questions, please call (405) 275-4030, ext. 6225 or 6255.

THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties: Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at www.astribe.com and at the OEH&E building.
Taxes

FY-2018 YTD TAX COLLECTIONS (through 08/31/2018)

<table>
<thead>
<tr>
<th>TAX CATEGORY</th>
<th>JANUARY</th>
<th>FEBRUARY</th>
<th>MARCH</th>
<th>APRIL</th>
<th>MAY</th>
<th>JUNE</th>
<th>JULY</th>
<th>AUGUST</th>
<th>SEPTEMBER</th>
<th>OCTOBER</th>
<th>NOVEMBER</th>
<th>DECEMBER</th>
<th>YEAR-TO-DATE TOTAL</th>
<th>% OF TAXES COLLECTED</th>
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<tbody>
<tr>
<td>Sales (6%)</td>
<td>$6,955.22</td>
<td>$128.33</td>
<td>$20,250.34</td>
<td>$16,709.62</td>
<td>$1,001.46</td>
<td>$11,720.63</td>
<td>$6,189.49</td>
<td>$288.07</td>
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<td>$0.00</td>
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<td>Gaming % of free cash</td>
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<td>$300,000.00</td>
<td>$200,000.00</td>
<td>$150,000.00</td>
<td>$150,000.00</td>
<td>$200,000.00</td>
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<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$1,500,000.00</td>
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<td>Employee (1%)</td>
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<td>$11,506.02</td>
<td>$13,835.58</td>
<td>$15,173.37</td>
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<td>$15,069.86</td>
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<td>$0.00</td>
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<td>$0.00</td>
<td>$91,922.09</td>
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<tr>
<td>Severance (8%)</td>
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<td>$3,384.15</td>
<td>$2,620.73</td>
<td>$2,103.29</td>
<td>$1,865.19</td>
<td>$680.38</td>
<td>$592.41</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
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<td>$0.00</td>
<td>$15,765.88</td>
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<td>Motor Vehicle</td>
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<td>$16,890.16</td>
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<td>$4,026.41</td>
<td>$3,903.11</td>
<td>$6,090.62</td>
<td>$6,785.14</td>
<td>$4,695.91</td>
<td>$9,716.49</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$0.00</td>
<td>$46,147.67</td>
<td>2.36%</td>
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TOTAL TAXES | $224,480.43 | $338,038.36 | $258,632.85 | $240,030.07 | $193,806.68 | $227,467.48 | $240,418.61 | $228,614.98 | $0.00 | $0.00 | $0.00 | $0.00 | $1,951,489.46 | 100.00% |

Miscellaneous | $122.50 | $142.65 | $298.25 | $208.00 | $298.25 | $171.00 | $137.26 | $157.65 | $0.00 | $0.00 | $0.00 | $0.00 | $1,535.56 | 0.08% |

Absentee Shawnee Tribe Tax Commission
2025 S. Gordon Cooper Drive
Shawnee, OK 74801
(405) 275-4030 • Fax: (405) 214-4225

New Registrations
- Valid Oklahoma Driver’s License
- Valid Oklahoma Insurance
- CDIB/Enrollment Card
- Notarized Title
- Notarized Bill of Sale or Purchase Agreement
- Lien Entry Form (if you are making payments)
- Lien Release Form (if previous owner had lien)

*TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS*

Note: You may be asked to provide supporting documentation for verification purposes.

Renewals
- Valid Oklahoma Driver’s License
- Valid Oklahoma Insurance
- CDIB/Enrollment Card
- Previous Years Registration

Anyone may come renew the vehicle as long as they have the above listed documents for the tribal member

Tag Prices

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<th>Price</th>
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<tr>
<td>9-12</td>
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</tr>
<tr>
<td>13-16</td>
<td>$35</td>
</tr>
<tr>
<td>17+</td>
<td>$15</td>
</tr>
</tbody>
</table>

Penalty

$0.25 a day

Absentee Shawnee Behavioral Health
Strength of Tradition Project

Funded through SAHMSA Native Connections Grant in providing support by:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about this program, please contact us!

Linda Gouge
Grant Coordinator
(405) 701-7988

Victoria Andrews
Grant Assistant
(405) 701-7995

Little Axe Health Center
Li-Si-Wi-Ni Health, Inc.
15951 Little Axe Drive
Norman, OK 73026

This flyer was developed under a grant number 2SM080181 from the Substance Abuse and Mental Health Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS.
Enrollment Updates:

Enrollment has relocated to building 1 second floor.

- The Enrollment department has obtained a new director, Erica Masquat, and new enrollment Specialist Fallon Jackson. WIA worker Kamryn Pritner can also help assist tribal members in our department.
- We ask in joining with other departments that you update all information that pertains to your new tribal CDIB card with Enrollment.
- Please Direct all Per Cap inquiries to the Enrollment office from now on. Enrollment will aid with 2005/2006 Trust Fund Per Cap, and 2016 Rama Per Cap. See enrollment’s web page for applications and W-9 Form.

Please help enrollment keep all information current. Update your address, photo, phone number, and CDIB Card.

A Little Note from The Tag Office

Did You Know.....

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.
Greetings my fellow AST Tribal Members,

My sending this important statement is in regards to our Executive Committee members’ responsibilities. I would like to make you, as an AST member, aware of this.

My feelings for the Lt. Governor’s responsibility is that he/she is to work closely with our Tribal Governor to discuss new business ventures to present to the Executive Committee members and decide as a GROUP on any major items. The Governor then at his/her discretion should be knowledgeable enough to approve/disapprove these business ventures.

The Representative should be concerned about our Tribal Elders’ needs and relay findings to the proper programs. Visitation should be made to the elders’ homes/hospitals/nursing homes or wherever they may be residing, NOT finding and implementing new programs/ventures. This should be left to the Governor and Lt. Governor, with the ultimate decision made by the Governor.

The Treasurer should be taking care of Tribal finance and provide needed financial aid for programs that are ALREADY in place with approval from all Executive Committee members.

The Secretary should take minutes from the Executive Committee meetings. When a meeting is convened, old minutes are read to discuss old business BEFORE any new business is presented.

Thank you AST Tribal members for taking the time to read this and letting me voice my opinion.

A Very Concerned AST Tribal Member
Office of Environmental Health

Brownfield Response Program

What is a Brownfield?

The EPA defines a brownfield site as “...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land.”

Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- Burned Homes
- Buried Dump Sites
- Open Dump Sites
- A Large Amount of Tires
- Former Cattle Dip Pit Sites
- Barrels of Unknown Substances
- Old Service Stations
- Oil Storage Facilities
- Oil/Gas Well Sites
- Old Dry Cleaning Businesses

If it’s possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects
www.facebook.com/ast.environmental.programs
Life Saving Skills

Linda Day
Emergency Management Coordinator
Police Dept: 405-275-3200
Cell: 405-740-1562
lday@astribe.com

www.Ready.gov encourages awareness about common household hazards and encourages families and communities to prepare for and protect against disasters and severe weather events by learning Life Saving Skills.

What You Should Know About Life Saving Skills

- Know basic preparedness skills to protect your family and home.
- Eliminate common electrical and fire hazards around your house and property.
- Install smoke, carbon monoxide, and natural gas alarms and test them monthly.
- Teach children what to do when they hear smoke, carbon monoxide, and natural gas alarms.
- Place natural gas detectors on every level of your home and test them monthly.
- Know how to turn off utilities like natural gas in your home.
- Talk to your landlord or building manager about evacuation routes and fire safety.
- Develop and practice a family communication plan and discuss it with your family.
- Have emergency supplies in place at home, at work, and in the car.
- Pay attention to alerts and warnings.

Time and Place:

- Report Power Outage
- State of Oklahoma Road Conditions
- Report Road Conditions

www.Ready.gov encourages awareness about common household hazards and encourages families and communities to prepare for and protect against disasters and severe weather events by learning Life Saving Skills.

What You Should Know About Life Saving Skills

- Know basic preparedness skills to protect your family and home.
- Eliminate common electrical and fire hazards around your house and property.
- Install smoke, carbon monoxide, and natural gas alarms and test them monthly.
- Teach children what to do when they hear smoke, carbon monoxide, and natural gas alarms.
- Place natural gas detectors on every level of your home and test them monthly.
- Know how to turn off utilities like natural gas in your home.
- Talk to your landlord or building manager about evacuation routes and fire safety.
- Develop and practice a family communication plan and discuss it with your family.
- Have emergency supplies in place at home, at work, and in the car.
- Pay attention to alerts and warnings.

You Are the Help Until Help Arrives

Learn 5 simple steps that may save a life:
- Call 9-1-1 – Stay Safe
- Stop the Bleedings
- Position the Injured
- Provide Comfort

Why get involved when someone is badly injured?
According to a recent National Academies of Science study, trauma is the leading cause of death for Americans under age 46. Life-threatening injuries require immediate action to prevent an injured person from dying. Those nearest to someone with life-threatening injuries are best positioned to provide first care.

Teachers

Knowledge Empowers!
Are you and your students ready for an emergency? Read.gov for kids has safety tips for the classroom. Curriculum is available to download. Students can play games and learn, and they can test their emergency know-how when they find themselves in the heart of the action and seek out items for their own emergency kit.

Embedded with real-world connections, these multidisciplinary lessons teach what to do before, during, and after an emergency while fostering critical 21st-century skills such as problem solving, teamwork, creativity, leadership, and communication.

Download this supplemental curriculum for grades 1-12 and engage your students with three lessons of inquiry-driven, project-based, and differentiated learning activities aligned to core subject standards.

EMERGENCY NUMBERS

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| TRIBAL POLICE | 405-275-3200 |
| TRIBAL EMERGENCY MANAGER | 405-740-1562 (Cell) |

| SHERIFF | 405-273-1727 |
| CITY POLICE | 405-273-2127 |
| CITY EMERGENCY MANAGEMENT | 405-273-5272 |
| COUNTY HEALTH DEPT. | 405-273-2157 |

| SHERIFF | 405-701-8888 |
| CITY POLICE | 405-321-1600 |
| HEALTH DEPT. | 405-749-1591 |

| OG&E | 405-272-9595 |
| CANADIAN VALLEY | 1-800-522-6870 |

| DEPT. OF ENVIRONMENTAL QUALITY | 405-382-3680 |
| HIGHWAY PATROL | 1-800-522-0206 |

| Police, Fire, Ambulance |
| State of Oklahoma |
| Absentee Shawnee |
| Absentee Shawnee |
| Pottawatomie County |
| Shawnee |
| Shawnee |
| Pottawatomie County |
| Cleveland County |
| Norman |
| Cleveland County |
| Report Power Outage |
| Power Outage |
| State of Oklahoma |
| Road Conditions |
Spookytown Map
The residents of Spookytown are planning for a fun Halloween night. Help them tell their friends where all of events are located. Don’t forget to write your answers in Shawnee!

1. Mr. Crow’s Pumpkin Patch is ________________________________ of The Witches’ Brew.

2. Frankenstein’s House is ________________________________ of Zombie Dance Hall.

3. The Zombie Dance Hall is directly ________________________________ of Mr. Crow’s Pumpkin Patch.

4. The Witches’ Brew is ________________________________ of Frankenstein’s House and ________________________________ of Mr. Crow’s Pumpkin Patch.

English  Shawnee
North ya pa po ne ka ke (yay-pay-pohn-kay-kee)
South ya li wi qa ke (yay-lah-wah-quay-kee)
East ya ti ko fi ke (yay-tah-koh-thah-kee)
West ya pi ke se mo kee (yay-pahk-see-moh-kee)
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