



THE

OFFICIAL NEWSPAPER OF THE ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA

Absentee Shawnee News



May 2020

www.astribe.com

Volume 31, No. 5



li si wi nwi
"Among the Shawnee"

NOTICES

85th
Semi-Annual
General Council Meeting
POSTPONED

★ ★ ★
VOTE
JUNE 20th
2020

COVID-19
UPDATES
AStribe.com

AST Health System
now is providing a 24/7
AST Health System
24 hour LIVE Corona
Virus (COVID-19)
Information Number:
(405) 695-1787 to help
tribal members



STAY HOME.
STAY SAFE.
STAY INFORMED.



Closed Until
May 11 2020

TIGER REUNION

Due to the Covid-19 virus, we have changed the date of our reunion to June 21, 2020. At the same place, Little Axe Shelter at Thunderbird lake. Will send out another reminder in June. Hope to see everyone then.
Thank you, Jan Maxwel

All Cultural Preservation
activities have been canceled
until further notice.

Thank You

Carol Butler

Cultural Preservation Director

Thank You Heros!



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



On behalf of the AST Health System, we would like to offer gratitude to our front line Healthcare Heroes, also the AST Police Department and Emergency Management for the collaborative effort to continue providing needed services to our community during the Coronavirus pandemic. We appreciate you and Ne-Yi-Wa (Thank You) for all that you do!

IN THE TRIBAL COURT OF THE
ABSENTEE SHAWNEE TRIBE

In re Primary Election of March 21, 2020

Case No. CIV-2020-01

ORDER

Before the Court is the Absentee Shawnee Tribe Election Commission's Emergency Motion for Declaratory Order Allowing One Election for the 2020 Elections. The Court FINDS the COVID-19 pandemic and positive COVID-19 cases in central Oklahoma create good reason for requiring the Election Commission to conduct only one election this year on Saturday, June 20, 2020 with the candidate receiving the most votes in each race being declared the winner. For good cause shown, the Court ORDERS the Election Commission to conduct one election this year on Saturday, June 20, 2020 with the candidate receiving the most votes in each race being declared the winner.

Judge Mat Thomas
Absentee Shawnee Tribal Court

April 8, 2020

Election Commission
met in their regular monthly meeting and voted to VOID all paperwork and ballots from the Primary Election that was suppose to be held in March but was cancelled due to Pandemic. We will continue on to the Annual Election and ALL CANDIDATES will advance and appear on ballot again. This Annual Election is still scheduled for June 20th, the 3rd Saturday of the month. If you will not be able to vote in person please make sure you submit for an absentee ballot request before deadline of Sunday, May 31st.

All Absentee Ballots must be received in mail by June 19th, Friday at 5:00pm day before Election.



John Johnson
GOVERNOR



Kenneth Blanchard
LT. GOVERNOR



Ezra DeLodge
SECRETARY



Phillip Ellis
TREASURER



Atheda Fletcher
REPRESENTATIVE

Governor’s
REPORT

John Johnson
AST Governor

Hello AST Members,

As we all continue to do our part to prevent the spread of COVID-19, I wanted to take a moment to reassure you that my primary goal as AST Governor is to protect and serve our people. I will remain steadfast in that objective. This pandemic is the first of its kind and is disrupting everyone’s daily lives. Your patience as we make decisions impacting the welfare of the Tribe is very much appreciated.

As a tribal government, we have protocols and procedures in place, and we have prepared for these types of situations. Our response has been swift and efficient, and I am tremendously grateful to our employees. However, I would also like to thank our members for your courage during these trying times as well.

I’ve watched volunteers come together to ensure our Elders are cared for. I’ve watched families assisting other families in locating groceries and other items. I’ve witnessed dozens of individuals sew homemade masks to protect our high-risk populations. I’ve seen our dedicated frontline workers enter the health facilities with the knowledge they could very well come in contact with the virus. There are many more examples I could give of the compassion and care I’ve been fortunate enough to witness. I’m always proud to be Absentee Shawnee but witnessing these acts of kindness and bravery have been nothing short of inspiring. I want to sincerely thank our members and our employees for your spirit of service. Please continue checking on your family, friends and loved ones – just do so by following the recommended precautions.

Over the next several weeks, Oklahoma will enter the peak of this virus. We must continue to act to stay healthy. I urge you to follow the Center for Disease Control’s guidelines and continue to isolate yourselves from others when you can. Please be aware and safeguard yourself and your family from this invisible threat.

I’m hopeful that we can reopen the complex and get back to business as usual very soon. Again, our primary objective is the safety and health of our employees and our members – that will be the primary concern when making our decision.

Our emergency management response team and I will continue to meet daily to monitor the situation. Please continue to check Facebook or the AST website for regular updates on the situation. Again, use caution, stay safe, and remember...we are stronger together.

Representative’s
REPORT

Atheda Fletcher
AST Representative

Greetings Tribal Members:

I hope this newsletter finds you and your family in good health and staying safe during this time. Over the last several weeks I have been working hand-in-hand with the Governor and staff to monitor the COVID-19 situation. We are certainly at a time where an event like this was not planned for or ever experienced previously. There is no playbook for this kind of event. As a leader, my main focus is on the protection of our tribal members and our employees while maintaining our government operations and keeping a steady eye on urgent matters for each of the departments for which I have oversight. I strive each day to take the right steps toward tomorrow to benefit stability for our tribal operations. Much is at stake and every step I take as a leader matters. The operational and financial impacts resulting from the disruption of our business functions and processes include: 1) lost sales and income, 2) increased expenses, 3) delay of business plans and more. These are areas I continue to monitor and with each decision, I keep these in mind to ensure that our Tribe

stays sustainable. Despite all of this, I am positive about our path forward, I believe that our recovery plan will be solid and a comprehensive assessment of our current state will provide a basis for informed decision making to move our tribe forward and past this challenging event.

Summary of Activities

I continue to monitor the needs and status of each of the departments (Human Resources, Cultural Preservation, Gaming Commission, Management Information Services) for which I have oversight. Each of these departments’ staff, have continued to deliver during this challenging time. Their dedication and commitment is unwavering!! They continue to perform the critical work required to keep operations going and as much as possible, the day-to-day work.

I also am assisting our Tribe in dealing with the COVID-19 response efforts. Our Emergency Management Response Team has met daily to discuss and implement procedures that mitigate the spread of the virus. We are working collectively on the submission of federal applications for COVID-19 response reimbursement

funding and other programs. I can assure you I am doing everything I can to ensure that the Absentee Shawnee Tribe receives our portion of federal funding.

I have tentative plans to resume the VITA FREE TAX SERVICE around the first of June for a two week period provided an “ALL CLEAR” notice is issued. We will use the same time schedule as before, i.e. Thursdays and Saturdays. If you would like to schedule an appointment, please contact Jennifer Campbell, Phone: (405) 915-3322 to schedule a time. All safety protocols will continue to be observed.

While the complex may currently be closed to visitors, we are still fully functioning to provide support to our tribal members, employees and business operations. I am dedicated to this office, our tribal members and employees and will continue to support the tribe through my administration. If you need assistance through this pandemic or have questions, please do not hesitate to reach out through email or phone call.

In closing--In time, this sci-fi moment will fade. But the memory of the choices we made and how we showed up as a leader while it was here, won’t!

IF YOU HAVE BEEN EXPOSED
OR CONCERNED YOU MAY
HAVE BEEN EXPOSED TO
CORONAVIRUS (COVID-19) PLEASE

HELP US



CORONAVIRUS (COVID-19)



The AST Health System is NOT
a Coronavirus (COVID-19) testing site.

1. Stay home

2. Separate yourself from other people and animals in your home.

3. DO NOT go to the clinic without first calling and letting them know that you have concerns of COVID-19.

4. Wear a facemask if you are sick.

5. Cover your coughs and sneezes

6. Clean your hands often—wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food. Use hand sanitizer if soap and water are

not readily available (alcohol-based hand sanitizer with at least 60% alcohol).

7. Avoid sharing personal household items

8. Clean all “high-touch” surfaces

9. Monitor your symptoms—seek medical attention if your illness is worsening (e.g., difficulty breathing). Please remember to call your health care provider prior to presenting to the healthcare facility to get instructions on how/where to enter the building. Wear a mask upon entering.
- Coronavirus (COVID-19)
Call Center:
1-877-215-8336

AST 24-Hour Conronavirus (COVID-19)
Information Number: (405) 695-1787



April, 2020

FOR IMMEDIATE RELEASE

NEW *SIMPLY SAFE* ACCOUNT OFFERED BY ALLNATIONS BANK

AllNations is proud to announce the launch of a new personal bank account product: the ***Simply Safe Account***. The ***Simply Safe Account*** has recently met the BankOn National Account Standards as certified by the Cities for Financial Empowerment Fund. The fund encourages banks to offer low cost accounts that eliminate unexpected charges such as overdraft fees. Only accounts that meet strict standards are certified and can display the BankON logo. AllNations is the first Native American-owned bank in the nation to offer this service. The ***Simply Safe Account*** is now available throughout our service areas in Canadian and Pottawatomie counties, and AllNations is coordinating our product roll-out efforts with the Native BankOn ONAC initiative of the Oklahoma Native Assets Coalition, Inc. (ONAC).

AllNations Bank hopes to assist all interested consumers to better achieve their financial goals through opening and using the ***Simply Safe Account*** with FDIC Insurance that provides an account owner with all the necessary tools for an easy and safe banking experience and helps to avoid unexpected charges. Banking tools and features available with the ***Simply Safe Account*** include:

- Free Online Banking with Bill Pay
- Free Online Bank Statements
- Free direct deposit
- Free ATM Debit Card and ATM use at AllNations Bank facilities
- Low minimum required for a first deposit
- Low monthly maintenance fee
- No minimum balance fees
- No overdrafts, so no related insufficient fees

To open a ***Simply Safe Account***, go to the AllNations Bank branch nearest you. For more information about the account, or for information on how to launch an account opening event for your employees or clients, contact Norma Anderson at AllNations Bank, nanderson@anbok.com or Karen Edwards, Manager, Native BankOn ONAC at kedwards@oknativeassets.org. AllNations Bank has proudly served the businesses and citizens of Calumet and Canadian Counties in Oklahoma for over 110 years. AllNations was first chartered in 1901, under the name First National Bank of Calumet, in Calumet, Oklahoma. The bank became State Chartered in 2004, changing the name to AllNations Bank, and opened a second branch in Shawnee, Oklahoma in 2011. AllNations Bank is owned by the Absentee Shawnee Tribe of Oklahoma.

AllNations Bank offers a range of products and services to meet today’s consumer needs, including a variety of checking and saving account options as well as loans for families, businesses and farms.

AllNations Bank

Need a safe bank account with low fees?

AllNations Bank is proud to introduce its new Simply Safe Account. We partnered with the Oklahoma Native Assets Coalition, Inc. (ONAC) to establish this account that makes banking accessible to everyone. AllNations is the first Native American owned bank to offer this account which is a certified Bank On account by The Cities for Financial Empowerment Fund.

Simply Safe Account features include:

- Low balance to open
- Low monthly fee
- Free direct deposit
- Free debit card
- Free online banking, bill pay & mobile app
- Free online monthly statement
- No overdraft fee (This is a check-less account. Account transactions are limited to Debit Card and ATM transactions, Online Bill Pay, Online or Mobile banking transfers.)

For any other questions about the Simply Safe Account features and benefits, please call AllNations Bank at 405-273-0202. Or go to our website www.anbok.com to download a new account application form and start banking with your Simply Safe Account today!



**2023 Gordon Cooper Drive
Shawnee, OK 74801**

FDIC Insured



Title VI and Diabetes & Wellness Staff prepare weekly meal distribution for our homebound elders and meal participants.



PRESS RELEASE

Contact: Tylene Nolan, Coordinator COEDD Area Agency on Aging
405-273-6410 Ext 130 or 1-800-375-8255

Re: Caregiver Support Services
OK Respite Resource Network (ORRN)
SFY – 2019-2022

FOR IMMEDIATE RELEASE
Caregiver Support Services

Caregiver Stress is a growing concern among persons who provide care to another on a long-term basis. Respite, which is a break or time away from the care recipient, can help alleviate some of the stressors that lead to Caregiver Stress or “Caregiver Burnout.” COEDD Area Agency on Aging recognizes the need for respite services for Caregivers and supports the ORRN program. ORRN is a partnership of public and private agencies working to improve support for families and caregivers. COEDD Area Agency on Aging receives funding through the National Family Caregiver Support Program funded by the Older Americans Act and puts this money into the ORRN program.

If you are a caregiver for someone age 60 or older, COEDD urges you to apply for this program. The program is also open to grandparents raising grandchildren if the grandparent is age 55 or over and the grandchild is age 18 or under. If you are approved for the ORRN program, you will be eligible to receive funding in the form of vouchers that can be used for respite care for your care recipient. You receive vouchers for a total of \$400 that are good for a three-month period. Once approved, a caregiver can apply for and receive vouchers every three months if funding is available.

As a caregiver, you can use the vouchers to hire someone of your choosing to give you a break from caregiving. Caregivers can use the vouchers in a manner that best meets their personal needs. They can be used to run errands, spend an evening at the movies, to take a short vacation, to participate in recreational activities, or to just catch up on much needed rest. Caregivers may select a family member, neighbor, friend or other qualified individual to serve as a respite provider, as long as the person selected is 18 years of age or older and does not reside in the home of the caregiver or care recipient. Some Adult Day Centers, Nursing Homes, and personal home care providers accept the ORRN vouchers.

If you want to apply for the ORRN vouchers and live in Hughes, Lincoln, Okfuskee, Pawnee, Payne, Pottawatomie, or Seminole counties, please call 405-273-6410 Ext. 130 or 1-800-375-8255.



Hi ke ho wa se li si mi mo? (How are you doing?)

It is my hope and prayer to the Creator that each and every one of you are doing well and staying healthy in the midst of this health pandemic. I have witnessed, watched and read so much about the caring spirit towards our fellow man, I hope everyone’s acts of kindness and compassion continues beyond this crisis.

This pandemic has exposed gaps at the federal level. Some federal agencies are meant to protect the health and safety of the general public, unfortunately, these gaps are having a trickle-down effect into our vulnerable Native communities. It has been publicly stated that this health event has been a collective failure, creating chaos within our economic and social safety nets. This should bring us all to the table to discuss ideas of the re-investment of our efforts in creating and expanding tribal services for our AST people.

Tribes, in general, due to health disparities are considered high risk populations and for that reason alone tribal governments must be intentional in their planning of projects and use those monetary benefits of derived income for the purpose of protecting and servicing our tribal membership. We must build up our people and create a robust tribe that our people can rely on. There are lessons to be learned from this global pandemic because this could happen again.

I must acknowledge that Native people, especially Absentee Shawnees, are resilient and have endured encroachment, sickness and war throughout history. We shall overcome this too.

Ka k’ge ta la ti ke yi (Take care of yourself.)

Alicia “Aly” Edwards Miller, MSM, MBA

Candidate for Tribal Representative
Saturday, June 20, 2020

Looking for Foster Parents



“SHARE YOUR HEART,
SHARE YOUR HOME”

AST ICW is looking for those who have a loving heart to become foster parents. If you are interested in becoming a foster parent please contact AST ICW at 405-395-4490 for more information

Need to talk? Get free help by calling
1-844-7NATIVE (762-8483)
available daily from 7 a.m. to 10 p.m. CST.
Callers reaching out after hours may connect with the
National Domestic Violence Hotline by selecting option 1.
Trust. Speak. Heal. Together. | strongheartshelpline.org

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COVID19

CORONAVIRUS DISEASE

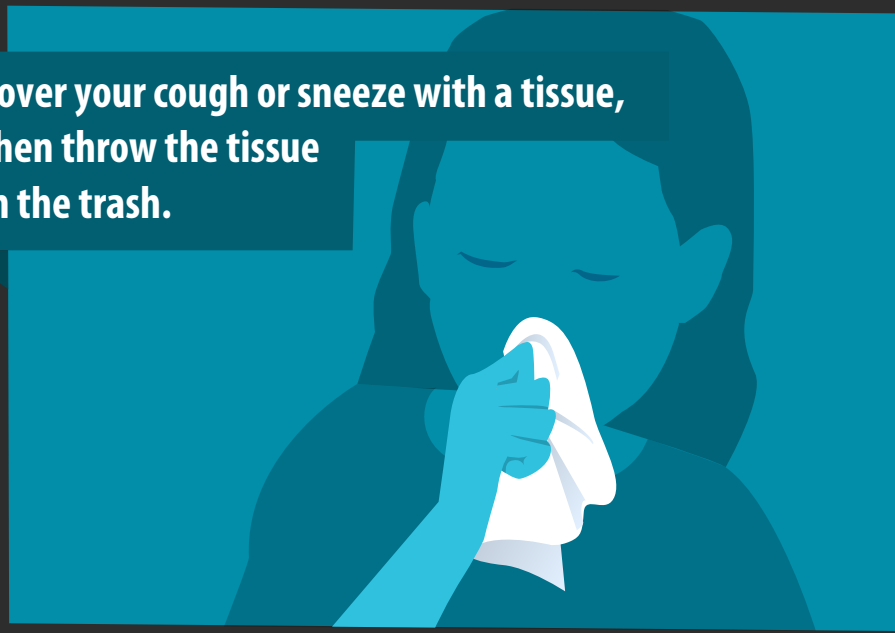
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

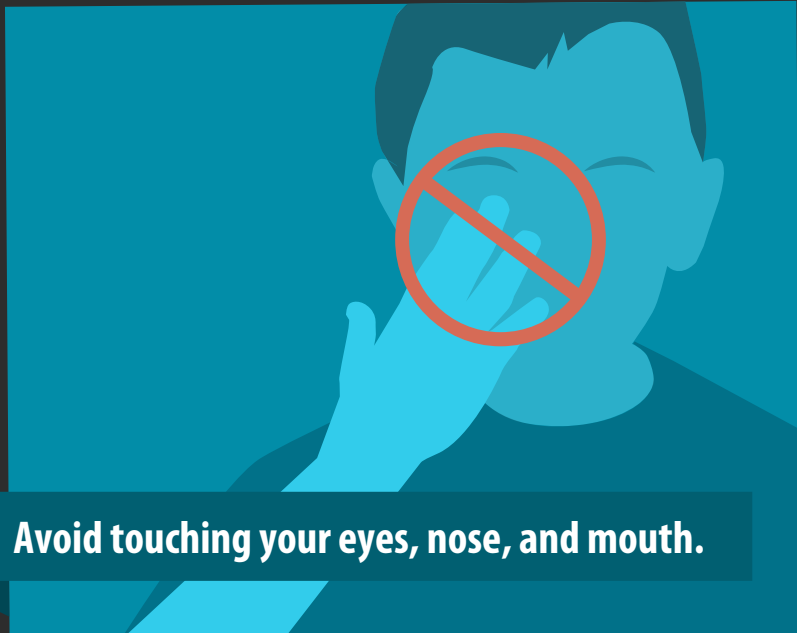
Avoid close contact with people who are sick.




Cover your cough or sneeze with a tissue, then throw the tissue in the trash.




Avoid touching your eyes, nose, and mouth.




Clean and disinfect frequently touched objects and surfaces.




Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.





For more information: www.cdc.gov/COVID19

CS314915-A



ABSENTEE SHAWNEE

HOUSING AUTHORITY

"Among The Shawnee"

2020 PROGRAMS

- Low Rent Housing
- Lease to Own Housing
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing
- Transitional Housing
- Home Rehab Assistance – AST Members ONLY
- \$5,000 Down Payment Assistance – AST Members ONLY

PROGRAMS ARE DEPENDENT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE TO PICK UP AN APPLICATION

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM



All Nations Bank

NEW HOURS

Shawnee (405) 273-0202

Effective August 12, 2019

Drive Thru:

M-W 9AM to 5PM

Th-F 9 AM to 5:30 PM

Lobby: 9AM to 4 PM

WWW.ANBOK.COM

FDIC

Home Exercise

Training with Resistance Bands

ABSENTEE SHAWNEE

DIABETES AND WELLNESS

PROGRAM

BICEPS CURL
Three sets of 10 repetitions
#001

SQUAT PRESS
Three sets of 10 repetitions
#002

STANDING PUSH UP
Three sets of 10 repetitions
#003

The AST Diabetes and Wellness Program encourages everybody to stay active during these times of virus precaution.

Practice these great resistance band training exercises to help improve your strength!

Slowly progress up to three sets of 10 repetitions over the next 3-4 weeks.

Don't forget to add in 20-30 minutes of moderate intensity aerobic activity (walking, jogging, biking, etc.)

LUNGE WITH BANDS
Three sets of 10 repetitions
#004

SHOULDER EXTENSION
Three sets of 10 repetitions
#005

TRICEPS EXTENSION
Three sets of 10 repetitions
#006

STAY ACTIVE!

For more information related to exercise programs, please contact the AST Diabetes and Wellness Program at (405) 701-7977. The AST Diabetes and Wellness Fitness Gym is currently closed due to COVID-19 precautions. Please contact the Diabetes and Wellness Program to verify our future operations for the month of May. We would like to thank all of our gym patrons for your patience.

ASTHS May 2020 Monthly Update

The Health System continues to offer crucial patient services and patient care during these trying times upon us all. Limited social contact, sheltering in place, accelerated personal hygiene, and remaining in good health are on the minds of us all today. The current environment with COVID19 has driven alterations and other temporary changes in our projected program activities for the annual summer internship program and summer health fair. While it will be some time before we all move back into a “normal” life again, rest assured your health system is on the front line to protect you and your family as best possible. An Elder’s call center, Veteran’s call center, and accelerated meal schedules for Title 6 have been imperative to ensure our vulnerable and other high-risk personnel are taken care of and provided for during this pandemic event. Please continue to accelerate your personal hygiene and decelerate your social contact and gatherings, especially if you are known with your provider to be in the high-risk category. The Health System has been awarded multiple grants and other funding during this event for off-setting the operational costs and financial impacts of COVID19 upon our programs. To date, with the help of a high-functioning and aggressive health team of professionals and support staff, along with vital support and assistance from the Tribe and the Executive Committee, the health programs have secured invaluable resources to aid in both the current fight, and future recovery actions, from the pandemic’s impacts upon us from the State and Federal Government. While the tribe continues to do all it can to protect you and your family, it is also a shared sacrifice to also care for your own family, tribal community, and those whom depend upon you for resources, support, and assistance. Continue to work hard on this national campaign with us to end the COVID-19 pandemic through information, best practices, safe actions, and overall safety for you and your family. Continue to please monitor both the AST Health System Website and the Tribal Website for the most current information regarding the COVID19 actions and relevant updates. Also, if you are experiencing anxiety, loneliness, or depression from sheltering in place or from social isolation, please contact our Behavioral Health or our Facebook page for ideas for activities and ideas for dealing with your isolation. Also don’t forget to sign up for the tribe’s emergency management notification system also found on the tribe’s main webpage (for AST Tribal members and employees only). The staff and health system will do whatever we can to accommodate and assist you during these tough times. Together we will overcome this invisible and deadly danger facing us all!

We are always thankful and very proud of our outstanding star performers, and thank them all for their contributions to our patients, their fellow employees, and the tribe, especially during an unprecedented 3 layered States of Emergency! Employee Awards and awardees are listed below for recognition of outstanding efforts in the face of life and death during this deadly pandemic. The AST Health System always strives to make your health its top priority, and you all make a difference for our health system and the health and wellness of all of our patients!

April Health Employee Awards of the Month

Employee of the Month: Dr. Gregory Reading, AST Physical Therapy/Chiropractor
Team of the Month: AST Health IT & Media Team
Special Leadership Award: Alyssa Campbell, Health Legal

Mark E. Rogers, MAL, FACHE, CMPE,
CHC Executive Director

PLEASE fill out EACH BLANK completely and return by the Deadline.

ABSENTEE BALLOT REQUEST

I, _____, hereby certify that I am or will be an Eligible
(Print Name)
Voter of the Absentee Shawnee Tribe on or before June 20, 2020. I cannot physically be present to cast my Vote at the **June 20, 2020 Annual Election**, therefore, I am requesting an Absentee Ballot be mailed to me at the following address.

Name (please print): _____
(first) (middle) (maiden) (last)

Address: _____ City: _____ St: _____ Zip: _____

CDIB#: _____ Date of Birth: _____

Signature: _____ Date: _____

All **REQUESTS** must be returned to the Election Commission by the deadline date of
May 31, 2020

Mail to:
Absentee Shawnee Election Commission
P.O. Box 741
Tecumseh, OK 74873

Fax to:
Fax # (405) 273-1337 (Do not fax to any other fax #)
Phone: (405) 275-4030 ext. 6271
Toll free number 1-800-256-3341 ext. 6271

Deliver in Person to:
Election Commission Office located in the Tribal Court Building

All eligible voters are entitled to vote either at the Polls or by Absentee Ballot.
This form may be duplicated for your convenience.

ELECTION COMMISSION USE ONLY

Received: _____ Approved: _____ Disapproved: _____

If Disapproved (reason): _____

Denial Letter Mailed: _____ Ballot Mailed: _____

www.astringe.com/newsletters

On your Cell Phone, Computer or In Home
Delivered Paper!

Stay up to date on the latest issues or research the past
issues! Keep informed of Tribal News, Events, Health
Updates, Celebrations, Honors, Services and so much more...

We are The Absentee Shawnee News.
For advertising rates or available run dates call, 405-598-1279
or email stiger@astribe.com





THUNDERBIRD CASINO

**Thunderbird Casino is
temporarily closed
until May 11, 2020
to prevent the spread of
COVID-19.**

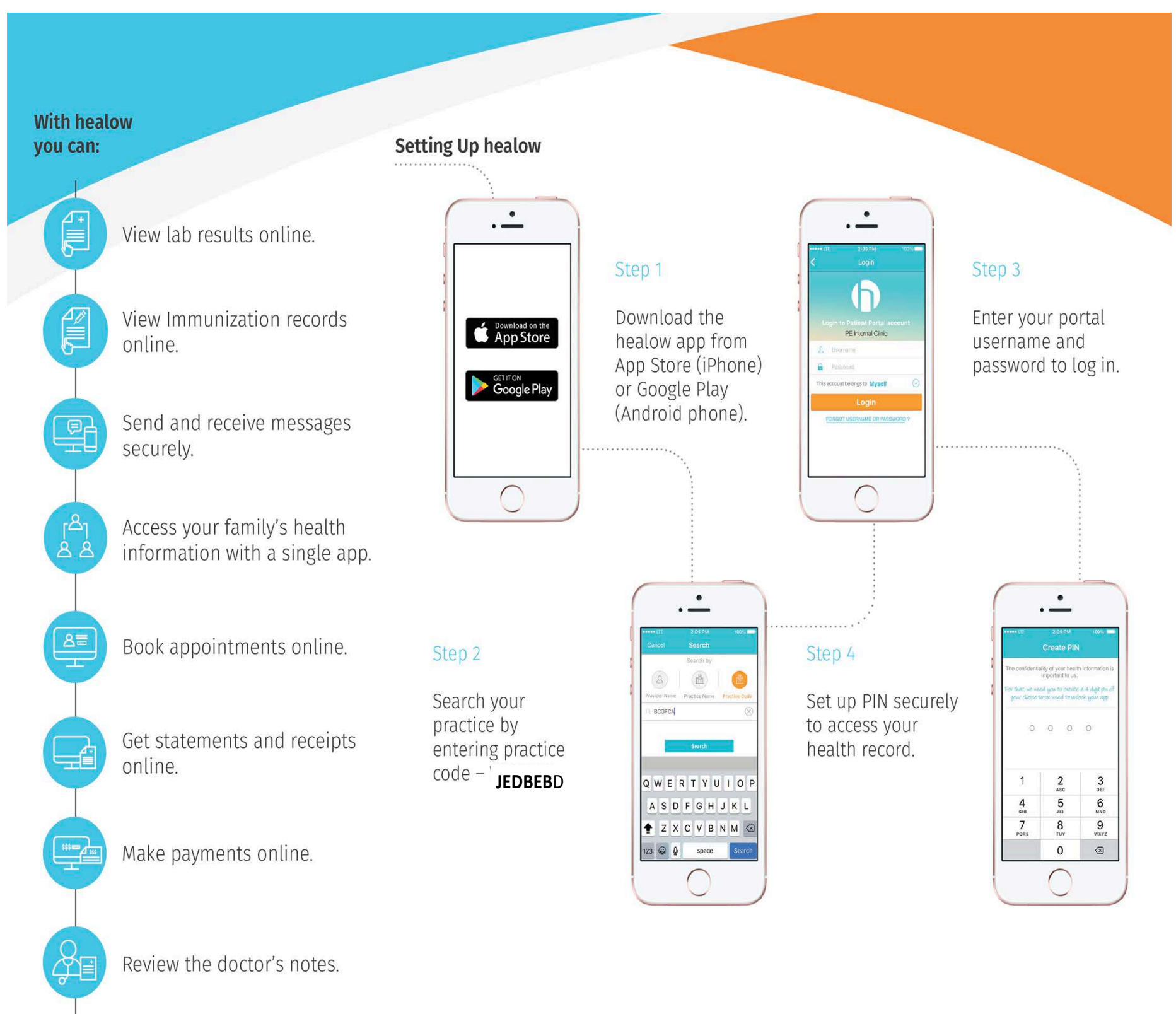
All events and promotions
are postponed as well.

For updates please visit:
PlayThunderbird.com
or
Facebook.com/ThunderbirdCasino

For questions call: 405.360.9270

In uncertain times unexpected changes may occur for the safety and wellness
of our patients. **Here are ways to find out about our closures and updates:**

- Check our website asthealth.org
- <https://www.astringe.com/office-emergency-management> (register for “AST
Emergency Alert and Critical Information Program”)
- Following us on Facebook “*Absentee Shawnee Tribal Health System*” &
“*Absentee Shawnee Tribe*”
- Call registration to ensure your phone number is up to date in our system
& request you are enabled for text alerts
- Calling ahead to the facility: Little Axe- 405.447.0300,
Shawnee-405.878.5850, & PlusCare-405.447.0477
- Current patients can sign up for the Healow app to check their
appointment statuses and receive notifications (use practice code:
JEDEBD, if you need assistance call patient registration)
 - SEE HEALOW INFORMATION ADDED



Help Wanted

Desktop Support Analyst	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Licensed Practical Nurse (LPN)	Public	Health	PlusCare Clinic / 15702 E Hwy 9 / Norman, OK 73026
Dental Assistant	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
RN Case Manager	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Medical Coder	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Dental Hygienist	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Lead Clinical Applications Specialist	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Outpatient Therapist	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026
Security Guard	Public	Health	Little Axe Health Center / 15951 Little Axe Dr. / Norman, OK 73026

A complete list of opportunities, detailed information and a downloadable application are available at **www.astringe.com/employment**. Applications can also be picked up at the Human Resources Department located at the Absentee Shawnee Tribal Complex, 2025 S. Gordon Cooper Drive, Shawnee, OK.

SEND COMPLETED APPLICATIONS AND RESUMES TO email: HR@astribecom fax: 405-273-2710 or mail to: Absentee Shawnee Tribe-HR Department 2025 South Gordon Cooper Dr. Shawnee, OK 74801

As of **02-25-2020**, the EC made a decision to extend the deadline until **01-Nov-2021** for the **adult gift cards** from 2019.

Please contact the **AST Finance department** for more details.
(405) 275-4030 Bralynn Barnes
or email at bbarnes@astribecom

ASEDA ADMINISTRATIVE ASSISTANT

GENERAL DESCRIPTION
The purpose of the position is to provide high-level administrative support by conducting research, preparing statistical reports, handling information requests and performing clerical functions such as preparing correspondence, receiving visitors, arranging conference calls and scheduling meetings.

RESPONSIBILITIES

- Manage and maintain ASEDA Staff schedules and meetings.
- Communicates with media on needs for public relations activities inclusive of storylines, photo opportunities, etc.
- Creates and implements community related activities for presentations, mail-outs and other related informational needs.
- Prepare invoices, reports, memos, letters, financial statements and other documents, using word processing, spreadsheets, database, or presentation software.
- Read and analyze incoming memos, submissions, and reports to determine their significance and plan their distribution.
- Open, sort, and distribute incoming correspondence, including faxes and email.
- Prepare responses to correspondence containing routine inquiries.
- Perform general office duties such as ordering supplies and maintaining records.
- Traveling, on occasion, with and/or ASEDA Staff to various meetings.
- Make travel arrangements for ASEDA Staff.
- Other duties as assigned by ASEDA Staff.


EDUCATION REQUIREMENTS AND QUALIFICATIONS

Bachelor's Degree (preferred) and a minimum of two years of professional or technical administrative experience in business or public administration or an equivalent combination of education and experience, substituting one year of qualifying experience for year of the required education.

Must possess excellent written and verbal communication skills. Must have excellent computer skills.

Must be able to pass a criminal background check.

Native American Preference/EOE/Drug Free Workplace



ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00. PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: www.astringe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

NEW

FOSTER CARE LICENSING COMMITTEE

QUALIFICATIONS OF COMMITTEE MEMBERS

- (a) A Committee Member may be a member of the Tribe.
- (b) No person shall be barred from serving on the committee because s/he is an employee, or operates a Foster Home under a State or Tribal license.
- (c) Each Committee Member shall be at least eighteen (18) years of age and legally capable of entering into a binding contract.
- (d) No person who has been convicted of a felony or other crime involving embezzlement, fraud or moral turpitude shall serve on the Foster Care Licensing Committee. As of May 30th 2001, background checks will be necessary for each new and/or reappointed existing committee member.
- (e) Each Committee Member shall take an oath to support and defend the constitution, rules and regulations of the Absentee Shawnee Tribe.
- (f) It is strongly recommended each Committee Member complete the application process to become an Emergency Protective Foster Home and therefore be licensed through the Tribe.

Applicants can apply by picking up the application with your letter of intent at the Secretary's office.

Foster Care Licensing Committee Application of the Absentee Shawnee Tribe of Oklahoma

Name: _____ CDIB: _____

Address: _____ City: _____ State: _____

Phone: _____ Email: _____

Are you 18 or older? Yes No (circle one) Must be at least 18 and able to enter into a contract

Willing to become a Foster Care Emergency Home and become licensed? _____

Are you willing to undergo a background check? _____ Do you have any felony's? If yes explain: _____

Have you served on any other committees? _____

What is your Highest Education Level? _____ Major: _____

Any other information that you believe that will help in the decision to choose our committee by? _____

References

Name: _____ Phone: _____ How long have you known? _____

Name: _____ Phone: _____ How long have you known? _____

Name: _____ Phone: _____ How long have you known? _____

Each Committee Member shall take an oath to support and defend the constitution, rules and regulations of the Absentee Shawnee Tribe.

Signature: _____ Date: _____

Please include your letter of intent.

The Education Department

is seeking up to three (3)
Members to serve
on the Education Committee.

Please contact the Education Department
with any questions at tresham@astribecom
or (405) 275-4030 Ext. 6242

As of August 2019 Advertising Rates/Placement have changed for the Absentee Shawnee Newsletter. The paper is no longer able to continue with free advertising space. Thank you! Your continued support and understanding is a valuable asset!

NOTICE

Sherman Tiger
AST Media Director
stiger@astribecom
405-598-1279





I have a proven track record for getting things accomplished. For the past year and nine months, I have:

- **Enhanced our Cultural Preservation Department:**
 - Continued work to preserve the Shawnee language.
 - More tribal member activities.
 - Improving connections with local high schools to engage youth.
 - Cooperative work with other Tribal Nations.
 - Expanded the Gift Shop to Little Axe Clinic:
 - Added new vendors for better pricing and merchandise selection
 - Increased revenue
- **Continue to support and push for the completion of Phase II of the Youth Camp.**
- **Spearheading an Assisted Living and Independent Living Project.**
- **Manage the VITA Free Tax Service Program for Tribal Members and Employees.**
- **Unprecedented accomplishment through Human Resources securing over \$200,000 to the tribe in 2019. On target for over \$200,000 in year 2020. Resulting in over \$400,000 during my 2 year term. These funds are reserved for tribal members’ and employees’ wellness services.**
- **Delivered programs that enhances overall Tribal Operations:**
 - Employee training programs and lowered turnover rates (which is a high cost to the tribe if not managed).
 - Reduced 401k service fees by 15% and improved 401k and benefits delivery.
- **Reduced legal service costs for Gaming Commission by more than 50%. A savings of approximately \$30-50,000 annually.**
- **And most recently, I have assisted our Tribe in dealing with the COVID19 response efforts. Our Emergency Management Response Team has met daily to discuss the implementation procedures that will mitigate the spread of the virus. We are also working collectively on the submission of federal applications for COVID-19 response reimbursement funding and other programs. I can assure you I am doing everything I can to ensure the Absentee Shawnee Tribe receives our portion of federal funding.**

VACCINES FOR TEENS

Keep your adolescent vaccinations up to date

Kids grow out of many things, but vaccines aren’t one of them. Every year in the U.S., 2.5 million people die from vaccine-preventable diseases. Because adolescents are at risk for many of these serious diseases, immunization is especially important. Ask your healthcare professional about all recommended vaccines to protect your child.

Remember the 4

- **HPV (Human papillomavirus)**—The vaccine is most effective at preventing associated cancers for both boys and girls when given during preteen years.
- **Meningococcal**—Two types of meningococcal disease vaccines protect against the most common serogroups. Teens should start the ACWY vaccine at 11–15 years old, with a booster dose between 16 and 18 years. They may also get the serogroup B vaccine at 16-18 years of age.
- **Tdap (Tetanus, Diphtheria, and Pertussis (whooping cough)) and Td Booster (Tetanus and Diphtheria):** Adolescents should receive a Tdap vaccine between the ages of 11-12. Regular boosters of Td vaccine are recommended every 10 years to protect those at risk.
- **Flu**—Flu season typically starts in October, and the virus can mutate each year. Annual vaccination is recommended.

Did you know that in the U.S.:

14 million people are infected with human papillomavirus (HPV)—mostly teens and young adults—leaving them vulnerable to associated cancers later in life?

21% of all meningococcal disease cases are preteens, teens, and young adults, ages 11–24?

Up to **200,000 people** are hospitalized annually due to flu-related complications?

There were an average of **200,000 cases** of pertussis each year before the Tdap vaccine was available, and since then, cases of the disease have decreased more than **80%**?

CDC-recommended vaccinations for adolescents:

	Every year	flu vaccine
AGES	11-12 years <ul style="list-style-type: none">• HPV (2 doses)• Meningococcal ACWY• Tdap	13-15 years <ul style="list-style-type: none">• Meningococcal ACWY (if not previously vaccinated)
	16 years <ul style="list-style-type: none">• Meningococcal B*• Meningococcal ACWY booster	17-18 years <ul style="list-style-type: none">• Td booster every 10 years

ASK YOUR HEALTHCARE PROVIDER

if your adolescent needs a catch-up vaccine to protect them from

- Hepatitis A
- Hepatitis B
- Chickenpox
- Polio
- Measles, mumps, rubella (MMR)
- Pneumococcal disease*

UNITY
United for adolescent vaccination

For more information, visit www.unity4teenvax.org


* Adolescents may be vaccinated with a 2-dose MenB vaccine, and the preferred vaccination age range is 16 through 18 years.

Protect Your Family with


THE HPV VACCINE

HPV IS A COMMON DISEASE AND CAN HAVE *serious consequences*


IN THE US...



Approximately
79 MILLION
people have been infected with HPV



14 MILLION
new HPV infections occur every year



80%
of sexually active people will contract HPV over their lifetime

BEING INFECTED WITH HPV CAN LEAD TO...

CERVICAL CANCER
GENITAL CANCER
THROAT CANCER
ANOGENTAL CANCER
GENITAL WARTS

PROTECT BOTH YOUR SONS AND DAUGHTERS FROM CANCER WITH THE HPV VACCINE

PROTECT YOUR DAUGHTER

Each year, there are **12,000 CASES OF CERVICAL CANCER** leading to **OVER 4,000 DEATHS IN WOMEN**


PROTECT YOUR SON

Each year, there are **9,300 CASES OF HPV-RELATED CANCERS IN MEN**


THE HPV VACCINE

It is important to protect your child from the disease early.


THE HPV VACCINE CAN...



ONLY PREVENT infections, NOT TREAT THEM



Reduce Risk of HPV-related cancers **BY UP TO 99%** when fully protected with the recommended doses



Prevent your child from **SPREADING HPV** to future sexual partners

The recommended age to receive the HPV vaccine is 11 or 12, however it is not too late for 13-26 year olds to get vaccinated as well.

11-12 YEAR OLDS develop a higher level of the protective antibody that the body generates after immunization, compared with older adolescents and young adults. This may result in longer lasting immunity.


THE HPV VACCINE IS SAFE AND EFFECTIVE

Clinical trials and ongoing research have shown the HPV vaccine's protection remains strong for at least **10 YEARS.** There is no evidence to suggest this level of protection changes over time.


Since the vaccine was licensed, **ONLY 0.0003%** of patients reported side effects – and most of those were “non-serious” symptoms such as headache, nausea and dizziness.

You are the key to HPV cancer prevention.

Get your child vaccinated at the recommended age of 11 or 12 years, to protect them and their future partners from contracting HPV.



IMMUNIZATION for WOMEN
Immunizationforwomen.org/HPV/patients



The American College of Obstetricians and Gynecologists
WOMEN'S HEALTH CARE PHYSICIANS

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The American College of Obstetricians and Gynecologists, 409 12th Street, SW, PO Box 9800 Washington, DC 20005-0905. www.acog.org

ATTENTION

EXCITED TO ANNOUNCE OUR NEW

Permanent Medication Disposal Sites!!

Located at both AST Health Clinic lobbies!

AST Shawnee Clinic AST Little Axe Health Center


We want your meds! You can drop off your expired or unused prescription medications anytime at these two locations.

Hours of operation same as the clinic normal hours. 8-5 Monday-Friday


No Syringes or Liquids accepted

15951 Little Axe Drive
Norman, OK 73026


2029 S. Gordon Cooper Drive
Shawnee, OK 74801




MYDNA
DRUG-FREE NATIVE AMERICA



LITTLE AXE HEALTH CENTER
LH-SHAWNEE HEALTH, INC.
Prevention. Progress. Pride.





PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER
15951 Little Axe Drive
Norman, OK 73026
405.292.9530

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru:
Mon – Fri 7:30 a.m. to 5 p.m.

Extended Hours Drive-thru*:
Mon – Fri 5 p.m. to 8 p.m.
(or until last PlusCare patient receives their medications)
Sat – Sun 9 a.m. to 5 p.m.

Closed New Year's Day, Easter Sunday, Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Eve, Christmas Day

*Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST Member emergency room visit fills.

SHAWNEE CLINIC
2029 South Gordon Cooper Drive
Shawnee, OK 74801
405.878.5859

Lobby:
Mon – Fri 8 a.m. to 5 p.m.

Drive-thru:
Mon – Fri 7:30 a.m. to 5 p.m.


Extended Hours*:
Mon – Fri 5 p.m. to 8 p.m.
(or until last patient receives their medications)
Sat 9 a.m. to 5 p.m.

Closed Sundays & Holidays

*Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST Member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

Let your voice be heard.



Ne-Hi-Ki-Wa-Sa-Pa. We listen.


It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623. Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.


LITTLE AXE HEALTH CENTER
15951 Little Axe Dr.
Norman, OK 73026
405.447.0300

SHAWNEE CLINIC
2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
405.878.5850

PLUSCARE CLINIC
15702 East State Highway 9
Norman, OK 73026
405.447.0477



AAAHC
ACCREDITED HEALTH CARE




ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.


WWW.ASTHEALTH.ORG

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal Members only at three (3) approved Walgreens locations in Shawnee and Norman. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.



AAAHC

SAY YES TO SUN PROTECTION SAY NO TO SKIN CANCER

SKIN CANCER IS THE MOST
COMMON CANCER IN THE U.S.

ONE in FIVE Americans will develop skin cancer
in their lifetime, and one person dies from melanoma,
the deadliest form of skin cancer, every hour.



THERE ARE TWO TYPES OF SUNSCREENS:

Since exposure to
the sun’s harmful
UV rays is the most
preventable risk factor
for skin cancer,
protect your skin by:



- SEEKING SHADE
- WEARING PROTECTIVE CLOTHING
- APPLYING SUNSCREEN TO ALL SKIN NOT COVERED BY CLOTHING



If you have concerns about certain sunscreen ingredients, use
the information above to choose an alternative that works for
you. As long as it’s **BROAD-SPECTRUM, WATER-RESISTANT**
and has an **SPF 30 OR HIGHER**, it can effectively protect you
from the sun. Make sure you reapply it every **TWO HOURS**
when outdoors, or after swimming or sweating.



PHYSICAL SUNSCREEN

This sunscreen **WORKS LIKE A SHIELD**;
it sits on the surface of your skin,
deflecting the sun’s rays.

Look for the active
ingredients **ZINC OXIDE** and/or
TITANIUM DIOXIDE.

Opt for this sunscreen if you have
SENSITIVE SKIN.



CHEMICAL SUNSCREEN

This sunscreen **WORKS AS A SPONGE**,
absorbing the sun’s rays.

Look for one or more of the following
active ingredients: **OXYBENZONE**,
AVOBENZONE, **OCTISALATE**,
OCTOCRYLENE, **HOMOSALATE** and
OCTINOXATE.

This formulation tends to be **EASIER**
TO RUB INTO the skin without
leaving a white residue.



If you have questions about
how to protect your skin
or choose a sunscreen, talk
to a board-certified
dermatologist or learn more at
SpotSkinCancer.org.

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20-260-CMM



Make sure you get
the Next issue!

Issues come back to us not
being delivered... make sure
your address is correct! Don’t
miss a minute of tribal news
and information! Anyone
needing to be on the mailing
list Please Call!

Sherman Tiger
AST Media Director
405-598-1279
stiger@astribe.com

SUPPORT GROUP FOR SURVIVORS OF ELDER
ABUSE, CHILDHOOD SEXUAL OR PHYSICAL
ABUSE, DOMESTIC ABUSE , STALKING, SEX-
TRAFFICKING AND FAMILY SURVIVORS OF
HOMICIDE VICTIMS

TALKING CIRCLE
OUR SUPPORT GROUP ENCOURAGES
PERSONAL HEALING WHILE PROVIDING YOU
WITH SPACE TO SPEAK FREELY AND
HONESTLY ABOUT LIFE EXPERIENCES WHILE
PARTICIPATION IN A CULTURALLY SPECIFIC
HEALING OPTION.

ALL GROUPS ARE CONFIDENTIAL
& ALL ARE WELCOME

FIRST TUESDAY OF EVERY MONTH
6:00PM - 8:00PM (SHAWNEE)
PRE-REGISTRATION REQUIRED CALL FOR
LOCATION AND DETAILS- ALL ARE WELCOME
EVERY FIRST TUESDAY OF THE MONTH



TRIBAL VICTIM SERVICES
WENDY STAFFORD
(405)695-9125

This Project was produced by Tribal Victim Services under 2018-VQ-GX-0033, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, Findings, and conclusions or recommendations expressed in this project are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Tax Commission

Fiscal Year 2020 - YTD Tax Collections (through 3/31/2020)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED
Sales (6%)	\$7,499.91	\$8,834.40	\$13,276.94	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$29,611.25	3.52%
Gaming % of free cash	\$250,000.00	\$200,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$650,000.00	77.25%
Employee (1%)	\$18,216.80	\$19,868.77	\$8,424.95	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$46,510.52	5.53%
Severance (8%)	\$3,817.67	\$0.00	\$4,177.14	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$7,994.81	0.95%
Motor Vehicle	\$14,622.24	\$15,652.41	\$9,233.02	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$39,507.67	4.70%
Motor Fuel Taxes (Qtrly.)	\$43,922.66	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$43,922.66	5.22%
Tobacco Refund	\$8,640.57	\$7,320.64	\$6,906.11	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$22,867.32	2.72%
TOTAL TAXES	\$346,719.85	\$251,676.22	\$242,018.16	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$840,414.23	
Miscellaneous	\$874.50	\$69.15	\$119.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,062.65	0.13%
TOTAL COLLECTIONS	\$347,594.35	\$251,745.37	\$242,137.16	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$841,476.88	100%

TAX COMMISSION

~ TAG AGENCY ~

NOW ACCEPTING Credit/Debit

Effective May 1 2019, the tag office will be accepting credit and debit cards.

Please note: a convenience fee of 2.75% will be added.

VISA

MasterCard

AMERICAN EXPRESS

DISCOVER NETWORK



UNITED for OKLAHOMA

The Absentee Shawnee Tribe has partnered with United For Oklahoma to educate Oklahomans on the critical role the tribes play in our state’s future.


These are the facts every Oklahoman must know.

Watch the videos and stay informed at: UnitedForOklahoma.com

The AST Tag Office has New Hours!



We are open through lunch! All day 8:00am - 5:00pm



ABSENTEE SHAWNEE TRIBE OF OKLAHOMA
TAX COMMISSION
2025 SOUTH GORDON COOPER DRIVE
SHAWNEE, OKLAHOMA 74801

March 23, 2020

RE: Motor Vehicle Tags

AST Tribal Members,

Due to the growing concerns about COVID-19, the Tax Commission is taking necessary steps to limit exposure to Tribal members. Due to the mandated closure, our office will be closed to the general public from March 23 through April 3. However, the tax staff will be doing its part in helping to alleviate any motor vehicle concerns by continuing to process through the outline procedures below:

FOR RENEWAL:

- OPTION #1- BY MAIL.
 - Please include copies of your CDIB, valid Oklahoma driver license, current Oklahoma insurance.
 - Payments accepted at this time: Checks, Cashier Checks, Money Orders, Credit or Debit card. **In order to process by Credit/Debit, we will need the Credit Card Authorization Form located on www.astringe.com or forms will be next to the drop box**
- OPTION #2- BY DROP BOX (Shawnee Location only: AST Police building)
 - Please include copies of your CDIB, valid Oklahoma driver license, current Oklahoma insurance.
 - Payments accepted at this time: Checks, Cashier Checks, Money Orders, Credit or Debit card. **In order to process by Credit/Debit, we will need the Credit Card Authorization Form located on www.astringe.com or forms will be next to the drop box**

FOR NEW REGISTRATIONS:


- Please call the tag office at 275-4030 ext. 6237 or email tax@astribe.com for further instructions.

NOTE: Please be patient with us as we work through this difficult time and understand we will work diligently to get your motor vehicle documents back to you as quickly as possible by mail.

Best Regards,

AST Tax Commission

PHONE (405) 275-4030 · 1-800-256-3341 · FAX (405) 214-4225



Absentee Shawnee Tribal Taxes

A variety of tribal taxes are currently assessed and collected by the Absentee Shawnee Tax Commission to generate revenue used by the Absentee Shawnee Tribe ("the Tribe") to benefit our Tribal Members. These tribal taxes, their due dates and reporting and payment requirements are outlined below. If you have questions or need assistance with your tribal taxes, please contact the Absentee Shawnee Tax Commission by phone or at the address found at the bottom of this document. You can also visit our website for more information.

Sales & Lodger's Tax

The Absentee Shawnee Tribe levies a **6% Sales Tax** on the gross receipts of anyone engaging in business within the Tribe's jurisdiction, including receipts from:

- Performing services
- Selling tangible personal property
- Leasing or renting tangible personal property, lodging or hotel rooms
- Admission fees to any place of recreation or entertainment

An additional **5% Lodger's Tax** is imposed on gross taxable rental receipts from hotels, motels, resorts, lodging houses, or other premises occupied for fewer than 30 days. **Both Sales and Lodger's Taxes may be passed on to consumers.**

Severance Tax

The Absentee Shawnee Tribe levies an **8% Severance Tax** on the gross market value of all oil and gas products severed from the land within the Tribe's jurisdiction. The tax is not levied upon any Indian royalty payments.

To calculate the **Severance Tax**, you must first calculate the volume of oil and gas products separately, as outlined in the table below. Multiply the total volume of each by their gross market value, then subtract any allowable Indian Royalty Deduction to arrive at the total taxable amount. Multiply the total taxable amount by 8% to arrive at the amount of tax due.

Total Product Volume

×

Gross Market Value

×

Indian Royalty Deduction

−

Total Taxable Amount

=

Total Taxable Amount

×

8%

×

Total Severance Tax Due

=

Application for Business License

All businesses located within the Tribe's jurisdiction must obtain a business license from the Tribe for a \$100 fee. The Application for Business License, available from the Absentee Shawnee Tax Commission, must be renewed each year by January 1.

Sales & Lodger's Tax Reporting, Payment & Penalties

The Sales & Lodger's Tax return must be submitted to the Absentee Shawnee Tax Commission by the 15th of the following month. For example, for gross receipts collected from March 1-31, the tax return would be due April 15. Businesses that fail to file and pay this tax on time will be assessed 12% annual interest on the total amount due, plus a penalty of 2% of the tax due per month, up to a total of 12% of the total tax due.

Designation of Agent Form

A person responsible for meeting all obligations of the Severance Tax, including reporting and payment of the assessed tax, must be designated in writing. The necessary Designation of Agent Form is available from the Absentee Shawnee Tax Commission.

Severance Tax Reporting & Payment

Reporting and Payment of the Severance Tax to the Absentee Shawnee Tax Commission is due within 45 days following the end of the calendar month in which the taxable product was severed. For example, if taxable products were severed in March, the tax return and payment would be due by no later than May 15.

How to Calculate Total Oil Volume

The total volume of severed oil taxable products—before any deductions are taken for processing, transportation, industry-standard shrinkage, etc.—is measured either according to current contracts of sale between the operator/producer and the purchaser; or in barrels of 42 U.S. gallons of 231 cubic inches per gallon, at a temperature of 60° F, per U.S. Geological Survey regulations.

How to Calculate Total Gas Volume

The total volume of severed gas taxable products is measured at the wellhead—before any deductions are taken for processing, transportation, industry-standard shrinkage, etc.—in units of 1,000 cubic feet (MCF) and corrected to standard temperature and pressure, per U.S. Geological Survey regulations.

Possessory Interest Tax (PIT)

The Absentee Shawnee Tribe levies a **1% Possessory Interest Tax** on the value of property that is being leased within the Tribe's jurisdiction, including:

- Interests held under lease
- Interests held under an easement or right-of-way, including all improvements, equipment, fixtures and other tangible personal property held or used by the taxpayer in connection with the taxable use of such realty

The **Value of Leased Property** is determined on the date of acquisition, and on January 1 of each year thereafter, according to the method for determining market value under the Oklahoma Statutes and regulations (68 OS § 2802).

Application for Registration (PIT)

All businesses within the Tribe's jurisdiction that hold possessory interests must submit an Application for Registration (PIT) to the Absentee Shawnee Tax Commission. There is no fee. Updates only need to be submitted if there is a change in information.

PIT General Property Summary / Detailed Property Value Report Forms

The value of possessory interests must be reported to the Absentee Shawnee Tax Commission each year by January 15.

PIT Tax Reporting & Payment

Possessory Interest Tax must be reported and paid to the Absentee Shawnee Tax Commission by no later than February 15 each year.

Vehicle Registration & Taxation

Enrolled Absentee Shawnee Tribal Members residing in Oklahoma have the option of registering their vehicles with the Tribe, including all passenger automobiles, motorcycles, motorized bicycles, farm trucks, and commercial and recreational vehicles. The Absentee Shawnee Tribe imposes a **1.25% Vehicle Excise Tax** on the retail purchase price the first year a vehicle is registered, plus a **\$10 Lien Processing Fee** on all vehicles that are financed, which is paid to the Absentee Shawnee Tax Commission rather than to the State of Oklahoma.

Vehicle Purchase Price

×

1.25%

×

Vehicle Tag Price

+

\$10 Lien Processing Fee

+

New Vehicle Registration Fee

=

Vehicle Registration Tags can be obtained in person from the Absentee Shawnee Tax Commission office at the address below. Tag prices vary depending on the age and type of vehicle; please contact the Absentee Shawnee Tax Commission for specific vehicle tag pricing.

Earnings Tax

The Absentee Shawnee Tribe levies a **1% Earnings Tax** on earnings paid to anyone employed within the Tribe's jurisdiction, which means that all employers within the Tribe's jurisdiction are required to withhold 1% of each employee's gross earnings each pay period.

Employee Notification: Employers must report to the employee, on pay stubs or in writing, the amount of earnings tax withheld each pay period. They must also disclose the full amount of earnings tax withheld and paid to the Absentee Shawnee Tax Commission on an annual basis. Employers must maintain employee timesheets and payroll records for three years.

Lien Processing Fee - \$10

Vehicles that are being financed are also subject to a \$10 lien processing fee, which is paid to the Absentee Shawnee Tax Commission rather than to the State of Oklahoma.

New Vehicle Registration: Required Documents

- Valid Oklahoma driver's license
- Proof of insurance
- CDIB/Enrollment card
- Notarized vehicle title
- Notarized bill of sale or purchase agreement
- Lien Entry Form (if you are making payments)
- Lien Release Form (if previous owner had lien)

Annual Vehicle Registration Renewal: Required Documents

- Valid Oklahoma driver's license
- Proof of insurance
- CDIB/Enrollment card
- Previous year's vehicle registration

Earnings Tax Reporting & Payment

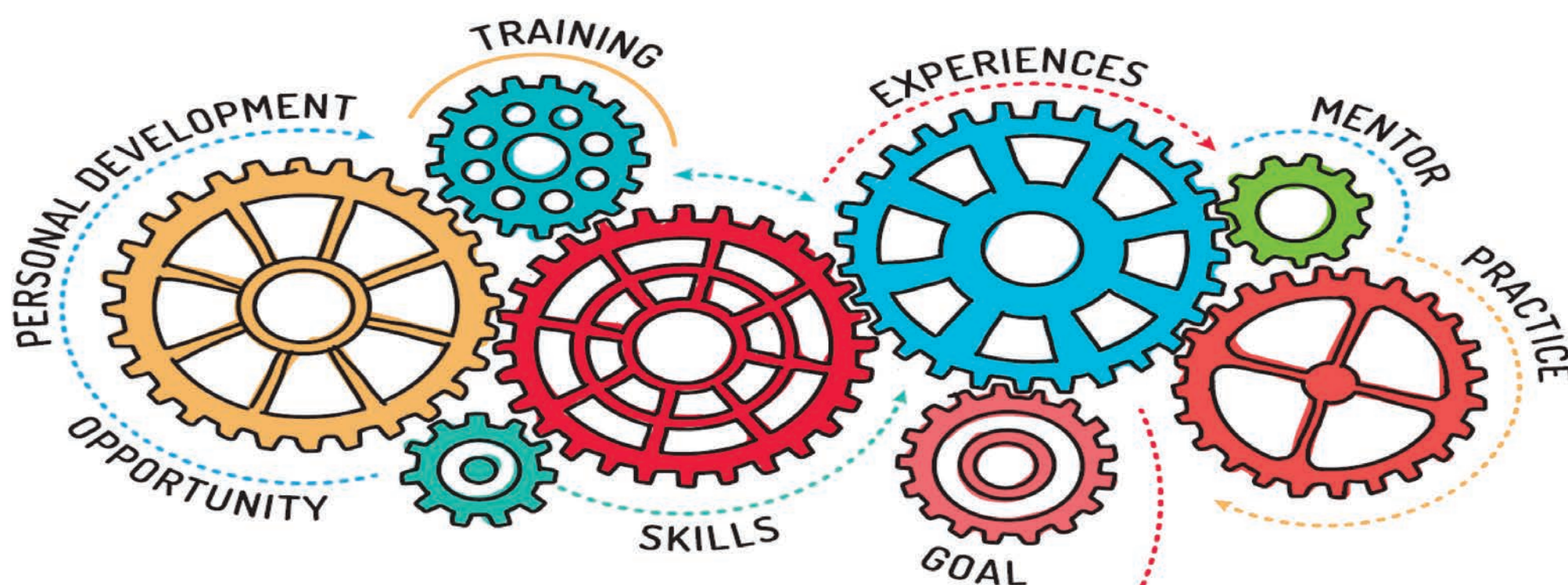
Earnings Tax returns are due from employers to the Absentee Shawnee Tax Commission by the 15th of the month following the month in which the tax was withheld.

Absentee Shawnee Tax Commission

2025 S Gordon Cooper Drive | Shawnee, OK 74801
P: 800.256.3341 or 405.275.4030 | F: 405.214.4225

Office Hours and Website

Monday-Friday, 8 am - 12 pm; 1 pm - 5 pm
www.astringe.com/tax-commission-and-tag



ABSENTEE SHAWNEE TRIBAL HEALTH SYSTEM'S 2020 SUMMER INTERNSHIP

Are you a Native American student who is seeking a future in a healthcare related field?

If you are in College or Vo-Tech or are a High School Student who is College/Vo-Tech bound and want experience, apply for our 8-week Summer Internship Program.

HERE ARE THE FACTS:

We will have 5 internship positions available to Native American (AST Preferred) students- must have CDIB. The internship is a rigorous 8 week program, up to 20 hours per week, at \$10.00 per hour, designed to familiarize you with a variety of professions and technical careers in the healthcare field.

- The program starts June 1st through July 24th. Graduation will be July 24th, 2020.
- Must have current GPA of 3.0 or above in either High School or College/Vo-Tech and a desire to serve in the healthcare field
- Age range: 16-22 years of age (High School students preferred or College/Vo-Tech students 22 years or younger)
- Must be available Tues-Thurs during normal business hours

Applications can be found on the AST Tribal Website at www.astribe.com under "Employment Opportunities". Please submit a cover letter and resume along with the employment application located on the website

APPLICATIONS WILL BE ACCEPTED MARCH 1-APRIL 30, 2020

If you have questions about the application or need assistance please contact Ms. Dayna Dick with AST Health Human Resources at 405.701.7638.

Please contact Mr. Mark Rogers, AST Health Executive Director, at 405.532.6286 with any questions or for information regarding this program.



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
Prevention. Progress. Pride.

P: 405.447.0300

F: 405.701.7631

WWW.ASTHEALTH.ORG



Absentee Shawnee Tribe Child Care Development Fund Programs

La-pe-we-ki-wa ho-ge-wa-pe-fa-yi mi-ti-ge

"Lifelong Learning Begins Here."



Program Services:

- Building Blocks Child Development Center II- Shawnee, OK- Tribally Operated Child Care Center
- Building Blocks Child Development Center III- Little Axe, OK- Tribally Operated Child Care Center
- AST Child Care Subsidy Program- Child Care Assistance
- AST After School Program- Horseshoe Bend Community- After School Care
- AST After School Program- AST Complex, Shawnee- After School Care
- For information about these services please visit the AST website at www.astribe.com/Childcare
- Contact information:
 - ✧ BBCDCII-Shawnee (405)878-0633 Email: ecrawford@astribe.com
 - ✧ BBCDCIII- Little Axe (405)360-2710 Email: rebeccaj@astribe.com
 - ✧ AST Child Care Subsidy (405)432-8411 Email: briana.ponkilla@astribe.com
 - ✧ AST ASP- HSB (405)432-8411 Email: lanora.buswell@astribe.com
 - ✧ AST ASP-Shawnee (405)432-8411 Email: lanora.buswell@astribe.com



ON JUNE 20TH VOTE SACHA ALMANZA

For AST Lt. Governor

HELLO AST VOTERS,

I hope this finds you well and you all are staying safe and well. First and foremost I would like to send condolences from my family to those who have lost loved ones during this pandemic, whether it be due to the virus or not. I am sorry for your loss and hope you are surrounded by comfort and support during this time. If you know anyone struggling, please reach out to them. Thank you.

Most recently, I have been involved in the AST Coronavirus Crisis Response Team disseminating information and resources to the public. Through feedback, answering questions, and gathering information for tribal members, I have been identifying ways to improve communication between officials involved in the crisis response and tribal members, I have been working diligently to share information and correct misinformation. Moreover, with recent uncertainty of the current 2020 AST Election in mind, I feel that there is a huge opportunity to improve the communication from all of our tribal organizations and departments to our tribal members far and wide and I would like to be a part of something we have never done before to bring positive change to all of our tribal members. As I said before my goal is to make the most effort to bridge the communication gap for all of you. Prior to the arrival of the current pandemic, I had said that we needed leadership that was going to be there for you when you needed them most. I received phone calls and many questions from tribal members with questions and needing assistance that couldn't get answers. I will always work to assist tribal members within my power and I urge people to please continue to reach out to me and I will help the best that I can. Lastly, I would like to thank the amazing people working tirelessly make sure we are responding promptly and with the most caution in order to continue to provide safe and vital services to our community. I have been fortunate to see front line workers (AST and Non-AST) take so much pride in their work. Many have families at home and could have chosen to not come to work and be here for our community, but many believe in the work they do and that is greatly appreciated. I realize it's an uncertain and to some a scary time however, during difficult times leaders must be present and accounted for with level heads, having the determination to prevail through difficult times our tribe goes through. I without a doubt am ready for that responsibility and will be dedicated to the position and work for the people. With that being said when you vote on June 20th, please vote for Sacha Almanza, A LEADER FOR POSITIVE CHANGE who will be there for our people and cares about the greater good.

FOLLOW ME ON FACEBOOK: *Sacha Almanza for LT. Governor of the Absentee Shawnee Tribe.*
ON JUNE 20TH, PLEASE VOTE FOR ME, SACHA ALMANZA, FOR YOUR AST LT.GOVERNOR! -Thank You!

For any questions I urge you to please contact me: Salmanza4@gmail.com /405.633.1831

NEW ELECTION DATE IS JUNE 20TH!

A LEADER FOR
POSTIVE CHANGE


EXPERIENCE

- **Federal grants experience:**
 - Nine years' experience
 - Grant writing
 - Program administration
 - Program evaluation and improvement
- **Professional Leadership Skills:**
 - Effective communicator
 - Conflict resolution
 - Professional coaching and mentoring
 - Analytical thinker/decision maker
 - Progressive in approaches
- **Educational experience:**
 - Bachelors of Arts in Native American Studies
 - Masters of Business Administration in Healthcare Management
- **Additional information:**
 - Five years volunteering as advisor for a UNITY youth council to address Native Youth suicide
 - Nine years combined experience at AST
 - Over 17 years combined experience working with tribes
 - Constantly seeking opportunities for personal and professional growth

I SUPPORT...

- **Transparency, unity, and integrity within our EC by:**
 - effective communication and teamwork
 - proactive conflict resolution that includes providing our people with follow up communication to close the loop
 - increased accountability for those who represent our tribe
 - upholding our tribal constitution
- **Economic Development:**
 - to increase the tribe's financial stability
 - to improve and provide program services for our people
- **Education & Development to invest in AST People within our tribe by:**
 - educating our people on our AST constitutional rights for increased accountability for our EC and boards
 - initiatives to support and invest in our tribal members seeking higher education
 - support professional development opportunities for increased AST leadership

VOTE SACHA ALMANZA for AST Lt. Governor on JUNE 20th



Elder Intake Form

TODAY'S DATE_____ REFERRAL SOURCE_____

LAST NAME_____ FIRST NAME_____ MI_____

DATE OF BIRTH_____ MALE ___ FEMALE ___ VETERAN ___ YES ___ NO

STREET ADDRESS_____

CITY_____ STATE _____ ZIP CODE _____ PHONE NUMBER _____

SINGLE ___ MARRIED ___ DIVORCED/SEPARATED ___ WIDOWED ___ WIDOWER _____

SPOUSE'S NAME _____ SPOUSE'S DATE OF BIRTH _____

NAME OF EMERGENCY CONTACT (1) _____ PHONE _____

NAME OF EMERGENCY CONTACT (2) _____ PHONE _____

PRIMARY LANGUAGE ENGLISH ___ TRIBAL ___ OTHER _____

HOUSING ___ HOUSE ___ APARTMENT ___ COMMUNITY HOUSING ___ OTHER EXPLAIN _____

COMPOSITION ___ LIVES ALONE ___ LIVES WITH SPOUSE ___ LIVES WITH FAMILY/FRIENDS _____

OTHER EXPLAIN _____

NUMBER IN HOUSEHOLD _____ WHO HELPS _____

HEALTH HISTORY ___ ASTHMA ___ ALZHEIMER'S ___ ARTHRITIS ___ CANCER ___ DEMENTIA _____

DIABETES ___ CHRONIC PAIN ___ HEARING AID ___ CHOLESTEROL ___ BLOOD PRESSURE _____

PRIMARY TRANSPORTATION ___ Own Car ___ Friend ___ Public Trans. ___ Senior Tran's ___ Family _____

PROSTHETIC DEVICES ___ Walker/Cane ___ Wheelchair ___ Hearing Aid ___ Glasses ___ Dentures ___ None _____


ARE YOU ENROLLED WITH A DIFFERENT TITLE VI PROGRAM? ___ YES ___ NO

IF YES, NAME OF PROGRAM & WHERE LOCATED: _____

HEALTH CONCERNS _____

SERVICES CURRENTLY BEING RECEIVED _____

Absentee Shawnee Tribe
Behavioral Health Services



WHITE BISON, Inc.
A Cultural Approach to Personal Recovery
Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building
(east of the Shawnee Clinic, Bldg. 16)

For further information, contact:
Shawnee Behavioral Health Services: John 405-878-4716
Little Axe Behavioral Health Services: Dara 405-701-7987



Office of Environmental Health & Engineering
Brownfield Tribal Response Program

What is a Brownfield?



The EPA defines a brownfield site as "...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land."

Do you have land that you want to use for a business, park, or for cultural purposes, but are worried about possible contamination? If so, you may have a Brownfield site.

Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- Burned Homes
- Buried Dump Sites
- Open Dump Sites
- A Large Amount of Tires
- Former Cattle Dip Pit Sites
- Barrels of Unknown Substances
- Old Service Stations
- Oil Storage Facilities
- Oil/Gas Well Sites
- Old Dry Cleaning Businesses

If you have a Brownfield site that you would like to develop, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe
Brownfield Response Program
2025 S. Gordon Cooper Dr.
Shawnee, OK 74801
(405) 214-4235
AST.Environmental.Programs@astribe.com

Follow us on Facebook to view and comment on current and upcoming projects

 www.facebook.com/ast.environmental.programs

2020 MEETING SCHEDULE

AST ELDERS COUNCIL

DATE	TIME	LOCATION
January 18	10:00 A.M.	Title VI Bldg., Shawnee, OK
February 15	10:00 A.M.	Resource Center, Little Axe
March 28	10:00 A.M.	Title VI Bldg., Shawnee, OK <i>(1 week later due to AST election)</i>
April 18	10:00 A.M.	Resource Center, Little Axe, OK
May 16	10:00 A.M.	Title VI Bldg., Shawnee, OK
June 27	10:00 A.M.	Resource Center, Little Axe, OK <i>(1 week later due to AST election)</i>
July 18	10:00 A.M.	Title VI Bldg., Shawnee, OK
August 15	10:00 A.M.	Resource Center, Little Axe, OK
September 19	10:00 A.M.	Title VI Bldg., Shawnee, OK
October 17	10:00 A.M.	Resource Center, Little Axe, OK
November 21	10:00 A.M.	Multi-Purpose Bldg., Shawnee, OK
December 19	10:00 A.M.	Resource Center, Little Axe, OK

Meetings are scheduled for the 3rd Saturday of the month except for March and June, which are scheduled for the 4th Saturday due to possible elections.



Pendleton
Teton
Minnetonka



Handcrafted
native products
from all over!

2025 South Gordon Cooper • Shawnee, Oklahoma 74801
Monday-Friday 8AM - 5PM
&
Little Axe
Tuesdays and Thursdays 10AM - 3PM

Please call 405-275-4030 for additional details

AST DIABETES AND WELLNESS

1970 156th Ave. NE Norman, Oklahoma // 405-364-7298



Classes currently offered at the Resource Center

Aerobic and Strength Circuits

High-Intensity Interval Training

Zumba Dance Fitness

Cardio Kickboxing

FITNESS CLASSES

AT THE RESOURCE CENTER



Free exercise classes offered Monday-Friday
(5:45 p.m. - 6:30 p.m. class available on Monday and Wednesday only)

6:15 a.m. - 7:00 a.m. and 5:45 p.m. - 6:30 p.m.

A Diabetes prevention initiative provided by the Absentee Shawnee Diabetes and Wellness Program (405) 364-7298 or (405) 701-7977 or bbread@astribe.com/cwiens@astribe.com

Title VI

During the COVID 19- the Title VI Staff and Health Staff have been very busy keeping the Elders fed. We have given meals out to the homebound and we started on March 23 to give out meals to the Title VI Elders who can come get their meals. We have seven drivers to deliver meals in which they have delivered to at least 138+ homebound at five meals equals 690 meals plus there drinks and we have had an average of 70 elders to come to the Title VI site in Shawnee so that equals at least 350 meals plus drinks. We have been busy very busy and we get tired and we are willing to do what we can for the Elders. Wear your masks, wash your hands, keep your distance (6 ft.) drink your water, keep active (walk around the house with cans of veggies in your hands got to keep strong), call your family, facetime if you can, write letters (grandkids write your grandparents it will lift their spirits and good practice for you too.) Not sure when everything will be back to normal, if there will be a normal until then our normal for now is on Monday's will be delivering to homebound, one hot meal and four frozen meals and we will be handing out to those who can drive to the site - five frozen meals from 10 am to 2 pm at the Title VI Building in Shawnee and please stay in your car we will come to you. If you have any questions or concerns please feel free to contact us at 405-275-4030 ext 6227 or email me at dowings@astribe.com

Johnnie mae a Happy 84th Birthday!!



May 16th Armed Forces Day



May 25, MEMORIAL DAY



Mother’s Day May 10th!!!

A MOTHER
IS SHE WHO CAN
TAKE THE PLACE
OF ALL THE OTHERS
BUT WHOSE PLACE
NO ONE ELSE
CAN TAKE.

CARDINAL MERMILLOD
WWW.SHININGMOM.COM

May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		MENU IS SUBJECT TO CHANGE	2% MILK IS SERVE		1 Scrambled Eggs Sausage Gravy Biscuit	2
3	4 Grilled Chez Sandwich Chicken Noodle Soup Pickle/Fluff	5 Baked Chicken Wild Rice Veggies Mixed Fruit	6 Spaghetti w/meat sauce Green beans Salad Bar*	7 Smoked Sausage Mac n Chez Veggies Grapes	8 Grits Sausage Patties Fruit	9
10 	11 Salisbury Steak Winter mix Tossed Salad Pears	12 Baked Potato Ham, chez, onions Broc. N chez Pudding	13 Tamale Refried Beans Southwest Salad* Salsa	14 Baked Fried Chicken Mashed Pot/Gravy Brussel Sprouts Apricots	15 Scrambled Eggs Sausage Gravy Biscuit	16 
17	18 Hot Dog Tom, Onion & Cucumber Salad Chips	19 Chicken Fajitas Bell pepper n Onions Tortillas Spanish Rice Pineapples	20 Steak Fingers Mashed pot/Gravy Broccoli Crisp	21 Corn Beef Cabbage Bread Orange	22 Boiled Egg Bacon Toast Fruit	23
24	25 AST Complex Closed Memorial Day 	26 Chef Salad W / Chicken Cottage Chez Peaches	27 Pinto Beans w/ Ham Onions Spinach Cornbread	28 Tuna Salad Sandwich LTOP Baked Chips Mandarin Oranges	29 Cereal Toast Banana	30 <div>2020</div>

Title VI

Absentee Shawnee Tribe of Indians of Oklahoma

2025 South Gordon Cooper Drive

Shawnee, Oklahoma 74801-0381

Title VI

Elderly Nutrition Program

Dear Absentee Shawnee Tribal Members

For many years The Title VI Department has provided gas to mow your lawns. We are updating the guidelines. The Title VI Grant provides gas as supportive services and for us to provide supportive service you must be a participant in the Title VI Program.

Guidelines:

1. Absentee Shawnee Member

2. Must be 55 years and older

3. Must be an Title VI Member, have a current intake form on file (FY-2020)

4. Must provide Proof of Residency (utility bill – in the applicants name)

5. Handicap/Disabled

6. NO RENTAL PROPERTY WILL BE MOWED

As a Title VI Member as long as you are within the guidelines you can put in your application and turn in your applications to the Title VI Department. As stated on the application: Maintenance will only mow and weed eat applicants lawn. Maintenance will mow every two (2) weeks weather permitting. Also, the maintenance workers will not trim trees, shrubs, and will NOT move any items that are in the way of cutting your lawn.

This year we are trying to get an early start on our grass mowing list,

Any questions you can reach me at 405-275-4030 ext. 6227 or email me at dowings@astribe.com

Thomasine Owings

Thomasine Owings

Absentee Shawnee Tribe of Oklahoma

Title VI Department

2025 S Gordon Cooper Dr

Shawnee OK 74801

405-275-4030

CDIB # _____

D.O.B. _____

Grass Mowing Application

The Following are the requirements for this program:

1. Must be an Absentee Shawnee Member

2. Must be 55 years and older

3. Must be an Title VI Member (have an current intake form for the current year 2020)

4. Handicap/Disabled

5. Must provide Proof of Residency (utility bill must be in applicant's name)

6. NO RENTAL PROPERTY will be mowed

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weed eat applicant's lawn. Maintenance will mow every two (2) weeks, weather permitting. Also, the maintenance workers will not trim trees or shrubs.

If you have any questions, please contact Dos Owings at (405) 275-4030 ext. 6227

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

HOME PHONE: _____ MESSAGE PHONE: _____

EMAIL: _____

FINDING DIRECTIONS TO HOME:

*DISCLAIMER

Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.

WHEN DO I CALL 911?

Public Health officials are asking for your help. Your local 911 system (Police, Fire and EMS) may become overloaded because of patients requesting assistance when it is not a real emergency.

During this national emergency, we know and understand how anxious and overwhelmed people can become. However, we ask that all Oklahomans follow the CDC guidance for COVID-19 and **not call 911** when there isn't a real emergency.

When to Seek Medical Attention:

If you develop emergency warning signs for COVID-19 get medical attention immediately. Emergency warning signs include*:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or inability to arouse
- Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

Call 911 if you have a medical emergency:

If you have a medical emergency and need to call 911, notify the operator that you have or think you might have, COVID-19. If possible, put on a facemask before medical help arrives.

We understand and appreciate how this guidance goes against everything that we have been taught and have come to expect from our all of our emergency services. However, the exposure risks are too high to risk calling EMS unless it is a true emergency.

STAY HOME.

STAY SAFE.

STAY INFORMED.

OKLAHOMA
State Department
of Health

INFORMATION + UPDATES
CORONAVIRUS.HEALTH.OK.GOV
CALL CENTER: 877-215-8336 OR 2-1-1



May 2020 – Scheduled Closings

Dates Closed:	Time(s) Closed:	Locations:
Mon., May. 25th (Memorial Day)	All Day	All AST Health facilities CLOSED

For COVID-19 information, call our AST 24-Hour Coronavirus (COVID-19) Information Number: (405) 695-1787 or the Coronavirus (COVID-19) Call Center: 1-877-215-8336

In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay:
Little Axe Health Center at (405) 447-0300

Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall “Absentee Shawnee Tribal Health System”, Twitter @ ASThealth & on ASTHS website at www.asthealth.org

AST Emergency Alert and Critical Information Program

Sign up for alerts about emergencies and other important community news!

By signing up for the **AST Emergency Alert Program**, we can provide our members and employees with information quickly. You will receive alerts on severe weather, unexpected road closures, missing persons, evacuations, and other critical matters.

Sign up is easy and you can receive the alerts wherever you specify!

1

Go to www.astringe.com

2

On the menu bar, hover on Government

3

Under Offices and Teams click on Emergency Management

4

Click on the AST Emergency Alert Program banner and follow the prompts to enroll today!


*Please note, you may choose the type of notifications/alerts you would like to receive.

Try using some of your pantry or freezer staples to make this yummy and easy recipe! Feel free to customize based on what ingredients you already have in your home.

Nutrition Corner

AST DIABETES AND WELLNESS

Baked Oatmeal



Yield: 6 large servings

Ingredients:

- 1 1/2 cups old fashion or rolled oats
- 1 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- 1/2 teaspoon baking powder
- 1/8 teaspoon salt
- 2 medium very ripe bananas, mashed
- 1/3 cup all creamy peanut butter
- 1&1/3 cups unsweetened almond milk or milk of choice
- 1 tablespoon maple syrup
- 1 tablespoon vanilla extract
- 1 tablespoon chia seeds (optional, it's okay if you do not have this ingredient!)

Directions:

- Preheat oven to 375 degrees F. Grease an 8x8 inch baking pan with nonstick cooking spray or coconut oil.
- Combine the oats, cinnamon, nutmeg, baking powder and salt in a medium bowl; set aside.
- In another medium bowl, mash the bananas well, then whisk in the peanut butter, almond milk, maple syrup, vanilla and chia seeds.
- Whisk the dry ingredients into the wet ingredients and mix until well combined.
- Pour into prepared pan and bake for 30-40 minutes or until top is barely golden brown and set.
- Remove from oven and let sit for a few minutes to cool
- Topping suggestions: sliced banana, blueberries, strawberries, a dollop of peanut butter, dark chocolate chips, shredded coconut. YUMMMM!

*Recipe adapted from Ambitious Kitchen

Nutrition Facts: (per serving)
230 cal, 10g fat, 30 g carbs, 6g fiber, 8 g sugar, 8 g protein

www.astringe.com/newsletters





On your Cell Phone, Computer or In Home Delivered Paper!

Stay up to date on the latest issues or research the past issues! Keep informed of Tribal News, Events, Health Updates, Celebrations, Honors, Services and so much more...

We are The Absentee Shawnee News.


For advertising rates or available run dates call, **405-598-1279** or email stiger@astribes.com

Try using some of your pantry or freezer staples to make these yummy & EASY recipes! Feel free to customize based on what ingredients you already have in your home.

Nutrition Corner

AST DIABETES AND WELLNESS

Southwest Tuna or Chicken Salad



Yield: 8 servings

Ingredients:

- 2 Cans Solid or Chunk Tuna in water, drained (5 oz. each) or 1 can of chicken (about 12 oz)
- 1 15oz. can Diced Tomatoes
- 1 15oz. can Low Sodium Black Beans, Drained and Rinsed
- 1 Cup Corn Kernels (canned or frozen and thawed)
- 1 Bell Pepper, diced
- 1/4 Cup Red Onion, Finely Diced
- 1 Tablespoon Lemon or Lime Juice
- 1 cup Plain Greek Yogurt
- 1/4-1/2 cup Light Mayo or Light sour cream
- 1/4 t. Chili Powder
- 1/4 t. Cayenne Pepper
- 1/4 t. salt and Pepper
- 1/2 t. Oregano
- 1/2 t. Paprika
- 1/2 t. Garlic powder
- 1 t. Cumin

*optional: 1/4 Cup Jalapeno, Cilantro

** If Greek Yogurt is not available, can use additional light mayo or sour cream

Directions:

⇒ If using tuna, drain can and then soak up extra water with a paper towel.

⇒ If using chicken, place chicken in a warm skillet and lightly brown. (Chicken is already cooked, this is just a preference).

Place all the ingredients in a large mixing bowl. Stir until well combined. Serve on a lettuce wrap, whole wheat tortilla/bread, pita bread, or crackers. Or just eat by itself. It's that good!! Keep covered in fridge for up to 5 days.

Nutrition Facts: Southwest Chicken or Tuna Salad: (per serving)
157 cal, 3 g fat, 0 g sat fat, 1 g mono fat, 1 g poly fat, 0 g trans fat, 20 mg chol, 292 mg sodium, 615mg pot, 19 g carbs, 4 g fiber, 14 g protein, 27% vit A, 54% vit C., 8%

PURCHASED REFERRED CARE NEWS



The AST Purchased Referred Care Team is here to assist you.

Please follow the PRC guidelines. Keep a copy on hand and update your information.
To update your patient information, please see patient registration.

SHAWNEE CLINIC PURCHASED REFERRED CARE HAS MOVED.

We are now located in
SHAWNEE CLINIC (BLDG. 17)
Our phone numbers have NOT changed.

EMERGENCY AND URGENT CARE SERVICES

PRC for a currently enrolled AST citizen who resides in the defined catchment area and needs emergent or urgent care.

1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
2. Notify PRC on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify PRC within 72 hours, your bills will not be paid.
3. For AST citizens with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
4. For AST citizens with insurance, evidence must exist that a third-party resource has made the determination such services were “emergency care” or “urgent care.” Such evidence may include payment from private insurance.
5. In the event that you receive a bill from a provider, please provide a copy to PRC. **You may leave bills at the Little Axe Health Center PRC office or the Shawnee Clinic PRC office.**

PURCHASED REFERRED CARE FOR AST CITIZENS WITH INSURANCE

PRC for a currently enrolled AST citizen who resides in the defined catchment area and has Medicare or private insurance.

1. To complete existing PRC patient updates, **please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic** during regular hours of operation.

For new AST tribal citizens, to become established for PRC services, please make an appointment to see the **New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic** during regular hours of operation.
2. Notify PRC at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
3. Inform provider/health facility that AST PRC is a secondary payer/payer of last resort.
4. In the event that you receive a bill from a provider, please provide a copy to PRC. **You may leave bills at the Little Axe Health Center or Shawnee Clinic.**

EASY ACCESS

Purchased Referred Care is conveniently located
in Little Axe Health Center and in
Shawnee Clinic, Building 17.

8:00 a.m. – 5:00 p.m., Monday – Friday
Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

PURCHASED REFERRED CARE FOR AST CITIZENS WITHOUT INSURANCE

PRC for a currently enrolled AST citizen who resides in the defined catchment area and does not have insurance.

1. You must apply for all resources available to you, such as: Medicaid, Medicare, Worker’s Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. PRC staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
2. To complete existing PRC patient updates, **please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic** during regular hours of operation.

For new AST tribal citizens, to become established for PRC services, please make an appointment to see the **New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic** during regular hours of operation.
3. You must utilize the services provided within AST health clinics prior to being referred out.
4. Referrals for outside services must be sent to PRC. Services must be medically approved by an AST Health provider and/or CMMR Committee.
5. An appointment will be scheduled, and a COB will be sent to the outside provider.
6. In the event that you receive a bill from a provider, please provide a copy to PRC. **You may leave bills at the Little Axe Health Center or Shawnee Clinic.**

IMPORTANT CONTACTS

BILLING & PAYMENT INQUIRIES *Little Axe Health Center & Shawnee Clinic*

Glendine Blanchard, PRC Director
Darla Gatzman, PRC Specialist
Lena Carroll, Claims Processor
Jennifer Wells, PRC Technician
Kareena Deere, File Clerk

REFERRAL MANAGEMENT *Little Axe Health Center*

Debi Sloat, PRC Deputy Director/RN
April Parton, PRC Health Specialist/LPN
Jayne Werst, PRC Specialist, Medicaid Patients
Melinda Ferrell, PRC Specialist

REFERRAL MANAGEMENT *Shawnee Clinic*

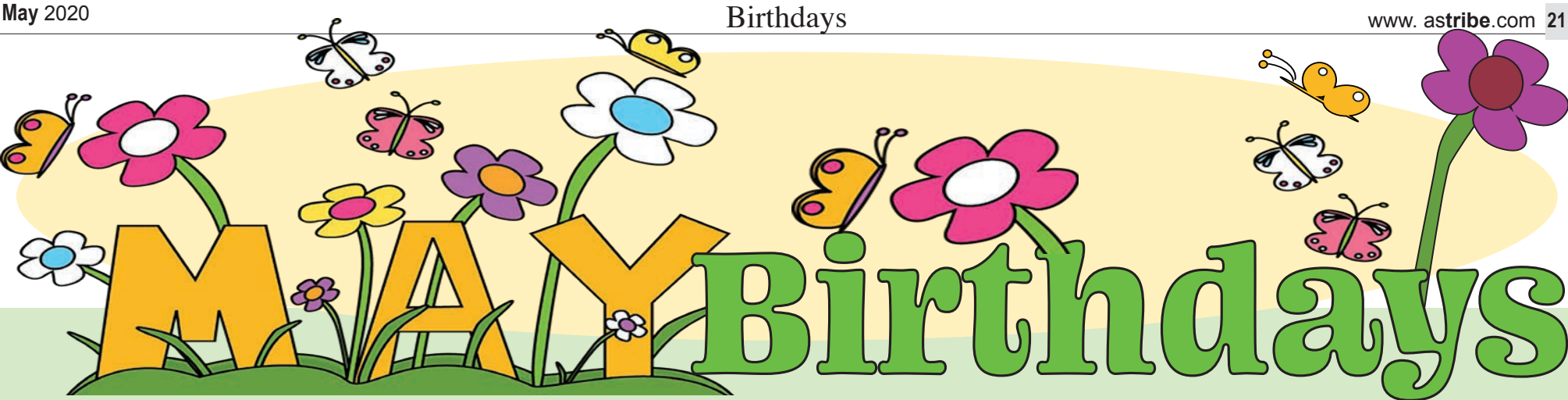
Flo Mann, PRC Specialist, AST Patients/LPN
Laurie Webber, PRC Specialist, IHS Patients/LPN
Carrie Stanley, PRC Specialist, Medicaid patients/
Medical Assistant

LITTLE AXE HEALTH CENTER PRC
405.701.7951 (Please follow voice prompts)
405.447.0300 (Secondary)

SHAWNEE CLINIC PRC
405.878.5850 (Primary)
405.878.4702 (Secondary)



ABSENTEE SHAWNEE TRIBAL
HEALTH SYSTEM
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Ahtone, Catlin Ray	Ellis, Holly Diana	Littlecreek, Dakota Dwight	Simpson, Wade James
Alford, Amy Dianne	Ellis, Sara Gabriel	Littlecreek, Tiffany Nicole	Smith, Jeremiah Robert
Alford, Christian Shawnee	Evans, Lisa Michelle	Littlecreek, Tristyn Denae	Smith, Lily Kendrick
Alford, Magdalena Spaneta	Factor, Jaremyah Jamez	Longhorn, Sean Ray	Smith, Richard Alexander
Allen, Lucinda Nicole	Feeling, Lavonna Jean	Longhorn, Weda Louise	Smith, Trenn Talen
Allen, Patricia Ann	Fenner, Titan Russell	Lopez Jr, Rolando	Smith, Valerie Ann
Arnold, Keirstin Rene	Ferrell, Alyssa Kay	Lovins, Earl Dean	Smith, Vanessa Rae
Atchico, John Edward	Ferrell, Amber Nicole	MacGill, Georgia Sue	Soap Jr., John Lee
Atwell, David Eugene	Ferrer, Joshua Lee	Mack, Rylan Emory	Soap, Kree Eugene
Atwood, Reagan Nicole	Fife, Gabriel Douglas	Malone, Marcus Jerome	Soap, Roger Eugene
Barton, Trae Lee	Fife, Teresa Laura Irene	Mann, Sallie Arlene	Speck, Haley Kalyn
Bates, Akiane Karee	Fink, Brayden Lee	Masquat Jr., George	Spicer, Amber Jo
Baughman, Brenda Jane	Footracer, Lee Anna Gail Stubb	Masquat, Chelcy Nicole	Spoon Jr., Robert Ray
Belvin, Justin Ray	Foreman Jr., Leonard Dewayne	Matthews, Mary Caroline	Spoon, Joplin Dupre
Bender, Leal Desma	Foreman, Jacob Collin	McAfee, Justin Samuel	Spoon, Landon Joe
Bennett, Blake Tristan	Foreman, Jalen Hawke	McGowan, Patricia Lynn	Spoon, Lexi Della-Ann
Bentley, Curtis Lee	Frazier, Rylan Ambrose	McMillan, Shelly Kristin	Spoon, Tinslee Jo
Bettelyoun, Lula Mae	Fritsch, Joley Marie	Medina, Alyssa Pamela Lee	Spriggs, Warren Paul
Bigpond, Roy	Galloway, Zachary Adam	Megehee, Douglas Dewayne	Springer, Delores Ann
Black, Timothy Wayne	Garbarini Jr., Alfred Ralph	Megehee, Tonia Lynn	Spybuck, Easton Cade
Black, Whitney Brooke	Gibson Sr., Roy Gene	Mendoza, Amanda Ranee`	Squire, Nathan Gene
Blackburn, Gayle Ann	Gibson, David Michael	Meyer, Doreen	Starr III, Henry James
Blanchard, Caelynn Blu	Gibson, Jeffrey Wayne	Miller, Casey Ryan	Starr, Anthony Craig
Blanchard, Dakota Joshua	Godwin, Lucy G.	Miner, Heather Rochelle	Stevens, Laurence Paul
Blanchard, Glendine	Gouge, Kara Joe	Minesinger, Scott Brooker	Stewart, Gracie Nicole
Blanchard, Joey Edward	Granstrom, Cody James	Mitchell, Desiree Rose	Stone Jr., James Lee
Blanchard, Joseph Henry	Graves Pyrch, Karen Sue	Molenhour, Lacey Rei	Strain, Cynthia Ann
Blanchard, Mariana Lillian	Graves, Sharol Annette	Mondragon, Angela Kay	Stuckey, Slade Wilson
Bradley, Jerry Dean	Gray, Branden Tyler	Monk, Jaxon Eugene	Sultuska, Ella L.
Bradley, Terry Don	Gray, Dakota Christian	Montgomery, Matthew Schyler	Sultuska, Jerry Wayne
Bradshaw, Alisa Marie	Greeley, Carsyn Ryan	Daugherty	Sultuska, Rodney Steven
Brady, Lynn Marie	Griffin, Diane Sue	Moore, Anniah Faith	Surface Jr., Robert Monroe
Brandon, Susanne Christine	Groves, Mya Leighann	Moore, Emily Renee	Szoke, Debra Jean
Breeding, Sean K. C.	Hale, Kathy Sue	Morgan, Polly A Littlebear	Talbert, Elania Michelle
Brinson, Ariana Isabel	Hall, Emily Katherine	Morton, Jeremiah James	Talbert, Elliana Grace Elizabeth
Brister, April Angela	Harjo, Eric Wayne	Morton, Nora Jane	Tallchief IV, Eves
Brocksmith, Chloe Elizabeth	Harjo, Hiyatike Star	Munroe, Douglas	Tallchief, John G.
Brown, Brittany Ciara	Harris, Konner Lee Little Charley	Neese, Lisa Marie	Tarbox, Crystal Lynne
Bruner, Aidan Alex	Haumpy, Taj-Ah Billy	Neugent, Alena Dee	Taylor, Darwin Jacob
Bryant III, Chester A.	Heath, Spencer Blake	New Moon, Jake Lee	Tebe I, Mavrik West
Buckley, Gerald Wayne	Hendrick, Luke Michael	New Moon, Jennifer Brooke	Tebe, Priscilla Grace
Buckner, June Marie	Hill, Yvette Carmel	Newton, Jessica Ann	Thompson, Bryanna Lotus
Bullard, Adam Drew	Hood Jr., Warren Weslyon	Noyes, Paula Jo	Thompson, Teresa Renee`
Bullock, Royce Jaxxon	Hood, Lisa	Oldham, George Lynn	Thornhill, Noah Hunter
Bump, Karli Jessica	Hood, Thomas Edgar	Onzawah, Deborah Kay	Thorpe, Burke James
Bustamante, Andrea Nadine	Hough, Norma Louise	Orta, Jovanni Alejandro	Thorpe, Sheelby Ahkeynay Jamese
Byers, Christian Daniel	Humphrey, Carol Lee	Ott-Proctor, Lylli Lee Ann	Tiger, Jennifer Diane
Byers, Eric Nelson	Hunt, Dominique Annastasia Marie	Panther, Jeffery Wayne	Tiger, Tru Anthony Shane
Cagle, Alicia Nicole	Hutchinson, Velma Rae	Parker, Carla Marie	Uchida Jr., Stephen Robert
Campbell, Charles Elbert	Irvin, Steven Benjamin	Parker, Shawn Ian	Valdivia, Jenika Nicole
Caudillo, James Emanuel Dean	Jackson III, Mark Sweeney	Pawpa, Donald Wayne	Vega, Jaslene Meliah
Caudillo, Jamie Lynn Ladeanna	Johnson Jr., Richard Taft	Pearl, Melvin Joe	Wade, Chelsea Nicole
Charley, Melloney Ann	Johnson, Coree Lee	Pitner, Kamryn Nicole	Wakolee, Carmen Jean
Charley, Michael Arron	Johnson, Curtis Ray	Powell, Fawn Laverene	Walker, Jo Ann Louise
Clark, Summer Lynn	Johnson, Gabriella Kayann	Powell, Kendall Lynn	Wallace, Brenda Gayle
Clinesmith, Blake Weston	Johnson, Joshina Leeshay	Pyrch, Lauren Karly	Warrior, Johnnie Andrew
Coddington Jr., Kevin Dwayne	Johnson, Michael Scott Isaiah	Raisbeck, David Nathaniel	Warrior, Kenneth James
Collett, Bonnie Sue	Johnson, Nicholas James	Ramirez Jr., Florentino	Watkins, Jamie Lynn
Combs, Michelle Lynn	Johnson, Tabitha Rose	Ramirez, Elicia Marie-Alka	Watson, Ambra Denise
Conces, Lorena Olivia	Johnson, Walter Kirby	Ramirez, Jaxston Cole	Watson, Brittany LaDawn Paige
Conover, Gloria Jean	Jones, Aubrey Renee	Reavis, Ricci Donnice	Danielle
Cook, Israel Aaron	Kaseca, Barry Alvin	Reynoso, Melissa Sue	Watson, Janelle Ilise
Coon, Justin Kyler	Kaseca, Kantynn James	Roach, Dakota Eugene	Watson, Thomas Aaron
Cope, Sawyer Dawson	Kaseca, Roy James	Robertson, Rita Jean York	Wesley, Ula Mae Welch
Coyle, Dr. Sarah Michelle	Keith, Marshall Collins	Robison, Morgan Tell	White IV, Charles Daniel
Creamer, Cora Mae Starr	King, Lynee Rue	Robison, Thomas Aaron	White, Brooklyn Dee
Crenshaw, Jennifer Lois	Kirby-Gibson, Ian Jacob	Rochon, Gerald Wayne	White, Caitlyn Rose
Cripps, Anita Louise	Kitchen, Ruben Vincent	Rock, Micheal Eugene	White, Clayton Randall
Cuellar, Orietta Faith	Kmatz, Mindy Lynnette	Rolette, Domini Antoinette	White, Milo Everett
Dankenbring, Bryce Thomas	Knighten, Cassandra Renea	Rolette, Gilbert Earl	Wilkerson, Katie Evalyn
Daugherty, Everly Grace	Kobs, Jennifer Ann	Rolette, Joshua David Michael	Williams, Colton Alexander
Davis, Dale Allen	Kowitz, Michael Raymond	Ryan, Royce Liam	Williams, Heath Floyd
Davis, Dannica Butch	Laplant, Asher Jay	Salazar, Terry Lee	Wilson, Cecil Alan
De Jear, Bayleigh Ruth	Lasenberry, Harper Rose	Salisbury, Lucas Holden	Wilson, Christopher Blaine
Deere, Shawneen Estelline	Leedom, Courtney Dawn	Salisbury, Mara Ann	Wilson, Diana Lynn
Deere, Sky Nichole Christine	Little Axe, Sabrina	Sanchez, Christopher	Wilson, Francis Lynn
Denny, Jacqueline	Little Charley, Cheryl Jean	Sanders, Patty Ruth	Wilson, Helen June
Dospapas, Verna May	Little Charley, Terry Lee	Schulenberg, Donald Derek	Wilson, Lana Louise
Downey, Zachary Layne	Little Creek, Vernon Dale	Seaton-Blanchard, Sarah Shiloh	Womack, Raelynn Lekay
Ducharme, Kathon Clay	Little, Jadyn Alise	Sevier, Elliott Rose	Wood, Lillian Kay
Ducharme, Lindsey Nicole	Little, Madison Diane	Shawnee, Jarrett Lloyd	Woods, Justin Matthew
Ellis, Gregory Scott	Little, Stormy Autumn	Shular, Monte Lee	Wucinski, Gary Ray
Ellis, Heather Ann	Littlecreek, Anderson Doreece	Simmons, Desirai Diann	Yargee, Lizzie DeAnna-Jo
			Young, Lynda Renee

NATIVE CONNECTIONS GRANT STRENGTH OF TRADITION PROJECT

This project provides support in:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about our program, please contact us!

Margo Wahpekeche
Grant Coordinator
405-701-7995

Linda Gouge
Grant Project Director
405-701-7989



"This flyer was developed under a grant number SM080181 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS."

Happy Happy Birthday to my
Awesome Grandson
Joplin Dupre Spoon
Happy 12th
I love you bunches, Hugs & Kisses
Granny Low

Honoring Our Past With Promise for Our Future

**LIFE is Beautiful
Living Meth Free**



National Suicide Prevention

**1-800-273-8255
(TALK)**




Joplin Spoon

Joplin D. Happy 12th Birthday to my AMAZING, young man!!
You're growing up on me!! **I LOVE YOU SO VERY, VERY MUCH!!**
Love Always, Your Momma XoXoXo

Joplin


Auntie wishes you the Happiest
12th birthday!! You Deserve it!! **I LOVE
YOU VERY, VERY MUCH!!**

**XoXoXo
Aunt B &
Cousins C&D**



JOP- Happy Birthday little Brother!

Hope your day is special just like you are!! Love and Hugs!!
XoXoXo ABig Brother Justin and Big Sister Jiliyan





Oklahoma Department of Rehabilitation Services

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We are here to serve you and empower Oklahomans with disabilities!


Nido P. Tomagos, M.S.
Division of Visual Services
Vocational Rehabilitation Specialist III

405-574-1704

Cell: 405-544-6804
Fax: 405-222-5728
1000 W. Choctaw
Suite 4
Chickasha, OK 73018
ltomagos@okdrs.gov



Oklahoma Department of Rehabilitation Services



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Norman, OK 73026
405.447.0300

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Rolanda Smith 405.701.7987

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2029 S. Gordon Cooper Dr.
Shawnee, OK 74801
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We need to **VOTE** for **RESULTS!**

And not just **TALK!**

ELECT



BETTY L. WATSON

I am your Candidate for Treasurer, and I am also an Elder. As an elder, I know the importance of family and the responsibility of protecting and providing for the well-being of each of our family members. And, I see the whole Tribe as our family. We are in the midst of this invisible coronavirus crisis, and I am deeply concerned about the effect this will have on our health and the economic impact it will have on each tribal member and our Tribal financial resources. The economic security is uncertain and changes with each day for individuals and the Tribe. I want to maintain a secure harbor that each of you can depend on in your time of need.

Our elected officials have a top priority in taking care of the needs of all tribal members, especially the Elders, the greatest “*at-risk*” age group. The EC must develop strategic plans to address the needs of families requiring immediate assistance in providing health and financial assistance for food and shelter due to loss of jobs and income. Also, I am concerned about the Tribe’s income that may be at risk if the closure of the casinos continues. The casino revenues are the major source of income the Tribe receives to support the general fund to help fund our tribal operations and needs beyond the BIA funding and grants. We must curtail the excessive spending of General Funds on land purchases and risky business decisions. We must conserve a tribal budget that will sustain the operation of the tribal government in an emergency like this for at least two years. Presently we do not have that cushion. WE MUST DEVELOP ADDITIONAL ECONOMIC DEVELOPMENT PROJECTS THAT WILL CREATE ADDITIONAL REVENUES FOR THE TRIBE.

I HAVE THE EXPERIENCE, KNOWLEDGE, AND WISDOM TO BE YOUR TREASURER AND MY PLATFORM IS SIMPLE, BUT IT TAKES THE OTHER EC MEMBERS TO MAKE IT WORK.

IF ELECTED, I WILL DO MY BEST TO KEEP MY PROMISE TO:

1. Uphold the Constitution and By-Laws of the Tribe and honor the wishes of the General Council. I will keep the General Council informed of major decisions affecting the Tribe and conduct the business of the Tribe with accountability and transparency.
2. Create business opportunities through ASEDA (the economic development arm of the Tribe). The income generated from ASEDA would go to the general fund to provide services and benefits for all tribal members regardless of where they live.

Currently, there is no transparency in the actions of the Executive Committee in informing the General Council concerning the COVID-19 decisions made to protect the Tribe and its members and addressing the needs of the membership. Many do not have access to Computers/Facebook but do receive the tribal newsletter. General Council needs to be informed of significant decisions in purchasing land and expenditure of general funds.

ASEDA needs to be re-evaluated, the original ASEDA was created as a federal charter under Section 3 of the Oklahoma Indian Welfare Act and voted by a referendum vote of the General Council. I understand two additional corporations exist, and they are AST Enterprises & OK ASEDA, Inc., both Oklahoma Corporations & need to be dissolved. The Federally chartered corporation ASEDA has more authority and opportunity for economic development growth. ASEDA and the C-Store are independent corporations created to generate income and operate independently from the Tribe. We cannot continue to put money from the General Fund into the Bank, C-store, and ASEDA to operate without paying the money back to the Tribe.

3. Identify and develop a Land Use Plan that would utilize the land the Tribe owns for the highest and best use. Develop a national marketing plan to entice companies and businesses to locate on our land that would create income and jobs for our Tribe. The main priority would be to put non-trust land into trust for the Tribe.
4. Evaluate the present financial structure of the Tribe and current economic development projects: TB Convenience Store, All Nations Bank, ASEDA, TB Casino and Shawnee Casino, Li Si Wi Nwi, Inc., ASTHA, Tax Commission and develop a strategic plan to improve economic growth.
5. Identify and implement new economic development opportunities the Tribe has outside our present land base. This economic development will provide additional revenues that could be used for additional services, benefits, and per capita for all tribal members.
6. I want to explore the possibility of providing term life insurance for all elders 50 years of age and older that would provide surviving families left behind additional funds to pay additional expenses and debts of the deceased.

We have not developed a Land Use Plan for the trust and non-trust land. Non-trust land is land the Tribe pays property taxes every year. This is a liability as it is money we pay out of our general fund account. We cannot afford to keep paying on land that is not making an income for the Tribe. The EC has hired consulting firms in the past but did not get a viable plan for the use of the land.

Develop a strategic five (5) and ten (10) year strategic economic development plan that would include the local community and Tribe for economic, health, social, infrastructure growth for the Tribe. The Strategic Planning would include the key personnel in all of Tribe’s income producing assets mentioned above.

Details to be provided at a later date.

Our tribe is being financially challenged during this conoravirus crisis, and we need real leadership to make decisions that will give us financial stability! We need to elect a treasurer with experience, wisdom, knowledge, and confidence to meet the financial challenge in the months to come.

VOTE FOR ME, I WILL MAKE A DIFFERENCE AND CREATE ECONOMIC PROSPERITY FOR OUR TRIBE.

You can contact me via E-mail: blwatson915@yahoo.com or by phone (405) 761-6958 with your comments and concerns. Thank you!

A little Note for the Tag Office

Did You Know ...

Any name changes that may occur (i.e. marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.

IMPORTANT NOTICE!

The Criminal Court Dockets have moved from 2nd Wed. afternoons at 1:30pm to 2nd Wed. mornings 9:00am.

Winter WHEELS GIVEAWAY

RESCHEDULING INFORMATION COMING SOON

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NORMAN

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IF YOU WOULD LIKE TO SUBMIT A STORY OR ARTICLE

Give us a call at (405) 598-1279 or (405) 481-0588 or send us an email to stiger@astribe.com

All Articles for the Next Month's Issue are DUE by the 15th of the Current Month.

UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT PER BIRTHDAY WISH.

ABSENTEE SHAWNEE TRIBE – SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030

Gov.	Governor John R. Johnson	6308
	Alvina Barnes	6307
	Kim Porter.....	6269
	Victor Flores.....	6301

Lt. Gov.	Lt. Governor Kenneth Blanchard.....	6253
	Diane Ponkilla	6267
	6325

Secretary	Secretary Ezra DeLodge	6289
	Fallon Jackson.....	6275
	Kylia Pinson	6306

Treas.	Treasurer Phillip Ellis	6280
	Laikyn Roberts.....	6309
	Twyla Blanchard.....	6341

Rep.	Rep Atheda Fletcher.....	6239
	Jennifer Campbell	6240

RECEPTIONIST	4030
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ASEDA		
Jeff Rabon.....		6335
David Deer.....		6263

ATTORNEY		
Gary Pitchlynn		6313

BIA/SELF GOVERNANCE		
Michael Deer.....		6325

COURT		
Chelsea Cope		6241
Lea Bettelyoun.....		6260
Ashley Stanley.....		6336

CULT. PRES. / GIFT SHOP		
Carol Butler		6245
Merry Rodriguez Gift Shop).....		6310
Gift Shop.....		6254
Devon Frazier (THPO)		6243
Ashley Brokeshoulder.....		6312
.....		6340
Kay Bemo.....		6238
Casey Wilson (Librarian).....		6416

DOMESTIC VIOLENCE/FAMILY SERVICES		
Melissa Lopez		6333
Leslie Harris		6326
.....		6224
Bryisha Payne.....		6315
Taylor Wills		6293
Lacey Carey		6298
Wendy Stafford		6226
.....		6277

EDUCATION		
Tresha Spoon.....		6242
Brandon Goodman.....		6255

ELECTION COMMISSION		
Emily Longman.....		6271

ENROLLMENT		
Amanda Webb		6292
Marla Massey.....		6288
File Room		6290

FINANCE		
Jason Murdock		6233
Jennifer Crenshaw		6228
Sandra Burnett		6294
Tracey Dickson.....		6279
Kymberly Hazlett.....		6250
Courtney Green.....		6300
Holly Davis		6265
Colleen Longhorn.....		6320
Bralynn Barnes		6385
Laina Martin		6424
Phyllis Wahahrockah-Tasi (Grants)		6338
Lu Kindblade (Grants).....		6283
Kryste Carter (Grants).....		6284
Charla Garcia.....		6344
Bronte Pearson (Grants)		6295
Conf. Room.....		6397

HUMAN RESOURCES		
Elizabeth Clark		6296
Casey Adams		6337
Hailey Scroggins.....		6222
Katie Carlaw		6346
Jennifer Dixon		6252
Lauren Parish.....		6423

ICW		
Reagan Abbiss		395-4491
Angela Redding		395-4492
Sherry Clem.....		395-4493

MAINTENANCE		
Kevin Kaseca.....		6316
SheilaOrphan.....		6331
Robert Komacheet, Joe Marton, John Mann		
Reta Harjo.....		6249
Stephen Fife, Isaac Bettelyoun, Stacy Coon,		
Duke Blanchard		

MIS		
HELP DESK.....		3100
Travis O'Dell.....		6327
Donna Cody		6402
Amelia Grass.....		6329
Fred Brown.....		6342
Rafael Rodriguez.....		6332
Kelly Chambers.....		6328

OEH		
.....		6223
Jarrold Lloyd.....		6229
Devin Leitka		6299
Kyra Underwood.....		6398
Micah Issacs.....		6230

POLICE DEPT		275-3200 / 275-3432
Brad Gaylord (Chief).....		6302
Jason Brinker		6259
Steven Crisp.....		6262
Linda Day		6261
James Woolbright		6276
.....		6268
Patrol Room.....		6278
Chard Larman Emergency Mgmt.		6391

ALL CORRECTIONS PLEASE EMAIL TO: KCHAMBERS@ASTRIBE.COM

PROCUREMENT		
Misty Griffith.....		6291
Amy Guffey		6244
Tara Battise.....		6281
Rebecca Kennedy.....		6410
Blake Wiggins		6422
Lisa Camren.....		6232
Brayden Queen		6339

REALTY		
Charlotte Valero (Director)		6246
Cara Usrey (Probates).....		6248
Taylor Carter.....		6247
Yecica Gutierrez.....		6420
Kimberlee Billie.....		6235

SOCIAL SERVICES		
Annie Wilson (Director).....		6311
Nancy Edwards		6225

TAX COMMISSION / TAG		
Alicia Engler... ..		6257
Shelby White		6258
Michael Pringle.....		6286
Sarah Pringle		6237

TITLE VI		
Thomasine (Doss) Owings (DIR).....		6227
Lula Bettelyoun, Donna Butler, Robert		
Schoolfield, Ted Watson, Cindy		
Carpenter.....		6270

OTHER EXTENSIONS		
Bldg. 1 Conf. Rm.		2009
Bldg. 1 Break Rm		6305
Gov. Bldg. 2 Conf. Rm.		6330
Fam. Svcs. Conf. Rm.		6311
Finance Conference Rm.....		6236

OTHER ENTITIES & TOLL FREE		
All Nations Bank.....		273-0202
ASEDA		878-6782
Toll Free		1-800-256-3341
Brendle Corner		447-3372
Building Blocks		878-0633
(Barbra Pope)		
Building Blocks III LA		360-2710
(Skye Foreman)		
Housing.....		273-1050
Human Resources.....		275-1468
Media		598-1279
(Sherman Tiger)		
OEH/OEP.....		214-4235
Police Dept.		275-3200 / 275-3432
Thunderbird Casino NRM		360-9270
Shawnee Casino		273-2679
Tribal Store (Little Axe).....		364-0668

LITTLE AXE CLINIC		
Clinic - Medical.....		447-0300
L.A.Plus Care.....		447-0477
Dental Clinic		307-9704
Diabetes		360-0698
Pharmacy		292-9530
Resource Center		364-7298
(Chrissy Wiens, Buster Bread, Blake Goodman)		

SHAWNEE CLINIC		
Clinic (Bldg. 17)		878-5850
Pharmacy		878-5859
Toll free		1-866-742-4977
Rhonda Kaseca		878-4702

Last updated: 2/11/20

***** EMERGENCY NUMBERS *****

EMERGENCY ASSISTANCE.....	911
HEARTLINE EMERGENCY.....	211

TRIBAL POLICE	405-275-3200
---------------------	--------------

TRIBAL EMERGENCY MANAGER.....	405-740-1562 (Cell)
-------------------------------	---------------------

SHERIFF.....	405-273-1727
--------------	--------------

CITY POLICE.....	405-273-2121
CITY EMERGENCY MANAGEMENT.....	405-273-5272
COUNTY HEALTH DEPT.....	405-273-2157

SHERIFF.....	405-701-8888
CITY POLICE.....	405-321-1600
HEALTH DEPT.....	405-749-1591

OG&E.....	405-272-9595
.....	800-522-6870

CANADIAN VALLEY.....	405-382-3680
DEPT. OF ENVIRONMENTAL QUALITY.....	800-522-0206
HIGHWAY PATROL.....	405-425-4385

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State of Oklahoma

Absentee Shawnee

Absentee Shawnee

Pottawatomie County

Shawnee
Shawnee
Pottawatomie County

Cleveland County
Norman
Cleveland County

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ROAD Conditions OKLAHOMA
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