

THE ABSENTEE Shawnee News

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SEPTEMBER 2015 VOLUME 27 No. 40

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LITTLE AXE HEALTH CENTER 2015 2ND ANNUAL HEALTH AWARENESS FOR ALL GENERATIONS



GENERAL COUNCIL MEETING OCT 24TH 10:00 A.M. THUNDERBIRD ENTERTAINMENT CENTER NORMAN, OK



Hello my Absentee Shawnee people!

The heat has, at times, been oppressive here in the Shawnee area. It seems to me that with all the rain we had last month this month's humidity is more intense than I can ever recall it being. We have had many of our elders in need of air conditioning and it seems like more tribal members have needed temporary assistance to pay for their electric bills. Due to these temperature changes we are seeing more plant growth and our landscaping needs have become more noticeable.

There were several meetings and/or events I have attended over the last 30 days and they are as follows:

- July 23rd: Absentee Shawnee tribal audit the
 - Tribe has multiple deficiencies
- July 28th: OIGA conference

August 7th: AST Day—employees were given this day off

August 8th: War Dance—attended the Absentee Shawnee War Dance

Also, this month I, the Representative, and our new Secretary, visited with the recently appointed Oklahoma Secretary of State and the Native Affairs, Deputy Assistant. The Secretary of State, Chris Benge, is a recent cabinet level appointment



of Oklahoma Governor, Mary Fallin, and is a Cherokee tribal member. Brian Hendrix, Native Affairs, Deputy Assistant, is an enrolled member of the Muscogee Creek Nation and has formerly worked for the Oklahoma District Attorney's Council and for the Stillwater Drug Court. During this meeting we discussed:

- \boxtimes Collaborations
- ⊠ 'Business of Ethics'
- ⊠ Agriculture issues—pertaining to Red Cedar
- ☑ Native American Caucus—who is on this OK legislative committee and how often they meet
- \boxtimes Cross-deputization(s)
- ☑ Priorities of Oklahoma Governor Mary Fallin—Education, Healthcare, Incarceration

During this meeting I spoke to Secretary of State Benge and Mr. Hendrix on the long and distinguished history of our people and Representative Blanchard gave them a hard copy of our history. I then discussed a few key concerns the Tribe was seeing in relation to the Education priority Governor Fallin speaks on, such as the educational curriculum, testing, culture concerns, teacher salaries and retention, and the strong need for Native American teachers in our Oklahoma public school systems. Mr. Benge was complimentary about my commitment and involvement on educational panels and forums.

For those families who lost loved one's this month I offer my sincere condolences to you and your family.

In Conclusion:

I have 22 months left in Office and I find each day both challenging and full of possibilities. My door is always open (unless I am in a meeting or at a meeting) and I welcome your visits.

Help me to make a difference – stand beside me and Let us Build for the Future (BFF) - united and together!

Thank you for your support.

Secretary's Report

Hello,

First I would like to say Thank You to everyone who supported me in the June 2015 Election. I really appreciate all your votes. As your new Tribal Secretary, I am very pleased and looking forward to working with the rest of the Executive Committee to move forward for the sake of the Tribe. I would also like to say Thank You to the Staff of my office. They have been really helpful and knowledgeable during this transition.

I have been in office a little over four weeks and I am still learning all the policy, procedures, and programs the Tribe has to offer. I am also learning the policy and procedures for the programs I am over which are: Social Services, Title VI, Domestic Violence, ICW, Enrollment, and the TERO Department. If you have any questions pertaining to any of these programs feel free to come visit me or call (405) 275-4030 Ext. 6289. I will make myself available for your tribal needs. Thank you,

Secretary John R. Johnson



Greetings to the Membership:

We have been holding informal meetings to discuss issues facing the Tribe by asking questions and scrutinizing answers. We are trying to eliminate confusion and disinformation when we have serious discussions on the future of the Tribe. As I mentioned in previous articles, it requires the full Executive Committee to come together as a whole to move the Tribe forward in the right manner. The move forward is slow when the full complement of five (5) Executive Committee members are not present on a daily basis to assist with bringing in new revenue to the Tribe.

On a lighter note, the Camp Nikoti project is proceeding according to schedule. It is hoped a majority of the project construction work could be completed before inclement weather begins during the winter months. The excavation portion of the project has recently begun with construction of the building facility to follow. More updates will follow as they become available.

You can contact me by calling me at extension 6287. You may write to me at 2025 S. Gordon Cooper Drive, Shawnee, OK 74801.

Ken Blanchard, Representative

No reports submitted by Lt. Governor and Treasurer

	FY-2015 YTD TAX COLLECTIONS (thru 7/31/15)												RUN D 08/14		
TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE	% OF TAXES Collected	
Sales (6%)	\$1,309.86	\$98.49	\$32,618.91	\$119.48	\$12,469.19	\$6,240.39	\$5,322.62	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$58,178.94	3.35%	
Gaming % of free cash	\$164,284.00	\$150,000.00	\$250,000.00	\$265,798.00	\$200,000.00	\$250,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,480,082.00	85.14%	
Employee (1%)	\$41.05	\$0.00	\$11,691.21	\$0.00	\$11,597.06	\$36,303.24	\$3,817.41	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$63,449.97	3.65%	
Severance (8%)	\$7,199.15	\$756.29	\$5,251.65	\$4,449.01	\$5,411.85	\$5,533.28	\$4,318.57	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$32,919.80	1.89%	
Motor Vehicle	\$11,660.98	\$16,042.65	\$16,645.60	\$16,196.66	\$10,223.79	\$15,487.60	\$16,468.69	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$102,725.97	5.91%	
Tobacco Refund	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	0.00%	
TOTAL TAXES	\$184,495.04	\$166,897.43	\$316,207.37	\$286,563.15	\$239,701.89	\$313,564.51	\$229,927.29	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,737,356.68		\$1,737,356.68
Miscellaneous	\$305.00	\$125.00	\$120.00	\$182.50	\$92.50	\$145.00	\$145.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,115.00	0.06%	
TOTAL COLLECTIONS	\$184,800.04	\$167,022.43	\$316,327.37	\$286,745.65	\$239,794.39	\$313,709.51	\$230,072.29	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,738,471.68	100%	\$1,738,471.68

THANK YOU!

I would like to thank Governor Edwina Butler-Wolfe and Lt. Governor Isaac Gibson for their fast acting services during our power outage in the Sleepy Hollow Addition. I am so glad that we didn't have any heat related illnesses. Thank you for all your hard work on the weekend. Lisa Simpson & Family

OCTOBER 3, 2015

SOMEBODY HAD TO PAY FOR OUR FREEDOM



NATIVE AMERICAN CHURCH IS PROUD TO SPONSOR A POW WOW HONORING ALL VETERANS ALL RACES AND ALL NATIONS INVITED NAVY AIR FORCE COAST GUARD

MARINES



Gourd dancing from 2:00 till 5:00 Supper served at 5:30 Grand Entry at 7:00 Intertribal dancing to follow

MC HEAD SINGER HEAD GOURD DANCER HEAD MAN DANCER HEAD LADY DANCER ARENA DIRECTOR

ARMY

DON PATTERSON KENNETH LOOKING GLASS CHINK WHITECLOUD JASON BENDER ELEANOR MCDANIEL SHANDA SILVERHORN AIR FORCE MARINE ARMY MARINE ARMY MARINE

RESERVERS

All proceeds to go to the Native American Church Kickapoo Chapter Inc.

NOT RESPONSIBLE FOR THEFTS OR ACCIDENTS No Drugs or Alcohol Allowed on the Premises

THUNDERBIRD CASINO ADDRESS: 157000 E. STATE HIGHWAY 9, NORMAN, OK VENDERS & QUESTIONS CONTACT JIM JOHNSON (405)882-7749

A Little Note from The Tag Office

Díd You Know.....

Any name changes that may occur (ie: marriage, divorce, etc.) need to be updated through enrollment, BEFORE any new registrations or renewals can be processed.



Personal Banking:

Nations Bank offers a wide range of products and services to meet today's consumer demand including our AllNations Bank Free Checking Account; Savings Account; Certificate of Deposit Accounts; Individual Retirement Accounts; Money Market; Now Accounts & Consumer Loans including Auto, Boat and more. AllNations Offers Free ATM/Debit Card with each personal account that can be used at our Shawnee OK Drive Up ATM. In addition, we offer a wide selection of Safe Deposit Boxes for rent at competitive prices.

Contact Us for Details As Follows: Calumet Office - Gene Davis or Dixie Smith 405-893-2240: 114 E Main, Calumet, OK Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202; 2023 S. Gordon Cooper Drive, Shawnee, OK

Business Banking:

In addition to our Commercial Checking account, AllNations Bank offers a wide range of products and services to meet today's business needs including all types of Commercial and Small Business Loans; Merchant Services; Night Depository Drop & More.

Contact Us for Details As Follows: Calumet Office - Gene Davis or Dixie Smith 405-893-2240; 114 E Main. Calumet. OK Shawnee Office - Gene Davis or Eugene Stidham 405-273-0202; 2023 S. Gordon Cooper Drive, Shawnee, OK

Banking Hours:

2023 S. Gordon Cooper Drive, Shawnee, OK 74801 Lobby Hours 9:00 AM - 5:00 PM Monday - Friday Drive In Hours 8:00 AM - 6:00 PM Monday - Friday Saturday: 9:00 AM-12:00 Noon

Constitution Revision Committee - September 2015

The following report was given at General Council, October 18, 2014 by then CRC Coordinator Briana Ponkilla:

A brief history of this volunteer committee: It was established in September 2008 by the Executive Committee at that time to address the Absentee Shawnee Constitution to bring it up to date to where tribal government is today. They wanted to make the AST more appealing to outside business because businesses like to work with tribes whose governments closely resemble the US Government. The original Constitution was based on a template given out by the Bureau of Indian Affairs (BIA) to all Tribes. We felt a revision of the constitution should be based on our culture and needs.

The committee was made up of volunteers. Members of the committee are not paid. Some of the committee members are: Shirley Adkins, Paulette Blanchard, Eddie Brokeshoulder, Anita Chisholm, Augustine Johnson, Dan Little Axe, Melpherd Switch, Briana Ponkilla, Betty Watson, Cynthia Longhorn, and Jerry Little Axe, with the then Tribal Treasurer, Kathy Deere remained with the committee after leaving office. Twila Parker joined the committee after Cynthia Longhorn left the committee. At this time the committee is still working toward the mandate set for this committee by the past Executive Committee in 2008.

<u>Past Success</u>: The Constitution Revision committee proposed a reduction in blood quantum. We thought it was necessary to increase tribal enrollment.

<u>Result:</u> The blood quantum lowering proposal was passed in November 2010.

<u>Next revision:</u> The Constitution Revision Committee proposal was the separation of Legislative and Executive Branch in order to increase the checks and balances of the Tribe.

This Constitution Committee has continued to meet with a core group of volunteers who are still advocating bringing the Absentee Shawnee Constitution up to date with a more modern approach to make it viable and ready to do business. This exercise in tribal government reform is the ultimate empowerment of the People. Community outreach, education, and engagement are critical to success of this initiative. Tribal membership ultimately determines if the revised AST Constitution will be adopted.

Since this report in October 2014, Briana Ponkilla has had to take a less active role in the committee due to other commitments. She does provide assistance to the committee when possible. The most recent coordinators are Twila Parker and Kathy Deere.

The Committee has started to get more involved in the revision process again in 2015. In the past this Committee was working on parts of the Constitution "piecemeal" or bit by bit but after meeting with Attorney General's Counsel Raymond Campbell and Michael Carter, with BIA Acting Regional Tribal Government Officer, Southern Plains Regional Office, Sherry Lovin that changed. They met with Constitution Revision committee members Kathy Deere, Melpherd Switch, Betty Watson, Dan

Little Axe, Jerry Little Axe, and Twila Parker on April 23, 2015 at Thunderbird Casino in Little Axe off of Highway 9 at 6:00 p.m. The subject discussed was the number of "allowed amendments at one time."

Ms. Sherry Lovin, BIA, indicated any more than "5" amendments, when presented to large groups of people at once, increase the chances of more confusion on what is being proposed. The next question the Committee and Attorney General Counsel advised was how to best shorten the time consuming process and why did the Absentee Shawnee Tribe still have to get Secretary of Interior Approval for changes to their tribal constitution?

Ms. Sherry Lovin's (BIA) answer was; "With Tribal Self Governance being enacted upon by other tribes already the Absentee Shawnee has the option of voting on a Referendum Question of Requesting a Secretarial Election to be conducted by the BIA which pays for the whole process, organizing, mail outs to all enrolled tribal members, mailing out pre-registration ballots to vote in election, and the mailing out of the ballots on the election question. BIA also tabulates the results of election vote and informs Tribe of election outcome. This was what was done in past question on lowering the blood quantum.

Next Committee question to Ms. Sherry Lovin was to do justice to our Constitution is there some technical assistance and guidance on a more methodical approach to accomplish our goal of updating our constitution? Ms. Sherry Lovin, "Yes there are some avenues that are open to all Tribes to seek that kind of technical assistance to ensure the best outcome for the needs of your Tribe and what's best for your tribal people. But, may have to ensure this Committee has proper approval of the present Executive Committee members and this is still what the Absentee Shawnee Tribe is still seeking to attain through a Constitution Revision updating process."Once the Constitution Committee received the answers to our main questions and was discussed with our Tribal Attorney General's Counsel we thanked Ms. Sherry Lovin, BIA, and Acting Regional Tribal Government Officer for meeting with us and we adjourned the meeting.

At this time, Ms. Sherry Lovin, Acting Regional Tribal Government Officer has contacted me again offering her assistance to attend any Executive Committee Meetings to explain any questions tribal officials may have for her on the whole Secretarial Election Process.

This is where this Committee is at this present time and we are still working toward making progress for the betterment of the Absentee Shawnee Tribe!



Absentee Shawnee Tribe Of Oklahoma After School Program- Shawnee 2025 S. Gordon Cooper Shawnee, OK 74801 P: (405) 878-0633 F: (405) 878-0156



September 2015

The AST After School Program (ASP) - Shawnee has opened as of August 13, 2015. We will be accepting children who are in Kindergarten up to 12 years of age. We will be able to pick up from Shawnee or Tecumseh schools only. The cost is \$25 per child per week. This fee will be able to help with transportation costs, snacks and supplies the children may need.

We will only be open when the schools are open. At this time we will not provide services for school breaks including fall, winter, spring and summer breaks. The ASP-Shawnee will have tutors on hand to provide assistance with homework. We do have spots available; if you are interested please feel free to contact Briana Ponkilla at <u>Briana.ponkilla@astribe.com</u> or (405) 878-0633.







Menu subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Smoked Sausage Cabbage Cornbread Apricots	2 Chef Salad Egg, Cheese Crackers Mandarin Oranges	3 Baked Fried Chicken Mashed Pot./ Gravy Green Beans Peaches	4 Cereal Boiled Egg Muffin	5
6	7 LABOR DAY AST Complex will be closed	8 Tuna Salad Tomatoes, Lettuce Chips Apple	9 Baked Potato Cheese, Ham, Onions Broccoli and Cheese Pudding	10 Beef Tips & Noodles Beets Salad Bar*	11 Scrambled Eggs Sausage Gravy Biscuits	12
13	14 Wieners n Kraut Veggies Bread Plums	15 Baked Chicken Wild Rice Carrots Jell-O	16 Dressing/Gravy Peasand Carrots Bread/Crisp	17 Meatloaf Mashed Pot./ Gravy Brussel Sprouts Pineapples	18 Grits Sausage Patties Toast	19
20	21 Chicken Pot Pie Biscuit Mixed Fruit	22 Taco Casserole Ranch Beans Chips/Salsa Orange	23 Oklahoma State Fair Senior Day	24 BBQ Pork Sandwich Macaroni Salad Pudding	25 Pancakes Bacon	26
27	28 Hamburger Lett., Tom., Onions Tater Tots Applesauce	29 Ham Au Gratin Pot. Green Beans Bread/Cookie	30 Beans Onions Cornbread Pears			

NOT GOING TO BE HOME!!! CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 OR NOTIFY YOUR DRIVER

LUNCH SERVED MONDAY-THURSDAY11 AM - 1 PMBREAKFAST SERVED FRIDAYS9 AM - 11 AM



We will be going to the State Fair on Wednesday September 23, it's Senior Day, 55

We will be going to the State Fair on Wednesday September 23, it's Senior Day, 55 years and older are admitted free must have ID at gate. We can take around 12 Title VI Members and we will provide a lunch sack but you are more than welcome to eat State Fair Foods at your cost. Homebound will receive a sack lunch on the 22nd. Our van is not handicap accessible, sorry for the inconvenience. We will leave at 9am at the Title VI Building in Shawnee and return around 3pm. If you would like to drive you are more than welcome too.

Title VI Staff would like to thank the AST Tribal Police for the donation of a vehicle, it came at the right time. Thank You!!!

September 7 LABOR DAY

September 11



September 15

Designated day of the year when we remember and thank everyone who has made a difference in any way - big or small.



September 13

September 16 OZONE DAY

AST Complex will be closed. No lunches will be served or delivered.



HASKELL ALUMNI ASOCIATION OF OKLAHOMA (H.A.A.O.) HASKELL INDIAN NATIONS UNIVERSITY LAWRENCE, KS 66046 REUNION 2015 OCT 2-3-4

We invite Alumni and friends to join us at the

CROWNE PLAZA HOTEL 7902 S. LEWIS AVENUE, TULSA, OK (ACROSS FROM ORAL ROBERTS UNIVERSITY MABEE CENTER)

Hotel Reservation number: 918-492-5000 Ask for Haskell Reunion rate of \$89 plus tax. Room rate includes breakfast.

ACTIVITIES

Friday evening:	Reception starting at 6:00 pm (To date activities are being planned.)
Saturday morning:	Annual meeting for the Association starting at 10:00 am
	All Alumni are invited to attend annual board meeting where reports includes past year activities and future plans. Also the National Alumni office and Board Regents will report Haskell activities.
Saturday evening:	Dinner starting at 6:00 pm The program will again feature raffle drawings, auctions, and dance. We are proud to announce that Plano Larry & Ramona will provide the dance music.
Sunday morning:	Spiritual singing at 10:00 am

CONTACTS:

Flo (Tanner) Spotted Bear 918-948-2505 Email: Haskellight61@gmail.com Loretta Burgess 918-633-7030 Email: dushkut1951@yahoo.com



Trevor Yates

Evan Wahpekeche

The team of Trevor Yates and Evan Wahpekeche, representing Little Axe High School, traveled to Paris, Tennessee during the week of July 22-25, 2015 to participate in the Costa Bassmaster High School National Championship. The four day event was held on Kentucky Lake, out of Paris Landing State Park and was the culmination of the 2015 Bassmaster High School Fishing year.

The Little Axe team was one of three teams representing Oklahoma B.A.S.S. Nation at the championship, and was the highest finisher from Oklahoma. The team of Yates/Wahpekeche finished 43rd out of a total of 134 teams that have qualified to participate in this prestigious event. Teams traveled to Tennessee from all over the United States and from Canada for an opportunity to win scholarship prizes and to test their skill against other youths of the same age.

The Little Axe team earned their way to the championship by winning the 2015 Oklahoma B.A.S.S. Nation team trail championship. The trail championship consisted of four tournaments spread out over 3 months in varying parts of the state and on different lakes. The team of Yates/Wahpekeche never placed lower than third in any tournament and ended the year in a tie breaker with Jenks High School, which was won by Little Axe.

Trevor Yates, a 2015 graduate of Little Axe, has enrolled at East Central University where he plans to continue his fishing career. Evan Wahpekeche, a Sophomore at Little Axe, will continue to fish in the Bassmaster High School Fishing circuit.

Absentee Shawnee Tribal Police Department

The Absentee Shawnee Tribal Police Department is taking applications for the position of full-time Police Officer, as well as part-time Police Officers.

Full-time CLEET certified officer desired.

Police Officers are used at the discretion of the Chief as well as the Governor of the Absentee Shawnee Tribe. Officers are responsible for assisting with answering calls, routine patrol, traffic control, basic investigations, and public safety as well as working special events. We are seeking persons who will serve the public while performing the duties of a Police Officer. Those who are interested in applying for a Police Officer position will be required to complete job application and attend an interview review board.

Minimum Requirements:

- Σ Must be at least 21 years of age
- Σ Must have a high school diploma or GED
- Σ Must have valid driver's license
- Σ Must pass background check
- \sum Must have no felonies, domestic violence, crimes of moral turpitude
- Σ Must have no misdemeanor convictions
- Σ Must have no pending criminal charges
- $\boldsymbol{\Sigma}$ Must be willing to work overnight, weekends, and holidays
- Σ Highly principled ethics and moral character
- Σ Sound judgment and ability to think quickly
- Σ Must be full-time certified with experience
- Σ Excellent communication skills
- Σ A true desire to serve all members of society and be a team player
- Σ Must pass a drug test

Minority and Women encouraged to apply. Native American Preference

Applications accepted until September 11, 2015.

An application can be obtained at:

Absentee Shawnee Tribal Police Department 2025 S. Gordon Cooper Drive Shawnee, Oklahoma 74801 Phone: (405)275-3200 Fax: (405) 878-4535

Between the hours of 9:00 AM - 4:00 PM or download at <u>www.astribe.com</u>

Absentee Shawnee Tribal Police Department Summer 2015 Training

June:

Chief Shawn Crowley – Oklahoma Chief of Police Conference Sgt. Scott Wilson – Highway Safety Meeting Patrol Officer Joe Abbiss – Red Earth Day Parade Super Hero Day Patrol Officer Travis Dinwiddie – None Patrol Officer Steven Crisp – None Housing Officer/Patrol Officer Ric Mantooth - None Investigator Jason Brinker – None SORNA Officer/Patrol Officer Rick Reeves – None Specialist Diane Ponkilla – None

July:

Chief Shawn Crowley – None Sgt. Scott Wilson – FBI-LEEDA Supervisor Course Session #1 Patrol Officer Joe Abbiss – None Patrol Officer Travis Dinwiddie – GLOCK Armor Course Patrol Officer Steven Crisp – BID (Basic Instructor Development) Course Housing Officer/Patrol Officer Ric Mantooth – BID (Basic Instructor Development) Course Investigator Jason Brinker – Highway Safety Meeting SORNA Officer/Patrol Officer Rick Reeves – None Specialist Diane Ponkilla – SORNA Regional Conference

<u>August:</u>

Chief Shawn Crowley – Crimes against Children Conference CJIS Tribal Conference Sgt. Scott Wilson – FBI-LEEDA Supervisors Conference Session #2 Patrol Officer Joe Abbiss – None Patrol Officer Travis Dinwiddie - None Patrol Officer Steven Crisp – None Housing Officer/Patrol Officer Ric Mantooth – Covert Operations Course Investigator Jason Brinker – Covert Operations Course SORNA Officer/Patrol Officer – None Specialist Diane Ponkilla - None

Description of Training:

- Chief of Police Conference gathering of Police Chiefs from around the state, sitting through several different sessions in reference to updated law to new technology for street survival. This was also a chance to meet with already used vendors as well as new vendors.
- Highway Safety The Absentee Shawnee Tribal Police Department has always been involved with some type of Highway Safety program. Recently The Absentee Shawnee Tribal Police Department has stepped up our efforts in assisting other agencies such as the Pottawatomie County Sheriff's Office as well as the Oklahoma Highway Patrol with projects such as "Click it or Ticket" and "Drive Sober or get pulled over" which starts August 19. Other events include Driver License checks as well as DUI (Driving under the Influence) checks.
- Super Hero Day: Super Hero Day was a day held at the Shawnee Mall where children had a chance to get their finger prints done as well as ask a Police Officer any question they desired.
- FBI-LEEDA Supervisors Course: This course is a trilogy of 3 different levels of Supervisor's skills from the lowest level of supervisor to the top executive supervisor. The skills discussed are learning to communicate and effectively lead by example.
- GLOCK Armor: This session teaches the basic nomenclature of the duty pistols the Absentee Shawnee Tribal Police Officers carry in the event a malfunction is needed to be repaired. Basic repairs can be kept in house.
- BID: Basic Instructors Development session is very useful in the event the Absentee Shawnee Tribal Police Department hosts a basic reserve academy. This session gives the Department able bodies to teach and train personnel.

New Additions:

"River"—a 3 year old pure bred Black German Shepard has been added to the Absentee Shawnee Tribal Police Department. River is a single purpose dog, her specialty is Narcotics. River will be partnered with Housing Officer/Patrol Officer Ric Mantooth.

"Apache"—a 7 year old pure bred Black German Shepherd has been added to the Absentee Shawnee Police Department. Apache is a multi-purpose use dog. He will mainly be used for Narcotics. Apache will be partnered with Patrol Officer Joe Abbiss.

Election Commission

The Election Commission will be offering two Community meetings in September to review the Constitution, Ordinance and Policy & Procedures with all that attend.

Shawnee at Title VI **Tuesday, September 8th** 7:00 to 9:00 pm

Little Axe at the Little Axe Resource Center **Tuesday, September 22nd** 7:00 to 9:00 pm



THE OFFICE OF **ENVIRONMENTAL HEALTH** & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/ renovation of city sewer lines and water treatment systems as needed. We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you do not qualify for assistance. Applications for this program are available online at <u>www.astribe.com</u> and at **¥** the OEH&E building.



Office of Environmental Health & Engineering

Tribal Housing Improvements Application

The Tribal Housing Improvement Program's goal is providing sanitary, safe, and decent housing for its members by utilizing the following criteria to select the most "in need" tribal members with homes that are in disrepair but are still suitable for rehabilitation. All applicants must meet the eligibility requirements and criteria which is approved by the Absentee Shawnee Tribe.

THIP list all applicants by a priority list:

- Handicapped/Disabled and Elderly a.
- b. Income
- Family Size/Overcrowded Living Conditions C.
- d. **Condition of Home**

Other Programs available:

 Sanitation Facilities Assistance Program Applications need to be completed and all necessary documents attached before the application will be processed. Applications are available online on the website: www.astribe.com. Submit completed application to:

> **Office of Environmental Health & Engineering** Absentee Shawnee Tribe of Oklahoma 2025 S. Gordon Cooper Dr. Shawnee, OK 74801

Absentee Shawnee Tribe Complex Office of Environmental Health & Engineering, Building 13 If you have any questions, you can reach us by phone at (405) 214-4235

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH

UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, NOT PER BIRTHDAY WISH.

The Christmas Countdown Has Started!

Can you believe we have passed

the six month's till Christmas mark? From a budget standpoint, that means you should already be making adjustments for your holiday gift giving, before the new school year starts! Most financial advisors recommend even sooner to cover all the extra holiday expenses.

The one tried and true rule for Holiday Budgeting is to not go into debt, or fall behind on your normal monthly expenses. A general guide for a traditional family budget is 50% on household necessities (housing, food, utilities, etc.), 20% on saving and investing, and 30% on nonessentials (entertainment, gifts, eating out, etc.)

That means your 30% over the next 4 months could go toward your holiday budget. But, don't forget that means you may be giving up some of the items you normally spend on. This could mean you "forgo" on a few things, or find a way to make more money to expand your 30% in order to make room for those festive presents and holiday expenses.

No eating out – over the next few weeks limit the amount of times you eat away from home. This can help keep extra money in your wallet to spend on a special gift.

Save the change – it's an age old technique, but it really can add to your

income for a special purpose. To maximize the amount have everyone in the family contribute!

Turn items into cash – In anticipation of getting new things, many people are more willing to part with older items. Do a closet, toy box, and garage clean out. Now is the perfect time for a garage sale. Lower monthly bills – adjust your thermostat to lower your electric bill. Although it may not seem like much, it could be the amount needed for one more package under the tree. Even a slight

adjustment could affect your bill by \$10-\$15.

Plan your travel – not just your travel away from home, but in town as well. Plan trips so you maximize the miles driven for the things you need to accomplish. Saving just 5 gallons a week could give you over \$120 toward presents by the end of December.

The best thing about these holiday savings tips is they are shortterm. However, once you get into the habit you may decide to keep it up. Just think how much you could save in six months for a great family trip in the summer!

Provided by:

Sonya McDaniel Family and Consumer Science Extension Educator OSU Pottawatomie County Extension Service

A collaborative partner with Thunderbird Community Development Financial Institution; formerly known as Absentee Shawnee Development Corporation

September 2015 Birthdays

Abrams, Geraldine Alaee, Sheila Sepideh Alford, David Paul Alford, Jennifer Christine Allen, Tasia Lynn Applegate, Jason Grant Arms, James Louis Arms, Michael Brandon Armstrong, Darrell Lynn Atwood, Stephen Jacob Barnard, Katrina Tate Barnes, Jordan Tylor Barriga Jr., Rogelio Alberto Bateman, Thomas Albert Bates, Charles Edward Beaver, Matthew David Bellin, Chance Andrew **Bellin, Jack Matthew** Bergen, Mercedes lan Berry, Shane Tecumseh Bittle, Kyli Rose Blanchard Jr, Reuben Caleb Blanchard Jr., Leland Dale Blanchard Sr., George Melvin Blanchard, Chael Harper Blanchard, Consuela Sirena Blanchard, Craig Lewis Blanchard, Jacob Dakota Blanchard, Paulette Louise Blanchard, Reuben Caleb Blanchard, Summer Gail Blankenship, Fabian Mae Blocker, April Dawn Bosquez, Emilia Marie Nicole Bowens, Kendra Rachelle Brinkoetter, Karen Kay Brown, Addilynn Emmalee Bruner, Rhiannon Lydia Bump Sr., Richard Dewitt Burnett, Darrell Wayne Burns, Alex J Burns, Constance Darlene Burns, Natasha Brooke Butcher, Sallie Elizabeth Carlson III, Dennis Roy Carlson, Daniel Ray Carnes, Haley Ann Marie Carpenter, Cynthia Marie Carter, Mariella Raelynn Charley Whatley, Maddisson Noel Charley, Garry Joe Chisholm, Milford Wayne Clark, Nathan Allen Clinesmith, Brooklyn Makay Cobell, Julee Rae Coddington, William Luther Cody, Donna Noreen Colungo, Redena Sue Combs III, Frederick Cecil Coon, Ella Kay Cortez, Stephen Kaleb Cravens, Goldie Ann Creek, Josephine Creek, Ralph Samuel Crosswhite, Hunter Raven Cuellar, Ronald Lee

Culwell, Bryson Gene Cypret, Norman Wayne Daniel, Dana Laree Deer, Brandon Jeremy Deer, David Joel Deer, Jalen Dean Dibler, Bobby George Downey, Cheyenne Rena Downs, Debra Ann Duncan, Carolyn Ann Edgmon, Jeorgia Annabella Elam, Marguese Dashawn Ellis, Eric Wade Ellis, Makenzie Rae Ellis, Richard Bryant Ellis, William Bryant Elmore, Christa Ann Ferrell, Melinda Kay Foreman, Stefany Elayne Foster, Linda Jean Frazier, Rickie Dewayne French, Jeffery John Fritsch, Jadyn Mark Fuentez, Cruzito Damacio Ganaway Jr., Mark Terrell Garretson, Cody Ronald Garza Jr., Garv Don Gibson Jr., Isaac Gibson, Edna Faye Gibson, Jennifer Michelle Gibson, Justin Ryan Hill Gillespie, Tamara Sue Gilman, Peter Howard Gouge, Ashlynn Jean Graham, Thomas Wendell Grass, Brooklynn Rayne Gregory, Samuel Edwin Hackbarth, Marissa Lucille Hadiiconstantinou, Openia Sue Hale III, Phillip Wayne Haley, Shirley Frances Hall, Christayl Rachell Harjo Jr, Benjamin Harjo Jr., Burton Thomas Harris, Suzy Diane Harvey, Shelia Lynn Haumpy Jr., William Allen Haumpy, Talia Sharee Hicks, Angelia Jean Hill, Amanda Nicole Hill, Dreyton Scott Hobia, Kamryn Aurora Hood, Malacki David Weslyon Maxfield, Katherine Elizabeth Houston, Michael Houston-Fenix, Lexus Nicole Hurst, Brian Keith Jacobs, Kasiana Marie Jacobs, Mary Theresa James, Billie Jane James, Zachary Lee Jimerson, Tyrone Dremain Johnson, Brandon W. C. Johnson, Eryn Edward Johnson, Ki'Arra Joy Johnson, Lewis Allen Johnson, Locy Lee Jace

Johnson, Lyndsey Marie Johnson, Sandra Kay Jones, Tsegan Araujo Jordan, Wendi Renee Kaseca, Kristin Nikole Kaseca, Paul Daniel Kelly, Gayla Ann Kelly, Kellie Marie Kickapoo, Roy Matteson Kickapoo, Valerie Yolanda Killian, Angelic Marie Kirby, Emma Grace Kmatz, Jacob Alexander Kowitz, Trentyn Mikal La Plant, Ryan Zachary Laplant, Raymond Lowell Larney, Darrell Scott Lassiter, Mia Angelina Kayleigh Lee, James Stacey Chang-Sun Leedom, Donna Jeanne Leupp, Lenora Little Creek Limon, Justine Danielle Little Axe III, Troy Lee Little Axe, Brittany Elaine Little Axe, Jason Randall Little Charley, Paige Marie Little Jim. Charles Kerwin Little Jim, Jason Webster Little, Christina Kathaleen Littlebear, Kianna Carolyn Littlecreek, Joshua Dwight Livsey, Mckinzy Diane Lockner, Krin Kimberly Longhorn, Juanita Louise Longhorn-Dees, Aireanna Belle Longman, Anthony Lamont Longman, Emily R. Longman, Jordyn Christian Spybuck Longman, Shea Michael Lopez, Angela Michelle Louvier, Natasha Renee Lowe, Ariah MaRae Lowe, Brian James Lowe, Caden Elijah Manley, Sue Ann Burkhart Mann, Ethan Coe Mann, John Edward Martin, Juston Allen Martinez, Brandon Paul Martinez, Leo Littlecreek Masquas, Jace Gabriel Mauldin, Charlotte Vada Renia McAnally, Amber Chantel McClung, Helen L Burkhart McGirt, Douglas Burton McIntyre, Vickie Teresa McKinney, Lucia Jade McMahan, Ashley Rae McPherson, Jeremy Lee Miller, Esperanza Monk, Riley JaLisa Morrell, Kristy Ann Morris, Brandon Zachary Morris, Raymond Ray Morton, Lisa Marie

Murry, Stevey Raynae Nance, Jada Karyn Nance, Kameron Jace Nelson Jr., James Bradley Nelson, Telisa Renee Neske, Christopher Hugh Nice, Hunter Eli Norton, Jai'Ahnna Anjali Ochoa, Florence Pauline Olinger, Stephen Garrett Ongaco, Alexandra Renee Pack, Trace Matthew Palacios, Phyllis Diana Panther III, William Panther, Nina Renee Panther, Raymond Dale Ponkilla, Edmond Lee Ponkilla, Timothy James Porambo, Anthony Thomas Poston, Teresa Sue Powell, Robert M Powell, Wesley Lynn Prettyman, Faith Grinell Proctor, Noah Gene Purcell, Jason Lee Reeves, Marian Louise Roberts, Jimmy Dean Routledge-Hunt, Brandi Faye Rowan, Cobie Mae Ruimyeld, Shacoda Louis Ruimveld, Shawn Wade Ruiz, Kathlene Luiza Mae Ryan, Danielle Marie Salisbury, James Haydyn Sampson, Sharon Louise Schmitz, Tana Marie Serena, Gary Allen Sharpe Jr., Chevis Shenold Shaver, Brittney Nicole Shaver, Jordin Lei Sherrill, Jocelynn Elyssa Shupe, Josh Michael Simpson, Julian Elliot Sloat, Alec Duane Sloat, Carol Ann Sloat, Colby Trae Sloat, Garrett Davis Smith, Kristi Dawn Smith, Larry Dale Snake, Jana Rachelle Soap, Jakobi Christopher Soap, Wilson Lee Spoon, Dakota Austin Spoon, Eric Louis Spoon, Kenneth Lee Spriggs, Helen Wyatt Spybuck, Justice Evan Spybuck, Kase Brennon Squire, Shawneecey Jordawna Squire, Takota Lynn Starr, Meranda Lynn Stoliby, Sean Ryan Switch, Eastman Kelly Switch, Isaac Jay Switch, Lana Iris

Switch, Susan LeAnn Tascier, Samuel Ethan Terres, Paula Ailene Thompson, Carter Dane Thompson, Darian Andrew Thompson, DeShayla Tamia Thorpe, Grace Janette Thorpe, Keenan Allen Thorpe, Lorrie Ann Thorpe, Melanie Lea Thorpe, Rachel Danielle Tiger, Alisha Lynn Tiger, Christopher Neal Tiger, Clementine Cecilia Rose Tiger, Darryl Dean Tiger, Dion Henry Tiger, Gladys Jean Tiger, Luvenia Starr Tiger, Mary Augustina Tiger, Phyllis Gail Tiger, Terrance Nathan Torres, Hector Gene Tsoodle, Teri Kaye Tullius, Kaley Mariah Tyner, Marcus Charles Valdivia, Joseph Enrique Valdivia, Ronald David Vazquez, Tyler Keith Wahpekeche, Meredith York Wahpekeche, Silas Kane Walley, Breanna Joy Walsh, Malissa Lisa Renee Warrior Jr., Lucian J. Sadongei, Carolyn Little Axe Warrior Sr., Manuel Anthony Warrior, Levi Stafford Washington Jr., Eric Sean Washington, Nicholas Shane Watkins, Mickaela Marie Watson, Betty Lou Watson, Jo Ann Spybuck Westberry, Amanda LeJean White III, Charles Daniel White, Susan Nicole Olivia Whitecloud, Bluesky Rain Whitecloud, Raqueal Amae Whited, James Aaron Wilburn, Joshua Wayne Wilkerson, Lawrence Anthony Wilkerson, Tammy Lynn Williams, Christopher John Williams, Kuruk James Williams, Sonja Barbara Gosney Williams, Taren Janea Wilson Jr., Darrell Gene Wilson, Patrick Loyd Winrow, Rickie Dawn Winter, Brendan James Winter, Tammy Lyn Winter, Tara Ann Nicole Woods, Anna Marie Yeahpau, Jeri Maye Yones, Amber Marie

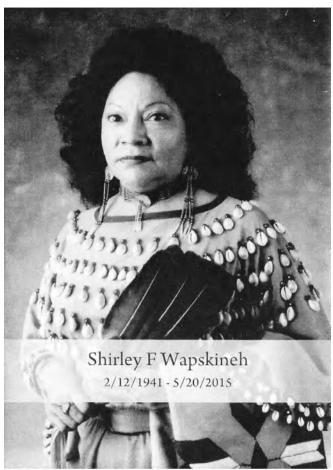


In Loving Memory

Shirley F. Wapskineh

Feb. 12, 1941 - May 20, 2015

Our beautiful Mother, Grammy, Great Grandmother, Sister, Aunt, Cousin and wonderful friend, Shirley Fern Wapskineh passed away May 20, 2015 after a long illness. Shirley was born February 12, 1941 in Shawnee, Oklahoma to parents, Mable and Andrew Wapskineh. She leaves behind her loving family, daughters, Serina Frazier Shemayme and Skye Wapskineh and three sons, Randy, Lamont and Steve Frazier. Her aunt, Stella Petty and eight grandchildren, Seneca and Baby Girl Shemayme, Santee, Kevin, Lamont, Samuel, George, Winter and Sage Frazier. She was also blessed with nine great grandchildren. Littlebear, Pony Boy, Selene, Karis, Kenji, Hena, Nola, Amaya and Juan. Shirley was a dedicated public servant who retired from Oklahoma City public schools after 30 years of working in Indian Education. She left a permanent impression on the Native American community, establishing herself as President of the Oklahoma Federation of Woman for 10 years and was named Indian Woman of the Year in 1992. During her time with the federation, she developed the Miss and Junior Miss Indian Oklahoma City pageants and reveled in the success of "her girls". She loved to see young Native American girls be recognized. She held them to high standards and put them on a pedestal, where she wanted them to always be. She was also Director of the Miss Red Earth pageant in 1986. Shirley was an integral part of the American Indian Chamber of Commerce, where she was honored with the Volunteer of the Year Award in 2007. She was founder and director



of the Changing Winds Cultural Society, a member of the Oklahoma City Powwow Club, a committee member of the American Indian Heritage Foundation in Washington D.C., where she helped direct the MissIndian USA pageant. She was also honored with the public service 5 Who Care award given by KOCO TV during a live television broadcast in 1992. Shirley loved to sew and took great pride in beading gold roses for her children's indian clothes. Shirley was a member of the Absentee Shawnee Tribe and enjoyed a strong connection to the Prairie Band Potawatomie Nation. Herindian name is "Walacumseh", which means clear water. Shirley loved to say "May you always walk in beauty". We know you are walking in beauty in Heaven.



Edith (Bea)White Goodman

The family of Edith Goodman, would to say Thank you to; Anthony Johnson, Sr. for his support at the hospital, Shirley Simpson for her guidance, and Lisa Frazier and most of all to George Blanchard for conducting the services, and his helpers Tom White and Edward White.

We cannot say THANK YOU enough to all of our relatives, friends, extended family, Cooks, wood cutters, grave diggers and AST maintenance, for all their support during our time of sorrow. It has made the preparation for her journey home a lot easier.

Thank you

AST HEALTH SYSTEM - SEPTEMBER 2015

Our AST Health System has continued to focus upon patient service reliability and increasing access for the past several months via several process improvement efforts. Helping with our access to care has been improvements in the electronic health record enabling more efficient patient encounters along with streamlined and standardized templates for various diagnoses.

Same-day Clinic and the PlusCare Clinic (after hours clinic) will consolidate into a single operation soon, allowing for opening up more access as an acute service need requested by our patients. The drive-thru pharmacy at the Little Axe Health Center will also begin extended hours soon to align with the PlusCare Clinic so existing, established patients may conveniently access their medication after their evening or weekend visit with the provider in the non-emergent, ambulatory acute setting.

The Oklahoma Blood Institute continues to press the community hard for donations, and the health system has answered every time. We have sponsored several events whereby the blood bank continues to see strong participation from the Tribe and surrounding communities receiving praise from the OBI Director for our efforts and the efforts of our volunteers!

The health system is reviewing with the Executive Committee the refinancing of the loan with health. If the loan is refinanced, the interest rate and cost savings will be in the millions over the life of the loan, and will substantially reduce the principle on the loan as well as allow for accelerated payments to retire the debt much sooner than originally projected.

The health board, in partnership with the Executive Committee, is also looking at improvements at the tribal complex for the Shawnee Clinic, whereby the addition of a new pharmacy drive-thru, newly expanded contract health and physical therapy, will all add convenience and increase service access to our patients.

We are thankful and very proud of our outstanding star performers this month and thank them all for their contributions to our patients, their fellow employees, and the Tribe! Employee of the month for health was Kristie McGuire, RN, Public Health; the team of the month was the Health Fair Committee, great job gang! The special leadership recognition award was presented to Dr. Bruce Stafford, Primary Care Provider. Wonderful job gang, you all make the health system work for our tribal members and patients alike! <u>A few other key bits of information for this month</u>:

- AST/Serviced Health System Native American Veterans: If you are currently receiving services with the area VA Medical Center, please contact us today to set up an appointment to have your services established with the AST Health System.

- If you need CPR training, please contact the AST Health System's Public Health Office at (405) 447-0300 for scheduling and training opportunities.

- Contract Health Services (CHS) interactive phone menu helps patients access the most appropriate service provider by calling (405) 701-7951. This feature will speed up access to the patients seeking services and follow-up to their care. We also have Contract Health representatives available at our Shawnee location. Tribal members are able to call Ms. Flo Mann, LPN or Ms. Laurie Webber, LPN at (405) 878-5850.

- The AST Health System continues to improve its Customer Service. The Customer Service Line is (405) 701-7623. Please direct all complaints or compliments to this line for appropriate attention and/ or response. Please be assured this is the best way to have each situation addressed, with consistent updates from our health staff. After the investigations of all issues are complete, our Health Director or a Clinic Administrator will personally contact you with updates, decisions, or question pertaining to your case.

- The AST Anti-Bullying Prevention "HOTLINE" is (405) 701-7987 during work hours 8-5, M-F, and for added confidentiality or after hours you may contact Mrs. Dara Thorpe at either (405) 701-7992 or via cell (405) 481-0815 to start intervention assistance for tribal youth. If it is an emergency or someone is at risk of harming themselves or others, please contact 911.

- The Affordable Care Act Decision Tool continues to be a valuable tool with helping you decide what you need to do for compliance with the act. Please see the ACA tab at the ASTHA Health Program's Website: http://www.asthealth.org/aca (Please visit our site today to find out what you need to do to protect yourself and your family)!

- Emergency After hour Pharmacy Access: If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for tribal members at three (3) approved Walgreens locations in Shawnee and You will need to submit your prescription Norman. and it is mandatory to identify yourself with your AST Tribal Enrollment card and other appropriate ID. Then they shall fill your prescription. You will have a 5-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, Oklahoma or 615 West Main Street, Norman, Oklahoma.

- Social Media: You can follow the AST Health System on Facebook and receive the most current messages and announcements regarding your tribal health care.

Absentee Shawnee Indian Child Welfare Department

The Absentee Shawnee Tribe Child Protective Services accepts, investigates, and records all reports of alleged abuse and neglect of Absentee Shawnee children and provides protection to Indian children on Trust land. Child Protective Services also works with the Department of Human Services to investigate the abuse or mistreatment of Absentee Shawnee children residing outside Trust land. The primary responsibility of Child Protective Services is to assess the safety of the child and take the appropriate action to protect and promote the best interest of the child.

COURT ADVOCACY

The Absentee Shawnee Indian Child Welfare Department provides court advocacy in the Tribal and State systems for children and families. This advocacy is to help ensure AST children and families get the protections offered under the Federal Indian Child Welfare Act as well as any protections offered by the various state Indian Child Welfare Acts. ICW workers attend court hearings in person or by teleconference to be a voice for the Absentee Shawnee Tribe in the protection of AST children. ICW workers also provide the planning and linkage to services necessary for families who are working to correct the problems causing the initial removal of their child. This service is offered for Absentee Shawnee children nation-wide, whether or not they reside in the Absentee Shawnee Tribe's jurisdiction.

ABSENTEE SHAWNEE INDIAN CHILD WELFARE DEPARTMENT IS OPEN TO ANY ABSENTEE SHAWNEE MEMBER WHO IS IN NEED OF OUR SERVICES. THE AST INDIAN CHILD WELFARE DEPARTMENT'S GOAL IS KEEP TRIBAL CHILDREN WITH THEIR TRIBAL FAMILY WHENEVER POSSIBLE. IF ICW HAS TO REMOVE A CHILD FROM THEIR HOME TO ENSURE THEIR SAFETY, WE LOOK FOR TRIBAL FOSTER CARE HOMES. WE ARE ALWAYS LOOKING FOR TRIBAL MEMBERS WHO ARE WILLING TO OPEN THEIR HOME TO NEGLECTED OR ABUSED AST CHILDREN. IF YOU ARE TRIBAL MEMBER AND IF YOU WOULD LIKE TO BECOME AN ABSENTEE SHAWNEE FOSTER HOME PLEASE CONTACT:

JULIE WILSON/FOSTER CARE 405-878-4702



Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect. - Chief Seattle

AFTER HOUR PHARMACY NOTIFICATION

The Walgreens located at 100 12th Avenue NE in Norman, OK is <u>no</u> <u>longer contracted</u> with the AST Health System to pay for after hour emergency prescriptions due to losing its 24-hour service status. Tribal members may now take prescriptions to:

> Walgreens 615 W. Main St Norman, OK (405) 573-5019

AST PHARMACY

When requesting refills, please provide 24 hour notice until pick-up. The most efficient method is to have your refill numbers ready when you call the Pharmacy, and use our automated system. Deliveries of controlled medications are not allowed.

If you would like to receive a text message to your cell phone when your medications are ready for pick-up, please alert the pharmacy staff and provide us with your current cell phone number. Please inform us of changes in address, phone number, insurance and other contact information (changes at registration do not flow to pharmacy).

If you have any questions at any time, feel free to call either Pharmacy or stop by and speak with one of our Pharmacy staff. We are happy to assist you with your pharmaceutical needs!

> Hours of Operation: Little Axe: Monday-Friday 8am-5pm (7:30am-5:30pm Drive-Thru) Phone-{405}292-9530 Shawnee: Monday-Friday 7am-5pm Phone-{405}878-5859

We are open through the lunch hour!!

**BOTH PHARMACY DEPARTMENTS ARE CLOSED WITH THE CLINICS THE FIRST WEDNESDAY AFTERNOON OF EVERY MONTH TO COMPLETE ADMINISTRATIVE DUTIES. **

Thank You, AST Pharmacy Staff

IF YZ II: Contract Health Service News Absentee Shawnee Tribal Health The AST Contract Health Services Team are here to assist you ... follow the CHS Guidelines! Get a copy of the CHS Guidelines and update your information

Emergency and **Urgent Care Services**

CHS for a currently enrolled AST member who resides in the defined catchment area who needs emergent or urgent care:

- 1. Call the On-Call nurse at (405) 447-0300 option 9 for "triage".
- 2. Notify CHS on the next businesss day or within 72 hours after the ER visit. Notification does not assure authorization of payment. However if you do not notify CHS within 72 hours, your bills will not be paid.
- For AST members with no insurance 3. evidence must exist that the visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- For AST members with insurance, 4 evidence must exist that a third party resource has made determination such services were "emergency care" or "urgent care" (such evidence may include payment from private insurance).
- In the event that you receive a bill 5. from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

Contract Health Services is conveniently located at **Shawnee Clinic-Building 16** and Little Axe Health Center

Contract Health Services for AST members with Insurance

CHS for a currently enrolled AST member who resides in the defined catchment area who has insurance such as Medicare or Private Insurance:

- Complete CHS Patient Update form 1. and update all information every 6 months.
- 2. Notify CHS at least 48 hours prior to appointment date for a (COB) Coordination of Benefits to be sent to provider
- Inform Provider/HealthFacility that 3. AST CHS is secondary payer/payer of last resort.
- In the event that you receive a bill 4. from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.







or Benefit Coordinators can assist with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.

who does not have insurance:

Vocational

1

2. Complete CHS Patient Update form and update all information every 6 months

Contract Health Services

for AST members

without Insurance

CHS for a currently enrolled AST member

who resides in the defined catchment area

You must apply for all resources

available to you such as: Medicaid,

Medicare, Worker's Compensation,

Insurance and other personal injury

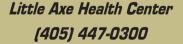
or liability coverage. PRC staff and/

Rehabilitation,

Auto

- You must utilize the services provided 3. within the AST health clinics prior to being referred out.
- 4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider.
- An appointment will be scheduled 5. and a COB will be sent to the outside provider.
- In the event that you receive a bill 6. from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

Shawnee Clinic (405) 878-4702









Jayne Werst

Flo Mann





Darla Gatzman



Honoring Our Past With Promise for Our Future

LIFE is Beautiful Living Meth Free

National Suicide Prevention 1-800-273-8255 (TALK)



Absentee Shawnee Health Systems Shawnee & Little Axe

NEW CAR SEAT LAW

On November 1, 2015, Oklahoma will have a new car seat law. House Bill 1847 updated the state's current law to mirror recommendations by the American Academy of Pediatrics and National Highway Traffic Safety Administration.

A child under 8 shall be properly secured in a child passenger restraint system (the law was previously only to age 6).

- Must be rear facing until two years of age or until the child reaches the weight or height limit of the car seat.
- Must be forward facing with harnesses at least two (2) years of age but younger than four (4) years of age.
- Age 4-8 years and less than 4 feet 9 inches in height should be in either a child passenger restraint system or child booster seat.

With the update Oklahoma becomes the second state to mandate rear facing until two years old.

"Car crashes are the leading cause of death for Oklahoma children", said SAFEKIDS OK Executive Director, Katie Mueller. "In 2013, 6,000 child passengers were involved in traffic crashes. 607 were seriously injured and 22 were killed."



AST Public Health: Second Wind Program

The second class of the Second Wind Tobacco Cessation Program concluded on August 4, 2015 with 2 participants successfully completing the 12 week program. The 2 participants included Emma Johnson and Teresa Poston. Both of these ladies stated they really enjoyed the program and have begun implementing some of the behavioral coping strategies learned during the program on their journey to quit using commercial tobacco. The AST Health System would like to congratulate the ladies on their decision to improve their health through tobacco cessation!

If you would like to participate in Second Wind Program, please contact the Public Health Nursing Department at (405) 447-0300. The classes are formed based on number of interested participants.



Teresa Poston (L) and Emma Johnson





- Improved access to your health information
- Communicate directly with your clinic
- Request an appointment
- ...and more!

Register Now??? www.asthealth.org/patient-portal

New Patient Portal

Absentee Shawnee Tribal Health System

Little Axe Health Center Shawnee Clinic

Visit your app store and install the Follow My Health app



for real-time access to your health information

For more information on how you can register for the new AST *"Follow My Health"* Patient Portal, contact Patient Registration at Little Axe Health Center - 405.447.0300 or Shawnee Clinic - 405.878.4702

The Absentee Shawnee Diabetes & Wellness Fitness Center's Fitness Schedule



IBSEDTEE SUUDEE FITDESS FITDESS CLASS SCHEDULE



Monday	Tuesday	Wednesday	Thursday	Friday
Classes	Classes	Classes	Classes	Classes
<u>Circuit Training</u>	<u>Zumba!</u>	<u>Circuit Training</u>	<u>Cardio Kickboxing</u>	<u>Circuit Training</u>
6:10 a.m 7:00 a.m.	6:10 a.m 7:00 a.m.	6:10 a.m 7:00 a.m.	6:10 a.m 7:00 a.m.	6:10 a.m 7:00 a.m.
Chrissy Wiens	Chrissy Wiens	Chrissy Wiens	Chrissy Wiens	Chrissy Wiens
Little Axe	Little Axe	Little Axe	Little Axe	Little Axe
Resource Center	Resource Center	Resource Center	Resource Center	Resource Center
Low Impact Chair Exercise	<u>Tai Chi</u>	Low Impact Chair Exercise	<u>Tai Chi</u>	
12:00 p.m 12:30 p.m.	12:00 p.m 12:30 p.m.	12:00 p.m 12:30 p.m.	12:00 p.m 12:30 p.m.	
Buster Bread	Chrissy Wiens	Buster Bread	Chrissy Wiens	
Little Axe	Little Axe	Little Axe	Little Axe	
Resource Center	Resource Center	Resource Center	Resource Center	
<u>Circuit Training</u>	<u>Circuit Training</u>	<u>Circuit Training</u>	<u>Circuit Training</u>	
5:45 p.m 6:30 p.m.	5:45 p.m 6:30 p.m.	5:45 p.m 6:30 p.m.	5:45 p.m 6:30 p.m.	
Buster Bread	Buster Bread	Buster Bread	Buster Bread	
Little Axe	Little Axe	Little Axe	Little Axe	
Resource Center	Resource Center	Resource Center	Resource Center	



Chrissy Wiens Diabetes and Wellness Physical Activities Specialist





Buster Bread Diabetes and Wellness Fitness Manager











Location: 1970 156th Ave. N.E. Norman, O.K. 73071 (405) 364-7298 For more information please visit our website at:

http://www.asthealth.org/tags/fitness

Fitness Hours: Monday 6:00 a.m.— 7:00 p.m. Tuesday 6:00 a.m.— 7:00 p.m. Wednesday 6:00 a.m.— 4:00 p.m. Thursday 6:00 a.m.— 7:00 p.m. Friday 6:00 a.m.— 5:00 p.m. Saturday/Sunday CLOSED



ABSENTEE SHAWNEE TRIBAL HEALTH ANNOUNCES NEW PLUSCARE CLINIC HOURS

Norman, Oklahoma – The Absentee Shawnee Tribal Health System announces the new hours of operation for the PlusCare Clinic beginning Monday, August 31, 2015. Recently, the Same Day Clinic, within the Little Axe Health Center, and the PlusCare Clinic merged and expanded the hours of operation at 15702 East State Highway 9, Norman, Oklahoma.

Temporary Hours of Operation

(Effective August 31, 2015):

Monday - Friday 9:00 AM to 9:00 PM Saturday - Sunday 10:00 AM to 4:00 PM *Closed the first Wednesday of every month from 12:00 PM to 5:00 PM **Holiday hours

10:00 AM to 4:00 PM excluding Thanksgiving & Christmas

Permanent Hours of Operation (Effective September 8, 2015) Monday - Friday 9:00 AM to 9:00 PM Saturday - Sunday 9:00 AM to 5:00 PM

*Closed the first Wednesday of every month from 12:00 PM to 5:00 PM

**Holiday hours 9:00 AM to 5:00 PM excluding Thanksgiving and Christmas

PlusCare is an acute care facility that treats non-life threatening illnesses and injuries on a walk-in, basis (no appointment needed). The clinic consists of 4 private exam rooms including a pediatric room. Care provided for will include common illnesses, sprains, strains, lacerations, flu, allergies, and infections. While these injuries may seem emergent, they do not require a trip to the emergency room; however, if you have a life threatening injury, an open fracture, excessive bleeding, head trauma or spine injuries, immediately go to the hospital/emergency room nearest you.

The Absentee Shawnee Tribal Health System encompasses three healthcare facilities located in Norman and Shawnee, Oklahoma. Providing a culturally- sensitive, quality health care system for American Indians, Alaska Natives, and qualifying Non-Natives, both healthcare facilities offer health promotion and disease prevention through a multi-disciplinary team using holistic and evidence- based practices that address all health issues and educational needs while protecting individual confidentiality.

###

Prevention. Progress. Pride.

SHAWNEE CLINIC 2029 S. Gordon Cooper Dr. Shownee, OK 74801 405.878.5850 LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Normon, OK 73026 405.447.0300

WWW.ASTHEALTH.ORG

PVRCHT # 3015, ABSENTEE SHAWWEE TREAL HEALTH SYSTEM ALL NIGHTS RESERVED



AST Shawnee Clinic-Physical Therapy

2029 South Gordon Cooper Drive, Bldg. 16 Shawnee, OK 74801 Phone No.: (405) 878-5850

Hours of Operation

Monday through Friday 8:00 AM to 5:00 PM

Staff Physical Therapist: Kristin Wahpepah

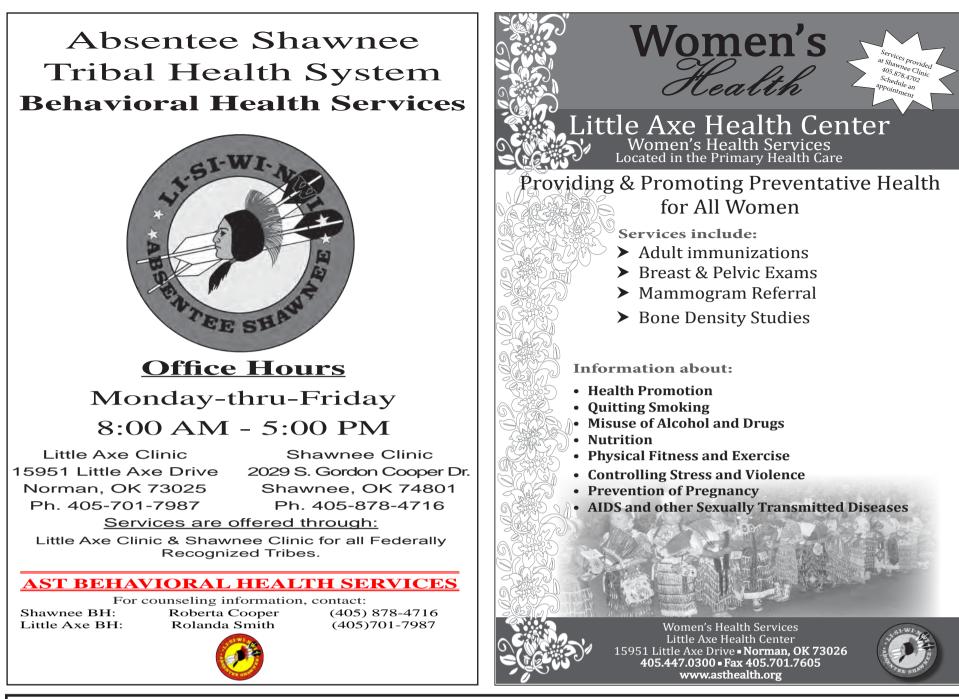
<u>Services provided in the physical therapy</u> <u>department include:</u>

- Rehabilitation for orthopedic injuries
- Stroke rehabilitation
- Spinal dysfunction
- Neurological disease
- Post-surgical rehabilitation
- Sports injuries
- Spinal cord injuries
- Chronic pain
- Motor-vehicle accidents
- Vestibular balance and dysfunction

Treatments provided:

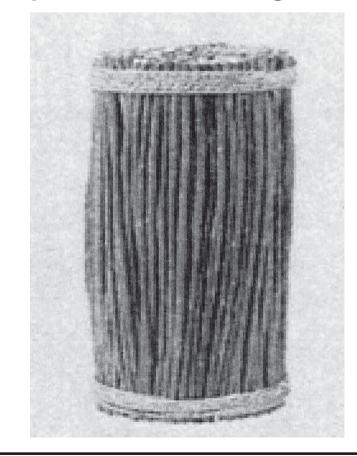
- Ultrasound
- Neuromuscular stimulation
- Manual therapy techniques
- Therapeutic exercise/activities

Each patient seen in physical therapy receives an individualized home exercise program.



Mission Statement

To promote the wellbeing of the "whole person" within the context of their culture.



A Single twig breaks but a Bundle of twigs is strong

Services Supporting changes in the journey of life's transitions. The following services are offered:

- Resource/referral information
- Crisis intervention
- Child, adult, family and couple/marital counseling
- Therapy and Support groups (TBA)
- Drub and alcohol assessments
- Anger management
- Depression screenings
- Sweatlodge

Emergency Management - September 2015

A. TRIBAL STORM SHELTER PROGRAM.

As of June 30, there have been 63 shelters completed for tribal members. We are anticipating the other 29 shelters should be completed by the end of September. Thank you for your patience during the past couple of months while we waited for the wet weather to subside. Once the shelters have been completed, the homeowner will need to <u>register their shelter with their</u> <u>local fire department</u>. If you need help finding your local fire department, contact the Emergency Manager at (405) 740-1562.

B. RED CROSS

Power Outage—Tribal residents in the Bob Crouch area in Tecumseh experienced a power outage August 8-11, 2015, when it was very hot with heat indexes over 100 degrees. The Tecumseh emergency manager set up a relief shelter which was opened by the Red Cross at the Tecumseh City Hall. Red Cross advised tribal members who experienced loss of food and are receiving DHS benefits, can make a request to this agency for help in replacing food lost.

- The Red Cross was able to provide the following information for future reference:
 - Food Loss: If an individual receives DHS food assistance, sometimes they will grant emergency funds to replace food lost in power outages.
 - Tecumseh has a food pantry which may be able to assist:
 - Highland Church of Christ 905 E. Walnut Street Tecumseh, OK (405) 598-3514
 - There are also several food pantries in Shawnee which may be able to assist as well.
 - O Shawnee Mission, 126 S. Center, (405) 273-2248
 - O Simons Peters Store House, 3331 N. Kickapoo

C. DISASTER DECLARATION/FEMA/OK STATE EMERGENCY MANAGEMENT

FEMA Damage Assessment team has worked with Asaycia Clayton, Procurement Director, and Sherry Drywater, ASHA Executive Director in the assessment of damages to tribal buildings and houses in the Burning Wood Addition. Also the FEMA team held a mitigation assessment to come up with a plan to prevent future damages to these structures and houses.

D. TRAINING

•

CERT (Community Emergency Management Team) Training will be held on September 14–25, 9—11 am. Those attending the training are volunteers from the Little Axe Clinic organized by Darrell Longhorn who will be the instructor. We look forward to having our first AST CERT team. Thanks to Mr. Longhorn for his efforts to further readiness of the clinic for emergencies.

MEETINGS/EVENTS

• FEMA Site Inspections at Tribal Complex (bldgs.), AST Housing Authority (houses)

• FEMA Mitigation Inspections—Tribal Complex & AST Housing

• EOC Management Class, Don Lynch, Instructor @ Expo Center – July 30-31

• ITEMC Meeting, Canadian Valley Technology Center, Chickasha campus, August 11



"Over 57% Pot. Co. residents reported not storing their Meds in a locked, secure cabinet or box"

DO'S AND DON'TS OF SAFE STORAGE AND DISPOSAL

DO Properly discard medications that are no longer needed or that have expired.

<u>DO</u> Keep track of how many pills you have during the course of treatment.

DO Lock up medications that are at risk for being abused- ask your pharmacist or other healthcare professional if the prescription medication prescribed to you or a Household member has abuse potential.

DON'T Throw medication in the trash or fush down toilet.

DON'T Leave medications that are at risk for being abused in plain sight or in places that aren't secure.

DON'T Repackage medication in unmarked containers.

METROPOLITAN LIBRARY SYSTEM PRESENTS **IPS & TRICKS**

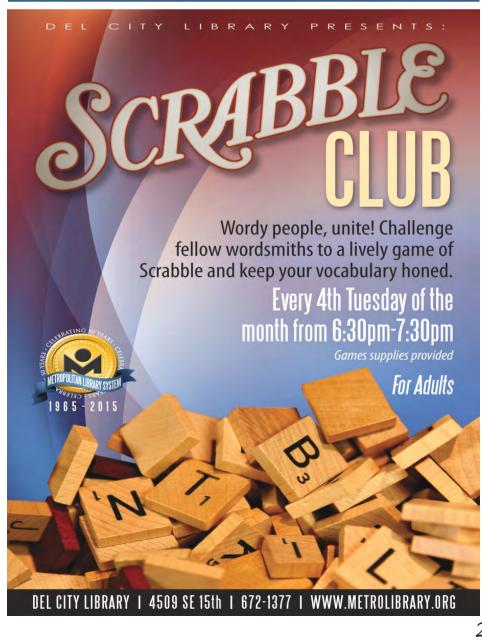


from EVERY 3rd 3-4PM SUNDAY of each month **Beginning May 17**

If you have already been approved for consideration of one of the Social Security Disability Programs (Title II or Title XVI) and would like some tips and information for completing forms, please come join us!

METROPOLITAN LIBRARY SYSTEM

DEL CITY LIBRARY 4509 SE 15th • 672-1377 www.metrolibrary.org



TECHNOLOGY: Cyber Security

Have you ever received a random phone call and when you answered there was a pause for 2-3 secs and a message recording started? Well you've been randomly selected possibly by a robodialer! We'll get into details about that term soon. Phone fraud is a rising attack method that spans to international borders, enterprises, and industries. Nearly 1 out of 2.200 calls are fraud, which has increased 30% since 2013. This phone channel assailants use multipronged attacks, targeting consumers, retailers, and financial institutions simultaneously. The most efficient techniques these attackers use are robodialers point of origin is harder to trace back and they can work targeting simultaneous consumers. 1 in 6 phone numbers calling is a robodialer. 2.5 percent of U.S. phones receive at least 1 robocall every week. 86.2 million calls per month in the U.S. are phone scams.

Mobile phones are beginning to see this trend as the increase is climbing provided by the data below from 2011 to current. Consumer phone scams rely heavy on attacks casting on a wide net in scale wise. Phone fraud attacks seek the uninformed or vulnerable (e.g., the elderly, recent immigrants,

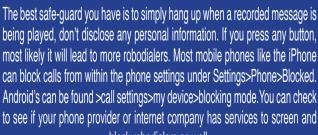
young college students, etc.) One of the most common ways to exploit is by robocalling services. Attackers use tactics by messaging the consumer such as promising prizes, trips, free money, or other goods and services to get the consumer to interact. The more reported tactics are threatening



messages, tellings consumers they're behind on taxes, missed jury duty, or arrest warrants.

Figure 1.1

CONCLUSION



block robodialers as well. You can report any experience you've had to https://www.ftccomplaintassistant.gov or by calling 1-888-383-1222.

Figure 1.3



VoIP has played a factor for increases on

fraud calls. Voice over IP (VoIP) has mini-

mized or eliminated cost of phone calls. do-

mestic and international. There has been

recent evidence to suggest VoIP service is

easier to steal than other kinds of telephony

services as well. Attackers use VoIP lines for

53 percent of their calls, compared to 7.8 of

the general public. VoIP is only as reliable as

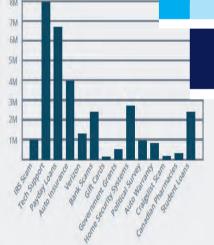
the underlying network security, if the existing network has security vulnerbilites

exploits can occur.

Figure 1.2

India

Non-Fraud Calls on



Vocational Rehabilitation Transitional Services

lowa Tribe of Oklahoma

► <u>History</u>:

The Iowa Tribe of Oklahoma Vocational Rehabilitation Program has provided vocational services to American Indians with disabilities for twenty years and counting, with Transition Services at six years. Our mission is to develop specialized services to American Indian students with disabilities currently making the transition from high school to work or achieving a post-secondary education.

Services we can provide:

We assist with testing fees (ACT, SAT), provide work clothing for new jobs, tuition assistance, assistive devices such as hearing aids, walkers, wheelchairs, eye glasses, along with physical and mental evaluations.

Qualifications:

You must be a member of a federally recognized tribe, a junior or senior in high school and must reside in on of the Iowa Tribe VR services area counties. You must also provide documentation from your doctor or physician noting your disability.



COUNTIES served by ITOVR KAY NOBLE PAWNEE PAYNE POTTAWATOMIE LINCOLN LOGAN



Iowa Tribe of Oklahoma Vocational Rehabilitation

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P.O. Box 728 Perkins, OK 74059

Phone: 405-547-2402 ext 168 Toll free: 1-888-336-4692 Fax: 405-547-1090 E-mail: Christa Tsotaddle, Transitional Counselor ctsotaddle@iowanation.org







Find us on the Web: www.bahkhoje.com



SORNA

SEX OFFENDER REGISTRATION AND NOTIFICATION ACT EMAIL: SORNA@ASTRIBE.COM TIPLINE 405-273-1249

CTSA Early Childhood Center

is seeking to hire a <u>part-time</u> **NUTRITION TECHNICIAN** for our Shawnee Location

The Nutrition Tech will provide support to the Lead Nutrition Tech, including dish washing, cleaning, serving and basic meal preparation.

Must be at least 18 years of age Must have a high school diploma or equivalent Must pass background investigation for licensed child care programs Previous experience is preferred Food handlers certification is a plus

All applications accepted with preference given to *qualified* Native Americans and current/former HS/EHS parents

<u>Apply today:</u>

Applications accepted until position is filled

Employment Applications can be downloaded at: www.ctsaheadstart.org (click on Forms) or picked up at: 1535 North McKinley Avenue, Shawnee OK 74801

DISABILITY BENEFITS FOR WOUNDED WARRIORS

Military service members can get their disability claims processed quickly by Social Security.

Benefits available through **Social Security** are different than those from the **Department of Veterans Affairs** and require a separate application.

The expedited process is used for military service members who become disabled while on active military service on or after **October 1**, 2001, regardless of where the disability occurs.

www.socialsecurity.gov or call toll-free, 1-800-772-1213 or the deaf or hard of hearing, call our TTY number, 1-800-325-0778)

CTSA Early Childhood Center

is seeking to hire a full-time **Early Head Start Teacher** for our Shawnee Location

An Early Head Start teacher provides educational experiences to infants/toddlers in a classroom setting, using developmentally appropriate practices.

Early Head Start Teacher Minimum Requirements:

- Infant/Toddler CDA Credential or Certificate of Mastery in CD
- Previous work experience with young children
- Pass background investigation for licensed child care programs

All applications accepted with preference given to <u>*qualified*</u> Native Americans and current/former HS/EHS parents

Apply today:

Applications accepted until position is filled

Employment Applications can be downloaded at: www.ctsaheadstart.org (click on Forms) or picked up at: 1535 North McKinley Avenue, Shawnee OK 74801

CTSA is an Equal Opportunity Employer

CTSA is an Equal Opportunity Employer

Education Department

The following are current programs administered by the Absentee Shawnee Tribe Education Department:

These are brief descriptions of current programs. Program guidelines are available in hard copy at the Education Department office or for download at <u>www.astribe.com</u>.

- <u>Academic (K-12) Program</u>: assists with academic related expenses, and a portion of funds can be used for school-related athletic program expenses. Program has a maximum funding limit for the academic year.
- Zahn Program: established from a trust fund, program can help with some graduation expenses, and awards two (2) incentives: one for GED recipients and one for High School graduates. Program has a maximum amount of funding for graduation expenses.
- Job Training Adult Education Program: funds for vocational training at accredited vocational institutions. Program has a maximum funding limit for the calendar year or per program.
- Higher Education: Education Incentive Award Program: funds for undergraduate degrees, one associate or bachelor degree, at any accredited college or university. Funding levels are determined based upon grade point average and full-time or part-time status.
- <u>Graduate Scholarship Program</u>: funds for one master's degree or one doctoral degree, and can fund one graduate admissions test. This program has funding levels based upon full-time and part-time status.
- <u>**Big Jim Youth Award Program</u></u>: annual incentive for High School Seniors for Academic Achievement and Athlete of the Year. Deadline for application submission is March 31st of each year.</u>**

All funding is based upon the availability of funds at the time of application.

All applications and guidelines are available at <u>www.astribe.com</u>. Click on Services and select Education.

For more information, please call Tresha Spoon at (405) 275- 4030, Ext. 6242 or 1-800-256-3341 or email to tresham@astribe.com.

AST PUBLIC HEALTH: PREVENTION IN NATIVE STUDENTS (PINS) BOWLING LEAGUE

The Absentee Shawnee Tribal Health System started a youth bowling league this summer that met once a week from June 8th –Aug 3rd at Firelake Bowling Center. The AST Health System's Public Health Nursing, SPF-TIG, MSPI departments all partnered together to provide prevention education throughout the league. Topics of prevention included tobacco prevention, prescription drug abuse prevention, meth and suicide prevention as well as education regarding physical activity recommendations for children and teens. As an added benefit, the bowling league itself provided positive physical activity as each Monday the bowlers experienced the equivalent of walking 1 mile while bowling the 3 games. The league was for youth ages 10-18 years old and ran for 8 weeks. There were 25 kids who consistently participated during this league. The younger kids met during the morning hours while the older kids met during the afternoon hours. The first 15-20 minutes of each week was spent on education for the youth over different prevention topics before they commenced to bowl their 3 games.

The league wrapped up on August 3rd and an awards party was held August 6th at Elevation Trampoline Park in Moore, OK. The outstanding male bowler for the morning league was Jordan Rodriguez and for the afternoon league was Cameron Dougan. The outstanding female bowler for the morning league was Kasi McGuire and for the afternoon league was Kyla McGuire. The team awards were presented according to total games won, scratch, and handicap score totals. The team awards for the morning league were first place: The Pinheads (Kasi McGuire, Santino Rodriguez, Kantynn Kaseca), second place: The Strike Zone (Ty Dougan, Brody Miller, Maecie Bender), and third place: The Strikers (Janelle Watson, Jordan Rodriguez, Chenoa Suke). Team awards for the afternoon league were first place: The Pinheads (Cameron Dougan, Ty Shields), second place: The Pinheans (Ozmond Wahpekeche, Christian Ellis, Abbe Owings), and third place: The Rolling Thunder (Andee Ellis, Huntar Floyd).

The AST Health System would like to thank the Oklahoma City Area Intertribal Health Board for awarding the grant that was able to provide the education and physical activity that each of the bowlers received through the bowling league. A number of the participants expressed their wish to continue the league again next summer because they had a lot of fun interacting with the staff and fellow bowlers.



AM Outstanding Female Bowler Kasi McGuire pictured with PINS coordinator Kristie McGuire, RN.



The Kings: Ty Shields and Cameron Dougan pictured with Kristie McGuire



The Strike Zone: Brody Miller, Maecie Bender, and Ty Dougan pictured with Kristie McGuire.







PM Outstanding Male Bowler Cameron Dougan, Kristie McGuire, PM Outstanding Female Bowler Kyla McGuire



The Pindeans: Christian Ellis, Abbe Owings, Ozmond Wahpekeche pictured with Kristie McGuire.



Participation Medals: Front Row: Ariela Moreno, Owen Rodriguez, Kanynn Kaseca, Kali Wind, and Maddy McDowell. Back Row: Aaliyah Shields, Kristie McGuire, Kyla McGuire, Dacoda McDowell, and Jamie Seber.



The Rolling Thunder: Andee Ellis and Huntar Floyd pictured with Kristie McGuire.



The Pinheads: Kantynn Kaseca, Santino Rodriguez, Kasi McGuire pictured with Kristie McGuire.



The Strikers: Chenoa Suke pictured with Kristie McGuire. Not pictured: Janelle Watson, Jordan Rodriguez.



2nd Annual Health Awareness For All Generations 2015

Little Axe Health Center













2nd Annual Health Awareness For All Generations 2015











2nd Annual Health Awareness For All Generations 2015















The AST Health System values ALL feedback. We will listen.... *Patient Advocate Jim Robertson 405-447-0300 *Customer Service Line 405-701-7623 *Patient Questionnaire located in each of our clinics or on our website <u>www.ASTHEALTH.ORG</u>

Little Axe Health Center

Absentee Shawnee Tribal Health System

15951 Little Axe Drive

Norman OK, 70326

405-447-0300



Shawnee Clinic

Absentee Shawnee Tribal Health System 2029 S. Gordon Cooper Dr. Shawnee OK, 74801 405-878-5850

Absentee Shawnee Housing Authority

Programs Available

- Low Rent Housing
- Lease to Own Housing
- Down Payment & Closing Assistance
- Storm Shelter Assistance
- College Housing Assistance
- Emergency Home Repair
- Over Income AST Member Down Payment Assistance

FOR INFORMATION ABOUT OUR SERVICES PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE,OK. WEBSITE: WWW.ASHOUSINGAUTHORITY.COM

ABSENTEE SHAWEE TRIBE OF OKLAHOMA DOMESTIC VIOLENCE DEPARTMENT

Domestic Violence and Sexual Assault Advocacy

The AST Domestic Violence/Sexual Assault Programs are on-call 24 hours per day to provide emotional support, advocacy and crisis counseling to survivors at hospitals, police stations and throughout the legal system. The programs also serve as a resource center to the community by offering educational information and referrals.

Transitional Housing

The AST DV Transitional Housing Program serves victims of Domestic Violence/Sexual Assault. Participants have up to six months to obtain education and job skills needed to begin a new life.

Court Advocacy

Assists survivors with domestic violence court related costs (when funding is available) and appearances as well as filing for emergency protective orders (EPO) or restraining orders.

Shelter Placement Assistance

The Absentee Shawnee Tribe's Domestic Violence Program works with other shelters within Oklahoma in order to help victims obtain safe housing. Emergency transportation for the victim and children may also be available.

Housing and Utility Assistance

Assists victims of domestic violence, sexual assault, stalking, and/or dating violence in emergency situations. This assistance may allow for a victim to either receive housing or utility assistance.

Referral Assistance

Assists with providing community resources to those who are in need of additional services outside the scope of the Absentee Shawnee Tribe's Domestic Violence Program.

Community Outreach

The Absentee Shawnee Tribe's Domestic Violence Program offers educational trainings, informational displays, and community events in order to provide more awareness to both Tribal and Non-Tribal communities.

For any questions regarding any of the above services please contact the Absentee Shawnee Tribe's Domestic Violence staff at (405) 273-2888.





Sponsored by the AST SPF Program and AST Diabetes and Wellness

October 31st, 2015 9:00 a.m. Little Axe flealth Center *only pre-registered			Kids Costame Gontest! Debals! Live DJ	
a t-shirt DDE DECTST		before SEPTEMBE	*5K participants must be ag 12 years or older. Under 12 years may participate in the	
Name:	Address:	perore SC/ IC+ NOC	. (\	
City, State:	Zip:	Phone:		
Age on race day: T-Shirt Size: YS YM Waiver: In consideration of the acceptance coordinating groups and any individuals asso my participation. I hereby give my permissio obligation. I certify that I am physically fit for	e of this entry I waive all clai ociated with this event and v on to the media to use my na	ims for myself and my heirs a will hold them harmless for a ame and photograph in the A	ngainst the sponsors, cooperating and ny and all injuries which may result from ST newsletter without limitation or	
Signature	Date			
For more information, please contact Buster Breac Particip	· · · · ·	at (405) 701-7933. T-shirts WILL NO run in the fun walk for safety precau		

36

Little Axe After School Program 2015-2016

Come join us at the AST Resource

- Free Tutoring in all subjects!
- Games and activities!
- Delinquency Prevention!
- Healthy Lifestyles!



Open to All Middle School and High School Students

Open to Absentee Shawnee Tribal Students K-5 with a C.D.I.B.



Everything is offered with no charge....Little Axe bus will transport students to the AST Resource Center on Peebly Road and parents are responsible for picking students up by 6:00pm.



Duration: Starts August 31st and will run through the school year. Monday-Thursday, 2:45pm-6:00pm

For more information and sign up please contact Blake Goodman at (405) 364-7569



FOSTER CARE

WHAT IS A FOSTER CARE WORKER?

Foster care caseworker training involves completing a bachelor's degree program in social work through a college or university. Students take courses in psychology, abnormal psychology, sociology, economics, ethics, child welfare policies and complete a supervised internship.

The child's Foster Care Worker needs to be a partner with the foster parents to ensure that each child receives the full spectrum of services provided and/or arranged by the Department.

Some aspects of this relationship include the following:

- Sharing information on an ongoing basis regarding the child's individual needs, family situation and adjustment to the foster home
- Encouraging the foster parents to participate in the total service planning process
- Providing the foster parents the opportunity to discuss the child's progress and any unmet needs which they assess
- Providing the foster parent with information, support, guidance and referrals to other professionals on the child's behalf
- Helping the foster family, when necessary, to identify and obtain services for the foster child; e.g., medical, educational
- Ensuring that the foster family, on the child's behalf, has access to all financial resources available to the child while in foster care.

A Foster Care Worker works in conjunction with Tribal Courts, Tribal Law Enforcement, Bureau of Indian Affairs, and other county services. Indian Child Welfare's goal is to ensure the safety of our tribal children when they placed in foster care. The homes that our tribal children are placed in must complete Child Welfare Background Check, OSBI Background Check, Income Verification, Home Study, and a Physical. Our AST foster homes are licensed by our Foster Care Committee.

Foster Care Payments are as follows:

0-5 age \$14.73 day \$441.97 month

6-12 age \$17.12 day \$513.57 month

12 and over \$19.30 day \$579.13 month

IN ORDER TO RECEIVE PAYMENT, ALL THE ABOVE MUST BE MET AND TURNED INTO THE STATE. ONCE PROCESSED STATE PAYMENT WILL BE ISSUED.

This is just a little information on what type of work a foster care worker performs on a daily basis. If you are interested in becoming a foster home, please call 405-878-4030 ext. 133.

Hello Everyone;

I hope that everyone is in good health, with all of the allergies and various respiratory problems that have going on. I know I am looking forward to the Spring weather that has come.

I have not gone on any travels here lately, due to the various problems that have been created by various Executive Committee members. have been working on research looking in to the practices of the Department of Human Services and the methods that they have been using to place our children. I am also attempting to get an appointment with the Director of DHS and the Governor of the state of Oklahoma. Last year at the ICWA conference in Ft. Lauderdale, I attended the Attorney General's Advisory Committee on American Indian/Alaska Native Children Exposed to Violence meeting where I gave testimony. This Committee held meetings in various states getting testimonies from various agencies, Law Enforcement, Tribal Leaders, ICW, and Educators concerning concerning our Native Children. My point to this is that the Attorney General and the Bureau of Indian Affairs have re-written the Guidelines concerning ICWA and from speaking with ICW workers here the State of Oklahoma, Department of Human Services have not looked at the new Guidelines and are continuing to make their own decisions with out including the families or the tribes. If anyone would like a copy of the new guidelines they may come by my office and we will provide a copy.

I have also have concerns about the Tribal Housing Authority, so that is more research, which may or may not be a good thing. There have been numerous complaints from tribal members and I would like to know if the guidelines are being followed. After I finish researching then I will speak with the Housing Board and start asking questions.

I hope everyone has a wonderful Easter. If anyone has any questions or would like to just come by to visit, or call, please do.

Home Number is 307-0954, 275-4030, ex. 6289 Thank you, and Be Blessed.

FOSTER CARE

Racial disproportionality is defined as the over-or under-representation of certain groups (e.g. racial/ethnic, gender, age) relative to the group's proportion in the general population. Reports conducted in 2008 showed that, compared to other groups, Native American children were:

- 3 times more likely to be referred to CPS
- 1.6 times more likely to be removed from their biological homes
- Twice as likely to remain in foster care for over two years
- Less likely to be adopted and more likely to be in guardianships
- Less likely to be reunited with their biological parents

The sad reality is that there are not enough culturally appropriate homes for these children, resulting in the placement of Native American children in homes that do not share their cultural heritage or traditions. We want to place "our tribal" children in our own homes, to do this we need tribal members to open their homes and their hearts. Are you willing to open your heart? Are you willing to open your home?

If so, please contact Julie Wilson ICW/FC/CPS 878-4702 (ext. 133).

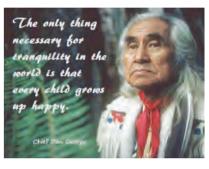


FOSTER A CHILD

Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture. This interaction helps these children nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be?

ABSENTEE SHAWNEE TRIBE CHILD WELFARE 405-878-4702 (ext. 133)





Native American youth are facing a crisis. These children are being removed from their homes and placed into the child welfare system at rates much higher than any other population. Native American children are often placed in homes outside of their families, tribes, and Native American culture and all this contributes to significant social

problems. The story of Native American people is a complicated one marked by significant trauma and atrocities. Often times this trauma consisted of the removal of abuse which happened to these young and vulnerable children in many of these schools resulted in overwhelming intergenerational trauma and unresolved grief. This trauma which interrupted the ability to parent has led directly to the most current social problems that plague Native American communities today including alcohol/drug abuse, domestic violence, child abuse, sexual abuse and parenting deficiencies. All of these problems have contributed to the break-down of the family unit, leading to the removal of large numbers of Native American youth from their families. The journey of healing and breaking the cycles which have been put in place by the historical trauma experienced by generations of Native Americans requires that the cultural identity for so long denied to these children be returned. Native American youth have two distinct influences, that of their family of origin and that of their caregivers. Absentee Shawnee Tribal Foster Care is in need of homes for children that are in our child welfare system. Your participation in being a foster parent helps to ensure that these children have positive connections to their culture which in helps nurture a positive sense of identification as a Native American. By being willing to do this, you can be a valuable part of the healing journey that will help strengthen this next generation of Absentee Shawnee children; in turn, helping those children become the parents that their children will need them to be. Our children are our future, what will we have our future be? Will you, as Absentee Shawnee member, do your part if you are able? If you are interested in becoming a foster parent, please contact Juliann Wilson ICW/CPS/FOSTER CARE at 275-4030, ext. 133.

"I don't want a family. I need one." -Current Waiting Child

<<<NOTICE>>>

Currently there are three (3) openings on the Foster Care Board. If you are interested in serving on the board, send your letter of interest to Secretary Dawsey at the Tribal Complex, 2025 S. Gordon Cooper Dr., Shawnee, OK 73801.



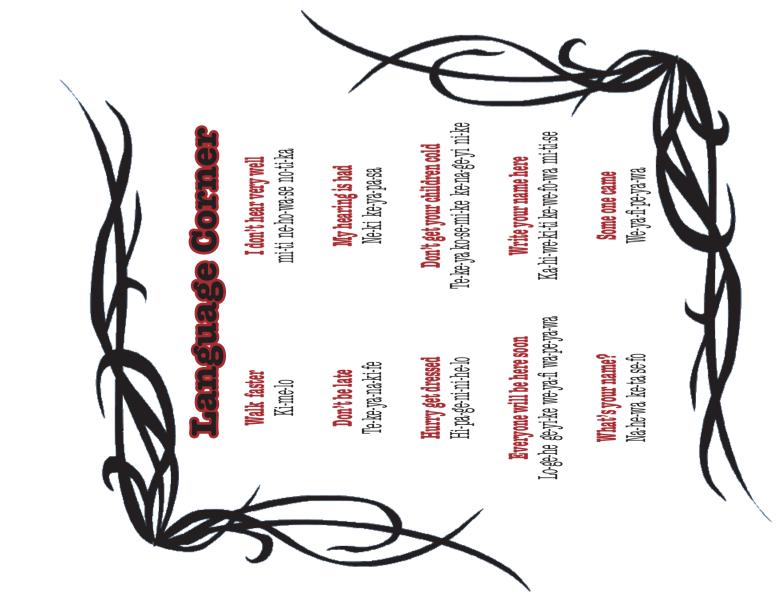
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NTEE SHAWNEE TRIBE DIANS OF OKLAHOMA GORDON COOPER DR. EE, OK 74801

PRESORTED FIRST CLASS US POSTAGE PAID OKLAHOMA CITY, OK PERMIT 2000



RETURN SERVICE REQUESTED



SIONS (405) 275-4030	<u>PROCUREMENT</u> Asaycia Clayton Valentina Jimenez) Kayla Ketakea6281) Derrey		Johnnie Hagan (Probate)6247 Lea Tsotaddle	SOCIAL SERVICES		5 <u>TAX COMMISSION / TAG</u> 5 Alicia Engler	Tara Battise	TERO	THLE VI	Inomasure (Doss) Owings (DIK)6272 C Johnnie Mae Bettelyoun		Ted Watson	107	11.14	Bldg. 1 Break Rm	Fam. Svcs. Conf. Rm	Finance Conference R	_	All Nations Bank	-	Brendle Corner		· · ·	Indian Child Welfare		Media	•	Police Dept	Shawnee Casino	Tribal Store (Little Axe)	LITTLE AXE CLINIC	After hours	Clinic - Dental	Pharmacy	Resource Center	D SHAWNEE CLINIC Crimic (RIdo 17) 878-5850	Pharmacy1-866. Toll free1-866.	
ABSENTEE SHAWNEE TRIBE - SHAWNEE DEPARTMENT EXTENSIONS (405) 275-4030	FINANCE Belinda Collins(Controller)	Amy Hilderbrand (Pay. Spec.)	Courtney Green	Holly Davis (Acct. Pay. Spec.)	David Deer	Jennifer Hernandez(Budget Analyst) 6228	Glenna Jones (Grants Admin)		Cheri Hardeman	Dayna Dick 6337 Truv	lle Baker	•••••••••••••••••••••••••••••••••••••••		LITTLE AXE RESOURCE CENTER Rucky LittleCharley 585-8310		MAINTENANCE	Cecil Walker 6316	Reta Harjo	herri Yetter, Isaac	Bettelyoun, John Mann, Kevin Kaseca Tom White, Donnie Marshall, Lance	Nanaeto, Levi Littlecreek 6331	MUSIC	0520	Rico Coon	Michael Berry 6303	Josh Gibson	TUSHdutt Jutt Could in an	UER Ken Jones	Dakota Blanchard8843	i	-	<u>POLICE DEPT</u>	Diane Ponkilla6261	•••••	Anthony Johnson 6262		David Spector 6266		
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UPDATED: APRIL 8, 2015 CORRECTIONS? E-MAIL TO PHONELIST@ASTRIBE.COM

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