

The General Council Meeting has been scheduled for Saturday, October 27, 2018 in the Tribal Complex Multipurpose building: 2025 S. Gordon Cooper Dr, Shawnee, OK, 74873 at 10:00am.

AST Governor Throws First Pitch At OKC Dodgers Game For Charity



invited to perform the ceremonial first pitch for the Oklahoma City Dodgers. The pitch took place at the Chickasaw Bricktown Ballpark in downtown Oklahoma City on Friday, August 17th. The event was for a fundraiser for the Tribal Plains Health Board and Community Health Charities. Each ticket sold donated two dollars to the American Indian Health Fund.

The ceremonial first pitch is a longstanding ritual of baseball in which a guest of honor throws a ball to mark the end of pregame festivities and the start of the game.¹

More pictures from the event can be found on page 3. ¹ source: https://en.wikipedia.org/wiki/Ceremonial_first_pitch

INSIDE THIS ISSUE

2-7 EC Reports

- 8 AST Health Update
- **10** From the Doctor's Notebook
- 13 Wellness Calendar
- 14 Interconnected Living
- 17 Constitution Committee
- 18 Elders' Corner
- 19 Title VI Menu
- 20 Birthdays
- 23 What is Cultural Abuse?
- 24 Building Blocks
- 25 CCDF
- 26 Culture Camp
- 28 Cultural Preservation
- 29 Human Resources
- 30 Native American Veterans Memorial
- 32 Youth Camp Report
- 33 Services
- 34 Tax Collections
- 35 Enrollment
- 36 School Clothing Allowance
- 38 Emergency Management
- 39 Kids Zone

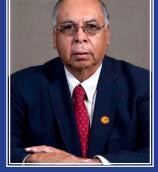
DON'T MISS OUT! Community meeting recordings available *at www.astribe.com* Executive Committee

September 2018

EXECUTIVE COMMITTEE



Edwina Butler-Wolfe GOVERNOR



Kenneth Blanchard Lt. Governor



John Johnson Secretary



Phillip Ellis **Treasurer**



Atheda Fletcher **Representative**

Monthly Executive Committee meetings can be watched online at astribe.com

6th

Governor's Report

By AST Governor Edwina Butler-Wolfe 405 275-4030, Ext: 6308 405 481-0397 Cell Number (tribal)

Hello Tribal People !!

I want to thank everyone who attends the Community Meetings we have each month. The meetings have been informational to our tribal people as well as the Executive Committee. We had our first meeting on June 30, 2018 at the Health Multi-Purpose Building and our second meeting was held at the Resource Center in Little Axe on July 28, 2018. We plan to have our next Community Meeting at the Health Multi-Purpose Building on August 25, 2018. Most of the topics so far, as stemmed around the Convenience Store. The meetings seem to be working out well with our tribal people as this gives them the opportunity to voice their concerns, likes and dislikes on issues.

The 82nd General Council Meeting will be held on October 27, 2018 at 10:00 am at the Health Multi-Purpose Building on the Absentee Shawnee Tribal Complex.

BALL AND DICE

As I have mentioned in my past articles, we are waiting on the approval from the Department of Interior for approval of Tribal State Class III Gaming Compact Amendments in the State of Oklahoma. This will allow our Casinos (Norman and Shawnee) to implement Ball and Dice Games. The effective date is August 17, 2018 for the compact amendments. The following Tribes listed below have approval also: Cherokee Nation, Chickasaw Nation, Citizen Potawatomi Nation, Eastern Shawnee Tribe of Oklahoma, Iowa Tribe of Oklahoma, Kaw Nation, Muscogee (Creek) Nation, Seneca-Cayuga Nation, Wichita and Affiliated Tribes, Wyandotte Nation of Oklahoma, Choctaw Nation of Oklahoma, and the Fort Sill Apache Tribe of Oklahoma.

INCLUDES GRANT

The Absentee Shawnee Tribe hosted the final meeting of the "INCLUDES" Planning Grant Steering Committee on August 20, 2018. This Grant is to begin the

process of getting more Native American students into the geoscience fields by developing pathways and collaboration among universities, schools, informal sites, local clubs and organizations, etc. Tresha Spoon, Education Director of the Absentee Shawnee Tribe, has been an active member on the "INCLUDES" Committee. Governor July and August Meetings

July	
18th	1:30 pm Choctaw Nicoma Park Public School Consultation
19th	9:00 am CTSA Exit Audit Meeting
23rd	9:00 am Weekly Meeting with Executive Committee
23rd – 25th	Oklahoma Indian Gaming Association Trade Show – OKC
27th	10:30 am First Nation Health Meeting (self funding insurance)
28th	10:00 am Community Meeting Resource Center – Little Axe
30th	9:00 am Weekly Meeting with the Executive Committee
31st	9:00 am AST Health Audit Meeting 10:00 am AST Tribe Audit Meeting
Health	1:00 pm Southern Plains Health Board Meeting – Little Axe
Ticatui	Clinic
<u>August</u>	
3rd	1:00 pm AST BIA Meeting – Multi Purpose Building
4th	10:00 am White Turkey Meeting - Shawnee

9:00 am United Indian Nations of Oklahoma, Kansas and Texas Meeting – OKC

Executive Committee

7th	9:00 am BIA Consultation – OKC. Lt. Governor and Self-Governance Director attended and myself.
8th	9:00 am Shawnee Forward/Marijuana Law 11:30 am Oklahoma Chapter of Commerce Twin Hills OKC
10th	9:00 am OEH Meeting Ken Jones with Executive Committee 10:00 am Oklahoma Department of Environmental Quality – OKC
13th	9:00 am Executive Committee Weekly Meeting 1:00 pm Conference Call Small Consulting per Feasibility Study
14th	9:00 am Tribal Member Meeting 11:30 am Meeting Citizen Potawatomi Nation Luncheon State of the Schools
15th	10:00 am Regular Executive Committee Meeting
16th	6:30 pm Constitution Committee Study Group/ Community inform- ational Meeting
17th	6:00 pm Dodger Baseball Game Governor threw First Pitch Out
18th	10:00 am Absentee Shawnee Elders Meeting – Resource Center, Little Axe
20th	 9:00 am All Directors Meeting Directors present: Indian Child Welfare, Media, Social Services, Domestic Violence, Absentee Shawnee Housing Authority, Police, Enrollment, Cultural Preservation, Health, Representative Fletcher read the HR report. Executive Member present: Lt. Governor Blanchard, Representative Fletcher and the Governor. Departments not present: Finance, Education, Building Blocks II and III, CCDF Coordinator, Maintenance, MIS, Reality, Courts, Procurement, OEH, and Title VI. Executive Members not present: Secretary Johnson and Treasurer Ellis.

9:00 am Welcome Speech to "INCLUDES" Committee for Native American Students to be interested in Geosciences.

Expressions:

For those families who lost a loved one this month, I offer my sincere condolences to you and your family on your loss.

Conclusion:

I appreciate tribal members that have come by my office or called with their concerns. My door is open unless I am in a meeting or attending a meeting elsewhere.

Help me make a difference – stand beside me and Let us Build for the Future (BFF) United and together!



L to R: Col. Bell from Tinker AFB, AST Governor Edwina Butler-Wolfe



L to R: Josh Hill-OKC Dodgers Group Sales Coordinator, Edwina Butler-Wolfe-AST Governor, Shelly Douglas-Communilty Health Charities Development Manager.



AST Governor Edwina Butler-Wolfe

From the Lt. Governor's Office

By Ken Blanchard Lt. Governor

Another month has gone by and I feel I have accomplished very little. This office has been very busy reviewing past activities and trying to catch up with old business and new requests. We had our mid-year Budget meeting on August 02nd and August 10th a Needs Budget Meeting in which we requested additional funding to complete the remainder of the year.

There have been twenty-nine (29) assistance requests from June until the present time. In order to qualify for assistance you must be a tribal member, 55 years and older, complete an application with the following documents; a copy of your CDIB Card, Proof of ownership or notarized statement authorizing permission to reside at the residence. For a request for handicap accessibility a doctor's statement is required and only one occupant request per household will be accepted. Once the application is accepted, a work order will be created and forwarded to the Maintenance Department; who will assess the repair request to fix it or to contract out the work.

The request for assistance is for emergency repairs only and not a renovation program. We are in the process of hiring an individual to write Policies and Procedures to clarify how emergency assistance will be carried out. Hopefully, we will get this implemented for the year 2019.

The Executive Committee is meeting regularly to discuss the business of the tribe and what services the tribal members may be lacking. Each one has been very dedicated to this effort.

Do not hesitate to contact the office of the Lt. Governor if you have any questions. We will do our best to assist any AST homeowner.

New Assistance Application

The Lt. Governor's Department has combined the following three assistance applications (Handicap Accessibility Assistance Form, Residential Pest/Bug Spraying Service and Visitor Information Sheet) into one Assistance Application. You may fill the application out on site, pick up or request by mail.

Requirement of obtaining assistance:

- Absentee Shawnee Tribal Member 1.
- Own home (provide proof of ownership) 2.
- 3. Elderly (55 & over will be priority)
- 4. Copy of CDIB
- 5. Doctors Statement (handicap services only)
- Completed Assistance Application 6.

Helpful Hints for maintaining A/C unit:

- Change the filter once a month 1.
- Spray down the outside condenser unit with water weekly, 2. this will insure adequate air flow and less strain on unit.

If you need more information contact Diane Ponkilla at (405) 275-4030 ext. 6267 or dianep@astribe.com.

	OFFICE O 2025 So	F THE	LT. C	E OF OKLA GOVERNOR oper Drive 74801			
Phone: (405) 275-4030	Ass	istance	Appli	Fax: (4	Fax: (405) 395-9776		
[] Maintenance/Repairs[] Residential Pest/Bug			Handica	p Accessibility	Assistance		
APPLICANT INFORMATIC	DN						
Last Name		F	irst Nam	e		MI	
Address							
City	State	Zi	p	_ County			
Tribe	R	oll Numbe	r				
Home/Cell Phone			Alt. Phor	ne			
Date of Birth Name of all permanent reside			Age 55 o	r older) [] Yes	[] No		
LAST FIRST MI	nts in the nouse	DOB	M/F	TRIBE		ROLL #	
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sheet if more room is needed)

Original 08/02/2018

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Land Status [] Tribal Trust [] Fee

(If your property is Trust Property and you do not have a probate order for occupancy, please obtain notarized signature consent of a majority of the property heirs or provide other documentation showing consent from a majority of the property heirs)

(Mutual Help Homes not paid off are not eligible for assistance, until paid in full)

(Rental Properties are not eligible for assistance, Landlords responsibility for maintenance/repairs)

DOCUMENTS NEEDED

-] Copy of CDIB
 - [Copy of filed stamped Warranty Deed showing ownership Doctors Note (Only if required)

Provide a brief description of Services Requested

, hereby certify and attest that the information provided within the Assistance Application is true and correct to the best of my knowledge and belief. I understand that the information contained herein shall not be utilized or released in any form except as general statistical information by the Absentee Shawnee Tribe of Oklahoma.

Applicant Signature

Date

WALK-IN CLINIC WITH EXTENDED HOURS



Here for you, now more than ever.

EXTENDED HOURS: 9 a.m. - 9 p.m. Monday - Friday 9 a.m. - 5 p.m. Saturday

NO APPOINTMENT NEEDED.

A child with a high fever. An ear infection. Flu. A blood sugar spike or fall. **To take better care of** you, Shawnee Clinic is now open extended hours on weeknights and additional hours on Saturday. We ask for your respect in understanding that these times are for people who need acute care immediately, not routine medical care. Last walk-ins will be accepted at 8:30 p.m. weekdays and 4:30 p.m. Saturdays.

Shawnee Clinic provides quality health care for people in our community. Sensitive, trusted, compassionate. You are at the heart of what we do.



SHAWNEE CLINIC

Prevention. Progress. Pride.

2029 South Gordon Cooper Drive 1 Shawnee, OK 74801 405.878.5850 or 1.877.878.4702 (TOLL-FREE)



Regular hours of operation: 7 a.m. to 5 p.m. M-F. Closed the first Wednesday of every month from noon-5 p.m. Closed Sundays & holidays.

AST Economic Development Looking to Take Off

By John Johnson AST Secretary



From August 14-16, I along with Treasurer Phil Ellis & Representative Atheda Fletcher attended the thirteenth annual Tinker and the Primes. Tinker and the Primes provides a unique opportunity for receiving information on industry updates, how to do business with the DoD, networking, and interacting faceto-face with key industry and DoD decision makers.

The conference brought together Department of Defense officials, industry partners, and organizations to interact, enhance knowledge, and for information sharing. The purpose of us attending is to learn how we might be able to do business with the department of defense and other organizations providing services to Tinker Air Force base.

THE ADULT WIA PROGRAM IS CUR-RENTLY SEEKING APPLICANTS TO FILL AN 8-WEEK POSITION.

All applicants must pass a background check and a drug screen. You may request an appliction from the Tribal Secretary's department by mail or email. Should you have any questions, please feel free to contact Alvina Barnes at 275-4030 ext 6275.

Treasurer Update

By Phillip Ellis AST Treasurer

Dear Absentee Shawnee Tribal Members,

As treasurer, I would like to brief you on a number of things that I've been involved in. To be sure, it's important to highlight our accomplishments but equally important is the need to convey what's presently going on as well as future goals. Economic Development

I'm working closely with Secretary John Johnson and Representative Atheda Fletcher on economic development opportunities that have great potential. I feel what would be a great benefit to our tribe is the development of a Native 8(a) program which in turn would allow us to contract with federal government. This would allow us the opportunity for us to provide services to the Department of Defense; specifically the air force bases in our area. Many other tribal nations have 8(a) programs and have enjoyed great successes. In the coming months we will continue to:

• Educate our leadership on the 8(a) program process

• Meet with the Small Business Administration – Business Development Program

• Work with our local Native American (Procurement Technical Assistance Center – PTAC)

• Seek out opportunities to acquire, joint venture or start up our own 8(a) program

The other areas of economic development we are focused on are:

• Clean up the property on I-40 and Highway 9A (Earlsboro property)

Clean up of Tecumseh Square property

• Strategic planning for C-store operations located in Little Axe

• Focusing on how to obtain competitive advantages using our federal charter

Mid-Year Budget Review

In August, the Finance Team met with all departments/programs for a mid-year budget review. The primary purpose of such a review is:

• Answer any questions from departments/ programs that they have regarding their budgets

• Make sure all budgets are on-track and to provide a review of the half-year budget execution

• Identifying potential savings and proposing resource reallocation within the budget

• To give an explanation of fiscal projections under which the next budget will be prepared

• To make advance announcement of the proposed fiscal framework and the government spending priorities.

Executive Committee

I felt like this process was beneficial for all involved. Not only is a mid-year budget review an essential part of our budgeting process but more importantly it provides an opportunity for our departments/programs to identify funding needs in order to best serve the needs of the tribe and its members. Moreover, it's essential that our Executive Committee (EC) always be aware of budgeting execution from each department/program. Furthermore, on a monthly basis budgets are provided to each department/program director and the EC member responsible for the department/program.

BIA Update

In August, I coordinated a meeting with the EC, all BIA Department Directors and our BIA Specialist, Scott Miller. The intent of the meeting was to:

Educate all on the annual funding process

Discuss budget questions and budget needs

Review rollover funding and allocation

Our BIA departments consist of the following:

- Operations
- o Transportation & Roads
 - Court

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- Education
- Enrollment
- Indian Child Welfare (ICW)
- Police
- Probate & Realty
- Social Services

The EC will meet to discuss the rollover allocation and allocate the rollover funds to address departmental needs. The current year major funding needs are in the departments of Police and Probate & Realty. OSU Tribal Finance Certificate:



In July, I attended the OK Tribal Finance Consortium meeting at Oklahoma State University (OSU) where we presented a partnership award to OSU

September 2018

Provost Dr. Gary Sandefur (Chickasaw Nation) and Dean Ken Eastman, OSU School of Business. The purpose of the OK Tribal Finance Consortium is to coordinate knowledge share, experience share and potential cost/saving among tribal finance leaders in Oklahoma. I currently serve on the board of directors of the OK Tribal Finance Consortium along with Dr. Karen Goodnight (Chickasaw Nation), Dr. Lancer Stephens (Wichita & Affiliate Tribes), Elijah Macintosh (Muscogee Creek Nation), Vince Logan (Osage Nation) and Justin Wilson (Choctaw Nation). Over the past few months, I have been working with other tribal nations to finalize a Tribal Finance Certificate Program. We have been working with OSU School of Business and OU School of Law to create an Introduction to Tribal Finance program for tribal nations in Oklahoma. The other Oklahoma tribal nations I have been working on creating this program include:

- Cherokee Nation
- Chickasaw Nation
- Citizen Potawatomi Nation
- Kaw Nation
- Muscogee Creek Nation
- Osage Nation
- Pawnee Nation
- Seminole Nation



The OSU Tribal Finance and Accounting Institute consists of two certificate programs designed to gain knowledge and experience to help participants become a more effective tribal finance/accounting professional and leader. The program will have an inauguration class in November 2018 but will fully kick off in May of 2019. The primary benefit is that training and education will be local. Furthermore, OK tribal nations are participating in the criteria and development of the program.

The next phase of my involvement with the OK Tribal Finance Consortium is to provide financial literacy programs for our tribal youth, working adults and tribal elders. I will provide more details on these programs in the coming months.

Executive Committee

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PHARMACY SERVICES

Your health is our first order.

Prescriptions, medical supplies, helpful advice. The trained pharmacists and supportive staff at each of our AST pharmacy locations are happy to serve you in person or on the phone.

Please allow 24 hours for refills. When you call for refills, have your medication numbers ready and use our automated system. If you'd like to receive a text when medications are ready, share your current cell phone number with a pharmacy staff member. It's also important to let us know about changes in address, phone numbers, insurance and other contact information.

LITTLE AXE HEALTH CENTER 15951 Little Axe Drive Norman, OK 73026 **405.292.9530**

Lobby: Mon – Fri 8 a.m. to 5 p.m.

Regular Drive-thru: Mon – Fri 7:30 a.m. to 5:30 p.m.

Extended Hours Drive-thru*: Mon – Fri 5:30 p.m. to 8:30 p.m. (or until last PlusCare patient receives their medications) Sat – Sun 9 a.m. to 5 p.m. Holidays 9 a.m. to 5 p.m. (excluding Thanksgiving & Christmas) *Extended Hours Rx Drive-Thru is available ONLY for PlusCare Clinic prescriptions and AST member emergency room visit fills. SHAWNEE CLINIC 2029 South Gordon Cooper Drive Shawnee, OK 74801 405.878.5859

Lobby: Mon – Fri 7 a.m. to 5 p.m. Drive-thru:

Mon — Fri 7 a.m. to 5 p.m. Extended Hours*:

Mon – Fri 5 p.m. to 8:30 p.m. (or until last patient receives their medications) Sat 9 a.m. to 5 p.m. Closed Sundays & Holidays *Extended Hours Rx is available ONLY for Extended Hours Clinic prescriptions and AST member emergency room visit fills.

Both pharmacies are closed the first Wednesday of every month from Noon-5 p.m.

24-HOUR EMERGENCY PHARMACY ACCESS

If you experience an emergent issue after hours and receive a prescription that needs to be filled that same evening, AST Health has provided access for Tribal members only at three **(3) approved Walgreens locations in Shawnee and Norman**. You will need to submit your prescription, and it is mandatory to identify yourself with your AST CDIB card and other appropriate ID. Then, they will fill your prescription. You will have a five-day limited fill on your prescription. Upon the first work/business day, you can have the remaining balance of your prescription(s) transferred to your AST pharmacy in either Shawnee or Little Axe, and they will fill your remaining balance. The three (3) AST Health-approved Walgreens service locations are: 1427 North Harrison Street or at 600 Shawnee Mall Drive, Shawnee, OK or 615 West Main Street, Norman, OK



Tribal Representative Report

By Atheda Fletcher AST Representative (405) 275-4050 Ext. 6239 or (405) 287-5247

Dear Absentee Shawnee Tribal Member:

As of this writing, I have been working 55 days in tribal office as the Tribal Representative. I have been extremely busy getting up to speed on the activities of the programs for which I am responsible. Following are some of the activities that I have been engaged in since I have taken office.

Much of my time has been spent in various tribal operational meetings. These meetings have high value for the Executive Committee (EC) members in that each has the opportunity to see and hear what is working well and where there might be need for improvement. As a new EC member my goal is to help solve business problems within our government and help undertake business process improvements for our tribe.

Within the programs of my responsibility, my goal is to analyze each department's pain points and then determine which problems deserve the most immediate attention. I am working with the teams that are in place for each of these programs and all employees are eager and willing to put forth the effort needed to bring structure and improvements to their areas. Each of the departments have and will continue to provide through the Absentee Shawnee Tribal Newspaper a report on their activities, i.e. Human Resources, Cultural Preservation and Youth Camp.

In mid-July, I traveled with AST Clinic Staff to the Gila River Reservation, Chandler, Arizona for a Cultural Sensitivity Training event for employees. The purpose of the trips was to find best practices for Native American cultural sensitivity training that you hope to implement for AST entities. This training provides insight into important elements for improving skills to more effectively provide care to diverse populations specifically to Native Americans. The group was honored that the Governor of the Gila River Nation, Stephen Roe Lewis, and the Gila River Healthcare Board of Director, Katherine Lewis, took time away from their busy schedules to meet with our group.



The first of August, I traveled with Suhaila Nease, Cultural Preservation Director, to Tahlequah to attend the Federal Communications Commission (FCC) Tribal Caucus. The meeting was hosted by the United Keetoowah Band. The purpose of the meeting was to update tribes on the status of the current lawsuit against the FCC. Although the AST is not an official party to the lawsuit, we remain engaged to support and help in any other way possible. The lawsuit challenges the FCC's rule change intended to expedite the installation of 5G technology. In March, the FCC voted to streamline federal environmental and historic review procedures by removing permitting requirements for certain small 5G installations. Previously, telecommunications companies need to consult local Native American tribes and obtain reviews and permits from them before construction. The FCC argued that, since the 5G installations are smaller than a traditional cell tower, the permitting requirements were overly burdensome, adding millions of dollars to the cost of bringing 5G to the nation. Several tribes as well as the Natural Resources Defense Council have filed suit to stop the rule from taking effect. I will continue to provide periodic updates on this issue.

On August 9 and 10, I delivered rations to the North Grounds and the Linney Grounds. On Saturday, I visited the North Grounds and spent the afternoon at the Linney Grounds.

Other events that I have attended: AST Townhalls, Tinker Primes Conference, AST Constitution Committee meetings, SASPO Industry Day at Tinker, and HR in Indian Country Conference.

Quote: Time is an illusion. Lunchtime doubly so!

Health

ASTHS September Monthly Update

By Mark E. Rogers, MAL, FACHE, CMPE, CHC AST Health Systems Executive Director

Fall is upon us again! As we close out the summer programs with our NYPD and PINS being better than ever, we are excited about back-to-school, the upcoming 5th Annual AST Run for Your Life Zombie 5K, and the continual expansion of our services and access to health programs – all to serve you better every day! As we prepare for the fall season, please remember to practice proven hygiene and infection control procedures such as frequent hand washing, getting your annual flu shot, limiting your public exposure if you should become ill with a fever, and encouraging others to adhere to these protocols as well. Our staff will have the annual flu shot vaccinations available at the General Council meeting on October 27th. It is our responsibility as a health system to be the example of infection control and health and wellness for our patients, community, and loved ones.

The 2018 AST Health System Internship Program was another success this year! We hosted a graduation luncheon for our five AST young, aspiring healthcare professionals who successfully completed rotations throughout the health system. The internship program aligns with our strategic plan of continually investing in our young tribal members through education, mentorship, and the creation of career opportunities through service to the tribe's overall health. We are extremely proud of these emerging young professionals and hope we see them again in our health system as they continue with their education and career goals!

Elder care and advanced aging concerns such as fall risk, monitoring loved ones who live alone, and homebound health care, remain critical priorities to the tribe and the health system. The health system has and shall continue full partnership with the tribe in serving and coordinating medical care for any tribal member with a homebound medical need that falls within the scope and authority of our health and wellness system. If you know any tribal member who is homebound and needs medical assistance, please contact our health administration office at (405) 701-7621 and we will be happy to assist with the best possible resources and coordinated care.

The health system's most valuable resource—our people—again displayed outstanding service to our tribal health system! I am extremely proud of our outstanding star performers this month, and thank them all for their contributions to our patients, their fellow employees, and the tribe!

Employee of the Month Team of the Month Special Leadership Award

August 2018 Employees of the Month:

Dr. Kanwal Obhrai, Pediatrician Registration Team (Shawnee & Little Axe) Health Maintenance/Housekeeping and Health IT

Mark E. Rogers, MAL, FACHE, CMPE, CHC Executive Director

ATTENTION TRIBAL MEMBERS:

The Election Commission is requesting that anyone who would be interested in serving on the Election Commission as an Alternate please contact the Election Commission Office at 275-4030 ext. 6271.

Please remember that you would have to meet the same qualifications required when someone runs for an elective office. Drug and alcohol tests and background checks will be required.

Care on your schedule, that's the Plus.



AN AFTER HOURS ACUTE CARE FACILIT

HOURS OF OPERATION:

9 a.m.-5 p.m. Saturday – Sunday 9 a.m.-5 p.m. Holidays (except Thanksgiving & Christmas) PlusCare will be closed the first Wednesday of the meth fore agents for

First appointment – 9 a.m. Last appointment – 8:30 p.m. Monday – Friday Last appointment – 4:30 p.m. Saturday, Sunday & Heliday Minor illnesses and injuries – an earache, a sprain, the flu – can sneak up on you. That's why PlusCare provides medical services for non-emergency conditions on a same-day, no-appointment necessary basis. PlusCare is available to AST tribal members and other IHS-eligible Native Americans who are ages two years and older.

At PlusCare, we're dedicated to providing high-quality, clinic-based health care to members of our community. **On evenings. On week**ends. This is all for you.



Prevention. Progress. Pride.

AAAHC

15702 East State Highway 9 • Norman, OK 73026 Phone: 405.447.0477 Fax: 405.366.8996

Health



September 2018 - Scheduled Closings

Date Closed:	Time(s)	Locations:
	Closed:	
Mon., Sept 3 rd	All Day	All AST Health facilities CLOSED
(Labor Day Holiday)	All Day	-PlusCare Clinic OPEN 9 AM until 5 PM (last patient at 4:30 PM).
Mad Cant 5 th	Noon to 5 PM	All AST Health facilities CLOSED
Wed., Sept 5 th (1 st Wed of Month)		-Shawnee Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).
		-PlusCare Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).
Fri., Sept. 28 th		All AST Health facilities CLOSED
(Professional Staff	All Day	-Shawnee Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).
Training)		-PlusCare Clinic OPENS at 5 PM until 9 PM (last patient at 8:30 PM).

* In the event of a predicted severe weather forecast, please call ahead for possible health system closure or delay: Little Axe Health Center at (405) 447-0300, Shawnee Clinic at (405)878-5850 or PlusCare at (405)447-0477

**Health closures/delays are posted on the Absentee Shawnee Tribal Health Facebook wall "Absentee Shawnee Tribal Health", Twitter @ASTHealth & on ASTHS website at <u>www.asthealth.org</u>



From the Doctor's Notebook: Rocky Mountain Spotted Fever

Robert Soult 3rd year Medical Student OSU-COM

The following article was authored by one of my students on rotation with me from OSU.

Summer is a time that many people look forward to each year. The kids are out of school, the weather is nice, and the outdoors are lovely this time of year. Whether it is going and spending the weekend on the lake catching some fish, pulling the kids around on the tube, or spending the week out camping in the woods, everyone has their summer time thrills. In addition to dealing with sun burns and pesky mosquitos, we need to keep in mind the other critters that call the outdoors home and carry some nasty diseases. When summer rolls around, it is time to start thinking about ticks.

Many people see ticks as simple pests that leave an itchy bite but are otherwise harmless. Ticks carry many diseases that can cause serious harm if left untreated. Some of these diseases include Rocky Mountain Spotted Fever, Lyme Disease, and Ehrlichia. The very activities that we enjoy in the summer time are what put us into contact with them. Ticks like to hang out in tall grass and areas that put them into contact with animals so they can attach and feed. When humans are out enjoying nature we fall victim to them when we don't protect ourselves properly.

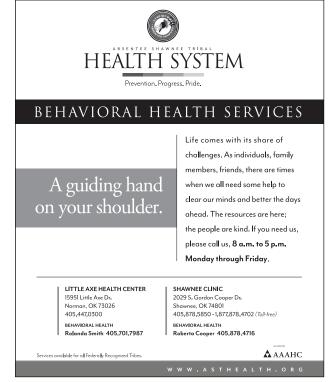
This year we have seen a big spike in cases of Rocky Mountain Spotted Fever possibly due to the mild summer we have had that has caused more people to be outdoors. There are other diseases that are spread by ticks as mentioned above, but for this article I chose to focus on Rocky Mountain Spotted Fever due to its high prevalence in the local area. The underlying cause of Rocky Mountain Spotted Fever is a bacterium known as Rickettsia rickettsii that resides in the salivary glands of ticks. The tick responsible for carrying the bacterium is the Dermacentor tick, or otherwise known as the American dog tick. Diving deeper into the names and science behind the critters that cause this disease is beyond the scope of this article. I want you to know how to prevent getting infected and what signs to look out for so you

can let the doctor take care of you early.

Let's start with what to look for if you have a tick bite. For the tick to transmit the disease to you it usually needs to be attached for longer than six hours which is why routine checks after being outdoors can help prevent transmission. If you have contracted Rocky Mountain Spotted Fever from a tick bite, it usually takes a couple days before the symptoms start to appear but it can take as long as two weeks to begin developing symptoms. In the early stages it is hard to differentiate the symptoms of Rocky Mountain Spotted Fever from a simple cold or heat exhaustion. At the beginning, the symptoms of Rocky Mountain Spotted Fever typically consist of headache, fever, and generalized body aches and pains with the headache often times being severe. As the disease progresses you can develop the "spotted" rash that gives Rocky Mountain Spotted Fever its name. This rash typically starts at your ankles and wrists and progresses inwards toward your trunk. Left untreated Rocky Mountain Spotted Fever can become lethal, which is why it is so important to get it treated. Rocky Mountain Spotted Fever starts off rather discretely before becoming the spotted fever that might urge you to come in and see your doctor. I am not wanting to scare you into thinking every headache could be signs of Rocky Mountain Spotted Fever and to rush to the doctor's office, but rather to have you be mindful of these symptoms. If you or your child is exposed to a tick and now are complaining of fever, headache, and aches and pains it might be a good idea to come see your doctor before the rash even develops and get started on treatment early. When you come in to see your doctor with suspicion of Rocky Mountain Spotted Fever or a suspicious tick exposure he/she will most likely order a Tick panel to check you for the disease. This test is a simple blood draw and nothing to be scared of with results usually coming back in a few days. Often times your doctor may start you on treatment in the office that day before the results are back if they are highly suspicious of infection so that they can get an early start on getting rid of the infection and prevent further complications. Treatment is a simple round of antibiotics that, if the test returns positive you will take for about two weeks and should be in good shape without any long term problems following completion of the course of treatment.

The best solution to avoiding Rocky Mountain Spotted Fever is to not get bitten by ticks, so how can we do that? One of the biggest things to help prevent tick borne diseases is to wear repellent while outdoors especially in wooded areas or places with tall grass. Repellants that contain the chemical DEET are the best at keeping ticks away and can be applied to the skin. These can be found in many formulations at local stores. To prevent ticks in a general area, sprays that contain Permethrin can be used on surfaces such as tents or the ground but are not for use on the skin. In combination with repellants, clothing that covers your legs can help prevent ticks from coming into contact with your skin. Light colored clothing and white socks make spotting ticks easier and lets you brush them off before they have time to bite. No matter what we do it is inevitable that ticks will still find their way onto our bodies and latch on. Ticks don't transmit disease immediately upon latching on. It usually takes approximately six hours before the bacteria spreads from them to us so promptly removing a tick when you find it is important. After returning home from the outdoors you should thoroughly check your body for ticks and then shower to remove any unseen ticks that could be in hard to see places such as your hair. Even when out camping for an extended period of time it is a good habit to check your body each night before bed because as mentioned before, it takes about six hours to spread the disease so getting a tick off early can prevent the spread.

Don't let all of this talk scare you into ditching your summer plans and spending the season indoors. Tick borne diseases can easily be prevented with proper preparation of your clothes and a little planning to have some repellant on hand when going outside. The great outdoors can be a fun place to stay healthy and enjoy family time. We just want you to know what to look for if you or a family member gets a tick bite and starts showing signs of Rocky Mountain Spotted Fever before it progresses. If a loved one starts showing signs of illness after a tick bite bring them in to the doctor so they can get prompt treatment and be back to enjoying summer with the rest of the family.



Health

CONTRACT HEALTH SERVICES NEWS

The AST Contract Health Services Team is here to assist you.

Please follow the CHS guidelines. Keep a copy on hand and update your information.

EMERGENCY AND URGENT CARE SERVICES

CHS for a currently enrolled AST member who resides in the defined catchment area and needs emergent or urgent care.

- 1. Call the On-Call nurse at 405.447.0300, option 9 for triage.
- 2. Notify CHS on the next business day or within 72 hours after your ER visit. Notification does not assure authorization of payment. However, if you do not notify CHS within 72 hours, your bills will not be paid.
- For AST members with no insurance, evidence must exist that your visit was medically necessary. Medical priorities have been established for determining which referrals can be authorized for payment.
- 4. For AST members with insurance, evidence must exist that a third-party resource has made the determination such services were "emergency care" or "urgent care." Such evidence my include payment from private insurance.
- 5. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center CHS office or the Shawnee Clinic CHS office.

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITH INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and has Medicare or private insurance.

 To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

- 2. Notify CHS at least 48 hours prior to appointment date for a Coordination of Benefits (COB) to be sent to the provider.
- **3.** Inform provider/health facility that AST CHS is a secondary payer/payer of last resort.
- **4.** In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

EASY ACCESS

Contract Health Services is conveniently located in Little Axe Health Center and in Shawnee Clinic, Building 16.

8:00 a.m. – 5:00 p.m., Monday – Friday Closed on Holidays

All facilities closed the first Wednesday of the month from Noon to 5pm.

REFERRAL MANAGEMENT Little Axe Health Center

Debi Sloat, CHS Coordinator/RN Sharon Littlecreek, Patient Care Manager/LPN Jayne Werst, CH Specialist, Medicaid Patients Kelly Armstrong, CH Specialist, IHS Patients/LPN Jennifer Wells, CH Technician Melinda Ferrell, PBA, Dental Referrals

SHAWNEE CLINIC CHS

405.878.5850 (Primary) **405.878.4702** (Secondary)

CONTRACT HEALTH SERVICES FOR AST MEMBERS WITHOUT INSURANCE

CHS for a currently enrolled AST member who resides in the defined catchment area and does not have insurance.

- You must apply for all resources available to you, such as: Medicaid, Medicare, Worker's Compensation, Vocational Rehabilitation, auto insurance and other personal injury or liability coverage. CHS staff and/or Patient Benefit Advocates can assist you with the application process for alternate resources. Failure to exhaust available or potentially available alternate resources may result in denial of payment.
- 2. To complete existing CHS patient updates, please visit Patient Registration at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

For new AST tribal members, to become established for CHS services, please make an appointment to see the New Patient Coordinator/PBA at either the Little Axe Health Center or Shawnee Clinic during regular hours of operation.

- **3.** You must utilize the services provided within AST health clinics prior to being referred out.
- 4. Referrals for outside services must be sent to CHS. Services must be medically approved by an AST Health provider and/or CMMR Committee.
- 5. An appointment will be scheduled, and a COB will be sent to the outside provider.
- 6. In the event that you receive a bill from a provider, please provide a copy to CHS. You may leave bills at the Little Axe Health Center or Shawnee Clinic.

REFERRAL MANAGEMENT Shawnee Clinic

Flo Mann, CH Specialist, AST Patients/LPN Laurie Webber, CH Specialist, IHS Patients/LPN Carrie Stanley, CH Specialist, Medicaid patients/ Medical Assistant



IMPORTANT CONTACTS

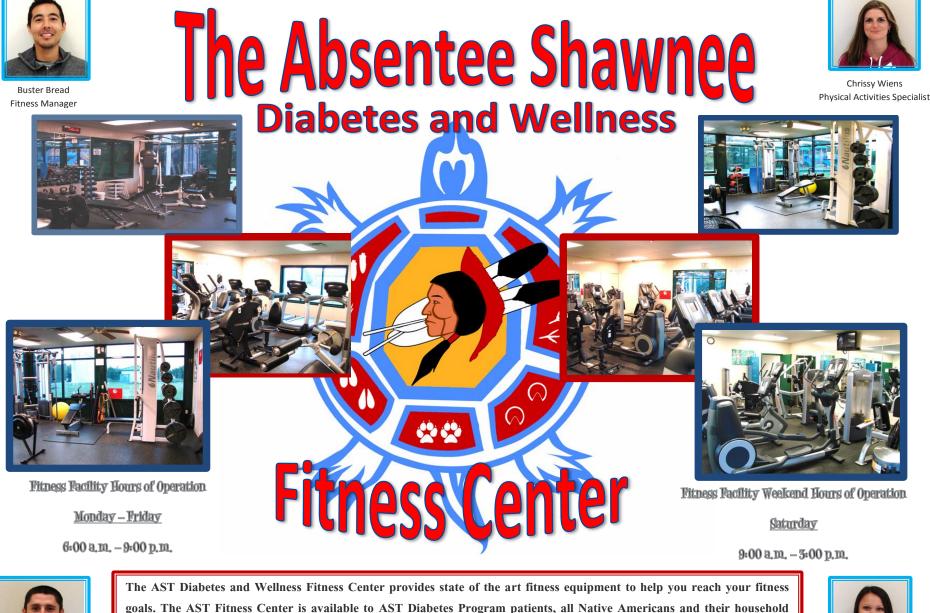
BILLING & PAYMENT INQUIRIES Little Axe Health Center & Shawnee Clinic

Glendine Blanchard, CHS Coordinator Darla Gatzman, CH Technician Chelle Foreman, Medical Claims Examiner Lena Carol, CH Technician Kareena Deere, CH Technician/Medical Records

LITTLE AXE HEALTH CENTER CHS

405.701.7951 (Please follow voice prompts) **405.447.0300** (Secondary) Health

September 2018



Brandon Goodman

Fitness Technician

The AST Diabetes and Wellness Fitness Center provides state of the art fitness equipment to help you reach your fitness goals. The AST Fitness Center is available to AST Diabetes Program patients, all Native Americans and their household family members, and the AST employees. Our goal is to provide appropriate and educational fitness training to all AST diabetes patients while promoting a safe, fun, and positive experience. Take some time to come by and visit the Diabetes and Wellness Fitness Center today! For more information, please contact Buster Bread or Chrissy Wiens at (405) 364-7298.



AST Diabetes and Wellness Program

The goal of the diabetes and wellness program is to provide a supportive resource to tribal members who are currently diagnosed with diabetes, or at risk and seeking information and/or support for diabetes and personal health. The program will offer guidance on healthy lifestyle changes such as eating healthy, exercise tips including workout classes with our two certified trainers, and keys to reducing stress.

The AST Resource Center fitness room hours are:Monday-Friday6:00am - 9:00pmSaturday9:00am - 3:00pmSundayCLOSED

For more information on the many exciting opportunities available for our tribal community please call our clinic at 405-701-7977 or visit our website at www.asthealth.org (Then navigate to our Diabetes and Wellness section under the services section.)

Health



September



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLASSES	CLASSES	CLASSES	CLASSES	CLASSES
Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Cardio Kickboxing</u> 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	<u>Strength Circuit</u> 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center	Zumba Fitness 6:15 a.m7:00 a.m. Chrissy Wiens Little Axe Resource Center
		<u>Kickboxing Circuit Wednesday</u> 12:00 p.m12:45 p.m. Chrissy Wiens LITTLE AXE HEALTH FACILITY		
				<u>Chair Exercise Friday</u> 2:30 p.m3:15 p.m. Buster Bread LITTLE AXE HEALTH FACILIT
<u>Strength Circuit</u> 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		<u>Aerobic Circuit</u> 5:45 p.m6:30 p.m. Buster Bread Little Axe Resource Center		

Fitness sessions will be available every Wednesday and Friday at the Little Axe Health Center

"KB Circuit"- This hardcore workout blends elements of boxing, martial arts and traditional aerobics all in one intense exercise routine.

Absentee Shawnee Fitness

"Circuit Training"- A time efficient training system aimed at developing strength through pre-determined training stations.

"Cardio Kickboxing"- Aerobic training using kickboxing

techniques to engage and strengthen the cardiovascular system



"Chair Exercise"- Learn how to build strength using a variety of strength exercises that can be performed in a chair. This session is great for those who have joint pain or low-fitness levels.



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Guitar • Bass • Piano • Drums

Available to all Native Americans w/CDIB#

For details, call Absentee Shawnee Behavioral Health • 405-878-4716

Interconnected Living & Wellness–what does this mean to you?

Interconnected living & wellness care is what our AST Health System strives to offer our patients by providing various services in a central location. We recognize that good health is inter-related by multiple facets of daily life - physical, emotional, spiritual, occupational, social and environmental elements. These 7 categories are known as the seven dimensions of wellness and just like the domino effect all interact and affect each other in some way or another. That's why your AST Health System stands unique in that it provides one convenient location to address all these important factors of your life!

Your wellness holds the utmost importance to us and in acknowledging, "the whole person, not the parts" we as your health providers are able to care for you as a caring and collaborating team. So moving forward, we here at the Health System and at the Diabetes & Wellness Program wish you good health & wellness in all elements of your life and stand to serve you as a whole.

Be Well.

For more information on the Diabetes & Wellness Program &/or to schedule an appointment please contact us at 701-7977. We are here for you!

For further reading on this subject and management tips on the 7 dimensions of wellness please reference the following:

7 Dimensions of Wellness: A holistic approach to health

By: Amy Green Published: 6/1/2016 http://www.alive.com/health/seven-dimensions-of-wellness/



What is the Power Hour?

The Absentee Shawnee Diabetes and Wellness Program would like to provide an opportunity for all tribal youth who are at an increased risk for developing type 2 diabetes to participate in physical activity games to increase activity levels. Please join us Monday through Thursday at the Resource Center in Little Axe for activities and games that are aimed to educate and engage your child in physical activity. This program is for all school age tribal youth.

What activities are included?

Activities/games include tag games, sports-related activities, parachute games, field games, dodgeball, fun obstacle courses, and much more.

How to become involved?

A referral from the AST Diabetes and Wellness Program or any physician will be recommended to participate in the AST Youth Power Hour. However, we will accept all tribal youth! All AST youth with good attendance to the Power Hour will receive a special incentive for their participation!



Power Hour dates and times

September 10th- December 10th

Monday through Thursday

4:00 PM - 5:00 PM

RESOURCE CENTER

1970 156th Ave. N.E. Norman, OK 73026 (Little Axe)

Questions?

Please call 405-364-7298 or 405-701-7977 (We will accept tribal youth after September 10th).

Local



Grants Department Implements Amplifund

The Grants Department implemented, AmpliFund, a grants management software in an effort to ensure transparency and accountability of Tribal grant awards. AmpliFund is a secure, purpose-built software solution to streamline accountability and compliance processes that is cloud based for maximum accessibility and scalability. AmpliFund is an end-to-end grants management software, designed to simplify the way the Tribe manages grant funding and distribution. It streamlines what are normally ad hoc processes, including pre-award planning, award management, funding distributions, performance monitoring, and scheduled reporting. This, in turn, creates additional capacity for the Tribe to further secure new funding and better impact the communities we serve. AmpliFund is also the only grants management solution proven to standardize the data management process and ensure compliance with the updated Uniform Grants Guidance.

On August, 10, 2018, the Grants Department in conjunction with the AmpliFund Team held training at the multi-purpose building on the Pre-Award phase of research, planning and submitting a grant. Executive Committee Members, Program Directors, and staff attended the training. Stay tuned, the next phase of trainings will be held in the fall of 2018.

Realty Department-September



Realty Mission:

The Absentee Shawnee Realty Department is accountable to individual Indian Trust land owners and responsible for providing technical assistance, guidance and direction in regards to various land transactions involving Indian trust lands. The types of land transactions include: Probate, Farming and Grazing leases; Oil and Gas leases; Right-Of-Ways; Residential and Home-site leases, and Gift Deed conveyances of trust property.

Realty Operations:

Local

All trust land transactions must come through the Realty members to be filled out and returned regarding marriag-Office for authorization and approved by BIA. Any trust land transactions not involving the Realty Department are deemed invalid.

It is important to keep all addresses current with the Office of the Special Trustee for Indians and Absentee Shawnee Enrollment Department. The number for Office of the Special Trustee for Indian is 1-888-678-6836. This will allow proper notification to be made to landowners on new leases, and to cross-reference landowner addresses with the OST and the Realty Department.

Probate Missions:

Probate is responsible for the research and preparation of the information and documentation necessary to submit a case file while keeping in compliance with AIPRA, the Federal Probate Code and maintaining confidentiality. Also, we communicate with BIA, OHA (Office of Hearing and Appeals), OST, other tribes and agencies. We collaborate with all departments and agencies to ensure a smooth process. The family's cooperation is crucial to the submittal process.

Probate Operations:

A death certificate is required and if the decedent executed a Last Will and Testament the original must be submitted with the case. A Family Data form is mailed to family es, children, parents and all potential heirs. Also a property inventory is provided by SPRO.

When all the information & documents are received the case is assembled and submitted to SPRO where it is reviewed and entered into the national probate tracking system (ProTrac) and assigned a case number. The case is then forwarded to the OHA, which hears cases from several states including many tribes. After a hearing date is scheduled all interested parties will be notified when and where the hearing will be held, there is no cost to the family and they are not required to attend.

After the hearing, the Order Determining the Heirs, is issued and the case is returned to the Tribal Probate Office. If no appeals are filed after 75 days the probate is closed and all the ownership records are updated to reflect the new ownership and any trust funds disbursed by OST. The length of time from submittal to closing varies; some cases take less than six months others may take up to a year or more depending on the complexity of the case.

If anyone has any questions, please feel free to contact the Realty Department @ 405-275-4030.

Cecil Wilson, Realty Director, ext. 6246 Lea Tsotaddle, Realty/Probate Specialist, ext. 6248 Taylor Carter, Realty Specialist, ext. 6247



Local

Constitution Committee Study Group September Report

Kathy Deere, Vice-Chairman shwneturtle@gmail Phone: 405-637-8248

CONSTITUTION COMMITTEE STUDY GROUP (CCSG) (FORMERLY CONSTITUTION REVISION COMMITTEE)

Greetings:

The Constitution Committee Study Group ("CCSG") Monthly meeting will be held monthly every fourth Sunday. Next meeting will be September 23, 2018, at 3:00 p.m. at the Little Axe Community Building, AST members are welcome to attend. We appreciate all the questions and comments!

CCSG website is available at *https://astccsg.squarespace.com*. The intent is for the AST members to be informed concerning CCSG meetings, minutes, budget, and community meetings. If you have comments, questions, suggestions, you can visit our website for the informational updates on the progress.

At the printing of this article, we met twice for the month of July and seven (7) meetings in August.

The first AST Constitution Committee Study Group ("CCSG") Community Meeting was held Thursday, August 16, 2018, at 6:30 p.m. at the AST Multipurpose Health Building, Shawnee, Oklahoma. Maybe because of the weather, we didn't have too many members attend! We appreciated the ones, who did show up and gave us a few comments and questions. We have a PowerPoint presentation that we will put on the AST website and the Constitution Committee's website at https://astccsq.squarespace. com

Special thanks to Representative Fletcher on providing the refreshments for the meeting and support! Also, we thank Governor Butler-Wolfe for supporting our efforts with her attendance!

The second AST Constitution Committee Study Group ("CCSG") meeting was held on August 26, 2018, at the LA Community Center in Little Axe, OK, and west of AST C-store. Hope to see members at the next community meeting at the Little Axe, Resource Center!"

The following items were discussed at our CCSG monthly meetings:

- Pending appointee, Wynona Coon to the CCSG.
- Draft By-Laws have been approved at the August CCSG Meeting.

- Legislative tour with the Chickasaw Nation in September.
- Informational CCSG Community Meetings set for the following dates:

August 16, Thursday, 6:30 p.m., Health Multi-Purpose Building, Shawnee, OK

Thursday, August 23, 6:30 p.m., AST Resource Center, Little Axe, OK Thursday, September 15, 2018, 2:00 p.m., tentatively, TBD location in the Tulsa area

• Referendum Vote on removing the BIA, Secretary of Interior, Two (2) articles in the constitution. This needs to be done to revise the AST Constitution to separate the Legislative and Executive branches.

New Elected CCSG Officers are:

Chairman:	Danny Little Axe
Vice-Chairman:	Kathy Deere
Secretary/Treasurer:	Shirley Adkins



Ne-Hi-Ki-Wa-Sa-Pa. We listen.

It is our mission to provide quality health care. To do this, we need some help from you. Share your needs, concerns and care experiences. **Call patient advocate Jim Robertson at 405.447.0300 or Customer Service at 405.701.7623.** Complete a Patient Questionnaire in one of our clinics or online.

Together, we will fulfill our mission.

LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026 405.447.0300

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ACCREDITATION ASSOCIATION

SHAWNEE CLINIC 2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405,878.5850





Elders' Corner

By AST Elder Council Officers

Hello and Hope Everyone is doing well!

September is here another school year has begun. August had a record rainfall this year for us here in Oklahoma!

The Elders' Council is in planning stages for the following events for the rest of the year:

» Attending the Gathering 2, Saturday, September 8, 2018

 » Attending Shawnee History Summit, Seneca, OK, Monday, 9-17-18
 » Fall Raffle-Jewelry and donated items to end at General Council Mtg, 10-27-18

» Red Earth Annual Christmas Tree Event, OKC, Red Earth Museum

» Thanksgiving Dinner w/Veterans, Yellow Rose Theater in OKC

» Christmas Baskets for Elders

» Christmas Dinner, 12-15-18

» Christmas Fruit, nuts, and candy sacks for Elders

If you are fifty (50) and up, we meet every third (3rd) Saturday of the month and meetings are alternating locations at Little Axe Resource Center or Title VI Building in Shawnee.. We usually have potluck lunch every monthly meeting (Unless otherwise posted).

Next meeting is Saturday, September, 15, 2018, at Title VI building in Shawnee, OK. October meeting is Saturday, 10-20-18, Resource Ctr in Little Axe, November TBA, Monday, Yellow Rose Theater, OKC, and December Christmas Dinner and meeting, Saturday, 12-15-18, Resource Ctr in Little Axe.

Hope to see more AST Elders at the monthly meetings!

	_
Absentee Shawnee Tribe of Oklahoma	
Title VI Department	
2025 S Gordon Cooper Dr	

Grass Mowing Application

Shawnee OK 74801 405-275-4030

D.O.B.____

CDIB #

The Following are the requirements for this program:

- 1. Must be an Absentee Shawnee Member
- 2. Must be 55 years and older
- 3. Must be an Title VI Member (have an current intake form for the current year 2018
- 4. Handicap/Disabled
- 5. Must provide Proof of Residency (utility bill must be in applicant's name)
- 6. NO RENTAL PROPERTY will be mowed

The Absentee Shawnee Tribe Maintenance Department will **ONLY** mow and weed eat applicant's lawn. Maintenance will mow every two (2) weeks, weather permitting. Also, the maintenance workers will not trim trees or shrubs.

If you have any questions, please contact Dos Owings at (405) 275-4030 ext. 6227

NAME: _____

ADDRESS:

CITV·	STATE .	71D ·
CITT.		ZII

HOME PHONE: ______ MESSAGE PHONE: _____

EMAIL: _____

FINDING DIRECTIONS TO HOME:

*DISCLAIMER

Maintenance will not move any items that are in the way of them mowing your yard so if you are able or can get some help in getting your yard cleaned, will be very much helpful in maintaining your yard.

Local

Title VI Menu







2% milk served	laily		T T	R	Aenu subject to cha	nge
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labor Day AST Complex Will be closed	4 Chicken Salad LTOP Chips Mixed Fruit	5 Wieners & Kraut Green Beans Bread Cookie	6 Tator Tot Casserole Veggies Crisp	7 Cereal Sausage Patty Pear	8
9 Grandparents Vay	10 Grilled Chez Sandwich Spear Pickle Chips Apple	11 Chef Salad Chicken, Eggs, Chez Mandarin Oranges	12 BBQ Chicken Baked Beans Bread Prunes	13 Meatloaf Mashed Pot & Gravy Green Beans Apricots	14 Boiled Egg Toast Bacon Grapes	15
16	17 Beef Fingers Mashed Pot/Gravy Veggies Peaches	18 Crispy Italian Chicken Peas n Carrots Tossed Salad* Mixed Fruit	19 Oklahoma State Fair Senior Day!!	20 Chicken Stir Fry Egg Roll Pears	21 Scrambled Eggs Sausage Gravy Biscuit	22
23	24 Hamburger LTOP French Fries Orange	25 Chicken Pot Pie Veggies Biscuit Applesauce	26 Beans Steakfries Cornbread Cake	27 Ribs Pot. Salad Cucumber, Tomato, Onion Salad Roll	28 Bagel Boiled Egg Cream Chez Tropical Fruit	29
30						

NOT GOING TO BE HOME!!! CALL AND LET US KNOW AT 405-275-4030 EXT 6227 or 6270 **OR NOTIFY YOUR DRIVER**

LUNCH SERVED MONDAY-THURSDAY 11AM TO 1PM BREAKFAST SERVED FRIDAYS **9AM TO 11AM**

Share your Celebrations!!!

Call AST Media at 405-598-1279 or email your request to stiger@astribe.com by the 15th of the preceding month. Only 1 picture can be used per celebration.

If you choose to visit our office and we are not present, please leave your requests in the mail box.

Celebrations

September 2018

Alace, Sheila Sepideh Alexander, Rita Jo (snakeman) Alford, David Paul Alford, Thomas Daniel Allen, Tasia Lynn Altman, Charles Michael Anderson, James Eugene Applegate, Jason Grant Arellano, Brayden Joe George Arms, James Louis Arms, Michael Brandon Armstrong, Darrell Lynn Atauvich, Alannah Kristine Atauvich, Angela Larue Atwood, Stephen Jacob Barnard, Katrina Tate **Barnes**, Jordan Tylor Barriga Jr., Rogelio Alberto / (**Bateman**, Thomas Albert **Bates**, Charles Edward Beaver, Matthew David Bellin, Chance Andrew **Bellin, Jack Matthew** Berry, Shane Tecumseh Bittle, Kyli Rose Blanchard Jr, Reuben Caleb **Blanchard Jr., Leland Dale** Blanchard Sr., George Melvin Blanchard, Chael Harper Blanchard, Consuela Sirena **Blanchard**, Craig Lewis Blanchard, Jacob Dakota Blanchard, Paulette Louise Blanchard, Reuben Caleb Blanchard, Summer Gail Blankenship, Fabian Mae **Blocker**, April Dawn **Bonds**, Theresa Jo Bosquez, Emilia Marie Nicole Bowens, Kendra Rachelle, **Bradley, Ernest Timothy Bradley, Megan Faith Bradley**, Michael Kevin Brinkoetter, Karen Kay]// Brown, Addilynn Emmalee Brown, Rebecca Fay Bruner, Rhiannon Lydia **Bullock**, Valerie Yolanda Bump Sr., Richard Dewitt **Burnett**, Darrell Wayne Burns, Alex J **Burns, Constance Darlene Burns, Natasha Brooke Butcher, Sallie Elizabeth** Callaway, Katie Mae Cardwell, Justin Jay Cargo, Odessia Lynn Carlson III, Dennis Roy Carlson, Daniel Ray

Carnes, Haley Ann Marie Carpenter, Cynthia Marie Charley Whatley, Maddisson Noel **Charley, Garry Joe** Chisholm, Patsy Darline Clark, Nathan Allen Clinesmith, Brooklyn Makay Cobell, Julee Rae Coddington, William Luther Cody, Donna Noreen Colungo, Redena Sue Combs III, Frederick Cecil Coon, Ella Kay **Cortez, Stephen Kaleb** Cravens, Goldie Ann **Creek**, Josephine Creek, Quentin Lee Creek, Ralph Samuel Creek, Vanessa Fire **Crosswhite**, Hunter Raven Cuellar, Ronald Lee Culwell, Bryson Gene Cypret, Norman Wayne Daniel, Dana Laree Day, Cecelia Buckhart Deer, Brandon Jeremy -**Deer, David Joel** Deer, Jalen Dean **Dibler, Bobby George** Dibler, Edgar Lawrence **Downey, Cheyenne Rena** Downs, Debra Ann Duncan, Carolyn Ann Edgmon, Jeorgia Annabella Elam, Marquese Dashawn Ellis, Eric Wade Ellis, MaKenzie Rae Ellis, Pamela Dee Ellis, Richard Bryant Ellis, William Bryant Elmore, Christa Ann Ferrell, Melinda Kay Foreman, Howard Foreman, Stefany Elayne Foster, Linda Jean Fowler, Janvah Railyn Frazier, Rickie Dewayne French, Jeffery John Fritsch, Jadyn Mark Fuentez, Cruzito Damacio Ganaway Jr., Mark Terrell Garretson, Cody Ronald Garza Jr., Gary Don Gibson Jr., Isaac Gibson, Edna Fave Gibson, Grayson Wayne Gibson, Jennifer Michelle Gibson, Justin Ryan Hill **Gillespie**, Tamara Sue

Gilman, Peter Howard Gouge, Ashlynn Jean Graham, Thomas Wendell Grass, Brooklynn Rayne Grass, Gary Lynn Gregory, Samuel Edwin Hackbarth, Marissa Lucille Hadjiconstantinou, Openia Sue Hale III, Phillip Wayne Haley, Shirley Frances Hall, Christayl Rachell Harjo Jr, Benjamin Harjo Jr., Burton Thomas Harris, Suzy/Diane/ Harvey, Shelia Lynn Haumpy Jr., William Allen Haumpy, Talia Sharee 🗸 Hickle, Linda Sue Hicks, Angélia Jean Hill, Amanda Nicole Hill, Dreyton Scott Hixon, Carson Lee Hobia, Kamryn Aurora Hobia, Kevin Rocky Holt, Kaylee Lilian Holt, Trenton Riley Hood, Malacki David Weslyon Houston, Michael Houston-Fenix, Lexus Nicole Hurst, Brian Keith Jacobs, Kasiana Marie **Jacobs**, Mary Theresa James, Billie Jane James, Zachary Lee **Jimerson**, Tyrone Dremain Johnson, Brady James Johnson, Brandon W.C. Johnson, Eryn Edward Johnson, Ki'Arra Joy Johnson, Lewis Allen Johnson, Locy Lee Jace Johnson, Lyndsey Marie Johnson, Sandra Kay Johnson, Santana Little Bear Jones, Tsegan Araujo Jordan, Wendi Renee Josytewa, Dakota Daniel Kaseca, Kristin Nikole Kaseca, Michael James Kaseca, Paul Daniel Kauley, Mitchell Arthur Kelly, Gayla Ann Kelly, Kellie Marie Kickapoo, Roy Matteson Killian, Angelic Marie Kilmer, Aldon James King, Auston Jacob Kirby, Emma Grace Kmatz, Jacob Alexander

Kowitz, Trentyn Mikal Kupczynski, Coreena June La Plant, Ryan Zachary Langston, Zachary Daniel James Laplant, Raymond Lowell Larney Jr., Rocky Leray Larney, Darrell Scott Larney, Susan Roxanne Lasarge, Brandi Loraine Lassiter, Mia Angelina Kayleigh Lee, James Stacey Chang-Sun Leedom, Donna Jeanne Leroy, Geraldlain Jon Leupp, Lenora Little Creek Limon, Justine Danielle Little Axe III, Troy Lee Little Axe, Brittany Elaine Little Axe, Jason Randall Little Axe-Sadongei, Carolyn Little Charley, Paige Marie Little Jim, Charles Kerwin Little Jim, Jason Webster Little, Christina Kathaleen Littlebear, Kianna Carolyn Littlecreek, Joshua Dwight Livsey, Mckinzy Diane Lockner, Krin Kimberly Longhorn II, Nathan Neil Longhorn, Juanita Louise Longhorn-Dees, Aireanna Belle Longman, Anthony Lamont Longman, Emily R Longman, Jordyn Christian Spybuck Longman, Shea Michael Lopez, Angela Michelle Louvier, Natasha Renee Lowe, Ariah MaRae Lowe, Brian James Lowe, Caden Elijah Lowe, Raelynn Mae Lowther, Jennifer Lauren MacK, Zander Luis Manley, Sue Ann Burkhart Mann, Ethan Coe Mann, John Edward Martin, Juston Allen Martinez, Brandon Paul Martinez, Leo Littlecreek Masquas, Jace Gabriel Masquas, Jaylen Nathaniel Mauldin, Charlotte Vada Renia Maxfield, Katherine Elizabeth Mayfield, Destiny Renee McAnally, Amber Chantel McGirt, Douglas Burton McGirt, Wincent Carlos McKinney, Lucia Jade McMahan, Ashley Rae McPherson, Jeremy Lee Médina, Jocelyn Adelene Miller, Esperanza Miner, Jeremy Clinton

Mohawk, Ellen Mae Mondragon, Ariana Faith Monk, Riley JaLisa Morrell, Kristy Ann Morris, Brandon Zachary Morris, Raymond Ray Morton, Lisa Marie Morton, Myla Brook Murry, Stevey Raynae Nance, Jada Karyn Nance, Kameron Jace Neash, Le Mar Kerwin Nelson Jr., James Bradley Nelson, Telisa Renee Neske, Christopher Hugh Nice, Hunter Eli Norton, Jai'Ahnna Anjali Ochoa, Florence Pauline Olinger, Stephen Garrett Olivas, Elijah Tiger **Ongaco**, Alexandra Renee Onzahwah, Layerna Lee Ortiz, Mariella Raelynn Pack, Trace Matthew Palacios, Phyllis Diana Panther III, William Panther, Raymond Dale Panther, Sophia Aylin Patterson, Julie Anne Perez-Vargas, Juan Manuel Pierce, Mahkinlee Allyn Ponkilla, Edmond Lee Ponkilla, Timothy James Porambo, Anthony Thomas Poston, Teresa Sue Powell, Robert M Powell, Wesley Lynn Prettyman, Faith Grinell Proctor, Noah Gene Purcell, Jason Lee **Reeves**, Marian Louise **Roberts**, Jimmy Dean **Roland, Goffrey Grant Rolland**, Judy **Routledge-Hunt, Brandi Faye** Rowan, Cobie Mae **Ruimyeld**, Shacoda Louis Ruimveld, Shawn Wade **Ruiz, Kathlene Luiza Mae Ryan**, Danielle Marie

Salisbury, James Haydyn Sampson, Sharon Louise Schmitz, Tana Marie Schnell, Jennifer Christine Serena, Gary Allen Sharpe Jr., Chevis Shenold Shaver, Brittney Nicole Shaver, Jordin Lei Sherrill, Jocelynn Elyssa Shupe, Josh Michael Simpson, Julian Elliot Sloat, Alec Duane

Celebrations

Sloat, Colby Trae

Sloat, Garrett Davis

Smith, Danica Danell-

Smith, Danica Danell

Smith, Kristi Dawn

Smith, Randy Layne

Smith, William Dane

Snake, Jana Rachelle

Soap, Broly Douglas

Spoon, Dakota Austin

Soap, Wilson Lee

Spoon, Eric Louis

Spoon, Kenneth Lee

Spriggs, Helen Wyatt

Squire, Takota Lynn

Stapp, James W.

Stallin, Kiara Daelene

Starr, Meranda Lynn Still III, Nollie

Stoliby, Sean Ryan

Switch, Isaac Jay

Switch, Eastman Kelly

Switch, Mrs. Lana Iris Switch, Susan LeAnn

Tascier, Samuel Ethan

Terres, Paula Ailene

Tackett, Elliana Leighan

Thompson, Carter Dane

Thorpe, Grace Janette

Thorpe, Keenan Allen

Thorpe, Melanie Lea

Tiger, Alisha Lynn

Tiger, Darryl Dean

Tiger, Dion Henry

Tiger, Gladys Jean Tiger, Mary Augustina,

Tiger, Phyllis Gail

Tiger, Terrance Nathan

Trevino, Aaron Artega

Trout, Tynleigh Lavae

Ivner, Marcus Charles

Valdivia, Joseph Enrique

Wagner, Jonathan Edward

Wahpekeche, Meredith York

Wahpekeche, Silas Kane

Walley, Breanna Joy

Valdivia, Ronald David Vazquez, Tyler Keith

Tsoodle, Teri Kaye Tullius, Kaley Mariah

Torres, Hector Gene

Thorpe, Rachel Danielle

Tiger, Christopher Neal

Thompson, Darian Andrew

Thompson, DeShayla Tamia

Thorpe-Emboolah, Lorrie Ann

Tiger, Clementine Cecilia Rose

Spybuck, Justice Evan

Spybuck Kase Brennon Spybuck, Kase Brennon Squire, Shawneecey Jordawna

- CONT

Alli

111.

II Ites

5

Soap, Cryson Lee'Raine

Soap, Jakobi Christopher

Whitecloud, Raqueal Amae

Wilkerson, Lawrence Anthony

Williams, Sonja Barbara Gosney

Whited, James Aaron

Wilburn, Joshua Wayne

Wilkerson, Tammy Lynn

Williams, Kade Thomas

Williams, Kuruk James

Williams, Taren Janea

Wilson, Patrick Loyd

Winrow, Rickie Dawn

Winter, Tammy Lyn

Woods, Anna Marie

Yones, Amber Marie

Winter, Brendan James

Winter, Tara Ann Nicole

Wilson, Vicki Sue

Wilson Jr., Darrell Gene

Williams, Christopher John

Walsh, Malissa Lisa Renee Warrior Jr., Lucian J. Warrior Sr., Manuel Anthony Warrior, Levi Stafford Washington Jr., Eric Sean Washington, Austin Ray Washington, Nicholas Shane Washington, Ronald Keith Watkins, Mickaela Marie Watkins-Long, Natalia Grace-Christine Watson, Betty Lou Watson, Jo Ann Spybuck Westberry, Amanda LeJean Whims, Ethan Bradley White III, Charles Daniel White, Nina Renee White, Susan Nicole Olivia Yeahpau, Jeri Maye Yones, Amborit White, Tennie Little Jim White, Willie Whitecloud, Bluesky Rain

IOWA TRIBE OF OKLAHOMA VOCATIONAL REHABILITATION

TRANSITIONAL

The Iowa Tribe of Oklahoma Vocational Rehabilitation (ITOVR) Program has provided vocational services to Native Americans consumers since 1994, and transition services to students since 2004. For years, our goal has been to empower Native American with disabilities, consistent with their individual strengths, resources, priorities, concerns, abilities, capabilities, and informed choice, to prepare for the transition from school to work or postsecondary school.

PROGRAM

Cimarron

Transition Services help Native American high school junior and seniors with disabilities continue their education, train for a job and find a job after completing education

Texas

You design your own customized Individualized Plan of Employment (IPE) with our help

QUALIFICATIONS

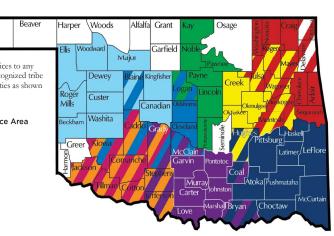
- Are you an enrolled member of a
- federally recognized tribe? Are you a Junior/Senior in High School?
- Do you reside in our services area?
- Disability documentation from a Doctor. Physician or Mental Health Provider noting disability and impediments?
- as proof.

SERVICES

- Counsel and Guidance about Training and Education after H.S.
- Assistive Devices (Hearing Aids, Walkers. Eyeglasses, Learning Devices, etc.) Tuition Assistance
- Testing Fees (ACT/SAT)
- Work Clothing for New Jobs Career Assessments
- Physical or Mental Evaluations
- Resume Building, Interview Etiquette,
- Other Various Services

ITOVR provide their services to any member of a Federally recognized tribe residing in the seven counties as shown in this image Mills

ITO Service Area



For more information contact: Taylor McClellan, Counselor 405-547-5721 x223 · 888-336-IOWA tmcclellan@iowanation.org

IOWA TRIBE OF OKLAHOMA 335588 E. 750 RD. PERKINS, OK 74059 405-547-2402 **BAHKHOJE.COM**

An IEP or 504 Plan may bev accepted

In Memorium: Samuel Lee Harrison



Samuel Lee Harrison, 69 of Seminole passed away on August 17, 2018 in Shawnee, Oklahoma. He was born on June 11, 1949 in Wewoka. Leslie Lee Harrison and Joammie Harris were his parents. He had nine siblings and they had a lot of love shared between them. He loved his siblings and enjoyed spending time with them. Growing up they would enjoy playing together and learning the family traditions. He attended Wewoka Public Schools. He married Lucille Plumlee on August 28, 1997 in Holdenville, Oklahoma.

As a young man he joined the United States Marines and the United States Army where he served honorably until his retirement in 1976. He served in the Vietnam War from 1967-1969 earning two purple hearts and the Vietnamese Cross of Gallantry with palm and gold braid and a bronze star.

Sam always had a heart for looking after the other guy and ensuring their safety. Therefore, after serving our country it was natural for Sam to return home to Wewoka where he served as a Police Officer for many years. He was the Chief of Police for the Shawnee Absentee Tribe. He also worked at various other city and county departments as well as other tribal BIA Law Enforcement agencies. He continued his duties of protection with the Shawnee Absentee Tribal Child Welfare Department. Protecting children was always important to Sam. He enjoyed race car driving. He was a member of the Seminole Nation and often arranged Pow Wow's and was a member of the Seminole Nation Color Guard Unit. Known as "Two Dogs", he enjoyed working on transistor radios where he made friends all over the world. He loved his family and enjoyed spending time with them.

He is preceded in death by his parents, Leslie and Joammie Harrison, Joan Harjo Burgess, and Alex Burgess, brothers Robert West Sr. and George Burgess Sr., sisters Baby girl Burgess and Marilee Jones, daughterin-law Karrie Jo Harrison.

Survivors include his wife, Lucille of the home, sons Samuel Emmett Harrison, Johnny Wayne Harrison and wife Jo, Dawn Harrison, Elliot Shawn, Younger Harrison and wife Stephanie, Eddie Wayne Harrison, and daughter LeslieLee Harrison, Cheryle Plumlee, Debbie Plumlee, Sherry Sullens and husband Harold, Aaron Plumlee, grandchildren Mikkal, Emmett, Tristan, Scotty, Nausoche, Kylee, Jacob, Joey, Justin, Mary Jo, Hannah, Grace, Sean, Glinda, Kianne, Zachery, Eddie-Ryan, Daemyn-Lee, Austin Daniel, Kaytlyn, Abby, Chris, Cherie, Crystal, Garrett, Austin and Hayden, 13 great-grandchildren, siblings Nita Kay Jacobs, Amelia Harjo, Shirley Harrison, Charles Burgess, Joammie Wood, Claude Burgess, Gwen Warrenburg, and Marcella Bryan, as well as a host of other relatives.

Interment with full military honors is at Many Springs Baptist Church Cemetery. Services were under the direction of Hudson-Phillips Funeral Home.

2019 Health Insurance Open Enrollment

MEDICARE

HEALTH INSURANCE

OCTOBER 15 - DECEMBER 7, 2018 2019 Medical & RX Plan Enrollment | Plan Changes

Health Insurance Marketplace

2019 Marketplace Enrollment I Renewals I Plan Changes

SEE A PATIENT BENEFIT ADVOCATE FOR OPEN ENROLLMENT ASSISTANCE

Local

What is Cultural Abuse?

By Lori Jump, Sault Ste. Marie Tribe of Chippewa Indians

Intimate partner violence, in all forms, is destructive at its heart. Most people can identify the more common forms of abuse, which include physical, emotional, sexual and financial. One of the lesser known forms, cultural or spiritual abuse, is one of the most devastating, yet it is rarely spoken of.

For Native peoples, spirituality is often the core of who we are and our way of life. Our culture and spirituality are intertwined and provide the foundation of our lives – how we live, our family roles and how we interact with others, the meaning we find in our lives, and our sense of wellbeing. To have our spirit attacked is as personal as an attack can get.

Spiritual abuse can be used to control how a person interacts with the world. Some of these types of abusive behaviors can include when your partner:

- Prevents you from participating in spiritual or cultural traditions
- Forces you to participate in practices (not your own)
- Misstates or misuses spiritual practices against you
- Practices bad medicine against you

For our tribal communities, spiritual or cultural abuse can look like this:

- Telling you that you're not "Native enough," or if your partner is non-Native, that you're "too Indian"
- Uses hurtful stereotypes to put you down ("Indians are drunks, lazy," etc.)
- Prevents you from participating in ceremonies, pow wows and feasts
- Uses tribal membership against you ("My tribe won't let you...")
- Tells you that you're not allowed to drum, dance, sing, fast or otherwise participate in traditions because of your gender

Each of these behaviors can deeply wound and often isolates you from your community. If your partner is behaving this way toward you, you may feel removed from your family and support system. You may be embarrassed, not know where to turn or who to ask for help.

In some cases, you may even feel that the abuse is the direct result of your culture — that you are being abused because you are Indigenous. This form of abuse is a directly related to the root causes of violence in our communities: colonization and genocide.

If your partner or loved one is demonstrating any of these behaviors or any type of abuse against you, please know that you have the inherent right to be safe, to lead a life free of abuse and to participate in your cultural practices and traditions. The StrongHearts Native Helpline (1-844-7NATIVE | 1-844-762-8483) is a culturally appropriate, confidential and anonymous service to American Indians and Alaska Natives who are experiencing abuse or know someone who is being impacted by domestic violence. Advocates are available Monday through Friday from 9 a.m. to 5:30 p.m. CST and are trained with an understanding of intimate partner violence, including spiritual or cultural abuse. Our advocates can provide support and validation, safety planning and access to resources in your community. For more information, visit www.strongheartshelpline.org.

When you're ready to talk, we are here.

Lori Jump is the Assistant Director for the StrongHearts Native Helpline, a confidential and anonymous helpline for Native Americans affected by domestic violence. If you or a loved one is in an abusive relationship, support is available at 1-844-7NATIVE (1-844-762-8483), open Monday through Friday from 9 a.m. to 5:30 p.m. CST. Advocates offer peer-to-peer support and referrals to culturally-appropriate resources for domestic violence. After hours calls may choose to connect with the National Domestic Violence Hotline, and all calls remain anonymous and confidential.

WOMEN'S HEALTH SERVICES

There is a welcoming place for women.



Studies show that women tend to ignore their own health while taking care of children and partners. But how can you take care of them if you don't take care of you? **Breast and pelvic exams, mammography referrals, bone density screenings and adult immunizations** are beyond important. They make you healthier. Better. More able to do the hard work that women do.

LITTLE AXE HEALTH CENTER 15951 Little Axe Dr. Norman, OK 73026 405.447.0300 **SHAWNEE CLINIC** 2029 S. Gordon Cooper Dr. Shawnee, OK 74801 405,878.5850 • 1.877.878.4702 (Toll-free)





Building Blocks III News

By Stacy Battige Interim Director Building Block III CDC

Building Blocks III currently has 36 children enrolled and the waiting list seems to grow longer and longer with each passing day.

We have 3 new employees that have joined the Building Blocks family. Please help us in welcoming Ms. Brittany, Ms. Julie and Ms. Robyn. We are hopeful that the new additions will allow for our center to continue to grow and prosper.

With the 4's and 5's going off to pre-k and kindergarten things here have slowed down a little. We are going to miss all the exciting field trip adventures but we are looking forward to what the upcoming fall season will bring.

We will be attending the 2018 OCCA Annual Fall Conference in Tulsa on September 15th. This

September 2018

will be a great opportunity for teachers and staff to gather new ideas to bring back and implement in the classrooms. It's also a good chance for some team building time!

If you haven't yet had the chance to come by and see our center, we would like to invite you to please feel free to stop by. Our program has so many things to offer to the families and the community of Little Axe and surrounding areas.

We still have a couple of employment opportunities to offer as well. The positions are posted on the Shawnee Absentee webpage. You can fill out an application online or you may come by and pick one up at the center. We are located at 16051 Little Axe Drive, Norman, OK 73026.

Important dates to remember:

- September 3rd Building Blocks will be CLOSED for Labor Day
- September 11th Patriot Day
- September 15th OCCA Annual Conference

We ask that parents please remember with the weather changing to please make sure children are dressed accordingly. The mornings are starting to get a little cooler, so children may need a light weight jacket. As always, please no open toe shoes. This is a Building Blocks policy enforced for your child's safety.

Have a happy and blessed month!

BUILDING BLOCKS Dates to Remember:

Monday, September 3rd Closed for Labor Day

Tuesday, September 11th Patriot Day

Saturday, September 15th OCCA Annual Conference

Absentee Shawnee Housing Authority 2018 PROGRAMS



- Low Rent Housing
- Lease to Own Housing
- \$5,000 Down Payment & Closing Assistance AST Members Only
- College Housing Rental Assistance
- Over Income Lease to Own Housing
- Over Income Rental Housing

PROGRAMS ARE DEPENDANT ON FUNDING AVAILABILITY

FOR INFORMATION ABOUT OUR SERVICES

PLEASE CALL (405) 273-1050 OR COME BY OUR OFFICE

LOCATED AT 107 NORTH KIMBERLY IN SHAWNEE, OK.

WEBSITE: WWW.ASHOUSINGAUTHORITY.COM



Child Care Development Fund (CCDF) Programs September 2018

CCDF

By Briana Ponkilla CCDF Coordinator

With the new school year, the CCDF Program has started the ASP Shawnee program and the ASP HSB program will start after Labor Day.



- contact

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For the ASP Shawnee, we accept all Native children and AST employees' children. We try to enroll as many children as possible to our program but due to the limited number seats on the vans we can only transport a limited number of children. We have to offer the spots on a first come first served basis after we enroll the previous enrollees. In the spring we will be offering out of school care for enrollees when the schools are out and the Tribe is open. For the ASP HSB, the program is for AST Enrolled children only. The NRC school transports children to the HSB facilities by bus. For anyone interested in either program they may contact Briana Ponkilla @ 405.432.8411 or briana. ponkilla@astribe.com.

The CCDF Subsidy Program has raised their provider reimbursement rates effective 8/1/18. This increase in rates will allow families to have more access to quality providers and have less out of pocket expenses. These rates are close to the OKDHS rates but are still lower due to their increase. Our plan is the have the same rates of OKDHS starting 1/1/19. This increase in rates will also increase for the Building Blocks providers so that we will be able to claim a majority of their provider rates for our programs.

Both Building Blocks centers are taking enrollment applications for open spots. They enroll as spots become available so they are constantly working to get children enrolled. Both centers are also taking applications for staff to include Teachers, Assistant Teachers and Floaters. If you know of someone who has experience in child care or is interested in a career in the field please ask them to fill out an application. We try to be competitive to the local child care providers in salary and benefits. Our goals through the CCDF grant, Building Blocks enterprise and the After School Programs is to provide quality child care to Native and non-native children in our communities. We do this by our innovative ideas on curriculum and staying abreast of all training and requirements to maintain higher levels of care. We strive to be the best and be better than the best every day.

If you are interested in any of these programs or have any questions please feel free to contact me at the number above or by email, briana.ponkilla@astribe.com. Ni yi wa! (Thank you)

Absentee Shawnee Tribe and Monongahela National Forest Host Culture Camp in WV

By Suhaila Nease, August 2018

The U.S. Forest Service provided matching funds to co-host a Culture Camp held in part of the Tribe's aboriginal homelands within the Monongahela National Forest, in West Vir-ginia. The Culture Camp was proposed by Danielle Ellis, Archaeology Technician for the AmeriCorps/Appalachian Forest Heritage Area, and she has been planning the details of the camp since mid year of 2017 with the tribe's Cultural Preservation Director. The purpose of the camp was to connect the Absentee Shawnee tribal members with their ancestral homelands prior to removal and to provide an educational outreach opportunity to the people of West Vir-ginia over Shawnee traditions, customs, beliefs, and history. Absentee Shawnee Tribe and Monongahela National Forest Host Culture Camp in WV

The week started off with a warm welcome from Monongahela National Forest's Supervisor, Clyde Thompson, and the Office of Tribal Relations Director for the U.S. Forest Service in Washington DC, Fred Clark. They, along with many others, were able to witness some of the presentations delivered by the tribe's youth, along with a performance sung in Shawnee by tribal member, Delana Deere. The list of presenters included: Kristyn Pack, Camryn Pack, Trace Pack, Patience Longhorn, Matthew Butler, Brandon Butler, Taylor Blanchard, and Wesley Lovins.

The small group of presenters were able to hold the attention of the audience and even allotted time to answer various questions from the other kids in attendance. They touched on topics such as Shawnee language, history, and traditional clothing. The amount of interaction between the audience and the presenters was captivating to watch. It was amazing to witness such a young group of people sharing, from their own perspectives, their culture.

While the tribes focus for the camp was educational out-reach, the Monongahela National Forest played a huge role in reciprocating their own outreach to our tribal youth. Many are unaware of the various career engagement and training opportu-nities between the Forest Service and federally recognized tribes. The agenda were organized to expose *continued pg 27*



Absentee Shawnee tribal members, staff members, and U.S. Forest Service employees after a stomp dance at Camp Horseshoe Leadership Center in Parsons, West Virginia.



Tribal youth after presentations.



Clyde Thompson welcomes Absentee Shawnee to West Virginia.



Fred Clark greeting the Absentee Shawnee Tribe.



Tribal youth before trail work.

cont'd from pg 26

the youth to differ-ent career fields within the Forest Service. Throughout the week, tribal youth engaged in a number of educational activities led by Forest Service employees and several other of their collab-orative partners. The list of activities in-cluded; a trail restoration project, a guided botany walk, an interactive soil presentation, an interactive bat presenta-tion and experiment, observing a stream survey, electrofishing, water testing, and a snorkeling activity led by one of the fisheries biologists.

Although we stayed busy the entire time, the highlight of our week was the open fire cooking and stomp dance. The Absentee Shawnee Tribe came together to showcase this social event for everyone to enjoy. Guests sampled freshly made fry bread and many joined in to dance. There was a very large crowd and a wide variety of age groups in attendance. At the end of the evening, YLA camp counselors and staff came together to show their appreciation of the event by teaching tribal members their own traditional folk dances in return. It was a great exchange and a fun ending to our week at camp.

I would like to a give special thanks to everyone that participated and assisted in the planning of this camp. We had numerous Forest Service em-ployees, as well as their partners, who took time out of their schedules to create ac-tivities for our group. All tribal member participants had a huge impact on the suc-cess of this trip. It was quite memorable and I look forward to doing this again in the future. Thank you to the U.S. Forest Service Monongahela National Forest, AmeriCorps/ Appalachian Forest Heritage Area, Friends of the Cheat, Trout Unlim-ited, YMCA/YLA Camp Horseshoe, Cultural Preservation Staff, OEH&E Staff, and AST member chaperones: DK Johnson, Christie Pack, Andrew Warrior, Russell Blanchard, Marilyn Lovins, Kathy Deere, Delana Deere, and Pauline Johnson.

Cultural Preservation Announcements

Shawnee Language Class

Date: Tuesday, September 11, 2018 @ 6:00 PM Location: Multipurpose Building, AST Shawnee Complex

Classes Instructor: Eric Wensman of the Shawnee Tribe

Light snacks will be provided by AST Diabetes & Wellness Program

Elders Field Trip to Shawnee History Summit

Date: Monday September 17, 2018 Location: Indigo Sky Casino in Wyandotte, OK Classes Instructor: Eric Wensman of the Shawnee Tribe Breakfast snacks will be provided by AST Diabetes & Wellness Program

Transportation & lunch will be provided by AST Cultural Preservation

US Army Searching for families buried at Carlisle Indian Boarding School in Pennsylvania

If you have any information regarding family ties to Fanny Gibson, deceased 12/6/1900, please call the Cultural Preservation Department. We have contact information with the Army National Military Cemeteries if you would like to request further details and for possible reinternment.

IF YOU'D LIKE TO SUBMIT AN AD OR ARTICLE:

Give us a call at (405) 598-1279 or (405) 481-0558 or send us an e-mail to stiger@astribe.com

ALL ARTICLES FOR THE NEXT MONTH'S ISSUE ARE DUE BY THE 15th OF THE CURRENT MONTH

UNFORTUNATELY, WE CAN ONLY ACCEPT ONE PICTURE PER BIRTHDAY PERSON, <u>NOT</u> PER BIRTHDAY WISH.

Cultural Preservation Update

By Suhaila Nease

GRANT INFORMATION

THPO Grant – funds are provided in order to protect and conserve important tribal, cultural and historic assets and sites.

- Funding Agency: National Park Service
- Grant Period: October 1, 2018 September 30,

2019

• Grand Award: \$57,633.00

Library Grant – Funds for library staff, books and supplies for the library.

Cultural Preservation

• Funding Agency: Institute of Museum and Library Services

- Grant Period: August 1, 2018 July 31, 2019
- Grant Award: \$10,000

EVENTS

July 16-20, 2018 – Absentee Shawnee Tribe Culture Camp in West Virginia. See separate article.

TRAININGS/MEETINGS

Cultural Preservation

Absentee Shawnee Tribe

Employee Spotlight

Our THPO Specialist, Ashley Brokeshoulder, has worked for the Tribe since May 2015 and has been a great addition to our department. Her job as THPO Specialist is to review and consult on all TCNS projects in accordance with Section 106 of the National Historic Preservation Act. She must read, analyze, and interpret historical documents, environmental reports, anthropological reports, archeological reports, technical manuals, government regulations, and geographic maps for all projects.

What is TCNS? TCNS stands for Tower Construction Notification System. This system was created under a Nationwide Programmatic Agreement by the Federal Communication Commission to streamline the Section 106 process for wireless telecommunications facilities. The project notifications are received every week via email and each one contains its own unique number to identify every project. To date, we have received approximately two thousand projects since January 2018.

Each project is handled with high importance and very thoroughly reviewed. We have thirty days from the time we receive the package requirements in order to complete each one. Ashley has setup an organized email system for us to log communications with our clients. This is very useful in our completion process to ensure our clients receive the required concurrence letter from us in the proper time frame.

In addition to working on TCNS, she also has experience working in the gift shop. She is familiar with the process of ordering merchandise, assisting customers, and generating the daily sales reports for finance. Also, she offers insight on the planning stages of all cultural classes and is always willing to help out where she is needed.

Please watch for upcoming events in our Tribal newsletter and on the web. Stop in and check us out! Let us know how we can serve you. Please contact Ashley at:

ashleyb@astribe.com 405-275-4030 Ext. 6312



Pictured above:

Absentee Shawnee Tribal member, Ashley Brokeshoulder and the 22nd President of the National Congress of American Indians, Jefferson Keel at the NCAI Conference in Milwaukee, WI.

September 2018

August 2, 2018 – The United Keetoowah Band in Tahlequah hosted a meeting for all Oklahoma tribes to continue discussions and actions regarding a new FCC ruling that will make it more difficult to protect sacred sites and ancestral territories. The CP Director and the Tribal Representative attended. August 7-9, 2018 – The Shawnee Tribe and the U.S. Forest Service presented the Heritage Paraprofessional Training in Miami, Oklahoma. The CP Director and the THPO Specialist attended. Participation in events such as this secures and ensures continuation of our grants.

LIBRARY

CP announces the addition of 50 new books to the library collection. Adults and children can choose from a variety of reading categories. As the new school term begins, CP staff encourages parents to bring their children to visit the AST library and learn more about our tribe's history. It is a great place to do research on the history of the Shawnee for class projects and reports.

GIFT SHOP

A new slat wall has been installed where new merchandise can be displayed to enhance customer's shopping experience. The CP staff is currently reviewing its merchandise and anticipates adding new items for the shop just in time for the holidays. Please stop by and see our new look!

LANGUAGE PRESERVATION

CP is pleased to announce that it will host the first of many Shawnee language classes beginning Tuesday night, 6:00 p.m., September 11, 2018 at the Multipurpose Building in Shawnee. It is our mission to provide opportunities that will ensure our tribe's language survives for future generations. Additional information provided under a separate article.

CP is actively researching language grants for 2019. A grant will provide a monetary advantage that can assist our work toward preserving and protecting our language.

WHAT'S COMING UP

• Planning activities for Native American Heritage Month

• Seeking tribal members interested in seasonal heritage paraprofessional work in the U.S. Forest Service

• CP staff and AST Elders field trip to the Eastern Shawnee Tribe's History Summit schedule for September 17, 2018

• The U.S. Army in search for families of children buried at Carlisle Indian Industrial School, Pennsylvania. See separate article. Human Resources

Human Resources Update

By Elizabeth Snow

The Human Resource Department continues to refine our services and programs to better assist the needs of the departments and employees. We are currently reviewing the on-line employment application system to update to a more user-friendly version on our website. This will help streamline and speed up the recruiting process. In conjunction with this, the HR staff and management will be revamping the onboarding process to welcome new employees and provide them with a better integration into the workplace. The following table reflects the recruitment results for the past three months.

Month	Applications Processed	Vacancies	Filled
May	89	35	19
June	69	30	24
July	87	31	19

In addition, the HR staff will be working to identify deficits in all facets of depart mental processes and working toward an update to HR policies.

Currently, the department is facilitating the annual 401(K) audit. This audit insures that 401(K) funds are distributed appropriately and the investment options for employees are properly managed. Employees become eligible to participate in the employer sponsored 401(K) retirement plan after completion of six months of full time employment. Once eligible, employees have the option to enroll into the plan during 401(K) open enrollment, which is held twice per year. Each employee that participates in the retirement plan is eligible to receive up to 5% matching contributions as a part of their benefits package.

The Absentee Shawnee Tribe currently employs 420 employees, of those employees 43% are participating in the retirement plan. This last quarter those participants had an 8% increase in their investments. Over the next six months we are planning more training sessions for employee retirement plans and oneon-one investment meetings with our brokers. The goal is to improve employee engagement in the 401(K) retirement plan and empower employees to take a more hands on approach to their retirement planning. In the upcoming months the department will assess the current benefits packages and start the renewal process for 2019 benefits.

During the fourth quarter, the HR Department will oversee a Worker's Compensation audit that will identify safety issues within departments and better assist supervisors in updating procedures to ensure safety protocols are followed. The HR Department will continue to work side-by-side with our leadership and employees to provide excellent support and service.



Do you know about an American Indian WWI veteran?

UA Little Rock's Sequoyah National Research Center is creating the Modern Warriors of WWI database to identify all 12,000 American Indian servicemen. We need your help.

Our goal is to create as complete a record as possible, including full name, tribe, hometown, rank, military unit, dates of birth and death, date of enlistment, and any honors received. Photographs are welcome.

Send information or questions to Erin Fehr at ehfehr@ualr.edu.





WE REMEMBER. 501-569-8336 • ualr.edu/sequoyah National

National Native American Veterans Memorial to Break Ground at Smithsonian





The jury for the Smithsonian's National Museum of the American Indian, National Native American Veterans Memorial has unanimously selected the design concept submitted by Harvey Pratt (Cheyenne/Arapaho) titled, "Warriors' Circle of Honor." Groundbreaking for the memorial is slated for September 21, 2019. It is slated to open late 2020.

"Through meeting thousands of Native American veterans, I learned most of all about the commitment these veterans have to the well-being of the United States," said Kevin Gover (Pawnee), director of the museum. "These veterans are perfectly aware that they are serving a country that had not kept its commitments to Native people, and yet they chose—and are still choosing—to serve. This reflects a very deep kind of patriotism. I can think of no finer example of service to the United States and the promise it holds."

Native Americans serve at a higher rate per capita than any other population group. Few outside the military and American Indian Nations know that Native people have served in the U.S. armed forces since the American Revolution and continue to serve today. The nation's capital is known for its grand monuments and solemn memorials, including many honoring the nation's veterans. Yet no national landmark in Washington, D.C., focuses on the contributions of American Indians, Alaska Natives and Native Hawaiians who have served in the military since colonial times.

Pratt is a multimedia artist and recently retired forensic artist, as well as a Marine Corps Vietnam veteran. His design concept is a multisensory memorial. An elevated stainless steel circle rests on an intricately carved stone drum. The selected design will undergo further development in partnership with the museum.

Congress commissioned the museum to build a National Native American Veterans Memorial that gives "all Americans the opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States."

The museum worked with the National Congress of American Indians and other Native organizations to create an advisory committee composed of tribal leaders, Native veterans and their family members from across the country who assisted with outreach to Native American communities and veterans. The advisory committee and the museum conducted 35 community consultations across the nation to seek input and support for the memorial. These events resulted in a shared vision and set of design principles for the National Native American Veterans Memorial.

The National Museum of the American Indian conducted an international competition to select design concepts for the National Native American Veterans Memorial. Don Stastny, an architect and urban designer, oversaw the competition. The design was selected through a juried, two-stage process. The jury members are: • Larry Ulaaq Ahvakana (Inupiaq), artist, Ahvakana Fine Art

• Stephanie Birdwell (Cherokee), director, Veterans Affairs, Office of Tribal Government Relations

Johnnetta Betsch Cole, director emerita, Smithsonian's National Museum of African Art
Edwin Fountain, general counsel, American Battle Monuments Commission

• Mark Kawika McKeague (Native Hawaiian), director of Cultural Planning, Group 70 International Inc.

• Brian McCormack (Nez Perce), Principal Landscape Architect, McCormack Landscape Architecture

• Lillian Pitt (Wasco/Yakima/Warm Springs), artist

• Herman Viola, curator emeritus, Smithsonian

• Kevin Gover (Pawnee), alternate juror, director of the National Museum of the American Indian

For more information about the memorial, visit *AmericanIndian.si.edu/NNAVM*.

This project is made possible by the generous support of the Eastern Band of Cherokee Indians; Bank of America; Northrop Grumman; the Citizen Potawatomi Nation; the San Manuel Band of Mission Indians; Hobbs, Straus, Dean & Walker LLP; General Motors; Lee Ann and Marshall Hunt; the Shakopee Mdewakanton Sioux Community; and the Sullivan Insurance Agency of Oklahoma.

About the National Museum of the American Indian

The National Museum of the American Indian is committed to advancing knowledge and understanding of the Native cultures of the Western Hemisphere—past, present and future—through partnership with Native people and others. Located on the National Mall at Fourth Street and Independence Avenue S.W., the museum is open each day from 10 a.m. to 5:30 p.m. (closed Dec. 25). It is accessible from L'Enfant Plaza Metrorail station via the Maryland Avenue/Smithsonian Museums exit. Follow the museum via social media on Facebook, Twitter and Instagram. To learn more about the museum's mission, visit *AmericanIndian*. *si.edu*.

Tribal Officers Participate in Birthday Celebration



L to R: Sac and Fox Officer Wolfgang, Noah Kernell, Absentee Shawnee Officer Tony Diaz.



Noah Kernell celebrates his 5th birthday with Tribal officers from Sac and Fox and Absentee Shawnee and Sac and Fox K-9 Unit.



L to R: Noah Kernell, Absentee Shawnee Officer Tony Diaz.

Absentee Shawnee Tribe Behavioral Health Services



WHITE BISON, Inc. A Cultural Approach to Personal Recovery Substance Abuse

Wellbriety Group Meetings

Facilitator: John Soap, LPC

Every Thursday 5:30pm-6:30pm

Shawnee Multipurpose Building (east of the Shawnee Clinic, Bidg. 16)

For further information, contact:

Shawnee Behavioral Health Services: John 405-878-4716 Little Axe Behavioral Health Services: Dara 405-701-7987

Youth Camp Report

By Ken Jones

The Absentee Shawnee Tribe's Youth Camp, Phase I Project, has been completed with some minor punch list items and cleanup remaining. The Tribe has completed all approved grant activities. The Tribal Youth Camp water well, well house, water storage tower, water service line from the water tower and the Dining / Activity Hall Building. The water well was drilled by a local well drilling company to a depth of 260' and yields an estimated 40 GPM. Construction of the water well house has been completed and in full service along with the 8' x 85' water storage tower that will store and provide the significant amount of water needed for future Youth Camp development Phases as indicated in the Tribal Youth Camp preliminary master concept plan.

We have completed the startup activities for the Youth Camp Public Water Supply (PWS) with Environmental Protection Agency (EPA) and received our Public Water Supply - PWS ID number. The Youth Camp Public Water System is now on a sampling schedule and the Office of Environmental Health & Engineering (OEH&E) has already starting sampling and reporting results to the Environmental Protection Agency (EPA).

Stated in last month's article, the Tribe has a small crew clearing underbrush and some trees that is mainly for fire control, but has really improved the visual appearance of the camp site property. We are still working with The U.S. Department of Agriculture, Natural Resources Conservation Service on the overall development of the approximately 5 acre lake with their technical assistance.

This month we have been completing all closeout activities required by the Department of Housing and Urban Development (HUD), Indian Community Development Block Grant Program (ICDBG) for Phase I of the Tribal Youth Camp.

Phase II of the Tribal Youth Camp construction activities will be constructed as a Design Build project. The required (HUD) Environmental Assessment has been updated, the Request for Release of Funds posted and approved by HUD's-Southern Plains Office of Native American Programs (SPONAP). We are finalizing the Construction Specifications specifically for the Youth Camp Cabins as all of the specifications for the parking lot, water, wastewater and entry gate have been complete. We are still looking at having the project bid out and under construction towards the end of September.

5K RUN IS PRE-REGISTER ONLY, GO TO: www.runsignup.com/Race/OK/Norman/RunForYourLifeZombie5k 1-Mile Fun Run/Walk on-site registration day of event only. 6th **ANNUA** JN **5K**

SPONSORED BY: The MyDNA/PFS (Partnership for Success) Grant <u>AST Diabete</u>s & Wellness SPDI Program

PARTNERS: Lake Thunderbird Little Axe Public Schools AST Health Systems, AST Police Department

October 25, 2018 | 6:30 PM

(FREE EVENT) Open to the public NEW LOCATION: Lake Thunderbird Clear Bay area

1201 Clear Bay Ave, Norman, OK

FOOD TRUCKS, COSTUME CONTEST, TRUNK OR TREAT AND MORE!

5K participants must be at least 10 years of age. All ages may participate in the 1-Mile Walk/Run.

For more information or questions Buster Bread at 405-364-7298 and Kasey Dean at 701-7993.

ABSENTEE SHAWNEE TRIBAL MEMBERS

APPLYING FOR TRIBAL ENERGY ASSISTANCE (T.E.A)

(A ONE TIME YEARLY PAYMENT OF \$150.00, PER RESIDENCE)

ELIGIBILITY

- ENROLLED ABSENTEE SHAWNEE TRIBE
- 18 YEARS OF AGE OR OLDER
- UTILITY BILL IN YOUR NAME AND/OR SPOUSE'S NAME (SPOUSE MUST RESIDE IN HOME)
- **TOTAL RESIDENCE INCOME (MUST NOT EXCEED A MONTHLY NET PAY OF \$2,800.00)**

REQUIRED DOCUMENTATION:

- SOCIAL SECURITY CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CDIB CARDS (ALL MEMBERS RESIDING IN THE RESIDENCE)
- CURRENT UTILITY BILL AND/OR DISCONNECT NOTICE
- CURRENT 30 DAYS INCOME VERIFICATION (I.E. CHECK STUB, SOCIAL SECURITY, UNEMPLOYMENT, TANF, ETC.)
- UNEMPLOYED APPLICANTS MUST COMPLETE SELF-CERTIFICATION FORM PROVIDED BY CASE WORKER

APPLICATION ALSO ONLINE: wwwastribe.com

HAVE APPLICATION COMPLETED AND ALL REQUIRED DOCUMENTATIONS BEFORE SUBMITTING TO SOCIAL SERVICES

ATTENTION TRIBAL MEMBERS!!!

When mailing in your application for any assistance through the Social Service Department, Please DO NOT send original CDIB, Drivers License and Social Security cards. Please attach copies of your ID's only; if you are in the office copies will be made. Absentee Shawnee Tribe is not responsible for lost ID's in the mail. If you have any questions, please call **(405) 275-4030**, **ext. 6225 or 6255**.



THE OFFICE OF ENVIRONMENTAL HEALTH & ENGINEERING (OEH&E)

The principal role of OEH&E is to raise the health status of our tribal members to the highest possible level by providing services in the area of water and wastewater. To qualify for a water well and/or septic system, the applicant must be an enrolled Absentee Shawnee Tribal member and reside within one of these six counties; Pottawatomie, Cleveland, Oklahoma, Payne, Lincoln, or Logan, provide land ownership by verification such as a Warranty Deed or Notarized Lease Agreement through the Absentee Shawnee Tribe Reality Department. Proof of income is not required.

The services we provide are: new water wells, renovation of a water wells, new city or rural water connections, replacement of city or rural water service lines, new wastewater septic systems, renovation of septic systems, new city sewer lines/ renovation of city sewer lines and water treatment systems as needed.We are not funded to perform annual pumping of septic tanks. That service is considered part of home maintenance.

If you are having water or wastewater issues or building a new home and need services please come by our office and fill out an OEH&E application for assistance.

If your home is under the management of any housing authority and has not been paid off, you <u>do not</u> qualify for assistance. Applications for this program are available online at <u>www.astribe.com</u> and at the OEH&E building.

FY-2018 YTD TAX COLLECTIONS (through 07/31/2018)

TAX CATEGORY	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER	YEAR-TO-DATE TOTAL	% OF TAXES COLLECTED	
Sales (6%)	\$6,955.22	\$128.33	\$20,250.34	\$16,709.62	\$1,001.46	\$11,720.63	\$6,189.49	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$62,955.09	3.65%	
Gaming % of free cash	\$150,000.00	\$300,000.00	\$200,000.00	\$150,000.00	\$150,000.00	\$150,000.00	\$200,000.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,300,000.00	75.39%	
Employee (1%)	\$11,386.59	\$11,609.31	\$11,506.02	\$13,835.58	\$15,173.37	\$9,736.28	\$15,069.86	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$88,317.01	5.12%	
Severance (8%)	\$4,549.73	\$3,384.15	\$2,620.73	\$2,103.29	\$1,865.19	\$690.38	\$552.41	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$15,765.88	0.91%	
Motor Vehicle	\$11,963.40	\$18,890.16	\$20,352.65	\$17,819.28	\$18,981.52	\$13,052.06	\$13,910.94	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$114,970.01	6.67%	
Motor Fuel Taxes (Qtrly.)	\$35,258.38	\$0.00	\$0.00	\$33,471.68	\$0.00	\$35,705.25	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$104,435.31	6.06%	
Tobacco Refund	\$4,367.11	\$4,026.41	\$3,903.11	\$6,090.62	\$6,785.14	\$6,562.88	\$4,695.91	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$36,431.18	2.11%	
TOTAL TAXES	\$224,480.43	\$338,038.36	\$258,632.85	\$240,030.07	\$193,806.68	\$227,467.48	\$240,418.61	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,722,874.48		\$1,722,874.48
Miscellaneous	\$122.50	\$142.65	\$298.25	\$208.00	\$298.25	\$171.00	\$137.26	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,377.91	0.08%	
TOTAL COLLECTIONS	\$224,602.93	\$338,181.01	\$258,931.10	\$240,238.07	\$194,104.93	\$227,638.48	\$240,555.87	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,724,252.39	100%	\$1,724,252.3

ABSENTEE SHAWNEE TRIBE TAX COMMISSION

2025 S. Gordon Cooper Drive Shawnee, OK 74801 (405) 275-4030 • Fax: (405) 214-4225

NEW REGISTRATIONS

- VALID OKLAHOMA DRIVER'S LICENSE
- VALID OKLAHOMA INSURANCE
- CDIB/ENROLLMENT CARD
- NOTARIZED TITLE
- NOTARIZED BILL OF SALE or PURCHASE AGREEMENT
- LIEN ENTRY FORM (if you are making payments)
- LIEN RELEASE FORM (if previous owner had lien)

TRIBAL MEMBER MUST BE PRESENT FOR ALL NEW REGISTRATIONS

<u>Note:</u> You may be asked to provide supporting documentation for verification purposes.



Absentee Shawnee Behavioral Health STRENGTH OF TRADITION PROJECT

Funded through SAHMSA Native Connections Grant in providing support by:

- Extending an out outreach through community partnerships to increase awareness of Substance Abuse and Suicide Prevention in the community.
- Increasing the participation of youth, parents, tribal leaders, and health providers in developing mental health service and treatment options based on the cultural values and practice of the Native community.
- Easing the impacts of substance use, mental health illnesses, and trauma in native communities.
- Supporting youth as they transition into adulthood.

If you would like to know more about this prog please contact us!

Linda Gouge Victoria Andrews Grant Coordinator Grant Assistant (405)701-7988 (405)701-7995

> Little Axe Health Center Li-Si-Wi-Nwi Health, Inc. 15951 Little Axe Drive Norman, OK 73026

PR PR



"This flyer was developed under a grant number SM080181 from the Substance Abuse and Mental Services Administration (SAMHSA), U.S. Department of Health and Human Services (HHS). The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of SAMHSA or HHS."

Please Direct all Per Cap inquiries to A Little Note from The Tag Office the Enrollment office from now on. Enrollment will aid with 2005/2006 Trust Fund Díd You Know..... Per Cap, and 2016 Rama Per Cap See enrollment's web page for applications and Any name changes that may occur W-9 Form Please help enrollment keep all information cur-(i.e. marriage, divorce, etc.) need to be updated rent. Update your address, photo, phone number, and CDIB Card through enrollment, BEFORE any new DNA Testing Prices have changed due to new fees to the lab. New prices are: registrations or renewals can be processed. Tribal Member \$75 Non Tribal Member \$85

ATTENTION:

AST children under the age of 18 must have their records updated with Enrollment. Please provide the Enrollment office with the following information:

- Legal name of minor
- Mailing address
- E-mail address
- Phone number

The Treasurer and Finance office's will work with enrollment to properly track our eligible AST minor's per cap investments beginning January 1, 2018. Please contact Enrollment office at 405-275-4030 ext. 6288 or ext. 6292.

School Clothing Allowance Program

Your Visa card is to be used only to purchase clothing and shoes at any merchant that accepts Visa.

TO MAKE A PURCHASE:

- 1. Swipe the card
- 2. Select CREDIT
- 3. Sign for your purchase
- 4. Mail the Original receipts back to: Absentee Shawnee Tribe

ATTN: School Clothing

2025 S. Gordon Cooper Dr.

Shawnee, Oklahoma 74801

YOUR CARD WILL NOT WORK AT ANY ATM MACHINE NOR WILL IT PURCHASE ANY NON CLOTHING ITEM. If this occurs, the bank will automatically lock your child's card. If the card is locked up you must notify the School Clothing Program, but please allow up to two weeks for the department to unlock the card. (You will need to leave a brief message, card number 41822010400____, phone number where you can be contacted). If the Tribe is notified by the Bank Institute for misuse of clothing card, there will be consequences. They are listed as followed:

1st offense- a handwritten letter will need to be submitted to the School Clothing Program giving explanation of misuse card.

2nd offense- the card will stay locked up and you will not be eligible for School Clothing Allowance for the next School year.

3rd Offense- You will no longer be eligible for the School Clothing Program.

If you return merchandise to a store, the funds will be placed back on the card. You will not receive cash back.

Please keep track of your students balance by the receipts you receive after purchases or go to the Tribe's website: www.astribe.com and click services, social service, and then visa on the link which will enable you to check your balance. All receipts must be turned in as soon as possible in order for the Tribal member to be eligible for the next school year, if applicable.

IF YOUR CARD IS LOST OR STOLEN CALL THE SCHOOL CLOTH ING PROGRAM AT THE ABSENTEE SHAWNEE TRIBE IMMEDIATELY AT THE NUMBER ON THE BACK OF YOUR CARD BETWEEN 8:30 AM AND 5:00 PM MONDAY-FRIDAY OR BY CALLING THE AUTOMATED CUSTOMER SERVICE NUMBER 1-888-697-2976 AFTER 5:00 PM AND ON WEEKENDS.

A fee for a replacement card will be five dollars (\$5.00) and this will be deducted from your clothing allowance on the first replacement. Any replacements after the first one will be a charge of ten dollars (\$10.00) by Money Order or Cashier's Check. The Visa card is good for (5) years. It is your responsibility to keep it in a safe place to be reloaded the following year.

Students in the 12th grade will only receive one (1) clothing allowance during

their senior year. Students graduating 12th will have until May 31at of the graduating year to use the clothing amount before it is cancelled. Any amount on card will be returned to the Clothing Program.

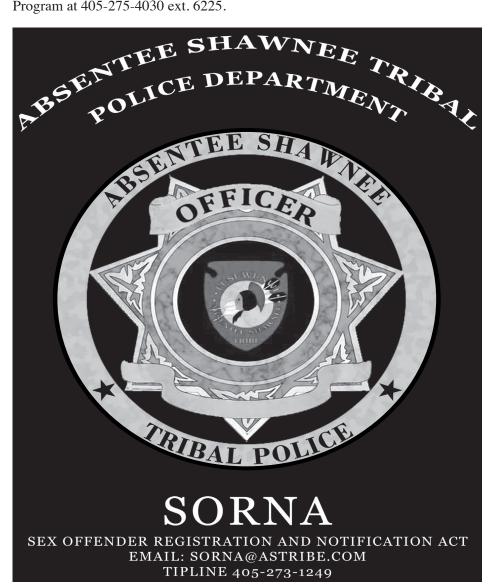
IF YOU ARE RECEIVING A NEW VISA CARD PLEASE CONTACT THE SCHOOL CLOTHING PROGRAM AT (405) 275-4030, EXT. 6225 OR TOLL FREE 1-800-256-3341. THIS HAS TO BE DONE FOR THE CARD TO BE ACTIVATED.

Here is the process for loading School Clothing Cards:

The clothing program runs from January 1st to December 15th. Completed applications postmarked or received by the 15th or each month, excluding June, July, and August will be loaded by the 1st day of the following month. Completed application post-marked or received by December 15th will be loaded before the year end.

Due to high volume during the months of June, July and August, completed applications post-marked or received by will be loaded as follows. June 15th will be loaded by August 1st July 15th will be loaded by September 1st August 15th will be loaded by September 15th

Should you have any additional questions please contact the School Clothing Program at 405-275-4030 ext. 6225.





Office of Environmental Health Brownfield Response Program

Local



Do you possibly have a Brownfield site on your land?

Typical Brownfield Sites Include:

- Abandoned Factories/Buildings/Homes
- Burned Homes
- Buried Dump Sites
- Open Dump Sites
- A Large Amount of Tires
- Former Cattle Dip Pit Sites
- Barrels of Unknown Substances
- Old Service Stations
- Oil Storage Facilities
- Oil/Gas Well Sites
- Old Dry Cleaning Businesses

What is a Brownfield?

The EPA defines a brownfield site as "...real property, the expansion, redevelopment, or reuse of which may be complicated by the presence or potential presence of hazardous substances, pollutants, contaminants, controlled substances, petroleum or petroleum products, or is mine-scarred land."



If it's possible that you have a Brownfield site on your property, or if you know of a possible Brownfield site, please contact:

Absentee Shawnee Tribe Brownfield Response Program 2025 S. Gordon Cooper Dr. Shawnee, OK 74801 (405) 214-4235 AST.Environmental.Programs@astribe.com

<u>Follow us on Facebook to view and comment</u> <u>on current and upcoming projects</u>



www.facebook.com/ ast.environmental.programs

Survival in a Disaster or Emergency **Away From Home**

Linda Day- Emergency Managment Coordinator Police Dept: 405-275-3200 Cell: 405-740-1562 lday@astribe.com

General Advice

When disaster strikes, all you want to do is stay safe in your home. But that does not mean that it is necessarily the safest place to be. Create a plan for your family that includes a meeting point. Make sure that such a place will be safe and open, and suitable to protect you from any disaster. Federal Emergency Management Agency has created a pdf emergency plan that you can download and fill in. https://www.ready.gov/ sites/default/files/FamEmePlan_2012.pdf

Develop a Survival Mindset Ahead of Time There is a list of priorities you must make in advance so that under the stress of any emergency event, you act in a clear, decisive manner.

Staying calm, evaluating your situation, and using what you have on hand are the keys to surviving a natural disaster when you are far from home. This is often referred to as a "survival mindset." This is why preparing your mind is the most important part of your prepping!

Priorities in Surviving a Natural Disaster Away from Home

Water, shelter and food, in that order, are your priorities.

Emergency Kit for the Car

In case you are stranded, keep an emergency supply kit in your car with the addition of these automobile extras:

- Jumper cables
- Flares or reflective triangle
- Ice scraper
- Car cell phone charger

Cat litter or sand for better tire traction

Prepare Your Vehicle for Emergencies Have a mechanic check the following on your vehicle prior to an emergency:

- Antifreeze levels
- Battery and ignition system
- Brakes
- Exhaust system
- Fuel and air filters
- Heater and defroster
- Lights and flashing hazard lights Oil
- - Thermostat

Windshield wiper equipment and the following recommended items: washer fluid level

Vehicle Safety Tips

Keep your gas tank full in case of evacuation or power outages. A full tank will also keep the fuel line from freezing

Install good winter tires and ensure they have adequate tread or any jurisdiction-required chains or studs

Do not drive through flooded areas. Six inches of water can cause a vehicle to lose control or possibly stall. A foot of water will float many cars.

ters have receded. Roads may have weakened and could collapse under the weight of a car.

If a power line falls on your car you are at risk of electrical shock, stay inside until a trained person removes the wire.

If there is an explosion or other parking brake.

If the emergency could impact

Basic Disaster Supplies Kit

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag. A basic emergency supply kit could include

Water - one gallon of water per person per day for at least three days, for drinking and sanitation

Food - at least a three-day supply of non-perishable food

Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert

- Flashlight
- First aid kit
- Extra batteries
- Whistle to signal for help

Dust mask to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place

Moist towelettes, garbage bags and plastic ties for personal sanitation

- Wrench or pliers to turn off utilities
 - Manual can opener for food
 - Local maps

•

Cell phone with chargers and a backup battery

Additional Emergency Supplies

Consider adding the following items to your emergency supply kit based on your individual needs:

Prescription medications

Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives

Glasses and contact lense solution Infant formula, bottles, diapers,

wipes, diaper rash cream Pet food and extra water for your pet

Cash or traveler's checks

Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container

Sleeping bag or warm blanket for

each person

Complete change of clothing appropriate for your climate and sturdy shoes

Household chlorine bleach and medicine dropper to disinfect water

Fire extinguisher

Matches in a waterproof container Feminine supplies and personal hygiene items

Mess kits, paper cups, plates, paper towels and plastic utensils

Paper and pencil

Books, games, puzzles or other activities for children

Maintaining Your Kit

After assembling your kit remember to maintain it so it's ready when needed:

Keep canned food in a cool, dry place

Store boxed food in tightly closed plastic or metal containers

Replace expired items as needed

Re-think your needs every year and update your kit as your family's needs change.

Kit Storage Locations

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles.

Home: Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.

Work: Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a "grab and go" case.

Vehicle: In case you are stranded, keep a kit of emergency supplies in your car

EMERGENCY NUMBERS		
EMERGENCY ASSISTANCE	911	Police, Fire, Ambulance
HEARTLINE EMERGENCY	211	State of Oklahoma
TRIBAL POLICE	405-275-3200	Absentee Shawnee
TRIBAL EMERGENCY MANAGER	405-740-1562 (Cell)	Absentee Shawnee
SHERIFF	405-273-1727	Pottawatomie County
CITY POLICE	405-273-2121	Shawnee
CITY EMERGENCY MANAGEMENT	405-273-5272	Shawnee
COUNTY HEALTH DEPT.	405-273-2157	Pottawatomie County
SHERIFF	405-701-8888	Cleveland County
CITY POLICE	405-321-1600	Norman
HEALTH DEPT.	405-749-1591	Cleveland County
OG&E	405-272-9595	Report Power Outage
	1-800-522-6870	- 0
CANADIAN VALLEY	405-382-3680	Power Outage
DEPT. OF ENVIRONMENTAL QUALITY	1-800-522-0206	State of Oklahoma
HIGHWAY PATROL	405-425-4385	Road Conditions

Emergency Management

Be aware of areas where floodwa-

factor that makes it difficult to control the vehicle, pull over, stop the car and set the

the physical stability of the roadway avoid overpasses, bridges, power lines, signs and other hazards

Emergency Supply Kit:

Build a Kit - After an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for at least 72 hours. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.

Kidz Zone

ne fe wi pe ti ke ki-te ge yi ki te fe 39

September hi si me ni ke se fe wa (hah-sah-mee-neck-ees-thwah)

Count in Shawnee!

ne ko te

ne se we (nee-swee)

ne fe we (n'thwee)

ne va we

(nee-yay-wee)

ne ya li ne we

(nee-yah-lahn-wee)

na ko ta wi fe we

ne se wi fe we

(nee-swah-thwee)

ne fe wi se ke fe we

(n'thwah-sick-thwee)

(nay-koh-twah-thwee)

(nick-koh-tee)

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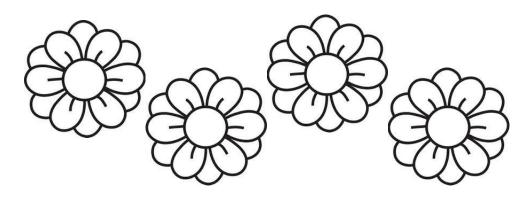
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ge yi ki te fe we (jah-kaht-thwee)

ma ti fe we (may-tah-thwee) How Many? Write in Shawnee!

How many **ki ke la** (kah-kee-la)?

How many mi ke le qi (mah-kee-lee-quah)?



How many **pi pa ke we** (pah-pay-key-weh)? _____

OK CHILD ABUSE HOTLINE 405-878-4702

ABSENTEE SHAWNEE TRIBE OF INDIANS OF OKLAHOMA 2025 S. GORDON COOPER DR. SHAWNEE, OK 74801



Volume 29 No. 09, September 2018

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